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Vocabulary Builder Reference from...

JD Schramm: Break the silence for suicide attempt survivors | TED Talk https://www.ted.com/talks/jd_schramm_break_the_sil ence_for_suicide_attempt_survivors



All Words

IMPORTANT

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Session 1: Word List

outward

adj. relating to the external appearance or surface of something; visible

synonym: external, surface, exterior

an outward journey, (2) outward cheerfulness
 The outward appearance of the building was impressive, but

the inside was in dire need of repairs.

contract

 a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law

synonym: agreement, deal, arrangement

(1) employment contract, (2) contract law

The company signed a **contract** with the supplier for the delivery of goods.

apartment

 a self-contained living unit within a larger building or complex, typically consisting of one or more rooms or an open space used for living, cooking, and sleeping

synonym: flat, dwelling, unit

(1) rented apartment, (2) furnished apartment

I am seeking a spacious **apartment** with a balcony and a parking spot.

profit

n. money that is earned in business or by selling things after deducting the costs involved

synonym: earnings, gain, proceeds

(1) gross profit, (2) make a profit

This business yields little **profit**.

graduated

adj. having received a degree from a school, college, or university; marked with or divided into levels or degrees

synonym: completed, finished, earned

(1) graduated taxation, (2) graduated flask

She was a **graduated** student of a prestigious university.

appointment

n. a formal arrangement to meet someone at a particular time and place, especially for a reason connected with their work; the act of putting a person into a job or position of responsibility

synonym: assignment, selection, commission

- (1) **appointment** calendar, (2) take up an **appointment** We had to reschedule the dentist's **appointment**.
- n. a fixed amount of money that employees, especially those who work in an office, receive for doing their job,

synonym: compensation, earnings, pay

usually paid every month

(1) a handsome **salary**, (2) **salary** after taxes

What are your annual **salary** expectations?

struggle

salary

 to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym: toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the iob

He could not struggle against temptation.

addiction

 the inability to stop using or doing something as a habit, especially something harmful

synonym:

dependence

(1) alcohol **addiction**, (2) **addiction** to foreign oil He is now fighting his **addiction** to drugs.

gripping

 adj. engaging or compelling; capable of holding one's attention or interest tightly; evocative of strong emotions or reactions

synonym: captivating, enthralling, engrossing

(1) **gripping** documentary, (2) **gripping** tale

The **gripping** movie had me on the edge of my seat the entire time.

depression

 a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

synonym: recession, slump, despair

(1) the Great **Depression**, (2) the root problem of her **depression**

Depression symptoms might include a decrease in appetite and weight loss.

fence

 a structure, usually made of wood or metal, that encloses an area, typically for protection or to keep animals or people in or out; a dealer in stolen property

synonym: barrier, wall, hedge

(1) fence post, (2) a brushwood fence

She planted a hedge to serve as a natural **fence** around her garden.

leap

v. to jump or spring into the air, often with the feet leaving the ground or a surface below; to move quickly or suddenly, often forward or upward

synonym: jump, bound, hop

(1) **leap** to a conclusion, (2) **leap** of faith

The athlete was able to **leap** over the hurdle with ease.

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treacherous

adj. that cannot be trusted; malicious; hazardous, even while seeming safe

synonym: dangerous, unfaithful, disloyal

(1) **treacherous** territory, (2) **treacherous** act Due to snow and ice, many roads have become

treacherous, and motorists are advised to travel gently.

remarkable

adj. worthy of attention because unusual or special *synonym*: outstanding, exceptional, extraordinary

(1) **remarkable** achievement, (2) the **remarkable** breadth of knowledge

The election was a **remarkable** success for the Whigs.

miraculous

adj. very effective or lucky, or completely unexpected *synonym*: amazing, astonishing, awesome

(1) a **miraculous** encounter, (2) go through a **miraculous** change

He made a **miraculous** recovery.

shatter

- v. to break suddenly into many pieces
- synonym: break, crash, destroy
- (1) **shatter** the plate, (2) **shatter** a world record Her husband's death **shattered** her life entirely.

rib

 each of a series of curved bones that are connected to the spine and surround the chest; (adjective) subject to laughter or ridicule

synonym: costa

(1) brake a rib, (2) rib cage

The accident caused a cracked **rib**.

puncture

 a small hole or wound made by piercing, such as with a needle, nail, or pointed object

synonym: piercing, prick, hole

(1) bicycle **puncture**, (2) needle **puncture**

The tire had a **puncture** and needed to be replaced.

lung

- either of the two organs in the chest that people and some animals use for breathing
- (1) **lung** capacity, (2) do **lung** transplantation He has terminal **lung** cancer.

drift

v. to move smoothly and slowly in water or air, especially as a result of outside forces, with no control over the direction

synonym: float, wander, freewheel

(1) **drift** down the stream, (2) **drift** away on a raft I **drifted** around for years in Europe before going to university.

conscious

adj. being aware of and able to respond to what is happening around you

synonym: aware, cognizant, deliberate

(1) **conscious** effort, (2) **conscious** of having succeeded He became **conscious** that he was being followed.

pathway

 a track that constitutes or serves as a path; an approach or a way of doing something

synonym: route, footpath, trail

(1) **pathway** to understanding, (2) cellular signaling **pathways**

When the first molecule in the **pathway** receives a signal, it activates other molecules.

ferry

 a boat or ship used to transport people, vehicles, or goods across a body of water, especially on a regular schedule

synonym: ferryboat, water taxi, barge

(1) ferry service, (2) ferry terminal

The **ferry** across the river offers a convenient transportation option for commuters.

captain

n. the leader of a group of people, especially who is in charge of a ship or aircraft

synonym: boss, director, leader

(1) the **captain** of an opposing team, (2) **captain** of industry The **captain** ordered the troops to fire.

committed

adj. willing to put in a lot of effort, time, and energy into something; firmly believing in something

synonym: devoted, faithful, attached

(1) in a **committed** relationship, (2) strong and **committed** sales staff

Our company is strongly **committed** to meeting customers' needs.

physically

adv. in a way related to a person's body or appearance rather than their mind

(1) **physically** and mentally, (2) stay **physically** fit Having a **physically** healthy physique is essential for a great life.

emotional

adj. relating to people's feelings

synonym: affecting, impactful, impressive

(1) emotional health, (2) emotional distress

Human **emotional** responses vary widely depending on the society to which they belong.

spiritual

adj. relating to or affecting the human spirit or soul as opposed to material or physical things

synonym: otherworldly, ethereal, transcendental

(1) constant spiritual striving, (2) spiritual leader

The meditation class was focused on finding inner peace and cultivating a more **spiritual** connection with the universe.

attempt

 an act or effort of trying to do something, especially something difficult

synonym: endeavor, effort, try

(1) the **attempt** to rescue the hostages, (2) a reckless **attempt**

The third attempt was far more successful.

suicide

- n. the act of killing yourself intentionally
- synonym: self-destruction, self-annihilation, felo-de-se
- (1) commit suicide, (2) suicide attack

In an economically prosperous country, most male **suicide** is due to child support problems.

succeed

 to accomplish or achieve a desired or intended result or goal; to prosper or attain success in a given field or endeavor

synonym: achieve, accomplish, triumph

(1) **succeed** beyond expectations, (2) **succeed** academically

I hope to **succeed** in my career and live a happy life.

at-risk

adj. in danger of being harmed or damaged, or of death or loss

synonym: vulnerable, endangered, precarious

(1) at-risk youth, (2) at-risk mental state

The school provides extra support for **at-risk** students to help them succeed.

population

the total number of people in a country, region, or location

synonym: people, inhabitants, folk

(1) **population** change, (2) labor **population** In just four years, the **population** has doubled.

assemble

- v. to collect in one place as a single group synonym: gather, congregate, collect
- (1) **assemble** your colleagues, (2) **assemble** a jigsaw puzzle

The president began to **assemble** an army.

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taboo

adj. prohibited or restricted by social custom

synonym: forbidden, prohibited, proscribed

(1) a taboo word, (2) academic taboo

In this society, discussing politics in public is a **taboo** subject.

isolation

 the condition of being alone or lonely; the act or state of separation between persons or groups

synonym: aloneness, seclusion, separateness

(1) **isolation** booth, (2) the country's **isolation**

That incident led to his **isolation**.

acknowledged

adj. recognized or admitted as being true or valid

synonym: recognized, accepted, admitted

(1) **acknowledged** beauty, (2) publicly **acknowledged** truth His **acknowledged** expertise in the field earned him the respect of his peers.

beloved

adj. loved very much

synonym: adored, cherished, dear

(1) **beloved** author, (2) **beloved** by many people I am here to save my **beloved**.

silent

adj. without any or little sound

synonym: quiet, hushed, mute

(1) **silent** reading, (2) give **silent** consent

The politician remained **silent** despite intense media scrutiny.

closet

 a small room or cabinet with a door used for storing things, especially clothes

synonym: cabinet, cupboard, locker

(1) closet full of suits, (2) walk-in closets

He brushed the suit before hanging it back into the **closet**.

encourage

to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

synonym: facilitate, persuade, stimulate

(1) **encourage** a sense of affinity, (2) **encourage** antisocial behavior

They **encouraged** customers with a premium for loyal patronage.

urge

v. to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist

synonym: push for, advise, (noun) impulse

(1) urge a total ban, (2) a sexual urge

The lobbyist **urged** Congress not to approve the measure.

contemplate

v. to think about a possible future action or to think about something for a long time thoughtfully

synonym: think over, ponder, consider

(1) **contemplate** a marriage, (2) **contemplated** leaving school

I recently **contemplated** dropping out of school and getting a full-time job.

conversation

 an informal talk between two or more people to exchange their views, ideas, information, etc.

synonym: chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation** Your **conversation** reflects your thoughts.

Session 2: Spelling

1.	strong and coed sales staff	adj.	willing to put in a lot of effort, time, and energy into something; firmly believing in something
2.	emal distress	adj.	relating to people's feelings
3.	coct law	n.	a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law
4.	the can of an opposing team	n.	the leader of a group of people, especially who is in charge of a ship or aircraft
5.	in a coed relationship	adj.	willing to put in a lot of effort, time, and energy into something; firmly believing in something
6.	stay phyly fit	adv.	in a way related to a person's body or appearance rather than their mind
7.	gross prt	n.	money that is earned in business or by selling things after deducting the costs involved
8.	I_g capacity	n.	either of the two organs in the chest that people and some animals use for breathing
9.	adon to foreign oil	n.	the inability to stop using or doing something as a habit, especially something harmful

ANSWERS: 1. committed, 2. emotional, 3. contract, 4. captain, 5. committed, 6. physically, 7. profit, 8. lung, 9. addiction

10.	popon change	n.	the total number of people in a country, region, or location
11.	oud cheerfulness	adj.	relating to the external appearance or surface of something; visible
12.	gred taxation	adj.	having received a degree from a school, college, or university; marked with or divided into levels or degrees
13.	conion in English	n.	an informal talk between two or more people to exchange their views, ideas, information, etc.
14.	Ip to a conclusion	ν.	to jump or spring into the air, often with the feet leaving the ground or a surface below; to move quickly or suddenly, often forward or upward
15.	phyly and mentally	adv.	in a way related to a person's body or appearance rather than their mind
16.	the root problem of her depon	n.	a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
17.	atk mental state	adj.	in danger of being harmed or damaged, or of death or loss
18.	fey service	n.	a boat or ship used to transport people, vehicles, or goods across a body of water, especially on a regular schedule
19.	employment coct	n.	a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law

ANSWERS: 10. population, 11. outward, 12. graduated, 13. conversation, 14. leap, 15. physically, 16. depression, 17. at-risk, 18. ferry, 19. contract

20.	gred flask	adj.	having received a degree from a school, college, or university; marked with or divided into levels or degrees
21.	bed by many people	adj.	loved very much
22.	appnt calendar	n.	a formal arrangement to meet someone at a particular time and place, especially for a reason connected with their work; the act of putting a person into a job or position of responsibility
23.	make a prt	n.	money that is earned in business or by selling things after deducting the costs involved
24.	can of industry	n.	the leader of a group of people, especially who is in charge of a ship or aircraft
25.	a friendly conion	n.	an informal talk between two or more people to exchange their views, ideas, information, etc.
26.	say after taxes	n.	a fixed amount of money that employees, especially those who work in an office, receive for doing their job, usually paid every month
27.	do Ig transplantation	n.	either of the two organs in the chest that people and some animals use for breathing
28.	a mirus encounter	adj.	very effective or lucky, or completely unexpected
29.	bed author	adj.	loved very much

ANSWERS: 20. graduated, 21. beloved, 22. appointment, 23. profit, 24. captain, 25. conversation, 26. salary, 27. lung, 28. miraculous, 29. beloved

30.	enge antisocial behavior	ν.	to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
31.	cellular signaling pays	n.	a track that constitutes or serves as a path; an approach or a way of doing something
32.	atk youth	adj.	in danger of being harmed or damaged, or of death or loss
33.	stle to get the job	v.	to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
34.	the remle breadth of knowledge	adj.	worthy of attention because unusual or special
35.	go through a mirus change	adj.	very effective or lucky, or completely unexpected
36.	academic tao	adj.	prohibited or restricted by social custom
37.	treus act	adj.	that cannot be trusted; malicious; hazardous, even while seeming safe
38.	ackged beauty	adj.	recognized or admitted as being true or valid
39.	shr a world record	v.	to break suddenly into many pieces
40.	enge a sense of affinity	v.	to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

ANSWERS: 30. encourage, 31. pathway, 32. at-risk, 33. struggle, 34. remarkable, 35. miraculous, 36. taboo, 37. treacherous, 38. acknowledged, 39. shatter, 40. encourage

41.	spal leader	adj.	relating to or affecting the human spirit or soul as opposed to material or physical things
42.	cous of having succeeded	adj.	being aware of and able to respond to what is happening around you
43.	drt away on a raft	ν.	to move smoothly and slowly in water or air, especially as a result of outside forces, with no control over the direction
44.	fee post	n.	a structure, usually made of wood or metal, that encloses an area, typically for protection or to keep animals or people in or out; a dealer in stolen property
45.	give sit consent	adj.	without any or little sound
46.	r_b cage	n.	each of a series of curved bones that are connected to the spine and surround the chest; (adjective) subject to laughter or ridicule
47.	emal health	adj.	relating to people's feelings
48.	a sexual ue	v.	to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist
49.	remle achievement	adj.	worthy of attention because unusual or special
50.	walk-in clts	n.	a small room or cabinet with a door used for storing things, especially clothes

ANSWERS: 41. spiritual, 42. conscious, 43. drift, 44. fence, 45. silent, 46. rib, 47. emotional, 48. urge, 49. remarkable, 50. closet

51.	alcohol adon	n.	the inability to stop using or doing something as a habit, especially something harmful
52.	an oud journey	adj.	relating to the external appearance or surface of something; visible
53.	constant spal striving	adj.	relating to or affecting the human spirit or soul as opposed to material or physical things
54.	dr_t down the stream	<i>v</i> .	to move smoothly and slowly in water or air, especially as a result of outside forces, with no control over the direction
55.	a reckless att	n.	an act or effort of trying to do something, especially something difficult
56.	conted leaving school	ν.	to think about a possible future action or to think about something for a long time thoughtfully
57.	Ip of faith	v.	to jump or spring into the air, often with the feet leaving the ground or a surface below; to move quickly or suddenly, often forward or upward
58.	needle pure	n.	a small hole or wound made by piercing, such as with a needle, nail, or pointed object
59.	grng tale	adj.	engaging or compelling; capable of holding one's attention or interest tightly; evocative of strong emotions or reactions
60.	a handsome say	n.	a fixed amount of money that employees, especially those who work in an office, receive for doing their job, usually paid every month

ANSWERS: 51. addiction, 52. outward, 53. spiritual, 54. drift, 55. attempt, 56. contemplate, 57. leap, 58. puncture, 59. gripping, 60. salary

61.	cous effort	adj.	being aware of and able to respond to what is happening around you
62.	treus territory	adj.	that cannot be trusted; malicious; hazardous, even while seeming safe
63.	grng documentary	adj.	engaging or compelling; capable of holding one's attention or interest tightly; evocative of strong emotions or reactions
64.	sue attack	n.	the act of killing yourself intentionally
65.	a brushwood fee	n.	a structure, usually made of wood or metal, that encloses an area, typically for protection or to keep animals or people in or out; a dealer in stolen property
66.	sud academically	<i>v</i> .	to accomplish or achieve a desired or intended result or goal; to prosper or attain success in a given field or endeavor
67.	clt full of suits	n.	a small room or cabinet with a door used for storing things, especially clothes
68.	asle a jigsaw puzzle	ν.	to collect in one place as a single group
69.	stle against discrimination	v.	to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
70.	the att to rescue the hostages	n.	an act or effort of trying to do something, especially something difficult

ANSWERS: 61. conscious, 62. treacherous, 63. gripping, 64. suicide, 65. fence, 66. succeed, 67. closet, 68. assemble, 69. struggle, 70. attempt

71.	labor popon	n.	the total number of people in a country, region, or location
72.	ison booth	n.	the condition of being alone or lonely; the act or state of separation between persons or groups
73.	shr the plate	<i>v</i> .	to break suddenly into many pieces
74.	rented apnt	n.	a self-contained living unit within a larger building or complex, typically consisting of one or more rooms or an open space used for living, cooking, and sleeping
75.	brake a r_b	n.	each of a series of curved bones that are connected to the spine and surround the chest; (adjective) subject to laughter or ridicule
76.	furnished apnt	n.	a self-contained living unit within a larger building or complex, typically consisting of one or more rooms or an open space used for living, cooking, and sleeping
77.	pay to understanding	n.	a track that constitutes or serves as a path; an approach or a way of doing something
78.	publicly ackged truth	adj.	recognized or admitted as being true or valid
79.	the Great Depon	n.	a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

ANSWERS: 71. population, 72. isolation, 73. shatter, 74. apartment, 75. rib, 76. apartment, 77. pathway, 78. acknowledged, 79. depression

80.	take up an appnt	n.	a formal arrangement to meet someone at a particular time and place, especiall for a reason connected with their work; the act of putting a person into a job or position of responsibility
81.	a tao word	adj.	prohibited or restricted by social custom
82.	asle your colleagues	<i>v</i> .	to collect in one place as a single group
83.	bicycle pure	n.	a small hole or wound made by piercing, such as with a needle, nail, or pointed object
84.	sud beyond expectations	ν.	to accomplish or achieve a desired or intended result or goal; to prosper or attain success in a given field or endeavor
85.	sit reading	adj.	without any or little sound
86.	fey terminal	n.	a boat or ship used to transport people, vehicles, or goods across a body of water, especially on a regular schedule
87.	commit sue	n.	the act of killing yourself intentionally
88.	the country's ison	n.	the condition of being alone or lonely; the act or state of separation between persons or groups
89.	conte a marriage	<i>v</i> .	to think about a possible future action of to think about something for a long time thoughtfully
90.	ue a total ban	ν.	to spur on or encourage someone, especially by cheers and shouts; (noun a strong desire or impulse, especially one that is difficult to control or resist

ANSWERS: 80. appointment, 81. taboo, 82. assemble, 83. puncture, 84. succeed, 85. silent, 86. ferry, 87. suicide, 88. isolation, 89. contemplate, 90. urge

Vocab-Builder Ref from "JD Schramm: Break the silence for suicide attempt survivors	TED Talk" (45 words)
ANSWERS:	

Session 3: Fill in the Blanks

1.	I recently dropping out of school and getting a full-time job.	
<i>v</i> .	to think about a possible future action or to think about something for a long time thoughtfully	
2.	The school provides extra support for students to help them succeed.	ı
adj	in danger of being harmed or damaged, or of death or loss	
3.	In an economically prosperous country, most male is due to child support problems.	
n.	the act of killing yourself intentionally	
4.	The athlete was able to over the hurdle with ease.	
<i>v</i> .	to jump or spring into the air, often with the feet leaving the ground or a surface below; to move quickly or suddenly, often forward or upward	се
5.	Human responses vary widely depending on the society to which they belong.	
ad	ij. relating to people's feelings	
6.	symptoms might include a decrease in appetite and weight loss.	
n.	a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market	٢
7.	She planted a hedge to serve as a natural around her garden.	
n.	a structure, usually made of wood or metal, that encloses an area, typically for protection or to keep animals or people in or out; a dealer in stolen property	r
	ISWERS: 1. contemplated, 2. at-risk, 3. suicide, 4. leap, 5. emotional, 6. epression, 7. fence	

ANSWERS: 8. struggle, 9. contract, 10. pathway, 11. gripping, 12. treacherous, 13. ferry, 14. physically, 15. beloved

ANSWERS: 16. assemble, 17. drifted, 18. apartment, 19. puncture, 20. succeed, 21. spiritual, 22. silent, 23. taboo

ANSWERS: 24. graduated, 25. remarkable, 26. committed, 27. miraculous, 28. salary, 29. outward, 30. urged, 31. rib

addiction, 38. encouraged, 39. lung

40. He became that he was being followed.
adj. being aware of and able to respond to what is happening around you
41. The third was far more successful.
n. an act or effort of trying to do something, especially something difficult
42. We had to reschedule the dentist's
a formal arrangement to meet someone at a particular time and place, especially for a reason connected with their work; the act of putting a person into a job or position of responsibility
43. His expertise in the field earned him the respect of his peers.
adj. recognized or admitted as being true or valid
44. Your reflects your thoughts.
n. an informal talk between two or more people to exchange their views, ideas, information, etc.
45. He brushed the suit before hanging it back into the
n. a small room or cabinet with a door used for storing things, especially clothes

ANSWERS: 40. conscious, 41. attempt, 42. appointment, 43. acknowledged, 44. conversation, 45. closet