

# Englist.me



## Vocabulary Builder Reference from...

Dave deBronkart: Meet e-Patient Dave | TED Talk

[https://www.ted.com/talks/dave\\_debronkart\\_meet\\_e\\_patient\\_dave](https://www.ted.com/talks/dave_debronkart_meet_e_patient_dave)

### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

### rename

v. to give a new name to something; to change the name of something

*synonym*: rebrand, rechristen, re-label

(1) **rename** the street, (2) **rename** in plain English

The new owners **renamed** the restaurant to give it a fresh start.

### nod

v. to lower and raise one's head, sometimes several times, as to show approval, agreement, greeting, or confirmation

*synonym*: respond, acknowledge, greet

(1) **nod** at each other, (2) **nod** courteously

She **nodded** quietly in response to the question.

### slack

*adj.* lacking in tension or firmness; loose or not tight; having a relaxed or lazy attitude

*synonym*: loose, lax, floppy

(1) a **slack** rope, (2) **slack** performance

The team's **slack** attitude towards deadlines caused the project to fall behind schedule.

### underutilized

*adj.* not used as much as is possible or necessary

*synonym*: underused, neglected, unappreciated

(1) **underutilized** resources, (2) **underutilized** space

The factory has been **underutilized** for years and requires renovation.

## foresee

*v.* to perceive or predict; to anticipate or expect something to happen in the future

*synonym* : predict, anticipate, forecast

(1) **foresee** the consequences, (2) **foresee** challenges  
I **foresee** a problem arising if we don't address this issue now.

## wavy

*adj.* characterized by a series of curves, undulations, or bends that create a rippled or serpentine appearance; not straight or flat

*synonym* : curly, undulating, rippled

(1) **wavy** pattern, (2) **wavy** sea

The model's hair was long and **wavy**, cascading down her back in soft waves.

## hippie

*n.* a person who follows a counterculture movement that originated in the United States during the 1960s, characterized by the advocacy of nonviolence, communal living, and a rejection of traditional American values

*synonym* : bohemian, beatnik, free spirit

(1) **hippie** lifestyle, (2) **hippie** music

The fashion of the **hippie** movement included unconventional clothing such as tie-dye shirts and bell-bottom jeans.

## self-sufficient

*adj.* able to provide for one's own needs without assistance from others

*synonym* : independent, self-reliant, self-sustaining

(1) **self-sufficient** economy, (2) **self-sufficient** renewable energy

He was determined to become **self-sufficient** and not rely on anyone else.

## hedonist

*n.* a person who believes that pleasure and happiness are the most important goals in life

*synonym*: pleasure-seeker, sensualist, sybarite

(1) **hedonist** lifestyle, (2) aesthetic **hedonist**

The **hedonist's** extravagant spending and indulgent lifestyle eventually caught up with him, and he was forced to make major changes.

## subtitle

*n.* a secondary title or alternate title that is displayed below the primary title often used to provide additional information or translation for a movie or video; a text that appears at the bottom of a movie, TV show, or video to provide a written translation or transcription of the spoken dialogue in another language

*synonym*: caption, heading, inscription

(1) chart **subtitle**, (2) foreign-language **subtitle**

Make sure to turn on **subtitles** so you can understand the foreign film.

## medicinal

*adj.* of or relating to the treatment or cure of disease

*synonym*: curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

## empower

*v.* to give someone the power or authority to do something

*synonym*: authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

## dignify

*v.* to make something worthy of respect or honor; to elevate or give importance to something that may otherwise be considered insignificant

*synonym*: elevate, ennoble, honor

(1) **dignify** the role, (2) **dignify** the occasion

It's important to **dignify** other people's opinions and not dismiss them without consideration.

### metastasize

*v.* (of a cancerous tumor or disease) to spread or grow to other parts of the body from its original location

*synonym* : spread, multiply, disseminate

(1) **metastasize** to the liver, (2) **metastasize** from breast cancer

Cancer cells can **metastasize** and spread to other body parts if left untreated.

### veterinarian

*n.* (formal for a vet) a medical professional who specializes in the care and treatment of animals, especially those that are domesticated or kept as pets

*synonym* : vet, animal doctor, pet doctor

(1) **veterinarian** clinic, (2) experienced **veterinarian**

I took my pet to the **veterinarian** for a routine check-up.

### blob

*n.* a small amount or drop of a thick liquid or sticky substance

*synonym* : chunk, lump, hunk

(1) a big **blob** of yellow, (2) a **blob** of jelly

A **blob** of ink fell on the floor.

### erupt

*v.* (of a volcano) to become active and eject rocks, smoke, etc.; to start abruptly and violently

*synonym* : eject, emit, burst

(1) **erupt** in anger, (2) **erupt** into tears

Battles between whites and blacks **erupted** immediately.

### latch

*n.* a device for holding a door or gate closed, typically a sliding bar or bolt

*synonym* : lock, catch, bolt

(1) set the **latch**, (2) **latch** mechanism

The **latch** on the gate was broken, so the cows got loose.

## psoas

*n.* a muscle located in the lower back and abdomen, specifically the region around the hip joint, which plays an important role in posture, movement, and stability

*synonym* : iliopsoas, hip flexor, lumbar muscle

(1) inflamed **psoas**, (2) **psoas** stretch

She strained her **psoas** muscle while doing a strenuous yoga pose.

## suboptimal

*adj.* not the best or ideal option or solution; falling short of the optimal or desired outcome or result

*synonym* : inferior, unsatisfactory, imperfect

(1) **suboptimal** outcome, (2) **suboptimal** performance

The company's decision to cut corners on safety measures resulted in **suboptimal** working conditions for their employees.

## invade

*v.* to enter aggressively into another's territory by military force for conquest and occupation

*synonym* : intrude, raid, overrun

(1) **invade** other tissues, (2) **invade** his privacy

I have no intention to **invade** your privacy.

## prognosis

*n.* the likely outcome or course of a disease or illness based on medical analysis and examination of the patient; a forecast or prediction of future events or developments

*synonym* : prospect, forecast, diagnosis

(1) **prognosis** of cancer, (2) poor **prognosis**

The doctor gave a positive **prognosis** for her recovery from the illness.

## incurable

*adj.* not able to be cured, healed, or remedied; beyond recovery or redemption

*synonym* : unrecoverable, irreparable, hopeless

(1) **incurable** patient, (2) **incurable** romantic

The patient was diagnosed with an **incurable** disease and given only a few months to live.

## bleak

*adj.* unlikely to be favorable; unpleasantly cold and damp; offering little or no hope

*synonym*: miserable, pathetic, dim

(1) prospects were **bleak**, (2) **bleak** future

The political landscape looks **bleak** without a change of administration.

## thigh

*n.* the part of the human leg between the hip and the knee; in animals, the corresponding upper part of the hind leg

*synonym*: thigh-bone, femur, upper leg

(1) **thigh** muscle, (2) chicken **thigh**

The marathon runner felt a cramp in her **thigh** at the 20th mile.

## motto

*n.* a phrase or slogan that expresses a guiding principle or goal

*synonym*: slogan, catchphrase, phrase

(1) the **motto** for safe traffic, (2) company **motto**

The company's **motto** is "Innovation and Service," which is reflected in its products and customer support.

## interleukin

*n.* a signaling protein or cytokine that is produced by certain cells of the immune system and helps regulate immune responses and inflammation

*synonym*: interleukin, cytokine, immune mediator

(1) **interleukin** cytokine, (2) **interleukin** production

Scientists are researching **interleukin** inhibitors as potential treatments for autoimmune diseases.

## oncology

*n.* the branch of medicine that deals with the study and treatment of tumors, especially malignancies

*synonym*: cancer treatment, study of tumors

(1) **oncology** center, (2) modern **oncology** treatment

The pharmaceutical company unveiled its latest breakthrough drug for the **oncology** market.

## unfold

v. to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown

*synonym*: open, spread out, expose

(1) **unfold** the story, (2) **unfold** the stroller

The mystery **unfolded** as the detectives gathered more clues.

## plummet

v. to fall or drop suddenly and steeply; to decline rapidly or sharply

*synonym*: drop, plunge, fall

(1) **plummeting** sales, (2) **plummet** against other major currencies

The stock prices have **plummeted** in the last hour, causing concern for investors.

## mural

*adj.* a large painting or other artwork that is applied directly to a wall or other surface

*synonym*: wall painting, fresco, wall art

(1) **mural** painting, (2) a **mural** decoration

The **mural** on the wall depicted the history of the city.

## disorganize

v. to disrupt or destroy the systematic order or function of something

*synonym*: disrupt, demobilize, derange

(1) **disorganized** the party, (2) **disorganize** the whole country

His betrayal **disorganized** the company completely.

## confer

v. to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something

*synonym*: consult, meet, discuss

(1) **confer** degree, (2) **confer** honor

The leaders of the two countries met to **confer** on the issue.

## pun

n. a humorous play on words or use of words that sound similar but have different meanings, often for a comedic

effect; a form of wordplay

*synonym* : joke, quip, wordplay

(1) witty **pun**, (2) silly **pun**

The comedian's **pun** had the audience laughing out loud.

## improvisation

*n.* the act of making something up on the spot or creating or performing something without preparation

*synonym* : spontaneity, ad-lib, extemporization

(1) **improvisation** on stage, (2) jazz **improvisation**

He created a beautiful piece of music using only **improvisation**.

## beatbox

*n.* a style of vocal percussion or vocal mimicry in which a person creates rhythmic sounds and beats using their mouth, lips, tongue, and voice; (verb) to create percussive sounds, rhythms, and beats using the mouth, lips, tongue, and voice

*synonym* : mouth drum, lip-smack percussion

(1) **beatbox** rhythm, (2) **beatbox** battle

His **beatbox** performance at the concert was mind-blowing.

## wan

*adj.* looking pale or sickly; lacking vitality or energy

*synonym* : pale, pallid, ashen

(1) **wan** light, (2) a **wan** smile

His **wan** complexion showed that he was feeling very ill.

## smartphone

*n.* a mobile phone that functions as a computer and connects to the Internet

(1) **smartphone** app developer, (2) **smartphone** addict

Internet traffic volumes have increased significantly with the advent of **smartphones**.

## stumble

*v.* to miss a step and fall or nearly fall; to walk unsteadily

*synonym* : bumble, struggle, misstep

(1) **stumble** financially, (2) **stumble** through life

She **stumbled** over the tree root.



- rot**
- v. to decay, or cause something to decay, naturally and gradually  
*synonym*: perish, decay, corrode  
(1) begin to **rot**, (2) **rot** with age  
Please refrigerate the meat, or it will **rot**.
- innovate**
- v. to introduce new methods, ideas, or products  
*synonym*: bring in, introduce, found  
(1) **innovate** a new method, (2) **innovate** the quality of his life  
Companies developing self-driving cars consistently **innovate** the emerging technologies.
- pounce**
- v. to spring or jump on suddenly and aggressively, often to capture or attack; to seize an opportunity quickly and eagerly  
*synonym*: swoop, leap, jump  
(1) **pounce** on an opportunity, (2) **pounce** on prey  
The cat silently waited to **pounce** on the mouse.
- rheumatoid**
- n. a chronic, inflammatory autoimmune disorder that primarily affects the joints, causing pain, swelling, and stiffness; it can also cause damage to other parts of the body  
*synonym*: arthritis, joint inflammation, rheumatism  
(1) **rheumatoid** disease, (2) **rheumatoid** factor  
My aunt suffers from **rheumatoid** arthritis and has trouble moving her joints.
- rev**
- n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute  
*synonym*: revolution, RPM, speed  
(1) low- **rev** engine, (2) **rev** up the crowd  
He stepped on the gas pedal, and the engine released a loud **rev**.

## radiology

*n.* the branch of medicine that uses medical imaging technologies such as X-rays, CT scans, MRIs, and ultrasound to diagnose and treat diseases and injuries

*synonym*: medical imaging, radiography, radioscopy

(1) interventional **radiology**, (2) diagnostic **radiology**

The patient underwent a **radiology** scan to diagnose their medical condition.

## chant

*n.* a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation

*synonym*: hymn, mantra, (verb) recite

(1) **chant** melodies, (2) **chant** in the chapel

The soccer game crowd broke into a **chant** of "Go, team, go!"

## webcast

*n.* a live broadcast or transmission of audio or video content over the internet, typically in real-time or on-demand

*synonym*: live streaming, online broadcast, internet broadcast

(1) live **webcast**, (2) virtual **webcast**

I watched the conference **webcast** since I couldn't attend in person.

## Session 2: Spelling

1. sel\_\_\_\_\_ent renewable energy     *adj.* able to provide for one's own needs without assistance from others
2. po\_\_\_e on an opportunity     *v.* to spring or jump on suddenly and aggressively, often to capture or attack; to seize an opportunity quickly and eagerly
3. me\_\_\_\_\_al chemistry     *adj.* of or relating to the treatment or cure of disease
4. st\_\_\_\_\_e financially     *v.* to miss a step and fall or nearly fall; to walk unsteadily
5. ch\_\_t in the chapel     *n.* a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation
6. in\_\_\_\_\_te a new method     *v.* to introduce new methods, ideas, or products
7. ch\_\_t melodies     *n.* a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation
8. dis\_\_\_\_\_ze the whole country     *v.* to disrupt or destroy the systematic order or function of something
9. co\_\_\_r honor     *v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
10. interventional ra\_\_\_\_\_gy     *n.* the branch of medicine that uses medical imaging technologies such as X-rays, CT scans, MRIs, and ultrasound to diagnose and treat diseases and injuries

ANSWERS: 1. self-sufficient, 2. pounce, 3. medicinal, 4. stumble, 5. chant, 6. innovate, 7. chant, 8. disorganize, 9. confer, 10. radiology

11. em\_\_\_\_r the secretary to do the same      *v.* to give someone the power or authority to do something
12. mu\_\_l painting      *adj.* a large painting or other artwork that is applied directly to a wall or other surface
13. sub\_\_\_\_\_al outcome      *adj.* not the best or ideal option or solution; falling short of the optimal or desired outcome or result
14. sl\_\_k performance      *adj.* lacking in tension or firmness; loose or not tight; having a relaxed or lazy attitude
15. w\_n light      *adj.* looking pale or sickly; lacking vitality or energy
16. low-r\_v engine      *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
17. in\_\_\_e his privacy      *v.* to enter aggressively into another's territory by military force for conquest and occupation
18. n\_d at each other      *v.* to lower and raise one's head, sometimes several times, as to show approval, agreement, greeting, or confirmation
19. experienced vet\_\_\_\_\_ian      *n.* (formal for a vet) a medical professional who specializes in the care and treatment of animals, especially those that are domesticated or kept as pets

ANSWERS: 11. empower, 12. mural, 13. suboptimal, 14. slack, 15. wan, 16. rev, 17. invade, 18. nod, 19. veterinarian

20. rhe\_\_\_\_\_id disease *n.* a chronic, inflammatory autoimmune disorder that primarily affects the joints, causing pain, swelling, and stiffness; it can also cause damage to other parts of the body
21. und\_\_\_\_\_zed space *adj.* not used as much as is possible or necessary
22. bl\_\_k future *adj.* unlikely to be favorable; unpleasantly cold and damp; offering little or no hope
23. poor pr\_\_\_\_\_is *n.* the likely outcome or course of a disease or illness based on medical analysis and examination of the patient; a forecast or prediction of future events or developments
24. diagnostic ra\_\_\_\_\_gy *n.* the branch of medicine that uses medical imaging technologies such as X-rays, CT scans, MRIs, and ultrasound to diagnose and treat diseases and injuries
25. he\_\_\_\_\_st lifestyle *n.* a person who believes that pleasure and happiness are the most important goals in life
26. on\_\_\_\_\_gy center *n.* the branch of medicine that deals with the study and treatment of tumors, especially malignancies
27. imp\_\_\_\_\_ion on stage *n.* the act of making something up on the spot or creating or performing something without preparation
28. traditional me\_\_\_\_\_al *adj.* of or relating to the treatment or cure of disease

ANSWERS: 20. rheumatoid, 21. underutilized, 22. bleak, 23. prognosis, 24. radiology, 25. hedonist, 26. oncology, 27. improvisation, 28. medicinal

29. in\_\_\_\_\_le romantic *adj.* not able to be cured, healed, or remedied; beyond recovery or redemption
30. chicken th\_\_h *n.* the part of the human leg between the hip and the knee; in animals, the corresponding upper part of the hind leg
31. ps\_\_s stretch *n.* a muscle located in the lower back and abdomen, specifically the region around the hip joint, which plays an important role in posture, movement, and stability
32. sub\_\_\_\_\_al performance *adj.* not the best or ideal option or solution; falling short of the optimal or desired outcome or result
33. inflamed ps\_\_s *n.* a muscle located in the lower back and abdomen, specifically the region around the hip joint, which plays an important role in posture, movement, and stability
34. in\_\_\_e other tissues *v.* to enter aggressively into another's territory by military force for conquest and occupation
35. chart su\_\_\_\_\_le *n.* a secondary title or alternate title that is displayed below the primary title often used to provide additional information or translation for a movie or video; a text that appears at the bottom of a movie, TV show, or video to provide a written translation or transcription of the spoken dialogue in another language
36. in\_\_\_\_\_le patient *adj.* not able to be cured, healed, or remedied; beyond recovery or redemption

ANSWERS: 29. incurable, 30. thigh, 31. psoas, 32. suboptimal, 33. psoas, 34. invade, 35. subtitle, 36. incurable

37. r\_v up the crowd *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
38. begin to r\_t *v.* to decay, or cause something to decay, naturally and gradually
39. virtual we\_\_\_\_t *n.* a live broadcast or transmission of audio or video content over the internet, typically in real-time or on-demand
40. er\_\_t into tears *v.* (of a volcano) to become active and eject rocks, smoke, etc.; to start abruptly and violently
41. di\_\_\_\_y the role *v.* to make something worthy of respect or honor; to elevate or give importance to something that may otherwise be considered insignificant
42. re\_\_\_e in plain English *v.* to give a new name to something; to change the name of something
43. be\_\_\_\_x rhythm *n.* a style of vocal percussion or vocal mimicry in which a person creates rhythmic sounds and beats using their mouth, lips, tongue, and voice; (verb) to create percussive sounds, rhythms, and beats using the mouth, lips, tongue, and voice
44. r\_t with age *v.* to decay, or cause something to decay, naturally and gradually
45. un\_\_\_d the stroller *v.* to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown

ANSWERS: 37. rev, 38. rot, 39. webcast, 40. erupt, 41. dignify, 42. rename, 43. beatbox, 44. rot, 45. unfold

46. sma\_\_\_\_\_ne addict *n.* a mobile phone that functions as a computer and connects to the Internet
47. a w\_n smile *adj.* looking pale or sickly; lacking vitality or energy
48. modern on\_\_\_\_\_gy treatment *n.* the branch of medicine that deals with the study and treatment of tumors, especially malignancies
49. st\_\_\_\_\_e through life *v.* to miss a step and fall or nearly fall; to walk unsteadily
50. in\_\_\_\_\_te the quality of his life *v.* to introduce new methods, ideas, or products
51. met\_\_\_\_\_ze to the liver *v.* (of a cancerous tumor or disease) to spread or grow to other parts of the body from its original location
52. em\_\_\_\_\_r my life *v.* to give someone the power or authority to do something
53. a sl\_\_k rope *adj.* lacking in tension or firmness; loose or not tight; having a relaxed or lazy attitude
54. re\_\_\_e the street *v.* to give a new name to something; to change the name of something
55. be\_\_\_\_\_x battle *n.* a style of vocal percussion or vocal mimicry in which a person creates rhythmic sounds and beats using their mouth, lips, tongue, and voice; (verb) to create percussive sounds, rhythms, and beats using the mouth, lips, tongue, and voice
56. pr\_\_\_\_\_is of cancer *n.* the likely outcome or course of a disease or illness based on medical analysis and examination of the patient; a forecast or prediction of future events or developments

ANSWERS: 46. smartphone, 47. wan, 48. oncology, 49. stumble, 50. innovate, 51. metastasize, 52. empower, 53. slack, 54. rename, 55. beatbox, 56. prognosis



57. und\_\_\_\_\_zed resources *adj.* not used as much as is possible or necessary
58. company mo\_\_o *n.* a phrase or slogan that expresses a guiding principle or goal
59. di\_\_\_\_\_y the occasion *v.* to make something worthy of respect or honor; to elevate or give importance to something that may otherwise be considered insignificant
60. sma\_\_\_\_\_ne app developer *n.* a mobile phone that functions as a computer and connects to the Internet
61. w\_\_y pattern *adj.* characterized by a series of curves, undulations, or bends that create a rippled or serpentine appearance; not straight or flat
62. vet\_\_\_\_\_ian clinic *n.* (formal for a vet) a medical professional who specializes in the care and treatment of animals, especially those that are domesticated or kept as pets
63. the mo\_\_o for safe traffic *n.* a phrase or slogan that expresses a guiding principle or goal
64. fo\_\_\_\_\_e the consequences *v.* to perceive or predict; to anticipate or expect something to happen in the future
65. dis\_\_\_\_\_zed the party *v.* to disrupt or destroy the systematic order or function of something
66. a b\_\_b of jelly *n.* a small amount or drop of a thick liquid or sticky substance
67. un\_\_\_d the story *v.* to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown

ANSWERS: 57. underutilized, 58. motto, 59. dignify, 60. smartphone, 61. wavy, 62. veterinarian, 63. motto, 64. foresee, 65. disorganize, 66. blob, 67. unfold

