# **Englist.me**

# Vocabulary Builder Reference from...

Aubrey de Grey: A roadmap to end aging | TED Talk https://www.ted.com/talks/aubrey\_de\_grey\_a\_roadmap\_to\_end\_aging



# **Advanced Words Only**

#### **IMPORTANT**

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# **Session 1: Word List**

#### fatalism

n. the belief that all events, including human actions, are predetermined and inevitable; the acceptance of fate or destiny without resistance

synonym: determinism, inevitability

(1) fatalism philosophy, (2) cultural fatalism

Society's deep-rooted **fatalism** made it difficult for progress to be made.

#### spade

 a gardening tool with a flat, pointed blade used for digging, planting, and moving soil

synonym: shovel, scoop, hoe

(1) **spade** blade, (2) dig with a **spade** 

I used an iron **spade** to dig a hole for the new tree in the backyard.

#### frail

adj. weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength

synonym: weak, delicate, fragile

(1) frail body, (2) frail condition

My grandfather's health has declined, and he is now quite frail.

#### trance

n. a state of altered consciousness in which a person may seem to be asleep or unconscious but, in reality, is

highly responsive to suggestion; a state of being deeply absorbed in thought or feeling, often characterized by a heightened awareness of one's surroundings and emotions

synonym: stupor, hypnosis, daydreaming

(1) **trance** state, (2) meditative **trance** 

The rhythmic beat of the drums kept the audience in a **trance**.

#### valueless

adj. without any value or worth; worthless; having no significance or importance

synonym: worthless, meaningless, value-free

(1) valueless opinion, (2) valueless asset

The old sofa was valueless and had to be thrown away.

#### turbulence

 a state of great disturbance, confusion, or uncertainty, often accompanied by violent or disruptive activity or behavior, such as air turbulence during a flight

*synonym*: choppiness, tumult, agitation

(1) financial **turbulence**, (2) emotional **turbulence**The ride on the rollercoaster was full of dips and turns, creating a feeling of **turbulence**.

# outweigh

v. to be heavier, more significant, or more critical than something

*synonym*: dominate, outrank, overpower

(1) **outweigh** the benefit, (2) **outweigh** our wishes The advantages would undoubtedly **outweigh** the disadvantages.

#### downside

 the negative aspects or consequences of something; the potential for loss or failure

synonym: drawback, negative, disadvantage

(1) major **downside**, (2) **downside** of globalization

The **downside** of the new policy was that it would be more expensive for customers.

#### condemn

- v. to express strong disapproval or criticism of something synonym: criticize, denounce, censure
- (1) **condemn** violence, (2) **condemn** crime

  The government was **condemned** for its handling of the crisis.

# overpopulation

 a situation in which the number of people or living organisms in a particular area or environment exceeds the carrying capacity or resources of that area or environment

synonym: population explosion, demographic burden, overcrowding

(1) **overpopulation** problem, (2) **overpopulation** crisis Many animal species are at risk of extinction due to human **overpopulation** and habitat destruction.

fudge

n. a sweet candy made of sugar, butter, and milk or cream; an act of adjusting, manipulating, or distorting something to make it more favorable or acceptable; (verb) to manipulate or alter something deceptively or dishonestly, especially data or information

synonym: candy, confection, fakery

(1) chocolate **fudge**, (2) **fudge** the truth during the interview The movie was a complete **fudge** and a waste of time.

entitle

v. to give someone the right to have or do something; to give a title to someone or something

synonym: allow, permit, enable

(1) **entitle** him to a pension, (2) **entitle** the company to use the logo

The employee was **entitled** to a week of vacation time.

vacillate

v. to alternate or waver between different opinions, actions, or directions; to be indecisive

synonym: hesitate, waver, vibrate

(1) **vacillate** between hope and despair, (2) **vacillate** in behavior

I vacillate between different opinions, never quite sure which one is right.

#### indefinite

adj. without any fixed or defined limit; vague or unclear; lasting for an unknown or unspecified period of time

synonym: unclear, uncertain, ambiguous

(1) indefinite period, (2) indefinite number

The company's financial troubles have resulted in an **indefinite** hiring freeze.

#### immoral

adj. not conforming to accepted society's standards of honesty or morality

synonym: unethical, wicked, corrupt

(1) immoral behavior, (2) politically immoral

It is **immoral** to cheat on a test.

# ghastly

adj. causing great horror or fear; shockingly unpleasant or bad

synonym: horrifying, dreadful, terrifying

(1) ghastly sight, (2) ghastly mistake

The child's **ghastly** scream echoed through the haunted house.

# agitate

 to disturb or upset someone's emotions, peace, or tranquility; to stir or shake something up, often to mix or dissolve it

synonym: disturb, unsettle, ruffle

(1) **agitate** a mixture, (2) **agitate** for independence The loud noise from the construction site next door continued to **agitate** the residents of the apartment building.

