# **Englist.me**

# Vocabulary Builder Reference from...

Robert Thurman: We can be Buddhas | TED Talk https://www.ted.com/talks/robert\_thurman\_we\_can\_b e buddhas



# **Advanced Words Only**

#### **IMPORTANT**

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

# **Session 1: Word List**

#### parasol

n. a lightweight and often decorative umbrella, primarily used to protect against sun or rain

synonym: umbrella, sunshade

(1) hand-held **parasol**, (2) decorative **parasol**She shielded herself from the sun with a colorful **parasol**while lounging at the beach.

#### chariot

- a two-wheeled horse-drawn battle vehicle used in ancient Egypt, Greece, and Rome for warfare and racing
- (1) chariot builder, (2) chariot race

The ancient Romans enjoyed spectating **chariot** races.

# grumbling

 a low, muttering sound typically expressing dissatisfaction or discontent; a complaint or expression of displeasure

synonym: complaining, murmuring, rumbling

(1) **grumbling** stomach, (2) **grumbling** customer

There was much **grumbling** amongst the employees about the new policies.

#### monk

*n.* a member of a religious community of men living under vows of poverty, chastity, and obedience

synonym: friar, cleric, brother

(1) monk lifestyle, (2) cloistered monk

The ascetic **monk** spent his days in prayer and contemplation in the monastery.

# boycott

v. to refuse to buy, use, or patronize a particular product or service as a form of protest or to bring about change; (noun) a deliberate and organized refusal to buy or use a product, service, or organization as a form of protest or to apply pressure for change

synonym: protest, abstain, avoid

(1) **boycott** campaign, (2) **boycott** the discussion Many people have decided to **boycott** the company due to their unethical practices.

## planetarium

- n. a building or facility that is designed to display the positions and movements of stars, planets, and other celestial bodies on a dome-shaped surface using a projection system
- (1) optical **planetarium** projector, (2) inflatable **planetarium** The **planetarium's** digital projection system provides an immersive experience of outer space.

#### interconnect

v. to connect similar things

synonym: interlink, complect, annex

(1) directly **interconnect** with those systems, (2) human activities **interconnect** with the environment

Our system can now **interconnect** with other databases.

#### cosmos

n. another name for the universe, mainly used when it is thought of as an ordered system

synonym: universe, macrocosm

(1) exploration of **cosmos**, (2) origin of the **cosmos**Supercomputers enable scientists to create computational models of the **cosmos**.

# enlightened

adj. having or showing a rational, modern, and well-informed outlook

synonym: educated, informed, aware

(1) **enlightened** age, (2) make an **enlightened** decision The **enlightened** teacher taught the class about the importance of compassion and empathy.

### explode

v. to burst or break open violently and noisily; to cause something to burst or break open

synonym: detonate, blast, rupture

(1) **explode** in anger, (2) **explode** in popularity The old building **exploded** in a fiery inferno.

#### serpent

n. a large snake

synonym: snake, viper, reptile

(1) the feathered **serpent** god, (2) **Serpent** Bearer That mythical chimera has a lion's body, a bird's wings, and a **serpent's** tail.

# enlightenment

 n. education that results in understanding and the spread of knowledge

synonym: civilization, awareness, sophistication

(1) spiritual **enlightenment**, (2) **enlightenment** activity He finally brought his **enlightenment** to perfection.

#### intolerable

*adj.* incapable of being tolerated or endured; unacceptable *synonym*: agonizing, insufferable, unbearable

(1) intolerable situation, (2) the heat is intolerable Chronic pain from the side effects of treatment made her life intolerable.

#### riddle

 a type of question that describes something in a difficult and confusing way, and that has a surprising answer, often asked as a game

synonym: mystery, puzzle, enigma

(1) **riddle** me a riddle, (2) solve the **riddle** The **riddle** remains mysterious to us.

## disappoint

v. to fail to meet someone or their hopes or expectations; to make someone feel sad

synonym: sadden, dismay, frustrate

(1) **disappoint** the audience, (2) don't **disappoint** me She worked very hard not to **disappoint** her boss's expectations.

#### distract

v. to draw someone's attention away from what they are trying to do

synonym: divert, preoccupy, confuse

(1) **distract** attention from the real issue, (2) **distract** public opinion

Please don't distract me while I'm studying.

# egocentric

adj. centered on oneself or one's interests to the exclusion of others; overly focused on one's own needs, desires, or opinions and disregarding those of others

synonym: self-centered, narcissistic, egotistical

(1) **egocentric** personality, (2) **egocentric** world view His **egocentric** behavior was causing problems in his personal and professional life.

#### habitual

adj. commonly used or repeated

synonym: chronic, frequent, accustomed

(1) habitual absence, (2) habitual overeatingHabitual smoking and drinking cause lifestyle disease.

#### overrun

 to invade or occupy a place or territory by force, especially in large numbers; (noun) the act of taking control or overwhelming something or someone

synonym: invade, conquer, occupy

(1) **overrun** an area, (2) garden **overrun** with weeds The invading army quickly may **overrun** the small country and took control of its capital city.

delusion

 a false belief or impression that is firmly held despite evidence to the contrary *synonym*: hallucination, illusion, fantasy

(1) grand **delusion**, (2) labor under a **delusion** He had a **delusion** that he was a millionaire.

## compassionate

adj. feeling or showing sympathy and concern for the suffering or bad luck of others

synonym: empathetic, sympathetic, merciful

- (1) a **compassionate** heart, (2) **compassionate** leave My father has a serious and **compassionate** personality.
- v. to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a

synonym: hurt, throb, smart

continuous dull pain

ache abominably, (2) ache all the time
 ache all over after running a marathon yesterday.

## billionaire

ache

a person who has a net worth of at least one billion dollars

*synonym*: mega-rich, wealthy, tycoon

Silicon Valley billionaire, (2) oil billionaire
 The self-made billionaire donated millions to charity.

# paradox

 a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;

synonym: incongruity, dichotomy, contradiction

(1) French **paradox**, (2) the **paradox** of the heap There are many theories to explain this **paradox**.

empathy

 the ability to share another person's feelings or experiences by imagining that person's situation

*synonym*: compassion, sympathy, tenderness

(1) full of **empathy**, (2) **empathy** for patients **Empathy** is also necessary to understand history.

#### empath

- a person who can understand and share the feelings and experiences of others, often described as having a high degree of empathy
- (1) **empath** skills, (2) **empath** in a corporate environment Being an **empath** in a relationship requires the partner to understand the empath's unique emotional needs.

## generosity

- the fact or quality of being willing to do kind things or give somebody money, gifts, or time freely
- synonym: goodness, hospitality, unselfishness
- (1) act of generosity, (2) boundless generosityHe is remembered for his generosity and civilization.

jolly

adj. happy and lively

synonym: cheerful, happy, merry

(1) a jolly laugh, (2) jolly evening

He was in a **jolly** mood and sang a happy tune.

nun

 a woman who has taken religious vows and is a member of a monastic community

synonym: sister, religious, monastic

(1) **nun** habit, (2) meditating **nun** 

The cloistered **nun** devoted her life to serving the poor and marginalized.

yak

v. to talk at length, often without a particular purpose or direction; (noun) a long-haired bovine mammal native to central Asia that is often domesticated and used for its meat, milk, and wool

synonym: chatter, cackle

(1) domestic yak, (2) sit and yak about life

The friends met at the local pub every Friday to **yak** about their week.

lava

 molten rock that has been extruded from a volcano and solidified; a highly fluid, highly heated substance or material synonym: molten rock, magma, volcanic rock

(1) lava flow, (2) molten lava

The volcano's eruption caused a **lava** river to flow down the mountainside.

#### memorize

v. to learn something carefully so that you will remember it exactly

*synonym*: learn, remember, remind

(1) **memorize** musical scores, (2) try hard to **memorize** the lines

Lawyers need to **memorize** even the most minor provisions of the law.

#### almanac

n. a calendar that provides daily, monthly, and annual information on astronomical events, weather patterns, and other relevant topics; an annual publication that contains such information, along with predictions and advice for the coming year

synonym: annual, yearbook, chronicle

(1) almanac information, (2) planting almanacI consult my astrological almanac every month to stay attuned to the movements of the planets and stars.

#### dissatisfy

v. to fail to satisfy someone

synonym: disappoint, disgruntle, dishearten

(1) **dissatisfy** the users with bugs, (2) **dissatisfy** people with service

The company's results **dissatisfy** everyone.

#### broaden

v. to make or become wider or more extensive; to make or become more tolerant or liberal.

synonym: expand, widen, enlarge

(1) **broaden** students' knowledge, (2) **broaden** their horizon The company **broadened** its product line to include more customer options.

#### commandment

a divine rule, especially one of the Ten Commandments;
 an order or law given by authority

synonym: law, edict, precept

(1) violate a **commandment**, (2) a religious **commandment** He was punished because he contravened a **commandment** of God.

# **Session 2: Spelling**

1.	domestic y_k	ν.	to talk at length, often without a particular purpose or direction; (noun) a long-haired bovine mammal native to central Asia that is often domesticated and used for its meat, milk, and wool
2.	hand-held paI	n.	a lightweight and often decorative umbrella, primarily used to protect against sun or rain
3.	act of genty	n.	the fact or quality of being willing to do kind things or give somebody money, gifts, or time freely
4.	French pax	n.	a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;
5.	grng customer	n.	a low, muttering sound typically expressing dissatisfaction or discontent a complaint or expression of displeasure
6.	full of emy	n.	the ability to share another person's feelings or experiences by imagining that person's situation
7.	brn students' knowledge	v.	to make or become wider or more extensive; to make or become more tolerant or liberal.
8.	comate leave	adj.	feeling or showing sympathy and concern for the suffering or bad luck of others

ANSWERS: 1. yak, 2. parasol, 3. generosity, 4. paradox, 5. grumbling, 6. empathy, 7. broaden, 8. compassionate

9.	emh skills	n.	a person who can understand and share the feelings and experiences of others, often described as having a high degree of empathy
10.	dict attention from the real issue	v.	to draw someone's attention away from what they are trying to do
11.	sit and y_k about life	ν.	to talk at length, often without a particular purpose or direction; (noun) a long-haired bovine mammal native to central Asia that is often domesticated and used for its meat, milk, and wool
12.	egoic world view	adj.	centered on oneself or one's interests to the exclusion of others; overly focused on one's own needs, desires, or opinions and disregarding those of others
13.	meditating n_n	n.	a woman who has taken religious vows and is a member of a monastic community
14.	planting alc	n.	a calendar that provides daily, monthly, and annual information on astronomical events, weather patterns, and other relevant topics; an annual publication that contains such information, along with predictions and advice for the coming year
15.	the feathered set god	n.	a large snake
16.	optical plaum projector	n.	a building or facility that is designed to display the positions and movements of stars, planets, and other celestial bodies on a dome-shaped surface using a projection system

ANSWERS: 9. empath, 10. distract, 11. yak, 12. egocentric, 13. nun, 14. almanac, 15. serpent, 16. planetarium

17.	cloistered mk	n.	a member of a religious community of men living under vows of poverty, chastity, and obedience
18.	try hard to meze the lines	<i>v</i> .	to learn something carefully so that you will remember it exactly
19.	meze musical scores	<i>v</i> .	to learn something carefully so that you will remember it exactly
20.	intle situation	adj.	incapable of being tolerated or endured; unacceptable
21.	disfy the users with bugs	v.	to fail to satisfy someone
22.	egoic personality	adj.	centered on oneself or one's interests to the exclusion of others; overly focused on one's own needs, desires, or opinions and disregarding those of others
23.	inflatable plaum	n.	a building or facility that is designed to display the positions and movements of stars, planets, and other celestial bodies on a dome-shaped surface using a projection system
24.	bot campaign	ν.	to refuse to buy, use, or patronize a particular product or service as a form of protest or to bring about change; (noun) a deliberate and organized refusal to buy or use a product, service, or organization as a form of protest or to apply pressure for change
25.	garden ovn with weeds	ν.	to invade or occupy a place or territory by force, especially in large numbers; (noun) the act of taking control or overwhelming something or someone

ANSWERS: 17. monk, 18. memorize, 19. memorize, 20. intolerable, 21. dissatisfy, 22. egocentric, 23. planetarium, 24. boycott, 25. overrun

26.	brn their horizon	<i>v</i> .	to make or become wider or more extensive; to make or become more tolerant or liberal.
27.	Silicon Valley bilre	n.	a person who has a net worth of at least one billion dollars
28.	human activities intect with the environment	<i>v</i> .	to connect similar things
29.	ae all the time	ν.	to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain
30.	cht builder	n.	a two-wheeled horse-drawn battle vehicle used in ancient Egypt, Greece, and Rome for warfare and racing
31.	molten Ia	n.	molten rock that has been extruded from a volcano and solidified; a highly fluid, highly heated substance or material
32.	a religious comnt	n.	a divine rule, especially one of the Ten Commandments; an order or law given by authority
33.	n_n habit	n.	a woman who has taken religious vows and is a member of a monastic community
34.	exe in anger	v.	to burst or break open violently and noisily; to cause something to burst or break open
35.	emh in a corporate environment	n.	a person who can understand and share the feelings and experiences of others, often described as having a high degree of empathy

ANSWERS: 26. broaden, 27. billionaire, 28. interconnect, 29. ache, 30. chariot, 31. lava, 32. commandment, 33. nun, 34. explode, 35. empath

36.	violate a comnt	n.	a divine rule, especially one of the Ten Commandments; an order or law given by authority
37.	directly intect with those systems	<i>v</i> .	to connect similar things
38.	labor under a deon	n.	a false belief or impression that is firmly held despite evidence to the contrary
39.	origin of the cos	n.	another name for the universe, mainly used when it is thought of as an ordered system
40.	alc information	n.	a calendar that provides daily, monthly, and annual information on astronomical events, weather patterns, and other relevant topics; an annual publication that contains such information, along with predictions and advice for the coming year
41.	grand deon	n.	a false belief or impression that is firmly held despite evidence to the contrary
42.	the pax of the heap	n.	a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;
43.	disnt the audience	v.	to fail to meet someone or their hopes or expectations; to make someone feel sad
44.	dict public opinion	ν.	to draw someone's attention away from what they are trying to do
45.	solve the rie	n.	a type of question that describes something in a difficult and confusing way, and that has a surprising answer, often asked as a game

ANSWERS: 36. commandment, 37. interconnect, 38. delusion, 39. cosmos, 40. almanac, 41. delusion, 42. paradox, 43. disappoint, 44. distract, 45. riddle

46.	don't disnt me	<i>v</i> .	to fail to meet someone or their hopes or expectations; to make someone feel sad
47.	exploration of cos	n.	another name for the universe, mainly used when it is thought of as an ordered system
48.	ovn an area	v.	to invade or occupy a place or territory by force, especially in large numbers; (noun) the act of taking control or overwhelming something or someone
49.	enlent activity	n.	education that results in understanding and the spread of knowledge
50.	make an enled decision	adj.	having or showing a rational, modern, and well-informed outlook
51.	cht race	n.	a two-wheeled horse-drawn battle vehicle used in ancient Egypt, Greece, and Rome for warfare and racing
52.	ae abominably	v.	to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain
53.	spiritual enlent	n.	education that results in understanding and the spread of knowledge
54.	decorative paI	n.	a lightweight and often decorative umbrella, primarily used to protect against sun or rain
55.	m_k lifestyle	n.	a member of a religious community of men living under vows of poverty, chastity, and obedience
56.	I_a flow	n.	molten rock that has been extruded from a volcano and solidified; a highly fluid, highly heated substance or material

ANSWERS: 46. disappoint, 47. cosmos, 48. overrun, 49. enlightenment, 50. enlightened, 51. chariot, 52. ache, 53. enlightenment, 54. parasol, 55. monk, 56. lava

57.	a joy laugh	adj.	happy and lively
58.	the heat is intle	adj.	incapable of being tolerated or endured unacceptable
59.	haal overeating	adj.	commonly used or repeated
60.	exe in popularity	<i>v</i> .	to burst or break open violently and noisily; to cause something to burst or break open
61.	joy evening	adj.	happy and lively
62.	Set Bearer	n.	a large snake
63.	a comate heart	adj.	feeling or showing sympathy and concern for the suffering or bad luck of others
64.	disfy people with service	<i>v</i> .	to fail to satisfy someone
65.	rie me a riddle	n.	a type of question that describes something in a difficult and confusing way, and that has a surprising answer, often asked as a game
66.	emy for patients	n.	the ability to share another person's feelings or experiences by imagining that person's situation
67.	haal absence	adj.	commonly used or repeated
68.	grng stomach	n.	a low, muttering sound typically expressing dissatisfaction or discontent a complaint or expression of displeasure
69.	boundless genty	n.	the fact or quality of being willing to do kind things or give somebody money, gifts, or time freely

ANSWERS: 57. jolly, 58. intolerable, 59. habitual, 60. explode, 61. jolly, 62. serpent, 63. compassionate, 64. dissatisfy, 65. riddle, 66. empathy, 67. habitual, 68. grumbling, 69. generosity

70.	oil	bil	re

- 71. enl\_\_\_\_\_ed age
- 72. bo\_\_\_\_t the discussion

- n. a person who has a net worth of at least one billion dollars
- adj. having or showing a rational, modern, and well-informed outlook
- v. to refuse to buy, use, or patronize a particular product or service as a form of protest or to bring about change; (noun) a deliberate and organized refusal to buy or use a product, service, or organization as a form of protest or to apply pressure for change

ANSWERS: 70. billionaire, 71. enlightened, 72. boycott

# **Session 3: Fill in the Blanks**

1.	The company its product line to include more customer options.
v.	to make or become wider or more extensive; to make or become more tolerant or liberal.
2.	He was punished because he contravened a of God.
n.	a divine rule, especially one of the Ten Commandments; an order or law given by authority
3.	is also necessary to understand history.
n.	the ability to share another person's feelings or experiences by imagining that person's situation
4.	The volcano's eruption caused a river to flow down the mountainside.
n.	molten rock that has been extruded from a volcano and solidified; a highly fluid, highly heated substance or material
5.	Chronic pain from the side effects of treatment made her life
adj	incapable of being tolerated or endured; unacceptable
6.	Being an in a relationship requires the partner to understand the empath's unique emotional needs.
n.	a person who can understand and share the feelings and experiences of others, often described as having a high degree of empathy
7.	His behavior was causing problems in his personal and professional life.
adj	centered on oneself or one's interests to the exclusion of others; overly focused on one's own needs, desires, or opinions and disregarding those of others
	SWERS: 1. broadened, 2. commandment, 3. Empathy, 4. lava, 5. intolerable, 6. path, 7. egocentric

8.	He had a that he was a millionaire.
n.	a false belief or impression that is firmly held despite evidence to the contrary
9.	The remains mysterious to us.
n.	a type of question that describes something in a difficult and confusing way, and that has a surprising answer, often asked as a game
10.	My father has a serious and personality.
adj	feeling or showing sympathy and concern for the suffering or bad luck of others
11.	The digital projection system provides an immersive experience of outer space.
n.	a building or facility that is designed to display the positions and movements of stars, planets, and other celestial bodies on a dome-shaped surface using a projection system
12.	The company's results everyone.
ν.	to fail to satisfy someone
13.	Lawyers need to even the most minor provisions of the law.
v.	to learn something carefully so that you will remember it exactly
	He was in a mood and sang a happy tune.  happy and lively
15.	Supercomputers enable scientists to create computational models of the
n.	another name for the universe, mainly used when it is thought of as an ordered system
	SWERS: 8. delusion, 9. riddle, 10. compassionate, 11. planetarium's, 12. satisfy, 13. memorize, 14. jolly, 15. cosmos

16.	Many people have decided to the company due to their unethical practices.
v.	to refuse to buy, use, or patronize a particular product or service as a form of protest or to bring about change; (noun) a deliberate and organized refusal to buy or use a product, service, or organization as a form of protest or to apply pressure for change
17.	The teacher taught the class about the importance of compassion and empathy.
adj	. having or showing a rational, modern, and well-informed outlook
18.	She shielded herself from the sun with a colorful while lounging at the beach.
n.	a lightweight and often decorative umbrella, primarily used to protect against sun or rain
19.	Please don't me while I'm studying.
ν.	to draw someone's attention away from what they are trying to do
20.	She worked very hard not to her boss's expectations.
v.	to fail to meet someone or their hopes or expectations; to make someone feel sad
21.	The friends met at the local pub every Friday to about their week.
v.	to talk at length, often without a particular purpose or direction; (noun) a long-haired bovine mammal native to central Asia that is often domesticated and used for its meat, milk, and wool
22.	The self-made donated millions to charity.
n.	a person who has a net worth of at least one billion dollars
	SWERS: 16. boycott, 17. enlightened, 18. parasol, 19. distract, 20. disappoint, 21 , 22. billionaire

23.	The ancient Romans enjoyed spectating races.
n.	a two-wheeled horse-drawn battle vehicle used in ancient Egypt, Greece, and Rome for warfare and racing
24.	The cloistered devoted her life to serving the poor and marginalized.
n.	a woman who has taken religious vows and is a member of a monastic community
25.	He is remembered for his and civilization.
n.	the fact or quality of being willing to do kind things or give somebody money, gifts, or time freely
26.	There are many theories to explain this
n.	a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;
27.	I all over after running a marathon yesterday.
v.	to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain
28.	The ascetic spent his days in prayer and contemplation in the monastery.
n.	a member of a religious community of men living under vows of poverty, chastity, and obedience
29.	There was much amongst the employees about the new policies.
n.	a low, muttering sound typically expressing dissatisfaction or discontent; a complaint or expression of displeasure
30.	That mythical chimera has a lion's body, a bird's wings, and a tail.
n.	a large snake
	SWERS: 23. chariot, 24. nun, 25. generosity, 26. paradox, 27. ache, 28. monk, 29. mbling, 30. serpent's

31.	He finally brought his to perfection.
n.	education that results in understanding and the spread of knowledge
32.	Our system can now with other databases.
v.	to connect similar things
33.	I consult my astrological every month to stay attuned to the movements of the planets and stars.
n.	a calendar that provides daily, monthly, and annual information on astronomical events, weather patterns, and other relevant topics; an annual publication that contains such information, along with predictions and advice for the coming year
34.	The invading army quickly may the small country and took control of its capital city.
<i>v</i> .	to invade or occupy a place or territory by force, especially in large numbers; (noun) the act of taking control or overwhelming something or someone
35.	smoking and drinking cause lifestyle disease.
adj	commonly used or repeated
36.	The old building in a fiery inferno.
ν.	to burst or break open violently and noisily; to cause something to burst or break open
	SWERS: 31. enlightenment, 32. interconnect, 33. almanac, 34. overrun, 35. pitual, 36. exploded
	olidal, ool ohpiodod