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Vocabulary Builder Reference from...

Robert Gupta: Music is medicine, music is sanity |

TED Talk

https://www.ted.com/talks/robert_gupta_music_is_medicine_music_is_sanity

Advanced Words Only

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Session 1: Word List

affliction

n. a condition of physical or mental suffering or distress, often caused by illness, injury, or other adversity; a burden or trouble that causes hardship or grief

synonym : anguish, distress, suffering

(1) mental **affliction**, (2) autoimmune **affliction**

Chronic pain can be a debilitating **affliction** that affects every aspect of one's life.

paranoid

adj. unreasonably or obsessively believing that other people do not like you or want to harm you

(1) **paranoid** about issues, (2) **paranoid** disorder

A **paranoid** person may have delusions that people want to harm.

schizophrenia

n. a severe mental disorder in which a person has a distorted view of reality and may experience hallucinations, delusions, and disordered thinking and behavior

synonym : psychosis, disorder, mental illness

(1) **schizophrenia** spectrum disorder, (2) **schizophrenia** treatment

The **schizophrenia** patient was experiencing severe auditory hallucinations.

skid

- v.* to slide or slip on a surface, especially in an uncontrolled or unsafe manner; to come to a sudden halt or stop with a scraping or sliding noise; (noun) a sliding or slipping motion of a vehicle, usually sideways or out of control, due to a loss of traction with the road surface

synonym : slide, slip, glide

(1) cause the tires to **skid**, (2) **skid** steer

The car started to **skid** on the icy road, but the driver was able to regain control.

pardon

- v.* to forgive someone for something they have said or done, such as a crime; (noun) the act of excusing a mistake or offense

synonym : forgive, excuse, absolve

(1) **pardon** me, (2) supplicate for **pardon**

The governor decided to **pardon** the prisoner after reviewing the evidence of his innocence.

pun

- n.* a humorous play on words or use of words that sound similar but have different meanings, often for a comedic effect; a form of wordplay

synonym : joke, quip, wordplay

(1) witty **pun**, (2) silly **pun**

The comedian's **pun** had the audience laughing out loud.

waltz

- n.* a ballroom dance in triple time that originated in Vienna and is characterized by a flowing, graceful style and a strong accent on the first beat of each measure

synonym : ballroom dance, tango, foxtrot

(1) **waltz** music, (2) elegant **waltz**

The dancers practiced the steps of the **waltz** meticulously to perfect their performance.

symphony

- n.* a long musical composition in Western classical music for orchestra, usually with three or four main parts called movements

synonym : orchestra, harmony, concert

(1) a **symphony** orchestra, (2) a beautiful **symphony**
The frequent performances of the **symphony** prove its popularity.

backstage

adj. relating to or situated in the area behind the stage of a theater, concert, or other performance venues; relating to the private or hidden aspects of something, such as politics, business, or personal life

synonym : behind-the-scenes, offstage, private

(1) **backstage** access, (2) **backstage** crew

The **backstage** preparations for the concert took hours to complete.

jovial

adj. characterized by a warm and friendly nature; marked by hearty, good-natured humor or lightheartedness

synonym : jolly, gleeful, merry

(1) **jovial** atmosphere, (2) **jovial** personality

The **jovial** host made sure all of his guests felt welcome.

gregarious

adj. fond of company; sociable; living in groups or communities

synonym : sociable, outgoing, friendly

(1) **gregarious** animals, (2) **gregarious** nature

She was a **gregarious** person, always making friends with everyone she met.

treacherous

adj. that cannot be trusted; malicious; hazardous, even while seeming safe

synonym : dangerous, unfaithful, disloyal

(1) **treacherous** territory, (2) **treacherous** act

Due to snow and ice, many roads have become **treacherous**, and motorists are advised to travel gently.

handcuff

n. a pair of metal restraints that are designed to lock around a person's wrists and prevent them from moving their hands freely; (verb) to restrain or restrict the movement of a person by applying handcuffs, typically

as part of an arrest or other security-related process

synonym : shackle, bind, restraint

(1) **handcuff** his wrists, (2) break free from **handcuffs**

The police officer put **handcuffs** on the suspect before placing them in the squad car.

scar

n. a mark that remains on the skin after a wound has healed

synonym : blemish, imperfection, blotch

(1) burn **scar**, (2) carry a **scar**

Even after the wound has healed, a **scar** remains.

explode

v. to burst or break open violently and noisily; to cause something to burst or break open

synonym : detonate, blast, rupture

(1) **explode** in anger, (2) **explode** in popularity

The old building **exploded** in a fiery inferno.

torment

n. unbearable physical pain or extreme mental distress; (verb) to cause severe physical or mental suffering to someone, or to be the victim of such suffering

synonym : pain, suffering, agony

(1) **torment** of jealousy, (2) economic **torment**

The torturers inflicted great **torment** upon the prisoners.

unleash

v. to suddenly release a strong force, emotion, etc. that cannot be controlled

synonym : discharge, free, release

(1) **unleash** a hound, (2) **unleash** her anger

The general was still reluctant to **unleash** his troops in pursuit of an enemy.

agitation

n. a state of anxiety, excitement, or disturbance that is often associated with restlessness, agitation, or nervousness; the act of stirring or moving something in a rapid or erratic manner

synonym : excitement, restlessness, turmoil

(1) **agitation** levels, (2) political **agitation**

The crowd's **agitation** grew as the politician failed to answer their questions.

mania

n. a psychological or emotional state that is marked by excessive enthusiasm, excitement, or delusions; a strong and uncontrollable desire or craving for something

synonym: obsession, craze, frenzy

(1) start-up **mania**, (2) dance **mania**

The **mania** for collecting rare books led him to spend his savings on a first edition.

glint

v. to shine or sparkle with a brief, sudden light; to give a glimpse or hint of something; (noun) a quick or sudden flash of light, often reflecting off a surface

synonym: sparkle, shimmer, twinkle

(1) **glint** coldly, (2) a **glint** in his eye

The sun **glinted** off the water, creating a dazzling display of light.

poisonous

adj. containing or producing toxic substances; harmful or dangerous to living beings, often causing illness, injury, or death; capable of causing serious harm or destruction

synonym: toxic, venomous, deadly

(1) **poisonous** plants, (2) **poisonous** chemicals

Some species of **poisonous snakes** can be deadly to humans if bitten.

arpeggio

n. a musical technique where the notes of a chord are played in a flowing, broken sequence rather than simultaneously, creating a distinct melodic line; a series of spread or broken chords

synonym: broken chord, chord succession

(1) **arpeggio** chord, (2) harmonic **arpeggio**

She practiced the guitar **arpeggio** tirelessly until she mastered it.

didactic

adj. intended to teach or instruct, often morally or ethically; tending to give instruction or advice in an overly preachy or pedantic manner

synonym : instructive, educational, pedagogical

(1) **didactic** approach, (2) **didactic** book

The teacher's **didactic** lesson on history was informative and engaging.

pedagogy

n. the method or art of teaching or instructing, especially as an academic subject or profession

synonym : teaching, instruction, education

(1) modern **pedagogy**, (2) student-centered **pedagogy**

The teacher's innovative **pedagogy** helped her students learn in fun and engaging way.

concerto

n. a composition for one or more solo instruments and an orchestra, typically in three movements

synonym : symphony, composition, piece

(1) piano **concerto**, (2) violin **concerto**

A renowned symphony orchestra performed the piano **concerto**.

snippet

n. a small piece or brief extract of something

synonym : fragment, excerpt, brief

(1) **snippet** of wisdom, (2) code **snippet**

The journalist saved a **snippet** of the interview for later reference.

philharmonic

adj. relating to a symphony orchestra or group of musicians playing classical music

synonym : symphonic, musical, harmonious

(1) national **philharmonic**, (2) **philharmonic** concert

The **philharmonic** orchestra played an incredible concert last night.

disturb

v. to interrupt someone who is trying to work, sleep, etc.

synonym : agitate, bother, intrude

(1) **disturb** the peace, (2) **disturb** his sleep
Tourists frequently **disturb** the island's delicate natural balance.

erudite

adj. having or showing great knowledge or learning; scholarly

synonym: knowledgeable, scholarly, learned

(1) **erudite** author, (2) **erudite** knowledge

The **erudite** professor had an extensive knowledge of ancient civilizations.

medicinal

adj. of or relating to the treatment or cure of disease

synonym: curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

sanity

n. the state of being mentally sound, healthy, and rational

synonym: mental health, rationality, soundness

(1) **sanity** check, (2) have a **sanity** hearing

Her job's long hours and high pressure started affecting her **sanity**.

delusion

n. a false belief or impression that is firmly held despite evidence to the contrary

synonym: hallucination, illusion, fantasy

(1) grand **delusion**, (2) labor under a **delusion**

He had a **delusion** that he was a millionaire.

shameless

adj. without shame or embarrassment; showing no remorse or guilt for one's actions or behaviors

synonym: brazen, unashamed, audacious

(1) **shameless** behavior, (2) **shameless** liar

He acted in a **shameless** way, not caring that his actions hurt others.

cello

n. a large stringed instrument of the viola family, typically held between the knees when played; also known as violoncello

synonym : violoncello, violincello

(1) the beautiful sound of a **cello**, (2) **cello** music

She played a passionate solo on her **cello**.

Session 2: Spelling

1. sa___y check *n.* the state of being mentally sound, healthy, and rational
2. ce__o music *n.* a large stringed instrument of the viola family, typically held between the knees when played; also known as violoncello
3. start-up ma__a *n.* a psychological or emotional state that is marked by excessive enthusiasm, excitement, or delusions; a strong and uncontrollable desire or craving for something
4. tre_____us territory *adj.* that cannot be trusted; malicious; hazardous, even while seeming safe
5. break free from ha_____fs *n.* a pair of metal restraints that are designed to lock around a person's wrists and prevent them from moving their hands freely; (verb) to restrain or restrict the movement of a person by applying handcuffs, typically as part of an arrest or other security-related process
6. po_____us chemicals *adj.* containing or producing toxic substances; harmful or dangerous to living beings, often causing illness, injury, or death; capable of causing serious harm or destruction
7. political ag_____on *n.* a state of anxiety, excitement, or disturbance that is often associated with restlessness, agitation, or nervousness; the act of stirring or moving something in a rapid or erratic manner

ANSWERS: 1. sanity, 2. cello, 3. mania, 4. treacherous, 5. handcuff, 6. poisonous, 7. agitation

8. di____b his sleep *v.* to interrupt someone who is trying to work, sleep, etc.
9. cause the tires to s__d *v.* to slide or slip on a surface, especially in an uncontrolled or unsafe manner; to come to a sudden halt or stop with a scraping or sliding noise; (noun) a sliding or slipping motion of a vehicle, usually sideways or out of control, due to a loss of traction with the road surface
10. sch_____nia spectrum disorder *n.* a severe mental disorder in which a person has a distorted view of reality and may experience hallucinations, delusions, and disordered thinking and behavior
11. sn_____t of wisdom *n.* a small piece or brief extract of something
12. supplicate for pa___n *v.* to forgive someone for something they have said or done, such as a crime; (noun) the act of excusing a mistake or offense
13. witty p_n *n.* a humorous play on words or use of words that sound similar but have different meanings, often for a comedic effect; a form of wordplay
14. student-centered pe_____gy *n.* the method or art of teaching or instructing, especially as an academic subject or profession
15. ba_____ge crew *adj.* relating to or situated in the area behind the stage of a theater, concert, or other performance venues; relating to the private or hidden aspects of something, such as politics, business, or personal life

ANSWERS: 8. disturb, 9. skid, 10. schizophrenia, 11. snippet, 12. pardon, 13. pun, 14. pedagogy, 15. backstage

16. di____ic approach *adj.* intended to teach or instruct, often morally or ethically; tending to give instruction or advice in an overly preachy or pedantic manner
17. wa__z music *n.* a ballroom dance in triple time that originated in Vienna and is characterized by a flowing, graceful style and a strong accent on the first beat of each measure
18. the beautiful sound of a ce__o *n.* a large stringed instrument of the viola family, typically held between the knees when played; also known as violoncello
19. code sn____t *n.* a small piece or brief extract of something
20. mental aff_____on *n.* a condition of physical or mental suffering or distress, often caused by illness, injury, or other adversity; a burden or trouble that causes hardship or grief
21. dance ma__a *n.* a psychological or emotional state that is marked by excessive enthusiasm, excitement, or delusions; a strong and uncontrollable desire or craving for something
22. have a sa___y hearing *n.* the state of being mentally sound, healthy, and rational
23. a beautiful sy_____ny *n.* a long musical composition in Western classical music for orchestra, usually with three or four main parts called movements

