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Vocabulary Builder Reference from...

Michael Specter: The danger of science denial | TED Talk

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Advanced Words Only

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Session 1: Word List

pretension

n. the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition

synonym: presumption, pretense, affectation

(1) **pretension** to authority, (2) baseless **pretension**

His **pretensions** of being a gourmet were quickly exposed when he could not identify basic herbs and spices.

idol

n. an image or representation of a god or goddess, or a person or thing that is greatly admired, loved, or revered

synonym: icon, hero, legend

(1) **idol** worship, (2) **idol** singer

He was an **idol** to his fans, who looked up to him as a role model.

nostalgia

n. a sentimental longing or wistful affection for a period in the past

synonym: longing, wistfulness, yearning

(1) a warm **nostalgia**, (2) **nostalgia** trip

The ice cream truck's sound brought back **nostalgia** for my childhood.

adventurous

adj. willing to take risks and try new or difficult things
synonym : daring, risk-taking, bold

(1) lead an **adventurous** life, (2) **adventurous** pioneers
He has an **adventurous** spirit and is unafraid of risks.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym : suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark
The phone rang at the most **opportune** time.

grandparent

n. a parent of one's father or mother

(1) great- **grandparent**, (2) person of **grandparent** age
She was close to her paternal **grandparents** and often spent summers with them.

smallpox

n. a highly contagious viral disease characterized by fever, weakness, spots on the skin, and often death

synonym : variola

(1) **smallpox** epidemic, (2) **smallpox** vaccine
An outbreak of **smallpox** occurred in the 1920s.

reshape

v. to change the form or structure of something

synonym : alter, adjust, modify

(1) **reshape** education policy, (2) **reshape** my thoughts
The advent of the Internet completely **reshaped** the manufacturing industry.

demography

n. the study of the statistics of human populations, such as size, growth, density, distribution, and vital statistics

synonym : population statistics, human ecology

(1) **demography** study, (2) the city's **demography** report
The **demography** of the country is changing rapidly due to migration and the aging population

vanish

v. disappear or stop being present or existing suddenly and completely

synonym: disappear, go away, evaporate

(1) **vanish** into thin air, (2) **vanish** amid the crowd

Two months later, my tumor **vanished** utterly.

vanquish

v. to defeat or conquer thoroughly; to overcome and gain control over someone or something

synonym: conquer, triumph over, defeat

(1) **vanquish** an opponent, (2) **vanquish** a fear

The army successfully **vanquished** their enemy in the battle and gained control of the territory.

diphtheria

n. an infectious disease caused by the bacterium *Corynebacterium diphtheriae*, characterized by inflammation and the formation of a thick, grayish membrane in the nose, throat, and other respiratory passages

(1) **diphtheria** vaccine, (2) **diphtheria** infection

Due to the **diphtheria** outbreak, the government declared a state of emergency and began vaccinating the population.

rubella

n. an infectious viral disease, also known as German measles, characterized by a rash, mild fever, and swollen lymph nodes, especially dangerous to pregnant women as it can cause congenital disabilities

synonym: German measles, three-day measles

(1) **rubella** outbreak, (2) congenital **rubella**

Pregnant women are advised to vaccinate against **rubella** to protect their unborn babies.

polio

n. an acute infectious disease caused by a virus that attacks nerve cells in the spinal cord and brain, leading to paralysis, muscle weakness, and potentially lifelong disability

synonym: poliomyelitis, infantile paralysis

(1) **polio** epidemic, (2) **polio** eradication

The **polio** vaccine development is regarded as one of the greatest medical achievements of the 20th century.

medicinal

adj. of or relating to the treatment or cure of disease

synonym : curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

disgrace

n. a loss of respect, honor, or dignity; a state of shame or public humiliation; an action or behavior that is seen as immoral or unacceptable; (verb) to bring shame, dishonor, or discredit upon someone or something

synonym : shame, dishonor, humiliation

(1) **disgrace** our family name, (2) political **disgrace**

The government's failure to address the poverty issue was a **disgrace** to their leadership

potable

adj. suitable for drinking; safe and fit to be consumed as a beverage

synonym : drinkable, pure, clean

(1) **potable** wells, (2) **potable** drinking source

We should always ensure that we have a **potable** water source when going camping.

arable

adj. relating to land that is suitable for growing crops; capable of being plowed and used for agriculture

synonym : cultivable, tillable, farmable

(1) **arable** soil, (2) **arable** farming

The **arable** land in the valley was ideal for growing wheat and corn.

rainforest

n. a forest rich in biodiversity that is generally found in tropical settings with heavy annual rainfall

(1) **rainforest** destruction, (2) tropical **rainforest**

The destruction of the **rainforest** is a ticking time bomb for

the Earth.

innovate

v. to introduce new methods, ideas, or products

synonym : bring in, introduce, found

(1) **innovate** a new method, (2) **innovate** the quality of his life

Companies developing self-driving cars consistently **innovate** the emerging technologies.

verge

n. the point at which something is about to happen or where something begins; the edge or margin of something, particularly a physical boundary or border

synonym : brink, edge, margin

(1) **verge** of bankruptcy, (2) on the **verge** of tears

He stood on the **verge** of a major discovery.

enlightenment

n. education that results in understanding and the spread of knowledge

synonym : civilization, awareness, sophistication

(1) spiritual **enlightenment**, (2) **enlightenment** activity

He finally brought his **enlightenment** to perfection.

vigorously

adv. in a way that is very energetic and enthusiastic

synonym : energetically, forcefully, strongly

(1) **vigorously** shake, (2) mix **vigorously** by hand

He **vigorously** scrubbed the stains on the shirt.

entitle

v. to give someone the right to have or do something; to give a title to someone or something

synonym : allow, permit, enable

(1) **entitle** him to a pension, (2) **entitle** the company to use the logo

The employee was **entitled** to a week of vacation time.

amaze

v. to fill with wonder, surprise, or admiration

synonym : astound, surprise, stagger

(1) **amaze** and entertain visitors, (2) **amaze** everyone
The magician's tricks **amazed** the audience.

haphazard

adj. marked by a lack of order, system, or coherence;
characterized by randomness or chance without any
guiding principle or plan

synonym: random, careless, arbitrary

(1) **haphazard** approach, (2) **haphazard** design

The company's hiring process was **haphazard**, with no
objective criteria or standards.

trespass

v. to enter someone's private property without permission
or legal authority; to infringe upon or violate someone's
rights, boundaries, or personal space

synonym: intrude, invade, encroach

(1) **trespass** against his rights, (2) **trespass** into the
country's waters

The sign warns visitors not to **trespass** on private property.

fanatic

adj. characterized by excessive enthusiasm or zeal;
displaying irrational or extreme devotion to a cause,
ideology, or person, often to the point of intolerance or
extremism

synonym: zealous, extremist, passionate

(1) **fanatic** about germs, (2) **fanatic** devotion

The **fanatic** supporters of the sports team traveled across the
country to watch the match.

disturb

v. to interrupt someone who is trying to work, sleep, etc.

synonym: agitate, bother, intrude

(1) **disturb** the peace, (2) **disturb** his sleep

Tourists frequently **disturb** the island's delicate natural
balance.

ambivalent

adj. having mixed or conflicting feelings or attitudes towards
something or someone; uncertainty or indecision about
what course of action to take

synonym : conflicted, indecisive, unsure

(1) **ambivalent** feelings, (2) **ambivalent** attitude

I feel **ambivalent** about attending the party since I don't know anyone there.

ironic

adj. using words to express something different from and often opposite to their literal or usual meaning, often for humorous or rhetorical effect

synonym : sarcastic, wry, sardonic

(1) **ironic** result, (2) an **ironic** turn of events

It was **ironic** that the heavy rain started just as they set up for an outdoor picnic.

quote

v. to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services

synonym : cite, reference, mention

(1) **quote** a source, (2) **quote** a price

In his speech, he **quoted** a famous philosopher to emphasize his point.

institutionalize

v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)

synonym : formalize, establish, regularize

(1) **institutionalize** a system, (2) **institutionalize** customary laws

The new policy aims to **institutionalize** the use of renewable energy sources.

challenger

n. a person or thing that challenges or competes with someone or something else; a contestant in a competition or challenge

synonym : contender, rival, contestant

(1) **challenger** brand, (2) political **challenger**

The **challenger** in the boxing match put up a good fight.

skeptical

adj. doubting that something is accurate or useful

synonym : doubtful, distrustful, suspicious

(1) a **skeptical** attitude, (2) **skeptical** scientists

His religious and philosophical beliefs were utterly **skeptical**.

measles

n. a highly infectious viral disease that causes fever, red spots on the skin, and other flu-like symptoms, typically affects children

synonym : rash, red measles, rubella

(1) **measles** outbreak, (2) **measles** vaccine

The school sent a notice of a **measles** case in one of the classrooms.

mumps

n. a contagious viral infection characterized by painful swelling of the salivary glands, especially the parotid glands located on the sides of the face

synonym : swelling, parotitis

(1) **mumps** virus, (2) contagious **mumps**

The outbreak of **mumps** in the school caused widespread concern among parents.

anecdote

n. a short and amusing or interesting story about a real incident or person

synonym : story, account, tale

(1) personal **anecdote**, (2) funny **anecdote**

She entertained the guests with **anecdotes** about her travels and experiences.

disastrous

adj. extremely bad, harmful, or unsuccessful

synonym : catastrophic, destructive, fatal

(1) have **disastrous** consequences, (2) absolutely **disastrous** effect

The emission of hazardous substances has **disastrous** effects on the ecology of a region.

doe

n. a mature female of mammals of which the male is called a buck, such as a deer or a rabbit

synonym : rabbit, bunny, hare

(1) **doe** rabbit, (2) buck and **doe**

Hunters use a whistle that makes the **doe** sound to lure stags.

preach

v. to deliver a religious or moral message to an audience

synonym : expound, advocate, sermonize

(1) **preach** the gospel, (2) **preach** to the masses

The pastor **preached** about the importance of forgiveness.

illiterate

adj. unable to read or write; lacking basic education and knowledge in reading and writing

synonym : unlettered, uneducated, unschooled

(1) **illiterate** population, (2) computer- **illiterate**

Despite attending school, he remained **illiterate** and unable to read or write.

causation

n. the action or relationship between an event or action and its effect or consequence; the explanation for why something happens

synonym : cause, reason, origin

(1) **causation** analysis, (2) direct **causation**

The **causation** of the disease is still under investigation by medical researchers.

scourge

n. a person or thing that causes great suffering or destruction; (verb) to punish someone severely

synonym : plague, disaster, curse

(1) **scourge** of AIDS, (2) bring a **scourge** under control

The plague was a **scourge** that killed millions of people.

agony

n. extreme physical or mental pain or suffering, often prolonged or intense

synonym : anguish, torment, suffering

(1) severe **agony**, (2) emotional **agony**

The athlete fell to the ground in **agony** after injuring their

ankle.

rotavirus

n. a virus commonly causes gastroenteritis, an inflammation of the stomach and intestines, particularly in young children. It is spread via contaminated food, water, and surfaces

synonym: gastroenteritis, stomach flu, intestinal virus

(1) **rotavirus** infection, (2) spread of **rotavirus**

The symptoms of **rotavirus** include diarrhea, vomiting, and fever.

whine

v. to utter a high-pitched, complaining sound, often in a tone that is irritating or grating to others; to express discontent or dissatisfaction in a persistent or annoying manner

synonym: complain, moan, whimper

(1) **whine** about homework, (2) **whine** about the weather

The child began to **whine** when his mom said they couldn't go to the park.

numb

adj. unable to feel physical sensation and movement; not showing human feeling or sensitivity

synonym: dazed, insensitive, emotionless

(1) **numb** with cold, (2) a **numb** mind

My left arm became **numb**.

strident

adj. loud, harsh, and grating to the ears; presenting a forceful or insistent tone or manner

synonym: shrill, loud, piercing

(1) **strident** call for action, (2) **strident** criticism

Her **strident** voice made it difficult for anyone to ignore her.

vaccinate

v. to treat with a vaccine, usually by injection, to produce immunity against a disease

synonym: immunize, inject, inoculate

(1) **vaccinate** against scarlet fever, (2) **vaccinate** every year

The nurse **vaccinated** the children in the school.

lax

adj. not strict or severe; relaxed or lenient

synonym : loose, slack, relaxed

(1) **lax** border controls, (2) **lax** attitude

The **lax** security measures allowed the thief to enter the building easily.

infect

v. to affect a person, an animal, or a plant with a disease-causing organism

synonym : pollute, contaminate, affect

(1) **infect** other animal species, (2) **infect** a computer with a virus

Children often **infect** parents with this head cold.

paralysis

n. a condition in which you are unable to move or lose control of part or most of the body because of illness or injury

synonym : immobility, stiffness, palsy

(1) moral **paralysis**, (2) **paralysis** in the leg

Massive demonstrations lead to total **paralysis** of transportation.

antioxidant

n. a substance that inhibits oxidation, especially one used to counteract the deterioration of stored food products

(1) high levels of **antioxidants**, (2) **antioxidant** behavior

Fruits and vegetables are good sources of **antioxidants**.

astonishing

adj. surprising or shocking; difficult to believe

synonym : surprising, shocking, astounding

(1) **astonishing** achievement, (2) make **astonishing** gains

The news of her sudden death was **astonishing** to everyone who knew her.

ginkgo

n. a type of large, deciduous tree native to China that is prized for its leaves, which are used in traditional medicine and supplements, also commonly grown as an

ornamental tree

synonym: maidenhair tree, Japanese silver apricot

(1) **ginkgo** extract, (2) **ginkgo** biloba

The **ginkgo** tree leaves turn a beautiful golden yellow in the fall.

mammography

n. the process of using X-rays to examine the breast for the early detection of breast cancer

synonym: breast imaging, mammogram, breast X-ray

(1) diagnostic **mammography**, (2) digital **mammography**

Women should get regular **mammography** screenings as a preventative measure for breast cancer.

quack

n. a person who pretends to have medical or other skills or credentials that they do not possess; a charlatan or fraud; (verb) to make the sound of a duck

synonym: charlatan, impostor, fraud

(1) **quack** doctor, (2) **quack** product

The healthcare industry is cracking down on **quack** remedies and treatments that lack scientific evidence.

enema

n. a medical procedure in which a liquid solution is introduced into the rectum or colon to cleanse, lubricate, or administer medication, often used as a treatment or a means of preparing for certain medical procedures

synonym: colonic, rectal douche, rectal wash

(1) medical **enema**, (2) saline **enema**

Before the surgery, the patient was instructed to undergo a cleansing **enema**.

beet

n. a thick, fleshy, edible root vegetable typically having a dark red or purplish color; a plant of the goosefoot family that produces this vegetable

(1) **beet** salad, (2) roasted **beet**

She made a delicious salad using fresh **beets** from her garden.

retrovirus

n. a type of RNA virus that uses the enzyme reverse transcriptase to convert its RNA into DNA, which then inserts itself into the host cell's genome, which can cause a variety of diseases in humans and animals, including HIV (Human Immunodeficiency Virus)

(1) **retrovirus** infection, (2) feline **retrovirus**

The patient's condition improved after beginning a **retrovirus-targeted** treatment regimen.

needless

adj. describing something unnecessary, pointless, or superfluous and could be avoided without any harm or adverse consequences

synonym: unnecessary, pointless, superfluous

(1) **needless** argument, (2) **needless** waste

This **needless** paperwork is wasting our time and resources.

mindless

adj. lacking in awareness, thought, or attention; done without thinking or consideration; pointless or empty-headed

synonym: senseless, thoughtless, irresponsible

(1) **mindless** task, (2) **mindless** entertainment

Mindless scrolling on social media can be a time waster.

proponent

n. a person who supports an idea or pleads for a cause

synonym: advocate, devotee, follower

(1) enthusiastic **proponent**, (2) **proponent** of world peace

Einstein was a **proponent** of the theory of relativity.

sprig

n. a small stem or shoot of a plant, usually with leaves or flowers attached

synonym: twig, shoot, branchlet

(1) **sprig** of rosemary, (2) mint **sprig**

I picked a **sprig** of lavender from my garden to freshen up my room.

parsley

n. a biennial herb with flat or curly green leaves that are commonly used as a garnish or seasoning in cooking often added to dishes for its fresh flavor and decorative

purposes

synonym: cilantro, coriander, herb

(1) Italian **parsley**, (2) chopped **parsley**

I added some fresh **parsley** to the dish for added flavor.

sprout

v. to grow or develop new parts typically leaves or shoots, from a plant; to emerge, develop, or arise gradually or suddenly; (noun) a young shoot or plant that emerges from a seed and starts to grow

synonym: germinate, grow, bud

(1) **sprout** seeds, (2) **sprout** wings

The flowers in the garden began to **sprout** after the first rain of the season.

tangerine

n. a sweet, juicy citrus fruit that is smaller and sweeter than an orange, usually with a reddish-orange peel

synonym: mandarin, citrus, clementine

(1) **tangerine** peel, (2) **tangerine** flavor

I love the taste of fresh **tangerine** juice in the morning.

cantaloupe

n. a type of melon with a ribbed, greenish peel and sweet, orange flesh, commonly consumed as a fruit and used in various culinary preparations

synonym: melon, muskmelon

(1) sliced **cantaloupe**, (2) sweet **cantaloupe**

I bought a ripe and juicy **cantaloupe** from the grocery store for a refreshing snack.

prolong

v. to extend the duration or length of something, particularly a period of time or an event

synonym: extend, lengthen, stretch

(1) **prolong** the agony, (2) measures to **prolong** the lifespan

We need to **prolong** the meeting for another hour to discuss all the issues.

monoculture

n. the cultivation of a single crop or type of animal over a wide area

synonym: single crop, uniform, homogenous

(1) **monoculture** strategy, (2) corn **monoculture**

Monoculture farming can also increase the risk of pests and diseases, as the lack of diversity makes it easier for these organisms to spread and cause harm to the crop.

deaden

v. to make something less intense, active, or lively; to reduce the effect, force, or impact of something

synonym: dampen, muffle, suppress

(1) **deaden** the impact, (2) **deaden** the pain

The thick curtains helped **deaden** the sound coming from the busy street outside.

prosper

v. to be successful or thriving, especially financially; to grow and develop well; to flourish

synonym: thrive, flourish, succeed

(1) **prosper** in the long run, (2) **prosper** as a trading hub

With careful planning and hard work, she was able to **prosper** in her new business venture.

rot

v. to decay, or cause something to decay, naturally and gradually

synonym: perish, decay, corrode

(1) begin to **rot**, (2) **rot** with age

Please refrigerate the meat, or it will **rot**.

cassava

n. a starchy, tuberous root plant that is native to South America and is grown in many tropical and subtropical regions around the world

synonym: manioc, yuca

(1) **cassava** flour, (2) **cassava** starch

Cassava leaves are also eaten as a vegetable in some parts of the world.

starve

v. to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance

synonym : famish, hunger

(1) **starve** for a victory, (2) **starve** to death

If you don't eat soon, you're going to **starve**.

insistence

n. the act or an instance of demanding or saying something clearly; persistence

synonym : persistence, determination, demand

(1) collective **insistence**, (2) rigid **insistence**

Despite her **insistence**, he refused to change his mind.

Session 2: Spelling

1. cha_____er brand
n. a person or thing that challenges or competes with someone or something else; a contestant in a competition or challenge
2. po_____e wells
adj. suitable for drinking; safe and fit to be consumed as a beverage
3. bring a sc_____e under control
n. a person or thing that causes great suffering or destruction; (verb) to punish someone severely
4. spread of ro_____us
n. a virus commonly causes gastroenteritis, an inflammation of the stomach and intestines, particularly in young children. It is spread via contaminated food, water, and surfaces
5. qu__e a source
v. to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services
6. emotional ag__y
n. extreme physical or mental pain or suffering, often prolonged or intense
7. ret_____us infection
n. a type of RNA virus that uses the enzyme reverse transcriptase to convert its RNA into DNA, which then inserts itself into the host cell's genome, which can cause a variety of diseases in humans and animals, including HIV (Human Immunodeficiency Virus)

ANSWERS: 1. challenger, 2. potable, 3. scourge, 4. rotavirus, 5. quote, 6. agony, 7. retrovirus

8. po__o eradication *n.* an acute infectious disease caused by a virus that attacks nerve cells in the spinal cord and brain, leading to paralysis, muscle weakness, and potentially lifelong disability
9. op_____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
10. digital mam_____hy *n.* the process of using X-rays to examine the breast for the early detection of breast cancer
11. no_____ia trip *n.* a sentimental longing or wistful affection for a period in the past
12. begin to r_t *v.* to decay, or cause something to decay, naturally and gradually
13. sweet can_____pe *n.* a type of melon with a ribbed, greenish peel and sweet, orange flesh, commonly consumed as a fruit and used in various culinary preparations
14. enthusiastic pr_____nt *n.* a person who supports an idea or pleads for a cause
15. mi_____ss task *adj.* lacking in awareness, thought, or attention; done without thinking or consideration; pointless or empty-headed
16. pr_____r as a trading hub *v.* to be successful or thriving, especially financially; to grow and develop well; to flourish
17. di_____b the peace *v.* to interrupt someone who is trying to work, sleep, etc.

ANSWERS: 8. polio, 9. opportune, 10. mammography, 11. nostalgia, 12. rot, 13. cantaloupe, 14. proponent, 15. mindless, 16. prosper, 17. disturb

18. ha_____rd design *adj.* marked by a lack of order, system, or coherence; characterized by randomness or chance without any guiding principle or plan
19. di_____b his sleep *v.* to interrupt someone who is trying to work, sleep, etc.
20. feline ret_____us *n.* a type of RNA virus that uses the enzyme reverse transcriptase to convert its RNA into DNA, which then inserts itself into the host cell's genome, which can cause a variety of diseases in humans and animals, including HIV (Human Immunodeficiency Virus)
21. va_____te against scarlet fever *v.* to treat with a vaccine, usually by injection, to produce immunity against a disease
22. the city's dem_____hy report *n.* the study of the statistics of human populations, such as size, growth, density, distribution, and vital statistics
23. vig_____ly shake *adv.* in a way that is very energetic and enthusiastic
24. ve__e of bankruptcy *n.* the point at which something is about to happen or where something begins; the edge or margin of something, particularly a physical boundary or border
25. ne_____ss argument *adj.* describing something unnecessary, pointless, or superfluous and could be avoided without any harm or adverse consequences

ANSWERS: 18. haphazard, 19. disturb, 20. retrovirus, 21. vaccinate, 22. demography, 23. vigorously, 24. verge, 25. needless

26. en____e the company to use the logo
v. to give someone the right to have or do something; to give a title to someone or something
27. dem_____hy study
n. the study of the statistics of human populations, such as size, growth, density, distribution, and vital statistics
28. i__l singer
n. an image or representation of a god or goddess, or a person or thing that is greatly admired, loved, or revered
29. spiritual enl_____ent
n. education that results in understanding and the spread of knowledge
30. mu__s virus
n. a contagious viral infection characterized by painful swelling of the salivary glands, especially the parotid glands located on the sides of the face
31. great-gra_____nt
n. a parent of one's father or mother
32. ta_____ne peel
n. a sweet, juicy citrus fruit that is smaller and sweeter than an orange, usually with a reddish-orange peel
33. on the ve__e of tears
n. the point at which something is about to happen or where something begins; the edge or margin of something, particularly a physical boundary or border
34. pr___h the gospel
v. to deliver a religious or moral message to an audience
35. adv_____us pioneers
adj. willing to take risks and try new or difficult things
36. saline en__a
n. a medical procedure in which a liquid solution is introduced into the rectum or colon to cleanse, lubricate, or administer medication, often used as a treatment or a means of preparing for certain medical procedures

ANSWERS: 26. entitle, 27. demography, 28. idol, 29. enlightenment, 30. mumps, 31. grandparent, 32. tangerine, 33. verge, 34. preach, 35. adventurous, 36. enema

37. roasted b__t *n.* a thick, fleshy, edible root vegetable typically having a dark red or purplish color; a plant of the goosefoot family that produces this vegetable
38. pr_____g the agony *v.* to extend the duration or length of something, particularly a period of time or an event
39. re_____e my thoughts *v.* to change the form or structure of something
40. pr___h to the masses *v.* to deliver a religious or moral message to an audience
41. va___h amid the crowd *v.* disappear or stop being present or existing suddenly and completely
42. ha_____rd approach *adj.* marked by a lack of order, system, or coherence; characterized by randomness or chance without any guiding principle or plan
43. r_t with age *v.* to decay, or cause something to decay, naturally and gradually
44. va_____sh an opponent *v.* to defeat or conquer thoroughly; to overcome and gain control over someone or something
45. ast_____ng achievement *adj.* surprising or shocking; difficult to believe
46. a sk_____al attitude *adj.* doubting that something is accurate or useful
47. ne_____ss waste *adj.* describing something unnecessary, pointless, or superfluous and could be avoided without any harm or adverse consequences

ANSWERS: 37. beet, 38. prolong, 39. reshape, 40. preach, 41. vanish, 42. haphazard, 43. rot, 44. vanquish, 45. astonishing, 46. skeptical, 47. needless

48. st_____nt call for action *adj.* loud, harsh, and grating to the ears; presenting a forceful or insistent tone or manner
49. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
50. computer-ill_____te *adj.* unable to read or write; lacking basic education and knowledge in reading and writing
51. political di_____ce *n.* a loss of respect, honor, or dignity; a state of shame or public humiliation; an action or behavior that is seen as immoral or unacceptable; (verb) to bring shame, dishonor, or discredit upon someone or something
52. enl_____ent activity *n.* education that results in understanding and the spread of knowledge
53. po__o epidemic *n.* an acute infectious disease caused by a virus that attacks nerve cells in the spinal cord and brain, leading to paralysis, muscle weakness, and potentially lifelong disability
54. me_____al chemistry *adj.* of or relating to the treatment or cure of disease
55. tr_____ss against his rights *v.* to enter someone's private property without permission or legal authority; to infringe upon or violate someone's rights, boundaries, or personal space
56. dip_____ia infection *n.* an infectious disease caused by the bacterium *Corynebacterium diphtheriae*, characterized by inflammation and the formation of a thick, grayish membrane in the nose, throat, and other respiratory passages

ANSWERS: 48. strident, 49. opportune, 50. illiterate, 51. disgrace, 52. enlightenment, 53. polio, 54. medicinal, 55. trespass, 56. diphtheria

57. sc_____e of AIDS *n.* a person or thing that causes great suffering or destruction; (verb) to punish someone severely
58. sk_____al scientists *adj.* doubting that something is accurate or useful
59. va_____te every year *v.* to treat with a vaccine, usually by injection, to produce immunity against a disease
60. n__b with cold *adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity
61. i__l worship *n.* an image or representation of a god or goddess, or a person or thing that is greatly admired, loved, or revered
62. baseless pre_____on *n.* the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition
63. pa_____is in the leg *n.* a condition in which you are unable to move or lose control of part or most of the body because of illness or injury
64. chopped pa_____y *n.* a biennial herb with flat or curly green leaves that are commonly used as a garnish or seasoning in cooking often added to dishes for its fresh flavor and decorative purposes
65. qu__e a price *v.* to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services

ANSWERS: 57. scourge, 58. skeptical, 59. vaccinate, 60. numb, 61. idol, 62. pretension, 63. paralysis, 64. parsley, 65. quote

66. rai_____st destruction *n.* a forest rich in biodiversity that is generally found in tropical settings with heavy annual rainfall
67. dip_____ia vaccine *n.* an infectious disease caused by the bacterium *Corynebacterium diphtheriae*, characterized by inflammation and the formation of a thick, grayish membrane in the nose, throat, and other respiratory passages
68. sliced can_____pe *n.* a type of melon with a ribbed, greenish peel and sweet, orange flesh, commonly consumed as a fruit and used in various culinary preparations
69. di_____ce our family name *n.* a loss of respect, honor, or dignity; a state of shame or public humiliation; an action or behavior that is seen as immoral or unacceptable; (verb) to bring shame, dishonor, or discredit upon someone or something
70. tropical rai_____st *n.* a forest rich in biodiversity that is generally found in tropical settings with heavy annual rainfall
71. amb_____nt attitude *adj.* having mixed or conflicting feelings or attitudes towards something or someone; uncertainty or indecision about what course of action to take
72. in____t other animal species *v.* to affect a person, an animal, or a plant with a disease-causing organism
73. ca_____on analysis *n.* the action or relationship between an event or action and its effect or consequence; the explanation for why something happens

ANSWERS: 66. rainforest, 67. diphtheria, 68. cantaloupe, 69. disgrace, 70. rainforest, 71. ambivalent, 72. infect, 73. causation

74. st____nt criticism *adj.* loud, harsh, and grating to the ears; presenting a forceful or insistent tone or manner
75. an ir____c turn of events *adj.* using words to express something different from and often opposite to their literal or usual meaning, often for humorous or rhetorical effect
76. have dis____us consequences *adj.* extremely bad, harmful, or unsuccessful
77. severe ag__y *n.* extreme physical or mental pain or suffering, often prolonged or intense
78. funny an____te *n.* a short and amusing or interesting story about a real incident or person
79. b__t salad *n.* a thick, fleshy, edible root vegetable typically having a dark red or purplish color; a plant of the goosefoot family that produces this vegetable
80. traditional me____al *adj.* of or relating to the treatment or cure of disease
81. sp__g of rosemary *n.* a small stem or shoot of a plant, usually with leaves or flowers attached
82. ca____a starch *n.* a starchy, tuberous root plant that is native to South America and is grown in many tropical and subtropical regions around the world
83. tr____ss into the country's waters *v.* to enter someone's private property without permission or legal authority; to infringe upon or violate someone's rights, boundaries, or personal space
84. qu__k doctor *n.* a person who pretends to have medical or other skills or credentials that they do not possess; a charlatan or fraud; (verb) to make the sound of a duck

ANSWERS: 74. strident, 75. ironic, 76. disastrous, 77. agony, 78. anecdote, 79. beet, 80. medicinal, 81. sprig, 82. cassava, 83. trespass, 84. quack

85. fa____c devotion *adj.* characterized by excessive enthusiasm or zeal; displaying irrational or extreme devotion to a cause, ideology, or person, often to the point of intolerance or extremism
86. re____e education policy *v.* to change the form or structure of something
87. po____e drinking source *adj.* suitable for drinking; safe and fit to be consumed as a beverage
88. d_e rabbit *n.* a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
89. mix vig_____ly by hand *adv.* in a way that is very energetic and enthusiastic
90. lead an adv_____us life *adj.* willing to take risks and try new or difficult things
91. measures to pr_____g the lifespan *v.* to extend the duration or length of something, particularly a period of time or an event
92. st___e to death *v.* to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance
93. make ast_____ng gains *adj.* surprising or shocking; difficult to believe
94. de___n the impact *v.* to make something less intense, active, or lively; to reduce the effect, force, or impact of something

ANSWERS: 85. fanatic, 86. reshape, 87. potable, 88. doe, 89. vigorously, 90. adventurous, 91. prolong, 92. starve, 93. astonishing, 94. deaden

95. a n__b mind *adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity
96. sm____ox epidemic *n.* a highly contagious viral disease characterized by fever, weakness, spots on the skin, and often death
97. st___e for a victory *v.* to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance
98. a warm no_____ia *n.* a sentimental longing or wistful affection for a period in the past
99. in_____te the quality of his life *v.* to introduce new methods, ideas, or products
100. collective ins_____ce *n.* the act or an instance of demanding or saying something clearly; persistence
101. pr_____nt of world peace *n.* a person who supports an idea or pleads for a cause
102. de___n the pain *v.* to make something less intense, active, or lively; to reduce the effect, force, or impact of something
103. wh__e about the weather *v.* to utter a high-pitched, complaining sound, often in a tone that is irritating or grating to others; to express discontent or dissatisfaction in a persistent or annoying manner
104. Italian pa_____y *n.* a biennial herb with flat or curly green leaves that are commonly used as a garnish or seasoning in cooking often added to dishes for its fresh flavor and decorative purposes

ANSWERS: 95. numb, 96. smallpox, 97. starve, 98. nostalgia, 99. innovate, 100. insistence, 101. proponent, 102. deaden, 103. whine, 104. parsley

105. sp___t seeds v. to grow or develop new parts typically leaves or shoots, from a plant; to emerge, develop, or arise gradually or suddenly; (noun) a young shoot or plant that emerges from a seed and starts to grow
106. en_____e him to a pension v. to give someone the right to have or do something; to give a title to someone or something
107. va___h into thin air v. disappear or stop being present or existing suddenly and completely
108. ins_____ize a system v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
109. wh__e about homework v. to utter a high-pitched, complaining sound, often in a tone that is irritating or grating to others; to express discontent or dissatisfaction in a persistent or annoying manner
110. rigid ins_____ce n. the act or an instance of demanding or saying something clearly; persistence
111. ant_____nt behavior n. a substance that inhibits oxidation, especially one used to counteract the deterioration of stored food products
112. ins_____ize customary laws v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
113. moral pa_____is n. a condition in which you are unable to move or lose control of part or most of the body because of illness or injury

ANSWERS: 105. sprout, 106. entitle, 107. vanish, 108. institutionalize, 109. whine, 110. insistence, 111. antioxidant, 112. institutionalize, 113. paralysis

114. qu__k product *n.* a person who pretends to have medical or other skills or credentials that they do not possess; a charlatan or fraud; (verb) to make the sound of a duck
115. mon_____re strategy *n.* the cultivation of a single crop or type of animal over a wide area
116. person of gra_____nt age *n.* a parent of one's father or mother
117. ill_____te population *adj.* unable to read or write; lacking basic education and knowledge in reading and writing
118. va_____sh a fear *v.* to defeat or conquer thoroughly; to overcome and gain control over someone or something
119. l_x border controls *adj.* not strict or severe; relaxed or lenient
120. direct ca_____on *n.* the action or relationship between an event or action and its effect or consequence; the explanation for why something happens
121. corn mon_____re *n.* the cultivation of a single crop or type of animal over a wide area
122. mi_____ss entertainment *adj.* lacking in awareness, thought, or attention; done without thinking or consideration; pointless or empty-headed
123. l_x attitude *adj.* not strict or severe; relaxed or lenient
124. diagnostic mam_____hy *n.* the process of using X-rays to examine the breast for the early detection of breast cancer

ANSWERS: 114. quack, 115. monoculture, 116. grandparent, 117. illiterate, 118. vanquish, 119. lax, 120. causation, 121. monoculture, 122. mindless, 123. lax, 124. mammography

125. ir___c result *adj.* using words to express something different from and often opposite to their literal or usual meaning, often for humorous or rhetorical effect
126. pre_____on to authority *n.* the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition
127. am___e and entertain visitors *v.* to fill with wonder, surprise, or admiration
128. me_____s vaccine *n.* a highly infectious viral disease that causes fever, red spots on the skin, and other flu-like symptoms, typically affects children
129. ar___e soil *adj.* relating to land that is suitable for growing crops; capable of being plowed and used for agriculture
130. am___e everyone *v.* to fill with wonder, surprise, or admiration
131. in_____te a new method *v.* to introduce new methods, ideas, or products
132. ru_____a outbreak *n.* an infectious viral disease, also known as German measles, characterized by a rash, mild fever, and swollen lymph nodes, especially dangerous to pregnant women as it can cause congenital disabilities
133. high levels of ant_____nts *n.* a substance that inhibits oxidation, especially one used to counteract the deterioration of stored food products

ANSWERS: 125. ironic, 126. pretension, 127. amaze, 128. measles, 129. arable, 130. amaze, 131. innovate, 132. rubella, 133. antioxidant

134. ta_____ne flavor *n.* a sweet, juicy citrus fruit that is smaller and sweeter than an orange, usually with a reddish-orange peel
135. ar___e farming *adj.* relating to land that is suitable for growing crops; capable of being plowed and used for agriculture
136. in___t a computer with a virus *v.* to affect a person, an animal, or a plant with a disease-causing organism
137. pr_____r in the long run *v.* to be successful or thriving, especially financially; to grow and develop well; to flourish
138. mint sp___g *n.* a small stem or shoot of a plant, usually with leaves or flowers attached
139. amb_____nt feelings *adj.* having mixed or conflicting feelings or attitudes towards something or someone; uncertainty or indecision about what course of action to take
140. congenital ru_____a *n.* an infectious viral disease, also known as German measles, characterized by a rash, mild fever, and swollen lymph nodes, especially dangerous to pregnant women as it can cause congenital disabilities
141. contagious mu___s *n.* a contagious viral infection characterized by painful swelling of the salivary glands, especially the parotid glands located on the sides of the face
142. political cha_____er *n.* a person or thing that challenges or competes with someone or something else; a contestant in a competition or challenge

ANSWERS: 134. tangerine, 135. arable, 136. infect, 137. prosper, 138. sprig, 139. ambivalent, 140. rubella, 141. mumps, 142. challenger

143. fa____c about germs *adj.* characterized by excessive enthusiasm or zeal; displaying irrational or extreme devotion to a cause, ideology, or person, often to the point of intolerance or extremism
144. ca____a flour *n.* a starchy, tuberous root plant that is native to South America and is grown in many tropical and subtropical regions around the world
145. medical en__a *n.* a medical procedure in which a liquid solution is introduced into the rectum or colon to cleanse, lubricate, or administer medication, often used as a treatment or a means of preparing for certain medical procedures
146. me____s outbreak *n.* a highly infectious viral disease that causes fever, red spots on the skin, and other flu-like symptoms, typically affects children
147. absolutely dis____us effect *adj.* extremely bad, harmful, or unsuccessful
148. sp____t wings *v.* to grow or develop new parts typically leaves or shoots, from a plant; to emerge, develop, or arise gradually or suddenly; (noun) a young shoot or plant that emerges from a seed and starts to grow
149. gi____o biloba *n.* a type of large, deciduous tree native to China that is prized for its leaves, which are used in traditional medicine and supplements, also commonly grown as an ornamental tree

ANSWERS: 143. fanatic, 144. cassava, 145. enema, 146. measles, 147. disastrous, 148. sprout, 149. ginkgo

150. gi___o extract *n.* a type of large, deciduous tree native to China that is prized for its leaves, which are used in traditional medicine and supplements, also commonly grown as an ornamental tree
151. buck and d_e *n.* a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
152. ro_____us infection *n.* a virus commonly causes gastroenteritis, an inflammation of the stomach and intestines, particularly in young children. It is spread via contaminated food, water, and surfaces
153. personal an_____te *n.* a short and amusing or interesting story about a real incident or person
154. sm_____ox vaccine *n.* a highly contagious viral disease characterized by fever, weakness, spots on the skin, and often death

ANSWERS: 150. ginkgo, 151. doe, 152. rotavirus, 153. anecdote, 154. smallpox

Session 3: Fill in the Blanks

1. The army successfully _____ their enemy in the battle and gained control of the territory.
 - v. to defeat or conquer thoroughly; to overcome and gain control over someone or something

2. The symptoms of _____ include diarrhea, vomiting, and fever.
 - n. a virus commonly causes gastroenteritis, an inflammation of the stomach and intestines, particularly in young children. It is spread via contaminated food, water, and surfaces

3. The sign warns visitors not to _____ on private property.
 - v. to enter someone's private property without permission or legal authority; to infringe upon or violate someone's rights, boundaries, or personal space

4. Massive demonstrations lead to total _____ of transportation.
 - n. a condition in which you are unable to move or lose control of part or most of the body because of illness or injury

5. Please refrigerate the meat, or it will _____.
 - v. to decay, or cause something to decay, naturally and gradually

6. With careful planning and hard work, she was able to _____ in her new business venture.
 - v. to be successful or thriving, especially financially; to grow and develop well; to flourish

7. The magician's tricks _____ the audience.
 - v. to fill with wonder, surprise, or admiration

ANSWERS: 1. vanquished, 2. rotavirus, 3. trespass, 4. paralysis, 5. rot, 6. prosper, 7. amazed

8. The patient's condition improved after beginning a _____ treatment regimen.
- n.* a type of RNA virus that uses the enzyme reverse transcriptase to convert its RNA into DNA, which then inserts itself into the host cell's genome, which can cause a variety of diseases in humans and animals, including HIV (Human Immunodeficiency Virus)
9. Companies developing self-driving cars consistently _____ the emerging technologies.
- v.* to introduce new methods, ideas, or products
10. She made a delicious salad using fresh _____ from her garden.
- n.* a thick, fleshy, edible root vegetable typically having a dark red or purplish color; a plant of the goosefoot family that produces this vegetable
11. The _____ tree leaves turn a beautiful golden yellow in the fall.
- n.* a type of large, deciduous tree native to China that is prized for its leaves, which are used in traditional medicine and supplements, also commonly grown as an ornamental tree
12. Fruits and vegetables are good sources of _____.
- n.* a substance that inhibits oxidation, especially one used to counteract the deterioration of stored food products
13. The _____ land in the valley was ideal for growing wheat and corn.
- adj.* relating to land that is suitable for growing crops; capable of being plowed and used for agriculture
14. The ___ security measures allowed the thief to enter the building easily.
- adj.* not strict or severe; relaxed or lenient

ANSWERS: 8. retrovirus-targeted, 9. innovate, 10. beets, 11. ginkgo, 12. antioxidants, 13. arable, 14. lax

15. The emission of hazardous substances has _____ effects on the ecology of a region.

adj. extremely bad, harmful, or unsuccessful

16. Women should get regular _____ screenings as a preventative measure for breast cancer.

n. the process of using X-rays to examine the breast for the early detection of breast cancer

17. I feel _____ about attending the party since I don't know anyone there.

adj. having mixed or conflicting feelings or attitudes towards something or someone; uncertainty or indecision about what course of action to take

18. Due to the _____ outbreak, the government declared a state of emergency and began vaccinating the population.

n. an infectious disease caused by the bacterium *Corynebacterium diphtheriae*, characterized by inflammation and the formation of a thick, grayish membrane in the nose, throat, and other respiratory passages

19. The flowers in the garden began to _____ after the first rain of the season.

v. to grow or develop new parts typically leaves or shoots, from a plant; to emerge, develop, or arise gradually or suddenly; (noun) a young shoot or plant that emerges from a seed and starts to grow

20. The employee was _____ to a week of vacation time.

v. to give someone the right to have or do something; to give a title to someone or something

21. The destruction of the _____ is a ticking time bomb for the Earth.

n. a forest rich in biodiversity that is generally found in tropical settings with heavy annual rainfall

ANSWERS: 15. disastrous, 16. mammography, 17. ambivalent, 18. diphtheria, 19. sprout, 20. entitled, 21. rainforest

22. I love the taste of fresh _____ juice in the morning.

- n.* a sweet, juicy citrus fruit that is smaller and sweeter than an orange, usually with a reddish-orange peel

23. Pregnant women are advised to vaccinate against _____ to protect their unborn babies.

- n.* an infectious viral disease, also known as German measles, characterized by a rash, mild fever, and swollen lymph nodes, especially dangerous to pregnant women as it can cause congenital disabilities

24. The _____ properties of this herb have been known to help with various ailments.

- adj.* of or relating to the treatment or cure of disease

25. _____ farming can also increase the risk of pests and diseases, as the lack of diversity makes it easier for these organisms to spread and cause harm to the crop.

- n.* the cultivation of a single crop or type of animal over a wide area

26. The news of her sudden death was _____ to everyone who knew her.

- adj.* surprising or shocking; difficult to believe

27. My left arm became _____.

- adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity

28. Despite her _____ he refused to change his mind.

- n.* the act or an instance of demanding or saying something clearly; persistence

29. Tourists frequently _____ the island's delicate natural balance.

- v.* to interrupt someone who is trying to work, sleep, etc.

ANSWERS: 22. tangerine, 23. rubella, 24. medicinal, 25. Monoculture, 26. astonishing, 27. numb, 28. insistence, 29. disturb

30. The phone rang at the most _____ time.

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

31. In his speech, he _____ a famous philosopher to emphasize his point.

v. to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services

32. The _____ vaccine development is regarded as one of the greatest medical achievements of the 20th century.

n. an acute infectious disease caused by a virus that attacks nerve cells in the spinal cord and brain, leading to paralysis, muscle weakness, and potentially lifelong disability

33. Her _____ voice made it difficult for anyone to ignore her.

adj. loud, harsh, and grating to the ears; presenting a forceful or insistent tone or manner

34. We should always ensure that we have a _____ water source when going camping.

adj. suitable for drinking; safe and fit to be consumed as a beverage

35. This _____ paperwork is wasting our time and resources.

adj. describing something unnecessary, pointless, or superfluous and could be avoided without any harm or adverse consequences

36. The thick curtains helped _____ the sound coming from the busy street outside.

v. to make something less intense, active, or lively; to reduce the effect, force, or impact of something

ANSWERS: 30. opportune, 31. quoted, 32. polio, 33. strident, 34. potable, 35. needless, 36. deaden

37. The government's failure to address the poverty issue was a _____ to their leadership
- n.* a loss of respect, honor, or dignity; a state of shame or public humiliation; an action or behavior that is seen as immoral or unacceptable; (verb) to bring shame, dishonor, or discredit upon someone or something
38. The _____ supporters of the sports team traveled across the country to watch the match.
- adj.* characterized by excessive enthusiasm or zeal; displaying irrational or extreme devotion to a cause, ideology, or person, often to the point of intolerance or extremism
39. It was _____ that the heavy rain started just as they set up for an outdoor picnic.
- adj.* using words to express something different from and often opposite to their literal or usual meaning, often for humorous or rhetorical effect
40. He stood on the _____ of a major discovery.
- n.* the point at which something is about to happen or where something begins; the edge or margin of something, particularly a physical boundary or border
41. Two months later, my tumor _____ utterly.
- v.* disappear or stop being present or existing suddenly and completely
42. We need to _____ the meeting for another hour to discuss all the issues.
- v.* to extend the duration or length of something, particularly a period of time or an event
43. She was close to her paternal _____ and often spent summers with them.
- n.* a parent of one's father or mother

ANSWERS: 37. disgrace, 38. fanatic, 39. ironic, 40. verge, 41. vanished, 42. prolong, 43. grandparents

44. He finally brought his _____ to perfection.

n. education that results in understanding and the spread of knowledge

45. The nurse _____ the children in the school.

v. to treat with a vaccine, usually by injection, to produce immunity against a disease

46. He has an _____ spirit and is unafraid of risks.

adj. willing to take risks and try new or difficult things

47. The _____ of the country is changing rapidly due to migration and the aging population

n. the study of the statistics of human populations, such as size, growth, density, distribution, and vital statistics

48. The school sent a notice of a _____ case in one of the classrooms.

n. a highly infectious viral disease that causes fever, red spots on the skin, and other flu-like symptoms, typically affects children

49. I picked a _____ of lavender from my garden to freshen up my room.

n. a small stem or shoot of a plant, usually with leaves or flowers attached

50. The _____ of the disease is still under investigation by medical researchers.

n. the action or relationship between an event or action and its effect or consequence; the explanation for why something happens

51. Children often _____ parents with this head cold.

v. to affect a person, an animal, or a plant with a disease-causing organism

ANSWERS: 44. enlightenment, 45. vaccinated, 46. adventurous, 47. demography, 48. measles, 49. sprig, 50. causation, 51. infect

52. _____ leaves are also eaten as a vegetable in some parts of the world.
- n.* a starchy, tuberous root plant that is native to South America and is grown in many tropical and subtropical regions around the world
53. The plague was a _____ that killed millions of people.
- n.* a person or thing that causes great suffering or destruction; (verb) to punish someone severely
54. The advent of the Internet completely _____ the manufacturing industry.
- v.* to change the form or structure of something
55. Before the surgery, the patient was instructed to undergo a cleansing _____.
- n.* a medical procedure in which a liquid solution is introduced into the rectum or colon to cleanse, lubricate, or administer medication, often used as a treatment or a means of preparing for certain medical procedures
56. The company's hiring process was _____ with no objective criteria or standards.
- adj.* marked by a lack of order, system, or coherence; characterized by randomness or chance without any guiding principle or plan
57. His _____ of being a gourmet were quickly exposed when he could not identify basic herbs and spices.
- n.* the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition
58. He was an _____ to his fans, who looked up to him as a role model.
- n.* an image or representation of a god or goddess, or a person or thing that is greatly admired, loved, or revered

ANSWERS: 52. Cassava, 53. scourge, 54. reshaped, 55. enema, 56. haphazard, 57. pretensions, 58. idol

59. The healthcare industry is cracking down on _____ remedies and treatments that lack scientific evidence.
- n.* a person who pretends to have medical or other skills or credentials that they do not possess; a charlatan or fraud; (verb) to make the sound of a duck
60. An outbreak of _____ occurred in the 1920s.
- n.* a highly contagious viral disease characterized by fever, weakness, spots on the skin, and often death
61. If you don't eat soon, you're going to _____.
- v.* to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance
62. She entertained the guests with _____ about her travels and experiences.
- n.* a short and amusing or interesting story about a real incident or person
63. Despite attending school, he remained _____ and unable to read or write.
- adj.* unable to read or write; lacking basic education and knowledge in reading and writing
64. _____ scrolling on social media can be a time waster.
- adj.* lacking in awareness, thought, or attention; done without thinking or consideration; pointless or empty-headed
65. The new policy aims to _____ the use of renewable energy sources.
- v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)

ANSWERS: 59. quack, 60. smallpox, 61. starve, 62. anecdotes, 63. illiterate, 64. Mindless, 65. institutionalize

66. The outbreak of _____ in the school caused widespread concern among parents.
- n.* a contagious viral infection characterized by painful swelling of the salivary glands, especially the parotid glands located on the sides of the face
67. Einstein was a _____ of the theory of relativity.
- n.* a person who supports an idea or pleads for a cause
68. The _____ in the boxing match put up a good fight.
- n.* a person or thing that challenges or competes with someone or something else; a contestant in a competition or challenge
69. I bought a ripe and juicy _____ from the grocery store for a refreshing snack.
- n.* a type of melon with a ribbed, greenish peel and sweet, orange flesh, commonly consumed as a fruit and used in various culinary preparations
70. His religious and philosophical beliefs were utterly _____.
- adj.* doubting that something is accurate or useful
71. The child began to _____ when his mom said they couldn't go to the park.
- v.* to utter a high-pitched, complaining sound, often in a tone that is irritating or grating to others; to express discontent or dissatisfaction in a persistent or annoying manner
72. Hunters use a whistle that makes the ____ sound to lure stags.
- n.* a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
73. He _____ scrubbed the stains on the shirt.
- adv.* in a way that is very energetic and enthusiastic

ANSWERS: 66. mumps, 67. proponent, 68. challenger, 69. cantaloupe, 70. skeptical, 71. whine, 72. doe, 73. vigorously

74. The ice cream truck's sound brought back _____ for my childhood.

n. a sentimental longing or wistful affection for a period in the past

75. The athlete fell to the ground in _____ after injuring their ankle.

n. extreme physical or mental pain or suffering, often prolonged or intense

76. I added some fresh _____ to the dish for added flavor.

n. a biennial herb with flat or curly green leaves that are commonly used as a garnish or seasoning in cooking often added to dishes for its fresh flavor and decorative purposes

77. The pastor _____ about the importance of forgiveness.

v. to deliver a religious or moral message to an audience

ANSWERS: 74. nostalgia, 75. agony, 76. parsley, 77. preached