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Vocabulary Builder Reference from...

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Advanced Words Only

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Session 1: Word List

grandparent

n. a parent of one's father or mother

(1) great- **grandparent**, (2) person of **grandparent** age

She was close to her paternal **grandparents** and often spent summers with them.

riot

n. a violent disturbance of the peace by a crowd, characterized by destruction of property, looting, arson, and attacks on individuals

synonym: disturbance, unrest, upheaval

(1) **riot** police, (2) **riot** control gas

The **riots** in the city have left many buildings damaged and several people injured.

destabilize

v. to cause something to become less stable or secure

synonym: unsettle, disrupt, upset

(1) **destabilize** the market, (2) **destabilize** a good relationship

The political crisis **destabilized** the country and caused widespread turmoil.

negotiable

adj. capable of being discussed and agreed upon; able to be changed or altered through negotiation

synonym: flexible, adjustable, adaptable

(1) a **negotiable** bill, (2) **negotiable** salary

The price of these items is **negotiable**, so feel free to make an offer.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

famine

n. a severe shortage of food, often caused by drought, war, or economic reasons

synonym: hunger, starvation, drought

(1) **famine** relief, (2) coal **famine**

The severe **famine** caused by the drought has left many people without food.

penetrate

v. to pass into or through something, often by overcoming resistance

synonym: pierce, stab, go through

(1) **penetrate** a cell, (2) **penetrate** quickly into the skin

Western ideology slowly **penetrates** through the eastern countries.

haunting

adj. lingering in the mind or memory, often in a disturbing or unsettling way; (noun) something difficult to forget or shake off

synonym: lingering, disturbing, unsettling

(1) **haunting** memory, (2) a **haunting** sense of fear

The song's **haunting** melody stayed with me long after I heard it.

outrage

n. an intense feeling of anger or indignation in response to something that is perceived as unfair, unjust, or offensive; a public display of anger or protest against such injustices

synonym: indignation, fury, anger

(1) public **outrage**, (2) **outrage** over injustice

There was widespread **outrage** over the government's handling of the situation.

starvation

n. a severe lack of food that leads to malnutrition and, ultimately, death

synonym: hunger, malnutrition, emaciation

(1) die of **starvation**, (2) **starvation** wages

The drought led to widespread **starvation** in the region.

Norman

adj. relating to or characteristic of the Normans, a people who originally came from Normandy, France, and who had a significant impact on the history and culture of Britain and other European countries; the term can also refer to a style of architecture or art that developed during the Norman period

synonym: medieval, antique, archaic

(1) **norman** cathedral, (2) **norman** invasion

The **Norman** architecture in the old city was a sight to behold.

lancet

n. a sharp, pointed surgical instrument used for making incisions or punctures, typically in medical procedures

synonym: scalpel, blade, surgical instrument

(1) **lancet** device, (2) surgical **lancet**

The doctor used a **lancet** for a small incision on the patient's skin.

irreversible

adj. impossible to change or return to a previous condition

synonym: irrevocable, unrecoverable, permanent

(1) avoid **irreversible** damage, (2) an **irreversible** change

The development of agricultural technology has had an **irreversible** impact on humanity.

stunt

n. a feat or action that is often dangerous or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a

physical or mental sense

synonym : feat, accomplishment, (verb) hinder

(1) skydiving **stunt**, (2) **stunt** brain growth

The daredevil attempted a dangerous **stunt** by jumping off a tall building with a parachute.

malnourished

adj. not getting enough of the right type of food to stay healthy and strong

synonym : undernourished, underfed

(1) premature **malnourished** infant, (2) **malnourished** population

Malnourished children are at risk of developmental delays and chronic health problems.

neuron

n. a cell that is specialized to carry information within the brain and between the brain and other parts of the body

synonym : nerve cell

(1) excite the **neurons**, (2) **neuron** cell body

Our body transfers information along each **neuron** using an electrical impulse.

synapse

n. the fact or state of failing to finish an activity and of stopping using, making, or doing it

(1) **synapse** circuit, (2) end at a **synapse**

Animals transmit nerve impulses through **synapses**.

breastfeeding

n. the act of feeding a baby with milk produced by the mother's breasts

synonym : nursing, lactation, suckling

(1) **breastfeeding** mother, (2) **breastfeeding** support

Getting the hang of **breastfeeding** at first can be challenging, but with patience and practice, it gets easier.

passee

adj. no longer fashionable or current; outdated; considered to be old-fashioned or out of date

synonym : outdated, old-fashioned, antique

(1) **passe** entertainment, (2) **passe** trend

Bell-bottom jeans, once considered **passe** fashion, have made a surprising comeback in recent years.

moth

n. an insect with wings similar to a butterfly that travels at night and is attracted to light

(1) **moth** larva, (2) **moth** attracted to the light

The **moth** is a serious threat to the farm's output.

enrich

v. to make better or improve in quality by adding something else

synonym: enhance, improve, augment

(1) **enrich** a gas with a balloon, (2) **enrich** public services

Reading not only increases knowledge but also **enriches** life.

excite

v. to make someone feel suddenly enthusiastic or eager

synonym: thrill, exhilarate, animate

(1) **excite** the crowd, (2) **excite** rebellion

The news of her promotion **excited** her.

industrious

adj. hardworking, diligent, and persistent in effort

synonym: diligent, hardworking, assiduous

(1) **industrious** worker, (2) **industrious** student

He was known to be very **industrious** and would often work late into the night.

chickpea

n. a round, pale-colored, edible legume with a nutty taste, also known as a garbanzo bean, commonly used in Middle Eastern and Indian cooking

synonym: garbanzo bean, chana

(1) **chickpea** salad, (2) **chickpea** curry

I love adding **chickpeas** to my salads for some extra protein and texture.

malnutrition

n. the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being

undernourished or lacking essential nutrients

synonym : undernourishment, starvation, hunger

(1) severe **malnutrition**, (2) childhood **malnutrition**

The doctor advised the patient to eat a balanced diet to avoid **malnutrition**.

commonplace

adj. occurring very often; lacking originality or interest

synonym : ordinary, routine, mundane

(1) become a **commonplace** sight, (2) **commonplace** event

Forgetting someone's name is a **commonplace** occurrence.

refrigerate

v. to cool or preserve food or other items by using a refrigerator or other cold storage device; to keep something at a low temperature to prevent spoilage or degradation

synonym : chill, cool, freeze

(1) **refrigerate** perishable, (2) **refrigerate** medicine

We need to **refrigerate** the leftovers to keep them from spoiling.

ration

n. a fixed portion or allowance of something, often referring to food, supplies, or resources, that is distributed or allocated to individuals or groups, especially during times of scarcity or in organized systems

synonym : quota, allowance, allocation

(1) food **ration**, (2) fuel **ration**

During the war, families were given a monthly **ration** of essential goods to ensure everyone had access to basic necessities.

hopeless

adj. having no hope; despairing; having no chance of success

synonym : despairing, helpless, futile

(1) **hopeless** situation, (2) **hopeless** at everything

After months of job searching, he felt **hopeless** and unsure of

his future.

starve

v. to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance

synonym : famish, hunger

(1) **starve** for a victory, (2) **starve** to death

If you don't eat soon, you're going to **starve**.

self-sufficient

adj. able to provide for one's own needs without assistance from others

synonym : independent, self-reliant, self-sustaining

(1) **self-sufficient** economy, (2) **self-sufficient** renewable energy

He was determined to become **self-sufficient** and not rely on anyone else.

Arabic

n. the Semitic language of the Arab people, widely spoken throughout the Middle East and North Africa; of or relating to Arab peoples, culture, or language

(1) **Arabic** cuisine, (2) **Arabic** language

I'm studying **Arabic** calligraphy as part of my art class.

swipe

v. to strike, hit, or slap with a sweeping motion; to pass a magnetic stripe or barcode through a scanner to read data; to steal or take something quickly and with little effort

synonym : flick, brush, pinch

(1) **swipe** a card, (2) **swipe** left on a dating app

He tried to **swipe** the phone from my hand, but I held on tight.

nutritious

adj. providing nourishment and essential nutrients for growth, development, and overall well-being; conducive to good health and proper bodily function

synonym : healthy, nourishing, wholesome

(1) **nutritious** ingredients, (2) **nutritious** meal

Eating a balanced and **nutritious** diet is important for

maintaining good health.

shopkeeper

n. a person who owns or manages a shop, especially a small local business

synonym: merchant, storekeeper, retailer

(1) local **shopkeeper**, (2) general **shopkeeper**

The elderly **shopkeeper** greeted customers and helped them find what they sought.

tarp

n. (short for tarpaulin) a large, heavy piece of waterproof material, often made of canvas or plastic, used to cover or protect equipment, vehicles, outdoor living spaces, or other objects from the elements

synonym: cover, canopy, tarpaulin

(1) heavy-duty **tarp**, (2) polyethylene **tarp**

The painters spread a **tarp** over the floor to avoid splattering paint.

threefold

adj. three times as great or as many

synonym: three, triple, three times

(1) rise nearly **threefold**, (2) **threefold** increase

The price of the item was reduced **threefold** after the sale.

livelihood

n. a means of earning money people need to pay for food, a place to live, clothing, etc.

synonym: occupation, living, income

(1) a means of **livelihood**, (2) **livelihood** assistance

I could no longer earn my own **livelihood**.

mindset

n. the established set of attitudes or fixed ideas held by someone

synonym: attitude, ethos, mentality

(1) flexible **mindset**, (2) the **mindset** in an education system

Countries whose goal is economic development often focus on fostering an entrepreneurial **mindset** in each individual.

innovate

v. to introduce new methods, ideas, or products

synonym: bring in, introduce, found

(1) **innovate** a new method, (2) **innovate** the quality of his life

Companies developing self-driving cars consistently **innovate** the emerging technologies.

grandchild

n. a child of someone's son or daughter

synonym: offspring, descendant, progeny

(1) **grandchild-grandparent** relationship, (2) **grandchild** development

The grandparents take care of their **grandchild** while the parents are at work.

Session 2: Spelling

- | | |
|--|---|
| 1. die of sta_____on | <i>n.</i> a severe lack of food that leads to malnutrition and, ultimately, death |
| 2. nut_____us meal | <i>adj.</i> providing nourishment and essential nutrients for growth, development, and overall well-being; conducive to good health and proper bodily function |
| 3. pa__e entertainment | <i>adj.</i> no longer fashionable or current; outdated; considered to be old-fashioned or out of date |
| 4. ha_____ng memory | <i>adj.</i> lingering in the mind or memory, often in a disturbing or unsettling way; (noun) something difficult to forget or shake off |
| 5. ho_____ss at everything | <i>adj.</i> having no hope; despairing; having no chance of success |
| 6. la____t device | <i>n.</i> a sharp, pointed surgical instrument used for making incisions or punctures, typically in medical procedures |
| 7. ne____n cell body | <i>n.</i> a cell that is specialized to carry information within the brain and between the brain and other parts of the body |
| 8. person of gra_____nt age | <i>n.</i> a parent of one's father or mother |
| 9. gra_____ld-grandparent relationship | <i>n.</i> a child of someone's son or daughter |
| 10. public ou_____e | <i>n.</i> an intense feeling of anger or indignation in response to something that is perceived as unfair, unjust, or offensive; a public display of anger or protest against such injustices |

ANSWERS: 1. starvation, 2. nutritious, 3. passe, 4. haunting, 5. hopeless, 6. lancet, 7. neuron, 8. grandparent, 9. grandchild, 10. outrage

11. ref_____te perishable *v.* to cool or preserve food or other items by using a refrigerator or other cold storage device; to keep something at a low temperature to prevent spoilage or degradation
12. nut_____us ingredients *adj.* providing nourishment and essential nutrients for growth, development, and overall well-being; conducive to good health and proper bodily function
13. flexible mi_____t *n.* the established set of attitudes or fixed ideas held by someone
14. en____h public services *v.* to make better or improve in quality by adding something else
15. sel_____ent economy *adj.* able to provide for one's own needs without assistance from others
16. premature mal_____hed infant *adj.* not getting enough of the right type of food to stay healthy and strong
17. become a com_____ce sight *adj.* occurring very often; lacking originality or interest
18. ind_____us worker *adj.* hardworking, diligent, and persistent in effort
19. surgical la____t *n.* a sharp, pointed surgical instrument used for making incisions or punctures, typically in medical procedures
20. ref_____te medicine *v.* to cool or preserve food or other items by using a refrigerator or other cold storage device; to keep something at a low temperature to prevent spoilage or degradation

ANSWERS: 11. refrigerate, 12. nutritious, 13. mindset, 14. enrich, 15. self-sufficient, 16. malnourished, 17. commonplace, 18. industrious, 19. lancet, 20. refrigerate

21. mal_____hed population *adj.* not getting enough of the right type of food to stay healthy and strong
22. food ra___n *n.* a fixed portion or allowance of something, often referring to food, supplies, or resources, that is distributed or allocated to individuals or groups, especially during times of scarcity or in organized systems
23. en___h a gas with a balloon *v.* to make better or improve in quality by adding something else
24. com_____ce event *adj.* occurring very often; lacking originality or interest
25. op_____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
26. sw___e left on a dating app *v.* to strike, hit, or slap with a sweeping motion; to pass a magnetic stripe or barcode through a scanner to read data; to steal or take something quickly and with little effort
27. des_____ze the market *v.* to cause something to become less stable or secure
28. ou_____e over injustice *n.* an intense feeling of anger or indignation in response to something that is perceived as unfair, unjust, or offensive; a public display of anger or protest against such injustices
29. local sho_____er *n.* a person who owns or manages a shop, especially a small local business

ANSWERS: 21. malnourished, 22. ration, 23. enrich, 24. commonplace, 25. opportune, 26. swipe, 27. destabilize, 28. outrage, 29. shopkeeper

30. coal fa___e *n.* a severe shortage of food, often caused by drought, war, or economic reasons
31. r__t control gas *n.* a violent disturbance of the peace by a crowd, characterized by destruction of property, looting, arson, and attacks on individuals
32. great-gra_____nt *n.* a parent of one's father or mother
33. childhood mal_____ion *n.* the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients
34. in_____te the quality of his life *v.* to introduce new methods, ideas, or products
35. des_____ze a good relationship *v.* to cause something to become less stable or secure
36. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
37. heavy-duty t__p *n.* (short for tarpaulin) a large, heavy piece of waterproof material, often made of canvas or plastic, used to cover or protect equipment, vehicles, outdoor living spaces, or other objects from the elements
38. a ha_____ng sense of fear *adj.* lingering in the mind or memory, often in a disturbing or unsettling way; (noun) something difficult to forget or shake off

ANSWERS: 30. famine, 31. riot, 32. grandparent, 33. malnutrition, 34. innovate, 35. destabilize, 36. opportune, 37. tarp, 38. haunting

39. skydiving st__t
40. st___e for a victory
41. a means of liv_____od
42. excite the ne___ns
43. end at a sy_____e
44. r__t police
45. severe mal_____ion
- n.* a feat or action that is often dangerous or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a physical or mental sense
- v.* to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance
- n.* a means of earning money people need to pay for food, a place to live, clothing, etc.
- n.* a cell that is specialized to carry information within the brain and between the brain and other parts of the body
- n.* the fact or state of failing to finish an activity and of stopping using, making, or doing it
- n.* a violent disturbance of the peace by a crowd, characterized by destruction of property, looting, arson, and attacks on individuals
- n.* the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients

ANSWERS: 39. stunt, 40. starve, 41. livelihood, 42. neuron, 43. synapse, 44. riot, 45. malnutrition

46. neg_____le salary *adj.* capable of being discussed and agreed upon; able to be changed or altered through negotiation
47. polyethylene t__p *n.* (short for tarpaulin) a large, heavy piece of waterproof material, often made of canvas or plastic, used to cover or protect equipment, vehicles, outdoor living spaces, or other objects from the elements
48. fa___e relief *n.* a severe shortage of food, often caused by drought, war, or economic reasons
49. Ar___c language *n.* the Semitic language of the Arab people, widely spoken throughout the Middle East and North Africa; of or relating to Arab peoples, culture, or language
50. st__t brain growth *n.* a feat or action that is often dangerous or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a physical or mental sense
51. ch_____ea salad *n.* a round, pale-colored, edible legume with a nutty taste, also known as a garbanzo bean, commonly used in Middle Eastern and Indian cooking
52. an irr_____ble change *adj.* impossible to change or return to a previous condition
53. Ar___c cuisine *n.* the Semitic language of the Arab people, widely spoken throughout the Middle East and North Africa; of or relating to Arab peoples, culture, or language

ANSWERS: 46. negotiable, 47. tarp, 48. famine, 49. Arabic, 50. stunt, 51. chickpea, 52. irreversible, 53. Arabic

54. sy____e circuit *n.* the fact or state of failing to finish an activity and of stopping using, making, or doing it
55. m__h attracted to the light *n.* an insect with wings similar to a butterfly that travels at night and is attracted to light
56. the mi____t in an education system *n.* the established set of attitudes or fixed ideas held by someone
57. liv____od assistance *n.* a means of earning money people need to pay for food, a place to live, clothing, etc.
58. general sho____er *n.* a person who owns or manages a shop, especially a small local business
59. st___e to death *v.* to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance
60. rise nearly th____ld *adj.* three times as great or as many
61. ho____ss situation *adj.* having no hope; despairing; having no chance of success
62. no___n cathedral *adj.* relating to or characteristic of the Normans, a people who originally came from Normandy, France, and who had a significant impact on the history and culture of Britain and other European countries; the term can also refer to a style of architecture or art that developed during the Norman period

ANSWERS: 54. synapse, 55. moth, 56. mindset, 57. livelihood, 58. shopkeeper, 59. starve, 60. threefold, 61. hopeless, 62. Norman

63. fuel ra___n *n.* a fixed portion or allowance of something, often referring to food, supplies, or resources, that is distributed or allocated to individuals or groups, especially during times of scarcity or in organized systems
64. pe_____te a cell *v.* to pass into or through something, often by overcoming resistance
65. ex___e rebellion *v.* to make someone feel suddenly enthusiastic or eager
66. sel_____ent renewable energy *adj.* able to provide for one's own needs without assistance from others
67. ch_____ea curry *n.* a round, pale-colored, edible legume with a nutty taste, also known as a garbanzo bean, commonly used in Middle Eastern and Indian cooking
68. avoid irr_____ble damage *adj.* impossible to change or return to a previous condition
69. pe_____te quickly into the skin *v.* to pass into or through something, often by overcoming resistance
70. th_____ld increase *adj.* three times as great or as many
71. in_____te a new method *v.* to introduce new methods, ideas, or products
72. bre_____ing support *n.* the act of feeding a baby with milk produced by the mother's breasts
73. ind_____us student *adj.* hardworking, diligent, and persistent in effort
74. a neg_____le bill *adj.* capable of being discussed and agreed upon; able to be changed or altered through negotiation

ANSWERS: 63. ration, 64. penetrate, 65. excite, 66. self-sufficient, 67. chickpea, 68. irreversible, 69. penetrate, 70. threefold, 71. innovate, 72. breastfeeding, 73. industrious, 74. negotiable

75. ex___e the crowd *v.* to make someone feel suddenly enthusiastic or eager
76. bre_____ing mother *n.* the act of feeding a baby with milk produced by the mother's breasts
77. m__h larva *n.* an insect with wings similar to a butterfly that travels at night and is attracted to light
78. sta_____on wages *n.* a severe lack of food that leads to malnutrition and, ultimately, death
79. sw__e a card *v.* to strike, hit, or slap with a sweeping motion; to pass a magnetic stripe or barcode through a scanner to read data; to steal or take something quickly and with little effort
80. pa__e trend *adj.* no longer fashionable or current; outdated; considered to be old-fashioned or out of date
81. gra_____ld development *n.* a child of someone's son or daughter
82. no___n invasion *adj.* relating to or characteristic of the Normans, a people who originally came from Normandy, France, and who had a significant impact on the history and culture of Britain and other European countries; the term can also refer to a style of architecture or art that developed during the Norman period

ANSWERS: 75. excite, 76. breastfeeding, 77. moth, 78. starvation, 79. swipe, 80. passe, 81. grandchild, 82. Norman

Session 3: Fill in the Blanks

1. _____ children are at risk of developmental delays and chronic health problems.
adj. not getting enough of the right type of food to stay healthy and strong
2. The doctor used a _____ for a small incision on the patient's skin.
n. a sharp, pointed surgical instrument used for making incisions or punctures, typically in medical procedures
3. Getting the hang of _____ at first can be challenging, but with patience and practice, it gets easier.
n. the act of feeding a baby with milk produced by the mother's breasts
4. Animals transmit nerve impulses through _____.
n. the fact or state of failing to finish an activity and of stopping using, making, or doing it
5. The phone rang at the most _____ time.
adj. suitable or happening at a time that is suitable or convenient for a particular purpose
6. We need to _____ the leftovers to keep them from spoiling.
v. to cool or preserve food or other items by using a refrigerator or other cold storage device; to keep something at a low temperature to prevent spoilage or degradation
7. She was close to her paternal _____ and often spent summers with them.
n. a parent of one's father or mother

ANSWERS: 1. Malnourished, 2. lancet, 3. breastfeeding, 4. synapses, 5. opportune, 6. refrigerate, 7. grandparents

8. The painters spread a _____ over the floor to avoid splattering paint.
n. (short for tarpaulin) a large, heavy piece of waterproof material, often made of canvas or plastic, used to cover or protect equipment, vehicles, outdoor living spaces, or other objects from the elements
9. The _____ architecture in the old city was a sight to behold.
adj. relating to or characteristic of the Normans, a people who originally came from Normandy, France, and who had a significant impact on the history and culture of Britain and other European countries; the term can also refer to a style of architecture or art that developed during the Norman period
10. The price of the item was reduced _____ after the sale.
adj. three times as great or as many
11. Forgetting someone's name is a _____ occurrence.
adj. occurring very often; lacking originality or interest
12. Countries whose goal is economic development often focus on fostering an entrepreneurial _____ in each individual.
n. the established set of attitudes or fixed ideas held by someone
13. The severe _____ caused by the drought has left many people without food.
n. a severe shortage of food, often caused by drought, war, or economic reasons
14. I love adding _____ to my salads for some extra protein and texture.
n. a round, pale-colored, edible legume with a nutty taste, also known as a garbanzo bean, commonly used in Middle Eastern and Indian cooking
15. He tried to _____ the phone from my hand, but I held on tight.
v. to strike, hit, or slap with a sweeping motion; to pass a magnetic stripe or barcode through a scanner to read data; to steal or take something quickly and with little effort

ANSWERS: 8. tarp, 9. Norman, 10. threefold, 11. commonplace, 12. mindset, 13. famine, 14. chickpeas, 15. swipe

16. I could no longer earn my own _____.
- n.* a means of earning money people need to pay for food, a place to live, clothing, etc.
17. The daredevil attempted a dangerous _____ by jumping off a tall building with a parachute.
- n.* a feat or action that is often dangerous or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a physical or mental sense
18. During the war, families were given a monthly _____ of essential goods to ensure everyone had access to basic necessities.
- n.* a fixed portion or allowance of something, often referring to food, supplies, or resources, that is distributed or allocated to individuals or groups, especially during times of scarcity or in organized systems
19. The doctor advised the patient to eat a balanced diet to avoid _____.
- n.* the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients
20. The _____ in the city have left many buildings damaged and several people injured.
- n.* a violent disturbance of the peace by a crowd, characterized by destruction of property, looting, arson, and attacks on individuals
21. The _____ is a serious threat to the farm's output.
- n.* an insect with wings similar to a butterfly that travels at night and is attracted to light

ANSWERS: 16. livelihood, 17. stunt, 18. ration, 19. malnutrition, 20. riots, 21. moth

22. The political crisis _____ the country and caused widespread turmoil.
v. to cause something to become less stable or secure
23. Eating a balanced and _____ diet is important for maintaining good health.
adj. providing nourishment and essential nutrients for growth, development, and overall well-being; conducive to good health and proper bodily function
24. The elderly _____ greeted customers and helped them find what they sought.
n. a person who owns or manages a shop, especially a small local business
25. Reading not only increases knowledge but also _____ life.
v. to make better or improve in quality by adding something else
26. The price of these items is _____ so feel free to make an offer.
adj. capable of being discussed and agreed upon; able to be changed or altered through negotiation
27. The song's _____ melody stayed with me long after I heard it.
adj. lingering in the mind or memory, often in a disturbing or unsettling way; (noun) something difficult to forget or shake off
28. The drought led to widespread _____ in the region.
n. a severe lack of food that leads to malnutrition and, ultimately, death
29. If you don't eat soon, you're going to _____.
v. to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance

ANSWERS: 22. destabilized, 23. nutritious, 24. shopkeeper, 25. enriches, 26. negotiable, 27. haunting, 28. starvation, 29. starve

30. There was widespread _____ over the government's handling of the situation.
n. an intense feeling of anger or indignation in response to something that is perceived as unfair, unjust, or offensive; a public display of anger or protest against such injustices
31. After months of job searching, he felt _____ and unsure of his future.
adj. having no hope; despairing; having no chance of success
32. I'm studying _____ calligraphy as part of my art class.
n. the Semitic language of the Arab people, widely spoken throughout the Middle East and North Africa; of or relating to Arab peoples, culture, or language
33. The development of agricultural technology has had an _____ impact on humanity.
adj. impossible to change or return to a previous condition
34. He was determined to become _____ and not rely on anyone else.
adj. able to provide for one's own needs without assistance from others
35. He was known to be very _____ and would often work late into the night.
adj. hardworking, diligent, and persistent in effort
36. Companies developing self-driving cars consistently _____ the emerging technologies.
v. to introduce new methods, ideas, or products
37. Western ideology slowly _____ through the eastern countries.
v. to pass into or through something, often by overcoming resistance

ANSWERS: 30. outrage, 31. hopeless, 32. Arabic, 33. irreversible, 34. self-sufficient, 35. industrious, 36. innovate, 37. penetrates

38. Our body transfers information along each _____ using an electrical impulse.
n. a cell that is specialized to carry information within the brain and between the brain and other parts of the body
39. Bell-bottom jeans, once considered _____ fashion, have made a surprising comeback in recent years.
adj. no longer fashionable or current; outdated; considered to be old-fashioned or out of date
40. The news of her promotion _____ her.
v. to make someone feel suddenly enthusiastic or eager
41. The grandparents take care of their _____ while the parents are at work.
n. a child of someone's son or daughter

ANSWERS: 38. neuron, 39. passe, 40. excited, 41. grandchild