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Vocabulary Builder Reference from...

Inge Missmahl: Bringing peace to the minds of Afghanistan | TED Talk

https://www.ted.com/talks/inge_missmahl_bringing_peace_to_the_minds_of_afghanistan

All Words

IMPORTANT

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Session 1: Word List

encouraging

adj. giving hope, confidence, or support; inspiring

synonym: uplifting, inspiring, optimistic

(1) **encouraging** approval, (2) **encouraging** sign

The test results were **encouraging** and showed improvement.

despair

n. the feeling that there is no hope and you cannot do anything to improve a difficult situation

synonym: dismay, anguish, misery

(1) **despair** at the future, (2) untold **despair**

His friend's death drove him to **despair**.

depression

n. a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

synonym: recession, slump, despair

(1) the Great **Depression**, (2) the root problem of her **depression**

Depression symptoms might include a decrease in appetite and weight loss.

overcome

v. to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm

someone

synonym: beat, confound, overwhelm

(1) **overcome** opponents, (2) **overcome** all difficulties

He tried to **overcome** a bad reputation and win the election.

traumatic

adj. relating to or caused by injury, especially emotional injury

synonym: distressing

(1) **traumatic** event, (2) **traumatic** brain injury

The experience was so **traumatic** that it left a lasting impact on the survivor's mental health.

regain

v. to get something back or recover something after it has been lost or taken away

synonym: recover, reclaim, retrieve

(1) **regain** our reputation, (2) **regain** my health

After years of hard work, he finally **regained** his financial stability.

confidence

n. the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something

synonym: self-trust, certainty, belief

(1) **confidence** as a teacher, (2) boost my **confidence**

Skill and **confidence** are an unconquered army.

participate

v. to take part in something

synonym: take part, partake, enter

(1) **participate** fully in conversation, (2) **participate** in the program

The majority of students actively **participated** in the college's intramural sports program.

psychology

n. the scientific study of mind and behavior

(1) **psychology** experiment, (2) **psychology** of crowd

She had a master's degree in **psychology**.

assignment

n. a duty or task given to someone, usually as part of their job or studies

synonym: task, duty, designation

(1) finish the **assignment**, (2) **assignment** of interest

My **assignment** was overwhelming and complicated, but it was also exciting.

poorest

adj. having the least wealth or resources

synonym: impecunious, penniless, least

(1) **poorest** of the poor, (2) **poorest** area

The **poorest** countries in the world often have the highest rates of malnutrition.

illiterate

adj. unable to read or write; lacking basic education and knowledge in reading and writing

synonym: unlettered, uneducated, unschooled

(1) **illiterate** population, (2) computer- **illiterate**

Despite attending school, he remained **illiterate** and unable to read or write.

malnutrition

n. the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients

synonym: undernourishment, starvation, hunger

(1) severe **malnutrition**, (2) childhood **malnutrition**

The doctor advised the patient to eat a balanced diet to avoid **malnutrition**.

environment

n. the natural world such as air, water, and land in which humans, animals, and plants live

synonym: atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's **environment**.

translate

v. to convert or change words into another language
synonym: convert, transcribe, render

(1) **translate** a document into English, (2) **translate** the emotion to a movement

Translate the text from Italian into English.

ongoing

adj. continuing to exist or develop, or currently happening
synonym: continuous, current, proceeding

(1) still **ongoing**, (2) **ongoing** support

The new prime minister has vowed to take measures against the **ongoing** economic crisis.

violent

adj. involving or caused by physical force or aggression against someone or something

synonym: aggressive, intense, turbulent

(1) victim of a **violent** crime, (2) **violent** incident

The protesters became **violent** when the police tried to disperse them.

bribery

n. the practice or attempt of offering something, usually money, to gain an unlawful advantage

synonym: graft, bribe

(1) **bribery** scandal, (2) vulnerable to **bribery**

He is currently under accusation of fraud and **bribery**.

ethnic

adj. relating or belonging to a group of people who share a cultural tradition

synonym: racial, ethnical, tribal

(1) **ethnic** minority, (2) single **ethnic** group

Each **ethnic** group has its unique rituals.

conflict

n. a strong disagreement, argument, or a violent clash between two opposing groups or individuals

synonym: clash, discord, competition

(1) the **conflict** between good and evil, (2) the longstanding **conflict**

He and I often had **conflicts**, not only in personality but also in ideology.

sham

n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

synonym: bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham**

The data he prepared was completely **sham**.

cumulative

adj. increasing or growing by one addition after another

synonym: accumulative, additive, compounding

(1) **cumulative** improvement, (2) **cumulative** damage

The **cumulative** effect of years of neglect had taken its toll on the old building.

military

adj. relating to or characteristic of members of the armed forces; of or relating to war or warfare

synonym: armed, martial, warlike

(1) a **military** operation, (2) a **military** leader

The **military** academy was known for its strict discipline and training.

suppose

v. to think that something is likely to be actual or possible

synonym: guess, assume, presume

(1) **suppose** you're right, (2) **suppose** beforehand

What do you **suppose** the culprit's motive was?

donor

n. a person or an organization that makes a gift of money, food, supplies, etc. to a cause or fund; in medicine, a person who gives blood or tissue or an organ to be used in another person

synonym: contributor, patron, supporter

(1) a transfusion of **donor** blood, (2) an unnamed **donor**

His body rejected the liver of the **donor**.

government

n. the group of people with authority to control a country or state

synonym: administration, regime, state

(1) **government** bureaucracy, (2) **government** funding

The federal **government** is planning to increase taxes for the next fiscal year.

nongovernmental

adj. not belonging to or controlled by a government

synonym: private, non-public, non-state

(1) **nongovernmental** aid worker, (2) **nongovernmental** agency

The **nongovernmental** organization works to promote human rights in developing countries.

organization

n. a group of people who work together for a shared purpose

synonym: association, institution, community

(1) **organization** chart, (2) agricultural **organization**

She is the president of a large international **organization**.

worsen

v. to become or make something worse

synonym: languish, degenerate, degrade

(1) **worsen** a relation, (2) **worsen** the food problem

Unilateral import bans have **worsened** that country's terms of trade.

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym: endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

brilliant

adj. extremely clever, skilled, or impressive

synonym: luminous, intelligent, clever

(1) **brilliant** idea, (2) **brilliant** performance

The more **brilliant** you are, the more people around you look at you with envy and jealousy.

symbol

n. something visible that is used to represent something else

synonym: mark, character, insignia

(1) **symbol** color, (2) **symbol** for happiness

The dragon is considered a **symbol** of bravery.

generation

n. all the people born and living at about the same time, regarded collectively; the production of heat or electricity

synonym: cohort, age group, era

(1) **generation** gap, (2) the **generation** of electricity

The younger **generation** has different values and beliefs than the older one.

prescribe

v. (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something

synonym: define, specify, stipulate

(1) **prescribe** a drug, (2) **prescribe** in the preceding paragraph

Federal bankruptcy laws **prescribed** the reorganization process.

medication

n. a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease

synonym: cure, drug, medicine

(1) antibiotic **medication**, (2) **medication** by mouth

The pharmacist not only prescribes the **medication** but also guides its proper use.

intact

adj. undamaged and complete

synonym: flawless, unchanged, entire

(1) **intact** brain, (2) **intact** forestland

Despite the scandals, his reputation remained **intact**.

cope

v. to deal with and overcome difficulties or problems
synonym: manage, handle, deal with

(1) **cope** with stress, (2) **cope** alone with a child

The company was able to **cope** with the changes in the market by introducing new products.

arrival

n. the act or situation of coming or being brought to a place; accomplishment of an objective

synonym: reaching, appearance, coming

(1) **arrival** and departure gate, (2) **arrival** at a conclusion

Weather forecasters are predicting the **arrival** of a heatwave.

confirm

v. to support or establish the truth or certainty of something previously believed or suspected to be the case

synonym: affirm, verify, assure

(1) **confirm** the diagnosis, (2) **confirm** a transaction

Please write to **confirm** your reservation.

instrument

n. an object used to make musical sounds, such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work

synonym: apparatus, tool, device

(1) musical **instruments**, (2) surgical **instruments**

This electronic **instrument** is required to undergo periodic inspections to ensure precision.

modern

adj. of or belonging to the present time or recent times

synonym: contemporary, stylish, current

(1) **modern** poetry, (2) pre- **modern** agricultural society

Their headquarters are in a **modern** skyscraper.

reaction

n. a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others

synonym: response, reply, answer

(1) chemical **reaction**, (2) trigger a **reaction**

There was a chemical **reaction** of the lime with the groundwater.

universal

adj. existing or affecting everywhere or everyone

synonym: common, broad, worldwide

(1) **universal** life, (2) principles of **universal** design

The picture earned near- **universal** acclaim from critics.

symptom

n. any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

synonym: sign, manifestation, syndrome

(1) **symptoms** of low testosterone, (2) neurotic **symptoms**

The patient displays a **symptom** of a side effect.

specific

adj. clearly defined or particular to a certain thing or situation; distinct, explicit, and precise

synonym: particular, definite, distinct

(1) **specific** instructions, (2) industry- **specific** regulations

The scientist conducted a study that provided **specific** details about the species' behavior.

context

n. the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning

synonym: background, setting, environment

(1) historical **context**, (2) legal **context**

It's important to understand the **context** of a situation before making a decision.

aft

adj. (the opposite of "forward") located at or towards the rear or back of a ship, aircraft, or other vehicle

(1) **aft** cabin, (2) **aft** view

The **aft** section of the ship suffered significant damage after the collision with the reef.

counseling

n. the process of providing guidance and support to someone, often in a therapeutic or professional context, to help them overcome personal or emotional difficulties and improve their mental health and well-being

synonym: therapy, guidance, advice

(1) **counseling** about risk management, (2) career **counseling**

I am going to **counseling** to work through my anxiety and depression.

session

n. a formal meeting or series of meetings for the execution of a particular group's functions; a period spent doing a particular activity

synonym: conference, gathering

(1) the morning **session**, (2) the court **session**

Parliament is now in **session**.

survive

v. to live or exist despite a dangerous event or period

synonym: endure, persist, stay

(1) **survive** a blizzard, (2) **survive** a plane crash

These birds can only **survive** in temperate climates.

worthless

adj. having no value or usefulness; not worth considering

synonym: valueless, useless, pointless

(1) **worthless** stock, (2) **worthless** coin

The product was found to be **worthless** as it failed to meet the customer's expectations.

ashamed

adj. feeling guilt, embarrassment, or remorse about something because of something you have done

synonym: regretful, repentant, mortified

(1) feel **ashamed** of him, (2) cast **ashamed** eyes

You don't have to be **ashamed**.

horrible

adj. extremely unpleasant or bad; causing fear or disgust

synonym: dreadful, terrible, awful

(1) **horrible** accident, (2) **horrible** smell

The experience was **horrible** and left a lasting impression.

retreat

n. the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life

synonym: escape, withdrawal, vacation

(1) **retreat** deeper into their territory, (2) **retreat** in a mountain region

Many people go on a **retreat** to recharge and reconnect with themselves.

isolation

n. the condition of being alone or lonely; the act or state of separation between persons or groups

synonym: aloneness, seclusion, separateness

(1) **isolation** booth, (2) the country's **isolation**

That incident led to his **isolation**.

dare

v. to have the courage to do something

synonym: challenge, risk, attempt

(1) **dare** not go, (2) **dare** to take risks

I wouldn't **dare** to speak to him like that.

evil

adj. profoundly immoral, cruel, and wicked; having or exerting a harmful effect on people

synonym: malign, corruption, immorality

(1) **evil** ways, (2) a charm against **evil**

Corruption is an **evil** act for any reason.

burden

n. a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry

synonym: obligation, duty, load

(1) carry a **burden**, (2) **burden** of disease

That car has a low environmental **burden**.

arouse

v. to awaken strong feelings or emotions in someone; to excite or inspire a physical or emotional response

synonym : excite, stimulate, stir

(1) **arouse** desire, (2) **arouse** suspicion

The rousing speech by the politician **aroused** the audience to action.

flashback

n. an interruption of the chronological sequence of events in a narrative, in which an event or scene from a past time is inserted into the current narrative

synonym : recollection, reminiscence, memory

(1) vivid **flashback**, (2) **flashback** memory

The **flashback** scene in the movie shows the character's past experiences.

constant

adj. happening repeatedly or all the time

synonym : ceaseless, stable, unchanging

(1) a **constant** wind, (2) a **constant** temperature

Constant dropping wears away the stone.

unexpected

adj. not anticipated or regarded as likely to happen

synonym : surprising, unanticipated, incredible

(1) an **unexpected** visitor, (2) some **unexpected** events

The **unexpected** rainstorm caused the collapse of the corral.

suddenly

adv. quickly and unexpectedly

synonym : abruptly, unexpectedly, unawares

(1) **suddenly** attacked by an enemy, (2) die **suddenly**

Who answers **suddenly** knows little.

compensate

v. to make up for a loss, injury, or inconvenience by giving something of value

synonym : reimburse, pay, recompense

(1) **compensate** a loss, (2) **compensate** for a car accident

The company offered to **compensate** the employees for the overtime they worked.

unfortunately

adv. by bad luck; unluckily

synonym : regrettably, unluckily, alas

(1) **unfortunately** caught in a shower, (2) even more **unfortunately**

The treatments were done but, **unfortunately**, were unsuccessful.

tradition

n. a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society

synonym : custom, practice, ritual

(1) a **tradition** of a culture, (2) against **tradition**

It is a **tradition** in many families to have a big Thanksgiving dinner with all their relatives.

regress

v. to move or develop backward; to return to an earlier or less advanced state or condition; to decline or deteriorate

synonym : retrovert, deteriorate, decline

(1) **regress** to childhood, (2) **regress** in skills

The team's failure to win games has caused them to **regress** in confidence.

repress

v. to restrain or control by force; to suppress feelings or memories

synonym : suppress, control, curb

(1) cannot **repress** laughter, (2) **repress** gene expression

He **repressed** the memories of his traumatic childhood.

restrictive

adj. limiting or confining in nature; imposing limits or restrictions on something or someone

synonym : limiting, inhibiting, confining

(1) **restrictive** policy, (2) **restrictive** diet

The dress code at the office is very **restrictive** and doesn't allow any casual clothing.

moth

n. an insect with wings similar to a butterfly that travels at night and is attracted to light

(1) **moth** larva, (2) **moth** attracted to the light

The **moth** is a serious threat to the farm's output.

afterward

adv. after the time mentioned

synonym: later, thereafter, following

(1) a few years **afterward**, (2) go there **afterward**

We will explain the countermeasure concerning this problem **afterward**.

awful

adj. causing fear, dread, or terror; very bad or unpleasant

synonym: terrible, appalling, horrible

(1) an **awful** error, (2) do **awful** damage

I regretted making an **awful** mistake in my final exam.

desperate

adj. feeling or showing a lack of hope and a willingness to do anything because of the problematic situation

synonym: anguish, frantic, hopeless

(1) her **desperate** screams, (2) **desperate** attempt

He was **desperate** when he lost all his money by gambling.

restore

v. to repair or return something or someone to a previous good state or position

synonym: fix, mend, reestablish

(1) **restore** order, (2) **restore** the emperor to the throne

The military regime has promised to **restore** democracy as soon as possible.

norm

n. something that is regarded as usual, typical, or standard

synonym: criterion, mean, standard

(1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry **norms**.

transfer

v. to move, pass, or change from one person, place, or situation to another

synonym: move, relocate, shift

(1) **transfer** a file, (2) **transfer** power

She **transferred** the money from her savings account to her checking account.

doubt

n. a feeling of being uncertain about something, especially about how good or accurate it is

synonym: distrust, suspect, mistrust

(1) dispel **doubts**, (2) no **doubt** about the news

Doubt is the start, not the end, of intelligence.

shatter

v. to break suddenly into many pieces

synonym: break, crash, destroy

(1) **shatter** the plate, (2) **shatter** a world record

Her husband's death **shattered** her life entirely.

empathy

n. the ability to share another person's feelings or experiences by imagining that person's situation

synonym: compassion, sympathy, tenderness

(1) full of **empathy**, (2) **empathy** for patients

Empathy is also necessary to understand history.

witness

n. a person who sees something happen, especially a crime or an accident

synonym: onlooker, attestant, bystander

(1) **witness** of the car accident, (2) a material **witness**

The manufacturing industry is **witnessing** fierce competition.

engage

v. to attract and keep someone's attention and interest; to participate in or obtain services of something

synonym: confront, employ, amuse

(1) **engage** in environmental protection activities,

(2) **engage** a new employee

Many multinational companies are **engaged** in the

reconstruction of that country.

extreme

adj. very great in amount or degree

synonym : farthestmost, outermost, fierce

(1) **extreme** sports, (2) **extreme** weather events

Solar gravity creates **extreme** pressures and temperatures.

gentle

adj. having or showing a kindly or tender nature; soft and mild

synonym : mild, delicate, soft

(1) in a **gentle** voice, (2) **gentle** downward slope

Her **gentle** manner relaxed everyone there.

psychopath

n. a person with an extreme personality disorder characterized by a lack of empathy, remorse, and ethical values; often associated with manipulative and deceitful behavior, impulsivity, and risk-taking tendencies

synonym : sociopath, antisocial, monster

(1) **psychopath** tendencies, (2) violent **psychopath**

The detective identified the **psychopath** who had been terrorizing the city for months.

counselor

n. a person trained to give advice and help people deal with personal or emotional problems

synonym : advisor, consultant, therapist

(1) **counselor** office, (2) admissions **counselor**

She is a school **counselor** dedicated to helping students navigate academic and personal challenges.

launch

v. to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time

synonym : start, initiate, begin

(1) **launch** a spaceship into orbit, (2) **launch** a big attack

The company is set to **launch** its new product line next month.

exciting

adj. causing a lot of interest or excitement

synonym: exhilarating, stimulating, thrilling

(1) **exciting** football player, (2) **exciting** news

The findings of the experiment were both **exciting** and unexpected.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym: evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

sensitive

adj. able to notice slight changes, signals, or influences; able to feel or perceive other's feelings; susceptible to the things people say or do

synonym: exposed, susceptible, keen

(1) **sensitive** documents, (2) baby with **sensitive** skin

The teacher is very **sensitive** to children's feelings.

substantial

adj. fairly large in size, value, or importance

synonym: significant, notable, actual

(1) a **substantial** amount of capital, (2) have a **substantial** meal

The pandemic was a **substantial** business opportunity for certain companies.

union

n. a group of employees who have banded together to advocate for their rights and better their working conditions; the act or the state of joining together or being joined together

synonym: alliance, coalition, confederation

(1) bank and credit **unions**, (2) a craft **union**

The trade **union** remained adamant about its demands.

delegate

n. a person sent or authorized to represent others, in particular, an elected representative sent to a conference; (verb) to transfer power to someone

synonym : representative, envoy, agent

(1) **delegate** a routine task, (2) send a **delegate**

The **delegate** from the small country was not allowed to speak at the meeting.

hire

v. to give somebody a job

synonym : employ, engage, lease

(1) **hire** a guide, (2) **hire** a car by the hour

We should always be prepared to **hire** talented recruits.

ministry

n. a department of government responsible for a particular area of public service

synonym : department, agency, bureau

(1) **ministry** officials, (2) enter the **ministry**

The **ministry** of education is responsible for managing the schools in the country.

lobby

n. a large area inside the entrance of a public building where people can meet and wait; a group of people who try to persuade a politician, the government, or an official group to influence legislation

synonym : entrance, hall, anteroom

(1) **lobby** for legislation, (2) a hotel **lobby**

That **lobby** group actively advocated environmental protection to the government.

succeed

v. to accomplish or achieve a desired or intended result or goal; to prosper or attain success in a given field or endeavor

synonym : achieve, accomplish, triumph

(1) **succeed** beyond expectations, (2) **succeed** academically

I hope to **succeed** in my career and live a happy life.

- rev** *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
synonym : revolution, RPM, speed
(1) low- **rev** engine, (2) **rev** up the crowd
He stepped on the gas pedal, and the engine released a loud **rev**.
- component** *n.* one of several parts that combines with others to form something bigger
synonym : element, part, factor
(1) key **component**, (2) spare **components** for cars
The researchers try to discover a common **component** in all types of successful organizations.
- primary** *adj.* first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle
synonym : chief, main, fundamental
(1) **primary** school, (2) **primary** education
The **primary** cause of the accident was due to the icy road conditions.
- retrain** *v.* to teach or learn a new or different set of skills or knowledge, usually to adapt to a new job, situation, or technology
synonym : educate, instruct
(1) **retrain** employees, (2) **retrain** skills
She plans to **retrain** in a new field after retiring from her current career.
- manual** *adj.* done by hand rather than by machine; (noun) a book of instructions, especially for operating a machine or learning a subject
synonym : by hand, (noun) handbook, (noun) tutorial

(1) car with **manual** transmissions, (2) look at the **manual**
This machine cuts metal by **manual** control.

approve

v. to think that someone or something is favorable, acceptable, or appropriate; to officially accept a plan, request, etc.

synonym: accept, authorize, agree

(1) **approve** a measures, (2) unanimously **approve** a resolution

My boss wouldn't **approve** of the plan.

moreover

adv. indicating that what follows is an additional or supplementary point; furthermore; in addition to what has been said before

synonym: furthermore, besides, in addition

(1) **moreover**, she decided to go, (2) but **moreover**, they work well together

The company is environmentally conscious, and **moreover**, it uses sustainable materials in its products.

strategy

n. a detailed plan of action designed to achieve a long-term or overall goal.

synonym: approach, procedure, scenario

(1) military **strategy**, (2) develop a **strategy**

Our plan includes a comprehensive marketing **strategy**.

implement

v. to put a decision, plan, or system into effect

synonym: execute, enforce, put through

(1) **implement** a corporate strategy, (2) **implement** security measures

The government promised to **implement** a new system to control the financial crisis.

clinic

n. a building or hospital department where people can go for medical care or advice, especially of a particular condition

synonym: hospital, infirmary

(1) visit to the veterinary **clinic**, (2) a dental **clinic**
She holds a **clinic** on Tuesday mornings.

province

n. the territory occupied by one of the constituent administrative districts of a nation

synonym : area, section, region

(1) Bengal **province**, (2) home **province**

A network of railways has developed over the **province**.

patient

n. a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

synonym : client, recipient, subject

(1) **patient** in the hospital, (2) **patient** with weight loss

The doctor carefully examined the **patient's** medical history.

moderate

adj. being within reasonable limits; not excessive or extreme

synonym : average, middle-of-the-road, tempered

(1) **moderate** growth, (2) **moderate** risk

He had a **moderate** understanding of the topic but needed further research.

severe

adj. extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous

synonym : harsh, relentless, powerful

(1) **severe** heat, (2) a **severe** case of pneumonia

The senator received **severe** criticism from his opponent.

treatment

n. the way in which someone deals with or behaves towards someone or something; medical care provided to a patient for an injury or illness.

synonym : remedy, antidote, medicine

(1) first-aid **treatment**, (2) **treatment** by diet

The primary purpose of the **treatment** is pain relief.

medical

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

synonym : health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment

The **medical** team worked quickly to save the patient's life.

explicable

adj. capable of being explained or understood; able to be accounted for or clarified

synonym : understandable, explainable, interpretable

(1) **explicable** reason, (2) mathematically **explicable**

The cause of the accident was **explicable**, but it still raised concerns about safety procedures.

facility

n. a building or place that provides a particular service or is used for a particular industry

synonym : building, structure, installation

(1) a cell phone with an internet **facility**, (2) **facility** design

This company has an entire recycling **facility**, including major reprocessing plants.

immediate

adj. happening or done without delay or occurring shortly after something else

synonym : prompt, quick, instantaneous

(1) take **immediate** effect, (2) the **immediate** past

Both forts were subject to **immediate** attacks.

discuss

v. to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic

synonym : talk about, converse, debate

(1) **discuss** options, (2) **discuss** solutions

We need to **discuss** the next steps for the project during our meeting tomorrow.

vignette

n. a brief or short descriptive account, episode, or story that focuses on a particular moment, person, or object; a small decorative design or illustration

synonym : sketch, drawing, illustration

(1) poignant **vignette**, (2) **vignette** from the incident

The novel has a series of **vignettes** that showcase the everyday struggles of its characters.

killing

n. the act of causing death; a sudden and intense force or effect that causes significant damage or destruction; a situation where someone is making a substantial amount of money or experiencing significant financial success

synonym : slaughter, homicide, assassination

(1) **killing** spree, (2) profit- **killing**

The **killing** of unarmed civilians is considered a war crime.

nucleus

n. the central and most important part of something; (biology) a part of the cell containing DNA and RNA and responsible for growth and reproduction; (physics) the very dense central region of an atom

synonym : core, heart, middle

(1) form a **nucleus**, (2) the **nucleus** of a team

DNA is stored in the **nucleus** of a cell.

peaceful

adj. not involving violence, conflict, or war

synonym : friendly, pacific, amicable

(1) **peaceful** country, (2) **peaceful** coexistence

Plutonium has limited **peaceful** applications.

emancipate

v. to set free from legal, social, or political restrictions; to liberate

synonym : liberate, free, release

(1) **emancipate** a slave, (2) **emancipate** him from anxiety

The organization works to **emancipate** people from poverty and provide them with education and job opportunities.

contribution

n. the act of giving something, especially money, to a particular cause or organization; a voluntary gift as of money or service or ideas made to some worthwhile

cause

synonym: donation, gift, offering

(1) make a positive **contribution**, (2) **contribution** to society

His **contribution** to the charity was a generous donation of money.

reconciliation

n. the restoration of cordial or friendly relations; getting two things to correspond

synonym: accord, agreement, settlement

(1) national **reconciliation**, (2) **reconciliation** of financial accounts

They had a complete **reconciliation** a few days after their argument.

therapy

n. the act of caring for someone through medication, remedial training, etc.

synonym: antidote, medicine, treatment

(1) **therapy** for a patient, (2) field of gene **therapy**

I underwent aversion **therapy** for my addiction to alcohol.

humanitarian

adj. something relating to the promotion of human welfare or someone who works to promote human welfare

synonym: philanthropic, compassionate, caring

(1) **humanitarian** crisis, (2) a truly **humanitarian** act

The organization is dedicated to providing **humanitarian** aid to disaster-stricken areas worldwide.

buildup

n. the accumulation or increase of something over time

synonym: accumulation, increase, growth

(1) lactic acid **buildup**, (2) huge military **buildup**

The **buildup** of stress over time can lead to health problems.

replicate

v. to make an exact copy of something; to repeat a process or experiment to confirm the results

synonym: duplicate, imitate, reproduce

(1) **replicate** the cell, (2) **replicate** data

The experiment was **replicated** several times to ensure accuracy.

