

# Englist.me



## Vocabulary Builder Reference from...

*Alyson McGregor: Why medicine often has dangerous side effects for women | TED Talk*  
[https://www.ted.com/talks/alyson\\_mcgregor\\_why\\_medicine\\_often\\_has\\_dangerous\\_side\\_effects\\_for\\_women](https://www.ted.com/talks/alyson_mcgregor_why_medicine_often_has_dangerous_side_effects_for_women)

### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

### medicinal

*adj.* of or relating to the treatment or cure of disease

*synonym*: curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

### humming

*adj.* producing a continuous, low, vibrating sound like that of the bee

*synonym*: buzzing, droning, vibrating

(1) **humming** sound, (2) **humming** bird

The **humming** of the bees filled the air as she walked through the garden.

### popularize

*v.* to make something more widely known, accepted, or adopted by the general public; to present or promote something in a way that increases its popularity or appeal

*synonym*: generalize, promote, spread

(1) **popularize** a new fashion trend, (2) **popularize** a scientific concept

The celebrity's endorsement helped **popularize** the new clothing line.

## drowsy

*adj.* feeling or showing a strong desire to sleep; causing a feeling of sleepiness or lethargy

*synonym* : sleepy, lethargic, dozy

(1) **drowsy** feeling, (2) **drowsy** voice

I'm feeling **drowsy** after staying up late last night.

## childbearing

*n.* the act of giving birth to or bearing a child (or children), often in the context of medical or demographic research or public policy

*synonym* : accouchement, childbirth, maternity

(1) **childbearing** capacity, (2) **childbearing** at a later age

Many women delay **childbearing** until their careers are established.

## fetus

*n.* an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal

(1) development of the **fetus**, (2) an aborted **fetus**

The female vagina is elastic enough to allow the passage of a **fetus**.

## disguise

*v.* to hide or alter someone's appearance to deceive or mislead others

*synonym* : mask, misinterpret, cloak

(1) **disguise** my feelings, (2) **disguise** his voice

Later it turned out that the politician **disguised** the fact from the public.

## fluctuate

*v.* to rise and fall irregularly or unexpectedly; to vary or change often and unpredictably

*synonym* : vary, oscillate, sway

(1) **fluctuate** prices, (2) **fluctuate** rapidly

Stock prices **fluctuate** daily based on market demand and supply.

## disrupt

*v.* to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by

causing a problem or disturbance

*synonym* : interrupt, disturb, break into

(1) **disrupt** a well-ordered condition, (2) **disrupt** sleep  
I'm so sorry to **disrupt** you when you're pretty busy.

## synonymous

*adj.* having the same or a similar meaning as another word or phrase

*synonym* : equivalent, interchangeable, similar

(1) **synonymous** terms, (2) non- **synonymous** mutation  
The phrase "big shot" and "important person" are **synonymous**.

## ovary

*n.* either of the pair of organs in the female reproductive system that produces eggs; (of a plant) the organ that bears the ovules of a flower

(1) **ovary** atrophy, (2) salted **ovary** of walleye pollack  
They found **ovary** cancer in an early stage.

## uterus

*n.* a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth

*synonym* : womb

(1) **uterus** cancer, (2) bleeding from **uterus**  
The physician prescribed medication to relieve the contraction of the **uterus**.

## policymaker

*n.* a person in charge of or involved in developing action plans for a political party, business, etc.

*synonym* : lawmaker, legislator

(1) education **policymaker**, (2) regional **policymaker**  
**Policymakers** struggle to develop various laws and regulations to address international trade conflicts.

## disservice

*n.* an action that causes harm or damage; something that is detrimental or disadvantageous; the opposite of a favor

*synonym* : injury, harm, disadvantage

(1) social **disservice**, (2) **disservice** to the public  
It would be a great **disservice** not to recognize her achievements in the field.

## pediatrics

*n.* the branch of medicine that deals with the care and treatment of children

*synonym*: pedology, child health

(1) **pediatrics** department, (2) **pediatrics** clinic

I am studying **pediatrics** in medical school because I love working with children.

## atypical

*adj.* not conforming to the typical or expected pattern; unusual or abnormal or characteristic

*synonym*: unusual, abnormal, irregular

(1) **atypical** pneumonia, (2) **atypical** weather conditions

Her **atypical** behavior raised concerns among her friends.

## determinant

*n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

*synonym*: cause, factor, element

(1) environmental **determinant**, (2) a **determinant** of crop yields

One **determinant** of success is having a positive attitude and a strong work ethic.

## aspirin

*n.* a drug used to reduce pain, fever, and inflammation

(1) prescribe **aspirin**, (2) **aspirin** sensitivity

She took a tablet of **aspirin** to soothe the fever.

## lifesaving

*n.* the act or process of rescuing someone else's life, especially from drowning

(1) **lifesaving** efforts, (2) **lifesaving** device

The patient needs a **lifesaving** transplant operation.

## transgender

*adj.* relating to or denoting a person whose gender identity does not correspond to that person's biological sex assigned at birth

*synonym* : non-binary

(1) **transgender** person, (2) **transgender** rights

Many **transgender** individuals face discrimination and marginalization in society.

## testicle

*n.* one of the two oval-shaped organs in men that produce sperm and testosterone; in animals, the equivalent organ responsible for producing sperm and often also regulating testosterone levels

*synonym* : ballock, gonad, ball

(1) **testicle** injury, (2) swollen **testicles**

The athlete was hit in the **testicle** during the game and had to be removed.

## yang

*n.* in Chinese philosophy, the masculine or active principle characterized as light and the sun and associated with hardness, dryness, and heat

*synonym* : masculine, positive, active

(1) the **yang** principle, (2) embody **yang** energy

He saw the balance between the yin and **yang** as crucial for a harmonious life.

## clinician

*n.* a practitioner, especially of medicine or psychology, who has direct contact with patients

*synonym* : psychiatrist, therapist, doctor

(1) experienced **clinician**, (2) from a **clinician's** perspective

Some **clinicians** believe that psychological characteristics alone may cause mental disorders.

## cofounder

*n.* one of several people who establishes an organization or starts a business

(1) **cofounder** of the university, (2) late **cofounder**

He is the **cofounder** and chairman of this tech company.

## emergent

*adj.* starting to exist or view, or to become known

*synonym* : coming, appearing, developing

(1) **emergent** repair of an aorta, (2) an **emergent** republic

Extensive areas of **emergent** plants are usually called marsh.

## septic

*adj.* containing, infected by, or resulting from disease-causing organisms

*synonym* : infected, contaminated, unclean

(1) **septic** sewage, (2) **septic** system

The **septic** tank was not properly maintained and caused a health hazard.

## paramount

*adj.* more important than anything else; having superior power and influence or the highest position

*synonym* : central, major, crucial

(1) the lord **paramount**, (2) **paramount** to all the others

This country became a country of **paramount** geostrategic importance to us.

## improvisation

*n.* the act of making something up on the spot or creating or performing something without preparation

*synonym* : spontaneity, ad-lib, extemporization

(1) **improvisation** on stage, (2) jazz **improvisation**

He created a beautiful piece of music using only **improvisation**.

## personalize

*v.* to make something or an experience specific to an individual or group, often through adding personal details or tailoring it to their preferences or needs; to add personal details or information to something

*synonym* : customize, individualize, tailor

(1) **personalize** social media profile, (2) **personalize** my workspace

I like to **personalize** my phone case with a picture of my dog.

## individualize

*v.* to make something personal or more personal to suit the needs of a particular person, place, etc.

*synonym* : personalize, differentiate

(1) **individualize** each patient, (2) **individualize** dosages

Our schools offer **individualized** education by excellent teachers.

## Session 2: Spelling

- |                                      |                                                                                                                                                                                                                           |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. per_____ze social media profile   | <i>v.</i> to make something or an experience specific to an individual or group, often through adding personal details or tailoring it to their preferences or needs; to add personal details or information to something |
| 2. traditional me_____al             | <i>adj.</i> of or relating to the treatment or cure of disease                                                                                                                                                            |
| 3. bleeding from ut____s             | <i>n.</i> a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth                                                                                     |
| 4. as_____n sensitivity              | <i>n.</i> a drug used to reduce pain, fever, and inflammation                                                                                                                                                             |
| 5. late co_____er                    | <i>n.</i> one of several people who establishes an organization or starts a business                                                                                                                                      |
| 6. di_____se his voice               | <i>v.</i> to hide or alter someone's appearance to deceive or mislead others                                                                                                                                              |
| 7. di_____se my feelings             | <i>v.</i> to hide or alter someone's appearance to deceive or mislead others                                                                                                                                              |
| 8. fl_____te prices                  | <i>v.</i> to rise and fall irregularly or unexpectedly; to vary or change often and unpredictably                                                                                                                         |
| 9. di_____t a well-ordered condition | <i>v.</i> to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance                                                                   |

ANSWERS: 1. personalize, 2. medicinal, 3. uterus, 4. aspirin, 5. cofounder, 6. disguise, 7. disguise, 8. fluctuate, 9. disrupt



- |                                     |                                                                                                                                                       |
|-------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|
| 10. ov__y atrophy                   | <i>n.</i> either of the pair of organs in the female reproductive system that produces eggs; (of a plant) the organ that bears the ovules of a flower |
| 11. ped_____cs department           | <i>n.</i> the branch of medicine that deals with the care and treatment of children                                                                   |
| 12. chi_____ing at a later age      | <i>n.</i> the act of giving birth to or bearing a child (or children), often in the context of medical or demographic research or public policy       |
| 13. salted ov__y of walleye pollack | <i>n.</i> either of the pair of organs in the female reproductive system that produces eggs; (of a plant) the organ that bears the ovules of a flower |
| 14. syn_____us terms                | <i>adj.</i> having the same or a similar meaning as another word or phrase                                                                            |
| 15. em_____nt repair of an aorta    | <i>adj.</i> starting to exist or view, or to become known                                                                                             |
| 16. fl_____te rapidly               | <i>v.</i> to rise and fall irregularly or unexpectedly; to vary or change often and unpredictably                                                     |
| 17. at_____al weather conditions    | <i>adj.</i> not conforming to the typical or expected pattern; unusual or abnormal or characteristic                                                  |
| 18. ped_____cs clinic               | <i>n.</i> the branch of medicine that deals with the care and treatment of children                                                                   |
| 19. from a cl_____an's perspective  | <i>n.</i> a practitioner, especially of medicine or psychology, who has direct contact with patients                                                  |

ANSWERS: 10. ovary, 11. pediatrics, 12. childbearing, 13. ovary, 14. synonymous, 15. emergent, 16. fluctuate, 17. atypical, 18. pediatrics, 19. clinician

20. imp\_\_\_\_\_ion on stage *n.* the act of making something up on the spot or creating or performing something without preparation
21. se\_\_\_c system *adj.* containing, infected by, or resulting from disease-causing organisms
22. hu\_\_\_\_\_g bird *adj.* producing a continuous, low, vibrating sound like that of the bee
23. me\_\_\_\_\_al chemistry *adj.* of or relating to the treatment or cure of disease
24. non-syn\_\_\_\_\_us mutation *adj.* having the same or a similar meaning as another word or phrase
25. experienced cl\_\_\_\_\_an *n.* a practitioner, especially of medicine or psychology, who has direct contact with patients
26. ind\_\_\_\_\_ize dosages *v.* to make something personal or more personal to suit the needs of a particular person, place, etc.
27. pop\_\_\_\_\_ze a scientific concept *v.* to make something more widely known, accepted, or adopted by the general public; to present or promote something in a way that increases its popularity or appeal
28. di\_\_\_\_\_t sleep *v.* to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance
29. a det\_\_\_\_\_nt of crop yields *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

ANSWERS: 20. improvisation, 21. septic, 22. humming, 23. medicinal, 24. synonymous, 25. clinician, 26. individualize, 27. popularize, 28. disrupt, 29. determinant

30. regional pol\_\_\_\_\_er *n.* a person in charge of or involved in developing action plans for a political party, business, etc.
31. development of the fe\_\_s *n.* an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal
32. per\_\_\_\_\_ze my workspace *v.* to make something or an experience specific to an individual or group, often through adding personal details or tailoring it to their preferences or needs; to add personal details or information to something
33. pa\_\_\_\_\_nt to all the others *adj.* more important than anything else; having superior power and influence or the highest position
34. co\_\_\_\_\_er of the university *n.* one of several people who establishes an organization or starts a business
35. hu\_\_\_\_\_g sound *adj.* producing a continuous, low, vibrating sound like that of the bee
36. swollen te\_\_\_\_\_les *n.* one of the two oval-shaped organs in men that produce sperm and testosterone; in animals, the equivalent organ responsible for producing sperm and often also regulating testosterone levels
37. social dis\_\_\_\_\_ce *n.* an action that causes harm or damage; something that is detrimental or disadvantageous; the opposite of a favor

ANSWERS: 30. policymaker, 31. fetus, 32. personalize, 33. paramount, 34. cofounder, 35. humming, 36. testicle, 37. disservice

38. tra\_\_\_\_\_er person *adj.* relating to or denoting a person whose gender identity does not correspond to that person's biological sex assigned at birth
39. tra\_\_\_\_\_er rights *adj.* relating to or denoting a person whose gender identity does not correspond to that person's biological sex assigned at birth
40. dr\_\_\_y feeling *adj.* feeling or showing a strong desire to sleep; causing a feeling of sleepiness or lethargy
41. an em\_\_\_\_\_nt republic *adj.* starting to exist or view, or to become known
42. dr\_\_\_y voice *adj.* feeling or showing a strong desire to sleep; causing a feeling of sleepiness or lethargy
43. chi\_\_\_\_\_ing capacity *n.* the act of giving birth to or bearing a child (or children), often in the context of medical or demographic research or public policy
44. education pol\_\_\_\_\_er *n.* a person in charge of or involved in developing action plans for a political party, business, etc.
45. pop\_\_\_\_\_ze a new fashion trend *v.* to make something more widely known, accepted, or adopted by the general public; to present or promote something in a way that increases its popularity or appeal
46. prescribe as\_\_\_\_\_n *n.* a drug used to reduce pain, fever, and inflammation

ANSWERS: 38. transgender, 39. transgender, 40. drowsy, 41. emergent, 42. drowsy, 43. childbearing, 44. policymaker, 45. popularize, 46. aspirin

47. te\_\_\_\_le injury *n.* one of the two oval-shaped organs in men that produce sperm and testosterone; in animals, the equivalent organ responsible for producing sperm and often also regulating testosterone levels
48. the lord pa\_\_\_\_\_nt *adj.* more important than anything else; having superior power and influence or the highest position
49. lif\_\_\_\_\_ng device *n.* the act or process of rescuing someone else's life, especially from drowning
50. lif\_\_\_\_\_ng efforts *n.* the act or process of rescuing someone else's life, especially from drowning
51. ut\_\_\_s cancer *n.* a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth
52. se\_\_\_c sewage *adj.* containing, infected by, or resulting from disease-causing organisms
53. dis\_\_\_\_\_ce to the public *n.* an action that causes harm or damage; something that is detrimental or disadvantageous; the opposite of a favor
54. the y\_\_g principle *n.* in Chinese philosophy, the masculine or active principle characterized as light and the sun and associated with hardness, dryness, and heat
55. an aborted fe\_\_s *n.* an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal

ANSWERS: 47. testicle, 48. paramount, 49. lifesaving, 50. lifesaving, 51. uterus, 52. septic, 53. disservice, 54. yang, 55. fetus

56. jazz imp\_\_\_\_\_ion                      *n.* the act of making something up on the spot or creating or performing something without preparation
57. embody y\_\_g energy                      *n.* in Chinese philosophy, the masculine or active principle characterized as light and the sun and associated with hardness, dryness, and heat
58. environmental det\_\_\_\_\_nt                      *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
59. at\_\_\_\_\_al pneumonia                      *adj.* not conforming to the typical or expected pattern; unusual or abnormal or characteristic
60. ind\_\_\_\_\_ize each patient                      *v.* to make something personal or more personal to suit the needs of a particular person, place, etc.

ANSWERS: 56. improvisation, 57. yang, 58. determinant, 59. atypical, 60. individualize

## Session 3: Fill in the Blanks

1. He created a beautiful piece of music using only \_\_\_\_\_.  
*n.* the act of making something up on the spot or creating or performing something without preparation
2. He is the \_\_\_\_\_ and chairman of this tech company.  
*n.* one of several people who establishes an organization or starts a business
3. I'm feeling \_\_\_\_\_ after staying up late last night.  
*adj.* feeling or showing a strong desire to sleep; causing a feeling of sleepiness or lethargy
4. She took a tablet of \_\_\_\_\_ to soothe the fever.  
*n.* a drug used to reduce pain, fever, and inflammation
5. This country became a country of \_\_\_\_\_ geostrategic importance to us.  
*adj.* more important than anything else; having superior power and influence or the highest position
6. It would be a great \_\_\_\_\_ not to recognize her achievements in the field.  
*n.* an action that causes harm or damage; something that is detrimental or disadvantageous; the opposite of a favor
7. One \_\_\_\_\_ of success is having a positive attitude and a strong work ethic.  
*n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

ANSWERS: 1. improvisation, 2. cofounder, 3. drowsy, 4. aspirin, 5. paramount, 6. disservice, 7. determinant

8. The physician prescribed medication to relieve the contraction of the \_\_\_\_\_.
- n.* a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth
9. Many women delay \_\_\_\_\_ until their careers are established.
- n.* the act of giving birth to or bearing a child (or children), often in the context of medical or demographic research or public policy
10. Many \_\_\_\_\_ individuals face discrimination and marginalization in society.
- adj.* relating to or denoting a person whose gender identity does not correspond to that person's biological sex assigned at birth
11. \_\_\_\_\_ struggle to develop various laws and regulations to address international trade conflicts.
- n.* a person in charge of or involved in developing action plans for a political party, business, etc.
12. The \_\_\_\_\_ of the bees filled the air as she walked through the garden.
- adj.* producing a continuous, low, vibrating sound like that of the bee
13. Some \_\_\_\_\_ believe that psychological characteristics alone may cause mental disorders.
- n.* a practitioner, especially of medicine or psychology, who has direct contact with patients
14. I like to \_\_\_\_\_ my phone case with a picture of my dog.
- v.* to make something or an experience specific to an individual or group, often through adding personal details or tailoring it to their preferences or needs; to add personal details or information to something

ANSWERS: 8. uterus, 9. childbearing, 10. transgender, 11. Policymakers, 12. humming, 13. clinicians, 14. personalize



15. They found \_\_\_\_\_ cancer in an early stage.

- n.* either of the pair of organs in the female reproductive system that produces eggs; (of a plant) the organ that bears the ovules of a flower

16. Our schools offer \_\_\_\_\_ education by excellent teachers.

- v.* to make something personal or more personal to suit the needs of a particular person, place, etc.

17. Her \_\_\_\_\_ behavior raised concerns among her friends.

- adj.* not conforming to the typical or expected pattern; unusual or abnormal or characteristic

18. The athlete was hit in the \_\_\_\_\_ during the game and had to be removed.

- n.* one of the two oval-shaped organs in men that produce sperm and testosterone; in animals, the equivalent organ responsible for producing sperm and often also regulating testosterone levels

19. The patient needs a \_\_\_\_\_ transplant operation.

- n.* the act or process of rescuing someone else's life, especially from drowning

20. Later it turned out that the politician \_\_\_\_\_ the fact from the public.

- v.* to hide or alter someone's appearance to deceive or mislead others

21. I'm so sorry to \_\_\_\_\_ you when you're pretty busy.

- v.* to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance

22. The female vagina is elastic enough to allow the passage of a \_\_\_\_\_.

- n.* an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal

ANSWERS: 15. ovary, 16. individualized, 17. atypical, 18. testicle, 19. lifesaving, 20. disguised, 21. disrupt, 22. fetus

23. Extensive areas of \_\_\_\_\_ plants are usually called marsh.

*adj.* starting to exist or view, or to become known

24. The \_\_\_\_\_ tank was not properly maintained and caused a health hazard.

*adj.* containing, infected by, or resulting from disease-causing organisms

25. The phrase "big shot" and "important person" are \_\_\_\_\_.

*adj.* having the same or a similar meaning as another word or phrase

26. The celebrity's endorsement helped \_\_\_\_\_ the new clothing line.

*v.* to make something more widely known, accepted, or adopted by the general public; to present or promote something in a way that increases its popularity or appeal

27. Stock prices \_\_\_\_\_ daily based on market demand and supply.

*v.* to rise and fall irregularly or unexpectedly; to vary or change often and unpredictably

28. He saw the balance between the yin and \_\_\_\_\_ as crucial for a harmonious life.

*n.* in Chinese philosophy, the masculine or active principle characterized as light and the sun and associated with hardness, dryness, and heat

29. The \_\_\_\_\_ properties of this herb have been known to help with various ailments.

*adj.* of or relating to the treatment or cure of disease

30. I am studying \_\_\_\_\_ in medical school because I love working with children.

*n.* the branch of medicine that deals with the care and treatment of children

ANSWERS: 23. emergent, 24. septic, 25. synonymous, 26. popularize, 27. fluctuate, 28. yang, 29. medicinal, 30. pediatrics

ANSWERS: