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Vocabulary Builder Reference from...

Ivan Oransky: Are we over-medicalized? | TED Talk
https://www.ted.com/talks/ivan_oransky_are_we_over_medicalized

All Words

IMPORTANT

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Session 1: Word List

suppose

v. to think that something is likely to be actual or possible

synonym: guess, assume, presume

(1) **suppose** you're right, (2) **suppose** beforehand

What do you **suppose** the culprit's motive was?

tremendous

adj. very great in degree or extent or amount or impact; extremely good

synonym: enormous, giant, immense

(1) **tremendous** amount, (2) **tremendous** popularity

We had a **tremendous** time yesterday.

scout

n. a person or group sent out to obtain information, gather intelligence, or make observations, typically in a military context; a person or group sent out to explore or prospect for new opportunities, resources, or locations

synonym: scoutmaster, explorer, surveyor

(1) boy **scout**, (2) **scout** troop

The company sent a **scout** to explore new business opportunities in the overseas market.

par

n. a state of being equal to someone or something

synonym: equality, standard, balance

(1) above **par** performance, (2) not up to **par**

Shares in the company finally fell below their **par** value.

predict

v. to state beforehand that something will happen in the future, mainly based on knowledge or experience

synonym: forecast, anticipate, foresee

(1) **predict** the future, (2) **predict** when she will arrive

It's notoriously challenging to **predict** birth rates.

contract

n. a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law

synonym: agreement, deal, arrangement

(1) employment **contract**, (2) **contract** law

The company signed a **contract** with the supplier for the delivery of goods.

struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym: toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job

He could not **struggle** against temptation.

mighty

adj. very large, powerful, or strong

synonym: potent, powerful, robust

(1) **mighty** works, (2) struck a **mighty** blow

Only the **mighty** God has the power to brighten this dark land.

assure

v. to give confidence or reassurance to someone; to convince or guarantee someone that something will happen or that something is true

synonym: ensure, guarantee, promise

(1) **assure** safety, (2) **assure** quality

I want to **assure** you that you have my full support.

AI

n. (abbreviation for artificial intelligence) the theory and development of computer systems capable of doing

activities that would ordinarily need human intelligence, such as object recognition, speech recognition, decision-making, and language translation

synonym: robot, machine learning, neural network

(1) **AI** expert, (2) apply **AI** technology to art

The evolution of processors has dramatically improved the performance of **AI**.

healthcare

n. the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession

(1) **healthcare** agency, (2) rising **healthcare** cost

In an aging population, citizens must pay more to maintain quality **healthcare**.

medical

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

synonym: health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment

The **medical** team worked quickly to save the patient's life.

patient

n. a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

synonym: client, recipient, subject

(1) **patient** in the hospital, (2) **patient** with weight loss

The doctor carefully examined the **patient's** medical history.

diagnose

v. to determine or distinguish the nature of a problem or an illness through a careful analysis

synonym: identify, analyze, interpret

(1) **diagnose** the problem, (2) **diagnose** with CT scans

This device is used to **diagnose** brain cancer and other tumors.

precondition

n. a necessary condition or requirement that must be met for something else to happen or be possible

synonym: requisite, prerequisite, stipulation

(1) **precondition** agreement, (2) essential **precondition**

A peaceful environment is a **precondition** for meaningful negotiations.

hypertension

n. a medical condition characterized by abnormally high blood pressure in the arteries, often leading to an increased risk of heart disease, stroke, and other health problems

synonym: high blood pressure

(1) **hypertension** rate, (2) arterial **hypertension**

To lower **hypertension**, it is important to maintain a healthy diet and exercise regularly.

dementia

n. a severe decline in cognitive function, especially memory, as a result of disease or injury

synonym: cognitive decline, memory loss, Alzheimer's disease

(1) **dementia** patients, (2) probably have **dementia**

The study found that regular exercise can help to prevent the onset of **dementia** in older age.

anxiety

n. a feeling of worry, nervousness, or unease about something that is happening or might happen in the future

synonym: concern, dread, agita

(1) diagnosis of **anxiety** disorder, (2) **anxiety** for knowledge

She waited for her daughter with **anxiety**.

refer

v. to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support

synonym: cite, allude, mention

(1) **refer** to a book, (2) **refer** to a map

Please **refer** to the instruction manual for further assistance.

subclinical

adj. relating to a disease or condition that is present but does not cause observable symptoms or signs; below the threshold of clinical detection

synonym : hidden, latent, asymptomatic

(1) **subclinical** vitamin deficiency, (2) **subclinical** depression

The patient's **subclinical** infection went undetected because it showed no noticeable symptoms.

atherosclerosis

n. a disease in which plaque builds up in the arterial walls, leading to a narrowing and hardening of the arteries, potentially causing reduced blood flow and an increased risk of heart disease and stroke

synonym : hardening of the arteries, arterial plaque

(1) coronary **atherosclerosis**, (2) vascular **atherosclerosis**

Regular exercise and a healthy diet can help prevent the progression of **atherosclerosis**.

harden

v. to make something firm, solid, or resistant; to toughen or strengthen physically or emotionally; to become more rigid or less flexible

synonym : strengthen, solidify, fortify

(1) **harden** your heart, (2) **harden** clay

She had to **harden** her stance on the issue to gain support from her colleagues.

artery

n. one of the thick tubes in humans and most other animals that takes blood away from the heart to one or more parts of the body such as tissues, lungs, brain, etc.

synonym : blood vessel, channel, roadway

(1) **artery** blockage, (2) risk of coronary **artery** disease

Continuous consumption of fatty foods leads to the hardening of the **artery**.

obvious

adj. easy to see, discover or understand

synonym : apparent, conspicuous, evident

(1) **obvious** reasons, (2) his conclusion was **obvious**

There are **obvious** differences between the two wine-producing regions.

potentially

adv. in a possible state or condition; possibly

synonym : likely, possibly, probably

(1) **potentially** affected, (2) **potentially** lucrative

The organization assisted in the de-escalation of **potentially** violent situations.

acne

n. a skin condition that causes pimples, blackheads, and other blemishes on the face, chest, and back

synonym : pimple, zit, spot

(1) **acne** breakout, (2) painful **acne**

Stress can contribute to **acne** development on the skin.

pustule

n. a small, raised, inflamed, and often pus-filled blister or pimple on the skin, typically caused by an infection or inflammation

synonym : pimple, blister, boil

(1) **pustule** on the skin, (2) painful **pustule**

The athletes' skin was covered in red **pustules** after intense physical training.

inflammation

n. a physical condition in which a part of the body becomes red, painful, hot, and often swollen, especially as a reaction to infection or injury

synonym : rash, hives, irritation

(1) reduce **inflammation** and pain, (2) **inflammation** of the lungs

The medicine soothes the pain of chronic **inflammation**.

preposterous

adj. absurd, ridiculous, or contrary to reason or common sense

synonym : ridiculous, absurd, nonsensical

(1) **preposterous** claim, (2) **preposterous** price

The idea that aliens built the pyramids is **preposterous**.

delay

v. to cause something to happen at a later time than originally intended or expected

synonym: block, adjourn, detain

(1) **delay** a flight three hours, (2) **delay** the new project
We **delayed** the payment because of an incorrect invoice.

cancer

n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

synonym: tumor, carcinoma, malignancy

(1) **cancer** diagnosis, (2) **cancer** research

Breast **cancer** is the most common type of cancer in women.

lesion

n. a damaged or abnormal area of tissue in the body, usually caused by injury or disease

synonym: injury, wound, damage

(1) muscle **lesion**, (2) brain **lesion**

The doctor examined the **lesion** on the patient's skin to determine if it was cancerous.

osteoporosis

n. a medical condition characterized by a loss of bone density or mass, resulting in fragile and porous bones that are at increased risk for fractures

(1) **osteoporosis** treatment, (2) **osteoporosis** prevention

As we age, we become more at risk for **osteoporosis**, a condition that weakens the bones in our bodies.

disease

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym: illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

osteopenia

n. a condition characterized by lower than normal bone mineral density but not as severe as osteoporosis, often

considered a precursor to osteoporosis and an increased risk of fractures

synonym: low bone mass, weak bone density

(1) **osteopenia** diagnosis, (2) **osteopenia** prevention

Monitoring **osteopenia** progression over time is crucial, as it might advance to osteoporosis if not managed.

awful

adj. causing fear, dread, or terror; very bad or unpleasant

synonym: terrible, appalling, horrible

(1) an **awful** error, (2) do **awful** damage

I regretted making an **awful** mistake in my final exam.

multiply

v. to add a number to itself a specified number of times; to increase or cause to increase very much in number or quantity

synonym: boost, amplify, reproduce

(1) **multiply** 5 and 6, (2) **multiply** about hundredfold

Multiply a number by itself twice.

trillion

n. the number 1,000,000,000,000; a million million

(1) **trillion** cubic feet, (2) many **trillions** of dollars

One light year is nearly 6 **trillion** miles.

doll

n. a child's toy that typically represents a human figure, especially a young girl; an attractive woman; a woman who is subservient or passive

synonym: puppet, dolly, toy

(1) plastic **doll**, (2) rag **doll**

The antique **doll** was worth thousands of dollars.

conservative

adj. holding traditional views and values and opposed to change or innovation

synonym: traditional, reactionary, cautious

(1) a **conservative** society, (2) **conservative** about production

He always makes a **conservative** estimation when predicting

future sales.

estimate

v. to guess or calculate the cost, size, value, etc. of something

synonym: calculate, gauge, evaluate

(1) **estimate** a fair value, (2) **estimate** this chicken to weigh three pounds

We **estimated** the season's total trade deficit at \$50 billion.

treatment

n. the way in which someone deals with or behaves towards someone or something; medical care provided to a patient for an injury or illness.

synonym: remedy, antidote, medicine

(1) first-aid **treatment**, (2) **treatment** by diet

The primary purpose of the **treatment** is pain relief.

complication

n. something that makes a situation or condition that is complex or confused

synonym: confusion, complexity, difficulty

(1) **complication** of structure, (2) resolve without **complication**

He also continued to struggle with serious long-term **complications**.

medic

n. a person trained to provide medical care, especially in an emergency

synonym: paramedic, medical professional

(1) **medic** unit, (2) military **medic**

The army **medic** arrived on the scene to provide medical assistance.

aspect

n. one part or feature of a situation, problem, subject, etc.

synonym: characteristic, element, factor

(1) nontechnical **aspects** of the job, (2) **aspects** of social, political, and economic life

His professional experience includes all **aspects** of media

production.

strike

v. to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon

synonym: hit, impact, influence

(1) **strike** up a conversation, (2) **strike** a blow

We **strike** to achieve more wages and safer working conditions.

puberty

n. the process of a person's physical changes through which their sexual organs develop and become capable of reproduction

synonym: adolescence, young adulthood

(1) at the height of **puberty** ., (2) the onset of **puberty**

In this culture, men are initiated when they reach **puberty**.

pregnant

adj. having a baby or young animal developing in the uterus

synonym: expectant

(1) needs of **pregnant** women, (2) a silence **pregnant** with suspense

She vacated the position when she got **pregnant**.

technological

adj. based on scientific and industrial progress

synonym: specialized, technical

(1) **technological** advancement, (2) **technological** policy

Technological advances have disrupted many industries.

menopause

n. the natural cessation of menstruation and fertility in women, typically occurring between the ages of 45 and 55

synonym: climacteric, midlife transition

(1) **menopause** symptoms, (2) before **menopause**

The onset of **menopause** can bring about various physical and emotional changes in women.

hormone

n. a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an

animal and is carried around the body in the blood

(1) **hormone** secretion, (2) female **hormone**

The doctor diagnosed me with a **hormone** disorder.

replacement

n. the act of replacing something with something else, especially that is newer or better; a person or thing that takes or can take the place of another

synonym: alternate, substitute, backup

(1) regular **replacement** of tires, (2) **replacement** cost

We demand his **replacement**.

therapy

n. the act of caring for someone through medication, remedial training, etc.

synonym: antidote, medicine, treatment

(1) **therapy** for a patient, (2) field of gene **therapy**

I underwent aversion **therapy** for my addiction to alcohol.

symptom

n. any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

synonym: sign, manifestation, syndrome

(1) **symptoms** of low testosterone, (2) neurotic **symptoms**

The patient displays a **symptom** of a side effect.

universal

adj. existing or affecting everywhere or everyone

synonym: common, broad, worldwide

(1) **universal** life, (2) principles of **universal** design

The picture earned near- **universal** acclaim from critics.

fatal

adj. causing or resulting in death; lethal

synonym: deadly, lethal, mortal

(1) **fatal** accident, (2) make a **fatal** mistake

The car crash was **fatal**, and the driver died on impact.

journalist

n. a person who collects and writes news stories or articles for newspapers, magazines, radio, television, or other

online media

synonym : reporter, newsperson, press

(1) a China-based **journalist**, (2) **journalist** on a magazine
Foreign TV crews and **journalists** can go as they please in various locations during the Olympics.

survive

v. to live or exist despite a dangerous event or period

synonym : endure, persist, stay

(1) **survive** a blizzard, (2) **survive** a plane crash

These birds can only **survive** in temperate climates.

apologize

v. to express regret for committing wrongdoing or causing a problem

synonym : excuse, justify, atone

(1) **apologize** for being late, (2) **apologize** ahead of time

I **apologize** for neglecting your email.

advocacy

n. the act of supporting or promoting a particular cause or point of view, often through public campaigning or lobbying

synonym : support, promotion, defense

(1) **advocacy** group, (2) consumer **advocacy** group

The group engages in **advocacy** through lobbying and campaigning for policy changes.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym : evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

promote

v. to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher

position or rank

synonym : boost, raise, advertise

(1) **promote** a better relationship, (2) **promote** bad behavior

The government should do more to **promote** sustainable agribusiness.

eventually

adv. finally, particularly after a long time or a lot of struggle, complications, and so on

synonym : finally, someday, ultimately

(1) **eventually** become obsolete, (2) **eventually** succeed

The corporation **eventually** dominated the entire tobacco business.

relation

n. the way two persons or groups of people feel and act toward one another

synonym : association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no alteration.

fee

n. a sum of money charged for a particular service

synonym : charge, cost, expense

(1) **fee** calculation, (2) service **fee**

The lawyer's **fee** for the case was \$10,000.

incentivize

v. to make someone want to do in a particular way by offering them a reward

synonym : encourage, motivate

(1) **incentivize** carpooling, (2) **incentivize** the right behavior

Governments **incentivize** their citizens to buy eco-friendly products through subsidies.

procedure

n. a way of doing something, especially the official or well-known way

synonym : action, approach, course

(1) undergo a surgical **procedure**, (2) standard **procedure**
The pilot and flight attendant ran through the check-out **procedure**.

prescribe

v. (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something

synonym: define, specify, stipulate

(1) **prescribe** a drug, (2) **prescribe** in the preceding paragraph

Federal bankruptcy laws **prescribed** the reorganization process.