Session 2: Spelling

1. non_____tal agency *adj.* not belonging to or controlled by a government
2. unanimously ap_____e a resolution *v.* to think that someone or something is favorable, acceptable, or appropriate; to officially accept a plan, request, etc.
3. cast as_____d eyes *adj.* feeling guilt, embarrassment, or remorse about something because of something you have done
4. the co_____ct between good and evil *n.* a strong disagreement, argument, or a violent clash between two opposing groups or individuals
5. hum_____ian crisis *adj.* something relating to the promotion of human welfare or someone who works to promote human welfare
6. musical ins_____nts *n.* an object used to make musical sounds, such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work
7. agricultural org_____ion *n.* a group of people who work together for a shared purpose
8. de_____te attempt *adj.* feeling or showing a lack of hope and a willingness to do anything because of the problematic situation
9. cannot re_____s laughter *v.* to restrain or control by force; to suppress feelings or memories

ANSWERS: 1. nongovernmental, 2. approve, 3. ashamed, 4. conflict, 5. humanitarian, 6. instrument, 7. organization, 8. desperate, 9. repress

10. lo__y for legislation *n.* a large area inside the entrance of a public building where people can meet and wait; a group of people who try to persuade a politician, the government, or an official group to influence legislation
11. em____y for patients *n.* the ability to share another person's feelings or experiences by imagining that person's situation
12. the country's is _____on *n.* the condition of being alone or lonely; the act or state of separation between persons or groups
13. re____s gene expression *v.* to restrain or control by force; to suppress feelings or memories
14. surgical ins_____nts *n.* an object used to make musical sounds, such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work
15. com_____te for a car accident *v.* to make up for a loss, injury, or inconvenience by giving something of value
16. r_v up the crowd *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
17. su____d beyond expectations *v.* to accomplish or achieve a desired or intended result or goal; to prosper or attain success in a given field or endeavor

ANSWERS: 10. lobby, 11. empathy, 12. isolation, 13. repress, 14. instrument, 15. compensate, 16. rev, 17. succeed

18. ov_____me opponents *v.* to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone
19. br_____y scandal *n.* the practice or attempt of offering something, usually money, to gain an unlawful advantage
20. visit to the veterinary cl____c *n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition
21. severe mal_____ion *n.* the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients
22. re____n our reputation *v.* to get something back or recover something after it has been lost or taken away
23. industry-sp_____ic regulations *adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
24. mo_____te growth *adj.* being within reasonable limits; not excessive or extreme
25. chemical re_____on *n.* a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others
26. develop a st_____gy *n.* a detailed plan of action designed to achieve a long-term or overall goal.

ANSWERS: 18. overcome, 19. bribery, 20. clinic, 21. malnutrition, 22. regain, 23. specific, 24. moderate, 25. reaction, 26. strategy

27. la___h a big attack *v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
28. a charm against e__l *adj.* profoundly immoral, cruel, and wicked; having or exerting a harmful effect on people
29. go there af_____rd *adv.* after the time mentioned
30. h__e a guide *v.* to give somebody a job
31. boost my con_____ce *n.* the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
32. home pr_____ce *n.* the territory occupied by one of the constituent administrative districts of a nation
33. de_____p a skill *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
34. the court se_____n *n.* a formal meeting or series of meetings for the execution of a particular group's functions; a period spent doing a particular activity
35. br_____nt idea *adj.* extremely clever, skilled, or impressive
36. psy_____gy of crowd *n.* the scientific study of mind and behavior

ANSWERS: 27. launch, 28. evil, 29. afterward, 30. hire, 31. confidence, 32. province, 33. develop, 34. session, 35. brilliant, 36. psychology

37. com_____te a loss *v.* to make up for a loss, injury, or inconvenience by giving something of value
38. the longstanding co_____ct *n.* a strong disagreement, argument, or a violent clash between two opposing groups or individuals
39. low-r_v engine *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
40. gov_____nt funding *n.* the group of people with authority to control a country or state
41. Bengal pr_____ce *n.* the territory occupied by one of the constituent administrative districts of a nation
42. car with ma____l transmissions *adj.* done by hand rather than by machine; (noun) a book of instructions, especially for operating a machine or learning a subject
43. tr_____te a document into English *v.* to convert or change words into another language
44. med_____on by mouth *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
45. but mo_____er, they work well together *adv.* indicating that what follows is an additional or supplementary point; furthermore; in addition to what has been said before

ANSWERS: 37. compensate, 38. conflict, 39. rev, 40. government, 41. province, 42. manual, 43. translate, 44. medication, 45. moreover

46. even more unf_____ely *adv.* by bad luck; unluckily
47. a_t cabin *adj.* (the opposite of "forward") located at or towards the rear or back of a ship, aircraft, or other vehicle
48. cultural n__m *n.* something that is regarded as usual, typical, or standard
49. re_____te the cell *v.* to make an exact copy of something; to repeat a process or experiment to confirm the results
50. enc_____ng sign *adj.* giving hope, confidence, or support; inspiring
51. in___t brain *adj.* undamaged and complete
52. co_____m the diagnosis *v.* to support or establish the truth or certainty of something previously believed or suspected to be the case
53. a se___e case of pneumonia *adj.* extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous
54. enc_____ng approval *adj.* giving hope, confidence, or support; inspiring
55. ki_____g spree *n.* the act of causing death; a sudden and intense force or effect that causes significant damage or destruction; a situation where someone is making a substantial amount of money or experiencing significant financial success
56. cum_____ve damage *adj.* increasing or growing by one addition after another

ANSWERS: 46. unfortunately, 47. aft, 48. norm, 49. replicate, 50. encouraging, 51. intact, 52. confirm, 53. severe, 54. encouraging, 55. killing, 56. cumulative

57. a co_____nt temperature *adj.* happening repeatedly or all the time
58. de_____te a routine task *n.* a person sent or authorized to represent others, in particular, an elected representative sent to a conference; (verb) to transfer power to someone
59. a me_____l opinion *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
60. wo_____ss coin *adj.* having no value or usefulness; not worth considering
61. d__e not go *v.* to have the courage to do something
62. vi_____t incident *adj.* involving or caused by physical force or aggression against someone or something
63. a few years af_____rd *adv.* after the time mentioned
64. carry a bu____n *n.* a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry
65. make a positive con_____ion *n.* the act of giving something, especially money, to a particular cause or organization; a voluntary gift as of money or service or ideas made to some worthwhile cause
66. pr_____be in the preceding paragraph *v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something

ANSWERS: 57. constant, 58. delegate, 59. medical, 60. worthless, 61. dare, 62. violent, 63. afterward, 64. burden, 65. contribution, 66. prescribe

67. su____e you're right *v.* to think that something is likely to be actual or possible
68. wi____s of the car accident *n.* a person who sees something happen, especially a crime or an accident
69. sh____r the plate *v.* to break suddenly into many pieces
70. a hotel lo__y *n.* a large area inside the entrance of a public building where people can meet and wait; a group of people who try to persuade a politician, the government, or an official group to influence legislation
71. c__e with stress *v.* to deal with and overcome difficulties or problems
72. bank and credit un__ns *n.* a group of employees who have banded together to advocate for their rights and better their working conditions; the act or the state of joining together or being joined together
73. se____ve documents *adj.* able to notice slight changes, signals, or influences; able to feel or perceive other's feelings; susceptible to the things people say or do
74. a craft un__n *n.* a group of employees who have banded together to advocate for their rights and better their working conditions; the act or the state of joining together or being joined together
75. a transfusion of do__r blood *n.* a person or an organization that makes a gift of money, food, supplies, etc. to a cause or fund; in medicine, a person who gives blood or tissue or an organ to be used in another person

ANSWERS: 67. suppose, 68. witness, 69. shatter, 70. lobby, 71. cope, 72. union, 73. sensitive, 74. union, 75. donor

76. fl_____ck memory *n.* an interruption of the chronological sequence of events in a narrative, in which an event or scene from a past time is inserted into the current narrative
77. the nu_____s of a team *n.* the central and most important part of something; (biology) a part of the cell containing DNA and RNA and responsible for growth and reproduction; (physics) the very dense central region of an atom
78. po_____t of the poor *adj.* having the least wealth or resources
79. ema_____te him from anxiety *v.* to set free from legal, social, or political restrictions; to liberate
80. wo____n a relation *v.* to become or make something worse
81. a dental cl____c *n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition
82. di_____s options *v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
83. se____e heat *adj.* extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous
84. tr_____er power *v.* to move, pass, or change from one person, place, or situation to another
85. an unnamed do____r *n.* a person or an organization that makes a gift of money, food, supplies, etc. to a cause or fund; in medicine, a person who gives blood or tissue or an organ to be used in another person

ANSWERS: 76. flashback, 77. nucleus, 78. poorest, 79. emancipate, 80. worsen, 81. clinic, 82. discuss, 83. severe, 84. transfer, 85. donor

86. org_____ion chart *n.* a group of people who work together for a shared purpose
87. re_____s in skills *v.* to move or develop backward; to return to an earlier or less advanced state or condition; to decline or deteriorate
88. principles of un_____al design *adj.* existing or affecting everywhere or everyone
89. pre-mo____n agricultural society *adj.* of or belonging to the present time or recent times
90. con_____ce as a teacher *n.* the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
91. look at the ma____l *adj.* done by hand rather than by machine; (noun) a book of instructions, especially for operating a machine or learning a subject
92. th_____y for a patient *n.* the act of caring for someone through medication, remedial training, etc.
93. a cell phone with an internet fa_____ty *n.* a building or place that provides a particular service or is used for a particular industry
94. re_____e order *v.* to repair or return something or someone to a previous good state or position
95. tr_____ic event *adj.* relating to or caused by injury, especially emotional injury
96. enter the mi_____ry *n.* a department of government responsible for a particular area of public service

ANSWERS: 86. organization, 87. regress, 88. universal, 89. modern, 90. confidence, 91. manual, 92. therapy, 93. facility, 94. restore, 95. traumatic, 96. ministry

97. the root problem of her dep_____on *n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
98. ov_____me all difficulties *v.* to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone
99. wo____n the food problem *v.* to become or make something worse
100. national rec_____ion *n.* the restoration of cordial or friendly relations; getting two things to correspond
101. a_t view *adj.* (the opposite of "forward") located at or towards the rear or back of a ship, aircraft, or other vehicle
102. tr_____te the emotion to a movement *v.* to convert or change words into another language
103. psy_____gy experiment *n.* the scientific study of mind and behavior
104. a sub_____al amount of capital *adj.* fairly large in size, value, or importance
105. et____c minority *adj.* relating or belonging to a group of people who share a cultural tradition
106. su_____ly attacked by an enemy *adv.* quickly and unexpectedly
107. career cou_____ng *n.* the process of providing guidance and support to someone, often in a therapeutic or professional context, to help them overcome personal or emotional difficulties and improve their mental health and well-being

ANSWERS: 97. depression, 98. overcome, 99. worsen, 100. reconciliation, 101. aft, 102. translate, 103. psychology, 104. substantial, 105. ethnic, 106. suddenly, 107. counseling

108. e__l ways *adj.* profoundly immoral, cruel, and wicked; having or exerting a harmful effect on people
109. de____r at the future *n.* the feeling that there is no hope and you cannot do anything to improve a difficult situation
110. die su____ly *adv.* quickly and unexpectedly
111. antibiotic med____on *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
112. trigger a re____on *n.* a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others
113. still on____g *adj.* continuing to exist or develop, or currently happening
114. form a nu____s *n.* the central and most important part of something; (biology) a part of the cell containing DNA and RNA and responsible for growth and reproduction; (physics) the very dense central region of an atom
115. re____n employees *v.* to teach or learn a new or different set of skills or knowledge, usually to adapt to a new job, situation, or technology
116. a mi____ry leader *adj.* relating to or characteristic of members of the armed forces; of or relating to war or warfare
117. ex____e sports *adj.* very great in amount or degree

ANSWERS: 108. evil, 109. despair, 110. suddenly, 111. medication, 112. reaction, 113. ongoing, 114. nucleus, 115. retrain, 116. military, 117. extreme

118. lactic acid bu____p *n.* the accumulation or increase of something over time
119. ar____e suspicion *v.* to awaken strong feelings or emotions in someone; to excite or inspire a physical or emotional response
120. mi____ry officials *n.* a department of government responsible for a particular area of public service
121. do aw__l damage *adj.* causing fear, dread, or terror; very bad or unpleasant
122. ap____e a measures *v.* to think that someone or something is favorable, acceptable, or appropriate; to officially accept a plan, request, etc.
123. ar____l at a conclusion *n.* the act or situation of coming or being brought to a place; accomplishment of an objective
124. gov____nt bureaucracy *n.* the group of people with authority to control a country or state
125. an aw__l error *adj.* causing fear, dread, or terror; very bad or unpleasant
126. is____on booth *n.* the condition of being alone or lonely; the act or state of separation between persons or groups
127. su____r bad grades *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
128. no do__t about the news *n.* a feeling of being uncertain about something, especially about how good or accurate it is

ANSWERS: 118. buildup, 119. arouse, 120. ministry, 121. awful, 122. approve, 123. arrival, 124. government, 125. awful, 126. isolation, 127. suffer, 128. doubt

129. fa_____ty design *n.* a building or place that provides a particular service or is used for a particular industry
130. take im_____te effect *adj.* happening or done without delay or occurring shortly after something else
131. con_____ion to society *n.* the act of giving something, especially money, to a particular cause or organization; a voluntary gift as of money or service or ideas made to some worthwhile cause
132. dispel do__ts *n.* a feeling of being uncertain about something, especially about how good or accurate it is
133. finish the ass_____nt *n.* a duty or task given to someone, usually as part of their job or studies
134. re_____n skills *v.* to teach or learn a new or different set of skills or knowledge, usually to adapt to a new job, situation, or technology
135. br_____nt performance *adj.* extremely clever, skilled, or impressive
136. re_____t deeper into their territory *n.* the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life
137. su_____e beforehand *v.* to think that something is likely to be actual or possible
138. sh_____r a world record *v.* to break suddenly into many pieces
139. a tr_____on of a culture *n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society

ANSWERS: 129. facility, 130. immediate, 131. contribution, 132. doubt, 133. assignment, 134. retrain, 135. brilliant, 136. retreat, 137. suppose, 138. shatter, 139. tradition

140. bu___n of disease *n.* a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry
141. a co_____nt wind *adj.* happening repeatedly or all the time
142. a mi_____ry operation *adj.* relating to or characteristic of members of the armed forces; of or relating to war or warfare
143. send a de_____te *n.* a person sent or authorized to represent others, in particular, an elected representative sent to a conference; (verb) to transfer power to someone
144. key co_____nt *n.* one of several parts that combines with others to form something bigger
145. vivid fl_____ck *n.* an interruption of the chronological sequence of events in a narrative, in which an event or scene from a past time is inserted into the current narrative
146. pr_____y education *adj.* first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle
147. re_____te data *v.* to make an exact copy of something; to repeat a process or experiment to confirm the results
148. un_____al life *adj.* existing or affecting everywhere or everyone

ANSWERS: 140. burden, 141. constant, 142. military, 143. delegate, 144. component, 145. flashback, 146. primary, 147. replicate, 148. universal

149. violent psy_____th *n.* a person with an extreme personality disorder characterized by a lack of empathy, remorse, and ethical values; often associated with manipulative and deceitful behavior, impulsivity, and risk-taking tendencies
150. ass_____nt of interest *n.* a duty or task given to someone, usually as part of their job or studies
151. ex_____ng football player *adj.* causing a lot of interest or excitement
152. h__e a car by the hour *v.* to give somebody a job
153. military st_____gy *n.* a detailed plan of action designed to achieve a long-term or overall goal.
154. baby with se_____ve skin *adj.* able to notice slight changes, signals, or influences; able to feel or perceive other's feelings; susceptible to the things people say or do
155. d__e to take risks *v.* to have the courage to do something
156. first-aid tr_____nt *n.* the way in which someone deals with or behaves towards someone or something; medical care provided to a patient for an injury or illness.
157. co_____m a transaction *v.* to support or establish the truth or certainty of something previously believed or suspected to be the case
158. untold de_____r *n.* the feeling that there is no hope and you cannot do anything to improve a difficult situation
159. sy___l color *n.* something visible that is used to represent something else

