

# Englist.me



## Vocabulary Builder Reference from...

David Blaine: How I held my breath for 17 minutes |  
TED Talk

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### All Words

#### IMPORTANT

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## Session 1: Word List

### magician

*n.* a person who performs magic tricks or illusions to entertain an audience; typically involves sleight of hand or deception to create seemingly impossible or supernatural effects

*synonym*: illusionist, conjurer, wizard

(1) **magician's** hat, (2) street **magician**

The children were delighted with the **magician's** clever tricks.

### bury

*v.* to place a dead body in the ground, grave, or tomb

*synonym*: entomb, sink, forget

(1) **bury** in the earth, (2) **bury** emotion

There is plenty of space to **bury** everyone.

### coffin

*n.* a box or container used to bury a dead body; a case or structure resembling a coffin

*synonym*: casket, box, chest

(1) **coffin** lid, (2) wooden **coffin**

The priest prayed over the **coffin** before it was lowered into the ground.

### decide

*v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

*synonym*: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action  
She couldn't **decide** whether to order the pizza or the pasta for dinner.

## pursue

v. to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them

*synonym*: seek, hunt, chase

(1) **pursue** a goal, (2) **pursue** freedoms  
She intends to **pursue** a political career.

## pillar

n. a tall, vertical column or support structure that helps to hold up other parts of a building or structure; a person or thing regarded as providing essential support or core strength to something

*synonym*: column, post, support

(1) **pillar** of society, (2) **pillar** decoration

The **pillar** of smoke rising from the building signaled a massive fire.

## hallucinate

v. to experience a seemingly real perception of something that does not actually exist, usually as a result of a mental illness or drug use

(1) start to **hallucinate**, (2) **hallucinate** with drug

Sleep-deprived people gradually lose their concentration and may **hallucinate**.

## skeptic

n. a person who doubts or questions the truth of specific claims, beliefs, or doctrines, especially those in religion or the supernatural

*synonym*: doubter, disbeliever, questioner

(1) an ingrained **skeptic**, (2) climate **skeptic**

He was a **skeptic** who doubted the existence of supernatural phenomena.

## helicopter

n. a type of aircraft that is capable of hovering in place and moving vertically, as well as flying horizontally; often

used for emergency medical services, military operations, and transport in areas with limited access

*synonym* : chopper, copter, whirlybird

(1) **helicopter** ride, (2) police **helicopter**

The company's CEO arrived at the meeting via **helicopter** to avoid traffic congestion

## tempt

*v.* to make someone want to do or have something, especially something that is unnecessary or wrong

*synonym* : entice, lure, attract

(1) **tempt** young people, (2) **tempt** the taste buds

Though he was evil, he never **tempted** his friends into wrongdoing.

## valid

*adj.* having a reasonable basis in logic or fact; still legally or officially acceptable

*synonym* : proper, reasonable, useful

(1) a **valid** contract, (2) a ticket **valid** for two days

Your credit card is no longer **valid**.

## journal

*n.* a newspaper or magazine specialized in a specific topic or profession

*synonym* : periodical, diary, bulletin

(1) scientific **journal**, (2) **journal** articles

The physician is reading the **journals** related to medicine

## medicinal

*adj.* of or relating to the treatment or cure of disease

*synonym* : curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

## survive

*v.* to live or exist despite a dangerous event or period

*synonym* : endure, persist, stay

(1) **survive** a blizzard, (2) **survive** a plane crash

These birds can only **survive** in temperate climates.

## amazing

*adj.* extremely surprising, especially in a way that you like or admire

*synonym* : exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling

The golfer recorded an **amazing** distance.

## obsess

*v.* to fill the mind of someone continually so that one can't think of anything else

*synonym* : torment, beset, engross

(1) **obsess** over her weight, (2) he is **obsessed** with the fear

He's utterly **obsessed** with his promotion.

## underwater

*adv.* below or under the surface of the water

*synonym* : submerged, undersea, submarine

(1) hold my breath **underwater**, (2) seals sleep **underwater**

He is good at swimming **underwater**.

## compete

*v.* to strive to achieve more success than someone or something

*synonym* : contend, contest, vie

(1) **compete** against a friend, (2) **compete** fiercely

You must **compete** with others to obtain this position.

## breath

*n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

*synonym* : air, puff, whiff

(1) hold your **breath**, (2) **breath** of wind

He bated his **breath** when talking about this affair.

## trap

*n.* a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping

*synonym* : catch, snare, pinfall

(1) set a **trap**, (2) **trap** an animal

The enemy fell right into the **trap**.

## underneath

*adv.* under or below something else

*synonym* : below, under, beneath

(1) **underneath** the surface of the water, (2) **underneath** the laughter

The penny fell **underneath** the piano.

## rescue

*v.* to save someone or something from a dangerous or difficult situation

*synonym* : save, extricate, retrieve

(1) **rescue** a dying dog, (2) **rescue** a company from bankruptcy

The fire department arrived just in time to **rescue** the family from the burning building.

## resuscitate

*v.* to make someone or something active or vigorous again;

*synonym* : reawaken, resurrect, rejuvenate

(1) **resuscitate** economy, (2) **resuscitate** the man drown  
He experienced cardiac arrest but was **resuscitated** yesterday.

## brain

*n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

*synonym* : intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage  
X-rays revealed a small tumor in his **brain**.

## damage

*v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity

*synonym* : harm, impair, injure

(1) **damage** a relationship, (2) **damage** assessment

During the surgery, the doctor had to be extremely cautious not to **damage** a blood vessel.

## core

*n.* the most essential or fundamental part of something  
*synonym*: center, basis, heart

(1) the **core** of an apple, (2) **core** business activity

These gas nebulas are merely newborn galactic **cores**.

## temperature

*n.* the degree of hotness or coldness of a thing or place  
*synonym*: climate, warmth, degree

(1) extreme **temperatures**, (2) the atmospheric

### **temperature**

Cities around the world set records for highest **temperatures** this summer.

## degree

*n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

*synonym*: level, qualification, diploma

(1) bachelor's **degree**, (2) **degree** centigrade

She received her **degree** in psychology from the university.

## neurosurgeon

*n.* a medical doctor who specializes in the surgical treatment of conditions affecting the nervous system, including the brain, spinal cord, and peripheral nerves

*synonym*: brain surgeon, neurologist, surgical specialist

(1) skilled **neurosurgeon**, (2) leading **neurosurgeon**

The hospital recruited experienced **neurosurgeons** worldwide to treat complex neurological disorders comprehensively.

## hypoxic

*adj.* relating to or characterized by a deficiency of oxygen, particularly in the body's tissues or organs

*synonym*: oxygen-deprived, anoxic

(1) **hypoxic** environment, (2) **hypoxic** injury

The high altitude caused a **hypoxic** condition, making it difficult to breathe.

## hop

*v.* to jump lightly and quickly on one foot or both feet; to move rapidly from one place to another; to travel using

an aircraft, bus, etc.

*synonym* : jump, bounce, skip

(1) **hop** on one foot, (2) **hop** from one place to another

The rabbit **hopped** over the fence.

## shiver

*v.* to shake or quiver with cold, fear, or excitement; to tremble or vibrate rapidly

*synonym* : quiver, tremble, shake

(1) **shiver** with delight, (2) **shiver** in fear

I **shiver** in the cold winter air as I wait for the train.

## attempt

*n.* an act or effort of trying to do something, especially something difficult

*synonym* : endeavor, effort, try

(1) the **attempt** to rescue the hostages, (2) a reckless **attempt**

The third **attempt** was far more successful.

## illusion

*n.* a false idea or belief, especially about somebody or about a situation

*synonym* : delusion, fallacy, magic trick

(1) optical **illusion**, (2) the **illusion** of being in the forest

He could no longer tell the difference between **illusion** and reality.

## scrub

*v.* to clean something thoroughly, typically with a brush and soap or detergent

*synonym* : clean, wash, sanitize

(1) **scrub** off graffiti, (2) **scrub** dirt from potatoes

She decided to **scrub** the kitchen floor to remove all the dirt and grime.

## tube

*n.* a cylindrical container of metal, plastic, glass, etc., usually sealed and used as a means of preserving food or chemicals; a hollow cylindrical shape

*synonym* : pipe, hose, duct

(1) a capillary **tube**, (2) a glass **tube**

The **tube** train was packed with commuters during rush hour.

## depot

*n.* a place or a building where goods, materials, or equipment are stored, manufactured, or distributed; a transportation hub where buses or trains start or end their journeys

*synonym*: warehouse, storage, station

(1) weapon **depot**, (2) food **depot**

The train **depot** was a hub for commuters and travelers.

## balloon

*n.* a small bag made of thin rubber or other light material that can be inflated with air or gas, used as a toy or as a decoration; (verb) to become inflated

*synonym*: aerostat, blimp, (verb) billow out

(1) **balloon** ride, (2) **balloon** into a severe political problem

The satellite **balloon** slowly ascended into the sky.

## duct

*n.* a tube, pipe, or channel for conveying air, water, or other substances

*synonym*: tube, pipe, channel

(1) breast **duct**, (2) **duct** tape

The air **ducts** in the building needed to be cleaned to improve the air quality.

## circulate

*v.* to move continuously or freely around a place or closed system

*synonym*: flow, disperse, rotate

(1) **circulate** a rumor, (2) **circulate** an agenda before the meeting

The fan **circulates** the air in the room quickly.

## liquid

*n.* a substance, such as water or oil that flows freely and is neither a solid nor a gas

*synonym*: fluid

(1) colorless **liquid**, (2) hazardous **liquid**

The sponge takes up the **liquid** well.



## chemical

*adj.* relating to or connected with chemistry;

*synonym* : chemic, synthetic

(1) toxic **chemicals**, (2) a **chemical** compound

The firm has grown into a large **chemical** manufacturing.

## oxygen

*n.* the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live

(1) the hydrogen binds the **oxygen**, (2) lack of **oxygen**

The passenger grabbed for the **oxygen** mask.

## sink

*v.* to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else

*synonym* : descend, drop, plummet

(1) **sink** a lot of capital, (2) **sink** a buzzer-beater

The abandoned ship slowly began to **sink** into the murky waters of the harbor.

## stick

*v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

*synonym* : pierce, adhere, stay

(1) **stick** a key in a lock, (2) fire **stick**

You **stick** a bill in the change machine, and the coins pop out.

## standing

*adj.* existing or remaining upright; having a vertical position; (noun) social, financial, or professional status or reputation

*synonym* : upright, vertical, (noun) position

(1) **standing** water, (2) his social **standing**

The **standing** concert was packed with fans.

## disappear

*v.* to cease to exist or be visible

*synonym*: fade, evaporate, vanish

(1) **disappear** without a trace, (2) **disappear** after a week  
They watched the train **disappear** into the distance.

## hook

*n.* a curved device used for suspending, holding, or pulling something, especially one attached to a surface for hanging things on; a sharp curve or crook

*synonym*: buckle, pin, curve

(1) a hat **hook**, (2) the curved shape of a **hook**  
Please hang your towel on a **hook**.

## bypass

*n.* an alternative road, channel, pipe, or connection that allows flow while the main one is closed or obstructed;  
*(verb)* to go past or round

(1) gastric **bypass** operation, (2) **bypass** circuit  
This patient must undergo **bypass** surgery.

## surgery

*n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures

*synonym*: operation, (medical) procedure

(1) cardiac **surgery**, (2) the professor of **surgery**  
He had undergone heart **surgery** years before.

## artery

*n.* one of the thick tubes in humans and most other animals that takes blood away from the heart to one or more parts of the body such as tissues, lungs, brain, etc.

*synonym*: blood vessel, channel, roadway

(1) **artery** blockage, (2) risk of coronary **artery** disease  
Continuous consumption of fatty foods leads to the hardening of the **artery**.

## insane

*adj.* extremely stupid, crazy, or dangerous; mentally ill

*synonym*: crazy, mad, foolish

(1) go **insane** with pleasure, (2) an **insane** scheme  
Her excessive demands drove me **insane**.

## obvious

*adj.* easy to see, discover or understand

*synonym* : apparent, conspicuous, evident

(1) **obvious** reasons, (2) his conclusion was **obvious**  
There are **obvious** differences between the two wine-producing regions.

## crazy

*adj.* stupid or not sensible; very angry

*synonym* : insane, absurd, bizarre

(1) **crazy** about cars and racing, (2) a **crazy** scheme  
The rain and thunder are **crazy** today.

## pearl

*n.* a hard, roundish object found within the shells of certain mollusks and used as a gem

*synonym* : bead, gem, nacre

(1) a cultured **pearl**, (2) **pearl** beyond price  
She wore a **pearl** necklace passed down to her from her grandmother.

## diver

*n.* a person who dives, especially one who does so professionally or as a sport; a bird that dives into the water to catch fish or other prey

*synonym* : plunger, frogman, loon

(1) professional **diver**, (2) deep-sea **diver**  
The search and rescue team sent a team of **divers** to search for the missing plane wreckage.

## dive

*v.* to jump into the water with your head and arms going in first, or to move down to a deeper level underwater

*synonym* : dip, leap, plunge

(1) **dive** into anime communities, (2) **dive** off a cliff  
The sperm whale can **dive** to 1,000 meters.

## discovery

*n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known

*synonym*: finding, uncovering, detection

(1) a scientific **discovery**, (2) the great **discovery** of the century

Her research team made an important **discovery**.

## aspect

*n.* one part or feature of a situation, problem, subject, etc.

*synonym*: characteristic, element, factor

(1) nontechnical **aspects** of the job, (2) **aspects** of social, political, and economic life

His professional experience includes all **aspects** of media production.

## depth

*n.* the distance between the top and bottom of something; between the top surface and a distance below it

*synonym*: deepness, profoundness, extent

(1) **depth** camera, (2) the **depth** of the water

The pond's **depth** was around five feet.

## static

*adj.* not moving or not capable of moving, not changing or not capable of changing

*synonym*: immobile, unchanging, fixed

(1) **static** electricity, (2) **static** website

The **static** image on the screen took a lot of work to make out.

## apnea

*n.* a temporary cessation of breathing, especially during sleep; a medical condition characterized by the repeated occurrence of such interruptions

*synonym*: breathing interruption, suspension of breath

(1) **apnea** treatment, (2) epileptic **apnea**

Sleep **apnea** is a severe condition that causes a person to stop breathing while asleep.

## moving

*adj.* causing strong emotions or feelings, especially sadness or sympathy

*synonym*: emotional, poignant, touching

(1) **moving** experience, (2) **moving** ceremony

His **moving** speech about his struggles with addiction brought tears to the audience's eyes.

## studied

*adj.* deliberately considered or scrutinized; carefully thought out or planned

*synonym*: thoughtful, deliberate, calculated

(1) **studied** analysis, (2) well- **studied** decision

His speech was carefully crafted and delivered with **studied** confidence.

## deplete

*v.* to reduce something, especially supplies of energy, money, etc., by a large amount; to use up resources or materials

*synonym*: exhaust, consume, use up

(1) **deplete** customer confidence, (2) **deplete** glycogen stores

If we continue to **deplete** the Earth's natural resources, we will cause severe damage to the environment.

## relax

*v.* to become or cause someone to become less active or tense and calmer

*synonym*: soften, comfort, soothe

(1) **relax** a series of muscles, (2) **relax** at home

The rules were **relaxed** after the new executive arrived.

## purge

*v.* to remove or get rid of something, especially that is unwanted or impure

*synonym*: cleanse, clear, eliminate

(1) **purge** the system, (2) **purge** his sins

The government tried to **purge** corrupt officials from the bureaucracy.

## hyperventilation

*n.* a condition in which a person breathes very quickly and deeply, causing an increase in oxygen and a decrease in carbon dioxide levels in the blood, which can lead to symptoms such as dizziness, tingling, and fainting

*synonym* : over-breathing, rapid breathing

(1) **hyperventilation** syndrome, (2) **hyperventilation** treatment

Anxiety is a common cause of **hyperventilation**, as the body responds to perceived threats with rapid, shallow breathing.

## lightheaded

*adj.* feeling dizzy, weak, or faint; having a sensation of being slightly detached from reality or detached from one's surroundings

*synonym* : dizzy, giddy, faint

(1) become **lightheaded**, (2) **lightheaded** from dehydration  
After the rollercoaster ride, I felt **lightheaded** and needed to sit down.

## tingle

*v.* to cause a stinging or prickling sensation; (noun) a feeling of slight numbness or a slight prickling or stinging sensation, typically as a result of cold or excitement

*synonym* : feel tickled, itch, prickle

(1) **tingle** up my spine, (2) **tingle** with anticipation

My nerves began to **tingle** before the show started.

## rid

*v.* to make someone or something free of unwanted or unpleasant tasks, objects, or person

*synonym* : do away with, free, clear

(1) get **rid** of the rats, (2) **rid** the body of waste products

We must **rid** ourselves of pollution.

## infinite

*adj.* unlimited or very great; impossible to measure

*synonym* : boundless, countless, limitless

(1) **infinite** appetite, (2) **infinite** in supply

The battle had an **infinite** impact on the nation.

## immediately

*adv.* now or without delay

*synonym* : directly, instantly, promptly

(1) **immediately** recall a product, (2) write him an answer **immediately**

A suspension order from the court is effective **immediately**.

## process

*n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

*synonym* : procedure, method, system

(1) **process** improvement, (2) decision-making **process**

The **process** for applying for a visa can be lengthy and complicated.

## row

*n.* an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oars

*synonym* : line, sequence, layer

(1) criminal on death **row**, (2) a **row** of cherry trees

He was the leader of the demonstrators and spoke out against the war in the front **row**.

## daze

*n.* the feeling of distress and disbelief that you have when something bad happens accidentally; (verb) to confuse or stun someone with a sudden intense light or loud noise

*synonym* : stupor, confusion, (verb) stun

(1) walk around in a **daze**, (2) **daze** of sleep

He was in a **daze** from the sudden news and couldn't process it properly.

## awful

*adj.* causing fear, dread, or terror; very bad or unpleasant

*synonym* : terrible, appalling, horrible

(1) an **awful** error, (2) do **awful** damage

I regretted making an **awful** mistake in my final exam.

## headache

*n.* pain in the head; someone or something that causes anxiety or trouble

*synonym* : concern, difficulty, problem

(1) **headache** accompanied by fever, (2) bit of a **headache**

This pill will relieve your **headaches** immediately.

## pound

*n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

(1) three-fourths of a **pound**, (2) thousands of **pounds**

The car's front bumper cost fifteen hundred **pounds**.

## lung

*n.* either of the two organs in the chest that people and some animals use for breathing

(1) **lung** capacity, (2) do **lung** transplantation

He has terminal **lung** cancer.

## nutritional

*adj.* of or relating to the substance required by the body to maintain health and growth

*synonym* : nourishing, healthy, wholesome

(1) **nutritional** supplement, (2) bit of **nutritional** yeast

The **nutritional** value of the food should be clearly labeled on the packaging.

## portion

*n.* one component of a larger entity

*synonym* : part, amount, fragment

(1) the inner **portion** of the body, (2) large **portion**

The rocket's front **portion** falls off.

## adapt

*v.* to make fit for or change to suit a new purpose or environment

*synonym* : adjust, acclimate, accustom

(1) **adapt** fully to the environment, (2) **adapt** as needed

I advised him to **adapt** to his new surroundings.

## individual

*n.* a single person or thing, as distinct from a group

*synonym* : person, being, self



(1) a private **individual**, (2) **individual** freedom

As an **individual**, he had the right to make his own decisions and live his life as he saw fit.

## vary

*v.* to become different in terms of size, shape, etc.

*synonym*: alter, contrast, differ

(1) **vary** according to the age, (2) **vary** directly with the price

Maximum heart rates **vary** a lot for each individual.

## olympiad

*n.* a period of four years, originally the time between the ancient Olympic Games and now commonly used to refer to the modern Olympic Games, which are held every four years

(1) the modern **olympiad**, (2) summer **olympiad**

She won a gold medal in the physics **olympiad** and was praised by her teachers and peers.

## athlete

*n.* a person who competes in one or more sports that involve physical strength, speed, or endurance

*synonym*: player, contestant, jock

(1) become a professional **athlete**, (2) high school **athletes**

His dream is to become an Olympic **athlete**.

## extreme

*adj.* very great in amount or degree

*synonym*: farthestmost, outermost, fierce

(1) **extreme** sports, (2) **extreme** weather events

Solar gravity creates **extreme** pressures and temperatures.

## situ

*adj.* short for "situated," meaning located or placed in a particular position or circumstance

*synonym*: situational, contextual, circumstantial

(1) ex- **situ** conservation, (2) in- **situ** control

Melanoma in **situ** is considered the earliest stage of melanoma and has a high cure rate with appropriate treatment.

## duress

*n.* the use of force, coercion, or threat to compel someone to do something against their will; a condition of being forced or constrained to act or behave in a certain way

*synonym* : coercion, compulsion, pressure

(1) compelled by **duress**, (2) act of **duress**

The hostage made a false confession under **duress**.

## prime

*adj.* main or most important; basic; (prime number, noun) a natural number greater than 1 that cannot be formed by multiplying two smaller natural numbers (e.g., 2, 3, 5, 7, 11 and 13)

*synonym* : excellent, exceptional, premium

(1) **prime** number, (2) deputy **prime** minister

After a thorough investigation, she has been named as the **prime** suspect.

## whale

*n.* a very large sea mammal that has a streamlined body and breathes through a blowhole on the head; a very large person; impressive in size or qualities

*synonym* : porpoise, giant

(1) a bull **whale**, (2) **whale** watching

Some countries have a culture of eating the flesh of a **whale**.

## assume

*v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance

*synonym* : guess, presume, suppose

(1) **assume** a lousy attitude to his boss, (2) **assume** an important role

The following example **assumes** that the capacity of each battery is the same.

## metabolism

*n.* the set of chemical reactions in cells or organisms that are necessary for life-sustaining

(1) **metabolism** enzyme, (2) hemoglobin **metabolism**

Better sleep leads to increased **metabolism**.

## sphere

*n.* a round object or geometric shape that is three-dimensional and symmetrical around a central point; a particular aspect or scope of life or activity

*synonym*: ball, globe, scope

(1) **sphere** of influence, (2) business **sphere**

The **sphere** of the earth is divided into several layers including the crust, mantle, and core.

## schedule

*n.* a list of planned activities, tasks, or things that must be completed showing when they are intended to happen or be done

*synonym*: agenda, program, itinerary

(1) a heavy **schedule**, (2) arrange my **schedule**

So far, the meeting is going according to **schedule**.

## drown

*v.* to die or cause to die by being unable to breathe underwater

*synonym*: douse, drench, overwhelm

(1) **drown** in a bath, (2) I was **drowned** in work

Floods have the potential to **drown** any subsurface animals easily.

## boring

*adj.* lacking interest or excitement; tedious or dull

*synonym*: dull, tedious, monotonous

(1) **boring** work, (2) **boring** day

The lecture was so **boring** that many people fell asleep.

## handcuff

*n.* a pair of metal restraints that are designed to lock around a person's wrists and prevent them from moving their hands freely; (verb) to restrain or restrict the movement of a person by applying handcuffs, typically as part of an arrest or other security-related process

*synonym*: shackle, bind, restraint

(1) **handcuff** his wrists, (2) break free from **handcuffs**

The police officer put **handcuffs** on the suspect before placing them in the squad car.

## critic

*n.* someone who expresses opinions about the quality of books, music, etc.

*synonym* : pundit, analyst, attacker

(1) art **critic**, (2) severe **critic**

Advocates for legal reform hear less harsh words from their **critics**.

## movement

*n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

*synonym* : motion, progression, action

(1) a circular **movement**, (2) **movement** of troops

The **movement** of the dancers on stage was graceful and elegant.

## convulsion

*n.* a violent, involuntary contraction or shaking of the muscles, especially those in the limbs or face; a sudden, intense, and often violent disturbance or upheaval

*synonym* : paroxysm, seizure, turmoil

(1) clonic **convulsion**, (2) economic **convulsion**

The patient's **convulsions** were a side effect of their medication.

## naturally

*adv.* as might be expected; by natural manners

*synonym* : by nature, inherently, intrinsically

(1) **naturally** arising, (2) **naturally** regenerated forest

He was **naturally** gifted.

## slump

*v.* to fall or sink suddenly, often due to loss of support or stability; to decline or decrease abruptly, as in business or economic conditions; to become despondent or dispirited; (noun) a sudden or prolonged decline or drop in value, price, or quality

*synonym* : drop, sink, sag

(1) **slump** against pillows, (2) economic **slump**

Sales of the product **slumped** after the negative reviews

were published.

## ante

*n.* a mandatory bet or contribution made by all players in a game of cards or gambling as a prerequisite for participation; any initial or essential action or investment required for a particular endeavor

*synonym* : bet, wager, stake

(1) up the **ante**, (2) penny- **ante** trade

We need to raise the **ante** to win this poker game.

## purity

*n.* the state of being undiluted or unmixed with anything else; the state of being free from immorality, especially of a sexual nature

*synonym* : sinlessness, innocence, cleanliness

(1) the degree of **purity**, (2) high **purity**

Higher **purity** requires additional equipment and energy.

## flush

*v.* to become red on your face, especially because you are embarrassed, angry, or hot; to rinse, clean, or empty something, especially a toilet, by causing large quantities of water to flow

*synonym* : redden, burn, suffuse

(1) the blood **flush** into my face, (2) **flush** the toilet

The girl **flushed** when a young man whistled as she walked by.

## competition

*n.* a situation in which someone is attempting to beat or outperform another

*synonym* : contest, match, fight

(1) the first round of the **competition**, (2) intraspecific **competition**

Global **competition** is rising in virtually every industry.

## beaver

*n.* a large, semiaquatic rodent with a wide, flat tail and webbed feet, noted for its ability to build dams and lodges

*synonym* : rodent

(1) **beaver** dam, (2) an eager **beaver**

The mountain **beaver** built a dam to block the stream.

## simulate

*v.* to make a pretense of someone's behavior or looks; to reproduce something that exists in real life using computers, models, etc., usually for study or training purposes

*synonym* : pretend, imitate, mimic

(1) **simulate** climate change, (2) **simulate** a future scenario

He had painted the wood to **simulate** stone.

## altitude

*n.* the height of an object or point in relation to sea level or ground level

*synonym* : height, elevation, tallness

(1) the meridian **altitude**, (2) low **altitude**

The plane flew at a high **altitude** to avoid turbulence.

## wipe

*v.* to clean or dry something by rubbing with a piece of cloth or paper or one's hand and removing dirt, food, or liquid

*synonym* : clean, brush, swab

(1) **Wipe** off dirt, (2) **wipe** with water

Please **wipe** your sweat with this towel.

## definitely

*adv.* without any question and beyond doubt; clearly

*synonym* : absolutely, certainly, indeed

(1) **definitely** become a problem, (2) say **definitely**

The paper is **definitely** worth reading thoroughly.

## impressive

*adj.* arousing admiration due to size, quality, or skill

*synonym* : impactful, remarkable, exceptional

(1) **impressive** performances, (2) an **impressive** array of facts

The budget reduction was an **impressive** feat for our nation.

