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Diana Nyad: Extreme swimming with the world's most dangerous jellyfish | TED Talk

https://www.ted.com/talks/diana_nyad_extreme_swimming_with_the_world_s_most_dangerous_jellyfish

All Words

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Session 1: Word List

grapple

v. to make a strenuous effort to solve a problem; to engage in a close fight or conflict without weapons

synonym: brawl, scuffle, wrestle

(1) **grapple** with problem, (2) **grapple** with each other

He needed to **grapple** with structural reforms to improve the company's revenue.

existence

n. the state or fact of someone or something existing

synonym: fact, being, reality

(1) the biggest tree in **existence**, (2) the struggle for **existence**

He was an atheist and therefore did not believe in the **existence** of heaven or hell.

angst

n. a feeling of deep anxiety or dread, typically an unfocused one about the human condition or the state of the world in general

synonym: anxiety, worry, stress

(1) an endless stream of **angst**, (2) with no **angst**

He felt a sense of **angst** about the future and wasn't sure what would happen.

resume

v. to continue or begin anew after a pause or interruption
synonym : continue, reopen, restart

(1) **resume** an office, (2) **resume** a relationship

We **resumed** negotiations after a temporary break.

lightning

n. a flash, or several flashes, of light that accompanies an electric discharge in the atmosphere, or something resembling such a flash

synonym : bolt, electrical discharge

(1) streaks of **lightning**, (2) **lightning** air strike

The human eye is **lightning-fast** in recognizing objects.

forgiveness

n. the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion

synonym : pardon, amnesty, compassion

(1) **forgiveness** of liabilities, (2) beg for **forgiveness**

He gained debt **forgiveness**.

countless

adj. too numerous to be counted or very many

synonym : innumerable, myriad, numerous

(1) **countless** hours, (2) answer **countless** questions

There are **countless** methods for dealing with stress.

negative

adj. having the quality of something bad or harmful; expressing refusal

synonym : minus, adverse, pessimistic

(1) have a **negative** effect, (2) a **negative** number

The movie has received almost universally **negative** criticism.

abuse

n. the use of something in an incorrect or harmful manner

synonym : misuse, misconduct, vilification

(1) the problem of drug **abuse**, (2) victim of sexual **abuse**

Our company has an audit team that monitors directors for **abuse** of authority.

choke

v. to prevent or obstruct the normal breathing or swallowing of someone or something

synonym: strangle, suffocate, clog

(1) **choke** with anger, (2) **choke** off the blood supply

The baby started to **choke** on a piece of apple.

fleeting

adj. brief or temporary, lasting only a short time

synonym: temporary, brief, transitory

(1) for a **fleeting** moment, (2) **fleeting** opportunity

She savored the **fleeting** happiness she felt during the vacation.

whatsoever

adv. not at all; no matter what

synonym: in any way, at all, in any respect

(1) **whatsoever** it be, (2) without impact **whatsoever**

He refused to do anything **whatsoever** to help her.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

remedy

n. a successful way of dealing with or improving an unpleasant or difficult situation or curing an illness

synonym: treatment, medication, therapy

(1) **remedy** for air pollution, (2) an internal **remedy**

This drug will be a good **remedy** for your stomach trouble.

malaise

n. a general feeling of discomfort, illness, or unease whose exact cause is difficult to identify

synonym: unease, discomfort, dissatisfaction

(1) emotional **malaise**, (2) societal **malaise**

The country is experiencing economic **malaise**.

chase

v. to pursue something or someone to catch or capture them; to go after something vigorously or with determination; (noun) a pursuit or a hunt; a narrow groove or channel cut into a surface, often used for decorative purposes

synonym: pursue, hunt, track

(1) **chase** a dream, (2) wild goose **chase**

The police officer **chased** the suspect through the crowded streets until they finally caught him.

elevate

v. to raise something from a lower to a higher position; to give a promotion to or assign to a higher position

synonym: lift, heighten, promote

(1) **elevate** educational standards, (2) **elevate** a close relationship

Eating food in a hurry **elevates** blood glucose levels.

extreme

adj. very great in amount or degree

synonym: farthestmost, outermost, fierce

(1) **extreme** sports, (2) **extreme** weather events

Solar gravity creates **extreme** pressures and temperatures.

utter

adj. complete, total, or absolute; said, done, or experienced without any exceptions or qualifications; spoken aloud or enunciated very clearly and distinctly; (verb) to speak or articulate words, sounds, or a voice

synonym: absolute, complete, total

(1) **utter** nonsense, (2) **utter** a big sigh

The **utter** chaos of the concert crowd made it seem like a wild animal was in the room.

conviction

n. a strong belief or opinion, especially one that is based on principles or evidence; (criminal law) a final judgment of guilty in a criminal case and the punishment that is imposed

synonym: belief, certainty, faith

(1) moral **conviction**, (2) **conviction** for murder

She spoke with **conviction** about the importance of education.

unwavering

adj. not changing or becoming weaker in any way; remaining steadily fixed or resolute in purpose or commitment

synonym : steadfast, resolute, firm

(1) **unwavering** commitment, (2) **unwavering** confidence

She showed **unwavering** loyalty to her friend through thick and thin.

passion

n. intense, driving, or overpowering feeling or conviction

synonym : fervor, zeal, ardor

(1) **passion** hobby, (2) **passion** drive

Her **passion** for cooking is evident in every dish she prepares.

aspect

n. one part or feature of a situation, problem, subject, etc.

synonym : characteristic, element, factor

(1) nontechnical **aspects** of the job, (2) **aspects** of social, political, and economic life

His professional experience includes all **aspects** of media production.

lingering

adj. continuing for a long time; persistent; remaining in a place or situation for longer than is usual or necessary; unwilling to leave

synonym : prolonged, persistent, enduring

(1) **lingering** illness, (2) **lingering** doubts

The **lingering** smell of smoke clung to his clothes even after he left the campfire.

imaginary

adj. existing only in someone's mind

synonym : fictional, ideal, fantastical

(1) **imaginary** number, (2) **imaginary** pregnancy

Little children tend to have **imaginary** friends.

shark

n. a long-bodied, mostly predatory marine fish that has sharp teeth and a pointed fin on its back; a person who is ruthless, greedy, and dishonest

synonym : swindler, con artist, crook

(1) a man-eating **shark**, (2) card **shark**

He borrowed money from a loan **shark**.

cage

n. a structure made of metal bars or wire in which birds or animals can be kept

synonym : enclosure, jail, corral

(1) an insect **cage**, (2) a bird in a **cage**

The trapped bear is running amok in its **cage**.

daunting

adj. looking challenging to manage in prospect; making someone anxious and less confident about carrying out something

synonym : intimidating, stunning, disheartening

(1) face the **daunting** reality, (2) seem like a **daunting** task

My homework was **daunting** and complex, but it was also intriguing.

probable

adj. likely to happen or likely to be true

synonym : likely, possible, potential

(1) **probable** outcome, (2) **probable** cause of a fire

It seems **probable** that he has forgotten our scheduled meeting.

continuous

adj. occurring or existing without a pause or interruption

synonym : ceaseless, regular, repeated

(1) **continuous** improvement, (2) a **continuous** row of warehouses

The heavy snow has been **continuous** since last morning.

stroke

n. a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.

synonym : blow

(1) suffer **stroke**, (2) a **stroke** of the putter

This year's extreme heat has resulted in many heat **stroke** cases.

suppose

v. to think that something is likely to be actual or possible
synonym: guess, assume, presume

(1) **suppose** you're right, (2) **suppose** beforehand

What do you **suppose** the culprit's motive was?

arduous

adj. requiring strenuous effort; difficult and tiring, often involving physical or mental labor

synonym: challenging, difficult, strenuous

(1) **arduous** task, (2) an **arduous** journey

The climb up the mountain was **arduous** and took us hours to complete.

cycle

n. an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

synonym: revolution, rotation, bike

(1) the **cycle** of the seasons, (2) go to the workplace by **cycle**

The food chain causes a material **cycle**.

expedition

n. a journey or voyage for a specific purpose

synonym: journey, trip, voyage

(1) **expedition** team, (2) a polar **expedition**

The **expedition** to the Amazon jungle was both exciting and challenging.

sensory

adj. of or relating to the physical senses

synonym: receptive, sensuous, neural

(1) a **sensory** organ, (2) a child with **sensory** issues

Sharks have highly developed **sensory** systems and are extremely sensitive creatures.

deprivation

n. a state of not having something, such as food or money, that you need for a pleasant life

synonym : poverty, destitution, forfeiture

(1) chronic sleep **deprivation**, (2) **deprivation** of liberty

Losing him is great **deprivation** to our team.

duress

n. the use of force, coercion, or threat to compel someone to do something against their will; a condition of being forced or constrained to act or behave in a certain way

synonym : coercion, compulsion, pressure

(1) compelled by **duress**, (2) act of **duress**

The hostage made a false confession under **duress**.

dock

n. a structure or platform that extends from the shoreline into a body of water, used for loading and unloading ships or boats; an enclosed area of water used as a basin for shipping or pleasure boats; a place where a ship can be repaired or maintained

synonym : harbor, pier, quay

(1) fishing **dock**, (2) loading **dock**

The ship pulled to the **dock**, and we disembarked to start our adventure.

government

n. the group of people with authority to control a country or state

synonym : administration, regime, state

(1) **government** bureaucracy, (2) **government** funding

The federal **government** is planning to increase taxes for the next fiscal year.

permission

n. consent or authorization given by someone in authority or by the owner of something, allowing someone to do something or allowing something to occur

synonym : approval, consent, authorization

(1) grant **permission**, (2) **permission** for permanent residence

I asked my boss for **permission** to leave early for a doctor's

appointment.

armada

n. a large fleet of warships or other vessels, typically organized for a specific military purpose and often under the command of a single admiral; a large group of powerful or influential people or things

synonym : fleet, flotilla, squadron

(1) naval **armada**, (2) **armada** ships

The Spanish **Armada** was a powerful fleet of ships that attempted to invade England in 1588.

crew

n. a group of people who work together, especially on a ship or airplane

synonym : team, group, squad

(1) the film **crew**, (2) the **crew** of a fishing boat

The ship's **crew** worked hard to repair the damaged sails before the next storm hit.

navigation

n. the act of directing a ship or airplane from place to place; advice or information intended to resolve a problem or challenge, especially as given by someone in authority

synonym : sailing, seafaring, pilotage

(1) **navigation** system, (2) visual **navigation**

The plane's **navigation** system had problems, which mechanics found.

gulf

n. a large ocean inlet or deep bay that is partially enclosed by land

synonym : chasm, divide, abyss

(1) **gulf** war, (2) **gulf** stream

The **Gulf** of Mexico is a body of water in the southern United States.

stream

n. a small, narrow river; a continuous flow of something, such as liquid, gas, people, vehicles, etc.

synonym : flow, current, brook

(1) the **stream** of time, (2) an endless **stream** of cars
Jet **streams** are the common name for air currents that form high in the atmosphere.

tricky

adj. requiring care and skill because challenging to do or deal with

synonym: thorny, problematic, crafty

(1) **tricky** problem, (2) a **tricky** recipe to follow

We have discussed the entirety of this **tricky** problem.

dehydration

n. a condition in which the body lacks sufficient water and fluids, leading to thirst and other symptoms

synonym: drying out, desiccation, moisture loss

(1) sign of **dehydration**, (2) **dehydration** as a result of diarrhea

He suffered from **dehydration** after spending the day in the hot sun.

hypothermic

adj. relating to or characterized by abnormally low body temperature, typically resulting from prolonged exposure to cold temperatures

synonym: cold, chilled, freezing

(1) **hypothermic** condition, (2) **hypothermic** preservation

The hiker suffered from **hypothermic** symptoms after being exposed to extreme cold.

shore

n. the land along the edge of a sea, lake, broad river, or other large body of water; (verb) to support by placing against something solid or rigid

synonym: coast, seaside, beach

(1) a sandy **shore**, (2) **shore** up demand

The waves are beating against the **shore**.

faraway

adj. located at a geographically distant place; remote or separated by distance; distant or not easily accessible

synonym: distant, remote, far-off

(1) **faraway** land, (2) **faraway** dream

The view from the **faraway** hilltop was breathtakingly beautiful.

horizon

n. the line at which the earth's surface and the sky appear to meet; the range of interest or activity that can be anticipated

synonym : skyline, view, visible boundary

(1) the event **horizon** of a black hole, (2) business **horizon**

As the sun set, the colors of the sky merged with the **horizon**, creating a beautiful orange and pink hue.

fog

n. a thick cloud consisting of tiny water droplets or ice crystals suspended in the air at or near the Earth's surface; a weather condition in which visibility is reduced because of a cloud of water

synonym : cloud, mist, smog

(1) a dense **fog**, (2) front **fog** lights

The **fog** cleared away, and the star-filled sky appeared.

goggle

v. to look at someone or something with amazement; to look stupidly; (noun, plural) tight-fitting spectacles that are worn to prevent particulates, water, or chemicals from striking the eyes

synonym : gaze, gawk, gape

(1) **goggle** his eyes, (2) infrared **goggles**

The software company bought the VR **goggles** manufacturer.

tight

adj. fixed, fastened, or kept together firmly or closely

synonym : closed, secured, cramped

(1) a **tight** game, (2) student on a **tight** budget

The national election was held amid **tight** security.

bathe

v. to wash or immerse oneself or another person in the water or a liquid; to expose a part of the body to a natural element, such as sunlight or air

synonym : cleanse, soak, immerse

(1) **bathe** in the sea, (2) **bathe** the baby

I always **bathe** my dog after she swims in the lake.

span

n. the entire length of something, such as time or space from beginning to end; the amount of space that something covers

synonym: interval, period, length

(1) the **span** of a bird's wings, (2) the average life **span**

He slightly modified the **span** of training because it was just before a match.

playlist

n. a curated list of songs or audio recordings that can be played in a specific order or shuffled randomly, often created for a specific purpose or event

synonym: tracklist, music list

(1) personal **playlist**, (2) curated **playlist**

I created a **playlist** of my favorite songs for my road trip.

headset

n. a pair of headphones, typically with a microphone attached

(1) **headset** with a microphone, (2) noise reduction **headset**

Professional game players pay the latest attention to the sound quality of their **headsets**.

odd

adj. strange or unexpected; not divisible by two

synonym: strange, bizarre, abnormal

(1) in an **odd** way, (2) **odd** behavior

His grandfather was an **odd** man.

singe

v. to burn something slightly or superficially, usually by mistake

synonym: sear, char, burn

(1) **singe** off the hair over the flames, (2) **singe** the edges of a fabric

I didn't realize the iron was still hot and **singed** my dress.

hallelujah

n. an exclamation of praise or thanksgiving, particularly in religious contexts; a song or composition expressing such praise or worship

synonym : praise, worship, exultation

(1) **hallelujah** chorus, (2) **hallelujah** moment

The choir ended the performance with a powerful **hallelujah**.

majesty

n. regal or royal dignity; grandeur or greatness

synonym : grandeur, royalty, eminence

(1) morning **majesty**, (2) **majesty** of nature

The king's **majesty** was apparent in his elegant attire and powerful presence.

heroin

n. a highly addictive and illegal drug derived from morphine, typically administered by injection and often associated with serious health problems, including overdose and addiction

synonym : dope, smack, narcotics

(1) smoking **heroin**, (2) **heroin** overdose

The withdrawal symptoms from **heroin** can be intense and painful.

addiction

n. the inability to stop using or doing something as a habit, especially something harmful

synonym : dependence

(1) alcohol **addiction**, (2) **addiction** to foreign oil

He is now fighting his **addiction** to drugs.

cellar

n. a room or space below ground level in a building, typically used for storage of goods, food, or wine; a basement

synonym : basement, cellarage, vault

(1) **cellar** storage, (2) wine **cellar**

Every year, they would store homemade jams and preserves in the **cellar's** cool environment to make them last longer.

damage

v. to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity

synonym: harm, impair, injure

(1) **damage** a relationship, (2) **damage** assessment

During the surgery, the doctor had to be extremely cautious not to **damage** a blood vessel.

fin

n. a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance

synonym: flipper, appendage, stabilizer

(1) back **fin**, (2) a **fin** of a plane

The shark's powerful **fins** allowed it to swim at high speeds.

hawk

n. a bird of prey typically having short rounded wings and a long tail; an advocate of an aggressive policy on foreign relations

synonym: militarist, jingo, aggressor

(1) cast off a **hawk**, (2) congressional **hawk**

That team signed a center forward who was a ball- **hawk**.

grand

adj. important and large in size, scope, or extent

synonym: impressive, great, ambitious

(1) a **grand** meal, (2) **grand** bargain

This year's **grand** gathering will be held in Canada.

fantastic

adj. extremely good; excellent

synonym: incredible, unbelievable, marvelous

(1) a **fantastic** dress, (2) absolutely **fantastic** event

The new amusement park ride was **fantastic**, with twists, turns, and drops that left riders screaming with excitement.

universe

n. everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy

synonym : cosmos, macrocosm

(1) theory of the **universe**, (2) expansion of the **universe**

The **universe** is about 13.8 billion years old.

envelop

v. to surround and cover completely; to encase

synonym : wrap, cover, surround

(1) **envelop** the whole world, (2) **envelop** her in a bear hug

The fog **enveloped** the city, making it difficult to see.

infinity

n. the state or quality of having no end or limit;
(mathematics) a number greater than any natural number

synonym : endlessness, boundlessness, continuity

(1) the **infinity** of the universe, (2) negative **infinity**

That investor saw an **infinity** of possibilities in this company.

athlete

n. a person who competes in one or more sports that involve physical strength, speed, or endurance

synonym : player, contestant, jock

(1) become a professional **athlete**, (2) high school **athletes**

His dream is to become an Olympic **athlete**.

yell

v. to shout in a sudden and loud way

synonym : shout, scream, cry

(1) **yell** for help, (2) **yell** as loud as we can

When I asked my father for more money, he became furious and **yelled** at me.

courage

n. the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous

synonym : bravery, valor, fearlessness

(1) mental **courage**, (2) inspire **courage**

It takes a lot of **courage** to stand up for what you believe is right.

glassy

adj. resembling glass in appearance or texture; smooth, shiny, and hard

synonym : shiny, smooth, reflective

(1) **glassy** texture, (2) **glassy** appearance

The **glassy** surface of the lake reflected the colorful autumn leaves.

microcosm

n. a miniature or small-scale version of something that represents the larger whole or system; a representation of society or culture on a smaller scale

synonym : miniature, tiny world, little universe

(1) soil **microcosm**, (2) environmental **microcosm**

The small town felt like a **microcosm** of the larger society.

obstacle

n. a thing that blocks one's way or prevents or hinders progress

synonym : hindrance, barrier, block

(1) an **obstacle** to progress, (2) **obstacle** avoidance

The **obstacle** course was challenging but fun.

grant

v. to agree to give or allow somebody

synonym : allocate, authorize, give

(1) **grant** a new license, (2) **grant** a land

The chairperson **granted** him the right to speak.

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym : endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

vomit

v. to eject food, blood, etc., from the stomach through the mouth; (noun) the matter ejected from the stomach through the mouth

synonym : puke, throw up, spew

(1) **vomit** abuse, (2) **vomit** after ingesting

She felt sick and had to run to the bathroom to **vomit**.

saltwater

adj. of or connected with seawater or water containing salt;
living in or found in the sea

synonym : marine, naval, maritime

(1) a **saltwater** fish, (2) **saltwater** crocodile

The ecosystem upstream of the river significantly impacts the **saltwater** ecosystem downstream.

immerse

v. to become fully involved in a particular activity; to dip or submerge in a liquid, especially so that they or it are entirely covered

synonym : dip, inundate, submerge

(1) **immerse** the cloth in the dye, (2) completely **immerse** the ingredient

He **immersed** himself in his research.

liquid

n. a substance, such as water or oil that flows freely and is neither a solid nor a gas

synonym : fluid

(1) colorless **liquid**, (2) hazardous **liquid**

The sponge takes up the **liquid** well.

aft

adj. (the opposite of "forward") located at or towards the rear or back of a ship, aircraft, or other vehicle

(1) **aft** cabin, (2) **aft** view

The **aft** section of the ship suffered significant damage after the collision with the reef.

rebel

n. someone who resists or opposes authority or control, especially by fighting against it

synonym : insurgent, dissenter, mutineer

(1) **rebel** uprising, (2) group of **rebels**

The **rebels** fought against the government for their independence.

wham

n. a sudden, forceful impact or blow; a loud noise or sound effect used in music or film

synonym : bang, crash, slam

(1) **wham** sound effect, (2) **wham** noise

The car hit the curb with a loud **wham**, causing some damage to the tire.

jellyfish

n. a marine creature with a soft, jelly-like body and tentacles for stinging

synonym : medusa, sea nettle, moon jelly

(1) spineless **jellyfish**, (2) **jellyfish** sting

The beach was filled with hundreds of **jellyfish**, so swimming was not recommended.

excruciating

adj. extremely painful, intense, or distressing; causing great physical or emotional suffering

synonym : agonizing, unbearable, torturous

(1) **excruciating** ordeal, (2) **excruciating** embarrassment

The **excruciating** pain in his ankle made it difficult to walk.

evident

adj. apparent to the mind, senses, or judgment

synonym : apparent, noticeable, obvious

(1) **evident** to all, (2) plainly **evident**

With **evident** joy, he signed his name.

tentacle

n. a flexible, mobile, and long arm-like organ used for feeling and holding things, catching food, or moving

(1) a squid's **tentacle**, (2) posterior **tentacle**

The police caught the fugitive criminal in the **tentacles** of an expanded investigation.

barb

n. a sharp projection or point, often on a plant or animal; a cutting remark or criticism that is meant to hurt or insult; a type of fishing lure that has small hooks and a brightly colored feather or hair

synonym : spine, barbed remark, sting

(1) **barb** wire, (2) aim a **barb**

The politician's words were full of **barbs** designed to hurt his opponent.

sting

v. to cause a sharp, painful sensation or injury with a poison, venom, or other substance or by a physical action such as a bite or prick

synonym : bite, prick, poke

(1) **sting** me on the arm, (2) **sting** his face

Bees **sting** as a defense mechanism when they feel threatened.

venom

n. a toxic substance produced by an animal, typically a snake or insect, and injected into prey or an enemy by biting or stinging

synonym : poison, toxin, hating

(1) the **venom** of a lizard, (2) injected **venom**

The snake's **venom** is highly toxic and can be fatal to humans.

venomous

adj. extremely poisonous or injurious; containing or producing venom; marked by deep ill will

synonym : poisonous, toxic, lethal

(1) the **venomous** jellyfish's sting, (2) have **venomous** eyes

The **venomous** snake bit him, causing him to go into shock.

nervous

adj. worried and anxious about something; relating to the nerves

synonym : neural, anxious, uneasy

(1) development of the **nervous** system, (2) get **nervous**

He suffers from **nervous** breakdowns.

dip

v. to put something into a liquid for a short time and take it out again

synonym : dunk, dive, plunge

(1) **dip** a pen in ink, (2) **dip** a chip in the sauce

Please **dip** up a bucketful of water from the well.

fir

n. a type of tall evergreen tree that is native to the northern hemisphere, with needle-like leaves and cones that stand upright on the branches

synonym : pine, spruce, cedar

(1) **fir** branch, (2) **fir** forest

The smell of fresh **fir** trees filled the air at the Christmas tree farm.

paralysis

n. a condition in which you are unable to move or lose control of part or most of the body because of illness or injury

synonym : immobility, stiffness, palsy

(1) moral **paralysis**, (2) **paralysis** in the leg

Massive demonstrations lead to total **paralysis** of transportation.

crab

n. a sea creature with two large claws and a flattened back (e.g., blue crab or king crab); a sour or grumpy person who is prone to complaining or criticizing

synonym : crustacean, shellfish, crusty

(1) **crab** cakes, (2) **crab** legs

I ordered a plate of fresh **crab** at the seafood restaurant.

convulsion

n. a violent, involuntary contraction or shaking of the muscles, especially those in the limbs or face; a sudden, intense, and often violent disturbance or upheaval

synonym : paroxysm, seizure, turmoil

(1) clonic **convulsion**, (2) economic **convulsion**

The patient's **convulsions** were a side effect of their medication.

dive

v. to jump into the water with your head and arms going in first, or to move down to a deeper level underwater

synonym : dip, leap, plunge

(1) **dive** into anime communities, (2) **dive** off a cliff

The sperm whale can **dive** to 1,000 meters.

drag

v. to pull or haul with force

synonym : haul, pull, draw

(1) **drag** a chair over, (2) **drag** a team down

He **dragged** the heavy suitcase behind him as he walked.

adrenaline

n. (also "epinephrine") a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger

synonym : epinephrine

(1) **adrenaline** receptor, (2) **adrenaline** addiction

The band has released a lot of **adrenaline-pumping** rock music.

lean

adj. having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posture

synonym : skinny, slender, (verb) slant

(1) a **lean** horse, (2) **lean** athletic figure

Lean operational improvements often lead to better environmental performance.

weigh

v. to have a particular weight; to carefully evaluate things before making a conclusion

synonym : consider, cogitate, count

(1) **weigh** heavily on stock prices, (2) **weigh** a cargo

The baby **weighs** 1 pound 3 oz.

breath

n. the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

synonym : air, puff, whiff

(1) hold your **breath**, (2) **breath** of wind

He bated his **breath** when talking about this affair.

medical

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

synonym : health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment
The **medical** team worked quickly to save the patient's life.

dawn

n. the time of day when the sun's light starts to show in the sky

synonym: daybreak, sunrise, advent

(1) the wan light of **dawn**, (2) crack of **dawn**

Missile assaults on the capital continued around **dawn**.

prednisone

n. a synthetic corticosteroid drug commonly used to treat various inflammatory conditions, immune system disorders, and allergic reactions. It helps reduce swelling, pain, and inflammation in the body

synonym: cortisone, dexamethasone, hydrocortisone

(1) **prednisone** dosage, (2) **prednisone** withdrawal symptoms

The doctor prescribed a **prednisone** regimen to help reduce the patient's severe allergic reaction.

oxygen

n. the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live

(1) the hydrogen binds the **oxygen**, (2) lack of **oxygen**

The passenger grabbed for the **oxygen** mask.

naval

adj. of or relating to ships, sailors, or the navy

synonym: marine, seafaring, maritime

(1) **naval** battles, (2) **naval** base

The **naval** officer was responsible for the safety and well-being of the crew on his ship.

dusk

n. the period of the day just before nightfall when the light begins to fade; the darker part of twilight

synonym: twilight, gloaming, sundown

(1) **dusk** sky, (2) **dusk** falls

The sky turned a beautiful orange hue at **dusk**.

devastation

n. the act of causing great destruction or damage, often on a large scale

synonym : destruction, ruin, havoc

(1) financial **devastation**, (2) **devastation** to life

The economic recession caused **devastation** in the housing market, with many people losing their homes.

respiratory

adj. relating to the organs and processes involved in breathing, such as the lungs and the act of inhaling and exhaling air

synonym : breathing, pulmonary, lung

(1) **respiratory** failure, (2) alleviate **respiratory** ailments

Chronic **respiratory** disorders, such as asthma, can significantly impact a person's quality of life.

progression

n. the act or process of changing to the next stage or phase or moving forward

synonym : advancement, development, evolution

(1) **progression** of civilization, (2) **progression** of disease

The company has made great strides in its **progression** toward sustainability.

crush

v. to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller

synonym : destroy, demolish, pulverize

(1) **crush** coffee beans, (2) **crush** a revolt

The car was completely **crushed** in the accident.

intelligent

adj. having the capacity for thought and reason, especially to a high degree

synonym : brilliant, clever, competent

(1) an **intelligent** person, (2) **intelligent** assisting system

Intelligent robots that can cooperate with humans have limited motor output for safety.

cavalier

adj. displaying a lack of concern or seriousness; offhand or disdainful towards important matters; adopting a

carefree or arrogant attitude; (noun) a gentleman or a knight, especially one who is gallant or courtly

synonym : careless, offhand, indifferent

(1) **cavalier** dismissal, (2) **cavalier** language

The **cavalier** attitude of the driver caused him to disregard the rules of the road.

invincible

adj. incapable of being conquered, defeated, or overcome; unassailable

synonym : unassailable, unbeatable, indomitable

(1) **invincible** army, (2) **invincible** will

The team felt **invincible** after their winning streak.

grin

v. to smile broadly

synonym : smile, smirk, chuckle

(1) **grin** from ear to ear, (2) **grin** with pleasure

He couldn't help but **grin** as he remembered the good times.

bearing

n. the way in which one comports oneself; a posture or stance, especially one indicative of confidence or authority; the horizontal direction or position of a place, object, or person relative to another

synonym : demeanor, posture, manner

(1) a thrust **bearing**, (2) a military **bearing**

The pilot had to adjust the plane's **bearing** to stay on course.

elementary

adj. relating to the first principles or fundamental parts of a subject; fundamental or basic, often used to refer to a school or level of education that covers the fundamental principles of various subjects

synonym : fundamental, basic, primary

(1) **elementary** math, (2) **elementary** level

Elementary school students must learn basic math and reading skills.

gymnasium

n. a large room or building equipped for indoor sports and physical exercise, typically including weights and

exercise machines; a school or institution that emphasizes physical education and athletics

synonym : athletic facility, sports center, fitness center

(1) **gymnasium** equipment, (2) high school **gymnasium**

I go to the local **gymnasium** three times a week to stay in shape.

gelatinous

adj. having the texture of jelly; having a translucent, jelly-like consistency

synonym : jelly-like, viscous, slippery

(1) **gelatinous** texture, (2) **gelatinous** substance

The jellyfish's body was transparent and **gelatinous**, making it difficult to see in the water.

wrap

v. to cover or enclose something entirely with paper, cloth, or other material

synonym : surround, cover, bandage

(1) **wrap** a fish in foil, (2) **wrap** up a meeting

Wrap the bandage tightly around the injured arm.

poison

n. a substance that can cause illness, injury, or death when ingested, inhaled, or absorbed through the skin; something harmful, malicious, or toxic; the act of damaging or ruining a relationship; (verb) to introduce a substance into something or someone harmful and potentially deadly

synonym : toxin, venom, pollutant

(1) **poison** ivy, (2) **poison** bilateral relations

The plant's leaves contain a deadly **poison** that can cause hallucinations and seizures.

bomb

n. a weapon that explodes and is used to kill or injure people or to cause damage to something

synonym : missile, explosive, ammunition

(1) atomic **bombs**, (2) disarm the **bomb**

The use of cluster **bombs** is strictly prohibited by

international law.

noble

adj. having or showing excellent personal qualities or high moral principles that people admire

synonym: dignified, aristocratic, benevolent

(1) a **noble** family, (2) **noble** gas

He is a **noble-minded** man

pursue

v. to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them

synonym: seek, hunt, chase

(1) **pursue** a goal, (2) **pursue** freedoms

She intends to **pursue** a political career.

scoot

v. to move or glide along quickly and smoothly on a surface, especially on a scooter or similar device

synonym: glide, slide, scurry

(1) **scoot** out of my room, (2) **scoot** over

I have to **scoot** over to the next desk because there's not enough room for me to sit comfortably.

suicide

n. the act of killing yourself intentionally

synonym: self-destruction, self-annihilation, felo-de-se

(1) commit **suicide**, (2) **suicide** attack

In an economically prosperous country, most male **suicide** is due to child support problems.

suit

n. a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or acceptable for

synonym: clothes, lawsuit, (verb) fit

(1) **suit** and tie restaurant, (2) **suit** at law

Six **suits** are awaiting trial or verdict.

norm

n. something that is regarded as usual, typical, or standard
synonym : criterion, mean, standard

(1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry **norms**.

diver

n. a person who dives, especially one who does so professionally or as a sport; a bird that dives into the water to catch fish or other prey

synonym : plunger, frogman, loon

(1) professional **diver**, (2) deep-sea **diver**

The search and rescue team sent a team of **divers** to search for the missing plane wreckage.

scared

adj. afraid or frightened

synonym : frightened, fearful, dreading

(1) **scared** all the time, (2) **scared** dog

I'm **scared** of insects.

disappointment

n. the feeling of sadness, frustration, or dissatisfaction that arises when something does not live up to one's expectations or hopes

synonym : letdown, frustration, discouragement

(1) **disappointment** in the result, (2) **disappointment** with the service

The cancellation of the concert was a huge **disappointment** for the fans.

ache

v. to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain

synonym : hurt, throb, smart

(1) **ache** abominably, (2) **ache** all the time

I **ache** all over after running a marathon yesterday.

grace

n. a quality of being pleasing, especially in appearance or manner; a temporary exemption, especially an extended

period granted as a special favor; a short prayer of thanks before a meal

synonym: charm, poise, elegance

(1) say a **grace**, (2) end of the **grace** period

The old oak tree stood with **grace** and majesty in the park's center.

defeat

v. to win against somebody in a fight, war, or attempt

synonym: conquer, beat, overpower

(1) **defeat** a global power, (2) **defeat** body odor

Despite his best efforts, he was unable to **defeat** the enemy.

destination

n. the place to which someone or something is going or being sent; the ultimate purpose or goal of a journey or action

synonym: location, endpoint, target

(1) travel **destination**, (2) romantic **destinations**

I am excited to reach my **destination** and explore the new city finally.

courageous

adj. able to face and deal with danger or fear without flinching

synonym: brave, valiant, fearless

(1) make a **courageous** decision, (2) **courageous** rescue attempt

He was a **courageous** soldier who had served his country with honor.

sincere

adj. (of a person, feelings, or behavior) open and genuine; not deceitful

synonym: earnest, fervent, candid

(1) a **sincere** man, (2) express **sincere** regret

Please accept my **sincere** condolences on your friend's death.

regret

v. to feel sad, repentant, or disappointed over something you have done or something you have not been able to do

synonym : apologize, deplore, lament

(1) **regret** a decision, (2) **regret** being so careless

I **regret** to say that you did not gain admission to the university.

moving

adj. causing strong emotions or feelings, especially sadness or sympathy

synonym : emotional, poignant, touching

(1) **moving** experience, (2) **moving** ceremony

His **moving** speech about his struggles with addiction brought tears to the audience's eyes.

accepting

adj. willing to receive or to take something offered

synonym : tolerant, open-minded, receptive

(1) **accepting** attitude, (2) **accepting** of diversity

He was an **accepting** person who believed in diversity and inclusiveness.

cancer

n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

synonym : tumor, carcinoma, malignancy

(1) **cancer** diagnosis, (2) **cancer** research

Breast **cancer** is the most common type of cancer in women.

acceptance

n. the act of agreeing or approving, or the state of being agreed or approved

synonym : approval, recognition, acknowledgment

(1) a feeling of **acceptance**, (2) a letter of **acceptance**

The **acceptance** of diversity and inclusion is crucial for building a harmonious society.

crazy

adj. stupid or not sensible; very angry

synonym : insane, absurd, bizarre

(1) **crazy** about cars and racing, (2) a **crazy** scheme
The rain and thunder are **crazy** today.

Atlantic

adj. relating to or located near the Atlantic Ocean, which is the second-largest ocean on Earth, located between the continents of North and South America to the west and Europe and Africa to the east

(1) **Atlantic** breeze, (2) **Atlantic** salmon

The **Atlantic** hurricane season runs from June to November each year.

Wikipedia

n. an online encyclopedia that allows users to contribute and edit articles collaboratively; a vast and frequently updated repository of information on a wide range of topics

synonym: online encyclopedia, webpedia

(1) **Wikipedia** entry, (2) **Wikipedia** article

Not all teachers accept citing **Wikipedia** as a valid source for academic papers.

achieve

v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

synonym: accomplish, attain, reach

(1) **achieve** success, (2) **achieve** milestones

I will work hard to **achieve** my goals and realize my dreams.

paraphrase

v. to restate or reword a passage in one's own words, often to clarify or simplify the original meaning

synonym: rephrase, reword, reinterpret

(1) **paraphrase** a poem into prose, (2) **paraphrase** the meaning

He **paraphrased** the article in his own words to avoid being accused of plagiarism.

poet

n. a person who writes poetry

synonym: versifier, rhymer, writer

(1) a court **poet**, (2) a **poet** of sorts

She is a talented **poet** who has been recognized for her work.

precious

adj. uncommon and extremely valuable

synonym: adored, cherished, valued

(1) price of **precious** metals, (2) **precious** information

We cannot afford to squander **precious** time.

Session 2: Spelling

1. the wan light of d__n
n. the time of day when the sun's light starts to show in the sky
2. co_____ss hours
adj. too numerous to be counted or very many
3. dep_____on of liberty
n. a state of not having something, such as food or money, that you need for a pleasant life
4. front f_g lights
n. a thick cloud consisting of tiny water droplets or ice crystals suspended in the air at or near the Earth's surface; a weather condition in which visibility is reduced because of a cloud of water
5. gy_____um equipment
n. a large room or building equipped for indoor sports and physical exercise, typically including weights and exercise machines; a school or institution that emphasizes physical education and athletics
6. for_____ss of liabilities
n. the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion
7. st__g me on the arm
v. to cause a sharp, painful sensation or injury with a poison, venom, or other substance or by a physical action such as a bite or prick
8. ad_____on to foreign oil
n. the inability to stop using or doing something as a habit, especially something harmful

ANSWERS: 1. dawn, 2. countless, 3. deprivation, 4. fog, 5. gymnasium, 6. forgiveness, 7. sting, 8. addiction

- | | |
|--|---|
| 9. fl____ng opportunity | <i>adj.</i> brief or temporary, lasting only a short time |
| 10. deh_____on as a result of diarrhea | <i>n.</i> a condition in which the body lacks sufficient water and fluids, leading to thirst and other symptoms |
| 11. wine ce____r | <i>n.</i> a room or space below ground level in a building, typically used for storage of goods, food, or wine; a basement |
| 12. group of re__ls | <i>n.</i> someone who resists or opposes authority or control, especially by fighting against it |
| 13. card sh__k | <i>n.</i> a long-bodied, mostly predatory marine fish that has sharp teeth and a pointed fin on its back; a person who is ruthless, greedy, and dishonest |
| 14. hal_____ah moment | <i>n.</i> an exclamation of praise or thanksgiving, particularly in religious contexts; a song or composition expressing such praise or worship |
| 15. a man-eating sh__k | <i>n.</i> a long-bodied, mostly predatory marine fish that has sharp teeth and a pointed fin on its back; a person who is ruthless, greedy, and dishonest |
| 16. y__l as loud as we can | <i>v.</i> to shout in a sudden and loud way |
| 17. re___e an office | <i>v.</i> to continue or begin anew after a pause or interruption |
| 18. dis_____ent with the service | <i>n.</i> the feeling of sadness, frustration, or dissatisfaction that arises when something does not live up to one's expectations or hopes |

ANSWERS: 9. fleeting, 10. dehydration, 11. cellar, 12. rebel, 13. shark, 14. hallelujah, 15. shark, 16. yell, 17. resume, 18. disappointment

19. professional di__r *n.* a person who dives, especially one who does so professionally or as a sport; a bird that dives into the water to catch fish or other prey
20. mo___g experience *adj.* causing strong emotions or feelings, especially sadness or sympathy
21. d__e off a cliff *v.* to jump into the water with your head and arms going in first, or to move down to a deeper level underwater
22. par_____se the meaning *v.* to restate or reword a passage in one's own words, often to clarify or simplify the original meaning
23. compelled by du___s *n.* the use of force, coercion, or threat to compel someone to do something against their will; a condition of being forced or constrained to act or behave in a certain way
24. financial dev_____on *n.* the act of causing great destruction or damage, often on a large scale
25. a con_____us row of warehouses *adj.* occurring or existing without a pause or interruption
26. absolutely fa_____ic event *adj.* extremely good; excellent
27. a me_____l opinion *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
28. wild goose ch__e *v.* to pursue something or someone to catch or capture them; to go after something vigorously or with determination; (noun) a pursuit or a hunt; a narrow groove or channel cut into a surface, often used for decorative purposes

ANSWERS: 19. diver, 20. moving, 21. dive, 22. paraphrase, 23. duress, 24. devastation, 25. continuous, 26. fantastic, 27. medical, 28. chase

29. a tr___y recipe to follow *adj.* requiring care and skill because challenging to do or deal with
30. unw_____ng confidence *adj.* not changing or becoming weaker in any way; remaining steadily fixed or resolute in purpose or commitment
31. the c__w of a fishing boat *n.* a group of people who work together, especially on a ship or airplane
32. become a professional at_____e *n.* a person who competes in one or more sports that involve physical strength, speed, or endurance
33. hyp_____ic condition *adj.* relating to or characterized by abnormally low body temperature, typically resulting from prolonged exposure to cold temperatures
34. have ve_____us eyes *adj.* extremely poisonous or injurious; containing or producing venom; marked by deep ill will
35. ch__e off the blood supply *v.* to prevent or obstruct the normal breathing or swallowing of someone or something
36. gr_____e with each other *v.* to make a strenuous effort to solve a problem; to engage in a close fight or conflict without weapons
37. a squid's te_____le *n.* a flexible, mobile, and long arm-like organ used for feeling and holding things, catching food, or moving
38. alcohol ad_____on *n.* the inability to stop using or doing something as a habit, especially something harmful

ANSWERS: 29. tricky, 30. unwavering, 31. crew, 32. athlete, 33. hypothermic, 34. venomous, 35. choke, 36. grapple, 37. tentacle, 38. addiction

39. si__e off the hair over the flames *v.* to burn something slightly or superficially, usually by mistake
40. de___t body odor *v.* to win against somebody in a fight, war, or attempt
41. the struggle for ex_____ce *n.* the state or fact of someone or something existing
42. noise reduction he_____t *n.* a pair of headphones, typically with a microphone attached
43. a polar exp_____on *n.* a journey or voyage for a specific purpose
44. en_____p the whole world *v.* to surround and cover completely; to encase
45. w__m sound effect *n.* a sudden, forceful impact or blow; a loud noise or sound effect used in music or film
46. back f_n *n.* a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
47. li_____ng air strike *n.* a flash, or several flashes, of light that accompanies an electric discharge in the atmosphere, or something resembling such a flash
48. the st___m of time *n.* a small, narrow river; a continuous flow of something, such as liquid, gas, people, vehicles, etc.
49. de___t a global power *v.* to win against somebody in a fight, war, or attempt
50. an ar_____s journey *adj.* requiring strenuous effort; difficult and tiring, often involving physical or mental labor

ANSWERS: 39. singe, 40. defeat, 41. existence, 42. headset, 43. expedition, 44. envelop, 45. wham, 46. fin, 47. lightning, 48. stream, 49. defeat, 50. arduous

51. exc_____ing embarrassment *adj.* extremely painful, intense, or distressing; causing great physical or emotional suffering
52. he_____t with a microphone *n.* a pair of headphones, typically with a microphone attached
53. s__t at law *n.* a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or acceptable for
54. expansion of the un_____se *n.* everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy
55. an endless st____m of cars *n.* a small, narrow river; a continuous flow of something, such as liquid, gas, people, vehicles, etc.
56. curated pl_____st *n.* a curated list of songs or audio recordings that can be played in a specific order or shuffled randomly, often created for a specific purpose or event
57. a f_n of a plane *n.* a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
58. gr_____e with problem *v.* to make a strenuous effort to solve a problem; to engage in a close fight or conflict without weapons
59. plainly ev_____t *adj.* apparent to the mind, senses, or judgment

ANSWERS: 51. excruciating, 52. headset, 53. suit, 54. universe, 55. stream, 56. playlist, 57. fin, 58. grapple, 59. evident

60. ca___r diagnosis *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
61. c__b legs *n.* a sea creature with two large claws and a flattened back (e.g., blue crab or king crab); a sour or grumpy person who is prone to complaining or criticizing
62. pre_____ne dosage *n.* a synthetic corticosteroid drug commonly used to treat various inflammatory conditions, immune system disorders, and allergic reactions. It helps reduce swelling, pain, and inflammation in the body
63. a bird in a c__e *n.* a structure made of metal bars or wire in which birds or animals can be kept
64. im_____e the cloth in the dye *v.* to become fully involved in a particular activity; to dip or submerge in a liquid, especially so that they or it are entirely covered
65. inspire co_____e *n.* the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous
66. hazardous li___d *n.* a substance, such as water or oil that flows freely and is neither a solid nor a gas
67. colorless li___d *n.* a substance, such as water or oil that flows freely and is neither a solid nor a gas

ANSWERS: 60. cancer, 61. crab, 62. prednisone, 63. cage, 64. immerse, 65. courage, 66. liquid, 67. liquid

68. li_____ng illness *adj.* continuing for a long time; persistent; remaining in a place or situation for longer than is usual or necessary; unwilling to leave
69. ex_____e weather events *adj.* very great in amount or degree
70. wha_____er it be *adv.* not at all; no matter what
71. su_____e beforehand *v.* to think that something is likely to be actual or possible
72. beg for for_____ss *n.* the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion
73. the s__n of a bird's wings *n.* the entire length of something, such as time or space from beginning to end; the amount of space that something covers
74. pr_____us information *adj.* uncommon and extremely valuable
75. a p__t of sorts *n.* a person who writes poetry
76. br___h of wind *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
77. gr__t a new license *v.* to agree to give or allow somebody
78. get ne_____s *adj.* worried and anxious about something; relating to the nerves
79. re___t a decision *v.* to feel sad, repentant, or disappointed over something you have done or something you have not been able to do
80. ar_____s task *adj.* requiring strenuous effort; difficult and tiring, often involving physical or mental labor

ANSWERS: 68. lingering, 69. extreme, 70. whatsoever, 71. suppose, 72. forgiveness, 73. span, 74. precious, 75. poet, 76. breath, 77. grant, 78. nervous, 79. regret, 80. arduous

81. emotional ma_____e *n.* a general feeling of discomfort, illness, or unease whose exact cause is difficult to identify
82. ob_____le avoidance *n.* a thing that blocks one's way or prevents or hinders progress
83. ele_____ry math *adj.* relating to the first principles or fundamental parts of a subject; fundamental or basic, often used to refer to a school or level of education that covers the fundamental principles of various subjects
84. congressional h__k *n.* a bird of prey typically having short rounded wings and a long tail; an advocate of an aggressive policy on foreign relations
85. answer co_____ss questions *adj.* too numerous to be counted or very many
86. fa_____y dream *adj.* located at a geographically distant place; remote or separated by distance; distant or not easily accessible
87. na__l base *adj.* of or relating to ships, sailors, or the navy
88. g__f stream *n.* a large ocean inlet or deep bay that is partially enclosed by land
89. grant per_____on *n.* consent or authorization given by someone in authority or by the owner of something, allowing someone to do something or allowing something to occur

ANSWERS: 81. malaise, 82. obstacle, 83. elementary, 84. hawk, 85. countless, 86. faraway, 87. naval, 88. gulf, 89. permission

90. per_____on for permanent residence
n. consent or authorization given by someone in authority or by the owner of something, allowing someone to do something or allowing something to occur
91. a ne_____ve number
adj. having the quality of something bad or harmful; expressing refusal
92. l__n athletic figure
adj. having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posture
93. a sandy sh__e
n. the land along the edge of a sea, lake, broad river, or other large body of water; (verb) to support by placing against something solid or rigid
94. ut__r nonsense
adj. complete, total, or absolute; said, done, or experienced without any exceptions or qualifications; spoken aloud or enunciated very clearly and distinctly; (verb) to speak or articulate words, sounds, or a voice
95. theory of the un_____se
n. everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy
96. we__h a cargo
v. to have a particular weight; to carefully evaluate things before making a conclusion
97. de___e a question
v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

ANSWERS: 90. permission, 91. negative, 92. lean, 93. shore, 94. utter, 95. universe, 96. weigh, 97. decide

98. a court p__t *n.* a person who writes poetry
99. ex____e sports *adj.* very great in amount or degree
100. dis_____ent in the result *n.* the feeling of sadness, frustration, or dissatisfaction that arises when something does not live up to one's expectations or hopes
101. ma____y of nature *n.* regal or royal dignity; grandeur or greatness
102. an insect c__e *n.* a structure made of metal bars or wire in which birds or animals can be kept
103. im_____ry pregnancy *adj.* existing only in someone's mind
104. morning ma____y *n.* regal or royal dignity; grandeur or greatness
105. hyp_____ic preservation *adj.* relating to or characterized by abnormally low body temperature, typically resulting from prolonged exposure to cold temperatures
106. face the da____ng reality *adj.* looking challenging to manage in prospect; making someone anxious and less confident about carrying out something
107. go___e his eyes *v.* to look at someone or something with amazement; to look stupidly; (noun, plural) tight-fitting spectacles that are worn to prevent particulates, water, or chemicals from striking the eyes
108. inv_____le army *adj.* incapable of being conquered, defeated, or overcome; unassailable

ANSWERS: 98. poet, 99. extreme, 100. disappointment, 101. majesty, 102. cage, 103. imaginary, 104. majesty, 105. hypothermic, 106. daunting, 107. goggle, 108. invincible

109. adr_____ne receptor *n.* (also "epinephrine") a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger
110. a no__e family *adj.* having or showing excellent personal qualities or high moral principles that people admire
111. ac_____e success *v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
112. price of pr_____us metals *adj.* uncommon and extremely valuable
113. a dense f_g *n.* a thick cloud consisting of tiny water droplets or ice crystals suspended in the air at or near the Earth's surface; a weather condition in which visibility is reduced because of a cloud of water
114. ac_____ng of diversity *adj.* willing to receive or to take something offered
115. high school gy_____um *n.* a large room or building equipped for indoor sports and physical exercise, typically including weights and exercise machines; a school or institution that emphasizes physical education and athletics
116. exp_____on team *n.* a journey or voyage for a specific purpose
117. adr_____ne addiction *n.* (also "epinephrine") a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger

ANSWERS: 109. adrenaline, 110. noble, 111. achieve, 112. precious, 113. fog, 114. accepting, 115. gymnasium, 116. expedition, 117. adrenaline

118. the event ho_____n of a black hole *n.* the line at which the earth's surface and the sky appear to meet; the range of interest or activity that can be anticipated
119. st__g his face *v.* to cause a sharp, painful sensation or injury with a poison, venom, or other substance or by a physical action such as a bite or prick
120. re___e a relationship *v.* to continue or begin anew after a pause or interruption
121. dev_____on to life *n.* the act of causing great destruction or damage, often on a large scale
122. tr___y problem *adj.* requiring care and skill because challenging to do or deal with
123. ce___r storage *n.* a room or space below ground level in a building, typically used for storage of goods, food, or wine; a basement
124. a child with se_____y issues *adj.* of or relating to the physical senses
125. loading d__k *n.* a structure or platform that extends from the shoreline into a body of water, used for loading and unloading ships or boats; an enclosed area of water used as a basin for shipping or pleasure boats; a place where a ship can be repaired or maintained
126. ba__e in the sea *v.* to wash or immerse oneself or another person in the water or a liquid; to expose a part of the body to a natural element, such as sunlight or air

ANSWERS: 118. horizon, 119. sting, 120. resume, 121. devastation, 122. tricky, 123. cellar, 124. sensory, 125. dock, 126. bathe

127. gl___y appearance *adj.* resembling glass in appearance or texture; smooth, shiny, and hard
128. business ho____n *n.* the line at which the earth's surface and the sky appear to meet; the range of interest or activity that can be anticipated
129. the cy__e of the seasons *n.* an interval during which a recurring sequence of events occurs; a bicycle or motorcycle
130. high school at____es *n.* a person who competes in one or more sports that involve physical strength, speed, or endurance
131. a military be____g *n.* the way in which one comports oneself; a posture or stance, especially one indicative of confidence or authority; the horizontal direction or position of a place, object, or person relative to another
132. li_____ng doubts *adj.* continuing for a long time; persistent; remaining in a place or situation for longer than is usual or necessary; unwilling to leave
133. soil mi_____sm *n.* a miniature or small-scale version of something that represents the larger whole or system; a representation of society or culture on a smaller scale
134. in an o_d way *adj.* strange or unexpected; not divisible by two
135. an endless stream of an__t *n.* a feeling of deep anxiety or dread, typically an unfocused one about the human condition or the state of the world in general

ANSWERS: 127. glassy, 128. horizon, 129. cycle, 130. athlete, 131. bearing, 132. lingering, 133. microcosm, 134. odd, 135. angst

136. ch__e with anger *v.* to prevent or obstruct the normal breathing or swallowing of someone or something
137. cr__h a revolt *v.* to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller
138. pre_____ne withdrawal symptoms *n.* a synthetic corticosteroid drug commonly used to treat various inflammatory conditions, immune system disorders, and allergic reactions. It helps reduce swelling, pain, and inflammation in the body
139. gel_____us substance *adj.* having the texture of jelly; having a translucent, jelly-like consistency
140. a se_____y organ *adj.* of or relating to the physical senses
141. pa_____n hobby *n.* intense, driving, or overpowering feeling or conviction
142. crack of d__n *n.* the time of day when the sun's light starts to show in the sky
143. with no an__t *n.* a feeling of deep anxiety or dread, typically an unfocused one about the human condition or the state of the world in general
144. n__m of action *n.* something that is regarded as usual, typical, or standard
145. gr__t a land *v.* to agree to give or allow somebody
146. cast off a h__k *n.* a bird of prey typically having short rounded wings and a long tail; an advocate of an aggressive policy on foreign relations

ANSWERS: 136. choke, 137. crush, 138. prednisone, 139. gelatinous, 140. sensory, 141. passion, 142. dawn, 143. angst, 144. norm, 145. grant, 146. hawk

147. travel des_____on *n.* the place to which someone or something is going or being sent; the ultimate purpose or goal of a journey or action
148. have a ne_____ve effect *adj.* having the quality of something bad or harmful; expressing refusal
149. pr_____le cause of a fire *adj.* likely to happen or likely to be true
150. su_____e attack *n.* the act of killing yourself intentionally
151. environmental mi_____sm *n.* a miniature or small-scale version of something that represents the larger whole or system; a representation of society or culture on a smaller scale
152. deep-sea di__r *n.* a person who dives, especially one who does so professionally or as a sport; a bird that dives into the water to catch fish or other prey
153. d__k sky *n.* the period of the day just before nightfall when the light begins to fade; the darker part of twilight
154. ut__r a big sigh *adj.* complete, total, or absolute; said, done, or experienced without any exceptions or qualifications; spoken aloud or enunciated very clearly and distinctly; (verb) to speak or articulate words, sounds, or a voice
155. re___y for air pollution *n.* a successful way of dealing with or improving an unpleasant or difficult situation or curing an illness
156. mo___g ceremony *adj.* causing strong emotions or feelings, especially sadness or sympathy

ANSWERS: 147. destination, 148. negative, 149. probable, 150. suicide, 151. microcosm, 152. diver, 153. dusk, 154. utter, 155. remedy, 156. moving

157. clonic con_____on *n.* a violent, involuntary contraction or shaking of the muscles, especially those in the limbs or face; a sudden, intense, and often violent disturbance or upheaval
158. moral pa_____is *n.* a condition in which you are unable to move or lose control of part or most of the body because of illness or injury
159. no__e gas *adj.* having or showing excellent personal qualities or high moral principles that people admire
160. a__e abominably *v.* to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain
161. pro_____on of disease *n.* the act or process of changing to the next stage or phase or moving forward
162. d__g a chair over *v.* to pull or haul with force
163. ele_____ry level *adj.* relating to the first principles or fundamental parts of a subject; fundamental or basic, often used to refer to a school or level of education that covers the fundamental principles of various subjects
164. cr__y about cars and racing *adj.* stupid or not sensible; very angry
165. gov_____nt funding *n.* the group of people with authority to control a country or state
166. act of du____s *n.* the use of force, coercion, or threat to compel someone to do something against their will; a condition of being forced or constrained to act or behave in a certain way

ANSWERS: 157. convulsion, 158. paralysis, 159. noble, 160. ache, 161. progression, 162. drag, 163. elementary, 164. crazy, 165. government, 166. duress

167. a l__n horse *adj.* having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posture
168. a gr__d meal *adj.* important and large in size, scope, or extent
169. for a fl_____ng moment *adj.* brief or temporary, lasting only a short time
170. as__ts of social, political, and economic life *n.* one part or feature of a situation, problem, subject, etc.
171. ca_____er dismissal *adj.* displaying a lack of concern or seriousness; offhand or disdainful towards important matters; adopting a carefree or arrogant attitude; (noun) a gentleman or a knight, especially one who is gallant or courtly
172. the in_____ty of the universe *n.* the state or quality of having no end or limit; (mathematics) a number greater than any natural number
173. without impact wha_____er *adv.* not at all; no matter what
174. a st___e of the putter *n.* a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.
175. ev_____t to all *adj.* apparent to the mind, senses, or judgment
176. pa_____is in the leg *n.* a condition in which you are unable to move or lose control of part or most of the body because of illness or injury

ANSWERS: 167. lean, 168. grand, 169. fleeting, 170. aspect, 171. cavalier, 172. infinity, 173. whatsoever, 174. stroke, 175. evident, 176. paralysis

177. con_____on for murder *n.* a strong belief or opinion, especially one that is based on principles or evidence; (criminal law) a final judgment of guilty in a criminal case and the punishment that is imposed
178. ac_____e milestones *v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
179. je_____sh sting *n.* a marine creature with a soft, jelly-like body and tentacles for stinging
180. the problem of drug ab__e *n.* the use of something in an incorrect or harmful manner
181. po___n ivy *n.* a substance that can cause illness, injury, or death when ingested, inhaled, or absorbed through the skin; something harmful, malicious, or toxic; the act of damaging or ruining a relationship; (verb) to introduce a substance into something or someone harmful and potentially deadly
182. development of the ne_____s system *adj.* worried and anxious about something; relating to the nerves
183. d__k falls *n.* the period of the day just before nightfall when the light begins to fade; the darker part of twilight
184. sc___d dog *adj.* afraid or frightened
185. go to the workplace by cy__e *n.* an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

ANSWERS: 177. conviction, 178. achieve, 179. jellyfish, 180. abuse, 181. poison, 182. nervous, 183. dusk, 184. scared, 185. cycle

186. en____p her in a bear hug *v.* to surround and cover completely; to encase
187. pu___e freedoms *v.* to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them
188. gov_____nt bureaucracy *n.* the group of people with authority to control a country or state
189. nontechnical as___ts of the job *n.* one part or feature of a situation, problem, subject, etc.
190. re___t being so careless *v.* to feel sad, repentant, or disappointed over something you have done or something you have not been able to do
191. nav_____on system *n.* the act of directing a ship or airplane from place to place; advice or information intended to resolve a problem or challenge, especially as given by someone in authority
192. g__n from ear to ear *v.* to smile broadly
193. da___e a relationship *v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
194. negative in_____ty *n.* the state or quality of having no end or limit; (mathematics) a number greater than any natural number

ANSWERS: 186. envelop, 187. pursue, 188. government, 189. aspect, 190. regret, 191. navigation, 192. grin, 193. damage, 194. infinity

195. smoking he___n *n.* a highly addictive and illegal drug derived from morphine, typically administered by injection and often associated with serious health problems, including overdose and addiction
196. a fa_____ic dress *adj.* extremely good; excellent
197. w__p up a meeting *v.* to cover or enclose something entirely with paper, cloth, or other material
198. a si_____e man *adj.* (of a person, feelings, or behavior) open and genuine; not deceitful
199. sc___d all the time *adj.* afraid or frightened
200. injected ve__m *n.* a toxic substance produced by an animal, typically a snake or insect, and injected into prey or an enemy by biting or stinging
201. su_____e you're right *v.* to think that something is likely to be actual or possible
202. b__b wire *n.* a sharp projection or point, often on a plant or animal; a cutting remark or criticism that is meant to hurt or insult; a type of fishing lure that has small hooks and a brightly colored feather or hair
203. inv_____le will *adj.* incapable of being conquered, defeated, or overcome; unassailable
204. g__f war *n.* a large ocean inlet or deep bay that is partially enclosed by land
205. si__e the edges of a fabric *v.* to burn something slightly or superficially, usually by mistake

ANSWERS: 195. heroin, 196. fantastic, 197. wrap, 198. sincere, 199. scared, 200. venom, 201. suppose, 202. barb, 203. invincible, 204. gulf, 205. singe

206. romantic des_____ons *n.* the place to which someone or something is going or being sent; the ultimate purpose or goal of a journey or action
207. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
208. res_____ry failure *adj.* relating to the organs and processes involved in breathing, such as the lungs and the act of inhaling and exhaling air
209. temporary me_____l treatment *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
210. su___r a setback *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
211. ac_____ng attitude *adj.* willing to receive or to take something offered
212. ar___a ships *n.* a large fleet of warships or other vessels, typically organized for a specific military purpose and often under the command of a single admiral; a large group of powerful or influential people or things
213. s__t and tie restaurant *n.* a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or acceptable for
214. da___e assessment *v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity

ANSWERS: 206. destination, 207. decide, 208. respiratory, 209. medical, 210. suffer,

211. accepting, 212. armada, 213. suit, 214. damage

215. pr____le outcome *adj.* likely to happen or likely to be true
216. economic con_____on *n.* a violent, involuntary contraction or shaking of the muscles, especially those in the limbs or face; a sudden, intense, and often violent disturbance or upheaval
217. an int_____nt person *adj.* having the capacity for thought and reason, especially to a high degree
218. fa_____y land *adj.* located at a geographically distant place; remote or separated by distance; distant or not easily accessible
219. completely im_____e the ingredient *v.* to become fully involved in a particular activity; to dip or submerge in a liquid, especially so that they or it are entirely covered
220. hal_____ah chorus *n.* an exclamation of praise or thanksgiving, particularly in religious contexts; a song or composition expressing such praise or worship
221. im_____ry number *adj.* existing only in someone's mind
222. the average life s__n *n.* the entire length of something, such as time or space from beginning to end; the amount of space that something covers
223. a letter of acc_____ce *n.* the act of agreeing or approving, or the state of being agreed or approved
224. po___n bilateral relations *n.* a substance that can cause illness, injury, or death when ingested, inhaled, or absorbed through the skin; something harmful, malicious, or toxic; the act of damaging or ruining a relationship; (verb) to introduce a substance into something or someone harmful and potentially deadly

ANSWERS: 215. probable, 216. convulsion, 217. intelligent, 218. faraway, 219. immerse, 220. hallelujah, 221. imaginary, 222. span, 223. acceptance, 224. poison

225. the ve____us jellyfish's sting *adj.* extremely poisonous or injurious; containing or producing venom; marked by deep ill will
226. g__n with pleasure *v.* to smile broadly
227. streaks of li_____ng *n.* a flash, or several flashes, of light that accompanies an electric discharge in the atmosphere, or something resembling such a flash
228. an internal re____y *n.* a successful way of dealing with or improving an unpleasant or difficult situation or curing an illness
229. the ve__m of a lizard *n.* a toxic substance produced by an animal, typically a snake or insect, and injected into prey or an enemy by biting or stinging
230. express si_____e regret *adj.* (of a person, feelings, or behavior) open and genuine; not deceitful
231. a feeling of acc_____ce *n.* the act of agreeing or approving, or the state of being agreed or approved
232. fishing d__k *n.* a structure or platform that extends from the shoreline into a body of water, used for loading and unloading ships or boats; an enclosed area of water used as a basin for shipping or pleasure boats; a place where a ship can be repaired or maintained
233. c__b cakes *n.* a sea creature with two large claws and a flattened back (e.g., blue crab or king crab); a sour or grumpy person who is prone to complaining or criticizing

ANSWERS: 225. venomous, 226. grin, 227. lightning, 228. remedy, 229. venom, 230. sincere, 231. acceptance, 232. dock, 233. crab

234. victim of sexual ab__e *n.* the use of something in an incorrect or harmful manner
235. ba__e the baby *v.* to wash or immerse oneself or another person in the water or a liquid; to expose a part of the body to a natural element, such as sunlight or air
236. mental co____e *n.* the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous
237. pa_____n drive *n.* intense, driving, or overpowering feeling or conviction
238. ca_____er language *adj.* displaying a lack of concern or seriousness; offhand or disdainful towards important matters; adopting a carefree or arrogant attitude; (noun) a gentleman or a knight, especially one who is gallant or courtly
239. w__m noise *n.* a sudden, forceful impact or blow; a loud noise or sound effect used in music or film
240. pu___e a goal *v.* to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them
241. a_t cabin *adj.* (the opposite of "forward") located at or towards the rear or back of a ship, aircraft, or other vehicle
242. a thrust be_____g *n.* the way in which one comports oneself; a posture or stance, especially one indicative of confidence or authority; the horizontal direction or position of a place, object, or person relative to another

ANSWERS: 234. abuse, 235. bathe, 236. courage, 237. passion, 238. cavalier, 239. wham, 240. pursue, 241. aft, 242. bearing

243. re__l uprising *n.* someone who resists or opposes authority or control, especially by fighting against it
244. sc__t out of my room *v.* to move or glide along quickly and smoothly on a surface, especially on a scooter or similar device
245. y__l for help *v.* to shout in a sudden and loud way
246. d_p a pen in ink *v.* to put something into a liquid for a short time and take it out again
247. societal ma_____e *n.* a general feeling of discomfort, illness, or unease whose exact cause is difficult to identify
248. cultural n__m *n.* something that is regarded as usual, typical, or standard
249. a cr__y scheme *adj.* stupid or not sensible; very angry
250. sign of deh_____on *n.* a condition in which the body lacks sufficient water and fluids, leading to thirst and other symptoms
251. pro_____on of civilization *n.* the act or process of changing to the next stage or phase or moving forward
252. moral con_____on *n.* a strong belief or opinion, especially one that is based on principles or evidence; (criminal law) a final judgment of guilty in a criminal case and the punishment that is imposed
253. visual nav_____on *n.* the act of directing a ship or airplane from place to place; advice or information intended to resolve a problem or challenge, especially as given by someone in authority

ANSWERS: 243. rebel, 244. scoot, 245. yell, 246. dip, 247. malaise, 248. norm, 249. crazy, 250. dehydration, 251. progression, 252. conviction, 253. navigation

254. d_p a chip in the sauce *v.* to put something into a liquid for a short time and take it out again
255. suffer st___e *n.* a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.
256. At____ic salmon *adj.* relating to or located near the Atlantic Ocean, which is the second-largest ocean on Earth, located between the continents of North and South America to the west and Europe and Africa to the east
257. vo__t abuse *v.* to eject food, blood, etc., from the stomach through the mouth; (noun) the matter ejected from the stomach through the mouth
258. exc_____ing ordeal *adj.* extremely painful, intense, or distressing; causing great physical or emotional suffering
259. a_t view *adj.* (the opposite of "forward") located at or towards the rear or back of a ship, aircraft, or other vehicle
260. gr__d bargain *adj.* important and large in size, scope, or extent
261. the hydrogen binds the ox___n *n.* the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live
262. an ob____le to progress *n.* a thing that blocks one's way or prevents or hinders progress

ANSWERS: 254. dip, 255. stroke, 256. Atlantic, 257. vomit, 258. excruciating, 259. aft, 260. grand, 261. oxygen, 262. obstacle

263. hold your br___h *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
264. d__g a team down *v.* to pull or haul with force
265. cou_____us rescue attempt *adj.* able to face and deal with danger or fear without flinching
266. we__h heavily on stock prices *v.* to have a particular weight; to carefully evaluate things before making a conclusion
267. f_r forest *n.* a type of tall evergreen tree that is native to the northern hemisphere, with needle-like leaves and cones that stand upright on the branches
268. chronic sleep dep_____on *n.* a state of not having something, such as food or money, that you need for a pleasant life
269. personal pl_____st *n.* a curated list of songs or audio recordings that can be played in a specific order or shuffled randomly, often created for a specific purpose or event
270. disarm the b__b *n.* a weapon that explodes and is used to kill or injure people or to cause damage to something
271. f_r branch *n.* a type of tall evergreen tree that is native to the northern hemisphere, with needle-like leaves and cones that stand upright on the branches
272. unw_____ng commitment *adj.* not changing or becoming weaker in any way; remaining steadily fixed or resolute in purpose or commitment

ANSWERS: 263. breath, 264. drag, 265. courageous, 266. weigh, 267. fir, 268. deprivation, 269. playlist, 270. bomb, 271. fir, 272. unwavering

273. a__e all the time *v.* to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain
274. int_____nt assisting system *adj.* having the capacity for thought and reason, especially to a high degree
275. make a cou_____us decision *adj.* able to face and deal with danger or fear without flinching
276. At_____ic breeze *adj.* relating to or located near the Atlantic Ocean, which is the second-largest ocean on Earth, located between the continents of North and South America to the west and Europe and Africa to the east
277. ch__e a dream *v.* to pursue something or someone to catch or capture them; to go after something vigorously or with determination; (noun) a pursuit or a hunt; a narrow groove or channel cut into a surface, often used for decorative purposes
278. na__l battles *adj.* of or relating to ships, sailors, or the navy
279. spineless je_____sh *n.* a marine creature with a soft, jelly-like body and tentacles for stinging
280. Wi_____ia article *n.* an online encyclopedia that allows users to contribute and edit articles collaboratively; a vast and frequently updated repository of information on a wide range of topics
281. commit su_____e *n.* the act of killing yourself intentionally

ANSWERS: 273. ache, 274. intelligent, 275. courageous, 276. Atlantic, 277. chase, 278. naval, 279. jellyfish, 280. Wikipedia, 281. suicide

282. gl___y texture *adj.* resembling glass in appearance or texture; smooth, shiny, and hard
283. alleviate res_____ry ailments *adj.* relating to the organs and processes involved in breathing, such as the lungs and the act of inhaling and exhaling air
284. el_____e educational standards *v.* to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
285. ca___r research *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
286. sh__e up demand *n.* the land along the edge of a sea, lake, broad river, or other large body of water; (verb) to support by placing against something solid or rigid
287. w__p a fish in foil *v.* to cover or enclose something entirely with paper, cloth, or other material
288. infrared go___es *v.* to look at someone or something with amazement; to look stupidly; (noun, plural) tight-fitting spectacles that are worn to prevent particulates, water, or chemicals from striking the eyes
289. end of the gr__e period *n.* a quality of being pleasing, especially in appearance or manner; a temporary exemption, especially an extended period granted as a special favor; a short prayer of thanks before a meal
290. a sa_____er fish *adj.* of or connected with seawater or water containing salt; living in or found in the sea

ANSWERS: 282. glassy, 283. respiratory, 284. elevate, 285. cancer, 286. shore, 287. wrap, 288. goggle, 289. grace, 290. saltwater

291. atomic b__bs *n.* a weapon that explodes and is used to kill or injure people or to cause damage to something
292. the film c__w *n.* a group of people who work together, especially on a ship or airplane
293. con_____us improvement *adj.* occurring or existing without a pause or interruption
294. lack of ox___n *n.* the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live
295. a ti__t game *adj.* fixed, fastened, or kept together firmly or closely
296. el_____e a close relationship *v.* to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
297. gel_____us texture *adj.* having the texture of jelly; having a translucent, jelly-like consistency
298. student on a ti__t budget *adj.* fixed, fastened, or kept together firmly or closely
299. naval ar___a *n.* a large fleet of warships or other vessels, typically organized for a specific military purpose and often under the command of a single admiral; a large group of powerful or influential people or things
300. he___n overdose *n.* a highly addictive and illegal drug derived from morphine, typically administered by injection and often associated with serious health problems, including overdose and addiction

ANSWERS: 291. bomb, 292. crew, 293. continuous, 294. oxygen, 295. tight, 296. elevate, 297. gelatinous, 298. tight, 299. armada, 300. heroin

301. posterior te____le *n.* a flexible, mobile, and long arm-like organ used for feeling and holding things, catching food, or moving
302. d__e into anime communities *v.* to jump into the water with your head and arms going in first, or to move down to a deeper level underwater
303. the biggest tree in ex____ce *n.* the state or fact of someone or something existing
304. o_d behavior *adj.* strange or unexpected; not divisible by two
305. cr__h coffee beans *v.* to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller
306. seem like a da____ng task *adj.* looking challenging to manage in prospect; making someone anxious and less confident about carrying out something
307. Wi____ia entry *n.* an online encyclopedia that allows users to contribute and edit articles collaboratively; a vast and frequently updated repository of information on a wide range of topics
308. sa____er crocodile *adj.* of or connected with seawater or water containing salt; living in or found in the sea
309. aim a b__b *n.* a sharp projection or point, often on a plant or animal; a cutting remark or criticism that is meant to hurt or insult; a type of fishing lure that has small hooks and a brightly colored feather or hair

ANSWERS: 301. tentacle, 302. dive, 303. existence, 304. odd, 305. crush, 306. daunting, 307. Wikipedia, 308. saltwater, 309. barb

310. vo__t after ingesting *v.* to eject food, blood, etc., from the stomach through the mouth; (noun) the matter ejected from the stomach through the mouth
311. par_____se a poem into prose *v.* to restate or reword a passage in one's own words, often to clarify or simplify the original meaning
312. sc__t over *v.* to move or glide along quickly and smoothly on a surface, especially on a scooter or similar device
313. say a gr__e *n.* a quality of being pleasing, especially in appearance or manner; a temporary exemption, especially an extended period granted as a special favor; a short prayer of thanks before a meal
314. su___r bad grades *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

ANSWERS: 310. vomit, 311. paraphrase, 312. scoot, 313. grace, 314. suffer

Session 3: Fill in the Blanks

1. The chairperson _____ him the right to speak.
v. to agree to give or allow somebody

2. He slightly modified the _____ of training because it was just before a match.
n. the entire length of something, such as time or space from beginning to end;
the amount of space that something covers

3. This drug will be a good _____ for your stomach trouble.
n. a successful way of dealing with or improving an unpleasant or difficult situation
or curing an illness

4. The withdrawal symptoms from _____ can be intense and painful.
n. a highly addictive and illegal drug derived from morphine, typically administered
by injection and often associated with serious health problems, including
overdose and addiction

5. We cannot afford to squander _____ time.
adj. uncommon and extremely valuable

6. He _____ the article in his own words to avoid being accused of
plagiarism.
v. to restate or reword a passage in one's own words, often to clarify or simplify
the original meaning

7. The waves are beating against the _____.
n. the land along the edge of a sea, lake, broad river, or other large body of water;
(verb) to support by placing against something solid or rigid

ANSWERS: 1. granted, 2. span, 3. remedy, 4. heroin, 5. precious, 6. paraphrased, 7. shore

8. The _____ fought against the government for their independence.
n. someone who resists or opposes authority or control, especially by fighting against it
9. The fog _____ the city, making it difficult to see.
v. to surround and cover completely; to encase
10. The new amusement park ride was _____ with twists, turns, and drops that left riders screaming with excitement.
adj. extremely good; excellent
11. Sharks have highly developed _____ systems and are extremely sensitive creatures.
adj. of or relating to the physical senses
12. With _____ joy, he signed his name.
adj. apparent to the mind, senses, or judgment
13. I didn't realize the iron was still hot and _____ my dress.
v. to burn something slightly or superficially, usually by mistake
14. Bees _____ as a defense mechanism when they feel threatened.
v. to cause a sharp, painful sensation or injury with a poison, venom, or other substance or by a physical action such as a bite or prick
15. Every year, they would store homemade jams and preserves in the _____ cool environment to make them last longer.
n. a room or space below ground level in a building, typically used for storage of goods, food, or wine; a basement

ANSWERS: 8. rebels, 9. enveloped, 10. fantastic, 11. sensory, 12. evident, 13. singed, 14. sting, 15. cellar's

16. The software company bought the VR _____ manufacturer.

- v.* to look at someone or something with amazement; to look stupidly; (noun, plural) tight-fitting spectacles that are worn to prevent particulates, water, or chemicals from striking the eyes

17. The sky turned a beautiful orange hue at _____.

- n.* the period of the day just before nightfall when the light begins to fade; the darker part of twilight

18. We have discussed the entirety of this _____ problem.

- adj.* requiring care and skill because challenging to do or deal with

19. He was an _____ person who believed in diversity and inclusiveness.

- adj.* willing to receive or to take something offered

20. He gained debt _____.

- n.* the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion

21. I have to _____ over to the next desk because there's not enough room for me to sit comfortably.

- v.* to move or glide along quickly and smoothly on a surface, especially on a scooter or similar device

22. The trapped bear is running amok in its _____.

- n.* a structure made of metal bars or wire in which birds or animals can be kept

23. The _____ to the Amazon jungle was both exciting and challenging.

- n.* a journey or voyage for a specific purpose

ANSWERS: 16. goggles, 17. dusk, 18. tricky, 19. accepting, 20. forgiveness, 21. scoot, 22. cage, 23. expedition

24. The Spanish _____ was a powerful fleet of ships that attempted to invade England in 1588.
- n.* a large fleet of warships or other vessels, typically organized for a specific military purpose and often under the command of a single admiral; a large group of powerful or influential people or things
25. The sponge takes up the _____ well.
- n.* a substance, such as water or oil that flows freely and is neither a solid nor a gas
26. The company has made great strides in its _____ toward sustainability.
- n.* the act or process of changing to the next stage or phase or moving forward
27. The plant's leaves contain a deadly _____ that can cause hallucinations and seizures.
- n.* a substance that can cause illness, injury, or death when ingested, inhaled, or absorbed through the skin; something harmful, malicious, or toxic; the act of damaging or ruining a relationship; (verb) to introduce a substance into something or someone harmful and potentially deadly
28. Chronic _____ disorders, such as asthma, can significantly impact a person's quality of life.
- adj.* relating to the organs and processes involved in breathing, such as the lungs and the act of inhaling and exhaling air
29. The _____ is about 13.8 billion years old.
- n.* everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy
30. He _____ the heavy suitcase behind him as he walked.
- v.* to pull or haul with force

ANSWERS: 24. Armada, 25. liquid, 26. progression, 27. poison, 28. respiratory, 29. universe, 30. dragged

31. She is a talented _____ who has been recognized for her work.

n. a person who writes poetry

32. He suffers from _____ breakdowns.

adj. worried and anxious about something; relating to the nerves

33. He suffered from _____ after spending the day in the hot sun.

n. a condition in which the body lacks sufficient water and fluids, leading to thirst and other symptoms

34. The doctor prescribed a _____ regimen to help reduce the patient's severe allergic reaction.

n. a synthetic corticosteroid drug commonly used to treat various inflammatory conditions, immune system disorders, and allergic reactions. It helps reduce swelling, pain, and inflammation in the body

35. What do you _____ the culprit's motive was?

v. to think that something is likely to be actual or possible

36. He is a _____ man

adj. having or showing excellent personal qualities or high moral principles that people admire

37. Eating food in a hurry _____ blood glucose levels.

v. to raise something from a lower to a higher position; to give a promotion to or assign to a higher position

38. The movie has received almost universally _____ criticism.

adj. having the quality of something bad or harmful; expressing refusal

ANSWERS: 31. poet, 32. nervous, 33. dehydration, 34. prednisone, 35. suppose, 36. noble-minded, 37. elevates, 38. negative

39. The passenger grabbed for the _____ mask.

n. the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live

40. She showed _____ loyalty to her friend through thick and thin.

adj. not changing or becoming weaker in any way; remaining steadily fixed or resolute in purpose or commitment

41. _____ robots that can cooperate with humans have limited motor output for safety.

adj. having the capacity for thought and reason, especially to a high degree

42. The hiker suffered from _____ symptoms after being exposed to extreme cold.

adj. relating to or characterized by abnormally low body temperature, typically resulting from prolonged exposure to cold temperatures

43. The ecosystem upstream of the river significantly impacts the _____ ecosystem downstream.

adj. of or connected with seawater or water containing salt; living in or found in the sea

44. The national election was held amid _____ security.

adj. fixed, fastened, or kept together firmly or closely

45. The snake's _____ is highly toxic and can be fatal to humans.

n. a toxic substance produced by an animal, typically a snake or insect, and injected into prey or an enemy by biting or stinging

46. I go to the local _____ three times a week to stay in shape.

n. a large room or building equipped for indoor sports and physical exercise, typically including weights and exercise machines; a school or institution that emphasizes physical education and athletics

ANSWERS: 39. oxygen, 40. unwavering, 41. Intelligent, 42. hypothermic, 43. saltwater, 44. tight, 45. venom, 46. gymnasium

47. I am excited to reach my _____ and explore the new city finally.
n. the place to which someone or something is going or being sent; the ultimate purpose or goal of a journey or action
48. The car hit the curb with a loud _____ causing some damage to the tire.
n. a sudden, forceful impact or blow; a loud noise or sound effect used in music or film
49. The rain and thunder are _____ today.
adj. stupid or not sensible; very angry
50. This year's _____ gathering will be held in Canada.
adj. important and large in size, scope, or extent
51. His grandfather was an _____ man.
adj. strange or unexpected; not divisible by two
52. The ship's _____ worked hard to repair the damaged sails before the next storm hit.
n. a group of people who work together, especially on a ship or airplane
53. The shark's powerful _____ allowed it to swim at high speeds.
n. a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
54. His dream is to become an Olympic _____.
n. a person who competes in one or more sports that involve physical strength, speed, or endurance

ANSWERS: 47. destination, 48. wham, 49. crazy, 50. grand, 51. odd, 52. crew, 53. fins, 54. athlete

55. I _____ to say that you did not gain admission to the university.
- v. to feel sad, repentant, or disappointed over something you have done or something you have not been able to do
56. She felt sick and had to run to the bathroom to _____.
- v. to eject food, blood, etc., from the stomach through the mouth; (noun) the matter ejected from the stomach through the mouth
57. The jellyfish's body was transparent and _____ making it difficult to see in the water.
- adj. having the texture of jelly; having a translucent, jelly-like consistency
58. Not all teachers accept citing _____ as a valid source for academic papers.
- n. an online encyclopedia that allows users to contribute and edit articles collaboratively; a vast and frequently updated repository of information on a wide range of topics
59. The use of cluster _____ is strictly prohibited by international law.
- n. a weapon that explodes and is used to kill or injure people or to cause damage to something
60. The _____ course was challenging but fun.
- n. a thing that blocks one's way or prevents or hinders progress
61. I ordered a plate of fresh _____ at the seafood restaurant.
- n. a sea creature with two large claws and a flattened back (e.g., blue crab or king crab); a sour or grumpy person who is prone to complaining or criticizing
62. Despite his best efforts, he was unable to _____ the enemy.
- v. to win against somebody in a fight, war, or attempt

ANSWERS: 55. regret, 56. vomit, 57. gelatinous, 58. Wikipedia, 59. bombs, 60. obstacle, 61. crab, 62. defeat

63. He borrowed money from a loan _____.

- n.* a long-bodied, mostly predatory marine fish that has sharp teeth and a pointed fin on its back; a person who is ruthless, greedy, and dishonest

64. He bated his _____ when talking about this affair.

- n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

65. The _____ pain in his ankle made it difficult to walk.

- adj.* extremely painful, intense, or distressing; causing great physical or emotional suffering

66. The food chain causes a material _____.

- n.* an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

67. I will work hard to _____ my goals and realize my dreams.

- v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

68. Our company has an audit team that monitors directors for _____ of authority.

- n.* the use of something in an incorrect or harmful manner

69. The heavy snow has been _____ since last morning.

- adj.* occurring or existing without a pause or interruption

70. There are _____ methods for dealing with stress.

- adj.* too numerous to be counted or very many

ANSWERS: 63. shark, 64. breath, 65. excruciating, 66. cycle, 67. achieve, 68. abuse, 69. continuous, 70. countless

71. We _____ negotiations after a temporary break.

- v.* to continue or begin anew after a pause or interruption

72. The baby _____ 1 pound 3 oz.

- v.* to have a particular weight; to carefully evaluate things before making a conclusion

73. The police officer _____ the suspect through the crowded streets until they finally caught him.

- v.* to pursue something or someone to catch or capture them; to go after something vigorously or with determination; (noun) a pursuit or a hunt; a narrow groove or channel cut into a surface, often used for decorative purposes

74. The pilot had to adjust the plane's _____ to stay on course.

- n.* the way in which one comports oneself; a posture or stance, especially one indicative of confidence or authority; the horizontal direction or position of a place, object, or person relative to another

75. The hostage made a false confession under _____.

- n.* the use of force, coercion, or threat to compel someone to do something against their will; a condition of being forced or constrained to act or behave in a certain way

76. The _____ hurricane season runs from June to November each year.

- adj.* relating to or located near the Atlantic Ocean, which is the second-largest ocean on Earth, located between the continents of North and South America to the west and Europe and Africa to the east

77. This year's extreme heat has resulted in many heat _____ cases.

- n.* a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.

ANSWERS: 71. resumed, 72. weighs, 73. chased, 74. bearing, 75. duress, 76. Atlantic, 77. stroke

78. The _____ of diversity and inclusion is crucial for building a harmonious society.
- n.* the act of agreeing or approving, or the state of being agreed or approved
79. He needed to _____ with structural reforms to improve the company's revenue.
- v.* to make a strenuous effort to solve a problem; to engage in a close fight or conflict without weapons
80. The king's _____ was apparent in his elegant attire and powerful presence.
- n.* regal or royal dignity; grandeur or greatness
81. The search and rescue team sent a team of _____ to search for the missing plane wreckage.
- n.* a person who dives, especially one who does so professionally or as a sport; a bird that dives into the water to catch fish or other prey
82. The smell of fresh _____ trees filled the air at the Christmas tree farm.
- n.* a type of tall evergreen tree that is native to the northern hemisphere, with needle-like leaves and cones that stand upright on the branches
83. She savored the _____ happiness she felt during the vacation.
- adj.* brief or temporary, lasting only a short time
84. The ship pulled to the _____ and we disembarked to start our adventure.
- n.* a structure or platform that extends from the shoreline into a body of water, used for loading and unloading ships or boats; an enclosed area of water used as a basin for shipping or pleasure boats; a place where a ship can be repaired or maintained

ANSWERS: 78. acceptance, 79. grapple, 80. majesty, 81. divers, 82. fir, 83. fleeting, 84. dock,

85. Missile assaults on the capital continued around _____.

n. the time of day when the sun's light starts to show in the sky

86. He _____ himself in his research.

v. to become fully involved in a particular activity; to dip or submerge in a liquid, especially so that they or it are entirely covered

87. He is now fighting his _____ to drugs.

n. the inability to stop using or doing something as a habit, especially something harmful

88. The _____ team worked quickly to save the patient's life.

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

89. The human eye is _____ in recognizing objects.

n. a flash, or several flashes, of light that accompanies an electric discharge in the atmosphere, or something resembling such a flash

90. He was a _____ soldier who had served his country with honor.

adj. able to face and deal with danger or fear without flinching

91. Jet _____ are the common name for air currents that form high in the atmosphere.

n. a small, narrow river; a continuous flow of something, such as liquid, gas, people, vehicles, etc.

92. The _____ surface of the lake reflected the colorful autumn leaves.

adj. resembling glass in appearance or texture; smooth, shiny, and hard

ANSWERS: 85. dawn, 86. immersed, 87. addiction, 88. medical, 89. lightning-fast, 90. courageous, 91. streams, 92. glassy

93. The country is experiencing economic _____.
- n.* a general feeling of discomfort, illness, or unease whose exact cause is difficult to identify
94. Solar gravity creates _____ pressures and temperatures.
- adj.* very great in amount or degree
95. During the surgery, the doctor had to be extremely cautious not to _____ a blood vessel.
- v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
96. _____ the bandage tightly around the injured arm.
- v.* to cover or enclose something entirely with paper, cloth, or other material
97. The federal _____ is planning to increase taxes for the next fiscal year.
- n.* the group of people with authority to control a country or state
98. His _____ speech about his struggles with addiction brought tears to the audience's eyes.
- adj.* causing strong emotions or feelings, especially sadness or sympathy
99. The old oak tree stood with _____ and majesty in the park's center.
- n.* a quality of being pleasing, especially in appearance or manner; a temporary exemption, especially an extended period granted as a special favor; a short prayer of thanks before a meal
100. I always _____ my dog after she swims in the lake.
- v.* to wash or immerse oneself or another person in the water or a liquid; to expose a part of the body to a natural element, such as sunlight or air

ANSWERS: 93. malaise, 94. extreme, 95. damage, 96. Wrap, 97. government, 98. moving, 99. grace, 100. bathe

101. The car was completely _____ in the accident.

- v.* to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller

102. I'm _____ of insects.

- adj.* afraid or frightened

103. The patient's _____ were a side effect of their medication.

- n.* a violent, involuntary contraction or shaking of the muscles, especially those in the limbs or face; a sudden, intense, and often violent disturbance or upheaval

104. I asked my boss for _____ to leave early for a doctor's appointment.

- n.* consent or authorization given by someone in authority or by the owner of something, allowing someone to do something or allowing something to occur

105. That team signed a center forward who was a ball-_____.

- n.* a bird of prey typically having short rounded wings and a long tail; an advocate of an aggressive policy on foreign relations

106. When I asked my father for more money, he became furious and _____ at me.

- v.* to shout in a sudden and loud way

107. Breast _____ is the most common type of cancer in women.

- n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

108. The team felt _____ after their winning streak.

- adj.* incapable of being conquered, defeated, or overcome; unassailable

ANSWERS: 101. crushed, 102. scared, 103. convulsions, 104. permission, 105. hawk, 106. yelled, 107. cancer, 108. invincible

109. She couldn't _____ whether to order the pizza or the pasta for dinner.
v. to make up someone's mind about something; to come to a conclusion or judgment after considering options
110. The _____ of Mexico is a body of water in the southern United States.
n. a large ocean inlet or deep bay that is partially enclosed by land
111. The systems we have developed has accepted as industry _____.
n. something that is regarded as usual, typical, or standard
112. He felt a sense of _____ about the future and wasn't sure what would happen.
n. a feeling of deep anxiety or dread, typically an unfocused one about the human condition or the state of the world in general
113. Six _____ are awaiting trial or verdict.
n. a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or acceptable for
114. The _____ snake bit him, causing him to go into shock.
adj. extremely poisonous or injurious; containing or producing venom; marked by deep ill will
115. The older man _____ from arthritis and finds it difficult to move around.
v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
116. Massive demonstrations lead to total _____ of transportation.
n. a condition in which you are unable to move or lose control of part or most of the body because of illness or injury

ANSWERS: 109. decide, 110. Gulf, 111. norms, 112. angst, 113. suits, 114. venomous, 115. suffers, 116. paralysis

117. The choir ended the performance with a powerful _____.

n. an exclamation of praise or thanksgiving, particularly in religious contexts; a song or composition expressing such praise or worship

118. She spoke with _____ about the importance of education.

n. a strong belief or opinion, especially one that is based on principles or evidence; (criminal law) a final judgment of guilty in a criminal case and the punishment that is imposed

119. Little children tend to have _____ friends.

adj. existing only in someone's mind

120. The _____ chaos of the concert crowd made it seem like a wild animal was in the room.

adj. complete, total, or absolute; said, done, or experienced without any exceptions or qualifications; spoken aloud or enunciated very clearly and distinctly; (verb) to speak or articulate words, sounds, or a voice

121. I _____ all over after running a marathon yesterday.

v. to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain

122. It seems _____ that he has forgotten our scheduled meeting.

adj. likely to happen or likely to be true

123. The _____ attitude of the driver caused him to disregard the rules of the road.

adj. displaying a lack of concern or seriousness; offhand or disdainful towards important matters; adopting a carefree or arrogant attitude; (noun) a gentleman or a knight, especially one who is gallant or courtly

ANSWERS: 117. hallelujah, 118. conviction, 119. imaginary, 120. utter, 121. ache, 122. probable, 123. cavalier

124. The _____ smell of smoke clung to his clothes even after he left the campfire.

adj. continuing for a long time; persistent; remaining in a place or situation for longer than is usual or necessary; unwilling to leave

125. As the sun set, the colors of the sky merged with the _____ creating a beautiful orange and pink hue.

n. the line at which the earth's surface and the sky appear to meet; the range of interest or activity that can be anticipated

126. Please accept my _____ condolences on your friend's death.

adj. (of a person, feelings, or behavior) open and genuine; not deceitful

127. _____ school students must learn basic math and reading skills.

adj. relating to the first principles or fundamental parts of a subject; fundamental or basic, often used to refer to a school or level of education that covers the fundamental principles of various subjects

128. The ____ cleared away, and the star-filled sky appeared.

n. a thick cloud consisting of tiny water droplets or ice crystals suspended in the air at or near the Earth's surface; a weather condition in which visibility is reduced because of a cloud of water

129. The climb up the mountain was _____ and took us hours to complete.

adj. requiring strenuous effort; difficult and tiring, often involving physical or mental labor

130. It takes a lot of _____ to stand up for what you believe is right.

n. the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous

ANSWERS: 124. lingering, 125. horizon, 126. sincere, 127. Elementary, 128. fog, 129. arduous, 130. courage

131. That investor saw an _____ of possibilities in this company.

- n.* the state or quality of having no end or limit; (mathematics) a number greater than any natural number

132. I created a _____ of my favorite songs for my road trip.

- n.* a curated list of songs or audio recordings that can be played in a specific order or shuffled randomly, often created for a specific purpose or event

133. His professional experience includes all _____ of media production.

- n.* one part or feature of a situation, problem, subject, etc.

134. Please ____ up a bucketful of water from the well.

- v.* to put something into a liquid for a short time and take it out again

135. The police caught the fugitive criminal in the _____ of an expanded investigation.

- n.* a flexible, mobile, and long arm-like organ used for feeling and holding things, catching food, or moving

136. Losing him is great _____ to our team.

- n.* a state of not having something, such as food or money, that you need for a pleasant life

137. ____ operational improvements often lead to better environmental performance.

- adj.* having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posture

138. The politician's words were full of _____ designed to hurt his opponent.

- n.* a sharp projection or point, often on a plant or animal; a cutting remark or criticism that is meant to hurt or insult; a type of fishing lure that has small hooks and a brightly colored feather or hair

ANSWERS: 131. infinity, 132. playlist, 133. aspects, 134. dip, 135. tentacles, 136. deprivation, 137. Lean, 138. barbs

139. The small town felt like a _____ of the larger society.

n. a miniature or small-scale version of something that represents the larger whole or system; a representation of society or culture on a smaller scale

140. The sperm whale can _____ to 1,000 meters.

v. to jump into the water with your head and arms going in first, or to move down to a deeper level underwater

141. He was an atheist and therefore did not believe in the _____ of heaven or hell.

n. the state or fact of someone or something existing

142. She intends to _____ a political career.

v. to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them

143. Her _____ for cooking is evident in every dish she prepares.

n. intense, driving, or overpowering feeling or conviction

144. In an economically prosperous country, most male _____ is due to child support problems.

n. the act of killing yourself intentionally

145. The _____ section of the ship suffered significant damage after the collision with the reef.

adj. (the opposite of "forward") located at or towards the rear or back of a ship, aircraft, or other vehicle

146. Professional game players pay the latest attention to the sound quality of their _____.

n. a pair of headphones, typically with a microphone attached

ANSWERS: 139. microcosm, 140. dive, 141. existence, 142. pursue, 143. passion, 144. suicide, 145. aft, 146. headsets

147. The beach was filled with hundreds of _____ so swimming was not recommended.

n. a marine creature with a soft, jelly-like body and tentacles for stinging

148. The view from the _____ hilltop was breathtakingly beautiful.

adj. located at a geographically distant place; remote or separated by distance; distant or not easily accessible

149. He refused to do anything _____ to help her.

adv. not at all; no matter what

150. The band has released a lot of _____ rock music.

n. (also "epinephrine") a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger

151. The baby started to _____ on a piece of apple.

v. to prevent or obstruct the normal breathing or swallowing of someone or something

152. The _____ officer was responsible for the safety and well-being of the crew on his ship.

adj. of or relating to ships, sailors, or the navy

153. He couldn't help but _____ as he remembered the good times.

v. to smile broadly

154. The economic recession caused _____ in the housing market, with many people losing their homes.

n. the act of causing great destruction or damage, often on a large scale

ANSWERS: 147. jellyfish, 148. faraway, 149. whatsoever, 150. adrenaline-pumping, 151. choke, 152. naval, 153. grin, 154. devastation

155. The cancellation of the concert was a huge _____ for the fans.

n. the feeling of sadness, frustration, or dissatisfaction that arises when something does not live up to one's expectations or hopes

156. My homework was _____ and complex, but it was also intriguing.

adj. looking challenging to manage in prospect; making someone anxious and less confident about carrying out something

157. The plane's _____ system had problems, which mechanics found.

n. the act of directing a ship or airplane from place to place; advice or information intended to resolve a problem or challenge, especially as given by someone in authority

ANSWERS: 155. disappointment, 156. daunting, 157. navigation