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Vocabulary Builder Reference from...

Elyn Saks: A tale of mental illness -- from the inside | TED Talk

https://www.ted.com/talks/elyn_saks_a_tale_of_mental_illness_from_the_inside

All Words

IMPORTANT

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Session 1: Word List

chronic

adj. being long-lasting and recurrent or characterized by long suffering; habitual

synonym: established, regular, constant

(1) risk of **chronic** disease, (2) **chronic** alcohol consumption

Chronic hyperglycemia is a trigger for a variety of serious diseases.

schizophrenia

n. a severe mental disorder in which a person has a distorted view of reality and may experience hallucinations, delusions, and disordered thinking and behavior

synonym: psychosis, disorder, mental illness

(1) **schizophrenia** spectrum disorder, (2) **schizophrenia** treatment

The **schizophrenia** patient was experiencing severe auditory hallucinations.

psychiatric

adj. of or relating to the treatment or study of mental illness or disorders

synonym: mental, psychological, psychotherapeutic

(1) people with **psychiatric** disorders, (2) **psychiatric** hospital

The **psychiatric** evaluation revealed that the patient had been suffering from anxiety.

ward

n. a room in a hospital for patients requiring special care
synonym: room, division, unit

(1) a children's **ward**, (2) **ward** nurse

The patient was moved to the intensive care **ward** for further treatment.

accomplishment

n. the successful completion of a task or goal; an ability that has been acquired by training

synonym: success, achievement, complete

(1) proud of his **accomplishments**, (2) the **accomplishment** of a social goal

Graduating from college was a major **accomplishment** for her.

struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym: toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job

He could not **struggle** against temptation.

aft

adj. (the opposite of "forward") located at or towards the rear or back of a ship, aircraft, or other vehicle

(1) **aft** cabin, (2) **aft** view

The **aft** section of the ship suffered significant damage after the collision with the reef.

graduated

adj. having received a degree from a school, college, or university; marked with or divided into levels or degrees

synonym: completed, finished, earned

(1) **graduated** taxation, (2) **graduated** flask

She was a **graduated** student of a prestigious university.

haven

n. a shelter serving as a place of safety or sanctuary; a sheltered port where ships can take on or discharge cargo

synonym: harbor, refuge, sanctuary

(1) **haven** for terrorists, (2) cheap-labor **haven**

That country is a tax **haven** where many wealthy people have paper corporations.

analyst

n. someone whose job is to examine something to learn or understand more about it

synonym: reviewer, investigator, judge

(1) banking **analyst**, (2) senior research **analyst**

The **analyst** concluded that bankruptcy was inevitable.

announce

v. to make something known or officially inform people about something

synonym: disclose, declare, broadcast

(1) **announce** candidacy, (2) **announce** the award winners

The third season of the anime show has been **announced**.

enormous

adj. extremely large or great

synonym: huge, giant, gigantic

(1) **enormous** amount, (2) **enormous** potential

Shakespeare's output of poetry was **enormous**.

shatter

v. to break suddenly into many pieces

synonym: break, crash, destroy

(1) **shatter** the plate, (2) **shatter** a world record

Her husband's death **shattered** her life entirely.

terribly

adv. very badly; to a great extent or very much

synonym: awfully, abominably, badly

(1) suffer **terribly**, (2) I am **terribly** sorry

His arm was swollen and **terribly** red.

quotation

n. a group of words taken from a text or speech and repeated by someone other than the original author or

speaker

synonym : excerpt, passage, quote

(1) double **quotation** marks, (2) take a **quotation**

He included a **quotation** from the book in his essay.

writ

n. a written legal order or command

synonym : legal document, order, legal process

(1) a **writ** of summons, (2) issue a **writ**

He was served with a **writ** of eviction, giving him the notice to vacate the property.

studio

n. a room or building where creative or artistic work is produced; a television or radio production company

synonym : workshop, atelier, room

(1) a photo **studio**, (2) music **studio**

She works at a recording **studio** in Los Angeles.

apartment

n. a self-contained living unit within a larger building or complex, typically consisting of one or more rooms or an open space used for living, cooking, and sleeping

synonym : flat, dwelling, unit

(1) rented **apartment**, (2) furnished **apartment**

I am seeking a spacious **apartment** with a balcony and a parking spot.

psychotic

adj. relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking

synonym : deranged, unstable, certifiable

(1) **psychotic** medication, (2) **psychotic** episode

Her husband's death caused her to experience a **psychotic** break.

barely

adv. just enough; hardly; with great difficulty or effort

synonym : scarcely, hardly, only just

(1) **barely** noticeable, (2) **barely** finished

I **barely** made it to the meeting on time, rushing from another appointment across town.

gaunt

adj. thin and bony in appearance, often due to illness or malnutrition; desolate or barren in landscape or atmosphere

synonym: emaciated, thin, skinny

(1) **gaunt** face, (2) **gaunt** figure

The **gaunt** prisoner was a reflection of the harsh conditions in the jail.

mask

v. to conceal something; (noun) a covering that you wear over your face to hide it

synonym: disguise, camouflage, conceal

(1) **mask** body odor, (2) an oxygen **mask**

The politician tried to **mask** the corruption.

fetid

adj. having a strong and unpleasant smell; foul-smelling or malodorous

synonym: stenchy, putrid, malodorous

(1) **fetid** swamp, (2) **fetid** garbage

The room was filled with a **fetid** odor, making it difficult to stay inside.

shambles

n. a state of complete disorder, chaos, or ruin; an utter mess or failure

synonym: disorder, chaos, mess

(1) financial **shambles**, (2) organizational **shambles**

After the party, the house was in **shambles** and needed much cleaning.

psychology

n. the scientific study of mind and behavior

(1) **psychology** experiment, (2) **psychology** of crowd

She had a master's degree in **psychology**.

patient

n. a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

synonym : client, recipient, subject

(1) **patient** in the hospital, (2) **patient** with weight loss

The doctor carefully examined the **patient's** medical history.

severe

adj. extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous

synonym : harsh, relentless, powerful

(1) **severe** heat, (2) a **severe** case of pneumonia

The senator received **severe** criticism from his opponent.

couch

n. a piece of furniture made for sitting, usually with a back and armrests, designed to seat more than one person

synonym : sofa, settee, divan

(1) leather **couch**, (2) a **couch** potato

I love to relax on the **couch** and watch movies on the weekends.

silent

adj. without any or little sound

synonym : quiet, hushed, mute

(1) **silent** reading, (2) give **silent** consent

The politician remained **silent** despite intense media scrutiny.

somber

adj. having a serious or sad atmosphere or character; gloomy or dark

synonym : gloomy, dark, dreary

(1) a suit of **somber** black, (2) **somber** atmosphere

The **somber** mood at the funeral was palpable.

grave

n. a place where a dead body is buried, typically marked by a headstone or other memorial; a very serious, solemn, or important matter; (verb) to carve, cut, or etch a design, inscription, or mark onto a hard surface, such as stone or metal; (adjective) serious, solemn, or

weighty in nature

synonym: tomb, crypt, sepulcher

(1) **grave** an image, (2) **grave** mistake

Many innocent civilians were killed and buried in mass **graves** outside the city during the war.

moan

v. to make a low, prolonged sound of pain, grief, or sexual pleasure; to complain about something

synonym: groan, sigh, lament

(1) **moan** the current situation, (2) **moan** with pleasure

She **moaned** in pain as the doctor examined her injury.

scared

adj. afraid or frightened

synonym: frightened, fearful, dreading

(1) **scared** all the time, (2) **scared** dog

I'm **scared** of insects.

occasion

n. a time or event that is suitable or appropriate for something to happen or be done; a particular event or circumstance that requires or allows for something to be done

synonym: event, time, occurrence

(1) a glad **occasion**, (2) as **occasion** demands

She wore her best dress for the special **occasion**.

lengthy

adj. tediously continuing for a long time; very long in time or size

synonym: extended, interminable, long

(1) to be a **lengthy** process, (2) **lengthy** load times

The **lengthy** medical treatment had weakened his muscles.

diagnose

v. to determine or distinguish the nature of a problem or an illness through a careful analysis

synonym: identify, analyze, interpret

(1) **diagnose** the problem, (2) **diagnose** with CT scans

This device is used to **diagnose** brain cancer and other

tumors.

prognosis

n. the likely outcome or course of a disease or illness based on medical analysis and examination of the patient; a forecast or prediction of future events or developments

synonym : prospect, forecast, diagnosis

(1) **prognosis** of cancer, (2) poor **prognosis**

The doctor gave a positive **prognosis** for her recovery from the illness.

menial

adj. denoting a task or job that is considered lowly, unskilled, or degrading, often requiring little mental effort or skill

synonym : humble, lowly, abject

(1) **menial** duties, (2) **menial** labor

She was not interested in doing any **menial** work at the office.

fortunate

adj. having good luck or lucky

synonym : fortuitous, lucky, blessed

(1) **fortunate** situation, (2) less **fortunate** person

He was pretty **fortunate** to pass the exam.

enact

v. to make a law; to put something into practice

synonym : legislate, pass, decree

(1) **enact** new legislation, (2) **enact** the smoking ban

The government **enacted** this law in 1925.

psychiatry

n. the branch of medicine concerned with the study, treatment, and prevention of mental illness

synonym : mental health, psychology, psychoanalysis

(1) **psychiatry** therapy, (2) biological **psychiatry**

The field of **psychiatry** is constantly evolving, with new treatments and approaches being developed all the time.

beloved

adj. loved very much

synonym : adored, cherished, dear

(1) **beloved** author, (2) **beloved** by many people
I am here to save my **beloved**.

definitely

adv. without any question and beyond doubt; clearly
synonym: absolutely, certainly, indeed

(1) **definitely** become a problem, (2) say **definitely**
The paper is **definitely** worth reading thoroughly.

hasten

v. to move or act quickly; to cause or encourage something to happen sooner or more rapidly; to accelerate or speed up

synonym: accelerate, hurry, rush

(1) **hasten** the process, (2) **hasten** the arrival
I need to **hasten** my speed to finish the race on time.

definition

n. a concise explanation of the meaning of a word, phrase, or symbol

synonym: description, connotation, meaning

(1) a precise **definition**, (2) the **definition** of a word
Parallel lines are, by **definition**, lines on the same plane that never cross.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym: intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage
X-rays revealed a small tumor in his **brain**.

disease

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym: illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control
The doctor diagnosed him with a rare **disease** that had no known cure.

define

v. to state or explain precisely the nature, scope, or meaning of something

synonym: characterize, depict, express

(1) **define** a word, (2) **define** my position

To advance this discussion, we must **define** "success" rigorously.

feat

n. a notable or impressive achievement, especially one that requires great skill or bravery

synonym: achievement, accomplishment, exploit

(1) intellectual **feat**, (2) **feat** accomplishment

It is an incredible **feat** to climb Mount Everest, the highest mountain in the world.

psychosis

n. a serious mental disorder characterized by a disconnection from reality, often including hallucinations, delusions, and a lack of insight into one's condition

synonym: madness, delusion, insanity

(1) **psychosis** treatment, (2) drug-induced **psychosis**

He was diagnosed with **psychosis** and was hospitalized for treatment.

delusion

n. a false belief or impression that is firmly held despite evidence to the contrary

synonym: hallucination, illusion, fantasy

(1) grand **delusion**, (2) labor under a **delusion**

He had a **delusion** that he was a millionaire.

hallucinate

v. to experience a seemingly real perception of something that does not actually exist, usually as a result of a mental illness or drug use

(1) start to **hallucinate**, (2) **hallucinate** with drug

Sleep-deprived people gradually lose their concentration and may **hallucinate**.

hallmark

n. a distinctive characteristic or attribute of a person or thing

synonym: symbol, authentication, indication

(1) the **hallmark** of a good scientist, (2) the **hallmark** of modern life

A clear and simple expression is the **hallmark** of good writing.

responsive

adj. quick to respond or react to something

synonym: alert, reactive, sensitive

(1) **responsive** to affection, (2) **responsive** customer service

The **responsive** website design allows for easy navigation on any device.

sensory

adj. of or relating to the physical senses

synonym: receptive, sensuous, neural

(1) a **sensory** organ, (2) a child with **sensory** issues

Sharks have highly developed **sensory** systems and are extremely sensitive creatures.

nuclear

adj. of or relating to or constituting the nucleus of an atom; deriving destructive energy from the release of atomic energy

synonym: atomic

(1) **nuclear** fusion, (2) use of **nuclear** power

Many countries have now agreed to a treaty banning the use of **nuclear** weapons.

explosion

n. a violent release induced by a chemical or nuclear reaction

synonym: burst, eruption, outbreak

(1) a lot of **explosions**, (2) site of the **explosion**

A broken gas pipe triggered the **explosion**.

occasionally

adv. now and then; sometimes but not often

synonym: periodically, sometimes, from time to time

(1) **occasionally** dine with friends, (2) **occasionally** change

the routine

She still **occasionally** writes a short romance novel.

nightmare

n. a very frightening or unpleasant dream

synonym: agony, misery, suffering

(1) have a **nightmare**, (2) **nightmare** situation

Life as a waiter was a big **nightmare** for him.

disorganize

v. to disrupt or destroy the systematic order or function of something

synonym: disrupt, demobilize, derange

(1) **disorganized** the party, (2) **disorganize** the whole country

His betrayal **disorganized** the company completely.

incoherence

n. a lack of clarity, logical connection, or consistency; the state of being disjointed or not logically or intelligibly connected

synonym: disorder, confusion, inconsistency

(1) linguistic **incoherence**, (2) **incoherence** in the narrative

The speaker's sudden **incoherence** in delivery made the audience wonder if he was feeling well.

loose

adj. not securely fixed or fastened in place or able to be detached or separated from something

synonym: relaxed, unconsolidated, open

(1) a **loose** tongue, (2) remove **loose** hair

The inspector discovered **loose** bolts under the fuel rods.

association

n. a people or groups of people who have joined in a single organization together for a particular purpose; a social or business connection or relationship

synonym: affiliation, collaboration, society

(1) word **associations**, (2) a scholarship **association**

His membership in the **association** provided him with numerous benefits.

involve

v. to include or affect someone or something as a necessary part of something else

synonym: implicate, include, engage

(1) **involve** a lot of paperwork, (2) **involve** a high degree of risk

The investigation **involves** several government agencies and is expected to take several months.

alike

adv. similar or identical in nature or appearance

synonym: similar, identical, comparable

(1) young and old **alike**, (2) **alike** in nature

The two paintings looked **alike** as if the same artist had done them.

jumble

v. to mix or mingle various items, objects, or ideas together in a disordered or confused way, often resulting in a messy or chaotic situation; to create a disorderly or confusing arrangement of things

synonym: mix, scramble, mess up

(1) **jumble** in some herbs and spices, (2) **jumble** together different colors

The children **jumbled** up the puzzle pieces and had to start over.

contrary

n. acting in opposition to what is expected or desired

synonym: opposing, contradictory, conflicting

(1) the clear **contrary**, (2) **contrary** evidence

The two sides argued their points, but the judge ultimately sided with the **contrary** viewpoint.

personality

n. a person's distinct combination of character, behavioral, temperamental, emotional, and mental traits that define them as an individual and set them apart from others

synonym: character, disposition, temperament

(1) **personality** trait, (2) **personality** test

She had a vibrant **personality** that made everyone feel at

ease.

disorder

n. an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions

synonym : chaos, disturbance, disease

(1) the files are in complete **disorder**, (2) people with bipolar **disorder**

The doctor prescribed some medicine for the mental **disorder**.

split

v. to divide, or to make something divide into two or more parts, especially along a particular line

synonym : break, divide, break apart

(1) **split** a bill, (2) **split** a reward equally

Companies often **split** their shares to lower the stock price and encourage investors to buy.

unkempt

adj. untidy, disheveled, or messy in appearance; not properly cared for or maintained

synonym : messy, disheveled, untidy

(1) **unkempt** hair, (2) **unkempt** garden

She was so absorbed in her research that she often had an **unkempt** appearance, forgetting even basic grooming.

probable

adj. likely to happen or likely to be true

synonym : likely, possible, potential

(1) **probable** outcome, (2) **probable** cause of a fire

It seems **probable** that he has forgotten our scheduled meeting.

ill-fed

adj. not properly nourished or inadequately provided with food; undernourished or malnourished

synonym : undernourished, malnourished, poorly fed

(1) **ill-fed** refugees, (2) **ill-fed** animals

The **ill-fed** children at the orphanage were in desperate need

of proper nutrition.

standing

adj. existing or remaining upright; having a vertical position;
(noun) social, financial, or professional status or reputation

synonym : upright, vertical, (noun) position

(1) **standing** water, (2) his social **standing**

The **standing** concert was packed with fans.

mutter

v. to speak or say something quietly and in a low voice; to make complaining remarks or noises under one's breath

synonym : grumble, mumble, complain

(1) **mutter** in a low voice, (2) **mutter** to myself

He **muttered** under his breath about the job relocation.

array

n. a large group or collection of things or people, especially one that is impressive or attractive

synonym : collection, display, batch

(1) a two-dimensional **array**, (2) an **array** of troops

The customer on the Internet has to choose one from a formidable **array** of products.

socioeconomic

adj. relating to the social and economic factors that shape an individual, group, or community, particularly in terms of income, occupation, education, and social class

synonym : social, economic, financial

(1) **socioeconomic** status, (2) **socioeconomic** issues

The **socioeconomic** conditions of a country can significantly affect its political stability.

professional

adj. having or showing the skill appropriate to a particular job; competent or skillful

synonym : skilled, competent, accomplished

(1) **professional** athlete, (2) certified **professional** secretary

He has a **professional** demeanor and always presents himself in a polished manner.

responsible

adj. answerable or accountable for something within one's power, control, or management

synonym: accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer service

She's a **responsible** pet owner who ensures her dog gets enough exercise and a healthy diet.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

convey

v. to express ideas, feelings, etc. so that it is known or understood by other people; to carry something from one place to another

synonym: communicate, transfer, deliver

(1) **convey** a complex idea, (2) **convey** goods by truck

An ironic remark often **conveys** an intended meaning obliquely.

episode

n. a happening or story that is distinctive in a series of related events; an abrupt short period during which someone suffers from the effects of a physical or mental illness

synonym: event, chapter, seizure

(1) end of the first **episode**, (2) **episode** of vertigo

I want to put that **episode** of my life behind me.

semester

n. one of the periods that the school or university divided into, especially in the US and Australia; a half-year term

(1) end of the **semester**, (2) during the **semester** breaks

We must complete all of these courses in the following **semester**.

rebel

n. someone who resists or opposes authority or control, especially by fighting against it

synonym: insurgent, dissenter, mutineer

(1) **rebel** uprising, (2) group of **rebels**

The **rebels** fought against the government for their independence.

memo

n. a short written message or communication intended for internal use within an organization or company

synonym: memorandum, note, reminder

(1) a **memo** pad, (2) **memo** content

I received a **memo** from the CEO outlining the new company policies.

assignment

n. a duty or task given to someone, usually as part of their job or studies

synonym: task, duty, designation

(1) finish the **assignment**, (2) **assignment** of interest

My **assignment** was overwhelming and complicated, but it was also exciting.

pat

v. to touch or tap something lightly and usually in a friendly or encouraging manner; to apply or rub lightly and repetitively

synonym: tap, stroke, caress

(1) **pat** on the back, (2) **pat** a dog

She **patted** the puppy on the head and gave it a treat.

splash

v. to cause liquid to scatter in irregular drops, especially with force

synonym: scatter, dash, gurgle

(1) **splash** water, (2) **splash** everywhere

The mountain was **splashed** with snow.

heaven

n. (of various religious and mythological traditions) a place or state of existence considered to be the abode of the divine, the afterlife, or a higher realm of being; a state of

great happiness, contentment, or beauty

synonym : paradise, nirvana, utopia

(1) ascend to **heaven**, (2) **heaven** on earth

He felt like **heaven** when he tasted the delicious chocolate cake.

hell

n. the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place

synonym : inferno, agony, misery

(1) run like **hell**, (2) **hell** broke loose

The battlefield became **hell** on earth.

sunshine

n. the direct light and heat that comes from the sun

synonym : sunlight, daylight, rays

(1) warm **sunshine**, (2) morning **sunshine**

The **sunshine** was so bright that I had to wear sunglasses to protect my eyes.

bush

n. a plant growing thickly with many small branches and several stiff stems coming up from the root

synonym : copse, scrub, brushwood

(1) trees and **bushes**, (2) a **bush** of hair

I am going to trim this **bush** off.

demon

n. an evil spirit, supernatural being or entity often depicted as malevolent or harmful

synonym : fiend, devil, evil spirit

(1) **demon** hunter, (2) cast **demon** eyes

The actor's portrayal of the **demon** in the horror movie was terrifying.

frightening

adj. causing fear or alarm, or very surprising and alarming

synonym : scary, terrifying, alarming

(1) cast **frightening** eyes, (2) **frightening** experience

The news of the pandemic was a **frightening** reminder of the fragility of human health.

shrug

v. to raise your shoulders and then drop them to say you do not know or are not interested

(1) **shrug** off the importance, (2) **shrug** his shoulders sadly
I respect her ability to **shrug** off harsh criticism.

infiltrate

v. to enter or penetrate a group, organization, or place covertly or secretly, usually with a specific purpose or goal in mind; to spread or diffuse through something gradually or subtly

synonym: penetrate, sneak in, invade

(1) **infiltrate** the bloodstream, (2) **infiltrate** a community
The spy was able to **infiltrate** the enemy's headquarters undetected.

joint

adj. shared, held, or made between two or more people;
(noun) the point of connection between two bones or elements of a skeleton

synonym: collaborative, cooperative, combined

(1) a **joint** venture, (2) the bone of a **joint**

After the summit meeting, the prime ministers issued a **joint** statement.

eventually

adv. finally, particularly after a long time or a lot of struggle, complications, and so on

synonym: finally, someday, ultimately

(1) **eventually** become obsolete, (2) **eventually** succeed

The corporation **eventually** dominated the entire tobacco business.

dorm

n. a residence hall or building that provides living quarters for students or other occupants, typically on a college or university campus

synonym: residence hall, hostel, boarding house

(1) **dorm** room, (2) university **dorm**

Living in a **dorm** can be a great way to meet new people when you're in college.

settle

v. to reach an agreement of disagreement

synonym: inhabit, occupy, decide

(1) **settle** a dispute, (2) **settle** down in the town

I don't want to **settle** for second best.

mass

n. a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together

synonym: abundance, crowd, mob

(1) a **mass** of molten rock, (2) critical **mass**

The **mass** of people who do not own property is politically impotent.

murder

n. the crime of killing somebody intentionally

synonym: slaying, killing

(1) **murder** in the second degree, (2) attempted **murder**

This intriguing **murder** mystery remains unsolved.

forth

adv. forward, outward, or onward in location, direction, or progress; into view or consideration; with confidence, boldness, or in the open

synonym: forward, onwards, ahead

(1) bring **forth** a beautiful vase, (2) call **forth** demand

I pushed **forth** with my new project, even though it would take much hard work.

isolation

n. the condition of being alone or lonely; the act or state of separation between persons or groups

synonym: aloneness, seclusion, separateness

(1) **isolation** booth, (2) the country's **isolation**

That incident led to his **isolation**.

hospitalize

v. to admit someone to a hospital for medical treatment

synonym: admit, place in hospital

(1) **hospitalize** patient, (2) **hospitalize** child
She had to be **hospitalized** due to her injuries.

extension

n. a thing that is added to something to make it longer, larger, or wider; an educational opportunity provided by colleges and universities to people who are not enrolled as regular students; an additional telephone set that is connected to the same telephone line

synonym: addition, augment, supplement

(1) time **extension**, (2) telephone **extension**

They are building an **extension** to the house to add more bedrooms.

gibberish

n. unintelligible or nonsensical language or speech; meaningless or difficult to comprehend talk or writing

synonym: nonsense, babble, drivel

(1) **gibberish** language, (2) meaningless **gibberish**

He spoke in **gibberish**, and no one could understand what he was trying to say.

intelligible

adj. capable of being understood or apprehended

synonym: apprehensible, understandable, comprehensible

(1) **intelligible** pronunciation, (2) **intelligible** to anyone

He gave me an **intelligible** answer.

emergency

n. a sudden unforeseen crisis usually involving danger that requires immediate action

synonym: crisis, trouble, difficulty

(1) **emergency** action, (2) acute **emergency**

The president declared a state of **emergency**.

goon

n. a person who is hired or employed to engage in acts of violence or intimidation on behalf of someone else, often for criminal or illicit purposes

synonym: thug, henchman, enforcer

(1) movie **goon**, (2) hired **goon**

The **goon** squad was hired to intimidate the protesters and

disperse the crowd.

swoop

v. to rapidly or forcefully descend upon something or someone from a great height or distance; to rush or pounce upon

synonym: dart, pounce

(1) **swoop** down the water slide, (2) **swoop** up the escalator
The eagle **swooped** down from the sky to catch its prey.

lift

v. to raise something to a higher position or level; to pick up something or somebody and move them to a different position

synonym: raise, elevate, move up

(1) **lift** sagging skin, (2) **lift** a ban on alcohol

The drought **lifted** the prices of grain globally.

slam

v. to shut a door or window noisily; to strike something violently or noisily

synonym: bang, crash, shut

(1) **slam** the door, (2) **slam** the book against a wall

She **slammed** the door shut, angry at the person on the other side.

metal

n. a solid material that is typically hard, shiny, malleable, fusible, and ductile, with good electrical and thermal conductivity, and often used as a structural material, a conductor of heat or electricity, or for decorative purposes

synonym: alloy, metalloid

(1) **metal** fabrication, (2) precious **metal**

The construction worker used a **metal** saw to cut through the stubborn sheet metal.

strap

n. a long, narrow strip or belt of leather, fabric, or another material used for binding, fastening, or supporting something or someone; a band or string that attaches one object to another, often used to secure items during transport

synonym : band, belt, sling

(1) leather **strap**, (2) camera **strap**

The athlete tightened the **strap** on his running shoes before the race.

leather

n. a material made from the skin of an animal, typically by tanning, and used for clothing, shoes, furniture, and other items

synonym : hide, skin, suede

(1) enameled **leather**, (2) **leather** boots

The **leather** jacket was worn in but still comfortable.

groan

v. to make a low, moaning sound, often indicating pain, discomfort, or dissatisfaction

synonym : moan, grunt, sigh

(1) **groan** in pain, (2) **groan** for water

The sight of the huge pile of laundry made me **groan** with dread.

scream

v. to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice

synonym : cry, shout, yell

(1) **scream** a profanity, (2) **scream** at him to be quiet

She kept **screaming** for an ambulance.

purity

n. the state of being undiluted or unmixed with anything else; the state of being free from immorality, especially of a sexual nature

synonym : sinlessness, innocence, cleanliness

(1) the degree of **purity**, (2) high **purity**

Higher **purity** requires additional equipment and energy.

terror

n. intense fear; a state of intense fear or alarm

synonym : fear, alarm, horror

(1) **terror** attack, (2) **terror** group

The bomb blast spread **terror** among the people.

belly

n. the front part of the body below the chest, containing the stomach and bowels; the rounded or curved part of an object, such as a ship or aircraft

synonym : stomach, abdomen, gut

(1) the **belly** of the ship, (2) with an empty **belly**

She had a tattoo just above her **belly** button.

scraping

n. the act of removing a thin layer of material from a surface, often to clean or smooth it; a sound or sensation that is produced by something being removed or rubbed against another surface; (of computer technology) the automated extraction or collection of data from websites

synonym : abrading, scratching, rubbing

(1) **scraping** tools, (2) metal **scraping**

The **scraping** sound coming from the engine made us worry about the car's condition.

incident

n. an event or occurrence, often unexpected or unplanned; something that happens

synonym : event, occurrence, accident

(1) traffic **incident**, (2) security **incident**

The **incident** at the airport caused a delay in my flight.

involuntary

adj. acting or done without or against one's will

synonym : coerced, forced, automatic

(1) **involuntary** manslaughter, (2) **involuntary** muscles

The drug's side effects can include **involuntary** loss of urine.

disabled

adj. having a physical or mental condition that limits someone's specific actions that most other people can do

synonym : handicapped, impaired, incapacitated

(1) a **disabled** veteran, (2) a learning- **disabled** child

She was **disabled** in a car accident.

chart

n. a visual display of information such as a diagram, lists of figures, etc.; a map designed to assist navigation by air or sea

synonym : diagram, graph, map

(1) a weather **chart**, (2) a statistical **chart**

This pie **chart** represents our market share.

mechanical

adj. operated by a machine, relating to or concerned with machinery or tools

synonym : machinelike, automated, automatic

(1) a **mechanical** style of writing, (2) the influence of **mechanical** action

A **mechanical** engineer is still in demand in many companies.

restraint

n. a measure taken to prevent someone or something from acting freely or excessively; self-control or moderation; a physical device used to restrict or limit movement

synonym : constraint, limitation, control

(1) physical **restraint**, (2) self- **restraint**

It's important to practice **restraint** when it comes to spending money.

tight

adj. fixed, fastened, or kept together firmly or closely

synonym : closed, secured, cramped

(1) a **tight** game, (2) student on a **tight** budget

The national election was held amid **tight** security.

strike

v. to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon

synonym : hit, impact, influence

(1) **strike** up a conversation, (2) **strike** a blow

We **strike** to achieve more wages and safer working conditions.

threat

n. a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict

harm or injury on someone or something, often made as a means of coercion or intimidation

synonym : menace, danger, hazard

(1) economic **threat**, (2) environmental **threat**

The **threat** of severe weather prompted the city to issue an evacuation warning.

restrain

v. to prevent or hold back from doing something, often by physical or moral force; to limit or restrict one's actions or behavior; to control or moderate strong emotions or impulses

synonym : restrict, limit, control

(1) **restrain** from violence, (2) **restrain** a child

The police had to **restrain** the suspect after he became violent during the arrest.

benign

adj. kind and gentle; not harmful or malicious

synonym : kind, gentle, harmless

(1) **benign** tumor, (2) a **benign** smile

The lump was discovered to be **benign**, and no further treatment was needed.

statistics

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

(1) **statistics** for cancer, (2) official **statistics**

The **statistics** demonstrate that poverty and unemployment are genuine problems.

estimate

v. to guess or calculate the cost, size, value, etc. of something

synonym : calculate, gauge, evaluate

(1) **estimate** a fair value, (2) **estimate** this chicken to weigh three pounds

We **estimated** the season's total trade deficit at \$50 billion.

strangle

v. to choke or suffocate someone by compressing their neck; to inhibit or suppress something, such as a movement or idea

synonym : choke, suffocate, throttle

(1) **strangle** a cry, (2) **strangle** economic growth

The killer used his hands to **strangle** his victim.

aspiration

n. a strong desire to achieve something; the action or process of drawing breath

synonym : ambition, inhalation, intake

(1) no **aspiration** for fame, (2) **aspiration** into the lungs

He has an **aspiration** to become a doctor.

vomit

v. to eject food, blood, etc., from the stomach through the mouth; (noun) the matter ejected from the stomach through the mouth

synonym : puke, throw up, spew

(1) **vomit** abuse, (2) **vomit** after ingesting

She felt sick and had to run to the bathroom to **vomit**.

suffocate

v. to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression

synonym : choke, smother, stifle

(1) **suffocate** to death, (2) **suffocate** fire

People can **suffocate** from a lack of oxygen in confined spaces.

unclear

adj. poorly stated or described and therefore not easy to understand; not easy to perceive

synonym : ambiguous, fuzzy, obscure

(1) an **unclear** match, (2) in no **unclear** terms

It is important not to undertake tasks with **unclear** objectives to improve productivity.

journal

n. a newspaper or magazine specialized in a specific topic or profession

synonym : periodical, diary, bulletin

(1) scientific **journal**, (2) **journal** articles

The physician is reading the **journals** related to medicine

consult

v. to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject

synonym : confer, consider, see

(1) regularly **consult** with a doctor, (2) **consult** my wallet

Always **consult** a lawyer before launching a business.

eminent

adj. famous, respected, or important, especially in a particular profession; standing above others in quality or position

synonym : outstanding, distinguished, superior

(1) an **eminent** writer, (2) hold **eminent** positions

She was a pre- **eminent** researcher in our lab.

degrade

v. to make something worse, especially in quality; to show or treat someone in a way that makes them seem no value and do not have the respect or reasonable opinion of others

synonym : demean, disgrace, impair

(1) **degrade** his public image, (2) **degrade** environmental quality

You should not **degrade** yourself by allowing them to use you.

courage

n. the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous

synonym : bravery, valor, fearlessness

(1) mental **courage**, (2) inspire **courage**

It takes a lot of **courage** to stand up for what you believe is right.

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym: endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

treatment

n. the way in which someone deals with or behaves towards someone or something; medical care provided to a patient for an injury or illness.

synonym: remedy, antidote, medicine

(1) first-aid **treatment**, (2) **treatment** by diet

The primary purpose of the **treatment** is pain relief.

resist

v. to refuse to accept something and attempt to prevent it from happening

synonym: fight, defy, revolt

(1) **resist** temptation, (2) **resist** being kissed

I chose to **resist** cancer by trying every possible treatment.

medication

n. a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease

synonym: cure, drug, medicine

(1) antibiotic **medication**, (2) **medication** by mouth

The pharmacist not only prescribes the **medication** but also guides its proper use.

motto

n. a phrase or slogan that expresses a guiding principle or goal

synonym: slogan, catchphrase, phrase

(1) the **motto** for safe traffic, (2) company **motto**

The company's **motto** is "Innovation and Service," which is reflected in its products and customer support.

medicinal

adj. of or relating to the treatment or cure of disease

synonym: curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

defective

adj. having a flaw or fault that prevents proper functioning or usability; broken or imperfect in some way

synonym : faulty, flawed, imperfect

(1) **defective** gene, (2) **defective** equipment

The **defective** product was promptly recalled for safety reasons.

urge

v. to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist

synonym : push for, advise, (noun) impulse

(1) **urge** a total ban, (2) a sexual **urge**

The lobbyist **urged** Congress not to approve the measure.

reduction

n. a decrease in size, amount, or degree

synonym : diminution, decrease, cutback

(1) **reduction** strategy, (2) a gradual **reduction**

The **reduction** in carbon emissions has been significant since the implementation of the new policy.

med

adj. (short for medical) relating to the field of medicine, which is concerned with the diagnosis, treatment, and prevention of diseases and disorders; (short for medication) a substance or drug that is used to treat a medical condition or alleviate symptoms

synonym : medium, moderate, average

(1) **med** student, (2) **med** school

I took a **med** dose of pain reliever to ease my headache.

march

v. to walk militarily with stiff, regular steps

synonym : parade

(1) **march** against the war, (2) **march** east

The troops **marched** shoulder-to-shoulder.

straight

adj. extending or moving in one direction without bending or curving; having no deviations

synonym : linear, honest, consecutive

(1) a **straight** line, (2) **straight** for two months

He was sick for five **straight** days.

crouch

v. to put your body close to the ground, especially as a way of avoiding being seen

synonym : bend down, squat, stoop

(1) **crouch** into a ball, (2) **crouch** around a fire

He **crouched** down behind the bushes to avoid being seen.

evil

adj. profoundly immoral, cruel, and wicked; having or exerting a harmful effect on people

synonym : malign, corruption, immorality

(1) **evil** ways, (2) a charm against **evil**

Corruption is an **evil** act for any reason.

poise

n. a calm, confident, and graceful manner with control of your feelings or behavior

synonym : confidence, grace, calmness

(1) aesthetic **poise**, (2) with easy **poise**

He took a deep breath and recovered a little of his **poise**.

dagger

n. a short, pointed knife with sharp edges used as a weapon or tool

synonym : shiv, poniard, blade

(1) **dagger** piercing, (2) sheathed **dagger**

The assassin pulled out a **dagger** from his belt to complete the task.

slice

n. a flat, often thin, piece of bread, meat, cheese, etc., that has been cut from a larger piece; a wound made by cutting

synonym : piece, portion, slit

(1) a **slice** of the company's revenue, (2) **slice** a tomato thin

The children complained because one **slice** of cake was

slightly larger than the other.

swallow

v. to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations

synonym : consume, gulp, inhale

(1) **swallow** a handful of pills, (2) a **swallow** tail

I **swallowed** my anger and kept quiet.

coal

n. a combustible black or brownish-black sedimentary rock that is found below the ground and burnt to produce heat

synonym : ember

(1) a **coal-fired** ship, (2) construction of new **coal** plants

We combust **coal** and other fossil fuels to generate electricity.

agony

n. extreme physical or mental pain or suffering, often prolonged or intense

synonym : anguish, torment, suffering

(1) severe **agony**, (2) emotional **agony**

The athlete fell to the ground in **agony** after injuring their ankle.

accurate

adj. correct and exact in all details

synonym : exact, precise, proper

(1) provide **accurate** information, (2) **accurate** measurements

The official transcript contains **accurate** academic records.

acute

adj. extremely sharp or severe

synonym : sharp, perceptive, keen

(1) **acute** pain, (2) **acute** triangle

The patient died from **acute** alcohol intoxication.

refuse

v. to show that one is not willing to do or accept something
synonym: turn down, deny, decline

(1) **refuse** a request, (2) **refuse** the company

My initial reaction was to **refuse**.

immediately

adv. now or without delay

synonym: directly, instantly, promptly

(1) **immediately** recall a product, (2) write him an answer

immediately

A suspension order from the court is effective **immediately**.

appointment

n. a formal arrangement to meet someone at a particular time and place, especially for a reason connected with their work; the act of putting a person into a job or position of responsibility

synonym: assignment, selection, commission

(1) **appointment** calendar, (2) take up an **appointment**

We had to reschedule the dentist's **appointment**.

impressive

adj. arousing admiration due to size, quality, or skill

synonym: impactful, remarkable, exceptional

(1) **impressive** performances, (2) an **impressive** array of facts

The budget reduction was an **impressive** feat for our nation.

trash

n. discarded material, refuse, or waste

synonym: garbage, waste, refuse

(1) **trash** bin, (2) **trash** disposal site

The city is taking measures to reduce the amount of **trash** in the streets.

interdict

n. an authoritative prohibition or ban, often issued by a legal or religious authority

synonym: prohibition, ban, embargo

(1) **interdict** on trade, (2) judicial **interdict**

The government imposed an **interdict** on the sale of certain

goods to protect public health.

discrete

adj. separate and distinct; not continuous; individually distinguishable

synonym: separate, distinct, individual

(1) **discrete** metric space, (2) **discrete** variable

The company divided the tasks into **discrete** segments to increase efficiency.

mad

adj. insane, especially due to a mental illness; very angry

synonym: crazy, insane, furious

(1) a **mad** person, (2) gets **mad** easily

He was **mad** with joy to see the results.

marginal

adj. of, relating to, or situated at the edge or outer limit; of secondary or minor importance; barely satisfactory or effective

synonym: fringy, peripheral, borderline

(1) **marginal** note, (2) **marginal** cost

The company's profits have only been **marginal** this year, but they're hoping for a better year.

quitter

n. a person who gives up easily or does not have the determination to finish what they have started

synonym: coward, deserter, surrender

(1) easy **quitter**, (2) serial **quitter**

He was labeled as a **quitter** after he abandoned the project halfway.

fir

n. a type of tall evergreen tree that is native to the northern hemisphere, with needle-like leaves and cones that stand upright on the branches

synonym: pine, spruce, cedar

(1) **fir** branch, (2) **fir** forest

The smell of fresh **fir** trees filled the air at the Christmas tree farm.

forgiveness

n. the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion

synonym : pardon, amnesty, compassion

(1) **forgiveness** of liabilities, (2) beg for **forgiveness**

He gained debt **forgiveness**.

convinced

adj. completely certain about something; having a strong belief or conviction in a particular religion

synonym : confident, positive, indoctrinated

(1) **convinced** of the idea, (2) **convinced** criminal

The public is **convinced** that the prime minister has committed fraud.

deny

v. to state that one refuses to admit the existence or truth of something

synonym : refute, reject, repudiate

(1) adamantly **deny** killing, (2) **deny** the allegations

He is still **denying** stealing the money from the cash register.

separate

v. to force, take, or pull apart; mark as different

synonym : disunite, isolate, ramify

(1) **separate** video into chapter, (2) **separate** cream from milk

We need to **separate** the aspect of his personality from the part of his competence when making an investment decision.

insane

adj. extremely stupid, crazy, or dangerous; mentally ill

synonym : crazy, mad, foolish

(1) go **insane** with pleasure, (2) an **insane** scheme

Her excessive demands drove me **insane**.

smashing

adj. very successful or impressive; causing something to be broken or destroyed

synonym : great, wonderful, breaking

(1) a **smashing** blow, (2) give **smashing** results

The band's new album was a **smashing** success, reaching

the top of the charts.

ruin

v. to damage, spoil, or demolish something; (noun) an unrecoverable state of devastation and destruction,

synonym: bankrupt, demolish, destroy

(1) **ruin** the plan, (2) **ruin** the reputation

He knocked over the red wine and **ruined** the tablecloth.

psychoanalysis

n. a system of psychological theory and therapy that aims to treat mental and emotional disorders by investigating the interaction of conscious and unconscious elements in the mind

(1) freudian **psychoanalysis**, (2) **psychoanalysis** technique

She sought **psychoanalysis** to understand her childhood traumas.

psychotherapy

n. the treatment of mental or emotional problems by talking with a therapist

(1) field of **psychotherapy**, (2) **psychotherapy** for depression

He took **psychotherapy** to help him deal with his accident trauma.

psychopharmacology

n. the scientific study of the effects of drugs on the mind and behavior, particularly in the treatment of mental illness or disorders

(1) **psychopharmacology** research, (2) developmental **psychopharmacology**

Graduates with a degree in **psychopharmacology** often find work in research or clinical settings.

relation

n. the way two persons or groups of people feel and act toward one another

synonym: association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no alteration.

depth

n. the distance between the top and bottom of something; between the top surface and a distance below it

synonym: deepness, profoundness, extent

(1) **depth** camera, (2) the **depth** of the water

The pond's **depth** was around five feet.

navigate

v. to plan and direct the way that a ship, plane, etc. will travel, often by using a map

synonym: guide, helm, voyage

(1) **navigate** the Pacific, (2) **navigate** through a document

Our knowledge helps **navigate** our clients successfully.

symptom

n. any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

synonym: sign, manifestation, syndrome

(1) **symptoms** of low testosterone, (2) neurotic **symptoms**

The patient displays a **symptom** of a side effect.

accommodate

v. to provide someone with a place to live or to be stored in; to make fit for or to change to suit a new purpose

synonym: house, rent, adjust

(1) **accommodate** a person with money, (2) **accommodate** these needs

This large SUV **accommodates** eight people.

embrace

v. to accept something willingly and enthusiastically;
(noun) the act of clasping another person in the arms as in greeting or affection

synonym: grasp, hold tightly, accept

(1) **embrace** an opportunity, (2) a warm **embrace**

The woods **embrace** the house.

intellect

n. the ability to think logically and comprehend information, especially at an advanced level

synonym: mind, brightness, cleverness

(1) enrich my **intellect**, (2) human **intellect**

Your **intellect** is capable of distinguishing among similar objects.

stimming

n. a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation

synonym: self-stimulation, repetitive behaviors

(1) autistic **stimming**, (2) **stimming** therapy

Autistic children may engage in **stimming** behaviors, such as rocking or hand flapping, to self-regulate.

occupy

v. to consume all of someone's space, attention, or time

synonym: inhabit, settle, populate

(1) **occupy** his time, (2) **occupy** a position

The young prince will soon **occupy** the throne.

complexity

n. the state or quality of being complicated or intricate and difficult to understand

synonym: intricacy, sophistication, elaboration

(1) cognitive **complexity**, (2) **complexity** theory

The project's **complexity** made it difficult for the team to complete it on time.

reliable

adj. worthy of being relied on; trustworthy

synonym: dependable, trustworthy, dedicated

(1) **reliable** access, (2) guarantee **reliable** delivery

Trains are **reliable**, inexpensive, and ideal for long-distance travel.

defend

v. to protect someone or something from attack, criticism, danger, etc.

synonym: protect, guard, support

(1) **defend** my country, (2) **defend** against a threat
International law allows each nation to **defend** itself when its rights and interests are illegally violated.

environment

n. the natural world such as air, water, and land in which humans, animals, and plants live

synonym: atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's **environment**.

relative

adj. considered and evaluated through comparison with something else

synonym: comparative, proximate, congeneric

(1) a remote **relative**, (2) **relative** factors

Most countries prohibit sexual activity between certain close **relatives**.

stigma

n. a mark of shame or disgrace associated with a particular circumstance, quality, or person

synonym: mark, blemish, disgrace

(1) social **stigma**, (2) **stigma** against obesity

The mental health **stigma** often prevents people from seeking treatment.

spouse

n. a person's husband, wife, or partner in marriage

synonym: partner, mate, wife

(1) **spouse** tax deduction, (2) **spouse** visa

The **spouse** of the politician was a constant presence at campaign events.

coworker

n. a person who works with another in the same company or organization

synonym: colleague, peer, associate

(1) **coworker** relationship, (2) argue with a **coworker**

My ex- **coworker** and I had different working styles but

managed to get along.

invest

v. to put money, effort, time, etc. into something to make a profit or achieve a result

synonym: fund, sponsor, support

(1) **invest** in stocks, (2) **invest** capital

The government should view children as national assets and actively **invest** in them.

criminal

n. a person who has committed a crime

synonym: offender, lawbreaker, delinquent

(1) wanted **criminal**, (2) **criminal** investigation

The police are searching for the **criminal** who stole the jewels.

nation

n. a large organized community of people living in a particular country or region and having a particular culture

synonym: country, state, sovereign entity

(1) **nation-state**, (2) a seafaring **nation**

The **nation** of Japan is known for its unique culture and advanced technology.

tragedy

n. an event or situation causing great loss, misfortune, or destruction; a play or literature that deals with a severe and sad event and often ends with the death of the main character

synonym: disaster, adversity, calamity

(1) a **tragedy** during work, (2) the aftermath of this **tragedy**

Macbeth is a famous **tragedy** by Shakespeare.

scandal

n. an action or event regarded as morally or legally wrong and causing general public outrage

synonym: controversy, outrage, uproar

(1) **scandal** magazine, (2) a corruption **scandal**

The political **scandal** rocked the nation and led to the resignation of several high-ranking officials.

county

n. an administrative division of a country or state, typically one of several comprising a larger division

synonym: district, region, territory

(1) **county** seat, (2) throughout the **county**

The **county's** population has been increasing rapidly in recent years.

jail

n. a facility where criminals are kept to be punished for their crimes; a prison

synonym: prison, slammer, penitentiary

(1) county **jail**, (2) be in **jail**

The police escorted the prisoner to the **jail**.

facility

n. a building or place that provides a particular service or is used for a particular industry

synonym: building, structure, installation

(1) a cell phone with an internet **facility**, (2) **facility** design

This company has an entire recycling **facility**, including major reprocessing plants.

adequate

adj. enough, acceptable, satisfactory for a particular purpose or need

synonym: enough, acceptable, able

(1) **adequate** parking facilities, (2) provide **adequate** funding

This argument is still not **adequate**.

entertainment

n. public shows, films, television, or other performances or activities of enjoying people

synonym: amusement, recreation, enjoyment

(1) an elegant **entertainment**, (2) hour of **entertainment**

The hotel is famous for its **entertainment**, including the casino.

industrious

adj. hardworking, diligent, and persistent in effort

synonym: diligent, hardworking, assiduous

(1) **industrious** worker, (2) **industrious** student

He was known to be very **industrious** and would often work late into the night.

prejudice

n. a thought or feeling that is unfair and makes no sense, mainly when it is formed without enough thought or knowledge

synonym: bias, preconception, predisposition

(1) deep-rooted **prejudice**, (2) color **prejudice**

This community is free of social **prejudice**.

column

n. one of the vertical blocks that split content on a page or screen from top to bottom; an upright pillar that often supports an arch, entablature, or other structure or stands alone as a monument

synonym: line, pillar, cue

(1) the spinal **column**, (2) a **column** of water

The newspaper devoted several **columns** to the affair.

portray

v. to depict or describe someone or something in a painting, film, book, or other artistic work

synonym: depict, describe, illustrate

(1) **portray** feelings in words, (2) accurately **portray** the condition

We often **portray** political problems as religious issues.

sympathetic

adj. feeling, showing, or expressing kindness or compassion to somebody who is hurt, sad, or in a problematic situation

synonym: compassionate, empathetic, understanding

(1) **sympathetic** nervous system, (2) **sympathetic** toward poor people

She is very **sympathetic** to our project.

recreation

n. the activity that renews your health and spirits by enjoyment and relaxation; the act or process of making something that existed in the past exists or seems to

exist again in a different time or place

synonym : amusement, entertainment, refreshment

(1) outdoor **recreation**, (2) **recreation** of the homeland
Basketball is their usual **recreation** after school.

pose

v. to present a risk, problem, or other issues that must be addressed

synonym : present, put, position

(1) **pose** a significant threat to my company, (2) **pose** a challenge

The chemicals **pose** a massive health risk.

instantly

adv. immediately

synonym : immediately, right away, directly

(1) **instantly** cope with, (2) be killed **instantly**

I remembered that person **instantly** and never forgot.

poet

n. a person who writes poetry

synonym : versifier, rhymer, writer

(1) a court **poet**, (2) a **poet** of sorts

She is a talented **poet** who has been recognized for her work.

decline

v. to become gradually smaller, fewer, worse, etc.; to refuse to accept

synonym : descend, drop, deny

(1) **decline** a job offer, (2) **decline** in quality

As people age, their digestive capacity also gradually **declines**.

devil

n. a supernatural being typically represented in belief systems as an evil or mischievous spirit, often used metaphorically to describe a person or thing that is harmful, dangerous, or wicked

synonym : demon, fiend, satan

(1) **devil's** advocate, (2) **devil** horns

There are various ways to ward off the **devil**, including prayer and holy water.

angel

n. a spiritual being believed to be a messenger of God often depicted as having wings and a halo

synonym: messenger, spirit, celestial being

(1) **angel** investors, (2) fallen **angel**

As she lay on her deathbed, a bright light appeared, and she saw a holy **angel** standing at the foot of her bed.

flee

v. to leave by running away, especially out of fear or danger

synonym: exit, escape, run away

(1) **flee** their homes, (2) **flee** abroad

It is a basic instinct to **flee** from a dangerous situation.

terrifying

adj. very frightening or intimidating

synonym: frightening, intimidating, alarming

(1) **terrifying** experience, (2) **terrifying** events

Large earthquakes often generate **terrifying** tsunamis.

instant

adj. happening immediately, with no delay

synonym: immediate, urgent, moment

(1) get **instant** access, (2) an **instant** reply

His pleasant face turned cold in an **instant**.

regret

v. to feel sad, repentant, or disappointed over something you have done or something you have not been able to do

synonym: apologize, deplore, lament

(1) **regret** a decision, (2) **regret** being so careless

I **regret** to say that you did not gain admission to the university.

pity

n. a feeling of sorrow and compassion caused by the suffering or misfortunes of others; an object of contempt or disdain

synonym : sympathy, compassion, mercy

(1) allow self- **pity**, (2) **pity** speech

It is a **pity** that the concert had to be canceled due to the storm.

humanity

n. all people living on the earth; the quality or state of being human rather than an animal, a machine, etc.

synonym : humankind, society, human race

(1) **humanity** at large, (2) mass of **humanity**

They donated large sums of money for the development of **humanity**.

Session 2: Spelling

1. the bone of a jo__t
adj. shared, held, or made between two or more people; (noun) the point of connection between two bones or elements of a skeleton
2. a learning-di_____ed child
adj. having a physical or mental condition that limits someone's specific actions that most other people can do
3. a gradual re_____on
n. a decrease in size, amount, or degree
4. official sta_____cs
n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
5. psy_____ry therapy
n. the branch of medicine concerned with the study, treatment, and prevention of mental illness
6. l__t a ban on alcohol
v. to raise something to a higher position or level; to pick up something or somebody and move them to a different position
7. a p__t of sorts
n. a person who writes poetry
8. easy qu_____r
n. a person who gives up easily or does not have the determination to finish what they have started
9. sc_____ng tools
n. the act of removing a thin layer of material from a surface, often to clean or smooth it; a sound or sensation that is produced by something being removed or rubbed against another surface; (of computer technology) the automated extraction or collection of data from websites

ANSWERS: 1. joint, 2. disabled, 3. reduction, 4. statistics, 5. psychiatry, 6. lift, 7. poet, 8. quitter, 9. scraping

10. argue with a co____er *n.* a person who works with another in the same company or organization
11. labor under a de____on *n.* a false belief or impression that is firmly held despite evidence to the contrary
12. sw__p down the water slide *v.* to rapidly or forcefully descend upon something or someone from a great height or distance; to rush or pounce upon
13. group of re__ls *n.* someone who resists or opposes authority or control, especially by fighting against it
14. a sm____ng blow *adj.* very successful or impressive; causing something to be broken or destroyed
15. beg for for____ss *n.* the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion
16. di____te metric space *adj.* separate and distinct; not continuous; individually distinguishable
17. a co__h potato *n.* a piece of furniture made for sitting, usually with a back and armrests, designed to seat more than one person
18. na____te through a document *v.* to plan and direct the way that a ship, plane, etc. will travel, often by using a map
19. st____le economic growth *v.* to choke or suffocate someone by compressing their neck; to inhibit or suppress something, such as a movement or idea
20. leather st__p *n.* a long, narrow strip or belt of leather, fabric, or another material used for binding, fastening, or supporting something or someone; a band or string that attaches one object to another, often used to secure items during transport

ANSWERS: 10. coworker, 11. delusion, 12. swoop, 13. rebel, 14. smashing, 15. forgiveness, 16. discrete, 17. couch, 18. navigate, 19. strangle, 20. strap

21. security in_____nt *n.* an event or occurrence, often unexpected or unplanned; something that happens
22. a weather ch__t *n.* a visual display of information such as a diagram, lists of figures, etc.; a map designed to assist navigation by air or sea
23. me__l fabrication *n.* a solid material that is typically hard, shiny, malleable, fusible, and ductile, with good electrical and thermal conductivity, and often used as a structural material, a conductor of heat or electricity, or for decorative purposes
24. de__n hunter *n.* an evil spirit, supernatural being or entity often depicted as malevolent or harmful
25. university d__m *n.* a residence hall or building that provides living quarters for students or other occupants, typically on a college or university campus
26. m__n the current situation *v.* to make a low, prolonged sound of pain, grief, or sexual pleasure; to complain about something
27. re_____in from violence *v.* to prevent or hold back from doing something, often by physical or moral force; to limit or restrict one's actions or behavior; to control or moderate strong emotions or impulses
28. ind_____us worker *adj.* hardworking, diligent, and persistent in effort

ANSWERS: 21. incident, 22. chart, 23. metal, 24. demon, 25. dorm, 26. moan, 27. restrain, 28. industrious

29. hold em____t positions *adj.* famous, respected, or important, especially in a particular profession; standing above others in quality or position
30. eve_____ly succeed *adv.* finally, particularly after a long time or a lot of struggle, complications, and so on
31. re__l uprising *n.* someone who resists or opposes authority or control, especially by fighting against it
32. ps_____ic episode *adj.* relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking
33. an____ce candidacy *v.* to make something known or officially inform people about something
34. developmental
psy_____ogy *n.* the scientific study of the effects of drugs on the mind and behavior, particularly in the treatment of mental illness or disorders
35. mu___r in the second degree *n.* the crime of killing somebody intentionally
36. gets m_d easily *adj.* insane, especially due to a mental illness; very angry
37. ma_____al note *adj.* of, relating to, or situated at the edge or outer limit; of secondary or minor importance; barely satisfactory or effective
38. a charm against e__l *adj.* profoundly immoral, cruel, and wicked; having or exerting a harmful effect on people

ANSWERS: 29. eminent, 30. eventually, 31. rebel, 32. psychotic, 33. announce, 34. psychopharmacology, 35. murder, 36. mad, 37. marginal, 38. evil

39. furnished ap_____nt *n.* a self-contained living unit within a larger building or complex, typically consisting of one or more rooms or an open space used for living, cooking, and sleeping
40. an ar__y of troops *n.* a large group or collection of things or people, especially one that is impressive or attractive
41. get in_____t access *adj.* happening immediately, with no delay
42. ha___n the arrival *v.* to move or act quickly; to cause or encourage something to happen sooner or more rapidly; to accelerate or speed up
43. f__t accomplishment *n.* a notable or impressive achievement, especially one that requires great skill or bravery
44. economic th____t *n.* a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation
45. res_____le for a customer service *adj.* answerable or accountable for something within one's power, control, or management
46. re_____le access *adj.* worthy of being relied on; trustworthy
47. sh_____r a world record *v.* to break suddenly into many pieces
48. permanent br__n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

ANSWERS: 39. apartment, 40. array, 41. instant, 42. hasten, 43. feat, 44. threat, 45. responsible, 46. reliable, 47. shatter, 48. brain

49. med_____on by mouth *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
50. ga__t figure *adj.* thin and bony in appearance, often due to illness or malnutrition; desolate or barren in landscape or atmosphere
51. di_____e control *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
52. p_t a dog *v.* to touch or tap something lightly and usually in a friendly or encouraging manner; to apply or rub lightly and repetitively
53. wanted cr_____al *n.* a person who has committed a crime
54. de___e a word *v.* to state or explain precisely the nature, scope, or meaning of something
55. soc_____mic status *adj.* relating to the social and economic factors that shape an individual, group, or community, particularly in terms of income, occupation, education, and social class
56. people with psy_____ic disorders *adj.* of or relating to the treatment or study of mental illness or disorders
57. to be a le_____y process *adj.* tediously continuing for a long time; very long in time or size
58. be in j__l *n.* a facility where criminals are kept to be punished for their crimes; a prison
59. pro_____nal athlete *adj.* having or showing the skill appropriate to a particular job; competent or skillful

ANSWERS: 49. medication, 50. gaunt, 51. disease, 52. pat, 53. criminal, 54. define, 55. socioeconomic, 56. psychiatric, 57. lengthy, 58. jail, 59. professional

60. re___t temptation *v.* to refuse to accept something and attempt to prevent it from happening
61. st___e up a conversation *v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
62. p___e a challenge *v.* to present a risk, problem, or other issues that must be addressed
63. co_____ed criminal *adj.* completely certain about something; having a strong belief or conviction in a particular religion
64. ha___n for terrorists *n.* a shelter serving as a place of safety or sanctuary; a sheltered port where ships can take on or discharge cargo
65. in___t capital *v.* to put money, effort, time, etc. into something to make a profit or achieve a result
66. ps_____is treatment *n.* a serious mental disorder characterized by a disconnection from reality, often including hallucinations, delusions, and a lack of insight into one's condition
67. se_____te cream from milk *v.* to force, take, or pull apart; mark as different
68. high pu___y *n.* the state of being undiluted or unmixed with anything else; the state of being free from immorality, especially of a sexual nature
69. an in___e scheme *adj.* extremely stupid, crazy, or dangerous; mentally ill
70. al___e in nature *adv.* similar or identical in nature or appearance

ANSWERS: 60. resist, 61. strike, 62. pose, 63. convinced, 64. haven, 65. invest, 66. psychosis, 67. separate, 68. purity, 69. insane, 70. alike

71. a cell phone with an internet
fa____ty
72. re____in a child
73. an__l investors
74. senior research an____t
75. autistic st____ng
76. re____ve factors
77. ju____e in some herbs and spices
78. sch______nia spectrum disorder
- n.* a building or place that provides a particular service or is used for a particular industry
- v.* to prevent or hold back from doing something, often by physical or moral force; to limit or restrict one's actions or behavior; to control or moderate strong emotions or impulses
- n.* a spiritual being believed to be a messenger of God often depicted as having wings and a halo
- n.* someone whose job is to examine something to learn or understand more about it
- n.* a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation
- adj.* considered and evaluated through comparison with something else
- v.* to mix or mingle various items, objects, or ideas together in a disordered or confused way, often resulting in a messy or chaotic situation; to create a disorderly or confusing arrangement of things
- n.* a severe mental disorder in which a person has a distorted view of reality and may experience hallucinations, delusions, and disordered thinking and behavior

ANSWERS: 71. facility, 72. restrain, 73. angel, 74. analyst, 75. stimming, 76. relative, 77. jumble, 78. schizophrenia

79. during the se_____er breaks *n.* one of the periods that the school or university divided into, especially in the US and Australia; a half-year term
80. grand de_____on *n.* a false belief or impression that is firmly held despite evidence to the contrary
81. provide ac_____te information *adj.* correct and exact in all details
82. no asp_____on for fame *n.* a strong desire to achieve something; the action or process of drawing breath
83. di_____se with CT scans *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
84. ni_____re situation *n.* a very frightening or unpleasant dream
85. a warm em_____e *v.* to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection
86. de____d against a threat *v.* to protect someone or something from attack, criticism, danger, etc.
87. jo_____l articles *n.* a newspaper or magazine specialized in a specific topic or profession
88. res_____ve to affection *adj.* quick to respond or react to something
89. a seafaring na_____n *n.* a large organized community of people living in a particular country or region and having a particular culture
90. w__d nurse *n.* a room in a hospital for patients requiring special care
91. trees and b__hes *n.* a plant growing thickly with many small branches and several stiff stems coming up from the root

ANSWERS: 79. semester, 80. delusion, 81. accurate, 82. aspiration, 83. diagnose, 84. nightmare, 85. embrace, 86. defend, 87. journal, 88. responsive, 89. nation, 90. ward, 91. bush

92. inspire co_____e *n.* the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous
93. de__l horns *n.* a supernatural being typically represented in belief systems as an evil or mischievous spirit, often used metaphorically to describe a person or thing that is harmful, dangerous, or wicked
94. st_____ng water *adj.* existing or remaining upright; having a vertical position; (noun) social, financial, or professional status or reputation
95. environmental th____t *n.* a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation
96. sheathed da____r *n.* a short, pointed knife with sharp edges used as a weapon or tool
97. camera st__p *n.* a long, narrow strip or belt of leather, fabric, or another material used for binding, fastening, or supporting something or someone; a band or string that attaches one object to another, often used to secure items during transport
98. dis_____ze the whole country *v.* to disrupt or destroy the systematic order or function of something

ANSWERS: 92. courage, 93. devil, 94. standing, 95. threat, 96. dagger, 97. strap, 98. disorganize

99. inc_____ce in the narrative *n.* a lack of clarity, logical connection, or consistency; the state of being disjointed or not logically or intelligibly connected
100. the ha_____rk of a good scientist *n.* a distinctive characteristic or attribute of a person or thing
101. sh_____r the plate *v.* to break suddenly into many pieces
102. ter_____ng experience *adj.* very frightening or intimidating
103. people with bipolar di_____er *n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
104. psy_____sis technique *n.* a system of psychological theory and therapy that aims to treat mental and emotional disorders by investigating the interaction of conscious and unconscious elements in the mind
105. se_____te video into chapter *v.* to force, take, or pull apart; mark as different
106. intellectual f__t *n.* a notable or impressive achievement, especially one that requires great skill or bravery
107. he___n on earth *n.* (of various religious and mythological traditions) a place or state of existence considered to be the abode of the divine, the afterlife, or a higher realm of being; a state of great happiness, contentment, or beauty
108. guarantee re_____le delivery *adj.* worthy of being relied on; trustworthy

ANSWERS: 99. incoherence, 100. hallmark, 101. shatter, 102. terrifying, 103. disorder, 104. psychoanalysis, 105. separate, 106. feat, 107. heaven, 108. reliable

109. an elegant ent_____ent *n.* public shows, films, television, or other performances or activities of enjoying people
110. hour of ent_____ent *n.* public shows, films, television, or other performances or activities of enjoying people
111. re_____on between cause and effect *n.* the way two persons or groups of people feel and act toward one another
112. human in_____ct *n.* the ability to think logically and comprehend information, especially at an advanced level
113. in_____ly cope with *adv.* immediately
114. movie g__n *n.* a person who is hired or employed to engage in acts of violence or intimidation on behalf of someone else, often for criminal or illicit purposes
115. fallen an__l *n.* a spiritual being believed to be a messenger of God often depicted as having wings and a halo
116. de_____e his public image *v.* to make something worse, especially in quality; to show or treat someone in a way that makes them seem no value and do not have the respect or reasonable opinion of others
117. pr_____is of cancer *n.* the likely outcome or course of a disease or illness based on medical analysis and examination of the patient; a forecast or prediction of future events or developments

ANSWERS: 109. entertainment, 110. entertainment, 111. relation, 112. intellect, 113. instantly, 114. goon, 115. angel, 116. degrade, 117. prognosis

118. fe__d garbage *adj.* having a strong and unpleasant smell; foul-smelling or malodorous
119. with easy po__e *n.* a calm, confident, and graceful manner with control of your feelings or behavior
120. se___e a dispute *v.* to reach an agreement of disagreement
121. end of the se_____er *n.* one of the periods that the school or university divided into, especially in the US and Australia; a half-year term
122. neurotic sy_____ms *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
123. word ass_____ons *n.* a people or groups of people who have joined in a single organization together for a particular purpose; a social or business connection or relationship
124. bring fo__h a beautiful vase *adv.* forward, outward, or onward in location, direction, or progress; into view or consideration; with confidence, boldness, or in the open
125. di_____se the problem *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
126. a lo__e tongue *adj.* not securely fixed or fastened in place or able to be detached or separated from something
127. a lot of ex_____ons *n.* a violent release induced by a chemical or nuclear reaction
128. de_____ve gene *adj.* having a flaw or fault that prevents proper functioning or usability; broken or imperfect in some way

ANSWERS: 118. fetid, 119. poise, 120. settle, 121. semester, 122. symptom, 123. association, 124. forth, 125. diagnose, 126. loose, 127. explosion, 128. defective

129. a m_d person *adj.* insane, especially due to a mental illness; very angry
130. sc____l magazine *n.* an action or event regarded as morally or legally wrong and causing general public outrage
131. gr__e mistake *n.* a place where a dead body is buried, typically marked by a headstone or other memorial; a very serious, solemn, or important matter; (verb) to carve, cut, or etch a design, inscription, or mark onto a hard surface, such as stone or metal; (adjective) serious, solemn, or weighty in nature
132. a m__s of molten rock *n.* a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together
133. psy_____ic hospital *adj.* of or relating to the treatment or study of mental illness or disorders
134. freudian psy_____sis *n.* a system of psychological theory and therapy that aims to treat mental and emotional disorders by investigating the interaction of conscious and unconscious elements in the mind
135. tr__h disposal site *n.* discarded material, refuse, or waste
136. di____te variable *adj.* separate and distinct; not continuous; individually distinguishable
137. music st___o *n.* a room or building where creative or artistic work is produced; a television or radio production company

ANSWERS: 129. mad, 130. scandal, 131. grave, 132. mass, 133. psychiatric, 134. psychoanalysis, 135. trash, 136. discrete, 137. studio

138. regularly co_____t with a doctor *v.* to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject
139. have a ni_____re *n.* a very frightening or unpleasant dream
140. precious me__l *n.* a solid material that is typically hard, shiny, malleable, fusible, and ductile, with good electrical and thermal conductivity, and often used as a structural material, a conductor of heat or electricity, or for decorative purposes
141. st_____le against discrimination *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
142. serial qu_____r *n.* a person who gives up easily or does not have the determination to finish what they have started
143. attempted mu____r *n.* the crime of killing somebody intentionally
144. a m__o pad *n.* a short written message or communication intended for internal use within an organization or company
145. sc___m a profanity *v.* to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice
146. re_____on strategy *n.* a decrease in size, amount, or degree
147. d__m room *n.* a residence hall or building that provides living quarters for students or other occupants, typically on a college or university campus

ANSWERS: 138. consult, 139. nightmare, 140. metal, 141. struggle, 142. quitter, 143. murder, 144. memo, 145. scream, 146. reduction, 147. dorm

148. the acc_____ent of a social goal *n.* the successful completion of a task or goal; an ability that has been acquired by training
149. sp__t a reward equally *v.* to divide, or to make something divide into two or more parts, especially along a particular line
150. co_____ry evidence *n.* acting in opposition to what is expected or desired
151. allow self-p__y *n.* a feeling of sorrow and compassion caused by the suffering or misfortunes of others; an object of contempt or disdain
152. su____r a setback *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
153. gr__n for water *v.* to make a low, moaning sound, often indicating pain, discomfort, or dissatisfaction
154. a sl__e of the company's revenue *n.* a flat, often thin, piece of bread, meat, cheese, etc., that has been cut from a larger piece; a wound made by cutting
155. meaningless gi_____sh *n.* unintelligible or nonsensical language or speech; meaningless or difficult to comprehend talk or writing
156. psy_____ogy research *n.* the scientific study of the effects of drugs on the mind and behavior, particularly in the treatment of mental illness or disorders
157. severe ag__y *n.* extreme physical or mental pain or suffering, often prolonged or intense

ANSWERS: 148. accomplishment, 149. split, 150. contrary, 151. pity, 152. suffer, 153. groan, 154. slice, 155. gibberish, 156. psychopharmacology, 157. agony

158. su_____te to death *v.* to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression
159. I am te_____ly sorry *adv.* very badly; to a great extent or very much
160. throughout the co_____y *n.* an administrative division of a country or state, typically one of several comprising a larger division
161. a mec_____al style of writing *adj.* operated by a machine, relating to or concerned with machinery or tools
162. company mo__o *n.* a phrase or slogan that expresses a guiding principle or goal
163. a be___n smile *adj.* kind and gentle; not harmful or malicious
164. co_____y seat *n.* an administrative division of a country or state, typically one of several comprising a larger division
165. int_____ble pronunciation *adj.* capable of being understood or apprehended
166. antibiotic med_____on *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
167. co_____y goods by truck *v.* to express ideas, feelings, etc. so that it is known or understood by other people; to carry something from one place to another
168. an un_____r match *adj.* poorly stated or described and therefore not easy to understand; not easy to perceive

ANSWERS: 158. suffocate, 159. terribly, 160. county, 161. mechanical, 162. motto, 163. benign, 164. county, 165. intelligible, 166. medication, 167. convey, 168. unclear

169. finish the ass_____nt *n.* a duty or task given to someone, usually as part of their job or studies
170. en__t new legislation *v.* to make a law; to put something into practice
171. gr__e an image *n.* a place where a dead body is buried, typically marked by a headstone or other memorial; a very serious, solemn, or important matter; (verb) to carve, cut, or etch a design, inscription, or mark onto a hard surface, such as stone or metal; (adjective) serious, solemn, or weighty in nature
172. se___e down in the town *v.* to reach an agreement of disagreement
173. a co___n of water *n.* one of the vertical blocks that split content on a page or screen from top to bottom; an upright pillar that often supports an arch, entablature, or other structure or stands alone as a monument
174. r__n the plan *v.* to damage, spoil, or demolish something; (noun) an unrecoverable state of devastation and destruction,
175. organizational sh_____es *n.* a state of complete disorder, chaos, or ruin; an utter mess or failure
176. de_____e in quality *v.* to become gradually smaller, fewer, worse, etc.; to refuse to accept
177. le_____r boots *n.* a material made from the skin of an animal, typically by tanning, and used for clothing, shoes, furniture, and other items

ANSWERS: 169. assignment, 170. enact, 171. grave, 172. settle, 173. column, 174. ruin, 175. shambles, 176. decline, 177. leather

178. f__e abroad *v.* to leave by running away, especially out of fear or danger
179. ascend to he___n *n.* (of various religious and mythological traditions) a place or state of existence considered to be the abode of the divine, the afterlife, or a higher realm of being; a state of great happiness, contentment, or beauty
180. p__e a significant threat to my company *v.* to present a risk, problem, or other issues that must be addressed
181. remove lo__e hair *adj.* not securely fixed or fastened in place or able to be detached or separated from something
182. co_____ed of the idea *adj.* completely certain about something; having a strong belief or conviction in a particular religion
183. un_____t hair *adj.* untidy, disheveled, or messy in appearance; not properly cared for or maintained
184. a court p__t *n.* a person who writes poetry
185. su___r bad grades *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
186. drug-induced ps_____is *n.* a serious mental disorder characterized by a disconnection from reality, often including hallucinations, delusions, and a lack of insight into one's condition
187. co_____t my wallet *v.* to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject

ANSWERS: 178. flee, 179. heaven, 180. pose, 181. loose, 182. convinced, 183. unkempt, 184. poet, 185. suffer, 186. psychosis, 187. consult

188. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
189. tr__h bin *n.* discarded material, refuse, or waste
190. outdoor rec_____on *n.* the activity that renews your health and spirits by enjoyment and relaxation; the act or process of making something that existed in the past exists or seems to exist again in a different time or place
191. run like h__l *n.* the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place
192. tr_____nt by diet *n.* the way in which someone deals with or behaves towards someone or something; medical care provided to a patient for an injury or illness.
193. sp___e tax deduction *n.* a person's husband, wife, or partner in marriage
194. sta_____cs for cancer *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
195. judicial in_____ct *n.* an authoritative prohibition or ban, often issued by a legal or religious authority
196. emotional ag__y *n.* extreme physical or mental pain or suffering, often prolonged or intense
197. mu___r to myself *v.* to speak or say something quietly and in a low voice; to make complaining remarks or noises under one's breath

ANSWERS: 188. decide, 189. trash, 190. recreation, 191. hell, 192. treatment, 193. spouse, 194. statistics, 195. interdict, 196. agony, 197. mutter

198. the degree of pu___y *n.* the state of being undiluted or unmixed with anything else; the state of being free from immorality, especially of a sexual nature
199. pr_____le cause of a fire *adj.* likely to happen or likely to be true
200. per_____ty trait *n.* a person's distinct combination of character, behavioral, temperamental, emotional, and mental traits that define them as an individual and set them apart from others
201. l__t sagging skin *v.* to raise something to a higher position or level; to pick up something or somebody and move them to a different position
202. a ti__t game *adj.* fixed, fastened, or kept together firmly or closely
203. inf_____te a community *v.* to enter or penetrate a group, organization, or place covertly or secretly, usually with a specific purpose or goal in mind; to spread or diffuse through something gradually or subtly
204. gr_____ed flask *adj.* having received a degree from a school, college, or university; marked with or divided into levels or degrees
205. nu_____r fusion *adj.* of or relating to or constituting the nucleus of an atom; deriving destructive energy from the release of atomic energy
206. cr___h into a ball *v.* to put your body close to the ground, especially as a way of avoiding being seen

ANSWERS: 198. purity, 199. probable, 200. personality, 201. lift, 202. tight, 203. infiltrate, 204. graduated, 205. nuclear, 206. crouch

207. di_____e prevention *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
208. sw__p up the escalator *v.* to rapidly or forcefully descend upon something or someone from a great height or distance; to rush or pounce upon
209. an in_____t reply *adj.* happening immediately, with no delay
210. d__y the allegations *v.* to state that one refuses to admit the existence or truth of something
211. in_____ct on trade *n.* an authoritative prohibition or ban, often issued by a legal or religious authority
212. a children's w__d *n.* a room in a hospital for patients requiring special care
213. occ_____lly change the routine *adv.* now and then; sometimes but not often
214. risk of ch_____c disease *adj.* being long-lasting and recurrent or characterized by long suffering; habitual
215. acc_____te a person with money *v.* to provide someone with a place to live or to be stored in; to make fit for or to change to suit a new purpose
216. the ha_____rk of modern life *n.* a distinctive characteristic or attribute of a person or thing
217. ep_____e of vertigo *n.* a happening or story that is distinctive in a series of related events; an abrupt short period during which someone suffers from the effects of a physical or mental illness

ANSWERS: 207. disease, 208. swoop, 209. instant, 210. deny, 211. interdict, 212. ward, 213. occasionally, 214. chronic, 215. accommodate, 216. hallmark, 217. episode

218. il____d refugees *adj.* not properly nourished or inadequately provided with food; undernourished or malnourished
219. a suit of so____r black *adj.* having a serious or sad atmosphere or character; gloomy or dark
220. su____te fire *v.* to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression
221. the spinal co____n *n.* one of the vertical blocks that split content on a page or screen from top to bottom; an upright pillar that often supports an arch, entablature, or other structure or stands alone as a monument
222. st____le to get the job *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
223. cognitive com____ty *n.* the state or quality of being complicated or intricate and difficult to understand
224. soc____mic issues *adj.* relating to the social and economic factors that shape an individual, group, or community, particularly in terms of income, occupation, education, and social class
225. ba____y noticeable *adv.* just enough; hardly; with great difficulty or effort
226. fa____ty design *n.* a building or place that provides a particular service or is used for a particular industry

ANSWERS: 218. ill-fed, 219. somber, 220. suffocate, 221. column, 222. struggle, 223. complexity, 224. socioeconomic, 225. barely, 226. facility

227. te___r attack *n.* intense fear; a state of intense fear or alarm
228. po____y feelings in words *v.* to depict or describe someone or something in a painting, film, book, or other artistic work
229. young and old al__e *adv.* similar or identical in nature or appearance
230. rented ap_____nt *n.* a self-contained living unit within a larger building or complex, typically consisting of one or more rooms or an open space used for living, cooking, and sleeping
231. sc___d all the time *adj.* afraid or frightened
232. a c__l-fired ship *n.* a combustible black or brownish-black sedimentary rock that is found below the ground and burnt to produce heat
233. a_t view *adj.* (the opposite of "forward") located at or towards the rear or back of a ship, aircraft, or other vehicle
234. si___t reading *adj.* without any or little sound
235. a child with se____y issues *adj.* of or relating to the physical senses
236. sch_____nia treatment *n.* a severe mental disorder in which a person has a distorted view of reality and may experience hallucinations, delusions, and disordered thinking and behavior
237. county j__l *n.* a facility where criminals are kept to be punished for their crimes; a prison

ANSWERS: 227. terror, 228. portray, 229. alike, 230. apartment, 231. scared, 232. coal, 233. aft, 234. silent, 235. sensory, 236. schizophrenia, 237. jail

238. time ex_____on *n.* a thing that is added to something to make it longer, larger, or wider; an educational opportunity provided by colleges and universities to people who are not enrolled as regular students; an additional telephone set that is connected to the same telephone line
239. ch_____c alcohol consumption *adj.* being long-lasting and recurrent or characterized by long suffering; habitual
240. sp____e visa *n.* a person's husband, wife, or partner in marriage
241. ma_____al cost *adj.* of, relating to, or situated at the edge or outer limit; of secondary or minor importance; barely satisfactory or effective
242. pa_____t in the hospital *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
243. me____l labor *adj.* denoting a task or job that is considered lowly, unskilled, or degrading, often requiring little mental effort or skill
244. na____n-state *n.* a large organized community of people living in a particular country or region and having a particular culture
245. vo__t after ingesting *v.* to eject food, blood, etc., from the stomach through the mouth; (noun) the matter ejected from the stomach through the mouth

ANSWERS: 238. extension, 239. chronic, 240. spouse, 241. marginal, 242. patient, 243. menial, 244. nation, 245. vomit

246. def_____ly become a problem *adv.* without any question and beyond doubt; clearly
247. re___t being so careless *v.* to feel sad, repentant, or disappointed over something you have done or something you have not been able to do
248. ju___e together different colors *v.* to mix or mingle various items, objects, or ideas together in a disordered or confused way, often resulting in a messy or chaotic situation; to create a disorderly or confusing arrangement of things
249. m_d school *adj.* (short for medical) relating to the field of medicine, which is concerned with the diagnosis, treatment, and prevention of diseases and disorders; (short for medication) a substance or drug that is used to treat a medical condition or alleviate symptoms
250. a sexual u___e *v.* to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist
251. certified pro_____nal secretary *adj.* having or showing the skill appropriate to a particular job; competent or skillful
252. a photo st___o *n.* a room or building where creative or artistic work is produced; a television or radio production company
253. hos_____ze child *v.* to admit someone to a hospital for medical treatment
254. imp_____ve performances *adj.* arousing admiration due to size, quality, or skill

ANSWERS: 246. definitely, 247. regret, 248. jumble, 249. med, 250. urge, 251. professional, 252. studio, 253. hospitalize, 254. impressive

255. st___e a blow *v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
256. aesthetic po___e *n.* a calm, confident, and graceful manner with control of your feelings or behavior
257. double qu_____on marks *n.* a group of words taken from a text or speech and repeated by someone other than the original author or speaker
258. il_____d animals *adj.* not properly nourished or inadequately provided with food; undernourished or malnourished
259. inv_____ry muscles *adj.* acting or done without or against one's will
260. site of the ex_____on *n.* a violent release induced by a chemical or nuclear reaction
261. de___e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
262. se___e heat *adj.* extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous
263. pa_____t with weight loss *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
264. metal sc_____ng *n.* the act of removing a thin layer of material from a surface, often to clean or smooth it; a sound or sensation that is produced by something being removed or rubbed against another surface; (of computer technology) the automated extraction or collection of data from websites

ANSWERS: 255. strike, 256. poise, 257. quotation, 258. ill-fed, 259. involuntary, 260. explosion, 261. decide, 262. severe, 263. patient, 264. scraping

265. field of psy_____apy *n.* the treatment of mental or emotional problems by talking with a therapist
266. eve_____ly become obsolete *adv.* finally, particularly after a long time or a lot of struggle, complications, and so on
267. ac__e triangle *adj.* extremely sharp or severe
268. ba___y finished *adv.* just enough; hardly; with great difficulty or effort
269. for_____ss of liabilities *n.* the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion
270. traffic in_____nt *n.* an event or occurrence, often unexpected or unplanned; something that happens
271. psy_____gy of crowd *n.* the scientific study of mind and behavior
272. res_____le action *adj.* answerable or accountable for something within one's power, control, or management
273. ga__t face *adj.* thin and bony in appearance, often due to illness or malnutrition; desolate or barren in landscape or atmosphere
274. re___t a decision *v.* to feel sad, repentant, or disappointed over something you have done or something you have not been able to do
275. sym_____ic nervous system *adj.* feeling, showing, or expressing kindness or compassion to somebody who is hurt, sad, or in a problematic situation
276. a st_____ht line *adj.* extending or moving in one direction without bending or curving; having no deviations

ANSWERS: 265. psychotherapy, 266. eventually, 267. acute, 268. barely, 269. forgiveness, 270. incident, 271. psychology, 272. responsible, 273. gaunt, 274. regret, 275. sympathetic, 276. straight

277. cr___h around a fire *v.* to put your body close to the ground, especially as a way of avoiding being seen
278. a statistical ch__t *n.* a visual display of information such as a diagram, lists of figures, etc.; a map designed to assist navigation by air or sea
279. the country's is_____on *n.* the condition of being alone or lonely; the act or state of separation between persons or groups
280. warm su_____ne *n.* the direct light and heat that comes from the sun
281. sy_____ms of low testosterone *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
282. sp___h everywhere *v.* to cause liquid to scatter in irregular drops, especially with force
283. imm_____ly recall a product *adv.* now or without delay
284. p_t on the back *v.* to touch or tap something lightly and usually in a friendly or encouraging manner; to apply or rub lightly and repetitively
285. proud of his acc_____ents *n.* the successful completion of a task or goal; an ability that has been acquired by training
286. de_____ve equipment *adj.* having a flaw or fault that prevents proper functioning or usability; broken or imperfect in some way

ANSWERS: 277. crouch, 278. chart, 279. isolation, 280. sunshine, 281. symptom, 282. splash, 283. immediately, 284. pat, 285. accomplishment, 286. defective

287. oc___y his time *v.* to consume all of someone's space, attention, or time
288. issue a w__t *n.* a written legal order or command
289. color pr_____ce *n.* a thought or feeling that is unfair and makes no sense, mainly when it is formed without enough thought or knowledge
290. es_____te this chicken to weigh three pounds *v.* to guess or calculate the cost, size, value, etc. of something
291. morning su_____ne *n.* the direct light and heat that comes from the sun
292. de_____e environmental quality *v.* to make something worse, especially in quality; to show or treat someone in a way that makes them seem no value and do not have the respect or reasonable opinion of others
293. re___e the company *v.* to show that one is not willing to do or accept something
294. em_____cy action *n.* a sudden unforeseen crisis usually involving danger that requires immediate action
295. acc_____te these needs *v.* to provide someone with a place to live or to be stored in; to make fit for or to change to suit a new purpose
296. st_____le a cry *v.* to choke or suffocate someone by compressing their neck; to inhibit or suppress something, such as a movement or idea

ANSWERS: 287. occupy, 288. writ, 289. prejudice, 290. estimate, 291. sunshine, 292. degrade, 293. refuse, 294. emergency, 295. accommodate, 296. strangle

297. re___e a request *v.* to show that one is not willing to do or accept something
298. the files are in complete di_____er *n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
299. a sw_____w tail *v.* to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations
300. mu___r in a low voice *v.* to speak or say something quietly and in a low voice; to make complaining remarks or noises under one's breath
301. acute em_____cy *n.* a sudden unforeseen crisis usually involving danger that requires immediate action
302. res_____ve customer service *adj.* quick to respond or react to something
303. com_____ty theory *n.* the state or quality of being complicated or intricate and difficult to understand
304. m__k body odor *v.* to conceal something; (noun) a covering that you wear over your face to hide it
305. re_____on of inclusion *n.* the way two persons or groups of people feel and act toward one another
306. scientific jo_____l *n.* a newspaper or magazine specialized in a specific topic or profession
307. te___r group *n.* intense fear; a state of intense fear or alarm

ANSWERS: 297. refuse, 298. disorder, 299. swallow, 300. mutter, 301. emergency, 302. responsive, 303. complexity, 304. mask, 305. relation, 306. journal, 307. terror

308. es____te a fair value *v.* to guess or calculate the cost, size, value, etc. of something
309. a tr____y during work *n.* an event or situation causing great loss, misfortune, or destruction; a play or literature that deals with a severe and sad event and often ends with the death of the main character
310. sw____w a handful of pills *v.* to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations
311. ma__h east *v.* to walk militarily with stiff, regular steps
312. a precise def____on *n.* a concise explanation of the meaning of a word, phrase, or symbol
313. be____n tumor *adj.* kind and gentle; not harmful or malicious
314. pr____le outcome *adj.* likely to happen or likely to be true
315. poor pr____is *n.* the likely outcome or course of a disease or illness based on medical analysis and examination of the patient; a forecast or prediction of future events or developments
316. co____er relationship *n.* a person who works with another in the same company or organization
317. en____us potential *adj.* extremely large or great
318. social st____a *n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person

ANSWERS: 308. estimate, 309. tragedy, 310. swallow, 311. march, 312. definition, 313. benign, 314. probable, 315. prognosis, 316. coworker, 317. enormous, 318. stigma

319. be____d by many people	<i>adj.</i> loved very much
320. gi_____sh language	<i>n.</i> unintelligible or nonsensical language or speech; meaningless or difficult to comprehend talk or writing
321. basic br__n function	<i>n.</i> the organ inside the head that is responsible for one's movement, thought, memory, and feeling
322. de__h camera	<i>n.</i> the distance between the top and bottom of something; between the top surface and a distance below it
323. sp__t a bill	<i>v.</i> to divide, or to make something divide into two or more parts, especially along a particular line
324. first-aid tr_____nt	<i>n.</i> the way in which someone deals with or behaves towards someone or something; medical care provided to a patient for an injury or illness.
325. the mo__o for safe traffic	<i>n.</i> a phrase or slogan that expresses a guiding principle or goal
326. r__n the reputation	<i>v.</i> to damage, spoil, or demolish something; (noun) an unrecoverable state of devastation and destruction,
327. oc___y a position	<i>v.</i> to consume all of someone's space, attention, or time
328. take up an app_____nt	<i>n.</i> a formal arrangement to meet someone at a particular time and place, especially for a reason connected with their work; the act of putting a person into a job or position of responsibility

ANSWERS: 319. beloved, 320. gibberish, 321. brain, 322. depth, 323. split, 324. treatment, 325. motto, 326. ruin, 327. occupy, 328. appointment

329. occ_____lly dine with friends *adv.* now and then; sometimes but not often
330. hu_____ty at large *n.* all people living on the earth; the quality or state of being human rather than an animal, a machine, etc.
331. give si____t consent *adj.* without any or little sound
332. in no un_____r terms *adj.* poorly stated or described and therefore not easy to understand; not easy to perceive
333. ha____n the process *v.* to move or act quickly; to cause or encourage something to happen sooner or more rapidly; to accelerate or speed up
334. as oc_____on demands *n.* a time or event that is suitable or appropriate for something to happen or be done; a particular event or circumstance that requires or allows for something to be done
335. m_d student *adj.* (short for medical) relating to the field of medicine, which is concerned with the diagnosis, treatment, and prevention of diseases and disorders; (short for medication) a substance or drug that is used to treat a medical condition or alleviate symptoms
336. sym_____ic toward poor people *adj.* feeling, showing, or expressing kindness or compassion to somebody who is hurt, sad, or in a problematic situation
337. p__y speech *n.* a feeling of sorrow and compassion caused by the suffering or misfortunes of others; an object of contempt or disdain

ANSWERS: 329. occasionally, 330. humanity, 331. silent, 332. unclear, 333. hasten, 334. occasion, 335. med, 336. sympathetic, 337. pity

338. say def_____ly *adv.* without any question and beyond doubt; clearly
339. give sm_____ng results *adj.* very successful or impressive; causing something to be broken or destroyed
340. inv_____ry manslaughter *adj.* acting or done without or against one's will
341. int_____ble to anyone *adj.* capable of being understood or apprehended
342. de___e my position *v.* to state or explain precisely the nature, scope, or meaning of something
343. sc___d dog *adj.* afraid or frightened
344. an em_____t writer *adj.* famous, respected, or important, especially in a particular profession; standing above others in quality or position
345. deep-rooted pr_____ce *n.* a thought or feeling that is unfair and makes no sense, mainly when it is formed without enough thought or knowledge
346. is_____on booth *n.* the condition of being alone or lonely; the act or state of separation between persons or groups
347. sh___g off the importance *v.* to raise your shoulders and then drop them to say you do not know or are not interested
348. ps_____ic medication *adj.* relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking

ANSWERS: 338. definitely, 339. smashing, 340. involuntary, 341. intelligible, 342. define, 343. scared, 344. eminent, 345. prejudice, 346. isolation, 347. shrug, 348. psychotic

349. sl__e a tomato thin *n.* a flat, often thin, piece of bread, meat, cheese, etc., that has been cut from a larger piece; a wound made by cutting
350. sh__g his shoulders sadly *v.* to raise your shoulders and then drop them to say you do not know or are not interested
351. sp___h water *v.* to cause liquid to scatter in irregular drops, especially with force
352. a se___e case of pneumonia *adj.* extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous
353. cast de__n eyes *n.* an evil spirit, supernatural being or entity often depicted as malevolent or harmful
354. a two-dimensional ar__y *n.* a large group or collection of things or people, especially one that is impressive or attractive
355. a corruption sc_____l *n.* an action or event regarded as morally or legally wrong and causing general public outrage
356. the influence of mec_____al action *adj.* operated by a machine, relating to or concerned with machinery or tools
357. the def_____on of a word *n.* a concise explanation of the meaning of a word, phrase, or symbol
358. the de__h of the water *n.* the distance between the top and bottom of something; between the top surface and a distance below it
359. enrich my in_____ct *n.* the ability to think logically and comprehend information, especially at an advanced level

ANSWERS: 349. slice, 350. shrug, 351. splash, 352. severe, 353. demon, 354. array, 355. scandal, 356. mechanical, 357. definition, 358. depth, 359. intellect

360. a_t cabin *adj.* (the opposite of "forward") located at or towards the rear or back of a ship, aircraft, or other vehicle
361. with an empty be__y *n.* the front part of the body below the chest, containing the stomach and bowels; the rounded or curved part of an object, such as a ship or aircraft
362. enameled le____r *n.* a material made from the skin of an animal, typically by tanning, and used for clothing, shoes, furniture, and other items
363. st____ng therapy *n.* a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation
364. ass_____nt of interest *n.* a duty or task given to someone, usually as part of their job or studies
365. physical re_____nt *n.* a measure taken to prevent someone or something from acting freely or excessively; self-control or moderation; a physical device used to restrict or limit movement
366. a w__t of summons *n.* a written legal order or command
367. cr____al investigation *n.* a person who has committed a crime
368. re___t being kissed *v.* to refuse to accept something and attempt to prevent it from happening
369. app_____nt calendar *n.* a formal arrangement to meet someone at a particular time and place, especially for a reason connected with their work; the act of putting a person into a job or position of responsibility

ANSWERS: 360. aft, 361. belly, 362. leather, 363. stimming, 364. assignment, 365. restraint, 366. writ, 367. criminal, 368. resist, 369. appointment

370. telephone ex_____on
n. a thing that is added to something to make it longer, larger, or wider; an educational opportunity provided by colleges and universities to people who are not enrolled as regular students; an additional telephone set that is connected to the same telephone line
371. fri_____ng experience
adj. causing fear or alarm, or very surprising and alarming
372. biological psy_____ry
n. the branch of medicine concerned with the study, treatment, and prevention of mental illness
373. st_____ht for two months
adj. extending or moving in one direction without bending or curving; having no deviations
374. ac_____te measurements
adj. correct and exact in all details
375. mass of hu_____ty
n. all people living on the earth; the quality or state of being human rather than an animal, a machine, etc.
376. en_____us amount
adj. extremely large or great
377. a b__h of hair
n. a plant growing thickly with many small branches and several stiff stems coming up from the root
378. an imp_____ve array of facts
adj. arousing admiration due to size, quality, or skill
379. cast fri_____ng eyes
adj. causing fear or alarm, or very surprising and alarming
380. use of nu_____r power
adj. of or relating to or constituting the nucleus of an atom; deriving destructive energy from the release of atomic energy

ANSWERS: 370. extension, 371. frightening, 372. psychiatry, 373. straight, 374. accurate, 375. humanity, 376. enormous, 377. bush, 378. impressive, 379. frightening, 380. nuclear

381. gr_____ed taxation *adj.* having received a degree from a school, college, or university; marked with or divided into levels or degrees
382. m__o content *n.* a short written message or communication intended for internal use within an organization or company
383. le_____y load times *adj.* tediously continuing for a long time; very long in time or size
384. s__m the door *v.* to shut a door or window noisily; to strike something violently or noisily
385. accurately po_____y the condition *v.* to depict or describe someone or something in a painting, film, book, or other artistic work
386. in_____e a high degree of risk *v.* to include or affect someone or something as a necessary part of something else
387. critical m__s *n.* a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together
388. sc___m at him to be quiet *v.* to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice
389. be_____d author *adj.* loved very much
390. an_____ce the award winners *v.* to make something known or officially inform people about something
391. the aftermath of this tr_____y *n.* an event or situation causing great loss, misfortune, or destruction; a play or literature that deals with a severe and sad event and often ends with the death of the main character

ANSWERS: 381. graduated, 382. memo, 383. lengthy, 384. slam, 385. portray, 386. involve, 387. mass, 388. scream, 389. beloved, 390. announce, 391. tragedy

392. f__e their homes *v.* to leave by running away, especially out of fear or danger
393. a scholarship ass_____on *n.* a people or groups of people who have joined in a single organization together for a particular purpose; a social or business connection or relationship
394. me___l duties *adj.* denoting a task or job that is considered lowly, unskilled, or degrading, often requiring little mental effort or skill
395. a remote re_____ve *adj.* considered and evaluated through comparison with something else
396. ind_____us student *adj.* hardworking, diligent, and persistent in effort
397. vo__t abuse *v.* to eject food, blood, etc., from the stomach through the mouth; (noun) the matter ejected from the stomach through the mouth
398. ma__h against the war *v.* to walk militarily with stiff, regular steps
399. asp_____on into the lungs *n.* a strong desire to achieve something; the action or process of drawing breath
400. start to hal_____te *v.* to experience a seemingly real perception of something that does not actually exist, usually as a result of a mental illness or drug use
401. fo_____te situation *adj.* having good luck or lucky
402. student on a ti__t budget *adj.* fixed, fastened, or kept together firmly or closely
403. per_____ty test *n.* a person's distinct combination of character, behavioral, temperamental, emotional, and mental traits that define them as an individual and set them apart from others

ANSWERS: 392. flee, 393. association, 394. menial, 395. relative, 396. industrious, 397. vomit, 398. march, 399. aspiration, 400. hallucinate, 401. fortunate, 402. tight, 403. personality

404. the clear co____ry *n.* acting in opposition to what is expected or desired
405. da___r piercing *n.* a short, pointed knife with sharp edges used as a weapon or tool
406. hired g__n *n.* a person who is hired or employed to engage in acts of violence or intimidation on behalf of someone else, often for criminal or illicit purposes
407. a glad oc_____on *n.* a time or event that is suitable or appropriate for something to happen or be done; a particular event or circumstance that requires or allows for something to be done
408. en__t the smoking ban *v.* to make a law; to put something into practice
409. e__l ways *adj.* profoundly immoral, cruel, and wicked; having or exerting a harmful effect on people
410. gr__n in pain *v.* to make a low, moaning sound, often indicating pain, discomfort, or dissatisfaction
411. linguistic inc_____ce *n.* a lack of clarity, logical connection, or consistency; the state of being disjointed or not logically or intelligibly connected
412. co___y a complex idea *v.* to express ideas, feelings, etc. so that it is known or understood by other people; to carry something from one place to another

ANSWERS: 404. contrary, 405. dagger, 406. goon, 407. occasion, 408. enact, 409. evil, 410. groan, 411. incoherence, 412. convey

413. ter_____ng events *adj.* very frightening or intimidating
414. dis_____zed the party *v.* to disrupt or destroy the systematic order or function of something
415. un_____t garden *adj.* untidy, disheveled, or messy in appearance; not properly cared for or maintained
416. suffer te_____ly *adv.* very badly; to a great extent or very much
417. the be__y of the ship *n.* the front part of the body below the chest, containing the stomach and bowels; the rounded or curved part of an object, such as a ship or aircraft
418. st___a against obesity *n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person
419. rec_____on of the homeland *n.* the activity that renews your health and spirits by enjoyment and relaxation; the act or process of making something that existed in the past exists or seems to exist again in a different time or place
420. end of the first ep_____e *n.* a happening or story that is distinctive in a series of related events; an abrupt short period during which someone suffers from the effects of a physical or mental illness
421. his social st_____ng *adj.* existing or remaining upright; having a vertical position; (noun) social, financial, or professional status or reputation
422. h__l broke loose *n.* the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place

ANSWERS: 413. terrifying, 414. disorganize, 415. unkempt, 416. terribly, 417. belly, 418. stigma, 419. recreation, 420. episode, 421. standing, 422. hell

423. so___r atmosphere *adj.* having a serious or sad atmosphere or character; gloomy or dark
424. fe__d swamp *adj.* having a strong and unpleasant smell; foul-smelling or malodorous
425. traditional me_____al *adj.* of or relating to the treatment or cure of disease
426. ac__e pain *adj.* extremely sharp or severe
427. m__n with pleasure *v.* to make a low, prolonged sound of pain, grief, or sexual pleasure; to complain about something
428. a jo__t venture *adj.* shared, held, or made between two or more people; (noun) the point of connection between two bones or elements of a skeleton
429. hal_____te with drug *v.* to experience a seemingly real perception of something that does not actually exist, usually as a result of a mental illness or drug use
430. psy_____apy for depression *n.* the treatment of mental or emotional problems by talking with a therapist
431. a se_____y organ *adj.* of or relating to the physical senses
432. em_____e an opportunity *v.* to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection
433. de__l's advocate *n.* a supernatural being typically represented in belief systems as an evil or mischievous spirit, often used metaphorically to describe a person or thing that is harmful, dangerous, or wicked

ANSWERS: 423. somber, 424. fetid, 425. medicinal, 426. acute, 427. moan, 428. joint, 429. hallucinate, 430. psychotherapy, 431. sensory, 432. embrace, 433. devil

434. financial sh____es *n.* a state of complete disorder, chaos, or ruin; an utter mess or failure
435. an oxygen m__k *v.* to conceal something; (noun) a covering that you wear over your face to hide it
436. na____te the Pacific *v.* to plan and direct the way that a ship, plane, etc. will travel, often by using a map
437. psy_____gy experiment *n.* the scientific study of mind and behavior
438. inf_____te the bloodstream *v.* to enter or penetrate a group, organization, or place covertly or secretly, usually with a specific purpose or goal in mind; to spread or diffuse through something gradually or subtly
439. hos_____ze patient *v.* to admit someone to a hospital for medical treatment
440. f_r forest *n.* a type of tall evergreen tree that is native to the northern hemisphere, with needle-like leaves and cones that stand upright on the branches
441. chaotic env_____nt *n.* the natural world such as air, water, and land in which humans, animals, and plants live
442. de____e a job offer *v.* to become gradually smaller, fewer, worse, etc.; to refuse to accept
443. banking an____t *n.* someone whose job is to examine something to learn or understand more about it
444. in____t in stocks *v.* to put money, effort, time, etc. into something to make a profit or achieve a result

ANSWERS: 434. shambles, 435. mask, 436. navigate, 437. psychology, 438. infiltrate, 439. hospitalize, 440. fir, 441. environment, 442. decline, 443. analyst, 444. invest

445. construction of new c__l plants *n.* a combustible black or brownish-black sedimentary rock that is found below the ground and burnt to produce heat
446. f_r branch *n.* a type of tall evergreen tree that is native to the northern hemisphere, with needle-like leaves and cones that stand upright on the branches
447. s__m the book against a wall *v.* to shut a door or window noisily; to strike something violently or noisily
448. provide ad_____te funding *adj.* enough, acceptable, satisfactory for a particular purpose or need
449. be killed in_____ly *adv.* immediately
450. write him an answer imm_____ly *adv.* now or without delay
451. ad_____te parking facilities *adj.* enough, acceptable, satisfactory for a particular purpose or need
452. in_____e a lot of paperwork *v.* to include or affect someone or something as a necessary part of something else
453. leather co__h *n.* a piece of furniture made for sitting, usually with a back and armrests, designed to seat more than one person
454. de___d my country *v.* to protect someone or something from attack, criticism, danger, etc.
455. u__e a total ban *v.* to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist
456. take a qu_____on *n.* a group of words taken from a text or speech and repeated by someone other than the original author or speaker

ANSWERS: 445. coal, 446. fir, 447. slam, 448. adequate, 449. instantly, 450. immediately, 451. adequate, 452. involve, 453. couch, 454. defend, 455. urge, 456. quotation

457. a di____ed veteran *adj.* having a physical or mental condition that limits someone's specific actions that most other people can do
458. mental co____e *n.* the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous
459. go in____e with pleasure *adj.* extremely stupid, crazy, or dangerous; mentally ill
460. me____al chemistry *adj.* of or relating to the treatment or cure of disease
461. adamantly d__y killing *v.* to state that one refuses to admit the existence or truth of something
462. call fo__h demand *adv.* forward, outward, or onward in location, direction, or progress; into view or consideration; with confidence, boldness, or in the open
463. self-re____nt *n.* a measure taken to prevent someone or something from acting freely or excessively; self-control or moderation; a physical device used to restrict or limit movement
464. cheap-labor ha__n *n.* a shelter serving as a place of safety or sanctuary; a sheltered port where ships can take on or discharge cargo
465. less fo____te person *adj.* having good luck or lucky
466. env____nt affairs *n.* the natural world such as air, water, and land in which humans, animals, and plants live

ANSWERS: 457. disabled, 458. courage, 459. insane, 460. medicinal, 461. deny, 462. forth, 463. restraint, 464. haven, 465. fortunate, 466. environment

ANSWERS:

Session 3: Fill in the Blanks

1. Every human is responsible for taking care of the Earth's _____.
n. the natural world such as air, water, and land in which humans, animals, and plants live
2. The _____ evaluation revealed that the patient had been suffering from anxiety.
adj. of or relating to the treatment or study of mental illness or disorders
3. Her husband's death _____ her life entirely.
v. to break suddenly into many pieces
4. I don't want to _____ for second best.
v. to reach an agreement of disagreement
5. My ex-_____ and I had different working styles but managed to get along.
n. a person who works with another in the same company or organization
6. His pleasant face turned cold in an _____.
adj. happening immediately, with no delay
7. She was _____ in a car accident.
adj. having a physical or mental condition that limits someone's specific actions that most other people can do
8. The doctor carefully examined the _____ medical history.
n. a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

ANSWERS: 1. environment, 2. psychiatric, 3. shattered, 4. settle, 5. coworker, 6. instant, 7. disabled, 8. patient's

9. The _____ of Japan is known for its unique culture and advanced technology.
n. a large organized community of people living in a particular country or region and having a particular culture
10. He was diagnosed with _____ and was hospitalized for treatment.
n. a serious mental disorder characterized by a disconnection from reality, often including hallucinations, delusions, and a lack of insight into one's condition
11. The field of _____ is constantly evolving, with new treatments and approaches being developed all the time.
n. the branch of medicine concerned with the study, treatment, and prevention of mental illness
12. That country is a tax _____ where many wealthy people have paper corporations.
n. a shelter serving as a place of safety or sanctuary; a sheltered port where ships can take on or discharge cargo
13. The mental health _____ often prevents people from seeking treatment.
n. a mark of shame or disgrace associated with a particular circumstance, quality, or person
14. Graduates with a degree in _____ often find work in research or clinical settings.
n. the scientific study of the effects of drugs on the mind and behavior, particularly in the treatment of mental illness or disorders
15. The patient died from _____ alcohol intoxication.
adj. extremely sharp or severe

ANSWERS: 9. nation, 10. psychosis, 11. psychiatry, 12. haven, 13. stigma, 14. psychopharmacology, 15. acute

16. An ironic remark often _____ an intended meaning obliquely.
v. to express ideas, feelings, etc. so that it is known or understood by other people; to carry something from one place to another
17. The _____ conditions of a country can significantly affect its political stability.
adj. relating to the social and economic factors that shape an individual, group, or community, particularly in terms of income, occupation, education, and social class
18. The _____ squad was hired to intimidate the protesters and disperse the crowd.
n. a person who is hired or employed to engage in acts of violence or intimidation on behalf of someone else, often for criminal or illicit purposes
19. She was a pre-_____ researcher in our lab.
adj. famous, respected, or important, especially in a particular profession; standing above others in quality or position
20. The pharmacist not only prescribes the _____ but also guides its proper use.
n. a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
21. He was _____ with joy to see the results.
adj. insane, especially due to a mental illness; very angry
22. The two paintings looked _____ as if the same artist had done them.
adv. similar or identical in nature or appearance
23. His betrayal _____ the company completely.
v. to disrupt or destroy the systematic order or function of something

ANSWERS: 16. conveys, 17. socioeconomic, 18. goon, 19. eminent, 20. medication, 21. mad, 22. alike, 23. disorganized

24. Most countries prohibit sexual activity between certain close _____.

adj. considered and evaluated through comparison with something else

25. He _____ down behind the bushes to avoid being seen.

v. to put your body close to the ground, especially as a way of avoiding being seen

26. She _____ in pain as the doctor examined her injury.

v. to make a low, prolonged sound of pain, grief, or sexual pleasure; to complain about something

27. He was labeled as a _____ after he abandoned the project halfway.

n. a person who gives up easily or does not have the determination to finish what they have started

28. The eagle _____ down from the sky to catch its prey.

v. to rapidly or forcefully descend upon something or someone from a great height or distance; to rush or pounce upon

29. The _____ jacket was worn in but still comfortable.

n. a material made from the skin of an animal, typically by tanning, and used for clothing, shoes, furniture, and other items

30. You should not _____ yourself by allowing them to use you.

v. to make something worse, especially in quality; to show or treat someone in a way that makes them seem no value and do not have the respect or reasonable opinion of others

31. He was pretty _____ to pass the exam.

adj. having good luck or lucky

ANSWERS: 24. relatives, 25. crouched, 26. moaned, 27. quitter, 28. swooped, 29. leather, 30. degrade, 31. fortunate

32. They donated large sums of money for the development of _____.
- n.* all people living on the earth; the quality or state of being human rather than an animal, a machine, etc.
33. The battlefield became _____ on earth.
- n.* the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place
34. The speaker's sudden _____ in delivery made the audience wonder if he was feeling well.
- n.* a lack of clarity, logical connection, or consistency; the state of being disjointed or not logically or intelligibly connected
35. I chose to _____ cancer by trying every possible treatment.
- v.* to refuse to accept something and attempt to prevent it from happening
36. The government imposed an _____ on the sale of certain goods to protect public health.
- n.* an authoritative prohibition or ban, often issued by a legal or religious authority
37. He gave me an _____ answer.
- adj.* capable of being understood or apprehended
38. I want to put that _____ of my life behind me.
- n.* a happening or story that is distinctive in a series of related events; an abrupt short period during which someone suffers from the effects of a physical or mental illness
39. We often _____ political problems as religious issues.
- v.* to depict or describe someone or something in a painting, film, book, or other artistic work

ANSWERS: 32. humanity, 33. hell, 34. incoherence, 35. resist, 36. interdict, 37. intelligible, 38. episode, 39. portray

40. He took _____ to help him deal with his accident trauma.
n. the treatment of mental or emotional problems by talking with a therapist
41. She kept _____ for an ambulance.
v. to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice
42. The mountain was _____ with snow.
v. to cause liquid to scatter in irregular drops, especially with force
43. The _____ of severe weather prompted the city to issue an evacuation warning.
n. a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation
44. She _____ the door shut, angry at the person on the other side.
v. to shut a door or window noisily; to strike something violently or noisily
45. Corruption is an _____ act for any reason.
adj. profoundly immoral, cruel, and wicked; having or exerting a harmful effect on people
46. The assassin pulled out a _____ from his belt to complete the task.
n. a short, pointed knife with sharp edges used as a weapon or tool
47. The _____ website design allows for easy navigation on any device.
adj. quick to respond or react to something
48. The _____ fought against the government for their independence.
n. someone who resists or opposes authority or control, especially by fighting against it

ANSWERS: 40. psychotherapy, 41. screaming, 42. splashed, 43. threat, 44. slammed, 45. evil, 46. dagger, 47. responsive, 48. rebels

49. He has a _____ demeanor and always presents himself in a polished manner.

adj. having or showing the skill appropriate to a particular job; competent or skillful

50. The construction worker used a _____ saw to cut through the stubborn sheet metal.

n. a solid material that is typically hard, shiny, malleable, fusible, and ductile, with good electrical and thermal conductivity, and often used as a structural material, a conductor of heat or electricity, or for decorative purposes

51. The _____ prisoner was a reflection of the harsh conditions in the jail.

adj. thin and bony in appearance, often due to illness or malnutrition; desolate or barren in landscape or atmosphere

52. She was so absorbed in her research that she often had an _____ appearance, forgetting even basic grooming.

adj. untidy, disheveled, or messy in appearance; not properly cared for or maintained

53. I _____ my anger and kept quiet.

v. to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations

54. The _____ patient was experiencing severe auditory hallucinations.

n. a severe mental disorder in which a person has a distorted view of reality and may experience hallucinations, delusions, and disordered thinking and behavior

55. He knocked over the red wine and _____ the tablecloth.

v. to damage, spoil, or demolish something; (noun) an unrecoverable state of devastation and destruction,

ANSWERS: 49. professional, 50. metal, 51. gaunt, 52. unkempt, 53. swallowed, 54. schizophrenia, 55. ruined

56. He was sick for five _____ days.

adj. extending or moving in one direction without bending or curving; having no deviations

57. The _____ at the airport caused a delay in my flight.

n. an event or occurrence, often unexpected or unplanned; something that happens

58. A suspension order from the court is effective _____.

adv. now or without delay

59. The ___ section of the ship suffered significant damage after the collision with the reef.

adj. (the opposite of "forward") located at or towards the rear or back of a ship, aircraft, or other vehicle

60. The _____ population has been increasing rapidly in recent years.

n. an administrative division of a country or state, typically one of several comprising a larger division

61. Her excessive demands drove me _____.

adj. extremely stupid, crazy, or dangerous; mentally ill

62. Higher _____ requires additional equipment and energy.

n. the state of being undiluted or unmixed with anything else; the state of being free from immorality, especially of a sexual nature

63. Parallel lines are, by _____ lines on the same plane that never cross.

n. a concise explanation of the meaning of a word, phrase, or symbol

ANSWERS: 56. straight, 57. incident, 58. immediately, 59. aft, 60. county's, 61. insane, 62. purity, 63. definition,

64. Macbeth is a famous _____ by Shakespeare.

- n.* an event or situation causing great loss, misfortune, or destruction; a play or literature that deals with a severe and sad event and often ends with the death of the main character

65. This community is free of social _____.

- n.* a thought or feeling that is unfair and makes no sense, mainly when it is formed without enough thought or knowledge

66. He was known to be very _____ and would often work late into the night.

- adj.* hardworking, diligent, and persistent in effort

67. The _____ of people who do not own property is politically impotent.

- n.* a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together

68. The chemicals _____ a massive health risk.

- v.* to present a risk, problem, or other issues that must be addressed

69. People can _____ from a lack of oxygen in confined spaces.

- v.* to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression

70. I remembered that person _____ and never forgot.

- adv.* immediately

71. He has an _____ to become a doctor.

- n.* a strong desire to achieve something; the action or process of drawing breath

ANSWERS: 64. tragedy, 65. prejudice, 66. industrious, 67. mass, 68. pose, 69. suffocate, 70. instantly, 71. aspiration

72. I _____ made it to the meeting on time, rushing from another appointment across town.

adv. just enough; hardly; with great difficulty or effort

73. The bomb blast spread _____ among the people.

n. intense fear; a state of intense fear or alarm

74. The athlete fell to the ground in _____ after injuring their ankle.

n. extreme physical or mental pain or suffering, often prolonged or intense

75. I love to relax on the _____ and watch movies on the weekends.

n. a piece of furniture made for sitting, usually with a back and armrests, designed to seat more than one person

76. The _____ demonstrate that poverty and unemployment are genuine problems.

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

77. It seems _____ that he has forgotten our scheduled meeting.

adj. likely to happen or likely to be true

78. He took a deep breath and recovered a little of his _____.

n. a calm, confident, and graceful manner with control of your feelings or behavior

79. She was not interested in doing any _____ work at the office.

adj. denoting a task or job that is considered lowly, unskilled, or degrading, often requiring little mental effort or skill

ANSWERS: 72. barely, 73. terror, 74. agony, 75. couch, 76. statistics, 77. probable, 78. poise, 79. menial

80. We need to _____ the aspect of his personality from the part of his competence when making an investment decision.
v. to force, take, or pull apart; mark as different
81. The troops _____ shoulder-to-shoulder.
v. to walk militarily with stiff, regular steps
82. The police are searching for the _____ who stole the jewels.
n. a person who has committed a crime
83. My _____ was overwhelming and complicated, but it was also exciting.
n. a duty or task given to someone, usually as part of their job or studies
84. The paper is _____ worth reading thoroughly.
adv. without any question and beyond doubt; clearly
85. As people age, their digestive capacity also gradually _____.
v. to become gradually smaller, fewer, worse, etc.; to refuse to accept
86. The company's profits have only been _____ this year, but they're hoping for a better year.
adj. of, relating to, or situated at the edge or outer limit; of secondary or minor importance; barely satisfactory or effective
87. She is a talented _____ who has been recognized for her work.
n. a person who writes poetry
88. The drug's side effects can include _____ loss of urine.
adj. acting or done without or against one's will

ANSWERS: 80. separate, 81. marched, 82. criminal, 83. assignment, 84. definitely, 85. declines, 86. marginal, 87. poet, 88. involuntary

89. The _____ of the politician was a constant presence at campaign events.
n. a person's husband, wife, or partner in marriage
90. He included a _____ from the book in his essay.
n. a group of words taken from a text or speech and repeated by someone other than the original author or speaker
91. Your _____ is capable of distinguishing among similar objects.
n. the ability to think logically and comprehend information, especially at an advanced level
92. They are building an _____ to the house to add more bedrooms.
n. a thing that is added to something to make it longer, larger, or wider; an educational opportunity provided by colleges and universities to people who are not enrolled as regular students; an additional telephone set that is connected to the same telephone line
93. After the party, the house was in _____ and needed much cleaning.
n. a state of complete disorder, chaos, or ruin; an utter mess or failure
94. It takes a lot of _____ to stand up for what you believe is right.
n. the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous
95. It is a basic instinct to _____ from a dangerous situation.
v. to leave by running away, especially out of fear or danger
96. I received a _____ from the CEO outlining the new company policies.
n. a short written message or communication intended for internal use within an organization or company

ANSWERS: 89. spouse, 90. quotation, 91. intellect, 92. extension, 93. shambles, 94. courage, 95. flee, 96. memo

97. The national election was held amid _____ security.

adj. fixed, fastened, or kept together firmly or closely

98. The _____ concluded that bankruptcy was inevitable.

n. someone whose job is to examine something to learn or understand more about it

99. Sharks have highly developed _____ systems and are extremely sensitive creatures.

adj. of or relating to the physical senses

100. It's important to practice _____ when it comes to spending money.

n. a measure taken to prevent someone or something from acting freely or excessively; self-control or moderation; a physical device used to restrict or limit movement

101. The _____ concert was packed with fans.

adj. existing or remaining upright; having a vertical position; (noun) social, financial, or professional status or reputation

102. The children complained because one _____ of cake was slightly larger than the other.

n. a flat, often thin, piece of bread, meat, cheese, etc., that has been cut from a larger piece; a wound made by cutting

103. The patient displays a _____ of a side effect.

n. any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

104. Graduating from college was a major _____ for her.

n. the successful completion of a task or goal; an ability that has been acquired by training

ANSWERS: 97. tight, 98. analyst, 99. sensory, 100. restraint, 101. standing, 102. slice, 103. symptom, 104. accomplishment

105. This argument is still not _____.

adj. enough, acceptable, satisfactory for a particular purpose or need

106. The government should view children as national assets and actively _____ in them.

v. to put money, effort, time, etc. into something to make a profit or achieve a result

107. The third season of the anime show has been _____.

v. to make something known or officially inform people about something

108. That incident led to his _____.

n. the condition of being alone or lonely; the act or state of separation between persons or groups

109. The sight of the huge pile of laundry made me _____ with dread.

v. to make a low, moaning sound, often indicating pain, discomfort, or dissatisfaction

110. She had a tattoo just above her _____ button.

n. the front part of the body below the chest, containing the stomach and bowels; the rounded or curved part of an object, such as a ship or aircraft

111. Large earthquakes often generate _____ tsunamis.

adj. very frightening or intimidating

112. Autistic children may engage in _____ behaviors, such as rocking or hand flapping, to self-regulate.

n. a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation

ANSWERS: 105. adequate, 106. invest, 107. announced, 108. isolation, 109. groan, 110. belly, 111. terrifying, 112. stimming

113. The industrial _____ laws were passed with little to no alteration.
n. the way two persons or groups of people feel and act toward one another
114. She had a vibrant _____ that made everyone feel at ease.
n. a person's distinct combination of character, behavioral, temperamental, emotional, and mental traits that define them as an individual and set them apart from others
115. X-rays revealed a small tumor in his _____.
n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling
116. The children _____ up the puzzle pieces and had to start over.
v. to mix or mingle various items, objects, or ideas together in a disordered or confused way, often resulting in a messy or chaotic situation; to create a disorderly or confusing arrangement of things
117. The customer on the Internet has to choose one from a formidable _____ of products.
n. a large group or collection of things or people, especially one that is impressive or attractive
118. The official transcript contains _____ academic records.
adj. correct and exact in all details
119. The woods _____ the house.
v. to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection
120. She works at a recording _____ in Los Angeles.
n. a room or building where creative or artistic work is produced; a television or radio production company

ANSWERS: 113. relations, 114. personality, 115. brain, 116. jumbled, 117. array, 118. accurate, 119. embrace, 120. studio

121. Many innocent civilians were killed and buried in mass _____ outside the city during the war.

- n.* a place where a dead body is buried, typically marked by a headstone or other memorial; a very serious, solemn, or important matter; (verb) to carve, cut, or etch a design, inscription, or mark onto a hard surface, such as stone or metal; (adjective) serious, solemn, or weighty in nature

122. The president declared a state of _____.

- n.* a sudden unforeseen crisis usually involving danger that requires immediate action

123. She _____ the puppy on the head and gave it a treat.

- v.* to touch or tap something lightly and usually in a friendly or encouraging manner; to apply or rub lightly and repetitively

124. A broken gas pipe triggered the _____.

- n.* a violent release induced by a chemical or nuclear reaction

125. The inspector discovered _____ bolts under the fuel rods.

- adj.* not securely fixed or fastened in place or able to be detached or separated from something

126. The _____ was so bright that I had to wear sunglasses to protect my eyes.

- n.* the direct light and heat that comes from the sun

127. This pie _____ represents our market share.

- n.* a visual display of information such as a diagram, lists of figures, etc.; a map designed to assist navigation by air or sea

128. I _____ to say that you did not gain admission to the university.

- v.* to feel sad, repentant, or disappointed over something you have done or something you have not been able to do

ANSWERS: 121. graves, 122. emergency, 123. patted, 124. explosion, 125. loose, 126. sunshine, 127. chart, 128. regret

129. As she lay on her deathbed, a bright light appeared, and she saw a holy _____ standing at the foot of her bed.

n. a spiritual being believed to be a messenger of God often depicted as having wings and a halo

130. Shakespeare's output of poetry was _____.

adj. extremely large or great

131. The project's _____ made it difficult for the team to complete it on time.

n. the state or quality of being complicated or intricate and difficult to understand

132. He _____ under his breath about the job relocation.

v. to speak or say something quietly and in a low voice; to make complaining remarks or noises under one's breath

133. The smell of fresh ____ trees filled the air at the Christmas tree farm.

n. a type of tall evergreen tree that is native to the northern hemisphere, with needle-like leaves and cones that stand upright on the branches

134. It is important not to undertake tasks with _____ objectives to improve productivity.

adj. poorly stated or described and therefore not easy to understand; not easy to perceive

135. The doctor gave a positive _____ for her recovery from the illness.

n. the likely outcome or course of a disease or illness based on medical analysis and examination of the patient; a forecast or prediction of future events or developments

136. The police escorted the prisoner to the _____.

n. a facility where criminals are kept to be punished for their crimes; a prison

ANSWERS: 129. angel, 130. enormous, 131. complexity, 132. muttered, 133. fir, 134. unclear, 135. prognosis, 136. jail

137. Living in a _____ can be a great way to meet new people when you're in college.
n. a residence hall or building that provides living quarters for students or other occupants, typically on a college or university campus
138. The young prince will soon _____ the throne.
v. to consume all of someone's space, attention, or time
139. His arm was swollen and _____ red.
adv. very badly; to a great extent or very much
140. The athlete tightened the _____ on his running shoes before the race.
n. a long, narrow strip or belt of leather, fabric, or another material used for binding, fastening, or supporting something or someone; a band or string that attaches one object to another, often used to secure items during transport
141. The company divided the tasks into _____ segments to increase efficiency.
adj. separate and distinct; not continuous; individually distinguishable
142. She couldn't _____ whether to order the pizza or the pasta for dinner.
v. to make up someone's mind about something; to come to a conclusion or judgment after considering options
143. We had to reschedule the dentist's _____.
n. a formal arrangement to meet someone at a particular time and place, especially for a reason connected with their work; the act of putting a person into a job or position of responsibility
144. The _____ sound coming from the engine made us worry about the car's condition.
n. the act of removing a thin layer of material from a surface, often to clean or smooth it; a sound or sensation that is produced by something being removed or rubbed against another surface; (of computer technology) the automated extraction or collection of data from websites

ANSWERS: 137. dorm, 138. occupy, 139. terribly, 140. strap, 141. discrete, 142. decide, 143. appointment, 144. scraping

145. The public is _____ that the prime minister has committed fraud.

adj. completely certain about something; having a strong belief or conviction in a particular religion

146. He could not _____ against temptation.

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

147. We _____ the season's total trade deficit at \$50 billion.

v. to guess or calculate the cost, size, value, etc. of something

148. He had a _____ that he was a millionaire.

n. a false belief or impression that is firmly held despite evidence to the contrary

149. The police had to _____ the suspect after he became violent during the arrest.

v. to prevent or hold back from doing something, often by physical or moral force; to limit or restrict one's actions or behavior; to control or moderate strong emotions or impulses

150. The budget reduction was an _____ feat for our nation.

adj. arousing admiration due to size, quality, or skill

151. The politician remained _____ despite intense media scrutiny.

adj. without any or little sound

152. The _____ properties of this herb have been known to help with various ailments.

adj. of or relating to the treatment or cure of disease

ANSWERS: 145. convinced, 146. struggle, 147. estimated, 148. delusion, 149. restrain, 150. impressive, 151. silent, 152. medicinal

153. The _____ medical treatment had weakened his muscles.

adj. tediously continuing for a long time; very long in time or size

154. The _____ children at the orphanage were in desperate need of proper nutrition.

adj. not properly nourished or inadequately provided with food; undernourished or malnourished

155. This large SUV _____ eight people.

v. to provide someone with a place to live or to be stored in; to make fit for or to change to suit a new purpose

156. After the summit meeting, the prime ministers issued a _____ statement.

adj. shared, held, or made between two or more people; (noun) the point of connection between two bones or elements of a skeleton

157. The spy was able to _____ the enemy's headquarters undetected.

v. to enter or penetrate a group, organization, or place covertly or secretly, usually with a specific purpose or goal in mind; to spread or diffuse through something gradually or subtly

158. A clear and simple expression is the _____ of good writing.

n. a distinctive characteristic or attribute of a person or thing

159. The politician tried to _____ the corruption.

v. to conceal something; (noun) a covering that you wear over your face to hide it

160. The _____ mood at the funeral was palpable.

adj. having a serious or sad atmosphere or character; gloomy or dark

ANSWERS: 153. lengthy, 154. ill-fed, 155. accommodates, 156. joint, 157. infiltrate, 158. hallmark, 159. mask, 160. somber

161. The actor's portrayal of the _____ in the horror movie was terrifying.
- n.* an evil spirit, supernatural being or entity often depicted as malevolent or harmful
162. Our knowledge helps _____ our clients successfully.
- v.* to plan and direct the way that a ship, plane, etc. will travel, often by using a map
163. The political _____ rocked the nation and led to the resignation of several high-ranking officials.
- n.* an action or event regarded as morally or legally wrong and causing general public outrage
164. Always _____ a lawyer before launching a business.
- v.* to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject
165. We must complete all of these courses in the following _____.
- n.* one of the periods that the school or university divided into, especially in the US and Australia; a half-year term
166. She wore her best dress for the special _____.
- n.* a time or event that is suitable or appropriate for something to happen or be done; a particular event or circumstance that requires or allows for something to be done
167. Her husband's death caused her to experience a _____ break.
- adj.* relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking

ANSWERS: 161. demon, 162. navigate, 163. scandal, 164. consult, 165. semester, 166. occasion, 167. psychotic

168. I am seeking a spacious _____ with a balcony and a parking spot.

- n.* a self-contained living unit within a larger building or complex, typically consisting of one or more rooms or an open space used for living, cooking, and sleeping

169. His membership in the _____ provided him with numerous benefits.

- n.* a people or groups of people who have joined in a single organization together for a particular purpose; a social or business connection or relationship

170. I took a ___ dose of pain reliever to ease my headache.

- adj.* (short for medical) relating to the field of medicine, which is concerned with the diagnosis, treatment, and prevention of diseases and disorders; (short for medication) a substance or drug that is used to treat a medical condition or alleviate symptoms

171. He spoke in _____ and no one could understand what he was trying to say.

- n.* unintelligible or nonsensical language or speech; meaningless or difficult to comprehend talk or writing

172. Companies often _____ their shares to lower the stock price and encourage investors to buy.

- v.* to divide, or to make something divide into two or more parts, especially along a particular line

173. The doctor diagnosed him with a rare _____ that had no known cure.

- n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

174. _____ hyperglycemia is a trigger for a variety of serious diseases.

- adj.* being long-lasting and recurrent or characterized by long suffering; habitual

ANSWERS: 168. apartment, 169. association, 170. med, 171. gibberish, 172. split, 173. disease, 174. Chronic

175. The hotel is famous for its _____ including the casino.
- n.* public shows, films, television, or other performances or activities of enjoying people
176. The killer used his hands to _____ his victim.
- v.* to choke or suffocate someone by compressing their neck; to inhibit or suppress something, such as a movement or idea
177. International law allows each nation to _____ itself when its rights and interests are illegally violated.
- v.* to protect someone or something from attack, criticism, danger, etc.
178. We _____ to achieve more wages and safer working conditions.
- v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
179. The primary purpose of the _____ is pain relief.
- n.* the way in which someone deals with or behaves towards someone or something; medical care provided to a patient for an injury or illness.
180. The patient was moved to the intensive care _____ for further treatment.
- n.* a room in a hospital for patients requiring special care
181. He gained debt _____.
- n.* the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion
182. He is still _____ stealing the money from the cash register.
- v.* to state that one refuses to admit the existence or truth of something

ANSWERS: 175. entertainment, 176. strangle, 177. defend, 178. strike, 179. treatment, 180. ward, 181. forgiveness, 182. denying

183. She is very _____ to our project.

adj. feeling, showing, or expressing kindness or compassion to somebody who is hurt, sad, or in a problematic situation

184. The lobbyist _____ Congress not to approve the measure.

v. to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist

185. This intriguing _____ mystery remains unsolved.

n. the crime of killing somebody intentionally

186. The band's new album was a _____ success, reaching the top of the charts.

adj. very successful or impressive; causing something to be broken or destroyed

187. I am here to save my _____.

adj. loved very much

188. She felt sick and had to run to the bathroom to _____.

v. to eject food, blood, etc., from the stomach through the mouth; (noun) the matter ejected from the stomach through the mouth

189. The corporation _____ dominated the entire tobacco business.

adv. finally, particularly after a long time or a lot of struggle, complications, and so on

190. She had to be _____ due to her injuries.

v. to admit someone to a hospital for medical treatment

191. The physician is reading the _____ related to medicine

n. a newspaper or magazine specialized in a specific topic or profession

ANSWERS: 183. sympathetic, 184. urged, 185. murder, 186. smashing, 187. beloved, 188. vomit, 189. eventually, 190. hospitalized, 191. journals

192. The newspaper devoted several _____ to the affair.

- n.* one of the vertical blocks that split content on a page or screen from top to bottom; an upright pillar that often supports an arch, entablature, or other structure or stands alone as a monument

193. There are various ways to ward off the _____ including prayer and holy water.

- n.* a supernatural being typically represented in belief systems as an evil or mischievous spirit, often used metaphorically to describe a person or thing that is harmful, dangerous, or wicked

194. The two sides argued their points, but the judge ultimately sided with the _____ viewpoint.

- n.* acting in opposition to what is expected or desired

195. Sleep-deprived people gradually lose their concentration and may _____.

- v.* to experience a seemingly real perception of something that does not actually exist, usually as a result of a mental illness or drug use

196. The company's _____ is "Innovation and Service," which is reflected in its products and customer support.

- n.* a phrase or slogan that expresses a guiding principle or goal

197. She sought _____ to understand her childhood traumas.

- n.* a system of psychological theory and therapy that aims to treat mental and emotional disorders by investigating the interaction of conscious and unconscious elements in the mind

198. The room was filled with a _____ odor, making it difficult to stay inside.

- adj.* having a strong and unpleasant smell; foul-smelling or malodorous

ANSWERS: 192. columns, 193. devil, 194. contrary, 195. hallucinate, 196. motto, 197. psychoanalysis, 198. fetid

199. He was served with a _____ of eviction, giving him the notice to vacate the property.

n. a written legal order or command

200. The senator received _____ criticism from his opponent.

adj. extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous

201. The pond's _____ was around five feet.

n. the distance between the top and bottom of something; between the top surface and a distance below it

202. She still _____ writes a short romance novel.

adv. now and then; sometimes but not often

203. Many countries have now agreed to a treaty banning the use of _____ weapons.

adj. of or relating to or constituting the nucleus of an atom; deriving destructive energy from the release of atomic energy

204. Life as a waiter was a big _____ for him.

n. a very frightening or unpleasant dream

205. The government _____ this law in 1925.

v. to make a law; to put something into practice

206. The drought _____ the prices of grain globally.

v. to raise something to a higher position or level; to pick up something or somebody and move them to a different position

ANSWERS: 199. writ, 200. severe, 201. depth, 202. occasionally, 203. nuclear, 204. nightmare, 205. enacted, 206. lifted

207. She's a _____ pet owner who ensures her dog gets enough exercise and a healthy diet.

adj. answerable or accountable for something within one's power, control, or management

208. I am going to trim this _____ off.

n. a plant growing thickly with many small branches and several stiff stems coming up from the root

209. My initial reaction was to _____.

v. to show that one is not willing to do or accept something

210. It is an incredible _____ to climb Mount Everest, the highest mountain in the world.

n. a notable or impressive achievement, especially one that requires great skill or bravery

211. This company has an entire recycling _____ including major reprocessing plants.

n. a building or place that provides a particular service or is used for a particular industry

212. She had a master's degree in _____.

n. the scientific study of mind and behavior

213. The older man _____ from arthritis and finds it difficult to move around.

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

214. The _____ product was promptly recalled for safety reasons.

adj. having a flaw or fault that prevents proper functioning or usability; broken or imperfect in some way

ANSWERS: 207. responsible, 208. bush, 209. refuse, 210. feat, 211. facility, 212. psychology, 213. suffers, 214. defective

215. The _____ in carbon emissions has been significant since the implementation of the new policy.
n. a decrease in size, amount, or degree
216. The city is taking measures to reduce the amount of _____ in the streets.
n. discarded material, refuse, or waste
217. I pushed _____ with my new project, even though it would take much hard work.
adv. forward, outward, or onward in location, direction, or progress; into view or consideration; with confidence, boldness, or in the open
218. We combust _____ and other fossil fuels to generate electricity.
n. a combustible black or brownish-black sedimentary rock that is found below the ground and burnt to produce heat
219. To advance this discussion, we must _____ "success" rigorously.
v. to state or explain precisely the nature, scope, or meaning of something
220. The lump was discovered to be _____ and no further treatment was needed.
adj. kind and gentle; not harmful or malicious
221. The news of the pandemic was a _____ reminder of the fragility of human health.
adj. causing fear or alarm, or very surprising and alarming
222. I'm _____ of insects.
adj. afraid or frightened
223. Trains are _____ inexpensive, and ideal for long-distance travel.
adj. worthy of being relied on; trustworthy

ANSWERS: 215. reduction, 216. trash, 217. forth, 218. coal, 219. define, 220. benign, 221. frightening, 222. scared, 223. reliable,

224. The doctor prescribed some medicine for the mental _____.

- n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions

225. It is a _____ that the concert had to be canceled due to the storm.

- n.* a feeling of sorrow and compassion caused by the suffering or misfortunes of others; an object of contempt or disdain

226. Basketball is their usual _____ after school.

- n.* the activity that renews your health and spirits by enjoyment and relaxation; the act or process of making something that existed in the past exists or seems to exist again in a different time or place

227. I need to _____ my speed to finish the race on time.

- v.* to move or act quickly; to cause or encourage something to happen sooner or more rapidly; to accelerate or speed up

228. A _____ engineer is still in demand in many companies.

- adj.* operated by a machine, relating to or concerned with machinery or tools

229. The investigation _____ several government agencies and is expected to take several months.

- v.* to include or affect someone or something as a necessary part of something else

230. This device is used to _____ brain cancer and other tumors.

- v.* to determine or distinguish the nature of a problem or an illness through a careful analysis

231. I respect her ability to _____ off harsh criticism.

- v.* to raise your shoulders and then drop them to say you do not know or are not interested

ANSWERS: 224. disorder, 225. pity, 226. recreation, 227. hasten, 228. mechanical, 229. involves, 230. diagnose, 231. shrug

232. He felt like _____ when he tasted the delicious chocolate cake.

n. (of various religious and mythological traditions) a place or state of existence considered to be the abode of the divine, the afterlife, or a higher realm of being; a state of great happiness, contentment, or beauty

233. She was a _____ student of a prestigious university.

adj. having received a degree from a school, college, or university; marked with or divided into levels or degrees

ANSWERS: 232. heaven, 233. graduated