# evangelical

adj. relating to or advocating a form of Protestant Christianity that emphasizes personal conversion and faith over religious rituals and central authority within the church

synonym: proselytizing, evangelistic, missionary

(1) **evangelical** mission, (2) **evangelical** Christian group The **evangelical** pastor delivered a powerful sermon to his

### congregation.

# tautological

adj. characterized by repeating the same idea in different words or phrases; involving unnecessary repetition or redundancy

synonym: repetitive, redundant, circular

(1) **tautological** statement, (2) **tautological** reasoning Saying "old antique" is **tautological** since antiques are already old by definition.

#### inanimate

adj. not having life or spirit; not animatesynonym: lifeless, inert, passive

(1) **inanimate** nature, (2) **inanimate** matter

The **inanimate** object was not capable of movement or feeling.

# postpone

- v. to delay or reschedule something to a later time or date synonym: delay, defer, reschedule
- (1) **postpone** meeting, (2) **postpone** event

  Due to inclement weather, the game has been **postponed**until next week.

# gerontology

 n. the scientific study of aging and the processes and problems associated with it, including the physical, mental, and social changes that occur as people grow older

synonym: ageing studies, geriatric medicine

(1) clinical **gerontology**, (2) **gerontology** conference The latest research from the **gerontology** department sheds light on the effects of diet on cognitive decline.

# geriatrics

 a branch of medicine specializing in the healthcare of elderly individuals, including the diagnosis, treatment, and prevention of diseases and conditions that affect older adults

synonym: senescence, old age, elderly care

(1) **geriatrics** clinic, (2) **geriatrics** specialist

The **geriatrics** department focuses on the healthcare needs of elderly patients.

#### pitiful

adj. making people feel sorrow or sympathy; very small or poor

synonym: miserable, contemptible, sorry

(1) a pitiful fate, (2) cast pitiful eyes

We heard their **pitiful** laments throughout the night.

#### ironclad

adj. very strong and effective, particularly in the face of challenge or opposition; (of a vessel) covered or protected by iron plates for defense against attack

synonym: impenetrable, invulnerable, armored

(1) ironclad guarantee, (2) ironclad evidence

The **ironclad** contract ensured that both parties would fulfill their obligations.

#### confer

v. to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something

synonym: consult, meet, discuss

(1) confer degree, (2) confer honor

The leaders of the two countries met to **confer** on the issue.

# rejuvenate

v. to make someone or something look or feel younger, fresher, or more lively

synonym: revitalize, renew, refresh

(1) **rejuvenate** a downtown area, (2) **rejuvenate** energy The spa treatment promised to **rejuvenate** her skin and leave her feeling refreshed.

#### cusp

n. a pointed end, especially the pointed end of a crescent moon or the part of a curve that is most curved

synonym: point, apex, tip

(1) **cusp** of change, (2) a single **cusp** 

The project was on the **cusp** of success and needed a little more funding.

#### improvisation

 the act of making something up on the spot or creating or performing something without preparation

*synonym*: spontaneity, ad-lib, extemporization

(1) **improvisation** on stage, (2) jazz **improvisation** 

He created a beautiful piece of music using only improvisation.

# imperfectly

adv. in a faulty or incomplete way

synonym: amiss, insufficiently, clumsily

(1) **imperfectly** developed, (2) **imperfectly** known disease

He created an **imperfectly** shaped torso.

# longevity

 the property of being long-lived; significant duration of service

synonym: seniority, endurance

(1) longevity crisis, (2) longevity genes

He is proud of the **longevity** of the business.

# trajectory

 the curved path followed by an object moving through space

synonym: course, curve, orbit

(1) career trajectory, (2) a trajectory missile

The company has shown an excellent growth **trajectory** over the years.

# irrespective

adv. without taking something into account; regardless of synonym: heedless, inattentive, regardless

(1) **irrespective** of age, (2) **irrespective** of his will

Our company hires **irrespective** of national origin.

#### catastrophe

- n. a sudden event that causes extreme ruin and misfortunesynonym: disaster, calamity, cataclysm
- (1) **catastrophe** risk management, (2) avoid climate **catastrophe**

The lack of funds has resulted in a **catastrophe** for our university system.

### imaginative

adj. having or showing new and creative ideas

synonym: creative, innovative, inventive

(1) capable of **imaginative** creation, (2) **imaginative** as a child

She is a hard worker but not very **imaginative**.

#### treble

 n. the highest vocal or instrumental register, typically performed by a woman or child; a high-pitched sound or tone; three times as much of something or threefold

synonym: soprano, triple, triad

(1) treble clef, (2) treble booster

The soprano singer hit a piercing **treble** note during the performance.

# lifespan

 the length of time for which a person, animal lives, or thing exists

synonym: duration, lifetime, continuance

(1) **lifespan** extension, (2) **lifespan** retrieval curve Generally speaking, men have a shorter **lifespan** than women.

# humming

adj. producing a continuous, low, vibrating sound like that of the bee

synonym: buzzing, droning, vibrating

(1) **humming** sound, (2) **humming** bird

The **humming** of the bees filled the air as she walked through the garden.

# secondly

adv. used to introduce the second point or item in a list or series of statements, considerations, etc.

synonym: in the second place, next, subsequently

(1) **secondly** connected, (2) **secondly**, it is important Firstly, we will discuss the budget; **secondly**, we will go over the schedule.

# speculate

v. to form a theory or conjecture or guess about a subject without solid evidence

synonym: assume, conjecture, infer

(1) **speculate** about the reason, (2) **speculate** on the outcome

He **speculated** that this investment would lead to success.

# irresponsible

*adj.* not showing a proper sense of responsibility; not reliable *synonym*: careless, reckless, thoughtless

(1) **irresponsible** actions, (2) **irresponsible** behavior It was **irresponsible** of him to drive home after drinking so much alcohol.

#### underestimate

v. to think or suppose that a quantity, price, or size is smaller than it is

synonym: underrate, misjudge, miscalculate

(1) **underestimate** an enemy, (2) **underestimate** the probability

They frequently **underestimated** their abilities and felt inferior.

#### ambivalent

adj. having mixed or conflicting feelings or attitudes towards something or someone; uncertainty or indecision about what course of action to take

synonym: conflicted, indecisive, unsure

(1) **ambivalent** feelings, (2) **ambivalent** attitude
I feel **ambivalent** about attending the party since I don't know anyone there.

# pathogen

 a bacterium, virus, or other microorganism that causes disease

synonym: germ, microbe, bacterium

(1) plant **pathogen**, (2) the **pathogen** in the air mRNA vaccines are approved faster because they do not contain inactivated **pathogens**.

#### mitochondria

n. (singular: mitochondrion) an organelle (= a specialized part of a cell) found in large numbers in most cells that produce energy for the cell by breaking down food

(1) a membrane of a **mitochondria**, (2) healthy **mitochondria** 

**Mitochondria** DNA is used to trace human lineage and migration footprints.

# proteolysis

 the process of breaking down proteins into smaller polypeptides or individual amino acids, often through enzymatic reactions

synonym: protein breakdown, protein degradation

(1) **proteolysis** process, (2) regulation of **proteolysis** Excessive **proteolysis** in the body can lead to muscle wasting and weakness.

# dissatisfy

- v. to fail to satisfy someonesynonym: disappoint, disgruntle, dishearten
- (1) **dissatisfy** the users with bugs, (2) **dissatisfy** people with service

The company's results **dissatisfy** everyone.

# optimism

n. a feeling or the belief that good things will happen, or the quality of being full of hope and emphasizing the positive aspects of a situation

synonym: positiveness, sanguinity, bullishness

(1) sense of **optimism**, (2) political **optimism**There is considerable **optimism** that the economy will recover soon.

#### innovate

- v. to introduce new methods, ideas, or products synonym: bring in, introduce, found
- (1) **innovate** a new method, (2) **innovate** the quality of his life

Companies developing self-driving cars consistently **innovate** the emerging technologies.

# philanthropic

adj. characterized by a desire to promote the welfare of others, especially by donating money or providing

charitable aid; of or relating to the practice of philanthropy

synonym: charitable, benevolent, generous

(1) **philanthropic** donation, (2) **philanthropic** mission

The **philanthropic** organization donated millions of dollars to fund medical research.

#### distract

 to draw someone's attention away from what they are trying to do

synonym: divert, preoccupy, confuse

(1) **distract** attention from the real issue, (2) **distract** public opinion

Please don't **distract** me while I'm studying.

# specie

 coins or notes in a currency, as distinct from paper money; a chemical substance or group made up of identical molecules

synonym: coinage, mintage

(1) specie reserve, (2) ground-state specie

The store only accepts payment in cash, no credit or debit cards, only **specie**.

# procreation

- n. the act or process of producing offspring; reproductionsynonym: progeny, offspring, breeding
- (1) **procreation** instinct, (2) natural **procreation**The use of contraception can significantly impact the rate of **procreation** within a population.

#### telomerase

- n. an enzyme that is responsible for maintaining the length of telomeres, which are protective structures at the ends of chromosomes, and which prevents the shortening of telomeres during cell division, allowing cells to divide and replicate properly
- (1) **telomerase** activity, (2) **telomerase** inhibition Studies have suggested that **telomerase** dysfunction may contribute to cellular aging.

#### **immortality**

- n. the state or quality of being able to live or last foreversynonym: endless life, timelessness, agelessness
- (1) the **immortality** of the soul, (2) achieve **immortality** Many people believe in the concept of **immortality** and an afterlife.

# advantageous

*adj.* providing a benefit or advantage; favorable or beneficial *synonym*: beneficial, favorable, profitable

(1) advantageous conditions, (2) advantageous interest rate

The new job opportunity offered by the company is highly advantageous.

# sophistication

 the quality or state of having a great deal of worldly experience; the quality or state of being intellectually or culturally refined

synonym: refinement, culture, elegance

(1) cultural **sophistication**, (2) linguistic **sophistication**The new technology added a level of **sophistication** to the manufacturing process.

#### passe

adj. no longer fashionable or current; outdated; considered to be old-fashioned or out of date

synonym: outdated, old-fashioned, antique

(1) passe entertainment, (2) passe trend

Bell-bottom jeans, once considered **passe** fashion, have made a surprising comeback in recent years.

#### modulate

v. to change the key, style, loudness, etc., of something in music to create a particular effect; to fix or adjust the time, amount, degree, or rate of something

synonym: regulate, inflect, adjust

(1) **modulate** the function, (2) **modulate** from one key to another

These chemicals **modulate** the effect of metabolism.

#### immortal

 adj. having eternal or never-ending life; living forever; incapable of dying; having enduring fame or lasting significance

synonym: eternal, everlasting, undying

(1) immortal soul, (2) immortal love

Legends often describe mythical creatures as **immortal** beings.

#### motorbike

a lightweight, two-wheeled vehicle with an engine designed for use on roads; also known as a motorcycle

synonym: motorcycle, bike, two-wheeler

(1) motorbike ride, (2) stolen motorbike

She identified the **motorbike** thief using the CCTV footage.

#### numb

adj. unable to feel physical sensation and movement; not showing human feeling or sensitivity

synonym: dazed, insensitive, emotionless

(1) **numb** with cold, (2) a **numb** mind

My left arm became numb.

#### neuron

 a cell that is specialized to carry information within the brain and between the brain and other parts of the body

synonym: nerve cell

(1) excite the **neurons**, (2) **neuron** cell body

Our body transfers information along each **neuron** using an electrical impulse.

# degrade

v. to make something worse, especially in quality; to show or treat someone in a way that makes them seem no value and do not have the respect or reasonable opinion of others

*synonym*: demean, disgrace, impair

(1) **degrade** his public image, (2) **degrade** environmental quality

You should not **degrade** yourself by allowing them to use you.

### oversimplify

- v. to describe or explain something in a way that is too simple and no longer holds true
- (1) **oversimplify** the problem, (2) **oversimplify** a complex reality

People may **oversimplify** natural phenomena due to the improved accessibility of knowledge.

# hydra

n. a freshwater polyp with a tubular body and several tentacles; (of mythology) a serpentine monster with many heads that regrow when cut off; a problem or a situation that is difficult to overcome because it multiplies or gets worse as soon as one aspect of it is solved or eliminated

synonym: monster, serpent

(1) **hydra-headed** problem, (2) antibacterial **hydra**The new software system was a **hydra** of complications, with one problem leading to another.

# **Session 2: Spelling**

1.	rejte energy	<i>v</i> .	to make someone or something look or feel younger, fresher, or more lively
2.	oveify the problem	<i>v</i> .	to describe or explain something in a way that is too simple and no longer holds true
3.	disfy people with service	<i>v</i> .	to fail to satisfy someone
4.	mote from one key to another	v.	to change the key, style, loudness, etc., of something in music to create a particular effect; to fix or adjust the time, amount, degree, or rate of something
5.	capable of imave creation	adj.	having or showing new and creative ideas
6.	ghy sight	adj.	causing great horror or fear; shockingly unpleasant or bad
7.	con violence	ν.	to express strong disapproval or criticism of something
8.	vate in behavior	<i>v</i> .	to alternate or waver between different opinions, actions, or directions; to be indecisive
9.	tre booster	n.	the highest vocal or instrumental register, typically performed by a woman or child; a high-pitched sound or tone; three times as much of something or threefold
10.	spe reserve	n.	coins or notes in a currency, as distinct from paper money; a chemical substance or group made up of identical molecules

ANSWERS: 1. rejuvenate, 2. oversimplify, 3. dissatisfy, 4. modulate, 5. imaginative, 6. ghastly, 7. condemn, 8. vacillate, 9. treble, 10. specie

11.	vate between hope and despair	v.	to alternate or waver between different opinions, actions, or directions; to be indecisive
12.	imply developed	adv.	in a faulty or incomplete way
13.	n_b with cold	adj.	unable to feel physical sensation and movement; not showing human feeling or sensitivity
14.	a nb mind	adj.	unable to feel physical sensation and movement; not showing human feeling or sensitivity
15.	advous conditions	adj.	providing a benefit or advantage; favorable or beneficial
16.	ambnt feelings	adj.	having mixed or conflicting feelings or attitudes towards something or someone; uncertainty or indecision about what course of action to take
17.	dig with a spe	n.	a gardening tool with a flat, pointed blade used for digging, planting, and moving soil
18.	antibacterial hya	n.	a freshwater polyp with a tubular body and several tentacles; (of mythology) a serpentine monster with many heads that regrow when cut off; a problem or a situation that is difficult to overcome because it multiplies or gets worse as soon as one aspect of it is solved or eliminated
19.	plant paen	n.	a bacterium, virus, or other microorganism that causes disease
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ANSWERS: 11. vacillate, 12. imperfectly, 13. numb, 14. numb, 15. advantageous, 16. ambivalent, 17. spade, 18. hydra, 19. pathogen

20.	avoid climate cathe	n.	a sudden event that causes extreme ruin and misfortune
21.	cultural fasm	n.	the belief that all events, including human actions, are predetermined and inevitable; the acceptance of fate or destiny without resistance
22.	ough the benefit	<i>v</i> .	to be heavier, more significant, or more critical than something
23.	con crime	<i>v</i> .	to express strong disapproval or criticism of something
24.	cor honor	<i>v</i> .	to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
25.	imal soul	adj.	having eternal or never-ending life; living forever; incapable of dying; having enduring fame or lasting significance
26.	telse activity	n.	an enzyme that is responsible for maintaining the length of telomeres, which are protective structures at the ends of chromosomes, and which prevents the shortening of telomeres during cell division, allowing cells to divide and replicate properly
27.	a membrane of a mitria	n.	(singular: mitochondrion) an organelle (= a specialized part of a cell) found in large numbers in most cells that produce energy for the cell by breaking down food
28.	healthy mitria	n.	(singular: mitochondrion) an organelle (= a specialized part of a cell) found in large numbers in most cells that produce energy for the cell by breaking down food

ANSWERS: 20. catastrophe, 21. fatalism, 22. outweigh, 23. condemn, 24. confer, 25. immortal, 26. telomerase, 27. mitochondria, 28. mitochondria

29.	pone event	<i>v</i> .	to delay or reschedule something to a later time or date
30.	sely connected	adv.	used to introduce the second point or item in a list or series of statements, considerations, etc.
31.	tre clef	n.	the highest vocal or instrumental register, typically performed by a woman or child; a high-pitched sound or tone; three times as much of something or threefold
32.	a trary missile	n.	the curved path followed by an object moving through space
33.	stolen moke	n.	a lightweight, two-wheeled vehicle with an engine designed for use on roads; also known as a motorcycle
34.	meditative tre	n.	a state of altered consciousness in which a person may seem to be asleep or unconscious but, in reality, is highly responsive to suggestion; a state of being deeply absorbed in thought or feeling, often characterized by a heightened awareness of one's surroundings and emotions
35.	lian extension	n.	the length of time for which a person, animal lives, or thing exists
36.	excite the nens	n.	a cell that is specialized to carry information within the brain and between the brain and other parts of the body
37.	dict public opinion	<i>v</i> .	to draw someone's attention away from what they are trying to do

ANSWERS: 29. postpone, 30. secondly, 31. treble, 32. trajectory, 33. motorbike, 34. trance, 35. lifespan, 36. neuron, 37. distract

	fue the truth during the interview		a sweet candy made of sugar, butter, and milk or cream; an act of adjusting, manipulating, or distorting something to make it more favorable or acceptable; (verb) to manipulate or alter something deceptively or dishonestly, especially data or information
39.	linguistic sopion	n.	the quality or state of having a great deal of worldly experience; the quality or state of being intellectually or culturally refined
40.	a piI fate	adj.	making people feel sorrow or sympathy; very small or poor
41.	imply known disease	adv.	in a faulty or incomplete way
42.	taucal statement	adj.	characterized by repeating the same idea in different words or phrases; involving unnecessary repetition or redundancy
43.	regulation of prois	n.	the process of breaking down proteins into smaller polypeptides or individual amino acids, often through enzymatic reactions
44.	indte period	adj.	without any fixed or defined limit; vague or unclear; lasting for an unknown or unspecified period of time
45.	impion on stage	n.	the act of making something up on the spot or creating or performing something without preparation
46.	taucal reasoning	adj.	characterized by repeating the same idea in different words or phrases; involving unnecessary repetition or redundancy

ANSWERS: 38. fudge, 39. sophistication, 40. pitiful, 41. imperfectly, 42. tautological, 43. proteolysis, 44. indefinite, 45. improvisation, 46. tautological

47.	age for independence	ν.	to disturb or upset someone's emotions, peace, or tranquility; to stir or shake something up, often to mix or dissolve it
48.	phipic mission	adj.	characterized by a desire to promote the welfare of others, especially by donating money or providing charitable aid; of or relating to the practice of philanthropy
49.	politically imI	adj.	not conforming to accepted society's standards of honesty or morality
50.	undate an enemy	<i>v</i> .	to think or suppose that a quantity, price, or size is smaller than it is
51.	advous interest rate	adj.	providing a benefit or advantage; favorable or beneficial
52.	irrble actions	adj.	not showing a proper sense of responsibility; not reliable
53.	a single cp	n.	a pointed end, especially the pointed end of a crescent moon or the part of a curve that is most curved
54.	cast piI eyes	adj.	making people feel sorrow or sympathy; very small or poor
55.	prois process	n.	the process of breaking down proteins into smaller polypeptides or individual amino acids, often through enzymatic reactions
56.	loty genes	<i>n</i> .	the property of being long-lived; significant duration of service
57.	vass asset	adj.	without any value or worth; worthless; having no significance or importance

ANSWERS: 47. agitate, 48. philanthropic, 49. immoral, 50. underestimate, 51. advantageous, 52. irresponsible, 53. cusp, 54. pitiful, 55. proteolysis, 56. longevity, 57. valueless

