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Vocabulary Builder Reference from...

Josette Sheeran: Ending hunger now | TED Talk

https://www.ted.com/talks/josette_sheeran_ending_hunger_now

All Words

IMPORTANT

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Session 1: Word List

economics

n. the branch of social science that deals with the production, consumption, and transfer of goods and services

synonym: social science, finance, business

(1) welfare **economics**, (2) **economics** professor

His class will cover an introduction to agricultural **economics**.

vulnerable

adj. capable of being hurt or influenced physically or mentally

synonym: susceptible, exposed, weak

(1) a **vulnerable** bridge, (2) **vulnerable** parts of the body

Infants and pregnant women are particularly **vulnerable**.

survive

v. to live or exist despite a dangerous event or period

synonym: endure, persist, stay

(1) **survive** a blizzard, (2) **survive** a plane crash

These birds can only **survive** in temperate climates.

obtain

v. to get something, especially by making a great effort

synonym: accept, acquire, receive

(1) **obtain** a license, (2) **obtain** a bid

Where can I **obtain** the application form?

symbol

n. something visible that is used to represent something else

synonym: mark, character, insignia

(1) **symbol** color, (2) **symbol** for happiness

The dragon is considered a **symbol** of bravery.

hunger

n. a strong desire or craving for something; a feeling of discomfort or weakness caused by lack of food; a chronic condition of insufficient food intake and malnutrition

synonym: appetite, craving, starvation

(1) **hunger** pangs, (2) chronic **hunger**

Many people in the world suffer from **hunger** and malnourishment every day.

par

n. a state of being equal to someone or something

synonym: equality, standard, balance

(1) above **par** performance, (2) not up to **par**

Shares in the company finally fell below their **par** value.

grandparent

n. a parent of one's father or mother

(1) great- **grandparent**, (2) person of **grandparent** age

She was close to her paternal **grandparents** and often spent summers with them.

rarely

adv. not happening often; infrequently; seldom

synonym: seldom, infrequently, hardly ever

(1) **rarely** seen, (2) **rarely** used

I **rarely** eat fast food because I prefer healthy options.

compassion

n. a strong feeling of sympathy and sadness for another's suffering or bad luck

synonym: pity, empathy, understanding

(1) feel **compassion** for the poor, (2) have **compassion** toward the accident

His infinite love and **compassion** for everyone never weary.

fundamental

adj. forming an essential base or core from which everything else develops or is affected

synonym : basic, essential, entire

(1) **fundamental** education, (2) **fundamental** rights

Human behavior has **fundamental** characteristics.

humanity

n. all people living on the earth; the quality or state of being human rather than an animal, a machine, etc.

synonym : humankind, society, human race

(1) **humanity** at large, (2) mass of **humanity**

They donated large sums of money for the development of **humanity**.

security

n. the state of being free from danger, risk, or harm; measures taken to protect against threats or attacks; a financial asset, such as a stock or bond that derives value exclusively from the ownership interest or claim to a particular underlying asset or obligation

synonym : safety, protection, stock

(1) national **security**, (2) **security** analyst

The building's **security** system includes cameras, alarms, and security guards.

stability

n. the quality or attribute of being firm and steadfast

synonym : resilience, solidity, steadiness

(1) **stability** pact, (2) fiscal **stability** pact

The policy should increase the country's monetary **stability**.

riot

n. a violent disturbance of the peace by a crowd, characterized by destruction of property, looting, arson, and attacks on individuals

synonym : disturbance, unrest, upheaval

(1) **riot** police, (2) **riot** control gas

The **riots** in the city have left many buildings damaged and several people injured.

silent

adj. without any or little sound

synonym : quiet, hushed, mute

(1) **silent** reading, (2) give **silent** consent

The politician remained **silent** despite intense media scrutiny.

tsunami

n. a huge ocean wave caused by an earthquake, volcano, or other disturbance

synonym : tidal wave, seismic sea wave

(1) **tsunami** warning, (2) **tsunami** relief

The earthquake- **tsunami** caused widespread destruction along the coast.

sweep

v. to clean something, especially a floor or an area, by using a broom; move swiftly and smoothly

synonym : clean, clear, brush off

(1) **sweep** up dead leaves, (2) **sweep** a room with a glance

The politician tried to **sweep** the embarrassing incident under the rug.

globe

n. the earth or world, mainly used to emphasize its vastness

synonym : Earth, world, sphere

(1) terrestrial **globe**, (2) around the **globe**

His final goal is to sail around the **globe**.

overnight

adj. lasting for or occurring during one night; occurring or changing extremely quickly or suddenly; happening or being achieved in a short amount of time

synonym : all-night, sudden, immediate

(1) **overnight** parking, (2) **overnight** success

The **overnight** package delivery arrived at my door this morning.

destabilize

v. to cause something to become less stable or secure

synonym : unsettle, disrupt, upset

(1) **destabilize** the market, (2) **destabilize** a good

relationship

The political crisis **destabilized** the country and caused widespread turmoil.

civilization

n. a complex and highly organized society that has developed over time and has a dominant culture, including features such as language, religion, government, technology, and social customs

synonym: society, culture, community

(1) **civilization** decline, (2) lost **civilization**

The rise and fall of **civilizations** can be studied through history and archaeology.

nightmare

n. a very frightening or unpleasant dream

synonym: agony, misery, suffering

(1) have a **nightmare**, (2) **nightmare** situation

Life as a waiter was a big **nightmare** for him.

population

n. the total number of people in a country, region, or location

synonym: people, inhabitants, folk

(1) **population** change, (2) labor **population**

In just four years, the **population** has doubled.

negotiable

adj. capable of being discussed and agreed upon; able to be changed or altered through negotiation

synonym: flexible, adjustable, adaptable

(1) a **negotiable** bill, (2) **negotiable** salary

The price of these items is **negotiable**, so feel free to make an offer.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

chain

n. a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle

synonym: series, string, link

(1) **chain** reaction, (2) supply **chain**

The **chain** on my bike broke, leaving me stranded.

fee

n. a sum of money charged for a particular service

synonym: charge, cost, expense

(1) **fee** calculation, (2) service **fee**

The lawyer's **fee** for the case was \$10,000.

famine

n. a severe shortage of food, often caused by drought, war, or economic reasons

synonym: hunger, starvation, drought

(1) **famine** relief, (2) coal **famine**

The severe **famine** caused by the drought has left many people without food.

strike

v. to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon

synonym: hit, impact, influence

(1) **strike** up a conversation, (2) **strike** a blow

We **strike** to achieve more wages and safer working conditions.

nurse

n. a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

synonym: healthcare worker, caregiver, medic

(1) **nurse** practitioner, (2) a volunteer **nurse**

The night shift **nurse** checked my vital signs before administering the medication.

penetrate

v. to pass into or through something, often by overcoming resistance

synonym: pierce, stab, go through

(1) **penetrate** a cell, (2) **penetrate** quickly into the skin

Western ideology slowly **penetrates** through the eastern countries.

haunting

adj. lingering in the mind or memory, often in a disturbing or unsettling way; (noun) something difficult to forget or shake off

synonym : lingering, disturbing, unsettling

(1) **haunting** memory, (2) a **haunting** sense of fear

The song's **haunting** melody stayed with me long after I heard it.

outrage

n. an intense feeling of anger or indignation in response to something that is perceived as unfair, unjust, or offensive; a public display of anger or protest against such injustices

synonym : indignation, fury, anger

(1) public **outrage**, (2) **outrage** over injustice

There was widespread **outrage** over the government's handling of the situation.

disease

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym : illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

starvation

n. a severe lack of food that leads to malnutrition and, ultimately, death

synonym : hunger, malnutrition, emaciation

(1) die of **starvation**, (2) **starvation** wages

The drought led to widespread **starvation** in the region.

malaria

n. a severe disease caused by a parasite that is spread by the bite of an infected mosquito

(1) **malaria** mosquitoes, (2) **malaria-endemic** area

Many people in tropical countries die from **malaria** every year.

tuberculosis

n. an infectious disease usually caused by tubercle bacteria that can attack many parts of a person's body, especially their lungs

(1) died of **tuberculosis**, (2) a medicine for **tuberculosis**
Tuberculosis used to be considered a fatal disease.

combine

v. to join or merge to form a single thing or group
synonym: coalesce, cohere, blend

(1) **combine** chemically with another substance,
(2) **combine** augmented reality

Hydrogen and oxygen **combine** to form water.

mentor

n. a person who helps and advises a younger or less experienced person over time, usually at work or school
synonym: adviser, coach, tutor

(1) **mentor** for life, (2) fashion **mentor**

As a **mentor**, he helped me realize my career.

Norman

adj. relating to or characteristic of the Normans, a people who originally came from Normandy, France, and who had a significant impact on the history and culture of Britain and other European countries; the term can also refer to a style of architecture or art that developed during the Norman period

synonym: medieval, antique, archaic

(1) **norman** cathedral, (2) **norman** invasion

The **Norman** architecture in the old city was a sight to behold.

hero

n. a person who is admired or idealized for courage, outstanding achievements, or noble qualities; a character in literature or history who is central to the plot and who exhibits heroic qualities

synonym: champion, protagonist, savior

(1) local **hero**, (2) unsung **hero**

The soldier who sacrificed his life for his country is considered a national **hero**.

crisis

n. a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken

synonym: concern, problem, emergency

(1) financial **crisis**, (2) **crisis** management

The Chinese word for **crisis** comprises two characters, one for danger and the other for opportunity.

calorie

n. unit of heat defined as the quantity of heat required to raise the temperature of 1 gram of water by 1 degree Celsius at atmospheric pressure, used by nutritionists to measure how much energy food will produce

(1) **calorie** calculation, (2) reduce my **calorie** intake

It would be best if you burned off **calories** through vigorous exercise.

burden

n. a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry

synonym: obligation, duty, load

(1) carry a **burden**, (2) **burden** of disease

That car has a low environmental **burden**.

lancet

n. a sharp, pointed surgical instrument used for making incisions or punctures, typically in medical procedures

synonym: scalpel, blade, surgical instrument

(1) **lancet** device, (2) surgical **lancet**

The doctor used a **lancet** for a small incision on the patient's skin.

compile

v. to create a book, a list, a report, etc., by combining various objects, articles, music, etc.

synonym: assemble, collect, gather

(1) **compile** a biography, (2) **compile** the data
We are attempting to **compile** a list of qualified candidates for the position.

compelling

adj. arousing strong and irresistible interest, attention, or admiration

synonym: tempting, captivating, influential

(1) tell a **compelling** story, (2) new and **compelling** evidence

His **compelling** presentation deeply moved everyone.

conception

n. a general idea or belief of what something or someone is like or should be; an understanding of a situation or a principle

synonym: notion, abstraction, cogitation

(1) a grand **conception**, (2) the **conception** of the good
I have no **conception** of what you intend.

adequate

adj. enough, acceptable, satisfactory for a particular purpose or need

synonym: enough, acceptable, able

(1) **adequate** parking facilities, (2) provide **adequate** funding

This argument is still not **adequate**.

nutrition

n. the substances or the process that organisms take into their bodies as food for their growth and health

synonym: alimentation, nourishment, sustenance

(1) **nutrition** condition, (2) **nutrition** intake

This food contains all the **nutrition** your dog requires.

damage

v. to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity

synonym: harm, impair, injure

(1) **damage** a relationship, (2) **damage** assessment
During the surgery, the doctor had to be extremely cautious not to **damage** a blood vessel.

irreversible

adj. impossible to change or return to a previous condition
synonym: irrevocable, unrecoverable, permanent

(1) avoid **irreversible** damage, (2) an **irreversible** change
The development of agricultural technology has had an **irreversible** impact on humanity.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym: intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage
X-rays revealed a small tumor in his **brain**.

stunt

n. a feat or action that is often dangerous or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a physical or mental sense

synonym: feat, accomplishment, (verb) hinder

(1) skydiving **stunt**, (2) **stunt** brain growth

The daredevil attempted a dangerous **stunt** by jumping off a tall building with a parachute.

scan

v. to examine something hastily, with the eyes or with a machine, to get information

synonym: look over, scrutinize, browse

(1) **scan** the face of the man, (2) **scan** a document into PDF
She stood on the podium and **scanned** an audience.

neglect

v. to not give enough care or attention to something; to leave something undone

synonym: delinquency, carelessness, decay

(1) **neglect** to call, (2) **neglect** ethical issues

He **neglected** his health to make the project a success.

malnourished

adj. not getting enough of the right type of food to stay healthy and strong

synonym : undernourished, underfed

(1) premature **malnourished** infant, (2) **malnourished** population

Malnourished children are at risk of developmental delays and chronic health problems.

volume

n. the amount of space occupied by an object or substance; the magnitude of sound

synonym : capacity, amount, intensity

(1) **volume** of work, (2) high **volume**

This container has a **volume** of 10 cubic meters.

slide

v. to move or cause to move smoothly along a surface without interruption

synonym : glide, drift, drop

(1) **slide** a card across the table, (2) **slide** a glance

If necessary, you can **slide** the front seats forward.

neuron

n. a cell that is specialized to carry information within the brain and between the brain and other parts of the body

synonym : nerve cell

(1) excite the **neurons**, (2) **neuron** cell body

Our body transfers information along each **neuron** using an electrical impulse.

synapse

n. the fact or state of failing to finish an activity and of stopping using, making, or doing it

(1) **synapse** circuit, (2) end at a **synapse**

Animals transmit nerve impulses through **synapses**.

economy

n. the system by which a country or region produces, manages, and distributes goods and services, including the money and finances involved in these activities; (of

an airline) the lowest-priced, most basic option for seating in commercial travel

synonym : finance, trade, business

(1) **economy** of scale, (2) **economy** class

The **economy** of the country is struggling due to the recent political instability.

lifetime

n. the duration of someone's life or something's existence;

synonym : lifespan, duration

(1) **lifetime** benefits, (2) **lifetime** ban from the sport

She had lived through two world wars in her **lifetime**.

sector

n. a distinct part or division of something often used to refer to a segment of an economy or industry; an area or field of work or activity

synonym : division, department, branch

(1) industrial **sector**, (2) private **sector**

The technology **sector** is constantly evolving and innovating.

gap

n. a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.

synonym : opening, lacuna, spread

(1) the **gap** between ideal and reality, (2) distance **gap**

Many people are working together to close the gender **gap**.

nutritional

adj. of or relating to the substance required by the body to maintain health and growth

synonym : nourishing, healthy, wholesome

(1) **nutritional** supplement, (2) bit of **nutritional** yeast

The **nutritional** value of the food should be clearly labeled on the packaging.

breastfeeding

n. the act of feeding a baby with milk produced by the mother's breasts

synonym : nursing, lactation, suckling

(1) **breastfeeding** mother, (2) **breastfeeding** support
Getting the hang of **breastfeeding** at first can be challenging, but with patience and practice, it gets easier.

exclusive

adj. not divided or shared with others

synonym: sole, deluxe, limited

(1) **exclusive** authority, (2) **exclusive** clubs

The condo offers **exclusive** access to the beach.

transform

v. to change in outward structure or looks;

synonym: alter, convert, change

(1) **transform** an education system, (2) **transform** heat into power

My father's death **transformed** my life completely.

old-fashioned

adj. of or relating to a time in the past; not modern

synonym: antiquated, ancient, outdated

(1) an **old-fashioned** person, (2) **old-fashioned** in appearance

My father is **old-fashioned** in his thinking.

brilliant

adj. extremely clever, skilled, or impressive

synonym: luminous, intelligent, clever

(1) **brilliant** idea, (2) **brilliant** performance

The more **brilliant** you are, the more people around you look at you with envy and jealousy.

passee

adj. no longer fashionable or current; outdated; considered to be old-fashioned or out of date

synonym: outdated, old-fashioned, antique

(1) **passee** entertainment, (2) **passee** trend

Bell-bottom jeans, once considered **passee** fashion, have made a surprising comeback in recent years.

moth

n. an insect with wings similar to a butterfly that travels at night and is attracted to light

(1) **moth** larva, (2) **moth** attracted to the light
The **moth** is a serious threat to the farm's output.

enrich

v. to make better or improve in quality by adding something else

synonym: enhance, improve, augment

(1) **enrich** a gas with a balloon, (2) **enrich** public services
Reading not only increases knowledge but also **enriches** life.

limp

adj. having no strength or energy; walking with difficulty because of pain, injury, or disability in one's leg or foot

synonym: unsteady, weak, faltering

(1) **limp** handshake, (2) **limp** hair

The steak was so undercooked that it was almost raw and had a **limp** texture.

drought

n. a long period of time during which there is very little or no rain, leading to a shortage of water and often causing damage to crops and other vegetation

synonym: dryness, aridity, water shortage

(1) periods of **drought**, (2) **drought** conditions

The region has been experiencing a severe **drought**, leading to water shortages and crop failures.

flood

n. a large amount of water flowing beyond its normal limits; an overwhelming number or amount

synonym: deluge, downpour, overflow

(1) **flood** advisory, (2) a **flood** of questions

These heavy rains caused flash **floods** on several islands.

diversity

n. the quality or fact of many different types of things or people being included in something; a range of different things or people

synonym: variety, multiplicity, variousness

(1) the **diversity** policy of the university, (2) lingual **diversity**

He was impressed by the range and **diversity** of the

collection.

- diet** *n.* the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan
synonym: food, dietary
(1) eat a vegetarian **diet**, (2) **Diet** approval
A balanced **diet** is more important for health than supplements.
- excite** *v.* to make someone feel suddenly enthusiastic or eager
synonym: thrill, exhilarate, animate
(1) **excite** the crowd, (2) **excite** rebellion
The news of her promotion **excited** her.
- industrious** *adj.* hardworking, diligent, and persistent in effort
synonym: diligent, hardworking, assiduous
(1) **industrious** worker, (2) **industrious** student
He was known to be very **industrious** and would often work late into the night.
- tradition** *n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
synonym: custom, practice, ritual
(1) a **tradition** of a culture, (2) against **tradition**
It is a **tradition** in many families to have a big Thanksgiving dinner with all their relatives.
- crop** *n.* a plant that is cultivated in large amounts, particularly for food
synonym: output, produce, product
(1) **crop** field, (2) **crop** herbicide
Sow early for an early **crop**.
- chickpea** *n.* a round, pale-colored, edible legume with a nutty taste, also known as a garbanzo bean, commonly used in

Middle Eastern and Indian cooking

synonym : garbanzo bean, chana

(1) **chickpea** salad, (2) **chickpea** curry

I love adding **chickpeas** to my salads for some extra protein and texture.

vitamin

n. any of a group of organic compounds that are essential in small quantities to the diet and are present in natural foodstuffs or sometimes produced within the body

synonym : nutrient, micronutrient, dietary supplement

(1) rich in **vitamin D**, (2) **vitamin** deficiency

Vitamin C is important for immune system function and skin health.

technological

adj. based on scientific and industrial progress

synonym : specialized, technical

(1) **technological** advancement, (2) **technological** policy

Technological advances have disrupted many industries.

packaging

n. the process, materials, or container used to wrap or contain a product for distribution, storage, or sale; the design or appearance of a product's packaging

synonym : wrapping, packing, boxing

(1) **packaging** materials, (2) biodegradable **packaging**

The **packaging** for the fragile items was made of sturdy materials and could withstand rough handling during shipping.

malnutrition

n. the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients

synonym : undernourishment, starvation, hunger

(1) severe **malnutrition**, (2) childhood **malnutrition**

The doctor advised the patient to eat a balanced diet to avoid **malnutrition**.

overcome

v. to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone

synonym : beat, confound, overwhelm

(1) **overcome** opponents, (2) **overcome** all difficulties

He tried to **overcome** a bad reputation and win the election.

convinced

adj. completely certain about something; having a strong belief or conviction in a particular religion

synonym : confident, positive, indoctrinated

(1) **convinced** of the idea, (2) **convinced** criminal

The public is **convinced** that the prime minister has committed fraud.

unlock

v. to open something, such as a door, window, etc., usually using a key

synonym : open, solve, unravel

(1) **unlock** a door with a key, (2) **unlock** value

The customs officer required the traveler to **unlock** his suitcase.

commonplace

adj. occurring very often; lacking originality or interest

synonym : ordinary, routine, mundane

(1) become a **commonplace** sight, (2) **commonplace** event

Forgetting someone's name is a **commonplace** occurrence.

climate

n. the weather in a particular location averaged over some long period

synonym : atmosphere, weather, environment

(1) a cold **climate**, (2) effects of **climate** change

Climate and weather have an impact on every part of our lifestyles.

proof

n. a fact or piece of information that shows something is true or exists

synonym : testimony, evidence, assurance

(1) documentary **proof**, (2) a geometric **proof**
Proof is better than argument.

refrigerate

v. to cool or preserve food or other items by using a refrigerator or other cold storage device; to keep something at a low temperature to prevent spoilage or degradation

synonym: chill, cool, freeze

(1) **refrigerate** perishable, (2) **refrigerate** medicine

We need to **refrigerate** the leftovers to keep them from spoiling.

disaster

n. an unexpected event or series of events that cause widespread damage, destruction, or loss of life

synonym: catastrophe, calamity, tragedy

(1) global **disaster**, (2) **disaster** recovery

The **disaster** response team worked around the clock to aid those affected by the earthquake.

conflict

n. a strong disagreement, argument, or a violent clash between two opposing groups or individuals

synonym: clash, discord, competition

(1) the **conflict** between good and evil, (2) the longstanding **conflict**

He and I often had **conflicts**, not only in personality but also in ideology.

governance

n. the act or process of governing or managing a political, social, or economic entity; the systems or principles that guide such processes

synonym: administration, management, direction

(1) good **governance**, (2) corporate **governance**

The United Nations assists countries in building strong **governance** frameworks and institutions.

institute

n. an organization that has a specific purpose, particularly one dealing with science, education, or a particular

profession; (verb) to initiate, introduce, or establish something

synonym : academy, university, college

(1) **institute** a lawsuit, (2) research **institutes**

This region has many **institutes** offering higher education.

church

n. a building or institution dedicated to religious worship or activities; a Christian religious organization or denomination

synonym : chapel, cathedral, synagogue

(1) **church** bell, (2) small **church**

The **church** on the corner is hosting a free community meal tonight.

temple

n. a place of worship, especially one that is associated with a particular religion or faith; the flat area on either side of the forehead

synonym : shrine, mosque, synagogue

(1) **temple** complex, (2) a tour guide at the **temple**

He visited the **temple** to pray and make offerings to the gods.

invest

v. to put money, effort, time, etc. into something to make a profit or achieve a result

synonym : fund, sponsor, support

(1) **invest** in stocks, (2) **invest** capital

The government should view children as national assets and actively **invest** in them.

agriculture

n. the practice or science of cultivating the land or raising stock

synonym : farming, husbandry, agribusiness

(1) organic **agriculture**, (2) intensive **agriculture**

Agriculture is the foundation of our economy.

beg

v. to ask for something urgently or earnestly; to appeal to someone to do something

synonym : plead, implore, entreat

(1) **beg** the question, (2) **beg** for help
She **begged** her parents to let her go to the concert.

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym: exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling
The golfer recorded an **amazing** distance.

enroll

v. to officially register or sign up for something, particularly a course of study, an organization, or a service

synonym: register, enlist, join

(1) **enroll** at a college, (2) **enroll** in a school
I need to **enroll** in a cooking class to improve my culinary skills.

transformation

n. a complete change in form, nature, or appearance of someone or something

synonym: change, conversion, renewal

(1) the **transformation** of a tadpole into a frog, (2) cast a **transformation** spell

Understanding unitary **transformations** of a normal matrix require considerable mathematical sophistication.

attendance

n. the act of being present at an event or gathering; the number of people present at an event or gathering

synonym: presence, participation, appearance

(1) **attendance** sheet, (2) low **attendance**
Attendance at the meeting is mandatory for all employees.

argument

n. a set of statements or reasons used to support or refute a proposition or theory; a verbal or physical fight or dispute

synonym: debate, discourse, discussion

(1) a blazing **argument**, (2) the **argument** against capital punishment

The **argument** between the two sides over the proposed policy was heated.

incentive

n. something, such as a punishment, reward, etc., that encourages a person to do something

synonym: encouragement, inducement, enticement

(1) financial **incentives**, (2) an **incentive** to work hard

They have no **incentive** to win the game.

ration

n. a fixed portion or allowance of something, often referring to food, supplies, or resources, that is distributed or allocated to individuals or groups, especially during times of scarcity or in organized systems

synonym: quota, allowance, allocation

(1) food **ration**, (2) fuel **ration**

During the war, families were given a monthly **ration** of essential goods to ensure everyone had access to basic necessities.

generation

n. all the people born and living at about the same time, regarded collectively; the production of heat or electricity

synonym: cohort, age group, era

(1) **generation** gap, (2) the **generation** of electricity

The younger **generation** has different values and beliefs than the older one.

boom

n. a sudden increase in economic activity, or a sudden happening that brings good fortune; a deep, loud, and prolonged sound

synonym: roaring, prosperity, boost

(1) **boom** in sales, (2) a sonic **boom**

The high-technology industry is enjoying a **boom**.

bust

v. to break something; (noun) a woman's chest, or the measurement around a woman's chest; (noun) an occasion for something excessive, such as work, eating, drinking, etc.

synonym : ruin, fall apart, (noun) breast

(1) **bust** my leg, (2) the **bust** of the statue

I'm **bust** with preparation for tomorrow's meeting.

cycle

n. an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

synonym : revolution, rotation, bike

(1) the **cycle** of the seasons, (2) go to the workplace by

cycle

The food chain causes a material **cycle**.

horn

n. a hard, pointed, often curved part that grows on the top of the heads of some animals, such as sheep and cows; a noisemaker or musical instrument that makes a loud noise when you blow through it

synonym : cornet, funnel, alarm

(1) a handle of **horn**, (2) **horn** of a vehicle

He enjoyed hearing the tootles of their **horns** with beer.

hopeless

adj. having no hope; despairing; having no chance of success

synonym : despairing, helpless, futile

(1) **hopeless** situation, (2) **hopeless** at everything

After months of job searching, he felt **hopeless** and unsure of his future.

absolutely

adv. without restriction or limitation; completely or utterly

synonym : completely, utterly, definitely

(1) **absolutely** against, (2) **absolutely** obsessed with the girl

I am **absolutely** opposed to his idea because of morality.

warehouse

n. a large building for storing goods and merchandise, especially before they are sold, used, or sent out to shops

synonym : storage, repository, depot

(1) a rental **warehouse**, (2) **warehouse** debt

The fire ruined all the food stored in the **warehouse**.

aid *n.* things sent to help countries in need, notably food or money; support
synonym: helper, resource, assistance
(1) financial **aid**, (2) country-by-country **aid** programs
Pakistan's **aid** budget was still being reviewed.

starve *v.* to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance
synonym: famish, hunger
(1) **starve** for a victory, (2) **starve** to death
If you don't eat soon, you're going to **starve**.

lean *adj.* having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posture
synonym: skinny, slender, (verb) slant
(1) a **lean** horse, (2) **lean** athletic figure
Lean operational improvements often lead to better environmental performance.

decide *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
synonym: choose, determine, settle
(1) **decide** a question, (2) **decide** on a course of action
She couldn't **decide** whether to order the pizza or the pasta for dinner.

harvest *n.* yields of plants in a single growing season; the period of the year when gathering occurs on a farm
synonym: crop, reaping, yield
(1) a scanty **harvest**, (2) reap a **harvest**
During **harvest**, farmers are incredibly busy.

self-sufficient *adj.* able to provide for one's own needs without assistance from others

synonym : independent, self-reliant, self-sustaining

(1) **self-sufficient** economy, (2) **self-sufficient** renewable energy

He was determined to become **self-sufficient** and not rely on anyone else.

infrastructure

n. the basic systems, services, or features that are necessary for an organization or country, such as transport and power supplies

synonym : foundation, framework

(1) IT **infrastructure**, (2) **infrastructure** cost

Aging societies tend to require huge costs for **infrastructure** maintenance.

digital

adj. processing or storing information as a succession of 1 and 0 to show that a signal is present or missing; relating to the use of computer technology, especially the internet

synonym : numerical, computerized, cyber

(1) a **digital** watch, (2) **digital** electronic signature

Sensors convert physical phenomena into **digital** signals.

classic

adj. judged or deserving to be regarded as one of the best or most important of its kind over a period of time; of a well-known type

synonym : definitive, traditional, typical

(1) a **classic** experiment, (2) Chinese **classic** literature

He displayed the **classic** symptoms of depression.

presence

n. the fact or state that someone or something exists, occurs, or is present

synonym : existence, actuality, fact

(1) the evidence of the **presence**, (2) his majestic **presence**

The path to a solid online **presence** necessitates a high technical ability.

appetite

n. a natural desire or craving for food or drink; a strong desire or liking for something

synonym: hunger, appetite, craving

(1) **appetite** suppression, (2) loss of **appetite**

After a long hike, I had a huge **appetite** and devoured my meal in minutes.

Arabic

n. the Semitic language of the Arab people, widely spoken throughout the Middle East and North Africa; of or relating to Arab peoples, culture, or language

(1) **Arabic** cuisine, (2) **Arabic** language

I'm studying **Arabic** calligraphy as part of my art class.

swipe

v. to strike, hit, or slap with a sweeping motion; to pass a magnetic stripe or barcode through a scanner to read data; to steal or take something quickly and with little effort

synonym: flick, brush, pinch

(1) **swipe** a card, (2) **swipe** left on a dating app

He tried to **swipe** the phone from my hand, but I held on tight.

nutritious

adj. providing nourishment and essential nutrients for growth, development, and overall well-being; conducive to good health and proper bodily function

synonym: healthy, nourishing, wholesome

(1) **nutritious** ingredients, (2) **nutritious** meal

Eating a balanced and **nutritious** diet is important for maintaining good health.

locally

adv. in or to a specific or limited area or region; focused or restricted to a particular locality or community

synonym: topically, nearby, regionally

(1) buy **locally**, (2) support **locally**

The restaurant sources its ingredients **locally**, ensuring freshness and supporting local farmers.

dairy

n. a room, building, or establishment where milk and milk products are produced and processed; milk and milk products, such as butter and cheese

synonym : creamery, farm

(1) low-fat **dairy**, (2) imported **dairy** product

The **dairy** industry is a significant contributor to the economy.

shopkeeper

n. a person who owns or manages a shop, especially a small local business

synonym : merchant, storekeeper, retailer

(1) local **shopkeeper**, (2) general **shopkeeper**

The elderly **shopkeeper** greeted customers and helped them find what they sought.

hire

v. to give somebody a job

synonym : employ, engage, lease

(1) **hire** a guide, (2) **hire** a car by the hour

We should always be prepared to **hire** talented recruits.

moving

adj. causing strong emotions or feelings, especially sadness or sympathy

synonym : emotional, poignant, touching

(1) **moving** experience, (2) **moving** ceremony

His **moving** speech about his struggles with addiction brought tears to the audience's eyes.

refugee

n. a displaced person who has crossed national borders and who cannot or is unwilling to return home due to political, religious, or economic reasons or because of a war

synonym : emigrant, evacuee, exile

(1) global **refugee** crisis, (2) the **refugee** camp

The community warmly welcomed the **refugees**.

exciting

adj. causing a lot of interest or excitement

synonym : exhilarating, stimulating, thrilling

(1) **exciting** football player, (2) **exciting** news

The findings of the experiment were both **exciting** and unexpected.

bold

adj. brave, daring, and confident; not frightened of danger or afraid to say what you feel or to take risks

synonym : brave, courageous, fearless

(1) a **bold** design, (2) big, **bold** piano sounds

The effort to alleviate climate change needs **bold** action.

victim

n. a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event

synonym : prey, target, sufferer

(1) **victim** support, (2) **victim** compensation

The **victim** of the crime deserves justice and support to recover from the trauma.

tarp

n. (short for tarpaulin) a large, heavy piece of waterproof material, often made of canvas or plastic, used to cover or protect equipment, vehicles, outdoor living spaces, or other objects from the elements

synonym : cover, canopy, tarpaulin

(1) heavy-duty **tarp**, (2) polyethylene **tarp**

The painters spread a **tarp** over the floor to avoid splattering paint.

enabling

adj. providing the means, support, or resources necessary for something to happen or be achieved; allowing or encouraging a particular behavior or activity

synonym : facilitating, empowering, authorized

(1) **enabling** infrastructure, (2) **enabling** mindset

Enabling technologies allows people with disabilities to lead more independent lives.

environment

n. the natural world such as air, water, and land in which humans, animals, and plants live

synonym : atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**
Every human is responsible for taking care of the Earth's **environment**.

progression

n. the act or process of changing to the next stage or phase or moving forward

synonym: advancement, development, evolution

(1) **progression** of civilization, (2) **progression** of disease
The company has made great strides in its **progression** toward sustainability.

virtually

adv. almost completely

synonym: almost, basically, nearly

(1) **virtually** all countries, (2) **virtually** identical
Virtually all the parties signed the contract.

guarantee

v. to promise something will happen formally, especially that certain conditions about a product, service, or transaction would be met

synonym: assure, promise, warrant

(1) **guarantee** a high quality, (2) **guarantee** women equality
We cannot **guarantee** enough raw material sources.

metric

adj. using or relating to the meter as a unit of length; a system of related measures that facilitates the quantification of some particular characteristic

synonym: metrical, measured

(1) **metric** units, (2) key performance **metrics**

In the **metric** system, measurements are made in meters and liters.

prop

n. a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something

synonym: support, buttress, column

(1) emotional **prop**, (2) **prop** stick

We have finally lost our last **prop**.

yield

n. the total output of crops, profits, etc. that are produced;
(verb) to produce or supply helpful something, such as a profit, an amount of food, or information

synonym : proceeds, harvest, output

(1) corn **yield**, (2) the **yield** on the bond

The company's stock gives a high **yield**.

threefold

adj. three times as great or as many

synonym : three, triple, three times

(1) rise nearly **threefold**, (2) **threefold** increase

The price of the item was reduced **threefold** after the sale.

engine

n. a machine that converts thermal energy to mechanical work; something that has an important role used to achieve a purpose

synonym : motor, locomotive, driver

(1) a steam **engine**, (2) an air-cooled **engine**

The policies he announces can be the **engine** of economic growth in the country.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym : evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

defeat

v. to win against somebody in a fight, war, or attempt

synonym : conquer, beat, overpower

(1) **defeat** a global power, (2) **defeat** body odor

Despite his best efforts, he was unable to **defeat** the enemy.

nation

n. a large organized community of people living in a particular country or region and having a particular culture

synonym : country, state, sovereign entity

(1) **nation-state**, (2) a seafaring **nation**

The **nation** of Japan is known for its unique culture and advanced technology.

subsidy

n. money paid by a government or an organization as part of the cost of something to aid or encourage it to happen

synonym : allowance, grant, sponsorship

(1) inefficient fossil fuel **subsidy**, (2) a **subsidy** for research

The government provided a considerable **subsidy** to the company.

president

n. the leader of a republic, for example, the US; the person in charge of the organization such as a company, university, club, etc.

synonym : leader, CEO, chairperson

(1) **president** emeritus, (2) vice- **president** for finance

The club **president** does not have absolute power.

declare

v. to say, state, or announce something clearly, officially, or publicly

synonym : announce, state, affirm

(1) **declare** independence, (2) **declare** my love

Foreign goods from abroad must be **declared** to customs when entering a country.

lift

v. to raise something to a higher position or level; to pick up something or somebody and move them to a different position

synonym : raise, elevate, move up

(1) **lift** sagging skin, (2) **lift** a ban on alcohol

The drought **lifted** the prices of grain globally.

poverty

n. the condition of being extremely poor
synonym: deprivation, destitution, poorness

(1) **poverty** alleviation, (2) the cycle of **poverty**

Many studies have investigated the relationship between **poverty** and academic achievement.

livelihood

n. a means of earning money people need to pay for food, a place to live, clothing, etc.

synonym: occupation, living, income

(1) a means of **livelihood**, (2) **livelihood** assistance

I could no longer earn my own **livelihood**.

platform

n. the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed

synonym: stage, podium, forum

(1) an arrival **platform**, (2) a digital **platform** for enterprise

The speaker mounted the **platform** and started to speak.

imperative

adj. very important or requiring attention or action

synonym: compulsory, binding, critical

(1) moral **imperative**, (2) **imperative** need

It is **imperative** for politicians to be effective communicators.

productive

adj. resulting in or making a lot or a significant amount of something, especially something of value

synonym: efficient, fruitful, successful

(1) low **productive** capacity, (2) **productive** meeting

The new employee proved extremely **productive**, completing projects ahead of schedule.

estimate

v. to guess or calculate the cost, size, value, etc. of something

synonym: calculate, gauge, evaluate

(1) **estimate** a fair value, (2) **estimate** this chicken to weigh three pounds

We **estimated** the season's total trade deficit at \$50 billion.

doll

n. a child's toy that typically represents a human figure, especially a young girl; an attractive woman; a woman who is subservient or passive

synonym : puppet, dolly, toy

(1) plastic **doll**, (2) rag **doll**

The antique **doll** was worth thousands of dollars.

analyze

v. to think about in-depth and evaluate to discover essential features or meaning

synonym : explore, examine, investigate

(1) **analyze** a chemical compound, (2) **analyze** your real motives

The teacher attempted to **analyze** the root cause of our mistake.

finance

n. the management of money, credit, banking, and investments, especially by a government or commercial organization; the branch of economics that studies the management of money and other assets

synonym : banking, investment, fund

(1) **finance** act, (2) manage my **finances**

Our company decided to hire an advisor who specializes in **finance**.

minister

n. a person appointed to or a job of a head of a government department

synonym : bishop, official, ambassador

(1) **Minister** for Education, (2) deputy prime **minister**

The **minister** occasionally preaches at this church.

afford

v. to have enough money or time to be able to buy or do something

(1) **afford** to buy a new car, (2) **afford** a high travel cost

He cannot **afford** a holiday.

affordable

adj. not expensive and able to pay

synonym : cheap, reasonable, inexpensive

(1) **affordable** housing, (2) **affordable** solution

The automaker has been providing **affordable** car financing options since last year.

determination

n. the quality of being persistent and purposeful; the act of finding out the exact nature or essence of something

synonym : resolve, willpower, conviction

(1) a steely **determination**, (2) **determination** of a DNA sequence

His **determination** to succeed was unwavering, even in the face of adversity.

unacceptably

adv. in a way that is not acceptable or satisfactory

synonym : improperly, unsatisfactorily, inadequately

(1) **unacceptably** high prices, (2) **unacceptably** poor

The restaurant's service was **unacceptably** slow.

mindset

n. the established set of attitudes or fixed ideas held by someone

synonym : attitude, ethos, mentality

(1) flexible **mindset**, (2) the **mindset** in an education system

Countries whose goal is economic development often focus on fostering an entrepreneurial **mindset** in each individual.

honor

n. high regard or great respect for someone; the quality of having and doing based on a keen sense of morality;
(verb) to show respect towards someone

synonym : integrity, virtue, acclaim

(1) womanly **honor**, (2) **honor** our ancestors

I claim on my **honor** that it is true.

innovate

v. to introduce new methods, ideas, or products

synonym : bring in, introduce, found

(1) **innovate** a new method, (2) **innovate** the quality of his life

Companies developing self-driving cars consistently **innovate** the emerging technologies.

sand

n. finely granulated particles of rock or mineral material typically found along beaches, deserts, or riverbeds; used in construction, landscaping, and other applications requiring drainage or abrasive action

synonym: grit, dust, powder

(1) **sand** dunes, (2) **sand** castle

The **sand** on the beach was warm and golden.

grandchild

n. a child of someone's son or daughter

synonym: offspring, descendant, progeny

(1) **grandchild-grandparent** relationship, (2) **grandchild** development

The grandparents take care of their **grandchild** while the parents are at work.

Session 2: Spelling

1. s__d castle *n.* finely granulated particles of rock or mineral material typically found along beaches, deserts, or riverbeds; used in construction, landscaping, and other applications requiring drainage or abrasive action

2. chronic hu___r *n.* a strong desire or craving for something; a feeling of discomfort or weakness caused by lack of food; a chronic condition of insufficient food intake and malnutrition

3. documentary pr__f *n.* a fact or piece of information that shows something is true or exists

4. en___h a gas with a balloon *v.* to make better or improve in quality by adding something else

5. inefficient fossil fuel su____y *n.* money paid by a government or an organization as part of the cost of something to aid or encourage it to happen

6. ou____e over injustice *n.* an intense feeling of anger or indignation in response to something that is perceived as unfair, unjust, or offensive; a public display of anger or protest against such injustices

7. moral imp_____ve *adj.* very important or requiring attention or action

8. pop_____on change *n.* the total number of people in a country, region, or location

ANSWERS: 1. sand, 2. hunger, 3. proof, 4. enrich, 5. subsidy, 6. outrage, 7. imperative, 8. population

9. ref_____te perishable *v.* to cool or preserve food or other items by using a refrigerator or other cold storage device; to keep something at a low temperature to prevent spoilage or degradation
10. di_____e control *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
11. pro_____on of civilization *n.* the act or process of changing to the next stage or phase or moving forward
12. ad_____te parking facilities *adj.* enough, acceptable, satisfactory for a particular purpose or need
13. co_____e chemically with another substance *v.* to join or merge to form a single thing or group
14. sw__p a room with a glance *v.* to clean something, especially a floor or an area, by using a broom; move swiftly and smoothly
15. h__n of a vehicle *n.* a hard, pointed, often curved part that grows on the top of the heads of some animals, such as sheep and cows; a noisemaker or musical instrument that makes a loud noise when you blow through it
16. feel com_____on for the poor *n.* a strong feeling of sympathy and sadness for another's suffering or bad luck
17. against tr_____on *n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society

ANSWERS: 9. refrigerate, 10. disease, 11. progression, 12. adequate, 13. combine, 14. sweep, 15. horn, 16. compassion, 17. tradition

18. h__e a car by the hour *v.* to give somebody a job
19. support lo____y *adv.* in or to a specific or limited area or region; focused or restricted to a particular locality or community
20. m__h attracted to the light *n.* an insect with wings similar to a butterfly that travels at night and is attracted to light
21. ec____y class *n.* the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel
22. po____y alleviation *n.* the condition of being extremely poor
23. ov____ht success *adj.* lasting for or occurring during one night; occurring or changing extremely quickly or suddenly; happening or being achieved in a short amount of time
24. st___e for a victory *v.* to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance
25. a medicine for tub____sis *n.* an infectious disease usually caused by tubercle bacteria that can attack many parts of a person's body, especially their lungs
26. ex____ng news *adj.* causing a lot of interest or excitement

ANSWERS: 18. hire, 19. locally, 20. moth, 21. economy, 22. poverty, 23. overnight, 24. starve, 25. tuberculosis, 26. exciting

27. s__d dunes *n.* finely granulated particles of rock or mineral material typically found along beaches, deserts, or riverbeds; used in construction, landscaping, and other applications requiring drainage or abrasive action
28. an____e a chemical compound *v.* to think about in-depth and evaluate to discover essential features or meaning
29. abs____ly against *adv.* without restriction or limitation; completely or utterly
30. sy___l for happiness *n.* something visible that is used to represent something else
31. st__t brain growth *n.* a feat or action that is often dangerous or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a physical or mental sense
32. global re____e crisis *n.* a displaced person who has crossed national borders and who cannot or is unwilling to return home due to political, religious, or economic reasons or because of a war
33. c__p herbicide *n.* a plant that is cultivated in large amounts, particularly for food
34. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
35. the co____ct between good and evil *n.* a strong disagreement, argument, or a violent clash between two opposing groups or individuals

ANSWERS: 27. sand, 28. analyze, 29. absolutely, 30. symbol, 31. stunt, 32. refugee, 33. crop, 34. decide, 35. conflict

36. en____ng infrastructure *adj.* providing the means, support, or resources necessary for something to happen or be achieved; allowing or encouraging a particular behavior or activity
37. de____e independence *v.* to say, state, or announce something clearly, officially, or publicly
38. plastic d__l *n.* a child's toy that typically represents a human figure, especially a young girl; an attractive woman; a woman who is subservient or passive
39. ne____t to call *v.* to not give enough care or attention to something; to leave something undone
40. di____l electronic signature *adj.* processing or storing information as a succession of 1 and 0 to show that a signal is present or missing; relating to the use of computer technology, especially the internet
41. bit of nut____al yeast *adj.* of or relating to the substance required by the body to maintain health and growth
42. su____e a blizzard *v.* to live or exist despite a dangerous event or period
43. reduce my ca____e intake *n.* unit of heat defined as the quantity of heat required to raise the temperature of 1 gram of water by 1 degree Celsius at atmospheric pressure, used by nutritionists to measure how much energy food will produce
44. br____nt performance *adj.* extremely clever, skilled, or impressive

ANSWERS: 36. enabling, 37. declare, 38. doll, 39. neglect, 40. digital, 41. nutritional, 42. survive, 43. calorie, 44. brilliant

45. in_____te a new method *v.* to introduce new methods, ideas, or products
46. l__n athletic figure *adj.* having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posture
47. research in_____tes *n.* an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something
48. vi___m support *n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
49. tec_____cal policy *adj.* based on scientific and industrial progress
50. provide ad_____te funding *adj.* enough, acceptable, satisfactory for a particular purpose or need
51. en___l at a college *v.* to officially register or sign up for something, particularly a course of study, an organization, or a service
52. tell a com_____ng story *adj.* arousing strong and irresistible interest, attention, or admiration
53. lost civ_____ion *n.* a complex and highly organized society that has developed over time and has a dominant culture, including features such as language, religion, government, technology, and social customs
54. ne_____t ethical issues *v.* to not give enough care or attention to something; to leave something undone

ANSWERS: 45. innovate, 46. lean, 47. institute, 48. victim, 49. technological, 50. adequate, 51. enroll, 52. compelling, 53. civilization, 54. neglect

55. fi_____e act *n.* the management of money, credit, banking, and investments, especially by a government or commercial organization; the branch of economics that studies the management of money and other assets
56. mo____g ceremony *adj.* causing strong emotions or feelings, especially sadness or sympathy
57. Ar____c cuisine *n.* the Semitic language of the Arab people, widely spoken throughout the Middle East and North Africa; of or relating to Arab peoples, culture, or language
58. unsung h__o *n.* a person who is admired or idealized for courage, outstanding achievements, or noble qualities; a character in literature or history who is central to the plot and who exhibits heroic qualities
59. severe mal_____ion *n.* the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients
60. financial in_____ves *n.* something, such as a punishment, reward, etc., that encourages a person to do something
61. end at a sy_____e *n.* the fact or state of failing to finish an activity and of stopping using, making, or doing it

ANSWERS: 55. finance, 56. moving, 57. Arabic, 58. hero, 59. malnutrition, 60. incentive, 61. synapse

62. a su_____y for research *n.* money paid by a government or an organization as part of the cost of something to aid or encourage it to happen
63. ma_____a-endemic area *n.* a severe disease caused by a parasite that is spread by the bite of an infected mosquito
64. op_____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
65. the gen_____on of electricity *n.* all the people born and living at about the same time, regarded collectively; the production of heat or electricity
66. a tour guide at the te___e *n.* a place of worship, especially one that is associated with a particular religion or faith; the flat area on either side of the forehead
67. a ha_____ng sense of fear *adj.* lingering in the mind or memory, often in a disturbing or unsettling way; (noun) something difficult to forget or shake off
68. the cycle of po_____y *n.* the condition of being extremely poor
69. small ch___h *n.* a building or institution dedicated to religious worship or activities; a Christian religious organization or denomination
70. af___d to buy a new car *v.* to have enough money or time to be able to buy or do something
71. food ra___n *n.* a fixed portion or allowance of something, often referring to food, supplies, or resources, that is distributed or allocated to individuals or groups, especially during times of scarcity or in organized systems

ANSWERS: 62. subsidy, 63. malaria, 64. opportune, 65. generation, 66. temple, 67. haunting, 68. poverty, 69. church, 70. afford, 71. ration

72. s__n the face of the man
v. to examine something hastily, with the eyes or with a machine, to get information
73. an old_____ned person
adj. of or relating to a time in the past; not modern
74. low pro_____ve capacity
adj. resulting in or making a lot or a significant amount of something, especially something of value
75. ind_____us student
adj. hardworking, diligent, and persistent in effort
76. ne___n cell body
n. a cell that is specialized to carry information within the brain and between the brain and other parts of the body
77. ch_____ea curry
n. a round, pale-colored, edible legume with a nutty taste, also known as a garbanzo bean, commonly used in Middle Eastern and Indian cooking
78. ex_____ve clubs
adj. not divided or shared with others
79. person of gra_____nt age
n. a parent of one's father or mother
80. sl___e a glance
v. to move or cause to move smoothly along a surface without interruption
81. fun_____al education
adj. forming an essential base or core from which everything else develops or is affected
82. vo___e of work
n. the amount of space occupied by an object or substance; the magnitude of sound

ANSWERS: 72. scan, 73. old-fashioned, 74. productive, 75. industrious, 76. neuron, 77. chickpea, 78. exclusive, 79. grandparent, 80. slide, 81. fundamental, 82. volume

83. ts____i relief *n.* a huge ocean wave caused by an earthquake, volcano, or other disturbance
84. nut_____us meal *adj.* providing nourishment and essential nutrients for growth, development, and overall well-being; conducive to good health and proper bodily function
85. env_____nt affairs *n.* the natural world such as air, water, and land in which humans, animals, and plants live
86. pa__e trend *adj.* no longer fashionable or current; outdated; considered to be old-fashioned or out of date
87. af___d a high travel cost *v.* to have enough money or time to be able to buy or do something
88. aff_____le housing *adj.* not expensive and able to pay
89. r__t police *n.* a violent disturbance of the peace by a crowd, characterized by destruction of property, looting, arson, and attacks on individuals
90. distance g_p *n.* a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.
91. sy_____e circuit *n.* the fact or state of failing to finish an activity and of stopping using, making, or doing it
92. the most am_____g feeling *adj.* extremely surprising, especially in a way that you like or admire
93. tr_____rm heat into power *v.* to change in outward structure or looks;

ANSWERS: 83. tsunami, 84. nutritious, 85. environment, 86. passe, 87. afford, 88. affordable, 89. riot, 90. gap, 91. synapse, 92. amazing, 93. transform

94. imported da__y product *n.* a room, building, or establishment where milk and milk products are produced and processed; milk and milk products, such as butter and cheese
95. ex___e the crowd *v.* to make someone feel suddenly enthusiastic or eager
96. emotional p__p *n.* a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something
97. th_____ld increase *adj.* three times as great or as many
98. hu_____ty at large *n.* all people living on the earth; the quality or state of being human rather than an animal, a machine, etc.
99. una_____bly poor *adv.* in a way that is not acceptable or satisfactory
100. the b__t of the statue *v.* to break something; (noun) a woman's chest, or the measurement around a woman's chest; (noun) an occasion for something excessive, such as work, eating, drinking, etc.
101. a vul_____le bridge *adj.* capable of being hurt or influenced physically or mentally
102. mass of hu_____ty *n.* all people living on the earth; the quality or state of being human rather than an animal, a machine, etc.
103. sw__e left on a dating app *v.* to strike, hit, or slap with a sweeping motion; to pass a magnetic stripe or barcode through a scanner to read data; to steal or take something quickly and with little effort

ANSWERS: 94. dairy, 95. excite, 96. prop, 97. threefold, 98. humanity, 99. unacceptably, 100. bust, 101. vulnerable, 102. humanity, 103. swipe

104. corporate gov_____ce *n.* the act or process of governing or managing a political, social, or economic entity; the systems or principles that guide such processes
105. rag d__l *n.* a child's toy that typically represents a human figure, especially a young girl; an attractive woman; a woman who is subservient or passive
106. died of tub_____sis *n.* an infectious disease usually caused by tubercle bacteria that can attack many parts of a person's body, especially their lungs
107. great-gra_____nt *n.* a parent of one's father or mother
108. ob___n a bid *v.* to get something, especially by making a great effort
109. buy lo_____y *adv.* in or to a specific or limited area or region; focused or restricted to a particular locality or community
110. un___k value *v.* to open something, such as a door, window, etc., usually using a key
111. carry a bu___n *n.* a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry
112. di_____er recovery *n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life
113. liv_____od assistance *n.* a means of earning money people need to pay for food, a place to live, clothing, etc.

ANSWERS: 104. governance, 105. doll, 106. tuberculosis, 107. grandparent, 108. obtain, 109. locally, 110. unlock, 111. burden, 112. disaster, 113. livelihood

114. high vo___e *n.* the amount of space occupied by an object or substance; the magnitude of sound
115. ho__r our ancestors *n.* high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone
116. ra___y used *adv.* not happening often; infrequently; seldom
117. l__p handshake *adj.* having no strength or energy; walking with difficulty because of pain, injury, or disability in one's leg or foot
118. mo___g experience *adj.* causing strong emotions or feelings, especially sadness or sympathy
119. pe_____te quickly into the skin *v.* to pass into or through something, often by overcoming resistance
120. nu_____on condition *n.* the substances or the process that organisms take into their bodies as food for their growth and health
121. old_____ned in appearance *adj.* of or relating to a time in the past; not modern
122. an irr_____ble change *adj.* impossible to change or return to a previous condition
123. welfare ec_____cs *n.* the branch of social science that deals with the production, consumption, and transfer of goods and services
124. ec_____cs professor *n.* the branch of social science that deals with the production, consumption, and transfer of goods and services

ANSWERS: 114. volume, 115. honor, 116. rarely, 117. limp, 118. moving, 119. penetrate, 120. nutrition, 121. old-fashioned, 122. irreversible, 123. economics, 124. economics

125. a sonic b__m *n.* a sudden increase in economic activity, or a sudden happening that brings good fortune; a deep, loud, and prolonged sound
126. des_____ze a good relationship *v.* to cause something to become less stable or secure
127. loss of ap_____te *n.* a natural desire or craving for food or drink; a strong desire or liking for something
128. en___l in a school *v.* to officially register or sign up for something, particularly a course of study, an organization, or a service
129. local h__o *n.* a person who is admired or idealized for courage, outstanding achievements, or noble qualities; a character in literature or history who is central to the plot and who exhibits heroic qualities
130. biodegradable pa_____ng *n.* the process, materials, or container used to wrap or contain a product for distribution, storage, or sale; the design or appearance of a product's packaging
131. womanly ho__r *n.* high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone
132. D__t approval *n.* the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan

ANSWERS: 125. boom, 126. destabilize, 127. appetite, 128. enroll, 129. hero, 130. packaging, 131. honor, 132. diet

133. general sho_____er *n.* a person who owns or manages a shop, especially a small local business
134. the cy__e of the seasons *n.* an interval during which a recurring sequence of events occurs; a bicycle or motorcycle
135. civ_____ion decline *n.* a complex and highly organized society that has developed over time and has a dominant culture, including features such as language, religion, government, technology, and social customs
136. a b__d design *adj.* brave, daring, and confident; not frightened of danger or afraid to say what you feel or to take risks
137. su_____e a plane crash *v.* to live or exist despite a dangerous event or period
138. intensive agr_____re *n.* the practice or science of cultivating the land or raising stock
139. fiscal st_____ty pact *n.* the quality or attribute of being firm and steadfast
140. the re_____e camp *n.* a displaced person who has crossed national borders and who cannot or is unwilling to return home due to political, religious, or economic reasons or because of a war
141. b_g for help *v.* to ask for something urgently or earnestly; to appeal to someone to do something
142. reap a ha_____t *n.* yields of plants in a single growing season; the period of the year when gathering occurs on a farm

ANSWERS: 133. shopkeeper, 134. cycle, 135. civilization, 136. bold, 137. survive, 138. agriculture, 139. stability, 140. refugee, 141. beg, 142. harvest

143. big, b__d piano sounds *adj.* brave, daring, and confident; not frightened of danger or afraid to say what you feel or to take risks
144. ho_____ss situation *adj.* having no hope; despairing; having no chance of success
145. abs_____ly obsessed with the girl *adv.* without restriction or limitation; completely or utterly
146. imp_____ve need *adj.* very important or requiring attention or action
147. gen_____on gap *n.* all the people born and living at about the same time, regarded collectively; the production of heat or electricity
148. an in_____ve to work hard *n.* something, such as a punishment, reward, etc., that encourages a person to do something
149. nut_____al supplement *adj.* of or relating to the substance required by the body to maintain health and growth
150. c__p field *n.* a plant that is cultivated in large amounts, particularly for food
151. l__t sagging skin *v.* to raise something to a higher position or level; to pick up something or somebody and move them to a different position
152. an arrival pl_____rm *n.* the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed

ANSWERS: 143. bold, 144. hopeless, 145. absolutely, 146. imperative, 147. generation, 148. incentive, 149. nutritional, 150. crop, 151. lift, 152. platform

153. nu_____on intake *n.* the substances or the process that organisms take into their bodies as food for their growth and health
154. ref_____te medicine *v.* to cool or preserve food or other items by using a refrigerator or other cold storage device; to keep something at a low temperature to prevent spoilage or degradation
155. co_____ed of the idea *adj.* completely certain about something; having a strong belief or conviction in a particular religion
156. a cold cl_____e *n.* the weather in a particular location averaged over some long period
157. de_____e my love *v.* to say, state, or announce something clearly, officially, or publicly
158. heavy-duty t__p *n.* (short for tarpaulin) a large, heavy piece of waterproof material, often made of canvas or plastic, used to cover or protect equipment, vehicles, outdoor living spaces, or other objects from the elements
159. b_g the question *v.* to ask for something urgently or earnestly; to appeal to someone to do something
160. vi___m compensation *n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
161. in___t in stocks *v.* to put money, effort, time, etc. into something to make a profit or achieve a result

ANSWERS: 153. nutrition, 154. refrigerate, 155. convinced, 156. climate, 157. declare, 158. tarp, 159. beg, 160. victim, 161. invest

162. fa___e relief *n.* a severe shortage of food, often caused by drought, war, or economic reasons
163. vice-pr_____nt for finance *n.* the leader of a republic, for example, the US; the person in charge of the organization such as a company, university, club, etc.
164. new and com_____ng evidence *adj.* arousing strong and irresistible interest, attention, or admiration
165. hu___r pangs *n.* a strong desire or craving for something; a feeling of discomfort or weakness caused by lack of food; a chronic condition of insufficient food intake and malnutrition
166. sy___l color *n.* something visible that is used to represent something else
167. a neg_____le bill *adj.* capable of being discussed and agreed upon; able to be changed or altered through negotiation
168. bre_____ing mother *n.* the act of feeding a baby with milk produced by the mother's breasts
169. am_____g advances *adj.* extremely surprising, especially in a way that you like or admire
170. com_____ce event *adj.* occurring very often; lacking originality or interest
171. a steely det_____ion *n.* the quality of being persistent and purposeful; the act of finding out the exact nature or essence of something
172. det_____ion of a DNA sequence *n.* the quality of being persistent and purposeful; the act of finding out the exact nature or essence of something

ANSWERS: 162. famine, 163. president, 164. compelling, 165. hunger, 166. symbol, 167. negotiable, 168. breastfeeding, 169. amazing, 170. commonplace, 171. determination, 172. determination

173. go to the workplace by cy__e *n.* an interval during which a recurring sequence of events occurs; a bicycle or motorcycle
174. pe_____te a cell *v.* to pass into or through something, often by overcoming resistance
175. ts_____i warning *n.* a huge ocean wave caused by an earthquake, volcano, or other disturbance
176. de___e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
177. fl__d advisory *n.* a large amount of water flowing beyond its normal limits; an overwhelming number or amount
178. around the gl__e *n.* the earth or world, mainly used to emphasize its vastness
179. te___e complex *n.* a place of worship, especially one that is associated with a particular religion or faith; the flat area on either side of the forehead
180. una_____bly high prices *adv.* in a way that is not acceptable or satisfactory
181. the evidence of the pr_____ce *n.* the fact or state that someone or something exists, occurs, or is present
182. gra_____ld development *n.* a child of someone's son or daughter
183. basic br__n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

ANSWERS: 173. cycle, 174. penetrate, 175. tsunami, 176. decide, 177. flood, 178. globe, 179. temple, 180. unacceptably, 181. presence, 182. grandchild, 183. brain

184. de___t a global power *v.* to win against somebody in a fight, war, or attempt
185. organic agr_____re *n.* the practice or science of cultivating the land or raising stock
186. a fl__d of questions *n.* a large amount of water flowing beyond its normal limits; an overwhelming number or amount
187. es_____te a fair value *v.* to guess or calculate the cost, size, value, etc. of something
188. industrial se___r *n.* a distinct part or division of something often used to refer to a segment of an economy or industry; an area or field of work or activity
189. global di_____er *n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life
190. aff_____le solution *adj.* not expensive and able to pay
191. de_____p a skill *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
192. financial cr___s *n.* a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
193. fuel ra___n *n.* a fixed portion or allowance of something, often referring to food, supplies, or resources, that is distributed or allocated to individuals or groups, especially during times of scarcity or in organized systems

ANSWERS: 184. defeat, 185. agriculture, 186. flood, 187. estimate, 188. sector, 189. disaster, 190. affordable, 191. develop, 192. crisis, 193. ration

194. pro_____on of disease *n.* the act or process of changing to the next stage or phase or moving forward
195. vi_____ly all countries *adv.* almost completely
196. an air-cooled en____e *n.* a machine that converts thermal energy to mechanical work; something that has an important role used to achieve a purpose
197. rich in vi_____n D *n.* any of a group of organic compounds that are essential in small quantities to the diet and are present in natural foodstuffs or sometimes produced within the body
198. have a ni_____re *n.* a very frightening or unpleasant dream
199. service f_e *n.* a sum of money charged for a particular service
200. en____h public services *v.* to make better or improve in quality by adding something else
201. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
202. s__n a document into PDF *v.* to examine something hastily, with the eyes or with a machine, to get information
203. have com_____on toward the accident *n.* a strong feeling of sympathy and sadness for another's suffering or bad luck
204. Mi_____er for Education *n.* a person appointed to or a job of a head of a government department

ANSWERS: 194. progression, 195. virtually, 196. engine, 197. vitamin, 198. nightmare, 199. fee, 200. enrich, 201. opportune, 202. scan, 203. compassion, 204. minister

205. gu_____ee a high quality *v.* to promise something will happen formally, especially that certain conditions about a product, service, or transaction would be met
206. m__h larva *n.* an insect with wings similar to a butterfly that travels at night and is attracted to light
207. a volunteer nu__e *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
208. the g_p between ideal and reality *n.* a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.
209. local sho_____er *n.* a person who owns or manages a shop, especially a small local business
210. st_____ty pact *n.* the quality or attribute of being firm and steadfast
211. a di_____l watch *adj.* processing or storing information as a succession of 1 and 0 to show that a signal is present or missing; relating to the use of computer technology, especially the internet
212. nu__e practitioner *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
213. the yi__d on the bond *n.* the total output of crops, profits, etc. that are produced; (verb) to produce or supply helpful something, such as a profit, an amount of food, or information

ANSWERS: 205. guarantee, 206. moth, 207. nurse, 208. gap, 209. shopkeeper, 210. stability, 211. digital, 212. nurse, 213. yield

214. pro_____ve meeting *adj.* resulting in or making a lot or a significant amount of something, especially something of value
215. st___e a blow *v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
216. en_____ng mindset *adj.* providing the means, support, or resources necessary for something to happen or be achieved; allowing or encouraging a particular behavior or activity
217. ind_____us worker *adj.* hardworking, diligent, and persistent in effort
218. a blazing ar_____nt *n.* a set of statements or reasons used to support or refute a proposition or theory; a verbal or physical fight or dispute
219. no___n invasion *adj.* relating to or characteristic of the Normans, a people who originally came from Normandy, France, and who had a significant impact on the history and culture of Britain and other European countries; the term can also refer to a style of architecture or art that developed during the Norman period
220. sel_____ent renewable energy *adj.* able to provide for one's own needs without assistance from others
221. st___e up a conversation *v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon

ANSWERS: 214. productive, 215. strike, 216. enabling, 217. industrious, 218. argument, 219. Norman, 220. self-sufficient, 221. strike

232. nut_____us ingredients *adj.* providing nourishment and essential nutrients for growth, development, and overall well-being; conducive to good health and proper bodily function
233. neg_____le salary *adj.* capable of being discussed and agreed upon; able to be changed or altered through negotiation
234. no____n cathedral *adj.* relating to or characteristic of the Normans, a people who originally came from Normandy, France, and who had a significant impact on the history and culture of Britain and other European countries; the term can also refer to a style of architecture or art that developed during the Norman period
235. a steam en____e *n.* a machine that converts thermal energy to mechanical work; something that has an important role used to achieve a purpose
236. periods of dr_____t *n.* a long period of time during which there is very little or no rain, leading to a shortage of water and often causing damage to crops and other vegetation
237. br_____nt idea *adj.* extremely clever, skilled, or impressive
238. cast a tra_____ion spell *n.* a complete change in form, nature, or appearance of someone or something
239. ho_____ss at everything *adj.* having no hope; despairing; having no chance of success
240. sta_____on wages *n.* a severe lack of food that leads to malnutrition and, ultimately, death

ANSWERS: 232. nutritious, 233. negotiable, 234. Norman, 235. engine, 236. drought, 237. brilliant, 238. transformation, 239. hopeless, 240. starvation

249. tec_____cal advancement *adj.* based on scientific and industrial progress
250. a digital pl_____rm for enterprise *n.* the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed
251. da___e assessment *v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
252. childhood mal_____ion *n.* the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients
253. sl___e a card across the table *v.* to move or cause to move smoothly along a surface without interruption
254. in_____te a lawsuit *n.* an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something
255. a cl_____c experiment *adj.* judged or deserving to be regarded as one of the best or most important of its kind over a period of time; of a well-known type

ANSWERS: 249. technological, 250. platform, 251. damage, 252. malnutrition, 253. slide, 254. institute, 255. classic

256. corn yi__d *n.* the total output of crops, profits, etc. that are produced; (verb) to produce or supply helpful something, such as a profit, an amount of food, or information
257. a handle of h__n *n.* a hard, pointed, often curved part that grows on the top of the heads of some animals, such as sheep and cows; a noisemaker or musical instrument that makes a loud noise when you blow through it
258. lingual di_____ty *n.* the quality or fact of many different types of things or people being included in something; a range of different things or people
259. ma_____a mosquitoes *n.* a severe disease caused by a parasite that is spread by the bite of an infected mosquito
260. bre_____ing support *n.* the act of feeding a baby with milk produced by the mother's breasts
261. cr___s management *n.* a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
262. a seafaring na___n *n.* a large organized community of people living in a particular country or region and having a particular culture
263. pr_____nt emeritus *n.* the leader of a republic, for example, the US; the person in charge of the organization such as a company, university, club, etc.

ANSWERS: 256. yield, 257. horn, 258. diversity, 259. malaria, 260. breastfeeding, 261. crisis, 262. nation, 263. president

264. des_____ze the market *v.* to cause something to become less stable or secure
265. ca_____e calculation *n.* unit of heat defined as the quantity of heat required to raise the temperature of 1 gram of water by 1 degree Celsius at atmospheric pressure, used by nutritionists to measure how much energy food will produce
266. premature mal_____hed infant *adj.* not getting enough of the right type of food to stay healthy and strong
267. an_____e your real motives *v.* to think about in-depth and evaluate to discover essential features or meaning
268. the con_____on of the good *n.* a general idea or belief of what something or someone is like or should be; an understanding of a situation or a principle
269. un_____k a door with a key *v.* to open something, such as a door, window, etc., usually using a key
270. ex_____ve authority *adj.* not divided or shared with others
271. above p_r performance *n.* a state of being equal to someone or something
272. ov_____me all difficulties *v.* to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone
273. skydiving st__t *n.* a feat or action that is often dangerous or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a physical or mental sense

ANSWERS: 264. destabilize, 265. calorie, 266. malnourished, 267. analyze, 268. conception, 269. unlock, 270. exclusive, 271. par, 272. overcome, 273. stunt

274. eat a vegetarian d__t *n.* the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan
275. supply ch__n *n.* a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle
276. good gov_____ce *n.* the act or process of governing or managing a political, social, or economic entity; the systems or principles that guide such processes
277. l__p hair *adj.* having no strength or energy; walking with difficulty because of pain, injury, or disability in one's leg or foot
278. in_____te the quality of his life *v.* to introduce new methods, ideas, or products
279. a rental wa_____se *n.* a large building for storing goods and merchandise, especially before they are sold, used, or sent out to shops
280. na___n-state *n.* a large organized community of people living in a particular country or region and having a particular culture
281. st___e to death *v.* to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance
282. not up to p_r *n.* a state of being equal to someone or something

ANSWERS: 274. diet, 275. chain, 276. governance, 277. limp, 278. innovate, 279. warehouse, 280. nation, 281. starve, 282. par

283. de____p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
284. la____t device *n.* a sharp, pointed surgical instrument used for making incisions or punctures, typically in medical procedures
285. att____ce sheet *n.* the act of being present at an event or gathering; the number of people present at an event or gathering
286. a geometric pr__f *n.* a fact or piece of information that shows something is true or exists
287. public ou____e *n.* an intense feeling of anger or indignation in response to something that is perceived as unfair, unjust, or offensive; a public display of anger or protest against such injustices
288. become a com____ce sight *adj.* occurring very often; lacking originality or interest
289. ch____ea salad *n.* a round, pale-colored, edible legume with a nutty taste, also known as a garbanzo bean, commonly used in Middle Eastern and Indian cooking
290. co____e augmented reality *v.* to join or merge to form a single thing or group
291. ni____re situation *n.* a very frightening or unpleasant dream
292. gra____ld-grandparent relationship *n.* a child of someone's son or daughter

ANSWERS: 283. develop, 284. lancet, 285. attendance, 286. proof, 287. outrage, 288. commonplace, 289. chickpea, 290. combine, 291. nightmare, 292. grandchild

293. li_____me benefits *n.* the duration of someone's life or something's existence;
294. a tr_____on of a culture *n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
295. the mi_____t in an education system *n.* the established set of attitudes or fixed ideas held by someone
296. avoid irr_____ble damage *adj.* impossible to change or return to a previous condition
297. pa___e entertainment *adj.* no longer fashionable or current; outdated; considered to be old-fashioned or out of date
298. vi_____n deficiency *n.* any of a group of organic compounds that are essential in small quantities to the diet and are present in natural foodstuffs or sometimes produced within the body
299. dr_____t conditions *n.* a long period of time during which there is very little or no rain, leading to a shortage of water and often causing damage to crops and other vegetation
300. ob___n a license *v.* to get something, especially by making a great effort
301. sel_____ent economy *adj.* able to provide for one's own needs without assistance from others
302. the ar_____nt against capital punishment *n.* a set of statements or reasons used to support or refute a proposition or theory; a verbal or physical fight or dispute

ANSWERS: 293. lifetime, 294. tradition, 295. mindset, 296. irreversible, 297. passe, 298. vitamin, 299. drought, 300. obtain, 301. self-sufficient, 302. argument

303. ch__n reaction *n.* a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle
304. si___t reading *adj.* without any or little sound
305. terrestrial gl__e *n.* the earth or world, mainly used to emphasize its vastness
306. me___r for life *n.* a person who helps and advises a younger or less experienced person over time, usually at work or school
307. di_____e prevention *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
308. flexible mi_____t *n.* the established set of attitudes or fixed ideas held by someone
309. ec_____y of scale *n.* the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel
310. a grand con_____on *n.* a general idea or belief of what something or someone is like or should be; an understanding of a situation or a principle
311. give si___t consent *adj.* without any or little sound
312. fashion me___r *n.* a person who helps and advises a younger or less experienced person over time, usually at work or school

ANSWERS: 303. chain, 304. silent, 305. globe, 306. mentor, 307. disease, 308. mindset, 309. economy, 310. conception, 311. silent, 312. mentor

313. tr_____rm an education system *v.* to change in outward structure or looks;
314. b__t my leg *v.* to break something; (noun) a woman's chest, or the measurement around a woman's chest; (noun) an occasion for something excessive, such as work, eating, drinking, etc.
315. de___t body odor *v.* to win against somebody in a fight, war, or attempt
316. low att_____ce *n.* the act of being present at an event or gathering; the number of people present at an event or gathering
317. ov_____ht parking *adj.* lasting for or occurring during one night; occurring or changing extremely quickly or suddenly; happening or being achieved in a short amount of time
318. p__p stick *n.* a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something
319. co_____e the data *v.* to create a book, a list, a report, etc., by combining various objects, articles, music, etc.
320. sw__p up dead leaves *v.* to clean something, especially a floor or an area, by using a broom; move swiftly and smoothly
321. surgical la___t *n.* a sharp, pointed surgical instrument used for making incisions or punctures, typically in medical procedures

ANSWERS: 313. transform, 314. bust, 315. defeat, 316. attendance, 317. overnight, 318. prop, 319. compile, 320. sweep, 321. lancet

322. f_e calculation *n.* a sum of money charged for a particular service
323. co_____e a biography *v.* to create a book, a list, a report, etc., by combining various objects, articles, music, etc.
324. manage my fi_____es *n.* the management of money, credit, banking, and investments, especially by a government or commercial organization; the branch of economics that studies the management of money and other assets
325. a means of liv_____od *n.* a means of earning money people need to pay for food, a place to live, clothing, etc.
326. r__t control gas *n.* a violent disturbance of the peace by a crowd, characterized by destruction of property, looting, arson, and attacks on individuals
327. h__e a guide *v.* to give somebody a job
328. li_____me ban from the sport *n.* the duration of someone's life or something's existence;
329. pa_____ng materials *n.* the process, materials, or container used to wrap or contain a product for distribution, storage, or sale; the design or appearance of a product's packaging
330. a l__n horse *adj.* having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posture
331. effects of cl_____e change *n.* the weather in a particular location averaged over some long period

ANSWERS: 322. fee, 323. compile, 324. finance, 325. livelihood, 326. riot, 327. hire, 328. lifetime, 329. packaging, 330. lean, 331. climate

332. key performance me___cs *adj.* using or relating to the meter as a unit of length; a system of related measures that facilitates the quantification of some particular characteristic
333. ex_____ng football player *adj.* causing a lot of interest or excitement
334. ch___h bell *n.* a building or institution dedicated to religious worship or activities; a Christian religious organization or denomination
335. Ar___c language *n.* the Semitic language of the Arab people, widely spoken throughout the Middle East and North Africa; of or relating to Arab peoples, culture, or language
336. rise nearly th_____ld *adj.* three times as great or as many
337. in___t capital *v.* to put money, effort, time, etc. into something to make a profit or achieve a result
338. labor pop_____on *n.* the total number of people in a country, region, or location
339. chaotic env_____nt *n.* the natural world such as air, water, and land in which humans, animals, and plants live
340. his majestic pr_____ce *n.* the fact or state that someone or something exists, occurs, or is present
341. inf_____ure cost *n.* the basic systems, services, or features that are necessary for an organization or country, such as transport and power supplies

ANSWERS: 332. metric, 333. exciting, 334. church, 335. Arabic, 336. threefold, 337. invest, 338. population, 339. environment, 340. presence, 341. infrastructure

342. gu_____ee women equality *v.* to promise something will happen formally, especially that certain conditions about a product, service, or transaction would be met
343. bu___n of disease *n.* a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry
344. b__m in sales *n.* a sudden increase in economic activity, or a sudden happening that brings good fortune; a deep, loud, and prolonged sound
345. ap_____te suppression *n.* a natural desire or craving for food or drink; a strong desire or liking for something
346. deputy prime mi_____er *n.* a person appointed to or a job of a head of a government department
347. die of sta_____on *n.* a severe lack of food that leads to malnutrition and, ultimately, death
348. es_____te this chicken to weigh three pounds *v.* to guess or calculate the cost, size, value, etc. of something
349. private se____r *n.* a distinct part or division of something often used to refer to a segment of an economy or industry; an area or field of work or activity
350. country-by-country a_d programs *n.* things sent to help countries in need, notably food or money; support
351. low-fat da__y *n.* a room, building, or establishment where milk and milk products are produced and processed; milk and milk products, such as butter and cheese

ANSWERS: 342. guarantee, 343. burden, 344. boom, 345. appetite, 346. minister, 347. starvation, 348. estimate, 349. sector, 350. aid, 351. dairy

352. IT inf_____ure *n.* the basic systems, services, or features that are necessary for an organization or country, such as transport and power supplies
353. the tra_____ion of a tadpole into a frog *n.* a complete change in form, nature, or appearance of someone or something
354. da___e a relationship *v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
355. co_____ed criminal *adj.* completely certain about something; having a strong belief or conviction in a particular religion
356. coal fa___e *n.* a severe shortage of food, often caused by drought, war, or economic reasons
357. me___c units *adj.* using or relating to the meter as a unit of length; a system of related measures that facilitates the quantification of some particular characteristic
358. ex___e rebellion *v.* to make someone feel suddenly enthusiastic or eager
359. the di_____ty policy of the university *n.* the quality or fact of many different types of things or people being included in something; a range of different things or people
360. national se_____ty *n.* the state of being free from danger, risk, or harm; measures taken to protect against threats or attacks; a financial asset, such as a stock or bond that derives value exclusively from the ownership interest or claim to a particular underlying asset or obligation

ANSWERS: 352. infrastructure, 353. transformation, 354. damage, 355. convinced, 356. famine, 357. metric, 358. excite, 359. diversity, 360. security

ANSWERS:

Session 3: Fill in the Blanks

1. The community warmly welcomed the _____.
n. a displaced person who has crossed national borders and who cannot or is unwilling to return home due to political, religious, or economic reasons or because of a war
2. Human behavior has _____ characteristics.
adj. forming an essential base or core from which everything else develops or is affected
3. Sensors convert physical phenomena into _____ signals.
adj. processing or storing information as a succession of 1 and 0 to show that a signal is present or missing; relating to the use of computer technology, especially the internet
4. His _____ speech about his struggles with addiction brought tears to the audience's eyes.
adj. causing strong emotions or feelings, especially sadness or sympathy
5. The condo offers _____ access to the beach.
adj. not divided or shared with others
6. The phone rang at the most _____ time.
adj. suitable or happening at a time that is suitable or convenient for a particular purpose
7. The _____ architecture in the old city was a sight to behold.
adj. relating to or characteristic of the Normans, a people who originally came from Normandy, France, and who had a significant impact on the history and culture of Britain and other European countries; the term can also refer to a style of architecture or art that developed during the Norman period

ANSWERS: 1. refugees, 2. fundamental, 3. digital, 4. moving, 5. exclusive, 6. opportune, 7. Norman

8. They donated large sums of money for the development of _____.
- n.* all people living on the earth; the quality or state of being human rather than an animal, a machine, etc.
9. He and I often had _____ not only in personality but also in ideology.
- n.* a strong disagreement, argument, or a violent clash between two opposing groups or individuals
10. We _____ the season's total trade deficit at \$50 billion.
- v.* to guess or calculate the cost, size, value, etc. of something
11. _____ technologies allows people with disabilities to lead more independent lives.
- adj.* providing the means, support, or resources necessary for something to happen or be achieved; allowing or encouraging a particular behavior or activity
12. We have finally lost our last _____.
- n.* a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something
13. Foreign goods from abroad must be _____ to customs when entering a country.
- v.* to say, state, or announce something clearly, officially, or publicly
14. Companies developing self-driving cars consistently _____ the emerging technologies.
- v.* to introduce new methods, ideas, or products
15. The building's _____ system includes cameras, alarms, and security guards.
- n.* the state of being free from danger, risk, or harm; measures taken to protect against threats or attacks; a financial asset, such as a stock or bond that derives value exclusively from the ownership interest or claim to a particular underlying asset or obligation

ANSWERS: 8. humanity, 9. conflicts, 10. estimated, 11. Enabling, 12. prop, 13.

declared, 14. innovate, 15. security

16. His infinite love and _____ for everyone never weary.
- n.* a strong feeling of sympathy and sadness for another's suffering or bad luck
17. As a _____ he helped me realize my career.
- n.* a person who helps and advises a younger or less experienced person over time, usually at work or school
18. _____ C is important for immune system function and skin health.
- n.* any of a group of organic compounds that are essential in small quantities to the diet and are present in natural foodstuffs or sometimes produced within the body
19. The policies he announces can be the _____ of economic growth in the country.
- n.* a machine that converts thermal energy to mechanical work; something that has an important role used to achieve a purpose
20. This region has many _____ offering higher education.
- n.* an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something
21. A balanced ____ is more important for health than supplements.
- n.* the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan
22. Our body transfers information along each _____ using an electrical impulse.
- n.* a cell that is specialized to carry information within the brain and between the brain and other parts of the body

ANSWERS: 16. compassion, 17. mentor, 18. Vitamin, 19. engine, 20. institutes, 21. diet, 22. neuron

23. Getting the hang of _____ at first can be challenging, but with patience and practice, it gets easier.
- n.* the act of feeding a baby with milk produced by the mother's breasts
24. The _____ of Japan is known for its unique culture and advanced technology.
- n.* a large organized community of people living in a particular country or region and having a particular culture
25. The government provided a considerable _____ to the company.
- n.* money paid by a government or an organization as part of the cost of something to aid or encourage it to happen
26. If necessary, you can _____ the front seats forward.
- v.* to move or cause to move smoothly along a surface without interruption
27. I'm _____ with preparation for tomorrow's meeting.
- v.* to break something; (noun) a woman's chest, or the measurement around a woman's chest; (noun) an occasion for something excessive, such as work, eating, drinking, etc.
28. Shares in the company finally fell below their _____ value.
- n.* a state of being equal to someone or something
29. The automaker has been providing _____ car financing options since last year.
- adj.* not expensive and able to pay
30. Many studies have investigated the relationship between _____ and academic achievement.
- n.* the condition of being extremely poor

ANSWERS: 23. breastfeeding, 24. nation, 25. subsidy, 26. slide, 27. bust, 28. par, 29. affordable, 30. poverty

31. Pakistan's ____ budget was still being reviewed.
n. things sent to help countries in need, notably food or money; support
32. He cannot _____ a holiday.
v. to have enough money or time to be able to buy or do something
33. The younger _____ has different values and beliefs than the older one.
n. all the people born and living at about the same time, regarded collectively; the production of heat or electricity
34. The dragon is considered a _____ of bravery.
n. something visible that is used to represent something else
35. The _____ package delivery arrived at my door this morning.
adj. lasting for or occurring during one night; occurring or changing extremely quickly or suddenly; happening or being achieved in a short amount of time
36. The steak was so undercooked that it was almost raw and had a ____ texture.
adj. having no strength or energy; walking with difficulty because of pain, injury, or disability in one's leg or foot
37. There was widespread _____ over the government's handling of the situation.
n. an intense feeling of anger or indignation in response to something that is perceived as unfair, unjust, or offensive; a public display of anger or protest against such injustices
38. The ____ on the beach was warm and golden.
n. finely granulated particles of rock or mineral material typically found along beaches, deserts, or riverbeds; used in construction, landscaping, and other applications requiring drainage or abrasive action

ANSWERS: 31. aid, 32. afford, 33. generation, 34. symbol, 35. overnight, 36. limp, 37. outrage, 38. sand

39. I love adding _____ to my salads for some extra protein and texture.
- n.* a round, pale-colored, edible legume with a nutty taste, also known as a garbanzo bean, commonly used in Middle Eastern and Indian cooking
40. His class will cover an introduction to agricultural _____.
- n.* the branch of social science that deals with the production, consumption, and transfer of goods and services
41. The _____ in the city have left many buildings damaged and several people injured.
- n.* a violent disturbance of the peace by a crowd, characterized by destruction of property, looting, arson, and attacks on individuals
42. We must _____ a new system to streamline our workflow and increase efficiency.
- v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
43. _____ operational improvements often lead to better environmental performance.
- adj.* having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posture
44. The antique _____ was worth thousands of dollars.
- n.* a child's toy that typically represents a human figure, especially a young girl; an attractive woman; a woman who is subservient or passive
45. Infants and pregnant women are particularly _____.
- adj.* capable of being hurt or influenced physically or mentally

ANSWERS: 39. chickpeas, 40. economics, 41. riots, 42. develop, 43. Lean, 44. doll, 45. vulnerable

46. She _____ her parents to let her go to the concert.
v. to ask for something urgently or earnestly; to appeal to someone to do something
47. His final goal is to sail around the _____.
n. the earth or world, mainly used to emphasize its vastness
48. The politician tried to _____ the embarrassing incident under the rug.
v. to clean something, especially a floor or an area, by using a broom; move swiftly and smoothly
49. The song's _____ melody stayed with me long after I heard it.
adj. lingering in the mind or memory, often in a disturbing or unsettling way; (noun) something difficult to forget or shake off
50. Despite his best efforts, he was unable to _____ the enemy.
v. to win against somebody in a fight, war, or attempt
51. The government should view children as national assets and actively _____ in them.
v. to put money, effort, time, etc. into something to make a profit or achieve a result
52. Life as a waiter was a big _____ for him.
n. a very frightening or unpleasant dream
53. _____ at the meeting is mandatory for all employees.
n. the act of being present at an event or gathering; the number of people present at an event or gathering

ANSWERS: 46. begged, 47. globe, 48. sweep, 49. haunting, 50. defeat, 51. invest, 52. nightmare, 53. Attendance

54. The _____ industry is a significant contributor to the economy.
- n.* a room, building, or establishment where milk and milk products are produced and processed; milk and milk products, such as butter and cheese
55. The restaurant sources its ingredients _____ ensuring freshness and supporting local farmers.
- adv.* in or to a specific or limited area or region; focused or restricted to a particular locality or community
56. Many people in the world suffer from _____ and malnourishment every day.
- n.* a strong desire or craving for something; a feeling of discomfort or weakness caused by lack of food; a chronic condition of insufficient food intake and malnutrition
57. The teacher attempted to _____ the root cause of our mistake.
- v.* to think about in-depth and evaluate to discover essential features or meaning
58. _____ is better than argument.
- n.* a fact or piece of information that shows something is true or exists
59. I could no longer earn my own _____.
- n.* a means of earning money people need to pay for food, a place to live, clothing, etc.
60. The elderly _____ greeted customers and helped them find what they sought.
- n.* a person who owns or manages a shop, especially a small local business
61. The more _____ you are, the more people around you look at you with envy and jealousy.
- adj.* extremely clever, skilled, or impressive

ANSWERS: 54. dairy, 55. locally, 56. hunger, 57. analyze, 58. Proof, 59. livelihood, 60. shopkeeper, 61. brilliant

62. The doctor used a _____ for a small incision on the patient's skin.
n. a sharp, pointed surgical instrument used for making incisions or punctures, typically in medical procedures
63. The development of agricultural technology has had an _____ impact on humanity.
adj. impossible to change or return to a previous condition
64. Understanding unitary _____ of a normal matrix require considerable mathematical sophistication.
n. a complete change in form, nature, or appearance of someone or something
65. Hydrogen and oxygen _____ to form water.
v. to join or merge to form a single thing or group
66. The drought _____ the prices of grain globally.
v. to raise something to a higher position or level; to pick up something or somebody and move them to a different position
67. The _____ is a serious threat to the farm's output.
n. an insect with wings similar to a butterfly that travels at night and is attracted to light
68. The politician remained _____ despite intense media scrutiny.
adj. without any or little sound
69. _____ all the parties signed the contract.
adv. almost completely

ANSWERS: 62. lancet, 63. irreversible, 64. transformations, 65. combine, 66. lifted, 67. moth, 68. silent, 69. Virtually

70. Eating a balanced and _____ diet is important for maintaining good health.
adj. providing nourishment and essential nutrients for growth, development, and overall well-being; conducive to good health and proper bodily function
71. The doctor advised the patient to eat a balanced diet to avoid _____.
n. the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients
72. This food contains all the _____ your dog requires.
n. the substances or the process that organisms take into their bodies as food for their growth and health
73. The price of the item was reduced _____ after the sale.
adj. three times as great or as many
74. During the war, families were given a monthly _____ of essential goods to ensure everyone had access to basic necessities.
n. a fixed portion or allowance of something, often referring to food, supplies, or resources, that is distributed or allocated to individuals or groups, especially during times of scarcity or in organized systems
75. Forgetting someone's name is a _____ occurrence.
adj. occurring very often; lacking originality or interest
76. _____ used to be considered a fatal disease.
n. an infectious disease usually caused by tubercle bacteria that can attack many parts of a person's body, especially their lungs
77. The fire ruined all the food stored in the _____.
n. a large building for storing goods and merchandise, especially before they are sold, used, or sent out to shops

ANSWERS: 70. nutritious, 71. malnutrition, 72. nutrition, 73. threefold, 74. ration, 75. commonplace, 76. Tuberculosis, 77. warehouse

78. Countries whose goal is economic development often focus on fostering an entrepreneurial _____ in each individual.
n. the established set of attitudes or fixed ideas held by someone
79. The golfer recorded an _____ distance.
adj. extremely surprising, especially in a way that you like or admire
80. _____ and weather have an impact on every part of our lifestyles.
n. the weather in a particular location averaged over some long period
81. The doctor diagnosed him with a rare _____ that had no known cure.
n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
82. He was impressed by the range and _____ of the collection.
n. the quality or fact of many different types of things or people being included in something; a range of different things or people
83. Many people in tropical countries die from _____ every year.
n. a severe disease caused by a parasite that is spread by the bite of an infected mosquito
84. The _____ occasionally preaches at this church.
n. a person appointed to or a job of a head of a government department
85. It is a _____ in many families to have a big Thanksgiving dinner with all their relatives.
n. a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society

ANSWERS: 78. mindset, 79. amazing, 80. Climate, 81. disease, 82. diversity, 83. malaria, 84. minister, 85. tradition

86. The club _____ does not have absolute power.
- n.* the leader of a republic, for example, the US; the person in charge of the organization such as a company, university, club, etc.
87. We _____ to achieve more wages and safer working conditions.
- v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
88. The _____ of the country is struggling due to the recent political instability.
- n.* the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel
89. The painters spread a _____ over the floor to avoid splattering paint.
- n.* (short for tarpaulin) a large, heavy piece of waterproof material, often made of canvas or plastic, used to cover or protect equipment, vehicles, outdoor living spaces, or other objects from the elements
90. The customs officer required the traveler to _____ his suitcase.
- v.* to open something, such as a door, window, etc., usually using a key
91. He _____ his health to make the project a success.
- v.* to not give enough care or attention to something; to leave something undone
92. I am _____ opposed to his idea because of morality.
- adv.* without restriction or limitation; completely or utterly
93. The technology _____ is constantly evolving and innovating.
- n.* a distinct part or division of something often used to refer to a segment of an economy or industry; an area or field of work or activity

ANSWERS: 86. president, 87. strike, 88. economy, 89. tarp, 90. unlock, 91. neglected, 92. absolutely, 93. sector

94. She had lived through two world wars in her _____.
- n.* the duration of someone's life or something's existence;
95. The _____ response team worked around the clock to aid those affected by the earthquake.
- n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life
96. The _____ value of the food should be clearly labeled on the packaging.
- adj.* of or relating to the substance required by the body to maintain health and growth
97. After a long hike, I had a huge _____ and devoured my meal in minutes.
- n.* a natural desire or craving for food or drink; a strong desire or liking for something
98. Many people are working together to close the gender _____.
- n.* a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.
99. The United Nations assists countries in building strong _____ frameworks and institutions.
- n.* the act or process of governing or managing a political, social, or economic entity; the systems or principles that guide such processes
100. I need to _____ in a cooking class to improve my culinary skills.
- v.* to officially register or sign up for something, particularly a course of study, an organization, or a service
101. He tried to _____ a bad reputation and win the election.
- v.* to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone

ANSWERS: 94. lifetime, 95. disaster, 96. nutritional, 97. appetite, 98. gap, 99. governance, 100. enroll, 101. overcome

102. I _____ eat fast food because I prefer healthy options.

adv. not happening often; infrequently; seldom

103. My father's death _____ my life completely.

v. to change in outward structure or looks;

104. He was known to be very _____ and would often work late into the night.

adj. hardworking, diligent, and persistent in effort

105. The severe _____ caused by the drought has left many people without food.

n. a severe shortage of food, often caused by drought, war, or economic reasons

106. I'm studying _____ calligraphy as part of my art class.

n. the Semitic language of the Arab people, widely spoken throughout the Middle East and North Africa; of or relating to Arab peoples, culture, or language

107. It is _____ for politicians to be effective communicators.

adj. very important or requiring attention or action

108. She couldn't _____ whether to order the pizza or the pasta for dinner.

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

109. He visited the _____ to pray and make offerings to the gods.

n. a place of worship, especially one that is associated with a particular religion or faith; the flat area on either side of the forehead

110. His _____ to succeed was unwavering, even in the face of adversity.

n. the quality of being persistent and purposeful; the act of finding out the exact nature or essence of something

ANSWERS: 102. rarely, 103. transformed, 104. industrious, 105. famine, 106. Arabic, 107. imperative, 108. decide, 109. temple, 110. determination

111. The findings of the experiment were both _____ and unexpected.

adj. causing a lot of interest or excitement

112. I have no _____ of what you intend.

n. a general idea or belief of what something or someone is like or should be; an understanding of a situation or a principle

113. The _____ of the crime deserves justice and support to recover from the trauma.

n. a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event

114. _____ advances have disrupted many industries.

adj. based on scientific and industrial progress

115. The Chinese word for _____ comprises two characters, one for danger and the other for opportunity.

n. a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken

116. These birds can only _____ in temperate climates.

v. to live or exist despite a dangerous event or period

117. This argument is still not _____.

adj. enough, acceptable, satisfactory for a particular purpose or need

118. The rise and fall of _____ can be studied through history and archaeology.

n. a complex and highly organized society that has developed over time and has a dominant culture, including features such as language, religion, government, technology, and social customs

ANSWERS: 111. exciting, 112. conception, 113. victim, 114. Technological, 115. crisis, 116. survive, 117. adequate, 118. civilizations

119. The _____ on my bike broke, leaving me stranded.

n. a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle

120. The earthquake-_____ caused widespread destruction along the coast.

n. a huge ocean wave caused by an earthquake, volcano, or other disturbance

121. The drought led to widespread _____ in the region.

n. a severe lack of food that leads to malnutrition and, ultimately, death

122. We should always be prepared to _____ talented recruits.

v. to give somebody a job

123. The restaurant's service was _____ slow.

adv. in a way that is not acceptable or satisfactory

124. The _____ for the fragile items was made of sturdy materials and could withstand rough handling during shipping.

n. the process, materials, or container used to wrap or contain a product for distribution, storage, or sale; the design or appearance of a product's packaging

125. He displayed the _____ symptoms of depression.

adj. judged or deserving to be regarded as one of the best or most important of its kind over a period of time; of a well-known type

126. The grandparents take care of their _____ while the parents are at work.

n. a child of someone's son or daughter

ANSWERS: 119. chain, 120. tsunami, 121. starvation, 122. hire, 123. unacceptably, 124. packaging, 125. classic, 126. grandchild

127. Western ideology slowly _____ through the eastern countries.
v. to pass into or through something, often by overcoming resistance
128. They have no _____ to win the game.
n. something, such as a punishment, reward, etc., that encourages a person to do something
129. _____ children are at risk of developmental delays and chronic health problems.
adj. not getting enough of the right type of food to stay healthy and strong
130. The effort to alleviate climate change needs _____ action.
adj. brave, daring, and confident; not frightened of danger or afraid to say what you feel or to take risks
131. Aging societies tend to require huge costs for _____ maintenance.
n. the basic systems, services, or features that are necessary for an organization or country, such as transport and power supplies
132. The path to a solid online _____ necessitates a high technical ability.
n. the fact or state that someone or something exists, occurs, or is present
133. The new employee proved extremely _____ completing projects ahead of schedule.
adj. resulting in or making a lot or a significant amount of something, especially something of value
134. The policy should increase the country's monetary _____.
n. the quality or attribute of being firm and steadfast

ANSWERS: 127. penetrates, 128. incentive, 129. Malnourished, 130. bold, 131. infrastructure, 132. presence, 133. productive, 134. stability

135. During the surgery, the doctor had to be extremely cautious not to _____ a blood vessel.
- v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
136. Where can I _____ the application form?
- v.* to get something, especially by making a great effort
137. In the _____ system, measurements are made in meters and liters.
- adj.* using or relating to the meter as a unit of length; a system of related measures that facilitates the quantification of some particular characteristic
138. The high-technology industry is enjoying a _____.
- n.* a sudden increase in economic activity, or a sudden happening that brings good fortune; a deep, loud, and prolonged sound
139. The daredevil attempted a dangerous _____ by jumping off a tall building with a parachute.
- n.* a feat or action that is often dangerous or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a physical or mental sense
140. The region has been experiencing a severe _____ leading to water shortages and crop failures.
- n.* a long period of time during which there is very little or no rain, leading to a shortage of water and often causing damage to crops and other vegetation

ANSWERS: 135. damage, 136. obtain, 137. metric, 138. boom, 139. stunt, 140. drought,

141. The food chain causes a material _____.

- n.* an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

142. In just four years, the _____ has doubled.

- n.* the total number of people in a country, region, or location

143. Reading not only increases knowledge but also _____ life.

- v.* to make better or improve in quality by adding something else

144. These heavy rains caused flash _____ on several islands.

- n.* a large amount of water flowing beyond its normal limits; an overwhelming number or amount

145. If you don't eat soon, you're going to _____.

- v.* to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance

146. Every human is responsible for taking care of the Earth's _____.

- n.* the natural world such as air, water, and land in which humans, animals, and plants live

147. He tried to _____ the phone from my hand, but I held on tight.

- v.* to strike, hit, or slap with a sweeping motion; to pass a magnetic stripe or barcode through a scanner to read data; to steal or take something quickly and with little effort

148. I claim on my _____ that it is true.

- n.* high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone

ANSWERS: 141. cycle, 142. population, 143. enriches, 144. floods, 145. starve, 146. environment, 147. swipe, 148. honor

149. She was close to her paternal _____ and often spent summers with them.
n. a parent of one's father or mother
150. The _____ on the corner is hosting a free community meal tonight.
n. a building or institution dedicated to religious worship or activities; a Christian religious organization or denomination
151. The company has made great strides in its _____ toward sustainability.
n. the act or process of changing to the next stage or phase or moving forward
152. This container has a _____ of 10 cubic meters.
n. the amount of space occupied by an object or substance; the magnitude of sound
153. He was determined to become _____ and not rely on anyone else.
adj. able to provide for one's own needs without assistance from others
154. We need to _____ the leftovers to keep them from spoiling.
v. to cool or preserve food or other items by using a refrigerator or other cold storage device; to keep something at a low temperature to prevent spoilage or degradation
155. The lawyer's ____ for the case was \$10,000.
n. a sum of money charged for a particular service
156. X-rays revealed a small tumor in his _____.
n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

ANSWERS: 149. grandparents, 150. church, 151. progression, 152. volume, 153. self-sufficient, 154. refrigerate, 155. fee, 156. brain

157. The company's stock gives a high _____.

- n.* the total output of crops, profits, etc. that are produced; (verb) to produce or supply helpful something, such as a profit, an amount of food, or information

158. During _____ farmers are incredibly busy.

- n.* yields of plants in a single growing season; the period of the year when gathering occurs on a farm

159. That car has a low environmental _____.

- n.* a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry

160. The public is _____ that the prime minister has committed fraud.

- adj.* completely certain about something; having a strong belief or conviction in a particular religion

161. Animals transmit nerve impulses through _____.

- n.* the fact or state of failing to finish an activity and of stopping using, making, or doing it

162. We are attempting to _____ a list of qualified candidates for the position.

- v.* to create a book, a list, a report, etc., by combining various objects, articles, music, etc.

163. The _____ between the two sides over the proposed policy was heated.

- n.* a set of statements or reasons used to support or refute a proposition or theory; a verbal or physical fight or dispute

164. After months of job searching, he felt _____ and unsure of his future.

- adj.* having no hope; despairing; having no chance of success

ANSWERS: 157. yield, 158. harvest, 159. burden, 160. convinced, 161. synapses, 162. compile, 163. argument, 164. hopeless

165. It would be best if you burned off _____ through vigorous exercise.
n. unit of heat defined as the quantity of heat required to raise the temperature of 1 gram of water by 1 degree Celsius at atmospheric pressure, used by nutritionists to measure how much energy food will produce
166. The price of these items is _____ so feel free to make an offer.
adj. capable of being discussed and agreed upon; able to be changed or altered through negotiation
167. The soldier who sacrificed his life for his country is considered a national _____.
n. a person who is admired or idealized for courage, outstanding achievements, or noble qualities; a character in literature or history who is central to the plot and who exhibits heroic qualities
168. _____ is the foundation of our economy.
n. the practice or science of cultivating the land or raising stock
169. The night shift _____ checked my vital signs before administering the medication.
n. a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
170. He enjoyed hearing the tootles of their _____ with beer.
n. a hard, pointed, often curved part that grows on the top of the heads of some animals, such as sheep and cows; a noisemaker or musical instrument that makes a loud noise when you blow through it
171. Sow early for an early _____.
n. a plant that is cultivated in large amounts, particularly for food

ANSWERS: 165. calories, 166. negotiable, 167. hero, 168. Agriculture, 169. nurse, 170. horns, 171. crop

172. My father is _____ in his thinking.

adj. of or relating to a time in the past; not modern

173. His _____ presentation deeply moved everyone.

adj. arousing strong and irresistible interest, attention, or admiration

174. The political crisis _____ the country and caused widespread turmoil.

v. to cause something to become less stable or secure

175. The speaker mounted the _____ and started to speak.

n. the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed

176. Bell-bottom jeans, once considered _____ fashion, have made a surprising comeback in recent years.

adj. no longer fashionable or current; outdated; considered to be old-fashioned or out of date

177. Our company decided to hire an advisor who specializes in _____.

n. the management of money, credit, banking, and investments, especially by a government or commercial organization; the branch of economics that studies the management of money and other assets

178. We cannot _____ enough raw material sources.

v. to promise something will happen formally, especially that certain conditions about a product, service, or transaction would be met

179. The news of her promotion _____ her.

v. to make someone feel suddenly enthusiastic or eager

ANSWERS: 172. old-fashioned, 173. compelling, 174. destabilized, 175. platform, 176. passe, 177. finance, 178. guarantee, 179. excited

180. She stood on the podium and _____ an audience.

- v. to examine something hastily, with the eyes or with a machine, to get information

ANSWERS: 180. scanned