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Vocabulary Builder Reference from...

Amy Baxter: How to hack your brain when you're in pain | TED Talk https://www.ted.com/talks/amy_baxter_how_to_hack_ your_brain_when_you_re_in_pain



All Words

IMPORTANT

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Session 1: Word List

whack	<i>v.</i> to hit someone or something hard or noisily <i>synonym</i> : hit, strike, bash
	(1) whack him with a stick, (2) whack up the volumeHe whacked the ball out of the park with his home run.
thumb	 n. the short, thick digit of the hand next to the index finger; (verb) to travel by getting free rides from motorists synonym: digit, finger, phalange
	(1) thumb wrestling, (2) thumb a ride
	He used his right thumb to press the button on his phone.
physician	<i>n.</i> a medical doctor who practices medicine <i>synonym</i> : doctor, practitioner, medic
	(1) the advice of the physician , (2) consult with a physician
	She visited the local physician to seek treatment for her persistent headache.
sophisticated	 adj. having a great deal of worldly experience and knowledge of people's behavior, culture, and fashion synonym: refined, cultured, worldly
	(1) sophisticated look, (2) a sophisticated lifestyle
	Marketing strategies are growing more sophisticated .

alarm	 n. a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger synonym: notice, warning, panic
	(1) give the alarm , (2) an alarm clock
	The alarm announcing an enemy attack went off this morning.
nervous	adj. worried and anxious about something; relating to the nerves
	synonym: neural, anxious, uneasy
	(1) development of the nervous system, (2) get nervous
	He suffers from nervous breakdowns.
spine	 n. the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column synonym: backbone, vertebra, column
	(1) the spine of a book, (2) a cervical spine injury
	She has a minor curved spine due to desk work for many years.
translate	v. to convert or change words into another language <i>synonym</i> : convert, transcribe, render
	(1) translate a document into English, (2) translate the emotion to a movement
	Translate the text from Italian into English.
brain	 n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling synonym: intellect, mind, encephalon
	(1) basic brain function, (2) permanent brain damage
	X-rays revealed a small tumor in his brain.
vague	<i>adj.</i> not clearly expressed or understood <i>synonym</i> : ambiguous, imprecise, dim
	(1) vague idea, (2) make a vague answer

The **vague** rumor turned out to be false. adj. relating to the treatment of illness or injuries; relating to medical the practice of medicine synonym: health, disease, treatment (1) a medical opinion, (2) temporary medical treatment The **medical** team worked quickly to save the patient's life. to provide funds for a particular event, program, sponsor v. individual, etc. as a way of advertising synonym: back, fund, finance (1) **sponsor** a contest, (2) **sponsor** a local group Our company **sponsors** numerous disabled athletes. a type of dish consisting of layers of pasta, cheese, lasagna n. meat, or vegetables, typically topped with tomato sauce and baked in an oven; a traditional staple of Italian cuisine synonym: pasta bake, casserole, baked ziti (1) lasagna recipe, (2) lasagna noodles I always order spinach lasagna at my favorite Italian restaurant. slide to move or cause to move smoothly along a surface v. without interruption synonym: glide, drift, drop (1) **slide** a card across the table, (2) **slide** a glance If necessary, you can **slide** the front seats forward. substances that have an effect similar to opium, such as opioid n. morphine, used in medicines to treat severe pain, but some people take them illegally for pleasure and become addicted (1) an opioid analgesic, (2) opioid receptor Treatment for **opioid** dependence may be a long-term

process.

addictive	 adj. causing a strong desire or compulsion to use or consume repeatedly, often to the point of dependency or harm; habit-forming synonym: habit-forming, captivating, compelling
	(1) highly addictive , (2) addictive substance
	The new video game was so addictive that he stayed up all night playing it.
patient	 n. a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic synonym: client, recipient, subject
	(1) patient in the hospital, (2) patient with weight loss
	The doctor carefully examined the patient's medical history.
obvious	<i>adj.</i> easy to see, discover or understand <i>synonym</i> : apparent, conspicuous, evident
	(1) obvious reasons, (2) his conclusion was obvious
	There are obvious differences between the two
	wine-producing regions.
egregious	 adj. outstandingly bad or shocking; conspicuously or outrageously bad or reprehensible synonym: atrocious, flagrant, heinous
	(1) egregious claim, (2) an egregious error
	It was an egregious mistake and caused significant harm to
	the company's reputation.
frame	 <i>n.</i> a strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window <i>synonym</i>: body, skeleton, scaffolding
	(1) a picture frame , (2) the frame of the policy
	The detective looked for fingerprints on the window frame.
destroy	v. to ruin or damage severely or completely; to eradicate or eliminate completely

	synonym: demolish, ruin, obliterate
	(1) destroy the ecosystem, (2) destroyed evidence
	The building was destroyed in the fire and had to be rebuilt.
countless	<i>adj.</i> too numerous to be counted or very many <i>synonym</i> : innumerable, myriad, numerous
	(1) countless hours, (2) answer countless questions
	There are countless methods for dealing with stress.
severe	 <i>adj.</i> extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous <i>synonym</i>: harsh, relentless, powerful
	(1) severe heat, (2) a severe case of pneumonia
	The senator received severe criticism from his opponent.
abdominal	 adj. of or relating to the part of the body that contains the stomach, intestines, and other organs synonym: belly, ventral
	(1) an abdominal operation, (2) abdominal muscles
	He felt a sharp pain in his abdominal area.
era	<i>n.</i> a period that is distinct from others, typically in history <i>synonym</i> : epoch, age, period
	(1) dawn of a new era , (2) the era of the Renaissance
	Political corruption was common throughout the postwar era.
eventually	 <i>adv.</i> finally, particularly after a long time or a lot of struggle, complications, and so on <i>synonym</i>: finally, someday, ultimately
	(1) eventually become obsolete, (2) eventually succeed
	The corporation eventually dominated the entire tobacco business.
diagnose	 v. to determine or distinguish the nature of a problem or an illness through a careful analysis synonym: identify, analyze, interpret

(1) **diagnose** the problem, (2) **diagnose** with CT scans This device is used to **diagnose** brain cancer and other tumors.

colon	 n. the punctuation mark (:) used to introduce a list, summary, explanation, etc., or before reporting what someone has said; a significant part of the large intestine, the final section of the digestive system
	(1) colon examination, (2) the colon at the end of the sentence
	Consumption of vegetables may aid in the prevention of
	colon cancer.
disease	 n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems synonym: illness, ailment, affliction
	(1) disease prevention, (2) disease control
	The doctor diagnosed him with a rare disease that had no
	known cure.
surgery	<i>n</i> . medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
	synonym: operation, (medical) procedure
	(1) cardiac surgery , (2) the professor of surgery
	He had undergone heart surgery years before.
controllable	<i>adj.</i> able to be controlled or directed <i>synonym</i> : manageable, governable, submissive
	(1) computer- controllable, (2) controllable aircraft
	The new software is much more controllable and user-friendly.

terrifying	adj. very frightening or intimidating synonym: frightening, intimidating, alarming
	(1) terrifying experience, (2) terrifying events
	Large earthquakes often generate terrifying tsunamis.
medicinal	<i>adj.</i> of or relating to the treatment or cure of disease <i>synonym</i> : curative, therapeutic, healing
	(1) medicinal chemistry, (2) traditional medicinal
	The medicinal properties of this herb have been known to help with various ailments.
cabinet	<i>n</i> . a piece of furniture with doors, shelves, and drawers used for storage or display; a small group of senior members of a government who act as official advisers for the President or Prime Minister
	synonym: cupboard, ministry, authority
	(1) member of the cabinet , (2) the cabinet above the sink
	The prime minister decided to reshuffle his cabinet to regain support.
heroin	 n. a highly addictive and illegal drug derived from morphine, typically administered by injection and often associated with serious health problems, including overdose and addiction synonym: dope, smack, narcotics
	(1) smoking heroin, (2) heroin overdose
	The withdrawal symptoms from heroin can be intense and painful.
substance	 n. the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug synonym: essence, core, material
	(1) an explosive substance, (2) substance abuse problemThe substance of the argument was well-presented.

misunderstand	 v. to interpret or understand something in the wrong way synonym: misinterpret, misperceive, misapprehend
	(1) misunderstand each other, (2) misunderstand entirely about her
	You should not misunderstand the meaning of freedom.
silent	<i>adj.</i> without any or little sound <i>synonym</i> : quiet, hushed, mute
	(1) silent reading, (2) give silent consent
	The politician remained silent despite intense media scrutiny.
survival	 n. the state of continuing to exist or live, frequently in the face of difficulty or danger synonym: endurance, continuity
	(1) survival ability, (2) survival food
	He evaluated his chances for survival rather pessimistically.
pose	 v. to present a risk, problem, or other issues that must be addressed
	synonym: present, put, position
	 pose a significant threat to my company, (2) pose a challenge
	The chemicals pose a massive health risk.
organism	n. a tiny living thing synonym: being, creature
	(1) aerobic organism, (2) group of organisms
	A diversified plant species generally enhances beneficial
	organism populations.
primary	<i>adj.</i> first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle
	synonym: chief, main, fundamental
	(1) primary school, (2) primary education

The **primary** cause of the accident was due to the icy road conditions.

paraphrase	 v. to restate or reword a passage in one's own words, often to clarify or simplify the original meaning synonym: rephrase, reword, reinterpret
	(1) paraphrase a poem into prose, (2) paraphrase the meaning
	He paraphrased the article in his own words to avoid being accused of plagiarism.
princess	 n. the daughter of a monarch; the wife or widow of a prince; woman or girl considered to be particularly good or admirable synonym: royal, noble, queen
	(1) crown princess , (2) a Royal Princess
	The prince fell in love with the princess and asked her to marry him.
bride	 <i>n</i>. a woman on her wedding day; a woman who is about to be married or has recently been married <i>synonym</i>: groom, fiancee, wife-to-be
	(1) bride of noble birth, (2) June bride
	The young bride looked stunning in her wedding gown.
diagram	 a simplified illustration of the appearance, structure, or workings of something
	synonym: chart, figure, graph
	(1) 3D diagram, (2) in a diagram
	He is drawing a diagram illustrating how the equipment operates.
physiology	<i>n.</i> the branch of the biological sciences dealing with the functioning of organisms
	(1) human physiology , (2) physiology research
	Physiology is the science of how living things work.

device	 n. a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic synonym: gadget, instrument, tool
	(1) electronic device , (2) tracking device
	I always carry a backup device in case my phone runs out of
	battery.
needle	 n. a thin, pointed object typically used for sewing or medical purposes; a metal or plastic instrument used for administering injections or drawing blood synonym: thorn, spike, pin
	(1) needle prick, (2) sewing needle
	The acupuncturist inserted needles into specific points on my body to alleviate my pain.
graveyard	<i>n.</i> a cemetery, especially one in a churchyard <i>synonym</i> : cemetery, burial ground, churchyard
	(1) graveyard of life, (2) bodies in a graveyard
	The ancestral graveyard was peaceful, with rows of headstones and tall trees.
shift	<i>n.</i> a slight transition in position, direction, or trend <i>synonym</i> : transition, change, modification
	(1) Doppler shift , (2) major paradigm shift
	Could you help me shift some furniture?
vibrate	 v. to move or cause anything to move fast and in small increments from side to side synonym: oscillate, convulse, jerk
	(1) vibrate at a regular frequency, (2) vibrate with anger
	During the flight, the wings of the plane vibrate.
steer	 v. to control the direction or movement of a vehicle; to direct a course of action; to guide or motivate someone synonym: guide, direct, control
	(1) steer a steady course, (2) steer a conversation

	The captain told him to steer the ship north.
tire	 v. to become weary or fatigued, often due to physical or mental exertion; to cause someone to feel weary or fatigued; (noun) a rubber covering that is placed around the rim of a wheel, which provides traction and absorbs shock while driving synonym: exhaust, weary, fatigue
	(1) tire my patience, (2) tire pressure
	I need to tire out my dog with a long walk so that he will sleep through the night.
balanced	 adj. taking all sides or opinions into account equally; being in a state of proper equilibrium synonym: equitable, congruous, flat
	(1) a balanced diet, (2) a well- balanced mind We conducted a balanced assessment of intellectual and cultural history.
ignore	 v. to intentionally not listen or pay attention to synonym: neglect, disregard, shun (1) ignore her advice, (2) ignore a ban
	Since independence, the area has been completely ignored .
numb	 adj. unable to feel physical sensation and movement; not showing human feeling or sensitivity synonym: dazed, insensitive, emotionless
	(1) numb with cold, (2) a numb mind
	My left arm became numb .
vibration	<i>n.</i> a continuous quick and slight shaking movement <i>synonym</i> : oscillation, fluctuation, reverberation
	(1) protection against vibration, (2) sympathetic vibration
	Vibration displaced part of the mechanism.
scout	<i>n.</i> a person or group sent out to obtain information, gather intelligence, or make observations, typically in a military

	context; a person or group sent out to explore or prospect for new opportunities, resources, or locations synonym: scoutmaster, explorer, surveyor
	(1) boy scout , (2) scout troop
	The company sent a scout to explore new business opportunities in the overseas market.
grab	 v. to take hold of something or someone suddenly with a hand, especially in a violent way synonym: clutch, snatch, grasp
	(1) grab an audience, (2) grab an opportunity Shall we grab a bite to eat?
pea	 n. a small, round, green vegetable that grows in pods on a climbing plant and is eaten as a vegetable synonym: legume, bean, pulse
	(1) pea protein, (2) pea family
	She shelled the peas and added them to the pot.
genuine	adj. real and exactly; not pretended; sincerely felt or expressed
	synonym: actual, honest, unpretending
	(1) a genuine article, (2) show genuine regret
	Is this painting genuine or forged?
eureka	 n. exclamation of triumph on discovering something; realization or sudden insight
	synonym: discovery, breakthrough, aha moment
	(1) have a eureka moment, (2) shout " eureka!"
	" Eureka!" he exclaimed, finally solving the problem.
frequency	 an ordered array of colors into which a light beam can be split
	synonym: recurrence, repetition, regularity
	(1) frequency band, (2) high frequency
	The oscillator hunts for the correct frequency .

