

# Englist.me



## Vocabulary Builder Reference from...

*Ann Cooper: What's wrong with school lunches | TED Talk*

[https://www.ted.com/talks/ann\\_cooper\\_what\\_s\\_wron\\_g\\_with\\_school\\_lunches](https://www.ted.com/talks/ann_cooper_what_s_wron_g_with_school_lunches)

### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

### unify

*v.* to bring or join something together so that they form a single unit

*synonym*: bring together, consolidate, merge

(1) **unify** the system, (2) **unify** the party

The people believe that they can **unify** the country.

### spit

*v.* to eject saliva or other liquid from the mouth

*synonym*: expectorate, saliva, spew

(1) **spit** a bullet, (2) **spit** a mouthful of saliva

She tried to **spit** out the gum that she had been chewing.

### symbiotic

*adj.* involving two varieties of animal or plant, each of which supplies the conditions for the other to exist

(1) **symbiotic** economy, (2) **symbiotic** bacteria

We have a mutually **symbiotic** connection with them.

### antithesis

*n.* the direct opposite; a contrast or opposition between two things

*synonym*: opposition, contrast, reverse

(1) make an **antithesis**, (2) the **antithesis** of evil

The **antithesis** of love is hate.

## extinct

*adj.* no longer in existence

*synonym* : dead, obsolete, abolished

(1) **extinct** by human activity, (2) long- **extinct** volcano

Many species have become **extinct** due to habitat destruction and other human activities.

## commodify

*v.* to turn something into an object of trade or commerce, particularly a good or service that was previously seen as having value beyond its market value

*synonym* : commercialize, market, sell

(1) **commodify** user data, (2) **commodify** athletes

Many companies try to **commodify** popular trends to make a profit.

## plat

*n.* a map or a plan that shows the division and layout of land into lots or parcels; a piece of land typically used for building or agricultural purposes

*synonym* : map, chart, diagram

(1) **plat** book, (2) a former **plat** of farmland

The city planning department keeps detailed **plats** of all the local properties.

## unhealthy

*adj.* not conducive to good health; detrimental to physical or mental well-being

*synonym* : unwholesome, detrimental, insalubrious

(1) **unhealthy** diet, (2) **unhealthy** habit

Sitting for long hours in front of the computer is considered **unhealthy**.

## tacit

*adj.* understood or implied without being stated outright; unspoken or inferred through context or implication

*synonym* : implicit, unspoken, inferred

(1) **tacit** support, (2) **tacit** consent

Their friendship was based on a **tacit** understanding of each other's needs and desires.

## grandchild

*n.* a child of someone's son or daughter

*synonym*: offspring, descendant, progeny

(1) **grandchild-grandparent** relationship, (2) **grandchild** development

The grandparents take care of their **grandchild** while the parents are at work.

## niece

*n.* a daughter of one's sibling, brother-in-law, or sister-in-law

(1) a bouncing **niece**, (2) play with her **niece**

My **niece** is a talented artist who has won several awards for her drawings.

## nephew

*n.* a son of your brother or sister

(1) three-year-old **nephew**, (2) nieces and **nephews**

My **nephew** is eight months old and still being breastfed.

## agritecture

*n.* a design practice that combines elements of architecture, engineering, and agriculture to create sustainable and viable urban farming systems and structures

*synonym*: agricultural architecture

(1) **agritecture** design, (2) urban **agritecture**

The design of the vertical farm incorporates **agritecture** principles to maximize yield.

## herbicide

*n.* a substance used to kill or control the growth of unwanted plants

*synonym*: weedkiller, pesticide, chemical

(1) banned **herbicide**, (2) **herbicide** resistance

The farmer sprayed **herbicide** on his crops to kill weeds.

## soapbox

*n.* a makeshift platform or podium, typically one that is improvised in a public place, used for making impromptu speeches or for expressing opinions on various topics; (verb) to express one's opinions or deliver a speech in a passionate, forceful, or assertive manner

*synonym* : platform, podium, soap opera

(1) **soapbox** about climate change, (2) get on a **soapbox**

The politician climbed onto his **soapbox** and began his campaign speech.

