

# Englist.me



## Vocabulary Builder Reference from...

Gary Wolf: *The quantified self* | TED Talk

[https://www.ted.com/talks/gary\\_wolf\\_the\\_quantified\\_self](https://www.ted.com/talks/gary_wolf_the_quantified_self)

### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

### awaken

*v.* to stop sleeping or to cause someone to stop sleeping

*synonym*: rouse, arouse, revive

(1) **awaken** at daybreak, (2) **awaken** a child

The friend's death **awakens** them.

### narcissist

*n.* a person who is excessively self-absorbed, especially regarding their appearance or achievements

*synonym*: egotist, boaster, braggart

(1) relationship with a **narcissist**, (2) somatic **narcissist**

He thinks she is a high **narcissist** because she always talks about herself and her accomplishments.

### reassure

*v.* to cause someone to feel sure; to give or restore confidence

*synonym*: comfort, soothe, bolster

(1) **reassure** anxious patients, (2) **reassure** market

The pilot tried to **reassure** the customers that the planes were safe.

### numb

*adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity

*synonym*: dazed, insensitive, emotionless

(1) **numb** with cold, (2) a **numb** mind

My left arm became **numb**.

## steppe

*n.* a vast, wide, and usually treeless plain, typically found in semi-arid or arid regions, characterized by fertile soil and grassy vegetation, often used for grazing livestock; an expansive and open grassland ecosystem found in Eurasia and North America

*synonym*: prairie, savannah, grassland

(1) **steppe** climate, (2) barren **steppe**

The nomadic tribes set up camp on the vast **steppe**.

## smartphone

*n.* a mobile phone that functions as a computer and connects to the Internet

(1) **smartphone** app developer, (2) **smartphone** addict

Internet traffic volumes have increased significantly with the advent of **smartphones**.

## biometric

*adj.* relating to the measurement and analysis of unique physical or behavioral characteristics of an individual, such as fingerprints or voice patterns, often used for identification or security purposes; (noun, biometrics) the use of measurable biological characteristics or traits, such as fingerprints, facial recognition, iris scans, or voice recognition, to identify or authenticate individuals

(1) **biometric** recognition, (2) **biometrics** for visitors

The new smartphone has **biometric** authentication, such as facial recognition and fingerprint scanning.

## accelerometer

*n.* a device that measures acceleration or changes in motion, typically used in aerospace, automotive, and other engineering applications to monitor and control movement or to measure things like speed or vibration

*synonym*: sensor, g-sensor, gravimeter

(1) **accelerometer** reading, (2) high-precision **accelerometer**

The phone's **accelerometer** measures its movement and orientation in three-dimensional space.

## doorbell

*n.* a bell that is pressed or pulled to signal that someone wishes to enter a building

*synonym* : bell, buzzer, ring

(1) touch a **doorbell**, (2) **doorbell** chime

He rang the **doorbell** and waited for someone to answer.

## confer

*v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something

*synonym* : consult, meet, discuss

(1) **confer** degree, (2) **confer** honor

The leaders of the two countries met to **confer** on the issue.

## inhale

*v.* to breathe in air or a different substance, such as smoke

*synonym* : breathe in, take in, draw in

(1) **inhale** the smoke, (2) **inhale** the aroma

He **inhaled** deeply, trying to calm down.

## transceiver

*n.* a device that combines a transmitter and receiver in one unit, typically used for both transmitting and receiving signals in telecommunications or radio communication

*synonym* : transmitter, receiver, radio

(1) optical **transceiver**, (2) wireless **transceiver**

The technician replaced the damaged **transceiver** module to restore communication with the satellite.

## ubiquitous

*adj.* being or existing everywhere at once

*synonym* : universal, omnipresent, everywhere

(1) **ubiquitous** computing, (2) **ubiquitous** across ecosystems

Sugar is **ubiquitous** in food.

## inward

*adj.* directed or facing towards the inside; inside or inward-looking

*synonym* : internal, introspective, interior

(1) **inward** peace, (2) **inward** cargo

The **inward** motion of the tide was gradually slowing down.