grant	v. to agree to give or allow somebodysynonym: allocate, authorize, give
	(1) grant a new license, (2) grant a land
	The chairperson granted him the right to speak.
buzzy	 adj. having a feeling of slight intoxication or light-headedness; generating a lot of interest or discussion on social media or the Internet synonym: vibrant, lively, energized
	(1) buzzy feeling, (2) buzzy atmosphere
	The coffee shop is always busy and has buzzy energy.
injection	 n. the act of introducing a liquid, especially a drug, into the body using a needle and a syringe synonym: shot, infusion, dose
	(1) fuel injection , (2) injection needle
	He received an injection of antibiotics to treat his infection.
procedure	 a way of doing something, especially the official or well-known way
	synonym: action, approach, course
	(1) undergo a surgical procedure , (2) standard procedure
	The pilot and flight attendant ran through the check-out procedure .
random	 <i>adj.</i> made, done, or happening without method, conscious decision, or any regular pattern <i>synonym</i>: incidental, arbitrary, unanticipated
	(1) a random choice, (2) bombs fell at random
	To find drunk drivers, police conduct random tests.
independence	<i>n.</i> freedom from another's or others' control or influence <i>synonym</i> : freedom, liberty, autonomy
	(1) financial independence , (2) independence ceremony
	There is nothing more valuable than independence and freedom.

colleague	<i>n</i> . one of a group of a coworker, especially in a profession or a business
	synonym: coworker, associate, fellow
	(1) collaborate with colleagues , (2) former colleague
	I decided to seek counseling on the advice of my colleague.
confide	 v. to reveal private or secret information to someone; to trust someone with a confidence synonym: trust, reveal, impart
	(1) confide in you, (2) confide a secret
	He confided in her, telling her his deepest secrets.
recover	<i>v.</i> to return to a former condition, health, mind, or strength <i>synonym</i> : come back, convalesce, heal
	(1) recover a loss, (2) recover approval ratings
	She is still recovering from a shot to her shoulder.
replacement	 n. the act of replacing something with something else, especially that is newer or better; a person or thing that takes or can take the place of another synonym: alternate, substitute, backup
	(1) regular replacement of tires, (2) replacement cost
	We demand his replacement .
replace	v. to take the place of somethingsynonym: substitute, supersede, displace
	(1) replace one word with another, (2) replace a phone
	Eventually, the new design will replace all older models.
stretch	 v. to make or be capable of making anything longer or broader without hurting or breaking synonym: lengthen, prolong, extend
	(1) stretch along the coast, (2) stretch a story
	Some herds have been observed to stretch hundreds of
	kilometers.

electrify	 v. to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something synonym: wire, amaze, astonish
	(1) electrify the audience, (2) electrify a manufacturing process
	The product developed through years of research continues to electrify the market.
trigger	 v. to make something happen suddenly; to cause something such as a device, machine, etc. to function synonym: activate, spark, drive
	(1) trigger a biochemical response, (2) trigger inflation
	The incident triggered a political controversy.
conductor	<i>n</i> . someone who leads the performance of musicians or a piece of music; (in physics) an object, substance, or material that readily allows the flow of electricity, heat, etc.
	synonym: director, manager
	(1) conductor directing a symphony, (2) oxide conductor
	Diamonds are employed as thermal conductors as well.
obnoxious	<i>adj.</i> extremely unpleasant or offensive; annoying or irritating to the point of causing discomfort or harm <i>synonym</i> : offensive, unpleasant, irritating
	(1) obnoxious habits, (2) obnoxious odor
	His obnoxious behavior at the party made everyone
	uncomfortable.
sensation	 n. a feeling associated with stimulation of a sense organ or with a specific body condition; a general feeling of interest and excitement
	synonym: feeling, perception, mania
	(1) cause a widespread sensation , (2) taste sensation
	If you apply this ointment, you may feel a mild burning sensation .

freak	<i>n.</i> an abnormality that is not typical or expected <i>synonym</i> : anomaly, deviation, oddity
	(1) a rock freak, (2) freak weather
	The freak accident caused the car to flip over and land on its roof.
swab	 a small piece of soft material used by a doctor, nurse, etc., for cleaning a cut or taking a sample from somebody's body for testing; (verb) apply, usually a liquid, to a surface
	synonym: mop, scrub, daub
	(1) alcohol swab , (2) cotton swab
	He took a swab of his ear.
distract	 v. to draw someone's attention away from what they are trying to do
	synonym: divert, preoccupy, confuse
	(1) distract attention from the real issue, (2) distract public opinion
	Please don't distract me while I'm studying.
poster	 <i>n</i>. a large sheet or picture that is placed either on a public space to promote or announce something or on a wall to decorate it <i>synonym</i>: banner, billboard, sign
	(1) eye-catching posters , (2) a wanted poster
	We noticed a poster advertising a bargain.
discovery	 n. the act or process of finding information, a place, or an object, or learning about something that was previously not known synonym: finding, uncovering, detection
	(1) a scientific discovery , (2) the great discovery of the
	century
	Her research team made an important discovery .

combine	 v. to join or merge to form a single thing or group synonym: coalesce, cohere, blend
	(1) combine chemically with another substance,(2) combine augmented reality
	Hydrogen and oxygen combine to form water.
decision	 n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options synonym: choice, determination, judgment
	(1) decision authority, (2) a selfish decision
	She was struggling to make a decision between two job offers.
touching	 adj. evoking an emotional response; causing feelings of sympathy, tenderness, or compassion; having a poignant or emotional impact synonym: moving, poignant, heartwarming
	(1) touching appeal, (2) touching moment
	The movie's touching storyline left the audience in tears.
activate	<i>v.</i> make something start working, more active or dynamic <i>synonym</i> : mobilize, stimulate, initiate
	(1) activate a receptor, (2) activate a motor
	You must activate the software with a 16-digit key before you can use it.
hack	 v. to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks synonym: cut, chop, crack
	(1) hack through the jungle, (2) hack into the program
	This blog offers a variety of tips for hacking everyday life.
decide	 v. to make up someone's mind about something; to come to a conclusion or judgment after considering options synonym: choose, determine, settle

	(1) decide a question, (2) decide on a course of action She couldn't decide whether to order the pizza or the pasta for dinner.
guarantee	 v. to promise something will happen formally, especially that certain conditions about a product, service, or transaction would be met synonym: assure, promise, warrant
	(1) guarantee a high quality, (2) guarantee women equality
	We cannot guarantee enough raw material sources.
functional	<i>adj.</i> designed for or capable of a particular activity, purpose, or task; practical or ready for use or service <i>synonym</i> : applicable, practical, usable
	(1) field of functional medicine, (2) functional deafness
	The mobile phone was still functional even after being
	dropped.
symphony	 <i>n</i>. a long musical composition in Western classical music for orchestra, usually with three or four main parts called movements <i>synonym</i>: orchestra, harmony, concert
	(1) a symphony orchestra, (2) a beautiful symphony
	The frequent performances of the symphony prove its popularity.
оссиру	<i>v.</i> to consume all of someone's space, attention, or time <i>synonym</i> : inhabit, settle, populate
	(1) occupy his time, (2) occupy a position
	The young prince will soon occupy the throne.
notify	 v. to inform, alert, or give notice to someone about something, often formally or in writing synonym: inform, apprise, alert
	(1) notify through documents, (2) notify authorities
	Please notify me if there are any changes to the schedule.

punch	 v. to strike someone or something with one's fist; to make a hole in something synonym: hit, strike, slap
	(1) punch out numbers, (2) punch a ticket
	He punched the wall in anger.
bully	 a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful synonym: tormentor, intimidator, aggressor
	(1) bully bystander, (2) bully the weak
	The schoolyard bully terrorized the other children and made their lives miserable.
buddy	<i>n.</i> a close friend; a partner, especially one of a pair or team <i>synonym</i> : mate, peer, associate
	(1) my golf buddy , (2) buddy movie
	He was the first buddy in the military training camp.
cancer	 n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells synonym: tumor, carcinoma, malignancy
	(1) cancer diagnosis, (2) cancer research
	Breast cancer is the most common type of cancer in women.
horrible	<i>adj.</i> extremely unpleasant or bad; causing fear or disgust <i>synonym</i> : dreadful, terrible, awful
	(1) horrible accident, (2) horrible smell
	The experience was horrible and left a lasting impression.
tolerate	 v. to allow something to exist or happen, even if it is disliked or opposed
	synonym: endure, put up with, bear
	(1) tolerate his disrespectful behavior, (2) tolerate ambiguity

I can't tolerate spicy food, and it always gives me heartburn

context	 n. the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning synonym: background, setting, environment
	 (1) historical context, (2) legal context It's important to understand the context of a situation before making a decision.
connectome	 n. a complete map of all the neural connections or pathways in the brain or nervous system, often created using advanced imaging technologies synonym: neural map, brain map
	(1) connectome mapping, (2) connectome plasticity Scientists are mapping the human brain's connectome to understand different cognition aspects better.
untreated	 adj. not given medical care or treatment; not subjected to chemical or physical treatment synonym: raw, unprocessed, coarse (1) an untreated disease, (2) dispose of untreated formalin solution Heat stroke is the result of untreated heat exhaustion.
intense	 <i>adj.</i> (especially of a feeling) very strong; extremely sharp or severe <i>synonym</i>: extreme, fierce, harsh (1) intense heat, (2) develop intense itching That statement by the prime minister drew intense international criticism.
heal	 v. to make a wound or injury to become well again synonym: recover, bring around, mend (1) heal a broken bone, (2) heal the hurt mind It will take time for her mental scars to heal.

plasticity	 n. the quality or state of being easily molded, shaped, or modified; the capacity for change, adaptability, or flexibility, particularly about a material substance, biological process, or psychological trait synonym: malleability, adaptability, flexibility
	(1) muscle plasticity , (2) neural plasticity
	The brain's plasticity allows it to change and adapt based on
	new experiences and learning.
personalize	 v. to make something or an experience specific to an individual or group, often through adding personal details or tailoring it to their preferences or needs; to add personal details or information to something synonym: customize, individualize, tailor
	(1) personalize social media profile, (2) personalize my workspace
	I like to personalize my phone case with a picture of my dog.
matrix	 <i>n</i>. a rectangular array of numbers, symbols, or expressions, arranged in rows and columns and often enclosed in brackets; an enclosure within which something originates or develops <i>synonym</i>: grid, cast, table
	(1) the matrix of Western civilization, (2) matrix multiplication
	The matrix of numbers on the spreadsheet allowed the accountant to track the company's profits and losses easily.
opt	<i>v.</i> to make a choice from a range of possibilities <i>synonym</i> : choose, select, pick
	(1) opt out of society, (2) opt for a traditional wedding
	I decided to opt for premature retirement.
layer	 <i>n</i>. a sheet, quantity, or thickness of the material, typically one of several, covering a surface or body; a level or part within a system or set of ideas <i>synonym</i>: stratum, sheet, coating

(1) layer cake, (2) layer of paint

The **layer** of frost on the ground was so thick it was difficult to walk on.

relaxation	 n. a state of being free from tension, stress, or anxiety; a condition of being relaxed, calm, and comfortable; a period of rest or leisure synonym: rest, repose, ease
	(1) relaxation techniques, (2) relaxation music
	Yoga is a great way to promote relaxation and reduce stress.
acupuncture	 n. a traditional Chinese medical practice that involves inserting thin needles into specific points on the body to stimulate energy flow and promote healing; a form of alternative medicine synonym: stylostixis, needling, reflexology
	(1) acupuncture for anxiety, (2) acupuncture treatment
	The acupuncture needles are very thin and are not painful to insert.
capsaicin	<i>n.</i> a compound that is found in chili peppers and other plants in the nightshade family, and that is responsible for the pungent and spicy flavor of these peppers
	(1) the capsaicin analog, (2) capsaicin sensitivity
	He couldn't handle the heat from the capsaicin in the sauce.
meditation	 n. the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state synonym: contemplation, reflection, introspection
	(1) meditation training, (2) religious meditation
	The meditation instructor guided the group through the relaxation and breathing exercises.
probable	adj. likely to happen or likely to be true
-	synonym: likely, possible, potential

	(1) probable outcome, (2) probable cause of a fire
	It seems probable that he has forgotten our scheduled meeting.
volume	 n. the amount of space occupied by an object or substance; the magnitude of sound synonym: capacity, amount, intensity
	(1) volume of work, (2) high volume
	This container has a volume of 10 cubic meters.
knob	 n. a round handle, especially one used for opening or closing a door, drawer, or cabinet synonym: handle, lever
	(1) handy knob , (2) knob closure
	The knob on the drawer was loose and needed to be tightened.
clunky	 adj. heavy, awkward, and old-fashioned; not graceful and clumsy in style, form, or movement synonym: clumsy, bulky, burdensome
	(1) clunky phrasing, (2) clunky robot
	Refined character portrayal makes up for clunky gameplay.
hypersensitive	 adj. easily or overly affected emotionally, physically, or mentally by stimuli or situations that are not normally considered stressful or upsetting synonym: over-sensitive, touchy, fragile
	(1) hypersensitive reaction, (2) hypersensitive nerve
	endings
	She became hypersensitive to criticism after being bullied in school.
dial	 v. to adjust or set the controls of a machine or device by turning a controller called dial; (noun) a disc on a telephone that is rotated a fixed distance for each number called
	synonym: adjust, set, turn

	(1) dial up the volume, (2) dial down the tension
	He dialed the phone number and waited for an answer.
override	 v. to use one's authority or power to cancel or disregard something, especially a decision or rule made by someone else synonym: overrule, annul, nullify
	(1) override the system, (2) override a veto
	The CEO decided to override the decision made by the
	lower-level managers.
saint	 n. a person who is recognized as having an exceptional degree of holiness, virtue, or devotion synonym: holy person, martyr, angel
	(1) saint statue, (2) the departed saint
	The faithful follower venerated the saint's relic.
evil	adj. profoundly immoral, cruel, and wicked; having or exerting a harmful effect on people synonym: malign, corruption, immorality
	(1) evil ways, (2) a charm against evil
	Corruption is an evil act for any reason.
nag	 v. to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse synonym: hassle, bother, badger
	(1) nag about the minor thing, (2) nag political leaders
	She couldn't stop nagging her husband to take out the trash.
obsess	 v. to fill the mind of someone continually so that one can't think of anything else synonym: torment, beset, engross
	(1) obsess over her weight, (2) he is obsessed with the fear
	He's utterly obsessed with his promotion.

exaggerate	 v. to describe or represent something as better or worse than it is
	synonym: overstate, overestimate, amplify
	(1) exaggerate in degree, (2) exaggerate story
	She exaggerated the extent of her injuries to get more
	money from the settlement.
flee	 v. to leave by running away, especially out of fear or danger
	synonym: exit, escape, run away
	(1) flee their homes, (2) flee abroad
	It is a basic instinct to flee from a dangerous situation.
turbulent	<i>adj.</i> marked by a lot of sudden changes, confusion, or uncertainty; characterized by intense activity or agitation
	synonym: chaotic, stormy, tumultuous
	(1) turbulent waves, (2) turbulent age
	The stock market has been turbulent lately, with prices
	fluctuating rapidly.
scald	v. to burn or painfully affect with hot liquid or steam <i>synonym</i> : burn, scold, sear
	(1) scald the milk, (2) scald my tongue
	Be careful not to scald yourself with the hot water.
dump	 v. to deposit or dispose of something, such as trash, waste, etc., carelessly or hurriedly synonym: throw away, dispose
	(1) dump the gravel on the road, (2) dump hazardous
	waste
	The company dumped him after several years of service.
straight	<i>adj.</i> extending or moving in one direction without bending or curving; having no deviations
	synonym: linear, honest, consecutive
	(1) a straight line, (2) straight for two months

He was sick for five **straight** days.

ankle	<i>n.</i> the part or joint connecting the foot to the leg <i>synonym</i> : mortise joint
	(1) ankle injury, (2) pair of ankle boots He accidentally sprained his ankle playing squash.
jolt	 v. to move or cause to move with a sudden jerky motion; to disturb someone's composure); (noun) a sudden, sharp movement or shock synonym: shock, jar, bump
	 (1) jolt entire social systems, (2) jolt of excitement The news of the unexpected announcement jolted the stock market.
scalp	 n. the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack synonym: hair cover, pelt, epidermis
	(1) scalp massage, (2) scalp condition
	I have an itchy scalp and need to switch to a different shampoo.
rip	v. to tear something or be torn violently or suddenly <i>synonym</i> : tear, cut, slit
	(1) rip a notebook apart, (2) rip a hole in the roof
	During transit, the stuff may rip off the luggage tag.
blister	 n. a small, fluid-filled bubble on the skin caused by friction, burning, or other skin irritation; can also refer to a similar bubble found in other materials; (verb) to become covered with blisters or to cause blisters to form; to criticize or rebuke severely synonym: sore, vesicle, pustule
	(1) blister after walking for miles, (2) blister treatment
	The new hiking shoes gave me a blister on my heel after just a few miles of walking.

sink	 v. to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else synonym: descend, drop, plummet
	(1) sink a lot of capital, (2) sink a buzzer-beater
	The abandoned ship slowly began to sink into the murky waters of the harbor.
statistics	<i>n</i> . the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
	(1) statistics for cancer, (2) official statistics
	The statistics demonstrate that poverty and unemployment are genuine problems.
barf	 v. to vomit or regurgitate food or stomach contents; (noun) the act of vomiting synonym: vomit, hurl, puke
	(1) barf bag, (2) barf up food
	After having too much to drink, he had to rush to the bathroom to barf .
holy	<i>adj.</i> of or related to a god, divine power, or a particular religion
	synonym: sacred, religious, divine
	(1) a holy man, (2) a holy shrine
	They gathered to hear the holy teachings of the guru.
pouch	 n. a small bag or container with a drawstring or zipper used to carry small items; a small sac or pocket within an organ or tissue in the body synonym: bag, sack, pocket
	(1) paper pouch, (2) kangaroo pouchMy wallet wasn't big enough, so I kept my coins in a small pouch.

critic	 n. someone who expresses opinions about the quality of books, music, etc.
	synonym: pundit, analyst, attacker
	(1) art critic, (2) severe critic
	Advocates for legal reform hear less harsh words from their
	critics.
misconception	 n. a belief or an idea that is wrong because it has been based on faulty thinking, understanding, or hypothesis synonym: fallacy, incomprehension, misunderstanding
	(1) dispel the misconception , (2) commonly held misconception
	There are numerous misconceptions about food and health.
reward	n. a thing given in acknowledgment of service, hard work, achievement, etc.
	synonym: compensation, gratuity, bonus
	(1) the reward for good works, (2) shopping rewards cards
	Night fishing has a lot of rewards .
amazing	<i>adj.</i> extremely surprising, especially in a way that you like or admire
	synonym: exceptional, extraordinary, wonderful
	(1) amazing advances, (2) the most amazing feeling
	The golfer recorded an amazing distance.
godsend	 n. something or someone that comes unexpectedly and is very helpful or beneficial synonym: blessing, gift, windfall
	(1) godsend opportunity, (2) a godsend for farmers
	The extra funding for the project was a godsend and allowed
	us to complete it on time.
chronic	<i>adj.</i> being long-lasting and recurrent or characterized by long suffering; habitual
	synonym: established, regular, constant
	(1) risk of chronic disease, (2) chronic alcohol

consumption

Chronic hyperglycemia is a trigger for a variety of serious diseases.

trauma	 an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
	synonym: agony, injury, ordeal
	(1) psychic trauma , (2) trauma care
	Many civilians have suffered trauma as a result of the war.
bay	 <i>n</i>. a part of the coast that is partially enclosed by land; a compartment or section of a ship or building <i>synonym</i>: inlet, cove, gulf
	(1) bay area, (2) the mouth of a bay
	She walked along the bay and collected shells.
morphine	 <i>n</i>. a powerful narcotic drug used to relieve pain and induce sleep <i>synonym</i>: narcotic, painkiller, sedative
	(1) morphine addiction, (2) synthetic morphine
	Long-term use of morphine can lead to tolerance, physical dependence, and addiction.
traumatic	 adj. relating to or caused by injury, especially emotional injury synonym: distressing
	(1) traumatic event, (2) traumatic brain injury
	The experience was so traumatic that it left a lasting impact
	on the survivor's mental health.
accomplished	 adj. having completed a task or achieved a goal successfully; skilled or proficient at something synonym: achieved, finished, completed
	(1) accomplished at a very early age, (2) accomplished goal

She felt accomplished after finishing her book.

risky	<i>adj.</i> involving the possibility of danger, failure, or loss <i>synonym</i> : dangerous, perilous, scary
	(1) change risky behavior, (2) a risky enterprise
	It is extremely risky to sail in such a storm.
wisdom	 n. the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions synonym: sagacity, discernment, insight
	(1) a fountain of wisdom , (2) wisdom literature
	The community greatly respected and sought after the older adult's wisdom .
removal	<i>n.</i> the act of taking something away or off from a particular place
	synonym: extraction, elimination, eradication
	(1) dental tartar removal , (2) removal truck
	The removal of the statue caused much controversy in the community.
disorder	 n. an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions synonym: chaos, disturbance, disease
	(1) the files are in complete disorder , (2) people with bipolar disorder
	The doctor prescribed some medicine for the mental disorder .
ibuprofen	<i>n.</i> a drug used to reduce pain, fever, and inflammation
	(1) ibuprofen intoxication, (2) ibuprofen tablet
	Daily use of ibuprofen can irritate the stomach.
healthcare	 n. the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession

	(1) healthcare agency, (2) rising healthcare cost In an aging population, citizens must pay more to maintain quality healthcare.
quitter	 n. a person who gives up easily or does not have the determination to finish what they have started synonym: coward, deserter, surrender
	(1) easy quitter, (2) serial quitter
	He was labeled as a quitter after he abandoned the project halfway.
digit	 n. one of the elements that collectively form a system of numeration; a finger, thumb, or toe synonym: number, integer, numeral
	(1) digit identifier, (2) the digit in the hundreds place We must enter a six- digit number to unlock the safe.
prescription	 n. a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient synonym: directive, instruction, order
	(1) prescription drugs, (2) fill the prescription
	I need to refill my prescription for allergy medication at the pharmacy.
overdose	n. excessive and dangerous ingestion or application of a drug
	synonym: superfluousness, exuberance, excessiveness
	(1) overdose of alcohol, (2) opioid overdose
	It would help if you refrained from an overdose of caffeine.
prescribe	 v. (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something synonym: define, specify, stipulate
	(1) prescribe a drug, (2) prescribe in the preceding paragraph

Federal bankruptcy laws **prescribed** the reorganization process.

afford	 v. to have enough money or time to be able to buy or do something
	(1) afford to buy a new car, (2) afford a high travel costHe cannot afford a holiday.
ditch	 <i>n</i>. a long, narrow, and shallow depression or channel that is dug into the ground; (verb) to throw away <i>synonym</i>: trench, channel, furrow
	(1) agricultural ditch , (2) ditch my career
	The farmers used ditches to drain water from their fields.
exhaust	 n. the system in a vehicle that removes waste gases from the engine; (verb) to make someone completely tired synonym: emission, fumes, (verb) deplete
	(1) exhaust pipe, (2) exhaust a topic
	The factory's exhaust fumes polluted the air and affected the
	health of the nearby residents.
reframe	 v. to reinterpret, rephrase, or redefine an issue, situation, or question in a different way
	synonym: redefine, restructure, reposition
	(1) reframe resource allocation, (2) reframe problem
	The therapist tried to reframe his negative thoughts.
addiction	<i>n.</i> the inability to stop using or doing something as a habit, especially something harmful
	synonym: dependence
	(1) alcohol addiction , (2) addiction to foreign oil
	He is now fighting his addiction to drugs.
emergency	<i>n.</i> a sudden unforeseen crisis usually involving danger that requires immediate action
	synonym: crisis, trouble, difficulty
	(1) emergency action, (2) acute emergency

	The president declared a state of emergency .
depart	v. to go away or leave, especially to start a journey synonym: go away, leave, vacate
	(1) arrive and depart on time, (2) depart from the faith
	We departed before the temperature fell below zero.
sickle	 n. a tool consisting of a short curved blade with a handle, used for cutting grass or grain; also a symbol associated with harvest or death synonym: scythe, crescent, cutter
	(1) sickle-shaped moon, (2) harvest sickle
	The blade of the sickle glinted in the sunlight as he swung it back and forth.
indicative	 adj. serving as a sign or indication of something; expressing or showing something directly; characteristic of a particular group or situation synonym: suggestive, telltale, revelatory
	(1) indicative mood, (2) indicative sign
	The company's profits were indicative of its successful business strategy.
biology	<i>n.</i> the scientific study of life and the natural processes of living things
	(1) evolutionary biology , (2) cell and molecular biology
	In junior high school, we had to dissect a frog in biology
	class.
interfere	v. to get involved in and prevent a process or activity from continuing
	synonym: interpose, interrupt, hamper
	(1) interfere in another country's affairs, (2) interfere with DNA synthesis
	Your talking interferes with my work.

interference	 n. the act or process of getting involved in and trying to influence a specific situation; the state of being affected and influenced with synonym: obstruction, hindrance, impedance
	(1) officious interference, (2) interference wave
	Unfortunately, the radio interference made it difficult to hear the broadcast.
pretension	 n. the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition synonym: presumption, pretense, affectation
	(1) pretension to authority, (2) baseless pretension
	His pretensions of being a gourmet were quickly exposed when he could not identify basic herbs and spices.
objective	 n. a goal, aim, or purpose that is intended or sought after; a goal that is based on facts, evidence, or unbiased reasoning rather than personal opinions, feelings, or beliefs; (adjective) of or relating something that is based on facts and not influenced by personal feelings or biases synonym: goal, purpose, aim
	(1) objective assessment, (2) financial objective
	The study's main objective is to identify risk factors for heart disease.
measurement	 n. the act or process of finding something's size, quantity, or degree synonym: calculation, dimensions, size
	(1) chest measurement , (2) a precise measurement
	The measurement error of this industrial machine is less than one micrometer.
mention	<i>v.</i> to speak or write about something or someone briefly <i>synonym</i> : reference, allude, cite
	(1) mention name, (2) mention in a report

	I mentioned to him that I had seen his sister at the grocery store earlier that day.
specifically	adv. only associated with or meant for one thing synonym: especially, particularly, notably
	 designed specifically for men, (2) for specifically American customers
	This ad campaign is aimed specifically at young women.
possibility	<i>n.</i> a chance that something may happen or be true <i>synonym</i> : chance, prospect, likelihood
	 (1) possibility for growth, (2) possibility of a major earthquake
	The possibility of getting the disease will drastically increase.
tomb	<i>n.</i> a large stone structure or underground chamber in which the dead are buried
	synonym: grave, burial site, mausoleum
	(1) bury in tomb , (2) the ancient tomb
	The tomb of the unknown soldier honored the bravery and sacrifice of those who lost their lives in battle.
harmonic	 adj. relating to the production of sound waves with a frequency that is an integral multiple of the frequency of the original wave; having a pleasing, pleasing, or agreeable sound. synonym: melodic, balanced, harmonious
	(1) harmonic oscillator, (2) a natural harmonic quality
	The violin's sound was so pure and harmonic that it gave me chills.
interaction	 n. the act of connecting with someone, mainly when working, playing, or spending time with them synonym: dealings, exchange, relations
	(1) the interaction between man and his environment,

	(2) interaction among human beings The interaction of the two groups is good for brainstorming.
specific	 adj. clearly defined or particular to a certain thing or situation; distinct, explicit, and precise synonym: particular, definite, distinct
	(1) specific instructions, (2) industry- specific regulations
	The scientist conducted a study that provided specific details about the species' behavior.
cancel	 v. to decide that a previously scheduled activity will not take place
	synonym: abort, invalidate, annul
	(1) cancel a class, (2) cancel a free subscription trial When customers cancel their reservations, they lose the deposit they made.
interact	v. to communicate or react with somebody synonym: cooperate, combine, collaborate
	(1) interact directly with customers, (2) interact with one another
	He should interact more with his colleagues.
explore	 v. to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it synonym: analyze, delve into, examine
	(1) explore the world, (2) explore our options
	The management must explore strategies to increase office security.
fascia	 n. a thin layer or sheet of connective tissue that surrounds and supports organs, muscles, and other structures within the body, which also helps to compartmentalize and protect these structures
	synonym: connective tissue, sheath, fibrous tissue
	(1) fascia massage, (2) fascia of the neck

The physical therapist recommended specific exercises to loosen the **fascia** tissue around the injured muscle.

unexplored	 adj. not yet examined, investigated, or studied; lacking in knowledge or information; unknown or undiscovered synonym: uncharted, undiscovered, untapped 				
	(1) unexplored ideas, (2) unexplored cave				
	There are many unexplored regions of the ocean that scientists hope to study soon.				
engaging	<i>adj.</i> attracting, pleasant, or charming <i>synonym</i> : alluring, interesting, engrossing				
	 engaging story, (2) an engaging smile She was disbarred for her engaging in fraud. 				

Session 2: Spelling

1.	inct directly with customers	ν.	to communicate or react with somebody
2.	inon needle	n.	the act of introducing a liquid, especially a drug, into the body using a needle and a syringe
3.	trr inflation	ν.	to make something happen suddenly; to cause something such as a device, machine, etc. to function
4.	hypive nerve endings	adj.	easily or overly affected emotionally, physically, or mentally by stimuli or situations that are not normally considered stressful or upsetting
5.	the ancient tb	n.	a large stone structure or underground chamber in which the dead are buried
6.	afd to buy a new car	v.	to have enough money or time to be able to buy or do something
7.	posty of a major earthquake	n.	a chance that something may happen or be true
8.	funal deafness	adj.	designed for or capable of a particular activity, purpose, or task; practical or ready for use or service
9.	a riy enterprise	adj.	involving the possibility of danger, failure, or loss
10.	a hy shrine	adj.	of or related to a god, divine power, or a particular religion
11.	an egus error	adj.	outstandingly bad or shocking; conspicuously or outrageously bad or reprehensible

ANSWERS: 1. interact, 2. injection, 3. trigger, 4. hypersensitive, 5. tomb, 6. afford, 7. possibility, 8. functional, 9. risky, 10. holy, 11. egregious

12. evely become obsolete	adv.	finally, particularly after a long time or a lot of struggle, complications, and so on
13. gb an opportunity	v.	to take hold of something or someone suddenly with a hand, especially in a violent way
14. a nb mind	adj.	unable to feel physical sensation and movement; not showing human feeling or sensitivity
15. the spe of a book	n.	the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column
16. tote ambiguity	<i>v</i> .	to allow something to exist or happen, even if it is disliked or opposed
17. kangaroo poh	n.	a small bag or container with a drawstring or zipper used to carry small items; a small sac or pocket within an organ or tissue in the body
18. conme plasticity	n.	a complete map of all the neural connections or pathways in the brain or nervous system, often created using advanced imaging technologies
19. an abal operation	adj.	of or relating to the part of the body that contains the stomach, intestines, and other organs
20. permanent brn damage	n.	the organ inside the head that is responsible for one's movement, thought, memory, and feeling
21. fe their homes	v.	to leave by running away, especially out of fear or danger

ANSWERS: 12. eventually, 13. grab, 14. numb, 15. spine, 16. tolerate, 17. pouch, 18. connectome, 19. abdominal, 20. brain, 21. flee

22. obus odor	annoying	or unpleasant or offensive; or irritating to the point of discomfort or harm
23. prle outcome	dj. likely to ha	appen or likely to be true
24. cause a widespread seon	a sense o	associated with stimulation of organ or with a specific body a general feeling of interest ement
25. te my patience	to physica someone (noun) a r around th	e weary or fatigued, often due al or mental exertion; to cause to feel weary or fatigued; rubber covering that is placed e rim of a wheel, which traction and absorbs shock ing
26. perze social media profile	specific to through a tailoring it	comething or an experience o an individual or group, often dding personal details or to their preferences or needs; rsonal details or information to g
27. sie-shaped moon	with a har	sisting of a short curved blade ndle, used for cutting grass or o a symbol associated with r death
28. a rock frk	an abnorr expected	nality that is not typical or
29. an opd analgesic	to opium, medicines some peo	es that have an effect similar such as morphine, used in s to treat severe pain, but ople take them illegally for and become addicted

ANSWERS: 22. obnoxious, 23. probable, 24. sensation, 25. tire, 26. personalize, 27. sickle, 28. freak, 29. opioid

30. ocy a position	v.	to consume all of someone's space, attention, or time
31. computer-conble	adj.	able to be controlled or directed
32. absly against	adv.	without restriction or limitation; completely or utterly
33. traditional meal	adj.	of or relating to the treatment or cure of disease
34. historical cot	n.	the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning
35. the mouth of a b_y	n.	a part of the coast that is partially enclosed by land; a compartment or section of a ship or building
36. develop ine itching	adj.	(especially of a feeling) very strong; extremely sharp or severe
37. r_p a hole in the roof	v.	to tear something or be torn violently or suddenly
38. a god for farmers	n.	something or someone that comes unexpectedly and is very helpful or beneficial
39. exate story	v.	to describe or represent something as better or worse than it is
40. ovse of alcohol	n.	excessive and dangerous ingestion or application of a drug
41. ree one word with another	<i>v</i> .	to take the place of something
42. dee on a course of action	v.	to make up someone's mind about something; to come to a conclusion or judgment after considering options

ANSWERS: 30. occupy, 31. controllable, 32. absolutely, 33. medicinal, 34. context, 35. bay, 36. intense, 37. rip, 38. godsend, 39. exaggerate, 40. overdose, 41. replace, 42. decide

43. dl up the volume	v.	to adjust or set the controls of a machine or device by turning a controller called dial; (noun) a disc on a telephone that is rotated a fixed distance for each number called
44. parse a poem into prose	v.	to restate or reword a passage in one's own words, often to clarify or simplify the original meaning
45. shopping reds cards	n.	a thing given in acknowledgment of service, hard work, achievement, etc.
46. cal a class	ν.	to decide that a previously scheduled activity will not take place
47. rer a loss	v.	to return to a former condition, health, mind, or strength
48. intnce wave	n.	the act or process of getting involved in and trying to influence a specific situation; the state of being affected and influenced with
49. heare agency	n.	the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession
50. thb a ride	n.	the short, thick digit of the hand next to the index finger; (verb) to travel by getting free rides from motorists
51. noy through documents	v.	to inform, alert, or give notice to someone about something, often formally or in writing

ANSWERS: 43. dial, 44. paraphrase, 45. reward, 46. cancel, 47. recover, 48. interference, 49. healthcare, 50. thumb, 51. notify

52. group of orsms	n.	a tiny living thing
53. pe a challenge	ν.	to present a risk, problem, or other issues that must be addressed
54. the advice of the phan	n.	a medical doctor who practices medicine
55. inre with DNA synthesis	v.	to get involved in and prevent a process or activity from continuing
56. preon to authority	n.	the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition
57. elfy a manufacturing process	v.	to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something
58. fire stk	v.	to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
59. whk him with a stick	ν.	to hit someone or something hard or noisily
60. an uned disease	adj.	not given medical care or treatment; not subjected to chemical or physical treatment
61. handy kb	n.	a round handle, especially one used for opening or closing a door, drawer, or cabinet

ANSWERS: 52. organism, 53. pose, 54. physician, 55. interfere, 56. pretension, 57. electrify, 58. stick, 59. whack, 60. untreated, 61. knob

62.	a natural haic quality	adj.	relating to the production of sound waves with a frequency that is an integral multiple of the frequency of the original wave; having a pleasing, pleasing, or agreeable sound.
63.	tong moment	adj.	evoking an emotional response; causing feelings of sympathy, tenderness, or compassion; having a poignant or emotional impact
64.	repnt cost	n.	the act of replacing something with something else, especially that is newer or better; a person or thing that takes or can take the place of another
65.	hypive reaction	adj.	easily or overly affected emotionally, physically, or mentally by stimuli or situations that are not normally considered stressful or upsetting
66.	laa noodles	n.	a type of dish consisting of layers of pasta, cheese, meat, or vegetables, typically topped with tomato sauce and baked in an oven; a traditional staple of Italian cuisine
67.	die prevention	n.	a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
68.	sual ability	n.	the state of continuing to exist or live, frequently in the face of difficulty or danger
69.	ocy his time	v.	to consume all of someone's space, attention, or time

ANSWERS: 62. harmonic, 63. touching, 64. replacement, 65. hypersensitive, 66. lasagna, 67. disease, 68. survival, 69. occupy

70. art crc	n.	someone who expresses opinions about the quality of books, music, etc.
71. eye-catching pors	n.	a large sheet or picture that is placed either on a public space to promote or announce something or on a wall to decorate it
72. buy the weak	n.	a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful
73. a well-baed mind	adj.	taking all sides or opinions into account equally; being in a state of proper equilibrium
74. sopted look	adj.	having a great deal of worldly experience and knowledge of people's behavior, culture, and fashion
75. protection against vion	n.	a continuous quick and slight shaking movement
76. obve assessment	n.	a goal, aim, or purpose that is intended or sought after; a goal that is based on facts, evidence, or unbiased reasoning rather than personal opinions, feelings, or beliefs; (adjective) of or relating something that is based on facts and not influenced by personal feelings or biases
77. a baed diet	adj.	taking all sides or opinions into account equally; being in a state of proper equilibrium

ANSWERS: 70. critic, 71. poster, 72. bully, 73. balanced, 74. sophisticated, 75. vibration, 76. objective, 77. balanced

78.	evely succeed	adv.	finally, particularly after a long time or a lot of struggle, complications, and so on
79.	aie seat	n.	a passage between rows of seats in a theater, airplane, or other public building, typically one of two or more running parallel with the main body of the structure
80.	religious medon	n.	the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state
81.	dispose of uned formalin solution	adj.	not given medical care or treatment; not subjected to chemical or physical treatment
82.	be minimum	adj.	not covered or clothed; lacking embellishment or decoration; mere or basic; undisguised or open; empty or devoid of something
83.	a picture fre	n.	a strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window
84.	n_g about the minor thing	v.	to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse
85.	an alm clock	n.	a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger

ANSWERS: 78. eventually, 79. aisle, 80. meditation, 81. untreated, 82. bare, 83. frame, 84. nag, 85. alarm

86.	paper poh	n.	a small bag or container with a drawstring or zipper used to carry small items; a small sac or pocket within an organ or tissue in the body
87.	pry education	adj.	first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle
88.	a wanted por	n.	a large sheet or picture that is placed either on a public space to promote or announce something or on a wall to decorate it
89.	opioid ovse	n.	excessive and dangerous ingestion or application of a drug
90.	acched goal	adj.	having completed a task or achieved a goal successfully; skilled or proficient at something
91.	former coue	n.	one of a group of a coworker, especially in a profession or a business
92.	coor directing a symphony	n.	someone who leads the performance of musicians or a piece of music; (in physics) an object, substance, or material that readily allows the flow of electricity, heat, etc.
93.	evolutionary biy	n.	the scientific study of life and the natural processes of living things
94.	standard prre	n.	a way of doing something, especially the official or well-known way

ANSWERS: 86. pouch, 87. primary, 88. poster, 89. overdose, 90. accomplished, 91. colleague, 92. conductor, 93. biology, 94. procedure

95. the fre of the policy	n.	a strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window
96. car diagnosis	n.	abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
97. sct troop	n.	a person or group sent out to obtain information, gather intelligence, or make observations, typically in a military context; a person or group sent out to explore or prospect for new opportunities, resources, or locations
98. dp the gravel on the road	v.	to deposit or dispose of something, such as trash, waste, etc., carelessly or hurriedly
99. answer coss questions	adj.	too numerous to be counted or very many
100. cly phrasing	adj.	heavy, awkward, and old-fashioned; not graceful and clumsy in style, form, or movement
101. ine heat	adj.	(especially of a feeling) very strong; extremely sharp or severe
102. bodies in a grrd	n.	a cemetery, especially one in a churchyard
103. coe augmented reality	v.	to join or merge to form a single thing or group

ANSWERS: 95. frame, 96. cancer, 97. scout, 98. dump, 99. countless, 100. clunky, 101. intense, 102. graveyard, 103. combine

104. faa of the neck	n.	a thin layer or sheet of connective tissue that surrounds and supports organs, muscles, and other structures within the body, which also helps to compartmentalize and protect these structures
105. gb an audience	v.	to take hold of something or someone suddenly with a hand, especially in a violent way
106. scp massage	n.	the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack
107. the most amg feeling	adj.	extremely surprising, especially in a way that you like or admire
108. acte a receptor	v.	make something start working, more active or dynamic
109. obs over her weight	v.	to fill the mind of someone continually so that one can't think of anything else
110. coss hours	adj.	too numerous to be counted or very many
111. acure treatment	n.	a traditional Chinese medical practice that involves inserting thin needles into specific points on the body to stimulate energy flow and promote healing; a form of alternative medicine
112. show gee regret	adj.	real and exactly; not pretended; sincerely felt or expressed
113. bf up food	v.	to vomit or regurgitate food or stomach contents; (noun) the act of vomiting

ANSWERS: 104. fascia, 105. grab, 106. scalp, 107. amazing, 108. activate, 109. obsess, 110. countless, 111. acupuncture, 112. genuine, 113. barf

114. p_a protein	n.	a small, round, green vegetable that grows in pods on a climbing plant and is eaten as a vegetable
115. development of the nes system	adj.	worried and anxious about something; relating to the nerves
116. dispel the mision	n.	a belief or an idea that is wrong because it has been based on faulty thinking, understanding, or hypothesis
117. hl a broken bone	v.	to make a wound or injury to become well again
118. regular repnt of tires	n.	the act of replacing something with something else, especially that is newer or better; a person or thing that takes or can take the place of another
119. deyed evidence	v.	to ruin or damage severely or completely; to eradicate or eliminate completely
120. my golf buy	n.	a close friend; a partner, especially one of a pair or team
121. pe a significant threat to my company	v.	to present a risk, problem, or other issues that must be addressed
122. frk weather	n.	an abnormality that is not typical or expected
123. the inton between man and his environment	n.	the act of connecting with someone, mainly when working, playing, or spending time with them
124. jt entire social systems	V.	to move or cause to move with a sudden jerky motion; to disturb someone's composure); (noun) a sudden, sharp movement or shock

ANSWERS: 114. pea, 115. nervous, 116. misconception, 117. heal, 118. replacement, 119. destroy, 120. buddy, 121. pose, 122. freak, 123. interaction, 124. jolt

125. spr a contest	v.	to provide funds for a particular event, program, individual, etc. as a way of advertising
126. ext pipe	n.	the system in a vehicle that removes waste gases from the engine; (verb) to make someone completely tired
127. the center aie of a church	n.	a passage between rows of seats in a theater, airplane, or other public building, typically one of two or more running parallel with the main body of the structure
128. relon music	n.	a state of being free from tension, stress, or anxiety; a condition of being relaxed, calm, and comfortable; a period of rest or leisure
129. ree a phone	<i>v</i> .	to take the place of something
130. high frcy	n.	an ordered array of colors into which a light beam can be split
131. basic brn function	n.	the organ inside the head that is responsible for one's movement, thought, memory, and feeling
132. buy bystander	n.	a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful
133. kb closure	n.	a round handle, especially one used for opening or closing a door, drawer, or cabinet

ANSWERS: 125. sponsor, 126. exhaust, 127. aisle, 128. relaxation, 129. replace, 130. frequency, 131. brain, 132. bully, 133. knob

134. dee a question	v.	to make up someone's mind about something; to come to a conclusion or judgment after considering options
135. arrive and det on time	v.	to go away or leave, especially to start a journey
136. tracking dee	n.	a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic
137. psychic tra	n.	an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
138. pair of ane boots	n.	the part or joint connecting the foot to the leg
139. haic oscillator	adj.	relating to the production of sound waves with a frequency that is an integral multiple of the frequency of the original wave; having a pleasing, pleasing, or agreeable sound.
140. tra care	n.	an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
141. temporary mel treatment	adj.	relating to the treatment of illness or injuries; relating to the practice of medicine
142. prbe a drug	v.	(of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something

ANSWERS: 134. decide, 135. depart, 136. device, 137. trauma, 138. ankle, 139. harmonic, 140. trauma, 141. medical, 142. prescribe

143. puh out numbers	v.	to strike someone or something with one's fist; to make a hole in something
144. sth a story	v.	to make or be capable of making anything longer or broader without hurting or breaking
145. designed spelly for men	adv.	only associated with or meant for one thing
146. meal chemistry	adj.	of or relating to the treatment or cure of disease
147. sat statue	n.	a person who is recognized as having an exceptional degree of holiness, virtue, or devotion
148. commonly held mision	n.	a belief or an idea that is wrong because it has been based on faulty thinking, understanding, or hypothesis
149. tunt age	adj.	marked by a lot of sudden changes, confusion, or uncertainty; characterized by intense activity or agitation
150. blr treatment	n.	a small, fluid-filled bubble on the skin caused by friction, burning, or other skin irritation; can also refer to a similar bubble found in other materials; (verb) to become covered with blisters or to cause blisters to form; to criticize or rebuke severely
151. a ram choice	adj.	made, done, or happening without method, conscious decision, or any regular pattern
152. o_t out of society	<i>v</i> .	to make a choice from a range of possibilities

ANSWERS: 143. punch, 144. stretch, 145. specifically, 146. medicinal, 147. saint, 148. misconception, 149. turbulent, 150. blister, 151. random, 152. opt

153. max multiplication	n.	a rectangular array of numbers, symbols, or expressions, arranged in rows and columns and often enclosed in brackets; an enclosure within which something originates or develops
154. give sit consent	adj.	without any or little sound
155. vie with anger	ν.	to move or cause anything to move fast and in small increments from side to side
156. for speIly American customers	adv.	only associated with or meant for one thing
157. bf bag	v.	to vomit or regurgitate food or stomach contents; (noun) the act of vomiting
158. stht for two months	adj.	extending or moving in one direction without bending or curving; having no deviations
159. change riy behavior	adj.	involving the possibility of danger, failure, or loss
160. preion drugs	n.	a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient
161. amg advances	adj.	extremely surprising, especially in a way that you like or admire
162. dp hazardous waste	ν.	to deposit or dispose of something, such as trash, waste, etc., carelessly or hurriedly
163. sk a buzzer-beater	v.	to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else

ANSWERS: 153. matrix, 154. silent, 155. vibrate, 156. specifically, 157. barf, 158. straight, 159. risky, 160. prescription, 161. amazing, 162. dump, 163. sink

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164. a precise meant	n.	the act or process of finding something's size, quantity, or degree
165. sual food	n.	the state of continuing to exist or live, frequently in the face of difficulty or danger
166. cell and molecular biy	n.	the scientific study of life and the natura processes of living things
167. make a vae answer	adj.	not clearly expressed or understood
168. inton among human beings	n.	the act of connecting with someone, mainly when working, playing, or spending time with them
169. adve substance	adj.	causing a strong desire or compulsion to use or consume repeatedly, often to the point of dependency or harm; habit-forming
170. the con at the end of the sentence	n.	the punctuation mark (:) used to introduce a list, summary, explanation, etc., or before reporting what someone has said; a significant part of the large intestine, the final section of the digestive system
171. nb with cold	adj.	unable to feel physical sensation and movement; not showing human feeling or sensitivity
172. chc alcohol consumption	adj.	being long-lasting and recurrent or characterized by long suffering; habitual
173. exate in degree	ν.	to describe or represent something as better or worse than it is
174. lar cake	n.	a sheet, quantity, or thickness of the material, typically one of several, covering a surface or body; a level or part within a system or set of ideas

ANSWERS: 164. measurement, 165. survival, 166. biology, 167. vague, 168. interaction, 169. addictive, 170. colon, 171. numb, 172. chronic, 173. exaggerate, 174. layer

175. lar of paint	n.	a sheet, quantity, or thickness of the material, typically one of several, covering a surface or body; a level or part within a system or set of ideas
176. phygy research	n.	the branch of the biological sciences dealing with the functioning of organisms
177. fuel inon	n.	the act of introducing a liquid, especially a drug, into the body using a needle and a syringe
178. coed citizen	adj.	feeling worry or interest about something; showing interest or attention
179. the e_a of the Renaissance	n.	a period that is distinct from others, typically in history
180. sewing nee	n.	a thin, pointed object typically used for sewing or medical purposes; a metal or plastic instrument used for administering injections or drawing blood
181. perze my workspace	v.	to make something or an experience specific to an individual or group, often through adding personal details or tailoring it to their preferences or needs; to add personal details or information to something
182. buy atmosphere	adj.	having a feeling of slight intoxication or light-headedness; generating a lot of interest or discussion on social media or the Internet
183. vae idea	adj.	not clearly expressed or understood

ANSWERS: 175. layer, 176. physiology, 177. injection, 178. concerned, 179. era, 180. needle, 181. personalize, 182. buzzy, 183. vague

184. afd a high travel cost	v.	to have enough money or time to be able to buy or do something
185. pat with weight loss	n.	a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
186. the red for good works	n.	a thing given in acknowledgment of service, hard work, achievement, etc.
187. inre in another country's affairs	ν.	to get involved in and prevent a process or activity from continuing
188. rel truck	n.	the act of taking something away or off from a particular place
189. enng story	adj.	attracting, pleasant, or charming
190. tong appeal	adj.	evoking an emotional response; causing feelings of sympathy, tenderness, or compassion; having a poignant or emotional impact
191. he is obsed with the fear	ν.	to fill the mind of someone continually so that one can't think of anything else
192. dih my career	n.	a long, narrow, and shallow depression or channel that is dug into the ground; (verb) to throw away
193. electronic dee	n.	a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic
194. dise with CT scans	ν.	to determine or distinguish the nature of a problem or an illness through a careful analysis

ANSWERS: 184. afford, 185. patient, 186. reward, 187. interfere, 188. removal, 189. engaging, 190. touching, 191. obsess, 192. ditch, 193. device, 194. diagnose

195. major paradigm sht	n.	a slight transition in position, direction, or trend
196. the cat above the sink	n.	a piece of furniture with doors, shelves, and drawers used for storage or display; a small group of senior members of a government who act as official advisers for the President or Prime Minister
197. nee prick	n.	a thin, pointed object typically used for sewing or medical purposes; a metal or plastic instrument used for administering injections or drawing blood
198. laa recipe	n.	a type of dish consisting of layers of pasta, cheese, meat, or vegetables, typically topped with tomato sauce and baked in an oven; a traditional staple of Italian cuisine
199. a sopted lifestyle	adj.	having a great deal of worldly experience and knowledge of people's behavior, culture, and fashion
200. bombs fell at ram	adj.	made, done, or happening without method, conscious decision, or any regular pattern
201. rising heare cost	n.	the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession
202. oxide coor	n.	someone who leads the performance of musicians or a piece of music; (in physics) an object, substance, or material that readily allows the flow of electricity, heat, etc.

ANSWERS: 195. shift, 196. cabinet, 197. needle, 198. lasagna, 199. sophisticated, 200. random, 201. healthcare, 202. conductor

203. bury in tb	n.	a large stone structure or underground chamber in which the dead are buried
204. legal cot	n.	the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning
205. noy authorities	v.	to inform, alert, or give notice to someone about something, often formally or in writing
206. acure for anxiety	n.	a traditional Chinese medical practice that involves inserting thin needles into specific points on the body to stimulate energy flow and promote healing; a form of alternative medicine
207. n_g political leaders	v.	to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse
208. the departed sat	n.	a person who is recognized as having an exceptional degree of holiness, virtue, or devotion
209. boy sct	n.	a person or group sent out to obtain information, gather intelligence, or make observations, typically in a military context; a person or group sent out to explore or prospect for new opportunities, resources, or locations
210. fill the preion	n.	a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient

ANSWERS: 203. tomb, 204. context, 205. notify, 206. acupuncture, 207. nag, 208. saint, 209. scout, 210. prescription

211. pry school	adj.	first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle
212. coe in you	v.	to reveal private or secret information to someone; to trust someone with a confidence
213. a gee article	adj.	real and exactly; not pretended; sincerely felt or expressed
214. synthetic mone	n.	a powerful narcotic drug used to relieve pain and induce sleep
215. the files are in complete dier	n.	an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
216. taste seon	n.	a feeling associated with stimulation of a sense organ or with a specific body condition; a general feeling of interest and excitement
217. muscle platy	n.	the quality or state of being easily molded, shaped, or modified; the capacity for change, adaptability, or flexibility, particularly about a material substance, biological process, or psychological trait
218. scd the milk	v.	to burn or painfully affect with hot liquid or steam
219. det from the faith	v.	to go away or leave, especially to start a journey

ANSWERS: 211. primary, 212. confide, 213. genuine, 214. morphine, 215. disorder, 216. sensation, 217. plasticity, 218. scald, 219. depart

220. rer approval ratings	v.	to return to a former condition, health, mind, or strength
221. inct with one another	<i>v</i> .	to communicate or react with somebody
222. a fountain of wim	n.	the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions
223. a cervical spe injury	n.	the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column
224. con examination	n.	the punctuation mark (:) used to introduce a list, summary, explanation, etc., or before reporting what someone has said; a significant part of the large intestine, the final section of the digestive system
225. get nes	adj.	worried and anxious about something; relating to the nerves
226. alcohol sb	n.	a small piece of soft material used by a doctor, nurse, etc., for cleaning a cut or taking a sample from somebody's body for testing; (verb) apply, usually a liquid, to a surface
227. ane injury	n.	the part or joint connecting the foot to the leg
228. r_p a notebook apart	v.	to tear something or be torn violently or suddenly
229. abal muscles	adj.	of or relating to the part of the body that contains the stomach, intestines, and other organs

ANSWERS: 220. recover, 221. interact, 222. wisdom, 223. spine, 224. colon, 225. nervous, 226. swab, 227. ankle, 228. rip, 229. abdominal

230. faa massage	n.	a thin layer or sheet of connective tissue that surrounds and supports organs, muscles, and other structures within the body, which also helps to compartmentalize and protect these structures
231. trr a biochemical response	v.	to make something happen suddenly; to cause something such as a device, machine, etc. to function
232. posty for growth	n.	a chance that something may happen or be true
233. pat in the hospital	n.	a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
234. an enng smile	adj.	attracting, pleasant, or charming
235. alcohol adon	n.	the inability to stop using or doing something as a habit, especially something harmful
236. industry-spic regulations	adj.	clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
237. uneed ideas	adj.	not yet examined, investigated, or studied; lacking in knowledge or information; unknown or undiscovered
238. sit reading	adj.	without any or little sound
239. spic instructions	adj.	clearly defined or particular to a certain thing or situation; distinct, explicit, and precise

ANSWERS: 230. fascia, 231. trigger, 232. possibility, 233. patient, 234. engaging, 235. addiction, 236. specific, 237. unexplored, 238. silent, 239. specific

240. spr a local group	v.	to provide funds for a particular event, program, individual, etc. as a way of advertising
241. the professor of suy	n.	medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
242. wim literature	n.	the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions
243. sth along the coast	ν.	to make or be capable of making anything longer or broader without hurting or breaking
244. frcy band	n.	an ordered array of colors into which a light beam can be split
245. be essentials	adj.	not covered or clothed; lacking embellishment or decoration; mere or basic; undisguised or open; empty or devoid of something
246. a syny orchestra	n.	a long musical composition in Western classical music for orchestra, usually with three or four main parts called movements
247. deon authority	n.	the act or process of making up someone's mind about something; a choice or judgment reached after considering options

ANSWERS: 240. sponsor, 241. surgery, 242. wisdom, 243. stretch, 244. frequency, 245. bare, 246. symphony, 247. decision

248. the dit in the hundreds place	n.	one of the elements that collectively form a system of numeration; a finger, thumb, or toe
249. conme mapping	n.	a complete map of all the neural connections or pathways in the brain or nervous system, often created using advanced imaging technologies
250. guee a high quality	v.	to promise something will happen formally, especially that certain conditions about a product, service, or transaction would be met
251. exe our options	v.	to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it
252. suce abuse problem	n.	the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug
253. god opportunity	n.	something or someone that comes unexpectedly and is very helpful or beneficial
254. people with bipolar dier	n.	an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
255. officious intnce	n.	the act or process of getting involved in and trying to influence a specific situation; the state of being affected and influenced with

ANSWERS: 248. digit, 249. connectome, 250. guarantee, 251. explore, 252. substance, 253. godsend, 254. disorder, 255. interference

256. misand each other	v.	to interpret or understand something in the wrong way
257. tric brain injury	adj.	relating to or caused by injury, especially emotional injury
258. official stacs	n.	the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
259. risk of chc disease	adj.	being long-lasting and recurrent or characterized by long suffering; habitual
260. misand entirely about her	ν.	to interpret or understand something in the wrong way
261. prle cause of a fire	adj.	likely to happen or likely to be true
262. a scientific diry	n.	the act or process of finding information, a place, or an object, or learning about something that was previously not known
263. obs reasons	adj.	easy to see, discover or understand
264. tric event	adj.	relating to or caused by injury, especially emotional injury
265. consult with a phan	n.	a medical doctor who practices medicine
266. hen overdose	n.	a highly addictive and illegal drug derived from morphine, typically administered by injection and often associated with serious health problems, including overdose and addiction
267. a see case of pneumonia	adj.	extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous

ANSWERS: 256. misunderstand, 257. traumatic, 258. statistics, 259. chronic, 260. misunderstand, 261. probable, 262. discovery, 263. obvious, 264. traumatic, 265. physician, 266. heroin, 267. severe

268. the great diry of the century	n.	the act or process of finding information, a place, or an object, or learning about something that was previously not known
269. sympathetic vion	n.	a continuous quick and slight shaking movement
270. the max of Western civilization	n.	a rectangular array of numbers, symbols, or expressions, arranged in rows and columns and often enclosed in brackets; an enclosure within which something originates or develops
271. indve mood	adj.	serving as a sign or indication of something; expressing or showing something directly; characteristic of a particular group or situation
272. str a steady course	v.	to control the direction or movement of a vehicle; to direct a course of action; to guide or motivate someone
273. serial qur	n.	a person who gives up easily or does not have the determination to finish what they have started
274. stk a key in a lock	v.	to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
275. undergo a surgical prre	n.	a way of doing something, especially the official or well-known way
276. acched at a very early age	adj.	having completed a task or achieved a goal successfully; skilled or proficient at something

ANSWERS: 268. discovery, 269. vibration, 270. matrix, 271. indicative, 272. steer, 273. quitter, 274. stick, 275. procedure, 276. accomplished

277. b_y area	n.	a part of the coast that is partially enclosed by land; a compartment or section of a ship or building
278. crown prss	n.	the daughter of a monarch; the wife or widow of a prince; woman or girl considered to be particularly good or admirable
279. iben intoxication	n.	a drug used to reduce pain, fever, and inflammation
280. relon techniques	n.	a state of being free from tension, stress, or anxiety; a condition of being relaxed, calm, and comfortable; a period of rest or leisure
281. acute emcy	n.	a sudden unforeseen crisis usually involving danger that requires immediate action
282. Doppler sht	n.	a slight transition in position, direction, or trend
283. jt of excitement	v.	to move or cause to move with a sudden jerky motion; to disturb someone's composure); (noun) a sudden, sharp movement or shock
284. p_a family	n.	a small, round, green vegetable that grows in pods on a climbing plant and is eaten as a vegetable
285. grt a new license	ν.	to agree to give or allow somebody
286. iben tablet	n.	a drug used to reduce pain, fever, and inflammation
287. men name	ν.	to speak or write about something or someone briefly

ANSWERS: 277. bay, 278. princess, 279. ibuprofen, 280. relaxation, 281. emergency, 282. shift, 283. jolt, 284. pea, 285. grant, 286. ibuprofen, 287. mention

288. buy feeling	adj.	having a feeling of slight intoxication or light-headedness; generating a lot of interest or discussion on social media or the Internet
289. shout "eua!"	n.	exclamation of triumph on discovering something; realization or sudden insight
290. grrd of life	n.	a cemetery, especially one in a churchyard
291. ovde a veto	v.	to use one's authority or power to cancel or disregard something, especially a decision or rule made by someone else
292. opd receptor	n.	substances that have an effect similar to opium, such as morphine, used in medicines to treat severe pain, but some people take them illegally for pleasure and become addicted
293. ree resource allocation	v.	to reinterpret, rephrase, or redefine an issue, situation, or question in a different way
294. member of the cat	n.	a piece of furniture with doors, shelves, and drawers used for storage or display; a small group of senior members of a government who act as official advisers for the President or Prime Minister
295. prbe in the preceding paragraph	v.	(of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something

ANSWERS: 288. buzzy, 289. eureka, 290. graveyard, 291. override, 292. opioid, 293. reframe, 294. cabinet, 295. prescribe

296. elfy the audience	v.	to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something
297. medon training	n.	the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state
298. a charm against el	adj.	profoundly immoral, cruel, and wicked; having or exerting a harmful effect on people
299. str a conversation	ν.	to control the direction or movement of a vehicle; to direct a course of action; to guide or motivate someone
300. agricultural dih	n.	a long, narrow, and shallow depression or channel that is dug into the ground; (verb) to throw away
301. hk through the jungle	v.	to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks
302. cal a free subscription trial	v.	to decide that a previously scheduled activity will not take place
303. men in a report	v.	to speak or write about something or someone briefly
304. die control	n.	a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

ANSWERS: 296. electrify, 297. meditation, 298. evil, 299. steer, 300. ditch, 301. hack, 302. cancel, 303. mention, 304. disease

305. terng events	adj.	very frightening or intimidating
306. human phygy	n.	the branch of the biological sciences dealing with the functioning of organisms
307. sle a glance	ν.	to move or cause to move smoothly along a surface without interruption
308. scp condition	n.	the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack
309. give the alm	n.	a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger
310. a Royal Prss	n.	the daughter of a monarch; the wife or widow of a prince; woman or girl considered to be particularly good or admirable
311. ext a topic	n.	the system in a vehicle that removes waste gases from the engine; (verb) to make someone completely tired
312. baseless preon	n.	the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition
313. harvest sie	n.	a tool consisting of a short curved blade with a handle, used for cutting grass or grain; also a symbol associated with harvest or death

ANSWERS: 305. terrifying, 306. physiology, 307. slide, 308. scalp, 309. alarm, 310. princess, 311. exhaust, 312. pretension, 313. sickle

314. a selfish deon	n.	the act or process of making up someone's mind about something; a choice or judgment reached after considering options
315. acte a motor	v.	make something start working, more active or dynamic
316. thb wrestling	n.	the short, thick digit of the hand next to the index finger; (verb) to travel by getting free rides from motorists
317. chest meant	n.	the act or process of finding something's size, quantity, or degree
318. obus habits	adj.	extremely unpleasant or offensive; annoying or irritating to the point of causing discomfort or harm
319. trte a document into English	v.	to convert or change words into another language
320. collaborate with coues	n.	one of a group of a coworker, especially in a profession or a business
321. guee women equality	v.	to promise something will happen formally, especially that certain conditions about a product, service, or transaction would be met
322. a hy man	adj.	of or related to a god, divine power, or a particular religion
323. egus claim	adj.	outstandingly bad or shocking; conspicuously or outrageously bad or reprehensible
324. voe of work	n.	the amount of space occupied by an object or substance; the magnitude of sound

ANSWERS: 314. decision, 315. activate, 316. thumb, 317. measurement, 318. obnoxious, 319. translate, 320. colleague, 321. guarantee, 322. holy, 323. egregious, 324. volume

325. a mel opinion	adj.	relating to the treatment of illness or injuries; relating to the practice of medicine
326. cotton sb	n.	a small piece of soft material used by a doctor, nurse, etc., for cleaning a cut or taking a sample from somebody's body for testing; (verb) apply, usually a liquid, to a surface
327. emcy action	n.	a sudden unforeseen crisis usually involving danger that requires immediate action
328. June bre	n.	a woman on her wedding day; a woman who is about to be married or has recently been married
329. o_t for a traditional wedding	v.	to make a choice from a range of possibilities
330. dit identifier	n.	one of the elements that collectively form a system of numeration; a finger, thumb, or toe
331. blr after walking for miles	n.	a small, fluid-filled bubble on the skin caused by friction, burning, or other skin irritation; can also refer to a similar bubble found in other materials; (verb) to become covered with blisters or to cause blisters to form; to criticize or rebuke severely
332. see heat	adj.	extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous
333. 3D dim	n.	a simplified illustration of the appearance, structure, or workings of something

ANSWERS: 325. medical, 326. swab, 327. emergency, 328. bride, 329. opt, 330. digit, 331. blister, 332. severe, 333. diagram

334. stacs for cancer	n.	the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
335. ovde the system	v.	to use one's authority or power to cancel or disregard something, especially a decision or rule made by someone else
336. dey the ecosystem	v.	to ruin or damage severely or completely; to eradicate or eliminate completely
337. neural platy	n.	the quality or state of being easily molded, shaped, or modified; the capacity for change, adaptability, or flexibility, particularly about a material substance, biological process, or psychological trait
338. exe the world	v.	to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it
339. vie at a regular frequency	v.	to move or cause anything to move fast and in small increments from side to side
340. parse the meaning	v.	to restate or reword a passage in one's own words, often to clarify or simplify the original meaning
341. indve sign	adj.	serving as a sign or indication of something; expressing or showing something directly; characteristic of a particular group or situation

ANSWERS: 334. statistics, 335. override, 336. destroy, 337. plasticity, 338. explore, 339. vibrate, 340. paraphrase, 341. indicative

342. ige a ban	v.	to intentionally not listen or pay attention to
343. high voe	n.	the amount of space occupied by an object or substance; the magnitude of sound
344. te pressure	v.	to become weary or fatigued, often due to physical or mental exertion; to cause someone to feel weary or fatigued; (noun) a rubber covering that is placed around the rim of a wheel, which provides traction and absorbs shock while driving
345. easy qur	n.	a person who gives up easily or does not have the determination to finish what they have started
346. field of funal medicine	adj.	designed for or capable of a particular activity, purpose, or task; practical or ready for use or service
347. financial obve	n.	a goal, aim, or purpose that is intended or sought after; a goal that is based on facts, evidence, or unbiased reasoning rather than personal opinions, feelings, or beliefs; (adjective) of or relating something that is based on facts and not influenced by personal feelings or biases
348. uneed cave	adj.	not yet examined, investigated, or studied; lacking in knowledge or information; unknown or undiscovered
349. trte the emotion to a movement	v.	to convert or change words into another language

ANSWERS: 342. ignore, 343. volume, 344. tire, 345. quitter, 346. functional, 347. objective, 348. unexplored, 349. translate

350. the cain analog	n.	a compound that is found in chili peppers and other plants in the nightshade family, and that is responsible for the pungent and spicy flavor of these peppers
351. sle a card across the table	v.	to move or cause to move smoothly along a surface without interruption
352. whk up the volume	v.	to hit someone or something hard or noisily
353. cardiac suy	n.	medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
354. dict public opinion	v.	to draw someone's attention away from what they are trying to do
355. a beautiful syny	n.	a long musical composition in Western classical music for orchestra, usually with three or four main parts called movements
356. hl the hurt mind	v.	to make a wound or injury to become well again
357. terng experience	adj.	very frightening or intimidating
358. grt a land	v.	to agree to give or allow somebody
359. hole smell	adj.	extremely unpleasant or bad; causing fear or disgust

ANSWERS: 350. capsaicin, 351. slide, 352. whack, 353. surgery, 354. distract, 355. symphony, 356. heal, 357. terrifying, 358. grant, 359. horrible

360. his conclusion was obs	adj.	easy to see, discover or understand
361. ige her advice	v.	to intentionally not listen or pay attention to
362. persons coed	adj.	feeling worry or interest about something; showing interest or attention
363. dl down the tension	v.	to adjust or set the controls of a machine or device by turning a controller called dial; (noun) a disc on a telephone that is rotated a fixed distance for each number called
364. indnce ceremony	n.	freedom from another's or others' control or influence
365. a stht line	adj.	extending or moving in one direction without bending or curving; having no deviations
366. hole accident	adj.	extremely unpleasant or bad; causing fear or disgust
367. severe crc	n.	someone who expresses opinions about the quality of books, music, etc.
368. car research	n.	abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
369. ree problem	v.	to reinterpret, rephrase, or redefine an issue, situation, or question in a different way
370. highly adve	adj.	causing a strong desire or compulsion to use or consume repeatedly, often to the point of dependency or harm; habit-forming

ANSWERS: 360. obvious, 361. ignore, 362. concerned, 363. dial, 364. independence, 365. straight, 366. horrible, 367. critic, 368. cancer, 369. reframe, 370. addictive

<i>v</i> .	to join or merge to form a single thing or group
n.	a powerful narcotic drug used to relieve pain and induce sleep
v.	to strike someone or something with one's fist; to make a hole in something
v.	to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else
v.	to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks
n.	a tiny living thing
adj.	marked by a lot of sudden changes, confusion, or uncertainty; characterized by intense activity or agitation
n.	the act of taking something away or off from a particular place
n.	a woman on her wedding day; a woman who is about to be married or has recently been married
n.	the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug
	n. v. v. v. n. adj. n. n.

ANSWERS: 371. combine, 372. morphine, 373. punch, 374. sink, 375. hack, 376. organism, 377. turbulent, 378. removal, 379. bride, 380. substance

381. absly obsessed with the girl	adv.	without restriction or limitation; completely or utterly
382. cly robot	adj.	heavy, awkward, and old-fashioned; not graceful and clumsy in style, form, or movement
383. cain sensitivity	n.	a compound that is found in chili peppers and other plants in the nightshade family, and that is responsible for the pungent and spicy flavor of these peppers
384. coe a secret	v.	to reveal private or secret information to someone; to trust someone with a confidence
385. scd my tongue	v.	to burn or painfully affect with hot liquid or steam
386. in a dim	n.	a simplified illustration of the appearance, structure, or workings of something
387. conble aircraft	adj.	able to be controlled or directed
388. el ways	adj.	profoundly immoral, cruel, and wicked; having or exerting a harmful effect on people
389. adon to foreign oil	n.	the inability to stop using or doing something as a habit, especially something harmful
390. tote his disrespectful behavior	v.	to allow something to exist or happen, even if it is disliked or opposed
391. buy movie	n.	a close friend; a partner, especially one of a pair or team

ANSWERS: 381. absolutely, 382. clunky, 383. capsaicin, 384. confide, 385. scald, 386. diagram, 387. controllable, 388. evil, 389. addiction, 390. tolerate, 391. buddy

392. dict attention from the real issue	ν.	to draw someone's attention away from what they are trying to do
393. dawn of a new e_a	n.	a period that is distinct from others, typically in history
394. fe abroad	v.	to leave by running away, especially out of fear or danger
395. financial indnce	n.	freedom from another's or others' control or influence
396. smoking hen	n.	a highly addictive and illegal drug derived from morphine, typically administered by injection and often associated with serious health problems, including overdose and addiction
397. dise the problem	ν.	to determine or distinguish the nature of a problem or an illness through a careful analysis
398. have a eua moment	n.	exclamation of triumph on discovering something; realization or sudden insight

ANSWERS: 392. distract, 393. era, 394. flee, 395. independence, 396. heroin, 397. diagnose, 398. eureka

Session 3: Fill in the Blanks

- 1. _____ the text from Italian into English.
- *v.* to convert or change words into another language
- 2. Consumption of vegetables may aid in the prevention of _____ cancer.
- *n.* the punctuation mark (:) used to introduce a list, summary, explanation, etc., or before reporting what someone has said; a significant part of the large intestine, the final section of the digestive system
- 3. The ______ of the statue caused much controversy in the community.
- *n.* the act of taking something away or off from a particular place
- 4. Diamonds are employed as thermal _____ as well.
- *n.* someone who leads the performance of musicians or a piece of music; (in physics) an object, substance, or material that readily allows the flow of electricity, heat, etc.
- 5. It was an ______ mistake and caused significant harm to the company's reputation.
- *adj.* outstandingly bad or shocking; conspicuously or outrageously bad or reprehensible
- 6. The _____ on the drawer was loose and needed to be tightened.
- *n.* a round handle, especially one used for opening or closing a door, drawer, or cabinet
- 7. My wallet wasn't big enough, so I kept my coins in a small _____.
- *n*. a small bag or container with a drawstring or zipper used to carry small items; a small sac or pocket within an organ or tissue in the body

ANSWERS: 1. Translate, 2. colon, 3. removal, 4. conductors, 5. egregious, 6. knob, 7. pouch

- 8. The physical therapist recommended specific exercises to loosen the ______ tissue around the injured muscle.
 - *n.* a thin layer or sheet of connective tissue that surrounds and supports organs, muscles, and other structures within the body, which also helps to compartmentalize and protect these structures
- 9. Night fishing has a lot of _____.
- *n.* a thing given in acknowledgment of service, hard work, achievement, etc.
- 10. The prince fell in love with the _____ and asked her to marry him.
- *n.* the daughter of a monarch; the wife or widow of a prince; woman or girl considered to be particularly good or admirable
- 11. Advocates for legal reform hear less harsh words from their _____.
- *n.* someone who expresses opinions about the quality of books, music, etc.
- 12. The company's profits were ______ of its successful business strategy.
- *adj.* serving as a sign or indication of something; expressing or showing something directly; characteristic of a particular group or situation
- 13. We demand his _____.
- *n.* the act of replacing something with something else, especially that is newer or better; a person or thing that takes or can take the place of another
- 14. The doctor diagnosed him with a rare ______ that had no known cure.
- *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
- 15. If necessary, you can _____ the front seats forward.
- *v*. to move or cause to move smoothly along a surface without interruption

ANSWERS: 8. fascia, 9. rewards, 10. princess, 11. critics, 12. indicative, 13. replacement, 14. disease, 15. slide

- 16. He cannot _____ a holiday.
- v. to have enough money or time to be able to buy or do something
- 17. Unfortunately, the radio ______ made it difficult to hear the broadcast.
- *n.* the act or process of getting involved in and trying to influence a specific situation; the state of being affected and influenced with
- 18. It will take time for her mental scars to _____.
- v. to make a wound or injury to become well again
- 19. He couldn't handle the heat from the _____ in the sauce.
- *n.* a compound that is found in chili peppers and other plants in the nightshade family, and that is responsible for the pungent and spicy flavor of these peppers
- 20. You must ______ the software with a 16-digit key before you can use it.
- v. make something start working, more active or dynamic
- 21. After having too much to drink, he had to rush to the bathroom to _____.
- *v.* to vomit or regurgitate food or stomach contents; (noun) the act of vomiting
- 22. The abandoned ship slowly began to _____ into the murky waters of the harbor.
- v. to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else
- 23. The ______ of the argument was well-presented.
- *n.* the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug

ANSWERS: 16. afford, 17. interference, 18. heal, 19. capsaicin, 20. activate, 21. barf, 22. sink, 23. substance

- 24. The company _____ him after several years of service.
 - v. to deposit or dispose of something, such as trash, waste, etc., carelessly or hurriedly
- 25. He _____ the wall in anger.
- v. to strike someone or something with one's fist; to make a hole in something
- 26. The mobile phone was still ______ even after being dropped.
- *adj.* designed for or capable of a particular activity, purpose, or task; practical or ready for use or service
- 27. "______ he exclaimed, finally solving the problem.
- *n.* exclamation of triumph on discovering something; realization or sudden insight
- 28. The oscillator hunts for the correct _____.
- *n.* an ordered array of colors into which a light beam can be split
- 29. There is nothing more valuable than _____ and freedom.
- *n.* freedom from another's or others' control or influence
- 30. The coffee shop is always busy and has _____ energy.
- *adj.* having a feeling of slight intoxication or light-headedness; generating a lot of interest or discussion on social media or the Internet
- 31. She couldn't stop _____ her husband to take out the trash.
- v. to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse
- 32. Political corruption was common throughout the postwar _____.
- *n.* a period that is distinct from others, typically in history

ANSWERS: 24. dumped, 25. punched, 26. functional, 27. Eureka!", 28. frequency, 29. independence, 30. buzzy, 31. nagging, 32. era

- 33. You ______ a bill in the change machine, and the coins pop out.
 - v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
- 34. She is still ______ from a shot to her shoulder.
- v. to return to a former condition, health, mind, or strength
- 35. Could you help me _____ some furniture?
- *n.* a slight transition in position, direction, or trend
- 36. There are ______ differences between the two wine-producing regions.
- adj. easy to see, discover or understand
- 37. Heat stroke is the result of _____ heat exhaustion.
- *adj.* not given medical care or treatment; not subjected to chemical or physical treatment
- 38. Yoga is a great way to promote ______ and reduce stress.
- *n.* a state of being free from tension, stress, or anxiety; a condition of being relaxed, calm, and comfortable; a period of rest or leisure
- 39. The new software is much more ______ and user-friendly.
- *adj.* able to be controlled or directed
- 40. The acupuncturist inserted _____ into specific points on my body to alleviate my pain.
- *n.* a thin, pointed object typically used for sewing or medical purposes; a metal or plastic instrument used for administering injections or drawing blood

ANSWERS: 33. stick, 34. recovering, 35. shift, 36. obvious, 37. untreated, 38. relaxation, 39. controllable, 40. needles

- 41. The ______ properties of this herb have been known to help with various ailments.
- *adj.* of or relating to the treatment or cure of disease
- 42. Please don't _____ me while I'm studying.
- v. to draw someone's attention away from what they are trying to do
- 43. We conducted a ______ assessment of intellectual and cultural history.
- *adj.* taking all sides or opinions into account equally; being in a state of proper equilibrium
- 44. She couldn't ______ whether to order the pizza or the pasta for dinner.
 - v. to make up someone's mind about something; to come to a conclusion or judgment after considering options
- 45. Federal bankruptcy laws ______ the reorganization process.
- *v*. (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
- 46. The golfer recorded an _____ distance.
- adj. extremely surprising, especially in a way that you like or admire
- 47. We ______ before the temperature fell below zero.
- v. to go away or leave, especially to start a journey
- 48. She ______ the extent of her injuries to get more money from the settlement.
- v. to describe or represent something as better or worse than it is

ANSWERS: 41. medicinal, 42. distract, 43. balanced, 44. decide, 45. prescribed, 46. amazing, 47. departed, 48. exaggerated

- 49. There are numerous ______ about food and health.
- *n.* a belief or an idea that is wrong because it has been based on faulty thinking, understanding, or hypothesis
- 50. The frequent performances of the _____ prove its popularity.
- *n.* a long musical composition in Western classical music for orchestra, usually with three or four main parts called movements
- 51. Treatment for ______ dependence may be a long-term process.
- *n.* substances that have an effect similar to opium, such as morphine, used in medicines to treat severe pain, but some people take them illegally for pleasure and become addicted
- 52. There are _____ methods for dealing with stress.
- adj. too numerous to be counted or very many
- 53. The ______ demonstrate that poverty and unemployment are genuine problems.
- *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
- 54. He's utterly _____ with his promotion.
- *v*. to fill the mind of someone continually so that one can't think of anything else
- 55. The new video game was so ______ that he stayed up all night playing it.
- *adj.* causing a strong desire or compulsion to use or consume repeatedly, often to the point of dependency or harm; habit-forming
- 56. It is a basic instinct to _____ from a dangerous situation.
- v. to leave by running away, especially out of fear or danger

ANSWERS: 49. misconceptions, 50. symphony, 51. opioid, 52. countless, 53. statistics, 54. obsessed, 55. addictive, 56. flee

- 57. In an aging population, citizens must pay more to maintain quality ______.
- *n.* the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession
- 58. This blog offers a variety of tips for _____ everyday life.
- *v.* to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks
- 59. There are many ______ regions of the ocean that scientists hope to study soon.
- *adj.* not yet examined, investigated, or studied; lacking in knowledge or information; unknown or undiscovered
- 60. He was sick for five _____ days.
 - *adj.* extending or moving in one direction without bending or curving; having no deviations
- 61. X-rays revealed a small tumor in his _____.
- *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
- 62. The _____ rumor turned out to be false.
- adj. not clearly expressed or understood
- 63. The community greatly respected and sought after the older adult's _____.
 - *n.* the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions
- 64. Since independence, the area has been completely _____.
- v. to intentionally not listen or pay attention to

ANSWERS: 57. healthcare, 58. hacking, 59. unexplored, 60. straight, 61. brain, 62. vague, 63. wisdom, 64. ignored

- 65. The _____ accident caused the car to flip over and land on its roof.
- *n.* an abnormality that is not typical or expected
- 66. She shelled the _____ and added them to the pot.
- *n.* a small, round, green vegetable that grows in pods on a climbing plant and is eaten as a vegetable
- 67. Your talking ______ with my work.
 - v. to get involved in and prevent a process or activity from continuing
- 68. Refined character portrayal makes up for _____ gameplay.
- *adj.* heavy, awkward, and old-fashioned; not graceful and clumsy in style, form, or movement
- 69. During transit, the stuff may _____ off the luggage tag.
 - *v.* to tear something or be torn violently or suddenly
- 70. The company sent a _____ to explore new business opportunities in the overseas market.
 - *n.* a person or group sent out to obtain information, gather intelligence, or make observations, typically in a military context; a person or group sent out to explore or prospect for new opportunities, resources, or locations
- 71. We noticed a _____ advertising a bargain.
- *n*. a large sheet or picture that is placed either on a public space to promote or announce something or on a wall to decorate it
- 72. It would help if you refrained from an ______ of caffeine.
- *n.* excessive and dangerous ingestion or application of a drug

ANSWERS: 65. freak, 66. peas, 67. interferes, 68. clunky, 69. rip, 70. scout, 71. poster, 72. overdose

- 73. A diversified plant species generally enhances beneficial _____ populations.
- *n*. a tiny living thing
- 74. The brain's ______ allows it to change and adapt based on new experiences and learning.
- *n.* the quality or state of being easily molded, shaped, or modified; the capacity for change, adaptability, or flexibility, particularly about a material substance, biological process, or psychological trait
- 75. You should not ______ the meaning of freedom.
- *v.* to interpret or understand something in the wrong way
- 76. If you apply this ointment, you may feel a mild burning _____.
- *n.* a feeling associated with stimulation of a sense organ or with a specific body condition; a general feeling of interest and excitement
- 77. The young prince will soon ______ the throne.
- v. to consume all of someone's space, attention, or time
- 78. It is extremely _____ to sail in such a storm.
- *adj.* involving the possibility of danger, failure, or loss
- 79. This container has a _____ of 10 cubic meters.
- *n.* the amount of space occupied by an object or substance; the magnitude of sound
- 80. This device is used to ______ brain cancer and other tumors.
 - *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis

ANSWERS: 73. organism, 74. plasticity, 75. misunderstand, 76. sensation, 77. occupy, 78. risky, 79. volume, 80. diagnose

- 81. Some herds have been observed to _____ hundreds of kilometers.
 - v. to make or be capable of making anything longer or broader without hurting or breaking
- 82. He ______ the phone number and waited for an answer.
 - v. to adjust or set the controls of a machine or device by turning a controller called dial; (noun) a disc on a telephone that is rotated a fixed distance for each number called
- 83. The ancestral ______ was peaceful, with rows of headstones and tall trees.
 - *n.* a cemetery, especially one in a churchyard
- 84. Please _____ me if there are any changes to the schedule.
- *v.* to inform, alert, or give notice to someone about something, often formally or in writing
- 85. I always carry a backup _____ in case my phone runs out of battery.
- *n.* a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic
- 86. The young _____ looked stunning in her wedding gown.
- *n.* a woman on her wedding day; a woman who is about to be married or has recently been married
- 87. I decided to _____ for premature retirement.
- *v.* to make a choice from a range of possibilities
- 88. He took a _____ of his ear.
 - *n.* a small piece of soft material used by a doctor, nurse, etc., for cleaning a cut or taking a sample from somebody's body for testing; (verb) apply, usually a liquid, to a surface

ANSWERS: 81. stretch, 82. dialed, 83. graveyard, 84. notify, 85. device, 86. bride, 87. opt, 88. swab

- 89. I like to _____ my phone case with a picture of my dog.
 - v. to make something or an experience specific to an individual or group, often through adding personal details or tailoring it to their preferences or needs; to add personal details or information to something
- 90. The pilot and flight attendant ran through the check-out _____.
- *n.* a way of doing something, especially the official or well-known way
- 91. The ______ team worked quickly to save the patient's life.
- adj. relating to the treatment of illness or injuries; relating to the practice of medicine
- 92. Daily use of _____ can irritate the stomach.
- *n.* a drug used to reduce pain, fever, and inflammation
- 93. The faithful follower venerated the _____ relic.
 - *n.* a person who is recognized as having an exceptional degree of holiness, virtue, or devotion
- 94. He was the first _____ in the military training camp.
- *n.* a close friend; a partner, especially one of a pair or team
- 95. That statement by the prime minister drew ______ international criticism.
- adj. (especially of a feeling) very strong; extremely sharp or severe
- 96. The factory's ______ fumes polluted the air and affected the health of the nearby residents.
 - *n.* the system in a vehicle that removes waste gases from the engine; (verb) to make someone completely tired

ANSWERS: 89. personalize, 90. procedure, 91. medical, 92. ibuprofen, 93. saint's, 94. buddy, 95. intense, 96. exhaust

- 97. She wore a simple dress with a _____ neckline
- *adj.* not covered or clothed; lacking embellishment or decoration; mere or basic; undisguised or open; empty or devoid of something
- 98. _____ hyperglycemia is a trigger for a variety of serious diseases.
- *adj.* being long-lasting and recurrent or characterized by long suffering; habitual
- 99. Long-term use of _____ can lead to tolerance, physical dependence, and addiction.
- *n.* a powerful narcotic drug used to relieve pain and induce sleep
- 100. She was disbarred for her _____ in fraud.
- adj. attracting, pleasant, or charming
- 101. The scientist conducted a study that provided ______ details about the species' behavior.
- *adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
- 102. He ______ the ball out of the park with his home run.
- *v.* to hit someone or something hard or noisily
- 103. The ______ of numbers on the spreadsheet allowed the accountant to track the company's profits and losses easily.
- *n.* a rectangular array of numbers, symbols, or expressions, arranged in rows and columns and often enclosed in brackets; an enclosure within which something originates or develops
- 104. He is drawing a ______ illustrating how the equipment operates.
- *n.* a simplified illustration of the appearance, structure, or workings of something

ANSWERS: 97. bare, 98. Chronic, 99. morphine, 100. engaging, 101. specific, 102. whacked, 103. matrix, 104. diagram

- 105. The _____ cause of the accident was due to the icy road conditions.
- *adj.* first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle
- 106. The president declared a state of _____.
- *n.* a sudden unforeseen crisis usually involving danger that requires immediate action
- 107. Eventually, the new design will _____ all older models.
- *v.* to take the place of something
- 108. The CEO decided to ______ the decision made by the lower-level managers.
- *v.* to use one's authority or power to cancel or disregard something, especially a decision or rule made by someone else
- 109. Scientists are mapping the human brain's ______ to understand different cognition aspects better.
- *n.* a complete map of all the neural connections or pathways in the brain or nervous system, often created using advanced imaging technologies
- 110. The senator received _____ criticism from his opponent.
- *adj.* extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous
- 111. The chemicals _____ a massive health risk.
- *v.* to present a risk, problem, or other issues that must be addressed
- 112. My left arm became _____.
- *adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity

ANSWERS: 105. primary, 106. emergency, 107. replace, 108. override, 109. connectome, 110. severe, 111. pose, 112. numb

- 113. I need to refill my ______ for allergy medication at the pharmacy.
- *n.* a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient
- 114. The chairperson _____ him the right to speak.
- *v.* to agree to give or allow somebody
- 115. Shall we _____ a bite to eat?
- v. to take hold of something or someone suddenly with a hand, especially in a violent way
- 116. He was labeled as a ______ after he abandoned the project halfway.
- *n.* a person who gives up easily or does not have the determination to finish what they have started
- 117. The schoolyard ______ terrorized the other children and made their lives miserable.
- *n.* a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful
- 118. This ad campaign is aimed ______ at young women.
- adv. only associated with or meant for one thing

119. Her research team made an important _____.

- *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
- 120. The building was ______ in the fire and had to be rebuilt.
- v. to ruin or damage severely or completely; to eradicate or eliminate completely

ANSWERS: 113. prescription, 114. granted, 115. grab, 116. quitter, 117. bully, 118. specifically, 119. discovery, 120. destroyed

- 121. She felt ______ after finishing her book.
- *adj.* having completed a task or achieved a goal successfully; skilled or proficient at something
- 122. The blade of the _____ glinted in the sunlight as he swung it back and forth.
- *n*. a tool consisting of a short curved blade with a handle, used for cutting grass or grain; also a symbol associated with harvest or death
- 123. _____ displaced part of the mechanism.
- *n.* a continuous quick and slight shaking movement
- 124. She walked down the _____ to the front of the church.
- *n.* a passage between rows of seats in a theater, airplane, or other public building, typically one of two or more running parallel with the main body of the structure
- 125. The politician remained ______ despite intense media scrutiny.
- *adj.* without any or little sound
- 126. We cannot ______ enough raw material sources.
- *v.* to promise something will happen formally, especially that certain conditions about a product, service, or transaction would be met
- 127. She has a minor curved _____ due to desk work for many years.
- *n.* the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column
- 128. He suffers from _____ breakdowns.
- adj. worried and anxious about something; relating to the nerves

ANSWERS: 121. accomplished, 122. sickle, 123. Vibration, 124. aisle, 125. silent, 126. guarantee, 127. spine, 128. nervous

- 129. They gathered to hear the _____ teachings of the guru.
- *adj.* of or related to a god, divine power, or a particular religion
- 130. I am ______ about the safety of the children playing in the park.
- *adj.* feeling worry or interest about something; showing interest or attention
- 131. The stock market has been _____ lately, with prices fluctuating rapidly.
- *adj.* marked by a lot of sudden changes, confusion, or uncertainty; characterized by intense activity or agitation
- 132. The ______ of getting the disease will drastically increase.
- *n.* a chance that something may happen or be true
- 133. He had undergone heart _____ years before.
- *n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
- 134. She walked along the ____ and collected shells.
- *n.* a part of the coast that is partially enclosed by land; a compartment or section of a ship or building
- 135. His ______ behavior at the party made everyone uncomfortable.
- *adj.* extremely unpleasant or offensive; annoying or irritating to the point of causing discomfort or harm
- 136. When customers ______ their reservations, they lose the deposit they made.
- *v.* to decide that a previously scheduled activity will not take place

ANSWERS: 129. holy, 130. concerned, 131. turbulent, 132. possibility, 133. surgery, 134. bay, 135. obnoxious, 136. cancel

- 137. The _____ of the unknown soldier honored the bravery and sacrifice of those who lost their lives in battle.
- *n.* a large stone structure or underground chamber in which the dead are buried
- 138. She visited the local ______ to seek treatment for her persistent headache.
- *n.* a medical doctor who practices medicine
- 139. The ______ needles are very thin and are not painful to insert.
- *n.* a traditional Chinese medical practice that involves inserting thin needles into specific points on the body to stimulate energy flow and promote healing; a form of alternative medicine
- 140. He accidentally sprained his _____ playing squash.
- *n.* the part or joint connecting the foot to the leg
- 141. The ______ of frost on the ground was so thick it was difficult to walk on.
- *n.* a sheet, quantity, or thickness of the material, typically one of several, covering a surface or body; a level or part within a system or set of ideas
- 142. The doctor prescribed some medicine for the mental ______.
- *n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
- 143. I have an itchy _____ and need to switch to a different shampoo.
- *n.* the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack
- 144. The product developed through years of research continues to ______ the market.
- v. to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something

ANSWERS: 137. tomb, 138. physician, 139. acupuncture, 140. ankle, 141. layer, 142. disorder, 143. scalp, 144. electrify

- 145. The detective looked for fingerprints on the window _____.
- *n.* a strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window
- 146. The doctor carefully examined the _____ medical history.
- *n*. a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
- 147. The violin's sound was so pure and ______ that it gave me chills.
- *adj.* relating to the production of sound waves with a frequency that is an integral multiple of the frequency of the original wave; having a pleasing, pleasing, or agreeable sound.

148. He ______ in her, telling her his deepest secrets.

- *v.* to reveal private or secret information to someone; to trust someone with a confidence
- 149. I decided to seek counseling on the advice of my _____.
- *n.* one of a group of a coworker, especially in a profession or a business
- 150. I am ______ opposed to his idea because of morality.
- adv. without restriction or limitation; completely or utterly
- 151. The incident ______ a political controversy.
- *v.* to make something happen suddenly; to cause something such as a device, machine, etc. to function
- 152. The study's main ______ is to identify risk factors for heart disease.
- *n.* a goal, aim, or purpose that is intended or sought after; a goal that is based on facts, evidence, or unbiased reasoning rather than personal opinions, feelings, or beliefs; (adjective) of or relating something that is based on facts and not influenced by personal feelings or biases

ANSWERS: 145. frame, 146. patient's, 147. harmonic, 148. confided, 149. colleague, 150. absolutely, 151. triggered, 152. objective

- 153. Marketing strategies are growing more _____.
- *adj.* having a great deal of worldly experience and knowledge of people's behavior, culture, and fashion
- 154. During the flight, the wings of the plane _____.
- *v.* to move or cause anything to move fast and in small increments from side to side
- 155. She became ______ to criticism after being bullied in school.
- *adj.* easily or overly affected emotionally, physically, or mentally by stimuli or situations that are not normally considered stressful or upsetting
- 156. I need to _____ out my dog with a long walk so that he will sleep through the night.
- v. to become weary or fatigued, often due to physical or mental exertion; to cause someone to feel weary or fatigued; (noun) a rubber covering that is placed around the rim of a wheel, which provides traction and absorbs shock while driving
- 157. The experience was so ______ that it left a lasting impact on the survivor's mental health.
- *adj.* relating to or caused by injury, especially emotional injury
- 158. I _______ to him that I had seen his sister at the grocery store earlier that day.
- *v.* to speak or write about something or someone briefly
- 159. The _____ announcing an enemy attack went off this morning.
- *n*. a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger

ANSWERS: 153. sophisticated, 154. vibrate, 155. hypersensitive, 156. tire, 157. traumatic, 158. mentioned, 159. alarm

- 160. He felt a sharp pain in his _____ area.
- *adj.* of or relating to the part of the body that contains the stomach, intestines, and other organs
- 161. We must enter a six-____ number to unlock the safe.
- *n.* one of the elements that collectively form a system of numeration; a finger, thumb, or toe
- 162. Corruption is an _____ act for any reason.
- *adj.* profoundly immoral, cruel, and wicked; having or exerting a harmful effect on people
- 163. He used his right _____ to press the button on his phone.
- *n.* the short, thick digit of the hand next to the index finger; (verb) to travel by getting free rides from motorists
- 164. In junior high school, we had to dissect a frog in _____ class.
- *n.* the scientific study of life and the natural processes of living things
- 165. He ______ the article in his own words to avoid being accused of plagiarism.
- *v.* to restate or reword a passage in one's own words, often to clarify or simplify the original meaning
- 166. The ______ instructor guided the group through the relaxation and breathing exercises.
- *n.* the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state
- 167. The therapist tried to _____ his negative thoughts.
- *v.* to reinterpret, rephrase, or redefine an issue, situation, or question in a different way

ANSWERS: 160. abdominal, 161. digit, 162. evil, 163. thumb, 164. biology, 165. paraphrased, 166. meditation, 167. reframe

- 168. The captain told him to _____ the ship north.
- *v.* to control the direction or movement of a vehicle; to direct a course of action; to guide or motivate someone
- 169. The ______ of the two groups is good for brainstorming.
- *n.* the act of connecting with someone, mainly when working, playing, or spending time with them
- 170. She was struggling to make a _____ between two job offers.
- *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
- 171. The experience was ______ and left a lasting impression.
- adj. extremely unpleasant or bad; causing fear or disgust
- 172. He is now fighting his _____ to drugs.
- *n.* the inability to stop using or doing something as a habit, especially something harmful
- 173. He should ______ more with his colleagues.
- v. to communicate or react with somebody
- 174. The prime minister decided to reshuffle his ______ to regain support.
- *n.* a piece of furniture with doors, shelves, and drawers used for storage or display; a small group of senior members of a government who act as official advisers for the President or Prime Minister
- 175. The new hiking shoes gave me a _____ on my heel after just a few miles of walking.
- *n.* a small, fluid-filled bubble on the skin caused by friction, burning, or other skin irritation; can also refer to a similar bubble found in other materials; (verb) to become covered with blisters or to cause blisters to form; to criticize or rebuke severely

ANSWERS: 168. steer, 169. interaction, 170. decision, 171. horrible, 172. addiction, 173. interact, 174. cabinet, 175. blister

- 176. The extra funding for the project was a _____ and allowed us to complete it on time.
- *n.* something or someone that comes unexpectedly and is very helpful or beneficial
- 177. Is this painting _____ or forged?
- *adj.* real and exactly; not pretended; sincerely felt or expressed
- 178. To find drunk drivers, police conduct ______ tests.
- *adj.* made, done, or happening without method, conscious decision, or any regular pattern
- 179. The farmers used ______ to drain water from their fields.
- *n*. a long, narrow, and shallow depression or channel that is dug into the ground; (verb) to throw away
- 180. The corporation ______ dominated the entire tobacco business.
- *adv.* finally, particularly after a long time or a lot of struggle, complications, and so on
- 181. He evaluated his chances for ______ rather pessimistically.
- *n.* the state of continuing to exist or live, frequently in the face of difficulty or danger
- 182. Our company ______ numerous disabled athletes.
- *v.* to provide funds for a particular event, program, individual, etc. as a way of advertising
- 183. I can't ______ spicy food, and it always gives me heartburn
- v. to allow something to exist or happen, even if it is disliked or opposed

ANSWERS: 176. godsend, 177. genuine, 178. random, 179. ditches, 180. eventually, 181. survival, 182. sponsors, 183. tolerate

- 184. It seems ______ that he has forgotten our scheduled meeting.
- *adj.* likely to happen or likely to be true
- 185. His ______ of being a gourmet were quickly exposed when he could not identify basic herbs and spices.
- *n.* the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition
- 186. It's important to understand the _____ of a situation before making a decision.
- *n.* the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning
- 187. The movie's ______ storyline left the audience in tears.
- *adj.* evoking an emotional response; causing feelings of sympathy, tenderness, or compassion; having a poignant or emotional impact
- 188. The management must ______ strategies to increase office security.
- *v.* to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it
- 189. Hydrogen and oxygen _____ to form water.
- *v*. to join or merge to form a single thing or group
- 190. He received an ______ of antibiotics to treat his infection.
- *n.* the act of introducing a liquid, especially a drug, into the body using a needle and a syringe
- 191. ______ is the science of how living things work.
- *n.* the branch of the biological sciences dealing with the functioning of organisms

ANSWERS: 184. probable, 185. pretensions, 186. context, 187. touching, 188. explore, 189. combine, 190. injection, 191. Physiology

- 192. I always order spinach ______ at my favorite Italian restaurant.
- *n.* a type of dish consisting of layers of pasta, cheese, meat, or vegetables, typically topped with tomato sauce and baked in an oven; a traditional staple of Italian cuisine
- 193. Breast ______ is the most common type of cancer in women.
- *n*. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
- 194. The withdrawal symptoms from _____ can be intense and painful.
- *n.* a highly addictive and illegal drug derived from morphine, typically administered by injection and often associated with serious health problems, including overdose and addiction
- 195. Be careful not to _____ yourself with the hot water.
- v. to burn or painfully affect with hot liquid or steam
- 196. Large earthquakes often generate ______ tsunamis.
- adj. very frightening or intimidating
- 197. The news of the unexpected announcement ______ the stock market.
- *v.* to move or cause to move with a sudden jerky motion; to disturb someone's composure); (noun) a sudden, sharp movement or shock
- 198. The ______ error of this industrial machine is less than one micrometer.
- *n.* the act or process of finding something's size, quantity, or degree
- 199. Many civilians have suffered _____ as a result of the war.
- *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

ANSWERS: 192. lasagna, 193. cancer, 194. heroin, 195. scald, 196. terrifying, 197. jolted, 198. measurement, 199. trauma

ANSWERS: