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Vocabulary Builder Reference from...

Stacey Kramer: The best gift I ever survived | TED

Talk

https://www.ted.com/talks/stacey_kramer_the_best_g

ift_i_ever_survived



All Words

IMPORTANT

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Session 1: Word List

envision

v. to imagine or expect what a situation will be like in the future

synonym: anticipate, foresee, picture

(1) **envision** the future, (2) **envision** the project's success We cannot **envision** her as President.

wrap

v. to cover or enclose something entirely with paper, cloth, or other material

synonym: surround, cover, bandage

(1) wrap a fish in foil, (2) wrap up a meetingWrap the bandage tightly around the injured arm.

incredible

adj. unbelievable; enormous

synonym: unbelievable, fantastical, inconceivable

(1) **incredible** amount, (2) at **incredible** speed Her response revealed **incredible** idiocy.

appreciate

v. to value and acknowledge the worth of someone or something; to be grateful for something or someone

synonym: acknowledge, admire, enjoy

(1) **appreciate** her feedback, (2) **appreciate** the value We would **appreciate** an early reply.

reconnect

- v. to connect again after a break or interruption synonym: reopen, rejoin, link up
- (1) **reconnect** a telephone, (2) **reconnect** with family After a long period of estrangement, they **reconnected** with each other.

acquaintance

- n. a person one knows but who is not a close friendsynonym: friend, associate, contact
- (1) **acquaintance** with a language, (2) business **acquaintance**

I met him at a party, and we quickly became acquaintances.

adoration

- n. deep love and respect shown towards someone or something; worship or deep reverencesynonym: worship, idolization, devotion
- (1) **adoration** of a celebrity, (2) puppy **adoration** The child's **adoration** for his favorite superhero was unwavering.

admiration

n. the feeling or attitude of respect and approval for someone or something

synonym: respect, esteem, appreciation

(1) ungrudging **admiration**, (2) **admiration** by other people The artist received **admiration** for their work from critics and fans alike.

overwhelm

- v. to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebodysynonym: conquer, crush, dominate
- (1) he was **overwhelmed** with gratitude, (2) **overwhelm** opponents by numbers

Too much variety may **overwhelm** and confuse viewers.

calibrate

 to measure or adjust something, typically a machine or device, to ensure accurate functioning or to match a standard or desired level of performance

synonym: adjust, fine-tune

(1) calibrate machinery,	(2) calibrate measurements
It's important to calibrate	the equipment regularly to ensure
accurate results.	

redefine

to change the meaning or interpretation of something; to make people think about something in a new or different way

synonym: reconsider, reformulate, alter

(1) **redefine** customer experience, (2) **redefine** our role The video telephony application has **redefined** the way we work.

spiritual

adj. relating to or affecting the human spirit or soul as opposed to material or physical things

synonym: otherworldly, ethereal, transcendental

(1) constant **spiritual** striving, (2) **spiritual** leader The meditation class was focused on finding inner peace and cultivating a more **spiritual** connection with the universe.

faith

complete trust in something or someone's ability or n. knowledge; a strong belief in religion, divine power, etc.

synonym: belief, trust, confidence

(1) religious faith, (2) faith in government He kept his robust **faith** in his company.

surpass

- to be or do better than someone or something; to excel or go beyond the limits or standards of something *synonym*: excel, outdo, outperform
- (1) **surpass** imagination, (2) **surpass** \$20 billion in sales The athlete's record-breaking performance **surpassed** all expectations.

vitality

- the state of being strong and active; energy synonym: energy, life, vigor
- (1) vitality of youth, (2) the vitality of the company The new gym membership has improved his vitality and

overall health.

expand

v. to increase or to make something greater in size, number, or importance

synonym: extend, grow, boost

(1) **expand** a lineup, (2) **expand** agricultural output They hope to **expand** their business worldwide.

vocabulary

 the words used by a language, group, or individual; the knowledge and understanding of words and their meanings that a person possesses

synonym: lexicon, glossary, dictionary

(1) **vocabulary** list, (2) academic **vocabulary** Using proper **vocabulary** is essential for writing a good essay.

vacation

 a period in which someone does not have to attend work or school and is free to do whatever they choose, such as travel or leisure

synonym: leave, recess, break

(1) a short vacation,(2) summer vacationDo you have a plan for a long vacation?

absolutely

adv. without restriction or limitation; completely or utterly *synonym*: completely, utterly, definitely

(1) **absolutely** against, (2) **absolutely** obsessed with the girl

I am absolutely opposed to his idea because of morality.

countless

adj. too numerous to be counted or very manysynonym: innumerable, myriad, numerous

(1) **countless** hours, (2) answer **countless** questions There are **countless** methods for dealing with stress.

gourmet

adj. relating to high-quality food, especially that which is prepared with great skill and care; referring to someone who has refined or discerning taste in food synonym: culinary, epicurean, gastronomic

(1) gourmet techniques, (2) gourmet coffee

The hotel boasts a **gourmet** restaurant that serves only the finest foods and wines.

truckload

 a large amount or quantity that can be transported by truck, typically a full load that fills the entire cargo space of a truck

synonym: cargo, shipment, load

(1) truckload of supplies, (2) truckload carrier

The store received a **truckload** of new inventory for the holiday season.

lifetime

- n. the duration of someone's life or something's existence;synonym: lifespan, duration
- (1) **lifetime** benefits, (2) **lifetime** ban from the sport She had lived through two world wars in her **lifetime**.

supple

- adj. flexible and easy to bend or move; gracefully agile;adaptable or responsive to change or new ideassynonym: flexible, pliable, bendable
- (1) **supple** muscles, (2) **supple** leather

The ballerina's **supple** movements left the audience mesmerized.

inspire

- v. to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative
 synonym: boost, encourage, enlighten
- (1) **inspire** a feeling of curiosity, (2) **inspire** him to write a novel

The unique style of this martial arts **inspired** many action film producers.

motto

a phrase or slogan that expresses a guiding principle or goal

synonym: slogan, catchphrase, phrase

(1) the **motto** for safe traffic, (2) company **motto**The company's **motto** is "Innovation and Service," which is reflected in its products and customer support.

humble

adj. having or showing a modest or low estimate of one's quality or importance

synonym: modest, unpretentious, abject

(1) a **humble** cottage, (2) **humble** opinion The nobler, the more **humble**.

serenity

 the state of being calm, peaceful, and untroubled; a feeling of tranquility or peacefulness

synonym: calmness, tranquility, peacefulness

(1) fall into **serenity**, (2) **serenity** prayer

Meditation and yoga are great ways to achieve **serenity** and peace of mind.

nirvana

 a state of perfect happiness, peace, and enlightenment in Hinduism and Buddhism

synonym: paradise, heaven, bliss

(1) nirvana state, (2) spiritual nirvana

He finally achieved **nirvana** after many years of meditation and spiritual practice.

doe

 a mature female of mammals of which the male is called a buck, such as a deer or a rabbit

synonym: rabbit, bunny, hare

(1) doe rabbit, (2) buck and doe

Hunters use a whistle that makes the **doe** sound to lure stags.

logo

 a symbol or design that represents a company, organization, or product used on packaging, advertisements, and other materials

synonym: emblem, symbol, crest

(1) logo design, (2) brand logo

The company's **logo** was on the side of the building.

gem

n. a precious or semiprecious stone, usually of high quality and often used as jewelry; something that is considered to be a highly prized and valuable possession or attribute of a person or thing

synonym: jewel, precious stone, diamond

(1) gem collection, (2) hidden gem

The enga **gement** ring was a precious gem passed down through generations of her family.

brain

- the organ inside the head that is responsible for one's movement, thought, memory, and feeling
- synonym: intellect, mind, encephalon
- (1) basic **brain** function, (2) permanent **brain** damage X-rays revealed a small tumor in his **brain**.

tumor

- a mass of diseased tissue that forms when cells in the body divide and grow in an uncontrolled way
- synonym: neoplasm, mass, lump
- (1) tumor growth, (2) tumor at remote sites

The patient was diagnosed with a **tumor** in her lung.

hemangioma

 a benign (non-cancerous) tumor or abnormal growth made up of blood vessels, typically occurring during infancy or childhood

synonym: tumor, angioma, vascular anomaly

(1) liver **hemangioma**, (2) infantile **hemangioma**The doctor identified a small, benign **hemangioma** on the patient's skin.

profoundly

adv. to a great or complete degree; deeply synonym: deeply, greatly, completely

(1) profoundly insightful, (2) sleep profoundly

The novel affected her **profoundly**, causing her to question her beliefs and values.

alter

v. to cause to change or make different

synonym: change, vary, adjust

(1) alter a decision, (2) alter data in a file

The design of the webpage has altered slightly.

unexpected

adj. not anticipated or regarded as likely to happen

synonym: surprising, unanticipated, incredible

(1) an unexpected visitor, (2) some unexpected events

The unexpected rainstorm caused the collapse of the corral.

unwanted

adj. not wanted or desired

synonym: undesired, unneeded

(1) unwanted attention, (2) unwanted guests

He threw away the **unwanted** items in his closet.

uncertain

adj. not being sure of something; not being able to choose

synonym: doubtful, skeptical, pending

(1) numerous uncertain factors, (2) take an uncertain

attitude

She was **uncertain** about her friend's intentions.

Session 2: Spelling

1. the mo__o for safe traffic

2. abs____ly against

3. su___s imagination

4. academic voc____ry

5. en___on the future

6. a short va____on

7. al r data in a file

8. go___t techniques

9. tu r at remote sites

10. spiritual ni___a

a phrase or slogan that expresses a guiding principle or goal

adv. without restriction or limitation; completely or utterly

 to be or do better than someone or something; to excel or go beyond the limits or standards of something

 n. the words used by a language, group, or individual; the knowledge and understanding of words and their meanings that a person possesses

v. to imagine or expect what a situation will be like in the future

 a period in which someone does not have to attend work or school and is free to do whatever they choose, such as travel or leisure

v. to cause to change or make different

adj. relating to high-quality food, especially that which is prepared with great skill and care; referring to someone who has refined or discerning taste in food

 a mass of diseased tissue that forms when cells in the body divide and grow in an uncontrolled way

 a state of perfect happiness, peace, and enlightenment in Hinduism and Buddhism

ANSWERS: 1. motto, 2. absolutely, 3. surpass, 4. vocabulary, 5. envision, 6. vacation, 7. alter, 8. gourmet, 9. tumor, 10. nirvana

11.	business acqnce	n.	a person one knows but who is not a close friend
12.	hue opinion	adj.	having or showing a modest or low estimate of one's quality or importance
13.	exd a lineup	v.	to increase or to make something greater in size, number, or importance
14.	ovIm opponents by numbers	<i>v</i> .	to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
15.	sety prayer	n.	the state of being calm, peaceful, and untroubled; a feeling of tranquility or peacefulness
16.	ine him to write a novel	<i>v</i> .	to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative
17.	take an unin attitude	adj.	not being sure of something; not being able to choose
18.	w_p up a meeting	<i>v</i> .	to cover or enclose something entirely with paper, cloth, or other material
19.	rene our role	ν.	to change the meaning or interpretation of something; to make people think about something in a new or different way
20.	alr a decision	v.	to cause to change or make different
21.	answer coss questions	adj.	too numerous to be counted or very many
22.	company moo	n.	a phrase or slogan that expresses a guiding principle or goal

ANSWERS: 11. acquaintance, 12. humble, 13. expand, 14. overwhelm, 15. serenity, 16. inspire, 17. uncertain, 18. wrap, 19. redefine, 20. alter, 21. countless, 22. motto

23.	religious fah	n.	complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.
24.	uned attention	adj.	not wanted or desired
25.	trad of supplies	n.	a large amount or quantity that can be transported by truck, typically a full load that fills the entire cargo space of a truck
26.	cate machinery	v.	to measure or adjust something, typically a machine or device, to ensure accurate functioning or to match a standard or desired level of performance
27.	infantile hemma	n.	a benign (non-cancerous) tumor or abnormal growth made up of blood vessels, typically occurring during infancy or childhood
28.	g_m collection	n.	a precious or semiprecious stone, usually of high quality and often used as jewelry; something that is considered to be a highly prized and valuable possession or attribute of a person or thing
29.	basic br_n function	n.	the organ inside the head that is responsible for one's movement, thought, memory, and feeling
30.	spal leader	adj.	relating to or affecting the human spirit or soul as opposed to material or physical things

ANSWERS: 23. faith, 24. unwanted, 25. truckload, 26. calibrate, 27. hemangioma, 28. gem, 29. brain, 30. spiritual

31.	fah in government	n.	complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.
32.	wp a fish in foil	<i>v</i> .	to cover or enclose something entirely with paper, cloth, or other material
33.	exd agricultural output	<i>v</i> .	to increase or to make something greater in size, number, or importance
34.	sus \$20 billion in sales	<i>v</i> .	to be or do better than someone or something; to excel or go beyond the limits or standards of something
35.	proly insightful	adv.	to a great or complete degree; deeply
36.	some uneed events	adj.	not anticipated or regarded as likely to happen
37.	brand Io	n.	a symbol or design that represents a company, organization, or product used on packaging, advertisements, and other materials
38.	permanent brn damage	n.	the organ inside the head that is responsible for one's movement, thought, memory, and feeling
39.	vocry list	n.	the words used by a language, group, or individual; the knowledge and understanding of words and their meanings that a person possesses
40.	coss hours	adj.	too numerous to be counted or very many
41.	liver hemma	n.	a benign (non-cancerous) tumor or abnormal growth made up of blood vessels, typically occurring during infancy or childhood

ANSWERS: 31. faith, 32. wrap, 33. expand, 34. surpass, 35. profoundly, 36. unexpected, 37. logo, 38. brain, 39. vocabulary, 40. countless, 41. hemangioma

42.	sue leather	adj.	flexible and easy to bend or move; gracefully agile; adaptable or responsive to change or new ideas
43.	he was ovImed with gratitude	<i>v</i> .	to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
44.	sleep proly	adv.	to a great or complete degree; deeply
45.	uned guests	adj.	not wanted or desired
46.	trad carrier	n.	a large amount or quantity that can be transported by truck, typically a full load that fills the entire cargo space of a truck
47.	rect with family	<i>v</i> .	to connect again after a break or interruption
48.	appte her feedback	<i>v</i> .	to value and acknowledge the worth of someone or something; to be grateful for something or someone
49.	an uneed visitor	adj.	not anticipated or regarded as likely to happen
50.	absly obsessed with the girl	adv.	without restriction or limitation; completely or utterly
51.	tur growth	n.	a mass of diseased tissue that forms when cells in the body divide and grow in an uncontrolled way
52.	adon of a celebrity	n.	deep love and respect shown towards someone or something; worship or deep reverence
53.	sue muscles	adj.	flexible and easy to bend or move; gracefully agile; adaptable or responsive to change or new ideas

ANSWERS: 42. supple, 43. overwhelm, 44. profoundly, 45. unwanted, 46. truckload, 47. reconnect, 48. appreciate, 49. unexpected, 50. absolutely, 51. tumor, 52. adoration, 53. supple

54.	rect a telephone	<i>v</i> .	to connect again after a break or interruption
55.	lime ban from the sport	n.	the duration of someone's life or something's existence;
56.	lime benefits	n.	the duration of someone's life or something's existence;
57.	nia state	n.	a state of perfect happiness, peace, and enlightenment in Hinduism and Buddhism
58.	puppy adon	n.	deep love and respect shown towards someone or something; worship or deep reverence
59.	ine a feeling of curiosity	ν.	to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative
60.	summer vaon	n.	a period in which someone does not have to attend work or school and is free to do whatever they choose, such as travel or leisure
61.	hidden g_m	n.	a precious or semiprecious stone, usually of high quality and often used as jewelry; something that is considered to be a highly prized and valuable possession or attribute of a person or thing
62.	cate measurements	v.	to measure or adjust something, typically a machine or device, to ensure accurate functioning or to match a standard or desired level of performance

ANSWERS: 54. reconnect, 55. lifetime, 56. lifetime, 57. nirvana, 58. adoration, 59. inspire, 60. vacation, 61. gem, 62. calibrate

63.	fall into sety	n.	the state of being calm, peaceful, and untroubled; a feeling of tranquility or peacefulness
64.	d_e rabbit	n.	a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
65.	acqnce with a language	n.	a person one knows but who is not a close friend
66.	a hue cottage	adj.	having or showing a modest or low estimate of one's quality or importance
67.	incle amount	adj.	unbelievable; enormous
68.	numerous unin factors	adj.	not being sure of something; not being able to choose
69.	the vity of the company	n.	the state of being strong and active; energy
70.	constant spal striving	adj.	relating to or affecting the human spirit or soul as opposed to material or physical things
71.	vity of youth	n.	the state of being strong and active; energy
72.	ungrudging admon	n.	the feeling or attitude of respect and approval for someone or something
73.	admon by other people	n.	the feeling or attitude of respect and approval for someone or something
74.	appte the value	ν.	to value and acknowledge the worth of someone or something; to be grateful for something or someone
75.	buck and d_e	n.	a mature female of mammals of which the male is called a buck, such as a deer or a rabbit

ANSWERS: 63. serenity, 64. doe, 65. acquaintance, 66. humble, 67. incredible, 68. uncertain, 69. vitality, 70. spiritual, 71. vitality, 72. admiration, 73. admiration, 74. appreciate, 75. doe

adj.	unbelievable; enormous
n.	a symbol or design that represents a company, organization, or product used on packaging, advertisements, and other materials
ν.	to imagine or expect what a situation will be like in the future
adj.	relating to high-quality food, especially that which is prepared with great skill and care; referring to someone who has refined or discerning taste in food
v.	to change the meaning or interpretation of something; to make people think about something in a new or different way
	n. v. adj.

ANSWERS: 76. incredible, 77. logo, 78. envision, 79. gourmet, 80. redefine

Session 3: Fill in the Blanks

1.	The store received a of new inventory for the holiday season.
n.	a large amount or quantity that can be transported by truck, typically a full load that fills the entire cargo space of a truck
2.	the bandage tightly around the injured arm.
<i>v</i> .	to cover or enclose something entirely with paper, cloth, or other material
3.	He threw away the items in his closet.
adj	not wanted or desired
4.	Using proper is essential for writing a good essay.
n.	the words used by a language, group, or individual; the knowledge and understanding of words and their meanings that a person possesses
5.	The video telephony application has the way we work.
<i>v</i> .	to change the meaning or interpretation of something; to make people think about something in a new or different way
6.	He kept his robust in his company.
n.	complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.
	The hotel boasts a restaurant that serves only the finest foods and wines.
adj	relating to high-quality food, especially that which is prepared with great skill and care; referring to someone who has refined or discerning taste in food
	SWERS: 1. truckload, 2. Wrap, 3. unwanted, 4. vocabulary, 5. redefined, 6. faith, gourmet

ANSWERS: 8. overwhelm, 9. lifetime, 10. profoundly, 11. admiration, 12. envision, 13. acquaintances, 14. uncertain, 15. vitality, 16. serenity

ANSWERS: 17. absolutely, 18. logo, 19. adoration, 20. hemangioma, 21. surpassed, 22. calibrate, 23. gement, 24. altered

25.	There are	_ methods for dealing wit	h stress.
adj	too numerous to be	counted or very many	
26.	Her response reveale	ed idiocy.	
adj	unbelievable; enorn	nous	
27.	The meditation class connection	•	nner peace and cultivating a more
adj	relating to or affecting physical things	ng the human spirit or so	ul as opposed to material or
28.	The ballerina's	_ movements left the au	dience mesmerized.
adj	flexible and easy to change or new idea		y agile; adaptable or responsive to
29.	They hope to	their business worldwide	e.
ν.	to increase or to ma	ke something greater in	size, number, or importance
30.	The patient was diag	nosed with a in he	er lung.
n.	a mass of diseased an uncontrolled way		cells in the body divide and grow in
31.	He finally achieved _ practice.	after many years	of meditation and spiritual
n.	a state of perfect hat Buddhism	ppiness, peace, and enli	ightenment in Hinduism and
32.	The company'sproducts and custome		rice," which is reflected in its
n.	a phrase or slogan	that expresses a guiding	principle or goal
	SWERS: 25. countles: nor, 31. nirvana, 32. m	-	itual, 28. supple, 29. expand, 30.

33.	X-rays revealed a small tumor in his
n.	the organ inside the head that is responsible for one's movement, thought, memory, and feeling
34.	The rainstorm caused the collapse of the corral.
adj	not anticipated or regarded as likely to happen
35.	The nobler, the more
adj	having or showing a modest or low estimate of one's quality or importance
36.	We would an early reply.
<i>v</i> .	to value and acknowledge the worth of someone or something; to be grateful for something or someone
37.	The unique style of this martial arts many action film producers.
ν.	to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative
38.	After a long period of estrangement, they with each other.
<i>v</i> .	to connect again after a break or interruption
39.	Do you have a plan for a long
n.	a period in which someone does not have to attend work or school and is free to do whatever they choose, such as travel or leisure
40.	Hunters use a whistle that makes the sound to lure stags.
n.	a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
	SWERS: 33. brain, 34. unexpected, 35. humble, 36. appreciate, 37. inspired, 38. onnected, 39. vacation?, 40. doe

	Vocab-Builder Ref from	"Stacey Kramer:	The best gift	I ever survived	TED Talk" (40 words)	
ANSWE	RS:					