

# Englist.me



## Vocabulary Builder Reference from...

*Baba Shiv: Sometimes it's good to give up the driver's seat | TED Talk*

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### All Words

#### IMPORTANT

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## Session 1: Word List

### slightly

*adv.* in a small degree or extent; a little

*synonym* : barely, narrowly, scarcely

(1) increase **slightly**, (2) **slightly** alkaline soils

He moved his body **slightly** to the left.

### somber

*adj.* having a serious or sad atmosphere or character; gloomy or dark

*synonym* : gloomy, dark, dreary

(1) a suit of **somber** black, (2) **somber** atmosphere

The **somber** mood at the funeral was palpable.

### diagnose

*v.* to determine or distinguish the nature of a problem or an illness through a careful analysis

*synonym* : identify, analyze, interpret

(1) **diagnose** the problem, (2) **diagnose** with CT scans

This device is used to **diagnose** brain cancer and other tumors.

### breast

*n.* either of the two round soft parts of a woman's chest which secrete milk after childbirth

*synonym* : bosom, chest, bust

(1) **breast** cancer, (2) the mountain's **breast**

He grilled the **breast** meat of a chicken.

## cancer

*n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

*synonym* : tumor, carcinoma, malignancy

(1) **cancer** diagnosis, (2) **cancer** research

Breast **cancer** is the most common type of cancer in women.

## harrowing

*adj.* causing distress or suffering; extremely distressing

*synonym* : traumatic, torturous, distressing

(1) **harrowing** battle, (2) **harrowing** journey

Her **harrowing** experience in the war had left her with deep emotional scars.

## initial

*adj.* of or happening at the beginning; (noun) the first letter of a word, especially a person's name

*synonym* : basic, primary, beginning

(1) **initial** velocity, (2) an **initial** letter

They took the **initial** step toward reconciliation.

## shock

*n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

*synonym* : amazement, surprise, stunner

(1) death from **shock**, (2) **shock-resistant**

He got an electric **shock** at work.

## absolutely

*adv.* without restriction or limitation; completely or utterly

*synonym* : completely, utterly, definitely

(1) **absolutely** against, (2) **absolutely** obsessed with the girl

I am **absolutely** opposed to his idea because of morality.

## horrify

*v.* to shock or disgust greatly

*synonym* : shock, dismay, terrify

(1) **horrify** audience, (2) **horrify** victims

The series of terrorist attacks **horrify** the entire nation.

## agon

*n.* a contest or competition, typically one in which participants exert themselves physically or mentally to achieve victory or surpass others

*synonym* : struggle, conflict, fight

(1) emotional **agon**, (2) an **agon** of creativity

The weightlifting competition brought together athletes from different countries for an international **agon**.

## decision

*n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options

*synonym* : choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**

She was struggling to make a **decision** between two job offers.

## thrust

*v.* to push or drive forcibly; to impose or insert; (noun) the force used in pushing

*synonym* : push, shove, prod

(1) **thrust** a dagger home, (2) **thrust** a plate away

The engine **thrust** the rocket into space.

## mastectomy

*n.* a surgical operation to remove all or part of a breast, most often as a treatment for breast cancer or other malignant tumors

*synonym* : surgery, breast removal, excision

(1) double **mastectomy**, (2) undergo a **mastectomy**

She had to have a **mastectomy** after being diagnosed with breast cancer.

## lumpectomy

*n.* a surgical operation in which a tumor or lump, especially a cancerous one, is removed from the breast or other part of the body while preserving as much healthy tissue as possible

*synonym* : breast-conserving surgery, excisional biopsy

(1) early-stage **lumpectomy**, (2) **lumpectomy** surgery

She underwent a partial **lumpectomy** to remove the

cancerous lump from her breast.

## aggressive

*adj.* behaving in an angry, energetic, or threatening way towards another person; tending to spread quickly

*synonym*: assertive, combative, threatening

(1) an **aggressive** war, (2) an **aggressive** tumor

An **aggressive** tide wrecked the ship.

## treatment

*n.* the way in which someone deals with or behaves towards someone or something; medical care provided to a patient for an injury or illness.

*synonym*: remedy, antidote, medicine

(1) first-aid **treatment**, (2) **treatment** by diet

The primary purpose of the **treatment** is pain relief.

## simplistic

*adj.* oversimplified or lacking in complexity or depth; characterized by an attempt to explain something complex or multifaceted with overly vague or simple terms

*synonym*: basic, uncomplicated, elementary

(1) **simplistic** approach, (2) **simplistic** design

The politician's solution to the problem was too **simplistic** to solve the underlying issue.

## probable

*adj.* likely to happen or likely to be true

*synonym*: likely, possible, potential

(1) **probable** outcome, (2) **probable** cause of a fire

It seems **probable** that he has forgotten our scheduled meeting.

## wisdom

*n.* the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions

*synonym*: sagacity, discernment, insight

(1) a fountain of **wisdom**, (2) **wisdom** literature

The community greatly respected and sought after the older adult's **wisdom**.

## adage

*n.* a short and memorable saying or phrase that expresses a commonly held truth or belief, often based on experience or tradition; a proverb or maxim

*synonym* : saying, proverb, maxim

(1) proverbial **adage**, (2) famous **adage**

He lived by the wise **adage** "honesty is the best policy" and was respected for his straightforward approach.

## importance

*n.* the quality of being important and worthy of note

*synonym* : significance, primacy, matter

(1) a man of **importance**, (2) high **importance**

I stopped by the branch though I have no business of **importance**.

## validity

*n.* the state or quality of being true, correct, justified, or legally recognized

*synonym* : legitimacy, soundness, credibility

(1) **validity** check, (2) clinical **validity**

The second round of testing confirmed the **validity** of the test results.

## context

*n.* the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning

*synonym* : background, setting, environment

(1) historical **context**, (2) legal **context**

It's important to understand the **context** of a situation before making a decision.

## adviser

*n.* a person who gives advice about a particular subject

*synonym* : consultant, guide, expert

(1) a medical **adviser**, (2) chief **adviser**

After retiring, he continued to be an **adviser** to politicians.

## participate

*v.* to take part in something

*synonym* : take part, partake, enter

(1) **participate** fully in conversation, (2) **participate** in the program

The majority of students actively **participated** in the college's intramural sports program.

## puzzle

*n.* a situation that is difficult to follow or solve; a game, problem, or toy that tests a person's ingenuity or knowledge; (verb) to cause someone to feel confused because of something difficult to understand

*synonym*: plight, maze, (verb) perplex

(1) crossword **puzzle**, (2) mathematical **puzzle**

This jigsaw **puzzle** is challenging because there are no pictures.

## momentary

*adj.* lasting for only a brief moment or an extremely short period of time; occurring momentarily

*synonym*: fleeting, temporary, brief

(1) **momentary** pause, (2) **momentary** distraction

The **momentary** lapse in concentration caused her to miss the crucial shot.

## chant

*n.* a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation

*synonym*: hymn, mantra, (verb) recite

(1) **chant** melodies, (2) **chant** in the chapel

The soccer game crowd broke into a **chant** of "Go, team, go!"

## consume

*v.* to spend something, especially fuel, energy, or time, in a large amount

*synonym*: absorb, ingest, use up

(1) **consume** a large of alcohol, (2) **consume** electricity

A smaller car will **consume** less fuel.

## statistics

*n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

(1) **statistics** for cancer, (2) official **statistics**

The **statistics** demonstrate that poverty and unemployment are genuine problems.

## simultaneously

*adv.* at the same time

*synonym*: concurrently, coincidentally, together

(1) **simultaneously** affected, (2) take several inputs **simultaneously**

Two students answered the teacher's question **simultaneously**.

## alert

*v.* to warn or arouse to a sense of danger; (adjective) paying close attention or being in a state of readiness for action

*synonym*: warn, inform, (adjective) vigilant

(1) **alert** consumers to the dangers, (2) **alert** system

The company's cybersecurity team **alerted** the CEO to potential threats.

## caffeine

*n.* a stimulant drug that is found in coffee, tea, and other beverages and that is used to increase alertness and improve mental and physical performance

*synonym*: stimulant

(1) **caffeine** intake, (2) coffee with the **caffeine** removed

She experienced headaches and fatigue as symptoms of **caffeine** withdrawal after quitting coffee.

## calm

*adj.* not excited, angry, or nervous; free from wind, large waves

*synonym*: quiet, peaceful, tranquility

(1) **calm** sea, (2) **calm** manner

It was the first time in a long time that I felt truly **calm** and at peace.

## agitated

*adj.* characterized by a state of anxiety, nervous excitement, or restlessness; stirred up or disturbed in a physical or emotional way

*synonym*: nervous, troubled, restless

(1) **agitated** state, (2) **agitated** behavior

The **agitated** dog kept barking at the door, wanting to go outside.

## chamomile

*n.* a flowering plant with small daisy-like flowers, typically used to make herbal tea or as an ingredient in traditional medicine for its calming and soothing properties

(1) **chamomile** essential oil, (2) soothing **chamomile**

I enjoy drinking **chamomile** tea before bed to help me relax and sleep better.

## random

*adj.* made, done, or happening without method, conscious decision, or any regular pattern

*synonym*: incidental, arbitrary, unanticipated

(1) a **random** choice, (2) bombs fell at **random**

To find drunk drivers, police conduct **random** tests.

## assign

*v.* to give a specific job or piece of work to a someone

*synonym*: entrust, delegate, designate

(1) **assign** projects, (2) **assign** top priority

Please **assign** a different color to each other kind of item.

## imaginary

*adj.* existing only in someone's mind

*synonym*: fictional, ideal, fantastical

(1) **imaginary** number, (2) **imaginary** pregnancy

Little children tend to have **imaginary** friends.

## folk

*n.* people in general, especially those of a particular group or type

*synonym*: community, family, person

(1) **folk** art, (2) the **folk** songs of a particular district

Some seaweed was used as **folk** medicine in ancient times.

## decide

*v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

*synonym*: choose, determine, settle



(1) **decide** a question, (2) **decide** on a course of action  
She couldn't **decide** whether to order the pizza or the pasta for dinner.

## extreme

*adj.* very great in amount or degree  
*synonym* : farthestmost, outermost, fierce

(1) **extreme** sports, (2) **extreme** weather events  
Solar gravity creates **extreme** pressures and temperatures.

## scenario

*n.* a description of possible actions or events in the future;  
a written outline of a play, film, or literary work  
*synonym* : plan, scheme, procedure

(1) the worst case **scenario**, (2) number of different **scenarios**

The president prepared several possible **scenarios** for an enemy attack.

## ingredient

*n.* one of the things used to make something, especially one of the foods used to make a particular dish  
*synonym* : element, component

(1) secret **ingredients**, (2) compound the **ingredients**  
Greed is the primary **ingredient** in the making of criminals.

## stab

*v.* to cause harm with a sharp, pointed object, such as a knife  
*synonym* : poke, thrust, jab

(1) **stab** at the enemy with a knife, (2) **stab** in the chest  
He was **stabbed** many times with scissors.

## pulpit

*n.* a raised platform or lectern in a church or synagogue from which a member of the clergy delivers a sermon or religious address  
*synonym* : soapbox, podium, lectern

(1) church **pulpit**, (2) standing at the **pulpit**  
The preacher delivered a sermon from the **pulpit**, inspiring the congregation.

## calibrate

*v.* to measure or adjust something, typically a machine or device, to ensure accurate functioning or to match a standard or desired level of performance

*synonym* : adjust, fine-tune

(1) **calibrate** machinery, (2) **calibrate** measurements

It's important to **calibrate** the equipment regularly to ensure accurate results.

## difficulty

*n.* a condition or state that causes problems

*synonym* : hardship, complication, problem

(1) the degree of **difficulty**, (2) **difficulty** in breathing

He has **difficulty** exercising because of a back injury sustained in an accident.

## expertise

*n.* specialized knowledge or skills in a particular field or subject; expert proficiency or knowledge

*synonym* : knowledge, skill, mastery

(1) marketing **expertise**, (2) demonstrate **expertise**

The company's success can be attributed to the **expertise** of its employees.

## tricky

*adj.* requiring care and skill because challenging to do or deal with

*synonym* : thorny, problematic, crafty

(1) **tricky** problem, (2) a **tricky** recipe to follow

We have discussed the entirety of this **tricky** problem.

## instinct

*n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true

*synonym* : intuition, aptitude, feeling

(1) **instinct** for self-preservation, (2) aggressive **instinct**

When faced with a dangerous situation, his initial **instinct** was to flee.

## unstick

*v.* to free something that is stuck or adhering to something else

*synonym* : detach, remove, free

(1) **unstick** the door, (2) **unstick** the pages of a book  
I had to use a knife to **unstick** the envelope from the table.

## embark

*v.* to go on board a ship or plane; to set out on an enterprise or subject of study; to start something

*synonym* : enter, undertake, commence

(1) **embark** on a trip, (2) **embark** on a foolish adventure  
We **embarked** on a new project.

## outcome

*n.* the result or effect of an action, event, etc.

*synonym* : result, consequence, effect

(1) improved student **outcomes**, (2) a desirable **outcome**  
They awaited news of the **outcome** of the election.

## observe

*v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion

*synonym* : watch, monitor, scrutinize

(1) **observe** a tradition, (2) **observe** wildlife

It is important to **observe** safety procedures in the workplace to prevent accidents.

## persistent

*adj.* continuing firmly or obstinately in the course of action despite difficulty or opposition; lasting or enduring without fading or being lost over time

*synonym* : tenacious, steadfast, unrelenting

(1) **persistent** cough, (2) **persistent** data

Despite the setbacks, he remained **persistent** in his pursuit of his dreams.

## objective

*n.* a goal, aim, or purpose that is intended or sought after; a goal that is based on facts, evidence, or unbiased reasoning rather than personal opinions, feelings, or beliefs; (adjective) of or relating something that is based on facts and not influenced by personal feelings or

biases

*synonym* : goal, purpose, aim

(1) **objective** assessment, (2) financial **objective**

The study's main **objective** is to identify risk factors for heart disease.

**attempt**

*n.* an act or effort of trying to do something, especially something difficult

*synonym* : endeavor, effort, try

(1) the **attempt** to rescue the hostages, (2) a reckless **attempt**

The third **attempt** was far more successful.

**elapse**

*v.* to pass or go by, especially about time; to slip away unnoticed

*synonym* : pass, proceed, advance

(1) much time had **elapsed**, (2) **elapse** from the announced start time

Five minutes have **elapsed** since we began the experiment.

**situ**

*adj.* short for "situated," meaning located or placed in a particular position or circumstance

*synonym* : situational, contextual, circumstantial

(1) ex- **situ** conservation, (2) in- **situ** control

Melanoma in **situ** is considered the earliest stage of melanoma and has a high cure rate with appropriate treatment.

**favorable**

*adj.* having a positive or beneficial attitude or effect; expressing approval, support, or agreement

*synonym* : advantageous, beneficial, positive

(1) **favorable** conditions, (2) **favorable** response

The positive reviews were a **favorable** sign for the new restaurant in town.

## acronym

*n.* a word formed from the first letter of each word in a phrase, such as NASA (National Aeronautics and Space Administration) or AIDS (Acquired Immune Deficiency Syndrome)

*synonym*: abbreviation, initialism, shortcut

(1) **acronym** definition, (2) use an **acronym**

RADAR is an **acronym** for radio detection and ranging.

## invest

*v.* to put money, effort, time, etc. into something to make a profit or achieve a result

*synonym*: fund, sponsor, support

(1) **invest** in stocks, (2) **invest** capital

The government should view children as national assets and actively **invest** in them.

## volatile

*adj.* likely to change rapidly or unexpectedly, or being unstable or explosive

*synonym*: unstable, unpredictable, explosive

(1) highly- **volatile** elements, (2) **volatile** markets

Their relationship was **volatile** and prone to sudden outbursts of anger.

## medical

*adj.* relating to the treatment of illness or injuries; relating to the practice of medicine

*synonym*: health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment

The **medical** team worked quickly to save the patient's life.

## immediate

*adj.* happening or done without delay or occurring shortly after something else

*synonym*: prompt, quick, instantaneous

(1) take **immediate** effect, (2) the **immediate** past

Both forts were subject to **immediate** attacks.

## negative

*adj.* having the quality of something bad or harmful; expressing refusal

*synonym*: minus, adverse, pessimistic

(1) have a **negative** effect, (2) a **negative** number  
The movie has received almost universally **negative** criticism.

## deck

*n.* a flat surface that is usually made of wood or other material and is attached to a building, vehicle, or other structure

*synonym* : platform, veranda, patio

(1) **deck** chairs, (2) hands on **deck**

She sat on the ship's **deck**, watching the sunset over the ocean.

## stack

*n.* a pile of something arranged or laid one on top of another; a large tall chimney through which combustion gases and smoke can be evacuated

*synonym* : accumulation, heap, pile

(1) high **stack**, (2) a large **stack** of paper

The earthquake caused a **stack** of lumber to crumble noisily.

## domain

*n.* a specific sphere of influence or control; a specific field of knowledge or expertise

*synonym* : territory, realm, sphere

(1) **domain** of use, (2) a dependent **domain**

The company's **domain** in the market was expanding to new territories.

## concrete

*adj.* existing in a physical or material form rather than an abstract one; based on facts rather than ideas or guesses; made of or covered with cement

*synonym* : actual, factual, hardened

(1) a **concrete** noun, (2) **concrete** examples

The president asked for a more **concrete** plan.

## ambiguous

*adj.* open to more than one interpretation; not clear or decided

*synonym* : unclear, uncertain, equivocal

(1) **ambiguous** situation, (2) clarify **ambiguous** points

The instructions provided were **ambiguous** and confused the team.

## immediacy

*n.* the quality of being immediate, close, or present; the sense of urgency or importance; the act of responding or attending to something promptly

*synonym* : urgency, importance, promptness

(1) **immediacy** of impact, (2) feel a sense of **immediacy**

The **immediacy** of the situation required quick action to be taken to prevent any further damage or harm.

## agency

*n.* an organization or business that is responsible for specific activities or services, especially when representing other organizations or businesses; the capacity or power to act or exert influence; the ability to make decisions and take action

*synonym* : organization, bureau, institution

(1) real estate **agency**, (2) intelligence **agency**

The government **agency** regulated the country's food and drug safety standards.

## responsible

*adj.* answerable or accountable for something within one's power, control, or management

*synonym* : accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer service

She's a **responsible** pet owner who ensures her dog gets enough exercise and a healthy diet.

## forego

*v.* to precede or go before something in time or order; to give up, relinquish or do without something, usually by choice or obligation

*synonym* : antecede, precede, relinquish

(1) **forego** dessert, (2) **forego** the privilege

The company decided to **forego** the expensive advertising campaign and instead rely on word of mouth.

## cast

*v.* to cause light or shadow to appear on a surface; to assign or choose someone such as an actor or representative, especially by selection process

*synonym* : throw, project, select

(1) **cast** a ballot, (2) **cast** a charming eye

This accident **cast** a dark shadow over their lives.

## doubt

*n.* a feeling of being uncertain about something, especially about how good or accurate it is

*synonym* : distrust, suspect, mistrust

(1) dispel **doubts**, (2) no **doubt** about the news

**Doubt** is the start, not the end, of intelligence.

## confidence

*n.* the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something

*synonym* : self-trust, certainty, belief

(1) **confidence** as a teacher, (2) boost my **confidence**

Skill and **confidence** are an unconquered army.

## patient

*n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

*synonym* : client, recipient, subject

(1) **patient** in the hospital, (2) **patient** with weight loss

The doctor carefully examined the **patient's** medical history.

## physically

*adv.* in a way related to a person's body or appearance rather than their mind

(1) **physically** and mentally, (2) stay **physically** fit

Having a **physically** healthy physique is essential for a great life.

## hasten

*v.* to move or act quickly; to cause or encourage something to happen sooner or more rapidly; to accelerate or speed up

*synonym* : accelerate, hurry, rush



(1) **hasten** the process, (2) **hasten** the arrival  
I need to **hasten** my speed to finish the race on time.

## recover

*v.* to return to a former condition, health, mind, or strength  
*synonym*: come back, convalesce, heal

(1) **recover** a loss, (2) **recover** approval ratings  
She is still **recovering** from a shot to her shoulder.

## process

*n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

*synonym*: procedure, method, system

(1) **process** improvement, (2) decision-making **process**  
The **process** for applying for a visa can be lengthy and complicated.

## advocate

*n.* a person who supports or suggests an idea, development, or way of doing something

*synonym*: proponent, exponent, promoter

(1) an **advocate** of disarmament, (2) public education **advocates**

**Advocates** of abolishing the death penalty often argue that the alternative heaviest sentence should be life in prison.

## upbeat

*adj.* positive, optimistic, or enthusiastic in attitude or outlook; having a lively or energetic rhythm or tempo, especially in music

*synonym*: optimistic, positive, hopeful

(1) **upbeat** attitude, (2) remain **upbeat** about the future

The **upbeat** music helped to lift her spirits and put her in a good mood.

## remission

*n.* a period of time when a disease or condition is no longer present or active; a lessening or reduction of symptoms or intensity; forgiveness or pardon for sins or debts

*synonym* : forgiveness, amnesty, absolution

(1) complete **remission**, (2) clinical **remission**

The cancer patient was delighted to hear that their disease was in **remission**.

## mention

v. to speak or write about something or someone briefly

*synonym* : reference, allude, cite

(1) **mention** name, (2) **mention** in a report

I **mentioned** to him that I had seen his sister at the grocery store earlier that day.

## Session 2: Spelling

- |                              |   |
|------------------------------|---|
| 1. a dependent do___n        | <i>n.</i> a specific sphere of influence or control; a specific field of knowledge or expertise   |
| 2. sh__k-resistant           | <i>n.</i> a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant                     |
| 3. first-aid tr_____nt       | <i>n.</i> the way in which someone deals with or behaves towards someone or something; medical care provided to a patient for an injury or illness. |
| 4. death from sh__k          | <i>n.</i> a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant                     |
| 5. fo___o dessert            | <i>v.</i> to precede or go before something in time or order; to give up, relinquish or do without something, usually by choice or obligation       |
| 6. par_____te in the program | <i>v.</i> to take part in something   |
| 7. th___t a plate away       | <i>v.</i> to push or drive forcibly; to impose or insert; (noun) the force used in pushing  |
| 8. up___t attitude           | <i>adj.</i> positive, optimistic, or enthusiastic in attitude or outlook; having a lively or energetic rhythm or tempo, especially in music         |

ANSWERS: 1. domain, 2. shock, 3. treatment, 4. shock, 5. forego, 6. participate, 7. thrust, 8. upbeat

9. crossword pu\_\_\_e *n.* a situation that is difficult to follow or solve; a game, problem, or toy that tests a person's ingenuity or knowledge; (verb) to cause someone to feel confused because of something difficult to understand
10. church pu\_\_\_t *n.* a raised platform or lectern in a church or synagogue from which a member of the clergy delivers a sermon or religious address
11. re\_\_\_\_\_r a loss *v.* to return to a former condition, health, mind, or strength
12. legal co\_\_\_\_\_t *n.* the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning
13. real estate ag\_\_\_\_y *n.* an organization or business that is responsible for specific activities or services, especially when representing other organizations or businesses; the capacity or power to act or exert influence; the ability to make decisions and take action
14. ob\_\_\_\_\_e a tradition *v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion
15. fo\_\_\_o the privilege *v.* to precede or go before something in time or order; to give up, relinquish or do without something, usually by choice or obligation

ANSWERS: 9. puzzle, 10. pulpit, 11. recover, 12. context, 13. agency, 14. observe, 15. forego

16. s\_\_b at the enemy with a knife      *v.* to cause harm with a sharp, pointed object, such as a knife
17. par\_\_\_\_\_te fully in conversation      *v.* to take part in something
18. in\_\_\_t in stocks      *v.* to put money, effort, time, etc. into something to make a profit or achieve a result
19. double mas\_\_\_\_\_my      *n.* a surgical operation to remove all or part of a breast, most often as a treatment for breast cancer or other malignant tumors
20. mo\_\_\_\_\_ry distraction      *adj.* lasting for only a brief moment or an extremely short period of time; occurring momentarily
21. take im\_\_\_\_\_te effect      *adj.* happening or done without delay or occurring shortly after something else
22. a large st\_\_k of paper      *n.* a pile of something arranged or laid one on top of another; a large tall chimney through which combustion gases and smoke can be evacuated
23. temporary me\_\_\_\_\_l treatment      *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
24. a medical ad\_\_\_\_\_r      *n.* a person who gives advice about a particular subject
25. in\_\_\_\_\_ct for self-preservation      *n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true
26. coffee with the ca\_\_\_\_\_ne removed      *n.* a stimulant drug that is found in coffee, tea, and other beverages and that is used to increase alertness and improve mental and physical performance

ANSWERS: 16. stab, 17. participate, 18. invest, 19. mastectomy, 20. momentary, 21. immediate, 22. stack, 23. medical, 24. adviser, 25. instinct, 26. caffeine

27. fa\_\_\_\_\_le response *adj.* having a positive or beneficial attitude or effect; expressing approval, support, or agreement
28. c\_\_t a ballot *v.* to cause light or shadow to appear on a surface; to assign or choose someone such as an actor or representative, especially by selection process
29. the degree of dif\_\_\_\_\_ty *n.* a condition or state that causes problems
30. remain up\_\_\_t about the future *adj.* positive, optimistic, or enthusiastic in attitude or outlook; having a lively or energetic rhythm or tempo, especially in music
31. ex-s\_\_u conservation *adj.* short for "situated," meaning located or placed in a particular position or circumstance
32. mo\_\_\_\_\_ry pause *adj.* lasting for only a brief moment or an extremely short period of time; occurring momentarily
33. the at\_\_\_\_\_t to rescue the hostages *n.* an act or effort of trying to do something, especially something difficult
34. abs\_\_\_\_\_ly against *adv.* without restriction or limitation; completely or utterly
35. sim\_\_\_\_\_sly affected *adv.* at the same time
36. take several inputs sim\_\_\_\_\_sly *adv.* at the same time
37. ex\_\_\_\_\_e sports *adj.* very great in amount or degree
38. a ne\_\_\_\_\_ve number *adj.* having the quality of something bad or harmful; expressing refusal

ANSWERS: 27. favorable, 28. cast, 29. difficulty, 30. upbeat, 31. situ, 32. momentary, 33. attempt, 34. absolutely, 35. simultaneously, 36. simultaneously, 37. extreme, 38. negative

39. im\_\_\_\_\_ry pregnancy *adj.* existing only in someone's mind
40. so\_\_\_r atmosphere *adj.* having a serious or sad atmosphere or character; gloomy or dark
41. a suit of so\_\_\_r black *adj.* having a serious or sad atmosphere or character; gloomy or dark
42. de\_\_\_e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
43. the im\_\_\_\_\_te past *adj.* happening or done without delay or occurring shortly after something else
44. in\_\_\_t capital *v.* to put money, effort, time, etc. into something to make a profit or achieve a result
45. a selfish de\_\_\_\_\_on *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
46. res\_\_\_\_\_le for a customer service *adj.* answerable or accountable for something within one's power, control, or management
47. im\_\_\_\_\_cy of impact *n.* the quality of being immediate, close, or present; the sense of urgency or importance; the act of responding or attending to something promptly
48. co\_\_\_\_\_e a large of alcohol *v.* to spend something, especially fuel, energy, or time, in a large amount
49. hands on d\_\_k *n.* a flat surface that is usually made of wood or other material and is attached to a building, vehicle, or other structure

ANSWERS: 39. imaginary, 40. somber, 41. somber, 42. decide, 43. immediate, 44. invest, 45. decision, 46. responsible, 47. immediacy, 48. consume, 49. deck

50. per\_\_\_\_\_nt data *adj.* continuing firmly or obstinately in the course of action despite difficulty or opposition; lasting or enduring without fading or being lost over time
51. aggressive in\_\_\_\_\_ct *n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true
52. as\_\_\_\_n top priority *v.* to give a specific job or piece of work to a someone
53. have a ne\_\_\_\_\_ve effect *adj.* having the quality of something bad or harmful; expressing refusal
54. con\_\_\_\_\_ce as a teacher *n.* the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
55. a desirable ou\_\_\_\_\_e *n.* the result or effect of an action, event, etc.
56. famous ad\_\_\_\_e *n.* a short and memorable saying or phrase that expresses a commonly held truth or belief, often based on experience or tradition; a proverb or maxim
57. high st\_\_k *n.* a pile of something arranged or laid one on top of another; a large tall chimney through which combustion gases and smoke can be evacuated
58. high imp\_\_\_\_\_ce *n.* the quality of being important and worthy of note
59. highly-vo\_\_\_\_\_le elements *adj.* likely to change rapidly or unexpectedly, or being unstable or explosive

ANSWERS: 50. persistent, 51. instinct, 52. assign, 53. negative, 54. confidence, 55. outcome, 56. adage, 57. stack, 58. importance, 59. volatile



60. ca\_\_\_\_ne intake *n.* a stimulant drug that is found in coffee, tea, and other beverages and that is used to increase alertness and improve mental and physical performance
61. mathematical pu\_\_\_\_e *n.* a situation that is difficult to follow or solve; a game, problem, or toy that tests a person's ingenuity or knowledge; (verb) to cause someone to feel confused because of something difficult to understand
62. ac\_\_\_\_m definition *n.* a word formed from the first letter of each word in a phrase, such as NASA (National Aeronautics and Space Administration) or AIDS (Acquired Immune Deficiency Syndrome)
63. c\_\_m sea *adj.* not excited, angry, or nervous; free from wind, large waves
64. re\_\_\_\_r approval ratings *v.* to return to a former condition, health, mind, or strength
65. c\_\_t a charming eye *v.* to cause light or shadow to appear on a surface; to assign or choose someone such as an actor or representative, especially by selection process
66. clinical va\_\_\_\_ty *n.* the state or quality of being true, correct, justified, or legally recognized
67. decision-making pr\_\_\_\_s *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

ANSWERS: 60. caffeine, 61. puzzle, 62. acronym, 63. calm, 64. recover, 65. cast, 66. validity, 67. process

68. ca\_\_\_r research *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
69. un\_\_\_k the pages of a book *v.* to free something that is stuck or adhering to something else
70. ca\_\_\_r diagnosis *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
71. vo\_\_\_le markets *adj.* likely to change rapidly or unexpectedly, or being unstable or explosive
72. ha\_\_\_n the arrival *v.* to move or act quickly; to cause or encourage something to happen sooner or more rapidly; to accelerate or speed up
73. boost my con\_\_\_\_\_ce *n.* the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
74. intelligence ag\_\_\_y *n.* an organization or business that is responsible for specific activities or services, especially when representing other organizations or businesses; the capacity or power to act or exert influence; the ability to make decisions and take action
75. no do\_\_t about the news *n.* a feeling of being uncertain about something, especially about how good or accurate it is

ANSWERS: 68. cancer, 69. unstick, 70. cancer, 71. volatile, 72. hasten, 73. confidence, 74. agency, 75. doubt

76. tr\_\_\_\_\_nt by diet *n.* the way in which someone deals with or behaves towards someone or something; medical care provided to a patient for an injury or illness.
77. de\_\_\_e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
78. dif\_\_\_\_\_ty in breathing *n.* a condition or state that causes problems
79. increase sl\_\_\_\_\_ly *adv.* in a small degree or extent; a little
80. soothing ch\_\_\_\_\_le *n.* a flowering plant with small daisy-like flowers, typically used to make herbal tea or as an ingredient in traditional medicine for its calming and soothing properties
81. stay phy\_\_\_\_\_ly fit *adv.* in a way related to a person's body or appearance rather than their mind
82. undergo a mas\_\_\_\_\_my *n.* a surgical operation to remove all or part of a breast, most often as a treatment for breast cancer or other malignant tumors
83. official sta\_\_\_\_\_cs *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
84. as\_\_\_n projects *v.* to give a specific job or piece of work to a someone
85. ch\_\_t in the chapel *n.* a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation

ANSWERS: 76. treatment, 77. decide, 78. difficulty, 79. slightly, 80. chamomile, 81. physically, 82. mastectomy, 83. statistics, 84. assign, 85. chant

86. clarify am\_\_\_\_\_us points *adj.* open to more than one interpretation; not clear or decided
87. al\_\_t consumers to the dangers *v.* to warn or arouse to a sense of danger; (adjective) paying close attention or being in a state of readiness for action
88. di\_\_\_\_\_se with CT scans *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
89. ca\_\_\_\_\_te machinery *v.* to measure or adjust something, typically a machine or device, to ensure accurate functioning or to match a standard or desired level of performance
90. in\_\_\_\_\_l velocity *adj.* of or happening at the beginning; (noun) the first letter of a word, especially a person's name
91. em\_\_\_k on a trip *v.* to go on board a ship or plane; to set out on an enterprise or subject of study; to start something
92. el\_\_\_e from the announced start time *v.* to pass or go by, especially about time; to slip away unnoticed
93. phy\_\_\_\_\_ly and mentally *adv.* in a way related to a person's body or appearance rather than their mind
94. chief ad\_\_\_\_\_r *n.* a person who gives advice about a particular subject
95. pr\_\_\_\_\_le outcome *adj.* likely to happen or likely to be true
96. marketing ex\_\_\_\_\_se *n.* specialized knowledge or skills in a particular field or subject; expert proficiency or knowledge

ANSWERS: 86. ambiguous, 87. alert, 88. diagnose, 89. calibrate, 90. initial, 91. embark, 92. elapse, 93. physically, 94. adviser, 95. probable, 96. expertise

97. sim\_\_\_\_\_ic approach      *adj.* oversimplified or lacking in complexity or depth; characterized by an attempt to explain something complex or multifaceted with overly vague or simple terms
98. al\_\_t system      *v.* to warn or arouse to a sense of danger; (adjective) paying close attention or being in a state of readiness for action
99. s\_\_b in the chest      *v.* to cause harm with a sharp, pointed object, such as a knife
100. emotional a\_\_n      *n.* a contest or competition, typically one in which participants exert themselves physically or mentally to achieve victory or surpass others
101. ob\_\_\_\_\_e wildlife      *v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion
102. pa\_\_\_\_\_t in the hospital      *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
103. a reckless at\_\_\_\_\_t      *n.* an act or effort of trying to do something, especially something difficult
104. va\_\_\_\_\_ty check      *n.* the state or quality of being true, correct, justified, or legally recognized
105. demonstrate ex\_\_\_\_\_se      *n.* specialized knowledge or skills in a particular field or subject; expert proficiency or knowledge

ANSWERS: 97. simplistic, 98. alert, 99. stab, 100. agon, 101. observe, 102. patient, 103. attempt, 104. validity, 105. expertise

106. wi\_\_\_m literature *n.* the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions
107. ha\_\_\_n the process *v.* to move or act quickly; to cause or encourage something to happen sooner or more rapidly; to accelerate or speed up
108. ch\_\_\_\_\_le essential oil *n.* a flowering plant with small daisy-like flowers, typically used to make herbal tea or as an ingredient in traditional medicine for its calming and soothing properties
109. ca\_\_\_\_\_te measurements *v.* to measure or adjust something, typically a machine or device, to ensure accurate functioning or to match a standard or desired level of performance
110. th\_\_\_t a dagger home *v.* to push or drive forcibly; to impose or insert; (noun) the force used in pushing
111. per\_\_\_\_\_nt cough *adj.* continuing firmly or obstinately in the course of action despite difficulty or opposition; lasting or enduring without fading or being lost over time
112. ha\_\_\_\_\_ng battle *adj.* causing distress or suffering; extremely distressing
113. ha\_\_\_\_\_ng journey *adj.* causing distress or suffering; extremely distressing
114. di\_\_\_\_\_se the problem *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis

ANSWERS: 106. wisdom, 107. hasten, 108. chamomile, 109. calibrate, 110. thrust, 111. persistent, 112. harrowing, 113. harrowing, 114. diagnose

115. a tr\_\_\_y recipe to follow *adj.* requiring care and skill because challenging to do or deal with
116. me\_\_\_\_\_n name *v.* to speak or write about something or someone briefly
117. proverbial ad\_\_\_e *n.* a short and memorable saying or phrase that expresses a commonly held truth or belief, often based on experience or tradition; a proverb or maxim
118. an agg\_\_\_\_\_ve war *adj.* behaving in an angry, energetic, or threatening way towards another person; tending to spread quickly
119. me\_\_\_\_\_n in a report *v.* to speak or write about something or someone briefly
120. pr\_\_\_\_\_le cause of a fire *adj.* likely to happen or likely to be true
121. much time had el\_\_\_ed *v.* to pass or go by, especially about time; to slip away unnoticed
122. the f\_\_k songs of a particular district *n.* people in general, especially those of a particular group or type
123. an in\_\_\_\_\_l letter *adj.* of or happening at the beginning; (noun) the first letter of a word, especially a person's name
124. historical co\_\_\_\_\_t *n.* the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning
125. fa\_\_\_\_\_le conditions *adj.* having a positive or beneficial attitude or effect; expressing approval, support, or agreement

ANSWERS: 115. tricky, 116. mention, 117. adage, 118. aggressive, 119. mention, 120. probable, 121. elapse, 122. folk, 123. initial, 124. context, 125. favorable

126. de\_\_\_\_\_on authority *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
127. standing at the pu\_\_\_\_t *n.* a raised platform or lectern in a church or synagogue from which a member of the clergy delivers a sermon or religious address
128. tr\_\_\_\_y problem *adj.* requiring care and skill because challenging to do or deal with
129. do\_\_\_\_n of use *n.* a specific sphere of influence or control; a specific field of knowledge or expertise
130. abs\_\_\_\_\_ly obsessed with the girl *adv.* without restriction or limitation; completely or utterly
131. complete re\_\_\_\_\_on *n.* a period of time when a disease or condition is no longer present or active; a lessening or reduction of symptoms or intensity; forgiveness or pardon for sins or debts
132. ag\_\_\_\_\_ed behavior *adj.* characterized by a state of anxiety, nervous excitement, or restlessness; stirred up or disturbed in a physical or emotional way
133. im\_\_\_\_\_ry number *adj.* existing only in someone's mind
134. a me\_\_\_\_\_l opinion *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
135. pa\_\_\_\_\_t with weight loss *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

ANSWERS: 126. decision, 127. pulpit, 128. tricky, 129. domain, 130. absolutely, 131. remission, 132. agitated, 133. imaginary, 134. medical, 135. patient



136. a ra\_\_\_m choice *adj.* made, done, or happening without method, conscious decision, or any regular pattern
137. public education ad\_\_\_\_\_tes *n.* a person who supports or suggests an idea, development, or way of doing something
138. co\_\_\_\_\_te examples *adj.* existing in a physical or material form rather than an abstract one; based on facts rather than ideas or guesses; made of or covered with cement
139. financial ob\_\_\_\_\_ve *n.* a goal, aim, or purpose that is intended or sought after; a goal that is based on facts, evidence, or unbiased reasoning rather than personal opinions, feelings, or beliefs; (adjective) of or relating something that is based on facts and not influenced by personal feelings or biases
140. sta\_\_\_\_\_cs for cancer *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
141. an ad\_\_\_\_\_te of disarmament *n.* a person who supports or suggests an idea, development, or way of doing something
142. a man of imp\_\_\_\_\_ce *n.* the quality of being important and worthy of note
143. c\_\_m manner *adj.* not excited, angry, or nervous; free from wind, large waves
144. sl\_\_\_\_\_ly alkaline soils *adv.* in a small degree or extent; a little

ANSWERS: 136. random, 137. advocate, 138. concrete, 139. objective, 140. statistics, 141. advocate, 142. importance, 143. calm, 144. slightly

145. a fountain of wi\_\_\_m                      *n.* the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions
146. em\_\_\_k on a foolish adventure                      *v.* to go on board a ship or plane; to set out on an enterprise or subject of study; to start something
147. ob\_\_\_\_\_ve assessment                      *n.* a goal, aim, or purpose that is intended or sought after; a goal that is based on facts, evidence, or unbiased reasoning rather than personal opinions, feelings, or beliefs; (adjective) of or relating something that is based on facts and not influenced by personal feelings or biases
148. number of different sc\_\_\_\_\_ios                      *n.* a description of possible actions or events in the future; a written outline of a play, film, or literary work
149. un\_\_\_\_\_k the door                      *v.* to free something that is stuck or adhering to something else
150. res\_\_\_\_\_le action                      *adj.* answerable or accountable for something within one's power, control, or management
151. compound the ing\_\_\_\_\_nts                      *n.* one of the things used to make something, especially one of the foods used to make a particular dish
152. clinical re\_\_\_\_\_on                      *n.* a period of time when a disease or condition is no longer present or active; a lessening or reduction of symptoms or intensity; forgiveness or pardon for sins or debts

ANSWERS: 145. wisdom, 146. embark, 147. objective, 148. scenario, 149. unstick, 150. responsible, 151. ingredient, 152. remission

153. bombs fell at ra\_\_\_m *adj.* made, done, or happening without method, conscious decision, or any regular pattern
154. ag\_\_\_\_\_ed state *adj.* characterized by a state of anxiety, nervous excitement, or restlessness; stirred up or disturbed in a physical or emotional way
155. lum\_\_\_\_\_my surgery *n.* a surgical operation in which a tumor or lump, especially a cancerous one, is removed from the breast or other part of the body while preserving as much healthy tissue as possible
156. co\_\_\_\_\_e electricity *v.* to spend something, especially fuel, energy, or time, in a large amount
157. in-s\_\_u control *adj.* short for "situated," meaning located or placed in a particular position or circumstance
158. ex\_\_\_\_\_e weather events *adj.* very great in amount or degree
159. early-stage lum\_\_\_\_\_my *n.* a surgical operation in which a tumor or lump, especially a cancerous one, is removed from the breast or other part of the body while preserving as much healthy tissue as possible
160. ch\_\_t melodies *n.* a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation
161. ho\_\_\_\_\_y audience *v.* to shock or disgust greatly
162. feel a sense of im\_\_\_\_\_cy *n.* the quality of being immediate, close, or present; the sense of urgency or importance; the act of responding or attending to something promptly

ANSWERS: 153. random, 154. agitated, 155. lumpectomy, 156. consume, 157. situ, 158. extreme, 159. lumpectomy, 160. chant, 161. horrify, 162. immediacy

163. an a\_\_n of creativity *n.* a contest or competition, typically one in which participants exert themselves physically or mentally to achieve victory or surpass others
164. pr\_\_\_\_\_s improvement *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
165. d\_\_k chairs *n.* a flat surface that is usually made of wood or other material and is attached to a building, vehicle, or other structure
166. br\_\_\_t cancer *n.* either of the two round soft parts of a woman's chest which secrete milk after childbirth
167. secret ing\_\_\_\_\_nts *n.* one of the things used to make something, especially one of the foods used to make a particular dish
168. the mountain's br\_\_\_t *n.* either of the two round soft parts of a woman's chest which secrete milk after childbirth
169. sim\_\_\_\_\_ic design *adj.* oversimplified or lacking in complexity or depth; characterized by an attempt to explain something complex or multifaceted with overly vague or simple terms
170. the worst case sc\_\_\_\_\_io *n.* a description of possible actions or events in the future; a written outline of a play, film, or literary work

ANSWERS: 163. agon, 164. process, 165. deck, 166. breast, 167. ingredient, 168. breast, 169. simplistic, 170. scenario

171. dispel do\_\_ts *n.* a feeling of being uncertain about something, especially about how good or accurate it is
172. an agg\_\_\_\_\_ve tumor *adj.* behaving in an angry, energetic, or threatening way towards another person; tending to spread quickly
173. ho\_\_\_\_\_y victims *v.* to shock or disgust greatly
174. a co\_\_\_\_\_te noun *adj.* existing in a physical or material form rather than an abstract one; based on facts rather than ideas or guesses; made of or covered with cement
175. f\_\_k art *n.* people in general, especially those of a particular group or type
176. use an ac\_\_\_\_\_m *n.* a word formed from the first letter of each word in a phrase, such as NASA (National Aeronautics and Space Administration) or AIDS (Acquired Immune Deficiency Syndrome)
177. improved student ou\_\_\_\_\_es *n.* the result or effect of an action, event, etc.
178. am\_\_\_\_\_us situation *adj.* open to more than one interpretation; not clear or decided

ANSWERS: 171. doubt, 172. aggressive, 173. horrify, 174. concrete, 175. folk, 176. acronym, 177. outcome, 178. ambiguous

## Session 3: Fill in the Blanks

1. The company decided to \_\_\_\_\_ the expensive advertising campaign and instead rely on word of mouth.
  - v. to precede or go before something in time or order; to give up, relinquish or do without something, usually by choice or obligation
2. A smaller car will \_\_\_\_\_ less fuel.
  - v. to spend something, especially fuel, energy, or time, in a large amount
3. She underwent a partial \_\_\_\_\_ to remove the cancerous lump from her breast.
  - n. a surgical operation in which a tumor or lump, especially a cancerous one, is removed from the breast or other part of the body while preserving as much healthy tissue as possible
4. The engine \_\_\_\_\_ the rocket into space.
  - v. to push or drive forcibly; to impose or insert; (noun) the force used in pushing
5. The \_\_\_\_\_ music helped to lift her spirits and put her in a good mood.
  - adj. positive, optimistic, or enthusiastic in attitude or outlook; having a lively or energetic rhythm or tempo, especially in music
6. Melanoma in \_\_\_\_\_ is considered the earliest stage of melanoma and has a high cure rate with appropriate treatment.
  - adj. short for "situated," meaning located or placed in a particular position or circumstance
7. The weightlifting competition brought together athletes from different countries for an international \_\_\_\_\_.
  - n. a contest or competition, typically one in which participants exert themselves physically or mentally to achieve victory or surpass others

ANSWERS: 1. forego, 2. consume, 3. lumpectomy, 4. thrust, 5. upbeat, 6. situ, 7. agon

8. The preacher delivered a sermon from the \_\_\_\_\_ inspiring the congregation.  
*n.* a raised platform or lectern in a church or synagogue from which a member of the clergy delivers a sermon or religious address
9. Skill and \_\_\_\_\_ are an unconquered army.  
*n.* the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
10. He lived by the wise \_\_\_\_\_ "honesty is the best policy" and was respected for his straightforward approach.  
*n.* a short and memorable saying or phrase that expresses a commonly held truth or belief, often based on experience or tradition; a proverb or maxim
11. Having a \_\_\_\_\_ healthy physique is essential for a great life.  
*adv.* in a way related to a person's body or appearance rather than their mind
12. After retiring, he continued to be an \_\_\_\_\_ to politicians.  
*n.* a person who gives advice about a particular subject
13. When faced with a dangerous situation, his initial \_\_\_\_\_ was to flee.  
*n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true
14. Both forts were subject to \_\_\_\_\_ attacks.  
*adj.* happening or done without delay or occurring shortly after something else
15. The \_\_\_\_\_ dog kept barking at the door, wanting to go outside.  
*adj.* characterized by a state of anxiety, nervous excitement, or restlessness; stirred up or disturbed in a physical or emotional way

ANSWERS: 8. pulpit, 9. confidence, 10. adage, 11. physically, 12. adviser, 13. instinct, 14. immediate, 15. agitated

16. \_\_\_\_\_ is the start, not the end, of intelligence.  
*n.* a feeling of being uncertain about something, especially about how good or accurate it is
17. The government should view children as national assets and actively \_\_\_\_\_ in them.  
*v.* to put money, effort, time, etc. into something to make a profit or achieve a result
18. Little children tend to have \_\_\_\_\_ friends.  
*adj.* existing only in someone's mind
19. I had to use a knife to \_\_\_\_\_ the envelope from the table.  
*v.* to free something that is stuck or adhering to something else
20. The \_\_\_\_\_ team worked quickly to save the patient's life.  
*adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
21. The company's cybersecurity team \_\_\_\_\_ the CEO to potential threats.  
*v.* to warn or arouse to a sense of danger; (adjective) paying close attention or being in a state of readiness for action
22. He got an electric \_\_\_\_\_ at work.  
*n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
23. She is still \_\_\_\_\_ from a shot to her shoulder.  
*v.* to return to a former condition, health, mind, or strength

ANSWERS: 16. Doubt, 17. invest, 18. imaginary, 19. unstick, 20. medical, 21. alerted, 22. shock, 23. recovering



24. Two students answered the teacher's question \_\_\_\_\_.
- adv.* at the same time
25. He grilled the \_\_\_\_\_ meat of a chicken.
- n.* either of the two round soft parts of a woman's chest which secrete milk after childbirth
26. The company's success can be attributed to the \_\_\_\_\_ of its employees.
- n.* specialized knowledge or skills in a particular field or subject; expert proficiency or knowledge
27. \_\_\_\_\_ of abolishing the death penalty often argue that the alternative heaviest sentence should be life in prison.
- n.* a person who supports or suggests an idea, development, or way of doing something
28. The \_\_\_\_\_ demonstrate that poverty and unemployment are genuine problems.
- n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
29. She's a \_\_\_\_\_ pet owner who ensures her dog gets enough exercise and a healthy diet.
- adj.* answerable or accountable for something within one's power, control, or management
30. She was struggling to make a \_\_\_\_\_ between two job offers.
- n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options

ANSWERS: 24. simultaneously, 25. breast, 26. expertise, 27. Advocates, 28. statistics, 29. responsible, 30. decision

31. The government \_\_\_\_\_ regulated the country's food and drug safety standards.  
*n.* an organization or business that is responsible for specific activities or services, especially when representing other organizations or businesses; the capacity or power to act or exert influence; the ability to make decisions and take action
32. The movie has received almost universally \_\_\_\_\_ criticism.  
*adj.* having the quality of something bad or harmful; expressing refusal
33. This accident \_\_\_\_\_ a dark shadow over their lives.  
*v.* to cause light or shadow to appear on a surface; to assign or choose someone such as an actor or representative, especially by selection process
34. It is important to \_\_\_\_\_ safety procedures in the workplace to prevent accidents.  
*v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion
35. Some seaweed was used as \_\_\_\_\_ medicine in ancient times.  
*n.* people in general, especially those of a particular group or type
36. The primary purpose of the \_\_\_\_\_ is pain relief.  
*n.* the way in which someone deals with or behaves towards someone or something; medical care provided to a patient for an injury or illness.
37. RADAR is an \_\_\_\_\_ for radio detection and ranging.  
*n.* a word formed from the first letter of each word in a phrase, such as NASA (National Aeronautics and Space Administration) or AIDS (Acquired Immune Deficiency Syndrome)

ANSWERS: 31. agency, 32. negative, 33. cast, 34. observe, 35. folk, 36. treatment, 37. acronym

38. The cancer patient was delighted to hear that their disease was in \_\_\_\_\_.
- n.* a period of time when a disease or condition is no longer present or active; a lessening or reduction of symptoms or intensity; forgiveness or pardon for sins or debts
39. The \_\_\_\_\_ for applying for a visa can be lengthy and complicated.
- n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
40. I need to \_\_\_\_\_ my speed to finish the race on time.
- v.* to move or act quickly; to cause or encourage something to happen sooner or more rapidly; to accelerate or speed up
41. The second round of testing confirmed the \_\_\_\_\_ of the test results.
- n.* the state or quality of being true, correct, justified, or legally recognized
42. The \_\_\_\_\_ mood at the funeral was palpable.
- adj.* having a serious or sad atmosphere or character; gloomy or dark
43. It seems \_\_\_\_\_ that he has forgotten our scheduled meeting.
- adj.* likely to happen or likely to be true
44. The majority of students actively \_\_\_\_\_ in the college's intramural sports program.
- v.* to take part in something
45. I am \_\_\_\_\_ opposed to his idea because of morality.
- adv.* without restriction or limitation; completely or utterly

ANSWERS: 38. remission, 39. process, 40. hasten, 41. validity, 42. somber, 43. probable, 44. participated, 45. absolutely

46. The study's main \_\_\_\_\_ is to identify risk factors for heart disease.
- n.* a goal, aim, or purpose that is intended or sought after; a goal that is based on facts, evidence, or unbiased reasoning rather than personal opinions, feelings, or beliefs; (adjective) of or relating something that is based on facts and not influenced by personal feelings or biases
47. They awaited news of the \_\_\_\_\_ of the election.
- n.* the result or effect of an action, event, etc.
48. The president asked for a more \_\_\_\_\_ plan.
- adj.* existing in a physical or material form rather than an abstract one; based on facts rather than ideas or guesses; made of or covered with cement
49. The third \_\_\_\_\_ was far more successful.
- n.* an act or effort of trying to do something, especially something difficult
50. Her \_\_\_\_\_ experience in the war had left her with deep emotional scars.
- adj.* causing distress or suffering; extremely distressing
51. To find drunk drivers, police conduct \_\_\_\_\_ tests.
- adj.* made, done, or happening without method, conscious decision, or any regular pattern
52. Greed is the primary \_\_\_\_\_ in the making of criminals.
- n.* one of the things used to make something, especially one of the foods used to make a particular dish
53. I enjoy drinking \_\_\_\_\_ tea before bed to help me relax and sleep better.
- n.* a flowering plant with small daisy-like flowers, typically used to make herbal tea or as an ingredient in traditional medicine for its calming and soothing properties

ANSWERS: 46. objective, 47. outcome, 48. concrete, 49. attempt, 50. harrowing, 51. random, 52. ingredient, 53. chamomile

54. The politician's solution to the problem was too \_\_\_\_\_ to solve the underlying issue.

*adj.* oversimplified or lacking in complexity or depth; characterized by an attempt to explain something complex or multifaceted with overly vague or simple terms

55. We \_\_\_\_\_ on a new project.

*v.* to go on board a ship or plane; to set out on an enterprise or subject of study; to start something

56. He moved his body \_\_\_\_\_ to the left.

*adv.* in a small degree or extent; a little

57. Breast \_\_\_\_\_ is the most common type of cancer in women.

*n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

58. This jigsaw \_\_\_\_\_ is challenging because there are no pictures.

*n.* a situation that is difficult to follow or solve; a game, problem, or toy that tests a person's ingenuity or knowledge; (verb) to cause someone to feel confused because of something difficult to understand

59. Their relationship was \_\_\_\_\_ and prone to sudden outbursts of anger.

*adj.* likely to change rapidly or unexpectedly, or being unstable or explosive

60. She experienced headaches and fatigue as symptoms of \_\_\_\_\_ withdrawal after quitting coffee.

*n.* a stimulant drug that is found in coffee, tea, and other beverages and that is used to increase alertness and improve mental and physical performance

ANSWERS: 54. simplistic, 55. embarked, 56. slightly, 57. cancer, 58. puzzle, 59. volatile, 60. caffeine

61. The company's \_\_\_\_\_ in the market was expanding to new territories.  
*n.* a specific sphere of influence or control; a specific field of knowledge or expertise
62. The president prepared several possible \_\_\_\_\_ for an enemy attack.  
*n.* a description of possible actions or events in the future; a written outline of a play, film, or literary work
63. Five minutes have \_\_\_\_\_ since we began the experiment.  
*v.* to pass or go by, especially about time; to slip away unnoticed
64. He has \_\_\_\_\_ exercising because of a back injury sustained in an accident.  
*n.* a condition or state that causes problems
65. The earthquake caused a \_\_\_\_\_ of lumber to crumble noisily.  
*n.* a pile of something arranged or laid one on top of another; a large tall chimney through which combustion gases and smoke can be evacuated
66. She had to have a \_\_\_\_\_ after being diagnosed with breast cancer.  
*n.* a surgical operation to remove all or part of a breast, most often as a treatment for breast cancer or other malignant tumors
67. I \_\_\_\_\_ to him that I had seen his sister at the grocery store earlier that day.  
*v.* to speak or write about something or someone briefly
68. The instructions provided were \_\_\_\_\_ and confused the team.  
*adj.* open to more than one interpretation; not clear or decided

ANSWERS: 61. domain, 62. scenarios, 63. elapsed, 64. difficulty, 65. stack, 66. mastectomy, 67. mentioned, 68. ambiguous

69. We have discussed the entirety of this \_\_\_\_\_ problem.

*adj.* requiring care and skill because challenging to do or deal with

70. This device is used to \_\_\_\_\_ brain cancer and other tumors.

*v.* to determine or distinguish the nature of a problem or an illness through a careful analysis

71. He was \_\_\_\_\_ many times with scissors.

*v.* to cause harm with a sharp, pointed object, such as a knife

72. The doctor carefully examined the \_\_\_\_\_ medical history.

*n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

73. The community greatly respected and sought after the older adult's \_\_\_\_\_.

*n.* the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions

74. She sat on the ship's \_\_\_\_\_ watching the sunset over the ocean.

*n.* a flat surface that is usually made of wood or other material and is attached to a building, vehicle, or other structure

75. I stopped by the branch though I have no business of \_\_\_\_\_.

*n.* the quality of being important and worthy of note

76. It's important to understand the \_\_\_\_\_ of a situation before making a decision.

*n.* the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning

ANSWERS: 69. tricky, 70. diagnose, 71. stabbed, 72. patient's, 73. wisdom, 74. deck, 75. importance, 76. context

77. The \_\_\_\_\_ lapse in concentration caused her to miss the crucial shot.

*adj.* lasting for only a brief moment or an extremely short period of time; occurring momentarily

78. It was the first time in a long time that I felt truly \_\_\_\_\_ and at peace.

*adj.* not excited, angry, or nervous; free from wind, large waves

79. The \_\_\_\_\_ of the situation required quick action to be taken to prevent any further damage or harm.

*n.* the quality of being immediate, close, or present; the sense of urgency or importance; the act of responding or attending to something promptly

80. Please \_\_\_\_\_ a different color to each other kind of item.

*v.* to give a specific job or piece of work to a someone

81. Solar gravity creates \_\_\_\_\_ pressures and temperatures.

*adj.* very great in amount or degree

82. They took the \_\_\_\_\_ step toward reconciliation.

*adj.* of or happening at the beginning; (noun) the first letter of a word, especially a person's name

83. An \_\_\_\_\_ tide wrecked the ship.

*adj.* behaving in an angry, energetic, or threatening way towards another person; tending to spread quickly

84. Despite the setbacks, he remained \_\_\_\_\_ in his pursuit of his dreams.

*adj.* continuing firmly or obstinately in the course of action despite difficulty or opposition; lasting or enduring without fading or being lost over time

ANSWERS: 77. momentary, 78. calm, 79. immediacy, 80. assign, 81. extreme, 82. initial, 83. aggressive, 84. persistent



85. The series of terrorist attacks \_\_\_\_\_ the entire nation.

*v.* to shock or disgust greatly

86. The positive reviews were a \_\_\_\_\_ sign for the new restaurant in town.

*adj.* having a positive or beneficial attitude or effect; expressing approval, support, or agreement

87. It's important to \_\_\_\_\_ the equipment regularly to ensure accurate results.

*v.* to measure or adjust something, typically a machine or device, to ensure accurate functioning or to match a standard or desired level of performance

88. She couldn't \_\_\_\_\_ whether to order the pizza or the pasta for dinner.

*v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

89. The soccer game crowd broke into a \_\_\_\_\_ of "Go, team, go!"

*n.* a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation

ANSWERS: 85. horrify, 86. favorable, 87. calibrate, 88. decide, 89. chant