

# Englist.me



## Vocabulary Builder Reference from...

*Inge Missmahl: Bringing peace to the minds of Afghanistan | TED Talk*

[https://www.ted.com/talks/inge\\_missmahl\\_bringing\\_peace\\_to\\_the\\_minds\\_of\\_afghanistan](https://www.ted.com/talks/inge_missmahl_bringing_peace_to_the_minds_of_afghanistan)

### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

### illiterate

*adj.* unable to read or write; lacking basic education and knowledge in reading and writing

*synonym* : unlettered, uneducated, unschooled

(1) **illiterate** population, (2) computer- **illiterate**

Despite attending school, he remained **illiterate** and unable to read or write.

### malnutrition

*n.* the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients

*synonym* : undernourishment, starvation, hunger

(1) severe **malnutrition**, (2) childhood **malnutrition**

The doctor advised the patient to eat a balanced diet to avoid **malnutrition**.

### bribery

*n.* the practice or attempt of offering something, usually money, to gain an unlawful advantage

*synonym* : graft, bribe

(1) **bribery** scandal, (2) vulnerable to **bribery**

He is currently under accusation of fraud and **bribery**.

## sham

*n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

*synonym*: bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham**

The data he prepared was completely **sham**.

## nongovernmental

*adj.* not belonging to or controlled by a government

*synonym*: private, non-public, non-state

(1) **nongovernmental** aid worker, (2) **nongovernmental** agency

The **nongovernmental** organization works to promote human rights in developing countries.

## worsen

*v.* to become or make something worse

*synonym*: languish, degenerate, degrade

(1) **worsen** a relation, (2) **worsen** the food problem

Unilateral import bans have **worsened** that country's terms of trade.

## aft

*adj.* (the opposite of "forward") located at or towards the rear or back of a ship, aircraft, or other vehicle

(1) **aft** cabin, (2) **aft** view

The **aft** section of the ship suffered significant damage after the collision with the reef.

## worthless

*adj.* having no value or usefulness; not worth considering

*synonym*: valueless, useless, pointless

(1) **worthless** stock, (2) **worthless** coin

The product was found to be **worthless** as it failed to meet the customer's expectations.

## arouse

*v.* to awaken strong feelings or emotions in someone; to excite or inspire a physical or emotional response

*synonym*: excite, stimulate, stir

(1) **arouse** desire, (2) **arouse** suspicion

The rousing speech by the politician **aroused** the audience to action.

## flashback

*n.* an interruption of the chronological sequence of events in a narrative, in which an event or scene from a past time is inserted into the current narrative

*synonym* : recollection, reminiscence, memory

(1) vivid **flashback**, (2) **flashback** memory

The **flashback** scene in the movie shows the character's past experiences.

## regress

*v.* to move or develop backward; to return to an earlier or less advanced state or condition; to decline or deteriorate

*synonym* : retrovert, deteriorate, decline

(1) **regress** to childhood, (2) **regress** in skills

The team's failure to win games has caused them to **regress** in confidence.

## repress

*v.* to restrain or control by force; to suppress feelings or memories

*synonym* : suppress, control, curb

(1) cannot **repress** laughter, (2) **repress** gene expression

He **repressed** the memories of his traumatic childhood.

## moth

*n.* an insect with wings similar to a butterfly that travels at night and is attracted to light

(1) **moth** larva, (2) **moth** attracted to the light

The **moth** is a serious threat to the farm's output.

## afterward

*adv.* after the time mentioned

*synonym* : later, thereafter, following

(1) a few years **afterward**, (2) go there **afterward**

We will explain the countermeasure concerning this problem **afterward**.

## shatter

v. to break suddenly into many pieces

*synonym*: break, crash, destroy

(1) **shatter** the plate, (2) **shatter** a world record

Her husband's death **shattered** her life entirely.

## empathy

n. the ability to share another person's feelings or experiences by imagining that person's situation

*synonym*: compassion, sympathy, tenderness

(1) full of **empathy**, (2) **empathy** for patients

**Empathy** is also necessary to understand history.

## psychopath

n. a person with an extreme personality disorder characterized by a lack of empathy, remorse, and ethical values; often associated with manipulative and deceitful behavior, impulsivity, and risk-taking tendencies

*synonym*: sociopath, antisocial, monster

(1) **psychopath** tendencies, (2) violent **psychopath**

The detective identified the **psychopath** who had been terrorizing the city for months.

## rev

n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute

*synonym*: revolution, RPM, speed

(1) low- **rev** engine, (2) **rev** up the crowd

He stepped on the gas pedal, and the engine released a loud **rev**.

## retrain

v. to teach or learn a new or different set of skills or knowledge, usually to adapt to a new job, situation, or technology

*synonym*: educate, instruct

(1) **retrain** employees, (2) **retrain** skills

She plans to **retrain** in a new field after retiring from her current career.

## moreover

*adv.* indicating that what follows is an additional or supplementary point; furthermore; in addition to what has been said before

*synonym* : furthermore, besides, in addition

(1) **moreover**, she decided to go, (2) but **moreover**, they work well together

The company is environmentally conscious, and **moreover**, it uses sustainable materials in its products.

## explicable

*adj.* capable of being explained or understood; able to be accounted for or clarified

*synonym* : understandable, explainable, interpretable

(1) **explicable** reason, (2) mathematically **explicable**

The cause of the accident was **explicable**, but it still raised concerns about safety procedures.

## vignette

*n.* a brief or short descriptive account, episode, or story that focuses on a particular moment, person, or object; a small decorative design or illustration

*synonym* : sketch, drawing, illustration

(1) poignant **vignette**, (2) **vignette** from the incident

The novel has a series of **vignettes** that showcase the everyday struggles of its characters.

## emancipate

*v.* to set free from legal, social, or political restrictions; to liberate

*synonym* : liberate, free, release

(1) **emancipate** a slave, (2) **emancipate** him from anxiety

The organization works to **emancipate** people from poverty and provide them with education and job opportunities.

## buildup

*n.* the accumulation or increase of something over time

*synonym* : accumulation, increase, growth

(1) lactic acid **buildup**, (2) huge military **buildup**

The **buildup** of stress over time can lead to health problems.

## replicate

v. to make an exact copy of something; to repeat a process or experiment to confirm the results

*synonym*: duplicate, imitate, reproduce

(1) **replicate** the cell, (2) **replicate** data

The experiment was **replicated** several times to ensure accuracy.

## Session 2: Spelling

- |                            |   |
|----------------------------|---|
| 1. vulnerable to br_____y  | <i>n.</i> the practice or attempt of offering something, usually money, to gain an unlawful advantage   |
| 2. sh_____r the plate      | <i>v.</i> to break suddenly into many pieces  |
| 3. m__h larva              | <i>n.</i> an insect with wings similar to a butterfly that travels at night and is attracted to light   |
| 4. non_____tal agency      | <i>adj.</i> not belonging to or controlled by a government  |
| 5. wo___n a relation       | <i>v.</i> to become or make something worse   |
| 6. lactic acid bu_____p    | <i>n.</i> the accumulation or increase of something over time   |
| 7. psy_____th tendencies   | <i>n.</i> a person with an extreme personality disorder characterized by a lack of empathy, remorse, and ethical values; often associated with manipulative and deceitful behavior, impulsivity, and risk-taking tendencies |
| 8. severe mal_____ion      | <i>n.</i> the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients                    |
| 9. sh_____r a world record | <i>v.</i> to break suddenly into many pieces  |

ANSWERS: 1. bribery, 2. shatter, 3. moth, 4. nongovernmental, 5. worsen, 6. buildup, 7. psychopath, 8. malnutrition, 9. shatter

10. full of em\_\_\_\_y *n.* the ability to share another person's feelings or experiences by imagining that person's situation
11. go there af\_\_\_\_\_rd *adv.* after the time mentioned
12. turn out to be all s\_\_m *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
13. ema\_\_\_\_\_te a slave *v.* to set free from legal, social, or political restrictions; to liberate
14. re\_\_\_\_\_te data *v.* to make an exact copy of something; to repeat a process or experiment to confirm the results
15. low-r\_v engine *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
16. re\_\_\_\_\_n skills *v.* to teach or learn a new or different set of skills or knowledge, usually to adapt to a new job, situation, or technology
17. huge military bu\_\_\_\_\_p *n.* the accumulation or increase of something over time
18. but mo\_\_\_\_\_er, they work well together *adv.* indicating that what follows is an additional or supplementary point; furthermore; in addition to what has been said before
19. computer-ill\_\_\_\_\_te *adj.* unable to read or write; lacking basic education and knowledge in reading and writing

ANSWERS: 10. empathy, 11. afterward, 12. sham, 13. emancipate, 14. replicate, 15. rev, 16. retrain, 17. buildup, 18. moreover, 19. illiterate



20. re\_\_\_\_s gene expression      *v.* to restrain or control by force; to suppress feelings or memories
21. wo\_\_\_n the food problem      *v.* to become or make something worse
22. mo\_\_\_\_\_er, she decided to go      *adv.* indicating that what follows is an additional or supplementary point; furthermore; in addition to what has been said before
23. ar\_\_\_e suspicion      *v.* to awaken strong feelings or emotions in someone; to excite or inspire a physical or emotional response
24. ema\_\_\_\_\_te him from anxiety      *v.* to set free from legal, social, or political restrictions; to liberate
25. vivid fl\_\_\_\_\_ck      *n.* an interruption of the chronological sequence of events in a narrative, in which an event or scene from a past time is inserted into the current narrative
26. a\_t cabin      *adj.* (the opposite of "forward") located at or towards the rear or back of a ship, aircraft, or other vehicle
27. m\_\_h attracted to the light      *n.* an insect with wings similar to a butterfly that travels at night and is attracted to light
28. r\_v up the crowd      *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
29. cannot re\_\_\_\_\_s laughter      *v.* to restrain or control by force; to suppress feelings or memories

ANSWERS: 20. repress, 21. worsen, 22. moreover, 23. arouse, 24. emancipate, 25. flashback, 26. aft, 27. moth, 28. rev, 29. repress

30. wo\_\_\_\_\_ss coin *adj.* having no value or usefulness; not worth considering
31. poignant vi\_\_\_\_\_te *n.* a brief or short descriptive account, episode, or story that focuses on a particular moment, person, or object; a small decorative design or illustration
32. exp\_\_\_\_\_le reason *adj.* capable of being explained or understood; able to be accounted for or clarified
33. re\_\_\_\_\_s in skills *v.* to move or develop backward; to return to an earlier or less advanced state or condition; to decline or deteriorate
34. br\_\_\_\_\_y scandal *n.* the practice or attempt of offering something, usually money, to gain an unlawful advantage
35. fl\_\_\_\_\_ck memory *n.* an interruption of the chronological sequence of events in a narrative, in which an event or scene from a past time is inserted into the current narrative
36. non\_\_\_\_\_tal aid worker *adj.* not belonging to or controlled by a government
37. a s\_\_m battle *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
38. em\_\_\_\_\_y for patients *n.* the ability to share another person's feelings or experiences by imagining that person's situation

ANSWERS: 30. worthless, 31. vignette, 32. explicable, 33. regress, 34. bribery, 35. flashback, 36. nongovernmental, 37. sham, 38. empathy

39. mathematically exp\_\_\_\_\_le *adj.* capable of being explained or understood; able to be accounted for or clarified
40. childhood mal\_\_\_\_\_ion *n.* the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients
41. re\_\_\_\_\_te the cell *v.* to make an exact copy of something; to repeat a process or experiment to confirm the results
42. ar\_\_\_\_e desire *v.* to awaken strong feelings or emotions in someone; to excite or inspire a physical or emotional response
43. re\_\_\_\_\_s to childhood *v.* to move or develop backward; to return to an earlier or less advanced state or condition; to decline or deteriorate
44. ill\_\_\_\_\_te population *adj.* unable to read or write; lacking basic education and knowledge in reading and writing
45. vi\_\_\_\_\_te from the incident *n.* a brief or short descriptive account, episode, or story that focuses on a particular moment, person, or object; a small decorative design or illustration
46. wo\_\_\_\_\_ss stock *adj.* having no value or usefulness; not worth considering
47. a\_t view *adj.* (the opposite of "forward") located at or towards the rear or back of a ship, aircraft, or other vehicle

ANSWERS: 39. explicable, 40. malnutrition, 41. replicate, 42. arouse, 43. regress, 44. illiterate, 45. vignette, 46. worthless, 47. aft

48. a few years af\_\_\_\_\_rd

*adv.* after the time mentioned

49. violent psy\_\_\_\_\_th

*n.* a person with an extreme personality disorder characterized by a lack of empathy, remorse, and ethical values; often associated with manipulative and deceitful behavior, impulsivity, and risk-taking tendencies

50. re\_\_\_\_\_n employees

*v.* to teach or learn a new or different set of skills or knowledge, usually to adapt to a new job, situation, or technology

ANSWERS: 48. afterward, 49. psychopath, 50. retrain

## Session 3: Fill in the Blanks

1. Her husband's death \_\_\_\_\_ her life entirely.  
*v.* to break suddenly into many pieces
2. The novel has a series of \_\_\_\_\_ that showcase the everyday struggles of its characters.  
*n.* a brief or short descriptive account, episode, or story that focuses on a particular moment, person, or object; a small decorative design or illustration
3. She plans to \_\_\_\_\_ in a new field after retiring from her current career.  
*v.* to teach or learn a new or different set of skills or knowledge, usually to adapt to a new job, situation, or technology
4. Unilateral import bans have \_\_\_\_\_ that country's terms of trade.  
*v.* to become or make something worse
5. The \_\_\_\_\_ scene in the movie shows the character's past experiences.  
*n.* an interruption of the chronological sequence of events in a narrative, in which an event or scene from a past time is inserted into the current narrative
6. The \_\_\_\_\_ is a serious threat to the farm's output.  
*n.* an insect with wings similar to a butterfly that travels at night and is attracted to light
7. The \_\_\_\_\_ of stress over time can lead to health problems.  
*n.* the accumulation or increase of something over time
8. \_\_\_\_\_ is also necessary to understand history.  
*n.* the ability to share another person's feelings or experiences by imagining that person's situation

ANSWERS: 1. shattered, 2. vignettes, 3. retrain, 4. worsened, 5. flashback, 6. moth, 7. buildup, 8. Empathy

9. The product was found to be \_\_\_\_\_ as it failed to meet the customer's expectations.

*adj.* having no value or usefulness; not worth considering

10. The \_\_\_\_ section of the ship suffered significant damage after the collision with the reef.

*adj.* (the opposite of "forward") located at or towards the rear or back of a ship, aircraft, or other vehicle

11. The detective identified the \_\_\_\_\_ who had been terrorizing the city for months.

*n.* a person with an extreme personality disorder characterized by a lack of empathy, remorse, and ethical values; often associated with manipulative and deceitful behavior, impulsivity, and risk-taking tendencies

12. The company is environmentally conscious, and \_\_\_\_\_ it uses sustainable materials in its products.

*adv.* indicating that what follows is an additional or supplementary point; furthermore; in addition to what has been said before

13. He is currently under accusation of fraud and \_\_\_\_\_.

*n.* the practice or attempt of offering something, usually money, to gain an unlawful advantage

14. He \_\_\_\_\_ the memories of his traumatic childhood.

*v.* to restrain or control by force; to suppress feelings or memories

15. The \_\_\_\_\_ organization works to promote human rights in developing countries.

*adj.* not belonging to or controlled by a government

ANSWERS: 9. worthless, 10. aft, 11. psychopath, 12. moreover, 13. bribery, 14. repressed, 15. nongovernmental

16. The team's failure to win games has caused them to \_\_\_\_\_ in confidence.  
*v.* to move or develop backward; to return to an earlier or less advanced state or condition; to decline or deteriorate
17. We will explain the countermeasure concerning this problem \_\_\_\_\_.  
*adv.* after the time mentioned
18. The data he prepared was completely \_\_\_\_\_.  
*n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
19. Despite attending school, he remained \_\_\_\_\_ and unable to read or write.  
*adj.* unable to read or write; lacking basic education and knowledge in reading and writing
20. The cause of the accident was \_\_\_\_\_ but it still raised concerns about safety procedures.  
*adj.* capable of being explained or understood; able to be accounted for or clarified
21. He stepped on the gas pedal, and the engine released a loud \_\_\_\_\_.  
*n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
22. The doctor advised the patient to eat a balanced diet to avoid \_\_\_\_\_.  
*n.* the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients
23. The organization works to \_\_\_\_\_ people from poverty and provide them with education and job opportunities.  
*v.* to set free from legal, social, or political restrictions; to liberate

ANSWERS: 16. regress, 17. afterward, 18. sham, 19. illiterate, 20. explicable, 21. rev, 22. malnutrition, 23. emancipate

24. The rousing speech by the politician \_\_\_\_\_ the audience to action.
- v. to awaken strong feelings or emotions in someone; to excite or inspire a physical or emotional response
25. The experiment was \_\_\_\_\_ several times to ensure accuracy.
- v. to make an exact copy of something; to repeat a process or experiment to confirm the results

ANSWERS: 24. aroused, 25. replicated