

# Englist.me



## Vocabulary Builder Reference from...

*Geert Chatrou: A whistleblower you haven't heard |*

*TED Talk*

[https://www.ted.com/talks/geert\\_chatrou\\_a\\_whistleblower\\_you\\_haven\\_t\\_heard](https://www.ted.com/talks/geert_chatrou_a_whistleblower_you_haven_t_heard)

### All Words

#### IMPORTANT

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## Session 1: Word List

### whistle

- v. to make a high-pitched sound by forcing breath through a small opening, usually with the lips or fingers; (noun) a piece of equipment that forces air or steam against an edge or into a cavity and so produces a loud shrill sound

*synonym* : sound, honk, tweet

(1) **whistle** a tune, (2) **whistle** for help

The employee decided to **whistle-blow** on the company's illegal activities.

### chubby

- adj.* having a plump or rounded body shape, often used to describe children or pets

*synonym* : fat, plump, corpulent

(1) **chubby** cheeks, (2) **chubby** arms

The **chubby** toddler waddled around the park, laughing and playing.

### curl

- v. to form or make something form into a curved or spiral shape; (noun) a round shape formed by a series of concentric circles

*synonym* : coil, curve, spiral

(1) **curl** around street corners, (2) a **curl** of smoke

The cat **curled** into a ball and went to sleep.

## communicate

v. to share or exchange information with others by speaking, writing, moving your body, or using other signals

*synonym* : convey, share, transmit

(1) **communicate** his anxieties to the psychiatrist,

(2) **communicate** well with my advisor

Dolphins use sound to **communicate** with each other.

## annoy

v. to make someone angry, anxious, or irritating slightly

*synonym* : aggravate, irritate, unsettle

(1) **annoy** at the time, (2) **annoy** everyone else

Her constant chatter was starting to **annoy** the neighbors.

## irritate

v. to annoy, provoke, or cause resentment or anger in someone; to inflame or make sore

*synonym* : annoy, vex, bother

(1) **irritate** skin, (2) **irritate** my partner

The sound of his chewing loudly **irritates** me during dinner.

## deviant

*adj.* markedly different or departing from what is normal or expected

*synonym* : abnormal, unconventional, irregular

(1) **deviant** ideas, (2) **deviant** art

His **deviant** behavior made others uncomfortable, and they avoided him at all costs.

## eve

*n.* (also as "Eve") the day or period of time immediately preceding a particular event; the biblical figure who was the first woman and wife of Adam, according to the Jewish and Christian faiths

*synonym* : evening, dusk, twilight

(1) **eve** of the party, (2) Christmas **Eve**

The **eve** of the wedding was filled with excitement and anticipation.

## in-law

*n.* a relative by marriage, such as a mother-in-law, brother-in-law, or sister-in-law

*synonym* : relative by marriage, family connection, affinal

(1) future **in-law**, (2) meeting **in-laws**

My sister- **in-law** is a pediatrician who works in a children's hospital.

## reindeer

*n.* a large deer with branched antlers found in northern regions, often domesticated and used for transportation or as a source of food

*synonym* : caribou, elk, deer

(1) red-nosed **reindeer**, (2) domesticated **reindeer**

The Sami people have been herding **reindeer** in the Arctic for centuries, using them for food, transportation, and clothing.

## annoying

*adj.* making someone feel slightly angry

*synonym* : aggravating, bothersome, irksome

(1) **annoying** banner ad, (2) **annoying** habit

The phone call is an **annoying** interruption.

## contest

*n.* a competition in which people compete for supremacy in a sport or other activity; a struggle between rivals

*synonym* : battle, competition, match

(1) a speech **contest**, (2) a close **contest**

There was a vast **contest** between the two tribes.

## immediately

*adv.* now or without delay

*synonym* : directly, instantly, promptly

(1) **immediately** recall a product, (2) write him an answer **immediately**

A suspension order from the court is effective **immediately**.

## championship

*n.* a contest to decide who is the best player or team in a particular sport; the act of providing approval and support

*synonym* : crown, title, contest

(1) a world **championship**, (2) **championship** flag

His team won the **championship** for three years running.

## statistics

*n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

(1) **statistics** for cancer, (2) official **statistics**

The **statistics** demonstrate that poverty and unemployment are genuine problems.

## defend

*v.* to protect someone or something from attack, criticism, danger, etc.

*synonym*: protect, guard, support

(1) **defend** my country, (2) **defend** against a threat

International law allows each nation to **defend** itself when its rights and interests are illegally violated.

## participate

*v.* to take part in something

*synonym*: take part, partake, enter

(1) **participate** fully in conversation, (2) **participate** in the program

The majority of students actively **participated** in the college's intramural sports program.

## standing

*adj.* existing or remaining upright; having a vertical position;  
(noun) social, financial, or professional status or reputation

*synonym*: upright, vertical, (noun) position

(1) **standing** water, (2) his social **standing**

The **standing** concert was packed with fans.

## quitter

*n.* a person who gives up easily or does not have the determination to finish what they have started

*synonym*: coward, deserter, surrender

(1) easy **quitter**, (2) serial **quitter**

He was labeled as a **quitter** after he abandoned the project halfway.

## nurse

*n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

*synonym* : healthcare worker, caregiver, medic

(1) **nurse** practitioner, (2) a volunteer **nurse**

The night shift **nurse** checked my vital signs before administering the medication.

## belle

*n.* a beautiful and attractive woman

*synonym* : beauty, beauty queen, lovely

(1) green-eyed **belle**, (2) Southern **belle** charm

She was the **belle** of the ball, and everyone wanted to dance with her.

## rehearse

*v.* to practice or repeat something, such as a performance, speech, or action, to prepare for an event or to improve one's skills; to go through the motions of a planned activity before executing it

*synonym* : practice, recite, drill

(1) **rehearse** an opera, (2) **rehearse** a speech

The actors needed to **rehearse** their lines before the performance.

## promising

*adj.* having the potential to be successful, helpful, or beneficial; showing signs of future success or achievement

*synonym* : hopeful, optimistic, encouraging

(1) **promising** idea, (2) **promising** start

Several top teams scouted **promising** young athletes.

## technique

*n.* a particular way or art of doing something that needs skill

*synonym* : approach, procedure, strategy

(1) a **technique** in martial arts, (2) the **technique** applied to construction

Jockey's superior **technique** brought him victory.

## solo

*adv.* without anybody else or anything else; alone

*synonym* : alone

(1) a **solo** vocal recital, (2) a **solo** flight  
I would love to **solo** camping someday.

## propose

*v.* to make a proposal, declare a plan for something  
*synonym*: suggest, offer, recommend

(1) **propose** the amendment, (2) **propose** changes  
I want to **propose** a toast in honor of our longstanding relationship.

## maximum

*adj.* the largest or greatest amount or value attainable or attained

*synonym*: peak, top, highest

(1) **maximum** limit, (2) the **maximum** speed  
The **maximum** temperature recorded this summer was higher than average.

## champion

*n.* someone who has won first place in a competition; someone who fights for a specific group of people or a belief

*synonym*: victor, winner, fighter

(1) a **champion** of peace, (2) the grand **champion**  
The **champion** bicyclist outrode all his competitors.

## Session 2: Spelling

- |                                |  |
|--------------------------------|--|
| 1. sta_____cs for cancer       | <i>n.</i> the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data  |
| 2. re_____se a speech          | <i>v.</i> to practice or repeat something, such as a performance, speech, or action, to prepare for an event or to improve one's skills; to go through the motions of a planned activity before executing it |
| 3. a volunteer nu__e           | <i>n.</i> a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury                                       |
| 4. red-nosed re_____er         | <i>n.</i> a large deer with branched antlers found in northern regions, often domesticated and used for transportation or as a source of food  |
| 5. a speech co_____t           | <i>n.</i> a competition in which people compete for supremacy in a sport or other activity; a struggle between rivals  |
| 6. an_____ng banner ad         | <i>adj.</i> making someone feel slightly angry   |
| 7. an__y at the time           | <i>v.</i> to make someone angry, anxious, or irritating slightly   |
| 8. imm_____ly recall a product | <i>adv.</i> now or without delay   |
| 9. c__l around street corners  | <i>v.</i> to form or make something form into a curved or spiral shape; (noun) a round shape formed by a series of concentric circles  |

ANSWERS: 1. statistics, 2. rehearse, 3. nurse, 4. reindeer, 5. contest, 6. annoying, 7. annoy, 8. immediately, 9. curl

10. an\_\_y everyone else *v.* to make someone angry, anxious, or irritating slightly
11. Christmas E\_e *n.* (also as "Eve") the day or period of time immediately preceding a particular event; the biblical figure who was the first woman and wife of Adam, according to the Jewish and Christian faiths
12. ch\_\_\_y arms *adj.* having a plump or rounded body shape, often used to describe children or pets
13. serial qu\_\_\_\_r *n.* a person who gives up easily or does not have the determination to finish what they have started
14. com\_\_\_\_\_te well with my advisor *v.* to share or exchange information with others by speaking, writing, moving your body, or using other signals
15. future in\_\_\_w *n.* a relative by marriage, such as a mother-in-law, brother-in-law, or sister-in-law
16. st\_\_\_\_\_ng water *adj.* existing or remaining upright; having a vertical position; (noun) social, financial, or professional status or reputation
17. par\_\_\_\_\_te in the program *v.* to take part in something
18. ir\_\_\_\_\_te skin *v.* to annoy, provoke, or cause resentment or anger in someone; to inflame or make sore
19. pr\_\_\_\_\_e the amendment *v.* to make a proposal, declare a plan for something
20. ir\_\_\_\_\_te my partner *v.* to annoy, provoke, or cause resentment or anger in someone; to inflame or make sore

ANSWERS: 10. annoy, 11. eve, 12. chubby, 13. quitter, 14. communicate, 15. in-law, 16. standing, 17. participate, 18. irritate, 19. propose, 20. irritate



21. de\_\_\_\_t ideas *adj.* markedly different or departing from what is normal or expected
22. de\_\_\_\_t art *adj.* markedly different or departing from what is normal or expected
23. cha\_\_\_\_\_hip flag *n.* a contest to decide who is the best player or team in a particular sport; the act of providing approval and support
24. de\_\_\_d my country *v.* to protect someone or something from attack, criticism, danger, etc.
25. a world cha\_\_\_\_\_hip *n.* a contest to decide who is the best player or team in a particular sport; the act of providing approval and support
26. ma\_\_\_\_\_m limit *adj.* the largest or greatest amount or value attainable or attained
27. par\_\_\_\_\_te fully in conversation *v.* to take part in something
28. write him an answer imm\_\_\_\_\_ly *adv.* now or without delay
29. a ch\_\_\_\_\_on of peace *n.* someone who has won first place in a competition; someone who fights for a specific group of people or a belief
30. wh\_\_\_\_\_e a tune *v.* to make a high-pitched sound by forcing breath through a small opening, usually with the lips or fingers; (noun) a piece of equipment that forces air or steam against an edge or into a cavity and so produces a loud shrill sound
31. meeting in\_\_\_ws *n.* a relative by marriage, such as a mother-in-law, brother-in-law, or sister-in-law

ANSWERS: 21. deviant, 22. deviant, 23. championship, 24. defend, 25. championship, 26. maximum, 27. participate, 28. immediately, 29. champion, 30. whistle, 31. in-law

32. easy qu\_\_\_\_r *n.* a person who gives up easily or does not have the determination to finish what they have started
33. de\_\_\_\_d against a threat *v.* to protect someone or something from attack, criticism, danger, etc.
34. a s\_\_o vocal recital *adv.* without anybody else or anything else; alone
35. the te\_\_\_\_ue applied to construction *n.* a particular way or art of doing something that needs skill
36. com\_\_\_\_te his anxieties to the psychiatrist *v.* to share or exchange information with others by speaking, writing, moving your body, or using other signals
37. the ma\_\_\_\_m speed *adj.* the largest or greatest amount or value attainable or attained
38. his social st\_\_\_\_ng *adj.* existing or remaining upright; having a vertical position; (noun) social, financial, or professional status or reputation
39. a c\_\_l of smoke *v.* to form or make something form into a curved or spiral shape; (noun) a round shape formed by a series of concentric circles
40. e\_e of the party *n.* (also as "Eve") the day or period of time immediately preceding a particular event; the biblical figure who was the first woman and wife of Adam, according to the Jewish and Christian faiths
41. re\_\_\_\_se an opera *v.* to practice or repeat something, such as a performance, speech, or action, to prepare for an event or to improve one's skills; to go through the motions of a planned activity before executing it

ANSWERS: 32. quitter, 33. defend, 34. solo, 35. technique, 36. communicate, 37. maximum, 38. standing, 39. curl, 40. eve, 41. rehearse

42. nu\_\_e practitioner *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
43. a close co\_\_\_\_\_t *n.* a competition in which people compete for supremacy in a sport or other activity; a struggle between rivals
44. green-eyed be\_\_e *n.* a beautiful and attractive woman
45. an\_\_\_\_\_ng habit *adj.* making someone feel slightly angry
46. Southern be\_\_e charm *n.* a beautiful and attractive woman
47. a s\_\_o flight *adv.* without anybody else or anything else; alone
48. pr\_\_\_\_\_ng start *adj.* having the potential to be successful, helpful, or beneficial; showing signs of future success or achievement
49. the grand ch\_\_\_\_\_on *n.* someone who has won first place in a competition; someone who fights for a specific group of people or a belief
50. pr\_\_\_\_\_e changes *v.* to make a proposal, declare a plan for something
51. ch\_\_\_y cheeks *adj.* having a plump or rounded body shape, often used to describe children or pets
52. domesticated re\_\_\_\_\_er *n.* a large deer with branched antlers found in northern regions, often domesticated and used for transportation or as a source of food
53. wh\_\_\_\_\_e for help *v.* to make a high-pitched sound by forcing breath through a small opening, usually with the lips or fingers; (noun) a piece of equipment that forces air or steam against an edge or into a cavity and so produces a loud shrill sound

ANSWERS: 42. nurse, 43. contest, 44. belle, 45. annoying, 46. belle, 47. solo, 48. promising, 49. champion, 50. propose, 51. chubby, 52. reindeer, 53. whistle

54. official sta\_\_\_\_\_cs *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
55. pr\_\_\_\_\_ng idea *adj.* having the potential to be successful, helpful, or beneficial; showing signs of future success or achievement
56. a te\_\_\_\_\_ue in martial arts *n.* a particular way or art of doing something that needs skill

ANSWERS: 54. statistics, 55. promising, 56. technique

## Session 3: Fill in the Blanks

1. There was a vast \_\_\_\_\_ between the two tribes.  
*n.* a competition in which people compete for supremacy in a sport or other activity; a struggle between rivals
2. The \_\_\_\_\_ toddler waddled around the park, laughing and playing.  
*adj.* having a plump or rounded body shape, often used to describe children or pets
3. The Sami people have been herding \_\_\_\_\_ in the Arctic for centuries, using them for food, transportation, and clothing.  
*n.* a large deer with branched antlers found in northern regions, often domesticated and used for transportation or as a source of food
4. His \_\_\_\_\_ behavior made others uncomfortable, and they avoided him at all costs.  
*adj.* markedly different or departing from what is normal or expected
5. He was labeled as a \_\_\_\_\_ after he abandoned the project halfway.  
*n.* a person who gives up easily or does not have the determination to finish what they have started
6. I would love to \_\_\_\_\_ camping someday.  
*adv.* without anybody else or anything else; alone
7. Her constant chatter was starting to \_\_\_\_\_ the neighbors.  
*v.* to make someone angry, anxious, or irritating slightly
8. Several top teams scouted \_\_\_\_\_ young athletes.  
*adj.* having the potential to be successful, helpful, or beneficial; showing signs of future success or achievement

ANSWERS: 1. contest, 2. chubby, 3. reindeer, 4. deviant, 5. quitter, 6. solo, 7. annoy, 8. promising

9. The night shift \_\_\_\_\_ checked my vital signs before administering the medication.
- n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
10. The \_\_\_\_\_ demonstrate that poverty and unemployment are genuine problems.
- n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
11. The employee decided to \_\_\_\_\_ on the company's illegal activities.
- v.* to make a high-pitched sound by forcing breath through a small opening, usually with the lips or fingers; (noun) a piece of equipment that forces air or steam against an edge or into a cavity and so produces a loud shrill sound
12. The \_\_\_\_\_ concert was packed with fans.
- adj.* existing or remaining upright; having a vertical position; (noun) social, financial, or professional status or reputation
13. The phone call is an \_\_\_\_\_ interruption.
- adj.* making someone feel slightly angry
14. My sister-\_\_\_\_\_ is a pediatrician who works in a children's hospital.
- n.* a relative by marriage, such as a mother-in-law, brother-in-law, or sister-in-law
15. The majority of students actively \_\_\_\_\_ in the college's intramural sports program.
- v.* to take part in something
16. The \_\_\_\_\_ temperature recorded this summer was higher than average.
- adj.* the largest or greatest amount or value attainable or attained

ANSWERS: 9. nurse, 10. statistics, 11. whistle-blow, 12. standing, 13. annoying, 14. in-law, 15. participated, 16. maximum

17. She was the \_\_\_\_\_ of the ball, and everyone wanted to dance with her.

*n.* a beautiful and attractive woman

18. The cat \_\_\_\_\_ into a ball and went to sleep.

*v.* to form or make something form into a curved or spiral shape; (noun) a round shape formed by a series of concentric circles

19. The actors needed to \_\_\_\_\_ their lines before the performance.

*v.* to practice or repeat something, such as a performance, speech, or action, to prepare for an event or to improve one's skills; to go through the motions of a planned activity before executing it

20. The \_\_\_\_\_ bicyclist outrode all his competitors.

*n.* someone who has won first place in a competition; someone who fights for a specific group of people or a belief

21. His team won the \_\_\_\_\_ for three years running.

*n.* a contest to decide who is the best player or team in a particular sport; the act of providing approval and support

22. Jockey's superior \_\_\_\_\_ brought him victory.

*n.* a particular way or art of doing something that needs skill

23. A suspension order from the court is effective \_\_\_\_\_.

*adv.* now or without delay

24. The sound of his chewing loudly \_\_\_\_\_ me during dinner.

*v.* to annoy, provoke, or cause resentment or anger in someone; to inflame or make sore

ANSWERS: 17. belle, 18. curled, 19. rehearse, 20. champion, 21. championship, 22. technique, 23. immediately, 24. irritates

25. International law allows each nation to \_\_\_\_\_ itself when its rights and interests are illegally violated.
- v. to protect someone or something from attack, criticism, danger, etc.
26. Dolphins use sound to \_\_\_\_\_ with each other.
- v. to share or exchange information with others by speaking, writing, moving your body, or using other signals
27. I want to \_\_\_\_\_ a toast in honor of our longstanding relationship.
- v. to make a proposal, declare a plan for something
28. The \_\_\_ of the wedding was filled with excitement and anticipation.
- n. (also as "Eve") the day or period of time immediately preceding a particular event; the biblical figure who was the first woman and wife of Adam, according to the Jewish and Christian faiths

ANSWERS: 25. defend, 26. communicate, 27. propose, 28. eve