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Vocabulary Builder Reference from...

Krista Tippett: Reconnecting with compassion | TED Talk

https://www.ted.com/talks/krista_tippett_reconnecting_with_compassion

Advanced Words Only

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Session 1: Word List

vantage

n. a position or place that provides a commanding or advantageous view or perspective; a favorable position or advantage

synonym: advantage, benefit, edge

(1) strategic **vantage**, (2) gain a **vantage**

From our **vantage** point, we could see the whole city skyline.

squishy

adj. soft and yielding to the touch; easily deformed

synonym: soft, spongy, mushy

(1) **squishy** texture, (2) a **squishy** story

The **squishy** foam ball is perfect for squeezing to relieve stress.

depress

v. to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active

synonym: sadden, discourage, deflate

(1) **depress** their spirits, (2) **depress** crop prices

The economic recession **depressed** the housing market.

sidebar

n. a secondary, often informal, discussion or topic that is tangentially related to the main subject of a larger conversation, often taking place during a meeting, trial, or other formal gatherings; (of a newspaper) a small,

secondary article or feature that accompanies the main article on a particular topic

synonym : sidebar, ancillary, subtopic

(1) accompanying **sidebar**, (2) legal **sidebar**

The judge allowed a **sidebar** conversation between the lawyers and witnesses during the trial.

heroic

adj. courageous and daring; having or displaying qualities appropriate for legendary figures that is courage and daring

synonym : brave, courageous, daring

(1) a **heroic** poem, (2) **heroic** explorers

The **heroic** actions of individuals are now easily spread worldwide by SNS.

idealist

n. a person who is guided by ideals or principles rather than practical considerations or reality; a person who seeks to achieve a particular vision or goal for the betterment of society or humanity

synonym : dreamer, idealizer, visionary

(1) **idealist** at heart, (2) an **idealist** perspective

As a dedicated **idealist**, she always fought for what was right, no matter the cost.

connote

v. to suggest or imply something in addition to its literal or primary meaning; to imply something beyond the literal or primary meaning

synonym : imply, suggest, signify

(1) **connote** emotion, (2) **connote** symbolism

The word 'home' **connotes** a sense of warmth and comfort.

indulge

v. to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat

synonym : pamper, gratify, entertain

(1) **indulge** in debauchery, (2) **indulge** children

She **indulged** in a warm bath after a long day at work.

unfavorable

adj. not advantageous or beneficial; opposed to one's interests or desires

synonym: adverse, negative, hostile

(1) **unfavorable** situation, (2) **unfavorable** reviews

The unforeseen weather change resulted in an **unfavorable** outcome for the outdoor event.

ascent

n. the act of climbing or moving upwards, often referring to a physical ascent of a mountain or a spiritual ascent or improvement; an upward movement; the process of moving upwards

synonym: climb, rise, hike

(1) spiritual **ascent**, (2) the **ascent** of a rocket

The hikers experienced a difficult **ascent** to the summit due to the steep and rocky terrain.

animate

v. to make something full of interest and energy

synonym: invigorate, energize, enliven

(1) **animate** the body, (2) **animate** his soul

The positive attitude of the supervisor **animated** the discussion.

gutsy

adj. displaying courage, determination, or boldness; characterized by a willingness to take risks or face challenges

synonym: courageous, brave, daring

(1) **gutsy** move, (2) **gutsy** performance

It was **gutsy** to quit her job and start her own business.

transcend

v. to rise above or go beyond the limits of something

synonym: surpass, exceed, overcome

(1) **transcend** boundaries, (2) **transcend** limits

The music **transcended** cultural barriers and reached audiences globally.

kindred

n. a group of people related by blood or family ties; a close affinity or similarity between two or more things or

people

synonym: kin, family, clan

(1) **kindred** feeling, (2) **kindred** souls

The **kindred** spirits bonded over their shared love of art and music.

cliche

n. a phrase or expression that has become overused to the point that it has lost its original impact or meaning; a trite or unoriginal idea or statement

synonym: truism, platitude, stereotype

(1) **cliche** plot, (2) age-old **cliche**

Using the same **cliche** phrase in every conversation can take time and effort.

byproduct

n. a secondary or incidental product produced in the manufacture or synthesis of something else

synonym: side effect, spinoff, outgrowth

(1) toxic **byproducts**, (2) **byproduct** of technology

The **byproduct** of the energy production process is a large amount of carbon dioxide emissions.

gratification

n. the feeling of being pleased or satisfied as a result of achieving something or having something you want

synonym: satisfaction, pleasure, contentment

(1) instant **gratification**, (2) aesthetic **gratification**

The **gratification** of completing a difficult task is a great feeling.

interfaith

adj. relating to or involving people of different religious faiths

(1) an **interfaith** marriage, (2) **interfaith** good will

The tolerance of the leaders of each religion made **interfaith** dialogue possible.

innovate

v. to introduce new methods, ideas, or products

synonym: bring in, introduce, found

(1) **innovate** a new method, (2) **innovate** the quality of his

life

Companies developing self-driving cars consistently **innovate** the emerging technologies.

Jewish

adj. of or relating to people whose traditional religion is Judaism

synonym: Judaic

(1) **Jewish** history, (2) **Jewish** culture

My friend is a **Jewish** woman who celebrates Hanukkah every year.

cultivate

v. to prepare and foster land for growing crops or plants

synonym: boost, foster, nurture

(1) **cultivate** a field, (2) **cultivate** relationships

University is a great place to **cultivate** our minds and expertise.

synonymous

adj. having the same or a similar meaning as another word or phrase

synonym: equivalent, interchangeable, similar

(1) **synonymous** terms, (2) non-**synonymous** mutation

The phrase "big shot" and "important person" are **synonymous**.

empathy

n. the ability to share another person's feelings or experiences by imagining that person's situation

synonym: compassion, sympathy, tenderness

(1) full of **empathy**, (2) **empathy** for patients

Empathy is also necessary to understand history.

generosity

n. the fact or quality of being willing to do kind things or give somebody money, gifts, or time freely

synonym: goodness, hospitality, unselfishness

(1) act of **generosity**, (2) boundless **generosity**

He is remembered for his **generosity** and civilization.

doable

adj. possible to do; capable of existing, taking place, or proving true

synonym : realizable, accomplishable, achievable

(1) make a **doable** plan, (2) **doable** in daily life

This project is **doable** despite the tight schedule.

physicality

n. the physical nature or characteristics of something, especially the human body or movement; the state of being full of energy and force

synonym : corporeality, animalism, embodiment

(1) **physicality** of dance, (2) express **physicality**

The athlete's success was largely due to her **physicality** and dedication to fitness.

paraplegia

n. a form of paralysis that affects all or part of the lower body, typically caused by injury to the spinal cord or nervous system

synonym : spinal cord injury, paralysis

(1) **paraplegia** treatment, (2) traumatic **paraplegia**

After his accident, he was left with **paraplegia** and had to use a wheelchair.

paralyze

v. to cause a person or part of the body to become unable to move or feel

synonym : immobilize, disable, numb

(1) **paralyze** a city, (2) **paralyze** a person

The venom from the snake bite **paralyzed** his arm.

frailty

n. the condition of being weak or delicate, often due to age or illness; a weakness or flaw in character or morality

synonym : weakness, fragility, delicacy

(1) cognitive **frailty**, (2) **frailty** syndrome

The doctor warned us about the human body's **frailty** and the dangers of neglecting our health.

compassionate

adj. feeling or showing sympathy and concern for the suffering or bad luck of others

synonym : empathetic, sympathetic, merciful

(1) a **compassionate** heart, (2) **compassionate** leave
My father has a serious and **compassionate** personality.

jean

n. a sturdy cotton twill fabric, typically blue, used for jeans and other clothing

synonym : denim, cotton, pants

(1) a **jean** skirt, (2) **jean** denim

She wore her favorite pair of **jeans** to the party.

exude

v. to emit or release a liquid, smell, or expression gradually and slowly; to display an emotion, quality, or characteristic in a spontaneous and natural way

synonym : emit, ooze, radiate

(1) **exude** confidence, (2) **exude** charm

The flowers **exude** a sweet fragrance.

resurrect

v. to bring back to life or bring into existence again

synonym : revive, bring back, bring to life

(1) **resurrect** the dead, (2) **resurrect** an argument

They tried to **resurrect** the ancient tradition.

unleash

v. to suddenly release a strong force, emotion, etc. that cannot be controlled

synonym : discharge, free, release

(1) **unleash** a hound, (2) **unleash** her anger

The general was still reluctant to **unleash** his troops in pursuit of an enemy.

rediscover

v. to discover or find again something that was previously known but lost

synonym : recover, get back, revive

(1) **rediscover** a value, (2) **rediscover** an old truth

The painting was **rediscovered** in an attic and turned out to be a long-lost masterpiece.

flourish

v. to grow or develop vigorously or successfully
synonym: boom, advance, succeed

(1) **flourish** economically, (2) **flourish** worldwide

The Ottoman Empire **flourished** for over five centuries.

commandment

n. a divine rule, especially one of the Ten Commandments; an order or law given by authority

synonym: law, edict, precept

(1) violate a **commandment**, (2) a religious **commandment**

He was punished because he contravened a **commandment** of God.

shard

n. a small, sharp piece of something that has been broken, especially a material like glass, pottery, or metal

synonym: break, fragment, shatter

(1) broken **shard**, (2) **shard** of pottery

The artist used a **shard** of glass to create intricate designs on her sculptures.

fanciful

adj. characterized by or involving imaginative and unrealistic ideas or concepts; existing or perceived only in the imagination

synonym: imaginative, whimsical, fantastic

(1) **fanciful** idea, (2) **fanciful** tale

Her **fanciful** imagination allowed her to dream up incredible stories.

empower

v. to give someone the power or authority to do something
synonym: authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

frail

adj. weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength

synonym: weak, delicate, fragile

(1) **frail** body, (2) **frail** condition

My grandfather's health has declined, and he is now quite **frail**.

overwhelm

v. to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody

synonym: conquer, crush, dominate

(1) he was **overwhelmed** with gratitude, (2) **overwhelm** opponents by numbers

Too much variety may **overwhelm** and confuse viewers.

medicinal

adj. of or relating to the treatment or cure of disease

synonym: curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

segregate

v. to separate or set apart from others, often based on race, gender, or some other characteristic

synonym: isolate, separate, divide

(1) **segregate** by race, (2) **segregate** boys and girls

The school board decided to **segregate** students by the ability to meet their needs better.

physicist

n. a scientist who specializes in the field of physics

(1) talented **physicist**, (2) theoretical **physicist**

Einstein was an outstanding and famous **physicist** of the 20th century.

purveyor

n. a person or company that provides goods or services

synonym: steward, supplier

(1) a local **purveyor**, (2) a **purveyor** to the army

This company is the world's largest **purveyor** of caviar.

razor

n. a sharp blade used for shaving or cutting hair

synonym: blade, shaver, cutter

(1) **razor** blade, (2) an electric **razor**

He shaved with a **razor** to get a close shave.

foresee

v. to perceive or predict; to anticipate or expect something to happen in the future

synonym: predict, anticipate, forecast

(1) **foresee** the consequences, (2) **foresee** challenges
I **foresee** a problem arising if we don't address this issue now.

diminish

v. to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.

synonym: decline, dwindle, lessen

(1) **diminish** a reputation, (2) **diminish** swelling
As people get old, their energies may **diminish**.

cathedral

n. the main Christian church of a bishop's diocese, which is often the largest and most important church in the area

synonym: church, basilica, temple

(1) **cathedral** school, (2) **cathedral** choir

The **cathedral's** stained glass windows depicted scenes from the Bible.

paunch

n. a large or protruding belly, specifically, the belly of an animal, especially when it is large and protruding

synonym: belly, gut, potbelly

(1) beer **paunch**, (2) belly **paunch**

He had a noticeable **paunch**, indicating his sedentary lifestyle and poor eating habits.

illumination

n. light or source of light; the degree of visibility of your environment

synonym: light, luminosity, brightness

(1) starry **illumination**, (2) indirect **illumination**

The skylight will give adequate **illumination** from above.

obsess

v. to fill the mind of someone continually so that one can't think of anything else

synonym: torment, beset, engross

(1) **obsess** over her weight, (2) he is **obsessed** with the fear

He's utterly **obsessed** with his promotion.

fascist

adj. relating to or supporting fascism, which is a political ideology that emphasizes authoritarian government, nationalism, and suppression of political opposition and individual liberties

synonym: authoritarian, dictatorial, totalitarian

(1) **fascist** propaganda, (2) **fascist** policies

The regime was accused of being **fascist** for their oppressive tactics.

zigzag

adj. having short sharp turns or angles

synonym: bent, crinkled, crooked

(1) **zigzag** sewing machine, (2) a **zigzag** line

We had to go through a **zigzag** course.

paraphrase

v. to restate or reword a passage in one's own words, often to clarify or simplify the original meaning

synonym: rephrase, reword, reinterpret

(1) **paraphrase** a poem into prose, (2) **paraphrase** the meaning

He **paraphrased** the article in his own words to avoid being accused of plagiarism.

terrifying

adj. very frightening or intimidating

synonym: frightening, intimidating, alarming

(1) **terrifying** experience, (2) **terrifying** events

Large earthquakes often generate **terrifying** tsunamis.

wondrous

adj. inspiring amazement or admiration; extremely beautiful and impressive

synonym: amazing, fantastic, miraculous

(1) **wondrous** sight, (2) **wondrous** adventure

The **wondrous** beauty of the sunset left us all in awe.

Session 2: Spelling

- | | |
|----------------------------|---|
| 1. pa____ze a person | <i>v.</i> to cause a person or part of the body to become unable to move or feel |
| 2. di____sh a reputation | <i>v.</i> to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc. |
| 3. cu_____te relationships | <i>v.</i> to prepare and foster land for growing crops or plants |
| 4. non-syn_____us mutation | <i>adj.</i> having the same or a similar meaning as another word or phrase |
| 5. a local pu____or | <i>n.</i> a person or company that provides goods or services |
| 6. cl___e plot | <i>n.</i> a phrase or expression that has become overused to the point that it has lost its original impact or meaning; a trite or unoriginal idea or statement |
| 7. se_____te by race | <i>v.</i> to separate or set apart from others, often based on race, gender, or some other characteristic |
| 8. ki____d souls | <i>n.</i> a group of people related by blood or family ties; a close affinity or similarity between two or more things or people |
| 9. fl____sh worldwide | <i>v.</i> to grow or develop vigorously or successfully |
| 10. broken sh__d | <i>n.</i> a small, sharp piece of something that has been broken, especially a material like glass, pottery, or metal |

ANSWERS: 1. paralyze, 2. diminish, 3. cultivate, 4. synonymous, 5. purveyor, 6. cliché, 7. segregate, 8. kindred, 9. flourish, 10. shard

11. co____e emotion *v.* to suggest or imply something in addition to its literal or primary meaning; to imply something beyond the literal or primary meaning
12. a sq____y story *adj.* soft and yielding to the touch; easily deformed
13. pa____ze a city *v.* to cause a person or part of the body to become unable to move or feel
14. act of gen____ty *n.* the fact or quality of being willing to do kind things or give somebody money, gifts, or time freely
15. gu__y performance *adj.* displaying courage, determination, or boldness; characterized by a willingness to take risks or face challenges
16. ca____al choir *n.* the main Christian church of a bishop's diocese, which is often the largest and most important church in the area
17. an____e his soul *v.* to make something full of interest and energy
18. express phy____ty *n.* the physical nature or characteristics of something, especially the human body or movement; the state of being full of energy and force
19. fl____sh economically *v.* to grow or develop vigorously or successfully
20. belly pa____h *n.* a large or protruding belly, specifically, the belly of an animal, especially when it is large and protruding

ANSWERS: 11. connote, 12. squishy, 13. paralyze, 14. generosity, 15. gutsy, 16. cathedral, 17. animate, 18. physicality, 19. flourish, 20. paunch

21. a pu_____or to the army *n.* a person or company that provides goods or services
22. an electric ra__r *n.* a sharp blade used for shaving or cutting hair
23. strategic va_____e *n.* a position or place that provides a commanding or advantageous view or perspective; a favorable position or advantage
24. red_____er a value *v.* to discover or find again something that was previously known but lost
25. syn_____us terms *adj.* having the same or a similar meaning as another word or phrase
26. fo_____e the consequences *v.* to perceive or predict; to anticipate or expect something to happen in the future
27. fa_____t policies *adj.* relating to or supporting fascism, which is a political ideology that emphasizes authoritarian government, nationalism, and suppression of political opposition and individual liberties
28. cu_____te a field *v.* to prepare and foster land for growing crops or plants
29. starry ill_____ion *n.* light or source of light; the degree of visibility of your environment
30. int_____th good will *adj.* relating to or involving people of different religious faiths
31. Je___h culture *adj.* of or relating to people whose traditional religion is Judaism
32. in_____te a new method *v.* to introduce new methods, ideas, or products

ANSWERS: 21. purveyor, 22. razor, 23. vantage, 24. rediscover, 25. synonymous, 26. foresee, 27. fascist, 28. cultivate, 29. illumination, 30. interfaith, 31. Jewish, 32. innovate

33. ex__e confidence *v.* to emit or release a liquid, smell, or expression gradually and slowly; to display an emotion, quality, or characteristic in a spontaneous and natural way
34. sh__d of pottery *n.* a small, sharp piece of something that has been broken, especially a material like glass, pottery, or metal
35. he is ob___sed with the fear *v.* to fill the mind of someone continually so that one can't think of anything else
36. un____h her anger *v.* to suddenly release a strong force, emotion, etc. that cannot be controlled
37. di____sh swelling *v.* to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.
38. sq____y texture *adj.* soft and yielding to the touch; easily deformed
39. id____st at heart *n.* a person who is guided by ideals or principles rather than practical considerations or reality; a person who seeks to achieve a particular vision or goal for the betterment of society or humanity
40. un____h a hound *v.* to suddenly release a strong force, emotion, etc. that cannot be controlled
41. re____ct the dead *v.* to bring back to life or bring into existence again
42. violate a com____nt *n.* a divine rule, especially one of the Ten Commandments; an order or law given by authority

ANSWERS: 33. exude, 34. shard, 35. obsess, 36. unleash, 37. diminish, 38. squishy, 39. idealist, 40. unleash, 41. resurrect, 42. commandment

43. com_____ate leave *adj.* feeling or showing sympathy and concern for the suffering or bad luck of others
44. he was ov_____lmed with gratitude *v.* to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
45. red_____er an old truth *v.* to discover or find again something that was previously known but lost
46. in_____te the quality of his life *v.* to introduce new methods, ideas, or products
47. beer pa____h *n.* a large or protruding belly, specifically, the belly of an animal, especially when it is large and protruding
48. traditional me_____al *adj.* of or relating to the treatment or cure of disease
49. wo_____us sight *adj.* inspiring amazement or admiration; extremely beautiful and impressive
50. a com_____ate heart *adj.* feeling or showing sympathy and concern for the suffering or bad luck of others
51. aesthetic gra_____ion *n.* the feeling of being pleased or satisfied as a result of achieving something or having something you want
52. a j__n skirt *n.* a sturdy cotton twill fabric, typically blue, used for jeans and other clothing
53. ter_____ng events *adj.* very frightening or intimidating
54. make a do____e plan *adj.* possible to do; capable of existing, taking place, or proving true

ANSWERS: 43. compassionate, 44. overwhelm, 45. rediscover, 46. innovate, 47. paunch, 48. medicinal, 49. wondrous, 50. compassionate, 51. gratification, 52. jean, 53. terrifying, 54. doable

55. fr__l condition *adj.* weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength
56. unf_____le situation *adj.* not advantageous or beneficial; opposed to one's interests or desires
57. boundless gen_____ty *n.* the fact or quality of being willing to do kind things or give somebody money, gifts, or time freely
58. co_____e symbolism *v.* to suggest or imply something in addition to its literal or primary meaning; to imply something beyond the literal or primary meaning
59. he___c explorers *adj.* courageous and daring; having or displaying qualities appropriate for legendary figures that is courage and daring
60. a he___c poem *adj.* courageous and daring; having or displaying qualities appropriate for legendary figures that is courage and daring
61. indirect ill_____ion *n.* light or source of light; the degree of visibility of your environment
62. j___n denim *n.* a sturdy cotton twill fabric, typically blue, used for jeans and other clothing
63. re_____ct an argument *v.* to bring back to life or bring into existence again
64. in_____e in debauchery *v.* to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat

ANSWERS: 55. frail, 56. unfavorable, 57. generosity, 58. connote, 59. heroic, 60. heroic, 61. illumination, 62. jean, 63. resurrect, 64. indulge

65. instant gra_____ion *n.* the feeling of being pleased or satisfied as a result of achieving something or having something you want
66. ra__r blade *n.* a sharp blade used for shaving or cutting hair
67. do___e in daily life *adj.* possible to do; capable of existing, taking place, or proving true
68. phy_____ty of dance *n.* the physical nature or characteristics of something, especially the human body or movement; the state of being full of energy and force
69. traumatic par_____ia *n.* a form of paralysis that affects all or part of the lower body, typically caused by injury to the spinal cord or nervous system
70. ki_____d feeling *n.* a group of people related by blood or family ties; a close affinity or similarity between two or more things or people
71. in_____e children *v.* to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat
72. em_____y for patients *n.* the ability to share another person's feelings or experiences by imagining that person's situation
73. ca_____al school *n.* the main Christian church of a bishop's diocese, which is often the largest and most important church in the area
74. an int_____th marriage *adj.* relating to or involving people of different religious faiths

ANSWERS: 65. gratification, 66. razor, 67. doable, 68. physicality, 69. paraplegia, 70. kindred, 71. indulge, 72. empathy, 73. cathedral, 74. interfaith

85. a religious com_____nt
n. a divine rule, especially one of the Ten Commandments; an order or law given by authority
86. fa_____t propaganda
adj. relating to or supporting fascism, which is a political ideology that emphasizes authoritarian government, nationalism, and suppression of political opposition and individual liberties
87. an id_____st perspective
n. a person who is guided by ideals or principles rather than practical considerations or reality; a person who seeks to achieve a particular vision or goal for the betterment of society or humanity
88. de_____s crop prices
v. to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active
89. toxic by_____cts
n. a secondary or incidental product produced in the manufacture or synthesis of something else
90. par_____ia treatment
n. a form of paralysis that affects all or part of the lower body, typically caused by injury to the spinal cord or nervous system
91. me_____al chemistry
adj. of or relating to the treatment or cure of disease
92. gu__y move
adj. displaying courage, determination, or boldness; characterized by a willingness to take risks or face challenges

ANSWERS: 85. commandment, 86. fascist, 87. idealist, 88. depress, 89. byproduct, 90. paraplegia, 91. medicinal, 92. gutsy

93. ob___s over her weight *v.* to fill the mind of someone continually so that one can't think of anything else
94. em_____r my life *v.* to give someone the power or authority to do something
95. tr_____nd boundaries *v.* to rise above or go beyond the limits of something
96. talented ph_____st *n.* a scientist who specializes in the field of physics
97. tr_____nd limits *v.* to rise above or go beyond the limits of something
98. age-old cl___e *n.* a phrase or expression that has become overused to the point that it has lost its original impact or meaning; a trite or unoriginal idea or statement
99. par_____se a poem into prose *v.* to restate or reword a passage in one's own words, often to clarify or simplify the original meaning
100. ex___e charm *v.* to emit or release a liquid, smell, or expression gradually and slowly; to display an emotion, quality, or characteristic in a spontaneous and natural way
101. a zi___g line *adj.* having short sharp turns or angles
102. the as___t of a rocket *n.* the act of climbing or moving upwards, often referring to a physical ascent of a mountain or a spiritual ascent or improvement; an upward movement; the process of moving upwards
103. fr_____y syndrome *n.* the condition of being weak or delicate, often due to age or illness; a weakness or flaw in character or morality

ANSWERS: 93. obsess, 94. empower, 95. transcend, 96. physicist, 97. transcend, 98. cliché, 99. paraphrase, 100. exude, 101. zigzag, 102. ascent, 103. frailty

104. fo____e challenges *v.* to perceive or predict; to anticipate or expect something to happen in the future
105. zi___g sewing machine *adj.* having short sharp turns or angles
106. se_____te boys and girls *v.* to separate or set apart from others, often based on race, gender, or some other characteristic
107. by_____ct of technology *n.* a secondary or incidental product produced in the manufacture or synthesis of something else
108. theoretical ph_____st *n.* a scientist who specializes in the field of physics
109. gain a va_____e *n.* a position or place that provides a commanding or advantageous view or perspective; a favorable position or advantage
110. par_____se the meaning *v.* to restate or reword a passage in one's own words, often to clarify or simplify the original meaning
111. de_____s their spirits *v.* to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active
112. wo_____us adventure *adj.* inspiring amazement or admiration; extremely beautiful and impressive
113. Je___h history *adj.* of or relating to people whose traditional religion is Judaism
114. fa_____ul tale *adj.* characterized by or involving imaginative and unrealistic ideas or concepts; existing or perceived only in the imagination

ANSWERS: 104. foresee, 105. zigzag, 106. segregate, 107. byproduct, 108. physicist, 109. vantage, 110. paraphrase, 111. depress, 112. wondrous, 113. Jewish, 114. fanciful

115. spiritual as___t

n. the act of climbing or moving upwards, often referring to a physical ascent of a mountain or a spiritual ascent or improvement; an upward movement; the process of moving upwards

116. accompanying si____r

n. a secondary, often informal, discussion or topic that is tangentially related to the main subject of a larger conversation, often taking place during a meeting, trial, or other formal gatherings; (of a newspaper) a small, secondary article or feature that accompanies the main article on a particular topic

ANSWERS: 115. ascent, 116. sidebar

Session 3: Fill in the Blanks

1. The skylight will give adequate _____ from above.
n. light or source of light; the degree of visibility of your environment
2. My grandfather's health has declined, and he is now quite _____.
adj. weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength
3. The _____ of completing a difficult task is a great feeling.
n. the feeling of being pleased or satisfied as a result of achieving something or having something you want
4. As a dedicated _____ she always fought for what was right, no matter the cost.
n. a person who is guided by ideals or principles rather than practical considerations or reality; a person who seeks to achieve a particular vision or goal for the betterment of society or humanity
5. She _____ in a warm bath after a long day at work.
v. to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat
6. From our _____ point, we could see the whole city skyline.
n. a position or place that provides a commanding or advantageous view or perspective; a favorable position or advantage
7. _____ is also necessary to understand history.
n. the ability to share another person's feelings or experiences by imagining that person's situation

ANSWERS: 1. illumination, 2. frail, 3. gratification, 4. idealist, 5. indulged, 6. vantage, 7. Empathy

8. My friend is a _____ woman who celebrates Hanukkah every year.
adj. of or relating to people whose traditional religion is Judaism
9. He is remembered for his _____ and civilization.
n. the fact or quality of being willing to do kind things or give somebody money, gifts, or time freely
10. I _____ a problem arising if we don't address this issue now.
v. to perceive or predict; to anticipate or expect something to happen in the future
11. He had a noticeable _____ indicating his sedentary lifestyle and poor eating habits.
n. a large or protruding belly, specifically, the belly of an animal, especially when it is large and protruding
12. The regime was accused of being _____ for their oppressive tactics.
adj. relating to or supporting fascism, which is a political ideology that emphasizes authoritarian government, nationalism, and suppression of political opposition and individual liberties
13. The unforeseen weather change resulted in an _____ outcome for the outdoor event.
adj. not advantageous or beneficial; opposed to one's interests or desires
14. He was punished because he contravened a _____ of God.
n. a divine rule, especially one of the Ten Commandments; an order or law given by authority
15. My father has a serious and _____ personality.
adj. feeling or showing sympathy and concern for the suffering or bad luck of others

ANSWERS: 8. Jewish, 9. generosity, 10. foresee, 11. paunch, 12. fascist, 13. unfavorable, 14. commandment, 15. compassionate

16. The company _____ employees to buy low-price items without approval to achieve efficient purchasing.

v. to give someone the power or authority to do something

17. It was _____ to quit her job and start her own business.

adj. displaying courage, determination, or boldness; characterized by a willingness to take risks or face challenges

18. As people get old, their energies may _____.

v. to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.

19. The school board decided to _____ students by the ability to meet their needs better.

v. to separate or set apart from others, often based on race, gender, or some other characteristic

20. Using the same _____ phrase in every conversation can take time and effort.

n. a phrase or expression that has become overused to the point that it has lost its original impact or meaning; a trite or unoriginal idea or statement

21. The music _____ cultural barriers and reached audiences globally.

v. to rise above or go beyond the limits of something

22. They tried to _____ the ancient tradition.

v. to bring back to life or bring into existence again

23. Too much variety may _____ and confuse viewers.

v. to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody

ANSWERS: 16. empowered, 17. gutsy, 18. diminish, 19. segregate, 20. cliché, 21. transcended, 22. resurrect, 23. overwhelm

24. The _____ of the energy production process is a large amount of carbon dioxide emissions.
- n.* a secondary or incidental product produced in the manufacture or synthesis of something else
25. The painting was _____ in an attic and turned out to be a long-lost masterpiece.
- v.* to discover or find again something that was previously known but lost
26. Her _____ imagination allowed her to dream up incredible stories.
- adj.* characterized by or involving imaginative and unrealistic ideas or concepts; existing or perceived only in the imagination
27. After his accident, he was left with _____ and had to use a wheelchair.
- n.* a form of paralysis that affects all or part of the lower body, typically caused by injury to the spinal cord or nervous system
28. Einstein was an outstanding and famous _____ of the 20th century.
- n.* a scientist who specializes in the field of physics
29. The _____ spirits bonded over their shared love of art and music.
- n.* a group of people related by blood or family ties; a close affinity or similarity between two or more things or people
30. We had to go through a _____ course.
- adj.* having short sharp turns or angles
31. He's utterly _____ with his promotion.
- v.* to fill the mind of someone continually so that one can't think of anything else

ANSWERS: 24. byproduct, 25. rediscovered, 26. fanciful, 27. paraplegia, 28. physicist, 29. kindred, 30. zigzag, 31. obsessed

32. The hikers experienced a difficult _____ to the summit due to the steep and rocky terrain.
- n.* the act of climbing or moving upwards, often referring to a physical ascent of a mountain or a spiritual ascent or improvement; an upward movement; the process of moving upwards
33. The _____ foam ball is perfect for squeezing to relieve stress.
- adj.* soft and yielding to the touch; easily deformed
34. Companies developing self-driving cars consistently _____ the emerging technologies.
- v.* to introduce new methods, ideas, or products
35. The positive attitude of the supervisor _____ the discussion.
- v.* to make something full of interest and energy
36. The tolerance of the leaders of each religion made _____ dialogue possible.
- adj.* relating to or involving people of different religious faiths
37. The _____ properties of this herb have been known to help with various ailments.
- adj.* of or relating to the treatment or cure of disease
38. He shaved with a _____ to get a close shave.
- n.* a sharp blade used for shaving or cutting hair
39. The artist used a _____ of glass to create intricate designs on her sculptures.
- n.* a small, sharp piece of something that has been broken, especially a material like glass, pottery, or metal

ANSWERS: 32. ascent, 33. squishy, 34. innovate, 35. animated, 36. interfaith, 37. medicinal, 38. razor, 39. shard

40. The economic recession _____ the housing market.
v. to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active
41. The phrase "big shot" and "important person" are _____.
adj. having the same or a similar meaning as another word or phrase
42. The word 'home' _____ a sense of warmth and comfort.
v. to suggest or imply something in addition to its literal or primary meaning; to imply something beyond the literal or primary meaning
43. The athlete's success was largely due to her _____ and dedication to fitness.
n. the physical nature or characteristics of something, especially the human body or movement; the state of being full of energy and force
44. The _____ actions of individuals are now easily spread worldwide by SNS.
adj. courageous and daring; having or displaying qualities appropriate for legendary figures that is courage and daring
45. The flowers _____ a sweet fragrance.
v. to emit or release a liquid, smell, or expression gradually and slowly; to display an emotion, quality, or characteristic in a spontaneous and natural way
46. He _____ the article in his own words to avoid being accused of plagiarism.
v. to restate or reword a passage in one's own words, often to clarify or simplify the original meaning
47. Large earthquakes often generate _____ tsunamis.
adj. very frightening or intimidating

ANSWERS: 40. depressed, 41. synonymous, 42. connotes, 43. physicality, 44. heroic, 45. exude, 46. paraphrased, 47. terrifying

48. University is a great place to _____ our minds and expertise.
v. to prepare and foster land for growing crops or plants
49. The _____ beauty of the sunset left us all in awe.
adj. inspiring amazement or admiration; extremely beautiful and impressive
50. This company is the world's largest _____ of caviar.
n. a person or company that provides goods or services
51. The Ottoman Empire _____ for over five centuries.
v. to grow or develop vigorously or successfully
52. The venom from the snake bite _____ his arm.
v. to cause a person or part of the body to become unable to move or feel
53. The doctor warned us about the human body's _____ and the dangers of neglecting our health.
n. the condition of being weak or delicate, often due to age or illness; a weakness or flaw in character or morality
54. The general was still reluctant to _____ his troops in pursuit of an enemy.
v. to suddenly release a strong force, emotion, etc. that cannot be controlled
55. She wore her favorite pair of _____ to the party.
n. a sturdy cotton twill fabric, typically blue, used for jeans and other clothing
56. The judge allowed a _____ conversation between the lawyers and witnesses during the trial.
n. a secondary, often informal, discussion or topic that is tangentially related to the main subject of a larger conversation, often taking place during a meeting, trial, or other formal gatherings; (of a newspaper) a small, secondary article or feature that accompanies the main article on a particular topic

ANSWERS: 48. cultivate, 49. wondrous, 50. purveyor, 51. flourished, 52. paralyzed, 53. frailty, 54. unleash, 55. jeans, 56. sidebar

57. This project is _____ despite the tight schedule.

adj. possible to do; capable of existing, taking place, or proving true

58. The _____ stained glass windows depicted scenes from the Bible.

n. the main Christian church of a bishop's diocese, which is often the largest and most important church in the area

ANSWERS: 57. doable, 58. cathedral's