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Vocabulary Builder Reference from...

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Advanced Words Only

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Session 1: Word List

dour

adj. stern, unyielding, or gloomy in appearance or manner; unfriendly or humorless

synonym : gloomy, sullen, austere

(1) **dour** personality, (2) a **dour** demeanor

The **dour** expression on his face showed his disappointment after the game.

chimpanzee

n. a small, very intelligent ape found in west and central Africa with black or brown fur

synonym : ape, chimp, pan troglodytes

(1) **chimpanzee** behavior, (2) **chimpanzee** society

Many zoos have **chimpanzee** exhibits, allowing visitors to observe these intelligent primates up close.

obligatory

adj. required by a rule, law, or social convention; compulsory

synonym : mandatory, required, compulsory

(1) **obligatory** audit, (2) an **obligatory** subject

Attending the meeting was **obligatory** for all employees.

antidepressant

n. any of a class of drugs used to reduce feelings of sadness and worry

(1) an **antidepressant** drug, (2) **antidepressant** effect

She has been taking **antidepressants** since her baby died.

blockbuster

n. a movie, book, or other product that is extremely successful and popular, especially one that makes much money

synonym : hit, success, smash

(1) **blockbuster** movie, (2) international **blockbuster**

The new action movie is expected to be a **blockbuster** hit.

rout

n. a disorderly retreat or defeat of an army or group; a decisive defeat

synonym : defeat, debacle, disaster

(1) **rout** march, (2) cricket team's **rout**

The football team suffered a humiliating **rout** in the championship game.

homicide

n. the act or instance of killing another person; murder, manslaughter, or other unlawful violent killings

synonym : murder, killing, manslaughter

(1) mass **homicide**, (2) serial **homicide**

The detective was called to investigate a **homicide** in the city.

pessimism

n. a tendency to see the worst in things and anticipate adverse outcomes; a belief that the world is generally bad or that something will go wrong more often than it will go right

synonym : negativity, defeatism, cynicism

(1) deep **pessimism**, (2) sense of **pessimism**

The CEO's constant **pessimism** about the company's future affected employee morale.

doom

n. death, destruction, or some other terrible situation that cannot be avoided

synonym : judgment, destiny, fate

(1) economic **doom**, (2) prophet of **doom**

Everyone was aware of the impending **doom** but was unable to prevent it.

propel

v. to move, drive or push something forward or in a particular direction, often with a lot of force

synonym : drive, push, move

(1) **propel** growth, (2) **propel** the ship

An increase in employment helps **propel** economic growth.

infantile

adj. relating to or characteristic of infants or infancy; behaving in an immature or childish manner; lacking maturity or sophistication

synonym : childish, juvenile, immature

(1) **infantile** paralysis, (2) **infantile** colic

His **infantile** behavior was unacceptable for someone his age.

psychoanalysis

n. a system of psychological theory and therapy that aims to treat mental and emotional disorders by investigating the interaction of conscious and unconscious elements in the mind

(1) freudian **psychoanalysis**, (2) **psychoanalysis** technique

She sought **psychoanalysis** to understand her childhood traumas.

psychotherapy

n. the treatment of mental or emotional problems by talking with a therapist

(1) field of **psychotherapy**, (2) **psychotherapy** for depression

He took **psychotherapy** to help him deal with his accident trauma.

avert

v. to prevent something dangerous or undesirable from happening

synonym : discourage, prevent, deter

(1) **avert** disaster, (2) **avert** a strike

The dam systematically releases large amounts of water to **avert** flooding during the rainy season

averse

adj. feeling strong dislike, opposition, or reluctance towards something; having a strong inclination against or avoidance of something

synonym : reluctant, disinclined, unwilling

(1) **averse** to change, (2) **averse** to risk

I am **averse** to making hasty decisions without carefully considering the consequences.

disgust

n. a strong feeling of dislike or disapproval

synonym : nauseate, hate, dislike

(1) public **disgust**, (2) show **disgust** at his actions

He was filled with **disgust** and fear for the threat of war.

posit

v. to suggest or accept something as fact or as a basis for argument or consideration

synonym : assert, declare, assume

(1) **posit** the existence of life after death, (2) **posit** the premise

We should **posit** several hypotheses to discuss the matter.

endogenous

adj. originating or arising from within an organism, system, or process rather than from external factors; pertaining to internal causes or influences

synonym : endogenic, innate, internal

(1) **endogenous** growth, (2) **endogenous** opioid system

Endogenous factors like genetics and personality are key in determining our behavior.

opioid

n. substances that have an effect similar to opium, such as morphine, used in medicines to treat severe pain, but some people take them illegally for pleasure and become addicted

(1) an **opioid** analgesic, (2) **opioid** receptor

Treatment for **opioid** dependence may be a long-term process.

cortisol

n. a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure

synonym : stress hormone, hydrocortisone

(1) **cortisol** stress, (2) excessive **cortisol**

Cortisol levels in the body are often elevated during times of stress.

hippocampus

n. a major component of the brain of humans and other vertebrates that is part of the limbic system and is vital for memory

(1) involvement of the **hippocampus**, (2) neurons in the **hippocampus**

The **hippocampus** is crucial for learning and memory storage.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym : suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

gloom

n. a state of darkness, sadness, or melancholy; a feeling of depression or lack of hope; a state of obscurity or uncertainty

synonym : darkness, depression, melancholy

(1) a sense of **gloom**, (2) **gloom-filled** room

The **gloom** of the rainy weather was beginning to affect her mood.

recur

v. to happen repeatedly or occur again from time to time; to come back or return to one's mind or awareness

synonym : reappear, repeat, come back

(1) **recur** repeatedly, (2) **recur** after appropriate treatment

I always have nightmares that **recur** occasionally and prevent me from getting a good night's sleep.

deconstruct

v. to break something down into its separate parts to interpret or analyze it; to interpret or analyze a text, an artwork, etc. to show that there is no fixed meaning

synonym : break down, interpret, assay

(1) **deconstruct** the existing system, (2) **deconstruct** his method

She employed a rigorous intellectual framework to **deconstruct** various categories of literature.

