

Englist.me



Vocabulary Builder Reference from...

Kim Gorgens: Protecting the brain against concussion

| TED Talk

https://www.ted.com/talks/kim_gorgens_protecting_the_brain_against_concussion

All Words

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

brilliant

adj. extremely clever, skilled, or impressive

synonym: luminous, intelligent, clever

(1) **brilliant** idea, (2) **brilliant** performance

The more **brilliant** you are, the more people around you look at you with envy and jealousy.

neuropsychology

n. the branch of psychology that deals with the relationships between brain function and behavior

(1) **neuropsychology** research, (2) **neuropsychology** field

The study of **neuropsychology** is essential in understanding the relationship between the brain and behavior.

astute

adj. having the ability to assess situations or people accurately and to act accordingly; mentally sharp or clever; showing practical wisdom or shrewdness

synonym: perceptive, shrewd, keen

(1) **astute** decision-making, (2) **astute** businessman

His **astute** observation allowed him to catch the mistake before anyone else did.

arguably

adv. used when expressing an opinion or idea that you believe can be proven true

synonym: probably, possibly

(1) she is **arguably** the best singer, (2) **arguably** the greatest discovery

He is **arguably** regarded as the finest actor of his generation.

graduate

n. a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree

synonym : alumna, alum, grad

(1) **graduate** degree program, (2) honor **graduate**

Many employers hire **graduate** trainees to train as managers.

neurotic

adj. suffering from neurosis or excessive and irrational anxiety or distress, often about everyday situations and circumstances

synonym : anxious, obsessive, compulsive

(1) **neurotic** behavior, (2) **neurotic** disorder

The **neurotic** character is always anxious and worries about everything.

spirit

n. the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people

synonym : soul, attitude, enthusiasm

(1) **spirit** and the letter of the law, (2) an indomitable **spirit**

Despite their tragic loss, the family is showing great **spirit**.

disclosure

n. the act of making something known or revealing information that was previously hidden or secret, often used in legal or financial contexts

synonym : announcement, revelation, exposure

(1) **disclosure** agreement, (2) public **disclosure**

The company's **disclosure** of its financial records led to a better understanding of its operations.

zip

n. a fastener made of interlocking teeth or ridges that is used to join two edges or pieces of fabric; a sound or

motion that resembles the sound made by a zipper when it is pulled; (of a computer) a popular file compression and archiving format; (short for Zone Improvement Plan) a system of postal codes used in the United States to help facilitate mail delivery more efficiently

synonym: fastener, postcode, slide

(1) **zip** code, (2) **zip** file

She put her phone in the **zip** pocket of her backpack.

suited

adj. appropriate, fitting, or acceptable for a particular purpose or occasion; matched or corresponding to a specific person, dress, or circumstances

synonym: appropriate, fitting, suitable

(1) **suited** for the job, (2) well- **suited** personality

The job offer was perfectly **suited** to her skills and experience.

copper

n. a chemical element that is a soft, malleable, and ductile metal with very high thermal and electrical conductivity

(1) **copper** alloy, (2) **copper** belt

He made the old **copper** coins shine.

curse

n. a rude or offensive word or an expression that is not polite and shows that you are very angry

synonym: condemnation, cuss, hex

(1) under a **curse**, (2) few **curse** words

Many autocratic policies became a **curse** for that country's economy.

athletics

n. the physical activities or sports that involve physical exertion and competition, such as running, jumping, throwing, or walking

synonym: sports, physical activity, exercise

(1) high school **athletics**, (2) professional **athletics**

She excelled in **athletics** during high school and went on to compete at the collegiate level.

inability

n. the state of being unable to do something or achieve a particular task or goal; a lack of physical or mental capacity or skill

synonym : incapacity, disability, incompetence

(1) mental **inability**, (2) chronic **inability** to focus

Her **inability** to speak the local language made it difficult for her to communicate with the locals.

unicycle

n. a vehicle consisting of a single wheel, typically with pedals and a seat affixed to the axle

synonym : monocycle, one-wheeler

(1) ride a **unicycle**, (2) **unicycle** balance

I watched in awe as he rode his **unicycle** across the tightrope.

concuss

v. to cause a violent shaking or jarring, often referring to the brain or body; to cause a sudden disturbance or disruption

synonym : shake, jolt, impact

(1) **concuss** brain, (2) **concuss** on the pavement

The blast was powerful enough to **concuss** those standing nearby.

sustain

v. to supply enough of what somebody or something needs to survive or exist; to accept as valid

synonym : maintain, nurture, support

(1) **sustain** a good relationship with him, (2) **sustain** a wellness lifestyle

She struggled to **sustain** the children's reading habits.

concussion

n. a violent blow or jolt to the head or body that jars the brain, often resulting in temporary or prolonged unconsciousness, confusion, or memory loss; a shock or upheaval caused by a sudden change or event

synonym : shock, trauma, head injury

(1) **concussion** symptoms, (2) **concussion** resistance

The football player suffered a **concussion** after being tackled

during the game.

emergency

n. a sudden unforeseen crisis usually involving danger that requires immediate action

synonym : crisis, trouble, difficulty

(1) **emergency** action, (2) acute **emergency**

The president declared a state of **emergency**.

ding

v. to make a ringing, chiming, or knocking sound; to damage or dent a surface through impact or collision; (noun, Chinese) a type of ancient cooking vessel that was used for cooking, boiling, and steaming food

synonym : hit, smack, bump

(1) **ding** a bell, (2) **ding** a ling

I accidentally **dinged** my new car door in the parking lot.

hut

n. a small, simple, and often crude shelter or dwelling, typically made of natural materials such as wood or mud

synonym : shack, cabin, cottage

(1) shepherd's **hut**, (2) fishing **hut**

The little girl lived in a small **hut** in the woods with her family.

accident

n. an unfortunate event, especially one causing damage or injury

synonym : calamity, casualty, chance

(1) cause an **accident**, (2) injury in a car **accident**

The **accident** partially destroyed my vehicle.

barrier

n. a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective

synonym : border, barricade, fence

(1) cost **barrier**, (2) information **barrier**

The police placed a **barrier** across the street to halt traffic.

punch

v. to strike someone or something with one's fist; to make a hole in something

synonym : hit, strike, slap

(1) **punch** out numbers, (2) **punch** a ticket

He **punched** the wall in anger.

straight

adj. extending or moving in one direction without bending or curving; having no deviations

synonym : linear, honest, consecutive

(1) a **straight** line, (2) **straight** for two months

He was sick for five **straight** days.

crazy

adj. stupid or not sensible; very angry

synonym : insane, absurd, bizarre

(1) **crazy** about cars and racing, (2) a **crazy** scheme

The rain and thunder are **crazy** today.

athlete

n. a person who competes in one or more sports that involve physical strength, speed, or endurance

synonym : player, contestant, jock

(1) become a professional **athlete**, (2) high school **athletes**

His dream is to become an Olympic **athlete**.

sustained

adj. lasting for a long time or continuing for a long time without becoming weaker or less intense

synonym : prolonged, extended, continual

(1) **sustained** economic growth, (2) **sustained** release medication

The company experienced **sustained** growth over the past decade.

legislation

n. a law or a set of laws suggested and then passed by a parliament, or the act of making or enacting laws

synonym : act, regulation, decree

(1) anti-terrorist **legislation**, (2) introduce **legislation**

Similar **legislation** had already been rejected by the parliament four times.

definition

n. a concise explanation of the meaning of a word, phrase, or symbol

synonym : description, connotation, meaning

(1) a precise **definition**, (2) the **definition** of a word

Parallel lines are, by **definition**, lines on the same plane that never cross.

conscious

adj. being aware of and able to respond to what is happening around you

synonym : aware, cognizant, deliberate

(1) **conscious** effort, (2) **conscious** of having succeeded

He became **conscious** that he was being followed.

symptom

n. any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

synonym : sign, manifestation, syndrome

(1) **symptoms** of low testosterone, (2) neurotic **symptoms**

The patient displays a **symptom** of a side effect.

foggy

adj. characterized by or filled with dense clouds of mist or fog; unclear or hazy, as in thought or memory

synonym : misty, hazy, murky

(1) **foggy** morning, (2) **foggy** memory

The **foggy** weather made it difficult to see the road ahead.

dizzy

adj. having or causing a whirling sensation and not able to keep balance

synonym : addled, confounded, unsteady

(1) feel **dizzy**, (2) had a **dizzy** spell

Professional skaters can spin fast on the ice without getting **dizzy**.

impulsive

adj. acting suddenly without any planning and without considering the effects they may have

synonym : abrupt, hasty, capricious

(1) an **impulsive** force, (2) do **impulsive** buying

He regrets the **impulsive** behavior he took in his drunken state.

hostile

adj. unfriendly or aggressively opposed

synonym : unfriendly, aggressive, antagonistic

(1) take up a **hostile** attitude, (2) **hostile** environment

The **hostile** takeover of the company was met with resistance from the employees.

darn

v. to mend a piece of clothing by sewing over a hole or tear with small, tight stitches

synonym : mend, repair, patch

(1) **darn** stockings, (2) **darn** hole

I have to **darn** these socks before they become unwearable.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym : intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

resilient

adj. able to withstand or recover quickly from difficult conditions

synonym : robust, sturdy, tough

(1) a hard and **resilient** steel, (2) **resilient** population

She is a **resilient** person and has always bounced back from setbacks.

recover

v. to return to a former condition, health, mind, or strength

synonym : come back, convalesce, heal

(1) **recover** a loss, (2) **recover** approval ratings

She is still **recovering** from a shot to her shoulder.

injury

n. harm done to a person's or an animal's body caused by an accident or an attack

synonym : wound, damage, hurt

(1) without **injury**, (2) a fatal **injury**

My accidental **injury** got better right away.

forbid

v. to order somebody not to do something, especially officially; to keep something from happening or arising

synonym : prohibit, ban, outlaw

(1) **forbid** smoking in public areas, (2) **forbid** the use of chemical weapons

God **forbid** you should regret your marriage.

vulnerable

adj. capable of being hurt or influenced physically or mentally

synonym : susceptible, exposed, weak

(1) a **vulnerable** bridge, (2) **vulnerable** parts of the body
Infants and pregnant women are particularly **vulnerable**.

catastrophic

adj. extremely harmful; causing physical or financial destruction

synonym : fatal, disastrous, destructive

(1) victim of **catastrophic** injuries, (2) **catastrophic** climate change

The extinction rate of aquatic animals was **catastrophic**.

relative

adj. considered and evaluated through comparison with something else

synonym : comparative, proximate, congeneric

(1) a remote **relative**, (2) **relative** factors

Most countries prohibit sexual activity between certain close **relatives**.

peer

n. a person who has the same age, status, or ability

synonym : fellow, associate, counterpart

(1) **peer** group, (2) **peer** review

Among young people, **peer** pressure can be pretty influential.

baseline

n. a starting point or minimum for comparing facts; the back line bounding each end of a tennis or handball court

synonym : standard, criterion

(1) **baseline** budget, (2) establish a **baseline**

The products they sell are the **baseline** for performance in the industry.

aft

adj. (the opposite of "forward") located at or towards the rear or back of a ship, aircraft, or other vehicle

(1) **aft** cabin, (2) **aft** view

The **aft** section of the ship suffered significant damage after the collision with the reef.

exponential

adj. becoming more and more rapid; of or involving mathematical exponents

(1) **exponential** growth, (2) **exponential** function

Since the 1990s, the Internet has continued to experience **exponential** growth.

alarming

adj. causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing

synonym : forbidding, concerning, disturbing

(1) **alarming** news, (2) **alarming** statistics

The sudden rise in crime rates in our neighborhood is quite **alarming**.

nutshell

n. the hard, outer covering or protective casing that encloses the kernel or fruit of certain types of nuts, such as walnuts or acorns; a concise and condensed summary or explanation of something

synonym : summary, essence, covering

(1) move into a **nutshell**, (2) **nutshell** version

Can you explain your argument in a **nutshell**?

retire

v. to withdraw from one's position or occupation, especially because of age

synonym : relinquish, step down, withdraw

(1) **retire** voluntarily, (2) **retire** after four terms

After working for the company for 30 years, she decided to **retire** from her job.

incidence

n. the frequency or rate at which a particular event or condition occurs within a specific population, group, or area; the occurrence or manifestation of something, especially something harmful or unpleasant

synonym : occurrence, frequency, prevalence

(1) **incidence** rate, (2) high **incidence** of disease

The **incidence** of crime has decreased in the neighborhood since the new security measures were put in place.

onset

n. the beginning or early stages of unpleasant something; a military attack

synonym : beginning, attack, commencement

(1) at the first **onset**, (2) the **onset** of spring

This medicine works best when taken at the **onset** of a cold.

dementia

n. a severe decline in cognitive function, especially memory, as a result of disease or injury

synonym : cognitive decline, memory loss, Alzheimer's disease

(1) **dementia** patients, (2) probably have **dementia**

The study found that regular exercise can help to prevent the onset of **dementia** in older age.

disease

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym : illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

population

n. the total number of people in a country, region, or location

synonym : people, inhabitants, folk

(1) **population** change, (2) labor **population**

In just four years, the **population** has doubled.

spearhead

v. to lead or initiate an effort or campaign

synonym : lead, initiate, begin

(1) **spearhead** campaign, (2) **spearhead** movement

The CEO decided to **spearhead** the new project to ensure its success.

weird

adj. extraordinary, unexpected, or difficult to explain

synonym : bizarre, creepy, peculiar

(1) a **weird** dress, (2) the state of being **weird**

My computer has been acting **weird** recently.

driveway

n. a private road leading from a street or road to a house or garage, typically providing access for vehicles

synonym : entrance, access, approach

(1) long **driveway**, (2) snow-covered **driveway**

I accidentally backed into my wife's car while backing out of the **driveway** this morning.

mention

v. to speak or write about something or someone briefly

synonym : reference, allude, cite

(1) **mention** name, (2) **mention** in a report

I **mentioned** to him that I had seen his sister at the grocery store earlier that day.

guarantee

v. to promise something will happen formally, especially that certain conditions about a product, service, or transaction would be met

synonym : assure, promise, warrant

(1) **guarantee** a high quality, (2) **guarantee** women equality

We cannot **guarantee** enough raw material sources.

government

n. the group of people with authority to control a country or state

synonym : administration, regime, state

(1) **government** bureaucracy, (2) **government** funding

The federal **government** is planning to increase taxes for the next fiscal year.

specific

adj. clearly defined or particular to a certain thing or situation; distinct, explicit, and precise

synonym : particular, definite, distinct

(1) **specific** instructions, (2) industry- **specific** regulations

The scientist conducted a study that provided **specific** details about the species' behavior.

roll

v. to move in a particular direction by turning over and over or from side to side

synonym : spin, swirl, wheel

(1) **roll** a ball, (2) **roll** down his cheeks

He was exhausted and **rolled** into bed as soon as he got home.

par

n. a state of being equal to someone or something

synonym : equality, standard, balance

(1) above **par** performance, (2) not up to **par**

Shares in the company finally fell below their **par** value.

professional

adj. having or showing the skill appropriate to a particular job; competent or skillful

synonym : skilled, competent, accomplished

(1) **professional** athlete, (2) certified **professional** secretary

He has a **professional** demeanor and always presents himself in a polished manner.

quest

n. a long or challenging search for something

synonym : exploration, inquisition, pursuit

(1) the **quest** for truth, (2) on a **quest** for happiness
That adventurer traveled in **quest** of buried treasure.

introduction

n. a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market

synonym: initiation, preamble, prologue

(1) **introduction** education, (2) self- **introduction**

The **introduction** to the new class was informative and engaging.

senator

n. a member of a legislative body, especially a member of the U.S. Senate

synonym: legislator, politician, representative

(1) junior **senator**, (2) **senator** term

The hawkish **senator** gave a speech on the new bill in the Senate.

helmet

n. a protective covering for the head, worn for safety or as part of a uniform or ceremonial dress

synonym: headgear, head protector, safety hat

(1) **helmet** size, (2) safety **helmet**

The worker survived the impact because they were wearing sturdy **helmets**.

rid

v. to make someone or something free of unwanted or unpleasant tasks, objects, or person

synonym: do away with, free, clear

(1) get **rid** of the rats, (2) **rid** the body of waste products

We must **rid** ourselves of pollution.

committee

n. a group of people appointed or elected to perform a specific function or manage a particular task, often within a larger organization

synonym: panel, board, council

(1) **committee** meeting, (2) **committee** member

The ad hoc **committee** met to discuss the proposal.

constituent

n. one of the parts of the whole; a person represented by an elected official

synonym: member, element, part

(1) **constituent** assembly, (2) the solid **constituent** of blood cells

Each **constituent** member of the council has the right to vote on important decisions.

buy-in

v. to buy something in large quantities for future use; to accept or adopt something

synonym: invest, buy, prepare

(1) **buy-in** bulk, (2) **buy-in** the idea

The shareholders were reluctant to **buy-in** the new project, but the presentation convinced them otherwise.

stakeholder

n. a person or group that has an interest or concern in something, especially a business

synonym: shareholder, interested party

(1) **stakeholder** engagement, (2) improve **stakeholder** relations

The organization held **stakeholder** consultations to gather input on the project.

traction

n. the action or ability to pull something along a surface without sliding

synonym: pulling, friction, suction

(1) increase **traction** on ice, (2) electronic **traction**

His leg was in **traction** for weeks after the accident.

legislator

n. a member of a group of people who has the power to make or enact laws

synonym: lawmaker, lawgiver, administrator

(1) a **legislator** appointed by the party, (2) incumbent **legislator**

Corporate executives and **legislators** are still overwhelmingly men.

protective

adj. serving to protect or shield from harm or danger; designed to prevent damage or injury

synonym: defensive, safeguarding, shielding

(1) **protective** coating, (2) **protective** measures

Wearing **protective** gear is crucial for athletes to prevent injuries.

equip

v. to provide a person or a place with the things that are needed for a particular purpose or activity

synonym: prepare, furnish, provide

(1) **equip** an army, (2) **equip** our children with some special skills

The construction company **equipped** the building with an earthquake-resistant device.

fundraise

v. to collect or solicit funds or donations, typically for a charity, nonprofit organization, or political campaign, often through events, campaigns, or online platforms

synonym: appeal, raise, solicit

(1) **fundraise** a charity fund, (2) **fundraise** for a new shelter

The school is planning to **fundraise** to purchase new books for the library.

gear

n. a toothed wheel that engages another toothed mechanism to change the speed or direction of transmitted motion; a set of tools, equipment, or other items for a particular purpose

synonym: equipment, tools, apparatus

(1) sports **gear**, (2) a **gear** change lever

She checked her **gear** before embarking on the hike.

suit

n. a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or

acceptable for

synonym: clothes, lawsuit, (verb) fit

(1) **suit** and tie restaurant, (2) **suit** at law

Six **suits** are awaiting trial or verdict.

outcome

n. the result or effect of an action, event, etc.

synonym: result, consequence, effect

(1) improved student **outcomes**, (2) a desirable **outcome**

They awaited news of the **outcome** of the election.

recreation

n. the activity that renews your health and spirits by enjoyment and relaxation; the act or process of making something that existed in the past exists or seems to exist again in a different time or place

synonym: amusement, entertainment, refreshment

(1) outdoor **recreation**, (2) **recreation** of the homeland

Basketball is their usual **recreation** after school.

stud

n. a small object with a head on one end and a sharp point on the other, used for fastening clothing, leather, or other materials; an animal used for breeding, typically a male horse or bull that is of superior breeding stock; (verb) to decorate or adorn with studs; to provide with studs for support

synonym: beam, scantling, framing

(1) horse **stud**, (2) wall **stud**

He bought a new **stud** to attach the strap to his watch.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

foam

n. a mass of small air bubbles formed on the surface of a liquid; a substance that forms a lather when mixed with

water

synonym : froth, lather, bubble

(1) the **foam** on a beer, (2) plastics **foam** material

The waves crashed against the rocks, creating white **foam**.

g-force

n. a force acting on a body as a result of acceleration or gravity expressed in units of acceleration equal to the acceleration of gravity

synonym : acceleration, gravity, force

(1) **g-force** acceleration, (2) **g-force** simulator

The astronauts experienced high **g-forces** during takeoff.

compelling

adj. arousing strong and irresistible interest, attention, or admiration

synonym : tempting, captivating, influential

(1) tell a **compelling** story, (2) new and **compelling** evidence

His **compelling** presentation deeply moved everyone.

crusade

n. a series of wars fought by Christians in the middle ages to recover the holy land from the Muslims; a series of actions advancing a principle or tending toward a particular end

synonym : holy war, religious war, expedition

(1) a **crusade** against smoking, (2) environmental **crusade**

During the **Crusade** period, many European Christians went on a pilgrimage to the Holy Land.

epiphany

n. a moment of sudden and great realization or revelation; a Christian festival, held on 6 January, celebrating the visit of the three wise men to the infant Jesus

synonym : revelation, enlightenment, insight

(1) **epiphany** about life, (2) Feast of **Epiphany**

She had an **epiphany** while meditating and realized the answer to her problem.

scholar

n. professor; a person who studies a topic in considerable depth, particularly in a university

synonym: professor, pupil, learner

(1) **scholar** in international politics, (2) noted **scholar**

You won't have to pay college tuition if you're a **scholar**.

