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Sherwin Nuland: How electroshock therapy changed me | TED Talk

https://www.ted.com/talks/sherwin_nuland_how_electroshock_therapy_changed_me

Advanced Words Only

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Session 1: Word List

lighthearted

adj. carefree and cheerful; free from anxiety or seriousness; playful or humorous

synonym : carefree, playful, jovial

(1) **lighthearted** banter, (2) **lighthearted** humor

The couple shared a **lighthearted** moment at the amusement park, reminiscing about their childhoods.

electroshock

n. a medical treatment in which an electric current is passed through the brain to induce a seizure; also known as electroconvulsive therapy (ECT)

synonym : electroconvulsive therapy, shock treatment, ETC

(1) low voltage **electroshock**, (2) **electroshock** machine

The patient had to undergo **electroshock** therapy to treat their severe depression.

schizophrenia

n. a severe mental disorder in which a person has a distorted view of reality and may experience hallucinations, delusions, and disordered thinking and behavior

synonym : psychosis, disorder, mental illness

(1) **schizophrenia** spectrum disorder, (2) **schizophrenia** treatment

The **schizophrenia** patient was experiencing severe auditory

hallucinations.

exorcise

v. to expel or remove an evil or malicious spirit from a person, place, or object through a religious or spiritual ceremony; to rid oneself or others of something that is believed to have a negative influence or control

synonym: purge, expel, banish

(1) **exorcise** demons, (2) **exorcise** negative energy

The priest performed a ritual to **exorcise** the evil spirits from the haunted house.

medicinal

adj. of or relating to the treatment or cure of disease

synonym: curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

convulsion

n. a violent, involuntary contraction or shaking of the muscles, especially those in the limbs or face; a sudden, intense, and often violent disturbance or upheaval

synonym: paroxysm, seizure, turmoil

(1) clonic **convulsion**, (2) economic **convulsion**

The patient's **convulsions** were a side effect of their medication.

botanical

adj. relating to the study or science of plants; of, pertaining to, made from, or derived from plants

synonym: botanic, plant-based, herbal

(1) **botanical** extract, (2) **botanical** illustrations

The **botanical** gardens were filled with exotic plants from all around the world.

Renaissance

n. a new growth in activity or enthusiasm in anything, particularly art, literature, or music

synonym: rebirth, golden age

(1) artistic **renaissance**, (2) industrial **renaissance**

Folk music is now experiencing a **renaissance**.

camphor

n. a waxy white crystalline substance obtained from the wood of the camphor tree or synthesized chemically, often used in medical applications, as a fragrance, or for its insect-repellent properties

synonym : fragrance, aroma

(1) **camphor** oil, (2) **camphor** tree

The strong **camphor** scent filled the room as we opened the old chest.

moth

n. an insect with wings similar to a butterfly that travels at night and is attracted to light

(1) **moth** larva, (2) **moth** attracted to the light

The **moth** is a serious threat to the farm's output.

chew

v. to crush or grind something, especially food, with the teeth and then swallow it

synonym : masticate, crush, grind

(1) **chew** each word, (2) **chew** a stick of gum

My dog loves to **chew** on bones.

convulse

v. to experience a sudden and violent contraction of the muscles, often caused by pain, illness, or emotional distress, or to make someone or something do this

synonym : spasm, tremble, seize

(1) **convulse** with laughter, (2) **convulse** with anger

He **convulsed** in pain as the injury was severe.

electrify

v. to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something

synonym : wire, amaze, astonish

(1) **electrify** the audience, (2) **electrify** a manufacturing process

The product developed through years of research continues to **electrify** the market.

- kite** *n.* a toy made of a light frame covered with cloth or plastic and joined to a long string that you fly in the air
(1) **kite** string, (2) a picture on a **kite**
Benjamin Franklin proved that lightning is electricity through experiments with **kites**.
- psychiatry** *n.* the branch of medicine concerned with the study, treatment, and prevention of mental illness
synonym: mental health, psychology, psychoanalysis
(1) **psychiatry** therapy, (2) biological **psychiatry**
The field of **psychiatry** is constantly evolving, with new treatments and approaches being developed all the time.
- epilepsy** *n.* a neurological disorder characterized by recurrent seizures or convulsions, which can manifest in a variety of ways and be caused by various factors
synonym: seizures, convulsions, fits
(1) **epilepsy** seizure, (2) **epilepsy** medication
The flashing lights at the concert triggered her **epilepsy** and caused a seizure.
- mutter** *v.* to speak or say something quietly and in a low voice; to make complaining remarks or noises under one's breath
synonym: grumble, mumble, complain
(1) **mutter** in a low voice, (2) **mutter** to myself
He **muttered** under his breath about the job relocation.
- gibberish** *n.* unintelligible or nonsensical language or speech; meaningless or difficult to comprehend talk or writing
synonym: nonsense, babble, drivel
(1) **gibberish** language, (2) meaningless **gibberish**
He spoke in **gibberish**, and no one could understand what he was trying to say.
- hopeless** *adj.* having no hope; despairing; having no chance of success
synonym: despairing, helpless, futile

(1) **hopeless** situation, (2) **hopeless** at everything
After months of job searching, he felt **hopeless** and unsure of his future.

defecate

v. to excrete waste material from the body through the anus; to pass feces

synonym: excrete

(1) cause an impulse to **defecate**, (2) **defecate** out in the open

It is important to clean up after your pet when they **defecate** in public areas.

firsthand

adv. from the source; directly; (adjective) received directly from a source

synonym: direct

(1) hear customer's voices **firsthand**, (2) conduct **firsthand** research

The manager tried to hear customers' voices **firsthand**.

amazement

n. a state of great surprise or wonder caused by something extraordinary or unexpected

synonym: astonishment, wonder, surprise

(1) express **amazement**, (2) feeling of **amazement**

The magician's disappearing act left the audience in **amazement**.

relapse

n. the fact of becoming ill or starting to misbehave again after making an improvement

synonym: degeneration, deterioration, retrogression

(1) biochemical **relapse**, (2) **relapse** prevention

He had a **relapse** because he was working through the night.

antidepressant

n. any of a class of drugs used to reduce feelings of sadness and worry

(1) an **antidepressant** drug, (2) **antidepressant** effect

She has been taking **antidepressants** since her baby died.

anesthetize

v. to administer a drug or other substance that causes a loss of sensation or consciousness, often to perform a medical procedure; to numb or dull a physical or emotional sensation

synonym: numb, sedate, drug

(1) **anesthetize** a patient, (2) **anesthetize** a wound

The dentist will **anesthetize** your mouth before removing your wisdom teeth.

paralyze

v. to cause a person or part of the body to become unable to move or feel

synonym: immobilize, disable, numb

(1) **paralyze** a city, (2) **paralyze** a person

The venom from the snake bite **paralyzed** his arm.

electroencephalography

v. (also "EEG") a diagnostic medical procedure that involves the use of electrodes placed on the scalp to measure and record the electrical activity of the brain often used to assess and diagnose various neurological conditions

synonym: brain wave test, EEG, neural scan

(1) **electroencephalography** test, (2) abnormal **electroencephalography**

She is an **electroencephalography** technician skilled in performing EEG tests on patients.

twitch

v. to make a sudden and quick movement with a part of the body; (noun) a sudden, small, jerky movement of a muscle or part of the body

synonym: spasm, jerk, flinch

(1) **twitch** at his sleeve, (2) **twitch** of an eye

She couldn't stop her leg from **twitching** nervously.

depress

v. to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active

synonym: sadden, discourage, deflate

(1) **depress** their spirits, (2) **depress** crop prices

The economic recession **depressed** the housing market.

understatement

n. an expression that describes something as less important or serious than it really is

synonym: minimization, underplay, underrating

(1) with a certain **understatement**, (2) master of **understatement**

It's just a small fire, the firefighter said, in a classic **understatement**.

dreadful

adj. very bad, unpleasant, or causing fear

synonym: terrible, horrible, awful

(1) **dreadful** accident, (2) **dreadful** news

The conditions of the prison were **dreadful** and inhumane.

hostility

n. aggressive or unfriendly feelings or behavior

synonym: antagonism, antipathy, estrangement

(1) an act of **hostility**, (2) bitter **hostility**

Her unconcealed **hostility** made us unpleasant.

bovine

adj. relating to or resembling cows or cattle; pertaining to the characteristics or behavior of bovines

synonym: cattle-like, bovid, cow-like

(1) **bovine** disease, (2) **bovine** respiratory disease

The farm had a herd of **bovine** animals, including cows and bulls.

stercus

n. a technical term for animal excrement or dung

synonym: excrement, feces, dung

(1) **stercus** fertilizer, (2) **stercus** disposal system

In ancient times, **stercus** removal was necessary to maintain sanitary living conditions in urban areas.

bathe

v. to wash or immerse oneself or another person in the water or a liquid; to expose a part of the body to a natural element, such as sunlight or air

synonym:

cleanse, soak, immerse

(1) **bathe** in the sea, (2) **bathe** the baby

I always **bathe** my dog after she swims in the lake.

shave

v. to remove body hair with a razor; to cut the price of something

synonym: trim, cut down, prune

(1) **shave** my head, (2) **shave** cheese

That supermarket tried to **shave** certain costs by saving electricity.

hospitalize

v. to admit someone to a hospital for medical treatment

synonym: admit, place in hospital

(1) **hospitalize** patient, (2) **hospitalize** child

She had to be **hospitalized** due to her injuries.

psychotherapy

n. the treatment of mental or emotional problems by talking with a therapist

(1) field of **psychotherapy**, (2) **psychotherapy** for depression

He took **psychotherapy** to help him deal with his accident trauma.

jaundiced

adj. having a yellowish or yellowish-green hue, especially as a symptom of liver disease; metaphorically, describing a prejudiced or cynical outlook or perspective

synonym: cynical, skeptical, biased

(1) **jaundiced** eye, (2) **jaundiced** opinion

The doctor noticed that the patient's skin had a **jaundiced** appearance, indicating a problem with the liver.

overwhelm

v. to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody

synonym: conquer, crush, dominate

(1) he was **overwhelmed** with gratitude, (2) **overwhelm** opponents by numbers

Too much variety may **overwhelm** and confuse viewers.

worthless

adj. having no value or usefulness; not worth considering
synonym : valueless, useless, pointless

(1) **worthless** stock, (2) **worthless** coin

The product was found to be **worthless** as it failed to meet the customer's expectations.

obsession

n. the state in which a person's mind is filled with thoughts of one single object or particular person

synonym : compulsion, fixation, enthusiasm

(1) **obsession** with character, (2) national **obsession**

Gambling became an **obsession** for him, and he eventually lost everything.

numb

adj. unable to feel physical sensation and movement; not showing human feeling or sensitivity

synonym : dazed, insensitive, emotionless

(1) **numb** with cold, (2) a **numb** mind

My left arm became **numb**.

dreadfully

adv. extremely; causing or inspiring dread or fear; in a way that is very bad, unpleasant, or unfortunate

synonym : terribly, dismally, awfully

(1) **dreadfully** nervous, (2) **dreadfully** hot weather

The speaker's **dreadfully** boring presentation put everyone to sleep.

observance

n. the act or practice of following or adhering to a custom, rule, tradition, or obligation; the act of closely watching or observing something

synonym : ritual, ceremony, practice

(1) **observance** of the law, (2) traditional **observance**

Many people practice the religious **observance** of fasting during the holy month.

throb

v. to beat with a strong, regular rhythm, as a pulse or a heart

synonym : pulse, beat, pound

(1) **throb** at the thought of the accident, (2) **throb** with excitement

The wound continued to **throb** with pain, despite the medication.

ferocious

adj. very fierce, savage, or cruel

synonym : savage, fierce, brutal

(1) **ferocious** beast, (2) **ferocious** predator

The lion's **ferocious** roar could be heard from miles away.

munch

v. to chew or eat something noisily, often with the sound of crunching or crunching

synonym : chew, nibble, gnaw

(1) **munch** on an apple, (2) **munch** away on crisps

I love to **munch** on popcorn while I watch a movie.

prefrontal

adj. in or about the foremost part of the frontal lobe of the brain

(1) **prefrontal** bone, (2) **prefrontal** region

Research shows that damage to the **prefrontal** cortex leads to increased aggression.

lobotomy

n. a surgical procedure in which a section of the brain is removed or disconnected from the rest of the brain, often used as a treatment for mental illness in the past

synonym : brain surgery, prefrontal lobotomy, psychosurgery

(1) **lobotomy** procedure, (2) prefrontal **lobotomy**

Lobotomy surgery was once a common treatment for mental illness, but it is now considered unethical.

imitate

v. to copy the speech, behavior, appearance, etc. of someone or something

synonym : mimic, emulate, replicate

(1) **imitate** painting styles, (2) **imitate** animal sounds

He **imitated** the modus operandi of the famous phantom thief.

cuckoo

n. a bird of the Cuculidae family, known for its distinctive call; (informally) a person who is crazy, eccentric, or foolish

synonym: loony, nut, madcap

(1) **cuckoo** clock, (2) **cuckoo** in the nest

The **cuckoo** bird's call echoed through the forest.

stupor

n. a state of near-unconsciousness or insensibility; a dazed or partially unconscious condition often resulting from the influence of drugs or alcohol

synonym: daze, torpor, trance

(1) catatonic **stupor**, (2) fall into a **stupor**

After drinking heavily, he fell into a deep **stupor** and could hardly be woken up.

incidentally

adv. by the way; as an aside or in passing

synonym: by chance, by accident, inadvertently

(1) **incidentally** discovered, (2) **incidentally** mentioned

Incidentally, I know the answer to that question.

demonstrable

adj. capable of being demonstrated, proven, or shown; able to be observed or verified

synonym: evident, provable, observable

(1) **demonstrable** evidence, (2) **demonstrable** skills

The company's **demonstrable** success has attracted many potential investors.

obsessive

adj. relating to or characterized by an obsession or excessive interest in a particular thing or activity; tending to dwell on or repeat certain thoughts or behaviors

synonym: compulsive, fixated, besetting

(1) **obsessive-compulsive** disorder, (2) **obsessive** thoughts

Her **obsessive** behavior towards perfectionism often led to

burnout.

resuscitate

v. to make someone or something active or vigorous again;

synonym: reawaken, resurrect, rejuvenate

(1) **resuscitate** economy, (2) **resuscitate** the man drown
He experienced cardiac arrest but was **resuscitated** yesterday.

mystical

adj. relating to or characterized by spiritual powers; beyond ordinary understanding

synonym: occult, esoteric, enigmatic

(1) **mystical** intuition, (2) **mystical** belief

While meditating, he had a **mystical** experience and felt a sense of unity with the universe.

portray

v. to depict or describe someone or something in a painting, film, book, or other artistic work

synonym: depict, describe, illustrate

(1) **portray** feelings in words, (2) accurately **portray** the condition

We often **portray** political problems as religious issues.

adversity

n. difficulties or hardships that someone faces

synonym: hardship, difficulty, trial

(1) environmental **adversity**, (2) struggling with **adversity**

The team demonstrated great resilience in the face of **adversity** and won the game.

dregs

n. the sediments or remnants of a liquid, often referring to particles or impurities that settle at the bottom of a container; the least desirable or lowest quality parts or people in a group or society

synonym: sediments, remnants, residue

(1) drink the **dregs**, (2) political **dregs**

She sipped her coffee slowly, grimacing when she

accidentally tasted the bitter **dregs**.

unscathed

adj. not harmed or injured; untouched or unharmed by a negative or dangerous situation

synonym : unhurt, intact, unharmed

(1) **unscathed** survivor, (2) come away **unscathed**

Thankfully, the driver emerged from the accident **unscathed**.

mystic

adj. having spiritual powers or qualities that are beyond ordinary understanding; (noun) someone who believes in the existence of realities beyond human comprehension

synonym : secret, mystical, supernatural

(1) **mystic** teaching, (2) medieval **mystic**

He is interested in the **mystic** rites of that religion.

impostor

n. someone who pretends to be someone or something else to deceive others; a fraud

synonym : fraud, phony, charlatan

(1) **impostor** syndrome, (2) detect an **impostor**

The online marketplace warned customers to beware of **impostor** sellers trying to scam them.

cusp

n. a pointed end, especially the pointed end of a crescent moon or the part of a curve that is most curved

synonym : point, apex, tip

(1) **cusp** of change, (2) a single **cusp**

The project was on the **cusp** of success and needed a little more funding.

haunt

v. to frequent or visit repeatedly, often in a way that is disturbing or unsettling; to occupy or fill the mind, often in a way that is unpleasant or persistent

synonym : stalk, spook, obsess

(1) **haunt** memories, (2) **haunt** my conscience

The crowd's boos and jeers continued to **haunt** the performer long after the show ended.

bleak

adj. unlikely to be favorable; unpleasantly cold and damp;
offering little or no hope

synonym: miserable, pathetic, dim

(1) prospects were **bleak**, (2) **bleak** future

The political landscape looks **bleak** without a change of administration.

resurrect

v. to bring back to life or bring into existence again

synonym: revive, bring back, bring to life

(1) **resurrect** the dead, (2) **resurrect** an argument

They tried to **resurrect** the ancient tradition.

Session 2: Spelling

- | | |
|-----------------------------|---|
| 1. an act of ho_____ty | <i>n.</i> aggressive or unfriendly feelings or behavior |
| 2. mu___r in a low voice | <i>v.</i> to speak or say something quietly and in a low voice; to make complaining remarks or noises under one's breath |
| 3. my___c teaching | <i>adj.</i> having spiritual powers or qualities that are beyond ordinary understanding; (noun) someone who believes in the existence of realities beyond human comprehension |
| 4. tw___h of an eye | <i>v.</i> to make a sudden and quick movement with a part of the body; (noun) a sudden, small, jerky movement of a muscle or part of the body |
| 5. im_____e painting styles | <i>v.</i> to copy the speech, behavior, appearance, etc. of someone or something |
| 6. ob_____ve thoughts | <i>adj.</i> relating to or characterized by an obsession or excessive interest in a particular thing or activity; tending to dwell on or repeat certain thoughts or behaviors |
| 7. hos_____ze patient | <i>v.</i> to admit someone to a hospital for medical treatment |
| 8. el_____fy the audience | <i>v.</i> to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something |

ANSWERS: 1. hostility, 2. mutter, 3. mystic, 4. twitch, 5. imitate, 6. obsessive, 7. hospitalize, 8. electrify

9. fe_____us beast *adj.* very fierce, savage, or cruel
10. ob_____on with character *n.* the state in which a person's mind is filled with thoughts of one single object or particular person
11. ane_____ze a patient *v.* to administer a drug or other substance that causes a loss of sensation or consciousness, often to perform a medical procedure; to numb or dull a physical or emotional sensation
12. th__b at the thought of the accident *v.* to beat with a strong, regular rhythm, as a pulse or a heart
13. ho_____ss at everything *adj.* having no hope; despairing; having no chance of success
14. my_____al intuition *adj.* relating to or characterized by spiritual powers; beyond ordinary understanding
15. psy_____apy for depression *n.* the treatment of mental or emotional problems by talking with a therapist
16. cu___o clock *n.* a bird of the Cuculidae family, known for its distinctive call; (informally) a person who is crazy, eccentric, or foolish
17. ja_____ed opinion *adj.* having a yellowish or yellowish-green hue, especially as a symptom of liver disease; metaphorically, describing a prejudiced or cynical outlook or perspective
18. obs_____ce of the law *n.* the act or practice of following or adhering to a custom, rule, tradition, or obligation; the act of closely watching or observing something

ANSWERS: 9. ferocious, 10. obsession, 11. anesthetize, 12. throb, 13. hopeless, 14. mystical, 15. psychotherapy, 16. cuckoo, 17. jaundiced, 18. observance

19. struggling with ad_____ty *n.* difficulties or hardships that someone faces
20. low voltage ele_____ock *n.* a medical treatment in which an electric current is passed through the brain to induce a seizure; also known as electroconvulsive therapy (ECT)
21. re_____ct the dead *v.* to bring back to life or bring into existence again
22. mu___r to myself *v.* to speak or say something quietly and in a low voice; to make complaining remarks or noises under one's breath
23. lig_____ted humor *adj.* carefree and cheerful; free from anxiety or seriousness; playful or humorous
24. c__w each word *v.* to crush or grind something, especially food, with the teeth and then swallow it
25. cu___o in the nest *n.* a bird of the Cuculidae family, known for its distinctive call; (informally) a person who is crazy, eccentric, or foolish
26. fall into a st___r *n.* a state of near-unconsciousness or insensibility; a dazed or partially unconscious condition often resulting from the influence of drugs or alcohol
27. industrial ren_____ce *n.* a new growth in activity or enthusiasm in anything, particularly art, literature, or music
28. sch_____nia treatment *n.* a severe mental disorder in which a person has a distorted view of reality and may experience hallucinations, delusions, and disordered thinking and behavior

ANSWERS: 19. adversity, 20. electroshock, 21. resurrect, 22. mutter, 23. lighthearted, 24. chew, 25. cuckoo, 26. stupor, 27. Renaissance, 28. schizophrenia

29. prefrontal lo____my *n.* a surgical procedure in which a section of the brain is removed or disconnected from the rest of the brain, often used as a treatment for mental illness in the past
30. lig____ted banter *adj.* carefree and cheerful; free from anxiety or seriousness; playful or humorous
31. ho____ss situation *adj.* having no hope; despairing; having no chance of success
32. sh__e cheese *v.* to remove body hair with a razor; to cut the price of something
33. mu__h on an apple *v.* to chew or eat something noisily, often with the sound of crunching or crunching
34. express am____nt *n.* a state of great surprise or wonder caused by something extraordinary or unexpected
35. de____te out in the open *v.* to excrete waste material from the body through the anus; to pass feces
36. ca____r oil *n.* a waxy white crystalline substance obtained from the wood of the camphor tree or synthesized chemically, often used in medical applications, as a fragrance, or for its insect-repellent properties
37. ba__e the baby *v.* to wash or immerse oneself or another person in the water or a liquid; to expose a part of the body to a natural element, such as sunlight or air
38. accurately po____y the condition *v.* to depict or describe someone or something in a painting, film, book, or other artistic work

ANSWERS: 29. lobotomy, 30. lighthearted, 31. hopeless, 32. shave, 33. munch, 34. amazement, 35. defecate, 36. camphor, 37. bathe, 38. portray

39. me_____al chemistry *adj.* of or relating to the treatment or cure of disease
40. prospects were bl__k *adj.* unlikely to be favorable; unpleasantly cold and damp; offering little or no hope
41. dem_____ble skills *adj.* capable of being demonstrated, proven, or shown; able to be observed or verified
42. conduct fi_____nd research *adv.* from the source; directly; (adjective) received directly from a source
43. n__b with cold *adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity
44. pa_____ze a city *v.* to cause a person or part of the body to become unable to move or feel
45. res_____te the man drown *v.* to make someone or something active or vigorous again;
46. political dr__s *n.* the sediments or remnants of a liquid, often referring to particles or impurities that settle at the bottom of a container; the least desirable or lowest quality parts or people in a group or society
47. catatonic st____r *n.* a state of near-unconsciousness or insensibility; a dazed or partially unconscious condition often resulting from the influence of drugs or alcohol
48. gi_____sh language *n.* unintelligible or nonsensical language or speech; meaningless or difficult to comprehend talk or writing
49. wo_____ss stock *adj.* having no value or usefulness; not worth considering

ANSWERS: 39. medicinal, 40. bleak, 41. demonstrable, 42. firsthand, 43. numb, 44. paralyze, 45. resuscitate, 46. dregs, 47. stupor, 48. gibberish, 49. worthless

50. ant_____ant effect *n.* any of a class of drugs used to reduce feelings of sadness and worry
51. tw___h at his sleeve *v.* to make a sudden and quick movement with a part of the body; (noun) a sudden, small, jerky movement of a muscle or part of the body
52. dem_____ble evidence *adj.* capable of being demonstrated, proven, or shown; able to be observed or verified
53. co_____se with anger *v.* to experience a sudden and violent contraction of the muscles, often caused by pain, illness, or emotional distress, or to make someone or something do this
54. hear customer's voices fi_____nd *adv.* from the source; directly; (adjective) received directly from a source
55. mu___h away on crisps *v.* to chew or eat something noisily, often with the sound of crunching or crunching
56. bl___k future *adj.* unlikely to be favorable; unpleasantly cold and damp; offering little or no hope
57. economic con_____on *n.* a violent, involuntary contraction or shaking of the muscles, especially those in the limbs or face; a sudden, intense, and often violent disturbance or upheaval
58. m___h larva *n.* an insect with wings similar to a butterfly that travels at night and is attracted to light

ANSWERS: 50. antidepressant, 51. twitch, 52. demonstrable, 53. convulse, 54. firsthand, 55. munch, 56. bleak, 57. convulsion, 58. moth

59. dre_____ly hot weather *adv.* extremely; causing or inspiring dread or fear; in a way that is very bad, unpleasant, or unfortunate
60. re_____e prevention *n.* the fact of becoming ill or starting to misbehave again after making an improvement
61. inc_____lly discovered *adv.* by the way; as an aside or in passing
62. bo_____al illustrations *adj.* relating to the study or science of plants; of, pertaining to, made from, or derived from plants
63. de_____s their spirits *v.* to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active
64. national ob_____on *n.* the state in which a person's mind is filled with thoughts of one single object or particular person
65. ov_____lm opponents by numbers *v.* to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
66. bo_____e disease *adj.* relating to or resembling cows or cattle; pertaining to the characteristics or behavior of bovines
67. sch_____nia spectrum disorder *n.* a severe mental disorder in which a person has a distorted view of reality and may experience hallucinations, delusions, and disordered thinking and behavior
68. dr_____ul accident *adj.* very bad, unpleasant, or causing fear

ANSWERS: 59. dreadfully, 60. relapse, 61. incidentally, 62. botanical, 63. depress, 64. obsession, 65. overwhelm, 66. bovine, 67. schizophrenia, 68. dreadful

69. a n__b mind *adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity
70. ha__t memories *v.* to frequent or visit repeatedly, often in a way that is disturbing or unsettling; to occupy or fill the mind, often in a way that is unpleasant or persistent
71. ane_____ze a wound *v.* to administer a drug or other substance that causes a loss of sensation or consciousness, often to perform a medical procedure; to numb or dull a physical or emotional sensation
72. a single c__p *n.* a pointed end, especially the pointed end of a crescent moon or the part of a curve that is most curved
73. pa_____ze a person *v.* to cause a person or part of the body to become unable to move or feel
74. biological psy_____ry *n.* the branch of medicine concerned with the study, treatment, and prevention of mental illness
75. feeling of am_____nt *n.* a state of great surprise or wonder caused by something extraordinary or unexpected
76. co_____se with laughter *v.* to experience a sudden and violent contraction of the muscles, often caused by pain, illness, or emotional distress, or to make someone or something do this
77. clonic con_____on *n.* a violent, involuntary contraction or shaking of the muscles, especially those in the limbs or face; a sudden, intense, and often violent disturbance or upheaval

ANSWERS: 69. numb, 70. haunt, 71. anesthetize, 72. cusp, 73. paralyze, 74. psychiatry, 75. amazement, 76. convulse, 77. convulsion

78. an ant_____ant drug *n.* any of a class of drugs used to reduce feelings of sadness and worry
79. ja_____ed eye *adj.* having a yellowish or yellowish-green hue, especially as a symptom of liver disease; metaphorically, describing a prejudiced or cynical outlook or perspective
80. bo_____al extract *adj.* relating to the study or science of plants; of, pertaining to, made from, or derived from plants
81. m__h attracted to the light *n.* an insect with wings similar to a butterfly that travels at night and is attracted to light
82. fe_____us predator *adj.* very fierce, savage, or cruel
83. el_____fy a manufacturing process *v.* to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something
84. ex_____se negative energy *v.* to expel or remove an evil or malicious spirit from a person, place, or object through a religious or spiritual ceremony; to rid oneself or others of something that is believed to have a negative influence or control
85. ep_____sy seizure *n.* a neurological disorder characterized by recurrent seizures or convulsions, which can manifest in a variety of ways and be caused by various factors
86. ele_____ock machine *n.* a medical treatment in which an electric current is passed through the brain to induce a seizure; also known as electroconvulsive therapy (ECT)

ANSWERS: 78. antidepressant, 79. jaundiced, 80. botanical, 81. moth, 82. ferocious, 83. electrify, 84. exorcise, 85. epilepsy, 86. electroshock

87. pre_____al region *adj.* in or about the foremost part of the frontal lobe of the brain
88. psy_____ry therapy *n.* the branch of medicine concerned with the study, treatment, and prevention of mental illness
89. field of psy_____apy *n.* the treatment of mental or emotional problems by talking with a therapist
90. a picture on a k__e *n.* a toy made of a light frame covered with cloth or plastic and joined to a long string that you fly in the air
91. my_____al belief *adj.* relating to or characterized by spiritual powers; beyond ordinary understanding
92. traditional obs_____ce *n.* the act or practice of following or adhering to a custom, rule, tradition, or obligation; the act of closely watching or observing something
93. biochemical re_____e *n.* the fact of becoming ill or starting to misbehave again after making an improvement
94. ca_____r tree *n.* a waxy white crystalline substance obtained from the wood of the camphor tree or synthesized chemically, often used in medical applications, as a fragrance, or for its insect-repellent properties
95. k__e string *n.* a toy made of a light frame covered with cloth or plastic and joined to a long string that you fly in the air
96. st_____s disposal system *n.* a technical term for animal excrement or dung

ANSWERS: 87. prefrontal, 88. psychiatry, 89. psychotherapy, 90. kite, 91. mystical, 92. observance, 93. relapse, 94. camphor, 95. kite, 96. stercus

97. he was ov_____lmed with gratitude *v.* to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
98. pre_____al bone *adj.* in or about the foremost part of the frontal lobe of the brain
99. dr_____ul news *adj.* very bad, unpleasant, or causing fear
100. de_____s crop prices *v.* to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active
101. im_____or syndrome *n.* someone who pretends to be someone or something else to deceive others; a fraud
102. ba__e in the sea *v.* to wash or immerse oneself or another person in the water or a liquid; to expose a part of the body to a natural element, such as sunlight or air
103. dre_____ly nervous *adv.* extremely; causing or inspiring dread or fear; in a way that is very bad, unpleasant, or unfortunate
104. bo___e respiratory disease *adj.* relating to or resembling cows or cattle; pertaining to the characteristics or behavior of bovines
105. th__b with excitement *v.* to beat with a strong, regular rhythm, as a pulse or a heart
106. environmental ad_____ty *n.* difficulties or hardships that someone faces
107. with a certain und_____ent *n.* an expression that describes something as less important or serious than it really is

ANSWERS: 97. overwhelm, 98. prefrontal, 99. dreadful, 100. depress, 101. impostor, 102. bathe, 103. dreadfully, 104. bovine, 105. throb, 106. adversity, 107. understatement

108. meaningless gi_____sh *n.* unintelligible or nonsensical language or speech; meaningless or difficult to comprehend talk or writing
109. c__w a stick of gum *v.* to crush or grind something, especially food, with the teeth and then swallow it
110. traditional me_____al *adj.* of or relating to the treatment or cure of disease
111. hos_____ze child *v.* to admit someone to a hospital for medical treatment
112. bitter ho_____ty *n.* aggressive or unfriendly feelings or behavior
113. artistic ren_____ce *n.* a new growth in activity or enthusiasm in anything, particularly art, literature, or music
114. come away un_____ed *adj.* not harmed or injured; untouched or unharmed by a negative or dangerous situation
115. un_____ed survivor *adj.* not harmed or injured; untouched or unharmed by a negative or dangerous situation
116. ele_____phy test *n.* (also "EEG") a diagnostic medical procedure that involves the use of electrodes placed on the scalp to measure and record the electrical activity of the brain often used to assess and diagnose various neurological conditions
117. medieval my___c *adj.* having spiritual powers or qualities that are beyond ordinary understanding; (noun) someone who believes in the existence of realities beyond human comprehension

ANSWERS: 108. gibberish, 109. chew, 110. medicinal, 111. hospitalize, 112. hostility, 113. Renaissance, 114. unscathed, 115. unscathed, 116. electroencephalography, 117. mystic

118. st____s fertilizer *n.* a technical term for animal excrement or dung
119. drink the dr__s *n.* the sediments or remnants of a liquid, often referring to particles or impurities that settle at the bottom of a container; the least desirable or lowest quality parts or people in a group or society
120. inc_____lly mentioned *adv.* by the way; as an aside or in passing
121. master of und_____ent *n.* an expression that describes something as less important or serious than it really is
122. re_____ct an argument *v.* to bring back to life or bring into existence again
123. ob_____ve-compulsive disorder *adj.* relating to or characterized by an obsession or excessive interest in a particular thing or activity; tending to dwell on or repeat certain thoughts or behaviors
124. sh__e my head *v.* to remove body hair with a razor; to cut the price of something
125. detect an im____or *n.* someone who pretends to be someone or something else to deceive others; a fraud
126. wo_____ss coin *adj.* having no value or usefulness; not worth considering
127. cause an impulse to de_____te *v.* to excrete waste material from the body through the anus; to pass feces
128. c__p of change *n.* a pointed end, especially the pointed end of a crescent moon or the part of a curve that is most curved

ANSWERS: 118. stercus, 119. dregs, 120. incidentally, 121. understatement, 122. resurrect, 123. obsessive, 124. shave, 125. impostor, 126. worthless, 127. defecate, 128. cusp

129. abnormal
ele_____phy
130. ex_____se demons
131. lo_____my procedure
132. im_____e animal sounds
133. res_____te economy
134. ep_____sy medication
135. po_____y feelings in words
136. ha__t my conscience
- n.* (also "EEG") a diagnostic medical procedure that involves the use of electrodes placed on the scalp to measure and record the electrical activity of the brain often used to assess and diagnose various neurological conditions
- v.* to expel or remove an evil or malicious spirit from a person, place, or object through a religious or spiritual ceremony; to rid oneself or others of something that is believed to have a negative influence or control
- n.* a surgical procedure in which a section of the brain is removed or disconnected from the rest of the brain, often used as a treatment for mental illness in the past
- v.* to copy the speech, behavior, appearance, etc. of someone or something
- v.* to make someone or something active or vigorous again;
- n.* a neurological disorder characterized by recurrent seizures or convulsions, which can manifest in a variety of ways and be caused by various factors
- v.* to depict or describe someone or something in a painting, film, book, or other artistic work
- v.* to frequent or visit repeatedly, often in a way that is disturbing or unsettling; to occupy or fill the mind, often in a way that is unpleasant or persistent

ANSWERS: 129. electroencephalography, 130. exorcise, 131. lobotomy, 132. imitate, 133. resuscitate, 134. epilepsy, 135. portray, 136. haunt

ANSWERS:

Session 3: Fill in the Blanks

1. The _____ properties of this herb have been known to help with various ailments.
adj. of or relating to the treatment or cure of disease
2. The crowd's boos and jeers continued to _____ the performer long after the show ended.
v. to frequent or visit repeatedly, often in a way that is disturbing or unsettling; to occupy or fill the mind, often in a way that is unpleasant or persistent
3. The wound continued to _____ with pain, despite the medication.
v. to beat with a strong, regular rhythm, as a pulse or a heart
4. The flashing lights at the concert triggered her _____ and caused a seizure.
n. a neurological disorder characterized by recurrent seizures or convulsions, which can manifest in a variety of ways and be caused by various factors
5. He _____ the modus operandi of the famous phantom thief.
v. to copy the speech, behavior, appearance, etc. of someone or something
6. The economic recession _____ the housing market.
v. to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active
7. _____ surgery was once a common treatment for mental illness, but it is now considered unethical.
n. a surgical procedure in which a section of the brain is removed or disconnected from the rest of the brain, often used as a treatment for mental illness in the past

ANSWERS: 1. medicinal, 2. haunt, 3. throb, 4. epilepsy, 5. imitated, 6. depressed, 7. Lobotomy

8. The doctor noticed that the patient's skin had a _____ appearance, indicating a problem with the liver.

adj. having a yellowish or yellowish-green hue, especially as a symptom of liver disease; metaphorically, describing a prejudiced or cynical outlook or perspective

9. My left arm became _____.

adj. unable to feel physical sensation and movement; not showing human feeling or sensitivity

10. He is interested in the _____ rites of that religion.

adj. having spiritual powers or qualities that are beyond ordinary understanding;
(noun) someone who believes in the existence of realities beyond human comprehension

11. The patient had to undergo _____ therapy to treat their severe depression.

n. a medical treatment in which an electric current is passed through the brain to induce a seizure; also known as electroconvulsive therapy (ECT)

12. The farm had a herd of _____ animals, including cows and bulls.

adj. relating to or resembling cows or cattle; pertaining to the characteristics or behavior of bovines

13. The speaker's _____ boring presentation put everyone to sleep.

adv. extremely; causing or inspiring dread or fear; in a way that is very bad, unpleasant, or unfortunate

14. It's just a small fire, the firefighter said, in a classic _____.

n. an expression that describes something as less important or serious than it really is

ANSWERS: 8. jaundiced, 9. numb, 10. mystic, 11. electroshock, 12. bovine, 13. dreadfully, 14. understatement

15. Thankfully, the driver emerged from the accident _____.
- adj.* not harmed or injured; untouched or unharmed by a negative or dangerous situation
16. After months of job searching, he felt _____ and unsure of his future.
- adj.* having no hope; despairing; having no chance of success
17. She is an _____ technician skilled in performing EEG tests on patients.
- n.* (also "EEG") a diagnostic medical procedure that involves the use of electrodes placed on the scalp to measure and record the electrical activity of the brain often used to assess and diagnose various neurological conditions
18. The strong _____ scent filled the room as we opened the old chest.
- n.* a waxy white crystalline substance obtained from the wood of the camphor tree or synthesized chemically, often used in medical applications, as a fragrance, or for its insect-repellent properties
19. The project was on the _____ of success and needed a little more funding.
- n.* a pointed end, especially the pointed end of a crescent moon or the part of a curve that is most curved
20. She sipped her coffee slowly, grimacing when she accidentally tasted the bitter _____.
- n.* the sediments or remnants of a liquid, often referring to particles or impurities that settle at the bottom of a container; the least desirable or lowest quality parts or people in a group or society
21. Folk music is now experiencing a _____.
- n.* a new growth in activity or enthusiasm in anything, particularly art, literature, or music

ANSWERS: 15. unscathed, 16. hopeless, 17. electroencephalography, 18. camphor, 19. cusp, 20. dregs, 21. renaissance

22. The product developed through years of research continues to _____ the market.
- v. to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something
23. The priest performed a ritual to _____ the evil spirits from the haunted house.
- v. to expel or remove an evil or malicious spirit from a person, place, or object through a religious or spiritual ceremony; to rid oneself or others of something that is believed to have a negative influence or control
24. Too much variety may _____ and confuse viewers.
- v. to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
25. The field of _____ is constantly evolving, with new treatments and approaches being developed all the time.
- n. the branch of medicine concerned with the study, treatment, and prevention of mental illness
26. In ancient times, _____ removal was necessary to maintain sanitary living conditions in urban areas.
- n. a technical term for animal excrement or dung
27. The conditions of the prison were _____ and inhumane.
- adj. very bad, unpleasant, or causing fear
28. Benjamin Franklin proved that lightning is electricity through experiments with _____.
- n. a toy made of a light frame covered with cloth or plastic and joined to a long string that you fly in the air

ANSWERS: 22. electrify, 23. exorcise, 24. overwhelm, 25. psychiatry, 26. stercus, 27. dreadful, 28. kites

29. She has been taking _____ since her baby died.
n. any of a class of drugs used to reduce feelings of sadness and worry
30. The patient's _____ were a side effect of their medication.
n. a violent, involuntary contraction or shaking of the muscles, especially those in the limbs or face; a sudden, intense, and often violent disturbance or upheaval
31. The _____ is a serious threat to the farm's output.
n. an insect with wings similar to a butterfly that travels at night and is attracted to light
32. The _____ bird's call echoed through the forest.
n. a bird of the Cuculidae family, known for its distinctive call; (informally) a person who is crazy, eccentric, or foolish
33. The political landscape looks _____ without a change of administration.
adj. unlikely to be favorable; unpleasantly cold and damp; offering little or no hope
34. The venom from the snake bite _____ his arm.
v. to cause a person or part of the body to become unable to move or feel
35. The magician's disappearing act left the audience in _____.
n. a state of great surprise or wonder caused by something extraordinary or unexpected
36. I always _____ my dog after she swims in the lake.
v. to wash or immerse oneself or another person in the water or a liquid; to expose a part of the body to a natural element, such as sunlight or air

ANSWERS: 29. antidepressants, 30. convulsions, 31. moth, 32. cuckoo, 33. bleak, 34. paralyzed, 35. amazement, 36. bathe

37. He _____ in pain as the injury was severe.

- v. to experience a sudden and violent contraction of the muscles, often caused by pain, illness, or emotional distress, or to make someone or something do this

38. _____ I know the answer to that question.

- adv. by the way; as an aside or in passing

39. The manager tried to hear customers' voices _____.

- adv. from the source; directly; (adjective) received directly from a source

40. It is important to clean up after your pet when they _____ in public areas.

- v. to excrete waste material from the body through the anus; to pass feces

41. The dentist will _____ your mouth before removing your wisdom teeth.

- v. to administer a drug or other substance that causes a loss of sensation or consciousness, often to perform a medical procedure; to numb or dull a physical or emotional sensation

42. I love to _____ on popcorn while I watch a movie.

- v. to chew or eat something noisily, often with the sound of crunching or crunching

43. Her unconcealed _____ made us unpleasant.

- n. aggressive or unfriendly feelings or behavior

44. The _____ gardens were filled with exotic plants from all around the world.

- adj. relating to the study or science of plants; of, pertaining to, made from, or derived from plants

ANSWERS: 37. convulsed, 38. Incidentally, 39. firsthand, 40. defecate, 41. anesthetize, 42. munch, 43. hostility, 44. botanical

45. My dog loves to _____ on bones.

v. to crush or grind something, especially food, with the teeth and then swallow it

46. Her _____ behavior towards perfectionism often led to burnout.

adj. relating to or characterized by an obsession or excessive interest in a particular thing or activity; tending to dwell on or repeat certain thoughts or behaviors

47. The _____ patient was experiencing severe auditory hallucinations.

n. a severe mental disorder in which a person has a distorted view of reality and may experience hallucinations, delusions, and disordered thinking and behavior

48. While meditating, he had a _____ experience and felt a sense of unity with the universe.

adj. relating to or characterized by spiritual powers; beyond ordinary understanding

49. The company's _____ success has attracted many potential investors.

adj. capable of being demonstrated, proven, or shown; able to be observed or verified

50. The online marketplace warned customers to beware of _____ sellers trying to scam them.

n. someone who pretends to be someone or something else to deceive others; a fraud

51. She had to be _____ due to her injuries.

v. to admit someone to a hospital for medical treatment

52. He had a _____ because he was working through the night.

n. the fact of becoming ill or starting to misbehave again after making an improvement

ANSWERS: 45. chew, 46. obsessive, 47. schizophrenia, 48. mystical, 49. demonstrable, 50. impostor, 51. hospitalized, 52. relapse

53. He took _____ to help him deal with his accident trauma.
n. the treatment of mental or emotional problems by talking with a therapist
54. The product was found to be _____ as it failed to meet the customer's expectations.
adj. having no value or usefulness; not worth considering
55. They tried to _____ the ancient tradition.
v. to bring back to life or bring into existence again
56. He experienced cardiac arrest but was _____ yesterday.
v. to make someone or something active or vigorous again;
57. Many people practice the religious _____ of fasting during the holy month.
n. the act or practice of following or adhering to a custom, rule, tradition, or obligation; the act of closely watching or observing something
58. The couple shared a _____ moment at the amusement park, reminiscing about their childhoods.
adj. carefree and cheerful; free from anxiety or seriousness; playful or humorous
59. That supermarket tried to _____ certain costs by saving electricity.
v. to remove body hair with a razor; to cut the price of something
60. He _____ under his breath about the job relocation.
v. to speak or say something quietly and in a low voice; to make complaining remarks or noises under one's breath
61. Research shows that damage to the _____ cortex leads to increased aggression.
adj. in or about the foremost part of the frontal lobe of the brain

ANSWERS: 53. psychotherapy, 54. worthless, 55. resurrect, 56. resuscitated, 57. observance, 58. lighthearted, 59. shave, 60. muttered, 61. prefrontal

62. She couldn't stop her leg from _____ nervously.

- v.* to make a sudden and quick movement with a part of the body; (noun) a sudden, small, jerky movement of a muscle or part of the body

63. We often _____ political problems as religious issues.

- v.* to depict or describe someone or something in a painting, film, book, or other artistic work

64. Gambling became an _____ for him, and he eventually lost everything.

- n.* the state in which a person's mind is filled with thoughts of one single object or particular person

65. He spoke in _____ and no one could understand what he was trying to say.

- n.* unintelligible or nonsensical language or speech; meaningless or difficult to comprehend talk or writing

66. The team demonstrated great resilience in the face of _____ and won the game.

- n.* difficulties or hardships that someone faces

67. After drinking heavily, he fell into a deep _____ and could hardly be woken up.

- n.* a state of near-unconsciousness or insensibility; a dazed or partially unconscious condition often resulting from the influence of drugs or alcohol

68. The lion's _____ roar could be heard from miles away.

- adj.* very fierce, savage, or cruel

ANSWERS: 62. twitching, 63. portray, 64. obsession, 65. gibberish, 66. adversity, 67. stupor, 68. ferocious