schadenfreude

n. pleasure or joy derived from the misfortune, pain, or discomfort of others

synonym : malicious joy, gloating

(1) **schadenfreude** pleasure, (2) **schadenfreude** smirk

He couldn't help but feel a sense of **schadenfreude** when his rival's project failed.

misfortune

n. an unfortunate event or circumstance; bad luck or trouble

synonym : adversity, calamity, tragedy

(1) economic **misfortune**, (2) a string of **misfortunes**

The flood was a great **misfortune** to the small town causing extensive damage.

consonant

n. a speech sound that is produced by completely or partially blocking the airflow through the mouth; a letter or group of letters representing a consonant sound, for example, "b," "c," "d," etc.

synonym : agreement, harmony, concord

(1) **consonant** blends, (2) a medial **consonant**

The **consonant** sounds at the beginning and end of the word made it easy to pronounce.

dissonant

adj. sounds that are not in harmony or are in conflict with one another; an uncomfortable or tense feeling caused by conflicting ideas or emotions

synonym : discordant, harsh, inharmonious

(1) a **dissonant** voice, (2) **dissonant** note

The **dissonant** sound from the poorly tuned instruments was painful to listen to.

innate

adj. existing naturally or from birth; inherent or inborn; not acquired or learned through experience

synonym : natural, inherent, inborn

(1) **innate** ability, (2) **innate** quality

The belief in **innate** human goodness is a common philosophical concept.

unaccountable

adj. not able to be explained or justified, often in a way that suggests something suspicious or dishonest is going on; not responsible or answerable for one's actions or behavior

synonym : unexplainable, inexplicable, mysterious

(1) **unaccountable** behavior, (2) **unaccountable** decision

The **unaccountable** disappearance of funds led to an investigation.

dopamine

n. a chemical substance produced by nerve cells as a neurotransmitter; as a drug, it is used to treat shock and hypotension

(1) **dopamine-inhibiting** agent, (2) antagonism of **dopamine**

The drug controls the level of **dopamine** in the brain.

ventral

adj. relating to or situated on or toward the belly or underside of an animal or organ; opposite of dorsal

synonym : abdominal, ventricose, stomachal

(1) **ventral** fin, (2) **ventral** hernia

The **ventral** side of the fish was beautifully colored.

integument

n. a tough outer covering, especially that of an animal or plant, such as a skin or shell

synonym : cover, envelope, skin

(1) **integument** layer, (2) insect **integument**

The outer **integument** protects the seed.

accumbens

n. (nucleus accumbens) an area of the brain located in the basal forebrain that has a significant role in the cognitive processing of motivation, aversion, reward

(1) nucleus **accumbens** neurons, (2) cells of the nucleus **accumbens**

Dopamine is released into the nucleus **accumbens**.

prefrontal

adj. in or about the foremost part of the frontal lobe of the brain

(1) **prefrontal** bone, (2) **prefrontal** region

Research shows that damage to the **prefrontal** cortex leads to increased aggression.

frontal

adj. relating to the front; situated at or directed towards the front; frontal can also refer to a meteorological term for a weather system that is moving from west to east

synonym: anterior, fore, forward

(1) **frontal** assault, (2) **frontal** attack

He suffered a severe **frontal** collision in the car accident.

salience

n. the quality of being prominent, significant, or relevant; the degree to which something stands out or is noticeable

synonym: prominence, importance, significance

(1) the **salience** of the topic, (2) emotional **salience**

The **salience** of the issue was highlighted in the national news.

opiate

n. a drug or substance derived from opium or having similar effects, often used for pain relief or to induce sleep; something that dulls or lulls the senses, emotions, or thoughts

synonym: drug, narcotic, sedative

(1) **opiate** analgesics, (2) addictive **opiate**

The doctor prescribed a mild **opiate** painkiller to help manage his post-surgery discomfort.

oxytocin

n. a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk

(1) **oxytocin-degrading** enzyme, (2) **oxytocin** receptor

Women may increase **oxytocin** production through romantic love.

zygomatic

adj. relating to the zygoma bone, which is a facial bone that forms the prominence of the cheek, often used to describe features or structures related to this bone

synonym : cheekbone, malar

(1) **zygomatic** fracture, (2) **zygomatic** bone

She has a distinctive facial feature with high **zygomatic** arches.

crinkle

v. to form wrinkles, creases, or folds in a surface, especially in cloth or paper, often causing it to make a rustling sound; to make a rustling or crackling sound

synonym : wrinkle, crumple, crease

(1) **crinkle** my nose, (2) bag **crinkle** as I open

Her eyes **crinkled** with laughter as she told us a joke.

orbicularis

adj. referring to a circular or orb-shaped structure or muscle, specifically, relating to the orbicularis oculi muscle surrounding the eye socket

synonym : ring-shaped, circular, rounded

(1) **orbicularis** oculi reflex, (2) **orbicularis** oris muscle

The **orbicularis** oculi muscle is responsible for closing and opening the eyelids.

oculist

n. a medical professional who specializes in the treatment of diseases and disorders of the eye; an ophthalmologist or an optometrist

synonym : optician, eye doctor, ophthalmologist

(1) skilled **oculist**, (2) pediatric **oculist**

My grandmother visited the renowned **oculist** for her annual eye examination.

extrovert

n. a person who is outgoing, sociable, and confident
synonym: outgoing, sociable, gregarious

(1) **extrovert** social skills, (2) natural **extrovert**
She intentionally acts like an **extrovert**.

introvert

n. a shy and reticent person
synonym: observer, loner, solitary

(1) **introvert** personality, (2) **introvert** behavior
Being an **introvert** is not a weakness, and it's just a different way of interacting with the world.

unmask

v. to reveal the true identity, nature, or motives of someone or something that has been concealed or hidden; to expose falsehoods and pretenses

synonym: reveal, expose, uncover

(1) **unmask** the thief, (2) **unmask** a lie

The whistleblower was determined to **unmask** the corrupt politician.

biophilia

n. a deeply ingrained human affinity or love for the natural world and living organisms coined by biologist E.O. Wilson, which refers to the innate connection and attraction humans have toward nature

synonym: love of nature, affinity for living organisms

(1) **biophilia** in healthcare, (2) natural **biophilia**

The **biophilia** hypothesis suggests that humans have an innate love for nature and a desire to connect with other living systems.

