

Englist.me



Vocabulary Builder Reference from...

Dayananda Saraswati: The profound journey of compassion | TED Talk

https://www.ted.com/talks/dayananda_saraswati_the_profound_journey_of_compassion

Advanced Words Only

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

consciously

adv. with awareness; in a deliberate manner

synonym : intentionally, deliberately, knowingly

(1) **consciously** aware of a problem, (2) act **consciously**

He **consciously** criticizes her in the publicity.

helpless

adj. unable to take care of oneself or to do things without help

synonym : defenseless, powerless, susceptible

(1) **helpless** baby, (2) **helpless** victims

I feel so **helpless** without you.

endow

v. to give a quality, ability, or asset to a person or institution

synonym : finance, subsidize, support

(1) **endow** him with the power, (2) **endow** the scholarship

Some people believe that human is **endowed** with reason and capable of distinguishing good from evil.

instinct

n. an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true

synonym : intuition, aptitude, feeling

(1) **instinct** for self-preservation, (2) aggressive **instinct**

When faced with a dangerous situation, his initial **instinct** was to flee.

anesthesiologist

n. a medical doctor who specializes in administering anesthesia to help control pain and monitor the vital signs of patients during procedures and surgeries

synonym : anesthetist, pain specialist, sedationist

(1) specialized **anesthesiologist**, (2) clinical

anesthesiologist

The experienced **anesthesiologist** monitored the patient's vital signs throughout the procedure.

viol

n. a stringed instrument, typically with six strings and frets, played with a bow, also called a viola da gamba

synonym : viola, viola da gamba, string instrument

(1) **viol** instrument, (2) **viol** music

The **viol** player was rehearsing for an upcoming concert.

wordless

adj. lacking words or speech; silent; without verbal expression or explanation

synonym : speechless, silent, mute

(1) **wordless** indication, (2) **wordless** wonder

The ending of the movie left the audience in **wordless** awe.

compassionate

adj. feeling or showing sympathy and concern for the suffering or bad luck of others

synonym : empathetic, sympathetic, merciful

(1) a **compassionate** heart, (2) **compassionate** leave

My father has a serious and **compassionate** personality.

wield

v. to possess and exercise power, authority, etc

synonym : exert, manage, handle

(1) **wield** her authority, (2) **wield** a bad influence

They **wielded** enormous power and influence.

empathy

n. the ability to share another person's feelings or experiences by imagining that person's situation

synonym : compassion, sympathy, tenderness

(1) full of **empathy**, (2) **empathy** for patients

Empathy is also necessary to understand history.

etiquette

n. a set of rules and norms governing polite and proper behavior in social situations or professional contexts

synonym : protocol, manners, decorum

(1) email **etiquette**, (2) breach of **etiquette**

It's important to follow proper **etiquette** when attending a formal dinner.

demolish

v. to completely destroy or tear down a building, structure, or other entity; to ruin or eliminate the effectiveness or power of something

synonym : destroy, wreck, level

(1) **demolish** a myth, (2) **demolish** a bridge

The city decided to **demolish** the old, unsafe building and build a new one.

indoctrinate

v. to teach a person or group of people to accept a set of beliefs uncritically

synonym : brainwash, educate, instruct

(1) **indoctrinate** youth, (2) **indoctrinate** ideology

The government attempted to **indoctrinate** the population with its propaganda.

nationalist

adj. relating to or supporting a political ideology that emphasizes a strong sense of national identity and devotion to one's own country

synonym : chauvinist, patriotic, jingoist

(1) **nationalist** sentiment, (2) **nationalist** revolt

The **nationalist** rally attracted thousands of supporters.

transcend

v. to rise above or go beyond the limits of something

synonym : surpass, exceed, overcome

(1) **transcend** boundaries, (2) **transcend** limits

The music **transcended** cultural barriers and reached audiences globally.

slapstick

n. a type of comedy in which humor is generated through exaggerated physical activity especially falls and other mishaps

synonym : farce, comedy, humor

(1) **slapstick** comedy, (2) **slapstick** performance

The classic comedy routine was filled with **slapstick** humor.

fuse

n. a small part in an electrical device or machinery that can interrupt the flow of electrical current when it is overloaded; (verb) to become plastic or fluid or liquefied from heat

synonym : (verb) melt, (verb) blend

(1) **fuse** blows, (2) **fuse** with one another

He has a short **fuse**.

sundry

adj. various or diverse; of different kinds or sorts; miscellaneous

synonym : assorted, various, diverse

(1) **sundry** income, (2) **sundry** expenses

He went to the store to buy **sundry** items such as batteries, a toothbrush, and snacks.

creditor

n. a person, company, etc. to whom a debtor owes money

(1) the **creditor's** claims, (2) bankrupt **creditor**

I asked the lawyer to initiate **creditor** negotiations for voluntary liquidation.

layoff

n. the temporary or permanent dismissal of employees from a company or organization due to a lack of work or financial difficulties; involuntary termination of employment

synonym : dismissal, redundancy, termination

(1) temporary **layoff**, (2) mass **layoff**

The workers protested against the unfairness of the **layoff**,

claiming they should have been consulted first.

cheerful

adj. happy and positive; causing feelings of happiness or optimism; marked by or expressing joy or optimism

synonym : happy, joyful, lively

(1) **cheerful** smile, (2) a **cheerful** disposition

Her **cheerful** personality brightened up the room.

limitless

adj. without end, limit, or boundary; infinite

synonym : boundless, infinite, unrestricted

(1) for a **limitless** time, (2) **limitless** potential

The possibilities for scientific discovery are **limitless**.

manifestation

n. a visible or tangible form of something, especially a particular sign of a disease or condition

synonym : expression, embodiment, presentation

(1) **manifestation** of a deeper problem, (2) **manifestation** of psychological stress

The **manifestation** of his anxiety was evident in his shaking hands.

evoke

v. to bring or recall a feeling, memory, or image into your mind

synonym : arouse, raise, inspire

(1) **evoke** a sense of awe, (2) **evoke** sympathy

This movie is likely to **evoke** strong emotions in the viewer.

adverb

n. a type of word that modifies, describes, or provides additional information about a verb, adjective, or other adverbs, such as often, quickly, or very

synonym : modifier, qualifier, descriptor

(1) **adverb** placement, (2) **adverb** of degree

During our English class, we spent an entire lesson learning how to use an **adverb** clause in our writing correctly.

mantra

n. a word or phrase, often repeated, that is used as a focus for the mind during meditation

synonym : hymn, chant, phrase

(1) campaign **mantra**, (2) chant the **mantra** of structural reform

She repeated her personal **mantra** to herself to stay motivated.

grind

v. to reduce something to small particles or powder by crushing or rubbing it; to work hard over a long period of time

synonym : mill, crush, grate

(1) **grind** away at my work, (2) **grind** your teeth

She had to **grind** the coffee beans before making a fresh cup.

Session 2: Spelling

1. con_____ly aware of a problem *adv.* with awareness; in a deliberate manner
2. temporary la____f *n.* the temporary or permanent dismissal of employees from a company or organization due to a lack of work or financial difficulties; involuntary termination of employment
3. wi__d her authority *v.* to possess and exercise power, authority, etc
4. the cr____or's claims *n.* a person, company, etc. to whom a debtor owes money
5. com_____ate leave *adj.* feeling or showing sympathy and concern for the suffering or bad luck of others
6. ev__e a sense of awe *v.* to bring or recall a feeling, memory, or image into your mind
7. ind_____ate ideology *v.* to teach a person or group of people to accept a set of beliefs uncritically
8. en__w him with the power *v.* to give a quality, ability, or asset to a person or institution
9. su____y expenses *adj.* various or diverse; of different kinds or sorts; miscellaneous
10. su____y income *adj.* various or diverse; of different kinds or sorts; miscellaneous
11. sl_____ck comedy *n.* a type of comedy in which humor is generated through exaggerated physical activity especially falls and other mishaps

ANSWERS: 1. consciously, 2. layoff, 3. wield, 4. creditor, 5. compassionate, 6. evoke, 7. indoctrinate, 8. endow, 9. sundry, 10. sundry, 11. slapstick

12. for a li_____ss time *adj.* without end, limit, or boundary; infinite
13. nat_____st revolt *adj.* relating to or supporting a political ideology that emphasizes a strong sense of national identity and devotion to one's own country
14. ev__e sympathy *v.* to bring or recall a feeling, memory, or image into your mind
15. de_____sh a bridge *v.* to completely destroy or tear down a building, structure, or other entity; to ruin or eliminate the effectiveness or power of something
16. de_____sh a myth *v.* to completely destroy or tear down a building, structure, or other entity; to ruin or eliminate the effectiveness or power of something
17. v__l music *n.* a stringed instrument, typically with six strings and frets, played with a bow, also called a viola da gamba
18. clinical ane_____ist *n.* a medical doctor who specializes in administering anesthesia to help control pain and monitor the vital signs of patients during procedures and surgeries
19. aggressive in_____ct *n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true
20. man_____ion of psychological stress *n.* a visible or tangible form of something, especially a particular sign of a disease or condition

ANSWERS: 12. limitless, 13. nationalist, 14. evoke, 15. demolish, 16. demolish, 17. viol, 18. anesthesiologist, 19. instinct, 20. manifestation

21. act con_____ly *adv.* with awareness; in a deliberate manner
22. li_____ss potential *adj.* without end, limit, or boundary; infinite
23. ind_____ate youth *v.* to teach a person or group of people to accept a set of beliefs uncritically
24. wo_____ss indication *adj.* lacking words or speech; silent; without verbal expression or explanation
25. specialized ane_____ist *n.* a medical doctor who specializes in administering anesthesia to help control pain and monitor the vital signs of patients during procedures and surgeries
26. wi__d a bad influence *v.* to possess and exercise power, authority, etc
27. tr_____nd limits *v.* to rise above or go beyond the limits of something
28. breach of et_____te *n.* a set of rules and norms governing polite and proper behavior in social situations or professional contexts
29. ad___b placement *n.* a type of word that modifies, describes, or provides additional information about a verb, adjective, or other adverbs, such as often, quickly, or very
30. sl_____ck performance *n.* a type of comedy in which humor is generated through exaggerated physical activity especially falls and other mishaps
31. a com_____ate heart *adj.* feeling or showing sympathy and concern for the suffering or bad luck of others

ANSWERS: 21. consciously, 22. limitless, 23. indoctrinate, 24. wordless, 25. anesthesiologist, 26. wield, 27. transcend, 28. etiquette, 29. adverb, 30. slapstick, 31. compassionate

32. a ch____ul disposition *adj.* happy and positive; causing feelings of happiness or optimism; marked by or expressing joy or optimism
33. v__l instrument *n.* a stringed instrument, typically with six strings and frets, played with a bow, also called a viola da gamba
34. f__e with one another *n.* a small part in an electrical device or machinery that can interrupt the flow of electrical current when it is overloaded; (verb) to become plastic or fluid or liquefied from heat
35. ch____ul smile *adj.* happy and positive; causing feelings of happiness or optimism; marked by or expressing joy or optimism
36. em____y for patients *n.* the ability to share another person's feelings or experiences by imagining that person's situation
37. mass la____f *n.* the temporary or permanent dismissal of employees from a company or organization due to a lack of work or financial difficulties; involuntary termination of employment
38. full of em____y *n.* the ability to share another person's feelings or experiences by imagining that person's situation
39. campaign ma____a *n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation
40. en__w the scholarship *v.* to give a quality, ability, or asset to a person or institution

ANSWERS: 32. cheerful, 33. viol, 34. fuse, 35. cheerful, 36. empathy, 37. layoff, 38. empathy, 39. mantra, 40. endow

41. ad___b of degree *n.* a type of word that modifies, describes, or provides additional information about a verb, adjective, or other adverbs, such as often, quickly, or very
42. he_____ss victims *adj.* unable to take care of oneself or to do things without help
43. email et_____te *n.* a set of rules and norms governing polite and proper behavior in social situations or professional contexts
44. wo_____ss wonder *adj.* lacking words or speech; silent; without verbal expression or explanation
45. man_____ion of a deeper problem *n.* a visible or tangible form of something, especially a particular sign of a disease or condition
46. gr__d your teeth *v.* to reduce something to small particles or powder by crushing or rubbing it; to work hard over a long period of time
47. nat_____st sentiment *adj.* relating to or supporting a political ideology that emphasizes a strong sense of national identity and devotion to one's own country
48. f__e blows *n.* a small part in an electrical device or machinery that can interrupt the flow of electrical current when it is overloaded; (verb) to become plastic or fluid or liquefied from heat
49. in_____ct for self-preservation *n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true

ANSWERS: 41. adverb, 42. helpless, 43. etiquette, 44. wordless, 45. manifestation, 46. grind, 47. nationalist, 48. fuse, 49. instinct

50. bankrupt cr____or *n.* a person, company, etc. to whom a debtor owes money
51. gr__d away at my work *v.* to reduce something to small particles or powder by crushing or rubbing it; to work hard over a long period of time
52. he____ss baby *adj.* unable to take care of oneself or to do things without help
53. tr____nd boundaries *v.* to rise above or go beyond the limits of something
54. chant the ma___a of structural reform *n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation

ANSWERS: 50. creditor, 51. grind, 52. helpless, 53. transcend, 54. mantra

Session 3: Fill in the Blanks

1. She repeated her personal _____ to herself to stay motivated.
n. a word or phrase, often repeated, that is used as a focus for the mind during meditation

2. Some people believe that human is _____ with reason and capable of distinguishing good from evil.
v. to give a quality, ability, or asset to a person or institution

3. The workers protested against the unfairness of the _____ claiming they should have been consulted first.
n. the temporary or permanent dismissal of employees from a company or organization due to a lack of work or financial difficulties; involuntary termination of employment

4. The _____ of his anxiety was evident in his shaking hands.
n. a visible or tangible form of something, especially a particular sign of a disease or condition

5. My father has a serious and _____ personality.
adj. feeling or showing sympathy and concern for the suffering or bad luck of others

6. The classic comedy routine was filled with _____ humor.
n. a type of comedy in which humor is generated through exaggerated physical activity especially falls and other mishaps

7. During our English class, we spent an entire lesson learning how to use an _____ clause in our writing correctly.
n. a type of word that modifies, describes, or provides additional information about a verb, adjective, or other adverbs, such as often, quickly, or very

ANSWERS: 1. mantra, 2. endowed, 3. layoff, 4. manifestation, 5. compassionate, 6. slapstick, 7. adverb

8. He went to the store to buy _____ items such as batteries, a toothbrush, and snacks.

adj. various or diverse; of different kinds or sorts; miscellaneous

9. She had to _____ the coffee beans before making a fresh cup.

v. to reduce something to small particles or powder by crushing or rubbing it; to work hard over a long period of time

10. This movie is likely to _____ strong emotions in the viewer.

v. to bring or recall a feeling, memory, or image into your mind

11. I feel so _____ without you.

adj. unable to take care of oneself or to do things without help

12. The government attempted to _____ the population with its propaganda.

v. to teach a person or group of people to accept a set of beliefs uncritically

13. The ending of the movie left the audience in _____ awe.

adj. lacking words or speech; silent; without verbal expression or explanation

14. The music _____ cultural barriers and reached audiences globally.

v. to rise above or go beyond the limits of something

15. They _____ enormous power and influence.

v. to possess and exercise power, authority, etc

16. The possibilities for scientific discovery are _____.

adj. without end, limit, or boundary; infinite

ANSWERS: 8. sundry, 9. grind, 10. evoke, 11. helpless, 12. indoctrinate, 13. wordless, 14. transcended, 15. wielded, 16. limitless

17. He _____ criticizes her in the publicity.

adv. with awareness; in a deliberate manner

18. The experienced _____ monitored the patient's vital signs throughout the procedure.

n. a medical doctor who specializes in administering anesthesia to help control pain and monitor the vital signs of patients during procedures and surgeries

19. When faced with a dangerous situation, his initial _____ was to flee.

n. an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true

20. Her _____ personality brightened up the room.

adj. happy and positive; causing feelings of happiness or optimism; marked by or expressing joy or optimism

21. The _____ player was rehearsing for an upcoming concert.

n. a stringed instrument, typically with six strings and frets, played with a bow, also called a viola da gamba

22. _____ is also necessary to understand history.

n. the ability to share another person's feelings or experiences by imagining that person's situation

23. I asked the lawyer to initiate _____ negotiations for voluntary liquidation.

n. a person, company, etc. to whom a debtor owes money

24. The _____ rally attracted thousands of supporters.

adj. relating to or supporting a political ideology that emphasizes a strong sense of national identity and devotion to one's own country

ANSWERS: 17. consciously, 18. anesthesiologist, 19. instinct, 20. cheerful, 21. viol, 22. Empathy, 23. creditor, 24. nationalist

25. It's important to follow proper _____ when attending a formal dinner.

- n.* a set of rules and norms governing polite and proper behavior in social situations or professional contexts

26. He has a short _____.

- n.* a small part in an electrical device or machinery that can interrupt the flow of electrical current when it is overloaded; (verb) to become plastic or fluid or liquefied from heat

27. The city decided to _____ the old, unsafe building and build a new one.

- v.* to completely destroy or tear down a building, structure, or other entity; to ruin or eliminate the effectiveness or power of something

ANSWERS: 25. etiquette, 26. fuse, 27. demolish