## **avant-garde**

*adj.* relating to or characteristic of experimental or innovative ideas, especially in the arts, culture, or politics; pushing boundaries and challenging established norms and traditions

*synonym* : innovative, experimental, unconventional

(1) **avant-garde** art, (2) **avant-garde** music

The artist's **avant-garde** approach to sculpture challenged conventional ideas of art.

## Session 2: Spelling

1. bi\_\_\_\_\_ic recognition  
*adj.* relating to the measurement and analysis of unique physical or behavioral characteristics of an individual, such as fingerprints or voice patterns, often used for identification or security purposes; (noun, biometrics) the use of measurable biological characteristics or traits, such as fingerprints, facial recognition, iris scans, or voice recognition, to identify or authenticate individuals
2. re\_\_\_\_\_re market  
*v.* to cause someone to feel sure; to give or restore confidence
3. co\_\_\_\_\_r degree  
*v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
4. a n\_\_b mind  
*adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity
5. aw\_\_\_\_\_n a child  
*v.* to stop sleeping or to cause someone to stop sleeping
6. st\_\_\_\_\_e climate  
*n.* a vast, wide, and usually treeless plain, typically found in semi-arid or arid regions, characterized by fertile soil and grassy vegetation, often used for grazing livestock; an expansive and open grassland ecosystem found in Eurasia and North America

ANSWERS: 1. biometric, 2. reassure, 3. confer, 4. numb, 5. awaken, 6. steppe

7. ubi\_\_\_\_\_us across ecosystems *adj.* being or existing everywhere at once
8. barren st\_\_\_e *n.* a vast, wide, and usually treeless plain, typically found in semi-arid or arid regions, characterized by fertile soil and grassy vegetation, often used for grazing livestock; an expansive and open grassland ecosystem found in Eurasia and North America
9. do\_\_\_\_\_ll chime *n.* a bell that is pressed or pulled to signal that someone wishes to enter a building
10. optical tra\_\_\_\_\_er *n.* a device that combines a transmitter and receiver in one unit, typically used for both transmitting and receiving signals in telecommunications or radio communication
11. in\_\_\_e the aroma *v.* to breathe in air or a different substance, such as smoke
12. sma\_\_\_\_\_ne addict *n.* a mobile phone that functions as a computer and connects to the Internet
13. touch a do\_\_\_\_\_ll *n.* a bell that is pressed or pulled to signal that someone wishes to enter a building
14. wireless tra\_\_\_\_\_er *n.* a device that combines a transmitter and receiver in one unit, typically used for both transmitting and receiving signals in telecommunications or radio communication
15. n\_\_b with cold *adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity

ANSWERS: 7. ubiquitous, 8. steppe, 9. doorbell, 10. transceiver, 11. inhale, 12. smartphone, 13. doorbell, 14. transceiver, 15. numb

16. bi\_\_\_\_\_ics for visitors  
*adj.* relating to the measurement and analysis of unique physical or behavioral characteristics of an individual, such as fingerprints or voice patterns, often used for identification or security purposes; (noun, biometrics) the use of measurable biological characteristics or traits, such as fingerprints, facial recognition, iris scans, or voice recognition, to identify or authenticate individuals
17. somatic nar\_\_\_\_\_st  
*n.* a person who is excessively self-absorbed, especially regarding their appearance or achievements
18. in\_\_\_\_d cargo  
*adj.* directed or facing towards the inside; inside or inward-looking
19. ava\_\_\_\_\_de music  
*adj.* relating to or characteristic of experimental or innovative ideas, especially in the arts, culture, or politics; pushing boundaries and challenging established norms and traditions
20. ava\_\_\_\_\_de art  
*adj.* relating to or characteristic of experimental or innovative ideas, especially in the arts, culture, or politics; pushing boundaries and challenging established norms and traditions
21. aw\_\_\_\_n at daybreak  
*v.* to stop sleeping or to cause someone to stop sleeping
22. re\_\_\_\_\_re anxious patients  
*v.* to cause someone to feel sure; to give or restore confidence

ANSWERS: 16. biometric, 17. narcissist, 18. inward, 19. avant-garde, 20. avant-garde, 21. awaken, 22. reassure

23. co\_\_\_r honor *v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
24. in\_\_\_d peace *adj.* directed or facing towards the inside; inside or inward-looking
25. sma\_\_\_\_\_ne app developer *n.* a mobile phone that functions as a computer and connects to the Internet
26. acc\_\_\_\_\_ter reading *n.* a device that measures acceleration or changes in motion, typically used in aerospace, automotive, and other engineering applications to monitor and control movement or to measure things like speed or vibration
27. relationship with a nar\_\_\_\_\_st *n.* a person who is excessively self-absorbed, especially regarding their appearance or achievements
28. high-precision acc\_\_\_\_\_ter *n.* a device that measures acceleration or changes in motion, typically used in aerospace, automotive, and other engineering applications to monitor and control movement or to measure things like speed or vibration
29. in\_\_\_e the smoke *v.* to breathe in air or a different substance, such as smoke
30. ubi\_\_\_\_\_us computing *adj.* being or existing everywhere at once

ANSWERS: 23. confer, 24. inward, 25. smartphone, 26. accelerometer, 27. narcissist, 28. accelerometer, 29. inhale, 30. ubiquitous



## Session 3: Fill in the Blanks

1. The nomadic tribes set up camp on the vast \_\_\_\_\_.  
*n.* a vast, wide, and usually treeless plain, typically found in semi-arid or arid regions, characterized by fertile soil and grassy vegetation, often used for grazing livestock; an expansive and open grassland ecosystem found in Eurasia and North America
2. The phone's \_\_\_\_\_ measures its movement and orientation in three-dimensional space.  
*n.* a device that measures acceleration or changes in motion, typically used in aerospace, automotive, and other engineering applications to monitor and control movement or to measure things like speed or vibration
3. The artist's \_\_\_\_\_ approach to sculpture challenged conventional ideas of art.  
*adj.* relating to or characteristic of experimental or innovative ideas, especially in the arts, culture, or politics; pushing boundaries and challenging established norms and traditions
4. Sugar is \_\_\_\_\_ in food.  
*adj.* being or existing everywhere at once
5. He rang the \_\_\_\_\_ and waited for someone to answer.  
*n.* a bell that is pressed or pulled to signal that someone wishes to enter a building
6. The friend's death \_\_\_\_\_ them.  
*v.* to stop sleeping or to cause someone to stop sleeping
7. He \_\_\_\_\_ deeply, trying to calm down.  
*v.* to breathe in air or a different substance, such as smoke

ANSWERS: 1. steppe, 2. accelerometer, 3. avant-garde, 4. ubiquitous, 5. doorbell, 6. awakens, 7. inhaled

8. My left arm became \_\_\_\_\_.

*adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity

9. He thinks she is a high \_\_\_\_\_ because she always talks about herself and her accomplishments.

*n.* a person who is excessively self-absorbed, especially regarding their appearance or achievements

10. The pilot tried to \_\_\_\_\_ the customers that the planes were safe.

*v.* to cause someone to feel sure; to give or restore confidence

11. The technician replaced the damaged \_\_\_\_\_ module to restore communication with the satellite.

*n.* a device that combines a transmitter and receiver in one unit, typically used for both transmitting and receiving signals in telecommunications or radio communication

12. The leaders of the two countries met to \_\_\_\_\_ on the issue.

*v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something

13. The new smartphone has \_\_\_\_\_ authentication, such as facial recognition and fingerprint scanning.

*adj.* relating to the measurement and analysis of unique physical or behavioral characteristics of an individual, such as fingerprints or voice patterns, often used for identification or security purposes; (noun, biometrics) the use of measurable biological characteristics or traits, such as fingerprints, facial recognition, iris scans, or voice recognition, to identify or authenticate individuals

ANSWERS: 8. numb, 9. narcissist, 10. reassure, 11. transceiver, 12. confer, 13. biometric

14. The \_\_\_\_\_ motion of the tide was gradually slowing down.

*adj.* directed or facing towards the inside; inside or inward-looking

15. Internet traffic volumes have increased significantly with the advent of \_\_\_\_\_.

*n.* a mobile phone that functions as a computer and connects to the Internet

ANSWERS: 14. inward, 15. smartphones