## sift

*v.* to put flour, sugar, etc. through a sieve (= a utensil consisting of a wire or plastic mesh in a frame) to

remove lumps or large particles

*synonym* : filter, go through, sieve

(1) **sift** the candidates, (2) **sift** sand

The search engine helps **sift** information.

## **mess**

*n.* a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy

*synonym* : disarray, confusion, predicament

(1) have a whole **mess**, (2) get into a **mess**

He made a frightful **mess** in his room.

## **announce**

*v.* to make something known or officially inform people about something

*synonym* : disclose, declare, broadcast

(1) **announce** candidacy, (2) **announce** the award winners

The third season of the anime show has been **announced**.

## **publicly**

*adv.* in a manner accessible to or observable by the public; by the government

*synonym* : candidly, openly, honestly

(1) **publicly** accessible record, (2) **publicly** financed schools

She **publicly** denounced the government's mishandling of the economic crisis.

## **competitor**

*n.* a person who participates in a sporting contest; a person or organization that competes with others, particularly in business

*synonym* : opponent, contender, contestant

(1) beat **competitor** offer, (2) domestic **competitor**

The gap between the company and its **competitors** has widened.

## **suddenly**

*adv.* quickly and unexpectedly

*synonym* : abruptly, unexpectedly, unawares

(1) **suddenly** attacked by an enemy, (2) die **suddenly**

Who answers **suddenly** knows little.

## advancement

*n.* the development, improvement, or progress of something

*synonym*: progression, breakthrough, improvement

(1) **advancement** of knowledge, (2) career **advancement**  
Competition between countries resulted in fast technological **advancement**.

## magic

*n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers

*synonym*: fascination, illusion, wizardry

(1) a **magic** spell, (2) she is **magic**  
He performed **magic** tricks with sophisticated moves.

## lure

*v.* to tempt or persuade someone to do something

*synonym*: tempt, entice, attract

(1) **lure** prey, (2) **lure** foreign investment  
The salesperson used a special offer to **lure** customers into buying the product.

## caiman

*n.* a type of predatory reptile that belongs to the crocodylian family which resembles alligators and crocodiles but are smaller in size, typically found in Central and South America

*synonym*: alligator, crocodile, reptile

(1) **caiman** conservation, (2) **caiman** population  
The **caiman's** diet mainly consists of fish and small mammals.

## upright

*adj.* perpendicular to a horizontal surface or line; (adverb) in a vertical position

*synonym*: vertical, perpendicular, plumb

(1) **upright** posture, (2) sit **upright** in a chair  
The bookcase was **upright** against the wall.



**suit**

*n.* a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or acceptable for

*synonym* : clothes, lawsuit, (verb) fit

(1) **suit** and tie restaurant, (2) **suit** at law

Six **suits** are awaiting trial or verdict.

**buoyant**

*adj.* lighthearted and cheerful; tending to float; having a positive attitude or outlook

*synonym* : optimistic, lighthearted, floating

(1) **buoyant** force, (2) **buoyant** market

His **buoyant** personality helped lift the spirits of everyone in the room.

**strap**

*n.* a long, narrow strip or belt of leather, fabric, or another material used for binding, fastening, or supporting something or someone; a band or string that attaches one object to another, often used to secure items during transport

*synonym* : band, belt, sling

(1) leather **strap**, (2) camera **strap**

The athlete tightened the **strap** on his running shoes before the race.

**loose**

*adj.* not securely fixed or fastened in place or able to be detached or separated from something

*synonym* : relaxed, unconsolidated, open

(1) a **loose** tongue, (2) remove **loose** hair

The inspector discovered **loose** bolts under the fuel rods.

**nervous**

*adj.* worried and anxious about something; relating to the nerves

*synonym* : neural, anxious, uneasy

(1) development of the **nervous** system, (2) get **nervous**

He suffers from **nervous** breakdowns.

## monitor

*v.* to observe, check, and track the progress or quality of something over a period of time

*synonym* : proctor, check, observe

(1) **monitor** an exam, (2) **monitor** the data carefully

They used a special receiver to **monitor** police radio channels.

## beep

*v.* to make a short, high-pitched sound, typically as a signal or warning

*synonym* : bleep, honk, buzz

(1) **beep** out a warning, (2) **beep** the horn

The timer **beeped**, reminding me that the cake was ready to come out of the oven.

## tick

*n.* a light, sharp, repetitive sound or action; a mark indicating that something is correct or has been done; any of two families of small parasitic arachnids with barbed proboscis

*synonym* : sound, noise, beat

(1) **tick** of the clock, (2) **tick** fever

I always put a **tick** mark next to the items on my grocery list after buying them.

## normally

*adv.* usually; under normal conditions

*synonym* : commonly, generally, naturally

(1) complete **normally**, (2) not **normally** drink much

I don't **normally** take a vacation in the middle of summer.

## desperately

*adv.* in a way that shows a lack of hope and a willingness to do anything because of the problematic situation; with great urgency

*synonym* : urgently, perilously, seriously

(1) **desperately** anxious, (2) **desperately** ill patient

The baby clung **desperately** to her mother.

## downfall

*n.* a sudden or catastrophic decline or failure

*synonym* : demise, collapse, ruin

(1) a **downfall** earthquake, (2) **downfall** government  
The company's financial mismanagement was the **downfall** of the once-successful business.

## halfway

*adj.* in or at a point midway or an equal distance between two points

*synonym* : middle, median, center

(1) **halfway** through my journey, (2) **halfway** decent job  
The famous restaurant stands **halfway** up the hill.

## dedicate

*v.* to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use

*synonym* : consecrate, devote, commit

(1) **dedicate** a few hours, (2) **dedicate** a chapter to the subject

He **dedicated** his life to helping others.

## crack

*v.* to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking

*synonym* : snap, burst, break

(1) **crack** an eggshell, (2) a **crack** in a board

He that would eat the kernel must **crack** the nut.

## depressed

*adj.* sad and without any hope

*synonym* : despondent, despairing, sad

(1) **depressed** feeling, (2) the market is **depressed**

After his mother died, he got **depressed**.

## sensation

*n.* a feeling associated with stimulation of a sense organ or with a specific body condition; a general feeling of interest and excitement

*synonym* : feeling, perception, mania

(1) cause a widespread **sensation**, (2) taste **sensation**

If you apply this ointment, you may feel a mild burning

## sensation.

### shunt

*v.* to redirect or transfer something, often a flow of liquid or gas, to an alternative path or conduit; to move someone or something aside or out of the way; (noun) a device used to divert or redirect the flow of something, usually electrical current or fluid

*synonym* : redirect, divert, reroute

(1) **shunt** surgery, (2) **shunt** the output wavelength

The railway workers had to **shunt** the train to a different track to clear the tracks.

### extremity

*n.* the farthest or most remote point or the greatest or the highest degree

*synonym* : end, tip, limit

(1) **extremity** injury, (2) **extremity** amputation

He broke his arm at the **extremity** of the bone.

### vital

*adj.* necessary for the success or continued existence of something

*synonym* : critical, crucial, invigorating

(1) play a **vital** role, (2) **vital** for a healthy society

Perseverance and optimism are **vital** to success.

### organ

*n.* a part of the body of an animal or plant that has a particular purpose and performs a specific job

*synonym* : function, structure

(1) **organ** bleeding, (2) damage to internal **organs**

These infections have the potential to impact practically every **organ** system.

### throb

*v.* to beat with a strong, regular rhythm, as a pulse or a heart

*synonym* : pulse, beat, pound

(1) **throb** at the thought of the accident, (2) **throb** with excitement

The wound continued to **throb** with pain, despite the

medication.

## numb

*adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity

*synonym* : dazed, insensitive, emotionless

(1) **numb** with cold, (2) a **numb** mind

My left arm became **numb**.

## hypochondriac

*adj.* pertaining to or suffering from hypochondria, a condition marked by excessive anxiety about one's health and an abnormal concern that one has a serious disease, despite the absence of any physical evidence

*synonym* : worried, anxious, neurotic

(1) **hypochondriac** fears, (2) chronic **hypochondriac**

He always had a **hypochondriac** tendency, constantly worrying about his health.

## paranoid

*adj.* unreasonably or obsessively believing that other people do not like you or want to harm you

(1) **paranoid** about issues, (2) **paranoid** disorder

A **paranoid** person may have delusions that people want to harm.

## contraction

*n.* the act or process of becoming smaller or shorter in size, volume, or amount

*synonym* : shrinking, compression, reduction

(1) **contraction** of a disease, (2) **contraction** in the industry

The **contraction** of the economy has led to job losses.

## urge

*v.* to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist

*synonym* : push for, advise, (noun) impulse

(1) **urge** a total ban, (2) a sexual **urge**

The lobbyist **urged** Congress not to approve the measure.

## suffer

*v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

*synonym* : endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

## deprivation

*n.* a state of not having something, such as food or money, that you need for a pleasant life

*synonym* : poverty, destitution, forfeiture

(1) chronic sleep **deprivation**, (2) **deprivation** of liberty

Losing him is great **deprivation** to our team.

## ischemic

*adj.* relating to or caused by an inadequate supply of blood to an organ or tissue, leading to reduced oxygen and nutrient levels

*synonym* : blocked, restricted, reduced blood flow

(1) **ischemic** stroke, (2) **ischemic** optic neuropathy

The patient was diagnosed with **ischemic** heart disease requiring immediate medical attention.

## heartbeat

*n.* the regular movement or sound of the heart as it sends blood around the body; an animating or vital unifying force

*synonym* : beat, pulse, force

(1) **heartbeat** abnormality, (2) a pounding **heartbeat**

New York is the commercial **heartbeat** of America.

## skip

*v.* to move along lightly and quickly, making a step from one foot to the other with a hop or bounce; to intentionally fail to do something which would normally do

*synonym* : bounce, spring, neglect

(1) **skip** across the country, (2) **skip** breakfast

We **skipped** the topic because it was too complicated.

## slide

v. to move or cause to move smoothly along a surface without interruption

*synonym* : glide, drift, drop

(1) **slide** a card across the table, (2) **slide** a glance

If necessary, you can **slide** the front seats forward.

## bind

v. to tie or fasten someone or something tightly with rope, string, etc. so that they cannot move or are held together strongly

*synonym* : tie, stick to, adhere

(1) **bind** the man's hands, (2) **bind** old letters into a bundle

The company's rules **bind** the employee's working hours.

## scream

v. to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice

*synonym* : cry, shout, yell

(1) **scream** a profanity, (2) **scream** at him to be quiet

She kept **screaming** for an ambulance.

## weird

*adj.* extraordinary, unexpected, or difficult to explain

*synonym* : bizarre, creepy, peculiar

(1) a **weird** dress, (2) the state of being **weird**

My computer has been acting **weird** recently.

## quest

*n.* a long or challenging search for something

*synonym* : exploration, inquisition, pursuit

(1) the **quest** for truth, (2) on a **quest** for happiness

That adventurer traveled in **quest** of buried treasure.

## legitimate

*adj.* accordant with or allowed by law; lawful

*synonym* : lawful, honest, fair

(1) a **legitimate** child, (2) **legitimate** question

Public political demonstrations are considered **legitimate** rights for citizens.

## shuffle

*v.* to move or mix around in a casual or unorganized way;  
to walk with short, dragging steps

*synonym* : jumble, muddle, rearrange

(1) **shuffle** deck, (2) **shuffle** from side to side

She **shuffled** the cards before dealing them to the players.

## deck

*n.* a flat surface that is usually made of wood or other material and is attached to a building, vehicle, or other structure

*synonym* : platform, veranda, patio

(1) **deck** chairs, (2) hands on **deck**

She sat on the ship's **deck**, watching the sunset over the ocean.

## experiment

*n.* the scientific test conducted to observe what happens and gain new knowledge

*synonym* : experimentation, investigation

(1) **experiment** design, (2) series of **experiments**

His **experiments** showed highly positive results.



