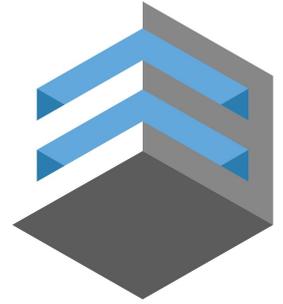


Englist.me



Vocabulary Builder Reference from...

Jane Chen: A warm embrace that saves lives | TED Talk

https://www.ted.com/talks/jane_chen_a_warm_embrace_that_saves_lives

All Words

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

premature

adj. occurring or done too early; happening before the appropriate time; born before the end of a full-term pregnancy

synonym : prematurely born, untimely, early

(1) **premature** birth, (2) **premature** death

The **premature** baby was small but healthy.

peaceful

adj. not involving violence, conflict, or war

synonym : friendly, pacific, amicable

(1) **peaceful** country, (2) **peaceful** coexistence

Plutonium has limited **peaceful** applications.

struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym : toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job

He could not **struggle** against temptation.

regulate

v. to control something, especially by means of rules or laws

synonym : control, restrain, handle

(1) **regulate** blood sugar levels, (2) **regulate** our conduct
We must manage to **regulate** our expenditure.

temperature

n. the degree of hotness or coldness of a thing or place
synonym: climate, warmth, degree

(1) extreme **temperatures**, (2) the atmospheric **temperature**

Cities around the world set records for highest **temperatures** this summer.

annually

adv. happening or occurring once a year; every year
synonym: yearly, once a year

(1) meet **annually**, (2) review **annually**

The software is **annually** updated to include the latest security features.

survive

v. to live or exist despite a dangerous event or period
synonym: endure, persist, stay

(1) **survive** a blizzard, (2) **survive** a plane crash

These birds can only **survive** in temperate climates.

severe

adj. extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous
synonym: harsh, relentless, powerful

(1) **severe** heat, (2) a **severe** case of pneumonia

The senator received **severe** criticism from his opponent.

hypothermic

adj. relating to or characterized by abnormally low body temperature, typically resulting from prolonged exposure to cold temperatures

synonym: cold, chilled, freezing

(1) **hypothermic** condition, (2) **hypothermic** preservation

The hiker suffered from **hypothermic** symptoms after being exposed to extreme cold.

organ

n. a part of the body of an animal or plant that has a particular purpose and performs a specific job

synonym : function, structure

(1) **organ** bleeding, (2) damage to internal **organs**

These infections have the potential to impact practically every **organ** system.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym : evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

normally

adv. usually; under normal conditions

synonym : commonly, generally, naturally

(1) complete **normally**, (2) not **normally** drink much

I don't **normally** take a vacation in the middle of summer.

diabetes

n. a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood

(1) juvenile **diabetes**, (2) **diabetes** patient

My father was tested for **diabetes**.

disease

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym : illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

primary

adj. first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or

introductory stage of something, such as a school year or election cycle

synonym : chief, main, fundamental

(1) **primary** school, (2) **primary** education

The **primary** cause of the accident was due to the icy road conditions.

function

n. the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

synonym : purpose, mapping, job

(1) **function** properly, (2) immune **function**

The brain is an incredibly complex organ that controls the body's **function**.

incubator

n. an apparatus in which conditions are controlled for hatching eggs, growing cells, or keeping people or animals warm; a place, especially with support staff and equipment, offered at a low cost to new small businesses

synonym : hatchery, brooder, nursery

(1) infant **incubator**, (2) business **incubator** program

The eggs were placed in an artificial **incubator** to ensure proper hatching conditions.

tradition

n. a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society

synonym : custom, practice, ritual

(1) a **tradition** of a culture, (2) against **tradition**

It is a **tradition** in many families to have a big Thanksgiving dinner with all their relatives.

electrify

v. to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something

synonym : wire, amaze, astonish

(1) **electrify** the audience, (2) **electrify** a manufacturing process

The product developed through years of research continues to **electrify** the market.

doll

n. a child's toy that typically represents a human figure, especially a young girl; an attractive woman; a woman who is subservient or passive

synonym : puppet, dolly, toy

(1) plastic **doll**, (2) rag **doll**

The antique **doll** was worth thousands of dollars.

rural

adj. of or relating to the countryside

synonym : agrarian, country, rustic

(1) **rural** accents, (2) people in **rural** areas

Many **rural** areas are still impoverished.

par

n. a state of being equal to someone or something

synonym : equality, standard, balance

(1) above **par** performance, (2) not up to **par**

Shares in the company finally fell below their **par** value.

resort

n. a place where many people go for rest, sport, or another stated purpose; (verb) to turn to or take a course of action, especially an extreme or undesirable one, to resolve a difficult circumstance

synonym : vacation spot, hotel, (verb) address

(1) **resort** to desperate measures, (2) a last **resort**

If both countries **resort** to nuclear deterrence, the consequence could be mutual destruction.

bulb

n. a rounded underground storage organ of some plants from which the plant grows; the rounded part of a

cylindrical structure; electric lamp consisting of a glass ball

(1) wet- **bulb** thermometer, (2) a lily **bulb**

The light **bulb** has burned out.

ineffective

adj. not producing any significant or intended effect or result
synonym: useless, feeble, fruitless

(1) an **ineffective** speech, (2) pull an **ineffective** player

These treatments were **ineffective** against a virus.

firsthand

adv. from the source; directly; (adjective) received directly from a source

synonym: direct

(1) hear customer's voices **firsthand**, (2) conduct **firsthand** research

The manager tried to hear customers' voices **firsthand**.

clinic

n. a building or hospital department where people can go for medical care or advice, especially of a particular condition

synonym: hospital, infirmary

(1) visit to the veterinary **clinic**, (2) a dental **clinic**

She holds a **clinic** on Tuesday mornings.

inspire

v. to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative

synonym: boost, encourage, enlighten

(1) **inspire** a feeling of curiosity, (2) **inspire** him to write a novel

The unique style of this martial arts **inspired** many action film producers.

midwife

n. a person trained to assist women during childbirth and to provide care for the mother and baby

synonym: obstetrician, gynecologist, accoucheuse

(1) professional **midwife**, (2) serve as **midwife**

The clinical **midwife** assisted with the delivery of the baby.

portable

adj. easily moved or carried; able to be transported from one location to another

synonym : movable, transportable, convenient

(1) **portable** charger, (2) **portable** gas stove

The **portable** generator was essential during the camping trip.

sterilize

v. to make something free of all forms of life, especially bacteria or viruses, by using heat, chemicals, or radiation

synonym : disinfect, sanitize, cleanse

(1) **sterilize** chemically, (2) **sterilize** surfaces

The nurse **sterilized** the instruments before the surgery to prevent any infections.

reuse

v. to use something again or more than once

synonym : reprocess, recycle, rehash

(1) **reuse** the materials, (2) **reuse** existing knowledge

The supermarket encourages shoppers to **reuse** plastic bags.

waterproof

adj. not permitting the passage of water

synonym : watertight, impervious, rainproof

(1) the **waterproof** coat, (2) **waterproof** packing

My mother gave me a **waterproof** watch.

seam

n. a line of stitching or joining where two pieces of fabric or material are united; also, a narrow furrow or fissure in rock or soil

synonym : stitch, joint, wrinkle

(1) uneven **seam**, (2) the **seam** on the shoulder

She took the dress to the tailor to fix the torn **seam**.

magic

n. beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes

supernatural powers

synonym : fascination, illusion, wizardry

(1) a **magic** spell, (2) she is **magic**

He performed **magic** tricks with sophisticated moves.

pouch

n. a small bag or container with a drawstring or zipper used to carry small items; a small sac or pocket within an organ or tissue in the body

synonym : bag, sack, pocket

(1) paper **pouch**, (2) kangaroo **pouch**

My wallet wasn't big enough, so I kept my coins in a small **pouch**.

wax

n. a substance that is solid at room temperature but becomes softer and more pliable when heated, often used in the production of candles, polishes, and cosmetics; (verb) to become large

(1) **wax** finish, (2) **wax** and wane

He sealed the letter with a **wax** seal.

phase

n. any stage in a series of events, change, or development

synonym : degree, stage, step

(1) enter on the last **phase**, (2) two- **phase** structure

The era of the industrial revolution was a crucial **phase** of history.

substance

n. the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug

synonym : essence, core, material

(1) an explosive **substance**, (2) **substance** abuse problem

The **substance** of the argument was well-presented.

melt

v. to turn from something solid into something soft or liquid as a result of heating

synonym : disintegrate, soften, disappear

(1) **melt** the ice, (2) **melt** down gold
Her resistance **melted** under his persuasion.

degree

n. a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

synonym: level, qualification, diploma

(1) bachelor's **degree**, (2) **degree** centigrade
She received her **degree** in psychology from the university.

maintain

v. to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true

synonym: preserve, uphold, sustain

(1) **maintain** order, (2) **maintain** good health
I need to **maintain** my car regularly to prevent any major mechanical issues.

constant

adj. happening repeatedly or all the time

synonym: ceaseless, stable, unchanging

(1) a **constant** wind, (2) a **constant** temperature
Constant dropping wears away the stone.

reheat

v. to heat something again, typically to make it hot enough to eat or drink

(1) **reheat** bathwater, (2) **reheat** a pizza
Can you please help me **reheat** this food in the microwave?

environment

n. the natural world such as air, water, and land in which humans, animals, and plants live

synonym: atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**
Every human is responsible for taking care of the Earth's **environment**.

reiterate

v. to repeat something, typically for emphasis or clarity; to say or do something again and again

synonym : repeat, iterate, restate

(1) **reiterate** a point, (2) **reiterate** their commitment

I need to **reiterate** the importance of submitting your report by the deadline.

clinician

n. a practitioner, especially of medicine or psychology, who has direct contact with patients

synonym : psychiatrist, therapist, doctor

(1) experienced **clinician**, (2) from a **clinician's** perspective

Some **clinicians** believe that psychological characteristics alone may cause mental disorders.

communal

adj. belonging to or used by a group rather than individuals; for common use

synonym : collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

Communal elections were held in several European countries.

launch

v. to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time

synonym : start, initiate, begin

(1) **launch** a spaceship into orbit, (2) **launch** a big attack

The company is set to **launch** its new product line next month.

reduction

n. a decrease in size, amount, or degree

synonym : diminution, decrease, cutback

(1) **reduction** strategy, (2) a gradual **reduction**

The **reduction** in carbon emissions has been significant since the implementation of the new policy.

population

n. the total number of people in a country, region, or location

synonym :

people, inhabitants, folk

(1) **population** change, (2) labor **population**

In just four years, the **population** has doubled.

counterintuitive

adj. contrary to what common sense would suggest

synonym: unreasonable, paradoxical, nonsensical

(1) **counterintuitive** results, (2) **counterintuitive** behavior

The **counterintuitive** nature of quantum physics has been a source of confusion for scientists for decades.

infant

n. a baby or very young child

synonym: baby, newborn, tot

(1) **infant** daughter, (2) **infant** food

Mozart was an **infant** prodigy.

mortality

n. the quality or state of being subject to death

synonym: fatality

(1) **mortality** due to cancer, (2) lower infant **mortality**

This disease has a high **mortality**.

anticipate

v. to expect or predict that something will happen; to tell in advance

synonym: forecast, predict, expect

(1) **anticipate** your kind cooperation, (2) **anticipate** a black future

We **anticipate** heavy snowfall tomorrow.

embrace

v. to accept something willingly and enthusiastically;
(noun) the act of clasping another person in the arms as in greeting or affection

synonym: grasp, hold tightly, accept

(1) **embrace** an opportunity, (2) a warm **embrace**

The woods **embrace** the house.

innovation

n. the creation of a new device or process resulting from study and experimentation

synonym : invention, initiation, creation

(1) **innovation** leader, (2) cutting-edge **innovation**

The vegetarian burger was an **innovation** that quickly spread to the United Kingdom.

represent

v. to speak, act, or be present on behalf of another person or group; to form or constitute

synonym : depict, express, describe

(1) **represent** by a diagram, (2) the characters that **represent** numbers

We elected him to **represent** us at the international conference.

trend

n. a general direction in which something is changing or developing

synonym : direction, movement, tendency

(1) an international **trend**, (2) the **trend** away from television

The oil price continued their downward **trend**.

localize

v. to restrict or confine something to a specific area or location; to adapt or translate something for a particular region or market

synonym : place, pinpoint, identify

(1) **localize** an infection, (2) **localize** the problem

It is crucial to quickly **localize** the source of the contamination to prevent further spread of the virus.

affordable

adj. not expensive and able to pay

synonym : cheap, reasonable, inexpensive

(1) **affordable** housing, (2) **affordable** solution

The automaker has been providing **affordable** car financing options since last year.

principle

n. a fundamental law or truth that explains or controls how something happens or works

synonym : rule, creed, code

(1) **principle** of treatment, (2) **principle** in business
Efficiency isn't an essential **principle** here; fairness is.

bias

n. a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment

synonym: inclination, partiality, predilection

(1) **bias** against a big company, (2) have a **bias** toward socialism

She researched gender **bias** in politics.

mass

n. a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together

synonym: abundance, crowd, mob

(1) a **mass** of molten rock, (2) critical **mass**

The **mass** of people who do not own property is politically impotent.

Session 2: Spelling

1. uneven s__m *n.* a line of stitching or joining where two pieces of fabric or material are united; also, a narrow furrow or fissure in rock or soil
2. el_____fy the audience *v.* to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something
3. m__t the ice *v.* to turn from something solid into something soft or liquid as a result of heating
4. against tr_____on *n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
5. la___h a big attack *v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
6. review an_____ly *adv.* happening or occurring once a year; every year
7. experienced cl_____an *n.* a practitioner, especially of medicine or psychology, who has direct contact with patients
8. the s__m on the shoulder *n.* a line of stitching or joining where two pieces of fabric or material are united; also, a narrow furrow or fissure in rock or soil

ANSWERS: 1. seam, 2. electrify, 3. melt, 4. tradition, 5. launch, 6. annually, 7. clinician, 8. seam

9. two-ph__e structure *n.* any stage in a series of events, change, or development
10. po____le gas stove *adj.* easily moved or carried; able to be transported from one location to another
11. pe____ul coexistence *adj.* not involving violence, conflict, or war
12. pr____le of treatment *n.* a fundamental law or truth that explains or controls how something happens or works
13. critical m__s *n.* a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together
14. aff____le housing *adj.* not expensive and able to pay
15. enter on the last ph__e *n.* any stage in a series of events, change, or development
16. have a b__s toward socialism *n.* a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment
17. pr____re birth *adj.* occurring or done too early; happening before the appropriate time; born before the end of a full-term pregnancy
18. rag d__l *n.* a child's toy that typically represents a human figure, especially a young girl; an attractive woman; a woman who is subservient or passive
19. ant____te your kind cooperation *v.* to expect or predict that something will happen; to tell in advance
20. di____e prevention *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

ANSWERS: 9. phase, 10. portable, 11. peaceful, 12. principle, 13. mass, 14. affordable, 15. phase, 16. bias, 17. premature, 18. doll, 19. anticipate, 20. disease

21. pe____ul country *adj.* not involving violence, conflict, or war
22. pr_____le in business *n.* a fundamental law or truth that explains or controls how something happens or works
23. st_____le against discrimination *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
24. serve as mi_____e *n.* a person trained to assist women during childbirth and to provide care for the mother and baby
25. bachelor's de____e *n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
26. professional mi_____e *n.* a person trained to assist women during childbirth and to provide care for the mother and baby
27. st_____ze surfaces *v.* to make something free of all forms of life, especially bacteria or viruses, by using heat, chemicals, or radiation
28. damage to internal or__ns *n.* a part of the body of an animal or plant that has a particular purpose and performs a specific job
29. re___t to desperate measures *n.* a place where many people go for rest, sport, or another stated purpose; (verb) to turn to or take a course of action, especially an extreme or undesirable one, to resolve a difficult circumstance

ANSWERS: 21. peaceful, 22. principle, 23. struggle, 24. midwife, 25. degree, 26. midwife, 27. sterilize, 28. organ, 29. resort

30. a co_____nt temperature *adj.* happening repeatedly or all the time
31. or__n bleeding *n.* a part of the body of an animal or plant that has a particular purpose and performs a specific job
32. em_____e an opportunity *v.* to accept something willingly and enthusiastically; (noun) the act of claspng another person in the arms as in greeting or affection
33. co_____al combination of funds *adj.* belonging to or used by a group rather than individuals; for common use
34. lo_____ze the problem *v.* to restrict or confine something to a specific area or location; to adapt or translate something for a particular region or market
35. pull an ine_____ve player *adj.* not producing any significant or intended effect or result
36. ru__l accents *adj.* of or relating to the countryside
37. re___t a pizza *v.* to heat something again, typically to make it hot enough to eat or drink
38. chaotic env_____nt *n.* the natural world such as air, water, and land in which humans, animals, and plants live
39. an ine_____ve speech *adj.* not producing any significant or intended effect or result
40. re_____te our conduct *v.* to control something, especially by means of rules or laws
41. conduct fi_____nd research *adv.* from the source; directly; (adjective) received directly from a source

ANSWERS: 30. constant, 31. organ, 32. embrace, 33. communal, 34. localize, 35. ineffective, 36. rural, 37. reheat, 38. environment, 39. ineffective, 40. regulate, 41. firsthand

42. inn_____on leader *n.* the creation of a new device or process resulting from study and experimentation
43. paper po__h *n.* a small bag or container with a drawstring or zipper used to carry small items; a small sac or pocket within an organ or tissue in the body
44. el_____fy a manufacturing process *v.* to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something
45. plastic d__l *n.* a child's toy that typically represents a human figure, especially a young girl; an attractive woman; a woman who is subservient or passive
46. an international tr__d *n.* a general direction in which something is changing or developing
47. an explosive su_____ce *n.* the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug
48. wat_____of packing *adj.* not permitting the passage of water
49. not up to p_r *n.* a state of being equal to someone or something
50. re_____on strategy *n.* a decrease in size, amount, or degree
51. a warm em_____e *v.* to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection

ANSWERS: 42. innovation, 43. pouch, 44. electrify, 45. doll, 46. trend, 47. substance, 48. waterproof, 49. par, 50. reduction, 51. embrace

52. labor pop_____on *n.* the total number of people in a country, region, or location
53. in_____e him to write a novel *v.* to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative
54. in____t food *n.* a baby or very young child
55. the wat_____of coat *adj.* not permitting the passage of water
56. juvenile di_____es *n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
57. re____t bathwater *v.* to heat something again, typically to make it hot enough to eat or drink
58. meet an_____ly *adv.* happening or occurring once a year; every year
59. a ma__c spell *n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
60. a dental cl____c *n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition
61. immune fu_____on *n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

ANSWERS: 52. population, 53. inspire, 54. infant, 55. waterproof, 56. diabetes, 57. reheat, 58. annually, 59. magic, 60. clinic, 61. function

62. di_____e control *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
63. lower infant mo_____ty *n.* the quality or state of being subject to death
64. env_____nt affairs *n.* the natural world such as air, water, and land in which humans, animals, and plants live
65. b__s against a big company *n.* a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment
66. visit to the veterinary cl____c *n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition
67. wet-b__b thermometer *n.* a rounded underground storage organ of some plants from which the plant grows; the rounded part of a cylindrical structure; electric lamp consisting of a glass ball
68. re_____te their commitment *v.* to repeat something, typically for emphasis or clarity; to say or do something again and again
69. mo_____ty due to cancer *n.* the quality or state of being subject to death
70. above p_r performance *n.* a state of being equal to someone or something
71. w_x finish *n.* a substance that is solid at room temperature but becomes softer and more pliable when heated, often used in the production of candles, polishes, and cosmetics; (verb) to become large

ANSWERS: 62. disease, 63. mortality, 64. environment, 65. bias, 66. clinic, 67. bulb, 68. reiterate, 69. mortality, 70. par, 71. wax

72. su____e a blizzard
v. to live or exist despite a dangerous event or period
73. co____al swimming pool
adj. belonging to or used by a group rather than individuals; for common use
74. a lily b__b
n. a rounded underground storage organ of some plants from which the plant grows; the rounded part of a cylindrical structure; electric lamp consisting of a glass ball
75. w_x and wane
n. a substance that is solid at room temperature but becomes softer and more pliable when heated, often used in the production of candles, polishes, and cosmetics; (verb) to become large
76. re_____te a point
v. to repeat something, typically for emphasis or clarity; to say or do something again and again
77. a m__s of molten rock
n. a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together
78. kangaroo po__h
n. a small bag or container with a drawstring or zipper used to carry small items; a small sac or pocket within an organ or tissue in the body
79. de___e centigrade
n. a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
80. de_____p a skill
v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

ANSWERS: 72. survive, 73. communal, 74. bulb, 75. wax, 76. reiterate, 77. mass, 78. pouch, 79. degree, 80. develop

81. re__e the materials *v.* to use something again or more than once
82. hyp_____ic condition *adj.* relating to or characterized by abnormally low body temperature, typically resulting from prolonged exposure to cold temperatures
83. su_____ce abuse problem *n.* the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug
84. a co_____nt wind *adj.* happening repeatedly or all the time
85. re__e existing knowledge *v.* to use something again or more than once
86. in_____e a feeling of curiosity *v.* to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative
87. infant in_____or *n.* an apparatus in which conditions are controlled for hatching eggs, growing cells, or keeping people or animals warm; a place, especially with support staff and equipment, offered at a low cost to new small businesses
88. from a cl_____an's perspective *n.* a practitioner, especially of medicine or psychology, who has direct contact with patients
89. business in_____or program *n.* an apparatus in which conditions are controlled for hatching eggs, growing cells, or keeping people or animals warm; a place, especially with support staff and equipment, offered at a low cost to new small businesses

ANSWERS: 81. reuse, 82. hypothermic, 83. substance, 84. constant, 85. reuse, 86. inspire, 87. incubator, 88. clinician, 89. incubator

90. not no_____ly drink much *adv.* usually; under normal conditions
91. she is ma__c *n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
92. la___h a spaceship into orbit *v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
93. pr_____y education *adj.* first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle
94. cou_____ive results *adj.* contrary to what common sense would suggest
95. lo_____ze an infection *v.* to restrict or confine something to a specific area or location; to adapt or translate something for a particular region or market
96. a gradual re_____on *n.* a decrease in size, amount, or degree
97. the tr__d away from television *n.* a general direction in which something is changing or developing
98. aff_____le solution *adj.* not expensive and able to pay
99. po_____le charger *adj.* easily moved or carried; able to be transported from one location to another
100. st_____le to get the job *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

ANSWERS: 90. normally, 91. magic, 92. launch, 93. primary, 94. counterintuitive, 95. localize, 96. reduction, 97. trend, 98. affordable, 99. portable, 100. struggle

101. pop_____on change *n.* the total number of people in a country, region, or location
102. ma_____in good health *v.* to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true
103. st_____ze chemically *v.* to make something free of all forms of life, especially bacteria or viruses, by using heat, chemicals, or radiation
104. pr_____re death *adj.* occurring or done too early; happening before the appropriate time; born before the end of a full-term pregnancy
105. complete no_____ly *adv.* usually; under normal conditions
106. su_____e a plane crash *v.* to live or exist despite a dangerous event or period
107. re_____nt by a diagram *v.* to speak, act, or be present on behalf of another person or group; to form or constitute
108. ma_____in order *v.* to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true
109. re_____te blood sugar levels *v.* to control something, especially by means of rules or laws
110. m__t down gold *v.* to turn from something solid into something soft or liquid as a result of heating
111. the characters that re_____nt numbers *v.* to speak, act, or be present on behalf of another person or group; to form or constitute

ANSWERS: 101. population, 102. maintain, 103. sterilize, 104. premature, 105. normally, 106. survive, 107. represent, 108. maintain, 109. regulate, 110. melt, 111. represent

112. hyp_____ic preservation *adj.* relating to or characterized by abnormally low body temperature, typically resulting from prolonged exposure to cold temperatures
113. di_____es patient *n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
114. a tr_____on of a culture *n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
115. people in ru___l areas *adj.* of or relating to the countryside
116. fu_____on properly *n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
117. ant_____te a black future *v.* to expect or predict that something will happen; to tell in advance
118. de_____p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
119. se___e heat *adj.* extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous

ANSWERS: 112. hypothermic, 113. diabetes, 114. tradition, 115. rural, 116. function, 117. anticipate, 118. develop, 119. severe

120. pr____y school *adj.* first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle
121. cutting-edge inn_____on *n.* the creation of a new device or process resulting from study and experimentation
122. a last re___t *n.* a place where many people go for rest, sport, or another stated purpose; (verb) to turn to or take a course of action, especially an extreme or undesirable one, to resolve a difficult circumstance
123. in___t daughter *n.* a baby or very young child
124. hear customer's voices fi_____nd *adv.* from the source; directly; (adjective) received directly from a source
125. a se___e case of pneumonia *adj.* extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous
126. the atmospheric tem_____re *n.* the degree of hotness or coldness of a thing or place
127. cou_____ive behavior *adj.* contrary to what common sense would suggest
128. extreme tem_____res *n.* the degree of hotness or coldness of a thing or place

ANSWERS: 120. primary, 121. innovation, 122. resort, 123. infant, 124. firsthand, 125. severe, 126. temperature, 127. counterintuitive, 128. temperature

Session 3: Fill in the Blanks

1. The senator received _____ criticism from his opponent.
adj. extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous
2. These treatments were _____ against a virus.
adj. not producing any significant or intended effect or result
3. These birds can only _____ in temperate climates.
v. to live or exist despite a dangerous event or period
4. My mother gave me a _____ watch.
adj. not permitting the passage of water
5. Plutonium has limited _____ applications.
adj. not involving violence, conflict, or war
6. She took the dress to the tailor to fix the torn _____.
n. a line of stitching or joining where two pieces of fabric or material are united; also, a narrow furrow or fissure in rock or soil
7. The woods _____ the house.
v. to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection
8. She holds a _____ on Tuesday mornings.
n. a building or hospital department where people can go for medical care or advice, especially of a particular condition

ANSWERS: 1. severe, 2. ineffective, 3. survive, 4. waterproof, 5. peaceful, 6. seam, 7. embrace, 8. clinic

9. The _____ cause of the accident was due to the icy road conditions.

adj. first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle

10. She received her _____ in psychology from the university.

n. a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

11. He performed _____ tricks with sophisticated moves.

n. beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers

12. We elected him to _____ us at the international conference.

v. to speak, act, or be present on behalf of another person or group; to form or constitute

13. She researched gender _____ in politics.

n. a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment

14. These infections have the potential to impact practically every _____ system.

n. a part of the body of an animal or plant that has a particular purpose and performs a specific job

15. We must manage to _____ our expenditure.

v. to control something, especially by means of rules or laws

16. My father was tested for _____.

n. a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood

ANSWERS: 9. primary, 10. degree, 11. magic, 12. represent, 13. bias, 14. organ, 15. regulate, 16. diabetes

17. The _____ in carbon emissions has been significant since the implementation of the new policy.
n. a decrease in size, amount, or degree
18. In just four years, the _____ has doubled.
n. the total number of people in a country, region, or location
19. I don't _____ take a vacation in the middle of summer.
adv. usually; under normal conditions
20. Efficiency isn't an essential _____ here; fairness is.
n. a fundamental law or truth that explains or controls how something happens or works
21. This disease has a high _____.
n. the quality or state of being subject to death
22. My wallet wasn't big enough, so I kept my coins in a small _____.
n. a small bag or container with a drawstring or zipper used to carry small items; a small sac or pocket within an organ or tissue in the body
23. It is crucial to quickly _____ the source of the contamination to prevent further spread of the virus.
v. to restrict or confine something to a specific area or location; to adapt or translate something for a particular region or market
24. The _____ generator was essential during the camping trip.
adj. easily moved or carried; able to be transported from one location to another

ANSWERS: 17. reduction, 18. population, 19. normally, 20. principle, 21. mortality, 22. pouch, 23. localize, 24. portable

25. The antique _____ was worth thousands of dollars.
n. a child's toy that typically represents a human figure, especially a young girl; an attractive woman; a woman who is subservient or passive
26. Cities around the world set records for highest _____ this summer.
n. the degree of hotness or coldness of a thing or place
27. The era of the industrial revolution was a crucial _____ of history.
n. any stage in a series of events, change, or development
28. The doctor diagnosed him with a rare _____ that had no known cure.
n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
29. If both countries _____ to nuclear deterrence, the consequence could be mutual destruction.
n. a place where many people go for rest, sport, or another stated purpose; (verb) to turn to or take a course of action, especially an extreme or undesirable one, to resolve a difficult circumstance
30. The _____ nature of quantum physics has been a source of confusion for scientists for decades.
adj. contrary to what common sense would suggest
31. The manager tried to hear customers' voices _____.
adv. from the source; directly; (adjective) received directly from a source
32. The clinical _____ assisted with the delivery of the baby.
n. a person trained to assist women during childbirth and to provide care for the mother and baby

ANSWERS: 25. doll, 26. temperatures, 27. phase, 28. disease, 29. resort, 30. counterintuitive, 31. firsthand, 32. midwife

33. Her resistance _____ under his persuasion.
- v. to turn from something solid into something soft or liquid as a result of heating
34. We must _____ a new system to streamline our workflow and increase efficiency.
- v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
35. I need to _____ my car regularly to prevent any major mechanical issues.
- v. to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true
36. We _____ heavy snowfall tomorrow.
- v. to expect or predict that something will happen; to tell in advance
37. The _____ of the argument was well-presented.
- n. the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug
38. The vegetarian burger was an _____ that quickly spread to the United Kingdom.
- n. the creation of a new device or process resulting from study and experimentation
39. Mozart was an _____ prodigy.
- n. a baby or very young child
40. The oil price continued their downward _____.
- n. a general direction in which something is changing or developing

ANSWERS: 33. melted, 34. develop, 35. maintain, 36. anticipate, 37. substance, 38. innovation, 39. infant, 40. trend

41. It is a _____ in many families to have a big Thanksgiving dinner with all their relatives.
- n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
42. The nurse _____ the instruments before the surgery to prevent any infections.
- v.* to make something free of all forms of life, especially bacteria or viruses, by using heat, chemicals, or radiation
43. The automaker has been providing _____ car financing options since last year.
- adj.* not expensive and able to pay
44. The product developed through years of research continues to _____ the market.
- v.* to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something
45. Can you please help me _____ this food in the microwave?
- v.* to heat something again, typically to make it hot enough to eat or drink
46. _____ elections were held in several European countries.
- adj.* belonging to or used by a group rather than individuals; for common use
47. The light _____ has burned out.
- n.* a rounded underground storage organ of some plants from which the plant grows; the rounded part of a cylindrical structure; electric lamp consisting of a glass ball

ANSWERS: 41. tradition, 42. sterilized, 43. affordable, 44. electrify, 45. reheat, 46. Communal, 47. bulb

48. Many _____ areas are still impoverished.

adj. of or relating to the countryside

49. The eggs were placed in an artificial _____ to ensure proper hatching conditions.

n. an apparatus in which conditions are controlled for hatching eggs, growing cells, or keeping people or animals warm; a place, especially with support staff and equipment, offered at a low cost to new small businesses

50. The hiker suffered from _____ symptoms after being exposed to extreme cold.

adj. relating to or characterized by abnormally low body temperature, typically resulting from prolonged exposure to cold temperatures

51. He could not _____ against temptation.

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

52. The brain is an incredibly complex organ that controls the body's _____.

n. the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

53. The software is _____ updated to include the latest security features.

adv. happening or occurring once a year; every year

54. The unique style of this martial arts _____ many action film producers.

v. to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative

ANSWERS: 48. rural, 49. incubator, 50. hypothermic, 51. struggle, 52. function, 53. annually, 54. inspired

55. Shares in the company finally fell below their ____ value.

n. a state of being equal to someone or something

56. The supermarket encourages shoppers to _____ plastic bags.

v. to use something again or more than once

57. _____ dropping wears away the stone.

adj. happening repeatedly or all the time

58. Some _____ believe that psychological characteristics alone may cause mental disorders.

n. a practitioner, especially of medicine or psychology, who has direct contact with patients

59. He sealed the letter with a ____ seal.

n. a substance that is solid at room temperature but becomes softer and more pliable when heated, often used in the production of candles, polishes, and cosmetics; (verb) to become large

60. The ____ of people who do not own property is politically impotent.

n. a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together

61. The company is set to _____ its new product line next month.

v. to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time

62. The _____ baby was small but healthy.

adj. occurring or done too early; happening before the appropriate time; born before the end of a full-term pregnancy

ANSWERS: 55. par, 56. reuse, 57. Constant, 58. clinicians, 59. wax, 60. mass, 61. launch, 62. premature

63. Every human is responsible for taking care of the Earth's _____.

- n.* the natural world such as air, water, and land in which humans, animals, and plants live

64. I need to _____ the importance of submitting your report by the deadline.

- v.* to repeat something, typically for emphasis or clarity; to say or do something again and again

ANSWERS: 63. environment, 64. reiterate