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## Vocabulary Builder Reference from...

*Claudia Aguirre: Does stress cause pimples? | TED Talk*

[https://www.ted.com/talks/claudia\\_aguirre\\_does\\_stress\\_cause\\_pimples](https://www.ted.com/talks/claudia_aguirre_does_stress_cause_pimples)

### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

- bud** *n.* a small swelling on a plant stem or twig containing an undeveloped shoot  
*synonym*: shoot, sprout, germ  
(1) pinch off a **bud**, (2) **bud** grafting  
The flower was starting to show its **bud** and would soon bloom into a beautiful blossom.
- hover** *v.* to stay in one place in the air  
*synonym*: hang, float over, drift  
(1) **hover** between life and death, (2) **hover** around the table  
Two birds were **hovering** overhead.
- giggle** *v.* to laugh lightly and repeatedly in a silly, nervous, or childlike way  
*synonym*: titter, chuckle, snicker  
(1) **giggle** like a child, (2) **giggle** uncontrollably  
When we saw the animals at the zoo playfully chasing each other, we all started to **giggle**.
- slump** *v.* to fall or sink suddenly, often due to loss of support or stability; to decline or decrease abruptly, as in business or economic conditions; to become despondent or

dispirited; (noun) a sudden or prolonged decline or drop in value, price, or quality

*synonym* : drop, sink, sag

(1) **slump** against pillows, (2) economic **slump**

Sales of the product **slumped** after the negative reviews were published.

## rewind

*v.* to make something, such as a film or tape, go back to the beginning

*synonym* : wind back, back up, reverse

(1) **rewind** a film, (2) manually **rewind** the tape

Please **rewind** the thread onto the reel.

## unprepared

*adj.* not properly or adequately prepared; lacking preparation; not ready

*synonym* : inexperienced, caught off-guard, ill-equipped

(1) **unprepared** speech, (2) **unprepared** for the exam

The **unprepared** student struggled on the test and received a low grade.

## ambush

*n.* the act of hiding and waiting for someone before the sudden attack

*synonym* : trap, surprise, lure

(1) attacking from **ambush**, (2) **ambush** marketing

Armed police officers lay in **ambush** in front of the criminal's house.

## foggy

*adj.* characterized by or filled with dense clouds of mist or fog; unclear or hazy, as in thought or memory

*synonym* : misty, hazy, murky

(1) **foggy** morning, (2) **foggy** memory

The **foggy** weather made it difficult to see the road ahead.

## stumble

*v.* to miss a step and fall or nearly fall; to walk unsteadily

*synonym* : bumble, struggle, misstep

(1) **stumble** financially, (2) **stumble** through life

She **stumbled** over the tree root.

## daze

*n.* the feeling of distress and disbelief that you have when something bad happens accidentally; (verb) to confuse or stun someone with a sudden intense light or loud noise

*synonym* : stupor, confusion, (verb) stun

(1) walk around in a **daze**, (2) **daze** of sleep

He was in a **daze** from the sudden news and couldn't process it properly.

## saber

*n.* a type of sword with a curved blade, typically used in cavalry or fencing

*synonym* : sword, cutlass, blade

(1) **saber** fencing, (2) ceremonial **saber**

The military commander drew his **saber** and shouted orders to the troops.

## plight

*n.* a difficult or unfortunate situation

*synonym* : crisis, predicament, trouble

(1) miserable **plight**, (2) the **plight** of the poor

The government has ignored the **plight** of the homeless population.

## ponder

*v.* to think deeply or carefully about something

*synonym* : think about, consider, reflect on

(1) **ponder** divine matters, (2) **ponder** life's meaning

She sat quietly, **pondering** the difficult decision.

## intern

*v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

*synonym* : apprentice, trainee, student

(1) **intern** civilians, (2) medical **intern**

The navy **interned** ships of defeated nations.

## hypothalamus

*n.* a basal part of the brain that autonomically controls body temperature, hunger, and the release of hormones

(1) anterior **hypothalamus**, (2) **hypothalamus** hemorrhage

Oxytocin is also produced in the nucleus of the

**hypothalamus**.

## corticosteroid

*n.* a synthetic steroid hormone that is commonly used to reduce inflammation and treat a variety of medical conditions, including asthma, allergies, and arthritis

*synonym*: cortisone, glucocorticoid, steroid hormone

(1) oral **corticosteroid**, (2) **corticosteroid** injection

The doctor prescribed a **corticosteroid** cream to treat my itchy rash.

## pituitary

*n.* a small, pea-sized gland located at the base of the brain that influences the growth and sexual development of the body by producing hormones

*synonym*: hypophyseal, hypothalamic, anterior lobe

(1) **pituitary** hormone, (2) anterior **pituitary**

The **pituitary** gland is responsible for releasing hormones that regulate growth and metabolism.

## pea

*n.* a small, round, green vegetable that grows in pods on a climbing plant and is eaten as a vegetable

*synonym*: legume, bean, pulse

(1) **pea** protein, (2) **pea** family

She shelled the **peas** and added them to the pot.

## adrenal

*adj.* relating to two glands situated above the kidneys, called the adrenal gland

(1) **adrenal** gland, (2) **adrenal** cortex

The doctor ordered tests to check the patient's **adrenal** function.

## stimming

*n.* a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used

as a form of self-regulation or sensory stimulation

*synonym* : self-stimulation, repetitive behaviors

(1) autistic **stimming**, (2) **stimming** therapy

Autistic children may engage in **stimming** behaviors, such as rocking or hand flapping, to self-regulate.

## cortisol

*n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure

*synonym* : stress hormone, hydrocortisone

(1) **cortisol** stress, (2) excessive **cortisol**

**Cortisol** levels in the body are often elevated during times of stress.

## superhuman

*adj.* possessing abilities or characteristics that exceed those of normal humans; beyond human capacity or capability

*synonym* : supernatural, inhuman, beyond human

(1) **superhuman** beings, (2) **superhuman** effort

The athlete's **superhuman** strength allowed him to lift twice his body weight.

## pimple

*n.* a small, inflamed spot or swelling on the surface of the skin, typically caused by clogged pores or sebaceous glands; a colloquial term for an acne blemish

*synonym* : blemish, zit, spot

(1) **pimple** treatment, (2) get rid of a **pimple**

The **pimple** outbreak on his face made him feel self-conscious.

## churn

*v.* to stir or agitate a liquid, substance, or mixture vigorously to produce foam or because of violent movement; to cause a large number of people to move or leave; to produce something, such as money, through continuous activity or turnover

*synonym* : stir, agitate, whirl

(1) **churn** out manufactured goods, (2) **churn** in my stomach

The cream needs to be **churned** for several minutes before it becomes butter.

## sebaceous

*adj.* relating to or secreting a fatty or oily substance, particularly in the skin or hair follicles, often associated with the formation of acne or other skin conditions

*synonym* : oily, greasy, fatty

(1) **sebaceous** glands, (2) **sebaceous** cyst

Acne is often caused by **sebaceous** oils clogging the pores on the skin.

## swell

*v.* to become larger or more inflated; to become more intense or important

*synonym* : expand, increase, inflate

(1) **swell** at room temperature, (2) **swell** a population

His arm was **swelling** from the insect bite.

## inflame

*v.* to cause very strong feelings such as anger or excitement in a person or a group of people

*synonym* : agitate, arouse, enrage

(1) **inflame** skin, (2) **inflame** his passion

Her eyes **inflamed** with crying.

## pore

*n.* a tiny hole in the skin of people or other animals that sweat can pass through; (verb) to read carefully or study attentively

*synonym* : stoma, foramen

(1) woody **pore** fungi, (2) **pore** over reference books

I was sweating at every **pore**.

## pesky

*adj.* causing annoyance, irritation, or trouble; persistent in a vexing or troublesome manner

*synonym* : annoying, irritating, bothersome

(1) dealing with **pesky**, (2) **pesky** problem

The **pesky** fly kept buzzing around my head.

## neuropeptide

*n.* a type of molecule that is made up of chains of amino acids and is involved in transmitting messages between neurons in the brain and nervous system

(1) **neuropeptide** receptor, (2) **neuropeptide** release  
Experiments with **neuropeptide** inhibitors have shown promising results in alleviating chronic pain.

## situ

*adj.* short for "situated," meaning located or placed in a particular position or circumstance

*synonym*: situational, contextual, circumstantial

(1) ex- **situ** conservation, (2) in- **situ** control

Melanoma in **situ** is considered the earliest stage of melanoma and has a high cure rate with appropriate treatment.

## unavoidable

*adj.* impossible to avoid or evade; inevitable

*synonym*: inevitable, inescapable, certain

(1) an **unavoidable** accident, (2) under **unavoidable** circumstances

There are now fears that war is **unavoidable**.

## Session 2: Spelling

1. dealing with pe\_\_y *adj.* causing annoyance, irritation, or trouble; persistent in a vexing or troublesome manner
2. get rid of a pi\_\_\_e *n.* a small, inflamed spot or swelling on the surface of the skin, typically caused by clogged pores or sebaceous glands; a colloquial term for an acne blemish
3. anterior hyp\_\_\_\_\_mus *n.* a basal part of the brain that autonomically controls body temperature, hunger, and the release of hormones
4. b\_d grafting *n.* a small swelling on a plant stem or twig containing an undeveloped shoot
5. sw\_\_l at room temperature *v.* to become larger or more inflated; to become more intense or important
6. unpre\_\_\_\_\_ed for the exam *adj.* not properly or adequately prepared; lacking preparation; not ready
7. ad\_\_\_\_\_l gland *adj.* relating to two glands situated above the kidneys, called the adrenal gland
8. in\_\_\_\_\_e skin *v.* to cause very strong feelings such as anger or excitement in a person or a group of people
9. anterior pi\_\_\_\_\_ry *n.* a small, pea-sized gland located at the base of the brain that influences the growth and sexual development of the body by producing hormones

ANSWERS: 1. pesky, 2. pimple, 3. hypothalamus, 4. bud, 5. swell, 6. unprepared, 7. adrenal, 8. inflame, 9. pituitary



10. ad\_\_\_\_l cortex *adj.* relating to two glands situated above the kidneys, called the adrenal gland
11. sup\_\_\_\_\_an effort *adj.* possessing abilities or characteristics that exceed those of normal humans; beyond human capacity or capability
12. oral cor\_\_\_\_\_oid *n.* a synthetic steroid hormone that is commonly used to reduce inflammation and treat a variety of medical conditions, including asthma, allergies, and arthritis
13. walk around in a d\_\_e *n.* the feeling of distress and disbelief that you have when something bad happens accidentally; (verb) to confuse or stun someone with a sudden intense light or loud noise
14. fo\_\_y memory *adj.* characterized by or filled with dense clouds of mist or fog; unclear or hazy, as in thought or memory
15. in\_\_\_\_\_e his passion *v.* to cause very strong feelings such as anger or excitement in a person or a group of people
16. fo\_\_y morning *adj.* characterized by or filled with dense clouds of mist or fog; unclear or hazy, as in thought or memory
17. re\_\_\_d a film *v.* to make something, such as a film or tape, go back to the beginning
18. autistic st\_\_\_\_\_ng *n.* a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation

ANSWERS: 10. adrenal, 11. superhuman, 12. corticosteroid, 13. daze, 14. foggy, 15. inflame, 16. foggy, 17. rewind, 18. stimming

19. ceremonial sa\_\_r *n.* a type of sword with a curved blade, typically used in cavalry or fencing
20. se\_\_\_\_\_us cyst *adj.* relating to or secreting a fatty or oily substance, particularly in the skin or hair follicles, often associated with the formation of acne or other skin conditions
21. pi\_\_\_\_\_ry hormone *n.* a small, pea-sized gland located at the base of the brain that influences the growth and sexual development of the body by producing hormones
22. sa\_\_r fencing *n.* a type of sword with a curved blade, typically used in cavalry or fencing
23. po\_\_\_r divine matters *v.* to think deeply or carefully about something
24. d\_\_e of sleep *n.* the feeling of distress and disbelief that you have when something bad happens accidentally; (verb) to confuse or stun someone with a sudden intense light or loud noise
25. cor\_\_\_\_\_oid injection *n.* a synthetic steroid hormone that is commonly used to reduce inflammation and treat a variety of medical conditions, including asthma, allergies, and arthritis
26. miserable pl\_\_\_t *n.* a difficult or unfortunate situation
27. po\_\_\_r life's meaning *v.* to think deeply or carefully about something
28. pe\_\_y problem *adj.* causing annoyance, irritation, or trouble; persistent in a vexing or troublesome manner

ANSWERS: 19. saber, 20. sebaceous, 21. pituitary, 22. saber, 23. ponder, 24. daze, 25. corticosteroid, 26. plight, 27. ponder, 28. pesky

29. sl\_\_p against pillows      *v.* to fall or sink suddenly, often due to loss of support or stability; to decline or decrease abruptly, as in business or economic conditions; to become despondent or dispirited; (noun) a sudden or prolonged decline or drop in value, price, or quality
30. excessive co\_\_\_\_ol      *n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure
31. an una\_\_\_\_\_le accident      *adj.* impossible to avoid or evade; inevitable
32. ho\_\_r between life and death      *v.* to stay in one place in the air
33. unpre\_\_\_\_\_ed speech      *adj.* not properly or adequately prepared; lacking preparation; not ready
34. st\_\_\_\_\_e through life      *v.* to miss a step and fall or nearly fall; to walk unsteadily
35. p\_\_e over reference books      *n.* a tiny hole in the skin of people or other animals that sweat can pass through; (verb) to read carefully or study attentively
36. in-s\_\_u control      *adj.* short for "situated," meaning located or placed in a particular position or circumstance
37. gi\_\_\_e uncontrollably      *v.* to laugh lightly and repeatedly in a silly, nervous, or childlike way
38. pi\_\_\_e treatment      *n.* a small, inflamed spot or swelling on the surface of the skin, typically caused by clogged pores or sebaceous glands; a colloquial term for an acne blemish

ANSWERS: 29. slump, 30. cortisol, 31. unavoidable, 32. hover, 33. unprepared, 34. stumble, 35. pore, 36. situ, 37. giggle, 38. pimple

39. under una\_\_\_\_\_le circumstances     *adj.* impossible to avoid or evade; inevitable
40. ho\_\_r around the table     *v.* to stay in one place in the air
41. p\_a protein     *n.* a small, round, green vegetable that grows in pods on a climbing plant and is eaten as a vegetable
42. am\_\_\_h marketing     *n.* the act of hiding and waiting for someone before the sudden attack
43. ex-s\_\_u conservation     *adj.* short for "situated," meaning located or placed in a particular position or circumstance
44. ch\_\_n in my stomach     *v.* to stir or agitate a liquid, substance, or mixture vigorously to produce foam or because of violent movement; to cause a large number of people to move or leave; to produce something, such as money, through continuous activity or turnover
45. the pl\_\_\_t of the poor     *n.* a difficult or unfortunate situation
46. st\_\_\_\_\_ng therapy     *n.* a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation
47. manually re\_\_\_d the tape     *v.* to make something, such as a film or tape, go back to the beginning
48. in\_\_\_n civilians     *v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

ANSWERS: 39. unavoidable, 40. hover, 41. pea, 42. ambush, 43. situ, 44. churn, 45. plight, 46. stimming, 47. rewind, 48. intern

49. hyp\_\_\_\_\_mus hemorrhage *n.* a basal part of the brain that autonomically controls body temperature, hunger, and the release of hormones
50. medical in\_\_\_\_n *v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
51. woody p\_\_e fungi *n.* a tiny hole in the skin of people or other animals that sweat can pass through; (verb) to read carefully or study attentively
52. sw\_\_l a population *v.* to become larger or more inflated; to become more intense or important
53. pinch off a b\_d *n.* a small swelling on a plant stem or twig containing an undeveloped shoot
54. co\_\_\_\_\_ol stress *n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure
55. p\_a family *n.* a small, round, green vegetable that grows in pods on a climbing plant and is eaten as a vegetable
56. attacking from am\_\_\_\_h *n.* the act of hiding and waiting for someone before the sudden attack
57. economic sl\_\_p *v.* to fall or sink suddenly, often due to loss of support or stability; to decline or decrease abruptly, as in business or economic conditions; to become despondent or dispirited; (noun) a sudden or prolonged decline or drop in value, price, or quality

ANSWERS: 49. hypothalamus, 50. intern, 51. pore, 52. swell, 53. bud, 54. cortisol, 55. pea, 56. ambush, 57. slump

58. sup\_\_\_\_\_an beings *adj.* possessing abilities or characteristics that exceed those of normal humans; beyond human capacity or capability
59. ch\_\_n out manufactured goods *v.* to stir or agitate a liquid, substance, or mixture vigorously to produce foam or because of violent movement; to cause a large number of people to move or leave; to produce something, such as money, through continuous activity or turnover
60. gi\_\_\_e like a child *v.* to laugh lightly and repeatedly in a silly, nervous, or childlike way
61. neu\_\_\_\_\_ide release *n.* a type of molecule that is made up of chains of amino acids and is involved in transmitting messages between neurons in the brain and nervous system
62. neu\_\_\_\_\_ide receptor *n.* a type of molecule that is made up of chains of amino acids and is involved in transmitting messages between neurons in the brain and nervous system
63. st\_\_\_\_\_e financially *v.* to miss a step and fall or nearly fall; to walk unsteadily
64. se\_\_\_\_\_us glands *adj.* relating to or secreting a fatty or oily substance, particularly in the skin or hair follicles, often associated with the formation of acne or other skin conditions

ANSWERS: 58. superhuman, 59. churn, 60. giggle, 61. neuropeptide, 62. neuropeptide, 63. stumble, 64. sebaceous

## Session 3: Fill in the Blanks

1. His arm was \_\_\_\_\_ from the insect bite.  
*v.* to become larger or more inflated; to become more intense or important
2. Two birds were \_\_\_\_\_ overhead.  
*v.* to stay in one place in the air
3. The government has ignored the \_\_\_\_\_ of the homeless population.  
*n.* a difficult or unfortunate situation
4. The \_\_\_\_\_ gland is responsible for releasing hormones that regulate growth and metabolism.  
*n.* a small, pea-sized gland located at the base of the brain that influences the growth and sexual development of the body by producing hormones
5. Her eyes \_\_\_\_\_ with crying.  
*v.* to cause very strong feelings such as anger or excitement in a person or a group of people
6. Armed police officers lay in \_\_\_\_\_ in front of the criminal's house.  
*n.* the act of hiding and waiting for someone before the sudden attack
7. The military commander drew his \_\_\_\_\_ and shouted orders to the troops.  
*n.* a type of sword with a curved blade, typically used in cavalry or fencing
8. The \_\_\_\_\_ fly kept buzzing around my head.  
*adj.* causing annoyance, irritation, or trouble; persistent in a vexing or troublesome manner

ANSWERS: 1. swelling, 2. hovering, 3. plight, 4. pituitary, 5. inflamed, 6. ambush, 7. saber, 8. pesky

9. Oxytocin is also produced in the nucleus of the \_\_\_\_\_.
- n.* a basal part of the brain that autonomically controls body temperature, hunger, and the release of hormones
10. The flower was starting to show its \_\_\_\_ and would soon bloom into a beautiful blossom.
- n.* a small swelling on a plant stem or twig containing an undeveloped shoot
11. Melanoma in \_\_\_\_\_ is considered the earliest stage of melanoma and has a high cure rate with appropriate treatment.
- adj.* short for "situated," meaning located or placed in a particular position or circumstance
12. There are now fears that war is \_\_\_\_\_.
- adj.* impossible to avoid or evade; inevitable
13. The cream needs to be \_\_\_\_\_ for several minutes before it becomes butter.
- v.* to stir or agitate a liquid, substance, or mixture vigorously to produce foam or because of violent movement; to cause a large number of people to move or leave; to produce something, such as money, through continuous activity or turnover
14. The athlete's \_\_\_\_\_ strength allowed him to lift twice his body weight.
- adj.* possessing abilities or characteristics that exceed those of normal humans; beyond human capacity or capability
15. When we saw the animals at the zoo playfully chasing each other, we all started to \_\_\_\_\_.
- v.* to laugh lightly and repeatedly in a silly, nervous, or childlike way

ANSWERS: 9. hypothalamus, 10. bud, 11. situ, 12. unavoidable, 13. churned, 14. superhuman, 15. giggle



16. She \_\_\_\_\_ over the tree root.

*v.* to miss a step and fall or nearly fall; to walk unsteadily

17. Autistic children may engage in \_\_\_\_\_ behaviors, such as rocking or hand flapping, to self-regulate.

*n.* a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation

18. The \_\_\_\_\_ weather made it difficult to see the road ahead.

*adj.* characterized by or filled with dense clouds of mist or fog; unclear or hazy, as in thought or memory

19. Sales of the product \_\_\_\_\_ after the negative reviews were published.

*v.* to fall or sink suddenly, often due to loss of support or stability; to decline or decrease abruptly, as in business or economic conditions; to become despondent or dispirited; (noun) a sudden or prolonged decline or drop in value, price, or quality

20. Please \_\_\_\_\_ the thread onto the reel.

*v.* to make something, such as a film or tape, go back to the beginning

21. \_\_\_\_\_ levels in the body are often elevated during times of stress.

*n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure

22. The \_\_\_\_\_ student struggled on the test and received a low grade.

*adj.* not properly or adequately prepared; lacking preparation; not ready

23. The navy \_\_\_\_\_ ships of defeated nations.

*v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

ANSWERS: 16. stumbled, 17. stimming, 18. foggy, 19. slumped, 20. rewind, 21. Cortisol, 22. unprepared, 23. interned

24. Experiments with \_\_\_\_\_ inhibitors have shown promising results in alleviating chronic pain.
- n.* a type of molecule that is made up of chains of amino acids and is involved in transmitting messages between neurons in the brain and nervous system
25. Acne is often caused by \_\_\_\_\_ oils clogging the pores on the skin.
- adj.* relating to or secreting a fatty or oily substance, particularly in the skin or hair follicles, often associated with the formation of acne or other skin conditions
26. The doctor ordered tests to check the patient's \_\_\_\_\_ function.
- adj.* relating to two glands situated above the kidneys, called the adrenal gland
27. He was in a \_\_\_\_\_ from the sudden news and couldn't process it properly.
- n.* the feeling of distress and disbelief that you have when something bad happens accidentally; (verb) to confuse or stun someone with a sudden intense light or loud noise
28. She sat quietly, \_\_\_\_\_ the difficult decision.
- v.* to think deeply or carefully about something
29. I was sweating at every \_\_\_\_\_.
- n.* a tiny hole in the skin of people or other animals that sweat can pass through; (verb) to read carefully or study attentively
30. She shelled the \_\_\_\_\_ and added them to the pot.
- n.* a small, round, green vegetable that grows in pods on a climbing plant and is eaten as a vegetable
31. The \_\_\_\_\_ outbreak on his face made him feel self-conscious.
- n.* a small, inflamed spot or swelling on the surface of the skin, typically caused by clogged pores or sebaceous glands; a colloquial term for an acne blemish

ANSWERS: 24. neuropeptide, 25. sebaceous, 26. adrenal, 27. daze, 28. pondering, 29. pore, 30. peas, 31. pimple

32. The doctor prescribed a \_\_\_\_\_ cream to treat my itchy rash.

- n.* a synthetic steroid hormone that is commonly used to reduce inflammation and treat a variety of medical conditions, including asthma, allergies, and arthritis

ANSWERS: 32. corticosteroid