## Session 2: Spelling

1. a va\_\_d contract *adj.* having a reasonable basis in logic or fact; still legally or officially acceptable
2. s\_\_k a buzzer-beater *v.* to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else
3. ha\_\_\_\_\_ff his wrists *n.* a pair of metal restraints that are designed to lock around a person's wrists and prevent them from moving their hands freely; (verb) to restrain or restrict the movement of a person by applying handcuffs, typically as part of an arrest or other security-related process
4. da\_\_\_e assessment *v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
5. hands on d\_\_k *n.* a flat surface that is usually made of wood or other material and is attached to a building, vehicle, or other structure
6. ci\_\_\_\_\_te an agenda before the meeting *v.* to move continuously or freely around a place or closed system

ANSWERS: 1. valid, 2. sink, 3. handcuff, 4. damage, 5. deck, 6. circulate

7. well-st\_\_\_\_d decision *adj.* deliberately considered or scrutinized; carefully thought out or planned
8. in\_\_\_\_te appetite *adj.* unlimited or very great; impossible to measure
9. des\_\_\_\_ly anxious *adv.* in a way that shows a lack of hope and a willingness to do anything because of the problematic situation; with great urgency
10. damage to internal or\_\_ns *n.* a part of the body of an animal or plant that has a particular purpose and performs a specific job
11. s\_\_t and tie restaurant *n.* a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or acceptable for
12. pu\_\_e his sins *v.* to remove or get rid of something, especially that is unwanted or impure
13. traditional me\_\_\_\_al *adj.* of or relating to the treatment or cure of disease
14. am\_\_\_\_g advances *adj.* extremely surprising, especially in a way that you like or admire
15. become a professional at\_\_\_\_e *n.* a person who competes in one or more sports that involve physical strength, speed, or endurance
16. cardiac su\_\_\_\_y *n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures

ANSWERS: 7. studied, 8. infinite, 9. desperately, 10. organ, 11. suit, 12. purge, 13. medicinal, 14. amazing, 15. athlete, 16. surgery

17. large po\_\_\_\_n *n.* one component of a larger entity
18. b\_\_d the man's hands *v.* to tie or fasten someone or something tightly with rope, string, etc. so that they cannot move or are held together strongly
19. ha\_\_\_\_y decent job *adj.* in or at a point midway or an equal distance between two points
20. de\_\_\_\_e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
21. chronic sleep dep\_\_\_\_on *n.* a state of not having something, such as food or money, that you need for a pleasant life
22. de\_\_\_\_e customer confidence *v.* to reduce something, especially supplies of energy, money, etc., by a large amount; to use up resources or materials
23. nontechnical as\_\_\_\_ts of the job *n.* one part or feature of a situation, problem, subject, etc.
24. the qu\_\_t for truth *n.* a long or challenging search for something
25. mo\_\_\_\_g experience *adj.* causing strong emotions or feelings, especially sadness or sympathy
26. b\_\_y emotion *v.* to place a dead body in the ground, grave, or tomb
27. d\_\_e of sleep *n.* the feeling of distress and disbelief that you have when something bad happens accidentally; (verb) to confuse or stun someone with a sudden intense light or loud noise

ANSWERS: 17. portion, 18. bind, 19. halfway, 20. decide, 21. deprivation, 22. deplete, 23. aspect, 24. quest, 25. moving, 26. bury, 27. daze

28. an ingrained sk\_\_\_\_c                      *n.* a person who doubts or questions the truth of specific claims, beliefs, or doctrines, especially those in religion or the supernatural
29. th\_\_b with excitement                      *v.* to beat with a strong, regular rhythm, as a pulse or a heart
30. bu\_\_\_\_t market                              *adj.* lighthearted and cheerful; tending to float; having a positive attitude or outlook
31. ca\_\_\_\_n population                         *n.* a type of predatory reptile that belongs to the crocodylian family which resembles alligators and crocodiles but are smaller in size, typically found in Central and South America
32. the degree of pu\_\_\_\_y                       *n.* the state of being undiluted or unmixed with anything else; the state of being free from immorality, especially of a sexual nature
33. v\_\_y according to the age                   *v.* to become different in terms of size, shape, etc.
34. b\_\_p the horn                                 *v.* to make a short, high-pitched sound, typically as a signal or warning
35. the il\_\_\_\_on of being in the forest       *n.* a false idea or belief, especially about somebody or about a situation
36. career adv\_\_\_\_nt                             *n.* the development, improvement, or progress of something
37. in\_\_\_\_te in supply                           *adj.* unlimited or very great; impossible to measure
38. toxic ch\_\_\_\_als                              *adj.* relating to or connected with chemistry;

ANSWERS: 28. skeptic, 29. throb, 30. buoyant, 31. caiman, 32. purity, 33. vary, 34. beep, 35. illusion, 36. advancement, 37. infinite, 38. chemical

39. dr\_\_n in a bath *v.* to die or cause to die by being unable to breathe underwater
40. pu\_\_\_e freedoms *v.* to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them
41. re\_\_\_e a dying dog *v.* to save someone or something from a dangerous or difficult situation
42. de\_\_\_\_\_te a chapter to the subject *v.* to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
43. ex\_\_\_\_\_e weather events *adj.* very great in amount or degree
44. hy\_\_\_\_\_c environment *adj.* relating to or characterized by a deficiency of oxygen, particularly in the body's tissues or organs
45. die su\_\_\_\_\_ly *adv.* quickly and unexpectedly
46. the de\_\_h of the water *n.* the distance between the top and bottom of something; between the top surface and a distance below it
47. he\_\_\_\_\_he accompanied by fever *n.* pain in the head; someone or something that causes anxiety or trouble
48. adv\_\_\_\_\_nt of knowledge *n.* the development, improvement, or progress of something
49. hyp\_\_\_\_\_ion syndrome *n.* a condition in which a person breathes very quickly and deeply, causing an increase in oxygen and a decrease in carbon dioxide levels in the blood, which can lead to symptoms such as dizziness, tingling, and fainting

ANSWERS: 39. drown, 40. pursue, 41. rescue, 42. dedicate, 43. extreme, 44. hypoxic, 45. suddenly, 46. depth, 47. headache, 48. advancement, 49. hyperventilation

50. und\_\_\_\_\_th the surface of the water  
*adv.* under or below something else
51. s\_\_t the candidates  
*v.* to put flour, sugar, etc. through a sieve (= a utensil consisting of a wire or plastic mesh in a frame) to remove lumps or large particles
52. she is ma\_\_c  
*n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
53. chronic hyp\_\_\_\_\_iac  
*adj.* pertaining to or suffering from hypochondria, a condition marked by excessive anxiety about one's health and an abnormal concern that one has a serious disease, despite the absence of any physical evidence
54. deputy pr\_\_e minister  
*adj.* main or most important; basic; (prime number, noun) a natural number greater than 1 that cannot be formed by multiplying two smaller natural numbers (e.g., 2, 3, 5, 7, 11 and 13)
55. get into a m\_\_s  
*n.* a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy
56. an in\_\_\_e scheme  
*adj.* extremely stupid, crazy, or dangerous; mentally ill
57. go in\_\_\_e with pleasure  
*adj.* extremely stupid, crazy, or dangerous; mentally ill
58. d\_\_t tape  
*n.* a tube, pipe, or channel for conveying air, water, or other substances

ANSWERS: 50. underneath, 51. sift, 52. magic, 53. hypochondriac, 54. prime, 55. mess, 56. insane, 57. insane, 58. duct

59. imp\_\_\_\_\_ve performances *adj.* arousing admiration due to size, quality, or skill
60. des\_\_\_\_\_ly ill patient *adv.* in a way that shows a lack of hope and a willingness to do anything because of the problematic situation; with great urgency
61. de\_\_h camera *n.* the distance between the top and bottom of something; between the top surface and a distance below it
62. ca\_\_\_\_n conservation *n.* a type of predatory reptile that belongs to the crocodilian family which resembles alligators and crocodiles but are smaller in size, typically found in Central and South America
63. te\_\_t young people *v.* to make someone want to do or have something, especially something that is unnecessary or wrong
64. sl\_\_e a glance *v.* to move or cause to move smoothly along a surface without interruption
65. a ma\_\_c spell *n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
66. penny-a\_\_e trade *n.* a mandatory bet or contribution made by all players in a game of cards or gambling as a prerequisite for participation; any initial or essential action or investment required for a particular endeavor
67. de\_\_\_\_\_e glycogen stores *v.* to reduce something, especially supplies of energy, money, etc., by a large amount; to use up resources or materials

ANSWERS: 59. impressive, 60. desperately, 61. depth, 62. caiman, 63. tempt, 64. slide, 65. magic, 66. ante, 67. deplete

68. act of du\_\_\_s *n.* the use of force, coercion, or threat to compel someone to do something against their will; a condition of being forced or constrained to act or behave in a certain way
69. ex\_\_\_\_\_ty amputation *n.* the farthest or most remote point or the greatest or the highest degree
70. ind\_\_\_\_\_al freedom *n.* a single person or thing, as distinct from a group
71. have a whole m\_\_s *n.* a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy
72. play a vi\_\_l role *adj.* necessary for the success or continued existence of something
73. re\_\_x at home *v.* to become or cause someone to become less active or tense and calmer
74. a pounding he\_\_\_\_\_at *n.* the regular movement or sound of the heart as it sends blood around the body; an animating or vital unifying force
75. s\_\_k a lot of capital *v.* to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else
76. is\_\_\_\_\_ic stroke *adj.* relating to or caused by an inadequate supply of blood to an organ or tissue, leading to reduced oxygen and nutrient levels

ANSWERS: 68. duress, 69. extremity, 70. individual, 71. mess, 72. vital, 73. relax, 74. heartbeat, 75. sink, 76. ischemic



77. the great di\_\_\_\_\_ry of the century      *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
78. sc\_\_b off graffiti      *v.* to clean something thoroughly, typically with a brush and soap or detergent
79. the at\_\_\_\_\_t to rescue the hostages      *n.* an act or effort of trying to do something, especially something difficult
80. by\_\_\_s circuit      *n.* an alternative road, channel, pipe, or connection that allows flow while the main one is closed or obstructed; (verb) to go past or round
81. pu\_\_e the system      *v.* to remove or get rid of something, especially that is unwanted or impure
82. gastric by\_\_\_s operation      *n.* an alternative road, channel, pipe, or connection that allows flow while the main one is closed or obstructed; (verb) to go past or round
83. wooden co\_\_\_n      *n.* a box or container used to bury a dead body; a case or structure resembling a coffin
84. st\_\_\_c website      *adj.* not moving or not capable of moving, not changing or not capable of changing
85. three-fourths of a po\_\_d      *n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
86. ob\_\_\_s over her weight      *v.* to fill the mind of someone continually so that one can't think of anything else

ANSWERS: 77. discovery, 78. scrub, 79. attempt, 80. bypass, 81. purge, 82. bypass, 83. coffin, 84. static, 85. pound, 86. obsess

87. mo_____r an exam	<i>v.</i>	to observe, check, and track the progress or quality of something over a period of time
88. I was dr__ned in work	<i>v.</i>	to die or cause to die by being unable to breathe underwater
89. the inner po_____n of the body	<i>n.</i>	one component of a larger entity
90. co_____e fiercely	<i>v.</i>	to strive to achieve more success than someone or something
91. hal_____te with drug	<i>v.</i>	to experience a seemingly real perception of something that does not actually exist, usually as a result of a mental illness or drug use
92. b__d old letters into a bundle	<i>v.</i>	to tie or fasten someone or something tightly with rope, string, etc. so that they cannot move or are held together strongly
93. te__t the taste buds	<i>v.</i>	to make someone want to do or have something, especially something that is unnecessary or wrong
94. remove lo__e hair	<i>adj.</i>	not securely fixed or fastened in place or able to be detached or separated from something
95. epileptic ap__a	<i>n.</i>	a temporary cessation of breathing, especially during sleep; a medical condition characterized by the repeated occurrence of such interruptions
96. me_____al chemistry	<i>adj.</i>	of or relating to the treatment or cure of disease
97. su_____e a plane crash	<i>v.</i>	to live or exist despite a dangerous event or period

ANSWERS: 87. monitor, 88. drown, 89. portion, 90. compete, 91. hallucinate, 92. bind, 93. tempt, 94. loose, 95. apnea, 96. medicinal, 97. survive

98. an\_\_\_\_ce candidacy *v.* to make something known or officially inform people about something
99. do l\_\_g transplantation *n.* either of the two organs in the chest that people and some animals use for breathing
100. mo\_\_\_\_\_nt of troops *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
101. write him an answer imm\_\_\_\_\_ly *adv.* now or without delay
102. up the a\_\_e *n.* a mandatory bet or contribution made by all players in a game of cards or gambling as a prerequisite for participation; any initial or essential action or investment required for a particular endeavor
103. ex\_\_\_\_\_ty injury *n.* the farthest or most remote point or the greatest or the highest degree
104. pu\_\_\_e a goal *v.* to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them
105. t\_\_k fever *n.* a light, sharp, repetitive sound or action; a mark indicating that something is correct or has been done; any of two families of small parasitic arachnids with barbed proboscis
106. sh\_\_t the output wavelength *v.* to redirect or transfer something, often a flow of liquid or gas, to an alternative path or conduit; to move someone or something aside or out of the way; (noun) a device used to divert or redirect the flow of something, usually electrical current or fluid

ANSWERS: 98. announce, 99. lung, 100. movement, 101. immediately, 102. ante, 103. extremity, 104. pursue, 105. tick, 106. shunt

107. a ticket va\_\_d for two days      *adj.* having a reasonable basis in logic or fact; still legally or officially acceptable
108. a private ind\_\_\_\_\_al      *n.* a single person or thing, as distinct from a group
109. leading neu\_\_\_\_\_eon      *n.* a medical doctor who specializes in the surgical treatment of conditions affecting the nervous system, including the brain, spinal cord, and peripheral nerves
110. permanent br\_\_n damage      *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
111. ad\_\_t as needed      *v.* to make fit for or change to suit a new purpose or environment
112. a cr\_\_y scheme      *adj.* stupid or not sensible; very angry
113. vi\_\_l for a healthy society      *adj.* necessary for the success or continued existence of something
114. s\_\_p breakfast      *v.* to move along lightly and quickly, making a step from one foot to the other with a hop or bounce; to intentionally fail to do something which would normally do
115. the atmospheric tem\_\_\_\_\_re      *n.* the degree of hotness or coldness of a thing or place
116. st\_\_k a key in a lock      *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

ANSWERS: 107. valid, 108. individual, 109. neurosurgeon, 110. brain, 111. adapt, 112. crazy, 113. vital, 114. skip, 115. temperature, 116. stick

117. optical il\_\_\_\_on *n.* a false idea or belief, especially about somebody or about a situation
118. c\_\_e business activity *n.* the most essential or fundamental part of something
119. def\_\_\_\_\_ly become a problem *adv.* without any question and beyond doubt; clearly
120. si\_\_\_\_\_te climate change *v.* to make a pretense of someone's behavior or looks; to reproduce something that exists in real life using computers, models, etc., usually for study or training purposes
121. economic sl\_\_p *v.* to fall or sink suddenly, often due to loss of support or stability; to decline or decrease abruptly, as in business or economic conditions; to become despondent or dispirited; (noun) a sudden or prolonged decline or drop in value, price, or quality
122. b\_\_y in the earth *v.* to place a dead body in the ground, grave, or tomb
123. breast d\_\_t *n.* a tube, pipe, or channel for conveying air, water, or other substances
124. pu\_\_\_\_\_ly financed schools *adv.* in a manner accessible to or observable by the public; by the government
125. complete no\_\_\_\_\_ly *adv.* usually; under normal conditions
126. sh\_\_\_\_r in fear *v.* to shake or quiver with cold, fear, or excitement; to tremble or vibrate rapidly
127. a cr\_\_k in a board *v.* to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking

ANSWERS: 117. illusion, 118. core, 119. definitely, 120. simulate, 121. slump, 122. bury, 123. duct, 124. publicly, 125. normally, 126. shiver, 127. crack

128. nut\_\_\_\_\_al supplement *adj.* of or relating to the substance required by the body to maintain health and growth
129. co\_\_\_\_\_e against a friend *v.* to strive to achieve more success than someone or something
130. get r\_d of the rats *v.* to make someone or something free of unwanted or unpleasant tasks, objects, or person
131. t\_\_k of the clock *n.* a light, sharp, repetitive sound or action; a mark indicating that something is correct or has been done; any of two families of small parasitic arachnids with barbed proboscis
132. ex-s\_\_u conservation *adj.* short for "situated," meaning located or placed in a particular position or circumstance
133. the c\_\_e of an apple *n.* the most essential or fundamental part of something
134. pa\_\_\_\_\_id disorder *adj.* unreasonably or obsessively believing that other people do not like you or want to harm you
135. hold my breath und\_\_\_\_\_er *adv.* below or under the surface of the water
136. bit of a he\_\_\_\_\_he *n.* pain in the head; someone or something that causes anxiety or trouble
137. become lig\_\_\_\_\_ed *adj.* feeling dizzy, weak, or faint; having a sensation of being slightly detached from reality or detached from one's surroundings

ANSWERS: 128. nutritional, 129. compete, 130. rid, 131. tick, 132. situ, 133. core, 134. paranoid, 135. underwater, 136. headache, 137. lightheaded

138. colorless li\_\_\_d *n.* a substance, such as water or oil that flows freely and is neither a solid nor a gas
139. w\_\_e with water *v.* to clean or dry something by rubbing with a piece of cloth or paper or one's hand and removing dirt, food, or liquid
140. lack of ox\_\_\_n *n.* the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live
141. food de\_\_t *n.* a place or a building where goods, materials, or equipment are stored, manufactured, or distributed; a transportation hub where buses or trains start or end their journeys
142. the meridian al\_\_\_\_de *n.* the height of an object or point in relation to sea level or ground level
143. fire st\_\_k *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
144. development of the ne\_\_\_\_s system *adj.* worried and anxious about something; relating to the nerves
145. d\_\_k chairs *n.* a flat surface that is usually made of wood or other material and is attached to a building, vehicle, or other structure
146. a r\_w of cherry trees *n.* an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oars

ANSWERS: 138. liquid, 139. wipe, 140. oxygen, 141. depot, 142. altitude, 143. stick, 144. nervous, 145. deck, 146. row

147. basic br\_\_n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
148. do aw\_\_l damage *adj.* causing fear, dread, or terror; very bad or unpleasant
149. low al\_\_\_\_de *n.* the height of an object or point in relation to sea level or ground level
150. b\_\_p out a warning *v.* to make a short, high-pitched sound, typically as a signal or warning
151. bit of nut\_\_\_\_\_al yeast *adj.* of or relating to the substance required by the body to maintain health and growth
152. risk of coronary ar\_\_\_y disease *n.* one of the thick tubes in humans and most other animals that takes blood away from the heart to one or more parts of the body such as tissues, lungs, brain, etc.
153. a hat h\_\_k *n.* a curved device used for suspending, holding, or pulling something, especially one attached to a surface for hanging things on; a sharp curve or crook
154. sh\_\_\_\_\_e deck *v.* to move or mix around in a casual or unorganized way; to walk with short, dragging steps
155. police hel\_\_\_\_\_er *n.* a type of aircraft that is capable of hovering in place and moving vertically, as well as flying horizontally; often used for emergency medical services, military operations, and transport in areas with limited access

ANSWERS: 147. brain, 148. awful, 149. altitude, 150. beep, 151. nutritional, 152. artery, 153. hook, 154. shuffle, 155. helicopter



156. n\_\_b with cold *adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity
157. do\_\_\_\_\_ll government *n.* a sudden or catastrophic decline or failure
158. pi\_\_\_r of society *n.* a tall, vertical column or support structure that helps to hold up other parts of a building or structure; a person or thing regarded as providing essential support or core strength to something
159. say def\_\_\_\_\_ly *adv.* without any question and beyond doubt; clearly
160. the modern ol\_\_\_\_\_ad *n.* a period of four years, originally the time between the ancient Olympic Games and now commonly used to refer to the modern Olympic Games, which are held every four years
161. di\_\_\_\_\_ar after a week *v.* to cease to exist or be visible
162. seals sleep und\_\_\_\_\_er *adv.* below or under the surface of the water
163. as\_\_\_ts of social, political, and economic life *n.* one part or feature of a situation, problem, subject, etc.
164. fl\_\_h the toilet *v.* to become red on your face, especially because you are embarrassed, angry, or hot; to rinse, clean, or empty something, especially a toilet, by causing large quantities of water to flow
165. jo\_\_\_\_\_l articles *n.* a newspaper or magazine specialized in a specific topic or profession

ANSWERS: 156. numb, 157. downfall, 158. pillar, 159. definitely, 160. olympiad, 161. disappear, 162. underwater, 163. aspect, 164. flush, 165. journal

166. ad\_\_t fully to the environment      *v.* to make fit for or change to suit a new purpose or environment
167. di\_\_\_\_\_ar without a trace      *v.* to cease to exist or be visible
168. res\_\_\_\_\_te economy      *v.* to make someone or something active or vigorous again;
169. high pu\_\_\_y      *n.* the state of being undiluted or unmixed with anything else; the state of being free from immorality, especially of a sexual nature
170. s\_\_t sand      *v.* to put flour, sugar, etc. through a sieve (= a utensil consisting of a wire or plastic mesh in a frame) to remove lumps or large particles
171. ci\_\_\_\_\_te a rumor      *v.* to move continuously or freely around a place or closed system
172. a lo\_\_e tongue      *adj.* not securely fixed or fastened in place or able to be detached or separated from something
173. in-s\_\_u control      *adj.* short for "situated," meaning located or placed in a particular position or circumstance
174. street ma\_\_\_\_\_an      *n.* a person who performs magic tricks or illusions to entertain an audience; typically involves sleight of hand or deception to create seemingly impossible or supernatural effects
175. dep\_\_\_\_\_on of liberty      *n.* a state of not having something, such as food or money, that you need for a pleasant life

ANSWERS: 166. adapt, 167. disappear, 168. resuscitate, 169. purity, 170. sift, 171. circulate, 172. loose, 173. situ, 174. magician, 175. deprivation

176. hazardous li\_\_\_d *n.* a substance, such as water or oil that flows freely and is neither a solid nor a gas
177. de\_\_\_\_\_te a few hours *v.* to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
178. intraspecific com\_\_\_\_\_on *n.* a situation in which someone is attempting to beat or outperform another
179. decision-making pr\_\_\_\_\_s *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
180. the market is de\_\_\_\_\_ed *adj.* sad and without any hope
181. the blood fl\_\_h into my face *v.* to become red on your face, especially because you are embarrassed, angry, or hot; to rinse, clean, or empty something, especially a toilet, by causing large quantities of water to flow
182. u\_\_e a total ban *v.* to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist
183. bo\_\_\_g work *adj.* lacking interest or excitement; tedious or dull

ANSWERS: 176. liquid, 177. dedicate, 178. competition, 179. process, 180. depressed, 181. flush, 182. urge, 183. boring

184. ba\_\_\_\_n ride *n.* a small bag made of thin rubber or other light material that can be inflated with air or gas, used as a toy or as a decoration; (verb) to become inflated
185. a scientific di\_\_\_\_ry *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
186. break free from ha\_\_\_\_ffs *n.* a pair of metal restraints that are designed to lock around a person's wrists and prevent them from moving their hands freely; (verb) to restrain or restrict the movement of a person by applying handcuffs, typically as part of an arrest or other security-related process
187. l\_\_e prey *v.* to tempt or persuade someone to do something
188. set a t\_\_p *n.* a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping
189. st\_\_c electricity *adj.* not moving or not capable of moving, not changing or not capable of changing
190. si\_\_\_\_te a future scenario *v.* to make a pretense of someone's behavior or looks; to reproduce something that exists in real life using computers, models, etc., usually for study or training purposes
191. economic con\_\_\_\_on *n.* a violent, involuntary contraction or shaking of the muscles, especially those in the limbs or face; a sudden, intense, and often violent disturbance or upheaval

ANSWERS: 184. balloon, 185. discovery, 186. handcuff, 187. lure, 188. trap, 189. static, 190. simulate, 191. convulsion

192. ob\_\_\_\_s reasons *adj.* easy to see, discover or understand
193. up\_\_\_\_t posture *adj.* perpendicular to a horizontal surface or line; (adverb) in a vertical position
194. sp\_\_\_\_e of influence *n.* a round object or geometric shape that is three-dimensional and symmetrical around a central point; a particular aspect or scope of life or activity
195. summer ol\_\_\_\_ad *n.* a period of four years, originally the time between the ancient Olympic Games and now commonly used to refer to the modern Olympic Games, which are held every four years
196. r\_d the body of waste products *v.* to make someone or something free of unwanted or unpleasant tasks, objects, or person
197. ha\_\_\_\_y through my journey *adj.* in or at a point midway or an equal distance between two points
198. leather st\_\_p *n.* a long, narrow strip or belt of leather, fabric, or another material used for binding, fastening, or supporting something or someone; a band or string that attaches one object to another, often used to secure items during transport
199. wh\_\_e watching *n.* a very large sea mammal that has a streamlined body and breathes through a blowhole on the head; a very large person; impressive in size or qualities
200. the curved shape of a h\_\_k *n.* a curved device used for suspending, holding, or pulling something, especially one attached to a surface for hanging things on; a sharp curve or crook

ANSWERS: 192. obvious, 193. upright, 194. sphere, 195. olympiad, 196. rid, 197. halfway, 198. strap, 199. whale, 200. hook

201. hel\_\_\_\_\_er ride *n.* a type of aircraft that is capable of hovering in place and moving vertically, as well as flying horizontally; often used for emergency medical services, military operations, and transport in areas with limited access
202. st\_\_\_\_\_ng water *adj.* existing or remaining upright; having a vertical position; (noun) social, financial, or professional status or reputation
203. de\_\_\_\_\_ed feeling *adj.* sad and without any hope
204. the state of being we\_\_d *adj.* extraordinary, unexpected, or difficult to explain
205. beat com\_\_\_\_\_or offer *n.* a person who participates in a sporting contest; a person or organization that competes with others, particularly in business
206. a cultured pe\_\_l *n.* a hard, roundish object found within the shells of certain mollusks and used as a gem
207. re\_\_\_e a company from bankruptcy *v.* to save someone or something from a dangerous or difficult situation
208. br\_\_\_h of wind *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
209. severe cr\_\_\_c *n.* someone who expresses opinions about the quality of books, music, etc.
210. on a qu\_\_t for happiness *n.* a long or challenging search for something
211. ar\_\_\_y blockage *n.* one of the thick tubes in humans and most other animals that takes blood away from the heart to one or more parts of the body such as tissues, lungs, brain, etc.

ANSWERS: 201. helicopter, 202. standing, 203. depressed, 204. weird, 205. competitor, 206. pearl, 207. rescue, 208. breath, 209. critic, 210. quest, 211. artery

212. arrange my sc\_\_\_\_le *n.* a list of planned activities, tasks, or things that must be completed showing when they are intended to happen or be done
213. a sexual u\_\_e *v.* to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist
214. hyp\_\_\_\_\_iac fears *adj.* pertaining to or suffering from hypochondria, a condition marked by excessive anxiety about one's health and an abnormal concern that one has a serious disease, despite the absence of any physical evidence
215. a n\_\_b mind *adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity
216. res\_\_\_\_\_te the man drown *v.* to make someone or something active or vigorous again;
217. compelled by du\_\_\_s *n.* the use of force, coercion, or threat to compel someone to do something against their will; a condition of being forced or constrained to act or behave in a certain way
218. as\_\_\_e an important role *v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
219. criminal on death r\_w *n.* an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oars

ANSWERS: 212. schedule, 213. urge, 214. hypochondriac, 215. numb, 216. resuscitate, 217. duress, 218. assume, 219. row

220. a capillary t\_\_e                    *n.* a cylindrical container of metal, plastic, glass, etc., usually sealed and used as a means of preserving food or chemicals; a hollow cylindrical shape
221. a glass t\_\_e                        *n.* a cylindrical container of metal, plastic, glass, etc., usually sealed and used as a means of preserving food or chemicals; a hollow cylindrical shape
222. weapon de\_\_t                       *n.* a place or a building where goods, materials, or equipment are stored, manufactured, or distributed; a transportation hub where buses or trains start or end their journeys
223. sh\_\_\_\_\_e from side to side    *v.* to move or mix around in a casual or unorganized way; to walk with short, dragging steps
224. art cr\_\_\_\_c                         *n.* someone who expresses opinions about the quality of books, music, etc.
225. cause a widespread se\_\_\_\_\_on    *n.* a feeling associated with stimulation of a sense organ or with a specific body condition; a general feeling of interest and excitement
226. pr\_\_\_\_\_s improvement           *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

ANSWERS: 220. tube, 221. tube, 222. depot, 223. shuffle, 224. critic, 225. sensation, 226. process



227. deep-sea di\_\_r *n.* a person who dives, especially one who does so professionally or as a sport; a bird that dives into the water to catch fish or other prey
228. und\_\_\_\_\_th the laughter *adv.* under or below something else
229. ex\_\_\_\_\_e sports *adj.* very great in amount or degree
230. imm\_\_\_\_\_ly recall a product *adv.* now or without delay
231. not no\_\_\_\_\_ly drink much *adv.* usually; under normal conditions
232. pe\_\_l beyond price *n.* a hard, roundish object found within the shells of certain mollusks and used as a gem
233. con\_\_\_\_\_on of a disease *n.* the act or process of becoming smaller or shorter in size, volume, or amount
234. mo\_\_\_\_\_r the data carefully *v.* to observe, check, and track the progress or quality of something over a period of time
235. l\_\_g capacity *n.* either of the two organs in the chest that people and some animals use for breathing
236. his conclusion was ob\_\_\_\_\_s *adj.* easy to see, discover or understand
237. a heavy sc\_\_\_\_\_le *n.* a list of planned activities, tasks, or things that must be completed showing when they are intended to happen or be done
238. h\_p from one place to another *v.* to jump lightly and quickly on one foot or both feet; to move rapidly from one place to another; to travel using an aircraft, bus, etc.

ANSWERS: 227. diver, 228. underneath, 229. extreme, 230. immediately, 231. normally, 232. pearl, 233. contraction, 234. monitor, 235. lung, 236. obvious, 237. schedule, 238. hop

239. a bull wh\_\_e *n.* a very large sea mammal that has a streamlined body and breathes through a blowhole on the head; a very large person; impressive in size or qualities
240. he\_\_\_\_\_at abnormality *n.* the regular movement or sound of the heart as it sends blood around the body; an animating or vital unifying force
241. he is ob\_\_\_sed with the fear *v.* to fill the mind of someone continually so that one can't think of anything else
242. start to hal\_\_\_\_\_te *v.* to experience a seemingly real perception of something that does not actually exist, usually as a result of a mental illness or drug use
243. skilled neu\_\_\_\_\_eon *n.* a medical doctor who specializes in the surgical treatment of conditions affecting the nervous system, including the brain, spinal cord, and peripheral nerves
244. leg\_\_\_\_\_te question *adj.* accordant with or allowed by law; lawful
245. camera st\_\_p *n.* a long, narrow strip or belt of leather, fabric, or another material used for binding, fastening, or supporting something or someone; a band or string that attaches one object to another, often used to secure items during transport
246. a leg\_\_\_\_\_te child *adj.* accordant with or allowed by law; lawful
247. de\_\_\_e centigrade *n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

ANSWERS: 239. whale, 240. heartbeat, 241. obsess, 242. hallucinate, 243. neurosurgeon, 244. legitimate, 245. strap, 246. legitimate, 247. degree

248. st\_\_\_\_d analysis *adj.* deliberately considered or scrutinized; carefully thought out or planned
249. or\_\_n bleeding *n.* a part of the body of an animal or plant that has a particular purpose and performs a specific job
250. s\_\_p across the country *v.* to move along lightly and quickly, making a step from one foot to the other with a hop or bounce; to intentionally fail to do something which would normally do
251. W\_\_e off dirt *v.* to clean or dry something by rubbing with a piece of cloth or paper or one's hand and removing dirt, food, or liquid
252. sc\_\_\_m a profanity *v.* to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice
253. v\_\_y directly with the price *v.* to become different in terms of size, shape, etc.
254. is\_\_\_\_ic optic neuropathy *adj.* relating to or caused by an inadequate supply of blood to an organ or tissue, leading to reduced oxygen and nutrient levels
255. pi\_\_\_r decoration *n.* a tall, vertical column or support structure that helps to hold up other parts of a building or structure; a person or thing regarded as providing essential support or core strength to something
256. con\_\_\_\_\_on in the industry *n.* the act or process of becoming smaller or shorter in size, volume, or amount

ANSWERS: 248. studied, 249. organ, 250. skip, 251. wipe, 252. scream, 253. vary, 254. ischemic, 255. pillar, 256. contraction

257. h\_p on one foot      *v.* to jump lightly and quickly on one foot or both feet; to move rapidly from one place to another; to travel using an aircraft, bus, etc.
258. sl\_\_p against pillows      *v.* to fall or sink suddenly, often due to loss of support or stability; to decline or decrease abruptly, as in business or economic conditions; to become despondent or dispirited; (noun) a sudden or prolonged decline or drop in value, price, or quality
259. su\_\_\_\_ly attacked by an enemy      *adv.* quickly and unexpectedly
260. the hydrogen binds the ox\_\_\_n      *n.* the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live
261. a circular mo\_\_\_\_nt      *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
262. an imp\_\_\_\_ve array of facts      *adj.* arousing admiration due to size, quality, or skill
263. s\_\_t at law      *n.* a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or acceptable for
264. th\_\_b at the thought of the accident      *v.* to beat with a strong, regular rhythm, as a pulse or a heart

ANSWERS: 257. hop, 258. slump, 259. suddenly, 260. oxygen, 261. movement, 262. impressive, 263. suit, 264. throb

265. re\_\_x a series of muscles      *v.* to become or cause someone to become less active or tense and calmer
266. scientific jo\_\_\_\_l      *n.* a newspaper or magazine specialized in a specific topic or profession
267. sh\_\_\_r with delight      *v.* to shake or quiver with cold, fear, or excitement; to tremble or vibrate rapidly
268. bachelor's de\_\_\_e      *n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
269. a we\_\_d dress      *adj.* extraordinary, unexpected, or difficult to explain
270. get ne\_\_\_\_s      *adj.* worried and anxious about something; relating to the nerves
271. d\_\_e into anime communities      *v.* to jump into the water with your head and arms going in first, or to move down to a deeper level underwater
272. a ch\_\_\_\_al compound      *adj.* relating to or connected with chemistry;
273. an aw\_\_l error      *adj.* causing fear, dread, or terror; very bad or unpleasant
274. the professor of su\_\_\_\_y      *n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
275. su\_\_\_\_e a blizzard      *v.* to live or exist despite a dangerous event or period

ANSWERS: 265. relax, 266. journal, 267. shiver, 268. degree, 269. weird, 270. nervous, 271. dive, 272. chemical, 273. awful, 274. surgery, 275. survive

276. an eager be\_\_\_r *n.* a large, semiaquatic rodent with a wide, flat tail and webbed feet, noted for its ability to build dams and lodges
277. clonic con\_\_\_\_\_on *n.* a violent, involuntary contraction or shaking of the muscles, especially those in the limbs or face; a sudden, intense, and often violent disturbance or upheaval
278. pu\_\_\_\_\_ly accessible record *adv.* in a manner accessible to or observable by the public; by the government
279. pa\_\_\_\_\_id about issues *adj.* unreasonably or obsessively believing that other people do not like you or want to harm you
280. ba\_\_\_\_\_n into a severe political problem *n.* a small bag made of thin rubber or other light material that can be inflated with air or gas, used as a toy or as a decoration; (verb) to become inflated
281. high school at\_\_\_\_\_es *n.* a person who competes in one or more sports that involve physical strength, speed, or endurance
282. cr\_\_y about cars and racing *adj.* stupid or not sensible; very angry
283. l\_\_e foreign investment *v.* to tempt or persuade someone to do something
284. hemoglobin met\_\_\_\_\_sm *n.* the set of chemical reactions in cells or organisms that are necessary for life-sustaining
285. pr\_\_e number *adj.* main or most important; basic; (prime number, noun) a natural number greater than 1 that cannot be formed by multiplying two smaller natural numbers (e.g., 2, 3, 5, 7, 11 and 13)

ANSWERS: 276. beaver, 277. convulsion, 278. publicly, 279. paranoid, 280. balloon, 281. athlete, 282. crazy, 283. lure, 284. metabolism, 285. prime

286. thousands of po\_\_ds *n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
287. na\_\_\_\_\_ly regenerated forest *adv.* as might be expected; by natural manners
288. professional di\_\_r *n.* a person who dives, especially one who does so professionally or as a sport; a bird that dives into the water to catch fish or other prey
289. climate sk\_\_\_\_\_c *n.* a person who doubts or questions the truth of specific claims, beliefs, or doctrines, especially those in religion or the supernatural
290. met\_\_\_\_\_sm enzyme *n.* the set of chemical reactions in cells or organisms that are necessary for life-sustaining
291. su\_\_r a setback *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
292. a reckless at\_\_\_\_\_t *n.* an act or effort of trying to do something, especially something difficult
293. d\_\_e off a cliff *v.* to jump into the water with your head and arms going in first, or to move down to a deeper level underwater
294. business sp\_\_\_e *n.* a round object or geometric shape that is three-dimensional and symmetrical around a central point; a particular aspect or scope of life or activity

ANSWERS: 286. pound, 287. naturally, 288. diver, 289. skeptic, 290. metabolism, 291. suffer, 292. attempt, 293. dive, 294. sphere

295. sc\_\_b dirt from potatoes      *v.* to clean something thoroughly, typically with a brush and soap or detergent
296. ti\_\_\_e up my spine      *v.* to cause a stinging or prickling sensation; (noun) a feeling of slight numbness or a slight prickling or stinging sensation, typically as a result of cold or excitement
297. bu\_\_\_\_t force      *adj.* lighthearted and cheerful; tending to float; having a positive attitude or outlook
298. extreme tem\_\_\_\_\_res      *n.* the degree of hotness or coldness of a thing or place
299. be\_\_\_r dam      *n.* a large, semiaquatic rodent with a wide, flat tail and webbed feet, noted for its ability to build dams and lodges
300. hy\_\_\_\_c injury      *adj.* relating to or characterized by a deficiency of oxygen, particularly in the body's tissues or organs
301. co\_\_\_n lid      *n.* a box or container used to bury a dead body; a case or structure resembling a coffin
302. su\_\_\_r bad grades      *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
303. as\_\_\_e a lousy attitude to his boss      *v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
304. domestic com\_\_\_\_\_or      *n.* a person who participates in a sporting contest; a person or organization that competes with others, particularly in business

ANSWERS: 295. scrub, 296. tingle, 297. buoyant, 298. temperature, 299. beaver, 300. hypoxic, 301. coffin, 302. suffer, 303. assume, 304. competitor



305. his social st\_\_\_\_\_ng *adj.* existing or remaining upright; having a vertical position; (noun) social, financial, or professional status or reputation
306. hyp\_\_\_\_\_ion treatment *n.* a condition in which a person breathes very quickly and deeply, causing an increase in oxygen and a decrease in carbon dioxide levels in the blood, which can lead to symptoms such as dizziness, tingling, and fainting
307. na\_\_\_\_\_ly arising *adv.* as might be expected; by natural manners
308. mo\_\_\_\_\_g ceremony *adj.* causing strong emotions or feelings, especially sadness or sympathy
309. cr\_\_k an eggshell *v.* to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking
310. de\_\_\_e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
311. lig\_\_\_\_\_ed from dehydration *adj.* feeling dizzy, weak, or faint; having a sensation of being slightly detached from reality or detached from one's surroundings
312. da\_\_\_e a relationship *v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity

ANSWERS: 305. standing, 306. hyperventilation, 307. naturally, 308. moving, 309. crack, 310. decide, 311. lightheaded, 312. damage

313. sh\_\_t surgery *v.* to redirect or transfer something, often a flow of liquid or gas, to an alternative path or conduit; to move someone or something aside or out of the way; (noun) a device used to divert or redirect the flow of something, usually electrical current or fluid
314. sc\_\_\_m at him to be quiet *v.* to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice
315. t\_\_p an animal *n.* a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping
316. hold your br\_\_\_h *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
317. bo\_\_\_g day *adj.* lacking interest or excitement; tedious or dull
318. the first round of the com\_\_\_\_\_on *n.* a situation in which someone is attempting to beat or outperform another
319. ap\_\_a treatment *n.* a temporary cessation of breathing, especially during sleep; a medical condition characterized by the repeated occurrence of such interruptions
320. sl\_\_e a card across the table *v.* to move or cause to move smoothly along a surface without interruption
321. the most am\_\_\_\_\_g feeling *adj.* extremely surprising, especially in a way that you like or admire

ANSWERS: 313. shunt, 314. scream, 315. trap, 316. breath, 317. boring, 318. competition, 319. apnea, 320. slide, 321. amazing

322. an\_\_\_\_\_ce the award winners *v.* to make something known or officially inform people about something
323. exp\_\_\_\_\_nt design *n.* the scientific test conducted to observe what happens and gain new knowledge
324. taste se\_\_\_\_\_on *n.* a feeling associated with stimulation of a sense organ or with a specific body condition; a general feeling of interest and excitement
325. ma\_\_\_\_\_an's hat *n.* a person who performs magic tricks or illusions to entertain an audience; typically involves sleight of hand or deception to create seemingly impossible or supernatural effects
326. series of exp\_\_\_\_\_nts *n.* the scientific test conducted to observe what happens and gain new knowledge
327. a do\_\_\_\_\_ll earthquake *n.* a sudden or catastrophic decline or failure
328. sit up\_\_\_\_\_t in a chair *adj.* perpendicular to a horizontal surface or line; (adverb) in a vertical position
329. ti\_\_\_e with anticipation *v.* to cause a stinging or prickling sensation; (noun) a feeling of slight numbness or a slight prickling or stinging sensation, typically as a result of cold or excitement
330. walk around in a d\_\_\_e *n.* the feeling of distress and disbelief that you have when something bad happens accidentally; (verb) to confuse or stun someone with a sudden intense light or loud noise

ANSWERS: 322. announce, 323. experiment, 324. sensation, 325. magician, 326. experiment, 327. downfall, 328. upright, 329. tingle, 330. daze

ANSWERS:

## Session 3: Fill in the Blanks

1. His speech was carefully crafted and delivered with \_\_\_\_\_ confidence.  
*adj.* deliberately considered or scrutinized; carefully thought out or planned
2. If you apply this ointment, you may feel a mild burning \_\_\_\_\_.  
*n.* a feeling associated with stimulation of a sense organ or with a specific body condition; a general feeling of interest and excitement
3. The budget reduction was an \_\_\_\_\_ feat for our nation.  
*adj.* arousing admiration due to size, quality, or skill
4. You must \_\_\_\_\_ with others to obtain this position.  
*v.* to strive to achieve more success than someone or something
5. During the surgery, the doctor had to be extremely cautious not to \_\_\_\_\_ a blood vessel.  
*v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
6. The fire department arrived just in time to \_\_\_\_\_ the family from the burning building.  
*v.* to save someone or something from a dangerous or difficult situation
7. The search and rescue team sent a team of \_\_\_\_\_ to search for the missing plane wreckage.  
*n.* a person who dives, especially one who does so professionally or as a sport; a bird that dives into the water to catch fish or other prey

ANSWERS: 1. studied, 2. sensation, 3. impressive, 4. compete, 5. damage, 6. rescue, 7. divers

8. He always had a \_\_\_\_\_ tendency, constantly worrying about his health.

*adj.* pertaining to or suffering from hypochondria, a condition marked by excessive anxiety about one's health and an abnormal concern that one has a serious disease, despite the absence of any physical evidence

9. My nerves began to \_\_\_\_\_ before the show started.

*v.* to cause a stinging or prickling sensation; (noun) a feeling of slight numbness or a slight prickling or stinging sensation, typically as a result of cold or excitement

10. Floods have the potential to \_\_\_\_\_ any subsurface animals easily.

*v.* to die or cause to die by being unable to breathe underwater

11. The bookcase was \_\_\_\_\_ against the wall.

*adj.* perpendicular to a horizontal surface or line; (adverb) in a vertical position

12. If necessary, you can \_\_\_\_\_ the front seats forward.

*v.* to move or cause to move smoothly along a surface without interruption

13. She \_\_\_\_\_ the cards before dealing them to the players.

*v.* to move or mix around in a casual or unorganized way; to walk with short, dragging steps

14. She received her \_\_\_\_\_ in psychology from the university.

*n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

15. The third \_\_\_\_\_ was far more successful.

*n.* an act or effort of trying to do something, especially something difficult

ANSWERS: 8. hypochondriac, 9. tingle, 10. drown, 11. upright, 12. slide, 13. shuffled, 14. degree, 15. attempt

16. He was in a \_\_\_\_\_ from the sudden news and couldn't process it properly.  
*n.* the feeling of distress and disbelief that you have when something bad happens accidentally; (verb) to confuse or stun someone with a sudden intense light or loud noise
17. The baby clung \_\_\_\_\_ to her mother.  
*adv.* in a way that shows a lack of hope and a willingness to do anything because of the problematic situation; with great urgency
18. Maximum heart rates \_\_\_\_\_ a lot for each individual.  
*v.* to become different in terms of size, shape, etc.
19. He was \_\_\_\_\_ gifted.  
*adv.* as might be expected; by natural manners
20. The high altitude caused a \_\_\_\_\_ condition, making it difficult to breathe.  
*adj.* relating to or characterized by a deficiency of oxygen, particularly in the body's tissues or organs
21. He was the leader of the demonstrators and spoke out against the war in the front \_\_\_\_\_.  
*n.* an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oars
22. My left arm became \_\_\_\_\_.  
*adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity
23. Solar gravity creates \_\_\_\_\_ pressures and temperatures.  
*adj.* very great in amount or degree

ANSWERS: 16. daze, 17. desperately, 18. vary, 19. naturally, 20. hypoxic, 21. row, 22. numb, 23. extreme

24. The \_\_\_\_\_ value of the food should be clearly labeled on the packaging.  
*adj.* of or relating to the substance required by the body to maintain health and growth
25. Sales of the product \_\_\_\_\_ after the negative reviews were published.  
*v.* to fall or sink suddenly, often due to loss of support or stability; to decline or decrease abruptly, as in business or economic conditions; to become despondent or dispirited; (noun) a sudden or prolonged decline or drop in value, price, or quality
26. Sleep-deprived people gradually lose their concentration and may \_\_\_\_\_.  
*v.* to experience a seemingly real perception of something that does not actually exist, usually as a result of a mental illness or drug use
27. She won a gold medal in the physics \_\_\_\_\_ and was praised by her teachers and peers.  
*n.* a period of four years, originally the time between the ancient Olympic Games and now commonly used to refer to the modern Olympic Games, which are held every four years
28. The \_\_\_\_\_ for applying for a visa can be lengthy and complicated.  
*n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
29. If we continue to \_\_\_\_\_ the Earth's natural resources, we will cause severe damage to the environment.  
*v.* to reduce something, especially supplies of energy, money, etc., by a large amount; to use up resources or materials

ANSWERS: 24. nutritional, 25. slumped, 26. hallucinate, 27. olympiad, 28. process, 29. deplete



30. The \_\_\_\_\_ of smoke rising from the building signaled a massive fire.
- n.* a tall, vertical column or support structure that helps to hold up other parts of a building or structure; a person or thing regarded as providing essential support or core strength to something
31. Anxiety is a common cause of \_\_\_\_\_ as the body responds to perceived threats with rapid, shallow breathing.
- n.* a condition in which a person breathes very quickly and deeply, causing an increase in oxygen and a decrease in carbon dioxide levels in the blood, which can lead to symptoms such as dizziness, tingling, and fainting
32. His dream is to become an Olympic \_\_\_\_\_.
- n.* a person who competes in one or more sports that involve physical strength, speed, or endurance
33. Higher \_\_\_\_\_ requires additional equipment and energy.
- n.* the state of being undiluted or unmixed with anything else; the state of being free from immorality, especially of a sexual nature
34. There is plenty of space to \_\_\_\_\_ everyone.
- v.* to place a dead body in the ground, grave, or tomb
35. The salesperson used a special offer to \_\_\_\_\_ customers into buying the product.
- v.* to tempt or persuade someone to do something
36. The gap between the company and its \_\_\_\_\_ has widened.
- n.* a person who participates in a sporting contest; a person or organization that competes with others, particularly in business
37. Melanoma in \_\_\_\_\_ is considered the earliest stage of melanoma and has a high cure rate with appropriate treatment.
- adj.* short for "situated," meaning located or placed in a particular position or circumstance

ANSWERS: 30. pillar, 31. hyperventilation, 32. athlete, 33. purity, 34. bury, 35. lure, 36. competitors, 37. situ

38. She wore a \_\_\_\_\_ necklace passed down to her from her grandmother.  
*n.* a hard, roundish object found within the shells of certain mollusks and used as a gem
39. He performed \_\_\_\_\_ tricks with sophisticated moves.  
*n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
40. The company's financial mismanagement was the \_\_\_\_\_ of the once-successful business.  
*n.* a sudden or catastrophic decline or failure
41. The physician is reading the \_\_\_\_\_ related to medicine  
*n.* a newspaper or magazine specialized in a specific topic or profession
42. He had painted the wood to \_\_\_\_\_ stone.  
*v.* to make a pretense of someone's behavior or looks; to reproduce something that exists in real life using computers, models, etc., usually for study or training purposes
43. The golfer recorded an \_\_\_\_\_ distance.  
*adj.* extremely surprising, especially in a way that you like or admire
44. She \_\_\_\_\_ denounced the government's mishandling of the economic crisis.  
*adv.* in a manner accessible to or observable by the public; by the government
45. Losing him is great \_\_\_\_\_ to our team.  
*n.* a state of not having something, such as food or money, that you need for a pleasant life

ANSWERS: 38. pearl, 39. magic, 40. downfall, 41. journals, 42. simulate, 43. amazing, 44. publicly, 45. deprivation

46. They used a special receiver to \_\_\_\_\_ police radio channels.

- v.* to observe, check, and track the progress or quality of something over a period of time

47. The battle had an \_\_\_\_\_ impact on the nation.

- adj.* unlimited or very great; impossible to measure

48. After a thorough investigation, she has been named as the \_\_\_\_\_ suspect.

- adj.* main or most important; basic; (prime number, noun) a natural number greater than 1 that cannot be formed by multiplying two smaller natural numbers (e.g., 2, 3, 5, 7, 11 and 13)

49. The patient's \_\_\_\_\_ were a side effect of their medication.

- n.* a violent, involuntary contraction or shaking of the muscles, especially those in the limbs or face; a sudden, intense, and often violent disturbance or upheaval

50. The famous restaurant stands \_\_\_\_\_ up the hill.

- adj.* in or at a point midway or an equal distance between two points

51. Some countries have a culture of eating the flesh of a \_\_\_\_\_.

- n.* a very large sea mammal that has a streamlined body and breathes through a blowhole on the head; a very large person; impressive in size or qualities

52. The rabbit \_\_\_\_\_ over the fence.

- v.* to jump lightly and quickly on one foot or both feet; to move rapidly from one place to another; to travel using an aircraft, bus, etc.

53. Sleep \_\_\_\_\_ is a severe condition that causes a person to stop breathing while asleep.

- n.* a temporary cessation of breathing, especially during sleep; a medical condition characterized by the repeated occurrence of such interruptions

ANSWERS: 46. monitor, 47. infinite, 48. prime, 49. convulsions, 50. halfway, 51. whale, 52. hopped, 53. apnea

54. Her excessive demands drove me \_\_\_\_\_.

*adj.* extremely stupid, crazy, or dangerous; mentally ill

55. A \_\_\_\_\_ person may have delusions that people want to harm.

*adj.* unreasonably or obsessively believing that other people do not like you or want to harm you

56. I regretted making an \_\_\_\_\_ mistake in my final exam.

*adj.* causing fear, dread, or terror; very bad or unpleasant

57. He is good at swimming \_\_\_\_\_.

*adv.* below or under the surface of the water

58. His professional experience includes all \_\_\_\_\_ of media production.

*n.* one part or feature of a situation, problem, subject, etc.

59. The older man \_\_\_\_\_ from arthritis and finds it difficult to move around.

*v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

60. His \_\_\_\_\_ personality helped lift the spirits of everyone in the room.

*adj.* lighthearted and cheerful; tending to float; having a positive attitude or outlook

61. Please \_\_\_\_\_ your sweat with this towel.

*v.* to clean or dry something by rubbing with a piece of cloth or paper or one's hand and removing dirt, food, or liquid

62. The air \_\_\_\_\_ in the building needed to be cleaned to improve the air quality.

*n.* a tube, pipe, or channel for conveying air, water, or other substances

ANSWERS: 54. insane, 55. paranoid, 56. awful, 57. underwater, 58. aspects, 59. suffers, 60. buoyant, 61. wipe, 62. ducts

63. The mountain \_\_\_\_\_ built a dam to block the stream.

- n.* a large, semiaquatic rodent with a wide, flat tail and webbed feet, noted for its ability to build dams and lodges

64. He experienced cardiac arrest but was \_\_\_\_\_ yesterday.

- v.* to make someone or something active or vigorous again;

65. His \_\_\_\_\_ showed highly positive results.

- n.* the scientific test conducted to observe what happens and gain new knowledge

66. That adventurer traveled in \_\_\_\_\_ of buried treasure.

- n.* a long or challenging search for something

67. After the rollercoaster ride, I felt \_\_\_\_\_ and needed to sit down.

- adj.* feeling dizzy, weak, or faint; having a sensation of being slightly detached from reality or detached from one's surroundings

68. He bated his \_\_\_\_\_ when talking about this affair.

- n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

69. Her research team made an important \_\_\_\_\_.

- n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known

70. The patient was diagnosed with \_\_\_\_\_ heart disease requiring immediate medical attention.

- adj.* relating to or caused by an inadequate supply of blood to an organ or tissue, leading to reduced oxygen and nutrient levels

ANSWERS: 63. beaver, 64. resuscitated, 65. experiments, 66. quest, 67. lightheaded, 68. breath, 69. discovery, 70. ischemic

71. The company's rules \_\_\_\_\_ the employee's working hours.  
*v.* to tie or fasten someone or something tightly with rope, string, etc. so that they cannot move or are held together strongly
72. I don't \_\_\_\_\_ take a vacation in the middle of summer.  
*adv.* usually; under normal conditions
73. The \_\_\_\_\_ of the earth is divided into several layers including the crust, mantle, and core.  
*n.* a round object or geometric shape that is three-dimensional and symmetrical around a central point; a particular aspect or scope of life or activity
74. The \_\_\_\_\_ image on the screen took a lot of work to make out.  
*adj.* not moving or not capable of moving, not changing or not capable of changing
75. The following example \_\_\_\_\_ that the capacity of each battery is the same.  
*v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
76. He had undergone heart \_\_\_\_\_ years before.  
*n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
77. Competition between countries resulted in fast technological \_\_\_\_\_.  
*n.* the development, improvement, or progress of something
78. Who answers \_\_\_\_\_ knows little.  
*adv.* quickly and unexpectedly

ANSWERS: 71. bind, 72. normally, 73. sphere, 74. static, 75. assumes, 76. surgery, 77. advancement, 78. suddenly

79. Cities around the world set records for highest \_\_\_\_\_ this summer.  
*n.* the degree of hotness or coldness of a thing or place
80. This patient must undergo \_\_\_\_\_ surgery.  
*n.* an alternative road, channel, pipe, or connection that allows flow while the main one is closed or obstructed; (verb) to go past or round
81. The \_\_\_\_\_ of the dancers on stage was graceful and elegant.  
*n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
82. The company's CEO arrived at the meeting via \_\_\_\_\_ to avoid traffic congestion  
*n.* a type of aircraft that is capable of hovering in place and moving vertically, as well as flying horizontally; often used for emergency medical services, military operations, and transport in areas with limited access
83. I \_\_\_\_\_ in the cold winter air as I wait for the train.  
*v.* to shake or quiver with cold, fear, or excitement; to tremble or vibrate rapidly
84. He \_\_\_\_\_ his life to helping others.  
*v.* to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
85. He was a \_\_\_\_\_ who doubted the existence of supernatural phenomena.  
*n.* a person who doubts or questions the truth of specific claims, beliefs, or doctrines, especially those in religion or the supernatural
86. The sponge takes up the \_\_\_\_\_ well.  
*n.* a substance, such as water or oil that flows freely and is neither a solid nor a gas

ANSWERS: 79. temperatures, 80. bypass, 81. movement, 82. helicopter, 83. shiver, 84. dedicated, 85. skeptic, 86. liquid

87. The fan \_\_\_\_\_ the air in the room quickly.  
*v.* to move continuously or freely around a place or closed system
88. The third season of the anime show has been \_\_\_\_\_.  
*v.* to make something known or officially inform people about something
89. The \_\_\_\_\_ concert was packed with fans.  
*adj.* existing or remaining upright; having a vertical position; (noun) social, financial, or professional status or reputation
90. She intends to \_\_\_\_\_ a political career.  
*v.* to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them
91. As an \_\_\_\_\_ he had the right to make his own decisions and live his life as he saw fit.  
*n.* a single person or thing, as distinct from a group
92. He that would eat the kernel must \_\_\_\_\_ the nut.  
*v.* to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking
93. My computer has been acting \_\_\_\_\_ recently.  
*adj.* extraordinary, unexpected, or difficult to explain
94. She decided to \_\_\_\_\_ the kitchen floor to remove all the dirt and grime.  
*v.* to clean something thoroughly, typically with a brush and soap or detergent
95. The \_\_\_\_\_ train was packed with commuters during rush hour.  
*n.* a cylindrical container of metal, plastic, glass, etc., usually sealed and used as a means of preserving food or chemicals; a hollow cylindrical shape

ANSWERS: 87. circulates, 88. announced, 89. standing, 90. pursue, 91. individual, 92. crack, 93. weird, 94. scrub, 95. tube



96. The rocket's front \_\_\_\_\_ falls off.

*n.* one component of a larger entity

97. Please hang your towel on a \_\_\_\_\_.

*n.* a curved device used for suspending, holding, or pulling something, especially one attached to a surface for hanging things on; a sharp curve or crook

98. After his mother died, he got \_\_\_\_\_.

*adj.* sad and without any hope

99. I advised him to \_\_\_\_\_ to his new surroundings.

*v.* to make fit for or change to suit a new purpose or environment

100. Public political demonstrations are considered \_\_\_\_\_ rights for citizens.

*adj.* accordant with or allowed by law; lawful

101. The paper is \_\_\_\_\_ worth reading thoroughly.

*adv.* without any question and beyond doubt; clearly

102. The firm has grown into a large \_\_\_\_\_ manufacturing.

*adj.* relating to or connected with chemistry;

103. These infections have the potential to impact practically every \_\_\_\_\_ system.

*n.* a part of the body of an animal or plant that has a particular purpose and performs a specific job

104. The \_\_\_\_\_ diet mainly consists of fish and small mammals.

*n.* a type of predatory reptile that belongs to the crocodylian family which resembles alligators and crocodiles but are smaller in size, typically found in Central and South America

ANSWERS: 96. portion, 97. hook, 98. depressed, 99. adapt, 100. legitimate, 101. definitely, 102. chemical, 103. organ, 104. caiman's

105. The athlete tightened the \_\_\_\_\_ on his running shoes before the race.
- n.* a long, narrow strip or belt of leather, fabric, or another material used for binding, fastening, or supporting something or someone; a band or string that attaches one object to another, often used to secure items during transport
106. The children were delighted with the \_\_\_\_\_ clever tricks.
- n.* a person who performs magic tricks or illusions to entertain an audience; typically involves sleight of hand or deception to create seemingly impossible or supernatural effects
107. He's utterly \_\_\_\_\_ with his promotion.
- v.* to fill the mind of someone continually so that one can't think of anything else
108. The abandoned ship slowly began to \_\_\_\_\_ into the murky waters of the harbor.
- v.* to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else
109. The \_\_\_\_\_ of the economy has led to job losses.
- n.* the act or process of becoming smaller or shorter in size, volume, or amount
110. These birds can only \_\_\_\_\_ in temperate climates.
- v.* to live or exist despite a dangerous event or period
111. We \_\_\_\_\_ the topic because it was too complicated.
- v.* to move along lightly and quickly, making a step from one foot to the other with a hop or bounce; to intentionally fail to do something which would normally do
112. The inspector discovered \_\_\_\_\_ bolts under the fuel rods.
- adj.* not securely fixed or fastened in place or able to be detached or separated from something

ANSWERS: 105. strap, 106. magician's, 107. obsessed, 108. sink, 109. contraction, 110. survive, 111. skipped, 112. loose

113. The pond's \_\_\_\_\_ was around five feet.

- n.* the distance between the top and bottom of something; between the top surface and a distance below it

114. We need to raise the \_\_\_\_\_ to win this poker game.

- n.* a mandatory bet or contribution made by all players in a game of cards or gambling as a prerequisite for participation; any initial or essential action or investment required for a particular endeavor

115. Advocates for legal reform hear less harsh words from their \_\_\_\_\_.

- n.* someone who expresses opinions about the quality of books, music, etc.

116. So far, the meeting is going according to \_\_\_\_\_.

- n.* a list of planned activities, tasks, or things that must be completed showing when they are intended to happen or be done

117. He broke his arm at the \_\_\_\_\_ of the bone.

- n.* the farthest or most remote point or the greatest or the highest degree

118. We must \_\_\_\_\_ ourselves of pollution.

- v.* to make someone or something free of unwanted or unpleasant tasks, objects, or person

119. The rules were \_\_\_\_\_ after the new executive arrived.

- v.* to become or cause someone to become less active or tense and calmer

120. Though he was evil, he never \_\_\_\_\_ his friends into wrongdoing.

- v.* to make someone want to do or have something, especially something that is unnecessary or wrong

ANSWERS: 113. depth, 114. ante, 115. critics, 116. schedule, 117. extremity, 118. rid, 119. relaxed, 120. tempted

121. The lecture was so \_\_\_\_\_ that many people fell asleep.

*adj.* lacking interest or excitement; tedious or dull

122. Six \_\_\_\_\_ are awaiting trial or verdict.

*n.* a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or acceptable for

123. He could no longer tell the difference between \_\_\_\_\_ and reality.

*n.* a false idea or belief, especially about somebody or about a situation

124. The car's front bumper cost fifteen hundred \_\_\_\_\_.

*n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

125. She kept \_\_\_\_\_ for an ambulance.

*v.* to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice

126. The enemy fell right into the \_\_\_\_\_.

*n.* a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping

127. She couldn't \_\_\_\_\_ whether to order the pizza or the pasta for dinner.

*v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

128. The hospital recruited experienced \_\_\_\_\_ worldwide to treat complex neurological disorders comprehensively.

*n.* a medical doctor who specializes in the surgical treatment of conditions affecting the nervous system, including the brain, spinal cord, and peripheral nerves

ANSWERS: 121. boring, 122. suits, 123. illusion, 124. pounds, 125. screaming, 126. trap, 127. decide, 128. neurosurgeons

129. There are \_\_\_\_\_ differences between the two wine-producing regions.

*adj.* easy to see, discover or understand

130. A suspension order from the court is effective \_\_\_\_\_.

*adv.* now or without delay

131. New York is the commercial \_\_\_\_\_ of America.

*n.* the regular movement or sound of the heart as it sends blood around the body; an animating or vital unifying force

132. X-rays revealed a small tumor in his \_\_\_\_\_.

*n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

133. Your credit card is no longer \_\_\_\_\_.

*adj.* having a reasonable basis in logic or fact; still legally or officially acceptable

134. I always put a \_\_\_\_\_ mark next to the items on my grocery list after buying them.

*n.* a light, sharp, repetitive sound or action; a mark indicating that something is correct or has been done; any of two families of small parasitic arachnids with barbed proboscis

135. He has terminal \_\_\_\_\_ cancer.

*n.* either of the two organs in the chest that people and some animals use for breathing

136. The sperm whale can \_\_\_\_\_ to 1,000 meters.

*v.* to jump into the water with your head and arms going in first, or to move down to a deeper level underwater

ANSWERS: 129. obvious, 130. immediately, 131. heartbeat, 132. brain, 133. valid, 134. tick, 135. lung, 136. dive

137. The girl \_\_\_\_\_ when a young man whistled as she walked by.  
*v.* to become red on your face, especially because you are embarrassed, angry, or hot; to rinse, clean, or empty something, especially a toilet, by causing large quantities of water to flow
138. The government tried to \_\_\_\_\_ corrupt officials from the bureaucracy.  
*v.* to remove or get rid of something, especially that is unwanted or impure
139. The \_\_\_\_\_ properties of this herb have been known to help with various ailments.  
*adj.* of or relating to the treatment or cure of disease
140. These gas nebulas are merely newborn galactic \_\_\_\_\_.  
*n.* the most essential or fundamental part of something
141. The plane flew at a high \_\_\_\_\_ to avoid turbulence.  
*n.* the height of an object or point in relation to sea level or ground level
142. This pill will relieve your \_\_\_\_\_ immediately.  
*n.* pain in the head; someone or something that causes anxiety or trouble
143. The lobbyist \_\_\_\_\_ Congress not to approve the measure.  
*v.* to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist
144. The penny fell \_\_\_\_\_ the piano.  
*adv.* under or below something else
145. Perseverance and optimism are \_\_\_\_\_ to success.  
*adj.* necessary for the success or continued existence of something

ANSWERS: 137. flushed, 138. purge, 139. medicinal, 140. cores, 141. altitude, 142. headaches, 143. urged, 144. underneath, 145. vital

146. You \_\_\_\_\_ a bill in the change machine, and the coins pop out.

- v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

147. Better sleep leads to increased \_\_\_\_\_.

- n.* the set of chemical reactions in cells or organisms that are necessary for life-sustaining

148. The search engine helps \_\_\_\_\_ information.

- v.* to put flour, sugar, etc. through a sieve (= a utensil consisting of a wire or plastic mesh in a frame) to remove lumps or large particles

149. He made a frightful \_\_\_\_\_ in his room.

- n.* a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy

150. The passenger grabbed for the \_\_\_\_\_ mask.

- n.* the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live

151. The rain and thunder are \_\_\_\_\_ today.

- adj.* stupid or not sensible; very angry

152. His \_\_\_\_\_ speech about his struggles with addiction brought tears to the audience's eyes.

- adj.* causing strong emotions or feelings, especially sadness or sympathy

153. The railway workers had to \_\_\_\_\_ the train to a different track to clear the tracks.

- v.* to redirect or transfer something, often a flow of liquid or gas, to an alternative path or conduit; to move someone or something aside or out of the way; (noun) a device used to divert or redirect the flow of something, usually electrical current or fluid

ANSWERS: 146. stick, 147. metabolism, 148. sift, 149. mess, 150. oxygen, 151. crazy, 152. moving, 153. shunt

154. She sat on the ship's \_\_\_\_\_ watching the sunset over the ocean.

*n.* a flat surface that is usually made of wood or other material and is attached to a building, vehicle, or other structure

155. The train \_\_\_\_\_ was a hub for commuters and travelers.

*n.* a place or a building where goods, materials, or equipment are stored, manufactured, or distributed; a transportation hub where buses or trains start or end their journeys

156. He suffers from \_\_\_\_\_ breakdowns.

*adj.* worried and anxious about something; relating to the nerves

157. The hostage made a false confession under \_\_\_\_\_.

*n.* the use of force, coercion, or threat to compel someone to do something against their will; a condition of being forced or constrained to act or behave in a certain way

158. Continuous consumption of fatty foods leads to the hardening of the \_\_\_\_\_.

*n.* one of the thick tubes in humans and most other animals that takes blood away from the heart to one or more parts of the body such as tissues, lungs, brain, etc.

159. The wound continued to \_\_\_\_\_ with pain, despite the medication.

*v.* to beat with a strong, regular rhythm, as a pulse or a heart

160. The timer \_\_\_\_\_ reminding me that the cake was ready to come out of the oven.

*v.* to make a short, high-pitched sound, typically as a signal or warning

161. The police officer put \_\_\_\_\_ on the suspect before placing them in the squad car.

*n.* a pair of metal restraints that are designed to lock around a person's wrists and prevent them from moving their hands freely; (verb) to restrain or restrict the movement of a person by applying handcuffs, typically as part of an arrest or other security-related process



ANSWERS: 154. deck, 155. depot, 156. nervous, 157. duress, 158. artery, 159. throb, 160. beeped, 161. handcuffs

162. They watched the train \_\_\_\_\_ into the distance.

*v.* to cease to exist or be visible

163. Global \_\_\_\_\_ is rising in virtually every industry.

*n.* a situation in which someone is attempting to beat or outperform another

164. The priest prayed over the \_\_\_\_\_ before it was lowered into the ground.

*n.* a box or container used to bury a dead body; a case or structure resembling a coffin

165. The satellite \_\_\_\_\_ slowly ascended into the sky.

*n.* a small bag made of thin rubber or other light material that can be inflated with air or gas, used as a toy or as a decoration; (verb) to become inflated

ANSWERS: 162. disappear, 163. competition, 164. coffin, 165. balloon