68. aesthetic he\_\_\_\_st *n.* a person who believes that pleasure and happiness are the most important goals in life
69. po\_\_\_\_e on prey *v.* to spring or jump on suddenly and aggressively, often to capture or attack; to seize an opportunity quickly and eagerly
70. fo\_\_\_\_e challenges *v.* to perceive or predict; to anticipate or expect something to happen in the future
71. la\_\_h mechanism *n.* a device for holding a door or gate closed, typically a sliding bar or bolt
72. hi\_\_\_\_e lifestyle *n.* a person who follows a counterculture movement that originated in the United States during the 1960s, characterized by the advocacy of nonviolence, communal living, and a rejection of traditional American values
73. prospects were bl\_\_k *adj.* unlikely to be favorable; unpleasantly cold and damp; offering little or no hope
74. int\_\_\_\_\_in cytokine *n.* a signaling protein or cytokine that is produced by certain cells of the immune system and helps regulate immune responses and inflammation
75. pl\_\_\_\_ting sales *v.* to fall or drop suddenly and steeply; to decline rapidly or sharply
76. co\_\_\_\_r degree *v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something

ANSWERS: 68. hedonist, 69. pounce, 70. foresee, 71. latch, 72. hippie, 73. bleak, 74. interleukin, 75. plummet, 76. confer

77. met\_\_\_\_\_ze from breast cancer      *v.* (of a cancerous tumor or disease) to spread or grow to other parts of the body from its original location
78. witty p\_n      *n.* a humorous play on words or use of words that sound similar but have different meanings, often for a comedic effect; a form of wordplay
79. n\_d courteously      *v.* to lower and raise one's head, sometimes several times, as to show approval, agreement, greeting, or confirmation
80. w\_\_y sea      *adj.* characterized by a series of curves, undulations, or bends that create a rippled or serpentine appearance; not straight or flat
81. th\_\_h muscle      *n.* the part of the human leg between the hip and the knee; in animals, the corresponding upper part of the hind leg
82. pl\_\_\_\_\_t against other major currencies      *v.* to fall or drop suddenly and steeply; to decline rapidly or sharply
83. silly p\_n      *n.* a humorous play on words or use of words that sound similar but have different meanings, often for a comedic effect; a form of wordplay
84. er\_\_t in anger      *v.* (of a volcano) to become active and eject rocks, smoke, etc.; to start abruptly and violently
85. sel\_\_\_\_\_ent economy      *adj.* able to provide for one's own needs without assistance from others

ANSWERS: 77. metastasize, 78. pun, 79. nod, 80. wavy, 81. thigh, 82. plummet, 83. pun, 84. erupt, 85. self-sufficient

86. int\_\_\_\_\_in production *n.* a signaling protein or cytokine that is produced by certain cells of the immune system and helps regulate immune responses and inflammation
87. live we\_\_\_\_\_t *n.* a live broadcast or transmission of audio or video content over the internet, typically in real-time or on-demand
88. a big b\_\_b of yellow *n.* a small amount or drop of a thick liquid or sticky substance
89. rhe\_\_\_\_\_id factor *n.* a chronic, inflammatory autoimmune disorder that primarily affects the joints, causing pain, swelling, and stiffness; it can also cause damage to other parts of the body
90. a mu\_\_l decoration *adj.* a large painting or other artwork that is applied directly to a wall or other surface
91. jazz imp\_\_\_\_\_ion *n.* the act of making something up on the spot or creating or performing something without preparation
92. hi\_\_\_e music *n.* a person who follows a counterculture movement that originated in the United States during the 1960s, characterized by the advocacy of nonviolence, communal living, and a rejection of traditional American values
93. set the la\_\_h *n.* a device for holding a door or gate closed, typically a sliding bar or bolt
94. foreign-language su\_\_\_\_\_le *n.* a secondary title or alternate title that is displayed below the primary title often used to provide additional information or translation for a movie or video; a text that appears at the bottom of a movie, TV show, or video to provide a written translation or transcription of the spoken dialogue in another language

ANSWERS: 86. interleukin, 87. webcast, 88. blob, 89. rheumatoid, 90. mural, 91.

improvisation, 92. hippie, 93. latch, 94. subtitle

ANSWERS:

## Session 3: Fill in the Blanks

1. The company's decision to cut corners on safety measures resulted in \_\_\_\_\_ working conditions for their employees.  
*adj.* not the best or ideal option or solution; falling short of the optimal or desired outcome or result
2. He stepped on the gas pedal, and the engine released a loud \_\_\_\_\_.  
*n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
3. My aunt suffers from \_\_\_\_\_ arthritis and has trouble moving her joints.  
*n.* a chronic, inflammatory autoimmune disorder that primarily affects the joints, causing pain, swelling, and stiffness; it can also cause damage to other parts of the body
4. The team's \_\_\_\_\_ attitude towards deadlines caused the project to fall behind schedule.  
*adj.* lacking in tension or firmness; loose or not tight; having a relaxed or lazy attitude
5. The doctor gave a positive \_\_\_\_\_ for her recovery from the illness.  
*n.* the likely outcome or course of a disease or illness based on medical analysis and examination of the patient; a forecast or prediction of future events or developments
6. The comedian's \_\_\_\_ had the audience laughing out loud.  
*n.* a humorous play on words or use of words that sound similar but have different meanings, often for a comedic effect; a form of wordplay

ANSWERS: 1. suboptimal, 2. rev, 3. rheumatoid, 4. slack, 5. prognosis, 6. pun

7. Make sure to turn on \_\_\_\_\_ so you can understand the foreign film.
- n.* a secondary title or alternate title that is displayed below the primary title often used to provide additional information or translation for a movie or video; a text that appears at the bottom of a movie, TV show, or video to provide a written translation or transcription of the spoken dialogue in another language
8. The political landscape looks \_\_\_\_\_ without a change of administration.
- adj.* unlikely to be favorable; unpleasantly cold and damp; offering little or no hope
9. Companies developing self-driving cars consistently \_\_\_\_\_ the emerging technologies.
- v.* to introduce new methods, ideas, or products
10. The company \_\_\_\_\_ employees to buy low-price items without approval to achieve efficient purchasing.
- v.* to give someone the power or authority to do something
11. His \_\_\_\_ complexion showed that he was feeling very ill.
- adj.* looking pale or sickly; lacking vitality or energy
12. Cancer cells can \_\_\_\_\_ and spread to other body parts if left untreated.
- v.* (of a cancerous tumor or disease) to spread or grow to other parts of the body from its original location
13. The patient was diagnosed with an \_\_\_\_\_ disease and given only a few months to live.
- adj.* not able to be cured, healed, or remedied; beyond recovery or redemption
14. The \_\_\_\_\_ on the wall depicted the history of the city.
- adj.* a large painting or other artwork that is applied directly to a wall or other surface

ANSWERS: 7. subtitles, 8. bleak, 9. innovate, 10. empowered, 11. wan, 12. metastasize, 13. incurable, 14. mural



15. The cat silently waited to \_\_\_\_\_ on the mouse.
- v.* to spring or jump on suddenly and aggressively, often to capture or attack; to seize an opportunity quickly and eagerly
16. The leaders of the two countries met to \_\_\_\_\_ on the issue.
- v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
17. He created a beautiful piece of music using only \_\_\_\_\_.
- n.* the act of making something up on the spot or creating or performing something without preparation
18. The patient underwent a \_\_\_\_\_ scan to diagnose their medical condition.
- n.* the branch of medicine that uses medical imaging technologies such as X-rays, CT scans, MRIs, and ultrasound to diagnose and treat diseases and injuries
19. She \_\_\_\_\_ quietly in response to the question.
- v.* to lower and raise one's head, sometimes several times, as to show approval, agreement, greeting, or confirmation
20. I \_\_\_\_\_ a problem arising if we don't address this issue now.
- v.* to perceive or predict; to anticipate or expect something to happen in the future
21. She strained her \_\_\_\_\_ muscle while doing a strenuous yoga pose.
- n.* a muscle located in the lower back and abdomen, specifically the region around the hip joint, which plays an important role in posture, movement, and stability
22. Battles between whites and blacks \_\_\_\_\_ immediately.
- v.* (of a volcano) to become active and eject rocks, smoke, etc.; to start abruptly and violently

ANSWERS: 15. pounce, 16. confer, 17. improvisation, 18. radiology, 19. nodded, 20. foresee, 21. psoas, 22. erupted

23. I have no intention to \_\_\_\_\_ your privacy.

- v.* to enter aggressively into another's territory by military force for conquest and occupation

24. I took my pet to the \_\_\_\_\_ for a routine check-up.

- n.* (formal for a vet) a medical professional who specializes in the care and treatment of animals, especially those that are domesticated or kept as pets

25. The company's \_\_\_\_\_ is "Innovation and Service," which is reflected in its products and customer support.

- n.* a phrase or slogan that expresses a guiding principle or goal

26. The factory has been \_\_\_\_\_ for years and requires renovation.

- adj.* not used as much as is possible or necessary

27. She \_\_\_\_\_ over the tree root.

- v.* to miss a step and fall or nearly fall; to walk unsteadily

28. The mystery \_\_\_\_\_ as the detectives gathered more clues.

- v.* to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown

29. Scientists are researching \_\_\_\_\_ inhibitors as potential treatments for autoimmune diseases.

- n.* a signaling protein or cytokine that is produced by certain cells of the immune system and helps regulate immune responses and inflammation

30. The \_\_\_\_\_ properties of this herb have been known to help with various ailments.

- adj.* of or relating to the treatment or cure of disease

ANSWERS: 23. invade, 24. veterinarian, 25. motto, 26. underutilized, 27. stumbled, 28. unfolded, 29. interleukin, 30. medicinal

31. The stock prices have \_\_\_\_\_ in the last hour, causing concern for investors.  
*v.* to fall or drop suddenly and steeply; to decline rapidly or sharply
32. The new owners \_\_\_\_\_ the restaurant to give it a fresh start.  
*v.* to give a new name to something; to change the name of something
33. The model's hair was long and \_\_\_\_\_ cascading down her back in soft waves.  
*adj.* characterized by a series of curves, undulations, or bends that create a rippled or serpentine appearance; not straight or flat
34. His \_\_\_\_\_ performance at the concert was mind-blowing.  
*n.* a style of vocal percussion or vocal mimicry in which a person creates rhythmic sounds and beats using their mouth, lips, tongue, and voice; (verb) to create percussive sounds, rhythms, and beats using the mouth, lips, tongue, and voice
35. Internet traffic volumes have increased significantly with the advent of \_\_\_\_\_.  
*n.* a mobile phone that functions as a computer and connects to the Internet
36. The \_\_\_\_\_ on the gate was broken, so the cows got loose.  
*n.* a device for holding a door or gate closed, typically a sliding bar or bolt
37. The fashion of the \_\_\_\_\_ movement included unconventional clothing such as tie-dye shirts and bell-bottom jeans.  
*n.* a person who follows a counterculture movement that originated in the United States during the 1960s, characterized by the advocacy of nonviolence, communal living, and a rejection of traditional American values
38. Please refrigerate the meat, or it will \_\_\_\_\_.  
*v.* to decay, or cause something to decay, naturally and gradually

ANSWERS: 31. plummeted, 32. renamed, 33. wavy, 34. beatbox, 35. smartphones, 36. latch, 37. hippie, 38. rot

39. The soccer game crowd broke into a \_\_\_\_\_ of "Go, team, go!"
- n.* a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation
40. The \_\_\_\_\_ extravagant spending and indulgent lifestyle eventually caught up with him, and he was forced to make major changes.
- n.* a person who believes that pleasure and happiness are the most important goals in life
41. It's important to \_\_\_\_\_ other people's opinions and not dismiss them without consideration.
- v.* to make something worthy of respect or honor; to elevate or give importance to something that may otherwise be considered insignificant
42. The marathon runner felt a cramp in her \_\_\_\_\_ at the 20th mile.
- n.* the part of the human leg between the hip and the knee; in animals, the corresponding upper part of the hind leg
43. He was determined to become \_\_\_\_\_ and not rely on anyone else.
- adj.* able to provide for one's own needs without assistance from others
44. A \_\_\_\_\_ of ink fell on the floor.
- n.* a small amount or drop of a thick liquid or sticky substance
45. I watched the conference \_\_\_\_\_ since I couldn't attend in person.
- n.* a live broadcast or transmission of audio or video content over the internet, typically in real-time or on-demand
46. The pharmaceutical company unveiled its latest breakthrough drug for the \_\_\_\_\_ market.
- n.* the branch of medicine that deals with the study and treatment of tumors, especially malignancies

ANSWERS: 39. chant, 40. hedonist's, 41. dignify, 42. thigh, 43. self-sufficient, 44. blob, 45. webcast, 46. oncology

47. His betrayal \_\_\_\_\_ the company completely.

v. to disrupt or destroy the systematic order or function of something

ANSWERS: 47. disorganized