ANSWERS: 16. didactic, 17. waltz, 18. cello, 19. snippet, 20. affliction, 21. mania, 22. sanity, 23. symphony

24. labor under a de_____on *n.* a false belief or impression that is firmly held despite evidence to the contrary
25. s__d steer *v.* to slide or slip on a surface, especially in an uncontrolled or unsafe manner; to come to a sudden halt or stop with a scraping or sliding noise; (noun) a sliding or slipping motion of a vehicle, usually sideways or out of control, due to a loss of traction with the road surface
26. ex_____e in popularity *v.* to burst or break open violently and noisily; to cause something to burst or break open
27. po_____us plants *adj.* containing or producing toxic substances; harmful or dangerous to living beings, often causing illness, injury, or death; capable of causing serious harm or destruction
28. sh_____ss behavior *adj.* without shame or embarrassment; showing no remorse or guilt for one's actions or behaviors
29. pa_____id disorder *adj.* unreasonably or obsessively believing that other people do not like you or want to harm you
30. burn s__r *n.* a mark that remains on the skin after a wound has healed
31. carry a s__r *n.* a mark that remains on the skin after a wound has healed
32. grand de_____on *n.* a false belief or impression that is firmly held despite evidence to the contrary

ANSWERS: 24. delusion, 25. skid, 26. explode, 27. poisonous, 28. shameless, 29. paranoid, 30. scar, 31. scar, 32. delusion

33. to_____t of jealousy *n.* unbearable physical pain or extreme mental distress; (verb) to cause severe physical or mental suffering to someone, or to be the victim of such suffering
34. tre_____us act *adj.* that cannot be trusted; malicious; hazardous, even while seeming safe
35. economic to_____t *n.* unbearable physical pain or extreme mental distress; (verb) to cause severe physical or mental suffering to someone, or to be the victim of such suffering
36. sch_____nia treatment *n.* a severe mental disorder in which a person has a distorted view of reality and may experience hallucinations, delusions, and disordered thinking and behavior
37. un_____h a hound *v.* to suddenly release a strong force, emotion, etc. that cannot be controlled
38. piano co_____to *n.* a composition for one or more solo instruments and an orchestra, typically in three movements
39. un_____h her anger *v.* to suddenly release a strong force, emotion, etc. that cannot be controlled
40. di_____b the peace *v.* to interrupt someone who is trying to work, sleep, etc.
41. jo____l atmosphere *adj.* characterized by a warm and friendly nature; marked by hearty, good-natured humor or lightheartedness

ANSWERS: 33. torment, 34. treacherous, 35. torment, 36. schizophrenia, 37. unleash, 38. concerto, 39. unleash, 40. disturb, 41. jovial

42. di____ic book *adj.* intended to teach or instruct, often morally or ethically; tending to give instruction or advice in an overly preachy or pedantic manner
43. a gl__t in his eye *v.* to shine or sparkle with a brief, sudden light; to give a glimpse or hint of something; (noun) a quick or sudden flash of light, often reflecting off a surface
44. gl__t coldly *v.* to shine or sparkle with a brief, sudden light; to give a glimpse or hint of something; (noun) a quick or sudden flash of light, often reflecting off a surface
45. modern pe____gy *n.* the method or art of teaching or instructing, especially as an academic subject or profession
46. ex____e in anger *v.* to burst or break open violently and noisily; to cause something to burst or break open
47. silly p_n *n.* a humorous play on words or use of words that sound similar but have different meanings, often for a comedic effect; a form of wordplay
48. ba____ge access *adj.* relating to or situated in the area behind the stage of a theater, concert, or other performance venues; relating to the private or hidden aspects of something, such as politics, business, or personal life

ANSWERS: 42. didactic, 43. glint, 44. glint, 45. pedagogy, 46. explode, 47. pun, 48. backstage

49. traditional me_____al *adj.* of or relating to the treatment or cure of disease
50. me_____al chemistry *adj.* of or relating to the treatment or cure of disease
51. national phi_____nic *adj.* relating to a symphony orchestra or group of musicians playing classical music
52. jo____l personality *adj.* characterized by a warm and friendly nature; marked by hearty, good-natured humor or lightheartedness
53. ar_____io chord *n.* a musical technique where the notes of a chord are played in a flowing, broken sequence rather than simultaneously, creating a distinct melodic line; a series of spread or broken chords
54. violin co_____to *n.* a composition for one or more solo instruments and an orchestra, typically in three movements
55. pa_____id about issues *adj.* unreasonably or obsessively believing that other people do not like you or want to harm you
56. pa____n me *v.* to forgive someone for something they have said or done, such as a crime; (noun) the act of excusing a mistake or offense
57. a sy_____ny orchestra *n.* a long musical composition in Western classical music for orchestra, usually with three or four main parts called movements

ANSWERS: 49. medicinal, 50. medicinal, 51. philharmonic, 52. jovial, 53. arpeggio, 54. concerto, 55. paranoid, 56. pardon, 57. symphony

58. ha_____ff his wrists
n. a pair of metal restraints that are designed to lock around a person's wrists and prevent them from moving their hands freely; (verb) to restrain or restrict the movement of a person by applying handcuffs, typically as part of an arrest or other security-related process
59. gre_____us nature
adj. fond of company; sociable; living in groups or communities
60. ag_____on levels
n. a state of anxiety, excitement, or disturbance that is often associated with restlessness, agitation, or nervousness; the act of stirring or moving something in a rapid or erratic manner
61. er_____e author
adj. having or showing great knowledge or learning; scholarly
62. sh_____ss liar
adj. without shame or embarrassment; showing no remorse or guilt for one's actions or behaviors
63. harmonic ar_____io
n. a musical technique where the notes of a chord are played in a flowing, broken sequence rather than simultaneously, creating a distinct melodic line; a series of spread or broken chords
64. elegant wa__z
n. a ballroom dance in triple time that originated in Vienna and is characterized by a flowing, graceful style and a strong accent on the first beat of each measure

ANSWERS: 58. handcuff, 59. gregarious, 60. agitation, 61. erudite, 62. shameless, 63. arpeggio, 64. waltz

65. er____e knowledge *adj.* having or showing great knowledge or learning; scholarly
66. phi____nic concert *adj.* relating to a symphony orchestra or group of musicians playing classical music
67. autoimmune aff____on *n.* a condition of physical or mental suffering or distress, often caused by illness, injury, or other adversity; a burden or trouble that causes hardship or grief
68. gre____us animals *adj.* fond of company; sociable; living in groups or communities

ANSWERS: 65. erudite, 66. philharmonic, 67. affliction, 68. gregarious

Session 3: Fill in the Blanks

1. The crowd's _____ grew as the politician failed to answer their questions.
n. a state of anxiety, excitement, or disturbance that is often associated with restlessness, agitation, or nervousness; the act of stirring or moving something in a rapid or erratic manner
2. She played a passionate solo on her _____.
n. a large stringed instrument of the viola family, typically held between the knees when played; also known as violoncello
3. The comedian's ____ had the audience laughing out loud.
n. a humorous play on words or use of words that sound similar but have different meanings, often for a comedic effect; a form of wordplay
4. A renowned symphony orchestra performed the piano _____.
n. a composition for one or more solo instruments and an orchestra, typically in three movements
5. The _____ host made sure all of his guests felt welcome.
adj. characterized by a warm and friendly nature; marked by hearty, good-natured humor or lightheartedness
6. The _____ preparations for the concert took hours to complete.
adj. relating to or situated in the area behind the stage of a theater, concert, or other performance venues; relating to the private or hidden aspects of something, such as politics, business, or personal life
7. The _____ patient was experiencing severe auditory hallucinations.
n. a severe mental disorder in which a person has a distorted view of reality and may experience hallucinations, delusions, and disordered thinking and behavior

ANSWERS: 1. agitation, 2. cello, 3. pun, 4. concerto, 5. jovial, 6. backstage, 7. schizophrenia

