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Vocabulary Builder Reference from...

Ivan Oransky: Are we over-medicalized? | TED Talk
https://www.ted.com/talks/ivan_oransky_are_we_over_medicalized

Advanced Words Only

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Session 1: Word List

scout

n. a person or group sent out to obtain information, gather intelligence, or make observations, typically in a military context; a person or group sent out to explore or prospect for new opportunities, resources, or locations

synonym: scoutmaster, explorer, surveyor

(1) boy **scout**, (2) **scout** troop

The company sent a **scout** to explore new business opportunities in the overseas market.

precondition

n. a necessary condition or requirement that must be met for something else to happen or be possible

synonym: requisite, prerequisite, stipulation

(1) **precondition** agreement, (2) essential **precondition**

A peaceful environment is a **precondition** for meaningful negotiations.

dementia

n. a severe decline in cognitive function, especially memory, as a result of disease or injury

synonym: cognitive decline, memory loss, Alzheimer's disease

(1) **dementia** patients, (2) probably have **dementia**

The study found that regular exercise can help to prevent the onset of **dementia** in older age.

subclinical

adj. relating to a disease or condition that is present but does not cause observable symptoms or signs; below the threshold of clinical detection

synonym : hidden, latent, asymptomatic

(1) **subclinical** vitamin deficiency, (2) **subclinical** depression

The patient's **subclinical** infection went undetected because it showed no noticeable symptoms.

atherosclerosis

n. a disease in which plaque builds up in the arterial walls, leading to a narrowing and hardening of the arteries, potentially causing reduced blood flow and an increased risk of heart disease and stroke

synonym : hardening of the arteries, arterial plaque

(1) coronary **atherosclerosis**, (2) vascular **atherosclerosis**

Regular exercise and a healthy diet can help prevent the progression of **atherosclerosis**.

harden

v. to make something firm, solid, or resistant; to toughen or strengthen physically or emotionally; to become more rigid or less flexible

synonym : strengthen, solidify, fortify

(1) **harden** your heart, (2) **harden** clay

She had to **harden** her stance on the issue to gain support from her colleagues.

pustule

n. a small, raised, inflamed, and often pus-filled blister or pimple on the skin, typically caused by an infection or inflammation

synonym : pimple, blister, boil

(1) **pustule** on the skin, (2) painful **pustule**

The athletes' skin was covered in red **pustules** after intense physical training.

preposterous

adj. absurd, ridiculous, or contrary to reason or common sense

synonym : ridiculous, absurd, nonsensical

(1) **preposterous** claim, (2) **preposterous** price
The idea that aliens built the pyramids is **preposterous**.

lesion

n. a damaged or abnormal area of tissue in the body, usually caused by injury or disease
synonym: injury, wound, damage

(1) muscle **lesion**, (2) brain **lesion**

The doctor examined the **lesion** on the patient's skin to determine if it was cancerous.

osteoporosis

n. a medical condition characterized by a loss of bone density or mass, resulting in fragile and porous bones that are at increased risk for fractures

(1) **osteoporosis** treatment, (2) **osteoporosis** prevention

As we age, we become more at risk for **osteoporosis**, a condition that weakens the bones in our bodies.

osteopenia

n. a condition characterized by lower than normal bone mineral density but not as severe as osteoporosis, often considered a precursor to osteoporosis and an increased risk of fractures

synonym: low bone mass, weak bone density

(1) **osteopenia** diagnosis, (2) **osteopenia** prevention

Monitoring **osteopenia** progression over time is crucial, as it might advance to osteoporosis if not managed.

complication

n. something that makes a situation or condition that is complex or confused

synonym: confusion, complexity, difficulty

(1) **complication** of structure, (2) resolve without **complication**

He also continued to struggle with serious long-term **complications**.

medic

n. a person trained to provide medical care, especially in an emergency

synonym: paramedic, medical professional

(1) **medic** unit, (2) military **medic**

The army **medic** arrived on the scene to provide medical assistance.

puberty

n. the process of a person's physical changes through which their sexual organs develop and become capable of reproduction

synonym : adolescence, young adulthood

(1) at the height of **puberty** ., (2) the onset of **puberty**

In this culture, men are initiated when they reach **puberty**.

menopause

n. the natural cessation of menstruation and fertility in women, typically occurring between the ages of 45 and 55

synonym : climacteric, midlife transition

(1) **menopause** symptoms, (2) before **menopause**

The onset of **menopause** can bring about various physical and emotional changes in women.

incentivize

v. to make someone want to do in a particular way by offering them a reward

synonym : encourage, motivate

(1) **incentivize** carpooling, (2) **incentivize** the right behavior

Governments **incentivize** their citizens to buy eco-friendly products through subsidies.

etcetera

n. used to indicate that some other unspecified items or things could be included besides those already mentioned; and so on

synonym : and so on, and the like, and others

(1) tools, hardware, **etcetera**, (2) meetings, appointments, and **etcetera**

The museum contains a variety of artifacts, from ancient pottery to medieval armor, **etcetera**.

yank

v. to pull something or someone forcefully with a sudden movement

synonym : draw, jerk, tug

(1) **yank** out a tooth, (2) **yank** at a rope

He tried to **yank** the memories from his brain.

offend

v. to cause someone to feel upset, angry, or annoyed

synonym : insult, hurt, anger

(1) **offend** his sensibilities, (2) **offend** a customer

His rude comments **offended** many people at the party.

skeptical

adj. doubting that something is accurate or useful

synonym : doubtful, distrustful, suspicious

(1) a **skeptical** attitude, (2) **skeptical** scientists

His religious and philosophical beliefs were utterly **skeptical**.

robotic

adj. of or relating to mechanical robots; (robotics) the interdisciplinary branch of computer science and engineering with the practical use of robots

synonym : automated, mechanical, laborsaving

(1) **robotic** arm, (2) **robotic** guide operation

The surgeon removed the tumor using **robotic** video assistance.

perverse

adj. showing a deliberate and stubborn desire to go against what is expected or desired; contrary; willfully disobedient or immoral

synonym : stubborn, contrary, wicked

(1) **perverse** idea, (2) **perverse** attitude

His **perverse** sense of humor made many people uncomfortable.

writ

n. a written legal order or command

synonym : legal document, order, legal process

(1) a **writ** of summons, (2) issue a **writ**

He was served with a **writ** of eviction, giving him the notice to vacate the property.

intern

- v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

synonym: apprentice, trainee, student

(1) **intern** civilians, (2) medical **intern**

The navy **interned** ships of defeated nations.

statin

- n.* a type of drug used to lower cholesterol levels in the blood, typically by inhibiting an enzyme involved in cholesterol production

synonym: cholesterol-lowering drug

(1) take a **statin** pill, (2) **statin** therapy

The side effects of **statins** can include muscle pain and weakness.

slug

- n.* a common name for any terrestrial gastropod mollusk that appears to lack a shell with soft and black or brown color; a bullet, a shot of alcoholic drink

(1) lazy **slug**, (2) reduce **slug** damage

I spotted a giant **slug** in the rain garden.

Session 2: Spelling

- | | |
|------------------------------|--|
| 1. of ___d a customer | <i>v.</i> to cause someone to feel upset, angry, or annoyed |
| 2. ost _____ia prevention | <i>n.</i> a condition characterized by lower than normal bone mineral density but not as severe as osteoporosis, often considered a precursor to osteoporosis and an increased risk of fractures |
| 3. painful pu _____e | <i>n.</i> a small, raised, inflamed, and often pus-filled blister or pimple on the skin, typically caused by an infection or inflammation |
| 4. of ___d his sensibilities | <i>v.</i> to cause someone to feel upset, angry, or annoyed |
| 5. y__k at a rope | <i>v.</i> to pull something or someone forcefully with a sudden movement |
| 6. sk _____al scientists | <i>adj.</i> doubting that something is accurate or useful |
| 7. military me__c | <i>n.</i> a person trained to provide medical care, especially in an emergency |
| 8. muscle le__n | <i>n.</i> a damaged or abnormal area of tissue in the body, usually caused by injury or disease |
| 9. ro _____c guide operation | <i>adj.</i> of or relating to mechanical robots; (robotics) the interdisciplinary branch of computer science and engineering with the practical use of robots |

ANSWERS: 1. offend, 2. osteopenia, 3. pustule, 4. offend, 5. yank, 6. skeptical, 7. medic, 8. lesion, 9. robotic

10. take a st___n pill *n.* a type of drug used to lower cholesterol levels in the blood, typically by inhibiting an enzyme involved in cholesterol production
11. me_____se symptoms *n.* the natural cessation of menstruation and fertility in women, typically occurring between the ages of 45 and 55
12. coronary ath_____sis *n.* a disease in which plaque builds up in the arterial walls, leading to a narrowing and hardening of the arteries, potentially causing reduced blood flow and an increased risk of heart disease and stroke
13. tools, hardware, et___ra *n.* used to indicate that some other unspecified items or things could be included besides those already mentioned; and so on
14. pre_____ous price *adj.* absurd, ridiculous, or contrary to reason or common sense
15. meetings, appointments, and et___ra *n.* used to indicate that some other unspecified items or things could be included besides those already mentioned; and so on
16. vascular ath_____sis *n.* a disease in which plaque builds up in the arterial walls, leading to a narrowing and hardening of the arteries, potentially causing reduced blood flow and an increased risk of heart disease and stroke

ANSWERS: 10. statin, 11. menopause, 12. atherosclerosis, 13. etcetera, 14. preposterous, 15. etcetera, 16. atherosclerosis

17. the onset of pu____y *n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction
18. a w__t of summons *n.* a written legal order or command
19. a sk_____al attitude *adj.* doubting that something is accurate or useful
20. at the height of pu____y. *n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction
21. probably have de_____ia *n.* a severe decline in cognitive function, especially memory, as a result of disease or injury
22. resolve without com_____ion *n.* something that makes a situation or condition that is complex or confused
23. reduce s__g damage *n.* a common name for any terrestrial gastropod mollusk that appears to lack a shell with soft and black or brown color; a bullet, a shot of alcoholic drink
24. sub_____al depression *adj.* relating to a disease or condition that is present but does not cause observable symptoms or signs; below the threshold of clinical detection
25. ost_____sis prevention *n.* a medical condition characterized by a loss of bone density or mass, resulting in fragile and porous bones that are at increased risk for fractures
26. de_____ia patients *n.* a severe decline in cognitive function, especially memory, as a result of disease or injury

ANSWERS: 17. puberty, 18. writ, 19. skeptical, 20. puberty, 21. dementia, 22. complication, 23. slug, 24. subclinical, 25. osteoporosis, 26. dementia

27. ha___n your heart
v. to make something firm, solid, or resistant; to toughen or strengthen physically or emotionally; to become more rigid or less flexible
28. inc_____ze carpooling
v. to make someone want to do in a particular way by offering them a reward
29. pre_____ous claim
adj. absurd, ridiculous, or contrary to reason or common sense
30. ost_____ia diagnosis
n. a condition characterized by lower than normal bone mineral density but not as severe as osteoporosis, often considered a precursor to osteoporosis and an increased risk of fractures
31. inc_____ze the right behavior
v. to make someone want to do in a particular way by offering them a reward
32. pu_____e on the skin
n. a small, raised, inflamed, and often pus-filled blister or pimple on the skin, typically caused by an infection or inflammation
33. com_____ion of structure
n. something that makes a situation or condition that is complex or confused
34. issue a w__t
n. a written legal order or command
35. ro_____c arm
adj. of or relating to mechanical robots; (robotics) the interdisciplinary branch of computer science and engineering with the practical use of robots
36. ha___n clay
v. to make something firm, solid, or resistant; to toughen or strengthen physically or emotionally; to become more rigid or less flexible

ANSWERS: 27. harden, 28. incentivize, 29. preposterous, 30. osteopenia, 31. incentivize, 32. pustule, 33. complication, 34. writ, 35. robotic, 36. harden

37. essential pre_____ion *n.* a necessary condition or requirement that must be met for something else to happen or be possible
38. y__k out a tooth *v.* to pull something or someone forcefully with a sudden movement
39. sub_____al vitamin deficiency *adj.* relating to a disease or condition that is present but does not cause observable symptoms or signs; below the threshold of clinical detection
40. lazy s__g *n.* a common name for any terrestrial gastropod mollusk that appears to lack a shell with soft and black or brown color; a bullet, a shot of alcoholic drink
41. me__c unit *n.* a person trained to provide medical care, especially in an emergency
42. sc__t troop *n.* a person or group sent out to obtain information, gather intelligence, or make observations, typically in a military context; a person or group sent out to explore or prospect for new opportunities, resources, or locations
43. pre_____ion agreement *n.* a necessary condition or requirement that must be met for something else to happen or be possible
44. brain le___n *n.* a damaged or abnormal area of tissue in the body, usually caused by injury or disease
45. ost_____sis treatment *n.* a medical condition characterized by a loss of bone density or mass, resulting in fragile and porous bones that are at increased risk for fractures

ANSWERS: 37. precondition, 38. yank, 39. subclinical, 40. slug, 41. medic, 42. scout, 43. precondition, 44. lesion, 45. osteoporosis

46. in___n civilians
- v. to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
47. pe_____se attitude
- adj.* showing a deliberate and stubborn desire to go against what is expected or desired; contrary; willfully disobedient or immoral
48. st___n therapy
- n.* a type of drug used to lower cholesterol levels in the blood, typically by inhibiting an enzyme involved in cholesterol production
49. medical in___n
- v. to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
50. boy sc__t
- n.* a person or group sent out to obtain information, gather intelligence, or make observations, typically in a military context; a person or group sent out to explore or prospect for new opportunities, resources, or locations
51. before me_____se
- n.* the natural cessation of menstruation and fertility in women, typically occurring between the ages of 45 and 55

ANSWERS: 46. intern, 47. perverse, 48. statin, 49. intern, 50. scout, 51. menopause

52. pe____se idea

adj. showing a deliberate and stubborn desire to go against what is expected or desired; contrary; willfully disobedient or immoral

ANSWERS: 52. perverse

Session 3: Fill in the Blanks

1. I spotted a giant _____ in the rain garden.
n. a common name for any terrestrial gastropod mollusk that appears to lack a shell with soft and black or brown color; a bullet, a shot of alcoholic drink
2. The side effects of _____ can include muscle pain and weakness.
n. a type of drug used to lower cholesterol levels in the blood, typically by inhibiting an enzyme involved in cholesterol production
3. Monitoring _____ progression over time is crucial, as it might advance to osteoporosis if not managed.
n. a condition characterized by lower than normal bone mineral density but not as severe as osteoporosis, often considered a precursor to osteoporosis and an increased risk of fractures
4. He also continued to struggle with serious long-term _____.
n. something that makes a situation or condition that is complex or confused
5. His religious and philosophical beliefs were utterly _____.
adj. doubting that something is accurate or useful
6. He tried to _____ the memories from his brain.
v. to pull something or someone forcefully with a sudden movement
7. He was served with a _____ of eviction, giving him the notice to vacate the property.
n. a written legal order or command

ANSWERS: 1. slug, 2. statins, 3. osteopenia, 4. complications, 5. skeptical, 6. yank, 7. writ

8. The army _____ arrived on the scene to provide medical assistance.
n. a person trained to provide medical care, especially in an emergency
9. The patient's _____ infection went undetected because it showed no noticeable symptoms.
adj. relating to a disease or condition that is present but does not cause observable symptoms or signs; below the threshold of clinical detection
10. The surgeon removed the tumor using _____ video assistance.
adj. of or relating to mechanical robots; (robotics) the interdisciplinary branch of computer science and engineering with the practical use of robots
11. The idea that aliens built the pyramids is _____.
adj. absurd, ridiculous, or contrary to reason or common sense
12. His _____ sense of humor made many people uncomfortable.
adj. showing a deliberate and stubborn desire to go against what is expected or desired; contrary; willfully disobedient or immoral
13. The doctor examined the _____ on the patient's skin to determine if it was cancerous.
n. a damaged or abnormal area of tissue in the body, usually caused by injury or disease
14. The athletes' skin was covered in red _____ after intense physical training.
n. a small, raised, inflamed, and often pus-filled blister or pimple on the skin, typically caused by an infection or inflammation
15. Regular exercise and a healthy diet can help prevent the progression of _____.
n. a disease in which plaque builds up in the arterial walls, leading to a narrowing and hardening of the arteries, potentially causing reduced blood flow and an increased risk of heart disease and stroke

ANSWERS: 8. medic, 9. subclinical, 10. robotic, 11. preposterous, 12. perverse, 13. lesion, 14. pustules, 15. atherosclerosis

16. The onset of _____ can bring about various physical and emotional changes in women.
- n.* the natural cessation of menstruation and fertility in women, typically occurring between the ages of 45 and 55
17. As we age, we become more at risk for _____ a condition that weakens the bones in our bodies.
- n.* a medical condition characterized by a loss of bone density or mass, resulting in fragile and porous bones that are at increased risk for fractures
18. The study found that regular exercise can help to prevent the onset of _____ in older age.
- n.* a severe decline in cognitive function, especially memory, as a result of disease or injury
19. His rude comments _____ many people at the party.
- v.* to cause someone to feel upset, angry, or annoyed
20. She had to _____ her stance on the issue to gain support from her colleagues.
- v.* to make something firm, solid, or resistant; to toughen or strengthen physically or emotionally; to become more rigid or less flexible
21. The museum contains a variety of artifacts, from ancient pottery to medieval armor, _____.
- n.* used to indicate that some other unspecified items or things could be included besides those already mentioned; and so on
22. A peaceful environment is a _____ for meaningful negotiations.
- n.* a necessary condition or requirement that must be met for something else to happen or be possible

ANSWERS: 16. menopause, 17. osteoporosis, 18. dementia, 19. offended, 20. harden, 21. etcetera, 22. precondition

23. The navy _____ ships of defeated nations.

- v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

24. Governments _____ their citizens to buy eco-friendly products through subsidies.

- v.* to make someone want to do in a particular way by offering them a reward

25. In this culture, men are initiated when they reach _____.

- n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction

26. The company sent a _____ to explore new business opportunities in the overseas market.

- n.* a person or group sent out to obtain information, gather intelligence, or make observations, typically in a military context; a person or group sent out to explore or prospect for new opportunities, resources, or locations

ANSWERS: 23. interned, 24. incentivize, 25. puberty, 26. scout