

Englist.me



Vocabulary Builder Reference from...

Hector Ruiz: The thinking behind 50x15 | TED Talk

https://www.ted.com/talks/hector_ruiz_the_thinking_behind_50x15

Advanced Words Only

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

upfront

adj. frank and honest; (adverb) (of payment) in advance

synonym: honest, authentic, fair

(1) an **upfront** tone, (2) pay **upfront**

He was very **upfront** with him about his intentions.

fanatic

adj. characterized by excessive enthusiasm or zeal; displaying irrational or extreme devotion to a cause, ideology, or person, often to the point of intolerance or extremism

synonym: zealous, extremist, passionate

(1) **fanatic** about germs, (2) **fanatic** devotion

The **fanatic** supporters of the sports team traveled across the country to watch the match.

instill

v. to impart, introduce, or cause to be absorbed gradually

synonym: implant, ingrain, inculcate

(1) **instill** confidence, (2) **instill** medication into my eye

The teacher attempted to **instill** the importance of hard work in her students.

lune

n. a crescent or crescent-shaped object; (of astronomy) the shape of the illuminated portion of the moon that is visible from Earth, particularly during the first or last quarter phases

synonym : crescent, half-moon, sickle

(1) **lune** shape, (2) **lune** phase

The **lune** pendant around her neck shimmered, reflecting the soft glow of the lamplight.

waltz

n. a ballroom dance in triple time that originated in Vienna and is characterized by a flowing, graceful style and a strong accent on the first beat of each measure

synonym : ballroom dance, tango, foxtrot

(1) **waltz** music, (2) elegant **waltz**

The dancers practiced the steps of the **waltz** meticulously to perfect their performance.

overture

n. an introduction or opening to something, particularly a musical or theatrical performance; a proposal or gesture made as an opening move in negotiations or discussion

synonym : prelude, introduction, opening

(1) musical **overture**, (2) diplomatic **overture**

The orchestra began its performance with a stunning **overture** that set the tone for the rest of the concert.

distill

v. to purify or refine; to extract the essential elements

synonym : extract, condense, purify

(1) **distill** a liquid, (2) **distill** information

She decided to **distill** her thoughts into a more manageable list.

yell

v. to shout in a sudden and loud way

synonym : shout, scream, cry

(1) **yell** for help, (2) **yell** as loud as we can

When I asked my father for more money, he became furious and **yelled** at me.

app

n. (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC

synonym : application, software

(1) killer **app**, (2) cannot log in to the **app**

The discovery of a critical bug caused the company to delay the **app's** release.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

plethora

n. an overabundance or excess of something; a state of having too much of something

synonym: abundance, excess, surplus

(1) **plethora** of information, (2) **plethora** of opportunities

The restaurant's menu offered a **plethora** of options for vegetarians.

industrious

adj. hardworking, diligent, and persistent in effort

synonym: diligent, hardworking, assiduous

(1) **industrious** worker, (2) **industrious** student

He was known to be very **industrious** and would often work late into the night.

lofty

adj. elevated in position, rank, or status; grand; elevated in style or language

synonym: high, elevated, grand

(1) a **lofty** peak, (2) **lofty** ambitions

His **lofty** goals were admirable but unrealistic.

courageous

adj. able to face and deal with danger or fear without flinching

synonym: brave, valiant, fearless

(1) make a **courageous** decision, (2) **courageous** rescue attempt

He was a **courageous** soldier who had served his country with honor.

excite

v. to make someone feel suddenly enthusiastic or eager
synonym: thrill, exhilarate, animate

(1) **excite** the crowd, (2) **excite** rebellion

The news of her promotion **excited** her.

scorecard

n. a written or printed card or document used to record and keep track of scores, especially in sports competitions or games; a summary or evaluation of performance, progress, or achievements in a specific area

synonym: score, tally, record

(1) performance **scorecard**, (2) marketing **scorecard**

The teacher handed out the **scorecards** for the final exam.

phenomenal

adj. extremely good or impressive; outstanding

synonym: extraordinary, remarkable, impressive

(1) **phenomenal** success, (2) **phenomenal** growth

The athlete's **phenomenal** performance broke all previous records.

doable

adj. possible to do; capable of existing, taking place, or proving true

synonym: realizable, accomplishable, achievable

(1) make a **doable** plan, (2) **doable** in daily life

This project is **doable** despite the tight schedule.

timeframe

n. a period of time within which something is planned to be done or must be accomplished; a specified or estimated duration for completing a project or task

synonym: timespan, duration, period

(1) short **timeframe**, (2) realistic **timeframe**

We need to set a **timeframe** for completing this project.

logarithmic

adj. of or relating to logarithms (= the exponent that shows how many times a number has to be multiplied by itself to produce a given number)

synonym: exponential, logarithmical

(1) a **logarithmic** table, (2) **logarithmic** function

The **logarithmic** scale of the graph made it easier to compare the different values.

motto

n. a phrase or slogan that expresses a guiding principle or goal

synonym: slogan, catchphrase, phrase

(1) the **motto** for safe traffic, (2) company **motto**

The company's **motto** is "Innovation and Service," which is reflected in its products and customer support.

embark

v. to go on board a ship or plane; to set out on an enterprise or subject of study; to start something

synonym: enter, undertake, commence

(1) **embark** on a trip, (2) **embark** on a foolish adventure

We **embarked** on a new project.

underdeveloped

adj. not fully developed or mature; lacking in progress or advancement

synonym: unadvanced, immature, backward

(1) an **underdeveloped** child, (2) remain **underdeveloped**

Many people in **underdeveloped** countries need clean water or proper healthcare access.

offend

v. to cause someone to feel upset, angry, or annoyed

synonym: insult, hurt, anger

(1) **offend** his sensibilities, (2) **offend** a customer

His rude comments **offended** many people at the party.

commoditize

v. to turn something into a commodity, typically by reducing its uniqueness or value and making it widely available

synonym: commercialize, standardize

(1) **commoditize** technology, (2) **commoditize** intellectual property

Amazon's strategy is to **commoditize** goods and services to win over customers with lower prices.

dialect

n. a form of a language that is spoken in a particular geographical area or by a particular group of people and has distinguishing characteristics

synonym : accent, language, vernacular

(1) a local **dialect**, (2) minority **dialect**

The **dialect** spoken in the region differed from other parts of the country.

parachute

n. a device used to slow the motion of people or objects through an atmosphere consisting of a large piece of thin cloth that is attached to them and opens out in the air

(1) **parachute** troops, (2) golden **parachute**

This training includes emergency escape drills with **parachutes**.

cape

n. a type of long, loose outer garment that covers the back, shoulders, and arms; a headland or promontory extending into the sea or other large body of water

synonym : shawl, cloak, mantle

(1) **cape** cod, (2) red **cape**

The superhero wore a flowing **cape** as part of their costume.

microprocessor

n. a computer component containing all the functions of the central processing unit

synonym : IC, chip, microchip

(1) **microprocessor** chip, (2) dedicated **microprocessor**

As a result of improvements in **microprocessor** performance, many consumer electronics products are now Internet-connected.

recharge

v. to restore the energy or power of something by supplying it with more energy or power; to refresh or renew oneself by rest or sleep

synonym : renew, refresh, replenish

(1) **recharge** brain and body, (2) **recharge** energy

He needed to **recharge** his phone before the meeting.

numb

adj. unable to feel physical sensation and movement; not showing human feeling or sensitivity

synonym: dazed, insensitive, emotionless

(1) **numb** with cold, (2) a **numb** mind

My left arm became **numb**.

anecdote

n. a short and amusing or interesting story about a real incident or person

synonym: story, account, tale

(1) personal **anecdote**, (2) funny **anecdote**

She entertained the guests with **anecdotes** about her travels and experiences.

Session 2: Spelling

- | | |
|-----------------------------------|---|
| 1. in____l medication into my eye | <i>v.</i> to impart, introduce, or cause to be absorbed gradually |
| 2. personal an____te | <i>n.</i> a short and amusing or interesting story about a real incident or person |
| 3. di____l a liquid | <i>v.</i> to purify or refine; to extract the essential elements |
| 4. a log____ic table | <i>adj.</i> of or relating to logarithms (= the exponent that shows how many times a number has to be multiplied by itself to produce a given number) |
| 5. an und____ped child | <i>adj.</i> not fully developed or mature; lacking in progress or advancement |
| 6. y__l for help | <i>v.</i> to shout in a sudden and loud way |
| 7. marketing sc____rd | <i>n.</i> a written or printed card or document used to record and keep track of scores, especially in sports competitions or games; a summary or evaluation of performance, progress, or achievements in a specific area |
| 8. l__e shape | <i>n.</i> a crescent or crescent-shaped object; (of astronomy) the shape of the illuminated portion of the moon that is visible from Earth, particularly during the first or last quarter phases |
| 9. cannot log in to the a_p | <i>n.</i> (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC |

ANSWERS: 1. instill, 2. anecdote, 3. distill, 4. logarithmic, 5. underdeveloped, 6. yell, 7. scorecard, 8. lune, 9. app

10. ind_____us worker *adj.* hardworking, diligent, and persistent in effort
11. remain und_____ped *adj.* not fully developed or mature; lacking in progress or advancement
12. op_____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
13. pay up_____t *adj.* frank and honest; (adverb) (of payment) in advance
14. in_____l confidence *v.* to impart, introduce, or cause to be absorbed gradually
15. golden pa_____te *n.* a device used to slow the motion of people or objects through an atmosphere consisting of a large piece of thin cloth that is attached to them and opens out in the air
16. do_____e in daily life *adj.* possible to do; capable of existing, taking place, or proving true
17. company mo___o *n.* a phrase or slogan that expresses a guiding principle or goal
18. a n___b mind *adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity
19. a local di_____t *n.* a form of a language that is spoken in a particular geographical area or by a particular group of people and has distinguishing characteristics
20. the mo___o for safe traffic *n.* a phrase or slogan that expresses a guiding principle or goal

ANSWERS: 10. industrious, 11. underdeveloped, 12. opportune, 13. upfront, 14. instill, 15. parachute, 16. doable, 17. motto, 18. numb, 19. dialect, 20. motto

21. phe_____al success *adj.* extremely good or impressive; outstanding
22. lo__y ambitions *adj.* elevated in position, rank, or status; grand; elevated in style or language
23. com_____ze intellectual property *v.* to turn something into a commodity, typically by reducing its uniqueness or value and making it widely available
24. elegant wa__z *n.* a ballroom dance in triple time that originated in Vienna and is characterized by a flowing, graceful style and a strong accent on the first beat of each measure
25. cou_____us rescue attempt *adj.* able to face and deal with danger or fear without flinching
26. wa__z music *n.* a ballroom dance in triple time that originated in Vienna and is characterized by a flowing, graceful style and a strong accent on the first beat of each measure
27. pl_____ra of information *n.* an overabundance or excess of something; a state of having too much of something
28. fa_____c devotion *adj.* characterized by excessive enthusiasm or zeal; displaying irrational or extreme devotion to a cause, ideology, or person, often to the point of intolerance or extremism
29. performance sc_____rd *n.* a written or printed card or document used to record and keep track of scores, especially in sports competitions or games; a summary or evaluation of performance, progress, or achievements in a specific area

ANSWERS: 21. phenomenal, 22. lofty, 23. commoditize, 24. waltz, 25. courageous, 26. waltz, 27. plethora, 28. fanatic, 29. scorecard

30. pa_____te troops *n.* a device used to slow the motion of people or objects through an atmosphere consisting of a large piece of thin cloth that is attached to them and opens out in the air
31. fa_____c about germs *adj.* characterized by excessive enthusiasm or zeal; displaying irrational or extreme devotion to a cause, ideology, or person, often to the point of intolerance or extremism
32. mic_____sor chip *n.* a computer component containing all the functions of the central processing unit
33. n__b with cold *adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity
34. musical ov_____re *n.* an introduction or opening to something, particularly a musical or theatrical performance; a proposal or gesture made as an opening move in negotiations or discussion
35. realistic ti_____me *n.* a period of time within which something is planned to be done or must be accomplished; a specified or estimated duration for completing a project or task
36. red c__e *n.* a type of long, loose outer garment that covers the back, shoulders, and arms; a headland or promontory extending into the sea or other large body of water
37. com_____ze technology *v.* to turn something into a commodity, typically by reducing its uniqueness or value and making it widely available

ANSWERS: 30. parachute, 31. fanatic, 32. microprocessor, 33. numb, 34. overture, 35. timeframe, 36. cape, 37. commoditize

38. em___k on a trip *v.* to go on board a ship or plane; to set out on an enterprise or subject of study; to start something
39. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
40. re_____ge brain and body *v.* to restore the energy or power of something by supplying it with more energy or power; to refresh or renew oneself by rest or sleep
41. of___d a customer *v.* to cause someone to feel upset, angry, or annoyed
42. funny an_____te *n.* a short and amusing or interesting story about a real incident or person
43. ind_____us student *adj.* hardworking, diligent, and persistent in effort
44. l__e phase *n.* a crescent or crescent-shaped object; (of astronomy) the shape of the illuminated portion of the moon that is visible from Earth, particularly during the first or last quarter phases
45. diplomatic ov_____re *n.* an introduction or opening to something, particularly a musical or theatrical performance; a proposal or gesture made as an opening move in negotiations or discussion
46. di_____l information *v.* to purify or refine; to extract the essential elements
47. killer a_p *n.* (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC

ANSWERS: 38. embark, 39. opportune, 40. recharge, 41. offend, 42. anecdote, 43. industrious, 44. lune, 45. overture, 46. distill, 47. app

48. make a do___e plan *adj.* possible to do; capable of existing, taking place, or proving true
49. c__e cod *n.* a type of long, loose outer garment that covers the back, shoulders, and arms; a headland or promontory extending into the sea or other large body of water
50. make a cou_____us decision *adj.* able to face and deal with danger or fear without flinching
51. an up_____t tone *adj.* frank and honest; (adverb) (of payment) in advance
52. a lo__y peak *adj.* elevated in position, rank, or status; grand; elevated in style or language
53. of___d his sensibilities *v.* to cause someone to feel upset, angry, or annoyed
54. short ti_____me *n.* a period of time within which something is planned to be done or must be accomplished; a specified or estimated duration for completing a project or task
55. y__l as loud as we can *v.* to shout in a sudden and loud way
56. ex___e the crowd *v.* to make someone feel suddenly enthusiastic or eager
57. pl_____ra of opportunities *n.* an overabundance or excess of something; a state of having too much of something
58. log_____ic function *adj.* of or relating to logarithms (= the exponent that shows how many times a number has to be multiplied by itself to produce a given number)

ANSWERS: 48. doable, 49. cape, 50. courageous, 51. upfront, 52. lofty, 53. offend, 54. timeframe, 55. yell, 56. excite, 57. plethora, 58. logarithmic

59. minority di____t *n.* a form of a language that is spoken in a particular geographical area or by a particular group of people and has distinguishing characteristics
60. re____ge energy *v.* to restore the energy or power of something by supplying it with more energy or power; to refresh or renew oneself by rest or sleep
61. phe_____al growth *adj.* extremely good or impressive; outstanding
62. ex____e rebellion *v.* to make someone feel suddenly enthusiastic or eager
63. dedicated mic_____sor *n.* a computer component containing all the functions of the central processing unit
64. em____k on a foolish adventure *v.* to go on board a ship or plane; to set out on an enterprise or subject of study; to start something

ANSWERS: 59. dialect, 60. recharge, 61. phenomenal, 62. excite, 63. microprocessor, 64. embark

Session 3: Fill in the Blanks

1. This training includes emergency escape drills with _____.
n. a device used to slow the motion of people or objects through an atmosphere consisting of a large piece of thin cloth that is attached to them and opens out in the air
2. The _____ spoken in the region differed from other parts of the country.
n. a form of a language that is spoken in a particular geographical area or by a particular group of people and has distinguishing characteristics
3. He was very _____ with him about his intentions.
adj. frank and honest; (adverb) (of payment) in advance
4. The teacher handed out the _____ for the final exam.
n. a written or printed card or document used to record and keep track of scores, especially in sports competitions or games; a summary or evaluation of performance, progress, or achievements in a specific area
5. The news of her promotion _____ her.
v. to make someone feel suddenly enthusiastic or eager
6. He was known to be very _____ and would often work late into the night.
adj. hardworking, diligent, and persistent in effort
7. He needed to _____ his phone before the meeting.
v. to restore the energy or power of something by supplying it with more energy or power; to refresh or renew oneself by rest or sleep