## husbandry

*n.* the care, management, and cultivation of plants, animals, or other resources to obtain productive or profitable outcomes; the practice of tending to and responsibly using natural resources

*synonym* : farming, agriculture, cultivation

(1) traditional **husbandry**, (2) sustainable **husbandry**

The government is planning to promote modern **husbandry** practices in the poultry industry.

## coli

*n.* a bacterium of the genus *Escherichia* that is commonly found in the human gut and is used as a model organism in molecular biology and biochemistry

(1) E. **coli** bacteria strain, (2) **coli** cells

The study of *Escherichia coli* has led to important advancements in areas such as antibiotic resistance, gut microbiome, and synthetic biology.

## supple

*adj.* flexible and easy to bend or move; gracefully agile; adaptable or responsive to change or new ideas

*synonym* : flexible, pliable, bendable

(1) **supple** muscles, (2) **supple** leather

The ballerina's **supple** movements left the audience mesmerized.

## nutritious

*adj.* providing nourishment and essential nutrients for growth, development, and overall well-being; conducive to good health and proper bodily function

*synonym* : healthy, nourishing, wholesome

(1) **nutritious** ingredients, (2) **nutritious** meal

Eating a balanced and **nutritious** diet is important for maintaining good health.

## nugget

*n.* a small piece of gold or other precious metal or mineral found ready-formed in the earth; a small round piece of some food

*synonym* : chunk, clod, clump

(1) a gold **nugget**, (2) **nugget** of truth

It took a few weeks to extract the **nugget** of information from those complicated sources.

## fructose

*n.* a simple sugar that is found in many fruits and vegetables and is about twice as sweet as sucrose

*synonym* : fruit sugar, levulose, laevulose

(1) **fructose** content, (2) heredity **fructose** intolerance

High **fructose** corn syrup is a common ingredient in processed foods.

## reimburse

*v.* to pay someone back for money that they have spent

*synonym* : compensate, repay, refund

(1) **reimburse** expenses, (2) **reimburse** money

The insurance company will **reimburse** the cost of the damage caused by the storm.

## giraffe

*n.* a tall African mammal with a very long neck and legs, typically with distinctive brownish-yellow fur and dark patches; an animal often found in zoos and wildlife preserves

*synonym* : gazelle, okapi, camelopard

(1) **giraffe** pattern, (2) **giraffe** exhibit

The **giraffe's** long neck makes reaching leaves high up in the trees easy.

## strawberry

*n.* a sweet, juicy fruit with a reddish color, a seeded surface, and a green, leafy top

(1) the **strawberry** pie, (2) **strawberry** greenhouse

He had a **strawberry** smoothie for breakfast.

## nourish

*v.* to provide a person, an animal, or plant with food to make them grow and stay healthy

*synonym* : feed, sustain, nurture

(1) **nourish** damaged skin, (2) **nourish** hope

The mother used her breast milk to **nourish** the baby.

## cafeteria

*n.* a restaurant where customers serve themselves from a counter and pay for what they have taken, often found in factories, colleges, hospitals, etc.

*synonym* : canteen, mess hall, restaurant

(1) **cafeteria** lunch, (2) office **cafeteria**

The university's **cafeteria** was busy with students and staff grabbing a quick lunch.

## hands-on

*adj.* actively involved, practical; having hands involved in the doing or making of something

*synonym* : practical, involved, hands-in

(1) **hands-on** activity, (2) take a **hands-on** approach

The **hands-on** workshop allowed attendees to work with tools and materials, developing their skills in a hands-on environment.

## garner

*v.* to acquire or accumulate something through effort or attention

*synonym* : acquire, collect, obtain

(1) **garner** good reviews, (2) **garner** attention

He used his charm and charisma to **garner** support for his campaign.

## enlightened

*adj.* having or showing a rational, modern, and well-informed outlook

*synonym* : educated, informed, aware

(1) **enlightened** age, (2) make an **enlightened** decision

The **enlightened** teacher taught the class about the importance of compassion and empathy.

## compost

*n.* a mixture of organic matter, such as food scraps, yard waste, and manure, that is allowed to decompose and is used as fertilizer for plants and garden soil

*synonym*: fertilizer, humus, manure

(1) organic **compost**, (2) **compost** pile

You can add coffee grounds and crushed eggshells to your **compost** to improve the pH balance.

## recycle

*v.* to sort and collect things to process them and produce valuable materials that can be used again

*synonym*: reclaim, reuse, reprocess

(1) **recycle** the cardboard boxes, (2) **recycle** milk packaging into new paper

We largely **recycle** the circuit board of cell phones because they contain a lot of valuable metals.

## underfunded

*adj.* having insufficient funds to support or carry out an enterprise

*synonym*: undercapitalized, cash-strapped, insolvent

(1) severely **underfunded**, (2) **underfunded** programs

The healthcare system is **underfunded**, and patients are not receiving the needed treatment.

## babysitter

*n.* a person hired to look after a child or children while the parents are away or occupied; someone who provides temporary care and supervision for children in the absence of their parents or guardians

*synonym*: childcare provider, nanny, nurse

(1) need a trustworthy **babysitter**, (2) experienced **babysitter**

Our regular **babysitter** was sick, so we had to find a replacement at the last minute.

## rethink

*v.* to consider again a plan, idea, etc., especially to change it

*synonym*: reexplore, review, reconsider

(1) **rethink** a marketing plan, (2) **rethink** the role of the manager

We have to **rethink** our company's product lineup for further

growth.

## recess

*n.* a period of time when the members of a parliament, committee, etc., are adjourned; a short break in a trial in court

*synonym*: break, interval, pause

(1) a court **recess**, (2) during noon **recess**

The company decided to take a **recess** and reconvene the meeting later that day.

## louse

*n.* a small, wingless insect that lives on the bodies of mammals and birds, often considered a parasite; a contemptible or despicable person

*synonym*: bug, insect, parasite

(1) pubic **louse**, (2) **louse** egg

The child was sent home from school because of a lice infestation caused by one **louse**.

## grandparent

*n.* a parent of one's father or mother

(1) great- **grandparent**, (2) person of **grandparent** age

She was close to her paternal **grandparents** and often spent summers with them.



## Session 2: Spelling

1. co\_\_\_\_\_fy user data  
*v.* to turn something into an object of trade or commerce, particularly a good or service that was previously seen as having value beyond its market value
2. the str\_\_\_\_\_ry pie  
*n.* a sweet, juicy fruit with a reddish color, a seeded surface, and a green, leafy top
3. ha\_\_\_\_\_on activity  
*adj.* actively involved, practical; having hands involved in the doing or making of something
4. re\_\_\_\_\_se expenses  
*v.* to pay someone back for money that they have spent
5. person of gra\_\_\_\_\_nt age  
*n.* a parent of one's father or mother
6. need a trustworthy bab\_\_\_\_\_er  
*n.* a person hired to look after a child or children while the parents are away or occupied; someone who provides temporary care and supervision for children in the absence of their parents or guardians
7. during noon re\_\_\_\_s  
*n.* a period of time when the members of a parliament, committee, etc., are adjourned; a short break in a trial in court
8. make an ant\_\_\_\_\_is  
*n.* the direct opposite; a contrast or opposition between two things
9. ta\_\_t support  
*adj.* understood or implied without being stated outright; unspoken or inferred through context or implication

ANSWERS: 1. commodify, 2. strawberry, 3. hands-on, 4. reimburse, 5. grandparent, 6. babysitter, 7. recess, 8. antithesis, 9. tacit

10. gi\_\_\_\_\_e pattern *n.* a tall African mammal with a very long neck and legs, typically with distinctive brownish-yellow fur and dark patches; an animal often found in zoos and wildlife preserves
11. str\_\_\_\_\_ry greenhouse *n.* a sweet, juicy fruit with a reddish color, a seeded surface, and a green, leafy top
12. co\_\_\_\_\_fy athletes *v.* to turn something into an object of trade or commerce, particularly a good or service that was previously seen as having value beyond its market value
13. un\_\_\_\_\_hy diet *adj.* not conducive to good health; detrimental to physical or mental well-being
14. nu\_\_\_\_t of truth *n.* a small piece of gold or other precious metal or mineral found ready-formed in the earth; a small round piece of some food
15. un\_\_\_\_\_hy habit *adj.* not conducive to good health; detrimental to physical or mental well-being
16. no\_\_\_\_\_h hope *v.* to provide a person, an animal, or plant with food to make them grow and stay healthy
17. E. c\_\_i bacteria strain *n.* a bacterium of the genus Escherichia that is commonly found in the human gut and is used as a model organism in molecular biology and biochemistry
18. nieces and ne\_\_\_\_ws *n.* a son of your brother or sister

ANSWERS: 10. giraffe, 11. strawberry, 12. commodify, 13. unhealthy, 14. nugget, 15. unhealthy, 16. nourish, 17. coli, 18. nephew

19. a gold nu\_\_\_t *n.* a small piece of gold or other precious metal or mineral found ready-formed in the earth; a small round piece of some food
20. s\_\_t a bullet *v.* to eject saliva or other liquid from the mouth
21. gi\_\_\_\_\_e exhibit *n.* a tall African mammal with a very long neck and legs, typically with distinctive brownish-yellow fur and dark patches; an animal often found in zoos and wildlife preserves
22. re\_\_\_\_\_k the role of the manager *v.* to consider again a plan, idea, etc., especially to change it
23. severely und\_\_\_\_\_ed *adj.* having insufficient funds to support or carry out an enterprise
24. fr\_\_\_\_\_se content *n.* a simple sugar that is found in many fruits and vegetables and is about twice as sweet as sucrose
25. no\_\_\_\_\_h damaged skin *v.* to provide a person, an animal, or plant with food to make them grow and stay healthy
26. lo\_\_e egg *n.* a small, wingless insect that lives on the bodies of mammals and birds, often considered a parasite; a contemptible or despicable person
27. ca\_\_\_\_\_ia lunch *n.* a restaurant where customers serve themselves from a counter and pay for what they have taken, often found in factories, colleges, hospitals, etc.

ANSWERS: 19. nugget, 20. spit, 21. giraffe, 22. rethink, 23. underfunded, 24. fructose, 25. nourish, 26. louse, 27. cafeteria

28. ga\_\_\_r attention *v.* to acquire or accumulate something through effort or attention
29. heredity fr\_\_\_\_\_se intolerance *n.* a simple sugar that is found in many fruits and vegetables and is about twice as sweet as sucrose
30. play with her ni\_\_\_e *n.* a daughter of one's sibling, brother-in-law, or sister-in-law
31. traditional hu\_\_\_\_\_ry *n.* the care, management, and cultivation of plants, animals, or other resources to obtain productive or profitable outcomes; the practice of tending to and responsibly using natural resources
32. und\_\_\_\_\_ed programs *adj.* having insufficient funds to support or carry out an enterprise
33. re\_\_\_\_\_e the cardboard boxes *v.* to sort and collect things to process them and produce valuable materials that can be used again
34. organic co\_\_\_\_\_t *n.* a mixture of organic matter, such as food scraps, yard waste, and manure, that is allowed to decompose and is used as fertilizer for plants and garden soil
35. co\_\_\_\_\_t pile *n.* a mixture of organic matter, such as food scraps, yard waste, and manure, that is allowed to decompose and is used as fertilizer for plants and garden soil
36. get on a so\_\_\_\_\_x *n.* a makeshift platform or podium, typically one that is improvised in a public place, used for making impromptu speeches or for expressing opinions on various topics; (verb) to express one's opinions or deliver a speech in a passionate, forceful, or assertive manner

ANSWERS: 28. garner, 29. fructose, 30. niece, 31. husbandry, 32. underfunded, 33. recycle, 34. compost, 35. compost, 36. soapbox

37. un\_\_y the system *v.* to bring or join something together so that they form a single unit
38. su\_\_\_e leather *adj.* flexible and easy to bend or move; gracefully agile; adaptable or responsive to change or new ideas
39. sy\_\_\_\_\_ic economy *adj.* involving two varieties of animal or plant, each of which supplies the conditions for the other to exist
40. p\_\_t book *n.* a map or a plan that shows the division and layout of land into lots or parcels; a piece of land typically used for building or agricultural purposes
41. nut\_\_\_\_\_us meal *adj.* providing nourishment and essential nutrients for growth, development, and overall well-being; conducive to good health and proper bodily function
42. pubic lo\_\_e *n.* a small, wingless insect that lives on the bodies of mammals and birds, often considered a parasite; a contemptible or despicable person
43. office ca\_\_\_\_\_ia *n.* a restaurant where customers serve themselves from a counter and pay for what they have taken, often found in factories, colleges, hospitals, etc.
44. sy\_\_\_\_\_ic bacteria *adj.* involving two varieties of animal or plant, each of which supplies the conditions for the other to exist
45. urban agr\_\_\_\_\_re *n.* a design practice that combines elements of architecture, engineering, and agriculture to create sustainable and viable urban farming systems and structures

ANSWERS: 37. unify, 38. supple, 39. symbiotic, 40. plat, 41. nutritious, 42. louse, 43. cafeteria, 44. symbiotic, 45. agritecture

46. gra\_\_\_\_\_ld development *n.* a child of someone's son or daughter
47. he\_\_\_\_\_de resistance *n.* a substance used to kill or control the growth of unwanted plants
48. take a ha\_\_\_\_\_on approach *adj.* actively involved, practical; having hands involved in the doing or making of something
49. ex\_\_\_\_\_t by human activity *adj.* no longer in existence
50. banned he\_\_\_\_\_de *n.* a substance used to kill or control the growth of unwanted plants
51. a former p\_\_t of farmland *n.* a map or a plan that shows the division and layout of land into lots or parcels; a piece of land typically used for building or agricultural purposes
52. agr\_\_\_\_\_re design *n.* a design practice that combines elements of architecture, engineering, and agriculture to create sustainable and viable urban farming systems and structures
53. gra\_\_\_\_\_ld-grandparent relationship *n.* a child of someone's son or daughter
54. enl\_\_\_\_\_ed age *adj.* having or showing a rational, modern, and well-informed outlook
55. s\_\_t a mouthful of saliva *v.* to eject saliva or other liquid from the mouth
56. long-ex\_\_\_\_\_t volcano *adj.* no longer in existence
57. make an enl\_\_\_\_\_ed decision *adj.* having or showing a rational, modern, and well-informed outlook
58. su\_\_\_e muscles *adj.* flexible and easy to bend or move; gracefully agile; adaptable or responsive to change or new ideas

ANSWERS: 46. grandchild, 47. herbicide, 48. hands-on, 49. extinct, 50. herbicide, 51. plat, 52. agritecture, 53. grandchild, 54. enlightened, 55. spit, 56. extinct, 57. enlightened, 58. supple

59. re\_\_\_\_k a marketing plan      *v.* to consider again a plan, idea, etc., especially to change it
60. re\_\_\_\_\_se money      *v.* to pay someone back for money that they have spent
61. experienced bab\_\_\_\_\_er      *n.* a person hired to look after a child or children while the parents are away or occupied; someone who provides temporary care and supervision for children in the absence of their parents or guardians
62. ta\_\_t consent      *adj.* understood or implied without being stated outright; unspoken or inferred through context or implication
63. three-year-old ne\_\_\_w      *n.* a son of your brother or sister
64. nut\_\_\_\_\_us ingredients      *adj.* providing nourishment and essential nutrients for growth, development, and overall well-being; conducive to good health and proper bodily function
65. great-gra\_\_\_\_\_nt      *n.* a parent of one's father or mother
66. re\_\_\_\_\_e milk packaging into new paper      *v.* to sort and collect things to process them and produce valuable materials that can be used again
67. a bouncing ni\_\_e      *n.* a daughter of one's sibling, brother-in-law, or sister-in-law
68. sustainable hu\_\_\_\_\_ry      *n.* the care, management, and cultivation of plants, animals, or other resources to obtain productive or profitable outcomes; the practice of tending to and responsibly using natural resources

ANSWERS: 59. rethink, 60. reimburse, 61. babysitter, 62. tacit, 63. nephew, 64. nutritious, 65. grandparent, 66. recycle, 67. niece, 68. husbandry

69. so\_\_\_\_x about climate change      *n.* a makeshift platform or podium, typically one that is improvised in a public place, used for making impromptu speeches or for expressing opinions on various topics; (verb) to express one's opinions or deliver a speech in a passionate, forceful, or assertive manner
70. ga\_\_\_\_r good reviews      *v.* to acquire or accumulate something through effort or attention
71. un\_\_y the party      *v.* to bring or join something together so that they form a single unit
72. the ant\_\_\_\_\_is of evil      *n.* the direct opposite; a contrast or opposition between two things
73. a court re\_\_\_\_s      *n.* a period of time when the members of a parliament, committee, etc., are adjourned; a short break in a trial in court
74. c\_\_i cells      *n.* a bacterium of the genus *Escherichia* that is commonly found in the human gut and is used as a model organism in molecular biology and biochemistry

ANSWERS: 69. soapbox, 70. garner, 71. unify, 72. antithesis, 73. recess, 74. coli



## Session 3: Fill in the Blanks

1. The grandparents take care of their \_\_\_\_\_ while the parents are at work.  
*n.* a child of someone's son or daughter
2. Many species have become \_\_\_\_\_ due to habitat destruction and other human activities.  
*adj.* no longer in existence
3. Their friendship was based on a \_\_\_\_\_ understanding of each other's needs and desires.  
*adj.* understood or implied without being stated outright; unspoken or inferred through context or implication
4. Sitting for long hours in front of the computer is considered \_\_\_\_\_.  
*adj.* not conducive to good health; detrimental to physical or mental well-being
5. She tried to \_\_\_\_\_ out the gum that she had been chewing.  
*v.* to eject saliva or other liquid from the mouth
6. Our regular \_\_\_\_\_ was sick, so we had to find a replacement at the last minute.  
*n.* a person hired to look after a child or children while the parents are away or occupied; someone who provides temporary care and supervision for children in the absence of their parents or guardians
7. The company decided to take a \_\_\_\_\_ and reconvene the meeting later that day.  
*n.* a period of time when the members of a parliament, committee, etc., are adjourned; a short break in a trial in court

ANSWERS: 1. grandchild, 2. extinct, 3. tacit, 4. unhealthy, 5. spit, 6. babysitter, 7. recess

8. The farmer sprayed \_\_\_\_\_ on his crops to kill weeds.  
*n.* a substance used to kill or control the growth of unwanted plants
9. The mother used her breast milk to \_\_\_\_\_ the baby.  
*v.* to provide a person, an animal, or plant with food to make them grow and stay healthy
10. The ballerina's \_\_\_\_\_ movements left the audience mesmerized.  
*adj.* flexible and easy to bend or move; gracefully agile; adaptable or responsive to change or new ideas
11. My \_\_\_\_\_ is a talented artist who has won several awards for her drawings.  
*n.* a daughter of one's sibling, brother-in-law, or sister-in-law
12. Eating a balanced and \_\_\_\_\_ diet is important for maintaining good health.  
*adj.* providing nourishment and essential nutrients for growth, development, and overall well-being; conducive to good health and proper bodily function
13. The government is planning to promote modern \_\_\_\_\_ practices in the poultry industry.  
*n.* the care, management, and cultivation of plants, animals, or other resources to obtain productive or profitable outcomes; the practice of tending to and responsibly using natural resources
14. The city planning department keeps detailed \_\_\_\_\_ of all the local properties.  
*n.* a map or a plan that shows the division and layout of land into lots or parcels; a piece of land typically used for building or agricultural purposes
15. The \_\_\_\_\_ workshop allowed attendees to work with tools and materials, developing their skills in a hands-on environment.  
*adj.* actively involved, practical; having hands involved in the doing or making of something

ANSWERS: 8. herbicide, 9. nourish, 10. supple, 11. niece, 12. nutritious, 13. husbandry, 14. plats, 15. hands-on

16. My \_\_\_\_\_ is eight months old and still being breastfed.  
*n.* a son of your brother or sister
17. Many companies try to \_\_\_\_\_ popular trends to make a profit.  
*v.* to turn something into an object of trade or commerce, particularly a good or service that was previously seen as having value beyond its market value
18. The university's \_\_\_\_\_ was busy with students and staff grabbing a quick lunch.  
*n.* a restaurant where customers serve themselves from a counter and pay for what they have taken, often found in factories, colleges, hospitals, etc.
19. The people believe that they can \_\_\_\_\_ the country.  
*v.* to bring or join something together so that they form a single unit
20. The politician climbed onto his \_\_\_\_\_ and began his campaign speech.  
*n.* a makeshift platform or podium, typically one that is improvised in a public place, used for making impromptu speeches or for expressing opinions on various topics; (verb) to express one's opinions or deliver a speech in a passionate, forceful, or assertive manner
21. The healthcare system is \_\_\_\_\_ and patients are not receiving the needed treatment.  
*adj.* having insufficient funds to support or carry out an enterprise
22. The \_\_\_\_\_ teacher taught the class about the importance of compassion and empathy.  
*adj.* having or showing a rational, modern, and well-informed outlook
23. It took a few weeks to extract the \_\_\_\_\_ of information from those complicated sources.  
*n.* a small piece of gold or other precious metal or mineral found ready-formed in the earth; a small round piece of some food

ANSWERS: 16. nephew, 17. commodify, 18. cafeteria, 19. unify, 20. soapbox, 21. underfunded, 22. enlightened, 23. nugget

24. He had a \_\_\_\_\_ smoothie for breakfast.
- n.* a sweet, juicy fruit with a reddish color, a seeded surface, and a green, leafy top
25. We largely \_\_\_\_\_ the circuit board of cell phones because they contain a lot of valuable metals.
- v.* to sort and collect things to process them and produce valuable materials that can be used again
26. The design of the vertical farm incorporates \_\_\_\_\_ principles to maximize yield.
- n.* a design practice that combines elements of architecture, engineering, and agriculture to create sustainable and viable urban farming systems and structures
27. The \_\_\_\_\_ long neck makes reaching leaves high up in the trees easy.
- n.* a tall African mammal with a very long neck and legs, typically with distinctive brownish-yellow fur and dark patches; an animal often found in zoos and wildlife preserves
28. We have to \_\_\_\_\_ our company's product lineup for further growth.
- v.* to consider again a plan, idea, etc., especially to change it
29. High \_\_\_\_\_ corn syrup is a common ingredient in processed foods.
- n.* a simple sugar that is found in many fruits and vegetables and is about twice as sweet as sucrose
30. The insurance company will \_\_\_\_\_ the cost of the damage caused by the storm.
- v.* to pay someone back for money that they have spent

ANSWERS: 24. strawberry, 25. recycle, 26. agritecture, 27. giraffe's, 28. rethink, 29. fructose, 30. reimburse

31. The \_\_\_\_\_ of love is hate.  
*n.* the direct opposite; a contrast or opposition between two things
32. The child was sent home from school because of a lice infestation caused by one \_\_\_\_\_.  
*n.* a small, wingless insect that lives on the bodies of mammals and birds, often considered a parasite; a contemptible or despicable person
33. The study of Escherichia \_\_\_\_\_ has led to important advancements in areas such as antibiotic resistance, gut microbiome, and synthetic biology.  
*n.* a bacterium of the genus Escherichia that is commonly found in the human gut and is used as a model organism in molecular biology and biochemistry
34. You can add coffee grounds and crushed eggshells to your \_\_\_\_\_ to improve the pH balance.  
*n.* a mixture of organic matter, such as food scraps, yard waste, and manure, that is allowed to decompose and is used as fertilizer for plants and garden soil
35. He used his charm and charisma to \_\_\_\_\_ support for his campaign.  
*v.* to acquire or accumulate something through effort or attention
36. She was close to her paternal \_\_\_\_\_ and often spent summers with them.  
*n.* a parent of one's father or mother
37. We have a mutually \_\_\_\_\_ connection with them.  
*adj.* involving two varieties of animal or plant, each of which supplies the conditions for the other to exist

ANSWERS: 31. antithesis, 32. louse, 33. coli, 34. compost, 35. garner, 36. grandparents, 37. symbiotic