

# Englist.me



## Vocabulary Builder Reference from...

*Ruby Wax: What's so funny about mental illness? |*

*TED Talk*

[https://www.ted.com/talks/ruby\\_wax\\_what\\_s\\_so\\_funny\\_about\\_mental\\_illness](https://www.ted.com/talks/ruby_wax_what_s_so_funny_about_mental_illness)

### All Words

#### IMPORTANT

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## Session 1: Word List

### suffer

*v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

*synonym*: endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

### weird

*adj.* extraordinary, unexpected, or difficult to explain

*synonym*: bizarre, creepy, peculiar

(1) a **weird** dress, (2) the state of being **weird**

My computer has been acting **weird** recently.

### row

*n.* an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oars

*synonym*: line, sequence, layer

(1) criminal on death **row**, (2) a **row** of cherry trees

He was the leader of the demonstrators and spoke out against the war in the front **row**.

### inherit

*v.* to receive money, property, or a title from someone after they have died

*synonym*: obtain, gain, acquire

(1) **inherit** estate, (2) **inherit** ancestral property

After his death, his sons **inherited** his business.

## **crawl**

*v.* to move forward slowly, as people or animals with their bodies near the ground

*synonym*: creep, drag

(1) **crawl** across the floor, (2) **crawl** away from a car

Along the gravel roads, sizeable yellow school buses **crawl**.

## **sponge**

*n.* a soft material with many microscopic pores that can absorb a large amount of liquid and is used for washing and cleaning

(1) sea **sponge**, (2) metallic **sponge**

The tiny marine **sponge** has existed for more than 500 million years.

## **absorb**

*v.* to take in a fluid or other substance gradually

*synonym*: consume, soak, ingest

(1) **absorb** energy, (2) **absorb** a shock

The sponge **absorbs** water well.

## **footprint**

*n.* a mark of a foot, shoe, or animal's foot left on a surface

*synonym*: footmark, imprint, impression

(1) **footprints** in the snow, (2) the **footprints** of an earlier civilization

We choose transportation that has a smaller carbon **footprint**.

## **clue**

*n.* an object, a piece of evidence, or some information that helps someone to find the answer to a problem, question, or mystery

*synonym*: hint, indication, inkling

(1) a **clue** about the crime, (2) a **clue** to the diagnosis

The police couldn't find a **clue** to her whereabouts.

## **chemical**

*adj.* relating to or connected with chemistry;

*synonym*: chemic, synthetic

(1) toxic **chemicals**, (2) a **chemical** compound

The firm has grown into a large **chemical** manufacturing.

## vertical

*adj.* upright or perpendicular to a horizontal surface or line  
*synonym* : perpendicular, upright, plumb

(1) **vertical** takeoff, (2) **vertical** axis

The ladder leaned against the **vertical** surface of the building.

## breakdown

*n.* a failure or collapse of a system or organization  
*synonym* : collapse, failure, malfunction

(1) a nervous **breakdown**, (2) **breakdown** maintenance

The **breakdown** of the machinery caused a delay in production.

## revelation

*n.* a fact that has been disclosed to others, especially a surprising one; the act of revealing or telling the fact or truth to others; communication of knowledge to humans by a divine or supernatural agency

*synonym* : disclosure, telling, annunciation

(1) a divine **revelation**, (2) the **revelation** of a secret

The shocking **revelation** embarrassed the administration.

## par

*n.* a state of being equal to someone or something  
*synonym* : equality, standard, balance

(1) above **par** performance, (2) not up to **par**

Shares in the company finally fell below their **par** value.

## sausage

*n.* a type of meat product usually made from pork, beef, or poultry, chopped into small pieces, put in a long tube of skin, then cooked or served cold in thin slices

*synonym* : bratwurst, wurst, frankfurter

(1) beef **sausage**, (2) German **sausage**

The mother sliced off a piece of **sausage**.

## lord

*n.* a person who has general authority, control, or power over others; a man of noble rank or high office

*synonym* : master, noble, peer

(1) a young **lord**, (2) **lord** of castle

The feudal **lord** had ruled the land for many years.

## rigor

*n.* strictness or severity in opinion, temper, or judgment

*synonym*: strictness, exactness, accuracy

(1) the **rigor** of the law, (2) academic **rigor**

When the dead body was found, **rigor** mortis had already begun.

## nibble

*v.* to take small or cautious bites or tastes, especially of food; to bite at or nibble on something repeatedly, often playfully or curiously; to gradually or slowly consume or erode something

*synonym*: bite, peck, chomp on

(1) **nibble** an ear of corn, (2) **nibble** here and there

I like to **nibble on** fruit in the morning for breakfast.

## tarmac

*n.* (also "blacktop") a hard surface made of asphalt, concrete, or other materials, typically used as a runway or surface for vehicles to move on, such as a road, parking lot, or airport runway; (verb) to surface or pave a road or runway with tarmac

*synonym*: runway, airstrip, path

(1) **tarmac** repair, (2) **tarmac** a driveway

The plane pulled onto the **tarmac** and stopped at the gate.

## mummy

*n.* a body of a human or animal that has been preserved, typically by being embalmed and wrapped in linen or other material

*synonym*: corpse, remains

(1) **mummy** tomb, (2) ancient Egyptian **mummy**

The well-preserved **mummy** was discovered in an ancient tomb in the desert.

## standing

*adj.* existing or remaining upright; having a vertical position;  
(noun) social, financial, or professional status or reputation

*synonym*

: upright, vertical, (noun) position

(1) **standing** water, (2) his social **standing**

The **standing** concert was packed with fans.

## suppose

v. to think that something is likely to be actual or possible

*synonym*: guess, assume, presume

(1) **suppose** you're right, (2) **suppose** beforehand

What do you **suppose** the culprit's motive was?

## institute

n. an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something

*synonym*: academy, university, college

(1) **institute** a lawsuit, (2) research **institutes**

This region has many **institutes** offering higher education.

## inmate

n. a person who is confined to an institution such as a prison, hospital, or mental health facility

*synonym*: prisoner, convict, detainee

(1) **inmate** population, (2) **inmate** rights

The prison implemented a new educational program for **inmates** to learn skills and prepare for life after release.

## tribe

n. a social group made up of members who live together, sharing the same language, culture, religion, etc., especially those who do not live in towns or cities

*synonym*: family, clan, kinsfolk

(1) aboriginal **tribe**, (2) mountain **tribe**

The **tribe** had distinctly defined gender roles.

## inundate

v. to flood or overwhelm with an excessive amount of something

*synonym*: flood, submerge, overwhelm

(1) **inundate** swaths of farmland, (2) **inundate** his entire body

The heavy rain **inundated** the low-lying areas and caused

flooding.

## perk

*n.* an advantage or something extra, such as money or goods, you receive as well as your wages for doing a particular job

*synonym* : extra, bonus, benefit

(1) **perks** for repeat guests, (2) worker **perk**

A yacht cruise is our company's ultimate **perk**.

## disease

*n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

*synonym* : illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

## packaging

*n.* the process, materials, or container used to wrap or contain a product for distribution, storage, or sale; the design or appearance of a product's packaging

*synonym* : wrapping, packing, boxing

(1) **packaging** materials, (2) biodegradable **packaging**

The **packaging** for the fragile items was made of sturdy materials and could withstand rough handling during shipping.

## sham

*n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

*synonym* : bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham**

The data he prepared was completely **sham**.

## lump

*n.* a small, irregularly shaped mass or piece, typically of a soft substance such as coal, flour, or dough

*synonym* : mass, clump, ball

(1) **lump** in the throat, (2) single **lump** sum

There is a small **lump** on my neck, and I'm concerned about it.

## X-ray

*n.* a type of electromagnetic radiation that has a wavelength shorter than visible light allowing hidden objects such as bones and organs inside the body to be photographed

*synonym*: roentgenogram, photon radiography

(1) **X-ray** scan, (2) an **X-ray** of arteries

The doctor ordered an **X-ray** to see if there was any damage to the bones.

## disgust

*n.* a strong feeling of dislike or disapproval

*synonym*: nauseate, hate, dislike

(1) public **disgust**, (2) show **disgust** at his actions

He was filled with **disgust** and fear for the threat of war.

## bomb

*n.* a weapon that explodes and is used to kill or injure people or to cause damage to something

*synonym*: missile, explosive, ammunition

(1) atomic **bombs**, (2) disarm the **bomb**

The use of cluster **bombs** is strictly prohibited by international law.

## abusive

*adj.* involving or characterized by harmful or offensive treatment, language, or behavior; using physical, emotional, or verbal force to control or harm someone else

*synonym*: cruel, oppressive, hurtful

(1) **abusive** behavior, (2) **abusive** parent

The teacher's **abusive** language towards the students was unacceptable.

## devil

*n.* a supernatural being typically represented in belief systems as an evil or mischievous spirit, often used metaphorically to describe a person or thing that is harmful, dangerous, or wicked

*synonym* : demon, fiend, satan

(1) **devil's** advocate, (2) **devil** horns

There are various ways to ward off the **devil**, including prayer and holy water.

## neuron

*n.* a cell that is specialized to carry information within the brain and between the brain and other parts of the body

*synonym* : nerve cell

(1) excite the **neurons**, (2) **neuron** cell body

Our body transfers information along each **neuron** using an electrical impulse.

## gap

*n.* a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.

*synonym* : opening, lacuna, spread

(1) the **gap** between ideal and reality, (2) distance **gap**

Many people are working together to close the gender **gap**.

## toxic

*adj.* of or relating to or caused by a poison; poisonous

*synonym* : poisonous, harmful, contaminated

(1) **toxic** molecule, (2) exposure to **toxic** chemicals

This chemical compound is a thousand-fold more **toxic**.

## loop

*n.* a shape like a curve or a circle made by something long and thin, such as a piece of string, that bends round and crosses itself

*synonym* : circle, curl, spiral

(1) exit from a **loop**, (2) positive feedback **loop**

Many people in this city use the **loop** railway for transportation.

## tap

*v.* to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.

*synonym* : knock, exploit, use

(1) **tap** a new market, (2) **tap** keyboard with an index finger



To expand the company, we must **tap** new human resources.

## depression

*n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

*synonym* : recession, slump, despair

(1) the Great **Depression**, (2) the root problem of her **depression**

**Depression** symptoms might include a decrease in appetite and weight loss.

## tip

*n.* the top or extreme point of something slender or tapering, usually a mountain or hill; a piece of advice about something practical; a small amount of money given for services

*synonym* : edge, advice, gratuity

(1) the **tip** of a paintbrush, (2) give the waiter a **tip** .

I will introduce some **tips** on learning English in this class.

## iceberg

*n.* a large piece of ice floating in the sea, detached from a glacier

*synonym* : glacier, ice mass, floe

(1) hit an **iceberg**, (2) **iceberg** melting

The ship encountered a series of **icebergs** and had to change its course.

## abuse

*n.* the use of something in an incorrect or harmful manner

*synonym* : misuse, misconduct, vilification

(1) the problem of drug **abuse**, (2) victim of sexual **abuse**

Our company has an audit team that monitors directors for **abuse** of authority.

## verbal

*adj.* expressed in spoken rather than written words

*synonym* : speaking, lingual, oral

(1) **verbal** communication, (2) **verbal** abuse

The candidate must have excellent **verbal** skills.

## brain

*n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

*synonym* : intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

## destructive

*adj.* causing or able to cause tremendous and irreparable damage

*synonym* : destroying, harmful, disastrous

(1) lead to **destructive** behavior, (2) a habit **destructive** to health

It was the most **destructive** storm in decades.

## homegrown

*adj.* grown or produced locally rather than imported from another area

*synonym* : indigenous, local, native

(1) **homegrown** talent, (2) **homegrown** produce

The restaurant prides itself on its **homegrown** ingredients sourced from local farms.

## psychotic

*adj.* relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking

*synonym* : deranged, unstable, certifiable

(1) **psychotic** medication, (2) **psychotic** episode

Her husband's death caused her to experience a **psychotic** break.

## alarm

*n.* a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger

*synonym* : notice, warning, panic

(1) give the **alarm**, (2) an **alarm** clock

The **alarm** announcing an enemy attack went off this morning.

## horror

*n.* intense fear or disgust, especially at something shocking or terrifying

*synonym*: fear, terror, dread

(1) **horror** movie, (2) **horror-struck** look

The stories of war crimes filled her with **horror**.

## damage

*v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity

*synonym*: harm, impair, injure

(1) **damage** a relationship, (2) **damage** assessment

During the surgery, the doctor had to be extremely cautious not to **damage** a blood vessel.

## imaginary

*adj.* existing only in someone's mind

*synonym*: fictional, ideal, fantastical

(1) **imaginary** number, (2) **imaginary** pregnancy

Little children tend to have **imaginary** friends.

## organ

*n.* a part of the body of an animal or plant that has a particular purpose and performs a specific job

*synonym*: function, structure

(1) **organ** bleeding, (2) damage to internal **organs**

These infections have the potential to impact practically every **organ** system.

## sympathy

*n.* the feeling of being sorry for someone who is experiencing a difficult or unpleasant situation; understanding or sharing someone else's feelings or emotions

*synonym*: compassion, empathy, understanding

(1) **sympathy** card, (2) feel **sympathy**

I expressed my **sympathy** to my friend after her cat passed away.

## teeny

*adj.* extremely small; tiny

*synonym* : tiny, mini, minuscule

(1) **teeny** bit, (2) so **teeny** tiny

The ring was so **teeny** that it almost looked like a toy.

## ameba

*n.* a single-celled organism that typically has the shape of a small, round blob and moves by means of temporary projections called pseudopodia

*synonym* : protozoan, single-celled organism, unicellular organism

(1) **ameba** culture, (2) **ameba** movement

The pathogenetic **ameba** moved by extending and retracting its pseudopodia.

## stick

*v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

*synonym* : pierce, adhere, stay

(1) **stick** a key in a lock, (2) fire **stick**

You **stick** a bill in the change machine, and the coins pop out.

## horsepower

*n.* a unit of power used to measure the output of mechanical engines, specifically the amount of work that one horse can do in a set amount of time

*synonym* : HP, power, energy

(1) maximum **horsepower**, (2) engine **horsepower**

The company's new generator has a **horsepower** rating of 1000, making it ideal for large buildings.

## conscious

*adj.* being aware of and able to respond to what is happening around you

*synonym* : aware, cognizant, deliberate

(1) **conscious** effort, (2) **conscious** of having succeeded

He became **conscious** that he was being followed.

## state-of-the-art

*adj.* characterized by the use of the latest and most advanced technology or methods; cutting-edge

*synonym* : advanced, cutting-edge, innovative

(1) **state-of-the-art** technology, (2) **state-of-the-art** software

The hospital has **state-of-the-art** equipment and facilities to ensure the best healthcare for its patients.

## lobe

*n.* a rounded projection or division, especially of the brain, lung, or liver

*synonym* : part, section, division

(1) **lobe** of the liver, (2) frontal **lobe**

The lungs are divided into five **lobes**.

## occiput

*n.* the back part of the head or skull

*synonym* : back of the head, skull base

(1) **occiput** muscles, (2) **occiput** pain

The massage therapist focused on the client's **occiput** region to relieve tension in the neck.

## temporal

*adj.* of or relating to time as opposed to eternity

*synonym* : transient, fleeting, temporary

(1) a **temporal** restriction, (2) **temporal** history

The **temporal** nature of the universe is a subject of much debate among scientists.

## electrical

*adj.* relating to electricity

(1) an **electrical** storm, (2) degree in **electrical** engineering

Actuators convert **electrical** pulses into motion.

## transmit

*v.* to send or forward an electronic signal; to pass something from one person or thing to another

*synonym* : convey, share, dispatch

(1) **transmit** the disease, (2) **transmit** information

Parents often **transmit** their characteristics to their children.

## dendrite

*n.* a branched, tree-like structure that extends from a neuron (= nerve cell) and receives signals from other neurons and sensory receptors

*synonym* : nerve cell, branch, projection

(1) **dendrite** growth, (2) basal **dendrite**

Damage to **dendrites** can result in communication problems between neurons and may contribute to certain neurological disorders.

## bush

*n.* a plant growing thickly with many small branches and several stiff stems coming up from the root

*synonym* : copse, scrub, brushwood

(1) trees and **bushes**, (2) a **bush** of hair

I am going to trim this **bush** off.

## equip

*v.* to provide a person or a place with the things that are needed for a particular purpose or activity

*synonym* : prepare, furnish, provide

(1) **equip** an army, (2) **equip** our children with some special skills

The construction company **equipped** the building with an earthquake-resistant device.

## folk

*n.* people in general, especially those of a particular group or type

*synonym* : community, family, person

(1) **folk** art, (2) the **folk** songs of a particular district

Some seaweed was used as **folk** medicine in ancient times.

## evolution

*n.* a gradual process of transformation of living things

*synonym* : elaboration, expansion, transition

(1) human **evolution**, (2) **evolution** theory

They study the **evolution** of the universe.

## bandwidth

*n.* the amount of data that can be transmitted or processed at one time often used to describe the capacity of electronic communication or computing systems

*synonym* : capacity, data transfer rate, network speed

(1) **bandwidth** allocation, (2) increase **bandwidth**

I don't have the **bandwidth** to take on any new projects, as I'm already working on multiple assignments.

## insane

*adj.* extremely stupid, crazy, or dangerous; mentally ill

*synonym* : crazy, mad, foolish

(1) go **insane** with pleasure, (2) an **insane** scheme

Her excessive demands drove me **insane**.

## glitch

*n.* a minor problem or malfunction, especially in a computer program, system, or machine

*synonym* : malfunction, bug, fault

(1) computer **glitch**, (2) unanticipated **glitch**

The computer system had a minor **glitch** that caused a delay.

## ancient

*adj.* relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old

*synonym* : archaic, age-old, obsolete

(1) pre-Christian **ancient**, (2) **ancient** stories

They have been living near water since **ancient** times.

## suddenly

*adv.* quickly and unexpectedly

*synonym* : abruptly, unexpectedly, unawares

(1) **suddenly** attacked by an enemy, (2) die **suddenly**

Who answers **suddenly** knows little.

## threaten

*v.* to utter intentions of injury or punishment against someone

*synonym* : endanger, terrorize, intimidate

(1) **threaten** a healthy relationship, (2) **threaten** national security

Various artificially induced causes are **threatening** our ecosystem.

## predator

*n.* an animal whose natural behavior is to prey on others  
*synonym* : vulture, bloodsucker

(1) apex **predator**, (2) sexual **predators**

The native South American animals were in danger because of the **predator's** arrival.

## adrenaline

*n.* (also "epinephrine") a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger

*synonym* : epinephrine

(1) **adrenaline** receptor, (2) **adrenaline** addiction

The band has released a lot of **adrenaline-pumping** rock music.

## cortisol

*n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure

*synonym* : stress hormone, hydrocortisone

(1) **cortisol** stress, (2) excessive **cortisol**

**Cortisol** levels in the body are often elevated during times of stress.

## fuel

*n.* a substance that is typically burned to generate heat or energy

*synonym* : energy, power, gas

(1) biomass **fuel**, (2) smokeless **fuel**

The **fuel** scarcity most severely impacted the manufacturing sector

## norm

*n.* something that is regarded as usual, typical, or standard  
*synonym* : criterion, mean, standard

(1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry **norms**.



## nowadays

*adv.* at the current time, in comparison to the past

*synonym* : currently, presently, today

(1) young people **nowadays**, (2) not to be seen **nowadays**  
People can clone a sheep **nowadays**.

## modern

*adj.* of or belonging to the present time or recent times

*synonym* : contemporary, stylish, current

(1) **modern** poetry, (2) pre- **modern** agricultural society  
Their headquarters are in a **modern** skyscraper.

## traffic

*n.* the movement of vehicles, people, or goods along a route or through a transport system; the amount of such movement in a particular place or at a particular time

*synonym* : congestion, jam, flow

(1) **traffic** jam, (2) heavy **traffic**

We decided to take a detour to avoid the construction **traffic** on the main road.

## warden

*n.* a person responsible for the supervision and management of a particular place, such as a prison, a national park, or a university campus

*synonym* : guardian, supervisor, keeper

(1) **warden** duties, (2) forest **warden**

The **warden** of the prison made sure that the inmates followed the rules.

## estate

*n.* a large piece of land with an impressive house on it, often owned by a wealthy family; all of a person's possessions and assets at the time of their death; an area of land considered as a unit in terms of ownership, use or taxation

*synonym* : property, domain, land

(1) **estate** agent, (2) real **estate** transaction

The wealthy businessman left his entire **estate** to his children when he died.

## agent

*n.* a person who represents and negotiates on behalf of someone else, such as a literary agent or talent agent; (of chemistry and medicine) a substance that brings about a chemical or physical effect; (of computer science) a piece of software that performs a task autonomously

*synonym* : representative, delegate, envoy

(1) **agent** system, (2) antidiarrheal **agent**

The FBI **agent** went undercover to infiltrate the criminal organization.

## constant

*adj.* happening repeatedly or all the time

*synonym* : ceaseless, stable, unchanging

(1) a **constant** wind, (2) a **constant** temperature

**Constant** dropping wears away the stone.

## emergency

*n.* a sudden unforeseen crisis usually involving danger that requires immediate action

*synonym* : crisis, trouble, difficulty

(1) **emergency** action, (2) acute **emergency**

The president declared a state of **emergency**.

## saber

*n.* a type of sword with a curved blade, typically used in cavalry or fencing

*synonym* : sword, cutlass, blade

(1) **saber** fencing, (2) ceremonial **saber**

The military commander drew his **saber** and shouted orders to the troops.

## thigh

*n.* the part of the human leg between the hip and the knee; in animals, the corresponding upper part of the hind leg

*synonym* : thigh-bone, femur, upper leg

(1) **thigh** muscle, (2) chicken **thigh**

The marathon runner felt a cramp in her **thigh** at the 20th mile.

## invite

v. to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place

*synonym*: ask, request, summon

(1) **invite** guests, (2) **invite** criticism

We want to **invite** you to our annual charity event.

## nag

v. to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse

*synonym*: hassle, bother, badger

(1) **nag** about the minor thing, (2) **nag** political leaders

She couldn't stop **nagging** her husband to take out the trash.

## pet

n. an animal that you have at home as a companion and treated kindly

(1) a **pet** bird, (2) a teacher's **pet**

I have a parrot as a **pet**.

## kitty

n. a sum of money or a collection of funds that is pooled together by a group of people for a specific purpose, usually for a common expense, such as a shared meal, gambling, or other group activities

*synonym*: pot, pool, jackpot

(1) vacation **kitty**, (2) secret **kitty**

We put ten percent of our earnings into our home improvement **kitty** every week.

## screw

v. to turn something, such as a bolt, with a driver or wrench to tighten or loosen it; (noun) a cylindrical rod with a helical ridge used to fasten things together

*synonym*: tighten, fix, secure

(1) **screw** the cap, (2) a female **screw**

He had to **screw** the loose knob back onto the cabinet door.

## utterly

adv. completely or absolutely

*synonym*: absolutely, completely, perfectly

(1) **utterly** changed, (2) **utterly** ignorant

We are **utterly** opposed to any form of terrorism.

## upstairs

*adv.* on or to an upper or highest floor of a building

*synonym* : above, upper

(1) live **upstairs**, (2) go **upstairs** to rest

I heard a noise **upstairs**.

## depart

*v.* to go away or leave, especially to start a journey

*synonym* : go away, leave, vacate

(1) arrive and **depart** on time, (2) **depart** from the faith

We **departed** before the temperature fell below zero.

## stigma

*n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person

*synonym* : mark, blemish, disgrace

(1) social **stigma**, (2) **stigma** against obesity

The mental health **stigma** often prevents people from seeking treatment.

## Session 2: Spelling

1. positive feedback l\_\_p *n.* a shape like a curve or a circle made by something long and thin, such as a piece of string, that bends round and crosses itself
2. a habit des \_\_\_\_\_ve to health *adj.* causing or able to cause tremendous and irreparable damage
3. or\_\_n bleeding *n.* a part of the body of an animal or plant that has a particular purpose and performs a specific job
4. acute em\_\_\_\_\_cy *n.* a sudden unforeseen crisis usually involving danger that requires immediate action
5. an\_\_\_\_\_t stories *adj.* relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old
6. an X-\_\_y of arteries *n.* a type of electromagnetic radiation that has a wavelength shorter than visible light allowing hidden objects such as bones and organs inside the body to be photographed
7. biodegradable pa\_\_\_\_\_ng *n.* the process, materials, or container used to wrap or contain a product for distribution, storage, or sale; the design or appearance of a product's packaging
8. ni\_\_\_e here and there *v.* to take small or cautious bites or tastes, especially of food; to bite at or nibble on something repeatedly, often playfully or curiously; to gradually or slowly consume or erode something

ANSWERS: 1. loop, 2. destructive, 3. organ, 4. emergency, 5. ancient, 6. X-ray, 7. packaging, 8. nibble

9. ab\_\_\_b a shock  
*v.* to take in a fluid or other substance gradually
10. not to be seen no\_\_\_\_ys  
*adv.* at the current time, in comparison to the past
11. heavy tr\_\_\_\_c  
*n.* the movement of vehicles, people, or goods along a route or through a transport system; the amount of such movement in a particular place or at a particular time
12. ve\_\_\_\_al takeoff  
*adj.* upright or perpendicular to a horizontal surface or line
13. social st\_\_\_a  
*n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person
14. increase ba\_\_\_\_\_th  
*n.* the amount of data that can be transmitted or processed at one time often used to describe the capacity of electronic communication or computing systems
15. ba\_\_\_\_\_th allocation  
*n.* the amount of data that can be transmitted or processed at one time often used to describe the capacity of electronic communication or computing systems
16. de\_\_l's advocate  
*n.* a supernatural being typically represented in belief systems as an evil or mischievous spirit, often used metaphorically to describe a person or thing that is harmful, dangerous, or wicked

ANSWERS: 9. absorb, 10. nowadays, 11. traffic, 12. vertical, 13. stigma, 14. bandwidth, 15. bandwidth, 16. devil

17. a c\_\_e about the crime *n.* an object, a piece of evidence, or some information that helps someone to find the answer to a problem, question, or mystery
18. ut\_\_\_\_y ignorant *adv.* completely or absolutely
19. distance g\_p *n.* a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.
20. metallic sp\_\_\_e *n.* a soft material with many microscopic pores that can absorb a large amount of liquid and is used for washing and cleaning
21. an ele\_\_\_\_\_al storm *adj.* relating to electricity
22. excessive co\_\_\_\_\_ol *n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure
23. cultural n\_\_m *n.* something that is regarded as usual, typical, or standard
24. oc\_\_\_\_\_t muscles *n.* the back part of the head or skull
25. the f\_\_k songs of a particular district *n.* people in general, especially those of a particular group or type
26. da\_\_\_e a relationship *v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity

ANSWERS: 17. clue, 18. utterly, 19. gap, 20. sponge, 21. electrical, 22. cortisol, 23. norm, 24. occiput, 25. folk, 26. damage

27. co\_\_\_\_ol stress *n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure
28. live up\_\_\_\_rs *adv.* on or to an upper or highest floor of a building
29. the problem of drug ab\_\_e *n.* the use of something in an incorrect or harmful manner
30. im\_\_\_\_ry number *adj.* existing only in someone's mind
31. br\_\_\_\_wn maintenance *n.* a failure or collapse of a system or organization
32. beef sa\_\_\_\_e *n.* a type of meat product usually made from pork, beef, or poultry, chopped into small pieces, put in a long tube of skin, then cooked or served cold in thin slices
33. vacation ki\_\_y *n.* a sum of money or a collection of funds that is pooled together by a group of people for a specific purpose, usually for a common expense, such as a shared meal, gambling, or other group activities
34. ag\_\_t system *n.* a person who represents and negotiates on behalf of someone else, such as a literary agent or talent agent; (of chemistry and medicine) a substance that brings about a chemical or physical effect; (of computer science) a piece of software that performs a task autonomously

ANSWERS: 27. cortisol, 28. upstairs, 29. abuse, 30. imaginary, 31. breakdown, 32. sausage, 33. kitty, 34. agent



35. su\_\_\_r bad grades *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
36. ho\_\_\_\_\_wn produce *adj.* grown or produced locally rather than imported from another area
37. im\_\_\_\_\_ry pregnancy *adj.* existing only in someone's mind
38. f\_\_k art *n.* people in general, especially those of a particular group or type
39. feel sy\_\_\_\_\_hy *n.* the feeling of being sorry for someone who is experiencing a difficult or unpleasant situation; understanding or sharing someone else's feelings or emotions
40. te\_\_y bit *adj.* extremely small; tiny
41. n\_g political leaders *v.* to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse
42. mu\_\_y tomb *n.* a body of a human or animal that has been preserved, typically by being embalmed and wrapped in linen or other material
43. th\_\_h muscle *n.* the part of the human leg between the hip and the knee; in animals, the corresponding upper part of the hind leg
44. cr\_\_l away from a car *v.* to move forward slowly, as people or animals with their bodies near the ground

ANSWERS: 35. suffer, 36. homegrown, 37. imaginary, 38. folk, 39. sympathy, 40. teeny, 41. nag, 42. mummy, 43. thigh, 44. crawl

45. in\_\_\_\_te swaths of farmland *v.* to flood or overwhelm with an excessive amount of something
46. the rev\_\_\_\_\_on of a secret *n.* a fact that has been disclosed to others, especially a surprising one; the act of revealing or telling the fact or truth to others; communication of knowledge to humans by a divine or supernatural agency
47. ceremonial sa\_\_r *n.* a type of sword with a curved blade, typically used in cavalry or fencing
48. sexual pr\_\_\_\_\_ors *n.* an animal whose natural behavior is to prey on others
49. th\_\_\_\_\_en national security *v.* to utter intentions of injury or punishment against someone
50. chicken th\_\_h *n.* the part of the human leg between the hip and the knee; in animals, the corresponding upper part of the hind leg
51. sc\_\_w the cap *v.* to turn something, such as a bolt, with a driver or wrench to tighten or loosen it; (noun) a cylindrical rod with a helical ridge used to fasten things together
52. cr\_\_l across the floor *v.* to move forward slowly, as people or animals with their bodies near the ground
53. the ri\_\_r of the law *n.* strictness or severity in opinion, temper, or judgment
54. secret ki\_\_y *n.* a sum of money or a collection of funds that is pooled together by a group of people for a specific purpose, usually for a common expense, such as a shared meal, gambling, or other group activities

ANSWERS: 45. inundate, 46. revelation, 47. saber, 48. predator, 49. threaten, 50. thigh, 51. screw, 52. crawl, 53. rigor, 54. kitty

55. an in\_\_\_e scheme *adj.* extremely stupid, crazy, or dangerous; mentally ill
56. computer gl\_\_\_h *n.* a minor problem or malfunction, especially in a computer program, system, or machine
57. the t\_p of a paintbrush *n.* the top or extreme point of something slender or tapering, usually a mountain or hill; a piece of advice about something practical; a small amount of money given for services
58. sta\_\_\_\_\_art software *adj.* characterized by the use of the latest and most advanced technology or methods; cutting-edge
59. l\_\_p in the throat *n.* a small, irregularly shaped mass or piece, typically of a soft substance such as coal, flour, or dough
60. es\_\_\_e agent *n.* a large piece of land with an impressive house on it, often owned by a wealthy family; all of a person's possessions and assets at the time of their death; an area of land considered as a unit in terms of ownership, use or taxation
61. ps\_\_\_\_\_ic episode *adj.* relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking
62. his social st\_\_\_\_\_ng *adj.* existing or remaining upright; having a vertical position; (noun) social, financial, or professional status or reputation

ANSWERS: 55. insane, 56. glitch, 57. tip, 58. state-of-the-art, 59. lump, 60. estate, 61. psychotic, 62. standing

63. academic ri\_\_r *n.* strictness or severity in opinion, temper, or judgment
64. ta\_\_\_c repair *n.* (also "blacktop") a hard surface made of asphalt, concrete, or other materials, typically used as a runway or surface for vehicles to move on, such as a road, parking lot, or airport runway; (verb) to surface or pave a road or runway with tarmac
65. single l\_\_p sum *n.* a small, irregularly shaped mass or piece, typically of a soft substance such as coal, flour, or dough
66. atomic b\_\_bs *n.* a weapon that explodes and is used to kill or injure people or to cause damage to something
67. sta\_\_\_\_\_art technology *adj.* characterized by the use of the latest and most advanced technology or methods; cutting-edge
68. above p\_r performance *n.* a state of being equal to someone or something
69. the state of being we\_\_d *adj.* extraordinary, unexpected, or difficult to explain
70. a we\_\_d dress *adj.* extraordinary, unexpected, or difficult to explain
71. ta\_\_\_c a driveway *n.* (also "blacktop") a hard surface made of asphalt, concrete, or other materials, typically used as a runway or surface for vehicles to move on, such as a road, parking lot, or airport runway; (verb) to surface or pave a road or runway with tarmac

ANSWERS: 63. rigor, 64. tarmac, 65. lump, 66. bomb, 67. state-of-the-art, 68. par, 69. weird, 70. weird, 71. tarmac

72. trees and b\_\_hes *n.* a plant growing thickly with many small branches and several stiff stems coming up from the root
73. aboriginal tr\_\_e *n.* a social group made up of members who live together, sharing the same language, culture, religion, etc., especially those who do not live in towns or cities
74. sy\_\_\_\_hy card *n.* the feeling of being sorry for someone who is experiencing a difficult or unpleasant situation; understanding or sharing someone else's feelings or emotions
75. n\_g about the minor thing *v.* to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse
76. arrive and de\_\_\_t on time *v.* to go away or leave, especially to start a journey
77. degree in ele\_\_\_\_\_al engineering *adj.* relating to electricity
78. su\_\_\_\_e you're right *v.* to think that something is likely to be actual or possible
79. permanent br\_\_n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
80. am\_\_a culture *n.* a single-celled organism that typically has the shape of a small, round blob and moves by means of temporary projections called pseudopodia

ANSWERS: 72. bush, 73. tribe, 74. sympathy, 75. nag, 76. depart, 77. electrical, 78. suppose, 79. brain, 80. ameba

81. a nervous br\_\_\_\_\_wn *n.* a failure or collapse of a system or organization
82. tr\_\_\_\_\_it the disease *v.* to send or forward an electronic signal; to pass something from one person or thing to another
83. toxic ch\_\_\_\_\_als *adj.* relating to or connected with chemistry;
84. su\_\_\_\_\_e beforehand *v.* to think that something is likely to be actual or possible
85. show di\_\_\_\_\_t at his actions *n.* a strong feeling of dislike or disapproval
86. di\_\_\_\_\_e control *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
87. ab\_\_\_\_\_b energy *v.* to take in a fluid or other substance gradually
88. ic\_\_\_\_\_g melting *n.* a large piece of ice floating in the sea, detached from a glacier
89. the g\_p between ideal and reality *n.* a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.
90. t\_p a new market *v.* to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.
91. adr\_\_\_\_\_ne addiction *n.* (also "epinephrine") a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger

ANSWERS: 81. breakdown, 82. transmit, 83. chemical, 84. suppose, 85. disgust, 86. disease, 87. absorb, 88. iceberg, 89. gap, 90. tap, 91. adrenaline

92. real es\_\_\_e transaction *n.* a large piece of land with an impressive house on it, often owned by a wealthy family; all of a person's possessions and assets at the time of their death; an area of land considered as a unit in terms of ownership, use or taxation
93. apex pr\_\_\_\_or *n.* an animal whose natural behavior is to prey on others
94. human ev\_\_\_\_\_on *n.* a gradual process of transformation of living things
95. pre-Christian an\_\_\_\_t *adj.* relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old
96. fire st\_\_k *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
97. unanticipated gl\_\_\_h *n.* a minor problem or malfunction, especially in a computer program, system, or machine
98. ev\_\_\_\_\_on theory *n.* a gradual process of transformation of living things
99. an al\_\_m clock *n.* a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger
100. go in\_\_\_e with pleasure *adj.* extremely stupid, crazy, or dangerous; mentally ill

ANSWERS: 92. estate, 93. predator, 94. evolution, 95. ancient, 96. stick, 97. glitch, 98. evolution, 99. alarm, 100. insane

101. a te\_\_\_\_al restriction *adj.* of or relating to time as opposed to eternity
102. pre-mo\_\_\_n agricultural society *adj.* of or belonging to the present time or recent times
103. sa\_\_r fencing *n.* a type of sword with a curved blade, typically used in cavalry or fencing
104. n\_\_m of action *n.* something that is regarded as usual, typical, or standard
105. a female sc\_\_w *v.* to turn something, such as a bolt, with a driver or wrench to tighten or loosen it; (noun) a cylindrical rod with a helical ridge used to fasten things together
106. wa\_\_\_n duties *n.* a person responsible for the supervision and management of a particular place, such as a prison, a national park, or a university campus
107. public di\_\_\_\_t *n.* a strong feeling of dislike or disapproval
108. a c\_\_e to the diagnosis *n.* an object, a piece of evidence, or some information that helps someone to find the answer to a problem, question, or mystery
109. ho\_\_\_\_\_wn talent *adj.* grown or produced locally rather than imported from another area
110. a s\_\_m battle *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
111. in\_\_\_e criticism *v.* to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place

ANSWERS: 101. temporal, 102. modern, 103. saber, 104. norm, 105. screw, 106. warden, 107. disgust, 108. clue, 109. homegrown, 110. sham, 111. invite



112. forest wa\_\_\_n *n.* a person responsible for the supervision and management of a particular place, such as a prison, a national park, or a university campus
113. a divine rev\_\_\_\_\_on *n.* a fact that has been disclosed to others, especially a surprising one; the act of revealing or telling the fact or truth to others; communication of knowledge to humans by a divine or supernatural agency
114. oc\_\_\_\_\_t pain *n.* the back part of the head or skull
115. go up\_\_\_\_\_rs to rest *adv.* on or to an upper or highest floor of a building
116. a ch\_\_\_\_\_al compound *adj.* relating to or connected with chemistry;
117. ho\_\_\_r movie *n.* intense fear or disgust, especially at something shocking or terrifying
118. a co\_\_\_\_\_nt wind *adj.* happening repeatedly or all the time
119. lead to des\_\_\_\_\_ve behavior *adj.* causing or able to cause tremendous and irreparable damage
120. biomass f\_\_\_l *n.* a substance that is typically burned to generate heat or energy
121. su\_\_\_r a setback *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
122. in\_\_\_e rights *n.* a person who is confined to an institution such as a prison, hospital, or mental health facility
123. engine hor\_\_\_\_\_er *n.* a unit of power used to measure the output of mechanical engines, specifically the amount of work that one horse can do in a set amount of time

ANSWERS: 112. warden, 113. revelation, 114. occiput, 115. upstairs, 116. chemical, 117. horror, 118. constant, 119. destructive, 120. fuel, 121. suffer, 122. inmate, 123. horsepower

124. st\_\_\_\_ng water *adj.* existing or remaining upright; having a vertical position; (noun) social, financial, or professional status or reputation
125. su\_\_\_\_ly attacked by an enemy *adv.* quickly and unexpectedly
126. a p\_t bird *n.* an animal that you have at home as a companion and treated kindly
127. basic br\_\_n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
128. give the waiter a t\_p. *n.* the top or extreme point of something slender or tapering, usually a mountain or hill; a piece of advice about something practical; a small amount of money given for services
129. excite the ne\_\_\_\_ns *n.* a cell that is specialized to carry information within the brain and between the brain and other parts of the body
130. die su\_\_\_\_ly *adv.* quickly and unexpectedly
131. young people no\_\_\_\_ys *adv.* at the current time, in comparison to the past
132. ho\_\_\_\_r-struck look *n.* intense fear or disgust, especially at something shocking or terrifying
133. ut\_\_\_\_y changed *adv.* completely or absolutely
134. research in\_\_\_\_tes *n.* an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something

ANSWERS: 124. standing, 125. suddenly, 126. pet, 127. brain, 128. tip, 129. neuron, 130. suddenly, 131. nowadays, 132. horror, 133. utterly, 134. institute

135. so te\_\_y tiny *adj.* extremely small; tiny
136. criminal on death r\_w *n.* an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oars
137. te\_\_\_\_al history *adj.* of or relating to time as opposed to eternity
138. give the al\_\_m *n.* a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger
139. co\_\_\_\_us effort *adj.* being aware of and able to respond to what is happening around you
140. st\_\_a against obesity *n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person
141. mountain tr\_\_e *n.* a social group made up of members who live together, sharing the same language, culture, religion, etc., especially those who do not live in towns or cities
142. tr\_\_\_\_c jam *n.* the movement of vehicles, people, or goods along a route or through a transport system; the amount of such movement in a particular place or at a particular time
143. a teacher's p\_t *n.* an animal that you have at home as a companion and treated kindly
144. mo\_\_n poetry *adj.* of or belonging to the present time or recent times

ANSWERS: 135. teeny, 136. row, 137. temporal, 138. alarm, 139. conscious, 140. stigma, 141. tribe, 142. traffic, 143. pet, 144. modern

145. de\_\_\_t from the faith *v.* to go away or leave, especially to start a journey
146. in\_\_\_e population *n.* a person who is confined to an institution such as a prison, hospital, or mental health facility
147. ancient Egyptian mu\_\_\_y *n.* a body of a human or animal that has been preserved, typically by being embalmed and wrapped in linen or other material
148. victim of sexual ab\_\_\_e *n.* the use of something in an incorrect or harmful manner
149. exit from a l\_\_\_p *n.* a shape like a curve or a circle made by something long and thin, such as a piece of string, that bends round and crosses itself
150. the Great Dep\_\_\_\_\_on *n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
151. em\_\_\_\_\_cy action *n.* a sudden unforeseen crisis usually involving danger that requires immediate action
152. ne\_\_\_n cell body *n.* a cell that is specialized to carry information within the brain and between the brain and other parts of the body
153. in\_\_\_\_\_t ancestral property *v.* to receive money, property, or a title from someone after they have died
154. basal de\_\_\_\_\_te *n.* a branched, tree-like structure that extends from a neuron (= nerve cell) and receives signals from other neurons and sensory receptors

ANSWERS: 145. depart, 146. inmate, 147. mummy, 148. abuse, 149. loop, 150. depression, 151. emergency, 152. neuron, 153. inherit, 154. dendrite

155. the root problem of her dep\_\_\_\_\_on    *n.*    a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
156. to\_\_c molecule    *adj.*    of or relating to or caused by a poison; poisonous
157. ni\_\_\_e an ear of corn    *v.*    to take small or cautious bites or tastes, especially of food; to bite at or nibble on something repeatedly, often playfully or curiously; to gradually or slowly consume or erode something
158. a b\_\_h of hair    *n.*    a plant growing thickly with many small branches and several stiff stems coming up from the root
159. p\_\_ks for repeat guests    *n.*    an advantage or something extra, such as money or goods, you receive as well as your wages for doing a particular job
160. ps\_\_\_\_\_ic medication    *adj.*    relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking
161. a young l\_\_d    *n.*    a person who has general authority, control, or power over others; a man of noble rank or high office
162. l\_\_d of castle    *n.*    a person who has general authority, control, or power over others; a man of noble rank or high office
163. frontal l\_\_e    *n.*    a rounded projection or division, especially of the brain, lung, or liver

ANSWERS: 155. depression, 156. toxic, 157. nibble, 158. bush, 159. perk, 160. psychotic, 161. lord, 162. lord, 163. lobe

164. tr\_\_\_\_it information      *v.* to send or forward an electronic signal; to pass something from one person or thing to another
165. eq\_\_p our children with some special skills      *v.* to provide a person or a place with the things that are needed for a particular purpose or activity
166. da\_\_\_e assessment      *v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
167. German sa\_\_\_\_e      *n.* a type of meat product usually made from pork, beef, or poultry, chopped into small pieces, put in a long tube of skin, then cooked or served cold in thin slices
168. exposure to to\_\_c chemicals      *adj.* of or relating to or caused by a poison; poisonous
169. maximum hor\_\_\_\_er      *n.* a unit of power used to measure the output of mechanical engines, specifically the amount of work that one horse can do in a set amount of time
170. sea sp\_\_\_e      *n.* a soft material with many microscopic pores that can absorb a large amount of liquid and is used for washing and cleaning
171. ve\_\_\_l communication      *adj.* expressed in spoken rather than written words
172. damage to internal or\_\_ns      *n.* a part of the body of an animal or plant that has a particular purpose and performs a specific job

ANSWERS: 164. transmit, 165. equip, 166. damage, 167. sausage, 168. toxic, 169. horsepower, 170. sponge, 171. verbal, 172. organ

173. th\_\_\_\_\_en a healthy relationship      *v.* to utter intentions of injury or punishment against someone
174. antidiarrheal ag\_\_t      *n.* a person who represents and negotiates on behalf of someone else, such as a literary agent or talent agent; (of chemistry and medicine) a substance that brings about a chemical or physical effect; (of computer science) a piece of software that performs a task autonomously
175. turn out to be all s\_\_m      *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
176. not up to p\_r      *n.* a state of being equal to someone or something
177. pa\_\_\_\_\_ng materials      *n.* the process, materials, or container used to wrap or contain a product for distribution, storage, or sale; the design or appearance of a product's packaging
178. ve\_\_\_l abuse      *adj.* expressed in spoken rather than written words
179. ve\_\_\_\_\_al axis      *adj.* upright or perpendicular to a horizontal surface or line
180. in\_\_\_\_\_t estate      *v.* to receive money, property, or a title from someone after they have died
181. de\_\_\_\_\_te growth      *n.* a branched, tree-like structure that extends from a neuron (= nerve cell) and receives signals from other neurons and sensory receptors

ANSWERS: 173. threaten, 174. agent, 175. sham, 176. par, 177. packaging, 178. verbal, 179. vertical, 180. inherit, 181. dendrite

182. ab\_\_\_\_e parent *adj.* involving or characterized by harmful or offensive treatment, language, or behavior; using physical, emotional, or verbal force to control or harm someone else
183. ab\_\_\_\_e behavior *adj.* involving or characterized by harmful or offensive treatment, language, or behavior; using physical, emotional, or verbal force to control or harm someone else
184. X-\_\_y scan *n.* a type of electromagnetic radiation that has a wavelength shorter than visible light allowing hidden objects such as bones and organs inside the body to be photographed
185. in\_\_\_\_\_te a lawsuit *n.* an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something
186. di\_\_\_\_e prevention *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
187. co\_\_\_\_\_us of having succeeded *adj.* being aware of and able to respond to what is happening around you
188. a r\_w of cherry trees *n.* an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oars
189. fo\_\_\_\_\_nts in the snow *n.* a mark of a foot, shoe, or animal's foot left on a surface

ANSWERS: 182. abusive, 183. abusive, 184. X-ray, 185. institute, 186. disease, 187. conscious, 188. row, 189. footprint



190. in\_\_\_e guests *v.* to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
191. am\_\_a movement *n.* a single-celled organism that typically has the shape of a small, round blob and moves by means of temporary projections called pseudopodia
192. eq\_\_p an army *v.* to provide a person or a place with the things that are needed for a particular purpose or activity
193. hit an ic\_\_\_\_g *n.* a large piece of ice floating in the sea, detached from a glacier
194. l\_\_e of the liver *n.* a rounded projection or division, especially of the brain, lung, or liver
195. a co\_\_\_\_nt temperature *adj.* happening repeatedly or all the time
196. de\_\_l horns *n.* a supernatural being typically represented in belief systems as an evil or mischievous spirit, often used metaphorically to describe a person or thing that is harmful, dangerous, or wicked
197. disarm the b\_\_b *n.* a weapon that explodes and is used to kill or injure people or to cause damage to something
198. in\_\_\_\_te his entire body *v.* to flood or overwhelm with an excessive amount of something
199. st\_\_k a key in a lock *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

ANSWERS: 190. invite, 191. ameba, 192. equip, 193. iceberg, 194. lobe, 195. constant, 196. devil, 197. bomb, 198. inundate, 199. stick

200. the fo\_\_\_\_\_nts of an earlier civilization
201. smokeless f\_\_l
202. worker p\_\_k
203. adr\_\_\_\_\_ne receptor
204. t\_p keyboard with an index finger
- n.* a mark of a foot, shoe, or animal's foot left on a surface
- n.* a substance that is typically burned to generate heat or energy
- n.* an advantage or something extra, such as money or goods, you receive as well as your wages for doing a particular job
- n.* (also "epinephrine") a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger
- v.* to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.

ANSWERS: 200. footprint, 201. fuel, 202. perk, 203. adrenaline, 204. tap

## Session 3: Fill in the Blanks

1. This chemical compound is a thousand-fold more \_\_\_\_\_.  
*adj.* of or relating to or caused by a poison; poisonous
2. The use of cluster \_\_\_\_\_ is strictly prohibited by international law.  
*n.* a weapon that explodes and is used to kill or injure people or to cause damage to something
3. Various artificially induced causes are \_\_\_\_\_ our ecosystem.  
*v.* to utter intentions of injury or punishment against someone
4. Actuators convert \_\_\_\_\_ pulses into motion.  
*adj.* relating to electricity
5. Parents often \_\_\_\_\_ their characteristics to their children.  
*v.* to send or forward an electronic signal; to pass something from one person or thing to another
6. The \_\_\_\_\_ of the machinery caused a delay in production.  
*n.* a failure or collapse of a system or organization
7. I heard a noise \_\_\_\_\_.  
*adv.* on or to an upper or highest floor of a building
8. Their headquarters are in a \_\_\_\_\_ skyscraper.  
*adj.* of or belonging to the present time or recent times
9. The older man \_\_\_\_\_ from arthritis and finds it difficult to move around.  
*v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

ANSWERS: 1. toxic, 2. bombs, 3. threatening, 4. electrical, 5. transmit, 6. breakdown, 7. upstairs, 8. modern, 9. suffers

10. This region has many \_\_\_\_\_ offering higher education.  
*n.* an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something
11. The construction company \_\_\_\_\_ the building with an earthquake-resistant device.  
*v.* to provide a person or a place with the things that are needed for a particular purpose or activity
12. The heavy rain \_\_\_\_\_ the low-lying areas and caused flooding.  
*v.* to flood or overwhelm with an excessive amount of something
13. My computer has been acting \_\_\_\_\_ recently.  
*adj.* extraordinary, unexpected, or difficult to explain
14. What do you \_\_\_\_\_ the culprit's motive was?  
*v.* to think that something is likely to be actual or possible
15. The band has released a lot of \_\_\_\_\_ rock music.  
*n.* (also "epinephrine") a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger
16. The sponge \_\_\_\_\_ water well.  
*v.* to take in a fluid or other substance gradually
17. To expand the company, we must \_\_\_\_ new human resources.  
*v.* to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.

ANSWERS: 10. institutes, 11. equipped, 12. inundated, 13. weird, 14. suppose, 15. adrenaline-pumping, 16. absorbs, 17. tap

18. The stories of war crimes filled her with \_\_\_\_\_.
- n.* intense fear or disgust, especially at something shocking or terrifying
19. The restaurant prides itself on its \_\_\_\_\_ ingredients sourced from local farms.
- adj.* grown or produced locally rather than imported from another area
20. X-rays revealed a small tumor in his \_\_\_\_\_.
- n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
21. After his death, his sons \_\_\_\_\_ his business.
- v.* to receive money, property, or a title from someone after they have died
22. \_\_\_\_\_ levels in the body are often elevated during times of stress.
- n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure
23. Who answers \_\_\_\_\_ knows little.
- adv.* quickly and unexpectedly
24. The \_\_\_\_\_ of the prison made sure that the inmates followed the rules.
- n.* a person responsible for the supervision and management of a particular place, such as a prison, a national park, or a university campus
25. I like to \_\_\_\_\_ fruit in the morning for breakfast.
- v.* to take small or cautious bites or tastes, especially of food; to bite at or nibble on something repeatedly, often playfully or curiously; to gradually or slowly consume or erode something

ANSWERS: 18. horror, 19. homegrown, 20. brain, 21. inherited, 22. Cortisol, 23. suddenly, 24. warden, 25. nibble on

26. They have been living near water since \_\_\_\_\_ times.

*adj.* relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old

27. He was filled with \_\_\_\_\_ and fear for the threat of war.

*n.* a strong feeling of dislike or disapproval

28. The FBI \_\_\_\_\_ went undercover to infiltrate the criminal organization.

*n.* a person who represents and negotiates on behalf of someone else, such as a literary agent or talent agent; (of chemistry and medicine) a substance that brings about a chemical or physical effect; (of computer science) a piece of software that performs a task autonomously

29. The computer system had a minor \_\_\_\_\_ that caused a delay.

*n.* a minor problem or malfunction, especially in a computer program, system, or machine

30. People can clone a sheep \_\_\_\_\_.

*adv.* at the current time, in comparison to the past

31. Many people are working together to close the gender \_\_\_\_\_.

*n.* a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.

32. We are \_\_\_\_\_ opposed to any form of terrorism.

*adv.* completely or absolutely

33. We \_\_\_\_\_ before the temperature fell below zero.

*v.* to go away or leave, especially to start a journey

ANSWERS: 26. ancient, 27. disgust, 28. agent, 29. glitch, 30. nowadays, 31. gap, 32. utterly, 33. departed

34. The massage therapist focused on the client's \_\_\_\_\_ region to relieve tension in the neck.

*n.* the back part of the head or skull

35. Some seaweed was used as \_\_\_\_\_ medicine in ancient times.

*n.* people in general, especially those of a particular group or type

36. The prison implemented a new educational program for \_\_\_\_\_ to learn skills and prepare for life after release.

*n.* a person who is confined to an institution such as a prison, hospital, or mental health facility

37. Her husband's death caused her to experience a \_\_\_\_\_ break.

*adj.* relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking

38. Many people in this city use the \_\_\_\_\_ railway for transportation.

*n.* a shape like a curve or a circle made by something long and thin, such as a piece of string, that bends round and crosses itself

39. The teacher's \_\_\_\_\_ language towards the students was unacceptable.

*adj.* involving or characterized by harmful or offensive treatment, language, or behavior; using physical, emotional, or verbal force to control or harm someone else

40. The shocking \_\_\_\_\_ embarrassed the administration.

*n.* a fact that has been disclosed to others, especially a surprising one; the act of revealing or telling the fact or truth to others; communication of knowledge to humans by a divine or supernatural agency

ANSWERS: 34. occiput, 35. folk, 36. inmates, 37. psychotic, 38. loop, 39. abusive, 40. revelation

41. The \_\_\_\_\_ announcing an enemy attack went off this morning.
- n.* a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger
42. The lungs are divided into five \_\_\_\_\_.
- n.* a rounded projection or division, especially of the brain, lung, or liver
43. The mother sliced off a piece of \_\_\_\_\_.
- n.* a type of meat product usually made from pork, beef, or poultry, chopped into small pieces, put in a long tube of skin, then cooked or served cold in thin slices
44. The military commander drew his \_\_\_\_\_ and shouted orders to the troops.
- n.* a type of sword with a curved blade, typically used in cavalry or fencing
45. These infections have the potential to impact practically every \_\_\_\_\_ system.
- n.* a part of the body of an animal or plant that has a particular purpose and performs a specific job
46. We decided to take a detour to avoid the construction \_\_\_\_\_ on the main road.
- n.* the movement of vehicles, people, or goods along a route or through a transport system; the amount of such movement in a particular place or at a particular time
47. The doctor ordered an \_\_\_\_\_ to see if there was any damage to the bones.
- n.* a type of electromagnetic radiation that has a wavelength shorter than visible light allowing hidden objects such as bones and organs inside the body to be photographed
48. Her excessive demands drove me \_\_\_\_\_.
- adj.* extremely stupid, crazy, or dangerous; mentally ill

ANSWERS: 41. alarm, 42. lobes, 43. sausage, 44. saber, 45. organ, 46. traffic, 47. X-ray, 48. insane



49. The police couldn't find a \_\_\_\_\_ to her whereabouts.  
*n.* an object, a piece of evidence, or some information that helps someone to find the answer to a problem, question, or mystery
50. The native South American animals were in danger because of the \_\_\_\_\_ arrival.  
*n.* an animal whose natural behavior is to prey on others
51. The pathogenetic \_\_\_\_\_ moved by extending and retracting its pseudopodia.  
*n.* a single-celled organism that typically has the shape of a small, round blob and moves by means of temporary projections called pseudopodia
52. You \_\_\_\_\_ a bill in the change machine, and the coins pop out.  
*v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
53. The well-preserved \_\_\_\_\_ was discovered in an ancient tomb in the desert.  
*n.* a body of a human or animal that has been preserved, typically by being embalmed and wrapped in linen or other material
54. The firm has grown into a large \_\_\_\_\_ manufacturing.  
*adj.* relating to or connected with chemistry;
55. The ring was so \_\_\_\_\_ that it almost looked like a toy.  
*adj.* extremely small; tiny
56. The wealthy businessman left his entire \_\_\_\_\_ to his children when he died.  
*n.* a large piece of land with an impressive house on it, often owned by a wealthy family; all of a person's possessions and assets at the time of their death; an area of land considered as a unit in terms of ownership, use or taxation

ANSWERS: 49. clue, 50. predator's, 51. ameba, 52. stick, 53. mummy, 54. chemical, 55. teeny, 56. estate

57. The doctor diagnosed him with a rare \_\_\_\_\_ that had no known cure.
- n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
58. The company's new generator has a \_\_\_\_\_ rating of 1000, making it ideal for large buildings.
- n.* a unit of power used to measure the output of mechanical engines, specifically the amount of work that one horse can do in a set amount of time
59. The \_\_\_\_\_ had distinctly defined gender roles.
- n.* a social group made up of members who live together, sharing the same language, culture, religion, etc., especially those who do not live in towns or cities
60. We want to \_\_\_\_\_ you to our annual charity event.
- v.* to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
61. I will introduce some \_\_\_\_\_ on learning English in this class.
- n.* the top or extreme point of something slender or tapering, usually a mountain or hill; a piece of advice about something practical; a small amount of money given for services
62. Damage to \_\_\_\_\_ can result in communication problems between neurons and may contribute to certain neurological disorders.
- n.* a branched, tree-like structure that extends from a neuron (= nerve cell) and receives signals from other neurons and sensory receptors
63. Our company has an audit team that monitors directors for \_\_\_\_\_ of authority.
- n.* the use of something in an incorrect or harmful manner

ANSWERS: 57. disease, 58. horsepower, 59. tribe, 60. invite, 61. tips, 62. dendrites, 63. abuse

64. The marathon runner felt a cramp in her \_\_\_\_\_ at the 20th mile.  
*n.* the part of the human leg between the hip and the knee; in animals, the corresponding upper part of the hind leg
65. When the dead body was found, \_\_\_\_\_ mortis had already begun.  
*n.* strictness or severity in opinion, temper, or judgment
66. The mental health \_\_\_\_\_ often prevents people from seeking treatment.  
*n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person
67. Shares in the company finally fell below their \_\_\_\_ value.  
*n.* a state of being equal to someone or something
68. The president declared a state of \_\_\_\_\_.  
*n.* a sudden unforeseen crisis usually involving danger that requires immediate action
69. Along the gravel roads, sizeable yellow school buses \_\_\_\_\_.  
*v.* to move forward slowly, as people or animals with their bodies near the ground
70. Our body transfers information along each \_\_\_\_\_ using an electrical impulse.  
*n.* a cell that is specialized to carry information within the brain and between the brain and other parts of the body
71. He had to \_\_\_\_\_ the loose knob back onto the cabinet door.  
*v.* to turn something, such as a bolt, with a driver or wrench to tighten or loosen it;  
(noun) a cylindrical rod with a helical ridge used to fasten things together

ANSWERS: 64. thigh, 65. rigor, 66. stigma, 67. par, 68. emergency, 69. crawl, 70. neuron, 71. screw

72. They study the \_\_\_\_\_ of the universe.

*n.* a gradual process of transformation of living things

73. The \_\_\_\_\_ nature of the universe is a subject of much debate among scientists.

*adj.* of or relating to time as opposed to eternity

74. I expressed my \_\_\_\_\_ to my friend after her cat passed away.

*n.* the feeling of being sorry for someone who is experiencing a difficult or unpleasant situation; understanding or sharing someone else's feelings or emotions

75. The data he prepared was completely \_\_\_\_\_.

*n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

76. I don't have the \_\_\_\_\_ to take on any new projects, as I'm already working on multiple assignments.

*n.* the amount of data that can be transmitted or processed at one time often used to describe the capacity of electronic communication or computing systems

77. We choose transportation that has a smaller carbon \_\_\_\_\_.

*n.* a mark of a foot, shoe, or animal's foot left on a surface

78. Little children tend to have \_\_\_\_\_ friends.

*adj.* existing only in someone's mind

79. The \_\_\_\_\_ concert was packed with fans.

*adj.* existing or remaining upright; having a vertical position; (noun) social, financial, or professional status or reputation

ANSWERS: 72. evolution, 73. temporal, 74. sympathy, 75. sham, 76. bandwidth, 77. footprint, 78. imaginary, 79. standing

80. The candidate must have excellent \_\_\_\_\_ skills.

*adj.* expressed in spoken rather than written words

81. The plane pulled onto the \_\_\_\_\_ and stopped at the gate.

*n.* (also "blacktop") a hard surface made of asphalt, concrete, or other materials, typically used as a runway or surface for vehicles to move on, such as a road, parking lot, or airport runway; (verb) to surface or pave a road or runway with tarmac

82. He was the leader of the demonstrators and spoke out against the war in the front \_\_\_\_\_.

*n.* an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oars

83. The tiny marine \_\_\_\_\_ has existed for more than 500 million years.

*n.* a soft material with many microscopic pores that can absorb a large amount of liquid and is used for washing and cleaning

84. The ladder leaned against the \_\_\_\_\_ surface of the building.

*adj.* upright or perpendicular to a horizontal surface or line

85. She couldn't stop \_\_\_\_\_ her husband to take out the trash.

*v.* to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse

86. It was the most \_\_\_\_\_ storm in decades.

*adj.* causing or able to cause tremendous and irreparable damage

87. The systems we have developed has accepted as industry \_\_\_\_\_.

*n.* something that is regarded as usual, typical, or standard

ANSWERS: 80. verbal, 81. tarmac, 82. row, 83. sponge, 84. vertical, 85. nagging, 86. destructive, 87. norms

88. The feudal \_\_\_\_\_ had ruled the land for many years.
- n.* a person who has general authority, control, or power over others; a man of noble rank or high office
89. A yacht cruise is our company's ultimate \_\_\_\_\_.
- n.* an advantage or something extra, such as money or goods, you receive as well as your wages for doing a particular job
90. The hospital has \_\_\_\_\_ equipment and facilities to ensure the best healthcare for its patients.
- adj.* characterized by the use of the latest and most advanced technology or methods; cutting-edge
91. The ship encountered a series of \_\_\_\_\_ and had to change its course.
- n.* a large piece of ice floating in the sea, detached from a glacier
92. He became \_\_\_\_\_ that he was being followed.
- adj.* being aware of and able to respond to what is happening around you
93. During the surgery, the doctor had to be extremely cautious not to \_\_\_\_\_ a blood vessel.
- v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
94. I have a parrot as a \_\_\_\_\_.
- n.* an animal that you have at home as a companion and treated kindly
95. \_\_\_\_\_ symptoms might include a decrease in appetite and weight loss.
- n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

ANSWERS: 88. lord, 89. perk, 90. state-of-the-art, 91. icebergs, 92. conscious, 93. damage, 94. pet, 95. Depression

96. There are various ways to ward off the \_\_\_\_\_ including prayer and holy water.
- n.* a supernatural being typically represented in belief systems as an evil or mischievous spirit, often used metaphorically to describe a person or thing that is harmful, dangerous, or wicked
97. \_\_\_\_\_ dropping wears away the stone.
- adj.* happening repeatedly or all the time
98. The \_\_\_\_\_ for the fragile items was made of sturdy materials and could withstand rough handling during shipping.
- n.* the process, materials, or container used to wrap or contain a product for distribution, storage, or sale; the design or appearance of a product's packaging
99. I am going to trim this \_\_\_\_\_ off.
- n.* a plant growing thickly with many small branches and several stiff stems coming up from the root
100. The \_\_\_\_\_ scarcity most severely impacted the manufacturing sector
- n.* a substance that is typically burned to generate heat or energy
101. We put ten percent of our earnings into our home improvement \_\_\_\_\_ every week.
- n.* a sum of money or a collection of funds that is pooled together by a group of people for a specific purpose, usually for a common expense, such as a shared meal, gambling, or other group activities
102. There is a small \_\_\_\_\_ on my neck, and I'm concerned about it.
- n.* a small, irregularly shaped mass or piece, typically of a soft substance such as coal, flour, or dough

ANSWERS: 96. devil, 97. Constant, 98. packaging, 99. bush, 100. fuel, 101. kitty, 102. lump

ANSWERS: