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Vocabulary Builder Reference from...

Jane Fonda: Life's third act | TED Talk

https://www.ted.com/talks/jane_fonda_life_s_third_act

All Words

IMPORTANT

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Session 1: Word List

revolution

n. a large-scale attempt to overthrow the government of a country, often using violence or war;

synonym: coup, innovation, rebellion

(1) beginning of the industrial **revolution**, (2) a political **revolution**

The **revolution** by the citizen resulted in a redistribution of wealth.

significance

n. the importance or value attached to something; the quality of being significant or noteworthy

synonym: importance, value, worth

(1) **significance** level, (2) mystical **significance**

The **significance** of his discovery cannot be overstated.

longevity

n. the property of being long-lived; significant duration of service

synonym: seniority, endurance

(1) **longevity** crisis, (2) **longevity** genes

He is proud of the **longevity** of the business.

grandparent

n. a parent of one's father or mother

(1) great- **grandparent**, (2) person of **grandparent** age

She was close to her paternal **grandparents** and often spent summers with them.

lifetime

n. the duration of someone's life or something's existence;
synonym : lifespan, duration

(1) **lifetime** benefits, (2) **lifetime** ban from the sport
She had lived through two world wars in her **lifetime**.

lifespan

n. the length of time for which a person, animal lives, or thing exists

synonym : duration, lifetime, continuance

(1) **lifespan** extension, (2) **lifespan** retrieval curve
Generally speaking, men have a shorter **lifespan** than women.

paradigm

n. a standard or typical example of something; a pattern or model

synonym : example, standard, epitome

(1) major **paradigm** shift, (2) cultural **paradigm**
He postulated a completely different **paradigm** to explain all these phenomena.

arch

n. a curved structure with two supports that holds the weight of something above it, such as a bridge or the upper part of a building

synonym : turn, bow, arc

(1) the **arch** of a person's foot, (2) an **arch-shaped** stone structure

The **arch** bears the weight of the overhead bridge.

metaphor

n. a figure of speech in which an expression is used to refer to something that it does not denote to suggest a similarity

synonym : conceit, analogy, symbol

(1) **metaphor** for death, (2) visual **metaphor**
She expressed her thought in an artful choice of **metaphors**.

peak

n. the point to which something or someone is at its strongest, best, or most successful; the pointed top of a mountain

synonym : summit, vertex, apex

(1) at **peak** hour, (2) the **peak** current in the circuit

This measurement aims to reduce traffic at **peak** periods.

midlife

n. the period of life between young adulthood and old age, typically characterized by a sense of maturity, stability, and sometimes, dissatisfaction or restlessness

(1) **midlife** depression, (2) **midlife** changes

Many people go through a **midlife** crisis and contemplate major life changes.

decline

v. to become gradually smaller, fewer, worse, etc.; to refuse to accept

synonym : descend, drop, deny

(1) **decline** a job offer, (2) **decline** in quality

As people age, their digestive capacity also gradually **declines**.

decrepitude

n. a state of being worn out or weakened by old age, illness, or hard use; the condition or process of becoming feeble, infirm, or dilapidated

synonym : feebleness, infirmity, weakness

(1) the **decrepitude** of old age, (2) physical **decrepitude**

The old abandoned house was in a state of **decrepitude**, with broken windows and a sagging roof.

pathology

n. the study of the nature and cause of diseases and disorders; the medical specialty that deals with the diagnosis and treatment of diseases and disorders

synonym : medical science, pathophysiology

(1) benign **pathology**, (2) clinical **pathology**

The **pathology** report showed no signs of cancer, giving her family a sense of relief.

philosophy

n. the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind

synonym : doctrine, attitude, creed

(1) **philosophy** of education, (2) western **philosophy**
Ethics is a branch of **philosophy**.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym: evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

adolescent

n. a young person who is in the process of developing from a child into an adult

synonym: teen, preadult, youth

(1) **adolescent** girl, (2) pre- **adolescent** children

Timely education about birth control might help reduce **adolescent** pregnancies.

childhood

n. the state or time of being a child

synonym: youth, infancy, adolescence

(1) since **childhood**, (2) **childhood** development

He had fond memories of his **childhood** spent playing in the park with his friends.

appropriate

adj. suitable or proper in the circumstances; fitting

synonym: fitting, suitable, proper

(1) **appropriate** behavior, (2) an **appropriate** time

It would be **appropriate** to dress nicely for the wedding.

writ

n. a written legal order or command

synonym: legal document, order, legal process

(1) a **writ** of summons, (2) issue a **writ**

He was served with a **writ** of eviction, giving him the notice to vacate the property.

staircase

n. a set of stairs inside a building, usually with posts and bars that are fixed at the side

synonym : stairway, stairwell

(1) spiral **staircase**, (2) beetle up the **staircase**

She walked urgently down the emergency **staircase**.

upward

adv. toward the top or highest point, or a higher position or level; (adjective) extending or moving toward a higher place

synonym : skyward, uphill

(1) look **upward**, (2) demonstrate an **upward** trend

The company adjusted the revenue **upward**.

ascension

n. the act of rising or ascending, particularly to a higher level of power, status, or spiritual enlightenment; in Christian theology, the bodily rising of Jesus into heaven on the 40th day after his resurrection

synonym : rise, elevation, climb

(1) **ascension** ceremony, (2) **ascension** to the presidency

The **ascension** of modern technology has revolutionized the way we live our daily lives.

spirit

n. the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people

synonym : soul, attitude, enthusiasm

(1) **spirit** and the letter of the law, (2) an indomitable **spirit**

Despite their tragic loss, the family is showing great **spirit**.

wisdom

n. the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions

synonym : sagacity, discernment, insight

(1) a fountain of **wisdom**, (2) **wisdom** literature

The community greatly respected and sought after the older adult's **wisdom**.

authenticity

n. the quality of being real or genuine

synonym: genuineness, originality, credibility

(1) **authenticity** verification, (2) lack **authenticity**

The museum's experts confirmed the **authenticity** of the painting.

hostile

adj. unfriendly or aggressively opposed

synonym: unfriendly, aggressive, antagonistic

(1) take up a **hostile** attitude, (2) **hostile** environment

The **hostile** takeover of the company was met with resistance from the employees.

anxious

adj. worried and nervous

synonym: nervous, uneasy, afraid

(1) **anxious** about his health, (2) an **anxious** look

He cast **anxious** glances behind her.

differ

v. to be not like someone or something in some way

synonym: vary, diverge, disagree

(1) **differ** from the majority, (2) **differ** according to species

The two products **differed** in their quality and price.

depress

v. to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active

synonym: sadden, discourage, deflate

(1) **depress** their spirits, (2) **depress** crop prices

The economic recession **depressed** the housing market.

approaching

adj. drawing nearer in time or space; coming close to someone or something

synonym: nearing, approaching, getting closer

(1) **approaching** deadline, (2) **approaching** retirement

The **approaching** storm clouds filled the sky with ominous darkness.

negative

adj. having the quality of something bad or harmful; expressing refusal

synonym: minus, adverse, pessimistic

(1) have a **negative** effect, (2) a **negative** number

The movie has received almost universally **negative** criticism.

scared

adj. afraid or frightened

synonym: frightened, fearful, dreading

(1) **scared** all the time, (2) **scared** dog

I'm **scared** of insects.

crotch

n. the part of the body between the legs where they join the torso, including the area around the genitals

synonym: groin, loin, genitals

(1) **crotch** portion, (2) **crotch** of trousers

She kicked him hard in the **crotch**.

smack

v. to hit something or someone with force, often making a loud noise; to deliver a sharp criticism or rebuke

synonym: hit, slap, strike

(1) **smack** on the lips, (2) **smack** his knee

The baseball player **smacked** the ball out of the park, securing a home run.

dab

v. to touch or apply something lightly, usually several times

synonym: apply, pat, daub

(1) **dab** my cheek with powder, (2) **dab** paint on the wall

She **dabbed** her face with a puff.

well-being

n. the state of being happy and healthy and prosperous

synonym: health, welfare, happiness

(1) the **well-being** of a nation, (2) a sense of **well-being**

We are responsible for the care and **well-being** of all our employees.

discovery

n. the act or process of finding information, a place, or an object, or learning about something that was previously not known

synonym : finding, uncovering, detection

(1) a scientific **discovery**, (2) the great **discovery** of the century

Her research team made an important **discovery**.

opposed

adj. being completely different from something or disagreeing strongly with something

synonym : anti, averse, hostile

(1) two **opposed** characters, (2) absolutely **opposed** to abortion

I'm strongly **opposed** to that plan.

subside

v. to become less intense or widespread; to sink to a lower level

synonym : decrease, decline, diminish

(1) **subside** an argument, (2) **subside** after a short time

The storm **subsided**, leaving the town in peace.

romanticize

v. to make something seem more attractive or appealing than it is, especially by exaggerating or idealizing its qualities; to view or present something in a romantic or sentimental way

synonym : idealize, glorify, sentimentalize

(1) **romanticize** the past, (2) **romanticize** the idea of love

It is easy to **romanticize** a new job or opportunity, but it is important to remain objective and realistic about the challenges that come with it

obvious

adj. easy to see, discover or understand

synonym : apparent, conspicuous, evident

(1) **obvious** reasons, (2) his conclusion was **obvious**

There are **obvious** differences between the two wine-producing regions.

guarantee

v. to promise something will happen formally, especially that certain conditions about a product, service, or transaction would be met

synonym : assure, promise, warrant

(1) **guarantee** a high quality, (2) **guarantee** women equality

We cannot **guarantee** enough raw material sources.

fruition

n. the realization or fulfillment of a plan, goal, or desire; the achievement or completion of something desired or worked for; the state of being fully developed or accomplished

synonym : realization, accomplishment, completion

(1) finally come to **fruition**, (2) **fruition** of a plan

Many startups face challenges in bringing their innovative ideas to **fruition**.

genetic

adj. of or relating to genes (= parts of the DNA in cells) or the science of genes

synonym : hereditary, genetical, inborn

(1) have **genetic** testing, (2) a **genetic** disorder

Understanding protein folding is a vital step in deciphering the **genetic** code.

discuss

v. to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic

synonym : talk about, converse, debate

(1) **discuss** options, (2) **discuss** solutions

We need to **discuss** the next steps for the project during our meeting tomorrow.

odd

adj. strange or unexpected; not divisible by two

synonym : strange, bizarre, abnormal

(1) in an **odd** way, (2) **odd** behavior

His grandfather was an **odd** man.

operate

v. to work in a particular way; to supervise something
synonym: work, use, employ

(1) **operate** 24 hours a day, (2) manually **operate** a machine

This machine is too difficult to **operate** for me.

universal

adj. existing or affecting everywhere or everyone
synonym: common, broad, worldwide

(1) **universal** life, (2) principles of **universal** design

The picture earned near- **universal** acclaim from critics.

entropy

n. a scientific concept that is most commonly associated with a state of disorder, randomness, or uncertainty
synonym: randomness

(1) **entropy** calculation, (2) **entropy** conservation

Since the second law of thermodynamics is applicable to the universe, the **entropy** of the universe continues to increase.

thermodynamics

n. the area of physics that deals with heat, work, and temperature and their relation to energy, entropy, and the physical properties of matter and radiation

(1) applied **thermodynamics**, (2) the laws of **thermodynamics**

The second law of **thermodynamics** denies the existence of a perpetual motion engine.

decay

n. the process or state of rotting or decomposition by natural causes such as the action of bacteria and fungi;
(verb) to rot or decompose through natural causes
synonym: corrosion, decomposition, deterioration

(1) radioactive **decay**, (2) prevent tooth **decay**

The dead body was in an advanced state of **decay**.

exception

n. something that is not included in a general rule or pattern; a person or thing that is excluded or stands apart from others

synonym: anomaly, rarity, exemption

(1) make an **exception**, (2) without **exception**

She was the **exception** to the rule, as she managed to graduate college in only two years.

evolve

v. to develop gradually, or to cause the development of something or someone gradually

synonym: develop, mature, grow

(1) **evolve**, (2) **evolve** over the past decade

Eyeless fish **evolved** in dark caves.

extreme

adj. very great in amount or degree

synonym: farthestmost, outermost, fierce

(1) **extreme** sports, (2) **extreme** weather events

Solar gravity creates **extreme** pressures and temperatures.

retire

v. to withdraw from one's position or occupation, especially because of age

synonym: relinquish, step down, withdraw

(1) **retire** voluntarily, (2) **retire** after four terms

After working for the company for 30 years, she decided to **retire** from her job.

diagnose

v. to determine or distinguish the nature of a problem or an illness through a careful analysis

synonym: identify, analyze, interpret

(1) **diagnose** the problem, (2) **diagnose** with CT scans

This device is used to **diagnose** brain cancer and other tumors.

disease

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym: illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

fatal

adj. causing or resulting in death; lethal

synonym : deadly, lethal, mortal

(1) **fatal** accident, (2) make a **fatal** mistake

The car crash was **fatal**, and the driver died on impact.

remains

n. the leftover parts or pieces of something that have been destroyed, removed, or consumed; the physical or biological remains of a deceased person, plant, animal

synonym : leftovers, debris, relic

(1) **remains** of a building, (2) human **remains**

The **remains** of the ancient civilization can still be seen in the city's ruins.

intact

adj. undamaged and complete

synonym : flawless, unchanged, entire

(1) **intact** brain, (2) **intact** forestland

Despite the scandals, his reputation remained **intact**.

quotation

n. a group of words taken from a text or speech and repeated by someone other than the original author or speaker

synonym : excerpt, passage, quote

(1) double **quotation** marks, (2) take a **quotation**

He included a **quotation** from the book in his essay.

diminish

v. to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.

synonym : decline, dwindle, lessen

(1) **diminish** a reputation, (2) **diminish** swelling

As people get old, their energies may **diminish**.

embodiment

n. someone or something that precisely expresses a characteristic or an idea

synonym : image, avatar, incarnation

(1) **embodiment** of evil, (2) illustrative **embodiment**

The devil is the **embodiment** of wicked ideas.

mount

v. to increase, go up, or advance gradually or continuously; to prepare and supply with the necessary equipment for execution or performance; to ride on something or someone

synonym : climb, increase, get on

(1) **mount** a hill, (2) **mount** a counterattack

They **mounted** pictures on the paper in preparation for the birthday card.

tamp

v. to pack down or compress tightly using a tool or instrument; to suppress or reduce something, such as an emotion, a conflict, or a rumor

synonym : press, compact, ram

(1) **tamp** down fighting, (2) **tamp** tobacco into a pipe

Be sure to **tamp** down the soil around the newly planted tree to secure it in place.

beneath

adv. in or to a lower place than someone or something

synonym : down, under, low

(1) the ground **beneath** my feet, (2) **beneath** contempt

A great stretch of the lake lay **beneath** them.

violent

adj. involving or caused by physical force or aggression against someone or something

synonym : aggressive, intense, turbulent

(1) victim of a **violent** crime, (2) **violent** incident

The protesters became **violent** when the police tried to disperse them.

abuse

n. the use of something in an incorrect or harmful manner

synonym : misuse, misconduct, vilification

(1) the problem of drug **abuse**, (2) victim of sexual **abuse**

Our company has an audit team that monitors directors for **abuse** of authority.

neglect

v. to not give enough care or attention to something; to leave something undone

synonym: delinquency, carelessness, decay

(1) **neglect** to call, (2) **neglect** ethical issues

He **neglected** his health to make the project a success.

par

n. a state of being equal to someone or something

synonym: equality, standard, balance

(1) above **par** performance, (2) not up to **par**

Shares in the company finally fell below their **par** value.

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym: endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

depression

n. a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

synonym: recession, slump, despair

(1) the Great **Depression**, (2) the root problem of her **depression**

Depression symptoms might include a decrease in appetite and weight loss.

psychic

adj. relating to or capable of extrasensory perception or paranormal phenomena; relating to the mind or mental processes

synonym: intuitive, clairvoyant, extrasensory

(1) **psychic** intuition, (2) **psychic** reading

She claimed to have **psychic** powers and could predict the future.

relation

n. the way two persons or groups of people feel and act toward one another

synonym: association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no alteration.

closure

n. the situation that a company, organization, etc. has ceased operations permanently

synonym: shutdown, stoppage, termination

(1) public school **closures**, (2) **closure** of a road

They regretted the **closure** of their restaurant.

fin

n. a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance

synonym: flipper, appendage, stabilizer

(1) back **fin**, (2) a **fin** of a plane

The shark's powerful **fins** allowed it to swim at high speeds.

suppose

v. to think that something is likely to be actual or possible

synonym: guess, assume, presume

(1) **suppose** you're right, (2) **suppose** beforehand

What do you **suppose** the culprit's motive was?

accomplish

v. to finish or achieve something successfully

synonym: achieve, complete, execute

(1) **accomplish** a goal, (2) **accomplish** military operations

Humankind took centuries to **accomplish** true democracy.

studied

adj. deliberately considered or scrutinized; carefully thought out or planned

synonym: thoughtful, deliberate, calculated

(1) **studied** analysis, (2) well- **studied** decision

His speech was carefully crafted and delivered with **studied** confidence.

process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or

approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym : procedure, method, system

(1) **process** improvement, (2) decision-making **process**

The **process** for applying for a visa can be lengthy and complicated.

psychology

n. the scientific study of mind and behavior

(1) **psychology** experiment, (2) **psychology** of crowd

She had a master's degree in **psychology**.

clarity

n. the quality of being coherent and understandable; the quality of transparency or purity

synonym : clearness, translucence, brightness

(1) lack of **clarity**, (2) sake of **clarity**

The publisher will proofread most of this manuscript for **clarity**.

forgiveness

n. the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion

synonym : pardon, amnesty, compassion

(1) **forgiveness** of liabilities, (2) beg for **forgiveness**

He gained debt **forgiveness**.

germ

n. a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one

synonym : bacterium, microbe, pathogen

(1) antibiotic-resistant **germ**, (2) a **germ-free** environment

The **germ** of his idea came from watching birds flying in flocks.

psychiatry

n. the branch of medicine concerned with the study, treatment, and prevention of mental illness

synonym : mental health, psychology, psychoanalysis

(1) **psychiatry** therapy, (2) biological **psychiatry**

The field of **psychiatry** is constantly evolving, with new treatments and approaches being developed all the time.

concentration

n. the ability to focus all your time and energy on one thing without thinking about anything else.

synonym: attention, engagement, assiduity

(1) **concentration** of armaments, (2) his research area of **concentration**

This exam requires excellent **concentration** to pass.

release

v. to set free or allow to escape from confinement

synonym: free, let go, discharge

(1) **release** a prisoner, (2) **release** CO2 into the air

The animal rights group worked to **release** the dolphins back into the wild.

determinant

n. a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

synonym: cause, factor, element

(1) environmental **determinant**, (2) a **determinant** of crop yields

One **determinant** of success is having a positive attitude and a strong work ethic.

relate

v. to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something

synonym: connect, link, associate

(1) **relate** a story, (2) **relate** a message

He tried to **relate** his experience to the group, but they couldn't understand.

assign

v. to give a specific job or piece of work to a someone

synonym: entrust, delegate, designate

(1) **assign** projects, (2) **assign** top priority
Please **assign** a different color to each other kind of item.

attitude

n. the way you think and feel about someone or something
synonym: mindset, perspective, philosophy

(1) **attitude** toward mistakes, (2) **attitude** control
She had the **attitude** that work was fun.

cling

v. to hold onto something tightly; to be closely attached to someone or something

synonym: stick, adhere, attach

(1) **cling** onto power, (2) **cling** tightly to the skin
He **clings** to the hope that he will find a job soon.

trigger

v. to make something happen suddenly; to cause something such as a device, machine, etc. to function

synonym: activate, spark, drive

(1) **trigger** a biochemical response, (2) **trigger** inflation
The incident **triggered** a political controversy.

cognitive

adj. of or relating to mental processes of understanding

synonym: perceivable, mind, mental

(1) improve **cognitive** function, (2) research on **cognitive** psychology

His **cognitive** faculties were getting worse because of a lack of sleep.

manifest

v. to show something such as feeling, attitude, quality, etc. clearly through signs or actions

synonym: exhibit, make plain, demonstrate

(1) **manifest** as the word, (2) **manifest** displeasure
The Prime Minister **manifested** his regret for his neighbors

neurological

adj. of or relating to the science of neurology or the nervous system

synonym: nervous, neural, brain-related

(1) fever with **neurological** signs, (2) **neurological** symptoms

The patient was diagnosed with a **neurological** disorder affecting their motor skills.

neural

adj. of or relating to a nerve or the nervous system that includes the brain

synonym: sensory, neuron, nervous

(1) **neural** stem cells, (2) **neural** networks in AI

There was a disturbance of **neural** function.

pathway

n. a track that constitutes or serves as a path; an approach or a way of doing something

synonym: route, footpath, trail

(1) **pathway** to understanding, (2) cellular signaling

pathways

When the first molecule in the **pathway** receives a signal, it activates other molecules.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym: intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

react

v. to take action in response to something

synonym: respond, reply, oppose

(1) **react** at a high temperature, (2) **react** against his way of thinking

How did he **react** to your idea?

chemical

adj. relating to or connected with chemistry;

synonym: chemic, synthetic

(1) toxic **chemicals**, (2) a **chemical** compound

The firm has grown into a large **chemical** manufacturing.

electrical

adj. relating to electricity

(1) an **electrical** storm, (2) degree in **electrical** engineering
Actuators convert **electrical** pulses into motion.

hardwired

adj. built-in or innate, often referring to behavior or traits that are instinctive or automatic, as if pre-programmed in the brain or genetics

synonym: innate, ingrained, automatic

(1) **hardwired** behavior, (2) **hardwired** connection

The instinct to protect one's offspring is **hardwired** into many animal species.

norm

n. something that is regarded as usual, typical, or standard

synonym: criterion, mean, standard

(1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry **norms**.

anxiety

n. a feeling of worry, nervousness, or unease about something that is happening or might happen in the future

synonym: concern, dread, agita

(1) diagnosis of **anxiety** disorder, (2) **anxiety** for knowledge

She waited for her daughter with **anxiety**.

alter

v. to cause to change or make different

synonym: change, vary, adjust

(1) **alter** a decision, (2) **alter** data in a file

The design of the webpage has **altered** slightly.

vision

n. the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

synonym: sight, image, concept

(1) a prodigious **vision**, (2) telescopic **vision**

Driving is difficult for me because of my poor **vision**.

maintain

v. to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true

synonym : preserve, uphold, sustain

(1) **maintain** order, (2) **maintain** good health

I need to **maintain** my car regularly to prevent any major mechanical issues.

reset

v. to set again or differently; to return to a previous state or condition

synonym : restart, reinitialize, set anew

(1) **reset** password, (2) **reset** my brain

She **reset** the computer to fix the problem.

thermostat

n. a device that automatically regulates temperature by controlling the heating or cooling system based on the temperature in a room or building

synonym : thermoregulator, climate control

(1) **thermostat** settings, (2) smart **thermostat**

The digital **thermostat** has a programmable feature, and it can be controlled through your smartphone.

feisty

adj. full of energy or courage, often in the face of opposition or challenge; lively or spunky in temperament

synonym : spunky, plucky, spirited

(1) **feisty** attitude, (2) **feisty** debate

The **feisty** little terrier refused to back down from the larger dog.

agency

n. an organization or business that is responsible for specific activities or services, especially when representing other organizations or businesses; the capacity or power to act or exert influence; the ability to make decisions and take action

synonym : organization, bureau, institution

(1) real estate **agency**, (2) intelligence **agency**

The government **agency** regulated the country's food and

drug safety standards.

puberty

n. the process of a person's physical changes through which their sexual organs develop and become capable of reproduction

synonym: adolescence, young adulthood

(1) at the height of **puberty** ., (2) the onset of **puberty**

In this culture, men are initiated when they reach **puberty**.

demographic

n. a statistic characterizing that describes people or groups of people based on their age, sex, income, etc.

(1) **demographic** analyses, (2) **demographic** policy

Several **demographic** indicators correlate with care admission.

redefine

v. to change the meaning or interpretation of something; to make people think about something in a new or different way

synonym: reconsider, reformulate, alter

(1) **redefine** customer experience, (2) **redefine** our role

The video telephony application has **redefined** the way we work.

shift

n. a slight transition in position, direction, or trend

synonym: transition, change, modification

(1) Doppler **shift**, (2) major paradigm **shift**

Could you help me **shift** some furniture?

generation

n. all the people born and living at about the same time, regarded collectively; the production of heat or electricity

synonym: cohort, age group, era

(1) **generation** gap, (2) the **generation** of electricity

The younger **generation** has different values and beliefs than the older one.

conceive

v. to have or develop an idea, a plan, etc. in mind; to become pregnant

synonym : imagine, envision, concoct

(1) **conceive** of an idea, (2) **conceive** a child

I can't **conceive** he'd want to harm us.

Session 2: Spelling

1. absolutely op_____d to abortion *adj.* being completely different from something or disagreeing strongly with something
2. spiral st_____se *n.* a set of stairs inside a building, usually with posts and bars that are fixed at the side
3. di_____e prevention *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
4. a ge_____c disorder *adj.* of or relating to genes (= parts of the DNA in cells) or the science of genes
5. pr_____s improvement *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
6. cl_____e of a road *n.* the situation that a company, organization, etc. has ceased operations permanently
7. su____r bad grades *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
8. en_____y calculation *n.* a scientific concept that is most commonly associated with a state of disorder, randomness, or uncertainty

ANSWERS: 1. opposed, 2. staircase, 3. disease, 4. genetic, 5. process, 6. closure, 7. suffer, 8. entropy

9. tr____r inflation *v.* to make something happen suddenly; to cause something such as a device, machine, etc. to function
10. great-gra_____nt *n.* a parent of one's father or mother
11. finally come to fr_____on *n.* the realization or fulfillment of a plan, goal, or desire; the achievement or completion of something desired or worked for; the state of being fully developed or accomplished
12. re_____e CO2 into the air *v.* to set free or allow to escape from confinement
13. con_____ion of armaments *n.* the ability to focus all your time and energy on one thing without thinking about anything else.
14. su_____e an argument *v.* to become less intense or widespread; to sink to a lower level
15. a f_n of a plane *n.* a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
16. tr____r a biochemical response *v.* to make something happen suddenly; to cause something such as a device, machine, etc. to function
17. pre-ado_____nt children *n.* a young person who is in the process of developing from a child into an adult
18. since ch_____od *n.* the state or time of being a child
19. a scientific di_____ry *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known

ANSWERS: 9. trigger, 10. grandparent, 11. fruition, 12. release, 13. concentration, 14. subside, 15. fin, 16. trigger, 17. adolescent, 18. childhood, 19. discovery

20. di_____sh a reputation *v.* to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.
21. re_____ne our role *v.* to change the meaning or interpretation of something; to make people think about something in a new or different way
22. re__t at a high temperature *v.* to take action in response to something
23. li_____me ban from the sport *n.* the duration of someone's life or something's existence;
24. phi_____hy of education *n.* the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind
25. person of gra_____nt age *n.* a parent of one's father or mother
26. permanent br__n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
27. back f_n *n.* a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
28. beetle up the st_____se *n.* a set of stairs inside a building, usually with posts and bars that are fixed at the side
29. beginning of the industrial
rev_____on *n.* a large-scale attempt to overthrow the government of a country, often using violence or war;
30. su____r a setback *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

ANSWERS: 20. diminish, 21. redefine, 22. react, 23. lifetime, 24. philosophy, 25. grandparent, 26. brain, 27. fin, 28. staircase, 29. revolution, 30. suffer

31. the laws of the _____ ics *n.* the area of physics that deals with heat, work, and temperature and their relation to energy, entropy, and the physical properties of matter and radiation
32. real estate ag____y *n.* an organization or business that is responsible for specific activities or services, especially when representing other organizations or businesses; the capacity or power to act or exert influence; the ability to make decisions and take action
33. at____de control *n.* the way you think and feel about someone or something
34. ex____e sports *adj.* very great in amount or degree
35. as____n top priority *v.* to give a specific job or piece of work to a someone
36. look up____d *adv.* toward the top or highest point, or a higher position or level; (adjective) extending or moving toward a higher place
37. di____s options *v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
38. dem____ic policy *n.* a statistic characterizing that describes people or groups of people based on their age, sex, income, etc.
39. a ch____al compound *adj.* relating to or connected with chemistry;
40. lack aut____ity *n.* the quality of being real or genuine

ANSWERS: 31. thermodynamics, 32. agency, 33. attitude, 34. extreme, 35. assign, 36. upward, 37. discuss, 38. demographic, 39. chemical, 40. authenticity

41. ob____s reasons *adj.* easy to see, discover or understand
42. fa__l accident *adj.* causing or resulting in death; lethal
43. ps____c reading *adj.* relating to or capable of extrasensory perception or paranormal phenomena; relating to the mind or mental processes
44. two op____d characters *adj.* being completely different from something or disagreeing strongly with something
45. his research area of
con_____ion *n.* the ability to focus all your time and energy on one thing without thinking about anything else.
46. the gen_____on of electricity *n.* all the people born and living at about the same time, regarded collectively; the production of heat or electricity
47. major pa____gm shift *n.* a standard or typical example of something; a pattern or model
48. cultural n__m *n.* something that is regarded as usual, typical, or standard
49. in___t forestland *adj.* undamaged and complete
50. ma_____in order *v.* to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true
51. diagnosis of an_____y disorder *n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
52. t__p tobacco into a pipe *v.* to pack down or compress tightly using a tool or instrument; to suppress or reduce something, such as an emotion, a conflict, or a rumor

ANSWERS: 41. obvious, 42. fatal, 43. psychic, 44. opposed, 45. concentration, 46. generation, 47. paradigm, 48. norm, 49. intact, 50. maintain, 51. anxiety, 52. tamp

53. as_____on to the presidency *n.* the act of rising or ascending, particularly to a higher level of power, status, or spiritual enlightenment; in Christian theology, the bodily rising of Jesus into heaven on the 40th day after his resurrection
54. di___r from the majority *v.* to be not like someone or something in some way
55. not up to p_r *n.* a state of being equal to someone or something
56. illustrative emb_____nt *n.* someone or something that precisely expresses a characteristic or an idea
57. well-st_____d decision *adj.* deliberately considered or scrutinized; carefully thought out or planned
58. dem_____ic analyses *n.* a statistic characterizing that describes people or groups of people based on their age, sex, income, etc.
59. ma_____in good health *v.* to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true
60. wi___m literature *n.* the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions
61. for_____ss of liabilities *n.* the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion
62. in an o_d way *adj.* strange or unexpected; not divisible by two
63. an ele_____al storm *adj.* relating to electricity

ANSWERS: 53. ascension, 54. differ, 55. par, 56. embodiment, 57. studied, 58. demographic, 59. maintain, 60. wisdom, 61. forgiveness, 62. odd, 63. electrical

64. improve co_____ve function *adj.* of or relating to mental processes of understanding
65. beg for for_____ss *n.* the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion
66. physical dec_____de *n.* a state of being worn out or weakened by old age, illness, or hard use; the condition or process of becoming feeble, infirm, or dilapidated
67. have a ne_____ve effect *adj.* having the quality of something bad or harmful; expressing refusal
68. de_____p a skill *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
69. re____e after four terms *v.* to withdraw from one's position or occupation, especially because of age
70. li_____an retrieval curve *n.* the length of time for which a person, animal lives, or thing exists
71. ma_____st displeasure *v.* to show something such as feeling, attitude, quality, etc. clearly through signs or actions
72. ne_____t to call *v.* to not give enough care or attention to something; to leave something undone
73. an a__h-shaped stone structure *n.* a curved structure with two supports that holds the weight of something above it, such as a bridge or the upper part of a building

ANSWERS: 64. cognitive, 65. forgiveness, 66. decrepitude, 67. negative, 68. develop, 69. retire, 70. lifespan, 71. manifest, 72. neglect, 73. arch

74. clinical pa_____gy *n.* the study of the nature and cause of diseases and disorders; the medical specialty that deals with the diagnosis and treatment of diseases and disorders
75. de_____e in quality *v.* to become gradually smaller, fewer, worse, etc.; to refuse to accept
76. di____r according to species *v.* to be not like someone or something in some way
77. telescopic vi____n *n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see
78. de_____s their spirits *v.* to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active
79. st_____d analysis *adj.* deliberately considered or scrutinized; carefully thought out or planned
80. the problem of drug ab__e *n.* the use of something in an incorrect or harmful manner
81. make an ex_____on *n.* something that is not included in a general rule or pattern; a person or thing that is excluded or stands apart from others
82. psy_____gy of crowd *n.* the scientific study of mind and behavior
83. mystical sig_____nce *n.* the importance or value attached to something; the quality of being significant or noteworthy
84. su_____e beforehand *v.* to think that something is likely to be actual or possible

ANSWERS: 74. pathology, 75. decline, 76. differ, 77. vision, 78. depress, 79. studied, 80. abuse, 81. exception, 82. psychology, 83. significance, 84. suppose

85. su_____e after a short time *v.* to become less intense or widespread; to sink to a lower level
86. ps_____c intuition *adj.* relating to or capable of extrasensory perception or paranormal phenomena; relating to the mind or mental processes
87. the dec_____de of old age *n.* a state of being worn out or weakened by old age, illness, or hard use; the condition or process of becoming feeble, infirm, or dilapidated
88. rom_____ze the idea of love *v.* to make something seem more attractive or appealing than it is, especially by exaggerating or idealizing its qualities; to view or present something in a romantic or sentimental way
89. at p__k hour *n.* the point to which something or someone is at its strongest, best, or most successful; the pointed top of a mountain
90. re___e a message *v.* to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
91. above p_r performance *n.* a state of being equal to someone or something
92. di_____se the problem *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
93. app_____ng retirement *adj.* drawing nearer in time or space; coming close to someone or something

ANSWERS: 85. subside, 86. psychic, 87. decrepitude, 88. romanticize, 89. peak, 90. relate, 91. par, 92. diagnose, 93. approaching

94. the Great Dep_____on *n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
95. re_____s of a building *n.* the leftover parts or pieces of something that have been destroyed, removed, or consumed; the physical or biological remains of a deceased person, plant, animal
96. mi_____e depression *n.* the period of life between young adulthood and old age, typically characterized by a sense of maturity, stability, and sometimes, dissatisfaction or restlessness
97. ho_____e environment *adj.* unfriendly or aggressively opposed
98. sp_____t and the letter of the law *n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people
99. li_____an extension *n.* the length of time for which a person, animal lives, or thing exists
100. re_____e voluntarily *v.* to withdraw from one's position or occupation, especially because of age
101. an an_____s look *adj.* worried and nervous
102. vi_____t incident *adj.* involving or caused by physical force or aggression against someone or something

ANSWERS: 94. depression, 95. remains, 96. midlife, 97. hostile, 98. spirit, 99. lifespan, 100. retire, 101. anxious, 102. violent

103. op_____e 24 hours a day *v.* to work in a particular way; to supervise something
104. the_____at settings *n.* a device that automatically regulates temperature by controlling the heating or cooling system based on the temperature in a room or building
105. di_____e control *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
106. Doppler sh__t *n.* a slight transition in position, direction, or trend
107. sm__k his knee *v.* to hit something or someone with force, often making a loud noise; to deliver a sharp criticism or rebuke
108. applied the_____ics *n.* the area of physics that deals with heat, work, and temperature and their relation to energy, entropy, and the physical properties of matter and radiation
109. prevent tooth de__y *n.* the process or state of rotting or decomposition by natural causes such as the action of bacteria and fungi; (verb) to rot or decompose through natural causes
110. double qu_____on marks *n.* a group of words taken from a text or speech and repeated by someone other than the original author or speaker
111. decision-making pr_____s *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

ANSWERS: 103. operate, 104. thermostat, 105. disease, 106. shift, 107. smack, 108. thermodynamics, 109. decay, 110. quotation, 111. process

112. t__p down fighting *v.* to pack down or compress tightly using a tool or instrument; to suppress or reduce something, such as an emotion, a conflict, or a rumor
113. un_____al life *adj.* existing or affecting everywhere or everyone
114. cr___h portion *n.* the part of the body between the legs where they join the torso, including the area around the genitals
115. basic br__n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
116. re_____on between cause and effect *n.* the way two persons or groups of people feel and act toward one another
117. di_____s solutions *v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
118. make a fa__l mistake *adj.* causing or resulting in death; lethal
119. intelligence ag___y *n.* an organization or business that is responsible for specific activities or services, especially when representing other organizations or businesses; the capacity or power to act or exert influence; the ability to make decisions and take action
120. visual me_____or *n.* a figure of speech in which an expression is used to refer to something that it does not denote to suggest a similarity

ANSWERS: 112. tamp, 113. universal, 114. crotch, 115. brain, 116. relation, 117. discuss, 118. fatal, 119. agency, 120. metaphor

121. ne___l networks in AI *adj.* of or relating to a nerve or the nervous system that includes the brain
122. ev___e *v.* to develop gradually, or to cause the development of something or someone gradually
123. mi_____e changes *n.* the period of life between young adulthood and old age, typically characterized by a sense of maturity, stability, and sometimes, dissatisfaction or restlessness
124. an_____s about his health *adj.* worried and nervous
125. issue a w__t *n.* a written legal order or command
126. acc_____sh a goal *v.* to finish or achieve something successfully
127. fever with neu_____cal signs *adj.* of or relating to the science of neurology or the nervous system
128. public school cl_____es *n.* the situation that a company, organization, etc. has ceased operations permanently
129. mo__t a counterattack *v.* to increase, go up, or advance gradually or continuously; to prepare and supply with the necessary equipment for execution or performance; to ride on something or someone
130. app_____te behavior *adj.* suitable or proper in the circumstances; fitting
131. de_____p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

ANSWERS: 121. neural, 122. evolve, 123. midlife, 124. anxious, 125. writ, 126. accomplish, 127. neurological, 128. closure, 129. mount, 130. appropriate, 131. develop

132. me_____or for death *n.* a figure of speech in which an expression is used to refer to something that it does not denote to suggest a similarity
133. ch_____od development *n.* the state or time of being a child
134. the root problem of her dep_____on *n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
135. sc___d all the time *adj.* afraid or frightened
136. western phi_____hy *n.* the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind
137. ne_____t ethical issues *v.* to not give enough care or attention to something; to leave something undone
138. re__t against his way of thinking *v.* to take action in response to something
139. gu_____ee a high quality *v.* to promise something will happen formally, especially that certain conditions about a product, service, or transaction would be met
140. principles of un_____al design *adj.* existing or affecting everywhere or everyone
141. sc___d dog *adj.* afraid or frightened
142. the a__h of a person's foot *n.* a curved structure with two supports that holds the weight of something above it, such as a bridge or the upper part of a building

ANSWERS: 132. metaphor, 133. childhood, 134. depression, 135. scared, 136. philosophy, 137. neglect, 138. react, 139. guarantee, 140. universal, 141. scared, 142. arch

143. smart the_____at *n.* a device that automatically regulates temperature by controlling the heating or cooling system based on the temperature in a room or building
144. sm__k on the lips *v.* to hit something or someone with force, often making a loud noise; to deliver a sharp criticism or rebuke
145. cr___h of trousers *n.* the part of the body between the legs where they join the torso, including the area around the genitals
146. be_____h contempt *adv.* in or to a lower place than someone or something
147. emb_____nt of evil *n.* someone or something that precisely expresses a characteristic or an idea
148. ha_____ed connection *adj.* built-in or innate, often referring to behavior or traits that are instinctive or automatic, as if pre-programmed in the brain or genetics
149. d_b paint on the wall *v.* to touch or apply something lightly, usually several times
150. rom_____ze the past *v.* to make something seem more attractive or appealing than it is, especially by exaggerating or idealizing its qualities; to view or present something in a romantic or sentimental way
151. as_____on ceremony *n.* the act of rising or ascending, particularly to a higher level of power, status, or spiritual enlightenment; in Christian theology, the bodily rising of Jesus into heaven on the 40th day after his resurrection

ANSWERS: 143. thermostat, 144. smack, 145. crotch, 146. beneath, 147. embodiment, 148. hardwired, 149. dab, 150. romanticize, 151. ascension

152. ha_____ed behavior	<i>adj.</i> built-in or innate, often referring to behavior or traits that are instinctive or automatic, as if pre-programmed in the brain or genetics
153. app_____ng deadline	<i>adj.</i> drawing nearer in time or space; coming close to someone or something
154. research on co_____ve psychology	<i>adj.</i> of or relating to mental processes of understanding
155. a political rev_____on	<i>n.</i> a large-scale attempt to overthrow the government of a country, often using violence or war;
156. have ge_____c testing	<i>adj.</i> of or relating to genes (= parts of the DNA in cells) or the science of genes
157. his conclusion was ob_____s	<i>adj.</i> easy to see, discover or understand
158. cellular signaling pa_____ys	<i>n.</i> a track that constitutes or serves as a path; an approach or a way of doing something
159. psy_____gy experiment	<i>n.</i> the scientific study of mind and behavior
160. ado_____nt girl	<i>n.</i> a young person who is in the process of developing from a child into an adult
161. en_____y conservation	<i>n.</i> a scientific concept that is most commonly associated with a state of disorder, randomness, or uncertainty
162. de_____s crop prices	<i>v.</i> to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active
163. ev___e over the past decade	<i>v.</i> to develop gradually, or to cause the development of something or someone gradually

ANSWERS: 152. hardwired, 153. approaching, 154. cognitive, 155. revolution, 156. genetic, 157. obvious, 158. pathway, 159. psychology, 160. adolescent, 161. entropy, 162. depress, 163. evolve

164. the wel_____ng of a nation *n.* the state of being happy and healthy and prosperous
165. at_____de toward mistakes *n.* the way you think and feel about someone or something
166. ex_____e weather events *adj.* very great in amount or degree
167. co_____ve of an idea *v.* to have or develop an idea, a plan, etc. in mind; to become pregnant
168. su_____e you're right *v.* to think that something is likely to be actual or possible
169. a ne_____ve number *adj.* having the quality of something bad or harmful; expressing refusal
170. a w__t of summons *n.* a written legal order or command
171. al__r data in a file *v.* to cause to change or make different
172. the great di_____ry of the century *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
173. without ex_____on *n.* something that is not included in a general rule or pattern; a person or thing that is excluded or stands apart from others
174. di_____sh swelling *v.* to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.
175. environmental det_____nt *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

ANSWERS: 164. well-being, 165. attitude, 166. extreme, 167. conceive, 168. suppose, 169. negative, 170. writ, 171. alter, 172. discovery, 173. exception, 174. diminish, 175. determinant

176. degree in ele_____al engineering *adj.* relating to electricity
177. the p__k current in the circuit *n.* the point to which something or someone is at its strongest, best, or most successful; the pointed top of a mountain
178. n__m of action *n.* something that is regarded as usual, typical, or standard
179. cl__g onto power *v.* to hold onto something tightly; to be closely attached to someone or something
180. an_____y for knowledge *n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
181. sake of cl_____y *n.* the quality of being coherent and understandable; the quality of transparency or purity
182. fe_____y debate *adj.* full of energy or courage, often in the face of opposition or challenge; lively or spunky in temperament
183. the onset of pu_____y *n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction
184. acc_____sh military operations *v.* to finish or achieve something successfully
185. psy_____ry therapy *n.* the branch of medicine concerned with the study, treatment, and prevention of mental illness
186. a fountain of wi_____m *n.* the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions

ANSWERS: 176. electrical, 177. peak, 178. norm, 179. cling, 180. anxiety, 181. clarity, 182. feisty, 183. puberty, 184. accomplish, 185. psychiatry, 186. wisdom

187. major paradigm sh__t *n.* a slight transition in position, direction, or trend
188. co____ve a child *v.* to have or develop an idea, a plan, etc. in mind; to become pregnant
189. re___e a story *v.* to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
190. in___t brain *adj.* undamaged and complete
191. take a qu_____on *n.* a group of words taken from a text or speech and repeated by someone other than the original author or speaker
192. li_____me benefits *n.* the duration of someone's life or something's existence;
193. human re_____s *n.* the leftover parts or pieces of something that have been destroyed, removed, or consumed; the physical or biological remains of a deceased person, plant, animal
194. lack of cl_____y *n.* the quality of being coherent and understandable; the quality of transparency or purity
195. al__r a decision *v.* to cause to change or make different
196. an indomitable sp___t *n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people

ANSWERS: 187. shift, 188. conceive, 189. relate, 190. intact, 191. quotation, 192. lifetime, 193. remains, 194. clarity, 195. alter, 196. spirit

197. antibiotic-resistant g__m *n.* a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one
198. a sense of wel_____ng *n.* the state of being happy and healthy and prosperous
199. biological psy_____ry *n.* the branch of medicine concerned with the study, treatment, and prevention of mental illness
200. gen_____on gap *n.* all the people born and living at about the same time, regarded collectively; the production of heat or electricity
201. o_d behavior *adj.* strange or unexpected; not divisible by two
202. pa_____y to understanding *n.* a track that constitutes or serves as a path; an approach or a way of doing something
203. re__t my brain *v.* to set again or differently; to return to a previous state or condition
204. fr_____on of a plan *n.* the realization or fulfillment of a plan, goal, or desire; the achievement or completion of something desired or worked for; the state of being fully developed or accomplished
205. manually op_____e a machine *v.* to work in a particular way; to supervise something
206. di_____se with CT scans *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis

ANSWERS: 197. germ, 198. well-being, 199. psychiatry, 200. generation, 201. odd, 202. pathway, 203. reset, 204. fruition, 205. operate, 206. diagnose

207. sig_____nce level	<i>n.</i>	the importance or value attached to something; the quality of being significant or noteworthy
208. lo_____ty genes	<i>n.</i>	the property of being long-lived; significant duration of service
209. re_____on of inclusion	<i>n.</i>	the way two persons or groups of people feel and act toward one another
210. re_____e a prisoner	<i>v.</i>	to set free or allow to escape from confinement
211. lo_____ty crisis	<i>n.</i>	the property of being long-lived; significant duration of service
212. ne____l stem cells	<i>adj.</i>	of or relating to a nerve or the nervous system that includes the brain
213. fe____y attitude	<i>adj.</i>	full of energy or courage, often in the face of opposition or challenge; lively or spunky in temperament
214. benign pa_____gy	<i>n.</i>	the study of the nature and cause of diseases and disorders; the medical specialty that deals with the diagnosis and treatment of diseases and disorders
215. a g__m-free environment	<i>n.</i>	a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one
216. re__t password	<i>v.</i>	to set again or differently; to return to a previous state or condition
217. a det_____nt of crop yields	<i>n.</i>	a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

ANSWERS: 207. significance, 208. longevity, 209. relation, 210. release, 211. longevity, 212. neural, 213. feisty, 214. pathology, 215. germ, 216. reset, 217. determinant

218. cl__g tightly to the skin *v.* to hold onto something tightly; to be closely attached to someone or something
219. victim of sexual ab__e *n.* the use of something in an incorrect or harmful manner
220. mo__t a hill *v.* to increase, go up, or advance gradually or continuously; to prepare and supply with the necessary equipment for execution or performance; to ride on something or someone
221. neu_____cal symptoms *adj.* of or relating to the science of neurology or the nervous system
222. at the height of pu_____y. *n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction
223. victim of a vi_____t crime *adj.* involving or caused by physical force or aggression against someone or something
224. as___n projects *v.* to give a specific job or piece of work to a someone
225. ma_____st as the word *v.* to show something such as feeling, attitude, quality, etc. clearly through signs or actions
226. an app_____te time *adj.* suitable or proper in the circumstances; fitting
227. take up a ho_____e attitude *adj.* unfriendly or aggressively opposed
228. cultural pa_____gm *n.* a standard or typical example of something; a pattern or model

ANSWERS: 218. cling, 219. abuse, 220. mount, 221. neurological, 222. puberty, 223. violent, 224. assign, 225. manifest, 226. appropriate, 227. hostile, 228. paradigm

229. the ground be_____h my feet *adv.* in or to a lower place than someone or something
230. de_____e a job offer *v.* to become gradually smaller, fewer, worse, etc.; to refuse to accept
231. d_b my cheek with powder *v.* to touch or apply something lightly, usually several times
232. re_____ne customer experience *v.* to change the meaning or interpretation of something; to make people think about something in a new or different way
233. a prodigious vi_____n *n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see
234. radioactive de__y *n.* the process or state of rotting or decomposition by natural causes such as the action of bacteria and fungi; (verb) to rot or decompose through natural causes
235. toxic ch_____als *adj.* relating to or connected with chemistry;
236. aut_____ity verification *n.* the quality of being real or genuine
237. demonstrate an up____d trend *adv.* toward the top or highest point, or a higher position or level; (adjective) extending or moving toward a higher place
238. gu_____ee women equality *v.* to promise something will happen formally, especially that certain conditions about a product, service, or transaction would be met

ANSWERS: 229. beneath, 230. decline, 231. dab, 232. redefine, 233. vision, 234. decay, 235. chemical, 236. authenticity, 237. upward, 238. guarantee

ANSWERS:

Session 3: Fill in the Blanks

1. The doctor diagnosed him with a rare _____ that had no known cure.
n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

2. This exam requires excellent _____ to pass.
n. the ability to focus all your time and energy on one thing without thinking about anything else.

3. The younger _____ has different values and beliefs than the older one.
n. all the people born and living at about the same time, regarded collectively; the production of heat or electricity

4. We must _____ a new system to streamline our workflow and increase efficiency.
v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

5. She was the _____ to the rule, as she managed to graduate college in only two years.
n. something that is not included in a general rule or pattern; a person or thing that is excluded or stands apart from others

6. The _____ of his idea came from watching birds flying in flocks.
n. a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one

7. The video telephony application has _____ the way we work.
v. to change the meaning or interpretation of something; to make people think about something in a new or different way

ANSWERS: 1. disease, 2. concentration, 3. generation, 4. develop, 5. exception, 6. germ, 7. redefined

8. I can't _____ he'd want to harm us.
v. to have or develop an idea, a plan, etc. in mind; to become pregnant
9. One _____ of success is having a positive attitude and a strong work ethic.
n. a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
10. The old abandoned house was in a state of _____ with broken windows and a sagging roof.
n. a state of being worn out or weakened by old age, illness, or hard use; the condition or process of becoming feeble, infirm, or dilapidated
11. She waited for her daughter with _____.
n. a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
12. The protesters became _____ when the police tried to disperse them.
adj. involving or caused by physical force or aggression against someone or something
13. The Prime Minister _____ his regret for his neighbors
v. to show something such as feeling, attitude, quality, etc. clearly through signs or actions
14. It would be _____ to dress nicely for the wedding.
adj. suitable or proper in the circumstances; fitting
15. Many startups face challenges in bringing their innovative ideas to _____.
n. the realization or fulfillment of a plan, goal, or desire; the achievement or completion of something desired or worked for; the state of being fully developed or accomplished

ANSWERS: 8. conceive, 9. determinant, 10. decrepitude, 11. anxiety, 12. violent, 13. manifested, 14. appropriate, 15. fruition

16. Since the second law of thermodynamics is applicable to the universe, the _____ of the universe continues to increase.

- n.* a scientific concept that is most commonly associated with a state of disorder, randomness, or uncertainty

17. The firm has grown into a large _____ manufacturing.

- adj.* relating to or connected with chemistry;

18. She walked urgently down the emergency _____.

- n.* a set of stairs inside a building, usually with posts and bars that are fixed at the side

19. The _____ for applying for a visa can be lengthy and complicated.

- n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

20. I'm strongly _____ to that plan.

- adj.* being completely different from something or disagreeing strongly with something

21. I need to _____ my car regularly to prevent any major mechanical issues.

- v.* to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true

22. The digital _____ has a programmable feature, and it can be controlled through your smartphone.

- n.* a device that automatically regulates temperature by controlling the heating or cooling system based on the temperature in a room or building

ANSWERS: 16. entropy, 17. chemical, 18. staircase, 19. process, 20. opposed, 21. maintain, 22. thermostat

23. Understanding protein folding is a vital step in deciphering the _____ code.
adj. of or relating to genes (= parts of the DNA in cells) or the science of genes
24. The systems we have developed has accepted as industry _____.
n. something that is regarded as usual, typical, or standard
25. Actuators convert _____ pulses into motion.
adj. relating to electricity
26. X-rays revealed a small tumor in his _____.
n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling
27. Could you help me _____ some furniture?
n. a slight transition in position, direction, or trend
28. The two products _____ in their quality and price.
v. to be not like someone or something in some way
29. The field of _____ is constantly evolving, with new treatments and approaches being developed all the time.
n. the branch of medicine concerned with the study, treatment, and prevention of mental illness
30. The economic recession _____ the housing market.
v. to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active
31. The storm _____ leaving the town in peace.
v. to become less intense or widespread; to sink to a lower level

ANSWERS: 23. genetic, 24. norms, 25. electrical, 26. brain, 27. shift, 28. differed, 29. psychiatry, 30. depressed, 31. subsided,

32. There was a disturbance of _____ function.

adj. of or relating to a nerve or the nervous system that includes the brain

33. His grandfather was an ____ man.

adj. strange or unexpected; not divisible by two

34. He is proud of the _____ of the business.

n. the property of being long-lived; significant duration of service

35. The devil is the _____ of wicked ideas.

n. someone or something that precisely expresses a characteristic or an idea

36. The incident _____ a political controversy.

v. to make something happen suddenly; to cause something such as a device, machine, etc. to function

37. She _____ her face with a puff.

v. to touch or apply something lightly, usually several times

38. Humankind took centuries to _____ true democracy.

v. to finish or achieve something successfully

39. Ethics is a branch of _____.

n. the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind

40. Solar gravity creates _____ pressures and temperatures.

adj. very great in amount or degree

ANSWERS: 32. neural, 33. odd, 34. longevity, 35. embodiment, 36. triggered, 37. dabbed, 38. accomplish, 39. philosophy, 40. extreme

41. They _____ pictures on the paper in preparation for the birthday card.
v. to increase, go up, or advance gradually or continuously; to prepare and supply with the necessary equipment for execution or performance; to ride on something or someone
42. This machine is too difficult to _____ for me.
v. to work in a particular way; to supervise something
43. Our company has an audit team that monitors directors for _____ of authority.
n. the use of something in an incorrect or harmful manner
44. We need to _____ the next steps for the project during our meeting tomorrow.
v. to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
45. A great stretch of the lake lay _____ them.
adv. in or to a lower place than someone or something
46. His speech was carefully crafted and delivered with _____ confidence.
adj. deliberately considered or scrutinized; carefully thought out or planned
47. The museum's experts confirmed the _____ of the painting.
n. the quality of being real or genuine
48. As people age, their digestive capacity also gradually _____.
v. to become gradually smaller, fewer, worse, etc.; to refuse to accept
49. Driving is difficult for me because of my poor _____.
n. the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

ANSWERS: 41. mounted, 42. operate, 43. abuse, 44. discuss, 45. beneath, 46. studied, 47. authenticity, 48. declines, 49. vision

50. In this culture, men are initiated when they reach _____.
- n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction
51. The baseball player _____ the ball out of the park, securing a home run.
- v.* to hit something or someone with force, often making a loud noise; to deliver a sharp criticism or rebuke
52. We are responsible for the care and _____ of all our employees.
- n.* the state of being happy and healthy and prosperous
53. The _____ little terrier refused to back down from the larger dog.
- adj.* full of energy or courage, often in the face of opposition or challenge; lively or spunky in temperament
54. There are _____ differences between the two wine-producing regions.
- adj.* easy to see, discover or understand
55. The _____ storm clouds filled the sky with ominous darkness.
- adj.* drawing nearer in time or space; coming close to someone or something
56. She had a master's degree in _____.
- n.* the scientific study of mind and behavior
57. The _____ of his discovery cannot be overstated.
- n.* the importance or value attached to something; the quality of being significant or noteworthy
58. Eyeless fish _____ in dark caves.
- v.* to develop gradually, or to cause the development of something or someone gradually

ANSWERS: 50. puberty, 51. smacked, 52. well-being, 53. feisty, 54. obvious, 55. approaching, 56. psychology, 57. significance, 58. evolved

59. I'm _____ of insects.

adj. afraid or frightened

60. She claimed to have _____ powers and could predict the future.

adj. relating to or capable of extrasensory perception or paranormal phenomena; relating to the mind or mental processes

61. He was served with a _____ of eviction, giving him the notice to vacate the property.

n. a written legal order or command

62. She had the _____ that work was fun.

n. the way you think and feel about someone or something

63. The _____ by the citizen resulted in a redistribution of wealth.

n. a large-scale attempt to overthrow the government of a country, often using violence or war;

64. Despite their tragic loss, the family is showing great _____.

n. the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people

65. The second law of _____ denies the existence of a perpetual motion engine.

n. the area of physics that deals with heat, work, and temperature and their relation to energy, entropy, and the physical properties of matter and radiation

66. The government _____ regulated the country's food and drug safety standards.

n. an organization or business that is responsible for specific activities or services, especially when representing other organizations or businesses; the capacity or power to act or exert influence; the ability to make decisions and take action

ANSWERS: 59. scared, 60. psychic, 61. writ, 62. attitude, 63. revolution, 64. spirit, 65. thermodynamics, 66. agency

67. The _____ bears the weight of the overhead bridge.
- n.* a curved structure with two supports that holds the weight of something above it, such as a bridge or the upper part of a building
68. Her research team made an important _____.
- n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
69. After working for the company for 30 years, she decided to _____ from her job.
- v.* to withdraw from one's position or occupation, especially because of age
70. The animal rights group worked to _____ the dolphins back into the wild.
- v.* to set free or allow to escape from confinement
71. Many people go through a _____ crisis and contemplate major life changes.
- n.* the period of life between young adulthood and old age, typically characterized by a sense of maturity, stability, and sometimes, dissatisfaction or restlessness
72. The community greatly respected and sought after the older adult's _____.
- n.* the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions
73. The instinct to protect one's offspring is _____ into many animal species.
- adj.* built-in or innate, often referring to behavior or traits that are instinctive or automatic, as if pre-programmed in the brain or genetics
74. The picture earned near-_____ acclaim from critics.
- adj.* existing or affecting everywhere or everyone

ANSWERS: 67. arch, 68. discovery, 69. retire, 70. release, 71. midlife, 72. wisdom, 73. hardwired, 74. universal

75. He had fond memories of his _____ spent playing in the park with his friends.

n. the state or time of being a child

76. The design of the webpage has _____ slightly.

v. to cause to change or make different

77. How did he _____ to your idea?

v. to take action in response to something

78. She kicked him hard in the _____.

n. the part of the body between the legs where they join the torso, including the area around the genitals

79. He cast _____ glances behind her.

adj. worried and nervous

80. Despite the scandals, his reputation remained _____.

adj. undamaged and complete

81. When the first molecule in the _____ receives a signal, it activates other molecules.

n. a track that constitutes or serves as a path; an approach or a way of doing something

82. As people get old, their energies may _____.

v. to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.

ANSWERS: 75. childhood, 76. altered, 77. react, 78. crotch, 79. anxious, 80. intact, 81. pathway, 82. diminish

83. The _____ takeover of the company was met with resistance from the employees.

adj. unfriendly or aggressively opposed

84. She _____ the computer to fix the problem.

v. to set again or differently; to return to a previous state or condition

85. She expressed her thought in an artful choice of _____.

n. a figure of speech in which an expression is used to refer to something that it does not denote to suggest a similarity

86. It is easy to _____ a new job or opportunity, but it is important to remain objective and realistic about the challenges that come with it

v. to make something seem more attractive or appealing than it is, especially by exaggerating or idealizing its qualities; to view or present something in a romantic or sentimental way

87. The _____ of modern technology has revolutionized the way we live our daily lives.

n. the act of rising or ascending, particularly to a higher level of power, status, or spiritual enlightenment; in Christian theology, the bodily rising of Jesus into heaven on the 40th day after his resurrection

88. The _____ report showed no signs of cancer, giving her family a sense of relief.

n. the study of the nature and cause of diseases and disorders; the medical specialty that deals with the diagnosis and treatment of diseases and disorders

89. This measurement aims to reduce traffic at _____ periods.

n. the point to which something or someone is at its strongest, best, or most successful; the pointed top of a mountain

ANSWERS: 83. hostile, 84. reset, 85. metaphors, 86. romanticize, 87. ascension, 88. pathology, 89. peak

90. The patient was diagnosed with a _____ disorder affecting their motor skills.

adj. of or relating to the science of neurology or the nervous system

91. What do you _____ the culprit's motive was?

v. to think that something is likely to be actual or possible

92. Generally speaking, men have a shorter _____ than women.

n. the length of time for which a person, animal lives, or thing exists

93. The company adjusted the revenue _____.

adv. toward the top or highest point, or a higher position or level; (adjective) extending or moving toward a higher place

94. She was close to her paternal _____ and often spent summers with them.

n. a parent of one's father or mother

95. He postulated a completely different _____ to explain all these phenomena.

n. a standard or typical example of something; a pattern or model

96. We cannot _____ enough raw material sources.

v. to promise something will happen formally, especially that certain conditions about a product, service, or transaction would be met

97. Several _____ indicators correlate with care admission.

n. a statistic characterizing that describes people or groups of people based on their age, sex, income, etc.

ANSWERS: 90. neurological, 91. suppose, 92. lifespan, 93. upward, 94. grandparents, 95. paradigm, 96. guarantee, 97. demographic

98. His _____ faculties were getting worse because of a lack of sleep.

adj. of or relating to mental processes of understanding

99. The dead body was in an advanced state of _____.

n. the process or state of rotting or decomposition by natural causes such as the action of bacteria and fungi; (verb) to rot or decompose through natural causes

100. He _____ to the hope that he will find a job soon.

v. to hold onto something tightly; to be closely attached to someone or something

101. Please _____ a different color to each other kind of item.

v. to give a specific job or piece of work to a someone

102. The car crash was _____ and the driver died on impact.

adj. causing or resulting in death; lethal

103. They regretted the _____ of their restaurant.

n. the situation that a company, organization, etc. has ceased operations permanently

104. _____ symptoms might include a decrease in appetite and weight loss.

n. a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

105. He included a _____ from the book in his essay.

n. a group of words taken from a text or speech and repeated by someone other than the original author or speaker

106. The shark's powerful _____ allowed it to swim at high speeds.

n. a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance

ANSWERS: 98. cognitive, 99. decay, 100. clings, 101. assign, 102. fatal, 103. closure, 104. Depression, 105. quotation, 106. fins

107. The _____ of the ancient civilization can still be seen in the city's ruins.

- n.* the leftover parts or pieces of something that have been destroyed, removed, or consumed; the physical or biological remains of a deceased person, plant, animal

108. He gained debt _____.

- n.* the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion

109. Be sure to _____ down the soil around the newly planted tree to secure it in place.

- v.* to pack down or compress tightly using a tool or instrument; to suppress or reduce something, such as an emotion, a conflict, or a rumor

110. This device is used to _____ brain cancer and other tumors.

- v.* to determine or distinguish the nature of a problem or an illness through a careful analysis

111. He _____ his health to make the project a success.

- v.* to not give enough care or attention to something; to leave something undone

112. The publisher will proofread most of this manuscript for _____.

- n.* the quality of being coherent and understandable; the quality of transparency or purity

113. She had lived through two world wars in her _____.

- n.* the duration of someone's life or something's existence;

114. The industrial _____ laws were passed with little to no alteration.

- n.* the way two persons or groups of people feel and act toward one another

ANSWERS: 107. remains, 108. forgiveness, 109. tamp, 110. diagnose, 111. neglected, 112. clarity, 113. lifetime, 114. relations

115. He tried to _____ his experience to the group, but they couldn't understand.
- v.* to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
116. The movie has received almost universally _____ criticism.
- adj.* having the quality of something bad or harmful; expressing refusal
117. Shares in the company finally fell below their ____ value.
- n.* a state of being equal to someone or something
118. The older man _____ from arthritis and finds it difficult to move around.
- v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
119. Timely education about birth control might help reduce _____ pregnancies.
- n.* a young person who is in the process of developing from a child into an adult

ANSWERS: 115. relate, 116. negative, 117. par, 118. suffers, 119. adolescent