58.	jazz impion	n.	the act of making something up on the spot or creating or performing something without preparation
59.	irrive of age	adv.	without taking something into account; regardless of
60.	evaal Christian group	adj.	relating to or advocating a form of Protestant Christianity that emphasizes personal conversion and faith over religious rituals and central authority within the church
61.	sely, it is important	adv.	used to introduce the second point or item in a list or series of statements, considerations, etc.
62.	imave as a child	adj.	having or showing new and creative ideas
63.	imI behavior	adj.	not conforming to accepted society's standards of honesty or morality
64.	dee his public image	v.	to make something worse, especially in quality; to show or treat someone in a way that makes them seem no value and do not have the respect or reasonable opinion of others
65.	imal love	adj.	having eternal or never-ending life; living forever; incapable of dying; having enduring fame or lasting significance
66.	irad evidence	adj.	very strong and effective, particularly in the face of challenge or opposition; (of a vessel) covered or protected by iron plates for defense against attack

ANSWERS: 58. improvisation, 59. irrespective, 60. evangelical, 61. secondly, 62. imaginative, 63. immoral, 64. degrade, 65. immortal, 66. ironclad

67.	vass opinion	adj.	without any value or worth; worthless; having no significance or importance
68.	disfy the users with bugs	ν.	to fail to satisfy someone
69.	irrble behavior	adj.	not showing a proper sense of responsibility; not reliable
70.	pae trend	adj.	no longer fashionable or current; outdated; considered to be old-fashioned or out of date
71.	gercs clinic	n.	a branch of medicine specializing in the healthcare of elderly individuals, including the diagnosis, treatment, and prevention of diseases and conditions that affect older adults
72.	ghy mistake	adj.	causing great horror or fear; shockingly unpleasant or bad
73.	loty crisis	<i>n</i> .	the property of being long-lived; significant duration of service
74.	cp of change	n.	a pointed end, especially the pointed end of a crescent moon or the part of a curve that is most curved
75.	emotional turce	n.	a state of great disturbance, confusion, or uncertainty, often accompanied by violent or disruptive activity or behavior, such as air turbulence during a flight
76.	political opsm	n.	a feeling or the belief that good things will happen, or the quality of being full of hope and emphasizing the positive aspects of a situation
77.	undate the probability	<i>v</i> .	to think or suppose that a quantity, price, or size is smaller than it is

ANSWERS: 67. valueless, 68. dissatisfy, 69. irresponsible, 70. passe, 71. geriatrics, 72. ghastly, 73. longevity, 74. cusp, 75. turbulence, 76. optimism, 77. underestimate

78.	oveify a complex reality	ν.	to describe or explain something in a way that is too simple and no longer holds true
79.	inte nature	adj.	not having life or spirit; not animate
80.	inte a new method	<i>v</i> .	to introduce new methods, ideas, or products
81.	the paen in the air	n.	a bacterium, virus, or other microorganism that causes disease
82.	pone meeting	<i>v</i> .	to delay or reschedule something to a later time or date
83.	spe blade	n.	a gardening tool with a flat, pointed blade used for digging, planting, and moving soil
84.	proon instinct	n.	the act or process of producing offspring; reproduction
85.	achieve immty	n.	the state or quality of being able to live or last forever
86.	cor degree	v.	to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
87.	chocolate fue	n.	a sweet candy made of sugar, butter, and milk or cream; an act of adjusting, manipulating, or distorting something to make it more favorable or acceptable; (verb) to manipulate or alter something deceptively or dishonestly, especially data or information
88.	lian retrieval curve	n.	the length of time for which a person, animal lives, or thing exists

ANSWERS: 78. oversimplify, 79. inanimate, 80. innovate, 81. pathogen, 82. postpone, 83. spade, 84. procreation, 85. immortality, 86. confer, 87. fudge, 88. lifespan

89.	gercs specialist	n.	a branch of medicine specializing in the healthcare of elderly individuals, including the diagnosis, treatment, and prevention of diseases and conditions that affect older adults
90.	ground-state spe	n.	coins or notes in a currency, as distinct from paper money; a chemical substance or group made up of identical molecules
91.	oveion problem	n.	a situation in which the number of people or living organisms in a particular area or environment exceeds the carrying capacity or resources of that area or environment
92.	evaal mission	adj.	relating to or advocating a form of Protestant Christianity that emphasizes personal conversion and faith over religious rituals and central authority within the church
93.	ough our wishes	<i>v</i> .	to be heavier, more significant, or more critical than something
94.	telse inhibition	n.	an enzyme that is responsible for maintaining the length of telomeres, which are protective structures at the ends of chromosomes, and which prevents the shortening of telomeres during cell division, allowing cells to divide and replicate properly
95.	ene the company to use the logo	<i>v</i> .	to give someone the right to have or do something; to give a title to someone or something

ANSWERS: 89. geriatrics, 90. specie, 91. overpopulation, 92. evangelical, 93. outweigh, 94. telomerase, 95. entitle

96. clinical gergy	n.	the scientific study of aging and the processes and problems associated with it, including the physical, mental, and social changes that occur as people grow older
97. tre state	n.	a state of altered consciousness in which a person may seem to be asleed or unconscious but, in reality, is highly responsive to suggestion; a state of being deeply absorbed in thought or feeling, often characterized by a heightened awareness of one's surroundings and emotions
98. mote the function	ν.	to change the key, style, loudness, etc. of something in music to create a particular effect; to fix or adjust the time amount, degree, or rate of something
99. major dode	n.	the negative aspects or consequences of something; the potential for loss or failure
100. hug sound	adj.	producing a continuous, low, vibrating sound like that of the bee
101. financial turce	n.	a state of great disturbance, confusion, or uncertainty, often accompanied by violent or disruptive activity or behavior such as air turbulence during a flight
102. pae entertainment	adj.	no longer fashionable or current; outdated; considered to be old-fashioned or out of date
103. ene him to a pension	ν.	to give someone the right to have or do something; to give a title to someone o something

ANSWERS: 96. gerontology, 97. trance, 98. modulate, 99. downside, 100. humming, 101. turbulence, 102. passe, 103. entitle

104. frl body	adj.	weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength
105. gergy conference	n.	the scientific study of aging and the processes and problems associated with it, including the physical, mental, and social changes that occur as people grow older
106. sense of opsm	n.	a feeling or the belief that good things will happen, or the quality of being full of hope and emphasizing the positive aspects of a situation
107. moke ride	n.	a lightweight, two-wheeled vehicle with an engine designed for use on roads; also known as a motorcycle
108. irad guarantee	adj.	very strong and effective, particularly in the face of challenge or opposition; (of a vessel) covered or protected by iron plates for defense against attack
109. phipic donation	adj.	characterized by a desire to promote the welfare of others, especially by donating money or providing charitable aid; of or relating to the practice of philanthropy
110. indte number	adj.	without any fixed or defined limit; vague or unclear; lasting for an unknown or unspecified period of time
111. hug bird	adj.	producing a continuous, low, vibrating sound like that of the bee
112. irrive of his will	adv.	without taking something into account; regardless of

ANSWERS: 104. frail, 105. gerontology, 106. optimism, 107. motorbike, 108. ironclad, 109. philanthropic, 110. indefinite, 111. humming, 112. irrespective

113. rejte a downtown area	<i>v</i> .	to make someone or something look or feel younger, fresher, or more lively
114. natural proon	n.	the act or process of producing offspring; reproduction
115. dode of globalization	n.	the negative aspects or consequences of something; the potential for loss or failure
116. the immty of the soul	n.	the state or quality of being able to live or last forever
117. hya-headed problem	n.	a freshwater polyp with a tubular body and several tentacles; (of mythology) a serpentine monster with many heads that regrow when cut off; a problem or a situation that is difficult to overcome because it multiplies or gets worse as soon as one aspect of it is solved or eliminated
118. age a mixture	v.	to disturb or upset someone's emotions, peace, or tranquility; to stir or shake something up, often to mix or dissolve it
119. career trary	n.	the curved path followed by an object moving through space
120. dee environmental quality	v.	to make something worse, especially in quality; to show or treat someone in a way that makes them seem no value and do not have the respect or reasonable opinion of others
121. inte the quality of his life	<i>v</i> .	to introduce new methods, ideas, or products

ANSWERS: 113. rejuvenate, 114. procreation, 115. downside, 116. immortality, 117. hydra, 118. agitate, 119. trajectory, 120. degrade, 121. innovate

122.	dict attention from the real issue	<i>v</i> .	to draw someone's attention away from what they are trying to do
123.	oveion crisis	n.	a situation in which the number of people or living organisms in a particular area or environment exceeds the carrying capacity or resources of that area or environment
124.	frI condition	adj.	weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength
125.	cathe risk management	n.	a sudden event that causes extreme ruin and misfortune
126.	spte on the outcome	<i>v</i> .	to form a theory or conjecture or guess about a subject without solid evidence
127.	inte matter	adj.	not having life or spirit; not animate
128.	nen cell body	n.	a cell that is specialized to carry information within the brain and between the brain and other parts of the body
129.	cultural sopion	n.	the quality or state of having a great deal of worldly experience; the quality or state of being intellectually or culturally refined
130.	ambnt attitude	adj.	having mixed or conflicting feelings or attitudes towards something or someone; uncertainty or indecision about what course of action to take
131.	spte about the reason	<i>v</i> .	to form a theory or conjecture or guess about a subject without solid evidence

ANSWERS: 122. distract, 123. overpopulation, 124. frail, 125. catastrophe, 126. speculate, 127. inanimate, 128. neuron, 129. sophistication, 130. ambivalent, 131. speculate

132. fa\_\_\_sm philosophy

 n. the belief that all events, including human actions, are predetermined and inevitable; the acceptance of fate or destiny without resistance

ANSWERS: 132. fatalism

# **Session 3: Fill in the Blanks**

<ol> <li>My grandfather's health has declined, and he is now quite</li> </ol>
adj. weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength
2. The pastor delivered a powerful sermon to his congregation.
adj. relating to or advocating a form of Protestant Christianity that emphasizes personal conversion and faith over religious rituals and central authority within the church
3. The advantages would undoubtedly the disadvantages.
v. to be heavier, more significant, or more critical than something
4. Due to inclement weather, the game has been until next week.
v. to delay or reschedule something to a later time or date
5. The store only accepts payment in cash, no credit or debit cards, only
<ul> <li>coins or notes in a currency, as distinct from paper money; a chemical substance or group made up of identical molecules</li> </ul>
6. It was of him to drive home after drinking so much alcohol.
adj. not showing a proper sense of responsibility; not reliable
7. Bell-bottom jeans, once considered fashion, have made a surprising comeback in recent years.
adj. no longer fashionable or current; outdated; considered to be old-fashioned or out of date
ANSWERS: 1. frail, 2. evangelical, 3. outweigh, 4. postponed, 5. specie, 6. irresponsible, 7. passe

ANSWERS: 8. entitled, 9. improvisation, 10. lifespan, 11. indefinite, 12. trance, 13. immoral, 14. ghastly, 15. numb

ANSWERS: 16. tautological, 17. modulate, 18. neuron, 19. optimism, 20. irrespective, 21. degrade, 22. immortality, 23. agitate

ANSWERS: 24. philanthropic, 25. fudge, 26. humming, 27. dissatisfy, 28. hydra, 29. motorbike, 30. fatalism

31.	I feel about attending the party since I don't know anyone there.
adj.	having mixed or conflicting feelings or attitudes towards something or someone; uncertainty or indecision about what course of action to take
32.	The old sofa was and had to be thrown away.
adj.	without any value or worth; worthless; having no significance or importance
	People may natural phenomena due to the improved accessibility of knowledge.
<i>v</i> .	to describe or explain something in a way that is too simple and no longer holds true
34.	Legends often describe mythical creatures as beings.
adj.	having eternal or never-ending life; living forever; incapable of dying; having enduring fame or lasting significance
35.	Excessive in the body can lead to muscle wasting and weakness.
n.	the process of breaking down proteins into smaller polypeptides or individual amino acids, often through enzymatic reactions
36.	She is a hard worker but not very
adj.	having or showing new and creative ideas
37.	The lack of funds has resulted in a for our university system.
n.	a sudden event that causes extreme ruin and misfortune
38.	The ride on the rollercoaster was full of dips and turns, creating a feeling of
n.	a state of great disturbance, confusion, or uncertainty, often accompanied by violent or disruptive activity or behavior, such as air turbulence during a flight
	SWERS: 31. ambivalent, 32. valueless, 33. oversimplify, 34. immortal, 35. teolysis, 36. imaginative, 37. catastrophe, 38. turbulence

ANSWERS: 39. confer, 40. longevity, 41. downside, 42. secondly, 43. underestimated, 44. advantageous, 45. gerontology, 46. procreation

the act or process of producing offspring; reproduction

a population.

47.	The company has shown an excellent growth over the years.
n.	the curved path followed by an object moving through space
48.	The new technology added a level of to the manufacturing process.
n.	the quality or state of having a great deal of worldly experience; the quality or state of being intellectually or culturally refined
49.	The department focuses on the healthcare needs of elderly patients.
n.	a branch of medicine specializing in the healthcare of elderly individuals, including the diagnosis, treatment, and prevention of diseases and conditions that affect older adults
50.	Please don't me while I'm studying.
ν.	to draw someone's attention away from what they are trying to do
51.	The spa treatment promised to her skin and leave her feeling refreshed.
v.	to make someone or something look or feel younger, fresher, or more lively
52.	Studies have suggested that dysfunction may contribute to cellular aging.
n.	an enzyme that is responsible for maintaining the length of telomeres, which are protective structures at the ends of chromosomes, and which prevents the shortening of telomeres during cell division, allowing cells to divide and replicate properly
53.	He that this investment would lead to success.
v.	to form a theory or conjecture or guess about a subject without solid evidence
	SWERS: 47. trajectory, 48. sophistication, 49. geriatrics, 50. distract, 51. ivenate, 52. telomerase, 53. speculated

ANSWERS: 54. imperfectly, 55. treble, 56. overpopulation, 57. Mitochondria, 58. pitiful, 59. vacillate, 60. innovate

to introduce new methods, ideas, or products

61.	The contract ensured that both parties would fulfill their obligations.
adj	very strong and effective, particularly in the face of challenge or opposition; (of a vessel) covered or protected by iron plates for defense against attack
62.	The government was for its handling of the crisis.
ν.	to express strong disapproval or criticism of something
	The object was not capable of movement or feeling.  not having life or spirit; not animate
64.	The project was on the of success and needed a little more funding.
n.	a pointed end, especially the pointed end of a crescent moon or the part of a curve that is most curved
65.	I used an iron to dig a hole for the new tree in the backyard.
n.	a gardening tool with a flat, pointed blade used for digging, planting, and moving soil
66.	mRNA vaccines are approved faster because they do not contain inactivated
n.	a bacterium, virus, or other microorganism that causes disease
	SWERS: 61. ironclad, 62. condemned, 63. inanimate, 64. cusp, 65. spade, 66. hogens