



Vocabulary Builder Reference from...

Sam Richards: A radical experiment in empathy |

TED Talk

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Advanced Words Only

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Session 1: Word List

sociologist

n. a person who studies the institutions and development of human society

(1) religious **sociologist**, (2) French **sociologist**

Sociologist studies the changes in family structure due to modernization.

empathy

n. the ability to share another person's feelings or experiences by imagining that person's situation

synonym: compassion, sympathy, tenderness

(1) full of **empathy**, (2) **empathy** for patients

Empathy is also necessary to understand history.

shipload

n. a large quantity or amount of goods, cargo, or materials that can be transported on a ship; a load or shipment that is sufficient to fill a ship

synonym: cargo, load, shipment

(1) **shipload** tonnage, (2) **shipload** of supplies

The port received a **shipload** quantity of goods that took days to unload.

deprivation

n. a state of not having something, such as food or money, that you need for a pleasant life

synonym: poverty, destitution, forfeiture

(1) chronic sleep **deprivation**, (2) **deprivation** of liberty
Losing him is great **deprivation** to our team.

ingratiate

v. to try to gain favor, approval, or acceptance by doing or saying things that please others; to make oneself more attractive or agreeable to someone

synonym: flatter, manipulate, cultivate

(1) **ingratiate** by doing favors, (2) **ingratiate** with the boss
She tried to **ingratiate** herself with the boss by praising his work.

doe

n. a mature female of mammals of which the male is called a buck, such as a deer or a rabbit

synonym: rabbit, bunny, hare

(1) **doe** rabbit, (2) buck and **doe**

Hunters use a whistle that makes the **doe** sound to lure stags.

thermostat

n. a device that automatically regulates temperature by controlling the heating or cooling system based on the temperature in a room or building

synonym: thermoregulator, climate control

(1) **thermostat** settings, (2) smart **thermostat**

The digital **thermostat** has a programmable feature, and it can be controlled through your smartphone.

troop

n. a group of soldiers, especially a large one; a group of people, animals, or things considered as a unit.

synonym: group, unit, band

(1) the members of a military **troop**, (2) a **troop** of deer

The **troop** of soldiers marched through the city in a parade.

incursion

n. a sudden or brief invasion or attack; the act of entering into something in a way that is not authorized or welcomed

synonym: invasion, attack, intrusion

(1) armed **incursion**, (2) sudden **incursion**

The enemy made an **incursion** into the country.

sanction

n. official permission or approval for an action, especially an economic or political action by a government or international organization; a penalty or punishment imposed for breaking the law, rule, or agreement; (verb) to impose a penalty or punishment for breaking the law, rule, or agreement

synonym: approve, authorize, endorse

(1) Imperial **sanction**, (2) popular **sanction**

The government imposed economic **sanctions** on the country.

insurgent

adj. rising against established authority or government; characterized by rebellion, dissent, or insurgency

synonym: subversive, rebellious, mutinous

(1) **insurgent** attack, (2) **insurgent** group

The government forces fought brutally against the **insurgent** rebels in the remote region.

unleash

v. to suddenly release a strong force, emotion, etc. that cannot be controlled

synonym: discharge, free, release

(1) **unleash** a hound, (2) **unleash** her anger

The general was still reluctant to **unleash** his troops in pursuit of an enemy.

bloodshed

n. the act of shedding blood, often used to describe violence or war; injury or death caused by violence or conflict

synonym: carnage, violence, killing

(1) bloody **bloodshed**, (2) massive **bloodshed**

The negotiations failed, leading to threats of **bloodshed** between the two countries.

Christ

n. the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis

for Christianity

synonym : Savior, Jesus Christ, Jesus

(1) teaching of **Christ**, (2) before **Christ**

Christmas is the day to celebrate the birth of Christ.

insignia

n. a badge, emblem, or symbol that represents a particular organization, office, or rank; a distinguishing mark or badge that indicates membership or affiliation with a particular group or organization

synonym : badge, emblem, crest

(1) naval **insignia**, (2) school **insignia**

The military uniform had a bright red **insignia** on the sleeve.

idol

n. an image or representation of a god or goddess, or a person or thing that is greatly admired, loved, or revered

synonym : icon, hero, legend

(1) **idol** worship, (2) **idol** singer

He was an **idol** to his fans, who looked up to him as a role model.

crusade

n. a series of wars fought by Christians in the middle ages to recover the holy land from the Muslims; a series of actions advancing a principle or tending toward a particular end

synonym : holy war, religious war, expedition

(1) a **crusade** against smoking, (2) environmental **crusade**

During the **Crusade** period, many European Christians went on a pilgrimage to the Holy Land.

invade

v. to enter aggressively into another's territory by military force for conquest and occupation

synonym : intrude, raid, overrun

(1) **invade** other tissues, (2) **invade** his privacy

I have no intention to **invade** your privacy.

subdue

v. to conquer; to bring under control

synonym : conquer, overpower, vanquish

(1) **subdue** a confusion, (2) **subdue** his anger
The police used tear gas to **subdue** the violent crowd.

frightening

adj. causing fear or alarm, or very surprising and alarming
synonym: scary, terrifying, alarming

(1) cast **frightening** eyes, (2) **frightening** experience
The news of the pandemic was a **frightening** reminder of the fragility of human health.

knuckle

n. one of the joint-like parts of the fingers and toes, especially of the hand

synonym: joint, finger joint, finger knob

(1) **knuckle** sandwich, (2) bare- **knuckle** boxer
He cracked his **knuckles** nervously before the presentation.

generalize

v. to make something, such as a theory, idea, etc., more widespread or widely applicable based on what is true in some cases

synonym: conclude, derive, extrapolate

(1) **generalize** Kepler's first law, (2) **generalize** sophisticatedly

It's dangerous to **generalize** about people.

uprising

n. a public rebellion, especially against an established government or authority

synonym: revolt, rebellion, insurgency

(1) stage an **uprising**, (2) violent **uprising**

The anti-government **uprising** was successful in overthrowing the regime.

wring

v. to twist, squeeze, or compress something, especially to extract liquid or force out excess; to cause emotional or mental distress; to extract information by force or pressure

synonym: squeeze, twist, compress

(1) **wring** out a towel, (2) **wring** a secret

I had to **wring** out my wet clothes before putting them in the dryer.

patriotic

adj. having or showing love for one's country and a desire for its success and welfare

synonym : loyal, chauvinistic, jingoistic

(1) **patriotic** duty, (2) **patriotic** fervor

He was wearing a **patriotic** T-shirt with the American flag on it.

passee

adj. no longer fashionable or current; outdated; considered to be old-fashioned or out of date

synonym : outdated, old-fashioned, antique

(1) **passee** entertainment, (2) **passee** trend

Bell-bottom jeans, once considered **passee** fashion, have made a surprising comeback in recent years.

annoy

v. to make someone angry, anxious, or irritating slightly

synonym : aggravate, irritate, unsettle

(1) **annoy** at the time, (2) **annoy** everyone else

Her constant chatter was starting to **annoy** the neighbors.

enlighten

v. to give someone greater knowledge or understanding about a particular subject or situation, often in a spiritual or moral sense

synonym : inform, educate, illuminate

(1) **enlighten** legions of people, (2) **enlighten** other countries

The teacher sought to **enlighten** her students by introducing them to new ideas and perspectives.

Session 2: Spelling

1. environmental cr____e *n.* a series of wars fought by Christians in the middle ages to recover the holy land from the Muslims; a series of actions advancing a principle or tending toward a particular end
2. pa_____ic duty *adj.* having or showing love for one's country and a desire for its success and welfare
3. school in_____ia *n.* a badge, emblem, or symbol that represents a particular organization, office, or rank; a distinguishing mark or badge that indicates membership or affiliation with a particular group or organization
4. wr__g out a towel *v.* to twist, squeeze, or compress something, especially to extract liquid or force out excess; to cause emotional or mental distress; to extract information by force or pressure
5. ing_____te by doing favors *v.* to try to gain favor, approval, or acceptance by doing or saying things that please others; to make oneself more attractive or agreeable to someone
6. dep_____on of liberty *n.* a state of not having something, such as food or money, that you need for a pleasant life
7. bare-kn_____e boxer *n.* one of the joint-like parts of the fingers and toes, especially of the hand

ANSWERS: 1. crusade, 2. patriotic, 3. insignia, 4. wring, 5. ingratiate, 6. deprivation, 7. knuckle

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|-------------------------------------|---|
| 8. em_____y for patients | <i>n.</i> the ability to share another person's feelings or experiences by imagining that person's situation |
| 9. violent up_____ng | <i>n.</i> a public rebellion, especially against an established government or authority |
| 10. un_____h a hound | <i>v.</i> to suddenly release a strong force, emotion, etc. that cannot be controlled |
| 11. en_____en other countries | <i>v.</i> to give someone greater knowledge or understanding about a particular subject or situation, often in a spiritual or moral sense |
| 12. armed in_____on | <i>n.</i> a sudden or brief invasion or attack; the act of entering into something in a way that is not authorized or welcomed |
| 13. the members of a military tr__p | <i>n.</i> a group of soldiers, especially a large one; a group of people, animals, or things considered as a unit. |
| 14. en_____en legions of people | <i>v.</i> to give someone greater knowledge or understanding about a particular subject or situation, often in a spiritual or moral sense |
| 15. in___e other tissues | <i>v.</i> to enter aggressively into another's territory by military force for conquest and occupation |
| 16. i__l worship | <i>n.</i> an image or representation of a god or goddess, or a person or thing that is greatly admired, loved, or revered |
| 17. pa_____ic fervor | <i>adj.</i> having or showing love for one's country and a desire for its success and welfare |

ANSWERS: 8. empathy, 9. uprising, 10. unleash, 11. enlighten, 12. incursion, 13. troop, 14. enlighten, 15. invade, 16. idol, 17. patriotic

18. popular sa_____on *n.* official permission or approval for an action, especially an economic or political action by a government or international organization; a penalty or punishment imposed for breaking the law, rule, or agreement; (verb) to impose a penalty or punishment for breaking the law, rule, or agreement
19. an__y at the time *v.* to make someone angry, anxious, or irritating slightly
20. fri_____ng experience *adj.* causing fear or alarm, or very surprising and alarming
21. massive bl_____ed *n.* the act of shedding blood, often used to describe violence or war; injury or death caused by violence or conflict
22. wr__g a secret *v.* to twist, squeeze, or compress something, especially to extract liquid or force out excess; to cause emotional or mental distress; to extract information by force or pressure
23. a tr__p of deer *n.* a group of soldiers, especially a large one; a group of people, animals, or things considered as a unit.
24. teaching of Ch____t *n.* the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis for Christianity
25. French soc_____st *n.* a person who studies the institutions and development of human society
26. bloody bl_____ed *n.* the act of shedding blood, often used to describe violence or war; injury or death caused by violence or conflict

ANSWERS: 18. sanction, 19. annoy, 20. frightening, 21. bloodshed, 22. wring, 23. troop, 24. Christ, 25. sociologist, 26. bloodshed

27. naval in____ia *n.* a badge, emblem, or symbol that represents a particular organization, office, or rank; a distinguishing mark or badge that indicates membership or affiliation with a particular group or organization
28. smart the_____at *n.* a device that automatically regulates temperature by controlling the heating or cooling system based on the temperature in a room or building
29. i__l singer *n.* an image or representation of a god or goddess, or a person or thing that is greatly admired, loved, or revered
30. ing_____te with the boss *v.* to try to gain favor, approval, or acceptance by doing or saying things that please others; to make oneself more attractive or agreeable to someone
31. in___e his privacy *v.* to enter aggressively into another's territory by military force for conquest and occupation
32. religious soc_____st *n.* a person who studies the institutions and development of human society
33. in_____nt attack *adj.* rising against established authority or government; characterized by rebellion, dissent, or insurgency
34. a cr_____e against smoking *n.* a series of wars fought by Christians in the middle ages to recover the holy land from the Muslims; a series of actions advancing a principle or tending toward a particular end

ANSWERS: 27. insignia, 28. thermostat, 29. idol, 30. ingratiate, 31. invade, 32. sociologist, 33. insurgent, 34. crusade

35. su___e his anger *v.* to conquer; to bring under control
36. buck and d_e *n.* a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
37. gen_____ze sophisticatedly *v.* to make something, such as a theory, idea, etc., more widespread or widely applicable based on what is true in some cases
38. un_____h her anger *v.* to suddenly release a strong force, emotion, etc. that cannot be controlled
39. chronic sleep dep_____on *n.* a state of not having something, such as food or money, that you need for a pleasant life
40. su___e a confusion *v.* to conquer; to bring under control
41. before Ch___t *n.* the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis for Christianity
42. pa__e trend *adj.* no longer fashionable or current; outdated; considered to be old-fashioned or out of date
43. d_e rabbit *n.* a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
44. sudden in_____on *n.* a sudden or brief invasion or attack; the act of entering into something in a way that is not authorized or welcomed
45. Imperial sa_____on *n.* official permission or approval for an action, especially an economic or political action by a government or international organization; a penalty or punishment imposed for breaking the law, rule, or agreement; (verb) to impose a penalty or punishment for breaking the law, rule, or agreement

ANSWERS: 35. subdue, 36. doe, 37. generalize, 38. unleash, 39. deprivation, 40.

subdue, 41. Christ, 42. passe, 43. doe, 44. incursion, 45. sanction

46. full of em____y *n.* the ability to share another person's feelings or experiences by imagining that person's situation
47. the _____at settings *n.* a device that automatically regulates temperature by controlling the heating or cooling system based on the temperature in a room or building
48. gen_____ze Kepler's first law *v.* to make something, such as a theory, idea, etc., more widespread or widely applicable based on what is true in some cases
49. kn_____e sandwich *n.* one of the joint-like parts of the fingers and toes, especially of the hand
50. cast fri_____ng eyes *adj.* causing fear or alarm, or very surprising and alarming
51. an__y everyone else *v.* to make someone angry, anxious, or irritating slightly
52. sh_____ad of supplies *n.* a large quantity or amount of goods, cargo, or materials that can be transported on a ship; a load or shipment that is sufficient to fill a ship
53. in_____nt group *adj.* rising against established authority or government; characterized by rebellion, dissent, or insurgency
54. sh_____ad tonnage *n.* a large quantity or amount of goods, cargo, or materials that can be transported on a ship; a load or shipment that is sufficient to fill a ship
55. stage an up_____ng *n.* a public rebellion, especially against an established government or authority

ANSWERS: 46. empathy, 47. thermostat, 48. generalize, 49. knuckle, 50. frightening, 51. annoy, 52. shipload, 53. insurgent, 54. shipload, 55. uprising

56. pa__e entertainment

adj. no longer fashionable or current;
outdated; considered to be
old-fashioned or out of date

ANSWERS: 56. passe

Session 3: Fill in the Blanks

1. The digital _____ has a programmable feature, and it can be controlled through your smartphone.
 - n.* a device that automatically regulates temperature by controlling the heating or cooling system based on the temperature in a room or building

2. The government forces fought brutally against the _____ rebels in the remote region.
 - adj.* rising against established authority or government; characterized by rebellion, dissent, or insurgency

3. He was an _____ to his fans, who looked up to him as a role model.
 - n.* an image or representation of a god or goddess, or a person or thing that is greatly admired, loved, or revered

4. I have no intention to _____ your privacy.
 - v.* to enter aggressively into another's territory by military force for conquest and occupation

5. The negotiations failed, leading to threats of _____ between the two countries.
 - n.* the act of shedding blood, often used to describe violence or war; injury or death caused by violence or conflict

6. The teacher sought to _____ her students by introducing them to new ideas and perspectives.
 - v.* to give someone greater knowledge or understanding about a particular subject or situation, often in a spiritual or moral sense

ANSWERS: 1. thermostat, 2. insurgent, 3. idol, 4. invade, 5. bloodshed, 6. enlighten

7. It's dangerous to _____ about people.
- v.* to make something, such as a theory, idea, etc., more widespread or widely applicable based on what is true in some cases
8. _____ is the day to celebrate the birth of Christ.
- n.* the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis for Christianity
9. The anti-government _____ was successful in overthrowing the regime.
- n.* a public rebellion, especially against an established government or authority
10. The government imposed economic _____ on the country.
- n.* official permission or approval for an action, especially an economic or political action by a government or international organization; a penalty or punishment imposed for breaking the law, rule, or agreement; (verb) to impose a penalty or punishment for breaking the law, rule, or agreement
11. The general was still reluctant to _____ his troops in pursuit of an enemy.
- v.* to suddenly release a strong force, emotion, etc. that cannot be controlled
12. The news of the pandemic was a _____ reminder of the fragility of human health.
- adj.* causing fear or alarm, or very surprising and alarming
13. _____ is also necessary to understand history.
- n.* the ability to share another person's feelings or experiences by imagining that person's situation
14. Her constant chatter was starting to _____ the neighbors.
- v.* to make someone angry, anxious, or irritating slightly

ANSWERS: 7. generalize, 8. Christmas, 9. uprising, 10. sanctions, 11. unleash, 12. frightening, 13. Empathy, 14. annoy

15. She tried to _____ herself with the boss by praising his work.
- v.* to try to gain favor, approval, or acceptance by doing or saying things that please others; to make oneself more attractive or agreeable to someone
16. The enemy made an _____ into the country.
- n.* a sudden or brief invasion or attack; the act of entering into something in a way that is not authorized or welcomed
17. During the _____ period, many European Christians went on a pilgrimage to the Holy Land.
- n.* a series of wars fought by Christians in the middle ages to recover the holy land from the Muslims; a series of actions advancing a principle or tending toward a particular end
18. Losing him is great _____ to our team.
- n.* a state of not having something, such as food or money, that you need for a pleasant life
19. The _____ of soldiers marched through the city in a parade.
- n.* a group of soldiers, especially a large one; a group of people, animals, or things considered as a unit.
20. Hunters use a whistle that makes the ____ sound to lure stags.
- n.* a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
21. _____ studies the changes in family structure due to modernization.
- n.* a person who studies the institutions and development of human society
22. The port received a _____ quantity of goods that took days to unload.
- n.* a large quantity or amount of goods, cargo, or materials that can be transported on a ship; a load or shipment that is sufficient to fill a ship

ANSWERS: 15. ingratiate, 16. incursion, 17. Crusade, 18. deprivation, 19. troop, 20. doe, 21. Sociologist, 22. shipload

23. The military uniform had a bright red _____ on the sleeve.
- n.* a badge, emblem, or symbol that represents a particular organization, office, or rank; a distinguishing mark or badge that indicates membership or affiliation with a particular group or organization
24. He cracked his _____ nervously before the presentation.
- n.* one of the joint-like parts of the fingers and toes, especially of the hand
25. The police used tear gas to _____ the violent crowd.
- v.* to conquer; to bring under control
26. Bell-bottom jeans, once considered _____ fashion, have made a surprising comeback in recent years.
- adj.* no longer fashionable or current; outdated; considered to be old-fashioned or out of date
27. He was wearing a _____ T-shirt with the American flag on it.
- adj.* having or showing love for one's country and a desire for its success and welfare
28. I had to _____ out my wet clothes before putting them in the dryer.
- v.* to twist, squeeze, or compress something, especially to extract liquid or force out excess; to cause emotional or mental distress; to extract information by force or pressure

ANSWERS: 23. insignia, 24. knuckles, 25. subdue, 26. passe, 27. patriotic, 28. wring