Session 2: Spelling

- | | |
|-------------------------|--|
| 1. at the first on__t | <i>n.</i> the beginning or early stages of unpleasant something; a military attack |
| 2. di_____e prevention | <i>n.</i> a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems |
| 3. con_____on symptoms | <i>n.</i> a violent blow or jolt to the head or body that jars the brain, often resulting in temporary or prolonged unconsciousness, confusion, or memory loss; a shock or upheaval caused by a sudden change or event |
| 4. basic br__n function | <i>n.</i> the organ inside the head that is responsible for one's movement, thought, memory, and feeling |
| 5. pro_____ve coating | <i>adj.</i> serving to protect or shield from harm or danger; designed to prevent damage or injury |
| 6. a_t view | <i>adj.</i> (the opposite of "forward") located at or towards the rear or back of a ship, aircraft, or other vehicle |
| 7. co___r belt | <i>n.</i> a chemical element that is a soft, malleable, and ductile metal with very high thermal and electrical conductivity |
| 8. shepherd's h_t | <i>n.</i> a small, simple, and often crude shelter or dwelling, typically made of natural materials such as wood or mud |

ANSWERS: 1. onset, 2. disease, 3. concussion, 4. brain, 5. protective, 6. aft, 7. copper, 8. hut

9. a g__r change lever *n.* a toothed wheel that engages another toothed mechanism to change the speed or direction of transmitted motion; a set of tools, equipment, or other items for a particular purpose
10. mental in_____ty *n.* the state of being unable to do something or achieve a particular task or goal; a lack of physical or mental capacity or skill
11. al_____ng statistics *adj.* causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing
12. br_____nt idea *adj.* extremely clever, skilled, or impressive
13. ar_____ly the greatest discovery *adv.* used when expressing an opinion or idea that you believe can be proven true
14. bu_____n bulk *v.* to buy something in large quantities for future use; to accept or adopt something
15. pu__h a ticket *v.* to strike someone or something with one's fist; to make a hole in something
16. environmental cr_____e *n.* a series of wars fought by Christians in the middle ages to recover the holy land from the Muslims; a series of actions advancing a principle or tending toward a particular end
17. de_____ia patients *n.* a severe decline in cognitive function, especially memory, as a result of disease or injury
18. an im_____ve force *adj.* acting suddenly without any planning and without considering the effects they may have

ANSWERS: 9. gear, 10. inability, 11. alarming, 12. brilliant, 13. arguably, 14. buy-in, 15. punch, 16. crusade, 17. dementia, 18. impulsive

29. ride a un_____le *n.* a vehicle consisting of a single wheel, typically with pedals and a seat affixed to the axle
30. cat_____hic climate change *adj.* extremely harmful; causing physical or financial destruction
31. self-int_____ion *n.* a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market
32. a hard and re_____nt steel *adj.* able to withstand or recover quickly from difficult conditions
33. neurotic sy_____ms *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
34. the state of being we__d *adj.* extraordinary, unexpected, or difficult to explain
35. a cr__y scheme *adj.* stupid or not sensible; very angry
36. introduce leg_____on *n.* a law or a set of laws suggested and then passed by a parliament, or the act of making or enacting laws
37. exp_____al growth *adj.* becoming more and more rapid; of or involving mathematical exponents
38. d__n stockings *v.* to mend a piece of clothing by sewing over a hole or tear with small, tight stitches
39. a_t cabin *adj.* (the opposite of "forward") located at or towards the rear or back of a ship, aircraft, or other vehicle

ANSWERS: 29. unicycle, 30. catastrophic, 31. introduction, 32. resilient, 33. symptom, 34. weird, 35. crazy, 36. legislation, 37. exponential, 38. darn, 39. aft

40. sports g__r *n.* a toothed wheel that engages another toothed mechanism to change the speed or direction of transmitted motion; a set of tools, equipment, or other items for a particular purpose
41. anti-terrorist leg_____on *n.* a law or a set of laws suggested and then passed by a parliament, or the act of making or enacting laws
42. get r_d of the rats *v.* to make someone or something free of unwanted or unpleasant tasks, objects, or person
43. high school at_____es *n.* a person who competes in one or more sports that involve physical strength, speed, or endurance
44. had a di__y spell *adj.* having or causing a whirling sensation and not able to keep balance
45. the qu__t for truth *n.* a long or challenging search for something
46. the f__m on a beer *n.* a mass of small air bubbles formed on the surface of a liquid; a substance that forms a lather when mixed with water
47. re___e after four terms *v.* to withdraw from one's position or occupation, especially because of age
48. chronic in_____ty to focus *n.* the state of being unable to do something or achieve a particular task or goal; a lack of physical or mental capacity or skill
49. s__t at law *n.* a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or acceptable for

ANSWERS: 40. gear, 41. legislation, 42. rid, 43. athlete, 44. dizzy, 45. quest, 46. foam, 47. retire, 48. inability, 49. suit

50. cause an ac____nt *n.* an unfortunate event, especially one causing damage or injury
51. noted sc____r *n.* professor; a person who studies a topic in considerable depth, particularly in a university
52. ne____ic disorder *adj.* suffering from neurosis or excessive and irrational anxiety or distress, often about everyday situations and circumstances
53. without in____y *n.* harm done to a person's or an animal's body caused by an accident or an attack
54. ho____e environment *adj.* unfriendly or aggressively opposed
55. victim of cat____hic injuries *adj.* extremely harmful; causing physical or financial destruction
56. co____us of having succeeded *adj.* being aware of and able to respond to what is happening around you
57. a leg____or appointed by the party *n.* a member of a group of people who has the power to make or enact laws
58. above p_r performance *n.* a state of being equal to someone or something
59. improve sta____er relations *n.* a person or group that has an interest or concern in something, especially a business
60. not up to p_r *n.* a state of being equal to someone or something
61. cost ba____r *n.* a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective

ANSWERS: 50. accident, 51. scholar, 52. neurotic, 53. injury, 54. hostile, 55. catastrophic, 56. conscious, 57. legislator, 58. par, 59. stakeholder, 60. par, 61. barrier

62. de___e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
63. fo___d smoking in public areas *v.* to order somebody not to do something, especially officially; to keep something from happening or arising
64. the on__t of spring *n.* the beginning or early stages of unpleasant something; a military attack
65. exp_____al function *adj.* becoming more and more rapid; of or involving mathematical exponents
66. tell a com_____ng story *adj.* arousing strong and irresistible interest, attention, or admiration
67. su_____n a wellness lifestyle *v.* to supply enough of what somebody or something needs to survive or exist; to accept as valid
68. sc_____r in international politics *n.* professor; a person who studies a topic in considerable depth, particularly in a university
69. re_____nt population *adj.* able to withstand or recover quickly from difficult conditions
70. r_d the body of waste products *v.* to make someone or something free of unwanted or unpleasant tasks, objects, or person
71. feel di__y *adj.* having or causing a whirling sensation and not able to keep balance
72. re___e voluntarily *v.* to withdraw from one's position or occupation, especially because of age
73. establish a ba_____ne *n.* a starting point or minimum for comparing facts; the back line bounding each end of a tennis or handball court

ANSWERS: 62. decide, 63. forbid, 64. onset, 65. exponential, 66. compelling, 67. sustain, 68. scholar, 69. resilient, 70. rid, 71. dizzy, 72. retire, 73. baseline

74. ba____ne budget *n.* a starting point or minimum for comparing facts; the back line bounding each end of a tennis or handball court
75. industry-sp____ic regulations *adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
76. incumbent leg____or *n.* a member of a group of people who has the power to make or enact laws
77. st____ht for two months *adj.* extending or moving in one direction without bending or curving; having no deviations
78. plastics f__m material *n.* a mass of small air bubbles formed on the surface of a liquid; a substance that forms a lather when mixed with water
79. new and com____ng evidence *adj.* arousing strong and irresistible interest, attention, or admiration
80. horse s__d *n.* a small object with a head on one end and a sharp point on the other, used for fastening clothing, leather, or other materials; an animal used for breeding, typically a male horse or bull that is of superior breeding stock; (verb) to decorate or adorn with studs; to provide with studs for support
81. gu____ee a high quality *v.* to promise something will happen formally, especially that certain conditions about a product, service, or transaction would be met
82. re____r a loss *v.* to return to a former condition, health, mind, or strength

ANSWERS: 74. baseline, 75. specific, 76. legislator, 77. straight, 78. foam, 79. compelling, 80. stud, 81. guarantee, 82. recover

83. wall s__d *n.* a small object with a head on one end and a sharp point on the other, used for fastening clothing, leather, or other materials; an animal used for breeding, typically a male horse or bull that is of superior breeding stock; (verb) to decorate or adorn with studs; to provide with studs for support
84. an indomitable sp___t *n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people
85. sp_____ad campaign *v.* to lead or initiate an effort or campaign
86. s__t and tie restaurant *n.* a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or acceptable for
87. r__l down his cheeks *v.* to move in a particular direction by turning over and over or from side to side
88. the solid con_____nt of blood cells *n.* one of the parts of the whole; a person represented by an elected official
89. p__r group *n.* a person who has the same age, status, or ability
90. a cr_____e against smoking *n.* a series of wars fought by Christians in the middle ages to recover the holy land from the Muslims; a series of actions advancing a principle or tending toward a particular end

ANSWERS: 83. stud, 84. spirit, 85. spearhead, 86. suit, 87. roll, 88. constituent, 89. peer, 90. crusade

91. Feast of Ep____ny *n.* a moment of sudden and great realization or revelation; a Christian festival, held on 6 January, celebrating the visit of the three wise men to the infant Jesus
92. co_____ee member *n.* a group of people appointed or elected to perform a specific function or manage a particular task, often within a larger organization
93. int_____ion education *n.* a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market
94. pro_____nal athlete *adj.* having or showing the skill appropriate to a particular job; competent or skillful
95. fo__y morning *adj.* characterized by or filled with dense clouds of mist or fog; unclear or hazy, as in thought or memory
96. cr__y about cars and racing *adj.* stupid or not sensible; very angry
97. ne_____ic behavior *adj.* suffering from neurosis or excessive and irrational anxiety or distress, often about everyday situations and circumstances
98. gov_____nt funding *n.* the group of people with authority to control a country or state
99. junior se_____r *n.* a member of a legislative body, especially a member of the U.S. Senate

ANSWERS: 91. epiphany, 92. committee, 93. introduction, 94. professional, 95. foggy, 96. crazy, 97. neurotic, 98. government, 99. senator

100. z_p code *n.* a fastener made of interlocking teeth or ridges that is used to join two edges or pieces of fabric; a sound or motion that resembles the sound made by a zipper when it is pulled; (of a computer) a popular file compression and archiving format; (short for Zone Improvement Plan) a system of postal codes used in the United States to help facilitate mail delivery more efficiently
101. co____s brain *v.* to cause a violent shaking or jarring, often referring to the brain or body; to cause a sudden disturbance or disruption
102. a we__d dress *adj.* extraordinary, unexpected, or difficult to explain
103. fo__y memory *adj.* characterized by or filled with dense clouds of mist or fog; unclear or hazy, as in thought or memory
104. professional at____cs *n.* the physical activities or sports that involve physical exertion and competition, such as running, jumping, throwing, or walking
105. dis____re agreement *n.* the act of making something known or revealing information that was previously hidden or secret, often used in legal or financial contexts
106. labor pop____on *n.* the total number of people in a country, region, or location
107. al____ng news *adj.* causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing

ANSWERS: 100. zip, 101. concuss, 102. weird, 103. foggy, 104. athletics, 105. disclosure, 106. population, 107. alarming

108. long dr____ay *n.* a private road leading from a street or road to a house or garage, typically providing access for vehicles
109. the def_____on of a word *n.* a concise explanation of the meaning of a word, phrase, or symbol
110. few cu__e words *n.* a rude or offensive word or an expression that is not polite and shows that you are very angry
111. acute em_____cy *n.* a sudden unforeseen crisis usually involving danger that requires immediate action
112. su_____ed release medication *adj.* lasting for a long time or continuing for a long time without becoming weaker or less intense
113. su___d for the job *adj.* appropriate, fitting, or acceptable for a particular purpose or occasion; matched or corresponding to a specific person, dress, or circumstances
114. re_____r approval ratings *v.* to return to a former condition, health, mind, or strength
115. outdoor rec_____on *n.* the activity that renews your health and spirits by enjoyment and relaxation; the act or process of making something that existed in the past exists or seems to exist again in a different time or place
116. pop_____on change *n.* the total number of people in a country, region, or location
117. con_____on resistance *n.* a violent blow or jolt to the head or body that jars the brain, often resulting in temporary or prolonged unconsciousness, confusion, or memory loss; a shock or upheaval caused by a sudden change or event

ANSWERS: 108. driveway, 109. definition, 110. curse, 111. emergency, 112. sustained, 113. suited, 114. recover, 115. recreation, 116. population, 117. concussion

118. electronic tr____on *n.* the action or ability to pull something along a surface without sliding
119. fu_____se for a new shelter *v.* to collect or solicit funds or donations, typically for a charity, nonprofit organization, or political campaign, often through events, campaigns, or online platforms
120. d__n hole *v.* to mend a piece of clothing by sewing over a hole or tear with small, tight stitches
121. sta_____er engagement *n.* a person or group that has an interest or concern in something, especially a business
122. fu_____se a charity fund *v.* to collect or solicit funds or donations, typically for a charity, nonprofit organization, or political campaign, often through events, campaigns, or online platforms
123. bu___n the idea *v.* to buy something in large quantities for future use; to accept or adopt something
124. eq__p an army *v.* to provide a person or a place with the things that are needed for a particular purpose or activity
125. safety he___t *n.* a protective covering for the head, worn for safety or as part of a uniform or ceremonial dress
126. a fatal in___y *n.* harm done to a person's or an animal's body caused by an accident or an attack

ANSWERS: 118. traction, 119. fundraise, 120. darn, 121. stakeholder, 122. fundraise, 123. buy-in, 124. equip, 125. helmet, 126. injury

127. vul_____le parts of the body *adj.* capable of being hurt or influenced physically or mentally
128. certified pro_____nal secretary *adj.* having or showing the skill appropriate to a particular job; competent or skillful
129. un_____le balance *n.* a vehicle consisting of a single wheel, typically with pedals and a seat affixed to the axle
130. di_____e control *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
131. neu_____ogy field *n.* the branch of psychology that deals with the relationships between brain function and behavior
132. su_____n a good relationship with him *v.* to supply enough of what somebody or something needs to survive or exist; to accept as valid
133. co____r alloy *n.* a chemical element that is a soft, malleable, and ductile metal with very high thermal and electrical conductivity
134. su_____ed economic growth *adj.* lasting for a long time or continuing for a long time without becoming weaker or less intense
135. pu__h out numbers *v.* to strike someone or something with one's fist; to make a hole in something
136. co_____s on the pavement *v.* to cause a violent shaking or jarring, often referring to the brain or body; to cause a sudden disturbance or disruption

ANSWERS: 127. vulnerable, 128. professional, 129. unicycle, 130. disease, 131. neuropsychology, 132. sustain, 133. copper, 134. sustained, 135. punch, 136. concuss

137. as___e decision-making *adj.* having the ability to assess situations or people accurately and to act accordingly; mentally sharp or clever; showing practical wisdom or shrewdness
138. he___t size *n.* a protective covering for the head, worn for safety or as part of a uniform or ceremonial dress
139. d__g a ling *v.* to make a ringing, chiming, or knocking sound; to damage or dent a surface through impact or collision; (noun, Chinese) a type of ancient cooking vessel that was used for cooking, boiling, and steaming food
140. snow-covered dr_____ay *n.* a private road leading from a street or road to a house or garage, typically providing access for vehicles
141. injury in a car ac_____nt *n.* an unfortunate event, especially one causing damage or injury
142. me_____n in a report *v.* to speak or write about something or someone briefly
143. become a professional at_____e *n.* a person who competes in one or more sports that involve physical strength, speed, or endurance
144. information ba_____r *n.* a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective
145. well-su___d personality *adj.* appropriate, fitting, or acceptable for a particular purpose or occasion; matched or corresponding to a specific person, dress, or circumstances

ANSWERS: 137. astute, 138. helmet, 139. ding, 140. driveway, 141. accident, 142. mention, 143. athlete, 144. barrier, 145. suited

146. co_____us effort *adj.* being aware of and able to respond to what is happening around you
147. on a qu__t for happiness *n.* a long or challenging search for something
148. public dis_____re *n.* the act of making something known or revealing information that was previously hidden or secret, often used in legal or financial contexts
149. under a cu__e *n.* a rude or offensive word or an expression that is not polite and shows that you are very angry
150. probably have de_____ia *n.* a severe decline in cognitive function, especially memory, as a result of disease or injury
151. high school at_____cs *n.* the physical activities or sports that involve physical exertion and competition, such as running, jumping, throwing, or walking
152. gr_____te degree program *n.* a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree
153. ep_____ny about life *n.* a moment of sudden and great realization or revelation; a Christian festival, held on 6 January, celebrating the visit of the three wise men to the infant Jesus
154. permanent br__n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

ANSWERS: 146. conscious, 147. quest, 148. disclosure, 149. curse, 150. dementia, 151. athletics, 152. graduate, 153. epiphany, 154. brain

155. em_____cy action *n.* a sudden unforeseen crisis usually involving danger that requires immediate action
156. improved student ou_____es *n.* the result or effect of an action, event, etc.
157. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
158. rec_____on of the homeland *n.* the activity that renews your health and spirits by enjoyment and relaxation; the act or process of making something that existed in the past exists or seems to exist again in a different time or place
159. gov_____nt bureaucracy *n.* the group of people with authority to control a country or state
160. neu_____ogy research *n.* the branch of psychology that deals with the relationships between brain function and behavior
161. pro_____ve measures *adj.* serving to protect or shield from harm or danger; designed to prevent damage or injury
162. honor gr_____te *n.* a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree
163. move into a nu_____ll *n.* the hard, outer covering or protective casing that encloses the kernel or fruit of certain types of nuts, such as walnuts or acorns; a concise and condensed summary or explanation of something

ANSWERS: 155. emergency, 156. outcome, 157. decide, 158. recreation, 159. government, 160. neuropsychology, 161. protective, 162. graduate, 163. nutshell

164. fo___d the use of chemical weapons
v. to order somebody not to do something, especially officially; to keep something from happening or arising
165. g-____e simulator
n. a force acting on a body as a result of acceleration or gravity expressed in units of acceleration equal to the acceleration of gravity
166. sp____ic instructions
adj. clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
167. co____ee meeting
n. a group of people appointed or elected to perform a specific function or manage a particular task, often within a larger organization
168. g-____e acceleration
n. a force acting on a body as a result of acceleration or gravity expressed in units of acceleration equal to the acceleration of gravity
169. high in____ce of disease
n. the frequency or rate at which a particular event or condition occurs within a specific population, group, or area; the occurrence or manifestation of something, especially something harmful or unpleasant
170. nu____ll version
n. the hard, outer covering or protective casing that encloses the kernel or fruit of certain types of nuts, such as walnuts or acorns; a concise and condensed summary or explanation of something
171. a desirable ou____e
n. the result or effect of an action, event, etc.

ANSWERS: 164. forbid, 165. g-force, 166. specific, 167. committee, 168. g-force, 169. incidence, 170. nutshell, 171. outcome

172. sy____ms of low testosterone *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
173. she is ar____ly the best singer *adv.* used when expressing an opinion or idea that you believe can be proven true
174. sp____t and the letter of the law *n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people
175. con_____nt assembly *n.* one of the parts of the whole; a person represented by an elected official
176. a remote re____ve *adj.* considered and evaluated through comparison with something else
177. fishing h_t *n.* a small, simple, and often crude shelter or dwelling, typically made of natural materials such as wood or mud
178. p__r review *n.* a person who has the same age, status, or ability
179. a st____ht line *adj.* extending or moving in one direction without bending or curving; having no deviations
180. r__l a ball *v.* to move in a particular direction by turning over and over or from side to side
181. as____e businessman *adj.* having the ability to assess situations or people accurately and to act accordingly; mentally sharp or clever; showing practical wisdom or shrewdness

ANSWERS: 172. symptom, 173. arguably, 174. spirit, 175. constituent, 176. relative, 177. hut, 178. peer, 179. straight, 180. roll, 181. astute

182. re____ve factors *adj.* considered and evaluated through comparison with something else
183. br_____nt performance *adj.* extremely clever, skilled, or impressive
184. eq__p our children with some special skills *v.* to provide a person or a place with the things that are needed for a particular purpose or activity
185. z_p file *n.* a fastener made of interlocking teeth or ridges that is used to join two edges or pieces of fabric; a sound or motion that resembles the sound made by a zipper when it is pulled; (of a computer) a popular file compression and archiving format; (short for Zone Improvement Plan) a system of postal codes used in the United States to help facilitate mail delivery more efficiently
186. increase tr____on on ice *n.* the action or ability to pull something along a surface without sliding

ANSWERS: 182. relative, 183. brilliant, 184. equip, 185. zip, 186. traction

Session 3: Fill in the Blanks

1. The little girl lived in a small ____ in the woods with her family.
n. a small, simple, and often crude shelter or dwelling, typically made of natural materials such as wood or mud
2. She struggled to _____ the children's reading habits.
v. to supply enough of what somebody or something needs to survive or exist; to accept as valid
3. He was sick for five _____ days.
adj. extending or moving in one direction without bending or curving; having no deviations
4. Despite their tragic loss, the family is showing great _____.
n. the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people
5. I have to ____ these socks before they become unwearable.
v. to mend a piece of clothing by sewing over a hole or tear with small, tight stitches
6. In just four years, the _____ has doubled.
n. the total number of people in a country, region, or location
7. The _____ weather made it difficult to see the road ahead.
adj. characterized by or filled with dense clouds of mist or fog; unclear or hazy, as in thought or memory

ANSWERS: 1. hut, 2. sustain, 3. straight, 4. spirit, 5. darn, 6. population, 7. foggy

8. The federal _____ is planning to increase taxes for the next fiscal year.
n. the group of people with authority to control a country or state
9. Since the 1990s, the Internet has continued to experience _____ growth.
adj. becoming more and more rapid; of or involving mathematical exponents
10. She checked her _____ before embarking on the hike.
n. a toothed wheel that engages another toothed mechanism to change the speed or direction of transmitted motion; a set of tools, equipment, or other items for a particular purpose
11. The organization held _____ consultations to gather input on the project.
n. a person or group that has an interest or concern in something, especially a business
12. Among young people, _____ pressure can be pretty influential.
n. a person who has the same age, status, or ability
13. He _____ the wall in anger.
v. to strike someone or something with one's fist; to make a hole in something
14. The study found that regular exercise can help to prevent the onset of _____ in older age.
n. a severe decline in cognitive function, especially memory, as a result of disease or injury
15. She excelled in _____ during high school and went on to compete at the collegiate level.
n. the physical activities or sports that involve physical exertion and competition, such as running, jumping, throwing, or walking

ANSWERS: 8. government, 9. exponential, 10. gear, 11. stakeholder, 12. peer, 13. punched, 14. dementia, 15. athletics

16. The job offer was perfectly _____ to her skills and experience.

adj. appropriate, fitting, or acceptable for a particular purpose or occasion; matched or corresponding to a specific person, dress, or circumstances

17. My accidental _____ got better right away.

n. harm done to a person's or an animal's body caused by an accident or an attack

18. God _____ you should regret your marriage.

v. to order somebody not to do something, especially officially; to keep something from happening or arising

19. Professional skaters can spin fast on the ice without getting _____.

adj. having or causing a whirling sensation and not able to keep balance

20. Similar _____ had already been rejected by the parliament four times.

n. a law or a set of laws suggested and then passed by a parliament, or the act of making or enacting laws

21. His _____ observation allowed him to catch the mistake before anyone else did.

adj. having the ability to assess situations or people accurately and to act accordingly; mentally sharp or clever; showing practical wisdom or shrewdness

22. The patient displays a _____ of a side effect.

n. any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

23. I accidentally _____ my new car door in the parking lot.

v. to make a ringing, chiming, or knocking sound; to damage or dent a surface through impact or collision; (noun, Chinese) a type of ancient cooking vessel that was used for cooking, boiling, and steaming food

ANSWERS: 16. suited, 17. injury, 18. forbid, 19. dizzy, 20. legislation, 21. astute, 22. symptom, 23. dinged

24. The products they sell are the _____ for performance in the industry.
n. a starting point or minimum for comparing facts; the back line bounding each end of a tennis or handball court
25. His dream is to become an Olympic _____.
n. a person who competes in one or more sports that involve physical strength, speed, or endurance
26. His _____ presentation deeply moved everyone.
adj. arousing strong and irresistible interest, attention, or admiration
27. This medicine works best when taken at the _____ of a cold.
n. the beginning or early stages of unpleasant something; a military attack
28. You won't have to pay college tuition if you're a _____.
n. professor; a person who studies a topic in considerable depth, particularly in a university
29. Many autocratic policies became a _____ for that country's economy.
n. a rude or offensive word or an expression that is not polite and shows that you are very angry
30. I watched in awe as he rode his _____ across the tightrope.
n. a vehicle consisting of a single wheel, typically with pedals and a seat affixed to the axle
31. She is a _____ person and has always bounced back from setbacks.
adj. able to withstand or recover quickly from difficult conditions

ANSWERS: 24. baseline, 25. athlete, 26. compelling, 27. onset, 28. scholar, 29. curse, 30. unicycle, 31. resilient

32. We cannot _____ enough raw material sources.
- v.* to promise something will happen formally, especially that certain conditions about a product, service, or transaction would be met
33. The _____ character is always anxious and worries about everything.
- adj.* suffering from neurosis or excessive and irrational anxiety or distress, often about everyday situations and circumstances
34. The waves crashed against the rocks, creating white _____.
- n.* a mass of small air bubbles formed on the surface of a liquid; a substance that forms a lather when mixed with water
35. The _____ section of the ship suffered significant damage after the collision with the reef.
- adj.* (the opposite of "forward") located at or towards the rear or back of a ship, aircraft, or other vehicle
36. I _____ to him that I had seen his sister at the grocery store earlier that day.
- v.* to speak or write about something or someone briefly
37. He is _____ regarded as the finest actor of his generation.
- adv.* used when expressing an opinion or idea that you believe can be proven true
38. She is still _____ from a shot to her shoulder.
- v.* to return to a former condition, health, mind, or strength
39. X-rays revealed a small tumor in his _____.
- n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

ANSWERS: 32. guarantee, 33. neurotic, 34. foam, 35. aft, 36. mentioned, 37. arguably, 38. recovering, 39. brain

40. He became _____ that he was being followed.

adj. being aware of and able to respond to what is happening around you

41. The extinction rate of aquatic animals was _____.

adj. extremely harmful; causing physical or financial destruction

42. The company's _____ of its financial records led to a better understanding of its operations.

n. the act of making something known or revealing information that was previously hidden or secret, often used in legal or financial contexts

43. After working for the company for 30 years, she decided to _____ from her job.

v. to withdraw from one's position or occupation, especially because of age

44. The blast was powerful enough to _____ those standing nearby.

v. to cause a violent shaking or jarring, often referring to the brain or body; to cause a sudden disturbance or disruption

45. He bought a new _____ to attach the strap to his watch.

n. a small object with a head on one end and a sharp point on the other, used for fastening clothing, leather, or other materials; an animal used for breeding, typically a male horse or bull that is of superior breeding stock; (verb) to decorate or adorn with studs; to provide with studs for support

46. The president declared a state of _____.

n. a sudden unforeseen crisis usually involving danger that requires immediate action

47. Corporate executives and _____ are still overwhelmingly men.

n. a member of a group of people who has the power to make or enact laws

ANSWERS: 40. conscious, 41. catastrophic, 42. disclosure, 43. retire, 44. concuss, 45. stud, 46. emergency, 47. legislators

48. The _____ partially destroyed my vehicle.
n. an unfortunate event, especially one causing damage or injury
49. Her _____ to speak the local language made it difficult for her to communicate with the locals.
n. the state of being unable to do something or achieve a particular task or goal; a lack of physical or mental capacity or skill
50. That adventurer traveled in _____ of buried treasure.
n. a long or challenging search for something
51. The scientist conducted a study that provided _____ details about the species' behavior.
adj. clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
52. Can you explain your argument in a _____
n. the hard, outer covering or protective casing that encloses the kernel or fruit of certain types of nuts, such as walnuts or acorns; a concise and condensed summary or explanation of something
53. I accidentally backed into my wife's car while backing out of the _____ this morning.
n. a private road leading from a street or road to a house or garage, typically providing access for vehicles
54. The rain and thunder are _____ today.
adj. stupid or not sensible; very angry
55. We must ___ ourselves of pollution.
v. to make someone or something free of unwanted or unpleasant tasks, objects, or person

ANSWERS: 48. accident, 49. inability, 50. quest, 51. specific, 52. nutshell?, 53. driveway, 54. crazy, 55. rid

56. The hawkish _____ gave a speech on the new bill in the Senate.
n. a member of a legislative body, especially a member of the U.S. Senate
57. Many employers hire _____ trainees to train as managers.
n. a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree
58. The construction company _____ the building with an earthquake-resistant device.
v. to provide a person or a place with the things that are needed for a particular purpose or activity
59. My computer has been acting _____ recently.
adj. extraordinary, unexpected, or difficult to explain
60. The shareholders were reluctant to _____ the new project, but the presentation convinced them otherwise.
v. to buy something in large quantities for future use; to accept or adopt something
61. The worker survived the impact because they were wearing sturdy _____.
n. a protective covering for the head, worn for safety or as part of a uniform or ceremonial dress
62. He regrets the _____ behavior he took in his drunken state.
adj. acting suddenly without any planning and without considering the effects they may have
63. Basketball is their usual _____ after school.
n. the activity that renews your health and spirits by enjoyment and relaxation; the act or process of making something that existed in the past exists or seems to exist again in a different time or place

ANSWERS: 56. senator, 57. graduate, 58. equipped, 59. weird, 60. buy-in, 61. helmets, 62. impulsive, 63. recreation

64. The police placed a _____ across the street to halt traffic.
- n.* a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective
65. Six _____ are awaiting trial or verdict.
- n.* a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or acceptable for
66. The ad hoc _____ met to discuss the proposal.
- n.* a group of people appointed or elected to perform a specific function or manage a particular task, often within a larger organization
67. The _____ takeover of the company was met with resistance from the employees.
- adj.* unfriendly or aggressively opposed
68. Infants and pregnant women are particularly _____.
- adj.* capable of being hurt or influenced physically or mentally
69. The _____ of crime has decreased in the neighborhood since the new security measures were put in place.
- n.* the frequency or rate at which a particular event or condition occurs within a specific population, group, or area; the occurrence or manifestation of something, especially something harmful or unpleasant
70. The sudden rise in crime rates in our neighborhood is quite _____.
- adj.* causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing

ANSWERS: 64. barrier, 65. suits, 66. committee, 67. hostile, 68. vulnerable, 69. incidence, 70. alarming

71. He made the old _____ coins shine.

n. a chemical element that is a soft, malleable, and ductile metal with very high thermal and electrical conductivity

72. The school is planning to _____ to purchase new books for the library.

v. to collect or solicit funds or donations, typically for a charity, nonprofit organization, or political campaign, often through events, campaigns, or online platforms

73. His leg was in _____ for weeks after the accident.

n. the action or ability to pull something along a surface without sliding

74. They awaited news of the _____ of the election.

n. the result or effect of an action, event, etc.

75. The football player suffered a _____ after being tackled during the game.

n. a violent blow or jolt to the head or body that jars the brain, often resulting in temporary or prolonged unconsciousness, confusion, or memory loss; a shock or upheaval caused by a sudden change or event

76. The _____ to the new class was informative and engaging.

n. a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market

77. Parallel lines are, by _____ lines on the same plane that never cross.

n. a concise explanation of the meaning of a word, phrase, or symbol

78. The company experienced _____ growth over the past decade.

adj. lasting for a long time or continuing for a long time without becoming weaker or less intense

ANSWERS: 71. copper, 72. fundraise, 73. traction, 74. outcome, 75. concussion, 76. introduction, 77. definition, 78. sustained

79. The study of _____ is essential in understanding the relationship between the brain and behavior.
- n.* the branch of psychology that deals with the relationships between brain function and behavior
80. Each _____ member of the council has the right to vote on important decisions.
- n.* one of the parts of the whole; a person represented by an elected official
81. The CEO decided to _____ the new project to ensure its success.
- v.* to lead or initiate an effort or campaign
82. The doctor diagnosed him with a rare _____ that had no known cure.
- n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
83. He was exhausted and _____ into bed as soon as he got home.
- v.* to move in a particular direction by turning over and over or from side to side
84. She couldn't _____ whether to order the pizza or the pasta for dinner.
- v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
85. Wearing _____ gear is crucial for athletes to prevent injuries.
- adj.* serving to protect or shield from harm or danger; designed to prevent damage or injury
86. She had an _____ while meditating and realized the answer to her problem.
- n.* a moment of sudden and great realization or revelation; a Christian festival, held on 6 January, celebrating the visit of the three wise men to the infant Jesus

ANSWERS: 79. neuropsychology, 80. constituent, 81. spearhead, 82. disease, 83. rolled, 84. decide, 85. protective, 86. epiphany

87. During the _____ period, many European Christians went on a pilgrimage to the Holy Land.
- n.* a series of wars fought by Christians in the middle ages to recover the holy land from the Muslims; a series of actions advancing a principle or tending toward a particular end
88. The astronauts experienced high _____ during takeoff.
- n.* a force acting on a body as a result of acceleration or gravity expressed in units of acceleration equal to the acceleration of gravity
89. He has a _____ demeanor and always presents himself in a polished manner.
- adj.* having or showing the skill appropriate to a particular job; competent or skillful
90. Most countries prohibit sexual activity between certain close _____.
- adj.* considered and evaluated through comparison with something else
91. The more _____ you are, the more people around you look at you with envy and jealousy.
- adj.* extremely clever, skilled, or impressive
92. Shares in the company finally fell below their ____ value.
- n.* a state of being equal to someone or something
93. She put her phone in the ____ pocket of her backpack.
- n.* a fastener made of interlocking teeth or ridges that is used to join two edges or pieces of fabric; a sound or motion that resembles the sound made by a zipper when it is pulled; (of a computer) a popular file compression and archiving format; (short for Zone Improvement Plan) a system of postal codes used in the United States to help facilitate mail delivery more efficiently

ANSWERS: 87. Crusade, 88. g-forces, 89. professional, 90. relatives, 91. brilliant, 92. par, 93. zip

ANSWERS: