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Vocabulary Builder Reference from...

Joan Halifax: Compassion and the true meaning of empathy | TED Talk

https://www.ted.com/talks/joan_halifax_compassion_

and_the_true_meaning_of_empathy



All Words

IMPORTANT

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Session 1: Word List

compassion

 a strong feeling of sympathy and sadness for another's suffering or bad luck

synonym: pity, empathy, understanding

(1) feel **compassion** for the poor, (2) have **compassion** toward the accident

His infinite love and **compassion** for everyone never weary.

fierce

adj. severe and violent in a way that is frightening synonym: ferocious, convulsive, forceful

(1) **fierce** competition, (2) a **fierce** animal The **fierce** thunders echoed across the plain.

wrath

n. extreme anger

synonym: fury, irritation, anger

(1) wrath of God, (2) a high person's wrath

He finally exploded with **wrath** due to the team's repeated failures.

necessity

- n. the state or fact of being needed; anything indispensablesynonym: need, essentiality, prerequisite
- (1) in great **necessity**, (2) the **necessity** of the concrete measure

He emphasized the **necessity** of immediate action.

luxury

- n. a state of great comfort or sophistication, mainly provided by expensive and beautiful thingssynonym: extravagance, indulgence, opulence
- (1) get into the **luxury** car market, (2) **luxury** hotel His anti- **luxury** practices were quite strict.

survive

- v. to live or exist despite a dangerous event or period synonym: endure, persist, stay
- (1) **survive** a blizzard, (2) **survive** a plane crash These birds can only **survive** in temperate climates.

planet

 any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star

synonym: earth, world, globe

(1) **planet** like the Earth, (2) save the **planet** Mercury is the closest **planet** to the sun.

plankton

- tiny forms of plant and animal life that live in water or air on which other animals feed
- (1) **plankton** blooms, (2) **plankton** community **Plankton** is generally the foundation of the ocean food chain.

privilege

 a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society

synonym: benefit, authorization, advantage

(1) a breach of **privilege**, (2) **privilege** of membership In the Middle Ages, the right to hunt in the wild was the **privilege** of royalty and nobility.

hospice

a specialized care facility or service for terminally ill patients intended to provide comfort and support in the final stages of life; any program, organization, or approach focused on end-of-life care and support synonym: palliative care, nursing home, care center

(1) hospice care, (2) home hospice

The **hospice** team includes nurses, social workers, chaplains, and volunteers who work together to provide comprehensive care.

outskirt

 the part of a town or city away from the center, typically the suburbs; the fringe or border of something.

synonym: suburb, periphery, edge

(1) the **outskirt** of the forest, (2) on the western **outskirts**The **outskirt** of the city was quieter and more peaceful than the busy downtown area.

ward

n. a room in a hospital for patients requiring special caresynonym: room, division, unit

(1) a children's ward, (2) ward nurse

The patient was moved to the intensive care **ward** for further treatment.

fragile

adj. delicate or easily broken or damaged synonym: delicate, brittle, breakable

(1) politically **fragile** nation, (2) **fragile** ecosystem

The vase was made of **fragile** ceramic and easily broke when it was dropped.

obvious

adj. easy to see, discover or understand synonym: apparent, conspicuous, evident

(1) **obvious** reasons, (2) his conclusion was **obvious** There are **obvious** differences between the two wine-producing regions.

latter

adj. situated nearer to the end of something than the beginning; recent

synonym: following, recent, latest

(1) the **latter** part of the 20th century, (2) the **latter** half of life

We plan to schedule the feature update for the **latter** ten days of September.

phase

- n. any stage in a series of events, change, or developmentsynonym: degree, stage, step
- (1) enter on the last **phase**, (2) two- **phase** structure The era of the industrial revolution was a crucial **phase** of history.

rive

 to tear or split apart forcefully; to break or divide by a sharp blow or force

synonym: split, cleave, rip

(1) **rive** the sails of the ship, (2) **rive** the stone into precise shapes

The lumberjack used a strong axe to **rive** the logs into smaller pieces.

grief

- n. a very great sadness, especially when somebody diessynonym: anguish, desperation, dismay
- (1) have **grief** and sorrow, (2) a lot of **grief** Each person has a unique **grief** experience.

confusion

n. the state of being mixed up or unclear, or the state of disorder or uncertainty

synonym: disorder, disarray, chaos

(1) administrative **confusion**, (2) in great **confusion**The sudden policy change has caused **confusion** among employees.

epic

 a long and eventful or heroic history, story, poem, or film; (adjective) very imposing or impressive

synonym: legendary, mythical, classical

(1) heroic epic, (2) epic battle

The military **epic** between the two armies was one for the history books.

wondrous

adj. inspiring amazement or admiration; extremely beautiful and impressive

synonym: amazing, fantastic, miraculous

(1) wondrous sight, (2) wondrous adventure

The **wondrous** beauty of the sunset left us all in awe.

strength

 the quality or state of being physically, or sometimes mentally, strong

synonym: resilience, power, muscles

- (1) **strength** of the economy, (2) muscular **strength** Health and **strength** are, above all, gold.
- v. to stare at something or someone for an extended time, usually out of surprise or adoration, or because you are thinking about something else

synonym: stare, gawk, look

(1) **gaze** steadily at his face, (2) **gaze** absently out a window The youngster was **gazed** at by the beast.

liquid

 to clean or dry something by rubbing with a piece of cloth or paper or one's hand and removing dirt, food, or liquid

synonym: clean, brush, swab

(1) **Wipe** off dirt, (2) **wipe** with water Please **wipe** your sweat with this towel.

clinician

a practitioner, especially of medicine or psychology, who has direct contact with patients

synonym: psychiatrist, therapist, doctor

(1) experienced **clinician**, (2) from a **clinician's** perspective Some **clinicians** believe that psychological characteristics alone may cause mental disorders.

plateau

n. an elevated, relatively level expanse of land, typically vast and extending over a large area; a state or period of little or no change following a period of growth, development, or progress

synonym:

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gaze

wipe

ciiniciai

mesa, tableland, plain

(1) **plateau** region, (2) **plateau** in performance

The hikers finally reached the **plateau** after a long climb up the mountain.

clinic

 a building or hospital department where people can go for medical care or advice, especially of a particular condition

synonym: hospital, infirmary

visit to the veterinary clinic,
 a dental clinic
 a clinic on Tuesday mornings.

medical

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

synonym: health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment The **medical** team worked quickly to save the patient's life.

whatsoever

adv. not at all; no matter what

synonym: in any way, at all, in any respect

(1) **whatsoever** it be, (2) without impact **whatsoever** He refused to do anything **whatsoever** to help her.

impoverished

adj. reduced to poverty or destitution; lacking in resources, means, or vitality; depleted or exhausted

synonym: destitute, bankrupt, famished

(1) **impoverished** nation, (2) **impoverished** family The **impoverished** villagers struggled to make ends meet with little access to food and clean water.

clutch

- v. to grasp and hold somebody or something tightly synonym: grip, hold, grab
- (1) **clutch** at any straw, (2) **clutched** her daughter to her breast

The boy **clutched** his mother's hand tightly as they walked in the dark.

bundle

 a group of things that are tied or wrapped together; a large amount or quantity of something; a package or parcel of things

synonym: package, parcel, bale

(1) bundle of papers, (2) travel bundle

I tied up the **bundle** of newspapers and took them to the recycling center.

rag

 a piece of cloth, especially an old one, torn or cut into strips and used for cleaning

synonym: cloth, fragment

(1) a rag of cloud, (2) rag doll

He used an old rag to clean the grease off the car's engine.

deaf

adj. lacking the ability to hear, or having impaired hearing;unresponsive or unaware of certain sounds or signalssynonym: hearing-impaired, unresponsive, insensitive

(1) deaf in one ear, (2) deaf child

The **deaf** student needed an interpreter to understand the lecture.

wrap

v. to cover or enclose something entirely with paper, cloth, or other material

synonym: surround, cover, bandage

(1) **wrap** a fish in foil, (2) **wrap** up a meeting **Wrap** the bandage tightly around the injured arm.

massive

adj. enormous amount; very heavy and solidsynonym: enormous, giant, immense

(1) massive amounts, (2) massive stars

The recent economic downturn has resulted in **massive** layoffs.

aid

 things sent to help countries in need, notably food or money; support

synonym: helper, resource, assistance

(1) financial aid, (2) country-by-country aid programs

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Pakistan's aid budget was still being reviewed.

eyesight

- n. the ability to see; visual acuity or sharpnesssynonym: vision, sight, eyes
- (1) impaired **eyesight**, (2) acute **eyesight**His excellent **eyesight** allowed him to spot the bird in the dense foliage.

paralyze

v. to cause a person or part of the body to become unable to move or feel

synonym: immobilize, disable, numb

(1) paralyze a city, (2) paralyze a person

The venom from the snake bite **paralyzed** his arm.

slave

 a person who is, either legally or illegally, owned by someone; a person entirely dominated by some influence or a person

synonym: captive, bondservant, hard worker

(1) a **slave** of drink, (2) a **slave** trader

You should work hard but not be a **slave** to it.

sentimental

adj. connected with or resulting from someone's emotions, rather than reason or realism

synonym: bathetic, drippy, maudlin

(1) in a **sentimental** mood, (2) **sentimental** damage Stop being **sentimental** and always speak the truth.

phenomenal

adj. extremely good or impressive; outstanding *synonym*: extraordinary, remarkable, impressive

(1) **phenomenal** success, (2) **phenomenal** growth The athlete's **phenomenal** performance broke all previous records.

imprimatur

 official approval or endorsement, especially by a person in authority; formal permission or sanction, often given to printed or published material

synonym: authorization, approval, endorsement

(1) official **imprimatur**, (2) the **imprimatur** of the Catholic Church

The author eagerly awaited the publisher's **imprimatur** before releasing the book.

comprise

 to include or consist of something; the act of making up or forming something

synonym: consist of, include, be composed of

(1) **comprise** a large percentage, (2) **comprise** the recent past

The team **comprises** players from different countries.

facet

 one of the many aspects or sides of a subject or situation, especially when seen from different angles or perspectives; a particular feature or characteristic of something

synonym: aspect, side, angle

(1) facet to a question, (2) important facet

The different **facets** of his personality make him a complex individual.

referential

 adj. containing or relating to a reference to something or someone else; indicating, representing, or denoting something else

synonym: allusive, alluding

(1) referential database, (2) referential language

The **referential** footnote provided additional information about the source of the data.

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym: endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

recognize

v. to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

synonym: acknowledge, identify, admit

(1) **recognize** talent, (2) **recognize** achievement It's important to **recognize** your strengths and weaknesses.

separate

- v. to force, take, or pull apart; mark as different synonym: disunite, isolate, ramify
- (1) **separate** video into chapter, (2) **separate** cream from milk

We need to **separate** the aspect of his personality from the part of his competence when making an investment decision.

motor

- a device that converts electricity, fuel, etc. into movement and makes a machine, vehicle, etc. work
 synonym: actuator, engine, machine
- (1) a **motor** mechanic, (2) DC **motor** control Energy-efficient **motors** are needed to maximize the cruising distance of electric vehicles.

cortex

- n. the outermost layer of an organ, especially the brain
- (1) **cortex** cells, (2) visual **cortex** neuron The cerebral **cortex** consists of six layers.

aspire

ν. to have an ambition or a desire to achieve something, typically something high or great

synonym: aim, desire, strive

(1) **aspire** to greatness, (2) **aspire** after perfection She **aspired** to become a successful businesswoman.

transform

v. to change in outward structure or looks;

synonym: alter, convert, change

(1) **transform** an education system, (2) **transform** heat into power

My father's death transformed my life completely.

bless

v. to make or pronounce holy; to hallow; to consecrate; to sanctify

synonym: sanctify, consecrate, hallow

(1) bless him in my heart, (2) bless you

The priest **blessed** the couple as they knelt before him.

engage

- v. to attract and keep someone's attention and interest; to participate in or obtain services of something
- synonym: confront, employ, amuse
- (1) **engage** in environmental protection activities,
- (2) engage a new employee

Many multinational companies are **engaged** in the reconstruction of that country.

component

 one of several parts that combines with others to form something bigger

synonym: element, part, factor

(1) key **component**, (2) spare **components** for cars

The researchers try to discover a common **component** in all types of successful organizations.

essential

adj. indispensable; fundamental synonym: critical, crucial, basic

(1) **essential** amino acid, (2) **essential** commodities of life Trial and error is an **essential** part of education.

attach

- v. to fasten, join, or connect one thing to anothersynonym: fix, fasten, bind
- (1) **attach** firmly, (2) **attach** a file to an e-mail He does not **attach** importance to these rumors.

outcome

n. the result or effect of an action, event, etc.

synonym: result, consequence, effect

improved student outcomes, (2) a desirable outcome
 mailed news of the outcome of the election.

row

- n. an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oarssynonym: line, sequence, layer
- (1) criminal on death **row**, (2) a **row** of cherry trees He was the leader of the demonstrators and spoke out against the war in the front **row**.

maximum

 adj. the largest or greatest amount or value attainable or attained

synonym: peak, top, highest

(1) **maximum** limit, (2) the **maximum** speed
The **maximum** temperature recorded this summer was higher than average.

caregiving

n. the act of providing care and support for someone who is ill, disabled, or elderly

synonym: nurturing, caring, assisting

(1) **caregiving** process, (2) **caregiving** responsibilities She devoted her life to **caregiving**, looking after her aging parents.

attachment

- n. a feeling of affection for someone or somethingsynonym: adoration, affection, extension
- (1) **attachment** to a formal plan, (2) stand mixer fitted with the paddle **attachment**

I have no **attachment** to the countryside.

distort

 to change something's shape, appearance, or sound so that it appears weird or unclear

synonym: fudge, deform, contort

(1) **distort** the facts, (2) **distort** the economy Economists contend that taxes **distort** consumer behavior in general.

catastrophe

n. a sudden event that causes extreme ruin and misfortunesynonym: disaster, calamity, cataclysm

(1) **catastrophe** risk management, (2) avoid climate **catastrophe**

The lack of funds has resulted in a **catastrophe** for our university system.

inherent

adj. existing in something as a permanent, essential, or characteristic attribute

synonym: intrinsic, natural, innate

(1) **inherent** risk, (2) have an **inherent** dislike Honesty is an **inherent** quality that everyone should strive to possess.

extent

- n. the point or degree or area to which something extendssynonym: amount, degree, intensity
- certain extent, (2) the extent of the damage
 was amazed at the extent of her generosity.

eve

n. (also as "Eve") the day or period of time immediately preceding a particular event; the biblical figure who was the first woman and wife of Adam, according to the Jewish and Christian faiths

synonym: evening, dusk, twilight

anticipation.

(1) eve of the party, (2) Christmas EveThe eve of the wedding was filled with excitement and

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym: exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling The golfer recorded an **amazing** distance.

fascinating

adj. extremely interesting

synonym: alluring, intriguing, captivating

(1) **fascinating** story, (2) completely **fascinating** to me The museum houses a **fascinating** collection of Celtic

artifacts.

pity

 a feeling of sorrow and compassion caused by the suffering or misfortunes of others; an object of contempt or disdain

synonym: sympathy, compassion, mercy

(1) allow self- pity, (2) pity speech

It is a **pity** that the concert had to be canceled due to the storm.

moral

adj. concerned with the principles of what is right and wrong, fairness, honesty, etc.

synonym: honest, ethical, conscientious

(1) moral hazard, (2) moral burden

Ethics deals with **moral** conduct.

paralysis

 a condition in which you are unable to move or lose control of part or most of the body because of illness or injury

synonym: immobility, stiffness, palsy

(1) moral **paralysis**, (2) **paralysis** in the leg Massive demonstrations lead to total **paralysis** of transportation.

imago

n. the final, adult stage of an insect's development that typically follows the larval or pupal stage; (of psychology) an idealized mental image of someone, often a parental figure, that influences a person's behavior

synonym: adult, mature form, final stage

(1) the **imago** of the butterfly, (2) **imago** development The **imago** stage is an insect's life cycle's final and fully mature form.

archetype

 a very typical example of a certain person or thing; a recurrent symbol or motif in literature, art, or mythology that represents a universal pattern of human nature

synonym:

prototype, model, paradigm

(1) archetype symbol, (2) feminine archetype

The hero's journey is a common **archetype** in many myths and stories.

pervade

- v. to spread throughout something; to permeate synonym: permeate, penetrate, suffuse
- (1) **pervade** society, (2) **pervade** an atmosphere The smell of baking bread **pervaded** the kitchen.

psyche

- n. the human soul, mind, or spiritsynonym: mind, soul, spirit
- (1) deep **psyche**, (2) **psyche** healing
 The therapist helped her understand the workings of her **psyche** and how to cope with her anxiety.

globe

the earth or world, mainly used to emphasize its vastness

synonym: Earth, world, sphere

(1) terrestrial **globe**, (2) around the **globe**. His final goal is to sail around the **globe**.

neuroscience

- n. the scientific study of the function, structure, and disorder of the brain and the nervous system
- (1) the branch of **neuroscience**, (2) a theoretical concept in **neuroscience**

Our university is famous for its professors, who are well-versed in behavioral **neuroscience**.

extraordinary

- adj. exceptional, unexpected, very unusual; surpassing the ordinary or usual
- synonym: exceptional, noteworthy, astonishing
- (1) **extraordinary** ability, (2) **extraordinary** weather He narrated the **extraordinary** story of his adventure.

cult

 a small religious group, especially one that is not part of a larger religion and that is regarded as outside the norm; followers of an exclusive system of beliefs and practices

synonym: sect, faith, religion

(1) **cult** members, (2) **cult's** practices

The **cult** leader promised his followers that they would achieve enlightenment if they followed his teachings.

presence

 the fact or state that someone or something exists, occurs, or is present

synonym: existence, actuality, fact

(1) the evidence of the **presence**, (2) his majestic **presence**The path to a solid online **presence** necessitates a high technical ability.

baseline

 a starting point or minimum for comparing facts; the back line bounding each end of a tennis or handball court

synonym: standard, criterion

(1) **baseline** budget, (2) establish a **baseline**The products they sell are the **baseline** for performance in the industry.

resilient

adj. able to withstand or recover quickly from difficult conditions

synonym: robust, sturdy, tough

(1) a hard and resilient steel, (2) resilient population
She is a resilient person and has always bounced back from setbacks.

drain

- v. to empty or dry something by removing the liquid from it synonym: draw off, bleed
- (1) **drain** water from the swamp, (2) **drain** excess liquid Push the button and let the water **drain** away.

enliven

v. to make something more interesting, active, or appealing; to give life or energy to something, often by adding new or creative elements

synonym: invigorate, animate, stimulate

(1) **enliven** a party, (2) **enliven** a conversation The party music helped **enliven** the atmosphere and get people dancing.

enhance

v. to increase or improve the quality, amount, or strength of someone or something

synonym: improve, enrich, refine

(1) **enhance** value, (2) **enhance** the flavor of the vanilla The new strategy will **enhance** the profitability of our company.

neural

adj. of or relating to a nerve or the nervous system that includes the brain

synonym: sensory, neuronic, nervous

(1) **neural** stem cells, (2) **neural** networks in Al There was a disturbance of **neural** function.

integrate

 to combine one thing with another so that they form a whole or work together; to accept equal participation for members of all races and ethnic groups

synonym: mix, merge, combine

(1) **integrate** into the existing system, (2) **integrate** both businesses

He found that it is difficult to **integrate** socially.

hook

 a curved device used for suspending, holding, or pulling something, especially one attached to a surface for hanging things on; a sharp curve or crook

synonym: buckle, pin, curve

(1) a hat **hook**, (2) the curved shape of a **hook** Please hang your towel on a **hook**.

brain

 the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym: intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage X-rays revealed a small tumor in his **brain**.

discovery

 the act or process of finding information, a place, or an object, or learning about something that was previously not known

synonym: finding, uncovering, detection

(1) a scientific **discovery**, (2) the great **discovery** of the century

Her research team made an important discovery.

immune

adj. protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells

synonym: resistant, unsusceptible, unaffected

(1) **immune** from criminal prosecution, (2) the cell of the **immune** system

The vaccination does not necessarily make you completely **immune**.

noxious

 adj. harmful or poisonous to living beings; having an unpleasant or offensive smell or taste; causing intense or unpleasant emotions or feelings

synonym: harmful, toxic, poisonous

(1) **noxious** gas, (2) **noxious** substances

The **noxious** fumes from the factory were causing health problems for nearby residents.

shrink

 to become smaller, or to make something smaller in size or amount

synonym: decrease, diminish, shy away

(1) **shrink** the tumor, (2) **shrink** with fear

This shirt will **shrink** in the wash.

psychopath

n. a person with an extreme personality disorder characterized by a lack of empathy, remorse, and ethical values; often associated with manipulative and deceitful behavior, impulsivity, and risk-taking tendencies

synonym: sociopath, antisocial, monster

(1) **psychopath** tendencies, (2) violent **psychopath** The detective identified the **psychopath** who had been terrorizing the city for months.

poison

n. a substance that can cause illness, injury, or death when ingested, inhaled, or absorbed through the skin; something harmful, malicious, or toxic; the act of damaging or ruining a relationship; (verb) to introduce a substance into something or someone harmful and potentially deadly

synonym: toxin, venom, pollutant

(1) **poison** ivy, (2) **poison** bilateral relations

The plant's leaves contain a deadly **poison** that can cause hallucinations and seizures.

toxin

 a poisonous substance produced by a living organism, such as a plant, animal, or microorganism; a chemical compound that can cause harm or illness to a living organism

synonym: poison, venom, contaminant

(1) toxin exposure, (2) toxin production

Mold exposure can release dangerous toxins into the air.

mobilize

v. to make something ready for action or use; to organize people or resources for a particular purpose

synonym: activate, rally, marshal

(1) **mobilize** cooperation, (2) **mobilize** a stiff joint

The military **mobilized** troops to the border.

immunity

n. the ability of an organism to resist infection or disease, often due to the presence of antibodies

synonym: resistance, protection, defense

(1) **immunity** booster, (2) **immunity** response Vaccination is an effective way to build **immunity** against diseases.

provider

 a person or an organization that supplies somebody with something needed or wanted

synonym: supplier

(1) an information **provider**, (2) the **provider** of the family People select Internet **providers** not only in terms of price but also in terms of transmission speed.

suppose

- v. to think that something is likely to be actual or possible synonym: guess, assume, presume
- (1) **suppose** you're right, (2) **suppose** beforehand What do you **suppose** the culprit's motive was?

government

 the group of people with authority to control a country or state

synonym: administration, regime, state

(1) **government** bureaucracy, (2) **government** funding The federal **government** is planning to increase taxes for the next fiscal year.

tremendous

adj. very great in degree or extent or amount or impact; extremely good

synonym: enormous, giant, immense

(1) **tremendous** amount, (2) **tremendous** popularity We had a **tremendous** time yesterday.

uphold

v. to support or defend something, such as a law, idea, decision, etc.

synonym: defend, maintain, sustain

uphold the law, (2) uphold tradition
 The judge may uphold the decision of the lower court.

midst

the middle part of people or things

synonym: middle, core, bosom

(1) in the **midst** of the crowd, (2) in the **midst** of a scandal He remained serene in the **midst** of turbulence.

equanimity

 a state of calmness, stability, and composure, particularly in the face of stress, adversity, or challenging situations

synonym: calmness, composure, equilibrium

- (1) achieve perfect **equanimity**, (2) lose **equanimity**The CEO's **equanimity** during the crisis helped reassure the investors and employees.
- v. to protect someone or something from attack, criticism, danger, etc.

synonym: protect, guard, support

(1) **defend** my country, (2) **defend** against a threat International law allows each nation to **defend** itself when its rights and interests are illegally violated.

perceive

defend

v. to become aware or conscious of something through the senses

synonym: sense, discern, feel

(1) **perceive** a threat, (2) **perceive** light Australia is widely **perceived** as having low levels of corruption.

instrument

 an object used to make musical sounds, such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work

synonym: apparatus, tool, device

(1) musical **instruments**, (2) surgical **instruments**This electronic **instrument** is required to undergo periodic inspections to ensure precision.

palm

n. the inner surface of the hand from the wrist to the base of the fingers; any plant of the family Palmae having an unbranched trunk crowned by large pinnate or palmate leaves

synonym: hand, fist

(1) the **palm** side of the forearm, (2) coconut **palm** trees

This high-performance camera is compact enough to fit in the **palm** of your hand.

wisdom

- n. the quality of being wise, or the ability to use your knowledge and experience to make sensible decisionssynonym: sagacity, discernment, insight
- (1) a fountain of **wisdom**, (2) **wisdom** literature

 The community greatly respected and sought after the older adult's **wisdom**.

exemplify

- v. to serve as a typical example of somethingsynonym: illustrate, show, demonstrate
- (1) **exemplify** the importance, (2) **exemplify** the solution The example of a successful startup serves to **exemplify** the potential of the industry.

intimacy

 close familiarity or friendship; a close, familiar, and usually affectionate or loving personal relationship with another person

synonym: closeness, familiarity, nearness

(1) on terms of **intimacy**, (2) build **intimacy**They were looking for **intimacy** in their relationship and wanted to be close to each other.

manifest

v. to show something such as feeling, attitude, quality, etc. clearly through signs or actions

synonym: exhibit, make plain, demonstrate

(1) **manifest** as the word, (2) **manifest** displeasure

The Prime Minister **manifested** his regret for his neighbors

filter

 any of several types of equipment or systems used to separate particles from liquids or gases or to remove specific forms of light

synonym: strainer

(1) gas filter, (2) clogged filter

Ozone is a primary **filter** to protect Earth's surface from harmful UV rays.

mediate

v. to try to bring about an agreement or understanding between people who are in conflict

synonym: arbitrate, reconcile, intervene

(1) **mediate** allergic reaction, (2) **mediate** a negotiation The teacher had to **mediate** a disagreement between two students over a stolen pencil.

infuse

 to fill something with a particular quality, feeling, or influence; to imbue

synonym: instill, fill, permeate

(1) **infuse** with spirit, (2) **infuse** life with meaning She **infused** fresh herbs into the soup for added flavor.

- meditation
- n. the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state

synonym: contemplation, reflection, introspection

(1) **meditation** training, (2) religious **meditation**The **meditation** instructor guided the group through the relaxation and breathing exercises.

equation

- n. the act of regarding as equal; (mathematics) a statement that expresses the equality of two expressions by connecting them with the equals sign
- (1) the **equation** of poverty with ignorance, (2) a chemical **equation**

In this class, you will learn how to solve quadratic **equations**.

cave

n. a large hole in the side of a hill, cliff, mountain, or under the ground

synonym: cavern, grotto, burrow

(1) domiciliary **caves**, (2) the mouth of the **cave**

Bats reside in sheltered caves.

maggot

 the larval stage of a fly or other insect, typically characterized by its soft, legless body and often found in decaying organic matter or on living animals

synonym: larva, grub, worm

(1) maggot therapy, (2) wriggling maggots

The **maggot** infestation in the trash can was a clear sign that we needed to take out the garbage more frequently.

tongue

 a moveable mass of muscle tissue covered with mucous membrane that is in the mouth; a language

synonym: lingo, language, vocabulary

(1) native **tongue**, (2) **tongue** cancer

The **tongue** is boneless, but it is as strong as bones.

plumber

- a person who installs and repairs the pipes and fixtures of a water supply, heating system, or drainage system
 synonym: pipefitter, pipeline engineer
- (1) plumber's wrench, (2) licensed plumber

I had to call a **plumber** to fix the leaky faucet in my bathroom.

president

n. the leader of a republic, for example, the US; the person in charge of the organization such as a company, university, club, etc.

synonym: leader, CEO, chairperson

- (1) **president** emeritus, (2) vice- **president** for finance The club **president** does not have absolute power.
- a type of aquatic plant with large, round, floating leaves and distinctive flowers, often associated with spiritual symbolism and cultural significance in Asia

synonym: water lily, lily pad, nelumbo

lotus

(1) lotus fragrance, (2) lotus petals

The serene pond was adorned with beautiful lotus flowers.

Session 2: Spelling

1. lu y hotel

2. pe___e an atmosphere

3. in great ne____ty

4. ne I stem cells

5. wo____us sight

6. ps e healing

stand mixer fitted with the paddle att____nt

8. in___e with spirit

9. pa____is in the leg

10. the la___r half of life

11. establish a ba____ne

12. in___e life with meaning

- a state of great comfort or sophistication, mainly provided by expensive and beautiful things
- v. to spread throughout something; to permeate
- n. the state or fact of being needed; anything indispensable
- adj. of or relating to a nerve or the nervous system that includes the brain
- adj. inspiring amazement or admiration; extremely beautiful and impressive
- *n.* the human soul, mind, or spirit
- a feeling of affection for someone or something
- v. to fill something with a particular quality, feeling, or influence; to imbue
- a condition in which you are unable to move or lose control of part or most of the body because of illness or injury
- adj. situated nearer to the end of something than the beginning; recent
- a starting point or minimum for comparing facts; the back line bounding each end of a tennis or handball court
- v. to fill something with a particular quality, feeling, or influence; to imbue

ANSWERS: 1. luxury, 2. pervade, 3. necessity, 4. neural, 5. wondrous, 6. psyche, 7. attachment, 8. infuse, 9. paralysis, 10. latter, 11. baseline, 12. infuse

13.	govnt bureaucracy	n.	the group of people with authority to control a country or state
14.	clhed her daughter to her breast	<i>v</i> .	to grasp and hold somebody or something tightly
15.	enn a party	ν.	to make something more interesting, active, or appealing; to give life or energy to something, often by adding new or creative elements
16.	shk the tumor	<i>v</i> .	to become smaller, or to make something smaller in size or amount
17.	the great diry of the century	n.	the act or process of finding information a place, or an object, or learning about something that was previously not known
18.	the most amg feeling	adj.	extremely surprising, especially in a way that you like or admire
19.	visual cox neuron	n.	the outermost layer of an organ, especially the brain
20.	around the gle	n.	the earth or world, mainly used to emphasize its vastness
21.	senal damage	adj.	connected with or resulting from someone's emotions, rather than reason or realism
22.	whaer it be	adv.	not at all; no matter what
23.	a mor mechanic	n.	a device that converts electricity, fuel, etc. into movement and makes a machine, vehicle, etc. work
24.	ton exposure	n.	a poisonous substance produced by a living organism, such as a plant, animal or microorganism; a chemical compound that can cause harm or illness to a living organism

ANSWERS: 13. government, 14. clutch, 15. enliven, 16. shrink, 17. discovery, 18. amazing, 19. cortex, 20. globe, 21. sentimental, 22. whatsoever, 23. motor, 24. toxin

- 25. up___d the law
- 26. in____te both businesses
- 27. d__f in one ear
- 28. a lot of gr__f
- 29. pl__t like the Earth
- 30. ma___t therapy
- 31. co se the recent past
- 32. the la___r part of the 20th century
- 33. key co____nt
- 34. without impact wha er
- 35. spare co____nts for cars

- v. to support or defend something, such as a law, idea, decision, etc.
- v. to combine one thing with another so that they form a whole or work together; to accept equal participation for members of all races and ethnic groups
- adj. lacking the ability to hear, or having impaired hearing; unresponsive or unaware of certain sounds or signals
- a very great sadness, especially when somebody dies
- any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
- the larval stage of a fly or other insect, typically characterized by its soft, legless body and often found in decaying organic matter or on living animals
- v. to include or consist of something; the act of making up or forming something
- adj. situated nearer to the end of something than the beginning; recent
- *n.* one of several parts that combines with others to form something bigger
- adv. not at all; no matter what
- *n.* one of several parts that combines with others to form something bigger

ANSWERS: 25. uphold, 26. integrate, 27. deaf, 28. grief, 29. planet, 30. maggot, 31. comprise, 32. latter, 33. component, 34. whatsoever, 35. component

the leader of a republic, for example, 36. pr____nt emeritus n. the US; the person in charge of the organization such as a company, university, club, etc. 37. the ne____ty of the concrete the state or fact of being needed; n. anything indispensable measure a small religious group, especially one 38. c__t members n. that is not part of a larger religion and that is regarded as outside the norm; followers of an exclusive system of beliefs and practices the organ inside the head that is 39. permanent br n damage n. responsible for one's movement, thought, memory, and feeling a curved device used for suspending, 40. the curved shape of a h k n. holding, or pulling something, especially one attached to a surface for hanging things on; a sharp curve or crook the final, adult stage of an insect's 41. the im o of the butterfly n. development that typically follows the larval or pupal stage; (of psychology) an idealized mental image of someone, often a parental figure, that influences a person's behavior 42. r e the sails of the ship to tear or split apart forcefully; to break ν. or divide by a sharp blow or force 43. se te video into chapter to force, take, or pull apart; mark as different 44. a sl__e of drink a person who is, either legally or n. illegally, owned by someone; a person entirely dominated by some influence or a person

ANSWERS: 36. president, 37. necessity, 38. cult, 39. brain, 40. hook, 41. imago, 42. rive, 43. separate, 44. slave

45.	prge of membership	n.	a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
46.	psyth tendencies	n.	a person with an extreme personality disorder characterized by a lack of empathy, remorse, and ethical values; often associated with manipulative and deceitful behavior, impulsivity, and risk-taking tendencies
47.	paze a person	ν.	to cause a person or part of the body to become unable to move or feel
48.	plon community	n.	tiny forms of plant and animal life that live in water or air on which other animals feed
49.	sete cream from milk	<i>v</i> .	to force, take, or pull apart; mark as different
50.	trrm an education system	ν.	to change in outward structure or looks;
51.	sue a blizzard	<i>v</i> .	to live or exist despite a dangerous event or period
52.	travel bue	n.	a group of things that are tied or wrapped together; a large amount or quantity of something; a package or parcel of things
53.	achieve perfect equty	n.	a state of calmness, stability, and composure, particularly in the face of stress, adversity, or challenging situations
54.	fie competition	adj.	severe and violent in a way that is frightening

ANSWERS: 45. privilege, 46. psychopath, 47. paralyze, 48. plankton, 49. separate, 50. transform, 51. survive, 52. bundle, 53. equanimity, 54. fierce

55.	from a clan's perspective	n.	a practitioner, especially of medicine or psychology, who has direct contact with patients
56.	imty response	n.	the ability of an organism to resist infection or disease, often due to the presence of antibodies
57.	religious medon	n.	the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state
58.	a breach of prge	n.	a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
59.	licensed plr	n.	a person who installs and repairs the pipes and fixtures of a water supply, heating system, or drainage system
60.	the pm side of the forearm	n.	the inner surface of the hand from the wrist to the base of the fingers; any plant of the family Palmae having an unbranched trunk crowned by large pinnate or palmate leaves
61.	carng process	n.	the act of providing care and support for someone who is ill, disabled, or elderly
62.	treus amount	adj.	very great in degree or extent or amount or impact; extremely good
63.	medon training	n.	the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state

ANSWERS: 55. clinician, 56. immunity, 57. meditation, 58. privilege, 59. plumber, 60. palm, 61. caregiving, 62. tremendous, 63. meditation

64.	completely fasng to me	adj.	extremely interesting
65.	pee society	<i>v</i> .	to spread throughout something; to permeate
66.	mam limit	adj.	the largest or greatest amount or value attainable or attained
67.	imty booster	n.	the ability of an organism to resist infection or disease, often due to the presence of antibodies
68.	the eqon of poverty with ignorance	n.	the act of regarding as equal; (mathematics) a statement that expresses the equality of two expressions by connecting them with the equals sign
69.	country-by-country a_d programs	n.	things sent to help countries in need, notably food or money; support
70.	esal commodities of life	adj.	indispensable; fundamental
71.	feel comon for the poor	n.	a strong feeling of sympathy and sadness for another's suffering or bad luck
72.	refal database	adj.	containing or relating to a reference to something or someone else; indicating, representing, or denoting something else
73.	shk with fear	<i>v</i> .	to become smaller, or to make something smaller in size or amount
74.	carng responsibilities	n.	the act of providing care and support for someone who is ill, disabled, or elderly
75.	a children's wd	n.	a room in a hospital for patients requiring special care

ANSWERS: 64. fascinating, 65. pervade, 66. maximum, 67. immunity, 68. equation, 69. aid, 70. essential, 71. compassion, 72. referential, 73. shrink, 74. caregiving, 75. ward

76.	refal language	adj.	containing or relating to a reference to something or someone else; indicating, representing, or denoting something else
77.	a desirable oue	n.	the result or effect of an action, event, etc.
78.	peve light	<i>v</i> .	to become aware or conscious of something through the senses
79.	ath firmly	<i>v</i> .	to fasten, join, or connect one thing to another
80.	moral pais	n.	a condition in which you are unable to move or lose control of part or most of the body because of illness or injury
81.	improved student oues	n.	the result or effect of an action, event, etc.
82.	toe cancer	n.	a moveable mass of muscle tissue covered with mucous membrane that is in the mouth; a language
83.	df child	adj.	lacking the ability to hear, or having impaired hearing; unresponsive or unaware of certain sounds or signals
84.	important fat	n.	one of the many aspects or sides of a subject or situation, especially when seen from different angles or perspectives; a particular feature or characteristic of something
85.	wriggling mats	n.	the larval stage of a fly or other insect, typically characterized by its soft, legless body and often found in decaying organic matter or on living animals

ANSWERS: 76. referential, 77. outcome, 78. perceive, 79. attach, 80. paralysis, 81. outcome, 82. tongue, 83. deaf, 84. facet, 85. maggot

86.	nos substances	adj.	harmful or poisonous to living beings; having an unpleasant or offensive smell or taste; causing intense or unpleasant emotions or feelings
87.	musical insnts	n.	an object used to make musical sounds, such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work
88.	drn excess liquid	<i>v</i> .	to empty or dry something by removing the liquid from it
89.	visit to the veterinary clc	n.	a building or hospital department where people can go for medical care or advice, especially of a particular condition
90.	in a senal mood	adj.	connected with or resulting from someone's emotions, rather than reason or realism
91.	administrative coon	n.	the state of being mixed up or unclear, or the state of disorder or uncertainty
92.	enn a conversation	v.	to make something more interesting, active, or appealing; to give life or energy to something, often by adding new or creative elements
93.	peve a threat	<i>v</i> .	to become aware or conscious of something through the senses
94.	sue you're right	<i>v</i> .	to think that something is likely to be actual or possible
95.	govnt funding	n.	the group of people with authority to control a country or state

ANSWERS: 86. noxious, 87. instrument, 88. drain, 89. clinic, 90. sentimental, 91. confusion, 92. enliven, 93. perceive, 94. suppose, 95. government

96. have an innt dislike	adj.	existing in something as a permanent, essential, or characteristic attribute
97. a high person's wrh	n.	extreme anger
98. a hat hk	n.	a curved device used for suspending, holding, or pulling something, especially one attached to a surface for hanging things on; a sharp curve or crook
99. neI networks in AI	adj.	of or relating to a nerve or the nervous system that includes the brain
100. muscular stth	n.	the quality or state of being physically, or sometimes mentally, strong
101. ge steadily at his face	<i>v</i> .	to stare at something or someone for an extended time, usually out of surprise or adoration, or because you are thinking about something else
102. a theoretical concept in neunce	n.	the scientific study of the function, structure, and disorder of the brain and the nervous system
103. ct's practices	n.	a small religious group, especially one that is not part of a larger religion and that is regarded as outside the norm; followers of an exclusive system of beliefs and practices
104. ene in environmental protection activities	v.	to attract and keep someone's attention and interest; to participate in or obtain services of something
105. imo development	n.	the final, adult stage of an insect's development that typically follows the larval or pupal stage; (of psychology) an idealized mental image of someone, often a parental figure, that influences a person's behavior

ANSWERS: 96. inherent, 97. wrath, 98. hook, 99. neural, 100. strength, 101. gaze, 102. neuroscience, 103. cult, 104. engage, 105. imago

106. on terms of incy	n.	close familiarity or friendship; a close, familiar, and usually affectionate or loving personal relationship with another person
107. mol burden	adj.	concerned with the principles of what is right and wrong, fairness, honesty, etc.
108. moze cooperation	v.	to make something ready for action or use; to organize people or resources for a particular purpose
109. obs reasons	adj.	easy to see, discover or understand
110. wim literature	n.	the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions
111. fre ecosystem	adj.	delicate or easily broken or damaged
112. save the plt	n.	any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
113. deep pse	n.	the human soul, mind, or spirit
114. allow self-py	n.	a feeling of sorrow and compassion caused by the suffering or misfortunes of others; an object of contempt or disdain
115. his majestic prce	n.	the fact or state that someone or something exists, occurs, or is present
116. esal amino acid	adj.	indispensable; fundamental
117. mol hazard	adj.	concerned with the principles of what is right and wrong, fairness, honesty, etc.

ANSWERS: 106. intimacy, 107. moral, 108. mobilize, 109. obvious, 110. wisdom, 111. fragile, 112. planet, 113. psyche, 114. pity, 115. presence, 116. essential, 117. moral

118. build incy	n.	close familiarity or friendship; a close, familiar, and usually affectionate or loving personal relationship with another person
119. ene value	v.	to increase or improve the quality, amount, or strength of someone or something
120. cathe risk management	n.	a sudden event that causes extreme ruin and misfortune
121. the impur of the Catholic Church	n.	official approval or endorsement, especially by a person in authority; formal permission or sanction, often given to printed or published material
122. ded against a threat	v.	to protect someone or something from attack, criticism, danger, etc.
123. certain ext	n.	the point or degree or area to which something extends
124. plu region	n.	an elevated, relatively level expanse of land, typically vast and extending over a large area; a state or period of little or no change following a period of growth, development, or progress
125. ec battle	n.	a long and eventful or heroic history, story, poem, or film; (adjective) very imposing or impressive
126. surgical insnts	n.	an object used to make musical sounds, such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work

ANSWERS: 118. intimacy, 119. enhance, 120. catastrophe, 121. imprimatur, 122. defend, 123. extent, 124. plateau, 125. epic, 126. instrument

a room in a hospital for patients 127. w d nurse n. requiring special care a building or hospital department where 128. a dental cl___c n. people can go for medical care or advice, especially of a particular condition a large hole in the side of a hill, cliff, 129. the mouth of the c e n. mountain, or under the ground 130. lo s petals a type of aquatic plant with large, round, n. floating leaves and distinctive flowers, often associated with spiritual symbolism and cultural significance in Asia 131. the pr er of the family a person or an organization that n. supplies somebody with something needed or wanted a state of calmness, stability, and 132. lose equ____ty n. composure, particularly in the face of stress, adversity, or challenging situations 133. heroic e c a long and eventful or heroic history, story, poem, or film; (adjective) very imposing or impressive one of the many aspects or sides of a 134. fa_t to a question subject or situation, especially when seen from different angles or perspectives; a particular feature or characteristic of something

ANSWERS: 127. ward, 128. clinic, 129. cave, 130. lotus, 131. provider, 132. equanimity, 133. epic, 134. facet, 135. transform

ν.

to change in outward structure or looks;

135. tr____rm heat into power

n.	immediately preceding a particular event; the biblical figure who was the first woman and wife of Adam, according to the Jewish and Christian faiths
n.	the fact or state that someone or something exists, occurs, or is present
<i>v</i> .	to have an ambition or a desire to achieve something, typically something high or great
n.	any stage in a series of events, change, or development
n.	the middle part of people or things
n.	the ability to see; visual acuity or sharpness
adj.	extremely good or impressive; outstanding
adj.	able to withstand or recover quickly from difficult conditions
n.	any of several types of equipment or systems used to separate particles from liquids or gases or to remove specific forms of light
n.	a specialized care facility or service for terminally ill patients intended to provide comfort and support in the final stages of life; any program, organization, or approach focused on end-of-life care and support
	n. v. n. adj. adj.

ANSWERS: 136. eve, 137. presence, 138. aspire, 139. phase, 140. midst, 141. eyesight, 142. phenomenal, 143. resilient, 144. filter, 145. hospice

146. bane budget	n.	a starting point or minimum for comparing facts; the back line bounding each end of a tennis or handball court
147. ime from criminal prosecution	adj.	protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells
148. reze achievement	ν.	to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
149. dit the facts	<i>v</i> .	to change something's shape, appearance, or sound so that it appears weird or unclear
150. sue a plane crash	<i>v</i> .	to live or exist despite a dangerous event or period
151. exfy the importance	<i>v</i> .	to serve as a typical example of something
152. domiciliary ces	n.	a large hole in the side of a hill, cliff, mountain, or under the ground
153. the ourt of the forest	n.	the part of a town or city away from the center, typically the suburbs; the fringe or border of something.
154. fasng story	adj.	extremely interesting
155. innt risk	adj.	existing in something as a permanent, essential, or characteristic attribute
156. mast as the word	<i>v</i> .	to show something such as feeling, attitude, quality, etc. clearly through signs or actions

ANSWERS: 146. baseline, 147. immune, 148. recognize, 149. distort, 150. survive, 151. exemplify, 152. cave, 153. outskirt, 154. fascinating, 155. inherent, 156. manifest

<i>v</i> .	to make or pronounce holy; to hallow; to consecrate; to sanctify
v.	to support or defend something, such as a law, idea, decision, etc.
adj.	enormous amount; very heavy and solid
v.	to serve as a typical example of something
n.	a feeling of sorrow and compassion caused by the suffering or misfortunes of others; an object of contempt or disdain
n.	a very typical example of a certain person or thing; a recurrent symbol or motif in literature, art, or mythology that represents a universal pattern of human nature
n.	the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions
n.	the middle part of people or things
ν.	to think that something is likely to be actual or possible
v.	to try to bring about an agreement or understanding between people who are in conflict
n.	a person with an extreme personality disorder characterized by a lack of empathy, remorse, and ethical values; often associated with manipulative and deceitful behavior, impulsivity, and risk-taking tendencies
	 v. adj. v. n. n. v. v.

ANSWERS: 157. bless, 158. uphold, 159. massive, 160. exemplify, 161. pity, 162. archetype, 163. wisdom, 164. midst, 165. suppose, 166. mediate, 167. psychopath

168. extary ability	adj.	exceptional, unexpected, very unusual; surpassing the ordinary or usual
169. ene the flavor of the vanilla	v.	to increase or improve the quality, amount, or strength of someone or something
170. paze a city	ν.	to cause a person or part of the body to become unable to move or feel
171. a r_w of cherry trees	n.	an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oars
172. politically fre nation	adj.	delicate or easily broken or damaged
173. reze talent	v.	to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
174. we with water	<i>v</i> .	to clean or dry something by rubbing with a piece of cloth or paper or one's hand and removing dirt, food, or liquid
175. a r_g of cloud	n.	a piece of cloth, especially an old one, torn or cut into strips and used for cleaning
176. rent population	adj.	able to withstand or recover quickly from difficult conditions
177. the cell of the ime system	adj.	protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells
178. arpe symbol	n.	a very typical example of a certain person or thing; a recurrent symbol or motif in literature, art, or mythology that represents a universal pattern of human nature

ANSWERS: 168. extraordinary, 169. enhance, 170. paralyze, 171. row, 172. fragile, 173. recognize, 174. wipe, 175. rag, 176. resilient, 177. immune, 178. archetype

179. in great coon	n.	the state of being mixed up or unclear, or the state of disorder or uncertainty
180. enter on the last phe	n.	any stage in a series of events, change, or development
181. mae amounts	adj.	enormous amount; very heavy and solid
182. mee allergic reaction	v.	to try to bring about an agreement or understanding between people who are in conflict
183. get into the luy car market	n.	a state of great comfort or sophistication, mainly provided by expensive and beautiful things
184. pheal success	adj.	extremely good or impressive; outstanding
185. extary weather	adj.	exceptional, unexpected, very unusual; surpassing the ordinary or usual
186. have comon toward the accident	n.	a strong feeling of sympathy and sadness for another's suffering or bad luck
187. treus popularity	adj.	very great in degree or extent or amount or impact; extremely good
188. official impur	n.	official approval or endorsement, especially by a person in authority; formal permission or sanction, often given to printed or published material
189. clh at any straw	v.	to grasp and hold somebody or something tightly
190. attnt to a formal plan	n.	a feeling of affection for someone or something

ANSWERS: 179. confusion, 180. phase, 181. massive, 182. mediate, 183. luxury, 184. phenomenal, 185. extraordinary, 186. compassion, 187. tremendous, 188. imprimatur, 189. clutch, 190. attachment

191. wp a fish in foil	<i>v</i> .	to cover or enclose something entirely with paper, cloth, or other material
192. experienced clan	n.	a practitioner, especially of medicine or psychology, who has direct contact with patients
193. temporary meI treatment	adj.	relating to the treatment of illness or injuries; relating to the practice of medicine
194. the branch of neunce	n.	the scientific study of the function, structure, and disorder of the brain and the nervous system
195. financial a_d	n.	things sent to help countries in need, notably food or money; support
196. bue of papers	n.	a group of things that are tied or wrapped together; a large amount or quantity of something; a package or parcel of things
197. drn water from the swamp	v.	to empty or dry something by removing the liquid from it
198. avoid climate cathe	n.	a sudden event that causes extreme ruin and misfortune
199. inte into the existing system	<i>v</i> .	to combine one thing with another so that they form a whole or work together; to accept equal participation for members of all races and ethnic groups
200. an information prer	n.	a person or an organization that supplies somebody with something needed or wanted
201. a chemical eqon	n.	the act of regarding as equal; (mathematics) a statement that expresses the equality of two expressions by connecting them with the equals sign

ANSWERS: 191. wrap, 192. clinician, 193. medical, 194. neuroscience, 195. aid, 196. bundle, 197. drain, 198. catastrophe, 199. integrate, 200. provider, 201. equation

202. su ra setback to experience pain, distress, or ν. hardship; to undergo or endure something painful or unpleasant 203. po___n bilateral relations a substance that can cause illness, n. injury, or death when ingested, inhaled, or absorbed through the skin; something harmful, malicious, or toxic; the act of damaging or ruining a relationship; (verb) to introduce a substance into something or someone harmful and potentially deadly to attract and keep someone's attention 204. en e a new employee ν. and interest; to participate in or obtain services of something a very great sadness, especially when 205. have gr f and sorrow n. somebody dies 206. mo ze a stiff joint to make something ready for action or ν. use; to organize people or resources for a particular purpose the point or degree or area to which 207. the ex t of the damage n. something extends 208. We off dirt to clean or dry something by rubbing ν. with a piece of cloth or paper or one's hand and removing dirt, food, or liquid a specialized care facility or service for 209. home ho e terminally ill patients intended to provide comfort and support in the final stages of life; any program, organization, or

ANSWERS: 202. suffer, 203. poison, 204. engage, 205. grief, 206. mobilize, 207. extent, 208. wipe, 209. hospice

approach focused on end-of-life care

and support

210. the mam speed	adj.	the largest or greatest amount or value attainable or attained
211. ton production	n.	a poisonous substance produced by a living organism, such as a plant, animal, or microorganism; a chemical compound that can cause harm or illness to a living organism
212. mast displeasure	ν.	to show something such as feeling, attitude, quality, etc. clearly through signs or actions
213. imphed family	adj.	reduced to poverty or destitution; lacking in resources, means, or vitality; depleted or exhausted
214. basic brn function	n.	the organ inside the head that is responsible for one's movement, thought, memory, and feeling
215. cox cells	n.	the outermost layer of an organ, especially the brain
216. cose a large percentage	<i>v</i> .	to include or consist of something; the act of making up or forming something
217. amg advances	adj.	extremely surprising, especially in a way that you like or admire
218. acute eyht	n.	the ability to see; visual acuity or sharpness
219. los fragrance	n.	a type of aquatic plant with large, round, floating leaves and distinctive flowers, often associated with spiritual symbolism and cultural significance in Asia

ANSWERS: 210. maximum, 211. toxin, 212. manifest, 213. impoverished, 214. brain, 215. cortex, 216. comprise, 217. amazing, 218. eyesight, 219. lotus

- 221. di____t the economy
- 222. a scientific di ry
- 223. clogged fi___r
- 224. at__h a file to an e-mail
- 225. a fi___e animal
- 226. his conclusion was ob____s
- 227. a sl__e trader
- 228. de___d my country
- 229. w__p up a meeting

- n. (also as "Eve") the day or period of time immediately preceding a particular event; the biblical figure who was the first woman and wife of Adam, according to the Jewish and Christian faiths
 - to change something's shape,
 appearance, or sound so that it appears
 weird or unclear
- the act or process of finding information, a place, or an object, or learning about something that was previously not known
- any of several types of equipment or systems used to separate particles from liquids or gases or to remove specific forms of light
- v. to fasten, join, or connect one thing to another
- adj. severe and violent in a way that is frightening
- adj. easy to see, discover or understand
- a person who is, either legally or illegally, owned by someone; a person entirely dominated by some influence or a person
- v. to protect someone or something from attack, criticism, danger, etc.
- v. to cover or enclose something entirely with paper, cloth, or other material

ANSWERS: 220. eve, 221. distort, 222. discovery, 223. filter, 224. attach, 225. fierce, 226. obvious, 227. slave, 228. defend, 229. wrap

230. r g doll a piece of cloth, especially an old one, n. torn or cut into strips and used for cleaning 231. po___n ivy a substance that can cause illness, n. injury, or death when ingested, inhaled, or absorbed through the skin; something harmful, malicious, or toxic; the act of damaging or ruining a relationship; (verb) to introduce a substance into something or someone harmful and potentially deadly to stare at something or someone for an 232. g e absently out a window extended time, usually out of surprise or adoration, or because you are thinking about something else 233. pl____u in performance an elevated, relatively level expanse of n. land, typically vast and extending over a large area; a state or period of little or no change following a period of growth, development, or progress an arrangement of objects or people 234. criminal on death r w n. side by side in a line; (verb) to propel a boat through the water using oars adj. harmful or poisonous to living beings; 235. no____s gas having an unpleasant or offensive smell or taste; causing intense or unpleasant emotions or feelings to have an ambition or a desire to 236. as___e to greatness achieve something, typically something high or great

ANSWERS: 230. rag, 231. poison, 232. gaze, 233. plateau, 234. row, 235. noxious, 236. aspire

- 237. coconut p__m trees
- 238. pl____r's wrench
- 239. su___r bad grades
- 240. imp____hed nation
- 241. vice-pr___nt for finance
- 242. bl__s you
- 243. st th of the economy
- 244. wr__h of God
- 245. native to e
- 246. a me____I opinion

- n. the inner surface of the hand from the wrist to the base of the fingers; any plant of the family Palmae having an unbranched trunk crowned by large pinnate or palmate leaves
- a person who installs and repairs the pipes and fixtures of a water supply, heating system, or drainage system
- to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
- adj. reduced to poverty or destitution;lacking in resources, means, or vitality;depleted or exhausted
- n. the leader of a republic, for example, the US; the person in charge of the organization such as a company, university, club, etc.
- v. to make or pronounce holy; to hallow; to consecrate; to sanctify
- n. the quality or state of being physically, or sometimes mentally, strong
- n. extreme anger
- a moveable mass of muscle tissue covered with mucous membrane that is in the mouth; a language
- adj. relating to the treatment of illness or injuries; relating to the practice of medicine

ANSWERS: 237. palm, 238. plumber, 239. suffer, 240. impoverished, 241. president, 242. bless, 243. strength, 244. wrath, 245. tongue, 246. medical

- 247. on the western ou____rts
- 248. wo____us adventure
- 249. terrestrial gl e
- 250. pl____on blooms
- 251. DC mo__r control
- 252. r_e the stone into precise shapes

- n. the part of a town or city away from the center, typically the suburbs; the fringe or border of something.
- adj. inspiring amazement or admiration; extremely beautiful and impressive
- n. the earth or world, mainly used to emphasize its vastness
- n. tiny forms of plant and animal life that live in water or air on which other animals feed
- a device that converts electricity, fuel,
 etc. into movement and makes a
 machine, vehicle, etc. work
- v. to tear or split apart forcefully; to break or divide by a sharp blow or force

ANSWERS: 247. outskirt, 248. wondrous, 249. globe, 250. plankton, 251. motor, 252. rive

Session 3: Fill in the Blanks

1.	Stop being and always speak the truth.
adj	connected with or resulting from someone's emotions, rather than reason or realism
2.	Pakistan's budget was still being reviewed.
n.	things sent to help countries in need, notably food or money; support
3.	The stage is an insect's life cycle's final and fully mature form.
n.	the final, adult stage of an insect's development that typically follows the larval or pupal stage; (of psychology) an idealized mental image of someone, often a parental figure, that influences a person's behavior
4.	The serene pond was adorned with beautiful flowers.
n.	a type of aquatic plant with large, round, floating leaves and distinctive flowers, often associated with spiritual symbolism and cultural significance in Asia
5.	The team worked quickly to save the patient's life.
adj	relating to the treatment of illness or injuries; relating to the practice of medicine
6.	The CEO's during the crisis helped reassure the investors and employees.
n.	a state of calmness, stability, and composure, particularly in the face of stress, adversity, or challenging situations
7.	The temperature recorded this summer was higher than average.
adj	the largest or greatest amount or value attainable or attained
	SWERS: 1. sentimental, 2. aid, 3. imago, 4. lotus, 5. medical, 6. equanimity, 7. ximum

neuroscience, 14. phase, 15. shrink

ANSWERS: 56. psyche, 57. resilient, 58. wrath, 59. pervaded, 60. hospice, 61. compassion, 62. latter, 63. engaged

62. We plan to schedule the feature update for the _____ ten days of September.

63. Many multinational companies are _____ in the reconstruction of that country.

to attract and keep someone's attention and interest; to participate in or obtain

adj. situated nearer to the end of something than the beginning; recent

services of something

ANSWERS: 72. hook, 73. plumber, 74. cult, 75. paralysis, 76. recognize, 77. suffers, 78. obvious, 79. neural

ANSWERS: 88. clutched, 89. caves, 90. president, 91. cortex, 92. fierce, 93. attachment, 94. referential, 95. manifested, 96. clinic

ANSWERS: 113. poison, 114. distort, 115. comprises, 116. intimacy, 117. gazed, 118. whatsoever, 119. slave