

# Englist.me



## Vocabulary Builder Reference from...

*Barton Seaver: Sustainable seafood? Let's get smart*  
| TED Talk

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### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

### bounty

*n.* a reward offered for capturing or killing someone or for accomplishing a specific task

*synonym*: reward, premium, recompense

(1) cash **bounty**, (2) a **bounty** on exports

The **bounty** hunter was hired to capture the notorious criminal and bring him to justice.

### opportune

*adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

*synonym*: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

### replenish

*v.* to fill something that had previously been emptied

*synonym*: refill, reload, restock

(1) **replenish** a reserve fund, (2) **replenish** my spirit

Please **replenish** my glass with some more wine.

### resilient

*adj.* able to withstand or recover quickly from difficult conditions

*synonym*: robust, sturdy, tough

(1) a hard and **resilient** steel, (2) **resilient** population

She is a **resilient** person and has always bounced back from

setbacks.

## tuna

*n.* a large fish of the mackerel family, found in warm seas; commonly used for commercial and sport fishing and as a food source for humans and other animals

(1) **tuna** steak, (2) canned **tuna**

I made a **tuna** sandwich for lunch today.

## bycatch

*n.* the unintentional capture of non-target species in fishing or harvesting operations, often resulting in their injury or death

*synonym*: byproduct, incidental catch

(1) reduce **bycatch**, (2) sustainable **bycatch**

The fishermen were careful to avoid **bycatch** while fishing for tuna in the ocean.

## predator

*n.* an animal whose natural behavior is to prey on others

*synonym*: vulture, bloodsucker

(1) apex **predator**, (2) sexual **predators**

The native South American animals were in danger because of the **predator's** arrival.

## antioxidant

*n.* a substance that inhibits oxidation, especially one used to counteract the deterioration of stored food products

(1) high levels of **antioxidants**, (2) **antioxidant** behavior

Fruits and vegetables are good sources of **antioxidants**.

## sensibility

*n.* mental responsiveness and awareness toward something

*synonym*: emotion, sense, aesthesia

(1) cultural **sensibility**, (2) design **sensibility**

Everything he writes shows the breadth of his **sensibility**.

## jolly

*adj.* happy and lively

*synonym*: cheerful, happy, merry

(1) a **jolly** laugh, (2) **jolly** evening

He was in a **jolly** mood and sang a happy tune.

## broccoli

*n.* a green vegetable with a bunch of small, tight florets on a thick stem that belongs to the cabbage family

(1) frozen **broccoli**, (2) **broccoli** sprout

He didn't like **broccoli** floret and avoided eating it.

## tilapia

*n.* a type of freshwater fish commonly farmed for food, native to Africa and the Middle East

(1) **tilapia** fillets, (2) grilled **tilapia**

I had delicious **tilapia** for dinner last night.

## mustard

*n.* a yellow or brown condiment that tastes spicy made from the seeds of various plants; (adjective) between yellow and brown

*synonym*: condiment, sauce, spice

(1) **mustard** leaf, (2) black **mustard** seed

He had to endure the **mustard** gas attack during the war.

## broil

*v.* to cook something by direct heat, typically using a grill, a hotplate, or an oven; to become very hot and feverish

*synonym*: grill, roast, sear

(1) **broil** pork chops, (2) **broil** vegetables

I **broiled** the steak in the oven for a delicious and easy meal.

## crumb

*n.* a small particle or fragment of food or other substance, often one that has broken off from a larger piece; a very small amount or portion of something

*synonym*: fragment, particle, bit

(1) **crumb** of information, (2) bread **crumb**

My dog found a **crumb** on the floor and quickly ate it.

## pecan

*n.* a type of tree native to North America, widely cultivated for its edible nuts, which have a rich and buttery flavor and are commonly used in cooking and baking

*synonym*: nut, seed, kernel

(1) roasted **pecan**, (2) **pecan** pie

I bought a bag of **pecans** to make a delicious pie for Thanksgiving.

## quinoa

*n.* a grain-like crop grown in South America, often used as a gluten-free grain substitute in cooking and baking, known for its high nutritional value and versatility

*synonym* : inca rice, Peruvian rice

(1) **quinoa** salad, (2) **quinoa** porridge

She prepared a delicious **quinoa** pilaf with vegetables and herbs.

## crunch

*n.* a loud, crackling noise made by something being crushed or broken; a difficult or critical situation

*synonym* : crushing, snapping, crisis

(1) financial **crunch**, (2) a gas **crunch**

The **crunch** of the leaves underfoot was heard as they walked through the park.

## chili

*n.* a small hot-tasting fruit of a type of pepper plant used in sauces, relishes, and spice powders; a spicy stew made from ground beef and beans, typically seasoned with chili peppers

*synonym* : capsicum, pepper

(1) **chili** sauce, (2) red **chili** powder

I love making a big pot of **chili** on a cold winter day.

## flake

*n.* a small, thin piece or layer of something, often with a flat or irregular shape; a person who is unreliable or inconsistent

*synonym* : chip, bit, shred

(1) **flakes** of snow, (2) **flake** graphite

She found a paint **flake** on the wall and realized it was time to repaint the room.

## ravage

*v.* to cause damage to something badly

*synonym* : devastate, ruin, destroy

(1) **ravage** a country, (2) **ravage** the brain

A large fire **ravaged** the forest.

## barber

*n.* a person who cuts men's hair and shaves beards as a profession; a shop or establishment where such services are offered

*synonym*: hairdresser, stylist, shaver

(1) favorite **barber**, (2) **barber** pole

The **barber** shop was closed on Monday, much to the disappointment of many customers.

## moth

*n.* an insect with wings similar to a butterfly that travels at night and is attracted to light

(1) **moth** larva, (2) **moth** attracted to the light

The **moth** is a serious threat to the farm's output.

## plat

*n.* a map or a plan that shows the division and layout of land into lots or parcels; a piece of land typically used for building or agricultural purposes

*synonym*: map, chart, diagram

(1) **plat** book, (2) a former **plat** of farmland

The city planning department keeps detailed **plats** of all the local properties.

## appetizer

*n.* a small dish served before a meal to stimulate the appetite

*synonym*: starter, hors d'oeuvre, nibble

(1) pre-dinner **appetizer**, (2) **appetizer** snack

The grilled shrimp served as a special **appetizer** for the dinner's main course.

## entree

*n.* a main course or dish in a meal often served after an appetizer or soup

*synonym*: main course, dish, plate

(1) **entree** special, (2) vegetarian **entree**

I ordered the steak **entree** with a side of mashed potatoes and vegetables.

## diversified

*adj.* characterized by diversity or variety; having different forms or types

*synonym*: varied, assorted, heterogeneous

(1) **diversified** portfolio, (2) **diversified** economy

The **diversified** menu offered options for everyone, from meat-eaters to vegetarians.

## mound

*n.* a raised area of ground or dirt, often used for burial, construction, or as a fortification; a large, rounded pile or heap

*synonym*: hill, knoll, rise

(1) **mound** of dirt, (2) burial **mound**

The team discovered a hidden **mound** in the desert.

## diversify

*v.* to make something include more different types or things; to spread out activities or investments

*synonym*: branch out, expand, broaden

(1) **diversify** my portfolio, (2) **diversify** energy sources

This inclusive environment has allowed the plant species to **diversify**.

## anchovy

*n.* a small saltwater fish with a strong flavor, often used in cooking and as a pizza topping

*synonym*: sardine

(1) pasta with **anchovy**, (2) **anchovy** fillets

I don't particularly enjoy **anchovy** on my pizza.

## mackerel

*n.* a type of saltwater fish commonly eaten as food, known for its oily flesh and distinctively striped appearance

(1) blue **mackerel**, (2) fresh **mackerel**

Many people enjoy grilled **mackerel** as a delicious and healthy meal option.

## sardine

*n.* a small saltwater fish that is often canned and used for food; a crowded or tightly packed space or area

*synonym*: pilchard, anchovy, sprat

(1) a **sardine** fishery, (2) grilled **sardine**

I opened the can of **sardines**, and the oily smell filled the room.

## shellfish

*n.* water creatures that live in shells, especially one of the types that can be eaten

*synonym*: clam, mollusk

(1) **shellfish** allergy, (2) edible **shellfish**

**Shellfish** can cause allergic reactions in certain people.

## mussel

*n.* a type of shellfish that lives in freshwater or saltwater has a hard, elongated shell and is edible

*synonym*: clam, oyster, bivalve

(1) **mussel** shells, (2) **mussel** cultivation

I ordered the **mussels** in a white wine sauce for dinner.

## oyster

*n.* a bivalve mollusk with a rough irregular shell, often eaten raw or cooked, and sometimes used as a pearl-producing animal or a source of mother-of-pearl

*synonym*: shellfish, clam, mussel

(1) **oyster** shell, (2) **oyster** farm

I ordered a dozen **oysters** as an appetizer at the seafood restaurant.

## clam

*n.* a marine mollusk that burrows and lives on sand or mud, the shell closes with viselike firmness

(1) giant **clam**, (2) shuck a **clam**

The **clam** digs through the sand to a significant depth.

## communion

*n.* the act or condition of exchanging or sharing thoughts and feelings; (Christianity) the act of participating in the celebration of the Eucharist

*synonym*: affinity, intimacy, camaraderie

(1) **communion** with God, (2) spiritual **communion** with nature

We use this tableware in a **communion** service.

## **copious**

*adj.* abundant in quantity or number; plentiful; yielding or containing a large amount or volume

*synonym* : abundant, plentiful, ample

(1) **copious** rainfall, (2) **copious** amounts of data

The author had **copious** notes used as references for the research paper.

## **starch**

*n.* a complex carbohydrate found in many plants, including rice, wheat, and potatoes that is an important foodstuff for humans and animals

*synonym* : carbohydrate, glucose, dextrin

(1) **starch** granules, (2) potato **starch**

When heated, **starch** molecules absorb water and become thick and gooey, making it a useful thickening agent in cooking.

## **hangover**

*n.* the unpleasant physical and mental effects a person experiences after consuming too much alcohol; a lasting effect or aftereffect of something

*synonym* : headache, aftereffect, hang-up

(1) **hangover** cure, (2) severe **hangover**

After drinking too much at the party, he woke up with a terrible **hangover**.

## **disgust**

*n.* a strong feeling of dislike or disapproval

*synonym* : nauseate, hate, dislike

(1) public **disgust**, (2) show **disgust** at his actions

He was filled with **disgust** and fear for the threat of war.

## **wholesome**

*adj.* good for or likely to improve your health; conducive to or characterized by physical or moral well-being

*synonym* : healthy, decent, nutrient

(1) **wholesome** ingredients, (2) live a **wholesome** lifestyle

His honesty wielded a **wholesome** influence on those around him.



## penance

*n.* an act of voluntary self-punishment or discipline to express remorse for wrongdoing or to seek forgiveness; (of religion) an act performed to make amends for sins

*synonym* : atonement, repentance, contrition

(1) perform **penance** for her sins, (2) **penance** ritual

He offered to do **penance** for his mistakes by volunteering at the local charity.

## genuflect

*v.* to kneel or bend one or both knees as a sign of respect or worship, especially in a religious context; to show deference or submission

*synonym* : kneel, bow, worship

(1) **genuflect** in prayer, (2) **genuflect** as a sign of respect

In some cultures, it is customary to **genuflect** when entering a place of worship.

## savor

*v.* to enjoy or appreciate something fully; to relish or delight in something delicious or enjoyable; to preserve or season with a savory flavor

*synonym* : enjoy, relish, appreciate

(1) **savor** the moment, (2) **savor** the taste

I always like to **savor** a good cup of coffee in the morning.

## Session 2: Spelling

1. mu\_\_\_\_d leaf *n.* a yellow or brown condiment that tastes spicy made from the seeds of various plants; (adjective) between yellow and brown
2. public di\_\_\_\_t *n.* a strong feeling of dislike or disapproval
3. favorite ba\_\_\_\_r *n.* a person who cuts men's hair and shaves beards as a profession; a shop or establishment where such services are offered
4. sexual pr\_\_\_\_ors *n.* an animal whose natural behavior is to prey on others
5. blue ma\_\_\_\_el *n.* a type of saltwater fish commonly eaten as food, known for its oily flesh and distinctively striped appearance
6. a gas cr\_\_\_\_h *n.* a loud, crackling noise made by something being crushed or broken; a difficult or critical situation
7. ant\_\_\_\_\_\_nt behavior *n.* a substance that inhibits oxidation, especially one used to counteract the deterioration of stored food products
8. ha\_\_\_\_er cure *n.* the unpleasant physical and mental effects a person experiences after consuming too much alcohol; a lasting effect or aftereffect of something
9. jo\_\_y evening *adj.* happy and lively
10. en\_\_\_\_e special *n.* a main course or dish in a meal often served after an appetizer or soup

ANSWERS: 1. mustard, 2. disgust, 3. barber, 4. predator, 5. mackerel, 6. crunch, 7. antioxidant, 8. hangover, 9. jolly, 10. entree

11. qu\_\_\_a porridge *n.* a grain-like crop grown in South America, often used as a gluten-free grain substitute in cooking and baking, known for its high nutritional value and versatility
12. edible sh\_\_\_\_\_sh *n.* water creatures that live in shells, especially one of the types that can be eaten
13. co\_\_\_\_\_on with God *n.* the act or condition of exchanging or sharing thoughts and feelings; (Christianity) the act of participating in the celebration of the Eucharist
14. giant c\_\_m *n.* a marine mollusk that burrows and lives on sand or mud, the shell closes with viselike firmness
15. st\_\_\_h granules *n.* a complex carbohydrate found in many plants, including rice, wheat, and potatoes that is an important foodstuff for humans and animals
16. div\_\_\_\_\_ed portfolio *adj.* characterized by diversity or variety; having different forms or types
17. di\_\_\_\_\_fy my portfolio *v.* to make something include more different types or things; to spread out activities or investments
18. an op\_\_\_\_\_ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
19. black mu\_\_\_\_\_d seed *n.* a yellow or brown condiment that tastes spicy made from the seeds of various plants; (adjective) between yellow and brown

ANSWERS: 11. quinoa, 12. shellfish, 13. communion, 14. clam, 15. starch, 16. diversified, 17. diversify, 18. opportune, 19. mustard

20. ge\_\_\_\_\_ct as a sign of respect      *v.* to kneel or bend one or both knees as a sign of respect or worship, especially in a religious context; to show deference or submission
21. br\_\_l vegetables      *v.* to cook something by direct heat, typically using a grill, a hotplate, or an oven; to become very hot and feverish
22. sa\_\_r the taste      *v.* to enjoy or appreciate something fully; to relish or delight in something delicious or enjoyable; to preserve or season with a savory flavor
23. grilled ti\_\_\_\_\_a      *n.* a type of freshwater fish commonly farmed for food, native to Africa and the Middle East
24. mu\_\_\_l shells      *n.* a type of shellfish that lives in freshwater or saltwater has a hard, elongated shell and is edible
25. red ch\_\_i powder      *n.* a small hot-tasting fruit of a type of pepper plant used in sauces, relishes, and spice powders; a spicy stew made from ground beef and beans, typically seasoned with chili peppers
26. br\_\_l pork chops      *v.* to cook something by direct heat, typically using a grill, a hotplate, or an oven; to become very hot and feverish
27. pe\_\_n pie      *n.* a type of tree native to North America, widely cultivated for its edible nuts, which have a rich and buttery flavor and are commonly used in cooking and baking

ANSWERS: 20. genuflect, 21. broil, 22. savor, 23. tilapia, 24. mussel, 25. chili, 26. broil, 27. pecan

28. roasted pe\_\_n *n.* a type of tree native to North America, widely cultivated for its edible nuts, which have a rich and buttery flavor and are commonly used in cooking and baking
29. a sa\_\_\_\_e fishery *n.* a small saltwater fish that is often canned and used for food; a crowded or tightly packed space or area
30. financial cr\_\_\_h *n.* a loud, crackling noise made by something being crushed or broken; a difficult or critical situation
31. re\_\_\_\_\_sh a reserve fund *v.* to fill something that had previously been emptied
32. design sen\_\_\_\_\_ty *n.* mental responsiveness and awareness toward something
33. m\_\_h attracted to the light *n.* an insect with wings similar to a butterfly that travels at night and is attracted to light
34. oy\_\_\_r farm *n.* a bivalve mollusk with a rough irregular shell, often eaten raw or cooked, and sometimes used as a pearl-producing animal or a source of mother-of-pearl
35. mo\_\_d of dirt *n.* a raised area of ground or dirt, often used for burial, construction, or as a fortification; a large, rounded pile or heap
36. show di\_\_\_\_\_t at his actions *n.* a strong feeling of dislike or disapproval
37. pre-dinner ap\_\_\_\_\_er *n.* a small dish served before a meal to stimulate the appetite

ANSWERS: 28. pecan, 29. sardine, 30. crunch, 31. replenish, 32. sensibility, 33. moth, 34. oyster, 35. mound, 36. disgust, 37. appetizer

38. cr\_\_b of information *n.* a small particle or fragment of food or other substance, often one that has broken off from a larger piece; a very small amount or portion of something
39. live a wh\_\_\_\_\_me lifestyle *adj.* good for or likely to improve your health; conducive to or characterized by physical or moral well-being
40. cultural sen\_\_\_\_\_ty *n.* mental responsiveness and awareness toward something
41. fresh ma\_\_\_\_\_el *n.* a type of saltwater fish commonly eaten as food, known for its oily flesh and distinctively striped appearance
42. an\_\_\_\_\_y fillets *n.* a small saltwater fish with a strong flavor, often used in cooking and as a pizza topping
43. co\_\_\_\_\_s amounts of data *adj.* abundant in quantity or number; plentiful; yielding or containing a large amount or volume
44. div\_\_\_\_\_ed economy *adj.* characterized by diversity or variety; having different forms or types
45. sa\_\_r the moment *v.* to enjoy or appreciate something fully; to relish or delight in something delicious or enjoyable; to preserve or season with a savory flavor
46. oy\_\_\_r shell *n.* a bivalve mollusk with a rough irregular shell, often eaten raw or cooked, and sometimes used as a pearl-producing animal or a source of mother-of-pearl
47. ch\_\_i sauce *n.* a small hot-tasting fruit of a type of pepper plant used in sauces, relishes, and spice powders; a spicy stew made from ground beef and beans, typically seasoned with chili peppers

ANSWERS: 38. crumb, 39. wholesome, 40. sensibility, 41. mackerel, 42. anchovy, 43. copious, 44. diversified, 45. savor, 46. oyster, 47. chili

48. ra\_\_\_e a country *v.* to cause damage to something badly
49. ge\_\_\_\_\_ct in prayer *v.* to kneel or bend one or both knees as a sign of respect or worship, especially in a religious context; to show deference or submission
50. sustainable by\_\_\_\_\_h *n.* the unintentional capture of non-target species in fishing or harvesting operations, often resulting in their injury or death
51. ap\_\_\_\_\_er snack *n.* a small dish served before a meal to stimulate the appetite
52. cash bo\_\_\_y *n.* a reward offered for capturing or killing someone or for accomplishing a specific task
53. qu\_\_\_a salad *n.* a grain-like crop grown in South America, often used as a gluten-free grain substitute in cooking and baking, known for its high nutritional value and versatility
54. t\_\_a steak *n.* a large fish of the mackerel family, found in warm seas; commonly used for commercial and sport fishing and as a food source for humans and other animals
55. apex pr\_\_\_\_\_or *n.* an animal whose natural behavior is to prey on others
56. ra\_\_\_e the brain *v.* to cause damage to something badly
57. ti\_\_\_\_\_a fillets *n.* a type of freshwater fish commonly farmed for food, native to Africa and the Middle East

ANSWERS: 48. ravage, 49. genuflect, 50. bycatch, 51. appetizer, 52. bounty, 53. quinoa, 54. tuna, 55. predator, 56. ravage, 57. tilapia

58. op\_\_\_\_\_ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
59. shuck a c\_\_m *n.* a marine mollusk that burrows and lives on sand or mud, the shell closes with viselike firmness
60. perform pe\_\_\_\_\_e for her sins *n.* an act of voluntary self-punishment or discipline to express remorse for wrongdoing or to seek forgiveness; (of religion) an act performed to make amends for sins
61. bread cr\_\_b *n.* a small particle or fragment of food or other substance, often one that has broken off from a larger piece; a very small amount or portion of something
62. burial mo\_\_d *n.* a raised area of ground or dirt, often used for burial, construction, or as a fortification; a large, rounded pile or heap
63. frozen br\_\_\_\_\_li *n.* a green vegetable with a bunch of small, tight florets on a thick stem that belongs to the cabbage family
64. a hard and re\_\_\_\_\_nt steel *adj.* able to withstand or recover quickly from difficult conditions
65. wh\_\_\_\_\_me ingredients *adj.* good for or likely to improve your health; conducive to or characterized by physical or moral well-being
66. severe ha\_\_\_\_\_er *n.* the unpleasant physical and mental effects a person experiences after consuming too much alcohol; a lasting effect or aftereffect of something

ANSWERS: 58. opportune, 59. clam, 60. penance, 61. crumb, 62. mound, 63. broccoli, 64. resilient, 65. wholesome, 66. hangover



67. re\_\_\_\_\_sh my spirit      *v.* to fill something that had previously been emptied
68. sh\_\_\_\_\_sh allergy      *n.* water creatures that live in shells, especially one of the types that can be eaten
69. spiritual co\_\_\_\_\_on with nature      *n.* the act or condition of exchanging or sharing thoughts and feelings; (Christianity) the act of participating in the celebration of the Eucharist
70. pe\_\_\_\_\_e ritual      *n.* an act of voluntary self-punishment or discipline to express remorse for wrongdoing or to seek forgiveness; (of religion) an act performed to make amends for sins
71. p\_\_t book      *n.* a map or a plan that shows the division and layout of land into lots or parcels; a piece of land typically used for building or agricultural purposes
72. a bo\_\_\_y on exports      *n.* a reward offered for capturing or killing someone or for accomplishing a specific task
73. co\_\_\_\_\_s rainfall      *adj.* abundant in quantity or number; plentiful; yielding or containing a large amount or volume
74. vegetarian en\_\_\_e      *n.* a main course or dish in a meal often served after an appetizer or soup
75. br\_\_\_\_\_li sprout      *n.* a green vegetable with a bunch of small, tight florets on a thick stem that belongs to the cabbage family

ANSWERS: 67. replenish, 68. shellfish, 69. communion, 70. penance, 71. plat, 72. bounty, 73. copious, 74. entree, 75. broccoli

76. high levels of ant\_\_\_\_\_nts      *n.* a substance that inhibits oxidation, especially one used to counteract the deterioration of stored food products
77. a jo\_\_y laugh      *adj.* happy and lively
78. reduce by\_\_\_\_\_h      *n.* the unintentional capture of non-target species in fishing or harvesting operations, often resulting in their injury or death
79. fl\_\_e graphite      *n.* a small, thin piece or layer of something, often with a flat or irregular shape; a person who is unreliable or inconsistent
80. a former p\_\_t of farmland      *n.* a map or a plan that shows the division and layout of land into lots or parcels; a piece of land typically used for building or agricultural purposes
81. di\_\_\_\_\_fy energy sources      *v.* to make something include more different types or things; to spread out activities or investments
82. fl\_\_es of snow      *n.* a small, thin piece or layer of something, often with a flat or irregular shape; a person who is unreliable or inconsistent
83. canned t\_\_a      *n.* a large fish of the mackerel family, found in warm seas; commonly used for commercial and sport fishing and as a food source for humans and other animals
84. m\_\_h larva      *n.* an insect with wings similar to a butterfly that travels at night and is attracted to light

ANSWERS: 76. antioxidant, 77. jolly, 78. bycatch, 79. flake, 80. plat, 81. diversify, 82. flake, 83. tuna, 84. moth

85. pasta with an\_\_\_\_y                    *n.* a small saltwater fish with a strong flavor, often used in cooking and as a pizza topping
86. potato st\_\_\_\_h                    *n.* a complex carbohydrate found in many plants, including rice, wheat, and potatoes that is an important foodstuff for humans and animals
87. re\_\_\_\_nt population            *adj.* able to withstand or recover quickly from difficult conditions
88. ba\_\_\_\_r pole                    *n.* a person who cuts men's hair and shaves beards as a profession; a shop or establishment where such services are offered
89. grilled sa\_\_\_\_e                    *n.* a small saltwater fish that is often canned and used for food; a crowded or tightly packed space or area
90. mu\_\_\_\_l cultivation            *n.* a type of shellfish that lives in freshwater or saltwater has a hard, elongated shell and is edible

ANSWERS: 85. anchovy, 86. starch, 87. resilient, 88. barber, 89. sardine, 90. mussel

## Session 3: Fill in the Blanks

1. When heated, \_\_\_\_\_ molecules absorb water and become thick and gooey, making it a useful thickening agent in cooking.
  - n.* a complex carbohydrate found in many plants, including rice, wheat, and potatoes that is an important foodstuff for humans and animals
2. I ordered the steak \_\_\_\_\_ with a side of mashed potatoes and vegetables.
  - n.* a main course or dish in a meal often served after an appetizer or soup
3. She found a paint \_\_\_\_\_ on the wall and realized it was time to repaint the room.
  - n.* a small, thin piece or layer of something, often with a flat or irregular shape; a person who is unreliable or inconsistent
4. The team discovered a hidden \_\_\_\_\_ in the desert.
  - n.* a raised area of ground or dirt, often used for burial, construction, or as a fortification; a large, rounded pile or heap
5. The author had \_\_\_\_\_ notes used as references for the research paper.
  - adj.* abundant in quantity or number; plentiful; yielding or containing a large amount or volume
6. The city planning department keeps detailed \_\_\_\_\_ of all the local properties.
  - n.* a map or a plan that shows the division and layout of land into lots or parcels; a piece of land typically used for building or agricultural purposes
7. This inclusive environment has allowed the plant species to \_\_\_\_\_.
  - v.* to make something include more different types or things; to spread out activities or investments

ANSWERS: 1. starch, 2. entree, 3. flake, 4. mound, 5. copious, 6. plats, 7. diversify

8. Fruits and vegetables are good sources of \_\_\_\_\_.
- n.* a substance that inhibits oxidation, especially one used to counteract the deterioration of stored food products
9. Many people enjoy grilled \_\_\_\_\_ as a delicious and healthy meal option.
- n.* a type of saltwater fish commonly eaten as food, known for its oily flesh and distinctively striped appearance
10. The phone rang at the most \_\_\_\_\_ time.
- adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
11. I \_\_\_\_\_ the steak in the oven for a delicious and easy meal.
- v.* to cook something by direct heat, typically using a grill, a hotplate, or an oven; to become very hot and feverish
12. In some cultures, it is customary to \_\_\_\_\_ when entering a place of worship.
- v.* to kneel or bend one or both knees as a sign of respect or worship, especially in a religious context; to show deference or submission
13. After drinking too much at the party, he woke up with a terrible \_\_\_\_\_.
- n.* the unpleasant physical and mental effects a person experiences after consuming too much alcohol; a lasting effect or aftereffect of something
14. A large fire \_\_\_\_\_ the forest.
- v.* to cause damage to something badly
15. I don't particularly enjoy \_\_\_\_\_ on my pizza.
- n.* a small saltwater fish with a strong flavor, often used in cooking and as a pizza topping

ANSWERS: 8. antioxidants, 9. mackerel, 10. opportune, 11. broiled, 12. genuflect, 13. hangover, 14. ravaged, 15. anchovy

16. I opened the can of \_\_\_\_\_ and the oily smell filled the room.  
*n.* a small saltwater fish that is often canned and used for food; a crowded or tightly packed space or area
17. I ordered a dozen \_\_\_\_\_ as an appetizer at the seafood restaurant.  
*n.* a bivalve mollusk with a rough irregular shell, often eaten raw or cooked, and sometimes used as a pearl-producing animal or a source of mother-of-pearl
18. I bought a bag of \_\_\_\_\_ to make a delicious pie for Thanksgiving.  
*n.* a type of tree native to North America, widely cultivated for its edible nuts, which have a rich and buttery flavor and are commonly used in cooking and baking
19. Everything he writes shows the breadth of his \_\_\_\_\_.  
*n.* mental responsiveness and awareness toward something
20. My dog found a \_\_\_\_\_ on the floor and quickly ate it.  
*n.* a small particle or fragment of food or other substance, often one that has broken off from a larger piece; a very small amount or portion of something
21. \_\_\_\_\_ can cause allergic reactions in certain people.  
*n.* water creatures that live in shells, especially one of the types that can be eaten
22. He didn't like \_\_\_\_\_ floret and avoided eating it.  
*n.* a green vegetable with a bunch of small, tight florets on a thick stem that belongs to the cabbage family
23. The native South American animals were in danger because of the \_\_\_\_\_ arrival.  
*n.* an animal whose natural behavior is to prey on others

ANSWERS: 16. sardines, 17. oysters, 18. pecans, 19. sensibility, 20. crumb, 21. Shellfish, 22. broccoli, 23. predator's

24. He was in a \_\_\_\_\_ mood and sang a happy tune.

*adj.* happy and lively

25. The \_\_\_\_\_ shop was closed on Monday, much to the disappointment of many customers.

*n.* a person who cuts men's hair and shaves beards as a profession; a shop or establishment where such services are offered

26. I made a \_\_\_\_\_ sandwich for lunch today.

*n.* a large fish of the mackerel family, found in warm seas; commonly used for commercial and sport fishing and as a food source for humans and other animals

27. The fishermen were careful to avoid \_\_\_\_\_ while fishing for tuna in the ocean.

*n.* the unintentional capture of non-target species in fishing or harvesting operations, often resulting in their injury or death

28. The grilled shrimp served as a special \_\_\_\_\_ for the dinner's main course.

*n.* a small dish served before a meal to stimulate the appetite

29. He had to endure the \_\_\_\_\_ gas attack during the war.

*n.* a yellow or brown condiment that tastes spicy made from the seeds of various plants; (adjective) between yellow and brown

30. I always like to \_\_\_\_\_ a good cup of coffee in the morning.

*v.* to enjoy or appreciate something fully; to relish or delight in something delicious or enjoyable; to preserve or season with a savory flavor

31. He was filled with \_\_\_\_\_ and fear for the threat of war.

*n.* a strong feeling of dislike or disapproval

ANSWERS: 24. jolly, 25. barber, 26. tuna, 27. bycatch, 28. appetizer, 29. mustard, 30. savor, 31. disgust

32. We use this tableware in a \_\_\_\_\_ service.

- n.* the act or condition of exchanging or sharing thoughts and feelings;  
(Christianity) the act of participating in the celebration of the Eucharist

33. I ordered the \_\_\_\_\_ in a white wine sauce for dinner.

- n.* a type of shellfish that lives in freshwater or saltwater has a hard, elongated shell and is edible

34. The \_\_\_\_\_ of the leaves underfoot was heard as they walked through the park.

- n.* a loud, crackling noise made by something being crushed or broken; a difficult or critical situation

35. She is a \_\_\_\_\_ person and has always bounced back from setbacks.

- adj.* able to withstand or recover quickly from difficult conditions

36. The \_\_\_\_\_ menu offered options for everyone, from meat-eaters to vegetarians.

- adj.* characterized by diversity or variety; having different forms or types

37. The \_\_\_\_\_ hunter was hired to capture the notorious criminal and bring him to justice.

- n.* a reward offered for capturing or killing someone or for accomplishing a specific task

38. His honesty wielded a \_\_\_\_\_ influence on those around him.

- adj.* good for or likely to improve your health; conducive to or characterized by physical or moral well-being

39. The \_\_\_\_\_ is a serious threat to the farm's output.

- n.* an insect with wings similar to a butterfly that travels at night and is attracted to light

ANSWERS: 32. communion, 33. mussels, 34. crunch, 35. resilient, 36. diversified, 37. bounty, 38. wholesome, 39. moth



40. I love making a big pot of \_\_\_\_\_ on a cold winter day.
- n.* a small hot-tasting fruit of a type of pepper plant used in sauces, relishes, and spice powders; a spicy stew made from ground beef and beans, typically seasoned with chili peppers
41. I had delicious \_\_\_\_\_ for dinner last night.
- n.* a type of freshwater fish commonly farmed for food, native to Africa and the Middle East
42. The \_\_\_\_\_ digs through the sand to a significant depth.
- n.* a marine mollusk that burrows and lives on sand or mud, the shell closes with viselike firmness
43. Please \_\_\_\_\_ my glass with some more wine.
- v.* to fill something that had previously been emptied
44. She prepared a delicious \_\_\_\_\_ pilaf with vegetables and herbs.
- n.* a grain-like crop grown in South America, often used as a gluten-free grain substitute in cooking and baking, known for its high nutritional value and versatility
45. He offered to do \_\_\_\_\_ for his mistakes by volunteering at the local charity.
- n.* an act of voluntary self-punishment or discipline to express remorse for wrongdoing or to seek forgiveness; (of religion) an act performed to make amends for sins

ANSWERS: 40. chili, 41. tilapia, 42. clam, 43. replenish, 44. quinoa, 45. penance