complication

n. something that makes a situation or condition that is complex or confused

synonym: confusion, complexity, difficulty

(1) **complication** of structure, (2) resolve without **complication**

He also continued to struggle with serious long-term **complications**.

imitate

v. to copy the speech, behavior, appearance, etc. of someone or something

synonym : mimic, emulate, replicate

(1) **imitate** painting styles, (2) **imitate** animal sounds

He **imitated** the modus operandi of the famous phantom thief.

humming

adj. producing a continuous, low, vibrating sound like that of the bee

synonym : buzzing, droning, vibrating

(1) **humming** sound, (2) **humming** bird

The **humming** of the bees filled the air as she walked through the garden.

helpless

adj. unable to take care of oneself or to do things without help

synonym : defenseless, powerless, susceptible

(1) **helpless** baby, (2) **helpless** victims

I feel so **helpless** without you.

hopeless

adj. having no hope; despairing; having no chance of success

synonym : despairing, helpless, futile

(1) **hopeless** situation, (2) **hopeless** at everything

After months of job searching, he felt **hopeless** and unsure of his future.

unnatural

adj. not in accordance with the normal or natural order or not normal, typical, or expected

synonym : abnormal, bizarre, artificial

(1) **unnatural** death, (2) **unnatural** disaster

The **unnatural** growth of the city has disrupted wildlife habitats.

replicate

v. to make an exact copy of something; to repeat a process or experiment to confirm the results

synonym : duplicate, imitate, reproduce

(1) **replicate** the cell, (2) **replicate** data

The experiment was **replicated** several times to ensure accuracy.

underlie

v. to be the support, basis, hidden cause of something; to be located under or below

synonym: govern, control, determine

(1) **underlie** the theory of the big bang, (2) **underlie** the current economic deadlock

His bitter experiences **underlie** his moral principles.

mediate

v. to try to bring about an agreement or understanding between people who are in conflict

synonym: arbitrate, reconcile, intervene

(1) **mediate** allergic reaction, (2) **mediate** a negotiation

The teacher had to **mediate** a disagreement between two students over a stolen pencil.

infatuate

v. to be inspired with a very strong but usually short-lived passion, love, or admiration for someone or something

synonym: beguile, captivate, charm

(1) **infatuate** the audience, (2) make me **infatuated**

He has been **infatuated** with her since he met her.

astray

adv. away from the right path or direction

synonym: off course, misdirected, wayward

(1) led **astray** by superstition, (2) gone **astray**

He wandered **astray** from the path and got lost in the forest.

seize

v. to catch or take hold of someone or something suddenly and forcibly; to capture the attention or imagination of something

synonym: grab, grasp, capture

(1) **seize** a person's property, (2) **seize** the day

He has the superpower to **seize** a business opportunity.

proWess

n. exceptional or superior skill or ability, particularly in a physical or athletic context; valorous bravery or courage

synonym : expertise, skill, ability

(1) economic **proWess**, (2) intellectual **proWess**

The athlete's **proWess** in her sport earned her many accolades.

submissive

adj. inclined or willing to submit or yield to authority, domination, or direction; obedient or compliant; meek or passive

synonym : compliant, obedient, docile

(1) **submissive** behavior, (2) a **submissive** personality

The **submissive** dog cowered and trembled in fear when approached by its owner.

prestige

n. respect and admiration felt or shown for someone or something based on a perception of their achievements or quality

synonym : honor, distinction, reputation

(1) national **prestige**, (2) **prestige** company

The university has great **prestige** in the academic community.

confer

v. to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something

synonym : consult, meet, discuss

(1) **confer** degree, (2) **confer** honor

The leaders of the two countries met to **confer** on the issue.

materialism

n. a philosophical belief that physical matter is the only or fundamental reality and that everything, including thought, feeling, mind, and consciousness, can be reduced to matter and physical explanations

synonym : materiality, materialness, physicalism

(1) rampant **materialism**, (2) **materialism** society

He was accused of being driven by **materialism**, putting wealth and possessions above all else.

avid

adj. characterized by enthusiasm and vigorous pursuit, especially of an interest or activity

synonym : enthusiastic, eager, fervent

(1) **avid** baseball fan, (2) have **avid** eyes

She was an **avid** reader and spent hours every day lost in a book.

derail

v. to cause a train or tram to run off the tracks accidentally; to run off or leave the rails accidentally

synonym : crash, wreck, thwart

(1) **derail** the recovery, (2) **derail** an argument

The train **derailed** because a cow was standing on the tracks.

motto

n. a phrase or slogan that expresses a guiding principle or goal

synonym : slogan, catchphrase, phrase

(1) the **motto** for safe traffic, (2) company **motto**

The company's **motto** is "Innovation and Service," which is reflected in its products and customer support.

actualize

v. to make real or concrete; to bring into existence or implementation; to fulfill or realize a potential or intention

synonym : realize, accomplish, effectuate

(1) **actualize** your ideas, (2) **actualize** the company's vision

I need to **actualize** my plan to make it a reality.

transcendent

adj. going beyond the limits of ordinary experience or knowledge; surpassing the usual or expected; exalted or sublime

synonym : beyond human experience, divine, spiritual

(1) **transcendent** wisdom, (2) **transcendent** joy

The **transcendent** beauty of the Grand Canyon took his breath away.

generosity

n. the fact or quality of being willing to do kind things or give somebody money, gifts, or time freely

synonym : goodness, hospitality, unselfishness

(1) act of **generosity**, (2) boundless **generosity**

He is remembered for his **generosity** and civilization.

Session 2: Spelling

- | | |
|-------------------------------|---|
| 1. emotional sa_____ce | <i>n.</i> the quality of being prominent, significant, or relevant; the degree to which something stands out or is noticeable |
| 2. public di_____t | <i>n.</i> a strong feeling of dislike or disapproval |
| 3. the mo__o for safe traffic | <i>n.</i> a phrase or slogan that expresses a guiding principle or goal |
| 4. field of psy_____apy | <i>n.</i> the treatment of mental or emotional problems by talking with a therapist |
| 5. ho_____ss at everything | <i>adj.</i> having no hope; despairing; having no chance of success |
| 6. freudian psy_____sis | <i>n.</i> a system of psychological theory and therapy that aims to treat mental and emotional disorders by investigating the interaction of conscious and unconscious elements in the mind |
| 7. un_____al death | <i>adj.</i> not in accordance with the normal or natural order or not normal, typical, or expected |
| 8. in_____te the audience | <i>v.</i> to be inspired with a very strong but usually short-lived passion, love, or admiration for someone or something |
| 9. chi_____ee behavior | <i>n.</i> a small, very intelligent ape found in west and central Africa with black or brown fur |
| 10. hu_____g sound | <i>adj.</i> producing a continuous, low, vibrating sound like that of the bee |

ANSWERS: 1. salience, 2. disgust, 3. motto, 4. psychotherapy, 5. hopeless, 6. psychoanalysis, 7. unnatural, 8. infatuate, 9. chimpanzee, 10. humming

11. serial ho____de *n.* the act or instance of killing another person; murder, manslaughter, or other unlawful violent killings
12. de____l the recovery *v.* to cause a train or tram to run off the tracks accidentally; to run off or leave the rails accidentally
13. chi____ee society *n.* a small, very intelligent ape found in west and central Africa with black or brown fur
14. ox____in-degrading enzyme *n.* a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk
15. in____rt personality *n.* a shy and reticent person
16. a__d baseball fan *adj.* characterized by enthusiasm and vigorous pursuit, especially of an interest or activity
17. ox____in receptor *n.* a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk
18. po__t the existence of life after death *v.* to suggest or accept something as fact or as a basis for argument or consideration
19. co____ol stress *n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure

ANSWERS: 11. homicide, 12. derail, 13. chimpanzee, 14. oxytocin, 15. introvert, 16. avid, 17. oxytocin, 18. posit, 19. cortisol

20. cells of the nucleus ac_____ns *n.* (nucleus accumbens) an area of the brain located in the basal forebrain that has a significant role in the cognitive processing of motivation, aversion, reward
21. zy_____ic fracture *adj.* relating to the zygoma bone, which is a facial bone that forms the prominence of the cheek, often used to describe features or structures related to this bone
22. cricket team's r__t *n.* a disorderly retreat or defeat of an army or group; a decisive defeat
23. un_____al disaster *adj.* not in accordance with the normal or natural order or not normal, typical, or expected
24. dec_____ct his method *v.* to break something down into its separate parts to interpret or analyze it; to interpret or analyze a text, an artwork, etc. to show that there is no fixed meaning
25. ac_____ze your ideas *v.* to make real or concrete; to bring into existence or implementation; to fulfill or realize a potential or intention
26. a di_____nt voice *adj.* sounds that are not in harmony or are in conflict with one another; an uncomfortable or tense feeling caused by conflicting ideas or emotions
27. in___e quality *adj.* existing naturally or from birth; inherent or inborn; not acquired or learned through experience

ANSWERS: 20. accumbens, 21. zygomatic, 22. rout, 23. unnatural, 24. deconstruct, 25. actualize, 26. dissonant, 27. innate

28. im_____e animal sounds *v.* to copy the speech, behavior, appearance, etc. of someone or something
29. un_____ie the theory of the big bang *v.* to be the support, basis, hidden cause of something; to be located under or below
30. obl_____ry audit *adj.* required by a rule, law, or social convention; compulsory
31. led as____y by superstition *adv.* away from the right path or direction
32. op_____e analgesics *n.* a drug or substance derived from opium or having similar effects, often used for pain relief or to induce sleep; something that dulls or lulls the senses, emotions, or thoughts
33. pr____l the ship *v.* to move, drive or push something forward or in a particular direction, often with a lot of force
34. op____d receptor *n.* substances that have an effect similar to opium, such as morphine, used in medicines to treat severe pain, but some people take them illegally for pleasure and become addicted
35. in____e ability *adj.* existing naturally or from birth; inherent or inborn; not acquired or learned through experience
36. co____r honor *v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
37. he_____ss baby *adj.* unable to take care of oneself or to do things without help

ANSWERS: 28. imitate, 29. underlie, 30. obligatory, 31. astray, 32. opiate, 33. propel, 34. opioid, 35. innate, 36. confer, 37. helpless

38. ant_____ant effect *n.* any of a class of drugs used to reduce feelings of sadness and worry
39. pre_____al region *adj.* in or about the foremost part of the frontal lobe of the brain
40. in_____rt behavior *n.* a shy and reticent person
41. boundless gen_____ty *n.* the fact or quality of being willing to do kind things or give somebody money, gifts, or time freely
42. an op____d analgesic *n.* substances that have an effect similar to opium, such as morphine, used in medicines to treat severe pain, but some people take them illegally for pleasure and become addicted
43. cr_____e my nose *v.* to form wrinkles, creases, or folds in a surface, especially in cloth or paper, often causing it to make a rustling sound; to make a rustling or crackling sound
44. prophet of d__m *n.* death, destruction, or some other terrible situation that cannot be avoided
45. una_____ble behavior *adj.* not able to be explained or justified, often in a way that suggests something suspicious or dishonest is going on; not responsible or answerable for one's actions or behavior
46. psy_____apy for depression *n.* the treatment of mental or emotional problems by talking with a therapist
47. in_____le colic *adj.* relating to or characteristic of infants or infancy; behaving in an immature or childish manner; lacking maturity or sophistication

ANSWERS: 38. antidepressant, 39. prefrontal, 40. introvert, 41. generosity, 42. opioid, 43. crinkle, 44. doom, 45. unaccountable, 46. psychotherapy, 47. infantile

48. pre_____al bone *adj.* in or about the foremost part of the frontal lobe of the brain
49. di_____nt note *adj.* sounds that are not in harmony or are in conflict with one another; an uncomfortable or tense feeling caused by conflicting ideas or emotions
50. antagonism of do_____ne *n.* a chemical substance produced by nerve cells as a neurotransmitter; as a drug, it is used to treat shock and hypotension
51. addictive op____e *n.* a drug or substance derived from opium or having similar effects, often used for pain relief or to induce sleep; something that dulls or lulls the senses, emotions, or thoughts
52. ex_____rt social skills *n.* a person who is outgoing, sociable, and confident
53. bag cr_____e as I open *v.* to form wrinkles, creases, or folds in a surface, especially in cloth or paper, often causing it to make a rustling sound; to make a rustling or crackling sound
54. rampant mat_____sm *n.* a philosophical belief that physical matter is the only or fundamental reality and that everything, including thought, feeling, mind, and consciousness, can be reduced to matter and physical explanations
55. an obl_____ry subject *adj.* required by a rule, law, or social convention; compulsory

ANSWERS: 48. prefrontal, 49. dissonant, 50. dopamine, 51. opiate, 52. extrovert, 53. crinkle, 54. materialism, 55. obligatory

56. ve____l hernia *adj.* relating to or situated on or toward the belly or underside of an animal or organ; opposite of dorsal
57. me_____e a negotiation *v.* to try to bring about an agreement or understanding between people who are in conflict
58. fr____l attack *adj.* relating to the front; situated at or directed towards the front; frontal can also refer to a meteorological term for a weather system that is moving from west to east
59. re__r repeatedly *v.* to happen repeatedly or occur again from time to time; to come back or return to one's mind or awareness
60. sch_____ude pleasure *n.* pleasure or joy derived from the misfortune, pain, or discomfort of others
61. int_____nt layer *n.* a tough outer covering, especially that of an animal or plant, such as a skin or shell
62. de___l an argument *v.* to cause a train or tram to run off the tracks accidentally; to run off or leave the rails accidentally
63. una_____ble decision *adj.* not able to be explained or justified, often in a way that suggests something suspicious or dishonest is going on; not responsible or answerable for one's actions or behavior
64. skilled oc_____t *n.* a medical professional who specializes in the treatment of diseases and disorders of the eye; an ophthalmologist or an optometrist

ANSWERS: 56. ventral, 57. mediate, 58. frontal, 59. recur, 60. schadenfreude, 61. integument, 62. derail, 63. unaccountable, 64. oculist

65. neurons in the hip_____us *n.* a major component of the brain of humans and other vertebrates that is part of the limbic system and is vital for memory
66. dec_____ct the existing system *v.* to break something down into its separate parts to interpret or analyze it; to interpret or analyze a text, an artwork, etc. to show that there is no fixed meaning
67. nucleus ac_____ns neurons *n.* (nucleus accumbens) an area of the brain located in the basal forebrain that has a significant role in the cognitive processing of motivation, aversion, reward
68. fr_____l assault *adj.* relating to the front; situated at or directed towards the front; frontal can also refer to a meteorological term for a weather system that is moving from west to east
69. tra_____ent joy *adj.* going beyond the limits of ordinary experience or knowledge; surpassing the usual or expected; exalted or sublime
70. show di_____t at his actions *n.* a strong feeling of dislike or disapproval
71. se__e the day *v.* to catch or take hold of someone or something suddenly and forcibly; to capture the attention or imagination of something
72. orb_____is oculi reflex *adj.* referring to a circular or orb-shaped structure or muscle, specifically, relating to the orbicularis oculi muscle surrounding the eye socket

ANSWERS: 65. hippocampus, 66. deconstruct, 67. accumbens, 68. frontal, 69. transcendent, 70. disgust, 71. seize, 72. orbicularis

73. co_____nt blends *n.* a speech sound that is produced by completely or partially blocking the airflow through the mouth; a letter or group of letters representing a consonant sound, for example, "b," "c," "d," etc.
74. op_____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
75. excessive co_____ol *n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure
76. d__r personality *adj.* stern, unyielding, or gloomy in appearance or manner; unfriendly or humorless
77. international blo_____er *n.* a movie, book, or other product that is extremely successful and popular, especially one that makes much money
78. psy_____sis technique *n.* a system of psychological theory and therapy that aims to treat mental and emotional disorders by investigating the interaction of conscious and unconscious elements in the mind
79. make me in_____ted *v.* to be inspired with a very strong but usually short-lived passion, love, or admiration for someone or something
80. a sub_____ve personality *adj.* inclined or willing to submit or yield to authority, domination, or direction; obedient or compliant; meek or passive

ANSWERS: 73. consonant, 74. opportune, 75. cortisol, 76. dour, 77. blockbuster, 78. psychoanalysis, 79. infatuate, 80. submissive

81. national pr____ge *n.* respect and admiration felt or shown for someone or something based on a perception of their achievements or quality
82. un____ie the current economic deadlock *v.* to be the support, basis, hidden cause of something; to be located under or below
83. end_____us growth *adj.* originating or arising from within an organism, system, or process rather than from external factors; pertaining to internal causes or influences
84. economic mis_____ne *n.* an unfortunate event or circumstance; bad luck or trouble
85. ac_____ze the company's vision *v.* to make real or concrete; to bring into existence or implementation; to fulfill or realize a potential or intention
86. sense of pe_____sm *n.* a tendency to see the worst in things and anticipate adverse outcomes; a belief that the world is generally bad or that something will go wrong more often than it will go right
87. sub_____ve behavior *adj.* inclined or willing to submit or yield to authority, domination, or direction; obedient or compliant; meek or passive
88. company mo__o *n.* a phrase or slogan that expresses a guiding principle or goal
89. ho_____ss situation *adj.* having no hope; despairing; having no chance of success
90. r__t march *n.* a disorderly retreat or defeat of an army or group; a decisive defeat

ANSWERS: 81. prestige, 82. underlie, 83. endogenous, 84. misfortune, 85. actualize, 86. pessimism, 87. submissive, 88. motto, 89. hopeless, 90. rout

91. me____e allergic reaction *v.* to try to bring about an agreement or understanding between people who are in conflict
92. a d__r demeanor *adj.* stern, unyielding, or gloomy in appearance or manner; unfriendly or humorless
93. economic d__m *n.* death, destruction, or some other terrible situation that cannot be avoided
94. un___k a lie *v.* to reveal the true identity, nature, or motives of someone or something that has been concealed or hidden; to expose falsehoods and pretenses
95. have a__d eyes *adj.* characterized by enthusiasm and vigorous pursuit, especially of an interest or activity
96. natural ex_____rt *n.* a person who is outgoing, sociable, and confident
97. tra_____ent wisdom *adj.* going beyond the limits of ordinary experience or knowledge; surpassing the usual or expected; exalted or sublime
98. av__t disaster *v.* to prevent something dangerous or undesirable from happening
99. av___e to risk *adj.* feeling strong dislike, opposition, or reluctance towards something; having a strong inclination against or avoidance of something
100. re_____te the cell *v.* to make an exact copy of something; to repeat a process or experiment to confirm the results

ANSWERS: 91. mediate, 92. dour, 93. doom, 94. unmask, 95. avid, 96. extrovert, 97. transcendent, 98. avert, 99. averse, 100. replicate

101. bi_____ia in healthcare *n.* a deeply ingrained human affinity or love for the natural world and living organisms coined by biologist E.O. Wilson, which refers to the innate connection and attraction humans have toward nature
102. deep pe_____sm *n.* a tendency to see the worst in things and anticipate adverse outcomes; a belief that the world is generally bad or that something will go wrong more often than it will go right
103. act of gen_____ty *n.* the fact or quality of being willing to do kind things or give somebody money, gifts, or time freely
104. re_____te data *v.* to make an exact copy of something; to repeat a process or experiment to confirm the results
105. end_____us opioid system *adj.* originating or arising from within an organism, system, or process rather than from external factors; pertaining to internal causes or influences
106. natural bi_____ia *n.* a deeply ingrained human affinity or love for the natural world and living organisms coined by biologist E.O. Wilson, which refers to the innate connection and attraction humans have toward nature
107. hu_____g bird *adj.* producing a continuous, low, vibrating sound like that of the bee
108. pr_____ge company *n.* respect and admiration felt or shown for someone or something based on a perception of their achievements or quality

ANSWERS: 101. biophilia, 102. pessimism, 103. generosity, 104. replicate, 105. endogenous, 106. biophilia, 107. humming, 108. prestige

109. av__t a strike *v.* to prevent something dangerous or undesirable from happening
110. re__r after appropriate treatment *v.* to happen repeatedly or occur again from time to time; to come back or return to one's mind or awareness
111. economic pr____s *n.* exceptional or superior skill or ability, particularly in a physical or athletic context; valorous bravery or courage
112. the sa____ce of the topic *n.* the quality of being prominent, significant, or relevant; the degree to which something stands out or is noticeable
113. po__t the premise *v.* to suggest or accept something as fact or as a basis for argument or consideration
114. un___k the thief *v.* to reveal the true identity, nature, or motives of someone or something that has been concealed or hidden; to expose falsehoods and pretenses
115. gl__m-filled room *n.* a state of darkness, sadness, or melancholy; a feeling of depression or lack of hope; a state of obscurity or uncertainty
116. av___e to change *adj.* feeling strong dislike, opposition, or reluctance towards something; having a strong inclination against or avoidance of something
117. involvement of the hip____us *n.* a major component of the brain of humans and other vertebrates that is part of the limbic system and is vital for memory

ANSWERS: 109. avert, 110. recur, 111. prowess, 112. salience, 113. posit, 114. unmask, 115. gloom, 116. averse, 117. hippocampus

118. an ant_____ant drug *n.* any of a class of drugs used to reduce feelings of sadness and worry
119. do_____ne-inhibiting agent *n.* a chemical substance produced by nerve cells as a neurotransmitter; as a drug, it is used to treat shock and hypotension
120. zy_____ic bone *adj.* relating to the zygoma bone, which is a facial bone that forms the prominence of the cheek, often used to describe features or structures related to this bone
121. im_____e painting styles *v.* to copy the speech, behavior, appearance, etc. of someone or something
122. a sense of gl__m *n.* a state of darkness, sadness, or melancholy; a feeling of depression or lack of hope; a state of obscurity or uncertainty
123. com_____ion of structure *n.* something that makes a situation or condition that is complex or confused
124. gone as____y *adv.* away from the right path or direction
125. orb_____is oris muscle *adj.* referring to a circular or orb-shaped structure or muscle, specifically, relating to the orbicularis oculi muscle surrounding the eye socket
126. blo_____er movie *n.* a movie, book, or other product that is extremely successful and popular, especially one that makes much money
127. pediatric oc_____t *n.* a medical professional who specializes in the treatment of diseases and disorders of the eye; an ophthalmologist or an optometrist

ANSWERS: 118. antidepressant, 119. dopamine, 120. zygomatic, 121. imitate, 122. gloom, 123. complication, 124. astray, 125. orbicularis, 126. blockbuster, 127. oculist

128. mass ho____de *n.* the act or instance of killing another person; murder, manslaughter, or other unlawful violent killings
129. co____r degree *v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
130. sch____ude smirk *n.* pleasure or joy derived from the misfortune, pain, or discomfort of others
131. resolve without com____ion *n.* something that makes a situation or condition that is complex or confused
132. se__e a person's property *v.* to catch or take hold of someone or something suddenly and forcibly; to capture the attention or imagination of something
133. a string of mis____nes *n.* an unfortunate event or circumstance; bad luck or trouble
134. mat____sm society *n.* a philosophical belief that physical matter is the only or fundamental reality and that everything, including thought, feeling, mind, and consciousness, can be reduced to matter and physical explanations
135. insect int____nt *n.* a tough outer covering, especially that of an animal or plant, such as a skin or shell
136. a medial co____nt *n.* a speech sound that is produced by completely or partially blocking the airflow through the mouth; a letter or group of letters representing a consonant sound, for example, "b," "c," "d," etc.

ANSWERS: 128. homicide, 129. confer, 130. schadenfreude, 131. complication, 132. seize, 133. misfortune, 134. materialism, 135. integument, 136. consonant

137. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
138. in_____le paralysis *adj.* relating to or characteristic of infants or infancy; behaving in an immature or childish manner; lacking maturity or sophistication
139. intellectual pr_____s *n.* exceptional or superior skill or ability, particularly in a physical or athletic context; valorous bravery or courage
140. pr____l growth *v.* to move, drive or push something forward or in a particular direction, often with a lot of force
141. ve_____l fin *adj.* relating to or situated on or toward the belly or underside of an animal or organ; opposite of dorsal
142. he_____ss victims *adj.* unable to take care of oneself or to do things without help

ANSWERS: 137. opportune, 138. infantile, 139. prowess, 140. propel, 141. ventral, 142. helpless

Session 3: Fill in the Blanks

1. His bitter experiences _____ his moral principles.
v. to be the support, basis, hidden cause of something; to be located under or below

2. _____ factors like genetics and personality are key in determining our behavior.
adj. originating or arising from within an organism, system, or process rather than from external factors; pertaining to internal causes or influences

3. The phone rang at the most _____ time.
adj. suitable or happening at a time that is suitable or convenient for a particular purpose

4. His _____ behavior was unacceptable for someone his age.
adj. relating to or characteristic of infants or infancy; behaving in an immature or childish manner; lacking maturity or sophistication

5. _____ levels in the body are often elevated during times of stress.
n. a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure

6. The _____ hypothesis suggests that humans have an innate love for nature and a desire to connect with other living systems.
n. a deeply ingrained human affinity or love for the natural world and living organisms coined by biologist E.O. Wilson, which refers to the innate connection and attraction humans have toward nature

7. The _____ oculi muscle is responsible for closing and opening the eyelids.
adj. referring to a circular or orb-shaped structure or muscle, specifically, relating to the orbicularis oculi muscle surrounding the eye socket

ANSWERS: 1. underlie, 2. Endogenous, 3. opportune, 4. infantile, 5. Cortisol, 6. biophilia, 7. orbicularis

8. He took _____ to help him deal with his accident trauma.
n. the treatment of mental or emotional problems by talking with a therapist
9. The _____ disappearance of funds led to an investigation.
adj. not able to be explained or justified, often in a way that suggests something suspicious or dishonest is going on; not responsible or answerable for one's actions or behavior
10. She sought _____ to understand her childhood traumas.
n. a system of psychological theory and therapy that aims to treat mental and emotional disorders by investigating the interaction of conscious and unconscious elements in the mind
11. The _____ of the rainy weather was beginning to affect her mood.
n. a state of darkness, sadness, or melancholy; a feeling of depression or lack of hope; a state of obscurity or uncertainty
12. The athlete's _____ in her sport earned her many accolades.
n. exceptional or superior skill or ability, particularly in a physical or athletic context; valorous bravery or courage
13. Being an _____ is not a weakness, and it's just a different way of interacting with the world.
n. a shy and reticent person
14. The teacher had to _____ a disagreement between two students over a stolen pencil.
v. to try to bring about an agreement or understanding between people who are in conflict

ANSWERS: 8. psychotherapy, 9. unaccountable, 10. psychoanalysis, 11. gloom, 12. prowess, 13. introvert, 14. mediate

15. Many zoos have _____ exhibits, allowing visitors to observe these intelligent primates up close.

n. a small, very intelligent ape found in west and central Africa with black or brown fur

16. She employed a rigorous intellectual framework to _____ various categories of literature.

v. to break something down into its separate parts to interpret or analyze it; to interpret or analyze a text, an artwork, etc. to show that there is no fixed meaning

17. He suffered a severe _____ collision in the car accident.

adj. relating to the front; situated at or directed towards the front; frontal can also refer to a meteorological term for a weather system that is moving from west to east

18. We should _____ several hypotheses to discuss the matter.

v. to suggest or accept something as fact or as a basis for argument or consideration

19. The belief in _____ human goodness is a common philosophical concept.

adj. existing naturally or from birth; inherent or inborn; not acquired or learned through experience

20. The drug controls the level of _____ in the brain.

n. a chemical substance produced by nerve cells as a neurotransmitter; as a drug, it is used to treat shock and hypotension

21. Everyone was aware of the impending _____ but was unable to prevent it.

n. death, destruction, or some other terrible situation that cannot be avoided

ANSWERS: 15. chimpanzee, 16. deconstruct, 17. frontal, 18. posit, 19. innate, 20. dopamine, 21. doom

22. Women may increase _____ production through romantic love.
n. a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk
23. The flood was a great _____ to the small town causing extensive damage.
n. an unfortunate event or circumstance; bad luck or trouble
24. He _____ the modus operandi of the famous phantom thief.
v. to copy the speech, behavior, appearance, etc. of someone or something
25. The experiment was _____ several times to ensure accuracy.
v. to make an exact copy of something; to repeat a process or experiment to confirm the results
26. She intentionally acts like an _____.
n. a person who is outgoing, sociable, and confident
27. The company's _____ is "Innovation and Service," which is reflected in its products and customer support.
n. a phrase or slogan that expresses a guiding principle or goal
28. She was an _____ reader and spent hours every day lost in a book.
adj. characterized by enthusiasm and vigorous pursuit, especially of an interest or activity
29. I am _____ to making hasty decisions without carefully considering the consequences.
adj. feeling strong dislike, opposition, or reluctance towards something; having a strong inclination against or avoidance of something

ANSWERS: 22. oxytocin, 23. misfortune, 24. imitated, 25. replicated, 26. extrovert, 27. motto, 28. avid, 29. averse

30. An increase in employment helps _____ economic growth.

- v.* to move, drive or push something forward or in a particular direction, often with a lot of force

31. Her eyes _____ with laughter as she told us a joke.

- v.* to form wrinkles, creases, or folds in a surface, especially in cloth or paper, often causing it to make a rustling sound; to make a rustling or crackling sound

32. The _____ expression on his face showed his disappointment after the game.

- adj.* stern, unyielding, or gloomy in appearance or manner; unfriendly or humorless

33. He wandered _____ from the path and got lost in the forest.

- adv.* away from the right path or direction

34. The new action movie is expected to be a _____ hit.

- n.* a movie, book, or other product that is extremely successful and popular, especially one that makes much money

35. Treatment for _____ dependence may be a long-term process.

- n.* substances that have an effect similar to opium, such as morphine, used in medicines to treat severe pain, but some people take them illegally for pleasure and become addicted

36. I need to _____ my plan to make it a reality.

- v.* to make real or concrete; to bring into existence or implementation; to fulfill or realize a potential or intention

37. The detective was called to investigate a _____ in the city.

- n.* the act or instance of killing another person; murder, manslaughter, or other unlawful violent killings

ANSWERS: 30. propel, 31. crinkled, 32. dour, 33. astray, 34. blockbuster, 35. opioid, 36. actualize, 37. homicide

38. The _____ side of the fish was beautifully colored.

adj. relating to or situated on or toward the belly or underside of an animal or organ; opposite of dorsal

39. The university has great _____ in the academic community.

n. respect and admiration felt or shown for someone or something based on a perception of their achievements or quality

40. Dopamine is released into the nucleus _____.

n. (nucleus accumbens) an area of the brain located in the basal forebrain that has a significant role in the cognitive processing of motivation, aversion, reward

41. The _____ beauty of the Grand Canyon took his breath away.

adj. going beyond the limits of ordinary experience or knowledge; surpassing the usual or expected; exalted or sublime

42. He has been _____ with her since he met her.

v. to be inspired with a very strong but usually short-lived passion, love, or admiration for someone or something

43. The _____ sounds at the beginning and end of the word made it easy to pronounce.

n. a speech sound that is produced by completely or partially blocking the airflow through the mouth; a letter or group of letters representing a consonant sound, for example, "b," "c," "d," etc.

44. I always have nightmares that _____ occasionally and prevent me from getting a good night's sleep.

v. to happen repeatedly or occur again from time to time; to come back or return to one's mind or awareness

ANSWERS: 38. ventral, 39. prestige, 40. accumbens, 41. transcendent, 42. infatuated, 43. consonant, 44. recur

45. I feel so _____ without you.

adj. unable to take care of oneself or to do things without help

46. The whistleblower was determined to _____ the corrupt politician.

v. to reveal the true identity, nature, or motives of someone or something that has been concealed or hidden; to expose falsehoods and pretenses

47. The _____ growth of the city has disrupted wildlife habitats.

adj. not in accordance with the normal or natural order or not normal, typical, or expected

48. Attending the meeting was _____ for all employees.

adj. required by a rule, law, or social convention; compulsory

49. After months of job searching, he felt _____ and unsure of his future.

adj. having no hope; despairing; having no chance of success

50. The train _____ because a cow was standing on the tracks.

v. to cause a train or tram to run off the tracks accidentally; to run off or leave the rails accidentally

51. He was filled with _____ and fear for the threat of war.

n. a strong feeling of dislike or disapproval

52. Research shows that damage to the _____ cortex leads to increased aggression.

adj. in or about the foremost part of the frontal lobe of the brain

53. He couldn't help but feel a sense of _____ when his rival's project failed.

n. pleasure or joy derived from the misfortune, pain, or discomfort of others

ANSWERS: 45. helpless, 46. unmask, 47. unnatural, 48. obligatory, 49. hopeless, 50. derailed, 51. disgust, 52. prefrontal, 53. schadenfreude

54. She has been taking _____ since her baby died.
- n.* any of a class of drugs used to reduce feelings of sadness and worry
55. The doctor prescribed a mild _____ painkiller to help manage his post-surgery discomfort.
- n.* a drug or substance derived from opium or having similar effects, often used for pain relief or to induce sleep; something that dulls or lulls the senses, emotions, or thoughts
56. My grandmother visited the renowned _____ for her annual eye examination.
- n.* a medical professional who specializes in the treatment of diseases and disorders of the eye; an ophthalmologist or an optometrist
57. The outer _____ protects the seed.
- n.* a tough outer covering, especially that of an animal or plant, such as a skin or shell
58. The _____ dog cowered and trembled in fear when approached by its owner.
- adj.* inclined or willing to submit or yield to authority, domination, or direction; obedient or compliant; meek or passive
59. The dam systematically releases large amounts of water to _____ flooding during the rainy season
- v.* to prevent something dangerous or undesirable from happening
60. The _____ of the issue was highlighted in the national news.
- n.* the quality of being prominent, significant, or relevant; the degree to which something stands out or is noticeable

ANSWERS: 54. antidepressants, 55. opiate, 56. oculist, 57. integument, 58. submissive, 59. avert, 60. salience

61. He also continued to struggle with serious long-term _____.
- n.* something that makes a situation or condition that is complex or confused
62. He is remembered for his _____ and civilization.
- n.* the fact or quality of being willing to do kind things or give somebody money, gifts, or time freely
63. The football team suffered a humiliating _____ in the championship game.
- n.* a disorderly retreat or defeat of an army or group; a decisive defeat
64. The leaders of the two countries met to _____ on the issue.
- v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
65. She has a distinctive facial feature with high _____ arches.
- adj.* relating to the zygoma bone, which is a facial bone that forms the prominence of the cheek, often used to describe features or structures related to this bone
66. The _____ of the bees filled the air as she walked through the garden.
- adj.* producing a continuous, low, vibrating sound like that of the bee
67. He has the superpower to _____ a business opportunity.
- v.* to catch or take hold of someone or something suddenly and forcibly; to capture the attention or imagination of something
68. The _____ is crucial for learning and memory storage.
- n.* a major component of the brain of humans and other vertebrates that is part of the limbic system and is vital for memory

ANSWERS: 61. complications, 62. generosity, 63. rout, 64. confer, 65. zygomatic, 66. humming, 67. seize, 68. hippocampus

69. He was accused of being driven by _____ putting wealth and possessions above all else.

n. a philosophical belief that physical matter is the only or fundamental reality and that everything, including thought, feeling, mind, and consciousness, can be reduced to matter and physical explanations

70. The _____ sound from the poorly tuned instruments was painful to listen to.

adj. sounds that are not in harmony or are in conflict with one another; an uncomfortable or tense feeling caused by conflicting ideas or emotions

71. The CEO's constant _____ about the company's future affected employee morale.

n. a tendency to see the worst in things and anticipate adverse outcomes; a belief that the world is generally bad or that something will go wrong more often than it will go right

ANSWERS: 69. materialism, 70. dissonant, 71. pessimism