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Vocabulary Builder Reference from...

Brené Brown: The power of vulnerability | TED Talk
https://www.ted.com/talks/brene_brown_the_power_of_vulnerability

All Words

IMPORTANT

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Session 1: Word List

struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym: toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job

He could not **struggle** against temptation.

flier

n. (also "flyer") a person who travels by air or an airplane passenger; a leaflet or pamphlet designed to be handed out or posted to provide information or advertise something

synonym: aeronaut, pamphlet, handbill

(1) seasoned **flier**, (2) promotional **flier**

As a frequent **flier**, I accumulate a lot of miles that I use for vacation trips.

boring

adj. lacking interest or excitement; tedious or dull

synonym: dull, tedious, monotonous

(1) **boring** work, (2) **boring** day

The lecture was so **boring** that many people fell asleep.

irrelevant

adj. not connected with or related to something and therefore not important

synonym: unrelated, immaterial, extrinsic

(1) an **irrelevant** thought, (2) do something **irrelevant**

They removed **irrelevant** content from the slides.

storytelling

n. the act or art of narrating or writing stories

synonym: narrating, relating, recounting

(1) **storytelling** performance, (2) courtroom **storytelling**

She was skilled in **storytelling** techniques, such as using different voices for other characters.

academic

adj. associated with schools, colleges, and universities, especially studying and thinking, not with practical skills

synonym: educational, scholarly, theoretical

(1) **academic** probation, (2) an **academic** discussion

An excellent historian must possess an **academic** mentality.

insecure

adj. not firm or firmly fixed; likely to fail or give way, or not assured of safety

synonym: uncertain, unsure, unconfident

(1) an **insecure** future, (2) **insecure** attachment

Children in an unstructured environment often feel **insecure**.

pixie

n. a mythical creature, often depicted as a small, mischievous, and playful fairy-like being with pointed ears, sometimes associated with forests or nature

synonym: imp, fairy, sprite

(1) whimsical **pixie**, (2) **pixie-like** figure

The little girl dressed up as a mischievous **pixie** for Halloween.

courage

n. the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous

synonym: bravery, valor, fearlessness

(1) mental **courage**, (2) inspire **courage**

It takes a lot of **courage** to stand up for what you believe is

right.

qualitative

adj. relating to or involving qualities, such as properties, characteristics, or features, rather than quantities or numbers, often used to describe research or analysis that focuses on subjective or non-measurable factors

synonym : subjective, interpretative

(1) **qualitative** analysis, (2) **qualitative** factors

The researchers used a **qualitative** approach to analyze their findings.

expand

v. to increase or to make something greater in size, number, or importance

synonym : extend, grow, boost

(1) **expand** a lineup, (2) **expand** agricultural output

They hope to **expand** their business worldwide.

perception

n. a belief, opinion, or image you have based on how you regard, understand, or interpret something; the ability to see, hear, or notice something through the senses

synonym : understanding, idea, awareness

(1) keen **perception**, (2) **perception** of a stimulus

He is a man admired for the depth of his **perception**.

fundamental

adj. forming an essential base or core from which everything else develops or is affected

synonym : basic, essential, entire

(1) **fundamental** education, (2) **fundamental** rights

Human behavior has **fundamental** characteristics.

doctoral

adj. of or relating to doctorate (= the highest degree from a university) or the achievement of a doctorate

synonym : doctoral

(1) **doctoral** program, (2) **doctoral** research

She is pursuing a **doctoral** degree in psychology to become a licensed therapist.

absolutely

adv. without restriction or limitation; completely or utterly
synonym : completely, utterly, definitely

(1) **absolutely** against, (2) **absolutely** obsessed with the girl

I am **absolutely** opposed to his idea because of morality.

bachelor

n. an unmarried man; a person who holds an undergraduate degree from a college or university
synonym : unmarried man, single

(1) **bachelor** degree, (2) **bachelor** party

He decided to enjoy his freedom as a **bachelor** before settling down.

ph

n. a measure of the acidity or alkalinity of a substance, on a scale of 0 to 14, with seven being neutral, lower values indicating greater acidity, and higher values indicating greater alkalinity

synonym : acidity, alkalinity, balance

(1) **pH** value of seven, (2) **ph** scale

The **ph** level of this soil is too acidic for these types of plants.

surround

v. to be all around something or somebody

synonym : encircle, encompass, envelop

(1) **surround** a town, (2) a stone wall **surrounds** the palace

On three sides, mountains **surround** the settlement.

messy

adj. disorganized and untidy

synonym : cluttered, disorganized, untidy

(1) **messy** data, (2) **messy** handling

His **messy** bedroom is always a source of frustration for his mother.

organ

n. a part of the body of an animal or plant that has a particular purpose and performs a specific job

synonym : function, structure

(1) **organ** bleeding, (2) damage to internal **organs**

These infections have the potential to impact practically every **organ** system.

lean

adj. having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posture

synonym: skinny, slender, (verb) slant

(1) a **lean** horse, (2) **lean** athletic figure

Lean operational improvements often lead to better environmental performance.

discomfort

n. a feeling of being uncomfortable physically or mentally or being embarrassed; a slight pain

synonym: affliction, despair, ache

(1) endure **discomfort** and pain, (2) **discomfort** in the abdomen

He felt no **discomfort** as the dentist drilled his deadened tooth.

upside

n. the positive aspect or potential of something; the upper side of something

synonym: advantage, benefit, top

(1) have no **upside**, (2) market **upside**

Many people see the **upside** of traveling as an opportunity to experience new cultures and broaden their horizons.

mantra

n. a word or phrase, often repeated, that is used as a focus for the mind during meditation

synonym: hymn, chant, phrase

(1) campaign **mantra**, (2) chant the **mantra** of structural reform

She repeated her personal **mantra** to herself to stay motivated.

excite

v. to make someone feel suddenly enthusiastic or eager

synonym: thrill, exhilarate, animate

(1) **excite** the crowd, (2) **excite** rebellion

The news of her promotion **excited** her.

topic

n. a subject that is being discussed or written about
synonym: subject, theme, issue

(1) a serious **topic**, (2) the **topic** of the book

The **topic** of the discussion was the current state of the economy.

hack

v. to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks

synonym: cut, chop, crack

(1) **hack** through the jungle, (2) **hack** into the program

This blog offers a variety of tips for **hacking** everyday life.

justice

n. the quality of being fair and reasonable and treating people equally according to their due

synonym: fairness, equity, impartiality

(1) criminal **justice**, (2) **justice** of Heaven

The judge's ruling was based on the principles of **justice** and fairness.

abuse

n. the use of something in an incorrect or harmful manner

synonym: misuse, misconduct, vilification

(1) the problem of drug **abuse**, (2) victim of sexual **abuse**

Our company has an audit team that monitors directors for **abuse** of authority.

neglect

v. to not give enough care or attention to something; to leave something undone

synonym: delinquency, carelessness, decay

(1) **neglect** to call, (2) **neglect** ethical issues

He **neglected** his health to make the project a success.

neurobiology

n. a field of biology that studies the structure, function, and development of the nervous system, including the brain, spinal cord, and peripheral nerves encompassing a wide

range of research topics, including the molecular and cellular processes involved in neural signaling, the organization of neural circuits, and the neural basis of behavior, cognition, and emotion

synonym : brain science, neural science, neurology

(1) **neurobiology** research, (2) cellular **neurobiology**

The professor's research in **neurobiology** has led to groundbreaking discoveries in the field of brain science.

evaluate

v. to assess or estimate the quality, significance, quantity, or value of something

synonym : assess, estimate, consider

(1) **evaluate** the grant proposal, (2) **evaluate** a situation

The meeting aims to **evaluate** possible choices.

awesome

adj. inspiring fear, admiration, or respect; very good, nice, fun, etc.

synonym : miraculous, marvelous, astounding

(1) **awesome** mental faculty, (2) have an **awesome** birthday

There is a lot of **awesome** nature and food in Hawaii.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym : suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

apparently

adv. based on what you have heard or read

synonym : evidently, obviously, supposedly

(1) **apparently** simple, (2) **apparently** unrelated

The police **apparently** believed this explanation was plausible.

heartbreak

n. a feeling of great sadness or disappointment

synonym : grief, sorrow, bitterness

(1) ease her **heartbreak**, (2) go through **heartbreak**

They had experienced the **heartbreak** of losing two children due to premature births.

belong

v. to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place

synonym : fit, be appropriate, be suitable

(1) **belong** to different species, (2) **belong** to a group

All the books in this section **belong** to the library's rare collection and must be handled carefully.

excruciating

adj. extremely painful, intense, or distressing; causing great physical or emotional suffering

synonym : agonizing, unbearable, torturous

(1) **excruciating** ordeal, (2) **excruciating** embarrassment

The **excruciating** pain in his ankle made it difficult to walk.

exclude

v. to deny someone or something enter to a place or taking part in an activity

synonym : expel, ban, bar

(1) **exclude** a newcomer, (2) **exclude** all other possibilities

The cost for the trip **excludes** food and beverages.

disconnect

v. to unfasten or disjoin something, especially to break the connection between a supply of gas, water, or electricity and a piece of equipment

synonym : unplug, detach, take apart

(1) **disconnect** a plug, (2) **disconnect** the water supply

She finally decided to **disconnect** herself from the company.

unravel

v. undo twisted, knitted, or woven threads by separating it

synonym : separate, unknot, ravel

(1) **unravel** a knit, (2) **unravel** a plot

Detectives are still attempting to **unravel** the mystery of his death.

sham

n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

synonym : bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham**

The data he prepared was completely **sham**.

universal

adj. existing or affecting everywhere or everyone

synonym : common, broad, worldwide

(1) **universal** life, (2) principles of **universal** design

The picture earned near- **universal** acclaim from critics.

empathy

n. the ability to share another person's feelings or experiences by imagining that person's situation

synonym : compassion, sympathy, tenderness

(1) full of **empathy**, (2) **empathy** for patients

Empathy is also necessary to understand history.

underpin

v. to support or strengthen the foundations of something

synonym : support, foundation, base

(1) **underpin** a structure, (2) **underpin** democratization

The research findings **underpin** the theory that human activities cause global warming.

blank

adj. without any writing or printing; empty or devoid of ideas, information, or meaning; unable to remember or recall information

synonym : empty, void, barren

(1) **blank** expression, (2) **blank** paper

The computer screen displayed nothing but a **blank** white screen

promote

v. to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank

synonym : boost, raise, advertise

(1) **promote** a better relationship, (2) **promote** bad behavior

The government should do more to **promote** sustainable agribusiness.

vulnerable

adj. capable of being hurt or influenced physically or mentally

synonym : susceptible, exposed, weak

(1) a **vulnerable** bridge, (2) **vulnerable** parts of the body
Infants and pregnant women are particularly **vulnerable**.

stick

v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

synonym : pierce, adhere, stay

(1) **stick** a key in a lock, (2) fire **stick**

You **stick** a bill in the change machine, and the coins pop out.

deconstruct

v. to break something down into its separate parts to interpret or analyze it; to interpret or analyze a text, an artwork, etc. to show that there is no fixed meaning

synonym : break down, interpret, assay

(1) **deconstruct** the existing system, (2) **deconstruct** his method

She employed a rigorous intellectual framework to **deconstruct** various categories of literature.

outsmart

v. to defeat or best someone through cleverness, cunning, or intelligence, to prevail over someone by being smarter or more strategic

synonym : outwit, beat, surpass

(1) **outsmart** the competition, (2) **outsmart** a conspiracy

He could **outsmart** his opponents with his quick thinking and strategic planning.

journal

n. a newspaper or magazine specialized in a specific topic or profession

synonym : periodical, diary, bulletin

(1) scientific **journal**, (2) **journal** articles

The physician is reading the **journals** related to medicine

handle

v. to deal with a situation, problem, or strong emotion

synonym : control, manage, deal with

(1) **handle** a precious object, (2) **handled** the incident

We all should learn how to **handle** stress.

roughly

adv. approximately but not precisely; with a violent manner

synonym : approximately, more or less, around

(1) **roughly** explain my idea, (2) **roughly** speaking

Five miles is **roughly** similar to eight kilometers.

divide

v. to separate or cause to separate into parts or groups

synonym : separate, disconnect, split

(1) **divide** the cake into two pieces, (2) **divide** money equally

Can you **divide** 123321 by eleven?

folk

n. people in general, especially those of a particular group or type

synonym : community, family, person

(1) **folk** art, (2) the **folk** songs of a particular district

Some seaweed was used as **folk** medicine in ancient times.

variable

adj. likely to change or vary often; (noun) a symbol, like x or y, that is used in mathematical or logical expressions to represent a value that may be changed

synonym : erratic, inconsistent, irregular

(1) a **variable** species, (2) a dependent **variable**

Rainfall in the tropics is highly **variable**.

separate

v. to force, take, or pull apart; mark as different

synonym : disunite, isolate, ramify

(1) **separate** video into chapter, (2) **separate** cream from

milk

We need to **separate** the aspect of his personality from the part of his competence when making an investment decision.

professional

adj. having or showing the skill appropriate to a particular job; competent or skillful

synonym: skilled, competent, accomplished

(1) **professional** athlete, (2) certified **professional** secretary

He has a **professional** demeanor and always presents himself in a polished manner.

slight

adj. very small in degree or amount

synonym: feeble, nuanced, subtle

(1) feel a **slight** concern, (2) **slight** increase

We made **slight** modifications to reflect the views of both sides.

supple

adj. flexible and easy to bend or move; gracefully agile; adaptable or responsive to change or new ideas

synonym: flexible, pliable, bendable

(1) **supple** muscles, (2) **supple** leather

The ballerina's **supple** movements left the audience mesmerized.

addiction

n. the inability to stop using or doing something as a habit, especially something harmful

synonym: dependence

(1) alcohol **addiction**, (2) **addiction** to foreign oil

He is now fighting his **addiction** to drugs.

sharpie

n. a type of hard-chined sailboat with a flat bottom, extremely shallow draft, centerboards, and straight, flaring sides; a brand name for a type of permanent marker pen with a pointed tip, typically known for its ability to create bold and long-lasting markings on various surfaces

synonym : boat, marker, pen

(1) **sharpie** marker, (2) **sharpie-style** sailboat

He spent the summer restoring an old **sharpie** boat in his grandfather's barn.

wholehearted

adj. sincere, genuine, and enthusiastic; with complete devotion or commitment

synonym : passionate, enthusiastic, devoted

(1) **wholehearted** support, (2) **wholehearted** commitment

She put her **wholehearted** effort into finishing the project on time.

intensive

adj. involving a lot of work or activity in a short time

synonym : thorough, comprehensive, in-depth

(1) **intensive** agriculture, (2) **intensive** care

The construction industry is labor **intensive**, although it has been somewhat automated by introducing large machinery.

analyze

v. to think about in-depth and evaluate to discover essential features or meaning

synonym : explore, examine, investigate

(1) **analyze** a chemical compound, (2) **analyze** your real motives

The teacher attempted to **analyze** the root cause of our mistake.

incident

n. an event or occurrence, often unexpected or unplanned; something that happens

synonym : event, occurrence, accident

(1) traffic **incident**, (2) security **incident**

The **incident** at the airport caused a delay in my flight.

theme

n. a subject or topic of discourse or artistic representation

synonym : subject, topic, motif

(1) **theme** park, (2) central **theme**

The **theme** of the novel is the corrupting influence of power.

pollack

n. (also "pollock") a variety of freshwater fish related to the cod, or a member of a North Atlantic family of marine fish, typically greenish-gray in color

(1) **pollack** fillet, (2) Alaska **pollack**

The restaurant serves a delicious **pollack** stew.

crazy

adj. stupid or not sensible; very angry

synonym: insane, absurd, bizarre

(1) **crazy** about cars and racing, (2) a **crazy** scheme

The rain and thunder are **crazy** today.

writ

n. a written legal order or command

synonym: legal document, order, legal process

(1) a **writ** of summons, (2) issue a **writ**

He was served with a **writ** of eviction, giving him the notice to vacate the property.

bravery

n. courage in the face of danger

synonym: courage, valor, heroism

(1) **bravery** against the enemy, (2) **bravery** under fire

His **bravery** in the face of danger saved the lives of his comrades.

definition

n. a concise explanation of the meaning of a word, phrase, or symbol

synonym: description, connotation, meaning

(1) a precise **definition**, (2) the **definition** of a word

Parallel lines are, by **definition**, lines on the same plane that never cross.

imperfectly

adv. in a faulty or incomplete way

synonym: amiss, insufficiently, clumsily

(1) **imperfectly** developed, (2) **imperfectly** known disease

He created an **imperfectly** shaped torso.

compassion

n. a strong feeling of sympathy and sadness for another's suffering or bad luck

synonym: pity, empathy, understanding

(1) feel **compassion** for the poor, (2) have **compassion** toward the accident

His infinite love and **compassion** for everyone never weary.

authenticity

n. the quality of being real or genuine

synonym: genuineness, originality, credibility

(1) **authenticity** verification, (2) lack **authenticity**

The museum's experts confirmed the **authenticity** of the painting.

embrace

v. to accept something willingly and enthusiastically;
(noun) the act of clasping another person in the arms as in greeting or affection

synonym: grasp, hold tightly, accept

(1) **embrace** an opportunity, (2) a warm **embrace**

The woods **embrace** the house.

willingness

n. the state of being ready or inclined to do something

synonym: readiness, eagerness, enthusiasm

(1) **willingness** to help, (2) indicate a **willingness** to change

Her **willingness** to help others earned her many friends.

guarantee

v. to promise something will happen formally, especially that certain conditions about a product, service, or transaction would be met

synonym: assure, promise, warrant

(1) **guarantee** a high quality, (2) **guarantee** women equality

We cannot **guarantee** enough raw material sources.

mammography

n. the process of using X-rays to examine the breast for the early detection of breast cancer

synonym: breast imaging, mammogram, breast X-ray

(1) diagnostic **mammography**, (2) digital **mammography**

Women should get regular **mammography** screenings as a preventative measure for breast cancer.

invest

v. to put money, effort, time, etc. into something to make a profit or achieve a result

synonym: fund, sponsor, support

(1) **invest** in stocks, (2) **invest** capital

The government should view children as national assets and actively **invest** in them.

relation

n. the way two persons or groups of people feel and act toward one another

synonym: association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no alteration.

betray

v. to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally

synonym: fail, denounce, display

(1) **betray** a friend, (2) **betray** confidence

He felt **betrayed** when his best friend revealed their secret to the enemy.

pledge

v. to make a formal promise to give or do something

synonym: promise, assure, guarantee

(1) **pledge** my fidelity, (2) **pledge** military assistance

At this ceremony, We will **pledge** allegiance to the country's flag.

allegiance

n. loyalty or faithfulness to a person, country, cause, or belief; a pledge or oath of loyalty

synonym: loyalty, devotion, faithfulness

(1) loyal **allegiance**, (2) show **allegiance**

The soldiers pledged their **allegiance** to their country.

predict

v. to state beforehand that something will happen in the future, mainly based on knowledge or experience

synonym: forecast, anticipate, foresee

(1) **predict** the future, (2) **predict** when she will arrive

It's notoriously challenging to **predict** birth rates.

phenomenon

n. something that exists and can be perceptible, especially one that is not fully understood

synonym: marvel, wonder, splendor

(1) natural **phenomenon**, (2) historical **phenomenon**

A rainbow is a natural **phenomenon**.

explicit

adj. stated clearly and in detail, leaving no room for confusion or doubt

synonym: clear, unambiguous, unequivocal

(1) **explicit** content, (2) **explicit** instructions

The movie had an **explicit** sex scene that some viewers might find offensive.

breakdown

n. a failure or collapse of a system or organization

synonym: collapse, failure, malfunction

(1) a nervous **breakdown**, (2) **breakdown** maintenance

The **breakdown** of the machinery caused a delay in production.

therapy

n. the act of caring for someone through medication, remedial training, etc.

synonym: antidote, medicine, treatment

(1) **therapy** for a patient, (2) field of gene **therapy**

I underwent aversion **therapy** for my addiction to alcohol.

spiritual

adj. relating to or affecting the human spirit or soul as opposed to material or physical things

synonym: otherworldly, ethereal, transcendental

(1) constant **spiritual** striving, (2) **spiritual** leader

The meditation class was focused on finding inner peace and

cultivating a more **spiritual** connection with the universe.

awaken

v. to stop sleeping or to cause someone to stop sleeping
synonym: rouse, arouse, revive

(1) **awaken** at daybreak, (2) **awaken** a child

The friend's death **awakens** them.

assure

v. to give confidence or reassurance to someone; to convince or guarantee someone that something will happen or that something is true

synonym: ensure, guarantee, promise

(1) **assure** safety, (2) **assure** quality

I want to **assure** you that you have my full support.

recommendation

n. an official suggestion that something is good or suitable for a particular purpose or job

synonym: guidance, advice, suggestion

(1) follow his **recommendations**, (2) a letter of **recommendation**

We made a **recommendation** to the client.

meter

n. a device used to measure the amount of a particular substance or attribute, such as length, volume, or time; (prosody) the accent in a metrical foot of verse

synonym: gauge, indicator, rhythm

(1) a gas **meter**, (2) poetic **meter**

The **meter** on the wall showed that the room was three meters long.

core

n. the most essential or fundamental part of something

synonym: center, basis, heart

(1) the **core** of an apple, (2) **core** business activity

These gas nebulas are merely newborn galactic **cores**.

birthplace

n. the house, town, etc., where someone was born

synonym: hometown, native place, origin

(1) ancestral **birthplaces**, (2) **birthplace** of modern soccer
The **birthplace** of civilization is a topic of much debate among historians.

creative

adj. relating to or involving the use of skill and original and unusual ideas to create something

synonym: imaginative, innovative, inventive

(1) **creative** writing, (2) barren of **creative** spirit

All the supervisor has to do is assign tasks that make his subordinates more **creative**.

childhood

n. the state or time of being a child

synonym: youth, infancy, adolescence

(1) since **childhood**, (2) **childhood** development

He had fond memories of his **childhood** spent playing in the park with his friends.

strategy

n. a detailed plan of action designed to achieve a long-term or overall goal.

synonym: approach, procedure, scenario

(1) military **strategy**, (2) develop a **strategy**

Our plan includes a comprehensive marketing **strategy**.

tenderness

n. a state or quality of being gentle, caring, or affectionate; sensitivity or responsiveness to the needs or emotions of others; a feeling of softness or soreness in a particular part of the body

synonym: affection, fondness, gentleness

(1) **tenderness** in the chest, (2) overwhelming **tenderness**

The mother's **tenderness** was evident as she gently hugged her crying child.

surrender

v. to cease resistance to an enemy or opponent and submit to their authority

synonym: yield, submit, relinquish

(1) **surrender** at discretion, (2) **surrender** an insurance

policy

The enemy was forced to **surrender** after a long battle.

slug

n. a common name for any terrestrial gastropod mollusk that appears to lack a shell with soft and black or brown color; a bullet, a shot of alcoholic drink

(1) lazy **slug**, (2) reduce **slug** damage

I spotted a giant **slug** in the rain garden.

probable

adj. likely to happen or likely to be true

synonym: likely, possible, potential

(1) **probable** outcome, (2) **probable** cause of a fire

It seems **probable** that he has forgotten our scheduled meeting.

numb

adj. unable to feel physical sensation and movement; not showing human feeling or sensitivity

synonym: dazed, insensitive, emotionless

(1) **numb** with cold, (2) a **numb** mind

My left arm became **numb**.

define

v. to state or explain precisely the nature, scope, or meaning of something

synonym: characterize, depict, express

(1) **define** a word, (2) **define** my position

To advance this discussion, we must **define** "success" rigorously.

initiate

v. to begin or start something; to teach the basics or fundamentals of something to somebody; to formally admit someone into a group or organization

synonym: commence, start, begin

(1) **initiate** a project, (2) **initiate** a discussion

The committee will **initiate** an investigation into the company's financial records.

debt

n. something, especially money, goods, or services owed by one person to another; the state of owing something

synonym : liability, obligation, deficit

(1) **debt** ceiling, (2) corporate **debt**

He became in **debt** after losing his job.

obese

adj. excessively overweight, particularly to the point of being a serious health risk; having a body mass index (BMI) of 30 or more

synonym : overweight, corpulent, plump

(1) **obese** individuals, (2) **obese** children

The doctor warned him that his **obese** condition put him at risk for numerous health problems.

addict

n. a person who cannot stop using or doing something as a habit, especially something harmful

synonym : devotee, buff, freak

(1) a drug **addict**, (2) Internet **addict**

We have become TV **addicts** due to video streaming services.

medication

n. a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease

synonym : cure, drug, medicine

(1) antibiotic **medication**, (2) **medication** by mouth

The pharmacist not only prescribes the **medication** but also guides its proper use.

cohort

n. a group of people who share a common characteristic, experience, or background and are usually studied as a single unit in research or analysis; a companion or ally

synonym : group, team, squad

(1) **cohort** study, (2) business **cohort**

The **cohort** of students from the science program graduated with top honors.

selective

adj. relating to or involving only a small number of a larger group of people or things

synonym: choosy, demanding, finicky

(1) the process of **selective** breeding, (2) **selective** readers

This medication is **selective** in its effects.

emotion

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

synonym: feeling, sentiment, passion

(1) control my **emotion**, (2) afraid to show **emotion**

Some **emotions** are common across cultures and backgrounds.

grief

n. a very great sadness, especially when somebody dies

synonym: anguish, desperation, dismay

(1) have **grief** and sorrow, (2) a lot of **grief**

Each person has a unique **grief** experience.

disappointment

n. the feeling of sadness, frustration, or dissatisfaction that arises when something does not live up to one's expectations or hopes

synonym: letdown, frustration, discouragement

(1) **disappointment** in the result, (2) **disappointment** with the service

The cancellation of the concert was a huge **disappointment** for the fans.

laughter

n. the act or sound of laughing

synonym: laugh, chuckle, giggle

(1) **laughter** all around, (2) bring **laughter**

Some doctor says **laughter** is the best medicine.

gratitude

n. the quality of being thankful; readiness to show appreciation for and to return kindness

synonym: appreciation, thankfulness, indebtedness

(1) a debt of **gratitude**, (2) feelings of **gratitude**

She expressed her **gratitude** towards the kind stranger who helped her.

miserable

adj. very unhappy, uncomfortable, or unpleasant; causing great distress or suffering

synonym: unhappy, wretched, cheerless

(1) **miserable** weather, (2) **miserable** experience

She felt **miserable** after her dog passed away.

cycle

n. an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

synonym: revolution, rotation, bike

(1) the **cycle** of the seasons, (2) go to the workplace by **cycle**

The food chain causes a material **cycle**.

uncertain

adj. not being sure of something; not being able to choose

synonym: doubtful, skeptical, pending

(1) numerous **uncertain** factors, (2) take an **uncertain** attitude

She was **uncertain** about her friend's intentions.

religion

n. a deep conviction in a supernatural power that controls human destiny

synonym: faith, creed, belief

(1) **religion** sociology, (2) freedom of **religion**

Their **religion** strictly prohibits them from drinking or gambling.

faith

n. complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.

synonym: belief, trust, confidence

(1) religious **faith**, (2) **faith** in government

He kept his robust **faith** in his company.

mystery

n. something difficult to understand or explain; a secret or enigmatic quality that adds to the fascination or interest of something; a genre of fiction that involves the solution of a crime or a puzzle

synonym : enigma, puzzle, secret

(1) **mystery** novel, (2) unsolved **mystery**

The **mystery** surrounding the disappearance of the traveler has yet to be solved by authorities.

certainty

n. the state of being certain

synonym : inevitability, confidence, assurance

(1) scientific **certainty**, (2) reach **certainty** about the theory

Through investigation, his suspicions hardened into **certainty**.

discourse

n. any form of communication in speech or writing

synonym : discussion, dialogue, communication

(1) hold **discourse** with him, (2) a **discourse** about art

Sweet **discourse** makes short days and nights.

conversation

n. an informal talk between two or more people to exchange their views, ideas, information, etc.

synonym : chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation**

Your **conversation** reflects your thoughts.

blame

v. to think or say that someone or something did something wrong or is responsible for something bad

synonym : condemn, rebuke, find fault with

(1) **blame** circumstances for the failure, (2) **blame** the lack of knowledge

We **blamed** our impeded progress on lack of money.

discharge

v. to release or let go of something or someone; to dismiss or terminate an employee or member of an organization; to emit or give off a substance or energy

synonym : release, emit, expel

(1) **discharge** water, (2) **discharge** a contract

The hospital will **discharge** the patient as soon as their condition stabilizes.

butt

v. to strike or push something with the flat end of your hip or buttocks; to hit or knock forcefully; (noun) the remaining end of a smoked cigarette

synonym : hit, punch, strike

(1) **butt** into several people, (2) cigarette **butt**

The goats often **butt** heads when they are fighting for dominance.

cheek

n. either side of the face below the eye and between the nose and the jaw

synonym : jaw, mandible, malar

(1) **cheek** bone, (2) hollowed-out **cheek**

He gently touched her apple-red **cheek** and whispered that he loved her.

hardwired

adj. built-in or innate, often referring to behavior or traits that are instinctive or automatic, as if pre-programmed in the brain or genetics

synonym : innate, ingrained, automatic

(1) **hardwired** behavior, (2) **hardwired** connection

The instinct to protect one's offspring is **hardwired** into many animal species.

grade

n. a particular level of quality, size, importance, etc.

synonym : score, rate, degree

(1) boys in the twelfth **grade**, (2) students at all **grade** levels

Departments may set requirements for a higher **grade** point average.

generation

n. all the people born and living at about the same time, regarded collectively; the production of heat or electricity

synonym : cohort, age group, era

(1) **generation** gap, (2) the **generation** of electricity

The younger **generation** has different values and beliefs than the older one.

pretension

n. the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition

synonym: presumption, pretense, affectation

(1) **pretension** to authority, (2) baseless **pretension**

His **pretensions** of being a gourmet were quickly exposed when he could not identify basic herbs and spices.

corporate

adj. of or relating to a large company

synonym: business, commercial, organizational

(1) **corporate** right, (2) **corporate** environment

The **corporate** office has decided to lay off 10% of the workforce.

bailout

n. the provision of financial help to a corporation or country which is on the brink of bankruptcy

synonym: help, aid, support

(1) **bailout** bill, (2) **bailout** bottle

Many countries provided a **bailout** to the private sector to minimize the economic impact of the coronavirus pandemic.

spill

v. to cause or allow liquid to run or flow over the edge of its container by accident

synonym: slop, drop, scatter

(1) **spill** a bit of wine, (2) **spill** my heart

He was determined to **spill** everything.

recall

v. to remember something

synonym: remember, retrieve, recollect

(1) **recall** the incident, (2) **recall** his name

She vividly **recalls** getting laid off several years ago.

rodeo

n. a public exhibition of cowboy skills, particularly in North America, featuring events such as calf-roping, steer wrestling, and bull riding

(1) **rodeo** bull, (2) **rodeo** championship

The bull rider held on tightly during the **rodeo** event.

authentic

adj. known to be real and what people say it is; not a fake or copy

synonym: genuine, bona fide, original

(1) an **authentic** signature, (2) the sets were meticulously **authentic**

The stages of the play were meticulously **authentic**

terror

n. intense fear; a state of intense fear or alarm

synonym: fear, alarm, horror

(1) **terror** attack, (2) **terror** group

The bomb blast spread **terror** among the people.

passionate

adj. showing intense emotion or strong feeling; characterized by great enthusiasm or zeal; deeply committed to a cause or belief

synonym: ardent, fervent, intense

(1) **passionate** speech, (2) **passionate** kiss

Their **passionate** argument lasted for hours, neither willing to back down.

fierce

adj. severe and violent in a way that is frightening

synonym: ferocious, convulsive, forceful

(1) **fierce** competition, (2) a **fierce** animal

The **fierce** thunders echoed across the plain.

catastrophe

n. a sudden event that causes extreme ruin and misfortune

synonym: disaster, calamity, cataclysm

(1) **catastrophe** risk management, (2) avoid climate **catastrophe**

The lack of funds has resulted in a **catastrophe** for our

university system.

grateful

adj. feeling or showing an appreciation of kindness; thankful
synonym : thankful, appreciative, indebted

(1) a **grateful** breeze, (2) put a **grateful** expression
She was **grateful** for the help he provided.

scream

v. to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice

synonym : cry, shout, yell

(1) **scream** a profanity, (2) **scream** at him to be quiet
She kept **screaming** for an ambulance.

gentle

adj. having or showing a kindly or tender nature; soft and mild

synonym : mild, delicate, soft

(1) in a **gentle** voice, (2) **gentle** downward slope
Her **gentle** manner relaxed everyone there.

Session 2: Spelling

- | | | |
|--|------|--|
| 1. bl__e circumstances for the failure | v. | to think or say that someone or something did something wrong or is responsible for something bad |
| 2. follow his rec_____ions | n. | an official suggestion that something is good or suitable for a particular purpose or job |
| 3. endure dis_____rt and pain | n. | a feeling of being uncomfortable physically or mentally or being embarrassed; a slight pain |
| 4. whimsical pi__e | n. | a mythical creature, often depicted as a small, mischievous, and playful fairy-like being with pointed ears, sometimes associated with forests or nature |
| 5. victim of sexual ab__e | n. | the use of something in an incorrect or harmful manner |
| 6. ha_____ed behavior | adj. | built-in or innate, often referring to behavior or traits that are instinctive or automatic, as if pre-programmed in the brain or genetics |
| 7. an ac_____ic discussion | adj. | associated with schools, colleges, and universities, especially studying and thinking, not with practical skills |
| 8. de___e my position | v. | to state or explain precisely the nature, scope, or meaning of something |
| 9. a cr__y scheme | adj. | stupid or not sensible; very angry |
| 10. in a ge___e voice | adj. | having or showing a kindly or tender nature; soft and mild |

ANSWERS: 1. blame, 2. recommendation, 3. discomfort, 4. pixie, 5. abuse, 6. hardwired, 7. academic, 8. define, 9. crazy, 10. gentle

11. exc_____ing ordeal *adj.* extremely painful, intense, or distressing; causing great physical or emotional suffering
12. un_____l a knit *v.* undo twisted, knitted, or woven threads by separating it
13. an_____e your real motives *v.* to think about in-depth and evaluate to discover essential features or meaning
14. ro_____y speaking *adv.* approximately but not precisely; with a violent manner
15. take an un_____in attitude *adj.* not being sure of something; not being able to choose
16. promotional fl__r *n.* (also "flyer") a person who travels by air or an airplane passenger; a leaflet or pamphlet designed to be handed out or posted to provide information or advertise something
17. sp__l my heart *v.* to cause or allow liquid to run or flow over the edge of its container by accident
18. ob__e children *adj.* excessively overweight, particularly to the point of being a serious health risk; having a body mass index (BMI) of 30 or more
19. scientific jo_____l *n.* a newspaper or magazine specialized in a specific topic or profession
20. ancestral bir_____ces *n.* the house, town, etc., where someone was born
21. a lot of gr__f *n.* a very great sadness, especially when somebody dies

ANSWERS: 11. excruciating, 12. unravel, 13. analyze, 14. roughly, 15. uncertain, 16. flier, 17. spill, 18. obese, 19. journal, 20. birthplace, 21. grief

22. numerous un_____in factors *adj.* not being sure of something; not being able to choose
23. turn out to be all s__m *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
24. seasoned fl__r *n.* (also "flyer") a person who travels by air or an airplane passenger; a leaflet or pamphlet designed to be handed out or posted to provide information or advertise something
25. lack aut_____ity *n.* the quality of being real or genuine
26. ex___e the crowd *v.* to make someone feel suddenly enthusiastic or eager
27. qua_____ve factors *adj.* relating to or involving qualities, such as properties, characteristics, or features, rather than quantities or numbers, often used to describe research or analysis that focuses on subjective or non-measurable factors
28. campaign ma___a *n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation
29. be___g to different species *v.* to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place
30. the sets were meticulously
au_____ic *adj.* known to be real and what people say it is; not a fake or copy

ANSWERS: 22. uncertain, 23. sham, 24. flier, 25. authenticity, 26. excite, 27. qualitative, 28. mantra, 29. belong, 30. authentic

31. a letter of rec_____ion *n.* an official suggestion that something is good or suitable for a particular purpose or job
32. un_____al life *adj.* existing or affecting everywhere or everyone
33. a debt of gr_____de *n.* the quality of being thankful; readiness to show appreciation for and to return kindness
34. sto_____ing performance *n.* the act or art of narrating or writing stories
35. dis_____rt in the abdomen *n.* a feeling of being uncomfortable physically or mentally or being embarrassed; a slight pain
36. br_____wn maintenance *n.* a failure or collapse of a system or organization
37. mental co_____e *n.* the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous
38. te____r attack *n.* intense fear; a state of intense fear or alarm
39. cr_____ve writing *adj.* relating to or involving the use of skill and original and unusual ideas to create something
40. or__n bleeding *n.* a part of the body of an animal or plant that has a particular purpose and performs a specific job
41. th__e park *n.* a subject or topic of discourse or artistic representation

ANSWERS: 31. recommendation, 32. universal, 33. gratitude, 34. storytelling, 35. discomfort, 36. breakdown, 37. courage, 38. terror, 39. creative, 40. organ, 41. theme

42. d__t ceiling *n.* something, especially money, goods, or services owed by one person to another; the state of owing something
43. put a gr____ul expression *adj.* feeling or showing an appreciation of kindness; thankful
44. a gr____ul breeze *adj.* feeling or showing an appreciation of kindness; thankful
45. f__k art *n.* people in general, especially those of a particular group or type
46. sc____m at him to be quiet *v.* to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice
47. op____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
48. app____ly simple *adv.* based on what you have heard or read
49. aw____n a child *v.* to stop sleeping or to cause someone to stop sleeping
50. be____g to a group *v.* to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place
51. ob__e individuals *adj.* excessively overweight, particularly to the point of being a serious health risk; having a body mass index (BMI) of 30 or more
52. a w__t of summons *n.* a written legal order or command

ANSWERS: 42. debt, 43. grateful, 44. grateful, 45. folk, 46. scream, 47. opportune, 48. apparently, 49. awaken, 50. belong, 51. obese, 52. writ

53. pas_____te kiss *adj.* showing intense emotion or strong feeling; characterized by great enthusiasm or zeal; deeply committed to a cause or belief
54. in_____ve agriculture *adj.* involving a lot of work or activity in a short time
55. di___e money equally *v.* to separate or cause to separate into parts or groups
56. damage to internal or___ns *n.* a part of the body of an animal or plant that has a particular purpose and performs a specific job
57. avoid climate cat_____he *n.* a sudden event that causes extreme ruin and misfortune
58. ba_____or degree *n.* an unmarried man; a person who holds an undergraduate degree from a college or university
59. vul_____le parts of the body *adj.* capable of being hurt or influenced physically or mentally
60. re_____on sociology *n.* a deep conviction in a supernatural power that controls human destiny
61. a fi___e animal *adj.* severe and violent in a way that is frightening
62. pr_____le outcome *adj.* likely to happen or likely to be true
63. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
64. criminal ju_____e *n.* the quality of being fair and reasonable and treating people equally according to their due

ANSWERS: 53. passionate, 54. intensive, 55. divide, 56. organ, 57. catastrophe, 58. bachelor, 59. vulnerable, 60. religion, 61. fierce, 62. probable, 63. opportune, 64. justice

65. students at all gr__e levels *n.* a particular level of quality, size, importance, etc.
66. scientific ce_____ty *n.* the state of being certain
67. ha___ed the incident *v.* to deal with a situation, problem, or strong emotion
68. ex___d agricultural output *v.* to increase or to make something greater in size, number, or importance
69. baseless pre_____on *n.* the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition
70. sc___m a profanity *v.* to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice
71. unsolved my_____y *n.* something difficult to understand or explain; a secret or enigmatic quality that adds to the fascination or interest of something; a genre of fiction that involves the solution of a crime or a puzzle
72. have an aw_____e birthday *adj.* inspiring fear, admiration, or respect; very good, nice, fun, etc.
73. pr_____t when she will arrive *v.* to state beforehand that something will happen in the future, mainly based on knowledge or experience
74. afraid to show em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

ANSWERS: 65. grade, 66. certainty, 67. handle, 68. expand, 69. pretension, 70. scream, 71. mystery, 72. awesome, 73. predict, 74. emotion

75. the def_____on of a word *n.* a concise explanation of the meaning of a word, phrase, or symbol
76. control my em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
77. freedom of re_____on *n.* a deep conviction in a supernatural power that controls human destiny
78. co____t study *n.* a group of people who share a common characteristic, experience, or background and are usually studied as a single unit in research or analysis; a companion or ally
79. ne_____t to call *v.* to not give enough care or attention to something; to leave something undone
80. fa__h in government *n.* complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.
81. corporate d__t *n.* something, especially money, goods, or services owed by one person to another; the state of owing something
82. ex_____it instructions *adj.* stated clearly and in detail, leaving no room for confusion or doubt
83. re_____on between cause and effect *n.* the way two persons or groups of people feel and act toward one another
84. pr_____le cause of a fire *adj.* likely to happen or likely to be true
85. re_____on of inclusion *n.* the way two persons or groups of people feel and act toward one another

ANSWERS: 75. definition, 76. emotion, 77. religion, 78. cohort, 79. neglect, 80. faith, 81. debt, 82. explicit, 83. relation, 84. probable, 85. relation

86. pr_____e bad behavior *v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
87. in____t capital *v.* to put money, effort, time, etc. into something to make a profit or achieve a result
88. a stone wall su_____nds the palace *v.* to be all around something or somebody
89. alcohol ad_____on *n.* the inability to stop using or doing something as a habit, especially something harmful
90. fun_____al education *adj.* forming an essential base or core from which everything else develops or is affected
91. a dependent va_____le *adj.* likely to change or vary often; (noun) a symbol, like x or y, that is used in mathematical or logical expressions to represent a value that may be changed
92. field of gene th_____y *n.* the act of caring for someone through medication, remedial training, etc.
93. pr_____t the future *v.* to state beforehand that something will happen in the future, mainly based on knowledge or experience
94. ba_____or party *n.* an unmarried man; a person who holds an undergraduate degree from a college or university
95. certified pro_____nal secretary *adj.* having or showing the skill appropriate to a particular job; competent or skillful

ANSWERS: 86. promote, 87. invest, 88. surround, 89. addiction, 90. fundamental, 91. variable, 92. therapy, 93. predict, 94. bachelor, 95. professional

96. su_____er an insurance policy *v.* to cease resistance to an enemy or opponent and submit to their authority
97. full of em_____y *n.* the ability to share another person's feelings or experiences by imagining that person's situation
98. business co____t *n.* a group of people who share a common characteristic, experience, or background and are usually studied as a single unit in research or analysis; a companion or ally
99. a di_____se about art *n.* any form of communication in speech or writing
100. dis_____ct a plug *v.* to unfasten or disjoin something, especially to break the connection between a supply of gas, water, or electricity and a piece of equipment
101. dis_____ent in the result *n.* the feeling of sadness, frustration, or dissatisfaction that arises when something does not live up to one's expectations or hopes
102. the to__c of the book *n.* a subject that is being discussed or written about
103. me__y data *adj.* disorganized and untidy
104. dec_____ct the existing system *v.* to break something down into its separate parts to interpret or analyze it; to interpret or analyze a text, an artwork, etc. to show that there is no fixed meaning
105. a s__m battle *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

ANSWERS: 96. surrender, 97. empathy, 98. cohort, 99. discourse, 100. disconnect, 101. disappointment, 102. topic, 103. messy, 104. deconstruct, 105. sham

106. a l__n horse *adj.* having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posture
107. the c__e of an apple *n.* the most essential or fundamental part of something
108. a drug ad___t *n.* a person who cannot stop using or doing something as a habit, especially something harmful
109. digital mam_____hy *n.* the process of using X-rays to examine the breast for the early detection of breast cancer
110. in_____ve care *adj.* involving a lot of work or activity in a short time
111. a nervous br_____wn *n.* a failure or collapse of a system or organization
112. st_____le to get the job *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
113. pl___e military assistance *v.* to make a formal promise to give or do something
114. con_____ion in English *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
115. cellular neu_____ogy *n.* a field of biology that studies the structure, function, and development of the nervous system, including the brain, spinal cord, and peripheral nerves encompassing a wide range of research topics, including the molecular and cellular processes involved in neural signaling, the organization of neural circuits, and the neural basis of behavior, cognition, and emotion

ANSWERS: 106. lean, 107. core, 108. addict, 109. mammography, 110. intensive, 111. breakdown, 112. struggle, 113. pledge, 114. conversation, 115. neurobiology

116. re___l the incident *v.* to remember something
117. in___t in stocks *v.* to put money, effort, time, etc. into something to make a profit or achieve a result
118. a vul_____le bridge *adj.* capable of being hurt or influenced physically or mentally
119. feel com_____on for the poor *n.* a strong feeling of sympathy and sadness for another's suffering or bad luck
120. re___l his name *v.* to remember something
121. aw_____e mental faculty *adj.* inspiring fear, admiration, or respect; very good, nice, fun, etc.
122. have gr__f and sorrow *n.* a very great sadness, especially when somebody dies
123. pr_____e a better relationship *v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
124. an_____e a chemical compound *v.* to think about in-depth and evaluate to discover essential features or meaning
125. in_____te a discussion *v.* to begin or start something; to teach the basics or fundamentals of something to somebody; to formally admit someone into a group or organization
126. me__y handling *adj.* disorganized and untidy
127. go to the workplace by cy__e *n.* an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

ANSWERS: 116. recall, 117. invest, 118. vulnerable, 119. compassion, 120. recall, 121. awesome, 122. grief, 123. promote, 124. analyze, 125. initiate, 126. messy, 127. cycle

128. do something irr_____nt *adj.* not connected with or related to something and therefore not important
129. a gas me__r *n.* a device used to measure the amount of a particular substance or attribute, such as length, volume, or time; (prosody) the accent in a metrical foot of verse
130. imp_____ly known disease *adv.* in a faulty or incomplete way
131. em_____e an opportunity *v.* to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection
132. ev_____te the grant proposal *v.* to assess or estimate the quality, significance, quantity, or value of something
133. wil_____ss to help *n.* the state of being ready or inclined to do something
134. the gen_____on of electricity *n.* all the people born and living at about the same time, regarded collectively; the production of heat or electricity
135. ge___e downward slope *adj.* having or showing a kindly or tender nature; soft and mild
136. an au_____ic signature *adj.* known to be real and what people say it is; not a fake or copy
137. sh_____e marker *n.* a type of hard-chined sailboat with a flat bottom, extremely shallow draft, centerboards, and straight, flaring sides; a brand name for a type of permanent marker pen with a pointed tip, typically known for its ability to create bold and long-lasting markings on various surfaces

ANSWERS: 128. irrelevant, 129. meter, 130. imperfectly, 131. embrace, 132. evaluate, 133. willingness, 134. generation, 135. gentle, 136. authentic, 137. sharpie

138. ha___e a precious object *v.* to deal with a situation, problem, or strong emotion
139. an irr_____nt thought *adj.* not connected with or related to something and therefore not important
140. natural phe_____on *n.* something that exists and can be perceptible, especially one that is not fully understood
141. exc_____ing embarrassment *adj.* extremely painful, intense, or distressing; causing great physical or emotional suffering
142. ch_____od development *n.* the state or time of being a child
143. th_____y for a patient *n.* the act of caring for someone through medication, remedial training, etc.
144. imp_____ly developed *adv.* in a faulty or incomplete way
145. security in_____nt *n.* an event or occurrence, often unexpected or unplanned; something that happens
146. st__k a key in a lock *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
147. go through hea_____ak *n.* a feeling of great sadness or disappointment
148. pi__e-like figure *n.* a mythical creature, often depicted as a small, mischievous, and playful fairy-like being with pointed ears, sometimes associated with forests or nature

ANSWERS: 138. handle, 139. irrelevant, 140. phenomenon, 141. excruciating, 142. childhood, 143. therapy, 144. imperfectly, 145. incident, 146. stick, 147. heartbreak, 148. pixie

149. ju_____e of Heaven *n.* the quality of being fair and reasonable and treating people equally according to their due
150. st_____le against discrimination *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
151. h__k into the program *v.* to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks
152. the problem of drug ab__e *n.* the use of something in an incorrect or harmful manner
153. cat_____he risk management *n.* a sudden event that causes extreme ruin and misfortune
154. courtroom sto_____ing *n.* the act or art of narrating or writing stories
155. ba_____t bill *n.* the provision of financial help to a corporation or country which is on the brink of bankruptcy
156. ad_____on to foreign oil *n.* the inability to stop using or doing something as a habit, especially something harmful
157. a serious to__c *n.* a subject that is being discussed or written about
158. app_____ly unrelated *adv.* based on what you have heard or read
159. do_____al program *adj.* of or relating to doctorate (= the highest degree from a university) or the achievement of a doctorate

ANSWERS: 149. justice, 150. struggle, 151. hack, 152. abuse, 153. catastrophe, 154. storytelling, 155. bailout, 156. addiction, 157. topic, 158. apparently, 159. doctoral

160. inspire co_____e *n.* the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous
161. develop a st_____gy *n.* a detailed plan of action designed to achieve a long-term or overall goal.
162. a warm em_____e *v.* to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection
163. since ch_____od *n.* the state or time of being a child
164. Internet ad____t *n.* a person who cannot stop using or doing something as a habit, especially something harmful
165. a va_____le species *adj.* likely to change or vary often; (noun) a symbol, like x or y, that is used in mathematical or logical expressions to represent a value that may be changed
166. un_____in democratization *v.* to support or strengthen the foundations of something
167. who _____ted support *adj.* sincere, genuine, and enthusiastic; with complete devotion or commitment
168. the f__k songs of a particular district *n.* people in general, especially those of a particular group or type
169. hold di_____se with him *n.* any form of communication in speech or writing
170. a precise def_____on *n.* a concise explanation of the meaning of a word, phrase, or symbol

ANSWERS: 160. courage, 161. strategy, 162. embrace, 163. childhood, 164. addict, 165. variable, 166. underpin, 167. wholehearted, 168. folk, 169. discourse, 170. definition

171. ch__k bone *n.* either side of the face below the eye and between the nose and the jaw
172. co_____te environment *adj.* of or relating to a large company
173. loyal all_____ce *n.* loyalty or faithfulness to a person, country, cause, or belief; a pledge or oath of loyalty
174. military st_____gy *n.* a detailed plan of action designed to achieve a long-term or overall goal.
175. em_____y for patients *n.* the ability to share another person's feelings or experiences by imagining that person's situation
176. hollowed-out ch__k *n.* either side of the face below the eye and between the nose and the jaw
177. fire st__k *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
178. aw___n at daybreak *v.* to stop sleeping or to cause someone to stop sleeping
179. br_____y under fire *n.* courage in the face of danger
180. indicate a wil_____ss to change *n.* the state of being ready or inclined to do something
181. a n__b mind *adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity
182. ex_____it content *adj.* stated clearly and in detail, leaving no room for confusion or doubt

ANSWERS: 171. cheek, 172. corporate, 173. allegiance, 174. strategy, 175. empathy, 176. cheek, 177. stick, 178. awaken, 179. bravery, 180. willingness, 181. numb, 182. explicit

183. antibiotic med_____on *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
184. cigarette b__t *v.* to strike or push something with the flat end of your hip or buttocks; to hit or knock forcefully; (noun) the remaining end of a smoked cigarette
185. principles of un_____al design *adj.* existing or affecting everywhere or everyone
186. ro_____y explain my idea *adv.* approximately but not precisely; with a violent manner
187. po_____k fillet *n.* (also "pollock") a variety of freshwater fish related to the cod, or a member of a North Atlantic family of marine fish, typically greenish-gray in color
188. ou_____rt the competition *v.* to defeat or best someone through cleverness, cunning, or intelligence, to prevail over someone by being smarter or more strategic
189. mi_____le experience *adj.* very unhappy, uncomfortable, or unpleasant; causing great distress or suffering
190. barren of cr_____ve spirit *adj.* relating to or involving the use of skill and original and unusual ideas to create something
191. chant the ma____a of structural reform *n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation
192. se_____ve readers *adj.* relating to or involving only a small number of a larger group of people or things

ANSWERS: 183. medication, 184. butt, 185. universal, 186. roughly, 187. pollack, 188. outsmart, 189. miserable, 190. creative, 191. mantra, 192. selective

193. h__k through the jungle *v.* to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks
194. the process of se_____ve breeding *adj.* relating to or involving only a small number of a larger group of people or things
195. dec_____ct his method *v.* to break something down into its separate parts to interpret or analyze it; to interpret or analyze a text, an artwork, etc. to show that there is no fixed meaning
196. gen_____on gap *n.* all the people born and living at about the same time, regarded collectively; the production of heat or electricity
197. reduce s__g damage *n.* a common name for any terrestrial gastropod mollusk that appears to lack a shell with soft and black or brown color; a bullet, a shot of alcoholic drink
198. pas_____te speech *adj.* showing intense emotion or strong feeling; characterized by great enthusiasm or zeal; deeply committed to a cause or belief
199. bring la_____er *n.* the act or sound of laughing
200. n__b with cold *adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity
201. di_____ge water *v.* to release or let go of something or someone; to dismiss or terminate an employee or member of an organization; to emit or give off a substance or energy

ANSWERS: 193. hack, 194. selective, 195. deconstruct, 196. generation, 197. slug, 198. passionate, 199. laughter, 200. numb, 201. discharge

202. historical phe_____on *n.* something that exists and can be perceptible, especially one that is not fully understood
203. be___y a friend *v.* to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally
204. br_____y against the enemy *n.* courage in the face of danger
205. poetic me__r *n.* a device used to measure the amount of a particular substance or attribute, such as length, volume, or time; (prosody) the accent in a metrical foot of verse
206. su_____nd a town *v.* to be all around something or somebody
207. ease her hea_____ak *n.* a feeling of great sadness or disappointment
208. fun_____al rights *adj.* forming an essential base or core from which everything else develops or is affected
209. se_____te video into chapter *v.* to force, take, or pull apart; mark as different
210. l__n athletic figure *adj.* having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posture
211. su_____er at discretion *v.* to cease resistance to an enemy or opponent and submit to their authority
212. keen per_____on *n.* a belief, opinion, or image you have based on how you regard, understand, or interpret something; the ability to see, hear, or notice something through the senses

ANSWERS: 202. phenomenon, 203. betray, 204. bravery, 205. meter, 206. surround, 207. heartbreak, 208. fundamental, 209. separate, 210. lean, 211. surrender, 212. perception

213. neu_____ogy research *n.* a field of biology that studies the structure, function, and development of the nervous system, including the brain, spinal cord, and peripheral nerves encompassing a wide range of research topics, including the molecular and cellular processes involved in neural signaling, the organization of neural circuits, and the neural basis of behavior, cognition, and emotion
214. se_____te cream from milk *v.* to force, take, or pull apart; mark as different
215. who_____ted commitment *adj.* sincere, genuine, and enthusiastic; with complete devotion or commitment
216. my_____y novel *n.* something difficult to understand or explain; a secret or enigmatic quality that adds to the fascination or interest of something; a genre of fiction that involves the solution of a crime or a puzzle
217. med_____on by mouth *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
218. te____r group *n.* intense fear; a state of intense fear or alarm
219. bl__k paper *adj.* without any writing or printing; empty or devoid of ideas, information, or meaning; unable to remember or recall information
220. ex____d a lineup *v.* to increase or to make something greater in size, number, or importance

ANSWERS: 213. neurobiology, 214. separate, 215. wholehearted, 216. mystery, 217. medication, 218. terror, 219. blank, 220. expand

221. ro__o bull *n.* a public exhibition of cowboy skills, particularly in North America, featuring events such as calf-roping, steer wrestling, and bull riding
222. feel a sl___t concern *adj.* very small in degree or amount
223. bl__e the lack of knowledge *v.* to think or say that someone or something did something wrong or is responsible for something bad
224. lazy s__g *n.* a common name for any terrestrial gastropod mollusk that appears to lack a shell with soft and black or brown color; a bullet, a shot of alcoholic drink
225. ou_____rt a conspiracy *v.* to defeat or best someone through cleverness, cunning, or intelligence, to prevail over someone by being smarter or more strategic
226. de___e a word *v.* to state or explain precisely the nature, scope, or meaning of something
227. in_____re attachment *adj.* not firm or firmly fixed; likely to fail or give way, or not assured of safety
228. un_____l a plot *v.* undo twisted, knitted, or woven threads by separating it
229. diagnostic mam_____hy *n.* the process of using X-rays to examine the breast for the early detection of breast cancer
230. ac_____ic probation *adj.* associated with schools, colleges, and universities, especially studying and thinking, not with practical skills
231. gu_____ee a high quality *v.* to promise something will happen formally, especially that certain conditions about a product, service, or transaction would be met

ANSWERS: 221. rodeo, 222. slight, 223. blame, 224. slug, 225. outsmart, 226. define, 227. insecure, 228. unravel, 229. mammography, 230. academic, 231. guarantee

232. ex___e rebellion *v.* to make someone feel suddenly enthusiastic or eager
233. feelings of gr_____de *n.* the quality of being thankful; readiness to show appreciation for and to return kindness
234. pH value of seven *n.* a measure of the acidity or alkalinity of a substance, on a scale of 0 to 14, with seven being neutral, lower values indicating greater acidity, and higher values indicating greater alkalinity
235. boys in the twelfth gr__e *n.* a particular level of quality, size, importance, etc.
236. a friendly con_____ion *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
237. ha_____ed connection *adj.* built-in or innate, often referring to behavior or traits that are instinctive or automatic, as if pre-programmed in the brain or genetics
238. ph scale *n.* a measure of the acidity or alkalinity of a substance, on a scale of 0 to 14, with seven being neutral, lower values indicating greater acidity, and higher values indicating greater alkalinity
239. su___e muscles *adj.* flexible and easy to bend or move; gracefully agile; adaptable or responsive to change or new ideas
240. religious fa__h *n.* complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.

ANSWERS: 232. excite, 233. gratitude, 234. ph, 235. grade, 236. conversation, 237. hardwired, 238. ph, 239. supple, 240. faith

241. sp__l a bit of wine *v.* to cause or allow liquid to run or flow over the edge of its container by accident
242. aut_____ity verification *n.* the quality of being real or genuine
243. as___e quality *v.* to give confidence or reassurance to someone; to convince or guarantee someone that something will happen or that something is true
244. di___e the cake into two pieces *v.* to separate or cause to separate into parts or groups
245. ex_____e all other possibilities *v.* to deny someone or something enter to a place or taking part in an activity
246. pre_____on to authority *n.* the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition
247. ex_____e a newcomer *v.* to deny someone or something enter to a place or taking part in an activity
248. have com_____on toward the accident *n.* a strong feeling of sympathy and sadness for another's suffering or bad luck
249. market up___e *n.* the positive aspect or potential of something; the upper side of something
250. Alaska po_____k *n.* (also "pollock") a variety of freshwater fish related to the cod, or a member of a North Atlantic family of marine fish, typically greenish-gray in color
251. gu_____ee women equality *v.* to promise something will happen formally, especially that certain conditions about a product, service, or transaction would be met

ANSWERS: 241. spill, 242. authenticity, 243. assure, 244. divide, 245. exclude, 246. pretension, 247. exclude, 248. compassion, 249. upside, 250. pollack, 251. guarantee

252. bir_____ce of modern soccer *n.* the house, town, etc., where someone was born
253. dis_____ct the water supply *v.* to unfasten or disjoin something, especially to break the connection between a supply of gas, water, or electricity and a piece of equipment
254. the cy__e of the seasons *n.* an interval during which a recurring sequence of events occurs; a bicycle or motorcycle
255. reach ce_____ty about the theory *n.* the state of being certain
256. di_____ge a contract *v.* to release or let go of something or someone; to dismiss or terminate an employee or member of an organization; to emit or give off a substance or energy
257. issue a w__t *n.* a written legal order or command
258. be___y confidence *v.* to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally
259. pro_____nal athlete *adj.* having or showing the skill appropriate to a particular job; competent or skillful
260. ro__o championship *n.* a public exhibition of cowboy skills, particularly in North America, featuring events such as calf-roping, steer wrestling, and bull riding
261. an in_____re future *adj.* not firm or firmly fixed; likely to fail or give way, or not assured of safety
262. traffic in_____nt *n.* an event or occurrence, often unexpected or unplanned; something that happens

ANSWERS: 252. birthplace, 253. disconnect, 254. cycle, 255. certainty, 256. discharge, 257. writ, 258. betray, 259. professional, 260. rodeo, 261. insecure, 262. incident

263. ne_____t ethical issues *v.* to not give enough care or attention to something; to leave something undone
264. mi_____le weather *adj.* very unhappy, uncomfortable, or unpleasant; causing great distress or suffering
265. c__e business activity *n.* the most essential or fundamental part of something
266. constant sp_____al striving *adj.* relating to or affecting the human spirit or soul as opposed to material or physical things
267. dis_____ent with the service *n.* the feeling of sadness, frustration, or dissatisfaction that arises when something does not live up to one's expectations or hopes
268. sp_____al leader *adj.* relating to or affecting the human spirit or soul as opposed to material or physical things
269. co_____te right *adj.* of or relating to a large company
270. per_____on of a stimulus *n.* a belief, opinion, or image you have based on how you regard, understand, or interpret something; the ability to see, hear, or notice something through the senses
271. do_____al research *adj.* of or relating to doctorate (= the highest degree from a university) or the achievement of a doctorate
272. ev_____te a situation *v.* to assess or estimate the quality, significance, quantity, or value of something

ANSWERS: 263. neglect, 264. miserable, 265. core, 266. spiritual, 267. disappointment, 268. spiritual, 269. corporate, 270. perception, 271. doctoral, 272. evaluate

273. central th__e *n.* a subject or topic of discourse or artistic representation
274. have no up___e *n.* the positive aspect or potential of something; the upper side of something
275. b__t into several people *v.* to strike or push something with the flat end of your hip or buttocks; to hit or knock forcefully; (noun) the remaining end of a smoked cigarette
276. abs_____ly against *adv.* without restriction or limitation; completely or utterly
277. bo___g work *adj.* lacking interest or excitement; tedious or dull
278. cr__y about cars and racing *adj.* stupid or not sensible; very angry
279. un_____ in a structure *v.* to support or strengthen the foundations of something
280. jo_____l articles *n.* a newspaper or magazine specialized in a specific topic or profession
281. ten_____ss in the chest *n.* a state or quality of being gentle, caring, or affectionate; sensitivity or responsiveness to the needs or emotions of others; a feeling of softness or soreness in a particular part of the body
282. sh_____e-style sailboat *n.* a type of hard-chined sailboat with a flat bottom, extremely shallow draft, centerboards, and straight, flaring sides; a brand name for a type of permanent marker pen with a pointed tip, typically known for its ability to create bold and long-lasting markings on various surfaces

ANSWERS: 273. theme, 274. upside, 275. butt, 276. absolutely, 277. boring, 278. crazy, 279. underpin, 280. journal, 281. tenderness, 282. sharpie

283. fi___e competition *adj.* severe and violent in a way that is frightening
284. bl__k expression *adj.* without any writing or printing; empty or devoid of ideas, information, or meaning; unable to remember or recall information
285. bo___g day *adj.* lacking interest or excitement; tedious or dull
286. sl___t increase *adj.* very small in degree or amount
287. ba_____t bottle *n.* the provision of financial help to a corporation or country which is on the brink of bankruptcy
288. qua_____ve analysis *adj.* relating to or involving qualities, such as properties, characteristics, or features, rather than quantities or numbers, often used to describe research or analysis that focuses on subjective or non-measurable factors
289. as___e safety *v.* to give confidence or reassurance to someone; to convince or guarantee someone that something will happen or that something is true
290. su___e leather *adj.* flexible and easy to bend or move; gracefully agile; adaptable or responsive to change or new ideas
291. show all_____ce *n.* loyalty or faithfulness to a person, country, cause, or belief; a pledge or oath of loyalty
292. la_____er all around *n.* the act or sound of laughing

ANSWERS: 283. fierce, 284. blank, 285. boring, 286. slight, 287. bailout, 288. qualitative, 289. assure, 290. supple, 291. allegiance, 292. laughter

293. abs_____ly obsessed with the girl *adv.* without restriction or limitation; completely or utterly
294. in_____te a project *v.* to begin or start something; to teach the basics or fundamentals of something to somebody; to formally admit someone into a group or organization
295. overwhelming ten_____ss *n.* a state or quality of being gentle, caring, or affectionate; sensitivity or responsiveness to the needs or emotions of others; a feeling of softness or soreness in a particular part of the body
296. pl____e my fidelity *v.* to make a formal promise to give or do something

ANSWERS: 293. absolutely, 294. initiate, 295. tenderness, 296. pledge

Session 3: Fill in the Blanks

1. He became in _____ after losing his job.
n. something, especially money, goods, or services owed by one person to another; the state of owing something

2. Each person has a unique _____ experience.
n. a very great sadness, especially when somebody dies

3. Some doctor says _____ is the best medicine.
n. the act or sound of laughing

4. Parallel lines are, by _____ lines on the same plane that never cross.
n. a concise explanation of the meaning of a word, phrase, or symbol

5. The industrial _____ laws were passed with little to no alteration.
n. the way two persons or groups of people feel and act toward one another

6. She kept _____ for an ambulance.
v. to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice

7. The data he prepared was completely _____.
n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

8. The police _____ believed this explanation was plausible.
adv. based on what you have heard or read

ANSWERS: 1. debt, 2. grief, 3. laughter, 4. definition, 5. relations, 6. screaming, 7. sham, 8. apparently

9. The mother's _____ was evident as she gently hugged her crying child.
n. a state or quality of being gentle, caring, or affectionate; sensitivity or responsiveness to the needs or emotions of others; a feeling of softness or soreness in a particular part of the body
10. The restaurant serves a delicious _____ stew.
n. (also "pollock") a variety of freshwater fish related to the cod, or a member of a North Atlantic family of marine fish, typically greenish-gray in color
11. The movie had an _____ sex scene that some viewers might find offensive.
adj. stated clearly and in detail, leaving no room for confusion or doubt
12. The _____ office has decided to lay off 10% of the workforce.
adj. of or relating to a large company
13. She was _____ for the help he provided.
adj. feeling or showing an appreciation of kindness; thankful
14. All the supervisor has to do is assign tasks that make his subordinates more _____.
adj. relating to or involving the use of skill and original and unusual ideas to create something
15. Our plan includes a comprehensive marketing _____.
n. a detailed plan of action designed to achieve a long-term or overall goal.
16. He could _____ his opponents with his quick thinking and strategic planning.
v. to defeat or best someone through cleverness, cunning, or intelligence, to prevail over someone by being smarter or more strategic

ANSWERS: 9. tenderness, 10. pollack, 11. explicit, 12. corporate, 13. grateful, 14. creative, 15. strategy, 16. outsmart

17. Some _____ are common across cultures and backgrounds.
- n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
18. Her _____ manner relaxed everyone there.
- adj.* having or showing a kindly or tender nature; soft and mild
19. Many people see the _____ of traveling as an opportunity to experience new cultures and broaden their horizons.
- n.* the positive aspect or potential of something; the upper side of something
20. The _____ level of this soil is too acidic for these types of plants.
- n.* a measure of the acidity or alkalinity of a substance, on a scale of 0 to 14, with seven being neutral, lower values indicating greater acidity, and higher values indicating greater alkalinity
21. He has a _____ demeanor and always presents himself in a polished manner.
- adj.* having or showing the skill appropriate to a particular job; competent or skillful
22. He _____ his health to make the project a success.
- v.* to not give enough care or attention to something; to leave something undone
23. The _____ surrounding the disappearance of the traveler has yet to be solved by authorities.
- n.* something difficult to understand or explain; a secret or enigmatic quality that adds to the fascination or interest of something; a genre of fiction that involves the solution of a crime or a puzzle
24. He is a man admired for the depth of his _____.
- n.* a belief, opinion, or image you have based on how you regard, understand, or interpret something; the ability to see, hear, or notice something through the senses

ANSWERS: 17. emotions, 18. gentle, 19. upside, 20. pH, 21. professional, 22. neglected, 23. mystery, 24. perception

25. The _____ of the discussion was the current state of the economy.
n. a subject that is being discussed or written about
26. Through investigation, his suspicions hardened into _____.
n. the state of being certain
27. The government should do more to _____ sustainable agribusiness.
v. to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
28. He kept his robust _____ in his company.
n. complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.
29. Departments may set requirements for a higher _____ point average.
n. a particular level of quality, size, importance, etc.
30. The lack of funds has resulted in a _____ for our university system.
n. a sudden event that causes extreme ruin and misfortune
31. To advance this discussion, we must _____ "success" rigorously.
v. to state or explain precisely the nature, scope, or meaning of something
32. His infinite love and _____ for everyone never weary.
n. a strong feeling of sympathy and sadness for another's suffering or bad luck
33. He is now fighting his _____ to drugs.
n. the inability to stop using or doing something as a habit, especially something harmful

ANSWERS: 25. topic, 26. certainty, 27. promote, 28. faith, 29. grade, 30. catastrophe, 31. define, 32. compassion, 33. addiction

34. The younger _____ has different values and beliefs than the older one.
n. all the people born and living at about the same time, regarded collectively; the production of heat or electricity
35. A rainbow is a natural _____.
n. something that exists and can be perceptible, especially one that is not fully understood
36. We made a _____ to the client.
n. an official suggestion that something is good or suitable for a particular purpose or job
37. It takes a lot of _____ to stand up for what you believe is right.
n. the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous
38. Five miles is _____ similar to eight kilometers.
adv. approximately but not precisely; with a violent manner
39. She was _____ about her friend's intentions.
adj. not being sure of something; not being able to choose
40. The researchers used a _____ approach to analyze their findings.
adj. relating to or involving qualities, such as properties, characteristics, or features, rather than quantities or numbers, often used to describe research or analysis that focuses on subjective or non-measurable factors
41. The ballerina's _____ movements left the audience mesmerized.
adj. flexible and easy to bend or move; gracefully agile; adaptable or responsive to change or new ideas

ANSWERS: 34. generation, 35. phenomenon, 36. recommendation, 37. courage, 38. roughly, 39. uncertain, 40. qualitative, 41. supple

42. Human behavior has _____ characteristics.

adj. forming an essential base or core from which everything else develops or is affected

43. The doctor warned him that his _____ condition put him at risk for numerous health problems.

adj. excessively overweight, particularly to the point of being a serious health risk; having a body mass index (BMI) of 30 or more

44. The pharmacist not only prescribes the _____ but also guides its proper use.

n. a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease

45. The lecture was so _____ that many people fell asleep.

adj. lacking interest or excitement; tedious or dull

46. She is pursuing a _____ degree in psychology to become a licensed therapist.

adj. of or relating to doctorate (= the highest degree from a university) or the achievement of a doctorate

47. Many countries provided a _____ to the private sector to minimize the economic impact of the coronavirus pandemic.

n. the provision of financial help to a corporation or country which is on the brink of bankruptcy

48. His _____ bedroom is always a source of frustration for his mother.

adj. disorganized and untidy

ANSWERS: 42. fundamental, 43. obese, 44. medication, 45. boring, 46. doctoral, 47. bailout, 48. messy

49. The food chain causes a material _____.

- n.* an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

50. Their _____ argument lasted for hours, neither willing to back down.

- adj.* showing intense emotion or strong feeling; characterized by great enthusiasm or zeal; deeply committed to a cause or belief

51. I underwent aversion _____ for my addiction to alcohol.

- n.* the act of caring for someone through medication, remedial training, etc.

52. Can you _____ 123321 by eleven?

- v.* to separate or cause to separate into parts or groups

53. He had fond memories of his _____ spent playing in the park with his friends.

- n.* the state or time of being a child

54. Infants and pregnant women are particularly _____.

- adj.* capable of being hurt or influenced physically or mentally

55. She finally decided to _____ herself from the company.

- v.* to unfasten or disjoin something, especially to break the connection between a supply of gas, water, or electricity and a piece of equipment

56. The meditation class was focused on finding inner peace and cultivating a more _____ connection with the universe.

- adj.* relating to or affecting the human spirit or soul as opposed to material or physical things

ANSWERS: 49. cycle, 50. passionate, 51. therapy, 52. divide, 53. childhood, 54. vulnerable, 55. disconnect, 56. spiritual

57. Detectives are still attempting to _____ the mystery of his death.
v. undo twisted, knitted, or woven threads by separating it
58. As a frequent _____ I accumulate a lot of miles that I use for vacation trips.
n. (also "flyer") a person who travels by air or an airplane passenger; a leaflet or pamphlet designed to be handed out or posted to provide information or advertise something
59. She was skilled in _____ techniques, such as using different voices for other characters.
n. the act or art of narrating or writing stories
60. The _____ on the wall showed that the room was three meters long.
n. a device used to measure the amount of a particular substance or attribute, such as length, volume, or time; (prosody) the accent in a metrical foot of verse
61. _____ operational improvements often lead to better environmental performance.
adj. having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posture
62. The construction industry is labor _____ although it has been somewhat automated by introducing large machinery.
adj. involving a lot of work or activity in a short time
63. The _____ of students from the science program graduated with top honors.
n. a group of people who share a common characteristic, experience, or background and are usually studied as a single unit in research or analysis; a companion or ally
64. The instinct to protect one's offspring is _____ into many animal species.
adj. built-in or innate, often referring to behavior or traits that are instinctive or automatic, as if pre-programmed in the brain or genetics

ANSWERS: 57. unravel, 58. flier, 59. storytelling, 60. meter, 61. Lean, 62. intensive, 63. cohort, 64. hardwired

65. Some seaweed was used as _____ medicine in ancient times.
n. people in general, especially those of a particular group or type
66. He decided to enjoy his freedom as a _____ before settling down.
n. an unmarried man; a person who holds an undergraduate degree from a college or university
67. Her _____ to help others earned her many friends.
n. the state of being ready or inclined to do something
68. The _____ of civilization is a topic of much debate among historians.
n. the house, town, etc., where someone was born
69. The committee will _____ an investigation into the company's financial records.
v. to begin or start something; to teach the basics or fundamentals of something to somebody; to formally admit someone into a group or organization
70. It's notoriously challenging to _____ birth rates.
v. to state beforehand that something will happen in the future, mainly based on knowledge or experience
71. His _____ of being a gourmet were quickly exposed when he could not identify basic herbs and spices.
n. the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition
72. We need to _____ the aspect of his personality from the part of his competence when making an investment decision.
v. to force, take, or pull apart; mark as different

ANSWERS: 65. folk, 66. bachelor, 67. willingness, 68. birthplace, 69. initiate, 70. predict, 71. pretensions, 72. separate

73. Their _____ strictly prohibits them from drinking or gambling.
n. a deep conviction in a supernatural power that controls human destiny
74. All the books in this section _____ to the library's rare collection and must be handled carefully.
v. to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place
75. His _____ in the face of danger saved the lives of his comrades.
n. courage in the face of danger
76. She vividly _____ getting laid off several years ago.
v. to remember something
77. The meeting aims to _____ possible choices.
v. to assess or estimate the quality, significance, quantity, or value of something
78. Our company has an audit team that monitors directors for _____ of authority.
n. the use of something in an incorrect or harmful manner
79. This blog offers a variety of tips for _____ everyday life.
v. to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks
80. He gently touched her apple-red _____ and whispered that he loved her.
n. either side of the face below the eye and between the nose and the jaw
81. We made _____ modifications to reflect the views of both sides.
adj. very small in degree or amount

ANSWERS: 73. religion, 74. belong, 75. bravery, 76. recalls, 77. evaluate, 78. abuse, 79. hacking, 80. cheek, 81. slight

82. On three sides, mountains _____ the settlement.

v. to be all around something or somebody

83. The cancellation of the concert was a huge _____ for the fans.

n. the feeling of sadness, frustration, or dissatisfaction that arises when something does not live up to one's expectations or hopes

84. Sweet _____ makes short days and nights.

n. any form of communication in speech or writing

85. She repeated her personal _____ to herself to stay motivated.

n. a word or phrase, often repeated, that is used as a focus for the mind during meditation

86. The computer screen displayed nothing but a _____ white screen

adj. without any writing or printing; empty or devoid of ideas, information, or meaning; unable to remember or recall information

87. I am _____ opposed to his idea because of morality.

adv. without restriction or limitation; completely or utterly

88. The government should view children as national assets and actively _____ in them.

v. to put money, effort, time, etc. into something to make a profit or achieve a result

89. He could not _____ against temptation.

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

ANSWERS: 82. surround, 83. disappointment, 84. discourse, 85. mantra, 86. blank, 87. absolutely, 88. invest, 89. struggle

90. _____ is also necessary to understand history.
n. the ability to share another person's feelings or experiences by imagining that person's situation
91. He felt no _____ as the dentist drilled his deadened tooth.
n. a feeling of being uncomfortable physically or mentally or being embarrassed; a slight pain
92. The stages of the play were meticulously _____.
adj. known to be real and what people say it is; not a fake or copy
93. The _____ of the novel is the corrupting influence of power.
n. a subject or topic of discourse or artistic representation
94. The _____ thunders echoed across the plain.
adj. severe and violent in a way that is frightening
95. They had experienced the _____ of losing two children due to premature births.
n. a feeling of great sadness or disappointment
96. Children in an unstructured environment often feel _____.
adj. not firm or firmly fixed; likely to fail or give way, or not assured of safety
97. An excellent historian must possess an _____ mentality.
adj. associated with schools, colleges, and universities, especially studying and thinking, not with practical skills
98. He felt _____ when his best friend revealed their secret to the enemy.
v. to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally

ANSWERS: 90. Empathy, 91. discomfort, 92. authentic, 93. theme, 94. fierce, 95. heartbreak, 96. insecure, 97. academic, 98. betrayed

99. These gas nebulas are merely newborn galactic _____.
- n.* the most essential or fundamental part of something
100. The bomb blast spread _____ among the people.
- n.* intense fear; a state of intense fear or alarm
101. She expressed her _____ towards the kind stranger who helped her.
- n.* the quality of being thankful; readiness to show appreciation for and to return kindness
102. You _____ a bill in the change machine, and the coins pop out.
- v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
103. We _____ our impeded progress on lack of money.
- v.* to think or say that someone or something did something wrong or is responsible for something bad
104. I spotted a giant _____ in the rain garden.
- n.* a common name for any terrestrial gastropod mollusk that appears to lack a shell with soft and black or brown color; a bullet, a shot of alcoholic drink
105. We cannot _____ enough raw material sources.
- v.* to promise something will happen formally, especially that certain conditions about a product, service, or transaction would be met
106. The teacher attempted to _____ the root cause of our mistake.
- v.* to think about in-depth and evaluate to discover essential features or meaning

ANSWERS: 99. cores, 100. terror, 101. gratitude, 102. stick, 103. blamed, 104. slug, 105. guarantee, 106. analyze

107. The _____ pain in his ankle made it difficult to walk.

adj. extremely painful, intense, or distressing; causing great physical or emotional suffering

108. He was determined to _____ everything.

v. to cause or allow liquid to run or flow over the edge of its container by accident

109. Rainfall in the tropics is highly _____.

adj. likely to change or vary often; (noun) a symbol, like x or y, that is used in mathematical or logical expressions to represent a value that may be changed

110. The enemy was forced to _____ after a long battle.

v. to cease resistance to an enemy or opponent and submit to their authority

111. The museum's experts confirmed the _____ of the painting.

n. the quality of being real or genuine

112. He spent the summer restoring an old _____ boat in his grandfather's barn.

n. a type of hard-chined sailboat with a flat bottom, extremely shallow draft, centerboards, and straight, flaring sides; a brand name for a type of permanent marker pen with a pointed tip, typically known for its ability to create bold and long-lasting markings on various surfaces

113. The news of her promotion _____ her.

v. to make someone feel suddenly enthusiastic or eager

114. Women should get regular _____ screenings as a preventative measure for breast cancer.

n. the process of using X-rays to examine the breast for the early detection of breast cancer

ANSWERS: 107. excruciating, 108. spill, 109. variable, 110. surrender, 111. authenticity, 112. sharpie, 113. excited, 114. mammography

115. She put her _____ effort into finishing the project on time.
adj. sincere, genuine, and enthusiastic; with complete devotion or commitment
116. The research findings _____ the theory that human activities cause global warming.
v. to support or strengthen the foundations of something
117. The picture earned near-_____ acclaim from critics.
adj. existing or affecting everywhere or everyone
118. They removed _____ content from the slides.
adj. not connected with or related to something and therefore not important
119. These infections have the potential to impact practically every _____ system.
n. a part of the body of an animal or plant that has a particular purpose and performs a specific job
120. We have become TV _____ due to video streaming services.
n. a person who cannot stop using or doing something as a habit, especially something harmful
121. The phone rang at the most _____ time.
adj. suitable or happening at a time that is suitable or convenient for a particular purpose
122. The _____ of the machinery caused a delay in production.
n. a failure or collapse of a system or organization
123. At this ceremony, We will _____ allegiance to the country's flag.
v. to make a formal promise to give or do something

ANSWERS: 115. wholehearted, 116. underpin, 117. universal, 118. irrelevant, 119. organ, 120. addicts, 121. opportune, 122. breakdown, 123. pledge

124. The bull rider held on tightly during the _____ event.

- n.* a public exhibition of cowboy skills, particularly in North America, featuring events such as calf-roping, steer wrestling, and bull riding

125. My left arm became _____.

- adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity

126. The soldiers pledged their _____ to their country.

- n.* loyalty or faithfulness to a person, country, cause, or belief; a pledge or oath of loyalty

127. The professor's research in _____ has led to groundbreaking discoveries in the field of brain science.

- n.* a field of biology that studies the structure, function, and development of the nervous system, including the brain, spinal cord, and peripheral nerves encompassing a wide range of research topics, including the molecular and cellular processes involved in neural signaling, the organization of neural circuits, and the neural basis of behavior, cognition, and emotion

128. The friend's death _____ them.

- v.* to stop sleeping or to cause someone to stop sleeping

129. The physician is reading the _____ related to medicine

- n.* a newspaper or magazine specialized in a specific topic or profession

130. She employed a rigorous intellectual framework to _____ various categories of literature.

- v.* to break something down into its separate parts to interpret or analyze it; to interpret or analyze a text, an artwork, etc. to show that there is no fixed meaning

ANSWERS: 124. rodeo, 125. numb, 126. allegiance, 127. neurobiology, 128. awakens, 129. journals, 130. deconstruct

131. The goats often _____ heads when they are fighting for dominance.

- v.* to strike or push something with the flat end of your hip or buttocks; to hit or knock forcefully; (noun) the remaining end of a smoked cigarette

132. I want to _____ you that you have my full support.

- v.* to give confidence or reassurance to someone; to convince or guarantee someone that something will happen or that something is true

133. The judge's ruling was based on the principles of _____ and fairness.

- n.* the quality of being fair and reasonable and treating people equally according to their due

134. She felt _____ after her dog passed away.

- adj.* very unhappy, uncomfortable, or unpleasant; causing great distress or suffering

135. He created an _____ shaped torso.

- adv.* in a faulty or incomplete way

136. The cost for the trip _____ food and beverages.

- v.* to deny someone or something enter to a place or taking part in an activity

137. The woods _____ the house.

- v.* to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection

138. He was served with a _____ of eviction, giving him the notice to vacate the property.

- n.* a written legal order or command

ANSWERS: 131. butt, 132. assure, 133. justice, 134. miserable, 135. imperfectly, 136. excludes, 137. embrace, 138. writ

139. There is a lot of _____ nature and food in Hawaii.

adj. inspiring fear, admiration, or respect; very good, nice, fun, etc.

140. The little girl dressed up as a mischievous _____ for Halloween.

n. a mythical creature, often depicted as a small, mischievous, and playful fairy-like being with pointed ears, sometimes associated with forests or nature

141. Your _____ reflects your thoughts.

n. an informal talk between two or more people to exchange their views, ideas, information, etc.

142. The _____ at the airport caused a delay in my flight.

n. an event or occurrence, often unexpected or unplanned; something that happens

143. The hospital will _____ the patient as soon as their condition stabilizes.

v. to release or let go of something or someone; to dismiss or terminate an employee or member of an organization; to emit or give off a substance or energy

144. It seems _____ that he has forgotten our scheduled meeting.

adj. likely to happen or likely to be true

145. The rain and thunder are _____ today.

adj. stupid or not sensible; very angry

146. This medication is _____ in its effects.

adj. relating to or involving only a small number of a larger group of people or things

ANSWERS: 139. awesome, 140. pixie, 141. conversation, 142. incident, 143. discharge, 144. probable, 145. crazy, 146. selective

147. We all should learn how to _____ stress.

v. to deal with a situation, problem, or strong emotion

148. They hope to _____ their business worldwide.

v. to increase or to make something greater in size, number, or importance

ANSWERS: 147. handle, 148. expand