

Englist.me



Vocabulary Builder Reference from...

Nalini Nadkarni: Life science in prison | TED Talk

https://www.ted.com/talks/nalini_nadkarni_life_scienc_e_in_prison

Advanced Words Only

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

epitome

n. a person or thing that is a typical or perfect example of a particular quality or type

synonym: embodiment, apotheosis

(1) an **epitome** of history, (2) world's **epitome**

He was the **epitome** of courage, always standing up for his beliefs.

stasis

n. a state of stillness or immobility, often used in a medical context to refer to a lack of change or progress in a condition or disease

synonym: stillness, inactivity, stagnation

(1) renal **stasis**, (2) **stasis** in development

The patient's **stasis** in the hospital was concerning to the doctors.

twig

n. a small, thin, flexible branch or shoot of a tree or shrub; a slender, fragile, or delicate object or individual

synonym: branchlet, sprig, osier

(1) **twig** branch, (2) **twig** basket

The bird perched on a **twig** and sang a beautiful melody.

paintbrush

n. a tool used for applying paint or other liquid substances to a surface, typically consisting of bristles or synthetic fibers attached to a handle

synonym: brush, bristle brush, artist's brush

(1) **paintbrush** stroke, (2) **paintbrush** icon

She used a flat **paintbrush** to apply the final touches to the artwork.

cedar

n. a type of fragrant, evergreen tree that is known for its reddish-brown wood and its use in furniture, building materials, and as an ornamental plant

synonym: juniper, redwood, pine

(1) **cedar** wood, (2) **cedar** bark

Tall **cedar** trees surrounded the cabin in the woods.

fir

n. a type of tall evergreen tree that is native to the northern hemisphere, with needle-like leaves and cones that stand upright on the branches

synonym: pine, spruce, cedar

(1) **fir** branch, (2) **fir** forest

The smell of fresh **fir** trees filled the air at the Christmas tree farm.

quantify

v. to express or measure something in numerical terms

synonym: measure, express, determine

(1) **quantify** the results, (2) **quantify** blood flow

He tried to **quantify** the amount of product that was needed to complete the job.

vine

n. a climbing plant that produces grapes; any plant with a growth habit of trailing or climbing stems

(1) a green **vine**, (2) **vine** of ore

A **vine** remains productive throughout the year.

confine

v. to restrict the movement of someone or something

synonym: restrict, limit, contain

(1) **confine** themselves solely, (2) **confine** the scope of use

The animal was **confined** in a small cage.

incarcerate

v. to put or keep somebody in prison or in a place from which they cannot escape

synonym: confine, detain, imprison

(1) **incarcerate** the murderer, (2) **incarcerate** her for life

He was **incarcerated** for the duration of the war.

rehabilitate

v. to restore to good health or physical condition; to help someone return to a normal life, especially after a period of illness, addiction, or imprisonment

synonym: reform, restore, renovate

(1) **rehabilitate** prisoners, (2) **rehabilitate** wildlife

The organization works to **rehabilitate** drug addicts and help them rebuild their lives.

incarceration

n. the state of being confined in prison or jail

synonym: confinement, imprisonment, detention

(1) mass **incarceration**, (2) **incarceration** rates

The judge sentenced him to five years of **incarceration** for embezzlement.

institutionalize

v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)

synonym: formalize, establish, regularize

(1) **institutionalize** a system, (2) **institutionalize** customary laws

The new policy aims to **institutionalize** the use of renewable energy sources.

inmate

n. a person who is confined to an institution such as a prison, hospital, or mental health facility

synonym: prisoner, convict, detainee

(1) **inmate** population, (2) **inmate** rights

The prison implemented a new educational program for **inmates** to learn skills and prepare for life after release.

relic

n. an object from a previous era, especially one of historical value

synonym : whiff, vestige, antique

(1) historical **relic**, (2) holy **relics**

This bronze sword is a **relic** of ancient times.

segregate

v. to separate or set apart from others, often based on race, gender, or some other characteristic

synonym : isolate, separate, divide

(1) **segregate** by race, (2) **segregate** boys and girls

The school board decided to **segregate** students by the ability to meet their needs better.

supermax

adj. used to describe a high-security prison designed to house the most dangerous inmates, often characterized by strict confinement, reduced privileges, and intense surveillance

synonym : high-security, maximum-security, ultra-high-security

(1) **supermax** facility, (2) **supermax** security

A **supermax** prison is designed to house the most dangerous inmates.

infraction

n. a violation of a law or rule, especially a minor one

synonym : violation, breach, offense

(1) a doping **infraction**, (2) **infraction** of a rule

The driver was issued a citation for a minor **infraction** of the traffic laws.

immobile

adj. unable to move or be moved, particularly due to injury, sickness, or mechanical defect

synonym : motionless, stationary, still

(1) **immobile** object, (2) **immobile** body

The patient's injury left them **immobile** for weeks.

bleak

adj. unlikely to be favorable; unpleasantly cold and damp; offering little or no hope

synonym : miserable, pathetic, dim

(1) prospects were **bleak**, (2) **bleak** future

The political landscape looks **bleak** without a change of administration.

bland

adj. lacking in strong flavor, character, or interest; unremarkable or unexciting

synonym : boring, insipid, flavorless

(1) make a **bland** reply, (2) **bland** novel

The dinner was rather **bland** and in need of some seasoning.

solitary

adj. existing, living, or doing without others

synonym : lonely, unsociable, singular

(1) use of **solitary** confinement, (2) a **solitary** traveler

He never uttered a **solitary** word.

confinement

n. the act of confining or limiting movement, often by keeping someone in a specific place or within a specific area; a state of being physically or emotionally restricted or limited

synonym : captivity, imprisonment, detention

(1) **confinement** cell, (2) house **confinement**

The prisoner spent months in solitary **confinement**.

serene

adj. calm, peaceful, and untroubled; free from disturbances or worries

synonym : calm, peaceful, tranquil

(1) **serene** landscape, (2) a **serene** atmosphere

The **serene** sunset over the ocean was a peaceful sight to behold.

encircle

v. to form a circle or ring around something or someone; to surround or encompass something or someone completely

synonym : enclose, surround, encompass

(1) **encircle** the lake, (2) **encircle** the waist

The castle walls **encircled** the entire village for protection.

Session 2: Spelling

1. pai_____sh icon
n. a tool used for applying paint or other liquid substances to a surface, typically consisting of bristles or synthetic fibers attached to a handle
2. ce__r bark
n. a type of fragrant, evergreen tree that is known for its reddish-brown wood and its use in furniture, building materials, and as an ornamental plant
3. holy re__cs
n. an object from a previous era, especially one of historical value
4. se___e landscape
adj. calm, peaceful, and untroubled; free from disturbances or worries
5. v__e of ore
n. a climbing plant that produces grapes; any plant with a growth habit of trailing or climbing stems
6. t__g basket
n. a small, thin, flexible branch or shoot of a tree or shrub; a slender, fragile, or delicate object or individual
7. inc_____te her for life
v. to put or keep somebody in prison or in a place from which they cannot escape
8. mass inc _____ion
n. the state of being confined in prison or jail
9. bl__k future
adj. unlikely to be favorable; unpleasantly cold and damp; offering little or no hope
10. reh_____ate wildlife
v. to restore to good health or physical condition; to help someone return to a normal life, especially after a period of illness, addiction, or imprisonment

ANSWERS: 1. paintbrush, 2. cedar, 3. relic, 4. serene, 5. vine, 6. twig, 7. incarcerate, 8. incarceration, 9. bleak, 10. rehabilitate

11. reh_____ate prisoners *v.* to restore to good health or physical condition; to help someone return to a normal life, especially after a period of illness, addiction, or imprisonment
12. a green v__e *n.* a climbing plant that produces grapes; any plant with a growth habit of trailing or climbing stems
13. in___e population *n.* a person who is confined to an institution such as a prison, hospital, or mental health facility
14. en_____le the waist *v.* to form a circle or ring around something or someone; to surround or encompass something or someone completely
15. im_____le object *adj.* unable to move or be moved, particularly due to injury, sickness, or mechanical defect
16. pai_____sh stroke *n.* a tool used for applying paint or other liquid substances to a surface, typically consisting of bristles or synthetic fibers attached to a handle
17. a se___e atmosphere *adj.* calm, peaceful, and untroubled; free from disturbances or worries
18. inc_____te the murderer *v.* to put or keep somebody in prison or in a place from which they cannot escape
19. make a bl__d reply *adj.* lacking in strong flavor, character, or interest; unremarkable or unexciting
20. t__g branch *n.* a small, thin, flexible branch or shoot of a tree or shrub; a slender, fragile, or delicate object or individual

ANSWERS: 11. rehabilitate, 12. vine, 13. inmate, 14. encircle, 15. immobile, 16. paintbrush, 17. serene, 18. incarcerate, 19. bland, 20. twig

21. inf_____on of a rule *n.* a violation of a law or rule, especially a minor one
22. se_____te boys and girls *v.* to separate or set apart from others, often based on race, gender, or some other characteristic
23. use of so_____ry confinement *adj.* existing, living, or doing without others
24. renal st____s *n.* a state of stillness or immobility, often used in a medical context to refer to a lack of change or progress in a condition or disease
25. st____s in development *n.* a state of stillness or immobility, often used in a medical context to refer to a lack of change or progress in a condition or disease
26. prospects were bl__k *adj.* unlikely to be favorable; unpleasantly cold and damp; offering little or no hope
27. ce__r wood *n.* a type of fragrant, evergreen tree that is known for its reddish-brown wood and its use in furniture, building materials, and as an ornamental plant
28. an ep_____e of history *n.* a person or thing that is a typical or perfect example of a particular quality or type
29. a doping inf_____on *n.* a violation of a law or rule, especially a minor one
30. a so_____ry traveler *adj.* existing, living, or doing without others
31. co_____e themselves solely *v.* to restrict the movement of someone or something

ANSWERS: 21. infraction, 22. segregate, 23. solitary, 24. stasis, 25. stasis, 26. bleak, 27. cedar, 28. epitome, 29. infraction, 30. solitary, 31. confine

32. in___e rights *n.* a person who is confined to an institution such as a prison, hospital, or mental health facility
33. f_r branch *n.* a type of tall evergreen tree that is native to the northern hemisphere, with needle-like leaves and cones that stand upright on the branches
34. su_____ax facility *adj.* used to describe a high-security prison designed to house the most dangerous inmates, often characterized by strict confinement, reduced privileges, and intense surveillance
35. su_____ax security *adj.* used to describe a high-security prison designed to house the most dangerous inmates, often characterized by strict confinement, reduced privileges, and intense surveillance
36. ins_____ize customary laws *v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
37. inc_____ion rates *n.* the state of being confined in prison or jail
38. con_____nt cell *n.* the act of confining or limiting movement, often by keeping someone in a specific place or within a specific area; a state of being physically or emotionally restricted or limited
39. ins_____ize a system *v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)

ANSWERS: 32. inmate, 33. fir, 34. supermax, 35. supermax, 36. institutionalize, 37. incarceration, 38. confinement, 39. institutionalize

40. co____e the scope of use *v.* to restrict the movement of someone or something
41. bl__d novel *adj.* lacking in strong flavor, character, or interest; unremarkable or unexciting
42. qu____fy the results *v.* to express or measure something in numerical terms
43. world's ep____e *n.* a person or thing that is a typical or perfect example of a particular quality or type
44. historical re__c *n.* an object from a previous era, especially one of historical value
45. en____le the lake *v.* to form a circle or ring around something or someone; to surround or encompass something or someone completely
46. house con_____nt *n.* the act of confining or limiting movement, often by keeping someone in a specific place or within a specific area; a state of being physically or emotionally restricted or limited
47. se_____te by race *v.* to separate or set apart from others, often based on race, gender, or some other characteristic
48. im____le body *adj.* unable to move or be moved, particularly due to injury, sickness, or mechanical defect
49. f_r forest *n.* a type of tall evergreen tree that is native to the northern hemisphere, with needle-like leaves and cones that stand upright on the branches

ANSWERS: 40. confine, 41. bland, 42. quantify, 43. epitome, 44. relic, 45. encircle, 46. confinement, 47. segregate, 48. immobile, 49. fir

50. qu____fy blood flow

v. to express or measure something in numerical terms

ANSWERS: 50. quantify

Session 3: Fill in the Blanks

1. The driver was issued a citation for a minor _____ of the traffic laws.
n. a violation of a law or rule, especially a minor one
2. A _____ prison is designed to house the most dangerous inmates.
adj. used to describe a high-security prison designed to house the most dangerous inmates, often characterized by strict confinement, reduced privileges, and intense surveillance
3. The political landscape looks _____ without a change of administration.
adj. unlikely to be favorable; unpleasantly cold and damp; offering little or no hope
4. The smell of fresh _____ trees filled the air at the Christmas tree farm.
n. a type of tall evergreen tree that is native to the northern hemisphere, with needle-like leaves and cones that stand upright on the branches
5. The patient's injury left them _____ for weeks.
adj. unable to move or be moved, particularly due to injury, sickness, or mechanical defect
6. She used a flat _____ to apply the final touches to the artwork.
n. a tool used for applying paint or other liquid substances to a surface, typically consisting of bristles or synthetic fibers attached to a handle
7. The bird perched on a _____ and sang a beautiful melody.
n. a small, thin, flexible branch or shoot of a tree or shrub; a slender, fragile, or delicate object or individual

ANSWERS: 1. infraction, 2. supermax, 3. bleak, 4. fir, 5. immobile, 6. paintbrush, 7. twig

8. He was the _____ of courage, always standing up for his beliefs.
n. a person or thing that is a typical or perfect example of a particular quality or type
9. The patient's _____ in the hospital was concerning to the doctors.
n. a state of stillness or immobility, often used in a medical context to refer to a lack of change or progress in a condition or disease
10. The _____ sunset over the ocean was a peaceful sight to behold.
adj. calm, peaceful, and untroubled; free from disturbances or worries
11. The organization works to _____ drug addicts and help them rebuild their lives.
v. to restore to good health or physical condition; to help someone return to a normal life, especially after a period of illness, addiction, or imprisonment
12. The animal was _____ in a small cage.
v. to restrict the movement of someone or something
13. The new policy aims to _____ the use of renewable energy sources.
v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
14. He never uttered a _____ word.
adj. existing, living, or doing without others
15. This bronze sword is a _____ of ancient times.
n. an object from a previous era, especially one of historical value

ANSWERS: 8. epitome, 9. stasis, 10. serene, 11. rehabilitate, 12. confined, 13. institutionalize, 14. solitary, 15. relic

16. A _____ remains productive throughout the year.
- n.* a climbing plant that produces grapes; any plant with a growth habit of trailing or climbing stems
17. The prisoner spent months in solitary _____.
- n.* the act of confining or limiting movement, often by keeping someone in a specific place or within a specific area; a state of being physically or emotionally restricted or limited
18. The prison implemented a new educational program for _____ to learn skills and prepare for life after release.
- n.* a person who is confined to an institution such as a prison, hospital, or mental health facility
19. The castle walls _____ the entire village for protection.
- v.* to form a circle or ring around something or someone; to surround or encompass something or someone completely
20. The dinner was rather _____ and in need of some seasoning.
- adj.* lacking in strong flavor, character, or interest; unremarkable or unexciting
21. The school board decided to _____ students by the ability to meet their needs better.
- v.* to separate or set apart from others, often based on race, gender, or some other characteristic
22. The judge sentenced him to five years of _____ for embezzlement.
- n.* the state of being confined in prison or jail
23. He was _____ for the duration of the war.
- v.* to put or keep somebody in prison or in a place from which they cannot escape

ANSWERS: 16. vine, 17. confinement, 18. inmates, 19. encircled, 20. bland, 21. segregate, 22. incarceration, 23. incarcerated

24. He tried to _____ the amount of product that was needed to complete the job.

v. to express or measure something in numerical terms

25. Tall _____ trees surrounded the cabin in the woods.

n. a type of fragrant, evergreen tree that is known for its reddish-brown wood and its use in furniture, building materials, and as an ornamental plant

ANSWERS: 24. quantify, 25. cedar