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Vocabulary Builder Reference from...

Jane Fonda: Life's third act | TED Talk

https://www.ted.com/talks/jane_fonda_life_s_third_act

Advanced Words Only

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Session 1: Word List

longevity

n. the property of being long-lived; significant duration of service

synonym: seniority, endurance

(1) **longevity** crisis, (2) **longevity** genes

He is proud of the **longevity** of the business.

grandparent

n. a parent of one's father or mother

(1) great- **grandparent**, (2) person of **grandparent** age

She was close to her paternal **grandparents** and often spent summers with them.

lifespan

n. the length of time for which a person, animal lives, or thing exists

synonym: duration, lifetime, continuance

(1) **lifespan** extension, (2) **lifespan** retrieval curve

Generally speaking, men have a shorter **lifespan** than women.

midlife

n. the period of life between young adulthood and old age, typically characterized by a sense of maturity, stability, and sometimes, dissatisfaction or restlessness

(1) **midlife** depression, (2) **midlife** changes

Many people go through a **midlife** crisis and contemplate major life changes.

decrepitude

n. a state of being worn out or weakened by old age, illness, or hard use; the condition or process of becoming feeble, infirm, or dilapidated

synonym: feebleness, infirmity, weakness

(1) the **decrepitude** of old age, (2) physical **decrepitude**

The old abandoned house was in a state of **decrepitude**, with broken windows and a sagging roof.

writ

n. a written legal order or command

synonym: legal document, order, legal process

(1) a **writ** of summons, (2) issue a **writ**

He was served with a **writ** of eviction, giving him the notice to vacate the property.

staircase

n. a set of stairs inside a building, usually with posts and bars that are fixed at the side

synonym: stairway, stairwell

(1) spiral **staircase**, (2) beetle up the **staircase**

She walked urgently down the emergency **staircase**.

ascension

n. the act of rising or ascending, particularly to a higher level of power, status, or spiritual enlightenment; in Christian theology, the bodily rising of Jesus into heaven on the 40th day after his resurrection

synonym: rise, elevation, climb

(1) **ascension** ceremony, (2) **ascension** to the presidency

The **ascension** of modern technology has revolutionized the way we live our daily lives.

depress

v. to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active

synonym: sadden, discourage, deflate

(1) **depress** their spirits, (2) **depress** crop prices

The economic recession **depressed** the housing market.

crotch

n. the part of the body between the legs where they join the torso, including the area around the genitals

synonym : groin, loin, genitals

(1) **crotch** portion, (2) **crotch** of trousers

She kicked him hard in the **crotch**.

smack

v. to hit something or someone with force, often making a loud noise; to deliver a sharp criticism or rebuke

synonym : hit, slap, strike

(1) **smack** on the lips, (2) **smack** his knee

The baseball player **smacked** the ball out of the park, securing a home run.

dab

v. to touch or apply something lightly, usually several times

synonym : apply, pat, daub

(1) **dab** my cheek with powder, (2) **dab** paint on the wall

She **dabbed** her face with a puff.

well-being

n. the state of being happy and healthy and prosperous

synonym : health, welfare, happiness

(1) the **well-being** of a nation, (2) a sense of **well-being**

We are responsible for the care and **well-being** of all our employees.

subside

v. to become less intense or widespread; to sink to a lower level

synonym : decrease, decline, diminish

(1) **subside** an argument, (2) **subside** after a short time

The storm **subsided**, leaving the town in peace.

romanticize

v. to make something seem more attractive or appealing than it is, especially by exaggerating or idealizing its qualities; to view or present something in a romantic or sentimental way

synonym : idealize, glorify, sentimentalize

(1) **romanticize** the past, (2) **romanticize** the idea of love

It is easy to **romanticize** a new job or opportunity, but it is important to remain objective and realistic about the

challenges that come with it

fruition

n. the realization or fulfillment of a plan, goal, or desire; the achievement or completion of something desired or worked for; the state of being fully developed or accomplished

synonym: realization, accomplishment, completion

(1) finally come to **fruition**, (2) **fruition** of a plan

Many startups face challenges in bringing their innovative ideas to **fruition**.

entropy

n. a scientific concept that is most commonly associated with a state of disorder, randomness, or uncertainty

synonym: randomness

(1) **entropy** calculation, (2) **entropy** conservation

Since the second law of thermodynamics is applicable to the universe, the **entropy** of the universe continues to increase.

thermodynamics

n. the area of physics that deals with heat, work, and temperature and their relation to energy, entropy, and the physical properties of matter and radiation

(1) applied **thermodynamics**, (2) the laws of **thermodynamics**

The second law of **thermodynamics** denies the existence of a perpetual motion engine.

diminish

v. to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.

synonym: decline, dwindle, lessen

(1) **diminish** a reputation, (2) **diminish** swelling

As people get old, their energies may **diminish**.

tamp

v. to pack down or compress tightly using a tool or instrument; to suppress or reduce something, such as an emotion, a conflict, or a rumor

synonym: press, compact, ram

(1) **tamp** down fighting, (2) **tamp** tobacco into a pipe

Be sure to **tamp** down the soil around the newly planted tree to secure it in place.

germ

n. a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one

synonym : bacterium, microbe, pathogen

(1) antibiotic-resistant **germ**, (2) a **germ-free** environment

The **germ** of his idea came from watching birds flying in flocks.

psychiatry

n. the branch of medicine concerned with the study, treatment, and prevention of mental illness

synonym : mental health, psychology, psychoanalysis

(1) **psychiatry** therapy, (2) biological **psychiatry**

The field of **psychiatry** is constantly evolving, with new treatments and approaches being developed all the time.

determinant

n. a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

synonym : cause, factor, element

(1) environmental **determinant**, (2) a **determinant** of crop yields

One **determinant** of success is having a positive attitude and a strong work ethic.

cling

v. to hold onto something tightly; to be closely attached to someone or something

synonym : stick, adhere, attach

(1) **cling** onto power, (2) **cling** tightly to the skin

He **clings** to the hope that he will find a job soon.

neurological

adj. of or relating to the science of neurology or the nervous system

synonym : nervous, neural, brain-related

(1) fever with **neurological** signs, (2) **neurological**

symptoms

The patient was diagnosed with a **neurological** disorder affecting their motor skills.

hardwired

adj. built-in or innate, often referring to behavior or traits that are instinctive or automatic, as if pre-programmed in the brain or genetics

synonym : innate, ingrained, automatic

(1) **hardwired** behavior, (2) **hardwired** connection

The instinct to protect one's offspring is **hardwired** into many animal species.

thermostat

n. a device that automatically regulates temperature by controlling the heating or cooling system based on the temperature in a room or building

synonym : thermoregulator, climate control

(1) **thermostat** settings, (2) smart **thermostat**

The digital **thermostat** has a programmable feature, and it can be controlled through your smartphone.

feisty

adj. full of energy or courage, often in the face of opposition or challenge; lively or spunky in temperament

synonym : spunky, plucky, spirited

(1) **feisty** attitude, (2) **feisty** debate

The **feisty** little terrier refused to back down from the larger dog.

puberty

n. the process of a person's physical changes through which their sexual organs develop and become capable of reproduction

synonym : adolescence, young adulthood

(1) at the height of **puberty** ., (2) the onset of **puberty**

In this culture, men are initiated when they reach **puberty**.

redefine

v. to change the meaning or interpretation of something; to make people think about something in a new or different way

synonym : reconsider, reformulate, alter

(1) **redefine** customer experience, (2) **redefine** our role

The video telephony application has **redefined** the way we work.

conceive

v. to have or develop an idea, a plan, etc. in mind; to become pregnant

synonym : imagine, envision, concoct

(1) **conceive** of an idea, (2) **conceive** a child

I can't **conceive** he'd want to harm us.

Session 2: Spelling

- | | |
|-----------------------------|---|
| 1. physical dec_____de | <i>n.</i> a state of being worn out or weakened by old age, illness, or hard use; the condition or process of becoming feeble, infirm, or dilapidated |
| 2. cr___h portion | <i>n.</i> the part of the body between the legs where they join the torso, including the area around the genitals |
| 3. co_____ve a child | <i>v.</i> to have or develop an idea, a plan, etc. in mind; to become pregnant |
| 4. mi_____e depression | <i>n.</i> the period of life between young adulthood and old age, typically characterized by a sense of maturity, stability, and sometimes, dissatisfaction or restlessness |
| 5. su_____e an argument | <i>v.</i> to become less intense or widespread; to sink to a lower level |
| 6. t__p down fighting | <i>v.</i> to pack down or compress tightly using a tool or instrument; to suppress or reduce something, such as an emotion, a conflict, or a rumor |
| 7. d_b my cheek with powder | <i>v.</i> to touch or apply something lightly, usually several times |
| 8. lo_____ty genes | <i>n.</i> the property of being long-lived; significant duration of service |
| 9. a w__t of summons | <i>n.</i> a written legal order or command |
| 10. the onset of pu_____y | <i>n.</i> the process of a person's physical changes through which their sexual organs develop and become capable of reproduction |

ANSWERS: 1. decrepitude, 2. crotch, 3. conceive, 4. midlife, 5. subside, 6. tamp, 7. dab, 8. longevity, 9. writ, 10. puberty

11. the dec_____de of old age *n.* a state of being worn out or weakened by old age, illness, or hard use; the condition or process of becoming feeble, infirm, or dilapidated
12. fever with neu_____cal signs *adj.* of or relating to the science of neurology or the nervous system
13. as_____on ceremony *n.* the act of rising or ascending, particularly to a higher level of power, status, or spiritual enlightenment; in Christian theology, the bodily rising of Jesus into heaven on the 40th day after his resurrection
14. ha_____ed connection *adj.* built-in or innate, often referring to behavior or traits that are instinctive or automatic, as if pre-programmed in the brain or genetics
15. spiral st_____se *n.* a set of stairs inside a building, usually with posts and bars that are fixed at the side
16. the laws of the _____ics *n.* the area of physics that deals with heat, work, and temperature and their relation to energy, entropy, and the physical properties of matter and radiation
17. environmental det_____nt *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
18. cl__g tightly to the skin *v.* to hold onto something tightly; to be closely attached to someone or something

ANSWERS: 11. decrepitude, 12. neurological, 13. ascension, 14. hardwired, 15. staircase, 16. thermodynamics, 17. determinant, 18. cling

19. sm__k his knee *v.* to hit something or someone with force, often making a loud noise; to deliver a sharp criticism or rebuke
20. the _____at settings *n.* a device that automatically regulates temperature by controlling the heating or cooling system based on the temperature in a room or building
21. a det _____nt of crop yields *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
22. fr _____on of a plan *n.* the realization or fulfillment of a plan, goal, or desire; the achievement or completion of something desired or worked for; the state of being fully developed or accomplished
23. cr ___h of trousers *n.* the part of the body between the legs where they join the torso, including the area around the genitals
24. smart the _____at *n.* a device that automatically regulates temperature by controlling the heating or cooling system based on the temperature in a room or building
25. great-gra _____nt *n.* a parent of one's father or mother
26. di _____sh a reputation *v.* to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.
27. rom _____ze the idea of love *v.* to make something seem more attractive or appealing than it is, especially by exaggerating or idealizing its qualities; to view or present something in a romantic or sentimental way

ANSWERS: 19. smack, 20. thermostat, 21. determinant, 22. fruition, 23. crotch, 24. thermostat, 25. grandparent, 26. diminish, 27. romanticize

28. issue a w__t *n.* a written legal order or command
29. su____e after a short time *v.* to become less intense or widespread; to sink to a lower level
30. applied the_____ics *n.* the area of physics that deals with heat, work, and temperature and their relation to energy, entropy, and the physical properties of matter and radiation
31. person of gra_____nt age *n.* a parent of one's father or mother
32. li_____an extension *n.* the length of time for which a person, animal lives, or thing exists
33. rom_____ze the past *v.* to make something seem more attractive or appealing than it is, especially by exaggerating or idealizing its qualities; to view or present something in a romantic or sentimental way
34. di_____sh swelling *v.* to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.
35. at the height of pu_____y. *n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction
36. t__p tobacco into a pipe *v.* to pack down or compress tightly using a tool or instrument; to suppress or reduce something, such as an emotion, a conflict, or a rumor
37. fe___y attitude *adj.* full of energy or courage, often in the face of opposition or challenge; lively or spunky in temperament

ANSWERS: 28. writ, 29. subside, 30. thermodynamics, 31. grandparent, 32. lifespan, 33. romanticize, 34. diminish, 35. puberty, 36. tamp, 37. feisty

38. beetle up the st_____se *n.* a set of stairs inside a building, usually with posts and bars that are fixed at the side
39. antibiotic-resistant g__m *n.* a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one
40. co_____ve of an idea *v.* to have or develop an idea, a plan, etc. in mind; to become pregnant
41. fe___y debate *adj.* full of energy or courage, often in the face of opposition or challenge; lively or spunky in temperament
42. en_____y conservation *n.* a scientific concept that is most commonly associated with a state of disorder, randomness, or uncertainty
43. d_b paint on the wall *v.* to touch or apply something lightly, usually several times
44. li_____an retrieval curve *n.* the length of time for which a person, animal lives, or thing exists
45. as_____on to the presidency *n.* the act of rising or ascending, particularly to a higher level of power, status, or spiritual enlightenment; in Christian theology, the bodily rising of Jesus into heaven on the 40th day after his resurrection
46. ha_____ed behavior *adj.* built-in or innate, often referring to behavior or traits that are instinctive or automatic, as if pre-programmed in the brain or genetics

ANSWERS: 38. staircase, 39. germ, 40. conceive, 41. feisty, 42. entropy, 43. dab, 44. lifespan, 45. ascension, 46. hardwired

47. de____s crop prices *v.* to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active
48. a sense of wel_____ng *n.* the state of being happy and healthy and prosperous
49. re____ne our role *v.* to change the meaning or interpretation of something; to make people think about something in a new or different way
50. a g__m-free environment *n.* a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one
51. neu_____cal symptoms *adj.* of or relating to the science of neurology or the nervous system
52. the wel_____ng of a nation *n.* the state of being happy and healthy and prosperous
53. lo_____ty crisis *n.* the property of being long-lived; significant duration of service
54. de____s their spirits *v.* to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active
55. sm__k on the lips *v.* to hit something or someone with force, often making a loud noise; to deliver a sharp criticism or rebuke
56. mi_____e changes *n.* the period of life between young adulthood and old age, typically characterized by a sense of maturity, stability, and sometimes, dissatisfaction or restlessness

ANSWERS: 47. depress, 48. well-being, 49. redefine, 50. germ, 51. neurological, 52. well-being, 53. longevity, 54. depress, 55. smack, 56. midlife

57. cl__g onto power *v.* to hold onto something tightly; to be closely attached to someone or something
58. psy_____ry therapy *n.* the branch of medicine concerned with the study, treatment, and prevention of mental illness
59. finally come to fr_____on *n.* the realization or fulfillment of a plan, goal, or desire; the achievement or completion of something desired or worked for; the state of being fully developed or accomplished
60. en_____y calculation *n.* a scientific concept that is most commonly associated with a state of disorder, randomness, or uncertainty
61. biological psy_____ry *n.* the branch of medicine concerned with the study, treatment, and prevention of mental illness
62. re_____ne customer experience *v.* to change the meaning or interpretation of something; to make people think about something in a new or different way

ANSWERS: 57. cling, 58. psychiatry, 59. fruition, 60. entropy, 61. psychiatry, 62. redefine

Session 3: Fill in the Blanks

1. As people get old, their energies may _____.
 - v. to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.

2. I can't _____ he'd want to harm us.
 - v. to have or develop an idea, a plan, etc. in mind; to become pregnant

3. She _____ her face with a puff.
 - v. to touch or apply something lightly, usually several times

4. Since the second law of thermodynamics is applicable to the universe, the _____ of the universe continues to increase.
 - n. a scientific concept that is most commonly associated with a state of disorder, randomness, or uncertainty

5. Be sure to _____ down the soil around the newly planted tree to secure it in place.
 - v. to pack down or compress tightly using a tool or instrument; to suppress or reduce something, such as an emotion, a conflict, or a rumor

6. She walked urgently down the emergency _____.
 - n. a set of stairs inside a building, usually with posts and bars that are fixed at the side

7. The _____ of modern technology has revolutionized the way we live our daily lives.
 - n. the act of rising or ascending, particularly to a higher level of power, status, or spiritual enlightenment; in Christian theology, the bodily rising of Jesus into heaven on the 40th day after his resurrection

ANSWERS: 1. diminish, 2. conceive, 3. dabbed, 4. entropy, 5. tamp, 6. staircase, 7. ascension

8. He _____ to the hope that he will find a job soon.
v. to hold onto something tightly; to be closely attached to someone or something
9. We are responsible for the care and _____ of all our employees.
n. the state of being happy and healthy and prosperous
10. The patient was diagnosed with a _____ disorder affecting their motor skills.
adj. of or relating to the science of neurology or the nervous system
11. The _____ little terrier refused to back down from the larger dog.
adj. full of energy or courage, often in the face of opposition or challenge; lively or spunky in temperament
12. The _____ of his idea came from watching birds flying in flocks.
n. a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one
13. The video telephony application has _____ the way we work.
v. to change the meaning or interpretation of something; to make people think about something in a new or different way
14. He was served with a _____ of eviction, giving him the notice to vacate the property.
n. a written legal order or command
15. Many people go through a _____ crisis and contemplate major life changes.
n. the period of life between young adulthood and old age, typically characterized by a sense of maturity, stability, and sometimes, dissatisfaction or restlessness

ANSWERS: 8. clings, 9. well-being, 10. neurological, 11. feisty, 12. germ, 13. redefined, 14. writ, 15. midlife

16. The second law of _____ denies the existence of a perpetual motion engine.
- n.* the area of physics that deals with heat, work, and temperature and their relation to energy, entropy, and the physical properties of matter and radiation
17. She kicked him hard in the _____.
- n.* the part of the body between the legs where they join the torso, including the area around the genitals
18. The field of _____ is constantly evolving, with new treatments and approaches being developed all the time.
- n.* the branch of medicine concerned with the study, treatment, and prevention of mental illness
19. The storm _____ leaving the town in peace.
- v.* to become less intense or widespread; to sink to a lower level
20. He is proud of the _____ of the business.
- n.* the property of being long-lived; significant duration of service
21. It is easy to _____ a new job or opportunity, but it is important to remain objective and realistic about the challenges that come with it
- v.* to make something seem more attractive or appealing than it is, especially by exaggerating or idealizing its qualities; to view or present something in a romantic or sentimental way
22. One _____ of success is having a positive attitude and a strong work ethic.
- n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

ANSWERS: 16. thermodynamics, 17. crotch, 18. psychiatry, 19. subsided, 20. longevity, 21. romanticize, 22. determinant

23. The old abandoned house was in a state of _____ with broken windows and a sagging roof.
- n.* a state of being worn out or weakened by old age, illness, or hard use; the condition or process of becoming feeble, infirm, or dilapidated
24. The instinct to protect one's offspring is _____ into many animal species.
- adj.* built-in or innate, often referring to behavior or traits that are instinctive or automatic, as if pre-programmed in the brain or genetics
25. In this culture, men are initiated when they reach _____.
- n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction
26. Generally speaking, men have a shorter _____ than women.
- n.* the length of time for which a person, animal lives, or thing exists
27. Many startups face challenges in bringing their innovative ideas to _____.
- n.* the realization or fulfillment of a plan, goal, or desire; the achievement or completion of something desired or worked for; the state of being fully developed or accomplished
28. The digital _____ has a programmable feature, and it can be controlled through your smartphone.
- n.* a device that automatically regulates temperature by controlling the heating or cooling system based on the temperature in a room or building
29. She was close to her paternal _____ and often spent summers with them.
- n.* a parent of one's father or mother

ANSWERS: 23. decrepitude, 24. hardwired, 25. puberty, 26. lifespan, 27. fruition, 28. thermostat, 29. grandparents

30. The economic recession _____ the housing market.

- v. to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active

31. The baseball player _____ the ball out of the park, securing a home run.

- v. to hit something or someone with force, often making a loud noise; to deliver a sharp criticism or rebuke

ANSWERS: 30. depressed, 31. smacked