ANSWERS: 1. parachutes, 2. dialect, 3. upfront, 4. scorecards, 5. excited, 6. industrious, 7. recharge

8. Many people in _____ countries need clean water or proper healthcare access.
adj. not fully developed or mature; lacking in progress or advancement
9. His rude comments _____ many people at the party.
v. to cause someone to feel upset, angry, or annoyed
10. The _____ scale of the graph made it easier to compare the different values.
adj. of or relating to logarithms (= the exponent that shows how many times a number has to be multiplied by itself to produce a given number)
11. She entertained the guests with _____ about her travels and experiences.
n. a short and amusing or interesting story about a real incident or person
12. The orchestra began its performance with a stunning _____ that set the tone for the rest of the concert.
n. an introduction or opening to something, particularly a musical or theatrical performance; a proposal or gesture made as an opening move in negotiations or discussion
13. We _____ on a new project.
v. to go on board a ship or plane; to set out on an enterprise or subject of study; to start something
14. The athlete's _____ performance broke all previous records.
adj. extremely good or impressive; outstanding
15. My left arm became _____.
adj. unable to feel physical sensation and movement; not showing human feeling or sensitivity

ANSWERS: 8. underdeveloped, 9. offended, 10. logarithmic, 11. anecdotes, 12. overture, 13. embarked, 14. phenomenal, 15. numb

16. She decided to _____ her thoughts into a more manageable list.
v. to purify or refine; to extract the essential elements
17. We need to set a _____ for completing this project.
n. a period of time within which something is planned to be done or must be accomplished; a specified or estimated duration for completing a project or task
18. The _____ pendant around her neck shimmered, reflecting the soft glow of the lamplight.
n. a crescent or crescent-shaped object; (of astronomy) the shape of the illuminated portion of the moon that is visible from Earth, particularly during the first or last quarter phases
19. The company's _____ is "Innovation and Service," which is reflected in its products and customer support.
n. a phrase or slogan that expresses a guiding principle or goal
20. The _____ supporters of the sports team traveled across the country to watch the match.
adj. characterized by excessive enthusiasm or zeal; displaying irrational or extreme devotion to a cause, ideology, or person, often to the point of intolerance or extremism
21. The teacher attempted to _____ the importance of hard work in her students.
v. to impart, introduce, or cause to be absorbed gradually
22. His _____ goals were admirable but unrealistic.
adj. elevated in position, rank, or status; grand; elevated in style or language
23. The dancers practiced the steps of the _____ meticulously to perfect their performance.
n. a ballroom dance in triple time that originated in Vienna and is characterized by a flowing, graceful style and a strong accent on the first beat of each measure

ANSWERS: 16. distill, 17. timeframe, 18. lune, 19. motto, 20. fanatic, 21. instill, 22. lofty, 23. waltz

24. This project is _____ despite the tight schedule.

adj. possible to do; capable of existing, taking place, or proving true

25. The phone rang at the most _____ time.

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

26. The superhero wore a flowing _____ as part of their costume.

n. a type of long, loose outer garment that covers the back, shoulders, and arms; a headland or promontory extending into the sea or other large body of water

27. He was a _____ soldier who had served his country with honor.

adj. able to face and deal with danger or fear without flinching

28. Amazon's strategy is to _____ goods and services to win over customers with lower prices.

v. to turn something into a commodity, typically by reducing its uniqueness or value and making it widely available

29. The restaurant's menu offered a _____ of options for vegetarians.

n. an overabundance or excess of something; a state of having too much of something

30. The discovery of a critical bug caused the company to delay the _____ release.

n. (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC

31. When I asked my father for more money, he became furious and _____ at me.

v. to shout in a sudden and loud way

ANSWERS: 24. doable, 25. opportune, 26. cape, 27. courageous, 28. commoditize, 29. plethora, 30. app's, 31. yelled

32. As a result of improvements in _____ performance, many consumer electronics products are now Internet-connected.

- n.* a computer component containing all the functions of the central processing unit

ANSWERS: 32. microprocessor