medication

n. a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease

synonym: cure, drug, medicine

(1) antibiotic **medication**, (2) **medication** by mouth

The pharmacist not only prescribes the **medication** but also guides its proper use.

sue

v. to claim a person or organization, especially by filing a legal claim for money or redress

synonym: accuse, plead, file

(1) **sue** a company for damages, (2) **sue** my boss for harassment

He planned to **sue** the organization for negligence.

pharmaceutical

adj. relating to the production and selling of the medical drugs

synonym: drug, medication, prescription

(1) major **pharmaceutical** companies, (2) commercial **pharmaceutical** products

She gave money to help set up a **pharmaceutical** laboratory.

constantly

adv. all the time

synonym: continuously, always, frequently

(1) a **constantly** innovative enterprise, (2) a **constantly** varying mind

The mobile application industry is **constantly** changing.

expand

v. to increase or to make something greater in size, number, or importance

synonym: extend, grow, boost

(1) **expand** a lineup, (2) **expand** agricultural output

They hope to **expand** their business worldwide.

indication

n. a sign or remark that something exists, is real, or is likely to occur

synonym: clue, hint, inkling

(1) **indication** of inflation, (2) environmental **indication**

Faces are a good **indication** of age.

eligible

adj. having the required qualities or satisfying the necessary criteria

synonym: qualified, suitable, acceptable

(1) **eligible** candidates, (2) **eligible** for a refund

All those **eligible** will receive a substantial amount of money.

visible

adj. capable of being seen; or open to easy view

synonym: clear, observable, seeable

(1) **visible** stars, (2) **visible** by X-ray

My home is easily **visible** from the shore.

etcetera

n. used to indicate that some other unspecified items or things could be included besides those already mentioned; and so on

synonym: and so on, and the like, and others

(1) tools, hardware, **etcetera**, (2) meetings, appointments, and **etcetera**

The museum contains a variety of artifacts, from ancient pottery to medieval armor, **etcetera**.

typical

adj. having the usual characteristics or traits of a specific group of things

synonym: characteristic, usual, distinctive

(1) **typical** leader, (2) fairly **typical** symptoms

This artwork is **typical** of her work.

blame

v. to think or say that someone or something did something wrong or is responsible for something bad

synonym: condemn, rebuke, find fault with

(1) **blame** circumstances for the failure, (2) **blame** the lack of knowledge

We **blamed** our impeded progress on lack of money.

responsible

adj. answerable or accountable for something within one's power, control, or management

synonym: accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer service

She's a **responsible** pet owner who ensures her dog gets enough exercise and a healthy diet.

yank

v. to pull something or someone forcefully with a sudden movement

synonym: draw, jerk, tug

(1) **yank** out a tooth, (2) **yank** at a rope

He tried to **yank** the memories from his brain.

offend

v. to cause someone to feel upset, angry, or annoyed

synonym: insult, hurt, anger

(1) **offend** his sensibilities, (2) **offend** a customer

His rude comments **offended** many people at the party.

skeptical

adj. doubting that something is accurate or useful

synonym: doubtful, distrustful, suspicious

(1) a **skeptical** attitude, (2) **skeptical** scientists

His religious and philosophical beliefs were utterly **skeptical**.

incentive

n. something, such as a punishment, reward, etc., that encourages a person to do something

synonym : encouragement, inducement, enticement

(1) financial **incentives**, (2) an **incentive** to work hard

They have no **incentive** to win the game.

economical

adj. providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessary

synonym : frugal, thrifty, parsimonious

(1) **economical** use of her time, (2) an **economical** meal

It is more **economical** to wash your plastic bottle and reuse it.

robotic

adj. of or relating to mechanical robots; (robotics) the interdisciplinary branch of computer science and engineering with the practical use of robots

synonym : automated, mechanical, laborsaving

(1) **robotic** arm, (2) **robotic** guide operation

The surgeon removed the tumor using **robotic** video assistance.

surgery

n. medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures

synonym : operation, (medical) procedure

(1) cardiac **surgery**, (2) the professor of **surgery**

He had undergone heart **surgery** years before.

perverse

adj. showing a deliberate and stubborn desire to go against what is expected or desired; contrary; willfully disobedient or immoral

synonym : stubborn, contrary, wicked

(1) **perverse** idea, (2) **perverse** attitude

His **perverse** sense of humor made many people uncomfortable.

convince

v. to persuade someone or make someone believe that something is true

synonym : persuade, win over, convert

(1) **convince** her to go with us, (2) **convince** an opponent
I am considering what I should do to **convince** him.

writ

n. a written legal order or command

synonym : legal document, order, legal process

(1) a **writ** of summons, (2) issue a **writ**

He was served with a **writ** of eviction, giving him the notice to vacate the property.

commission

n. a formal instruction, command, or request given to a person or group; an official group of people entrusted by a government or other official body to control or enforce something

synonym : task, duty, authority

(1) **commission** appointed by the government, (2) the **commission** of murder

She gets a **commission** on each contract.

necessarily

adv. in an essential manner; in such a way as could not be otherwise

synonym : inevitable, certainly, automatically

(1) not **necessarily** a problem, (2) **necessarily** true

This accident was something that happened **necessarily**.

intern

v. to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

synonym : apprentice, trainee, student

(1) **intern** civilians, (2) medical **intern**

The navy **interned** ships of defeated nations.

privilege

n. a special right or advantage that only one person or group of people has, usually because they are rich and

powerful in a society

synonym : benefit, authorization, advantage

(1) a breach of **privilege**, (2) **privilege** of membership

In the Middle Ages, the right to hunt in the wild was the **privilege** of royalty and nobility.

honest-to-goodness

adj. genuine; true in a real, authentic sense; not false or phony

synonym : genuine, true, bona fide

(1) **honest-to-goodness** truth, (2) an **honest-to-goodness** mistake

I want an **honest-to-goodness** relationship with someone who truly cares.

obesity

n. the condition of being significantly overweight, typically defined as having a body mass index (BMI) of 30 or greater.

synonym : overweight, corpulence, fattiness

(1) **obesity-related** diseases, (2) suffer from **obesity**

The prevalence of **obesity** has increased significantly in recent years.

diabetes

n. a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood

(1) juvenile **diabetes**, (2) **diabetes** patient

My father was tested for **diabetes**.

statin

n. a type of drug used to lower cholesterol levels in the blood, typically by inhibiting an enzyme involved in cholesterol production

synonym : cholesterol-lowering drug

(1) take a **statin** pill, (2) **statin** therapy

The side effects of **statins** can include muscle pain and weakness.

cholesterol

n. a type of fat that is found in the blood and cells of the body and that is important for many bodily functions but can also contribute to heart disease and stroke when levels are too high

synonym : fat, lipid, sterol

(1) **cholesterol** levels, (2) low **cholesterol**

High levels of **cholesterol** can increase the risk of heart disease.

hire

v. to give somebody a job

synonym : employ, engage, lease

(1) **hire** a guide, (2) **hire** a car by the hour

We should always be prepared to **hire** talented recruits.

swinging

adj. characterized by a lively, energetic, or rhythmic movement; enjoyable and exciting, often referring to music, social events, or a carefree lifestyle

synonym : lively, vibrant, tripping

(1) **swinging** pendulum, (2) **swinging** motion

The party had a **swinging** atmosphere with live music and dancing.

fence

n. a structure, usually made of wood or metal, that encloses an area, typically for protection or to keep animals or people in or out; a dealer in stolen property

synonym : barrier, wall, hedge

(1) **fence** post, (2) a brushwood **fence**

She planted a hedge to serve as a natural **fence** around her garden.

pitch

n. the property of sound that varies with variation in the frequency of vibration; the degree of a slope, especially of a roof; short presentation for selling or sharing something

synonym : angle, gradient, slope

(1) make a **pitch** for a new product, (2) a low- **pitched** sound

Her voice gradually increased in **pitch**.

slug

n. a common name for any terrestrial gastropod mollusk that appears to lack a shell with soft and black or brown color; a bullet, a shot of alcoholic drink

(1) lazy **slug**, (2) reduce **slug** damage

I spotted a giant **slug** in the rain garden.

Session 2: Spelling

- | | |
|--------------------------|--|
| 1. financial in _____ves | <i>n.</i> something, such as a punishment, reward, etc., that encourages a person to do something |
| 2. boy sc__t | <i>n.</i> a person or group sent out to obtain information, gather intelligence, or make observations, typically in a military context; a person or group sent out to explore or prospect for new opportunities, resources, or locations |
| 3. reduce s__g damage | <i>n.</i> a common name for any terrestrial gastropod mollusk that appears to lack a shell with soft and black or brown color; a bullet, a shot of alcoholic drink |
| 4. issue a w__t | <i>n.</i> a written legal order or command |
| 5. di_____e control | <i>n.</i> a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems |
| 6. brain le___n | <i>n.</i> a damaged or abnormal area of tissue in the body, usually caused by injury or disease |
| 7. make a fa__l mistake | <i>adj.</i> causing or resulting in death; lethal |
| 8. hea_____re agency | <i>n.</i> the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession |

ANSWERS: 1. incentive, 2. scout, 3. slug, 4. writ, 5. disease, 6. lesion, 7. fatal, 8. healthcare

9. jou_____st on a magazine *n.* a person who collects and writes news stories or articles for newspapers, magazines, radio, television, or other online media
10. female ho_____e *n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood
11. AI expert *n.* (abbreviation for artificial intelligence) the theory and development of computer systems capable of doing activities that would ordinarily need human intelligence, such as object recognition, speech recognition, decision-making, and language translation
12. hon_____ess truth *adj.* genuine; true in a real, authentic sense; not false or phony
13. a low-pi__hed sound *n.* the property of sound that varies with variation in the frequency of vibration; the degree of a slope, especially of a roof; short presentation for selling or sharing something
14. co_____ct law *n.* a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law
15. essential pre_____ion *n.* a necessary condition or requirement that must be met for something else to happen or be possible

ANSWERS: 9. journalist, 10. hormone, 11. AI, 12. honest-to-goodness, 13. pitch, 14. contract, 15. precondition

16. not up to p_r *n.* a state of being equal to someone or something
17. sw_____ng motion *adj.* characterized by a lively, energetic, or rhythmic movement; enjoyable and exciting, often referring to music, social events, or a carefree lifestyle
18. su_____e beforehand *v.* to think that something is likely to be actual or possible
19. meetings, appointments, and et_____ra *n.* used to indicate that some other unspecified items or things could be included besides those already mentioned; and so on
20. pre_____ous claim *adj.* absurd, ridiculous, or contrary to reason or common sense
21. st_____le to get the job *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
22. the professor of su_____y *n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
23. nec_____ly true *adv.* in an essential manner; in such a way as could not be otherwise
24. el_____le for a refund *adj.* having the required qualities or satisfying the necessary criteria

ANSWERS: 16. par, 17. swinging, 18. suppose, 19. etcetera, 20. preposterous, 21. struggle, 22. surgery, 23. necessarily, 24. eligible

25. fa__l accident *adj.* causing or resulting in death; lethal
26. as___e quality *v.* to give confidence or reassurance to someone; to convince or guarantee someone that something will happen or that something is true
27. an eco_____al meal *adj.* providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessary
28. con_____ive about production *adj.* holding traditional views and values and opposed to change or innovation
29. ca___r research *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
30. h__e a car by the hour *v.* to give somebody a job
31. eve_____ly become obsolete *adv.* finally, particularly after a long time or a lot of struggle, complications, and so on
32. principles of un_____al design *adj.* existing or affecting everywhere or everyone
33. ap_____ze ahead of time *v.* to express regret for committing wrongdoing or causing a problem
34. an aw__l error *adj.* causing fear, dread, or terror; very bad or unpleasant
35. his conclusion was ob_____s *adj.* easy to see, discover or understand
36. re__r to a book *v.* to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support

ANSWERS: 25. fatal, 26. assure, 27. economical, 28. conservative, 29. cancer, 30. hire, 31. eventually, 32. universal, 33. apologize, 34. awful, 35. obvious, 36. refer

37. th____y for a patient *n.* the act of caring for someone through medication, remedial training, etc.
38. inc_____ze carpooling *v.* to make someone want to do in a particular way by offering them a reward
39. coronary ath_____sis *n.* a disease in which plaque builds up in the arterial walls, leading to a narrowing and hardening of the arteries, potentially causing reduced blood flow and an increased risk of heart disease and stroke
40. tr_____nt by diet *n.* the way in which someone deals with or behaves towards someone or something; medical care provided to a patient for an injury or illness.
41. probably have de_____ia *n.* a severe decline in cognitive function, especially memory, as a result of disease or injury
42. ap_____ze for being late *v.* to express regret for committing wrongdoing or causing a problem
43. s_e a company for damages *v.* to claim a person or organization, especially by filing a legal claim for money or redress
44. pu_____e on the skin *n.* a small, raised, inflamed, and often pus-filled blister or pimple on the skin, typically caused by an infection or inflammation
45. take a st___n pill *n.* a type of drug used to lower cholesterol levels in the blood, typically by inhibiting an enzyme involved in cholesterol production

ANSWERS: 37. therapy, 38. incentivize, 39. atherosclerosis, 40. treatment, 41. dementia, 42. apologize, 43. sue, 44. pustule, 45. statin

46. res_____le action *adj.* answerable or accountable for something within one's power, control, or management
47. de_____p a skill *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
48. nontechnical as____ts of the job *n.* one part or feature of a situation, problem, subject, etc.
49. sub_____al depression *adj.* relating to a disease or condition that is present but does not cause observable symptoms or signs; below the threshold of clinical detection
50. me__c unit *n.* a person trained to provide medical care, especially in an emergency
51. vi_____e stars *adj.* capable of being seen; or open to easy view
52. pe_____se idea *adj.* showing a deliberate and stubborn desire to go against what is expected or desired; contrary; willfully disobedient or immoral
53. fairly ty_____l symptoms *adj.* having the usual characteristics or traits of a specific group of things
54. h__e a guide *v.* to give somebody a job
55. sy_____ms of low testosterone *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

ANSWERS: 46. responsible, 47. develop, 48. aspect, 49. subclinical, 50. medic, 51. visible, 52. perverse, 53. typical, 54. hire, 55. symptom

56. sk_____al scientists *adj.* doubting that something is accurate or useful
57. di_____se with CT scans *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
58. lazy s__g *n.* a common name for any terrestrial gastropod mollusk that appears to lack a shell with soft and black or brown color; a bullet, a shot of alcoholic drink
59. pr_____be in the preceding paragraph *v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
60. antibiotic med_____on *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
61. pa_____t with weight loss *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
62. vascular ath_____sis *n.* a disease in which plaque builds up in the arterial walls, leading to a narrowing and hardening of the arteries, potentially causing reduced blood flow and an increased risk of heart disease and stroke
63. painful pu_____e *n.* a small, raised, inflamed, and often pus-filled blister or pimple on the skin, typically caused by an infection or inflammation

ANSWERS: 56. skeptical, 57. diagnose, 58. slug, 59. prescribe, 60. medication, 61. patient, 62. atherosclerosis, 63. pustule

64. tr_____on cubic feet *n.* the number 1,000,000,000,000; a million million
65. ho_____e secretion *n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood
66. needs of pr_____nt women *adj.* having a baby or young animal developing in the uterus
67. a sk_____al attitude *adj.* doubting that something is accurate or useful
68. muscle le_____n *n.* a damaged or abnormal area of tissue in the body, usually caused by injury or disease
69. apply AI technology to art *n.* (abbreviation for artificial intelligence) the theory and development of computer systems capable of doing activities that would ordinarily need human intelligence, such as object recognition, speech recognition, decision-making, and language translation
70. s_e my boss for harassment *v.* to claim a person or organization, especially by filing a legal claim for money or redress
71. de_____ia patients *n.* a severe decline in cognitive function, especially memory, as a result of disease or injury
72. el_____le candidates *adj.* having the required qualities or satisfying the necessary criteria

ANSWERS: 64. trillion, 65. hormone, 66. pregnant, 67. skeptical, 68. lesion, 69. AI, 70. sue, 71. dementia, 72. eligible

73. ind_____on of inflation *n.* a sign or remark that something exists, is real, or is likely to occur
74. the onset of pu_____y *n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction
75. ob_____y-related diseases *n.* the condition of being significantly overweight, typically defined as having a body mass index (BMI) of 30 or greater.
76. re_____on between cause and effect *n.* the way two persons or groups of people feel and act toward one another
77. tre_____us popularity *adj.* very great in degree or extent or amount or impact; extremely good
78. mu_____ly 5 and 6 *v.* to add a number to itself a specified number of times; to increase or cause to increase very much in number or quantity
79. st_____n therapy *n.* a type of drug used to lower cholesterol levels in the blood, typically by inhibiting an enzyme involved in cholesterol production
80. di_____e prevention *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
81. mi_____y works *adj.* very large, powerful, or strong
82. vi_____e by X-ray *adj.* capable of being seen; or open to easy view

ANSWERS: 73. indication, 74. puberty, 75. obesity, 76. relation, 77. tremendous, 78. multiply, 79. statin, 80. disease, 81. mighty, 82. visible

83. of___d his sensibilities *v.* to cause someone to feel upset, angry, or annoyed
84. rag d___l *n.* a child's toy that typically represents a human figure, especially a young girl; an attractive woman; a woman who is subservient or passive
85. a silence pr_____nt with suspense *adj.* having a baby or young animal developing in the uterus
86. commercial pha_____cal products *adj.* relating to the production and selling of the medical drugs
87. me_____se symptoms *n.* the natural cessation of menstruation and fertility in women, typically occurring between the ages of 45 and 55
88. st___e a blow *v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
89. many tr_____ons of dollars *n.* the number 1,000,000,000,000; a million million
90. field of gene th_____y *n.* the act of caring for someone through medication, remedial training, etc.
91. di_____se the problem *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
92. rep_____nt cost *n.* the act of replacing something with something else, especially that is newer or better; a person or thing that takes or can take the place of another
93. juvenile di_____es *n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood

ANSWERS: 83. offend, 84. doll, 85. pregnant, 86. pharmaceutical, 87. menopause, 88. strike, 89. trillion, 90. therapy, 91. diagnose, 92. replacement, 93. diabetes

94. de__y the new project *v.* to cause something to happen at a later time than originally intended or expected
95. a con_____ive society *adj.* holding traditional views and values and opposed to change or innovation
96. major pha_____cal companies *adj.* relating to the production and selling of the medical drugs
97. co_____ce her to go with us *v.* to persuade someone or make someone believe that something is true
98. cardiac su_____y *n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
99. ost_____ia prevention *n.* a condition characterized by lower than normal bone mineral density but not as severe as osteoporosis, often considered a precursor to osteoporosis and an increased risk of fractures
100. pr_____be a drug *v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
101. tre_____us amount *adj.* very great in degree or extent or amount or impact; extremely good
102. an hon_____ess mistake *adj.* genuine; true in a real, authentic sense; not false or phony

ANSWERS: 94. delay, 95. conservative, 96. pharmaceutical, 97. convince, 98. surgery, 99. osteopenia, 100. prescribe, 101. tremendous, 102. honest-to-goodness

103. pa____t in the hospital *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
104. employment co____ct *n.* a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law
105. military me__c *n.* a person trained to provide medical care, especially in an emergency
106. a brushwood fe__e *n.* a structure, usually made of wood or metal, that encloses an area, typically for protection or to keep animals or people in or out; a dealer in stolen property
107. re____on of inclusion *n.* the way two persons or groups of people feel and act toward one another
108. pe____se attitude *adj.* showing a deliberate and stubborn desire to go against what is expected or desired; contrary; willfully disobedient or immoral
109. pr____e a better relationship *v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
110. do aw__l damage *adj.* causing fear, dread, or terror; very bad or unpleasant
111. pot____ly affected *adv.* in a possible state or condition; possibly

ANSWERS: 103. patient, 104. contract, 105. medic, 106. fence, 107. relation, 108. perverse, 109. promote, 110. awful, 111. potentially

112. an in_____ve to work hard *n.* something, such as a punishment, reward, etc., that encourages a person to do something
113. undergo a surgical pr_____re *n.* a way of doing something, especially the official or well-known way
114. su_____e a plane crash *v.* to live or exist despite a dangerous event or period
115. ha____n clay *v.* to make something firm, solid, or resistant; to toughen or strengthen physically or emotionally; to become more rigid or less flexible
116. eve_____ly succeed *adv.* finally, particularly after a long time or a lot of struggle, complications, and so on
117. risk of coronary ar____y disease *n.* one of the thick tubes in humans and most other animals that takes blood away from the heart to one or more parts of the body such as tissues, lungs, brain, etc.
118. st____e up a conversation *v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
119. su_____e you're right *v.* to think that something is likely to be actual or possible
120. above p_r performance *n.* a state of being equal to someone or something
121. hyp_____ion rate *n.* a medical condition characterized by abnormally high blood pressure in the arteries, often leading to an increased risk of heart disease, stroke, and other health problems

ANSWERS: 112. incentive, 113. procedure, 114. survive, 115. harden, 116. eventually, 117. artery, 118. strike, 119. suppose, 120. par, 121. hypertension

122. cho_____ol levels *n.* a type of fat that is found in the blood and cells of the body and that is important for many bodily functions but can also contribute to heart disease and stroke when levels are too high
123. mu_____ly about hundredfold *v.* to add a number to itself a specified number of times; to increase or cause to increase very much in number or quantity
124. pr_____t when she will arrive *v.* to state beforehand that something will happen in the future, mainly based on knowledge or experience
125. bl__e the lack of knowledge *v.* to think or say that someone or something did something wrong or is responsible for something bad
126. temporary me_____l treatment *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
127. es_____te a fair value *v.* to guess or calculate the cost, size, value, etc. of something
128. a China-based jou_____st *n.* a person who collects and writes news stories or articles for newspapers, magazines, radio, television, or other online media
129. ro_____c guide operation *adj.* of or relating to mechanical robots; (robotics) the interdisciplinary branch of computer science and engineering with the practical use of robots
130. re__r to a map *v.* to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support

ANSWERS: 122. cholesterol, 123. multiply, 124. predict, 125. blame, 126. medical, 127. estimate, 128. journalist, 129. robotic, 130. refer

131. a w__t of summons *n.* a written legal order or command
132. de____p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
133. make a pi__h for a new product *n.* the property of sound that varies with variation in the frequency of vibration; the degree of a slope, especially of a roof; short presentation for selling or sharing something
134. a__e breakout *n.* a skin condition that causes pimples, blackheads, and other blemishes on the face, chest, and back
135. es____te this chicken to weigh three pounds *v.* to guess or calculate the cost, size, value, etc. of something
136. painful a__e *n.* a skin condition that causes pimples, blackheads, and other blemishes on the face, chest, and back
137. res____le for a customer service *adj.* answerable or accountable for something within one's power, control, or management
138. com____on appointed by the government *n.* a formal instruction, command, or request given to a person or group; an official group of people entrusted by a government or other official body to control or enforce something
139. ost____sis treatment *n.* a medical condition characterized by a loss of bone density or mass, resulting in fragile and porous bones that are at increased risk for fractures

ANSWERS: 131. writ, 132. develop, 133. pitch, 134. acne, 135. estimate, 136. acne, 137. responsible, 138. commission, 139. osteoporosis

140. pr_____e bad behavior *v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
141. first-aid tr_____nt *n.* the way in which someone deals with or behaves towards someone or something; medical care provided to a patient for an injury or illness.
142. f_e calculation *n.* a sum of money charged for a particular service
143. consumer ad_____cy group *n.* the act of supporting or promoting a particular cause or point of view, often through public campaigning or lobbying
144. un_____al life *adj.* existing or affecting everywhere or everyone
145. pre_____ion agreement *n.* a necessary condition or requirement that must be met for something else to happen or be possible
146. standard pr_____re *n.* a way of doing something, especially the official or well-known way
147. a me_____l opinion *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
148. a con_____ly innovative enterprise *adv.* all the time
149. sw_____ng pendulum *adj.* characterized by a lively, energetic, or rhythmic movement; enjoyable and exciting, often referring to music, social events, or a carefree lifestyle
150. ar____y blockage *n.* one of the thick tubes in humans and most other animals that takes blood away from the heart to one or more parts of the body such as tissues, lungs, brain, etc.

ANSWERS: 140. promote, 141. treatment, 142. fee, 143. advocacy, 144. universal, 145. precondition, 146. procedure, 147. medical, 148. constantly, 149. swinging, 150. artery

151. before me _____se *n.* the natural cessation of menstruation and fertility in women, typically occurring between the ages of 45 and 55
152. tools, hardware, et _____ra *n.* used to indicate that some other unspecified items or things could be included besides those already mentioned; and so on
153. ob _____s reasons *adj.* easy to see, discover or understand
154. ex _____d a lineup *v.* to increase or to make something greater in size, number, or importance
155. ty _____l leader *adj.* having the usual characteristics or traits of a specific group of things
156. med _____on by mouth *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
157. of _____d a customer *v.* to cause someone to feel upset, angry, or annoyed
158. com _____ion of structure *n.* something that makes a situation or condition that is complex or confused
159. fe __ _e post *n.* a structure, usually made of wood or metal, that encloses an area, typically for protection or to keep animals or people in or out; a dealer in stolen property
160. environmental ind _____on *n.* a sign or remark that something exists, is real, or is likely to occur
161. eco _____al use of her time *adj.* providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessary

ANSWERS: 151. menopause, 152. etcetera, 153. obvious, 154. expand, 155. typical, 156. medication, 157. offend, 158. complication, 159. fence, 160. indication, 161. economical

162. ca___r diagnosis *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
163. pr_____ge of membership *n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
164. not nec_____ly a problem *adv.* in an essential manner; in such a way as could not be otherwise
165. plastic d__l *n.* a child's toy that typically represents a human figure, especially a young girl; an attractive woman; a woman who is subservient or passive
166. ex___d agricultural output *v.* to increase or to make something greater in size, number, or importance
167. in___n civilians *v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
168. inc_____ze the right behavior *v.* to make someone want to do in a particular way by offering them a reward
169. y__k out a tooth *v.* to pull something or someone forcefully with a sudden movement
170. an_____y for knowledge *n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future

ANSWERS: 162. cancer, 163. privilege, 164. necessarily, 165. doll, 166. expand, 167. intern, 168. incentivize, 169. yank, 170. anxiety

171. diagnosis of an_____y disorder *n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
172. sc__t troop *n.* a person or group sent out to obtain information, gather intelligence, or make observations, typically in a military context; a person or group sent out to explore or prospect for new opportunities, resources, or locations
173. ha___n your heart *v.* to make something firm, solid, or resistant; to toughen or strengthen physically or emotionally; to become more rigid or less flexible
174. pre_____ous price *adj.* absurd, ridiculous, or contrary to reason or common sense
175. de__y a flight three hours *v.* to cause something to happen at a later time than originally intended or expected
176. su_____e a blizzard *v.* to live or exist despite a dangerous event or period
177. pr_____t the future *v.* to state beforehand that something will happen in the future, mainly based on knowledge or experience
178. tec_____cal policy *adj.* based on scientific and industrial progress
179. y__k at a rope *v.* to pull something or someone forcefully with a sudden movement
180. suffer from ob_____y *n.* the condition of being significantly overweight, typically defined as having a body mass index (BMI) of 30 or greater.

ANSWERS: 171. anxiety, 172. scout, 173. harden, 174. preposterous, 175. delay, 176. survive, 177. predict, 178. technological, 179. yank, 180. obesity

181. tec_____cal advancement *adj.* based on scientific and industrial progress
182. resolve without com_____ion *n.* something that makes a situation or condition that is complex or confused
183. medical in___n *v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
184. ost_____ia diagnosis *n.* a condition characterized by lower than normal bone mineral density but not as severe as osteoporosis, often considered a precursor to osteoporosis and an increased risk of fractures
185. inf_____ion of the lungs *n.* a physical condition in which a part of the body becomes red, painful, hot, and often swollen, especially as a reaction to infection or injury
186. ro_____c arm *adj.* of or relating to mechanical robots; (robotics) the interdisciplinary branch of computer science and engineering with the practical use of robots
187. as___ts of social, political, and economic life *n.* one part or feature of a situation, problem, subject, etc.
188. sub_____al vitamin deficiency *adj.* relating to a disease or condition that is present but does not cause observable symptoms or signs; below the threshold of clinical detection

ANSWERS: 181. technological, 182. complication, 183. intern, 184. osteopenia, 185. inflammation, 186. robotic, 187. aspect, 188. subclinical

189. a con_____ly varying mind *adv.* all the time
190. ost_____sis prevention *n.* a medical condition characterized by a loss of bone density or mass, resulting in fragile and porous bones that are at increased risk for fractures
191. pot_____ly lucrative *adv.* in a possible state or condition; possibly
192. arterial hyp_____ion *n.* a medical condition characterized by abnormally high blood pressure in the arteries, often leading to an increased risk of heart disease, stroke, and other health problems
193. a breach of pr_____ge *n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
194. di_____es patient *n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
195. regular rep_____nt of tires *n.* the act of replacing something with something else, especially that is newer or better; a person or thing that takes or can take the place of another
196. ad_____cy group *n.* the act of supporting or promoting a particular cause or point of view, often through public campaigning or lobbying
197. st_____le against discrimination *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

ANSWERS: 189. constantly, 190. osteoporosis, 191. potentially, 192. hypertension, 193. privilege, 194. diabetes, 195. replacement, 196. advocacy, 197. struggle

198. neurotic sy____ms *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
199. service f_e *n.* a sum of money charged for a particular service
200. struck a mi____y blow *adj.* very large, powerful, or strong
201. co____ce an opponent *v.* to persuade someone or make someone believe that something is true
202. reduce inf____ion and pain *n.* a physical condition in which a part of the body becomes red, painful, hot, and often swollen, especially as a reaction to infection or injury
203. at the height of pu____y. *n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction
204. the com____on of murder *n.* a formal instruction, command, or request given to a person or group; an official group of people entrusted by a government or other official body to control or enforce something
205. bl__e circumstances for the failure *v.* to think or say that someone or something did something wrong or is responsible for something bad
206. low cho____ol *n.* a type of fat that is found in the blood and cells of the body and that is important for many bodily functions but can also contribute to heart disease and stroke when levels are too high

ANSWERS: 198. symptom, 199. fee, 200. mighty, 201. convince, 202. inflammation, 203. puberty, 204. commission, 205. blame, 206. cholesterol

207. rising hea_____re cost

n. the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession

208. as___e safety

v. to give confidence or reassurance to someone; to convince or guarantee someone that something will happen or that something is true

ANSWERS: 207. healthcare, 208. assure

Session 3: Fill in the Blanks

1. He planned to ____ the organization for negligence.
v. to claim a person or organization, especially by filing a legal claim for money or redress
2. They hope to _____ their business worldwide.
v. to increase or to make something greater in size, number, or importance
3. Shares in the company finally fell below their ____ value.
n. a state of being equal to someone or something
4. I underwent aversion _____ for my addiction to alcohol.
n. the act of caring for someone through medication, remedial training, etc.
5. Regular exercise and a healthy diet can help prevent the progression of _____.
n. a disease in which plaque builds up in the arterial walls, leading to a narrowing and hardening of the arteries, potentially causing reduced blood flow and an increased risk of heart disease and stroke
6. The side effects of _____ can include muscle pain and weakness.
n. a type of drug used to lower cholesterol levels in the blood, typically by inhibiting an enzyme involved in cholesterol production
7. The mobile application industry is _____ changing.
adv. all the time
8. What do you _____ the culprit's motive was?
v. to think that something is likely to be actual or possible

ANSWERS: 1. sue, 2. expand, 3. par, 4. therapy, 5. atherosclerosis, 6. statins, 7. constantly, 8. suppose

9. My father was tested for _____.

- n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood

10. The party had a _____ atmosphere with live music and dancing.

- adj.* characterized by a lively, energetic, or rhythmic movement; enjoyable and exciting, often referring to music, social events, or a carefree lifestyle

11. This device is used to _____ brain cancer and other tumors.

- v.* to determine or distinguish the nature of a problem or an illness through a careful analysis

12. My home is easily _____ from the shore.

- adj.* capable of being seen; or open to easy view

13. He tried to _____ the memories from his brain.

- v.* to pull something or someone forcefully with a sudden movement

14. The navy _____ ships of defeated nations.

- v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

15. We _____ to achieve more wages and safer working conditions.

- v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon

16. Please _____ to the instruction manual for further assistance.

- v.* to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support

ANSWERS: 9. diabetes, 10. swinging, 11. diagnose, 12. visible, 13. yank, 14. interned, 15. strike, 16. refer

17. In the Middle Ages, the right to hunt in the wild was the _____ of royalty and nobility.
- n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
18. In an aging population, citizens must pay more to maintain quality _____.
- n.* the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession
19. The doctor examined the _____ on the patient's skin to determine if it was cancerous.
- n.* a damaged or abnormal area of tissue in the body, usually caused by injury or disease
20. _____ advances have disrupted many industries.
- adj.* based on scientific and industrial progress
21. She waited for her daughter with _____.
- n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
22. Faces are a good _____ of age.
- n.* a sign or remark that something exists, is real, or is likely to occur
23. The onset of _____ can bring about various physical and emotional changes in women.
- n.* the natural cessation of menstruation and fertility in women, typically occurring between the ages of 45 and 55
24. The _____ team worked quickly to save the patient's life.
- adj.* relating to the treatment of illness or injuries; relating to the practice of medicine

ANSWERS: 17. privilege, 18. healthcare, 19. lesion, 20. Technological, 21. anxiety, 22. indication, 23. menopause, 24. medical

25. The doctor diagnosed him with a rare _____ that had no known cure.
n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
26. I _____ for neglecting your email.
v. to express regret for committing wrongdoing or causing a problem
27. The picture earned near-_____ acclaim from critics.
adj. existing or affecting everywhere or everyone
28. Stress can contribute to _____ development on the skin.
n. a skin condition that causes pimples, blackheads, and other blemishes on the face, chest, and back
29. I regretted making an _____ mistake in my final exam.
adj. causing fear, dread, or terror; very bad or unpleasant
30. He was served with a _____ of eviction, giving him the notice to vacate the property.
n. a written legal order or command
31. The study found that regular exercise can help to prevent the onset of _____ in older age.
n. a severe decline in cognitive function, especially memory, as a result of disease or injury
32. The lawyer's _____ for the case was \$10,000.
n. a sum of money charged for a particular service

ANSWERS: 25. disease, 26. apologize, 27. universal, 28. acne, 29. awful, 30. writ, 31. dementia, 32. fee

33. High levels of _____ can increase the risk of heart disease.
- n.* a type of fat that is found in the blood and cells of the body and that is important for many bodily functions but can also contribute to heart disease and stroke when levels are too high
34. The company sent a _____ to explore new business opportunities in the overseas market.
- n.* a person or group sent out to obtain information, gather intelligence, or make observations, typically in a military context; a person or group sent out to explore or prospect for new opportunities, resources, or locations
35. We must _____ a new system to streamline our workflow and increase efficiency.
- v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
36. One light year is nearly 6 _____ miles.
- n.* the number 1,000,000,000,000; a million million
37. His professional experience includes all _____ of media production.
- n.* one part or feature of a situation, problem, subject, etc.
38. A peaceful environment is a _____ for meaningful negotiations.
- n.* a necessary condition or requirement that must be met for something else to happen or be possible
39. He could not _____ against temptation.
- v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

ANSWERS: 33. cholesterol, 34. scout, 35. develop, 36. trillion, 37. aspects, 38. precondition, 39. struggle

40. These birds can only _____ in temperate climates.

v. to live or exist despite a dangerous event or period

41. _____ a number by itself twice.

v. to add a number to itself a specified number of times; to increase or cause to increase very much in number or quantity

42. In this culture, men are initiated when they reach _____.

n. the process of a person's physical changes through which their sexual organs develop and become capable of reproduction

43. The company signed a _____ with the supplier for the delivery of goods.

n. a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law

44. The government should do more to _____ sustainable agribusiness.

v. to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank

45. The evolution of processors has dramatically improved the performance of ____.

n. (abbreviation for artificial intelligence) the theory and development of computer systems capable of doing activities that would ordinarily need human intelligence, such as object recognition, speech recognition, decision-making, and language translation

46. We should always be prepared to _____ talented recruits.

v. to give somebody a job

47. He also continued to struggle with serious long-term _____.

n. something that makes a situation or condition that is complex or confused

ANSWERS: 40. survive, 41. Multiply, 42. puberty, 43. contract, 44. promote, 45. AI, 46. hire, 47. complications

48. His religious and philosophical beliefs were utterly _____.

adj. doubting that something is accurate or useful

49. This artwork is _____ of her work.

adj. having the usual characteristics or traits of a specific group of things

50. The doctor carefully examined the _____ medical history.

n. a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

51. Foreign TV crews and _____ can go as they please in various locations during the Olympics.

n. a person who collects and writes news stories or articles for newspapers, magazines, radio, television, or other online media

52. We _____ our impeded progress on lack of money.

v. to think or say that someone or something did something wrong or is responsible for something bad

53. It is more _____ to wash your plastic bottle and reuse it.

adj. providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessary

54. The museum contains a variety of artifacts, from ancient pottery to medieval armor, _____.

n. used to indicate that some other unspecified items or things could be included besides those already mentioned; and so on

55. The corporation _____ dominated the entire tobacco business.

adv. finally, particularly after a long time or a lot of struggle, complications, and so on

ANSWERS: 48. skeptical, 49. typical, 50. patient's, 51. journalists, 52. blamed, 53. economical, 54. etcetera, 55. eventually

56. It's notoriously challenging to _____ birth rates.

- v.* to state beforehand that something will happen in the future, mainly based on knowledge or experience

57. The medicine soothes the pain of chronic _____.

- n.* a physical condition in which a part of the body becomes red, painful, hot, and often swollen, especially as a reaction to infection or injury

58. Governments _____ their citizens to buy eco-friendly products through subsidies.

- v.* to make someone want to do in a particular way by offering them a reward

59. Continuous consumption of fatty foods leads to the hardening of the _____.

- n.* one of the thick tubes in humans and most other animals that takes blood away from the heart to one or more parts of the body such as tissues, lungs, brain, etc.

60. The doctor diagnosed me with a _____ disorder.

- n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood

61. She vacated the position when she got _____.

- adj.* having a baby or young animal developing in the uterus

62. I want to _____ you that you have my full support.

- v.* to give confidence or reassurance to someone; to convince or guarantee someone that something will happen or that something is true

63. We _____ the payment because of an incorrect invoice.

- v.* to cause something to happen at a later time than originally intended or expected

ANSWERS: 56. predict, 57. inflammation, 58. incentivize, 59. artery, 60. hormone, 61. pregnant, 62. assure, 63. delayed

64. His _____ sense of humor made many people uncomfortable.

adj. showing a deliberate and stubborn desire to go against what is expected or desired; contrary; willfully disobedient or immoral

65. The car crash was _____ and the driver died on impact.

adj. causing or resulting in death; lethal

66. He always makes a _____ estimation when predicting future sales.

adj. holding traditional views and values and opposed to change or innovation

67. The group engages in _____ through lobbying and campaigning for policy changes.

n. the act of supporting or promoting a particular cause or point of view, often through public campaigning or lobbying

68. I spotted a giant _____ in the rain garden.

n. a common name for any terrestrial gastropod mollusk that appears to lack a shell with soft and black or brown color; a bullet, a shot of alcoholic drink

69. Her voice gradually increased in _____.

n. the property of sound that varies with variation in the frequency of vibration; the degree of a slope, especially of a roof; short presentation for selling or sharing something

70. Monitoring _____ progression over time is crucial, as it might advance to osteoporosis if not managed.

n. a condition characterized by lower than normal bone mineral density but not as severe as osteoporosis, often considered a precursor to osteoporosis and an increased risk of fractures

ANSWERS: 64. perverse, 65. fatal, 66. conservative, 67. advocacy, 68. slug, 69. pitch, 70. osteopenia

71. We _____ the season's total trade deficit at \$50 billion.

v. to guess or calculate the cost, size, value, etc. of something

72. The primary purpose of the _____ is pain relief.

n. the way in which someone deals with or behaves towards someone or something; medical care provided to a patient for an injury or illness.

73. As we age, we become more at risk for _____ a condition that weakens the bones in our bodies.

n. a medical condition characterized by a loss of bone density or mass, resulting in fragile and porous bones that are at increased risk for fractures

74. Breast _____ is the most common type of cancer in women.

n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

75. She had to _____ her stance on the issue to gain support from her colleagues.

v. to make something firm, solid, or resistant; to toughen or strengthen physically or emotionally; to become more rigid or less flexible

76. The athletes' skin was covered in red _____ after intense physical training.

n. a small, raised, inflamed, and often pus-filled blister or pimple on the skin, typically caused by an infection or inflammation

77. The patient displays a _____ of a side effect.

n. any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

78. They have no _____ to win the game.

n. something, such as a punishment, reward, etc., that encourages a person to do something

ANSWERS: 71. estimated, 72. treatment, 73. osteoporosis, 74. cancer, 75. harden, 76. pustules, 77. symptom, 78. incentive

79. The army _____ arrived on the scene to provide medical assistance.

n. a person trained to provide medical care, especially in an emergency

80. His rude comments _____ many people at the party.

v. to cause someone to feel upset, angry, or annoyed

81. Federal bankruptcy laws _____ the reorganization process.

v. (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something

82. All those _____ will receive a substantial amount of money.

adj. having the required qualities or satisfying the necessary criteria

83. The patient's _____ infection went undetected because it showed no noticeable symptoms.

adj. relating to a disease or condition that is present but does not cause observable symptoms or signs; below the threshold of clinical detection

84. She gets a _____ on each contract.

n. a formal instruction, command, or request given to a person or group; an official group of people entrusted by a government or other official body to control or enforce something

85. There are _____ differences between the two wine-producing regions.

adj. easy to see, discover or understand

86. The antique _____ was worth thousands of dollars.

n. a child's toy that typically represents a human figure, especially a young girl; an attractive woman; a woman who is subservient or passive

ANSWERS: 79. medic, 80. offended, 81. prescribed, 82. eligible, 83. subclinical, 84. commission, 85. obvious, 86. doll

87. We demand his _____.

- n.* the act of replacing something with something else, especially that is newer or better; a person or thing that takes or can take the place of another

88. He had undergone heart _____ years before.

- n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures

89. To lower _____ it is important to maintain a healthy diet and exercise regularly.

- n.* a medical condition characterized by abnormally high blood pressure in the arteries, often leading to an increased risk of heart disease, stroke, and other health problems

90. She gave money to help set up a _____ laboratory.

- adj.* relating to the production and selling of the medical drugs

91. The idea that aliens built the pyramids is _____.

- adj.* absurd, ridiculous, or contrary to reason or common sense

92. The pharmacist not only prescribes the _____ but also guides its proper use.

- n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease

93. The surgeon removed the tumor using _____ video assistance.

- adj.* of or relating to mechanical robots; (robotics) the interdisciplinary branch of computer science and engineering with the practical use of robots

ANSWERS: 87. replacement, 88. surgery, 89. hypertension, 90. pharmaceutical, 91. preposterous, 92. medication, 93. robotic

94. I want an _____ relationship with someone who truly cares.
adj. genuine; true in a real, authentic sense; not false or phony
95. The prevalence of _____ has increased significantly in recent years.
n. the condition of being significantly overweight, typically defined as having a body mass index (BMI) of 30 or greater.
96. She's a _____ pet owner who ensures her dog gets enough exercise and a healthy diet.
adj. answerable or accountable for something within one's power, control, or management
97. The pilot and flight attendant ran through the check-out _____.
n. a way of doing something, especially the official or well-known way
98. We had a _____ time yesterday.
adj. very great in degree or extent or amount or impact; extremely good
99. This accident was something that happened _____.
adv. in an essential manner; in such a way as could not be otherwise
100. The industrial _____ laws were passed with little to no alteration.
n. the way two persons or groups of people feel and act toward one another
101. I am considering what I should do to _____ him.
v. to persuade someone or make someone believe that something is true
102. The organization assisted in the de-escalation of _____ violent situations.
adv. in a possible state or condition; possibly

ANSWERS: 94. honest-to-goodness, 95. obesity, 96. responsible, 97. procedure, 98. tremendous, 99. necessarily, 100. relations, 101. convince, 102. potentially

103. Only the _____ God has the power to brighten this dark land.

adj. very large, powerful, or strong

104. She planted a hedge to serve as a natural _____ around her garden.

n. a structure, usually made of wood or metal, that encloses an area, typically for protection or to keep animals or people in or out; a dealer in stolen property

ANSWERS: 103. mighty, 104. fence