ANSWERS: 149. psychopath, 150. assignment, 151. exciting, 152. hire, 153. strategy, 154. sensitive, 155. dare, 156. treatment, 157. confirm, 158. despair, 159. symbol

160. la___h a spaceship into orbit *v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
161. pr_____be a drug *v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
162. the Great Dep_____on *n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
163. res_____ve diet *adj.* limiting or confining in nature; imposing limits or restrictions on something or someone
164. legal co_____t *n.* the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning
165. spare co_____nts for cars *n.* one of several parts that combines with others to form something bigger
166. cou_____ng about risk management *n.* the process of providing guidance and support to someone, often in a therapeutic or professional context, to help them overcome personal or emotional difficulties and improve their mental health and well-being
167. env_____nt affairs *n.* the natural world such as air, water, and land in which humans, animals, and plants live

ANSWERS: 160. launch, 161. prescribe, 162. depression, 163. restrictive, 164. context, 165. component, 166. counseling, 167. environment

168. chaotic env_____nt	<i>n.</i> the natural world such as air, water, and land in which humans, animals, and plants live
169. pe_____ul country	<i>adj.</i> not involving violence, conflict, or war
170. c__e alone with a child	<i>v.</i> to deal with and overcome difficulties or problems
171. rec_____ion of financial accounts	<i>n.</i> the restoration of cordial or friendly relations; getting two things to correspond
172. tr_____er a file	<i>v.</i> to move, pass, or change from one person, place, or situation to another
173. en___e in environmental protection activities	<i>v.</i> to attract and keep someone's attention and interest; to participate in or obtain services of something
174. su_____e a plane crash	<i>v.</i> to live or exist despite a dangerous event or period
175. pa_____t with weight loss	<i>n.</i> a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
176. vi_____te from the incident	<i>n.</i> a brief or short descriptive account, episode, or story that focuses on a particular moment, person, or object; a small decorative design or illustration
177. some une_____ed events	<i>adj.</i> not anticipated or regarded as likely to happen
178. in___t forestland	<i>adj.</i> undamaged and complete

ANSWERS: 168. environment, 169. peaceful, 170. cope, 171. reconciliation, 172. transfer, 173. engage, 174. survive, 175. patient, 176. vignette, 177. unexpected, 178. intact

179. single et___c group *adj.* relating or belonging to a group of people who share a cultural tradition
180. par_____te fully in conversation *v.* to take part in something
181. mo_____er, she decided to go *adv.* indicating that what follows is an additional or supplementary point; furthermore; in addition to what has been said before
182. vulnerable to br_____y *n.* the practice or attempt of offering something, usually money, to gain an unlawful advantage
183. a truly hum_____ian act *adj.* something relating to the promotion of human welfare or someone who works to promote human welfare
184. neurotic sy_____ms *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
185. re___n my health *v.* to get something back or recover something after it has been lost or taken away
186. computer-ill_____te *adj.* unable to read or write; lacking basic education and knowledge in reading and writing
187. field of gene th_____y *n.* the act of caring for someone through medication, remedial training, etc.
188. re_____e the emperor to the throne *v.* to repair or return something or someone to a previous good state or position
189. in a ge___e voice *adj.* having or showing a kindly or tender nature; soft and mild

ANSWERS: 179. ethnic, 180. participate, 181. moreover, 182. bribery, 183. humanitarian, 184. symptom, 185. regain, 186. illiterate, 187. therapy, 188. restore, 189. gentle

190. her de_____te screams *adj.* feeling or showing a lack of hope and a willingness to do anything because of the problematic situation
191. tr_____ic brain injury *adj.* relating to or caused by injury, especially emotional injury
192. ge___e downward slope *adj.* having or showing a kindly or tender nature; soft and mild
193. have a sub_____al meal *adj.* fairly large in size, value, or importance
194. against tr_____on *n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
195. su_____d academically *v.* to accomplish or achieve a desired or intended result or goal; to prosper or attain success in a given field or endeavor
196. res_____ve policy *adj.* limiting or confining in nature; imposing limits or restrictions on something or someone
197. ar___e desire *v.* to awaken strong feelings or emotions in someone; to excite or inspire a physical or emotional response
198. n__m of action *n.* something that is regarded as usual, typical, or standard
199. ema_____te a slave *v.* to set free from legal, social, or political restrictions; to liberate
200. ho_____le smell *adj.* extremely unpleasant or bad; causing fear or disgust

ANSWERS: 190. desperate, 191. traumatic, 192. gentle, 193. substantial, 194. tradition, 195. succeed, 196. restrictive, 197. arouse, 198. norm, 199. emancipate, 200. horrible

201. su_____e a blizzard *v.* to live or exist despite a dangerous event or period
202. the im_____te past *adj.* happening or done without delay or occurring shortly after something else
203. full of em_____y *n.* the ability to share another person's feelings or experiences by imagining that person's situation
204. ex_____ng news *adj.* causing a lot of interest or excitement
205. re_____s to childhood *v.* to move or develop backward; to return to an earlier or less advanced state or condition; to decline or deteriorate
206. pa_____t in the hospital *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
207. pr_____y school *adj.* first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle
208. re_____t in a mountain region *n.* the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life
209. the gen_____on of electricity *n.* all the people born and living at about the same time, regarded collectively; the production of heat or electricity
210. the morning se_____n *n.* a formal meeting or series of meetings for the execution of a particular group's functions; a period spent doing a particular activity

ANSWERS: 201. survive, 202. immediate, 203. empathy, 204. exciting, 205. regress, 206. patient, 207. primary, 208. retreat, 209. generation, 210. session

211. par_____te in the program *v.* to take part in something
212. di_____s solutions *v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
213. admissions co_____or *n.* a person trained to give advice and help people deal with personal or emotional problems
214. historical co_____t *n.* the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning
215. non_____tal aid worker *adj.* not belonging to or controlled by a government
216. mo____n poetry *adj.* of or belonging to the present time or recent times
217. huge military bu_____p *n.* the accumulation or increase of something over time
218. pe_____ul coexistence *adj.* not involving violence, conflict, or war
219. profit-ki_____g *n.* the act of causing death; a sudden and intense force or effect that causes significant damage or destruction; a situation where someone is making a substantial amount of money or experiencing significant financial success
220. an une_____ed visitor *adj.* not anticipated or regarded as likely to happen

ANSWERS: 211. participate, 212. discuss, 213. counselor, 214. context, 215. nongovernmental, 216. modern, 217. buildup, 218. peaceful, 219. killing, 220. unexpected

221. poignant vi_____te *n.* a brief or short descriptive account, episode, or story that focuses on a particular moment, person, or object; a small decorative design or illustration
222. ill_____te population *adj.* unable to read or write; lacking basic education and knowledge in reading and writing
223. sy___l for happiness *n.* something visible that is used to represent something else
224. a material wi_____s *n.* a person who sees something happen, especially a crime or an accident
225. su___r a setback *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
226. im_____nt security measures *v.* to put a decision, plan, or system into effect
227. turn out to be all s__m *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
228. en___e a new employee *v.* to attract and keep someone's attention and interest; to participate in or obtain services of something
229. sy_____ms of low testosterone *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
230. mo_____te risk *adj.* being within reasonable limits; not excessive or extreme

ANSWERS: 221. vignette, 222. illiterate, 223. symbol, 224. witness, 225. suffer, 226. implement, 227. sham, 228. engage, 229. symptom, 230. moderate

240. wo_____ss stock *adj.* having no value or usefulness; not worth considering
241. gen_____on gap *n.* all the people born and living at about the same time, regarded collectively; the production of heat or electricity
242. unf_____ely caught in a shower *adv.* by bad luck; unluckily
243. a s__m battle *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
244. mathematically exp_____le *adj.* capable of being explained or understood; able to be accounted for or clarified
245. po_____t area *adj.* having the least wealth or resources
246. de_____p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
247. cum_____ve improvement *adj.* increasing or growing by one addition after another
248. im_____nt a corporate strategy *v.* to put a decision, plan, or system into effect
249. tr_____nt by diet *n.* the way in which someone deals with or behaves towards someone or something; medical care provided to a patient for an injury or illness.

ANSWERS: 240. worthless, 241. generation, 242. unfortunately, 243. sham, 244. explicable, 245. poorest, 246. develop, 247. cumulative, 248. implement, 249. treatment

250. m__h larva *n.* an insect with wings similar to a butterfly that travels at night and is attracted to light
251. feel as ____d of him *adj.* feeling guilt, embarrassment, or remorse about something because of something you have done
252. ar ____l and departure gate *n.* the act or situation of coming or being brought to a place; accomplishment of an objective
253. on ____g support *adj.* continuing to exist or develop, or currently happening
254. ho ____le accident *adj.* extremely unpleasant or bad; causing fear or disgust

ANSWERS: 250. moth, 251. ashamed, 252. arrival, 253. ongoing, 254. horrible

Session 3: Fill in the Blanks

1. The detective identified the _____ who had been terrorizing the city for months.
 - n.* a person with an extreme personality disorder characterized by a lack of empathy, remorse, and ethical values; often associated with manipulative and deceitful behavior, impulsivity, and risk-taking tendencies

2. The protesters became _____ when the police tried to disperse them.
 - adj.* involving or caused by physical force or aggression against someone or something

3. The product was found to be _____ as it failed to meet the customer's expectations.
 - adj.* having no value or usefulness; not worth considering

4. My boss wouldn't _____ of the plan.
 - v.* to think that someone or something is favorable, acceptable, or appropriate; to officially accept a plan, request, etc.

5. Many multinational companies are _____ in the reconstruction of that country.
 - v.* to attract and keep someone's attention and interest; to participate in or obtain services of something

6. He and I often had _____ not only in personality but also in ideology.
 - n.* a strong disagreement, argument, or a violent clash between two opposing groups or individuals

7. The _____ is a serious threat to the farm's output.
 - n.* an insect with wings similar to a butterfly that travels at night and is attracted to light

ANSWERS: 1. psychopath, 2. violent, 3. worthless, 4. approve, 5. engaged, 6. conflicts, 7. moth

8. Every human is responsible for taking care of the Earth's _____.
- n.* the natural world such as air, water, and land in which humans, animals, and plants live
9. The _____ of unarmed civilians is considered a war crime.
- n.* the act of causing death; a sudden and intense force or effect that causes significant damage or destruction; a situation where someone is making a substantial amount of money or experiencing significant financial success
10. I wouldn't _____ to speak to him like that.
- v.* to have the courage to do something
11. The company offered to _____ the employees for the overtime they worked.
- v.* to make up for a loss, injury, or inconvenience by giving something of value
12. We should always be prepared to _____ talented recruits.
- v.* to give somebody a job
13. The picture earned near-_____ acclaim from critics.
- adj.* existing or affecting everywhere or everyone
14. There was a chemical _____ of the lime with the groundwater.
- n.* a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others
15. _____ is the start, not the end, of intelligence.
- n.* a feeling of being uncertain about something, especially about how good or accurate it is

ANSWERS: 8. environment, 9. killing, 10. dare, 11. compensate, 12. hire, 13. universal, 14. reaction, 15. Doubt

16. Corruption is an _____ act for any reason.

adj. profoundly immoral, cruel, and wicked; having or exerting a harmful effect on people

17. The majority of students actively _____ in the college's intramural sports program.

v. to take part in something

18. The findings of the experiment were both _____ and unexpected.

adj. causing a lot of interest or excitement

19. Her husband's death _____ her life entirely.

v. to break suddenly into many pieces

20. Solar gravity creates _____ pressures and temperatures.

adj. very great in amount or degree

21. He stepped on the gas pedal, and the engine released a loud _____.

n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute

22. The dragon is considered a _____ of bravery.

n. something visible that is used to represent something else

23. The _____ rainstorm caused the collapse of the corral.

adj. not anticipated or regarded as likely to happen

24. The company is environmentally conscious, and _____ it uses sustainable materials in its products.

adv. indicating that what follows is an additional or supplementary point; furthermore; in addition to what has been said before

ANSWERS: 16. evil, 17. participated, 18. exciting, 19. shattered, 20. extreme, 21. rev, 22. symbol, 23. unexpected, 24. moreover,

25. The doctor carefully examined the _____ medical history.
- n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
26. This electronic _____ is required to undergo periodic inspections to ensure precision.
- n.* an object used to make musical sounds, such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work
27. The federal _____ is planning to increase taxes for the next fiscal year.
- n.* the group of people with authority to control a country or state
28. A network of railways has developed over the _____.
- n.* the territory occupied by one of the constituent administrative districts of a nation
29. The organization works to _____ people from poverty and provide them with education and job opportunities.
- v.* to set free from legal, social, or political restrictions; to liberate
30. _____ symptoms might include a decrease in appetite and weight loss.
- n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
31. The team's failure to win games has caused them to _____ in confidence.
- v.* to move or develop backward; to return to an earlier or less advanced state or condition; to decline or deteriorate
32. Unilateral import bans have _____ that country's terms of trade.
- v.* to become or make something worse

ANSWERS: 25. patient's, 26. instrument, 27. government, 28. province, 29. emancipate, 30. Depression, 31. regress, 32. worsened

33. The _____ effect of years of neglect had taken its toll on the old building.
adj. increasing or growing by one addition after another
34. Both forts were subject to _____ attacks.
adj. happening or done without delay or occurring shortly after something else
35. Please write to _____ your reservation.
v. to support or establish the truth or certainty of something previously believed or suspected to be the case
36. The _____ of stress over time can lead to health problems.
n. the accumulation or increase of something over time
37. Despite the scandals, his reputation remained _____.
adj. undamaged and complete
38. I underwent aversion _____ for my addiction to alcohol.
n. the act of caring for someone through medication, remedial training, etc.
39. Each _____ group has its unique rituals.
adj. relating or belonging to a group of people who share a cultural tradition
40. We must _____ a new system to streamline our workflow and increase efficiency.
v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
41. The trade _____ remained adamant about its demands.
n. a group of employees who have banded together to advocate for their rights and better their working conditions; the act or the state of joining together or being joined together

ANSWERS: 33. cumulative, 34. immediate, 35. confirm, 36. buildup, 37. intact, 38. therapy, 39. ethnic, 40. develop, 41. union

42. Who answers _____ knows little.

adv. quickly and unexpectedly

43. The company was able to _____ with the changes in the market by introducing new products.

v. to deal with and overcome difficulties or problems

44. The doctor advised the patient to eat a balanced diet to avoid _____.

n. the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients

45. The _____ of education is responsible for managing the schools in the country.

n. a department of government responsible for a particular area of public service

46. The experience was _____ and left a lasting impression.

adj. extremely unpleasant or bad; causing fear or disgust

47. This company has an entire recycling _____ including major reprocessing plants.

n. a building or place that provides a particular service or is used for a particular industry

48. The teacher is very _____ to children's feelings.

adj. able to notice slight changes, signals, or influences; able to feel or perceive other's feelings; susceptible to the things people say or do

49. _____ dropping wears away the stone.

adj. happening repeatedly or all the time

ANSWERS: 42. suddenly, 43. cope, 44. malnutrition, 45. ministry, 46. horrible, 47. facility, 48. sensitive, 49. Constant

50. She is the president of a large international _____.

n. a group of people who work together for a shared purpose

51. The experience was so _____ that it left a lasting impact on the survivor's mental health.

adj. relating to or caused by injury, especially emotional injury

52. He was _____ when he lost all his money by gambling.

adj. feeling or showing a lack of hope and a willingness to do anything because of the problematic situation

53. The more _____ you are, the more people around you look at you with envy and jealousy.

adj. extremely clever, skilled, or impressive

54. You don't have to be _____.

adj. feeling guilt, embarrassment, or remorse about something because of something you have done

55. My _____ was overwhelming and complicated, but it was also exciting.

n. a duty or task given to someone, usually as part of their job or studies

56. The company is set to _____ its new product line next month.

v. to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time

57. What do you _____ the culprit's motive was?

v. to think that something is likely to be actual or possible

ANSWERS: 50. organization, 51. traumatic, 52. desperate, 53. brilliant, 54. ashamed, 55. assignment, 56. launch, 57. suppose

58. The younger _____ has different values and beliefs than the older one.
- n.* all the people born and living at about the same time, regarded collectively; the production of heat or electricity
59. His _____ to the charity was a generous donation of money.
- n.* the act of giving something, especially money, to a particular cause or organization; a voluntary gift as of money or service or ideas made to some worthwhile cause
60. The scientist conducted a study that provided _____ details about the species' behavior.
- adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
61. Parliament is now in _____.
- n.* a formal meeting or series of meetings for the execution of a particular group's functions; a period spent doing a particular activity
62. The systems we have developed has accepted as industry _____.
- n.* something that is regarded as usual, typical, or standard
63. Federal bankruptcy laws _____ the reorganization process.
- v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
64. She holds a _____ on Tuesday mornings.
- n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition
65. Plutonium has limited _____ applications.
- adj.* not involving violence, conflict, or war

ANSWERS: 58. generation, 59. contribution, 60. specific, 61. session, 62. norms, 63. prescribed, 64. clinic, 65. peaceful

66. The senator received _____ criticism from his opponent.

adj. extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous

67. The _____ organization works to promote human rights in developing countries.

adj. not belonging to or controlled by a government

68. I hope to _____ in my career and live a happy life.

v. to accomplish or achieve a desired or intended result or goal; to prosper or attain success in a given field or endeavor

69. The manufacturing industry is _____ fierce competition.

n. a person who sees something happen, especially a crime or an accident

70. The pharmacist not only prescribes the _____ but also guides its proper use.

n. a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease

71. The pandemic was a _____ business opportunity for certain companies.

adj. fairly large in size, value, or importance

72. His friend's death drove him to _____.

n. the feeling that there is no hope and you cannot do anything to improve a difficult situation

73. The treatments were done but, _____ were unsuccessful.

adv. by bad luck; unluckily

ANSWERS: 66. severe, 67. nongovernmental, 68. succeed, 69. witnessing, 70. medication, 71. substantial, 72. despair, 73. unfortunately,

74. The primary purpose of the _____ is pain relief.

n. the way in which someone deals with or behaves towards someone or something; medical care provided to a patient for an injury or illness.

75. The cause of the accident was _____ but it still raised concerns about safety procedures.

adj. capable of being explained or understood; able to be accounted for or clarified

76. Weather forecasters are predicting the _____ of a heatwave.

n. the act or situation of coming or being brought to a place; accomplishment of an objective

77. The ____ section of the ship suffered significant damage after the collision with the reef.

adj. (the opposite of "forward") located at or towards the rear or back of a ship, aircraft, or other vehicle

78. Their headquarters are in a _____ skyscraper.

adj. of or belonging to the present time or recent times

79. Our plan includes a comprehensive marketing _____.

n. a detailed plan of action designed to achieve a long-term or overall goal.

80. I am going to _____ to work through my anxiety and depression.

n. the process of providing guidance and support to someone, often in a therapeutic or professional context, to help them overcome personal or emotional difficulties and improve their mental health and well-being

81. The new prime minister has vowed to take measures against the _____ economic crisis.

adj. continuing to exist or develop, or currently happening

ANSWERS: 74. treatment, 75. explicable, 76. arrival, 77. aft, 78. modern, 79. strategy, 80. counseling, 81. ongoing

82. The novel has a series of _____ that showcase the everyday struggles of its characters.
- n.* a brief or short descriptive account, episode, or story that focuses on a particular moment, person, or object; a small decorative design or illustration
83. The _____ team worked quickly to save the patient's life.
- adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
84. She is a school _____ dedicated to helping students navigate academic and personal challenges.
- n.* a person trained to give advice and help people deal with personal or emotional problems
85. Skill and _____ are an unconquered army.
- n.* the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
86. He _____ the memories of his traumatic childhood.
- v.* to restrain or control by force; to suppress feelings or memories
87. We need to _____ the next steps for the project during our meeting tomorrow.
- v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
88. It is a _____ in many families to have a big Thanksgiving dinner with all their relatives.
- n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
89. DNA is stored in the _____ of a cell.
- n.* the central and most important part of something; (biology) a part of the cell containing DNA and RNA and responsible for growth and reproduction; (physics) the very dense central region of an atom

ANSWERS: 82. vignettes, 83. medical, 84. counselor, 85. confidence, 86. repressed, 87. discuss, 88. tradition, 89. nucleus

90. The dress code at the office is very _____ and doesn't allow any casual clothing.
adj. limiting or confining in nature; imposing limits or restrictions on something or someone
91. The government promised to _____ a new system to control the financial crisis.
v. to put a decision, plan, or system into effect
92. The older man _____ from arthritis and finds it difficult to move around.
v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
93. The experiment was _____ several times to ensure accuracy.
v. to make an exact copy of something; to repeat a process or experiment to confirm the results
94. The researchers try to discover a common _____ in all types of successful organizations.
n. one of several parts that combines with others to form something bigger
95. That car has a low environmental _____.
n. a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry
96. The organization is dedicated to providing _____ aid to disaster-stricken areas worldwide.
adj. something relating to the promotion of human welfare or someone who works to promote human welfare

ANSWERS: 90. restrictive, 91. implement, 92. suffers, 93. replicated, 94. component, 95. burden, 96. humanitarian

97. The _____ scene in the movie shows the character's past experiences.
n. an interruption of the chronological sequence of events in a narrative, in which an event or scene from a past time is inserted into the current narrative
98. The _____ cause of the accident was due to the icy road conditions.
adj. first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle
99. Her _____ manner relaxed everyone there.
adj. having or showing a kindly or tender nature; soft and mild
100. The test results were _____ and showed improvement.
adj. giving hope, confidence, or support; inspiring
101. She had a master's degree in _____.
n. the scientific study of mind and behavior
102. The _____ academy was known for its strict discipline and training.
adj. relating to or characteristic of members of the armed forces; of or relating to war or warfare
103. It's important to understand the _____ of a situation before making a decision.
n. the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning
104. He is currently under accusation of fraud and _____.
n. the practice or attempt of offering something, usually money, to gain an unlawful advantage

ANSWERS: 97. flashback, 98. primary, 99. gentle, 100. encouraging, 101. psychology, 102. military, 103. context, 104. bribery

105. We will explain the countermeasure concerning this problem _____.

adv. after the time mentioned

106. Despite attending school, he remained _____ and unable to read or write.

adj. unable to read or write; lacking basic education and knowledge in reading and writing

107. _____ is also necessary to understand history.

n. the ability to share another person's feelings or experiences by imagining that person's situation

108. She plans to _____ in a new field after retiring from her current career.

v. to teach or learn a new or different set of skills or knowledge, usually to adapt to a new job, situation, or technology

109. She _____ the money from her savings account to her checking account.

v. to move, pass, or change from one person, place, or situation to another

110. He tried to _____ a bad reputation and win the election.

v. to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone

111. The military regime has promised to _____ democracy as soon as possible.

v. to repair or return something or someone to a previous good state or position

112. That _____ group actively advocated environmental protection to the government.

n. a large area inside the entrance of a public building where people can meet and wait; a group of people who try to persuade a politician, the government, or an official group to influence legislation

ANSWERS: 105. afterward, 106. illiterate, 107. Empathy, 108. retrain, 109. transferred, 110. overcome, 111. restore, 112. lobby

113. After years of hard work, he finally _____ his financial stability.
v. to get something back or recover something after it has been lost or taken away
114. He had a _____ understanding of the topic but needed further research.
adj. being within reasonable limits; not excessive or extreme
115. I regretted making an _____ mistake in my final exam.
adj. causing fear, dread, or terror; very bad or unpleasant
116. This machine cuts metal by _____ control.
adj. done by hand rather than by machine; (noun) a book of instructions, especially for operating a machine or learning a subject
117. The _____ from the small country was not allowed to speak at the meeting.
n. a person sent or authorized to represent others, in particular, an elected representative sent to a conference; (verb) to transfer power to someone
118. That incident led to his _____.
n. the condition of being alone or lonely; the act or state of separation between persons or groups
119. The rousing speech by the politician _____ the audience to action.
v. to awaken strong feelings or emotions in someone; to excite or inspire a physical or emotional response
120. Many people go on a _____ to recharge and reconnect with themselves.
n. the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life

ANSWERS: 113. regained, 114. moderate, 115. awful, 116. manual, 117. delegate, 118. isolation, 119. aroused, 120. retreat

121. They had a complete _____ a few days after their argument.

n. the restoration of cordial or friendly relations; getting two things to correspond

122. _____ the text from Italian into English.

v. to convert or change words into another language

123. The patient displays a _____ of a side effect.

n. any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

124. The _____ countries in the world often have the highest rates of malnutrition.

adj. having the least wealth or resources

125. The data he prepared was completely _____.

n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

126. His body rejected the liver of the _____.

n. a person or an organization that makes a gift of money, food, supplies, etc. to a cause or fund; in medicine, a person who gives blood or tissue or an organ to be used in another person

127. These birds can only _____ in temperate climates.

v. to live or exist despite a dangerous event or period

ANSWERS: 121. reconciliation, 122. Translate, 123. symptom, 124. poorest, 125. sham, 126. donor, 127. survive