8. He acted in a _____ way, not caring that his actions hurt others.
adj. without shame or embarrassment; showing no remorse or guilt for one's actions or behaviors
9. The police officer put _____ on the suspect before placing them in the squad car.
n. a pair of metal restraints that are designed to lock around a person's wrists and prevent them from moving their hands freely; (verb) to restrain or restrict the movement of a person by applying handcuffs, typically as part of an arrest or other security-related process
10. The governor decided to _____ the prisoner after reviewing the evidence of his innocence.
v. to forgive someone for something they have said or done, such as a crime; (noun) the act of excusing a mistake or offense
11. The teacher's _____ lesson on history was informative and engaging.
adj. intended to teach or instruct, often morally or ethically; tending to give instruction or advice in an overly preachy or pedantic manner
12. The car started to _____ on the icy road, but the driver was able to regain control.
v. to slide or slip on a surface, especially in an uncontrolled or unsafe manner; to come to a sudden halt or stop with a scraping or sliding noise; (noun) a sliding or slipping motion of a vehicle, usually sideways or out of control, due to a loss of traction with the road surface
13. Some species of _____ can be deadly to humans if bitten.
adj. containing or producing toxic substances; harmful or dangerous to living beings, often causing illness, injury, or death; capable of causing serious harm or destruction

ANSWERS: 8. shameless, 9. handcuffs, 10. pardon, 11. didactic, 12. skid, 13. poisonous snakes

14. The torturers inflicted great _____ upon the prisoners.
n. unbearable physical pain or extreme mental distress; (verb) to cause severe physical or mental suffering to someone, or to be the victim of such suffering
15. The old building _____ in a fiery inferno.
v. to burst or break open violently and noisily; to cause something to burst or break open
16. The _____ for collecting rare books led him to spend his savings on a first edition.
n. a psychological or emotional state that is marked by excessive enthusiasm, excitement, or delusions; a strong and uncontrollable desire or craving for something
17. Chronic pain can be a debilitating _____ that affects every aspect of one's life.
n. a condition of physical or mental suffering or distress, often caused by illness, injury, or other adversity; a burden or trouble that causes hardship or grief
18. Due to snow and ice, many roads have become _____ and motorists are advised to travel gently.
adj. that cannot be trusted; malicious; hazardous, even while seeming safe
19. The general was still reluctant to _____ his troops in pursuit of an enemy.
v. to suddenly release a strong force, emotion, etc. that cannot be controlled
20. A _____ person may have delusions that people want to harm.
adj. unreasonably or obsessively believing that other people do not like you or want to harm you

ANSWERS: 14. torment, 15. exploded, 16. mania, 17. affliction, 18. treacherous, 19. unleash, 20. paranoid

21. The _____ orchestra played an incredible concert last night.
adj. relating to a symphony orchestra or group of musicians playing classical music
22. He had a _____ that he was a millionaire.
n. a false belief or impression that is firmly held despite evidence to the contrary
23. The journalist saved a _____ of the interview for later reference.
n. a small piece or brief extract of something
24. The frequent performances of the _____ prove its popularity.
n. a long musical composition in Western classical music for orchestra, usually with three or four main parts called movements
25. She was a _____ person, always making friends with everyone she met.
adj. fond of company; sociable; living in groups or communities
26. The sun _____ off the water, creating a dazzling display of light.
v. to shine or sparkle with a brief, sudden light; to give a glimpse or hint of something; (noun) a quick or sudden flash of light, often reflecting off a surface
27. Even after the wound has healed, a _____ remains.
n. a mark that remains on the skin after a wound has healed
28. The _____ professor had an extensive knowledge of ancient civilizations.
adj. having or showing great knowledge or learning; scholarly
29. The teacher's innovative _____ helped her students learn in fun and engaging way.
n. the method or art of teaching or instructing, especially as an academic subject or profession

ANSWERS: 21. philharmonic, 22. delusion, 23. snippet, 24. symphony, 25. gregarious, 26. glinted, 27. scar, 28. erudite, 29. pedagogy

30. Her job's long hours and high pressure started affecting her _____.
- n.* the state of being mentally sound, healthy, and rational
31. She practiced the guitar _____ tirelessly until she mastered it.
- n.* a musical technique where the notes of a chord are played in a flowing, broken sequence rather than simultaneously, creating a distinct melodic line; a series of spread or broken chords
32. The _____ properties of this herb have been known to help with various ailments.
- adj.* of or relating to the treatment or cure of disease
33. Tourists frequently _____ the island's delicate natural balance.
- v.* to interrupt someone who is trying to work, sleep, etc.
34. The dancers practiced the steps of the _____ meticulously to perfect their performance.
- n.* a ballroom dance in triple time that originated in Vienna and is characterized by a flowing, graceful style and a strong accent on the first beat of each measure

ANSWERS: 30. sanity, 31. arpeggio, 32. medicinal, 33. disturb, 34. waltz