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Ron Gutman: The hidden power of smiling | TED Talk
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All Words

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Session 1: Word List

superhero

n. a fictional hero who possesses extraordinary powers and abilities and is dedicated to protecting the public

(1) **superhero** movies, (2) **superhero** comics

Superman is a classic **superhero** known for his superhuman strength and flying ability.

superpower

n. a country or nation that has significant global influence or formidable military, economic, or technological strength; a supernatural ability or force capable of extraordinary feats or feats beyond normal human capabilities

synonym: great power, empire, hegemony

(1) **superpower** country, (2) **superpower** leader

The ability to fly like a bird is often considered a **superpower** in comic books and movies.

embark

v. to go on board a ship or plane; to set out on an enterprise or subject of study; to start something

synonym: enter, undertake, commence

(1) **embark** on a trip, (2) **embark** on a foolish adventure

We **embarked** on a new project.

imaginary

adj. existing only in someone's mind

synonym: fictional, ideal, fantastical

(1) **imaginary** number, (2) **imaginary** pregnancy
Little children tend to have **imaginary** friends.

intergalactic

adj. existing or occurring between different galaxies (= an independent group of stars)

synonym: extragalactic, cosmic, interstellar

(1) **intergalactic** travel, (2) **intergalactic** matter

The **intergalactic** spaceship traveled to distant planets.

planet

n. any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star

synonym: earth, world, globe

(1) **planet** like the Earth, (2) save the **planet**

Mercury is the closest **planet** to the sun.

yield

n. the total output of crops, profits, etc. that are produced; (verb) to produce or supply helpful something, such as a profit, an amount of food, or information

synonym: proceeds, harvest, output

(1) corn **yield**, (2) the **yield** on the bond

The company's stock gives a high **yield**.

fiction

n. the type of book or story, especially novels, that describes imaginary events and people; anything made up or imagined that is not true

synonym: fantasy, fable, invention

(1) stuff of science **fiction**, (2) non- **fiction** bestseller

Truth is stranger than **fiction**.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

longitudinal

adj. relating to or measuring along the length of an object or course or longitude (= the angular distance between a point on any meridian and the prime meridian at Greenwich); running downwards rather than across

synonym : axial, lengthwise

(1) **longitudinal** axes, (2) **longitudinal** data

The researchers conducted a **longitudinal** study on the effects of the new medication.

examine

v. to study or consider a person or object attentively and thoroughly to learn something about them

synonym : study, probe, analyze

(1) **examine** the data studiously, (2) **examine** the issue

Initially, we must **examine** all project-related expenses.

stud

n. a small object with a head on one end and a sharp point on the other, used for fastening clothing, leather, or other materials; an animal used for breeding, typically a male horse or bull that is of superior breeding stock; (verb) to decorate or adorn with studs; to provide with studs for support

synonym : beam, scantling, framing

(1) horse **stud**, (2) wall **stud**

He bought a new **stud** to attach the strap to his watch.

yearbook

n. a book published annually by a school, college, or other organization featuring photographs and records of the previous year's events and the individuals involved in them

synonym : annual, yearly

(1) **yearbook** photography, (2) college **yearbook**

I still like flipping through my high school **yearbook** to remember old friends.

well-being

n. the state of being happy and healthy and prosperous

synonym : health, welfare, happiness

(1) the **well-being** of a nation, (2) a sense of **well-being**

We are responsible for the care and **well-being** of all our employees.

predict

v. to state beforehand that something will happen in the future, mainly based on knowledge or experience

synonym: forecast, anticipate, foresee

(1) **predict** the future, (2) **predict** when she will arrive

It's notoriously challenging to **predict** birth rates.

fulfill

v. to meet the requirements or expectations; to achieve or realize

synonym: satisfy, complete, accomplish

(1) **fulfill** a contract, (2) **fulfill** a lifetime dream

It was the first time for her, but she **fulfilled** the role of Priest.

long-lasting

adj. existing or continuing for a long time

synonym: enduring, abiding, durable

(1) **long-lasting** battery, (2) a **long-lasting** friendship

They finally decided to solve the **long-lasting** problem.

standardize

v. to make uniform or consistent in form, quality, or performance; to establish or implement a standard or standardization process

synonym: uniform, systemize, homogenize

(1) **standardize** a language, (2) **standardize** administrative practices

The company **standardized** its procedures to improve efficiency and quality control.

inspiring

adj. stimulating and motivating you to want to do something

synonym: exhilarating, encouraging, heartening

(1) **inspiring** stories, (2) awe- **inspiring** sight

An **inspiring** teacher might spark students' motivation to succeed.

stumble

v. to miss a step and fall or nearly fall; to walk unsteadily
synonym: bumble, struggle, misstep

(1) **stumble** financially, (2) **stumble** through life
She **stumbled** over the tree root.

collar

n. a band of material worn around the neck, typically forming part of a shirt or jacket; (verb) to grab or catch hold of someone or something

synonym: band, neckband

(1) **collar** of a shirt, (2) **collar** of a dog
He put on his **collar** and tie before leaving for work.

league

n. an association of sports teams who compete against each other; an obsolete unit of distance of variable length, equal to about 3 miles or 4,000 meters

synonym: association, organization, alliance

(1) **league** championship, (2) a baseball **league**
He was recruited to play in the professional **league**.

span

n. the entire length of something, such as time or space from beginning to end; the amount of space that something covers

synonym: interval, period, length

(1) the **span** of a bird's wings, (2) the average life **span**
He slightly modified the **span** of training because it was just before a match.

beam

n. a long, sturdy piece of timber, metal, or other material used to support a structure or span a distance; a ray or stream of light emitted by a source

synonym: ray, ray of light, shaft of light

(1) **beam** of light, (2) a structural **beam** of a building
The sun's **beam** shone through the window and illuminated the room.

ultrasound

n. higher frequency sound than humans can hear

(1) **ultrasound** meter, (2) **ultrasound** scan

An **ultrasound** scan showed that the baby was a girl.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym: evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

womb

n. the organ of a woman or female mammal in which a baby develops before birth

synonym: uterus, matrice

(1) tumor of **womb**, (2) **womb** transplant

The fertilized egg implanted itself in the **womb**.

initially

adv. at the beginning; at first

synonym: originally, primarily, firstly

(1) **initially** anticipated, (2) diagnosed **initially** as a tumor

This train departed later than **initially** scheduled.

blind

adj. unable to see; unable or unwilling to perceive or understand the true nature of something

synonym: sightless, unseeing, random

(1) **blind** to the beauties, (2) **blind** spot

She was nearly **blind** due to severe diabetes.

biology

n. the scientific study of life and the natural processes of living things

(1) evolutionary **biology**, (2) cell and molecular **biology**

In junior high school, we had to dissect a frog in **biology** class.

uniform

adj. always the same; showing a single form or character in all occurrences; (noun) the special set of clothes worn

by members of a particular group as a means of identification

synonym : livery, outfit

(1) at a **uniform** temperature, (2) our school **uniform**
This country has a nationally **uniform** culture.

expression

n. the act of conveying thoughts, feelings, or ideas using words, facial expressions, body language, or art; a look or gesture that conveys a particular emotion or mood

synonym : statement, utterance, remark

(1) artistic **expression**, (2) **expression** of interest
His facial **expression** showed a mix of surprise and confusion.

humming

adj. producing a continuous, low, vibrating sound like that of the bee

synonym : buzzing, droning, vibrating

(1) **humming** sound, (2) **humming** bird
The **humming** of the bees filled the air as she walked through the garden.

conduct

v. to organize and carry out a particular activity

synonym : behave, lead, carry on

(1) **conduct** a background check, (2) **conduct** research
Police will **conduct** random breath testing for drunk driving.

guinea

n. a former British gold coin worth 21 shillings or a unit of currency used in some West African countries; (Guinea) a republic in western Africa on the Atlantic

synonym : coin, money, currency

(1) **guinea** coins, (2) **guinea** pig
The cost of the antique vase is three **guineas**.

renowned

adj. famous and respected for great achievements, qualities, etc.

synonym : noted, prominent, acclaimed

(1) a **renowned** artist, (2) **renowned** as a novelist
This area is **renowned** for its hot springs.

facial

adj. of or relating to a person's face

synonym: forward, front, surface

(1) **facial** nerve, (2) **facial** expressions

Facial profiling is a new form of airport security.

tribe

n. a social group made up of members who live together, sharing the same language, culture, religion, etc., especially those who do not live in towns or cities

synonym: family, clan, kinsfolk

(1) aboriginal **tribe**, (2) mountain **tribe**

The **tribe** had distinctly defined gender roles.

disconnect

v. to unfasten or disjoin something, especially to break the connection between a supply of gas, water, or electricity and a piece of equipment

synonym: unplug, detach, take apart

(1) **disconnect** a plug, (2) **disconnect** the water supply

She finally decided to **disconnect** herself from the company.

cannibalism

n. the practice of eating the flesh of other people or one's species; a behavior seen in certain animals, especially insects and arachnids, in which one individual consumes another of the same species

synonym: anthropophagy, man-eating

(1) **cannibalism** practice, (2) incidence of **cannibalism**

The tribe's religious rituals involved **cannibalism** of their enemies.

ritual

n. any customary observance or practice; any prescribed procedure for conducting religious ceremonies

synonym: tradition, ceremony, routine

(1) a **ritual** dance, (2) morning **ritual**

The woman of the house does the holy **ritual** of lighting two candles.

attribute

v. to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;

synonym : ascribe, blame, (noun) feature

(1) **attribute** the change to their marriage, (2) **attribute** directly to sales

He **attributes** the disappointing results to the economic downturn.

situ

adj. short for "situated," meaning located or placed in a particular position or circumstance

synonym : situational, contextual, circumstantial

(1) ex- **situ** conservation, (2) in- **situ** control

Melanoma in **situ** is considered the earliest stage of melanoma and has a high cure rate with appropriate treatment.

modern

adj. of or belonging to the present time or recent times

synonym : contemporary, stylish, current

(1) **modern** poetry, (2) pre- **modern** agricultural society

Their headquarters are in a **modern** skyscraper.

satisfaction

n. a pleasant feeling you have when you have fulfilled a desire, need, or expectation or have achieved something

synonym : delight, pleasure, content

(1) a sense of **satisfaction**, (2) customer **satisfaction**

The mediated settlement brought **satisfaction** to both sides.

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym : exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling

The golfer recorded an **amazing** distance.

frequent

adj. happening constantly

synonym : periodic, recurring, routine

(1) **frequent** absence, (2) **frequent** use
His heartaches are less **frequent** now.

frown

v. to make an angry or severe expression by bringing your eyebrows together to indicate disapproval, displeasure, or concentration

synonym: scowl, glare, disapprove

(1) people with **frown** faces, (2) a worried **frown**
Thinking always made him **frown**.

evolutionary

adj. relating to or denoting how living things develop or change from earlier forms

synonym: developmental, mutative, transformative

(1) ecology and **evolutionary** biology, (2) the **evolutionary** process

Evolutionary algorithms can find ways to optimize that humans do not anticipate.

contagious

adj. able to be passed on to others through contact or proximity, especially by infection or disease

synonym: infectious, transmissible, communicable

(1) **contagious** enthusiasm, (2) **contagious** virus

The disease is highly **contagious** and spreads quickly.

suppress

v. to bring something under control by force or authority; to put an end by force

synonym: subdue, bury, stifle

(1) **suppress** a yawn, (2) **suppress** a revolt

The doctor prescribed medication to **suppress** the patient's appetite.

mimic

v. to imitate someone's speech, movement, or behavior, especially to make others laugh

synonym: mirror, imitate, ape

(1) **mimic** a human voice, (2) **mimic** numerous instruments

He is very popular at school because he can **mimic** all the

teachers' accents.

physically

adv. in a way related to a person's body or appearance rather than their mind

(1) **physically** and mentally, (2) stay **physically** fit

Having a **physically** healthy physique is essential for a great life.

fake

adj. not genuine; fraudulent or counterfeit

synonym: affected, bogus, counterfeit

(1) **fake** police officer, (2) spread of **fake** news

The prime minister was not well prepared for the debate and **faked** it

emotional

adj. relating to people's feelings

synonym: affecting, impactful, impressive

(1) **emotional** health, (2) **emotional** distress

Human **emotional** responses vary widely depending on the society to which they belong.

determinant

n. a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

synonym: cause, factor, element

(1) environmental **determinant**, (2) a **determinant** of crop yields

One **determinant** of success is having a positive attitude and a strong work ethic.

repress

v. to restrain or control by force; to suppress feelings or memories

synonym: suppress, control, curb

(1) cannot **repress** laughter, (2) **repress** gene expression

He **repressed** the memories of his traumatic childhood.

judge

n. a person who makes decisions in a court of law; (verb) to determine the result of or form a critical opinion of something

synonym: arbiter, justice, (verb) deduce

(1) **judge** a competition, (2) an associate **judge**

The strict **judge** ruled in favor of the plaintiff in the case.

judgment

n. the ability to form valuable opinions and make reasonable decisions

synonym: conclusion, decision, determination

(1) an emotional **judgment**, (2) deliver a **judgment**

Her **judgments** are consistently rational and sensible.

impair

v. to damage something or make it weaker or worse

synonym: degrade, mar, deface

(1) **impair** my health, (2) **impair** insulin sensitivity

The accident made his vision **impaired**.

addition

n. the act or process of adding something to something else; the process of adding numbers

synonym: accumulation, expansion, addendum

(1) chemical **addition**, (2) **addition** of vectors

In **addition**, private corporations provide healthcare services.

theorize

v. to form or propose a theory or set of ideas to explain a particular phenomenon or event; to speculate or make educated guesses based on limited evidence or information

synonym: speculate, hypothesize, conjecture

(1) **theorize** about the universe, (2) **theorize** on the origins of life

Scientists **theorize** that there may be life on other planets in our galaxy.

evolution

n. a gradual process of transformation of living things

synonym: elaboration, expansion, transition

(1) human **evolution**, (2) **evolution** theory

They study the **evolution** of the universe.

origin

n. the first existence or beginning of something

synonym: root, source, ancestor

(1) **origin** of information, (2) racial **origin**

There are various hypotheses concerning the **origin** of life.

statistics

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

(1) **statistics** for cancer, (2) official **statistics**

The **statistics** demonstrate that poverty and unemployment are genuine problems.

mere

adj. used to emphasize how insignificant or minor someone or something is

synonym: bare, minor, sheer

(1) **mere** acquaintance, (2) **mere** incident

He lost the election by **mere** votes.

cite

v. to refer to something such as a passage, book, etc. as evidence for a theory or as a reason why something has happened

synonym: quote, mention, note

(1) **cite** various authorities, (2) **cite** a fact as evidence

The devil can **cite** Scripture for his purpose.

neurology

n. the branch of medicine that deals with the diagnosis and treatment of disorders of the nervous system

synonym: brain science, nervous system, neuropathology

(1) cognitive **neurology**, (2) **neurology** department

She is studying clinical **neurology** to become a brain surgeon.

jolt

v. to move or cause to move with a sudden jerky motion; to disturb someone's composure); (noun) a sudden, sharp movement or shock

synonym: shock, jar, bump

(1) **jolt** entire social systems, (2) **jolt** of excitement
The news of the unexpected announcement **jolted** the stock market.

induce

v. to persuade someone to do something; to cause to act in a specific manner

synonym: cause, encourage, persuade

(1) **induce** a crisis, (2) **induce** him to see a doctor

The lack of sleep **induces** both physical and psychological diseases.

stimulate

v. to encourage something to develop or become more active; to stir the feelings or emotions

synonym: excite, provoke, arouse

(1) **stimulate** the economy, (2) **stimulate** the nervous system

The book **stimulated** my imagination.

relate

v. to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something

synonym: connect, link, associate

(1) **relate** a story, (2) **relate** a message

He tried to **relate** his experience to the group, but they couldn't understand.

germ

n. a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one

synonym: bacterium, microbe, pathogen

(1) antibiotic-resistant **germ**, (2) a **germ-free** environment

The **germ** of his idea came from watching birds flying in flocks.

MRI

n. (abbreviation for magnetic resonance imaging) a medical imaging technique that uses a strong magnetic

field and radio waves to produce detailed images of the inside of the body

(1) **MRI** brain image, (2) cardiac **MRI**

The **MRI** machine uses powerful magnets to produce detailed images of the inside of the body.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym : intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

inject

v. to put a liquid such as a drug or other substance into a person's or an animal's body using a needle and syringe (= small tube)

synonym : shoot, infiltrate, insinuate

(1) **inject** under the skin, (2) **inject** a personal opinion into a debate

Let's try to **inject** a bit of enthusiasm into your performance.

mod

n. a modification or alteration, typically one made to improve something or increase its functionality; a British teenager or young adult in the 1960s, noted for their clothes consciousness and opposition to the rockers

synonym : alteration, modification, tweak

(1) **mod** culture, (2) a house with **mod** cons

The **mod** for the video game added new features and improved gameplay.

neural

adj. of or relating to a nerve or the nervous system that includes the brain

synonym : sensory, neuronic, nervous

(1) **neural** stem cells, (2) **neural** networks in AI

There was a disturbance of **neural** function.

process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or

approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym : procedure, method, system

(1) **process** improvement, (2) decision-making **process**

The **process** for applying for a visa can be lengthy and complicated.

stimming

n. a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation

synonym : self-stimulation, repetitive behaviors

(1) autistic **stimming**, (2) **stimming** therapy

Autistic children may engage in **stimming** behaviors, such as rocking or hand flapping, to self-regulate.

reward

n. a thing given in acknowledgment of service, hard work, achievement, etc.

synonym : compensation, gratuity, bonus

(1) the **reward** for good works, (2) shopping **rewards** cards

Night fishing has a lot of **rewards**.

mechanism

n. a part of a machine, or a set of parts that performs a task; a natural or established process that occurs during a specific situation or reaction

synonym : means, method, system

(1) the **mechanism** for DNA replication, (2) defense **mechanism**

He discovered unique **mechanisms** for photochemical reactions.

regard

v. to think about or consider somebody or something in a specified way

synonym : consider, see, reckon

(1) **regard** him as an enemy, (2) **regard** the situation as unfortunate

Frugality and industry are still **regarded** as virtues.

generate

v. to produce or create something; to make offspring by reproduction

synonym: create, yield, produce

(1) **generate** more electricity, (2) **generate** \$100 a month
The economic stimulation program would **generate** a lot of new jobs.

stimulation

n. the act of arousing interest or activity in something; the action of providing a stimulus

synonym: activation, arousal, excitation

(1) **stimulation** of the economy, (2) **stimulation** of the senses

The **stimulation** of certain chemicals activates the brain's reward system.

pound

n. the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

(1) three-fourths of a **pound**, (2) thousands of **pounds**
The car's front bumper cost fifteen hundred **pounds**.

sterling

n. a British coin and unit of currency, equivalent to 100 pence; British money; something of excellent quality or genuine value

synonym: currency, money, pound

(1) **sterling** silver, (2) **sterling** performance

The woman inherited a large sum of **sterling** from her grandfather's estate.

grand

adj. important and large in size, scope, or extent

synonym: impressive, great, ambitious

(1) a **grand** meal, (2) **grand** bargain

This year's **grand** gathering will be held in Canada.

enhance

v. to increase or improve the quality, amount, or strength of someone or something

synonym: improve, enrich, refine

(1) **enhance** value, (2) **enhance** the flavor of the vanilla
The new strategy will **enhance** the profitability of our company.

hormone

n. a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood

(1) **hormone** secretion, (2) female **hormone**
The doctor diagnosed me with a **hormone** disorder.

cortisol

n. a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure

synonym: stress hormone, hydrocortisone

(1) **cortisol** stress, (2) excessive **cortisol**
Cortisol levels in the body are often elevated during times of stress.

adrenaline

n. (also "epinephrine") a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger

synonym: epinephrine

(1) **adrenaline** receptor, (2) **adrenaline** addiction
The band has released a lot of **adrenaline-pumping** rock music.

dopamine

n. a chemical substance produced by nerve cells as a neurotransmitter; as a drug, it is used to treat shock and hypotension

(1) **dopamine-inhibiting** agent, (2) antagonism of **dopamine**
The drug controls the level of **dopamine** in the brain.

mood

n. the way you feel at a particular time; an angry or impatient state of mind

synonym : mindset, disposition, temper

(1) the **mood** in a room, (2) in an ugly **mood**

His gaffe spoiled the **mood** of the dinner party.

endorphin

n. a natural hormone-like substance that is produced by the body and that acts on the nervous system to reduce pain and induce a feeling of well-being

synonym : pain reliever, mood elevator

(1) beta- **endorphin**, (2) **endorphin** rush

The release of **endorphins** during exercise can provide a natural high and help to relieve stress.

likable

adj. having qualities that make a person or thing well-liked or attractive; pleasant, friendly, or enjoyable

synonym : sympathetic, appealing, charming

(1) **likable** personality, (2) a **likable** character

He's a very **likable** person who makes friends easily.

courteous

adj. polite, respectful, and considerate in behavior; showing good manners and civility

synonym : polite, respectful, gracious

(1) **courteous** manner, (2) **courteous** reply

The **courteous** salesperson greeted each customer with a warm smile.

competent

adj. having the necessary ability, knowledge, or skill to do something successfully

synonym : skilled, able, capable

(1) **competent** authority, (2) **competent** personnel

The judge ruled that the defendant was **competent** to stand trial.

improve

v. to make or become better

synonym : enhance, ameliorate, enrich

(1) **improve** a process, (2) **improve** the test score

We want to **improve** ties between our two countries.

stack

n. a pile of something arranged or laid one on top of another; a large tall chimney through which combustion gases and smoke can be evacuated

synonym : accumulation, heap, pile

(1) high **stack**, (2) a large **stack** of paper

The earthquake caused a **stack** of lumber to crumble noisily.

incur

v. to suffer from something, usually something negative, such as a loss, cost, or financial burden; to become subject to something as a result of one's actions or conduct

synonym : suffer, acquire, accumulate

(1) **incur** a \$50 fine for, (2) **incur** a great danger

I didn't mean to **incur** such a large debt on my credit card.

calorie

n. unit of heat defined as the quantity of heat required to raise the temperature of 1 gram of water by 1 degree Celsius at atmospheric pressure, used by nutritionists to measure how much energy food will produce

(1) **calorie** calculation, (2) reduce my **calorie** intake

It would be best if you burned off **calories** through vigorous exercise.

tap

v. to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.

synonym : knock, exploit, use

(1) **tap** a new market, (2) **tap** keyboard with an index finger

To expand the company, we must **tap** new human resources.

Session 2: Spelling

- | | |
|------------------------------|--|
| 1. ne_____gy department | <i>n.</i> the branch of medicine that deals with the diagnosis and treatment of disorders of the nervous system |
| 2. f__e police officer | <i>adj.</i> not genuine; fraudulent or counterfeit |
| 3. the re___d for good works | <i>n.</i> a thing given in acknowledgment of service, hard work, achievement, etc. |
| 4. high st__k | <i>n.</i> a pile of something arranged or laid one on top of another; a large tall chimney through which combustion gases and smoke can be evacuated |
| 5. tumor of w__b | <i>n.</i> the organ of a woman or female mammal in which a baby develops before birth |
| 6. bl__d spot | <i>adj.</i> unable to see; unable or unwilling to perceive or understand the true nature of something |
| 7. evolutionary bi_____y | <i>n.</i> the scientific study of life and the natural processes of living things |
| 8. thousands of po__ds | <i>n.</i> the standard unit of money in the UK; the standard unit of weight equal to 16 ounces |
| 9. ye_____ok photography | <i>n.</i> a book published annually by a school, college, or other organization featuring photographs and records of the previous year's events and the individuals involved in them |

ANSWERS: 1. neurology, 2. fake, 3. reward, 4. stack, 5. womb, 6. blind, 7. biology, 8. pound, 9. yearbook

10. in___t a personal opinion into a debate
v. to put a liquid such as a drug or other substance into a person's or an animal's body using a needle and syringe (= small tube)
11. M_I brain image
n. (abbreviation for magnetic resonance imaging) a medical imaging technique that uses a strong magnetic field and radio waves to produce detailed images of the inside of the body
12. ex_____e the data studiously
v. to study or consider a person or object attentively and thoroughly to learn something about them
13. awe-in_____ng sight
adj. stimulating and motivating you to want to do something
14. fa___l nerve
adj. of or relating to a person's face
15. or___n of information
n. the first existence or beginning of something
16. fu_____l a contract
v. to meet the requirements or expectations; to achieve or realize
17. em___k on a trip
v. to go on board a ship or plane; to set out on an enterprise or subject of study; to start something
18. a ri___l dance
n. any customary observance or practice; any prescribed procedure for conducting religious ceremonies
19. defense me_____sm
n. a part of a machine, or a set of parts that performs a task; a natural or established process that occurs during a specific situation or reaction

ANSWERS: 10. inject, 11. MRI, 12. examine, 13. inspiring, 14. facial, 15. origin, 16. fulfill, 17. embark, 18. ritual, 19. mechanism

20. int_____tic matter *adj.* existing or occurring between different galaxies (= an independent group of stars)
21. ne___l networks in AI *adj.* of or relating to a nerve or the nervous system that includes the brain
22. m__e acquaintance *adj.* used to emphasize how insignificant or minor someone or something is
23. at_____te directly to sales *v.* to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;
24. ne___l stem cells *adj.* of or relating to a nerve or the nervous system that includes the brain
25. hu_____g sound *adj.* producing a continuous, low, vibrating sound like that of the bee
26. incidence of can_____sm *n.* the practice of eating the flesh of other people or one's species; a behavior seen in certain animals, especially insects and arachnids, in which one individual consumes another of the same species
27. cognitive ne_____gy *n.* the branch of medicine that deals with the diagnosis and treatment of disorders of the nervous system
28. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
29. co___r of a dog *n.* a band of material worn around the neck, typically forming part of a shirt or jacket; (verb) to grab or catch hold of someone or something

ANSWERS: 20. intergalactic, 21. neural, 22. mere, 23. attribute, 24. neural, 25. humming, 26. cannibalism, 27. neurology, 28. decide, 29. collar

30. ca____e calculation *n.* unit of heat defined as the quantity of heat required to raise the temperature of 1 gram of water by 1 degree Celsius at atmospheric pressure, used by nutritionists to measure how much energy food will produce
31. in___e a crisis *v.* to persuade someone to do something; to cause to act in a specific manner
32. a baseball le___e *n.* an association of sports teams who compete against each other; an obsolete unit of distance of variable length, equal to about 3 miles or 4,000 meters
33. en_____in rush *n.* a natural hormone-like substance that is produced by the body and that acts on the nervous system to reduce pain and induce a feeling of well-being
34. horse s__d *n.* a small object with a head on one end and a sharp point on the other, used for fastening clothing, leather, or other materials; an animal used for breeding, typically a male horse or bull that is of superior breeding stock; (verb) to decorate or adorn with studs; to provide with studs for support
35. spread of f__e news *adj.* not genuine; fraudulent or counterfeit
36. female ho_____e *n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood

ANSWERS: 30. calorie, 31. induce, 32. league, 33. endorphin, 34. stud, 35. fake, 36. hormone

37. ex_____e the issue *v.* to study or consider a person or object attentively and thoroughly to learn something about them
38. stuff of science fi_____n *n.* the type of book or story, especially novels, that describes imaginary events and people; anything made up or imagined that is not true
39. the m__d in a room *n.* the way you feel at a particular time; an angry or impatient state of mind
40. stay phy_____ly fit *adv.* in a way related to a person's body or appearance rather than their mind
41. a sense of sat_____ion *n.* a pleasant feeling you have when you have fulfilled a desire, need, or expectation or have achieved something
42. a li_____e character *adj.* having qualities that make a person or thing well-liked or attractive; pleasant, friendly, or enjoyable
43. sti_____on of the economy *n.* the act of arousing interest or activity in something; the action of providing a stimulus
44. w__b transplant *n.* the organ of a woman or female mammal in which a baby develops before birth
45. exp_____on of interest *n.* the act of conveying thoughts, feelings, or ideas using words, facial expressions, body language, or art; a look or gesture that conveys a particular emotion or mood

ANSWERS: 37. examine, 38. fiction, 39. mood, 40. physically, 41. satisfaction, 42. likable, 43. stimulation, 44. womb, 45. expression

46. antibiotic-resistant g__m *n.* a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one
47. ult_____nd meter *n.* higher frequency sound than humans can hear
48. our school un_____m *adj.* always the same; showing a single form or character in all occurrences; (noun) the special set of clothes worn by members of a particular group as a means of identification
49. fu_____l a lifetime dream *v.* to meet the requirements or expectations; to achieve or realize
50. people with fr__n faces *v.* to make an angry or severe expression by bringing your eyebrows together to indicate disapproval, displeasure, or concentration
51. deliver a ju_____nt *n.* the ability to form valuable opinions and make reasonable decisions
52. in an ugly m__d *n.* the way you feel at a particular time; an angry or impatient state of mind
53. in_____ly anticipated *adv.* at the beginning; at first
54. con_____us virus *adj.* able to be passed on to others through contact or proximity, especially by infection or disease
55. decision-making pr_____s *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

ANSWERS: 46. germ, 47. ultrasound, 48. uniform, 49. fulfill, 50. frown, 51. judgment, 52. mood, 53. initially, 54. contagious, 55. process

56. re____s gene expression *v.* to restrain or control by force; to suppress feelings or memories
57. college ye____ok *n.* a book published annually by a school, college, or other organization featuring photographs and records of the previous year's events and the individuals involved in them
58. su____ss a yawn *v.* to bring something under control by force or authority; to put an end by force
59. three-fourths of a po__d *n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
60. su____ss a revolt *v.* to bring something under control by force or authority; to put an end by force
61. ju__e a competition *n.* a person who makes decisions in a court of law; (verb) to determine the result of or form a critical opinion of something
62. can____sm practice *n.* the practice of eating the flesh of other people or one's species; a behavior seen in certain animals, especially insects and arachnids, in which one individual consumes another of the same species
63. an associate ju__e *n.* a person who makes decisions in a court of law; (verb) to determine the result of or form a critical opinion of something
64. lon____nal axes *adj.* relating to or measuring along the length of an object or course or longitude (= the angular distance between a point on any meridian and the prime meridian at Greenwich); running downwards rather than across

ANSWERS: 56. repress, 57. yearbook, 58. suppress, 59. pound, 60. suppress, 61. judge, 62. cannibalism, 63. judge, 64. longitudinal

65. de____p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
66. su_____ro movies *n.* a fictional hero who possesses extraordinary powers and abilities and is dedicated to protecting the public
67. j__t of excitement *v.* to move or cause to move with a sudden jerky motion; to disturb someone's composure); (noun) a sudden, sharp movement or shock
68. official sta_____cs *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
69. human ev_____on *n.* a gradual process of transformation of living things
70. reduce my ca_____e intake *n.* unit of heat defined as the quantity of heat required to raise the temperature of 1 gram of water by 1 degree Celsius at atmospheric pressure, used by nutritionists to measure how much energy food will produce
71. st_____te the economy *v.* to encourage something to develop or become more active; to stir the feelings or emotions
72. at_____te the change to their marriage *v.* to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;

ANSWERS: 65. develop, 66. superhero, 67. jolt, 68. statistics, 69. evolution, 70. calorie, 71. stimulate, 72. attribute

73. environmental det_____nt *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
74. bl__d to the beauties *adj.* unable to see; unable or unwilling to perceive or understand the true nature of something
75. fa___l expressions *adj.* of or relating to a person's face
76. en_____e the flavor of the vanilla *v.* to increase or improve the quality, amount, or strength of someone or something
77. ult_____nd scan *n.* higher frequency sound than humans can hear
78. in-s__u control *adj.* short for "situated," meaning located or placed in a particular position or circumstance
79. cardiac M_l *n.* (abbreviation for magnetic resonance imaging) a medical imaging technique that uses a strong magnetic field and radio waves to produce detailed images of the inside of the body
80. co_____us manner *adj.* polite, respectful, and considerate in behavior; showing good manners and civility
81. su_____ro comics *n.* a fictional hero who possesses extraordinary powers and abilities and is dedicated to protecting the public
82. excessive co_____ol *n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure

ANSWERS: 73. determinant, 74. blind, 75. facial, 76. enhance, 77. ultrasound, 78. situ, 79. MRI, 80. courteous, 81. superhero, 82. cortisol

83. th____ze about the universe *v.* to form or propose a theory or set of ideas to explain a particular phenomenon or event; to speculate or make educated guesses based on limited evidence or information
84. st____e through life *v.* to miss a step and fall or nearly fall; to walk unsteadily
85. diagnosed in____ly as a tumor *adv.* at the beginning; at first
86. the evo____ary process *adj.* relating to or denoting how living things develop or change from earlier forms
87. non-fi____n bestseller *n.* the type of book or story, especially novels, that describes imaginary events and people; anything made up or imagined that is not true
88. st____ng therapy *n.* a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation
89. pl____t like the Earth *n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
90. fr____nt use *adj.* happening constantly
91. sta____cs for cancer *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
92. con____us enthusiasm *adj.* able to be passed on to others through contact or proximity, especially by infection or disease

ANSWERS: 83. theorize, 84. stumble, 85. initially, 86. evolutionary, 87. fiction, 88. stimming, 89. planet, 90. frequent, 91. statistics, 92. contagious

93. co_____nt authority *adj.* having the necessary ability, knowledge, or skill to do something successfully
94. adr_____ne receptor *n.* (also "epinephrine") a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger
95. mi__c a human voice *v.* to imitate someone's speech, movement, or behavior, especially to make others laugh
96. a gr__d meal *adj.* important and large in size, scope, or extent
97. re___d him as an enemy *v.* to think about or consider somebody or something in a specified way
98. mi__c numerous instruments *v.* to imitate someone's speech, movement, or behavior, especially to make others laugh
99. im___r insulin sensitivity *v.* to damage something or make it weaker or worse
100. permanent br__n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
101. sup_____er country *n.* a country or nation that has significant global influence or formidable military, economic, or technological strength; a supernatural ability or force capable of extraordinary feats or feats beyond normal human capabilities

ANSWERS: 93. competent, 94. adrenaline, 95. mimic, 96. grand, 97. regard, 98. mimic, 99. impair, 100. brain, 101. superpower

102. morning ri___l *n.* any customary observance or practice; any prescribed procedure for conducting religious ceremonies
103. c__e a fact as evidence *v.* to refer to something such as a passage, book, etc. as evidence for a theory or as a reason why something has happened
104. ad_____on of vectors *n.* the act or process of adding something to something else; the process of adding numbers
105. a sense of wel_____ng *n.* the state of being happy and healthy and prosperous
106. fr_____nt absence *adj.* happening constantly
107. pr_____t when she will arrive *v.* to state beforehand that something will happen in the future, mainly based on knowledge or experience
108. t_p a new market *v.* to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.
109. an emotional ju_____nt *n.* the ability to form valuable opinions and make reasonable decisions
110. mountain tr__e *n.* a social group made up of members who live together, sharing the same language, culture, religion, etc., especially those who do not live in towns or cities
111. gu___a coins *n.* a former British gold coin worth 21 shillings or a unit of currency used in some West African countries; (Guinea) a republic in western Africa on the Atlantic

ANSWERS: 102. ritual, 103. cite, 104. addition, 105. well-being, 106. frequent, 107. predict, 108. tap, 109. judgment, 110. tribe, 111. guinea

112. co___r of a shirt *n.* a band of material worn around the neck, typically forming part of a shirt or jacket; (verb) to grab or catch hold of someone or something
113. cell and molecular bi_____y *n.* the scientific study of life and the natural processes of living things
114. a worried fr__n *v.* to make an angry or severe expression by bringing your eyebrows together to indicate disapproval, displeasure, or concentration
115. co_____t research *v.* to organize and carry out a particular activity
116. em_____al distress *adj.* relating to people's feelings
117. dis_____ct the water supply *v.* to unfasten or disjoin something, especially to break the connection between a supply of gas, water, or electricity and a piece of equipment
118. im_____e the test score *v.* to make or become better
119. im_____e a process *v.* to make or become better
120. sti_____on of the senses *n.* the act of arousing interest or activity in something; the action of providing a stimulus
121. st_____te the nervous system *v.* to encourage something to develop or become more active; to stir the feelings or emotions
122. m__e incident *adj.* used to emphasize how insignificant or minor someone or something is
123. ex-s__u conservation *adj.* short for "situated," meaning located or placed in a particular position or circumstance

ANSWERS: 112. collar, 113. biology, 114. frown, 115. conduct, 116. emotional, 117. disconnect, 118. improve, 119. improve, 120. stimulation, 121. stimulate, 122. mere, 123. situ

124. co_____nt personnel *adj.* having the necessary ability, knowledge, or skill to do something successfully
125. cannot re_____s laughter *v.* to restrain or control by force; to suppress feelings or memories
126. the me_____sm for DNA replication *n.* a part of a machine, or a set of parts that performs a task; a natural or established process that occurs during a specific situation or reaction
127. de___e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
128. en_____e value *v.* to increase or improve the quality, amount, or strength of someone or something
129. im_____ry number *adj.* existing only in someone's mind
130. in___t under the skin *v.* to put a liquid such as a drug or other substance into a person's or an animal's body using a needle and syringe (= small tube)
131. corn yi___d *n.* the total output of crops, profits, etc. that are produced; (verb) to produce or supply helpful something, such as a profit, an amount of food, or information
132. the s__n of a bird's wings *n.* the entire length of something, such as time or space from beginning to end; the amount of space that something covers
133. basic br___n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

ANSWERS: 124. competent, 125. repress, 126. mechanism, 127. decide, 128. enhance, 129. imaginary, 130. inject, 131. yield, 132. span, 133. brain

134. th____ze on the origins of life *v.* to form or propose a theory or set of ideas to explain a particular phenomenon or event; to speculate or make educated guesses based on limited evidence or information
135. ge____te more electricity *v.* to produce or create something; to make offspring by reproduction
136. gu____a pig *n.* a former British gold coin worth 21 shillings or a unit of currency used in some West African countries; (Guinea) a republic in western Africa on the Atlantic
137. in__r a \$50 fine for *v.* to suffer from something, usually something negative, such as a loss, cost, or financial burden; to become subject to something as a result of one's actions or conduct
138. a large st__k of paper *n.* a pile of something arranged or laid one on top of another; a large tall chimney through which combustion gases and smoke can be evacuated
139. in_____ng stories *adj.* stimulating and motivating you to want to do something
140. sta_____ze a language *v.* to make uniform or consistent in form, quality, or performance; to establish or implement a standard or standardization process
141. chemical ad____on *n.* the act or process of adding something to something else; the process of adding numbers

ANSWERS: 134. theorize, 135. generate, 136. guinea, 137. incur, 138. stack, 139. inspiring, 140. standardize, 141. addition

142. in__r a great danger *v.* to suffer from something, usually something negative, such as a loss, cost, or financial burden; to become subject to something as a result of one's actions or conduct
143. hu____g bird *adj.* producing a continuous, low, vibrating sound like that of the bee
144. sta____ze administrative practices *v.* to make uniform or consistent in form, quality, or performance; to establish or implement a standard or standardization process
145. j__t entire social systems *v.* to move or cause to move with a sudden jerky motion; to disturb someone's composure); (noun) a sudden, sharp movement or shock
146. lon____nal data *adj.* relating to or measuring along the length of an object or course or longitude (= the angular distance between a point on any meridian and the prime meridian at Greenwich); running downwards rather than across
147. co____t a background check *v.* to organize and carry out a particular activity
148. shopping re____ds cards *n.* a thing given in acknowledgment of service, hard work, achievement, etc.
149. a lon____ing friendship *adj.* existing or continuing for a long time
150. do____ne-inhibiting agent *n.* a chemical substance produced by nerve cells as a neurotransmitter; as a drug, it is used to treat shock and hypotension

ANSWERS: 142. incur, 143. humming, 144. standardize, 145. jolt, 146. longitudinal, 147. conduct, 148. reward, 149. long-lasting, 150. dopamine

151. in___e him to see a doctor *v.* to persuade someone to do something; to cause to act in a specific manner
152. sup_____er leader *n.* a country or nation that has significant global influence or formidable military, economic, or technological strength; a supernatural ability or force capable of extraordinary feats or feats beyond normal human capabilities
153. phy_____ly and mentally *adv.* in a way related to a person's body or appearance rather than their mind
154. co_____ol stress *n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure
155. dis_____ct a plug *v.* to unfasten or disjoin something, especially to break the connection between a supply of gas, water, or electricity and a piece of equipment
156. antagonism of do_____ne *n.* a chemical substance produced by nerve cells as a neurotransmitter; as a drug, it is used to treat shock and hypotension
157. the wel_____ng of a nation *n.* the state of being happy and healthy and prosperous
158. a g__m-free environment *n.* a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one
159. de_____p a skill *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

ANSWERS: 151. induce, 152. superpower, 153. physically, 154. cortisol, 155. disconnect, 156. dopamine, 157. well-being, 158. germ, 159. develop

160. re___d the situation as unfortunate *v.* to think about or consider somebody or something in a specified way
161. li_____e personality *adj.* having qualities that make a person or thing well-liked or attractive; pleasant, friendly, or enjoyable
162. beta-en_____in *n.* a natural hormone-like substance that is produced by the body and that acts on the nervous system to reduce pain and induce a feeling of well-being
163. im___r my health *v.* to damage something or make it weaker or worse
164. pr_____t the future *v.* to state beforehand that something will happen in the future, mainly based on knowledge or experience
165. am_____g advances *adj.* extremely surprising, especially in a way that you like or admire
166. artistic exp_____on *n.* the act of conveying thoughts, feelings, or ideas using words, facial expressions, body language, or art; a look or gesture that conveys a particular emotion or mood
167. ecology and evo_____ary biology *adj.* relating to or denoting how living things develop or change from earlier forms
168. ho_____e secretion *n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood
169. the most am_____g feeling *adj.* extremely surprising, especially in a way that you like or admire

ANSWERS: 160. regard, 161. likable, 162. endorphin, 163. impair, 164. predict, 165. amazing, 166. expression, 167. evolutionary, 168. hormone, 169. amazing

170. em___k on a foolish adventure *v.* to go on board a ship or plane; to set out on an enterprise or subject of study; to start something
171. em_____al health *adj.* relating to people's feelings
172. mo___n poetry *adj.* of or belonging to the present time or recent times
173. c__e various authorities *v.* to refer to something such as a passage, book, etc. as evidence for a theory or as a reason why something has happened
174. gr__d bargain *adj.* important and large in size, scope, or extent
175. the average life s__n *n.* the entire length of something, such as time or space from beginning to end; the amount of space that something covers
176. int_____tic travel *adj.* existing or occurring between different galaxies (= an independent group of stars)
177. the yi__d on the bond *n.* the total output of crops, profits, etc. that are produced; (verb) to produce or supply helpful something, such as a profit, an amount of food, or information
178. t_p keyboard with an index finger *v.* to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.
179. racial or___n *n.* the first existence or beginning of something

ANSWERS: 170. embark, 171. emotional, 172. modern, 173. cite, 174. grand, 175. span, 176. intergalactic, 177. yield, 178. tap, 179. origin

180. lon_____ing battery *adj.* existing or continuing for a long time
181. le___e championship *n.* an association of sports teams who compete against each other; an obsolete unit of distance of variable length, equal to about 3 miles or 4,000 meters
182. wall s__d *n.* a small object with a head on one end and a sharp point on the other, used for fastening clothing, leather, or other materials; an animal used for breeding, typically a male horse or bull that is of superior breeding stock; (verb) to decorate or adorn with studs; to provide with studs for support
183. save the pl___t *n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
184. st_____ng performance *n.* a British coin and unit of currency, equivalent to 100 pence; British money; something of excellent quality or genuine value
185. st_____e financially *v.* to miss a step and fall or nearly fall; to walk unsteadily
186. a structural b__m of a building *n.* a long, sturdy piece of timber, metal, or other material used to support a structure or span a distance; a ray or stream of light emitted by a source
187. m_d culture *n.* a modification or alteration, typically one made to improve something or increase its functionality; a British teenager or young adult in the 1960s, noted for their clothes consciousness and opposition to the rockers

ANSWERS: 180. long-lasting, 181. league, 182. stud, 183. planet, 184. sterling, 185. stumble, 186. beam, 187. mod

188. st_____ng silver *n.* a British coin and unit of currency, equivalent to 100 pence; British money; something of excellent quality or genuine value
189. re___e a story *v.* to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
190. im_____ry pregnancy *adj.* existing only in someone's mind
191. autistic st_____ng *n.* a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation
192. pre-mo___n agricultural society *adj.* of or belonging to the present time or recent times
193. ev_____on theory *n.* a gradual process of transformation of living things
194. co_____us reply *adj.* polite, respectful, and considerate in behavior; showing good manners and civility
195. a re_____ed artist *adj.* famous and respected for great achievements, qualities, etc.
196. at a un_____m temperature *adj.* always the same; showing a single form or character in all occurrences; (noun) the special set of clothes worn by members of a particular group as a means of identification

ANSWERS: 188. sterling, 189. relate, 190. imaginary, 191. stimming, 192. modern, 193. evolution, 194. courteous, 195. renowned, 196. uniform

197. re___e a message *v.* to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
198. re____ed as a novelist *adj.* famous and respected for great achievements, qualities, etc.
199. adr_____ne addiction *n.* (also "epinephrine") a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger
200. b__m of light *n.* a long, sturdy piece of timber, metal, or other material used to support a structure or span a distance; a ray or stream of light emitted by a source
201. a house with m_d cons *n.* a modification or alteration, typically one made to improve something or increase its functionality; a British teenager or young adult in the 1960s, noted for their clothes consciousness and opposition to the rockers
202. customer sat_____ion *n.* a pleasant feeling you have when you have fulfilled a desire, need, or expectation or have achieved something
203. aboriginal tr__e *n.* a social group made up of members who live together, sharing the same language, culture, religion, etc., especially those who do not live in towns or cities

ANSWERS: 197. relate, 198. renowned, 199. adrenaline, 200. beam, 201. mod, 202. satisfaction, 203. tribe

204. pr____s improvement *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
205. ge____te \$100 a month *v.* to produce or create something; to make offspring by reproduction
206. a det_____nt of crop yields *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

ANSWERS: 204. process, 205. generate, 206. determinant

Session 3: Fill in the Blanks

1. The golfer recorded an _____ distance.
adj. extremely surprising, especially in a way that you like or admire
2. The new strategy will _____ the profitability of our company.
v. to increase or improve the quality, amount, or strength of someone or something
3. He slightly modified the _____ of training because it was just before a match.
n. the entire length of something, such as time or space from beginning to end; the amount of space that something covers
4. The woman inherited a large sum of _____ from her grandfather's estate.
n. a British coin and unit of currency, equivalent to 100 pence; British money; something of excellent quality or genuine value
5. The fertilized egg implanted itself in the _____.
n. the organ of a woman or female mammal in which a baby develops before birth
6. He lost the election by _____ votes.
adj. used to emphasize how insignificant or minor someone or something is
7. He is very popular at school because he can _____ all the teachers' accents.
v. to imitate someone's speech, movement, or behavior, especially to make others laugh
8. X-rays revealed a small tumor in his _____.
n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

ANSWERS: 1. amazing, 2. enhance, 3. span, 4. sterling, 5. womb, 6. mere, 7. mimic, 8. brain

9. It would be best if you burned off _____ through vigorous exercise.
- n.* unit of heat defined as the quantity of heat required to raise the temperature of 1 gram of water by 1 degree Celsius at atmospheric pressure, used by nutritionists to measure how much energy food will produce
10. The tribe's religious rituals involved _____ of their enemies.
- n.* the practice of eating the flesh of other people or one's species; a behavior seen in certain animals, especially insects and arachnids, in which one individual consumes another of the same species
11. The sun's _____ shone through the window and illuminated the room.
- n.* a long, sturdy piece of timber, metal, or other material used to support a structure or span a distance; a ray or stream of light emitted by a source
12. The accident made his vision _____.
- v.* to damage something or make it weaker or worse
13. The mediated settlement brought _____ to both sides.
- n.* a pleasant feeling you have when you have fulfilled a desire, need, or expectation or have achieved something
14. The disease is highly _____ and spreads quickly.
- adj.* able to be passed on to others through contact or proximity, especially by infection or disease
15. Melanoma in _____ is considered the earliest stage of melanoma and has a high cure rate with appropriate treatment.
- adj.* short for "situated," meaning located or placed in a particular position or circumstance

ANSWERS: 9. calories, 10. cannibalism, 11. beam, 12. impaired, 13. satisfaction, 14. contagious, 15. situ

16. The _____ of the bees filled the air as she walked through the garden.

adj. producing a continuous, low, vibrating sound like that of the bee

17. He's a very _____ person who makes friends easily.

adj. having qualities that make a person or thing well-liked or attractive; pleasant, friendly, or enjoyable

18. Initially, we must _____ all project-related expenses.

v. to study or consider a person or object attentively and thoroughly to learn something about them

19. Mercury is the closest _____ to the sun.

n. any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star

20. I still like flipping through my high school _____ to remember old friends.

n. a book published annually by a school, college, or other organization featuring photographs and records of the previous year's events and the individuals involved in them

21. This country has a nationally _____ culture.

adj. always the same; showing a single form or character in all occurrences; (noun) the special set of clothes worn by members of a particular group as a means of identification

22. This train departed later than _____ scheduled.

adv. at the beginning; at first

23. The drug controls the level of _____ in the brain.

n. a chemical substance produced by nerve cells as a neurotransmitter; as a drug, it is used to treat shock and hypotension

ANSWERS: 16. humming, 17. likable, 18. examine, 19. planet, 20. yearbook, 21. uniform, 22. initially, 23. dopamine

24. To expand the company, we must ____ new human resources.
- v.* to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.
25. She finally decided to _____ herself from the company.
- v.* to unfasten or disjoin something, especially to break the connection between a supply of gas, water, or electricity and a piece of equipment
26. The strict _____ ruled in favor of the plaintiff in the case.
- n.* a person who makes decisions in a court of law; (verb) to determine the result of or form a critical opinion of something
27. The company _____ its procedures to improve efficiency and quality control.
- v.* to make uniform or consistent in form, quality, or performance; to establish or implement a standard or standardization process
28. The researchers conducted a _____ study on the effects of the new medication.
- adj.* relating to or measuring along the length of an object or course or longitude (= the angular distance between a point on any meridian and the prime meridian at Greenwich); running downwards rather than across
29. The _____ of certain chemicals activates the brain's reward system.
- n.* the act of arousing interest or activity in something; the action of providing a stimulus
30. They study the _____ of the universe.
- n.* a gradual process of transformation of living things

ANSWERS: 24. tap, 25. disconnect, 26. judge, 27. standardized, 28. longitudinal, 29. stimulation, 30. evolution

31. Truth is stranger than _____.

- n.* the type of book or story, especially novels, that describes imaginary events and people; anything made up or imagined that is not true

32. I didn't mean to _____ such a large debt on my credit card.

- v.* to suffer from something, usually something negative, such as a loss, cost, or financial burden; to become subject to something as a result of one's actions or conduct

33. The _____ for applying for a visa can be lengthy and complicated.

- n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

34. This year's _____ gathering will be held in Canada.

- adj.* important and large in size, scope, or extent

35. The prime minister was not well prepared for the debate and _____ it

- adj.* not genuine; fraudulent or counterfeit

36. An _____ teacher might spark students' motivation to succeed.

- adj.* stimulating and motivating you to want to do something

37. _____ profiling is a new form of airport security.

- adj.* of or relating to a person's face

38. The band has released a lot of _____ rock music.

- n.* (also "epinephrine") a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger

ANSWERS: 31. fiction, 32. incur, 33. process, 34. grand, 35. faked, 36. inspiring, 37. Facial, 38. adrenaline-pumping

39. The doctor prescribed medication to _____ the patient's appetite.
- v.* to bring something under control by force or authority; to put an end by force
40. The book _____ my imagination.
- v.* to encourage something to develop or become more active; to stir the feelings or emotions
41. The company's stock gives a high _____.
- n.* the total output of crops, profits, etc. that are produced; (verb) to produce or supply helpful something, such as a profit, an amount of food, or information
42. The woman of the house does the holy _____ of lighting two candles.
- n.* any customary observance or practice; any prescribed procedure for conducting religious ceremonies
43. Her _____ are consistently rational and sensible.
- n.* the ability to form valuable opinions and make reasonable decisions
44. We _____ on a new project.
- v.* to go on board a ship or plane; to set out on an enterprise or subject of study; to start something
45. The lack of sleep _____ both physical and psychological diseases.
- v.* to persuade someone to do something; to cause to act in a specific manner
46. The ability to fly like a bird is often considered a _____ in comic books and movies.
- n.* a country or nation that has significant global influence or formidable military, economic, or technological strength; a supernatural ability or force capable of extraordinary feats or feats beyond normal human capabilities

ANSWERS: 39. suppress, 40. stimulated, 41. yield, 42. ritual, 43. judgments, 44. embarked, 45. induces, 46. superpower

47. His heartaches are less _____ now.

adj. happening constantly

48. The economic stimulation program would _____ a lot of new jobs.

v. to produce or create something; to make offspring by reproduction

49. He bought a new _____ to attach the strap to his watch.

n. a small object with a head on one end and a sharp point on the other, used for fastening clothing, leather, or other materials; an animal used for breeding, typically a male horse or bull that is of superior breeding stock; (verb) to decorate or adorn with studs; to provide with studs for support

50. The earthquake caused a _____ of lumber to crumble noisily.

n. a pile of something arranged or laid one on top of another; a large tall chimney through which combustion gases and smoke can be evacuated

51. It was the first time for her, but she _____ the role of Priest.

v. to meet the requirements or expectations; to achieve or realize

52. Thinking always made him _____.

v. to make an angry or severe expression by bringing your eyebrows together to indicate disapproval, displeasure, or concentration

53. The _____ salesperson greeted each customer with a warm smile.

adj. polite, respectful, and considerate in behavior; showing good manners and civility

54. The doctor diagnosed me with a _____ disorder.

n. a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood

ANSWERS: 47. frequent, 48. generate, 49. stud, 50. stack, 51. fulfilled, 52. frown, 53. courteous, 54. hormone

55. The _____ demonstrate that poverty and unemployment are genuine problems.
- n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
56. In _____ private corporations provide healthcare services.
- n.* the act or process of adding something to something else; the process of adding numbers
57. Police will _____ random breath testing for drunk driving.
- v.* to organize and carry out a particular activity
58. The car's front bumper cost fifteen hundred _____.
- n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
59. In junior high school, we had to dissect a frog in _____ class.
- n.* the scientific study of life and the natural processes of living things
60. Let's try to _____ a bit of enthusiasm into your performance.
- v.* to put a liquid such as a drug or other substance into a person's or an animal's body using a needle and syringe (= small tube)
61. The judge ruled that the defendant was _____ to stand trial.
- adj.* having the necessary ability, knowledge, or skill to do something successfully
62. The _____ had distinctly defined gender roles.
- n.* a social group made up of members who live together, sharing the same language, culture, religion, etc., especially those who do not live in towns or cities

ANSWERS: 55. statistics, 56. addition, 57. conduct, 58. pounds, 59. biology, 60. inject, 61. competent, 62. tribe

63. Human _____ responses vary widely depending on the society to which they belong.

adj. relating to people's feelings

64. Little children tend to have _____ friends.

adj. existing only in someone's mind

65. Scientists _____ that there may be life on other planets in our galaxy.

v. to form or propose a theory or set of ideas to explain a particular phenomenon or event; to speculate or make educated guesses based on limited evidence or information

66. _____ levels in the body are often elevated during times of stress.

n. a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure

67. The ___ machine uses powerful magnets to produce detailed images of the inside of the body.

n. (abbreviation for magnetic resonance imaging) a medical imaging technique that uses a strong magnetic field and radio waves to produce detailed images of the inside of the body

68. The ___ for the video game added new features and improved gameplay.

n. a modification or alteration, typically one made to improve something or increase its functionality; a British teenager or young adult in the 1960s, noted for their clothes consciousness and opposition to the rockers

69. His gaffe spoiled the _____ of the dinner party.

n. the way you feel at a particular time; an angry or impatient state of mind

ANSWERS: 63. emotional, 64. imaginary, 65. theorize, 66. Cortisol, 67. MRI, 68. mod, 69. mood

70. The _____ of his idea came from watching birds flying in flocks.

n. a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one

71. This area is _____ for its hot springs.

adj. famous and respected for great achievements, qualities, etc.

72. He discovered unique _____ for photochemical reactions.

n. a part of a machine, or a set of parts that performs a task; a natural or established process that occurs during a specific situation or reaction

73. Their headquarters are in a _____ skyscraper.

adj. of or belonging to the present time or recent times

74. She is studying clinical _____ to become a brain surgeon.

n. the branch of medicine that deals with the diagnosis and treatment of disorders of the nervous system

75. One _____ of success is having a positive attitude and a strong work ethic.

n. a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

76. Night fishing has a lot of _____.

n. a thing given in acknowledgment of service, hard work, achievement, etc.

77. We are responsible for the care and _____ of all our employees.

n. the state of being happy and healthy and prosperous

ANSWERS: 70. germ, 71. renowned, 72. mechanisms, 73. modern, 74. neurology, 75. determinant, 76. rewards, 77. well-being

78. He _____ the disappointing results to the economic downturn.
- v. to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;
79. The news of the unexpected announcement _____ the stock market.
- v. to move or cause to move with a sudden jerky motion; to disturb someone's composure); (noun) a sudden, sharp movement or shock
80. There are various hypotheses concerning the _____ of life.
- n. the first existence or beginning of something
81. She _____ over the tree root.
- v. to miss a step and fall or nearly fall; to walk unsteadily
82. He was recruited to play in the professional _____.
- n. an association of sports teams who compete against each other; an obsolete unit of distance of variable length, equal to about 3 miles or 4,000 meters
83. She couldn't _____ whether to order the pizza or the pasta for dinner.
- v. to make up someone's mind about something; to come to a conclusion or judgment after considering options
84. Superman is a classic _____ known for his superhuman strength and flying ability.
- n. a fictional hero who possesses extraordinary powers and abilities and is dedicated to protecting the public
85. He put on his _____ and tie before leaving for work.
- n. a band of material worn around the neck, typically forming part of a shirt or jacket; (verb) to grab or catch hold of someone or something

ANSWERS: 78. attributes, 79. jolted, 80. origin, 81. stumbled, 82. league, 83. decide, 84. superhero, 85. collar

86. He _____ the memories of his traumatic childhood.

v. to restrain or control by force; to suppress feelings or memories

87. Frugality and industry are still _____ as virtues.

v. to think about or consider somebody or something in a specified way

88. It's notoriously challenging to _____ birth rates.

v. to state beforehand that something will happen in the future, mainly based on knowledge or experience

89. They finally decided to solve the _____ problem.

adj. existing or continuing for a long time

90. We must _____ a new system to streamline our workflow and increase efficiency.

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

91. Having a _____ healthy physique is essential for a great life.

adv. in a way related to a person's body or appearance rather than their mind

92. We want to _____ ties between our two countries.

v. to make or become better

93. She was nearly _____ due to severe diabetes.

adj. unable to see; unable or unwilling to perceive or understand the true nature of something

ANSWERS: 86. repressed, 87. regarded, 88. predict, 89. long-lasting, 90. develop, 91. physically, 92. improve, 93. blind

94. He tried to _____ his experience to the group, but they couldn't understand.
- v.* to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
95. There was a disturbance of _____ function.
- adj.* of or relating to a nerve or the nervous system that includes the brain
96. His facial _____ showed a mix of surprise and confusion.
- n.* the act of conveying thoughts, feelings, or ideas using words, facial expressions, body language, or art; a look or gesture that conveys a particular emotion or mood
97. The cost of the antique vase is three _____.
- n.* a former British gold coin worth 21 shillings or a unit of currency used in some West African countries; (Guinea) a republic in western Africa on the Atlantic
98. The _____ spaceship traveled to distant planets.
- adj.* existing or occurring between different galaxies (= an independent group of stars)
99. _____ algorithms can find ways to optimize that humans do not anticipate.
- adj.* relating to or denoting how living things develop or change from earlier forms
100. An _____ scan showed that the baby was a girl.
- n.* higher frequency sound than humans can hear
101. The devil can _____ Scripture for his purpose.
- v.* to refer to something such as a passage, book, etc. as evidence for a theory or as a reason why something has happened

ANSWERS: 94. relate, 95. neural, 96. expression, 97. guineas, 98. intergalactic, 99. Evolutionary, 100. ultrasound, 101. cite

102. The release of _____ during exercise can provide a natural high and help to relieve stress.

- n.* a natural hormone-like substance that is produced by the body and that acts on the nervous system to reduce pain and induce a feeling of well-being

103. Autistic children may engage in _____ behaviors, such as rocking or hand flapping, to self-regulate.

- n.* a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation

ANSWERS: 102. endorphins, 103. stimming