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Vocabulary Builder Reference from...

Annie Murphy Paul: What we learn before we're born
| TED Talk

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All Words

IMPORTANT

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Session 1: Word List

spirit

n. the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people

synonym: soul, attitude, enthusiasm

(1) **spirit** and the letter of the law, (2) an indomitable **spirit**

Despite their tragic loss, the family is showing great **spirit**.

ponder

v. to think deeply or carefully about something

synonym: think about, consider, reflect on

(1) **ponder** divine matters, (2) **ponder** life's meaning

She sat quietly, **pondering** the difficult decision.

preschool

adj. relating to or denoting the period before a child begins primary school; (noun) the activities or education provided during this time

synonym: nursery, kindergarten, daycare

(1) **preschool** education, (2) during **preschool** years

My old school's **preschool** program was well-regarded and had an excellent reputation.

kindergarten

n. a school or class for young children, usually between the ages of four and six

synonym : preschool, nursery school, daycare

(1) **kindergarten** class, (2) **kindergarten** teacher

The **kindergarten** students were having a good time playing with toys.

toddler

n. a young child who has recently learned to walk

synonym : child, infant, youngster

(1) an active **toddler**, (2) **toddler** in nappy

A **toddler** needs constant supervision and firm control.

phase

n. any stage in a series of events, change, or development

synonym : degree, stage, step

(1) enter on the last **phase**, (2) two- **phase** structure

The era of the industrial revolution was a crucial **phase** of history.

encounter

v. to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly

synonym : meet, run into, come across

(1) **encounter** a crisis, (2) **encounter** a storm

I'm prepared to **encounter** challenges throughout this adventure.

movement

n. a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

synonym : motion, progression, action

(1) a circular **movement**, (2) **movement** of troops

The **movement** of the dancers on stage was graceful and elegant.

assert

v. to state something firmly and confidently, often in a way that is intended to convince others that it is true

synonym : maintain, state, declare

(1) **assert** a free society, (2) **assert** a claim for unjust enrichment

She **asserted** that she was innocent, despite the evidence against her.

implausible

adj. difficult to believe or accept as true; not credible or convincing; unlikely or improbable

synonym : incredulous, far-fetched, unbelievable

(1) **implausible** theory, (2) **implausible** excuse

The detective found the suspect's story **implausible** and decided to investigate further.

psychology

n. the scientific study of mind and behavior

(1) **psychology** experiment, (2) **psychology** of crowd

She had a master's degree in **psychology**.

biology

n. the scientific study of life and the natural processes of living things

(1) evolutionary **biology**, (2) cell and molecular **biology**

In junior high school, we had to dissect a frog in **biology** class.

womb

n. the organ of a woman or female mammal in which a baby develops before birth

synonym : uterus, matrice

(1) tumor of **womb**, (2) **womb** transplant

The fertilized egg implanted itself in the **womb**.

exciting

adj. causing a lot of interest or excitement

synonym : exhilarating, stimulating, thrilling

(1) **exciting** football player, (2) **exciting** news

The findings of the experiment were both **exciting** and unexpected.

fetus

n. an unborn or unhatched animal in the later stages of development showing the main recognizable features of

the mature animal

(1) development of the **fetus**, (2) an aborted **fetus**

The female vagina is elastic enough to allow the passage of a **fetus**.

origin

n. the first existence or beginning of something

synonym: root, source, ancestor

(1) **origin** of information, (2) racial **origin**

There are various hypotheses concerning the **origin** of life.

discipline

n. the practice of training people to obey rules or a code of behavior, using and punishments if these are broken; a region of activity, knowledge, or influence

synonym: training, restraint, field

(1) break **discipline**, (2) rigid **discipline**

He quickly learned the military **discipline**.

emerge

v. to move out of or away from something and become visible

synonym: arise, occur, appear

(1) **emerge** as a butterfly, (2) **emerge** from poverty

During colonial eras, new migratory patterns **emerged**.

well-being

n. the state of being happy and healthy and prosperous

synonym: health, welfare, happiness

(1) the **well-being** of a nation, (2) a sense of **well-being**

We are responsible for the care and **well-being** of all our employees.

crucial

adj. extremely vital or necessary

synonym: essential, pivotal, vital

(1) **crucial** information, (2) a **crucial** issue for women

The revitalization of technology companies is **crucial** to the country's growth.

intellect

n. the ability to think logically and comprehend information, especially at an advanced level

synonym: mind, brightness, cleverness

(1) enrich my **intellect**, (2) human **intellect**

Your **intellect** is capable of distinguishing among similar objects.

pregnant

adj. having a baby or young animal developing in the uterus

synonym: expectant

(1) needs of **pregnant** women, (2) a silence **pregnant** with suspense

She vacated the position when she got **pregnant**.

fascinating

adj. extremely interesting

synonym: alluring, intriguing, captivating

(1) **fascinating** story, (2) completely **fascinating** to me

The museum houses a **fascinating** collection of Celtic artifacts.

insight

n. the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like

synonym: wisdom, discernment, understanding

(1) a profound **insight**, (2) share my **insights**

We gained various **insights** by analyzing the vast amount of data owned by the company.

slate

n. a flat piece of rock or stone that is typically used as a roofing or flooring material; a list of candidates for an election arranged in a specific order

synonym: chalkboard, blackboard, tablet

(1) **slate** tile, (2) **slate** roof

We need to add more names to the **slate** of candidates for the upcoming election.

marked

adj. having a noticeable feature or distinctive quality; easily noticeable or obvious

synonym : distinct, prominent, striking

(1) a **marked** difference, (2) **marked** decline

Her **marked** improvement in her grades resulted from her increased focus and effort.

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym : exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling

The golfer recorded an **amazing** distance.

discovery

n. the act or process of finding information, a place, or an object, or learning about something that was previously not known

synonym : finding, uncovering, detection

(1) a scientific **discovery**, (2) the great **discovery** of the century

Her research team made an important **discovery**.

belly

n. the front part of the body below the chest, containing the stomach and bowels; the rounded or curved part of an object, such as a ship or aircraft

synonym : stomach, abdomen, gut

(1) the **belly** of the ship, (2) with an empty **belly**

She had a tattoo just above her **belly** button.

abdominal

adj. of or relating to the part of the body that contains the stomach, intestines, and other organs

synonym : belly, ventral

(1) an **abdominal** operation, (2) **abdominal** muscles

He felt a sharp pain in his **abdominal** area.

tissue

n. an ensemble of similar cells of the animal or plant that together carry out a specific function

synonym : structure, texture, anatomy

(1) a facial **tissue**, (2) loss of muscle **tissue**

The researcher separated the nervous **tissue** for microscopic

examinations.

amnion

n. the innermost sac that surrounds and protects the fetus during pregnancy, filled with amniotic fluid which cushions and protects the fetus

synonym : fetal membrane

(1) **amnion** membrane, (2) rupture of the **amnion**

The **amnion** fluid sample was sent for genetic testing to determine chromosomal abnormalities.

fluid

n. a substance that can flow and is not solid

synonym : liquid, aqua, sap

(1) plenty of **fluids**, (2) **fluid** assets

She was diagnosed with a **fluid** buildup in her lungs.

surround

v. to be all around something or somebody

synonym : encircle, encompass, envelop

(1) **surround** a town, (2) a stone wall **surrounds** the palace

On three sides, mountains **surround** the settlement.

gestation

n. the state of being pregnant; the period during which an embryo or fetus develops, usually about 280 days in humans

synonym : pregnancy, carrying, incubation

(1) extrauterine **gestation**, (2) **gestation** time

The **gestation** period for elephants is 22 months.

muted

adj. having a subdued or softened sound, color, or tone; restrained or understated in expression or style

synonym : dull, hushed, muffled

(1) **muted** light, (2) **muted** sound

The toned-down, **muted** colors in the living room gave it a cozy and relaxed feeling.

muffle

v. to wrap or cover something to deaden sound or prevent others from hearing it; to suppress or soften the sound of something; to decrease the intensity or impact of

something

synonym : mute, stifle, embower

(1) **muffle** the sound, (2) **muffle** my cries

He tried to **muffle** his coughs during the movie not to disturb the other viewers.

cartoon

n. a simple drawing depicting a humorous or critical situation, often accompanied by a caption

synonym : illustration, drawing, caricature

(1) **cartoon** character, (2) **cartoon** industry

He spent his afternoon watching **cartoon** movies on TV.

reverb

n. an audio effect that produces a sound that is reflected off surfaces in an enclosed space, creating a sense of space or ambiance; the natural echoing or reverberation of sound in a large or open space

synonym : echo, sound reflection

(1) **reverb** effect, (2) **reverb** chamber

The singer's voice had a natural **reverb** that sounded beautiful in the acoustically-designed church.

recognize

v. to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

synonym : acknowledge, identify, admit

(1) **recognize** talent, (2) **recognize** achievement

It's important to **recognize** your strengths and weaknesses.

prefer

v. to like, choose, or want one thing or person better than another

synonym : choose, like, favor

(1) **prefer** physics to chemistry, (2) **prefer** a window seat

The birds **prefer** open water areas with reeds around them.

advantage

n. a condition or circumstance that puts one in a favorable or superior position; a beneficial feature or asset that someone or something has

synonym : benefit, edge, asset

(1) score an **advantage**, (2) take **advantage** of his weak points

One of the main **advantages** of the new product is its increased efficiency.

rig

v. to prepare or set up something in a certain way, typically in a carefully planned or fraudulent manner; to equip with sails or masts

synonym : set up, prepare, arrange

(1) **rig** an election, (2) **rig** a ship with new sails

He **rigged** the game so he could win the prize.

rub

v. to move one's hand or an object over the surface of something with pressure

synonym : scrub, massage, stroke

(1) **rub** shoulders, (2) **rub** a glass window

She **rubbed** the sore spot on her leg to ease the pain.

nipple

n. the dark part of the skin which sticks out from the breast of a mammal and from which milk can be secreted

synonym : teat, pap, mamilla

(1) rubber **nipple**, (2) baby sucking a **nipple**

Female children may experience growing breasts and **nipple** swelling.

preference

n. a stronger liking or interest for something or someone than another thing or person

synonym : taste, choice, affection

(1) his meal **preferences**, (2) a particular **preference** for Chinese art

Her **preference** is comfortable clothing over fashionable ones.

resume

v. to continue or begin anew after a pause or interruption

synonym : continue, reopen, restart

(1) **resume** an office, (2) **resume** a relationship
We **resumed** negotiations after a temporary break.

bore

v. to make someone feel weary or uninterested, often by talking at length about uninteresting or mundane topics; to cause someone to feel bored or unengaged; (noun) a hole or tunnel drilled or dug into the ground, either for exploration or extraction of natural resources

synonym: bear, tire, weary

(1) **bore** diameter, (2) **bore** him with his stories
The lecture on quantum physics **bored** me to tears.

sect

n. a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream

synonym: group, faction, cult

(1) **sect** beliefs, (2) secret **sect**
The minority **sect** believed in a set of unconventional religious practices.

experiment

n. the scientific test conducted to observe what happens and gain new knowledge

synonym: experimentation, investigation

(1) **experiment** design, (2) series of **experiments**
His **experiments** showed highly positive results.

opera

n. a drama set to music, in which the words are sung rather than spoken

synonym: musical, operetta, oratorio

(1) ballad **opera**, (2) **opera** performance
She loves going to the **opera** house and hearing the beautiful music.

accent

n. a distinctive way of pronouncing the words of a language that shows which area, country, or social group a person comes from; particular importance or significance

synonym

: articulation, inflection, pronunciation

(1) a foreign **accent**, (2) put the **accent** on comfort
She has a thick southern **accent**.

native

adj. connecting with or describing someone's birth country or place of birth, or someone born in a specific country or place

synonym: endemic, domestic, aboriginal

(1) **native** to Africa, (2) **native** language

The vegetation here is almost wholly **native**.

germ

n. a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one

synonym: bacterium, microbe, pathogen

(1) antibiotic-resistant **germ**, (2) a **germ-free** environment

The **germ** of his idea came from watching birds flying in flocks.

imitate

v. to copy the speech, behavior, appearance, etc. of someone or something

synonym: mimic, emulate, replicate

(1) **imitate** painting styles, (2) **imitate** animal sounds

He **imitated** the modus operandi of the famous phantom thief.

melodic

adj. having a pleasant or harmonious sound, especially in relation to music

synonym: harmonious, pleasing, musical

(1) **melodic** scale, (2) transcribe **melodic** patterns

She played a **melodic** piece on the piano.

contour

n. the outline of its shape or form; a line drawn on a map connecting points of equal height

synonym: outline, silhouette, shape

(1) the **contour** of the earth's surface, (2) **contour** lines

The **contour** of the Atlantic coast of America is very

complicated.

evolve

v. to develop gradually, or to cause the development of something or someone gradually

synonym: develop, mature, grow

(1) **evolve**, (2) **evolve** over the past decade

Eyeless fish **evolved** in dark caves.

aid

n. things sent to help countries in need, notably food or money; support

synonym: helper, resource, assistance

(1) financial **aid**, (2) country-by-country **aid** programs

Pakistan's **aid** budget was still being reviewed.

survival

n. the state of continuing to exist or live, frequently in the face of difficulty or danger

synonym: endurance, continuity

(1) **survival** ability, (2) **survival** food

He evaluated his chances for **survival** rather pessimistically.

endear

v. to make someone loved or appreciated or to cause someone to feel fondness or affection for someone or something

synonym: fondle, cherish, love

(1) **endear** a character to young readers, (2) **endear** to everyone

The baby's smile **endeared** her to everyone who saw her.

critic

n. someone who expresses opinions about the quality of books, music, etc.

synonym: pundit, analyst, attacker

(1) art **critic**, (2) severe **critic**

Advocates for legal reform hear less harsh words from their **critics**.

uterus

n. a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal

develops before birth

synonym : womb

(1) **uterus** cancer, (2) bleeding from **uterus**

The physician prescribed medication to relieve the contraction of the **uterus**.

bud

n. a small swelling on a plant stem or twig containing an undeveloped shoot

synonym : shoot, sprout, germ

(1) pinch off a **bud**, (2) **bud** grafting

The flower was starting to show its **bud** and would soon bloom into a beautiful blossom.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym : evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

olfactory

adj. relating to the sense of smell; connected with the perception of odors or scents

synonym : olfactive, scent-based, aromatic

(1) **olfactory** cortex, (2) **olfactory** memory

The **olfactory** senses play a key role in our taste and flavor perception.

receptor

n. an organ having nerve endings that respond to stimulation such as heat or cold and makes the body react in a particular way

(1) cellular **receptor**, (2) **receptor** for HIV in humans

Hay fever occurs when a substance called histamine binds to **receptors** in the nose and eyes.

function

n. the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

synonym: purpose, mapping, job

(1) **function** properly, (2) immune **function**

The brain is an incredibly complex organ that controls the body's **function**.

flavor

n. the taste sensation produced by a substance in the mouth

synonym: taste, savor, essence

(1) a delicate **flavor**, (2) **flavor** enhancer

The **flavor** of the coffee was rich and full-bodied.

continuously

adv. without being interrupted or paused; repeatedly

synonym: constantly, frequently, always

(1) use one thing **continuously**, (2) **continuously** removed

The country's domestic coal consumption has been **continuously** declining for decades.

swallow

v. to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations

synonym: consume, gulp, inhale

(1) **swallow** a handful of pills, (2) a **swallow** tail

I **swallowed** my anger and kept quiet.

trimester

n. approximately three months, especially one of the three three-month periods into which human pregnancy is traditionally divided; one of three divisions of an academic year

synonym: quarter, three months, 13 weeks

(1) second **trimester** ends, (2) **trimester** system

The first **trimester** of pregnancy is the most crucial for the development of the fetus.

infant

n. a baby or very young child

synonym : baby, newborn, tot

(1) **infant** daughter, (2) **infant** food

Mozart was an **infant** prodigy.

cereal

n. a type of grain used for food, such as wheat, oats, or corn that is typically ground into flour, cooked into porridge, or used to make breakfast cereals

synonym : grain, oatmeal, breakfast food

(1) **cereal** grain, (2) cold **cereal**

I always start my morning with a bowl of **cereal**.

facial

adj. of or relating to a person's face

synonym : forward, front, surface

(1) **facial** nerve, (2) **facial** expressions

Facial profiling is a new form of airport security.

observe

v. to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion

synonym : watch, monitor, scrutinize

(1) **observe** a tradition, (2) **observe** wildlife

It is important to **observe** safety procedures in the workplace to prevent accidents.

offspring

n. descendant; any immature animal or plant

synonym : children, descendants, heirs

(1) female **offspring**, (2) produce **offspring**

How many **offspring** does the average lion have?

consume

v. to spend something, especially fuel, energy, or time, in a large amount

synonym : absorb, ingest, use up

(1) **consume** a large of alcohol, (2) **consume** electricity
A smaller car will **consume** less fuel.

licorice

n. a sweet, chewy confectionery made from the dried root of the licorice plant; a flavoring made from extracts of this root, known for its distinctive black color and strong, slightly herbal taste

(1) black **licorice**, (2) **licorice** flavor

I bought some **licorice** candy from the store.

reaction

n. a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others

synonym: response, reply, answer

(1) chemical **reaction**, (2) trigger a **reaction**

There was a chemical **reaction** of the lime with the groundwater.

translate

v. to convert or change words into another language

synonym: convert, transcribe, render

(1) **translate** a document into English, (2) **translate** the emotion to a movement

Translate the text from Italian into English.

roughly

adv. approximately but not precisely; with a violent manner

synonym: approximately, more or less, around

(1) **roughly** explain my idea, (2) **roughly** speaking

Five miles is **roughly** similar to eight kilometers.

introduction

n. a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market

synonym: initiation, preamble, prologue

(1) **introduction** education, (2) self- **introduction**

The **introduction** to the new class was informative and engaging.

characteristic

n. a typical feature or quality that can identify, tell apart, or describe something or somebody

synonym: feature, quality, attribute

(1) stripes **characteristic** of the zebra, (2) my friend's **characteristic** laugh

Bananas have their **characteristic** taste and odor.

spice

n. a dried seed, fruit, root, bark, or vegetable substance primarily used to season or flavor food

synonym: seasoning, flavoring, condiment

(1) **spice** recipe, (2) **spice** flavor

He added a pinch of **spice** to the stew to flavor it.

cuisine

n. the style of cooking characteristic of a particular country, region, or establishment

synonym: meal, cooking, gastronomy

(1) bistro-style **cuisine**, (2) **cuisine** taste

Italian **cuisine** is known for its use of fresh ingredients and bold flavors.

conjure

v. to call forth by magic; to create or bring about through the imagination

synonym: summon, evoke, call forth

(1) **conjure** evil spirits away, (2) **conjure** a vision

The magician **conjured** up a rabbit out of thin air.

attempt

n. an act or effort of trying to do something, especially something difficult

synonym: endeavor, effort, try

(1) the **attempt** to rescue the hostages, (2) a reckless **attempt**

The third **attempt** was far more successful.

enrich

v. to make better or improve in quality by adding something else

synonym: enhance, improve, augment

(1) **enrich** a gas with a balloon, (2) **enrich** public services

Reading not only increases knowledge but also **enriches** life.

process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym : procedure, method, system

(1) **process** improvement, (2) decision-making **process**

The **process** for applying for a visa can be lengthy and complicated.

mold

n. a hollow container used to give shape to liquid or soft substance, which then becomes solid in the same shape as the container; a soft, green, or gray growth that forms on stale food or objects exposed to warm, moist air for too long

synonym : cavity, cast, mildew

(1) a casting **mold**, (2) **mold** allergy

Mushrooms and **mold** are fungi.

visceral

adj. relating to or affecting the internal organs; instinctive or emotional rather than rational; characterized by deep-seated emotional reactions or responses

synonym : instinctive, intuitive, gut

(1) **visceral** organ, (2) **visceral** fear

After watching the horror movie, she had a **visceral** reaction and couldn't sleep all night.

consequent

adj. resulting or following as a result of something else;
(noun) something that is logical or naturally follows from something else

synonym : resulting, following, logical

(1) **consequent** increase, (2) the fallacy of affirming the **consequent**

The increase in demand for the product led to a **consequent** rise in its price.

chemical

adj. relating to or connected with chemistry;

synonym : chemic, synthetic

(1) toxic **chemicals**, (2) a **chemical** compound

The firm has grown into a large **chemical** manufacturing.

exposed

adj. having no protection or shield from something, such as bad weather, attack, or criticism

synonym : endangered, revealed, disclosed

(1) **exposed** to radiation, (2) an **exposed** rock

Tech companies often employ **exposed** ducts and other materials in their office interiors.

emotion

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

synonym : feeling, sentiment, passion

(1) control my **emotion**, (2) afraid to show **emotion**

Some **emotions** are common across cultures and backgrounds.

fashion

n. a style that is popular at a particular time or place; the state of being popular

synonym : style, manner, fad

(1) go out of **fashion**, (2) new **fashion** trends

That style is no longer in **fashion**.

influence

n. the ability to affect someone's or something's character, growth, or behavior, or the effect itself

synonym : power, leverage, effect

(1) **influence** a child's future, (2) **influence** the daily life

The former emperor had a particular **influence** even after he abdicated.

individual

n. a single person or thing, as distinct from a group

synonym : person, being, self

(1) a private **individual**, (2) **individual** freedom

As an **individual**, he had the right to make his own decisions

and live his life as he saw fit.

idiosyncrasy

n. a distinctive or unique way of functioning, behaving, or thinking that is characteristic of an individual or a group; a peculiar or eccentric habit or behavior

synonym: peculiarity, quirk, eccentricity

(1) personal **idiosyncrasy**, (2) cultural **idiosyncrasy**

His **idiosyncrasy** of always wearing green socks was a quirky habit.

incorporate

v. to include something as a part of a larger entity

synonym: contain, integrate, amalgamate

(1) **incorporate** the current trends, (2) **incorporate** technology into daily life

We will attempt to **incorporate** some of your suggestions into our future strategy.

flesh

n. the soft substance composing the body of a person or animal, as opposed to bones and other structures

synonym: meat, muscle, tissue

(1) grow in **flesh**, (2) **flesh** eating

The **flesh** of the fruit is sweet and juicy.

maternal

adj. relating to or characteristic of a mother; having feelings that are typical of a caring mother towards her child

synonym: motherly, maternalistic, maternal-like

(1) on the **maternal** side, (2) **maternal** care

She had a very **maternal** instinct towards her newborn baby.

contribution

n. the act of giving something, especially money, to a particular cause or organization; a voluntary gift as of money or service or ideas made to some worthwhile cause

synonym: donation, gift, offering

(1) make a positive **contribution**, (2) **contribution** to society

His **contribution** to the charity was a generous donation of

money.

magic

n. beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers

synonym: fascination, illusion, wizardry

(1) a **magic** spell, (2) she is **magic**

He performed **magic** tricks with sophisticated moves.

flute

n. a musical instrument consisting of a metal, wood, or bamboo tube with a row of fingerholes and sometimes keys, played by blowing across a hole near one end

synonym: pipe, recorder, whistle

(1) **flute** music, (2) play the **flute**

The **flute** solo in the symphony was beautiful and elevated the overall performance.

abundance

n. a significant amount of something; the situation in which there is too much of something

synonym: plenty, affluence, plentitude

(1) an age of **abundance**, (2) an **abundance** of examples

A healthy farm provides an **abundance** of food.

scarcity

n. the state of being in short supply; a small and inadequate amount

synonym: lack, absence, dearth

(1) fuel **scarcity**, (2) **scarcity** of capital

Some research says that a relative decline in teacher salaries is causing labor **scarcity**.

constant

adj. happening repeatedly or all the time

synonym: ceaseless, stable, unchanging

(1) a **constant** wind, (2) a **constant** temperature

Constant dropping wears away the stone.

threat

n. a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict

harm or injury on someone or something, often made as a means of coercion or intimidation

synonym : menace, danger, hazard

(1) economic **threat**, (2) environmental **threat**

The **threat** of severe weather prompted the city to issue an evacuation warning.

harry

v. to persistently harass, badger, or bother someone or something; to persistently attack or pursue an opposing force or target

synonym : bother, pester, annoy

(1) **harry** the ship all night, (2) **harry** a suspect

I need to **harry** my coworkers to finish the project on time.

diet

n. the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan

synonym : food, dietary

(1) eat a vegetarian **diet**, (2) **Diet** approval

A balanced **diet** is more important for health than supplements.

clue

n. an object, a piece of evidence, or some information that helps someone to find the answer to a problem, question, or mystery

synonym : hint, indication, inkling

(1) a **clue** about the crime, (2) a **clue** to the diagnosis

The police couldn't find a **clue** to her whereabouts.

prevailing

adj. most frequent, widespread, or currently dominant, usually referring to a particular opinion, attitude, or trend

synonym : dominant, prevalent, current

(1) **prevailing** wind, (2) **prevailing** trend

The **prevailing** opinion was that the project would be a success.

- lift**
- v. to raise something to a higher position or level; to pick up something or somebody and move them to a different position
- synonym* : raise, elevate, move up
- (1) **lift** sagging skin, (2) **lift** a ban on alcohol
- The drought **lifted** the prices of grain globally.
- tweak**
- v. to pinch or squeeze something sharply; to adjust something finely
- synonym* : nip, pinch, fine-tune
- (1) **tweak** his cheek, (2) **tweak** the economy
- He didn't **tweak** the plan, even though he had time.
- brain**
- n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling
- synonym* : intellect, mind, encephalon
- (1) basic **brain** function, (2) permanent **brain** damage
- X-rays revealed a small tumor in his **brain**.
- enormous**
- adj.* extremely large or great
- synonym* : huge, giant, gigantic
- (1) **enormous** amount, (2) **enormous** potential
- Shakespeare's output of poetry was **enormous**.
- flexibility**
- n. the quality of changing or being changed easily according to new conditions or situations
- synonym* : elasticity, adaptability, resilience
- (1) mental **flexibility**, (2) the **flexibility** of the body
- We dealt with those problems with speed and **flexibility**.
- thrive**
- v. to grow vigorously; to make steady progress
- synonym* : bloom, flourish, prosper
- (1) **thrive** in a society, (2) **thrive** on pressure
- Without investment, a business cannot **thrive**.
- environment**
- n. the natural world such as air, water, and land in which humans, animals, and plants live

synonym : atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's **environment**.

tundra

n. a vast, treeless, and typically frozen plain in the Arctic regions, where the subsoil is permanently frozen

synonym : arctic plain, permafrost, polar desert

(1) the Siberian **tundra**, (2) **tundra** biome

The Arctic **tundra** is a vast and desolate landscape with few signs of life.

desert

n. arid land with little or no vegetation often covered with sand or rocks

(1) **desert** basin, (2) oasis in the **desert**

This region is predominantly **desert**.

conclude

v. to come to an end or close; to reach a judgment or opinion by reasoning

synonym : complete, finish, decide

(1) **conclude** a meeting, (2) **conclude** that he is healthy

We **concluded** a cease-fire.

troop

n. a group of soldiers, especially a large one; a group of people, animals, or things considered as a unit.

synonym : group, unit, band

(1) the members of a military **troop**, (2) a **troop** of deer

The **troop** of soldiers marched through the city in a parade.

blockade

n. a barrier or obstacle designed to prevent the movement or flow of people, goods, or resources; a military tactic that aims to isolate a specific area or territory by preventing it from receiving supplies or reinforcements

synonym : embargo, siege, encirclement

(1) embargo **blockade**, (2) military **blockade**

The country implemented a **blockade** during the war to

prevent goods and supplies from entering or leaving.

siege

n. the surrounding of a place and isolating it by an army to defeat those defending it

synonym: blockade, encirclement, barricade

(1) hostage **siege**, (2) lay **siege** to his house

People began storing up food and supplies for the **siege**.

harsh

adj. severe and unkind; extremely tough and unpleasant to inhabit

synonym: brutal, severe, backbreaking

(1) **harsh** climate, (2) use of **harsh** chemicals

The prime minister faced **harsh** criticism.

solid

adj. hard or firm; characterized by good substantial quality

synonym: stable, reliable, hard

(1) **solid** ally, (2) **solid** employment measures

The **solid-state** of water is called ice.

scarce

adj. not abundant or plentiful, and therefore not easy to find or obtain

synonym: rare, limited, sparse

(1) **scarce** resources, (2) capital- **scarce** country

Fresh water is becoming increasingly **scarce** in many parts of the world.

survive

v. to live or exist despite a dangerous event or period

synonym: endure, persist, stay

(1) **survive** a blizzard, (2) **survive** a plane crash

These birds can only **survive** in temperate climates.

calorie

n. unit of heat defined as the quantity of heat required to raise the temperature of 1 gram of water by 1 degree Celsius at atmospheric pressure, used by nutritionists to measure how much energy food will produce

(1) **calorie** calculation, (2) reduce my **calorie** intake

It would be best if you burned off **calories** through vigorous exercise.

quarter

n. one of four equal parts; a fourth part or portion

synonym: fourth, one-fourth

(1) a **quarter** mile, (2) end of the first **quarter**

The unemployment rate in the first **quarter** was 2.3 percentage points higher than in the previous.

deprivation

n. a state of not having something, such as food or money, that you need for a pleasant life

synonym: poverty, destitution, forfeiture

(1) chronic sleep **deprivation**, (2) **deprivation** of liberty

Losing him is great **deprivation** to our team.

stretch

v. to make or be capable of making anything longer or broader without hurting or breaking

synonym: lengthen, prolong, extend

(1) **stretch** along the coast, (2) **stretch** a story

Some herds have been observed to **stretch** hundreds of kilometers.

resort

n. a place where many people go for rest, sport, or another stated purpose; (verb) to turn to or take a course of action, especially an extreme or undesirable one, to resolve a difficult circumstance

synonym: vacation spot, hotel, (verb) address

(1) **resort** to desperate measures, (2) a last **resort**

If both countries **resort** to nuclear deterrence, the consequence could be mutual destruction.

bulb

n. a rounded underground storage organ of some plants from which the plant grows; the rounded part of a cylindrical structure; electric lamp consisting of a glass ball

(1) wet- **bulb** thermometer, (2) a lily **bulb**

The light **bulb** has burned out.

nation

n. a large organized community of people living in a particular country or region and having a particular culture

synonym : country, state, sovereign entity

(1) **nation-state**, (2) a seafaring **nation**

The **nation** of Japan is known for its unique culture and advanced technology.

reserve

v. to keep something for future use or contingency; to obtain or arrange something, such as a meeting, seat, etc., in advance

synonym : keep, hold, preserve

(1) **reserve** the right, (2) **reserve** a concert ticket

You can easily **reserve** seats over the telephone.

exhausted

adj. extremely tired

synonym : drowsy, depleted, fatigued

(1) the **exhausted** food sources, (2) **exhausted** parents

The **exhausted** runner fell to the ground and gasped.

specter

n. a ghostly or haunting image or apparition; a threatening or ominous presence that causes fear or anxiety

synonym : ghost, phantom, apparition

(1) **specter** of death, (2) political **specter**

The **specter** of unemployment loomed over the young graduates as they exited the university.

mass

n. a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together

synonym : abundance, crowd, mob

(1) a **mass** of molten rock, (2) critical **mass**

The **mass** of people who do not own property is politically impotent.

starvation

n. a severe lack of food that leads to malnutrition and, ultimately, death

synonym : hunger, malnutrition, emaciation

(1) die of **starvation**, (2) **starvation** wages

The drought led to widespread **starvation** in the region.

loom

v. to appear or take shape as a large, especially in a frightening way

synonym : appear, come on, overshadow

(1) **loom** over the global economy, (2) **loom** on the horizon

The issue of divorce **loomed** large in his mind.

ally

n. a country that has officially agreed to assist and support another country, particularly in the event of a war

synonym : associate, colleague, partner

(1) close **ally**, (2) **ally** with a company

Our country is a traditional **ally** of England.

hunger

n. a strong desire or craving for something; a feeling of discomfort or weakness caused by lack of food; a chronic condition of insufficient food intake and malnutrition

synonym : appetite, craving, starvation

(1) **hunger** pangs, (2) chronic **hunger**

Many people in the world suffer from **hunger** and malnourishment every day.

malnutrition

n. the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients

synonym : undernourishment, starvation, hunger

(1) severe **malnutrition**, (2) childhood **malnutrition**

The doctor advised the patient to eat a balanced diet to avoid **malnutrition**.

immediately

adv. now or without delay

synonym : directly, instantly, promptly

(1) **immediately** recall a product, (2) write him an answer

immediately

A suspension order from the court is effective **immediately**.

apparent

adj. able to see or understand easily or clearly

synonym : obvious, clear, conspicuous

(1) heir **apparent**, (2) **apparent** contradiction

This star is **apparent** to the naked eye.

stillbirth

n. the birth of a dead fetus or infant, usually after the 20th week of pregnancy

synonym : miscarriage, neonatal death

(1) risk for **stillbirth**, (2) suffered a **stillbirth**

The couple was devastated by the **stillbirth** of their child.

defect

n. an imperfection, shortcoming, or lack of something or someone

synonym : fault, blemish, flaw

(1) visual **defects**, (2) **defects** of character

Defects in the design could cause much worse issues.

mortality

n. the quality or state of being subject to death

synonym : fatality

(1) **mortality** due to cancer, (2) lower infant **mortality**

This disease has a high **mortality**.

obesity

n. the condition of being significantly overweight, typically defined as having a body mass index (BMI) of 30 or greater.

synonym : overweight, corpulence, fattiness

(1) **obesity-related** diseases, (2) suffer from **obesity**

The prevalence of **obesity** has increased significantly in recent years.

diabetes

n. a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood

(1) juvenile **diabetes**, (2) **diabetes** patient

My father was tested for **diabetes**.

disease

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym : illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

norm

n. something that is regarded as usual, typical, or standard

synonym : criterion, mean, standard

(1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry **norms**.

prenatal

adj. of, relating to, or occurring in the period before birth

synonym : antecedent, preconception, prebirth

(1) **prenatal** checkup, (2) **prenatal** development

Prenatal care is essential for ensuring the health of both mother and baby.

myriad

adj. a very large number

synonym : numerous, countless, infinite

(1) **myriad** differences, (2) a **myriad** of choices

The artist featured **myriad** colors and patterns, creating a vibrant and dynamic piece.

cholesterol

n. a type of fat that is found in the blood and cells of the body and that is important for many bodily functions but can also contribute to heart disease and stroke when levels are too high

synonym : fat, lipid, sterol

(1) **cholesterol** levels, (2) low **cholesterol**

High levels of **cholesterol** can increase the risk of heart disease.

glucose

n. a type of sugar that is found in plants, especially fruit, and is an essential energy source in living things

synonym : sugar, blood sugar

(1) blood **glucose** test, (2) **glucose** level

The doctor injected **glucose** into his patient's veins.

tolerance

n. the willingness to accept or tolerate something, especially something that is different or unpleasant

synonym : acceptance, patience, forbearance

(1) religious **tolerance**, (2) **tolerance** for risk

The school's diversity program aimed to promote **tolerance** and understanding among the students.

precursor

n. a person or thing that comes before another of the same kind and that contributes to or influences its growth

synonym : antecedent, forerunner, herald

(1) **precursor** cell, (2) **precursor** to serotonin

Sulfur dioxide and nitrogen oxides are the primary **precursors** of acid rain.

nutrition

n. the substances or the process that organisms take into their bodies as food for their growth and health

synonym : alimentation, nourishment, sustenance

(1) **nutrition** condition, (2) **nutrition** intake

This food contains all the **nutrition** your dog requires.

divert

v. to change the course or direction of something, often away from a specific path or target; to entertain or amuse someone, often to distract them from a problem or concern; to appropriate something for a different purpose

synonym : distract, redirect, sidetrack

(1) **divert** attention, (2) **divert** an assault

Due to the road construction, we had to **divert** our course to get to the restaurant.

nutrient

n. any substance that is essential for the maintenance and growth of living things

synonym : food, vitamin

(1) **nutrient** medicine, (2) a **nutrient** for hair

They used fast-acting **nutrients** on the flowers in the flower beds.

liver

n. a large organ in the body, involved in many metabolic processes, such as detoxification of the organism, and the synthesis of proteins

(1) **liver** disease, (2) fatty **liver**

The patient will undergo **liver** transplant surgery tomorrow.

deprive

v. to take away something from someone

synonym : deny, take away, divest

(1) **deprive** others of profit, (2) **deprive** him of his status

He was **deprived** of his freedom when sentenced to life in prison.

susceptible

adj. easily influenced, harmed, or affected by something

synonym : exposed, liable, gullible

(1) a **susceptible** young woman, (2) **susceptible** of proof

Well-stretched muscles are less **susceptible** to injury.

cue

n. a signal, gesture, or action that provides information or direction for someone else to act or respond; a reminder or prompt for someone to do something

synonym : signal, sign, hint

(1) **cue** card, (2) visual **cue**

The director gave the actor a **cue** to begin the scene.

accord

n. an official agreement or treaty between two organizations, countries, etc.; (verb) allow to have

synonym : alliance, pact, agreement

(1) **accord** with public opinion, (2) binational **accord**

The organization finally signed a peace **accord**.

adjust

v. to make a minor modification to something to make it more suited for a new set of conditions or to make it function better.

synonym : adapt, alter, acclimate

(1) **adjust** a schedule, (2) **adjust** the rearview mirror

You have to **adjust** your content to the age of the audience.

metabolism

n. the set of chemical reactions in cells or organisms that are necessary for life-sustaining

(1) **metabolism** enzyme, (2) hemoglobin **metabolism**

Better sleep leads to increased **metabolism**.

physiological

adj. relating to the normal functioning of living organisms and their organs and systems; concerning the physical or biochemical processes and activities that occur within the body

synonym : biological, organic, bodily

(1) **physiological** response, (2) **physiological** activity

The doctor explained the various **physiological** changes that occur during pregnancy.

anticipation

n. the action of expecting that something might happen in the future and perhaps doing something about it now

synonym : expectation, prediction, prospect

(1) **anticipation** of her arrival, (2) hazard **anticipation**

She waited in eager **anticipation** for his arrival.

await

v. to wait or stay ready for something; to expect or anticipate something

synonym : expect, wait for, anticipate

(1) **await** your reply, (2) **await** a decision

We **await** the results of the election with bated breath.

basis

n. the most important facts, ideas, or events from which something is developed; the way how things are organized or arranged

synonym : foundation, base, ground

(1) on an equal **basis**, (2) **basis** for calculation
This evidence will form the **basis** for our discussion.

prediction

n. the act of predicting the future by reasoning; a statement made about the future

synonym: forecast, anticipation, foretelling

(1) make my **predictions**, (2) gloomy **predictions**

These results muddied the **prediction**.

constitute

v. to be the essential or fundamental elements or parts of something; to establish, appoint, or assign someone to a particular office or position; to make up or compose something

synonym: comprise, form, make up

(1) **constitute** a threat, (2) **constitute** a majority

The new regulations **constitute** a significant change in the industry standards.

fairy

n. a mythical being of folklore and romance usually depicted as having magic powers

synonym: sprite, pixie, elf

(1) **fairy** tale, (2) a water **fairy**

The mischievous **fairy** flew gracefully through the forest, spreading magic wherever she went.

tale

n. a story made up in someone's imagination, especially one full of action and adventure

synonym: canard, fiction, fable

(1) a fairy **tale**, (2) **tale** of horror

Ghosts in folk **tales** are almost always malicious.

grim

adj. looking or sounding very serious or gloomy

synonym: fierce, harsh, gloomy

(1) **grim** reality, (2) a **grim-featured** man

The result presented a **grim** picture of inefficiency and corruption.

chronicle

n. a historical account of events arranged in order of time, typically without analysis or interpretation

synonym: record, history, annals

(1) **chronicle** of the war, (2) heroic **chronicle**

The **chronicle** of the kingdom's history was passed down through generations of royalty.

impart

v. to expose or inform; to provide a portion of

synonym: pass on, give, bestow

(1) **impart** a secret, (2) **impart** basic knowledge

She had knowledge she couldn't wait to **impart**.

adaptation

n. the action or process of changing to suit different conditions

synonym: adaption, adjustment, transformation

(1) **adaptation** ability, (2) language **adaptation**

The company's **adaptation** approach has been highly effective.

circumstance

n. the specific conditions or events that surround a particular situation or occurrence

synonym: condition, context, environment

(1) **circumstance** of birth, (2) **circumstance** of injury

She explained the **circumstances** surrounding the accident.

facilitate

v. to make something easier or more likely to happen

synonym: aid, assist, help

(1) **facilitate** a smooth transition, (2) **facilitate** the process

The company implemented a new software system to **facilitate** employee communication and collaboration.

severely

adv. very badly or seriously

synonym: harshly, hardly, oppressively

(1) **severely** burned arm, (2) criticize him **severely**

Her company was **severely** affected by the bank's failure.

requirement

n. something that is needed or wanted

synonym : prerequisite, provision, condition

(1) meet **requirement**, (2) school **requirement**

What is the entry **requirement** for this course?

unreliable

adj. not able to be trusted or depended on

synonym : inconsistent, erratic, undependable

(1) prove **unreliable**, (2) **unreliable** source of information

By incorrect assumption, statistics can be notoriously **unreliable**.

narrator

n. a person who tells a story, especially in a book or film

synonym : teller, storyteller

(1) first-person **narrator**, (2) the **narrator** of the TV program

The **narrator** makes use of the local dialect.

superfluous

adj. unnecessary; more than what is needed or required

synonym : extra, unnecessary, redundant

(1) **superfluous** information, (2) **superfluous** words

The recipe called for a **superfluous** amount of salt and made the dish too salty.

postwar

adj. relating to the period following a war, particularly World War II; characterized by the rebuilding and recovery of countries and societies

synonym : subsequent, aftermath

(1) **postwar** years, (2) **postwar** society

The **postwar** period was marked by economic growth and rebuilding efforts.

vicinity

n. the area or region surrounding or in the general vicinity of a particular place or location; a nearby or neighboring region

synonym : proximity, nearness, locality

(1) immediate **vicinity**, (2) city and its **vicinity**

The area in the **vicinity** of the mall is known for its heavy

traffic congestion.

commuter

n. a person who regularly travels long distances between their home and place of work, typically by public transportation or car

synonym: traveler, passenger

(1) **commuter** shuttle, (2) daily **commuter**

The **commuter** train was delayed due to a signal failure on the line.

spill

v. to cause or allow liquid to run or flow over the edge of its container by accident

synonym: slop, drop, scatter

(1) **spill** a bit of wine, (2) **spill** my heart

He was determined to **spill** everything.

waitress

n. a woman who serves food and drinks in a restaurant or cafe

synonym: server, attendant, waitperson

(1) **waitress** at a restaurant, (2) tip the **waitress**

The friendly **waitress** brought the food to the table and asked if they needed anything else.

brokerage

n. the business of buying and selling goods or services on behalf of others, often for a commission or fee; the activity of acting as an intermediary or agent in negotiations or deals between two parties

synonym: agency, firm, house

(1) mortgage **brokerage**, (2) international **brokerage**

I need to contact a **brokerage** firm to help me invest my money.

strike

v. to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon

synonym: hit, impact, influence

(1) **strike** up a conversation, (2) **strike** a blow

We **strike** to achieve more wages and safer working

conditions.

tower

n. a structure that is exceptionally high in proportion to its width and either forms part of a building or stands alone

synonym: building, belfry, edifice

(1) a bell **tower**, (2) the **tower** on a cliff

She is a **tower** of strength for our team in trouble.

collapse

v. to fall down or give way suddenly, often after breaking apart

synonym: tumble, spill, bankruptcy

(1) the stock market **collapsed**, (2) ready to **collapse**

The roof finally **collapsed** after three days and three nights of heavy snowfall.

horror

n. intense fear or disgust, especially at something shocking or terrifying

synonym: fear, terror, dread

(1) **horror** movie, (2) **horror-struck** look

The stories of war crimes filled her with **horror**.

inflict

v. to cause harm, injury, or suffering to someone or something

synonym: impose, levy, administer

(1) **inflict** a heavier tax, (2) **inflict** a hard blow

The storm **inflicted** significant damage on the town.

survivor

n. a person who remains alive after an event in which others have died

synonym: subsister

(1) ovarian cancer **survivor**, (2) a single **survivor**

The shipwreck **survivor** was rescued after floating in the ocean for three days.

disaster

n. an unexpected event or series of events that cause widespread damage, destruction, or loss of life

synonym: catastrophe, calamity, tragedy

(1) global **disaster**, (2) **disaster** recovery

The **disaster** response team worked around the clock to aid those affected by the earthquake.

overwhelming

adj. very great or intense; so powerful that you cannot fight or react against it

synonym: overpowering, astounding, amazing

(1) **overwhelming** majority, (2) an **overwhelming** victory

He has shown signs of uneasiness and **overwhelming** worry.

chaos

n. a state of complete confusion or disorder, often characterized by a lack of predictability or control

synonym: disorder, turmoil, confusion

(1) **chaos** theory, (2) midst of **chaos**

The conference room was in **chaos** as everyone tried to speak at once.

confusion

n. the state of being mixed up or unclear, or the state of disorder or uncertainty

synonym: disorder, disarray, chaos

(1) administrative **confusion**, (2) in great **confusion**

The sudden policy change has caused **confusion** among employees.

roll

v. to move in a particular direction by turning over and over or from side to side

synonym: spin, swirl, wheel

(1) **roll** a ball, (2) **roll** down his cheeks

He was exhausted and **rolled** into bed as soon as he got home.

toxic

adj. of or relating to or caused by a poison; poisonous

synonym: poisonous, harmful, contaminated

(1) **toxic** molecule, (2) exposure to **toxic** chemicals

This chemical compound is a thousand-fold more **toxic**.

debris

n. broken or torn fragments of something

synonym : remains, remnants, garbage

(1) space **debris**, (2) pile of **debris**

Marine **debris** is a major continuous global problem.

pound

n. the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

(1) three-fourths of a **pound**, (2) thousands of **pounds**

The car's front bumper cost fifteen hundred **pounds**.

examine

v. to study or consider a person or object attentively and thoroughly to learn something about them

synonym : study, probe, analyze

(1) **examine** the data studiously, (2) **examine** the issue

Initially, we must **examine** all project-related expenses.

traumatic

adj. relating to or caused by injury, especially emotional injury

synonym : distressing

(1) **traumatic** event, (2) **traumatic** brain injury

The experience was so **traumatic** that it left a lasting impact on the survivor's mental health.

syndrome

n. a group of signs and symptoms that occur together and are characteristic of a particular condition or disorder

synonym : disorder, condition, complication

(1) **syndrome** of dementia, (2) acute **syndrome**

The patient was diagnosed with a rare genetic **syndrome**.

ordeal

n. a painful, difficult, or dangerous experience or trial; a severe test of endurance or patience

synonym : trial, hardship, torment

(1) **ordeal** by fire, (2) emotional **ordeal**

The car accident was a traumatic **ordeal** for everyone involved.

susceptibility

n. the state of being easily influenced or vulnerable to some external influence, such as a disease, idea, or emotional state; the ability to be easily affected by something

synonym: vulnerability, proneness, openness

(1) **susceptibility** to peer pressure, (2) chemical **susceptibility**

Certain individuals have a higher **susceptibility** to certain diseases due to genetic factors.

pronounced

adj. clearly and distinctly expressed or noticeable; emphasized

synonym: emphasized, distinct, noticeable

(1) clearly- **pronounced** utterances, (2) **pronounced** difference

The chef's herbs and spices gave the dish a **pronounced** flavor.

catastrophe

n. a sudden event that causes extreme ruin and misfortune

synonym: disaster, calamity, cataclysm

(1) **catastrophe** risk management, (2) avoid climate **catastrophe**

The lack of funds has resulted in a **catastrophe** for our university system.

vulnerable

adj. capable of being hurt or influenced physically or mentally

synonym: susceptible, exposed, weak

(1) a **vulnerable** bridge, (2) **vulnerable** parts of the body
Infants and pregnant women are particularly **vulnerable**.

victim

n. a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event

synonym: prey, target, sufferer

(1) **victim** support, (2) **victim** compensation

The **victim** of the crime deserves justice and support to

recover from the trauma.

tremendous

adj. very great in degree or extent or amount or impact; extremely good

synonym: enormous, giant, immense

(1) **tremendous** amount, (2) **tremendous** popularity

We had a **tremendous** time yesterday.

unnecessary

adj. not needed or required; not essential or important

synonym: redundant, extra, superfluous

(1) **unnecessary** expense, (2) **unnecessary** hassle

The extra steps in the process were deemed **unnecessary** and removed to streamline production.

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym: endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

pathology

n. the study of the nature and cause of diseases and disorders; the medical specialty that deals with the diagnosis and treatment of diseases and disorders

synonym: medical science, pathophysiology

(1) benign **pathology**, (2) clinical **pathology**

The **pathology** report showed no signs of cancer, giving her family a sense of relief.

manifestation

n. a visible or tangible form of something, especially a particular sign of a disease or condition

synonym: expression, embodiment, presentation

(1) **manifestation** of a deeper problem, (2) **manifestation** of psychological stress

The **manifestation** of his anxiety was evident in his shaking hands.

awareness

n. the fact or state of knowing something exists and is important

synonym: understanding, cognition, knowledge

(1) **awareness** of my ignorance, (2) raise public **awareness**

There has been a gradual but steady rise in environmental **awareness**.

trigger

v. to make something happen suddenly; to cause something such as a device, machine, etc. to function

synonym: activate, spark, drive

(1) **trigger** a biochemical response, (2) **trigger** inflation

The incident **triggered** a political controversy.

transmission

n. the act or process of sending something from one person or place to another; the process of broadcasting over the airwaves, as in radio or television

synonym: transportation, communication, broadcast

(1) **transmission** speed, (2) the **transmission** gears of a car

Education is the **transmission** of civilization.

adaptive

adj. capable of adjusting to new situations or changing conditions

synonym: flexible, adjustable, pliant

(1) the **adaptive** coloring, (2) **adaptive** technology

The **adaptive** learning system adjusts the difficulty level of the lessons based on the student's performance.

speculate

v. to form a theory or conjecture or guess about a subject without solid evidence

synonym: assume, conjecture, infer

(1) **speculate** about the reason, (2) **speculate** on the outcome

He **speculated** that this investment would lead to success.

poignant

adj. evoking a keen sense of sadness or regret; emotionally moving; deeply affecting or touching

synonym: touching, moving, emotional

(1) **poignant** moment, (2) **poignant** memories

The movie's **poignant** ending left most of the audience in tears.

warn

v. to make someone aware of potential danger or difficulty, particularly one that may occur in the future

synonym: alert, caution, admonish

(1) **warn** a reckless driver, (2) **warned** me of the plan
I attempted to **warn** him, but he ignored me.

blame

v. to think or say that someone or something did something wrong or is responsible for something bad

synonym: condemn, rebuke, find fault with

(1) **blame** circumstances for the failure, (2) **blame** the lack of knowledge

We **blamed** our impeded progress on lack of money.

promote

v. to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank

synonym: boost, raise, advertise

(1) **promote** a better relationship, (2) **promote** bad behavior
The government should do more to **promote** sustainable agribusiness.

essential

adj. indispensable; fundamental

synonym: critical, crucial, basic

(1) **essential** amino acid, (2) **essential** commodities of life
Trial and error is an **essential** part of education.

Session 2: Spelling

- | | |
|---------------------------------|---|
| 1. en___h public services | <i>v.</i> to make better or improve in quality by adding something else |
| 2. vul_____le parts of the body | <i>adj.</i> capable of being hurt or influenced physically or mentally |
| 3. in great co_____on | <i>n.</i> the state of being mixed up or unclear, or the state of disorder or uncertainty |
| 4. ch__s theory | <i>n.</i> a state of complete confusion or disorder, often characterized by a lack of predictability or control |
| 5. sc_____ty of capital | <i>n.</i> the state of being in short supply; a small and inadequate amount |
| 6. ca_____n character | <i>n.</i> a simple drawing depicting a humorous or critical situation, often accompanied by a caption |
| 7. trigger a re_____on | <i>n.</i> a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others |
| 8. th___e on pressure | <i>v.</i> to grow vigorously; to make steady progress |
| 9. risk for sti_____th | <i>n.</i> the birth of a dead fetus or infant, usually after the 20th week of pregnancy |
| 10. fatty li__r | <i>n.</i> a large organ in the body, involved in many metabolic processes, such as detoxification of the organism, and the synthesis of proteins |

ANSWERS: 1. enrich, 2. vulnerable, 3. confusion, 4. chaos, 5. scarcity, 6. cartoon, 7. reaction, 8. thrive, 9. stillbirth, 10. liver

11. mo_____nt of troops *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
12. im_____e animal sounds *v.* to copy the speech, behavior, appearance, etc. of someone or something
13. en___h a gas with a balloon *v.* to make better or improve in quality by adding something else
14. an age of ab_____ce *n.* a significant amount of something; the situation in which there is too much of something
15. mo_____ty due to cancer *n.* the quality or state of being subject to death
16. pile of de___s *n.* broken or torn fragments of something
17. ex_____e the issue *v.* to study or consider a person or object attentively and thoroughly to learn something about them
18. phy_____cal activity *adj.* relating to the normal functioning of living organisms and their organs and systems; concerning the physical or biochemical processes and activities that occur within the body
19. human in_____ct *n.* the ability to think logically and comprehend information, especially at an advanced level
20. fac_____te the process *v.* to make something easier or more likely to happen

ANSWERS: 11. movement, 12. imitate, 13. enrich, 14. abundance, 15. mortality, 16. debris, 17. examine, 18. physiological, 19. intellect, 20. facilitate

21. mu__d sound *adj.* having a subdued or softened sound, color, or tone; restrained or understated in expression or style
22. ro____y speaking *adv.* approximately but not precisely; with a violent manner
23. a g__m-free environment *n.* a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one
24. ge_____on time *n.* the state of being pregnant; the period during which an embryo or fetus develops, usually about 280 days in humans
25. r__l down his cheeks *v.* to move in a particular direction by turning over and over or from side to side
26. st_____h a story *v.* to make or be capable of making anything longer or broader without hurting or breaking
27. an ove_____ing victory *adj.* very great or intense; so powerful that you cannot fight or react against it
28. b__e diameter *v.* to make someone feel weary or uninterested, often by talking at length about uninteresting or mundane topics; to cause someone to feel bored or unengaged; (noun) a hole or tunnel drilled or dug into the ground, either for exploration or extraction of natural resources
29. co_____e evil spirits away *v.* to call forth by magic; to create or bring about through the imagination

ANSWERS: 21. muted, 22. roughly, 23. germ, 24. gestation, 25. roll, 26. stretch, 27. overwhelming, 28. bore, 29. conjure

30. vi____al fear *adj.* relating to or affecting the internal organs; instinctive or emotional rather than rational; characterized by deep-seated emotional reactions or responses
31. di____t an assault *v.* to change the course or direction of something, often away from a specific path or target; to entertain or amuse someone, often to distract them from a problem or concern; to appropriate something for a different purpose
32. fl__d assets *n.* a substance that can flow and is not solid
33. clearly-pro_____ed utterances *adj.* clearly and distinctly expressed or noticeable; emphasized
34. she is ma__c *n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
35. so__d ally *adj.* hard or firm; characterized by good substantial quality
36. ap_____nt contradiction *adj.* able to see or understand easily or clearly
37. administrative co_____on *n.* the state of being mixed up or unclear, or the state of disorder or uncertainty
38. midst of ch__s *n.* a state of complete confusion or disorder, often characterized by a lack of predictability or control
39. ex_____e the data studiously *v.* to study or consider a person or object attentively and thoroughly to learn something about them

ANSWERS: 30. visceral, 31. divert, 32. fluid, 33. pronounced, 34. magic, 35. solid, 36. apparent, 37. confusion, 38. chaos, 39. examine

40. di_____es patient *n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
41. int_____ion education *n.* a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market
42. a my___d of choices *adj.* a very large number
43. childhood mal_____ion *n.* the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients
44. a qu_____r mile *n.* one of four equal parts; a fourth part or portion
45. heroic ch_____le *n.* a historical account of events arranged in order of time, typically without analysis or interpretation
46. ha__h climate *adj.* severe and unkind; extremely tough and unpleasant to inhabit
47. antibiotic-resistant g__m *n.* a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one
48. the co_____r of the earth's surface *n.* the outline of its shape or form; a line drawn on a map connecting points of equal height

ANSWERS: 40. diabetes, 41. introduction, 42. myriad, 43. malnutrition, 44. quarter, 45. chronicle, 46. harsh, 47. germ, 48. contour

49. mental fle_____ty *n.* the quality of changing or being changed easily according to new conditions or situations
50. a__y with a company *n.* a country that has officially agreed to assist and support another country, particularly in the event of a war
51. w__b transplant *n.* the organ of a woman or female mammal in which a baby develops before birth
52. severe mal_____ion *n.* the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients
53. development of the fe__s *n.* an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal
54. wa_____ss at a restaurant *n.* a woman who serves food and drinks in a restaurant or cafe
55. language ada_____on *n.* the action or process of changing to suit different conditions
56. re_____ze achievement *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
57. st___e a blow *v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon

ANSWERS: 49. flexibility, 50. ally, 51. womb, 52. malnutrition, 53. fetus, 54. waitress, 55. adaptation, 56. recognize, 57. strike

58. tw__k the economy *v.* to pinch or squeeze something sharply; to adjust something finely
59. po___r divine matters *v.* to think deeply or carefully about something
60. imp_____le theory *adj.* difficult to believe or accept as true; not credible or convincing; unlikely or improbable
61. enter on the last ph__e *n.* any stage in a series of events, change, or development
62. fa___l expressions *adj.* of or relating to a person's face
63. con_____nt increase *adj.* resulting or following as a result of something else; (noun) something that is logical or naturally follows from something else
64. ex_____ed parents *adj.* extremely tired
65. st___e up a conversation *v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
66. w__n a reckless driver *v.* to make someone aware of potential danger or difficulty, particularly one that may occur in the future
67. imp_____le excuse *adj.* difficult to believe or accept as true; not credible or convincing; unlikely or improbable
68. co_____e electricity *v.* to spend something, especially fuel, energy, or time, in a large amount
69. ob_____e a tradition *v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion

ANSWERS: 58. tweak, 59. ponder, 60. implausible, 61. phase, 62. facial, 63. consequent, 64. exhausted, 65. strike, 66. warn, 67. implausible, 68. consume, 69. observe

70. ho___r-struck look *n.* intense fear or disgust, especially at something shocking or terrifying
71. ma_____al care *adj.* relating to or characteristic of a mother; having feelings that are typical of a caring mother towards her child
72. re___e a relationship *v.* to continue or begin anew after a pause or interruption
73. a circular mo_____nt *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
74. di___t attention *v.* to change the course or direction of something, often away from a specific path or target; to entertain or amuse someone, often to distract them from a problem or concern; to appropriate something for a different purpose
75. re_____ze talent *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
76. tr_____r a biochemical response *v.* to make something happen suddenly; to cause something such as a device, machine, etc. to function
77. po_____r society *adj.* relating to the period following a war, particularly World War II; characterized by the rebuilding and recovery of countries and societies
78. ha__y the ship all night *v.* to persistently harass, badger, or bother someone or something; to persistently attack or pursue an opposing force or target

ANSWERS: 70. horror, 71. maternal, 72. resume, 73. movement, 74. divert, 75. recognize, 76. trigger, 77. postwar, 78. harry

79. make my pre_____ons *n.* the act of predicting the future by reasoning; a statement made about the future
80. po_____nt memories *adj.* evoking a keen sense of sadness or regret; emotionally moving; deeply affecting or touching
81. the at_____t to rescue the hostages *n.* an act or effort of trying to do something, especially something difficult
82. series of exp_____nts *n.* the scientific test conducted to observe what happens and gain new knowledge
83. hazard ant_____ion *n.* the action of expecting that something might happen in the future and perhaps doing something about it now
84. pro_____ed difference *adj.* clearly and distinctly expressed or noticeable; emphasized
85. bl__e the lack of knowledge *v.* to think or say that someone or something did something wrong or is responsible for something bad
86. re_____e a concert ticket *v.* to keep something for future use or contingency; to obtain or arrange something, such as a meeting, seat, etc., in advance
87. tip the wa_____ss *n.* a woman who serves food and drinks in a restaurant or cafe
88. en_____us amount *adj.* extremely large or great
89. cr_____l information *adj.* extremely vital or necessary
90. military bl_____de *n.* a barrier or obstacle designed to prevent the movement or flow of people, goods, or resources; a military tactic that aims to isolate a specific area or territory by preventing it from receiving supplies or reinforcements

ANSWERS: 79. prediction, 80. poignant, 81. attempt, 82. experiment, 83. anticipation, 84. pronounced, 85. blame, 86. reserve, 87. waitress, 88. enormous, 89. crucial, 90. blockade

91. imm_____ly recall a product *adv.* now or without delay
92. kin_____ten teacher *n.* a school or class for young children, usually between the ages of four and six
93. con_____te a majority *v.* to be the essential or fundamental elements or parts of something; to establish, appoint, or assign someone to a particular office or position; to make up or compose something
94. na___e language *adj.* connecting with or describing someone's birth country or place of birth, or someone born in a specific country or place
95. na___e to Africa *adj.* connecting with or describing someone's birth country or place of birth, or someone born in a specific country or place
96. tr_____te a document into English *v.* to convert or change words into another language
97. ev___e over the past decade *v.* to develop gradually, or to cause the development of something or someone gradually
98. pr_____e bad behavior *v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
99. suffer from ob_____y *n.* the condition of being significantly overweight, typically defined as having a body mass index (BMI) of 30 or greater.

ANSWERS: 91. immediately, 92. kindergarten, 93. constitute, 94. native, 95. native, 96. translate, 97. evolve, 98. promote, 99. obesity

100. li__r disease *n.* a large organ in the body, involved in many metabolic processes, such as detoxification of the organism, and the synthesis of proteins
101. se_____ly burned arm *adv.* very badly or seriously
102. the members of a military tr__p *n.* a group of soldiers, especially a large one; a group of people, animals, or things considered as a unit.
103. con_____ion to society *n.* the act of giving something, especially money, to a particular cause or organization; a voluntary gift as of money or service or ideas made to some worthwhile cause
104. decision-making pr_____s *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
105. s__t beliefs *n.* a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream
106. new fa_____n trends *n.* a style that is popular at a particular time or place; the state of being popular
107. ac___d with public opinion *n.* an official agreement or treaty between two organizations, countries, etc.; (verb) allow to have

ANSWERS: 100. liver, 101. severely, 102. troop, 103. contribution, 104. process, 105. sect, 106. fashion, 107. accord

108. mu__d light *adj.* having a subdued or softened sound, color, or tone; restrained or understated in expression or style
109. chronic hu___r *n.* a strong desire or craving for something; a feeling of discomfort or weakness caused by lack of food; a chronic condition of insufficient food intake and malnutrition
110. cold ce___l *n.* a type of grain used for food, such as wheat, oats, or corn that is typically ground into flour, cooked into porridge, or used to make breakfast cereals
111. ma___d decline *adj.* having a noticeable feature or distinctive quality; easily noticeable or obvious
112. im_____e painting styles *v.* to copy the speech, behavior, appearance, etc. of someone or something
113. a profound in_____t *n.* the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like
114. de_____e him of his status *v.* to take away something from someone
115. rigid dis_____ne *n.* the practice of training people to obey rules or a code of behavior, using and punishments if these are broken; a region of activity, knowledge, or influence
116. fas_____ng story *adj.* extremely interesting

ANSWERS: 108. muted, 109. hunger, 110. cereal, 111. marked, 112. imitate, 113. insight, 114. deprive, 115. discipline, 116. fascinating

117. en___r to everyone *v.* to make someone loved or appreciated or to cause someone to feel fondness or affection for someone or something
118. man_____ion of psychological stress *n.* a visible or tangible form of something, especially a particular sign of a disease or condition
119. completely fas_____ng to me *adj.* extremely interesting
120. unn_____ry expense *adj.* not needed or required; not essential or important
121. heir ap_____nt *adj.* able to see or understand easily or clearly
122. mu___e my cries *v.* to wrap or cover something to deaden sound or prevent others from hearing it; to suppress or soften the sound of something; to decrease the intensity or impact of something
123. l__t a ban on alcohol *v.* to raise something to a higher position or level; to pick up something or somebody and move them to a different position
124. tra_____ion speed *n.* the act or process of sending something from one person or place to another; the process of broadcasting over the airwaves, as in radio or television
125. second tr_____er ends *n.* approximately three months, especially one of the three three-month periods into which human pregnancy is traditionally divided; one of three divisions of an academic year

ANSWERS: 117. endear, 118. manifestation, 119. fascinating, 120. unnecessary, 121. apparent, 122. muffle, 123. lift, 124. transmission, 125. trimester

126. baby sucking a ni___e *n.* the dark part of the skin which sticks out from the breast of a mammal and from which milk can be secreted
127. a ma__c spell *n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
128. hemoglobin met_____sm *n.* the set of chemical reactions in cells or organisms that are necessary for life-sustaining
129. daily co_____er *n.* a person who regularly travels long distances between their home and place of work, typically by public transportation or car
130. es_____al amino acid *adj.* indispensable; fundamental
131. exp_____nt design *n.* the scientific test conducted to observe what happens and gain new knowledge
132. suffered a sti_____th *n.* the birth of a dead fetus or infant, usually after the 20th week of pregnancy
133. loss of muscle ti___e *n.* an ensemble of similar cells of the animal or plant that together carry out a specific function
134. ready to co_____se *v.* to fall down or give way suddenly, often after breaking apart
135. extrauterine ge_____on *n.* the state of being pregnant; the period during which an embryo or fetus develops, usually about 280 days in humans

ANSWERS: 126. nipple, 127. magic, 128. metabolism, 129. commuter, 130. essential, 131. experiment, 132. stillbirth, 133. tissue, 134. collapse, 135. gestation

136. pre_____ng wind *adj.* most frequent, widespread, or currently dominant, usually referring to a particular opinion, attitude, or trend
137. pr_____or to serotonin *n.* a person or thing that comes before another of the same kind and that contributes to or influences its growth
138. oasis in the de____t *n.* arid land with little or no vegetation often covered with sand or rocks
139. met_____sm enzyme *n.* the set of chemical reactions in cells or organisms that are necessary for life-sustaining
140. a cr_____l issue for women *adj.* extremely vital or necessary
141. de_____e others of profit *v.* to take away something from someone
142. tumor of w__b *n.* the organ of a woman or female mammal in which a baby develops before birth
143. a co_____nt temperature *adj.* happening repeatedly or all the time
144. pr_____s improvement *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
145. break dis_____ne *n.* the practice of training people to obey rules or a code of behavior, using and punishments if these are broken; a region of activity, knowledge, or influence

ANSWERS: 136. prevailing, 137. precursor, 138. desert, 139. metabolism, 140. crucial, 141. deprive, 142. womb, 143. constant, 144. process, 145. discipline

146. a ch____al compound *adj.* relating to or connected with chemistry;
147. phy_____cal response *adj.* relating to the normal functioning of living organisms and their organs and systems; concerning the physical or biochemical processes and activities that occur within the body
148. ha__y a suspect *v.* to persistently harass, badger, or bother someone or something; to persistently attack or pursue an opposing force or target
149. pr____al development *adj.* of, relating to, or occurring in the period before birth
150. criticize him se____ly *adv.* very badly or seriously
151. b__e him with his stories *v.* to make someone feel weary or uninterested, often by talking at length about uninteresting or mundane topics; to cause someone to feel bored or unengaged; (noun) a hole or tunnel drilled or dug into the ground, either for exploration or extraction of natural resources
152. sup_____us words *adj.* unnecessary; more than what is needed or required
153. de____p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

ANSWERS: 146. chemical, 147. physiological, 148. harry, 149. prenatal, 150. severely, 151. bore, 152. superfluous, 153. develop

154. pinch off a b_d *n.* a small swelling on a plant stem or twig containing an undeveloped shoot
155. space de___s *n.* broken or torn fragments of something
156. pre_____ng trend *adj.* most frequent, widespread, or currently dominant, usually referring to a particular opinion, attitude, or trend
157. enrich my in_____ct *n.* the ability to think logically and comprehend information, especially at an advanced level
158. na___n-state *n.* a large organized community of people living in a particular country or region and having a particular culture
159. sl___e roof *n.* a flat piece of rock or stone that is typically used as a roofing or flooring material; a list of candidates for an election arranged in a specific order
160. aw_____ss of my ignorance *n.* the fact or state of knowing something exists and is important
161. ro_____y explain my idea *adv.* approximately but not precisely; with a violent manner
162. ho___r movie *n.* intense fear or disgust, especially at something shocking or terrifying
163. en_____er a storm *v.* to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly
164. the fallacy of affirming the con_____nt *adj.* resulting or following as a result of something else; (noun) something that is logical or naturally follows from something else

ANSWERS: 154. bud, 155. debris, 156. prevailing, 157. intellect, 158. nation, 159. slate, 160. awareness, 161. roughly, 162. horror, 163. encounter, 164. consequent

165. bistro-style cu____e *n.* the style of cooking characteristic of a particular country, region, or establishment
166. in____t a heavier tax *v.* to cause harm, injury, or suffering to someone or something
167. fac_____te a smooth transition *v.* to make something easier or more likely to happen
168. financial a_d *n.* things sent to help countries in need, notably food or money; support
169. ovarian cancer su____or *n.* a person who remains alive after an event in which others have died
170. th___e in a society *v.* to grow vigorously; to make steady progress
171. ba__s for calculation *n.* the most important facts, ideas, or events from which something is developed; the way how things are organized or arranged
172. the great di_____ry of the century *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
173. a lily b__b *n.* a rounded underground storage organ of some plants from which the plant grows; the rounded part of a cylindrical structure; electric lamp consisting of a glass ball
174. ob_____e wildlife *v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion

ANSWERS: 165. cuisine, 166. inflict, 167. facilitate, 168. aid, 169. survivor, 170. thrive, 171. basis, 172. discovery, 173. bulb, 174. observe

175. fl__h eating *n.* the soft substance composing the body of a person or animal, as opposed to bones and other structures
176. severe cr___c *n.* someone who expresses opinions about the quality of books, music, etc.
177. die of sta_____on *n.* a severe lack of food that leads to malnutrition and, ultimately, death
178. sy_____me of dementia *n.* a group of signs and symptoms that occur together and are characteristic of a particular condition or disorder
179. use of ha__h chemicals *adj.* severe and unkind; extremely tough and unpleasant to inhabit
180. sp_____r of death *n.* a ghostly or haunting image or apparition; a threatening or ominous presence that causes fear or anxiety
181. su_____nd a town *v.* to be all around something or somebody
182. visual c_e *n.* a signal, gesture, or action that provides information or direction for someone else to act or respond; a reminder or prompt for someone to do something
183. a c__e to the diagnosis *n.* an object, a piece of evidence, or some information that helps someone to find the answer to a problem, question, or mystery
184. bleeding from ut___s *n.* a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth

ANSWERS: 175. flesh, 176. critic, 177. starvation, 178. syndrome, 179. harsh, 180. specter, 181. surround, 182. cue, 183. clue, 184. uterus

185. am_____g advances *adj.* extremely surprising, especially in a way that you like or admire
186. toxic ch_____als *adj.* relating to or connected with chemistry;
187. ob_____y-related diseases *n.* the condition of being significantly overweight, typically defined as having a body mass index (BMI) of 30 or greater.
188. ex_____d to radiation *adj.* having no protection or shield from something, such as bad weather, attack, or criticism
189. ex_____ng news *adj.* causing a lot of interest or excitement
190. to_____ce for risk *n.* the willingness to accept or tolerate something, especially something that is different or unpleasant
191. n__m of action *n.* something that is regarded as usual, typical, or standard
192. li_____ce flavor *n.* a sweet, chewy confectionery made from the dried root of the licorice plant; a flavoring made from extracts of this root, known for its distinctive black color and strong, slightly herbal taste
193. basic br__n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
194. the tra_____ion gears of a car *n.* the act or process of sending something from one person or place to another; the process of broadcasting over the airwaves, as in radio or television

ANSWERS: 185. amazing, 186. chemical, 187. obesity, 188. exposed, 189. exciting, 190. tolerance, 191. norm, 192. licorice, 193. brain, 194. transmission

195. ut___s cancer *n.* a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth
196. m__d allergy *n.* a hollow container used to give shape to liquid or soft substance, which then becomes solid in the same shape as the container; a soft, green, or gray growth that forms on stale food or objects exposed to warm, moist air for too long
197. the to__r on a cliff *n.* a structure that is exceptionally high in proportion to its width and either forms part of a building or stands alone
198. en___r a character to young readers *v.* to make someone loved or appreciated or to cause someone to feel fondness or affection for someone or something
199. co_____r lines *n.* the outline of its shape or form; a line drawn on a map connecting points of equal height
200. the wel_____ng of a nation *n.* the state of being happy and healthy and prosperous
201. ballad op__a *n.* a drama set to music, in which the words are sung rather than spoken
202. the fle_____ty of the body *n.* the quality of changing or being changed easily according to new conditions or situations
203. write him an answer imm_____ly *adv.* now or without delay
204. de__t basin *n.* arid land with little or no vegetation often covered with sand or rocks

ANSWERS: 195. uterus, 196. mold, 197. tower, 198. endear, 199. contour, 200. well-being, 201. opera, 202. flexibility, 203. immediately, 204. desert

205. a casting m__d *n.* a hollow container used to give shape to liquid or soft substance, which then becomes solid in the same shape as the container; a soft, green, or gray growth that forms on stale food or objects exposed to warm, moist air for too long
206. rubber ni___e *n.* the dark part of the skin which sticks out from the breast of a mammal and from which milk can be secreted
207. my___d differences *adj.* a very large number
208. kin_____ten class *n.* a school or class for young children, usually between the ages of four and six
209. in_____ce a child's future *n.* the ability to affect someone's or something's character, growth, or behavior, or the effect itself
210. c_e card *n.* a signal, gesture, or action that provides information or direction for someone else to act or respond; a reminder or prompt for someone to do something
211. tre_____us popularity *adj.* very great in degree or extent or amount or impact; extremely good
212. city and its vi_____ty *n.* the area or region surrounding or in the general vicinity of a particular place or location; a nearby or neighboring region
213. sp_____te on the outcome *v.* to form a theory or conjecture or guess about a subject without solid evidence
214. make a positive con_____ion *n.* the act of giving something, especially money, to a particular cause or organization; a voluntary gift as of money or service or ideas made to some worthwhile cause

ANSWERS: 205. mold, 206. nipple, 207. myriad, 208. kindergarten, 209. influence, 210. cue, 211. tremendous, 212. vicinity, 213. speculate, 214. contribution

215. lay si__e to his house *n.* the surrounding of a place and isolating it by an army to defeat those defending it
216. economic th___t *n.* a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation
217. a co_____nt wind *adj.* happening repeatedly or all the time
218. a c__e about the crime *n.* an object, a piece of evidence, or some information that helps someone to find the answer to a problem, question, or mystery
219. a scientific di_____ry *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
220. fl___r enhancer *n.* the taste sensation produced by a substance in the mouth
221. b_d grafting *n.* a small swelling on a plant stem or twig containing an undeveloped shoot
222. sus_____le of proof *adj.* easily influenced, harmed, or affected by something
223. pr_____al checkup *adj.* of, relating to, or occurring in the period before birth
224. immune fu_____on *n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

ANSWERS: 215. siege, 216. threat, 217. constant, 218. clue, 219. discovery, 220. flavor, 221. bud, 222. susceptible, 223. prenatal, 224. function

225. pr___r a window seat *v.* to like, choose, or want one thing or person better than another
226. di_____e prevention *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
227. ev___e *v.* to develop gradually, or to cause the development of something or someone gradually
228. a m__s of molten rock *n.* a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together
229. ab_____al muscles *adj.* of or relating to the part of the body that contains the stomach, intestines, and other organs
230. an ex_____d rock *adj.* having no protection or shield from something, such as bad weather, attack, or criticism
231. a sw_____w tail *v.* to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations
232. the Siberian tu___a *n.* a vast, treeless, and typically frozen plain in the Arctic regions, where the subsoil is permanently frozen
233. aw__t a decision *v.* to wait or stay ready for something; to expect or anticipate something

ANSWERS: 225. prefer, 226. disease, 227. evolve, 228. mass, 229. abdominal, 230. exposed, 231. swallow, 232. tundra, 233. await

234. tre_____us amount *adj.* very great in degree or extent or amount or impact; extremely good
235. inc_____te technology into daily life *v.* to include something as a part of a larger entity
236. reduce my ca_____e intake *n.* unit of heat defined as the quantity of heat required to raise the temperature of 1 gram of water by 1 degree Celsius at atmospheric pressure, used by nutritionists to measure how much energy food will produce
237. aw__t your reply *v.* to wait or stay ready for something; to expect or anticipate something
238. the stock market co_____sed *v.* to fall down or give way suddenly, often after breaking apart
239. blood gl_____e test *n.* a type of sugar that is found in plants, especially fruit, and is an essential energy source in living things
240. go out of fa_____n *n.* a style that is popular at a particular time or place; the state of being popular
241. a sus_____le young woman *adj.* easily influenced, harmed, or affected by something
242. fuel sc_____ty *n.* the state of being in short supply; a small and inadequate amount
243. the most am_____g feeling *adj.* extremely surprising, especially in a way that you like or admire
244. immediate vi_____ty *n.* the area or region surrounding or in the general vicinity of a particular place or location; a nearby or neighboring region

ANSWERS: 234. tremendous, 235. incorporate, 236. calorie, 237. await, 238. collapse, 239. glucose, 240. fashion, 241. susceptible, 242. scarcity, 243. amazing, 244. vicinity

245. low cho_____ol *n.* a type of fat that is found in the blood and cells of the body and that is important for many bodily functions but can also contribute to heart disease and stroke when levels are too high
246. lower infant mo_____ty *n.* the quality or state of being subject to death
247. ex_____ng football player *adj.* causing a lot of interest or excitement
248. critical m__s *n.* a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together
249. g__m reality *adj.* looking or sounding very serious or gloomy
250. ch_____le of the war *n.* a historical account of events arranged in order of time, typically without analysis or interpretation
251. political sp_____r *n.* a ghostly or haunting image or apparition; a threatening or ominous presence that causes fear or anxiety
252. hu____r pangs *n.* a strong desire or craving for something; a feeling of discomfort or weakness caused by lack of food; a chronic condition of insufficient food intake and malnutrition
253. permanent br__n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
254. in_____t a hard blow *v.* to cause harm, injury, or suffering to someone or something

ANSWERS: 245. cholesterol, 246. mortality, 247. exciting, 248. mass, 249. grim, 250. chronicle, 251. specter, 252. hunger, 253. brain, 254. inflict

255. transcribe me_____c patterns *adj.* having a pleasant or harmonious sound, especially in relation to music
256. a silence pr_____nt with suspense *adj.* having a baby or young animal developing in the uterus
257. st_____h along the coast *v.* to make or be capable of making anything longer or broader without hurting or breaking
258. sp____t and the letter of the law *n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people
259. sc____e resources *adj.* not abundant or plentiful, and therefore not easy to find or obtain
260. on an equal ba__s *n.* the most important facts, ideas, or events from which something is developed; the way how things are organized or arranged
261. on the ma_____al side *adj.* relating to or characteristic of a mother; having feelings that are typical of a caring mother towards her child
262. international br_____ge *n.* the business of buying and selling goods or services on behalf of others, often for a commission or fee; the activity of acting as an intermediary or agent in negotiations or deals between two parties
263. a water fa__y *n.* a mythical being of folklore and romance usually depicted as having magic powers

ANSWERS: 255. melodic, 256. pregnant, 257. stretch, 258. spirit, 259. scarce, 260. basis, 261. maternal, 262. brokerage, 263. fairy

264. vi_____al organ *adj.* relating to or affecting the internal organs; instinctive or emotional rather than rational; characterized by deep-seated emotional reactions or responses
265. nu_____on intake *n.* the substances or the process that organisms take into their bodies as food for their growth and health
266. tr_____er system *n.* approximately three months, especially one of the three three-month periods into which human pregnancy is traditionally divided; one of three divisions of an academic year
267. the be__y of the ship *n.* the front part of the body below the chest, containing the stomach and bowels; the rounded or curved part of an object, such as a ship or aircraft
268. env_____nt affairs *n.* the natural world such as air, water, and land in which humans, animals, and plants live
269. im___t a secret *v.* to expose or inform; to provide a portion of
270. re_____e the right *v.* to keep something for future use or contingency; to obtain or arrange something, such as a meeting, seat, etc., in advance
271. sus_____ity to peer pressure *n.* the state of being easily influenced or vulnerable to some external influence, such as a disease, idea, or emotional state; the ability to be easily affected by something

ANSWERS: 264. visceral, 265. nutrition, 266. trimester, 267. belly, 268. environment, 269. impart, 270. reserve, 271. susceptibility

272. inc_____te the current trends *v.* to include something as a part of a larger entity
273. play the fl__e *n.* a musical instrument consisting of a metal, wood, or bamboo tube with a row of fingerholes and sometimes keys, played by blowing across a hole near one end
274. capital-sc___e country *adj.* not abundant or plentiful, and therefore not easy to find or obtain
275. co_____de a meeting *v.* to come to an end or close; to reach a judgment or opinion by reasoning
276. environmental th____t *n.* a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation
277. ad_____ve technology *adj.* capable of adjusting to new situations or changing conditions
278. r_g a ship with new sails *v.* to prepare or set up something in a certain way, typically in a carefully planned or fraudulent manner; to equip with sails or masts
279. ca_____n industry *n.* a simple drawing depicting a humorous or critical situation, often accompanied by a caption
280. wet-b__b thermometer *n.* a rounded underground storage organ of some plants from which the plant grows; the rounded part of a cylindrical structure; electric lamp consisting of a glass ball

ANSWERS: 272. incorporate, 273. flute, 274. scarce, 275. conclude, 276. threat, 277. adaptive, 278. rig, 279. cartoon, 280. bulb

281. female of _____ng	<i>n.</i> descendant; any immature animal or plant
282. or ___l by fire	<i>n.</i> a painful, difficult, or dangerous experience or trial; a severe test of endurance or patience
283. sp _____te about the reason	<i>v.</i> to form a theory or conjecture or guess about a subject without solid evidence
284. thousands of po __ds	<i>n.</i> the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
285. a seafaring na ___n	<i>n.</i> a large organized community of people living in a particular country or region and having a particular culture
286. co _____e a large of alcohol	<i>v.</i> to spend something, especially fuel, energy, or time, in a large amount
287. racial or ___n	<i>n.</i> the first existence or beginning of something
288. psy _____gy of crowd	<i>n.</i> the scientific study of mind and behavior
289. su _____e a plane crash	<i>v.</i> to live or exist despite a dangerous event or period
290. a ma ___d difference	<i>adj.</i> having a noticeable feature or distinctive quality; easily noticeable or obvious
291. r_g an election	<i>v.</i> to prepare or set up something in a certain way, typically in a carefully planned or fraudulent manner; to equip with sails or masts
292. su ___r a setback	<i>v.</i> to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

ANSWERS: 281. offspring, 282. ordeal, 283. speculate, 284. pound, 285. nation, 286. consume, 287. origin, 288. psychology, 289. survive, 290. marked, 291. rig, 292. suffer

293. pr_____or cell *n.* a person or thing that comes before another of the same kind and that contributes to or influences its growth
294. sp__e flavor *n.* a dried seed, fruit, root, bark, or vegetable substance primarily used to season or flavor food
295. cat_____he risk management *n.* a sudden event that causes extreme ruin and misfortune
296. ol_____ry memory *adj.* relating to the sense of smell; connected with the perception of odors or scents
297. pr_____ol education *adj.* relating to or denoting the period before a child begins primary school; (noun) the activities or education provided during this time
298. embargo bl_____de *n.* a barrier or obstacle designed to prevent the movement or flow of people, goods, or resources; a military tactic that aims to isolate a specific area or territory by preventing it from receiving supplies or reinforcements
299. po_____nt moment *adj.* evoking a keen sense of sadness or regret; emotionally moving; deeply affecting or touching
300. first-person na_____or *n.* a person who tells a story, especially in a book or film
301. dep_____on of liberty *n.* a state of not having something, such as food or money, that you need for a pleasant life

ANSWERS: 293. precursor, 294. spice, 295. catastrophe, 296. olfactory, 297. preschool, 298. blockade, 299. poignant, 300. narrator, 301. deprivation

302. the na____or of the TV program *n.* a person who tells a story, especially in a book or film
303. sl__e tile *n.* a flat piece of rock or stone that is typically used as a roofing or flooring material; a list of candidates for an election arranged in a specific order
304. control my em____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
305. ce___l grain *n.* a type of grain used for food, such as wheat, oats, or corn that is typically ground into flour, cooked into porridge, or used to make breakfast cereals
306. a g__m-featured man *adj.* looking or sounding very serious or gloomy
307. two-ph__e structure *n.* any stage in a series of events, change, or development
308. co____er shuttle *n.* a person who regularly travels long distances between their home and place of work, typically by public transportation or car
309. unr____le source of information *adj.* not able to be trusted or depended on
310. binational ac___d *n.* an official agreement or treaty between two organizations, countries, etc.; (verb) allow to have
311. plenty of fl__ds *n.* a substance that can flow and is not solid
312. nu____nt medicine *n.* any substance that is essential for the maintenance and growth of living things

ANSWERS: 302. narrator, 303. slate, 304. emotion, 305. cereal, 306. grim, 307. phase, 308. commuter, 309. unreliable, 310. accord, 311. fluid, 312. nutrient

313. hostage si__e *n.* the surrounding of a place and isolating it by an army to defeat those defending it
314. mortgage br____ge *n.* the business of buying and selling goods or services on behalf of others, often for a commission or fee; the activity of acting as an intermediary or agent in negotiations or deals between two parties
315. a private ind____al *n.* a single person or thing, as distinct from a group
316. ant____ion of her arrival *n.* the action of expecting that something might happen in the future and perhaps doing something about it now
317. re__t to desperate measures *n.* a place where many people go for rest, sport, or another stated purpose; (verb) to turn to or take a course of action, especially an extreme or undesirable one, to resolve a difficult circumstance
318. a delicate fl__r *n.* the taste sensation produced by a substance in the mouth
319. country-by-country a_d programs *n.* things sent to help countries in need, notably food or money; support
320. fa__y tale *n.* a mythical being of folklore and romance usually depicted as having magic powers
321. a single su____or *n.* a person who remains alive after an event in which others have died
322. en____er a crisis *v.* to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly

ANSWERS: 313. siege, 314. brokerage, 315. individual, 316. anticipation, 317. resort, 318. flavor, 319. aid, 320. fairy, 321. survivor, 322. encounter

323. tr____r inflation *v.* to make something happen suddenly; to cause something such as a device, machine, etc. to function
324. a fairy t__e *n.* a story made up in someone's imagination, especially one full of action and adventure
325. cultural n__m *n.* something that is regarded as usual, typical, or standard
326. en____us potential *adj.* extremely large or great
327. su____al food *n.* the state of continuing to exist or live, frequently in the face of difficulty or danger
328. stripes cha_____tic of the zebra *n.* a typical feature or quality that can identify, tell apart, or describe something or somebody
329. pr____r physics to chemistry *v.* to like, choose, or want one thing or person better than another
330. gl____e level *n.* a type of sugar that is found in plants, especially fruit, and is an essential energy source in living things
331. clinical pa____gy *n.* the study of the nature and cause of diseases and disorders; the medical specialty that deals with the diagnosis and treatment of diseases and disorders
332. tu____a biome *n.* a vast, treeless, and typically frozen plain in the Arctic regions, where the subsoil is permanently frozen
333. three-fourths of a po__d *n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

ANSWERS: 323. trigger, 324. tale, 325. norm, 326. enormous, 327. survival, 328. characteristic, 329. prefer, 330. glucose, 331. pathology, 332. tundra, 333. pound

334. bl__e circumstances for the failure *v.* to think or say that someone or something did something wrong or is responsible for something bad
335. a stone wall su_____nds the palace *v.* to be all around something or somebody
336. chaotic env_____nt *n.* the natural world such as air, water, and land in which humans, animals, and plants live
337. a tr__p of deer *n.* a group of soldiers, especially a large one; a group of people, animals, or things considered as a unit.
338. in___t food *n.* a baby or very young child
339. re___b chamber *n.* an audio effect that produces a sound that is reflected off surfaces in an enclosed space, creating a sense of space or ambiance; the natural echoing or reverberation of sound in a large or open space
340. an active to_____r *n.* a young child who has recently learned to walk
341. the ex_____ed food sources *adj.* extremely tired
342. r_b a glass window *v.* to move one's hand or an object over the surface of something with pressure
343. su_____al ability *n.* the state of continuing to exist or live, frequently in the face of difficulty or danger
344. cu_____e taste *n.* the style of cooking characteristic of a particular country, region, or establishment

ANSWERS: 334. blame, 335. surround, 336. environment, 337. troop, 338. infant, 339. reverb, 340. toddler, 341. exhausted, 342. rub, 343. survival, 344. cuisine

345. I__m over the global economy *v.* to appear or take shape as a large, especially in a frightening way
346. juvenile di____es *n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
347. with an empty be__y *n.* the front part of the body below the chest, containing the stomach and bowels; the rounded or curved part of an object, such as a ship or aircraft
348. his meal pre____ces *n.* a stronger liking or interest for something or someone than another thing or person
349. emotional or____l *n.* a painful, difficult, or dangerous experience or trial; a severe test of endurance or patience
350. unn____ry hassle *adj.* not needed or required; not essential or important
351. em____e as a butterfly *v.* to move out of or away from something and become visible
352. school req____nt *n.* something that is needed or wanted
353. score an ad____ge *n.* a condition or circumstance that puts one in a favorable or superior position; a beneficial feature or asset that someone or something has
354. in____ce the daily life *n.* the ability to affect someone's or something's character, growth, or behavior, or the effect itself
355. sp__l a bit of wine *v.* to cause or allow liquid to run or flow over the edge of its container by accident

ANSWERS: 345. loom, 346. diabetes, 347. belly, 348. preference, 349. ordeal, 350. unnecessary, 351. emerge, 352. requirement, 353. advantage, 354. influence, 355. spill

356. su___r bad grades *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
357. afraid to show em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
358. raise public aw_____ss *n.* the fact or state of knowing something exists and is important
359. ad___t the rearview mirror *v.* to make a minor modification to something to make it more suited for a new set of conditions or to make it function better.
360. ad___t a schedule *v.* to make a minor modification to something to make it more suited for a new set of conditions or to make it function better.
361. use one thing con_____sly *adv.* without being interrupted or paused; repeatedly
362. as___t a claim for unjust enrichment *v.* to state something firmly and confidently, often in a way that is intended to convince others that it is true
363. evolutionary bi_____y *n.* the scientific study of life and the natural processes of living things
364. a bell to___r *n.* a structure that is exceptionally high in proportion to its width and either forms part of a building or stands alone
365. chronic sleep dep_____on *n.* a state of not having something, such as food or money, that you need for a pleasant life

ANSWERS: 356. suffer, 357. emotion, 358. awareness, 359. adjust, 360. adjust, 361. continuously, 362. assert, 363. biology, 364. tower, 365. deprivation

366. vi___m support *n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
367. tr_____te the emotion to a movement *v.* to convert or change words into another language
368. pr_____e a better relationship *v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
369. cir_____nce of injury *n.* the specific conditions or events that surround a particular situation or occurrence
370. my friend's cha_____tic laugh *n.* a typical feature or quality that can identify, tell apart, or describe something or somebody
371. cho_____ol levels *n.* a type of fat that is found in the blood and cells of the body and that is important for many bodily functions but can also contribute to heart disease and stroke when levels are too high
372. put the ac___t on comfort *n.* a distinctive way of pronouncing the words of a language that shows which area, country, or social group a person comes from; particular importance or significance
373. me_____c scale *adj.* having a pleasant or harmonious sound, especially in relation to music
374. su_____e a blizzard *v.* to live or exist despite a dangerous event or period

ANSWERS: 366. victim, 367. translate, 368. promote, 369. circumstance, 370. characteristic, 371. cholesterol, 372. accent, 373. melodic, 374. survive

375. cellular re____or *n.* an organ having nerve endings that respond to stimulation such as heat or cold and makes the body react in a particular way
376. a foreign ac____t *n.* a distinctive way of pronouncing the words of a language that shows which area, country, or social group a person comes from; particular importance or significance
377. a facial ti____e *n.* an ensemble of similar cells of the animal or plant that together carry out a specific function
378. benign pa____gy *n.* the study of the nature and cause of diseases and disorders; the medical specialty that deals with the diagnosis and treatment of diseases and disorders
379. grow in fl__h *n.* the soft substance composing the body of a person or animal, as opposed to bones and other structures
380. cultural idi____asy *n.* a distinctive or unique way of functioning, behaving, or thinking that is characteristic of an individual or a group; a peculiar or eccentric habit or behavior
381. po____r years *adj.* relating to the period following a war, particularly World War II; characterized by the rebuilding and recovery of countries and societies
382. secret s__t *n.* a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream

ANSWERS: 375. receptor, 376. accent, 377. tissue, 378. pathology, 379. flesh, 380. idiosyncrasy, 381. postwar, 382. sect

383. I__m on the horizon
v. to appear or take shape as a large, especially in a frightening way
384. w__ned me of the plan
v. to make someone aware of potential danger or difficulty, particularly one that may occur in the future
385. eat a vegetarian d__t
n. the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan
386. sup_____us information
adj. unnecessary; more than what is needed or required
387. con_____te a threat
v. to be the essential or fundamental elements or parts of something; to establish, appoint, or assign someone to a particular office or position; to make up or compose something
388. a vul_____le bridge
adj. capable of being hurt or influenced physically or mentally
389. tw__k his cheek
v. to pinch or squeeze something sharply; to adjust something finely
390. an ab_____al operation
adj. of or relating to the part of the body that contains the stomach, intestines, and other organs
391. black li_____ce
n. a sweet, chewy confectionery made from the dried root of the licorice plant; a flavoring made from extracts of this root, known for its distinctive black color and strong, slightly herbal taste
392. cir_____nce of birth
n. the specific conditions or events that surround a particular situation or occurrence

ANSWERS: 383. loom, 384. warn, 385. diet, 386. superfluous, 387. constitute, 388. vulnerable, 389. tweak, 390. abdominal, 391. licorice, 392. circumstance

393. a reckless at_____t
n. an act or effort of trying to do something, especially something difficult
394. avoid climate cat_____he
n. a sudden event that causes extreme ruin and misfortune
395. to_____r in nappy
n. a young child who has recently learned to walk
396. fa____l nerve
adj. of or relating to a person's face
397. as____t a free society
v. to state something firmly and confidently, often in a way that is intended to convince others that it is true
398. di_____e control
n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
399. self-int_____ion
n. a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market
400. re____b effect
n. an audio effect that produces a sound that is reflected off surfaces in an enclosed space, creating a sense of space or ambiance; the natural echoing or reverberation of sound in a large or open space
401. fu_____on properly
n. the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

ANSWERS: 393. attempt, 394. catastrophe, 395. toddler, 396. facial, 397. assert, 398. disease, 399. introduction, 400. reverb, 401. function

402. am___n membrane *n.* the innermost sac that surrounds and protects the fetus during pregnancy, filled with amniotic fluid which cushions and protects the fetus
403. an aborted fe__s *n.* an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal
404. sta_____on wages *n.* a severe lack of food that leads to malnutrition and, ultimately, death
405. an indomitable sp___t *n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people
406. ind_____al freedom *n.* a single person or thing, as distinct from a group
407. global di_____er *n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life
408. psy_____gy experiment *n.* the scientific study of mind and behavior
409. ol_____ry cortex *adj.* relating to the sense of smell; connected with the perception of odors or scents
410. so__d employment measures *adj.* hard or firm; characterized by good substantial quality
411. chemical re_____on *n.* a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others

ANSWERS: 402. amnion, 403. fetus, 404. starvation, 405. spirit, 406. individual, 407. disaster, 408. psychology, 409. olfactory, 410. solid, 411. reaction

412. fl__e music *n.* a musical instrument consisting of a metal, wood, or bamboo tube with a row of fingerholes and sometimes keys, played by blowing across a hole near one end
413. the ad____ve coloring *adj.* capable of adjusting to new situations or changing conditions
414. a particular pre____ce for Chinese art *n.* a stronger liking or interest for something or someone than another thing or person
415. gloomy pre____ons *n.* the act of predicting the future by reasoning; a statement made about the future
416. ca____e calculation *n.* unit of heat defined as the quantity of heat required to raise the temperature of 1 gram of water by 1 degree Celsius at atmospheric pressure, used by nutritionists to measure how much energy food will produce
417. im___t basic knowledge *v.* to expose or inform; to provide a portion of
418. co____e a vision *v.* to call forth by magic; to create or bring about through the imagination
419. D__t approval *n.* the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan
420. prove unr____le *adj.* not able to be trusted or depended on
421. art cr___c *n.* someone who expresses opinions about the quality of books, music, etc.

ANSWERS: 412. flute, 413. adaptive, 414. preference, 415. prediction, 416. calorie, 417. impart, 418. conjure, 419. diet, 420. unreliable, 421. critic

422. l__t sagging skin *v.* to raise something to a higher position or level; to pick up something or somebody and move them to a different position
423. a nu_____nt for hair *n.* any substance that is essential for the maintenance and growth of living things
424. nu_____on condition *n.* the substances or the process that organisms take into their bodies as food for their growth and health
425. de_____p a skill *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
426. acute sy_____me *n.* a group of signs and symptoms that occur together and are characteristic of a particular condition or disorder
427. op__a performance *n.* a drama set to music, in which the words are sung rather than spoken
428. share my in_____ts *n.* the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like
429. produce of _____ng *n.* descendant; any immature animal or plant
430. es_____al commodities of life *adj.* indispensable; fundamental
431. meet req_____nt *n.* something that is needed or wanted

ANSWERS: 422. lift, 423. nutrient, 424. nutrition, 425. develop, 426. syndrome, 427. opera, 428. insight, 429. offspring, 430. essential, 431. requirement

432. con_____sly removed *adv.* without being interrupted or paused; repeatedly
433. a sense of wel_____ng *n.* the state of being happy and healthy and prosperous
434. personal idi_____asy *n.* a distinctive or unique way of functioning, behaving, or thinking that is characteristic of an individual or a group; a peculiar or eccentric habit or behavior
435. cell and molecular bi_____y *n.* the scientific study of life and the natural processes of living things
436. vi_____m compensation *n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
437. ove_____ing majority *adj.* very great or intense; so powerful that you cannot fight or react against it
438. re_____or for HIV in humans *n.* an organ having nerve endings that respond to stimulation such as heat or cold and makes the body react in a particular way
439. r_b shoulders *v.* to move one's hand or an object over the surface of something with pressure
440. de_____ts of character *n.* an imperfection, shortcoming, or lack of something or someone
441. close a__y *n.* a country that has officially agreed to assist and support another country, particularly in the event of a war
442. tr_____ic event *adj.* relating to or caused by injury, especially emotional injury

ANSWERS: 432. continuously, 433. well-being, 434. idiosyncrasy, 435. biology, 436. victim, 437. overwhelming, 438. receptor, 439. rub, 440. defect, 441. ally, 442. traumatic

443. an ab_____ce of examples *n.* a significant amount of something; the situation in which there is too much of something
444. exposure to to__c chemicals *adj.* of or relating to or caused by a poison; poisonous
445. visual de___ts *n.* an imperfection, shortcoming, or lack of something or someone
446. ada_____on ability *n.* the action or process of changing to suit different conditions
447. or___n of information *n.* the first existence or beginning of something
448. co_____de that he is healthy *v.* to come to an end or close; to reach a judgment or opinion by reasoning
449. rupture of the am___n *n.* the innermost sac that surrounds and protects the fetus during pregnancy, filled with amniotic fluid which cushions and protects the fetus
450. r__l a ball *v.* to move in a particular direction by turning over and over or from side to side
451. mu___e the sound *v.* to wrap or cover something to deaden sound or prevent others from hearing it; to suppress or soften the sound of something; to decrease the intensity or impact of something
452. religious to_____ce *n.* the willingness to accept or tolerate something, especially something that is different or unpleasant
453. take ad_____ge of his weak points *n.* a condition or circumstance that puts one in a favorable or superior position; a beneficial feature or asset that someone or something has

ANSWERS: 443. abundance, 444. toxic, 445. defect, 446. adaptation, 447. origin, 448. conclude, 449. amnion, 450. roll, 451. muffle, 452. tolerance, 453. advantage

454. to__c molecule *adj.* of or relating to or caused by a poison; poisonous
455. em___e from poverty *v.* to move out of or away from something and become visible
456. during pr_____ol years *adj.* relating to or denoting the period before a child begins primary school; (noun) the activities or education provided during this time
457. end of the first qu_____r *n.* one of four equal parts; a fourth part or portion
458. man_____ion of a deeper problem *n.* a visible or tangible form of something, especially a particular sign of a disease or condition
459. a last re___t *n.* a place where many people go for rest, sport, or another stated purpose; (verb) to turn to or take a course of action, especially an extreme or undesirable one, to resolve a difficult circumstance
460. sw_____w a handful of pills *v.* to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations
461. needs of pr_____nt women *adj.* having a baby or young animal developing in the uterus
462. re___e an office *v.* to continue or begin anew after a pause or interruption
463. t___e of horror *n.* a story made up in someone's imagination, especially one full of action and adventure

ANSWERS: 454. toxic, 455. emerge, 456. preschool, 457. quarter, 458. manifestation, 459. resort, 460. swallow, 461. pregnant, 462. resume, 463. tale

464. po___r life's meaning *v.* to think deeply or carefully about something
465. sp__e recipe *n.* a dried seed, fruit, root, bark, or vegetable substance primarily used to season or flavor food
466. sp__l my heart *v.* to cause or allow liquid to run or flow over the edge of its container by accident
467. in___t daughter *n.* a baby or very young child
468. tr_____ic brain injury *adj.* relating to or caused by injury, especially emotional injury
469. di_____er recovery *n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life
470. chemical sus_____ity *n.* the state of being easily influenced or vulnerable to some external influence, such as a disease, idea, or emotional state; the ability to be easily affected by something

ANSWERS: 464. ponder, 465. spice, 466. spill, 467. infant, 468. traumatic, 469. disaster, 470. susceptibility

Session 3: Fill in the Blanks

1. The drought _____ the prices of grain globally.
 - v.* to raise something to a higher position or level; to pick up something or somebody and move them to a different position

2. Her _____ is comfortable clothing over fashionable ones.
 - n.* a stronger liking or interest for something or someone than another thing or person

3. The shipwreck _____ was rescued after floating in the ocean for three days.
 - n.* a person who remains alive after an event in which others have died

4. As an _____ he had the right to make his own decisions and live his life as he saw fit.
 - n.* a single person or thing, as distinct from a group

5. The country implemented a _____ during the war to prevent goods and supplies from entering or leaving.
 - n.* a barrier or obstacle designed to prevent the movement or flow of people, goods, or resources; a military tactic that aims to isolate a specific area or territory by preventing it from receiving supplies or reinforcements

6. We had a _____ time yesterday.
 - adj.* very great in degree or extent or amount or impact; extremely good

7. It's important to _____ your strengths and weaknesses.
 - v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

ANSWERS: 1. lifted, 2. preference, 3. survivor, 4. individual, 5. blockade, 6. tremendous, 7. recognize

8. This region is predominantly _____.
- n.* arid land with little or no vegetation often covered with sand or rocks
9. The sudden policy change has caused _____ among employees.
- n.* the state of being mixed up or unclear, or the state of disorder or uncertainty
10. He didn't _____ the plan, even though he had time.
- v.* to pinch or squeeze something sharply; to adjust something finely
11. His _____ of always wearing green socks was a quirky habit.
- n.* a distinctive or unique way of functioning, behaving, or thinking that is characteristic of an individual or a group; a peculiar or eccentric habit or behavior
12. His _____ showed highly positive results.
- n.* the scientific test conducted to observe what happens and gain new knowledge
13. The artist featured _____ colors and patterns, creating a vibrant and dynamic piece.
- adj.* a very large number
14. Better sleep leads to increased _____.
- n.* the set of chemical reactions in cells or organisms that are necessary for life-sustaining
15. A suspension order from the court is effective _____.
- adv.* now or without delay
16. They used fast-acting _____ on the flowers in the flower beds.
- n.* any substance that is essential for the maintenance and growth of living things

ANSWERS: 8. desert, 9. confusion, 10. tweak, 11. idiosyncrasy, 12. experiments, 13. myriad, 14. metabolism, 15. immediately, 16. nutrients

17. Tech companies often employ _____ ducts and other materials in their office interiors.
adj. having no protection or shield from something, such as bad weather, attack, or criticism
18. People began storing up food and supplies for the _____.
n. the surrounding of a place and isolating it by an army to defeat those defending it
19. I bought some _____ candy from the store.
n. a sweet, chewy confectionery made from the dried root of the licorice plant; a flavoring made from extracts of this root, known for its distinctive black color and strong, slightly herbal taste
20. He evaluated his chances for _____ rather pessimistically.
n. the state of continuing to exist or live, frequently in the face of difficulty or danger
21. Her _____ improvement in her grades resulted from her increased focus and effort.
adj. having a noticeable feature or distinctive quality; easily noticeable or obvious
22. She _____ that she was innocent, despite the evidence against her.
v. to state something firmly and confidently, often in a way that is intended to convince others that it is true
23. We are responsible for the care and _____ of all our employees.
n. the state of being happy and healthy and prosperous
24. Some herds have been observed to _____ hundreds of kilometers.
v. to make or be capable of making anything longer or broader without hurting or breaking

ANSWERS: 17. exposed, 18. siege, 19. licorice, 20. survival, 21. marked, 22. asserted, 23. well-being, 24. stretch

25. We _____ a cease-fire.

v. to come to an end or close; to reach a judgment or opinion by reasoning

26. He was exhausted and _____ into bed as soon as he got home.

v. to move in a particular direction by turning over and over or from side to side

27. The mischievous _____ flew gracefully through the forest, spreading magic wherever she went.

n. a mythical being of folklore and romance usually depicted as having magic powers

28. The friendly _____ brought the food to the table and asked if they needed anything else.

n. a woman who serves food and drinks in a restaurant or cafe

29. Eyeless fish _____ in dark caves.

v. to develop gradually, or to cause the development of something or someone gradually

30. The police couldn't find a _____ to her whereabouts.

n. an object, a piece of evidence, or some information that helps someone to find the answer to a problem, question, or mystery

31. The birds _____ open water areas with reeds around them.

v. to like, choose, or want one thing or person better than another

32. The female vagina is elastic enough to allow the passage of a _____.

n. an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal

ANSWERS: 25. concluded, 26. rolled, 27. fairy, 28. waitress, 29. evolved, 30. clue, 31. prefer, 32. fetus

33. He performed _____ tricks with sophisticated moves.
n. beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
34. The increase in demand for the product led to a _____ rise in its price.
adj. resulting or following as a result of something else; (noun) something that is logical or naturally follows from something else
35. The _____ of his anxiety was evident in his shaking hands.
n. a visible or tangible form of something, especially a particular sign of a disease or condition
36. My old school's _____ program was well-regarded and had an excellent reputation.
adj. relating to or denoting the period before a child begins primary school; (noun) the activities or education provided during this time
37. The _____ students were having a good time playing with toys.
n. a school or class for young children, usually between the ages of four and six
38. The _____ to the new class was informative and engaging.
n. a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market
39. The _____ period was marked by economic growth and rebuilding efforts.
adj. relating to the period following a war, particularly World War II; characterized by the rebuilding and recovery of countries and societies
40. Advocates for legal reform hear less harsh words from their _____.
n. someone who expresses opinions about the quality of books, music, etc.

ANSWERS: 33. magic, 34. consequent, 35. manifestation, 36. preschool, 37. kindergarten, 38. introduction, 39. postwar, 40. critics

41. Your _____ is capable of distinguishing among similar objects.
- n.* the ability to think logically and comprehend information, especially at an advanced level
42. The era of the industrial revolution was a crucial _____ of history.
- n.* any stage in a series of events, change, or development
43. The _____ of unemployment loomed over the young graduates as they exited the university.
- n.* a ghostly or haunting image or apparition; a threatening or ominous presence that causes fear or anxiety
44. I _____ my anger and kept quiet.
- v.* to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations
45. Every human is responsible for taking care of the Earth's _____.
- n.* the natural world such as air, water, and land in which humans, animals, and plants live
46. Bananas have their _____ taste and odor.
- n.* a typical feature or quality that can identify, tell apart, or describe something or somebody
47. This food contains all the _____ your dog requires.
- n.* the substances or the process that organisms take into their bodies as food for their growth and health
48. There are various hypotheses concerning the _____ of life.
- n.* the first existence or beginning of something

ANSWERS: 41. intellect, 42. phase, 43. specter, 44. swallowed, 45. environment, 46. characteristic, 47. nutrition, 48. origin

49. She had knowledge she couldn't wait to _____.
- v.* to expose or inform; to provide a portion of
50. He tried to _____ his coughs during the movie not to disturb the other viewers.
- v.* to wrap or cover something to deaden sound or prevent others from hearing it; to suppress or soften the sound of something; to decrease the intensity or impact of something
51. The doctor explained the various _____ changes that occur during pregnancy.
- adj.* relating to the normal functioning of living organisms and their organs and systems; concerning the physical or biochemical processes and activities that occur within the body
52. This evidence will form the _____ for our discussion.
- n.* the most important facts, ideas, or events from which something is developed; the way how things are organized or arranged
53. The government should do more to _____ sustainable agribusiness.
- v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
54. The _____ fluid sample was sent for genetic testing to determine chromosomal abnormalities.
- n.* the innermost sac that surrounds and protects the fetus during pregnancy, filled with amniotic fluid which cushions and protects the fetus
55. The third _____ was far more successful.
- n.* an act or effort of trying to do something, especially something difficult

ANSWERS: 49. impart, 50. muffle, 51. physiological, 52. basis, 53. promote, 54. amnion, 55. attempt

56. _____ the text from Italian into English.
v. to convert or change words into another language
57. She _____ the sore spot on her leg to ease the pain.
v. to move one's hand or an object over the surface of something with pressure
58. Without investment, a business cannot _____.
v. to grow vigorously; to make steady progress
59. Shakespeare's output of poetry was _____.
adj. extremely large or great
60. Sulfur dioxide and nitrogen oxides are the primary _____ of acid rain.
n. a person or thing that comes before another of the same kind and that contributes to or influences its growth
61. He was _____ of his freedom when sentenced to life in prison.
v. to take away something from someone
62. The storm _____ significant damage on the town.
v. to cause harm, injury, or suffering to someone or something
63. How many _____ does the average lion have?
n. descendant; any immature animal or plant
64. The director gave the actor a ____ to begin the scene.
n. a signal, gesture, or action that provides information or direction for someone else to act or respond; a reminder or prompt for someone to do something

ANSWERS: 56. Translate, 57. rubbed, 58. thrive, 59. enormous, 60. precursors, 61. deprived, 62. inflicted, 63. offspring, 64. cue

65. There has been a gradual but steady rise in environmental _____.
- n.* the fact or state of knowing something exists and is important
66. She loves going to the _____ house and hearing the beautiful music.
- n.* a drama set to music, in which the words are sung rather than spoken
67. The baby's smile _____ her to everyone who saw her.
- v.* to make someone loved or appreciated or to cause someone to feel fondness or affection for someone or something
68. The _____ report showed no signs of cancer, giving her family a sense of relief.
- n.* the study of the nature and cause of diseases and disorders; the medical specialty that deals with the diagnosis and treatment of diseases and disorders
69. _____ care is essential for ensuring the health of both mother and baby.
- adj.* of, relating to, or occurring in the period before birth
70. The _____ solo in the symphony was beautiful and elevated the overall performance.
- n.* a musical instrument consisting of a metal, wood, or bamboo tube with a row of fingerholes and sometimes keys, played by blowing across a hole near one end
71. High levels of _____ can increase the risk of heart disease.
- n.* a type of fat that is found in the blood and cells of the body and that is important for many bodily functions but can also contribute to heart disease and stroke when levels are too high
72. She vacated the position when she got _____.
- adj.* having a baby or young animal developing in the uterus

ANSWERS: 65. awareness, 66. opera, 67. endeared, 68. pathology, 69. Prenatal, 70. flute, 71. cholesterol, 72. pregnant

73. Initially, we must _____ all project-related expenses.

- v.* to study or consider a person or object attentively and thoroughly to learn something about them

74. Reading not only increases knowledge but also _____ life.

- v.* to make better or improve in quality by adding something else

75. The incident _____ a political controversy.

- v.* to make something happen suddenly; to cause something such as a device, machine, etc. to function

76. The prime minister faced _____ criticism.

- adj.* severe and unkind; extremely tough and unpleasant to inhabit

77. The country's domestic coal consumption has been _____ declining for decades.

- adv.* without being interrupted or paused; repeatedly

78. Fresh water is becoming increasingly _____ in many parts of the world.

- adj.* not abundant or plentiful, and therefore not easy to find or obtain

79. She was diagnosed with a _____ buildup in her lungs.

- n.* a substance that can flow and is not solid

80. The _____ of the coffee was rich and full-bodied.

- n.* the taste sensation produced by a substance in the mouth

81. Some research says that a relative decline in teacher salaries is causing labor _____.

- n.* the state of being in short supply; a small and inadequate amount

ANSWERS: 73. examine, 74. enriches, 75. triggered, 76. harsh, 77. continuously, 78. scarce, 79. fluid, 80. flavor, 81. scarcity

82. He _____ that this investment would lead to success.
v. to form a theory or conjecture or guess about a subject without solid evidence
83. We _____ to achieve more wages and safer working conditions.
v. to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
84. She had a tattoo just above her _____ button.
n. the front part of the body below the chest, containing the stomach and bowels; the rounded or curved part of an object, such as a ship or aircraft
85. The revitalization of technology companies is _____ to the country's growth.
adj. extremely vital or necessary
86. The _____ of the Atlantic coast of America is very complicated.
n. the outline of its shape or form; a line drawn on a map connecting points of equal height
87. The doctor injected _____ into his patient's veins.
n. a type of sugar that is found in plants, especially fruit, and is an essential energy source in living things
88. The magician _____ up a rabbit out of thin air.
v. to call forth by magic; to create or bring about through the imagination
89. The drought led to widespread _____ in the region.
n. a severe lack of food that leads to malnutrition and, ultimately, death
90. He has shown signs of uneasiness and _____ worry.
adj. very great or intense; so powerful that you cannot fight or react against it

ANSWERS: 82. speculated, 83. strike, 84. belly, 85. crucial, 86. contour, 87. glucose, 88. conjured, 89. starvation, 90. overwhelming

91. We dealt with those problems with speed and _____.
- n.* the quality of changing or being changed easily according to new conditions or situations
92. The _____ of the dancers on stage was graceful and elegant.
- n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
93. The systems we have developed has accepted as industry _____.
- n.* something that is regarded as usual, typical, or standard
94. She had a master's degree in _____.
- n.* the scientific study of mind and behavior
95. After watching the horror movie, she had a _____ reaction and couldn't sleep all night.
- adj.* relating to or affecting the internal organs; instinctive or emotional rather than rational; characterized by deep-seated emotional reactions or responses
96. Many people in the world suffer from _____ and malnourishment every day.
- n.* a strong desire or craving for something; a feeling of discomfort or weakness caused by lack of food; a chronic condition of insufficient food intake and malnutrition
97. The result presented a _____ picture of inefficiency and corruption.
- adj.* looking or sounding very serious or gloomy
98. My father was tested for _____.
- n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood

ANSWERS: 91. flexibility, 92. movement, 93. norms, 94. psychology, 95. visceral, 96. hunger, 97. grim, 98. diabetes

99. The _____ senses play a key role in our taste and flavor perception.
adj. relating to the sense of smell; connected with the perception of odors or scents
100. The unemployment rate in the first _____ was 2.3 percentage points higher than in the previous.
n. one of four equal parts; a fourth part or portion
101. I'm prepared to _____ challenges throughout this adventure.
v. to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly
102. The lecture on quantum physics _____ me to tears.
v. to make someone feel weary or uninterested, often by talking at length about uninteresting or mundane topics; to cause someone to feel bored or unengaged; (noun) a hole or tunnel drilled or dug into the ground, either for exploration or extraction of natural resources
103. I need to _____ my coworkers to finish the project on time.
v. to persistently harass, badger, or bother someone or something; to persistently attack or pursue an opposing force or target
104. Pakistan's _____ budget was still being reviewed.
n. things sent to help countries in need, notably food or money; support
105. The company implemented a new software system to _____ employee communication and collaboration.
v. to make something easier or more likely to happen
106. We _____ the results of the election with bated breath.
v. to wait or stay ready for something; to expect or anticipate something

ANSWERS: 99. olfactory, 100. quarter, 101. encounter, 102. bored, 103. harr, 104. aid, 105. facilitate, 106. await

107. The movie's _____ ending left most of the audience in tears.

adj. evoking a keen sense of sadness or regret; emotionally moving; deeply affecting or touching

108. _____ in the design could cause much worse issues.

n. an imperfection, shortcoming, or lack of something or someone

109. His _____ to the charity was a generous donation of money.

n. the act of giving something, especially money, to a particular cause or organization; a voluntary gift as of money or service or ideas made to some worthwhile cause

110. It would be best if you burned off _____ through vigorous exercise.

n. unit of heat defined as the quantity of heat required to raise the temperature of 1 gram of water by 1 degree Celsius at atmospheric pressure, used by nutritionists to measure how much energy food will produce

111. The company's _____ approach has been highly effective.

n. the action or process of changing to suit different conditions

112. We will attempt to _____ some of your suggestions into our future strategy.

v. to include something as a part of a larger entity

113. The stories of war crimes filled her with _____.

n. intense fear or disgust, especially at something shocking or terrifying

114. Italian _____ is known for its use of fresh ingredients and bold flavors.

n. the style of cooking characteristic of a particular country, region, or establishment

ANSWERS: 107. poignant, 108. Defects, 109. contribution, 110. calories, 111. adaptation, 112. incorporate, 113. horror, 114. cuisine

115. Her company was _____ affected by the bank's failure.

adv. very badly or seriously

116. The _____ of severe weather prompted the city to issue an evacuation warning.

n. a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation

117. The researcher separated the nervous _____ for microscopic examinations.

n. an ensemble of similar cells of the animal or plant that together carry out a specific function

118. You have to _____ your content to the age of the audience.

v. to make a minor modification to something to make it more suited for a new set of conditions or to make it function better.

119. The car's front bumper cost fifteen hundred _____.

n. the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

120. Female children may experience growing breasts and _____ swelling.

n. the dark part of the skin which sticks out from the breast of a mammal and from which milk can be secreted

121. The experience was so _____ that it left a lasting impact on the survivor's mental health.

adj. relating to or caused by injury, especially emotional injury

122. Five miles is _____ similar to eight kilometers.

adv. approximately but not precisely; with a violent manner

ANSWERS: 115. severely, 116. threat, 117. tissue, 118. adjust, 119. pounds, 120. nipple, 121. traumatic, 122. roughly

123. Our country is a traditional _____ of England.

- n.* a country that has officially agreed to assist and support another country, particularly in the event of a war

124. Due to the road construction, we had to _____ our course to get to the restaurant.

- v.* to change the course or direction of something, often away from a specific path or target; to entertain or amuse someone, often to distract them from a problem or concern; to appropriate something for a different purpose

125. A healthy farm provides an _____ of food.

- n.* a significant amount of something; the situation in which there is too much of something

126. X-rays revealed a small tumor in his _____.

- n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

127. Mozart was an _____ prodigy.

- n.* a baby or very young child

128. The singer's voice had a natural _____ that sounded beautiful in the acoustically-designed church.

- n.* an audio effect that produces a sound that is reflected off surfaces in an enclosed space, creating a sense of space or ambiance; the natural echoing or reverberation of sound in a large or open space

129. Hay fever occurs when a substance called histamine binds to _____ in the nose and eyes.

- n.* an organ having nerve endings that respond to stimulation such as heat or cold and makes the body react in a particular way

ANSWERS: 123. ally, 124. divert, 125. abundance, 126. brain, 127. infant, 128. reverb, 129. receptors

130. She is a _____ of strength for our team in trouble.

- n.* a structure that is exceptionally high in proportion to its width and either forms part of a building or stands alone

131. This star is _____ to the naked eye.

- adj.* able to see or understand easily or clearly

132. The former emperor had a particular _____ even after he abdicated.

- n.* the ability to affect someone's or something's character, growth, or behavior, or the effect itself

133. That style is no longer in _____.

- n.* a style that is popular at a particular time or place; the state of being popular

134. These results muddied the _____.

- n.* the act of predicting the future by reasoning; a statement made about the future

135. The _____ of his idea came from watching birds flying in flocks.

- n.* a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one

136. I attempted to _____ him, but he ignored me.

- v.* to make someone aware of potential danger or difficulty, particularly one that may occur in the future

137. What is the entry _____ for this course?

- n.* something that is needed or wanted

138. The flower was starting to show its _____ and would soon bloom into a beautiful blossom.

- n.* a small swelling on a plant stem or twig containing an undeveloped shoot

ANSWERS: 130. tower, 131. apparent, 132. influence, 133. fashion, 134. prediction, 135. germ, 136. warn, 137. requirement, 138. bud

139. Mushrooms and _____ are fungi.

- n.* a hollow container used to give shape to liquid or soft substance, which then becomes solid in the same shape as the container; a soft, green, or gray growth that forms on stale food or objects exposed to warm, moist air for too long

140. The golfer recorded an _____ distance.

- adj.* extremely surprising, especially in a way that you like or admire

141. He _____ the modus operandi of the famous phantom thief.

- v.* to copy the speech, behavior, appearance, etc. of someone or something

142. He spent his afternoon watching _____ movies on TV.

- n.* a simple drawing depicting a humorous or critical situation, often accompanied by a caption

143. Trial and error is an _____ part of education.

- adj.* indispensable; fundamental

144. The _____ of the kingdom's history was passed down through generations of royalty.

- n.* a historical account of events arranged in order of time, typically without analysis or interpretation

145. A _____ needs constant supervision and firm control.

- n.* a young child who has recently learned to walk

146. The doctor diagnosed him with a rare _____ that had no known cure.

- n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

ANSWERS: 139. mold, 140. amazing, 141. imitated, 142. cartoon, 143. essential, 144. chronicle, 145. toddler, 146. disease

147. During colonial eras, new migratory patterns _____.

v. to move out of or away from something and become visible

148. She had a very _____ instinct towards her newborn baby.

adj. relating to or characteristic of a mother; having feelings that are typical of a caring mother towards her child

149. Despite their tragic loss, the family is showing great _____.

n. the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people

150. The firm has grown into a large _____ manufacturing.

adj. relating to or connected with chemistry;

151. The area in the _____ of the mall is known for its heavy traffic congestion.

n. the area or region surrounding or in the general vicinity of a particular place or location; a nearby or neighboring region

152. The _____ response team worked around the clock to aid those affected by the earthquake.

n. an unexpected event or series of events that cause widespread damage, destruction, or loss of life

153. The _____ runner fell to the ground and gasped.

adj. extremely tired

154. It is important to _____ safety procedures in the workplace to prevent accidents.

v. to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion

ANSWERS: 147. emerged, 148. maternal, 149. spirit, 150. chemical, 151. vicinity, 152. disaster, 153. exhausted, 154. observe

155. The minority _____ believed in a set of unconventional religious practices.
- n.* a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream
156. The _____ of soldiers marched through the city in a parade.
- n.* a group of soldiers, especially a large one; a group of people, animals, or things considered as a unit.
157. We gained various _____ by analyzing the vast amount of data owned by the company.
- n.* the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like
158. The couple was devastated by the _____ of their child.
- n.* the birth of a dead fetus or infant, usually after the 20th week of pregnancy
159. The light _____ has burned out.
- n.* a rounded underground storage organ of some plants from which the plant grows; the rounded part of a cylindrical structure; electric lamp consisting of a glass ball
160. The _____ opinion was that the project would be a success.
- adj.* most frequent, widespread, or currently dominant, usually referring to a particular opinion, attitude, or trend
161. He quickly learned the military _____.
- n.* the practice of training people to obey rules or a code of behavior, using and punishments if these are broken; a region of activity, knowledge, or influence
162. Certain individuals have a higher _____ to certain diseases due to genetic factors.
- n.* the state of being easily influenced or vulnerable to some external influence, such as a disease, idea, or emotional state; the ability to be easily affected by something

ANSWERS: 155. sect, 156. troop, 157. insights, 158. stillbirth, 159. bulb, 160.

prevailing, 161. discipline, 162. susceptibility

163. On three sides, mountains _____ the settlement.

v. to be all around something or somebody

164. She sat quietly, _____ the difficult decision.

v. to think deeply or carefully about something

165. The _____ for applying for a visa can be lengthy and complicated.

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

166. The museum houses a _____ collection of Celtic artifacts.

adj. extremely interesting

167. The _____ of Japan is known for its unique culture and advanced technology.

n. a large organized community of people living in a particular country or region and having a particular culture

168. The patient will undergo _____ transplant surgery tomorrow.

n. a large organ in the body, involved in many metabolic processes, such as detoxification of the organism, and the synthesis of proteins

169. Her research team made an important _____.

n. the act or process of finding information, a place, or an object, or learning about something that was previously not known

170. The _____ of the fruit is sweet and juicy.

n. the soft substance composing the body of a person or animal, as opposed to bones and other structures

ANSWERS: 163. surround, 164. pondering, 165. process, 166. fascinating, 167. nation, 168. liver, 169. discovery, 170. flesh

171. The _____ of water is called ice.

adj. hard or firm; characterized by good substantial quality

172. The extra steps in the process were deemed _____ and removed to streamline production.

adj. not needed or required; not essential or important

173. The _____ train was delayed due to a signal failure on the line.

n. a person who regularly travels long distances between their home and place of work, typically by public transportation or car

174. The detective found the suspect's story _____ and decided to investigate further.

adj. difficult to believe or accept as true; not credible or convincing; unlikely or improbable

175. We need to add more names to the _____ of candidates for the upcoming election.

n. a flat piece of rock or stone that is typically used as a roofing or flooring material; a list of candidates for an election arranged in a specific order

176. You can easily _____ seats over the telephone.

v. to keep something for future use or contingency; to obtain or arrange something, such as a meeting, seat, etc., in advance

177. The recipe called for a _____ amount of salt and made the dish too salty.

adj. unnecessary; more than what is needed or required

178. The _____ makes use of the local dialect.

n. a person who tells a story, especially in a book or film

ANSWERS: 171. solid-state, 172. unnecessary, 173. commuter, 174. implausible, 175. slate, 176. reserve, 177. superfluous, 178. narrator

179. The fertilized egg implanted itself in the _____.

n. the organ of a woman or female mammal in which a baby develops before birth

180. _____ profiling is a new form of airport security.

adj. of or relating to a person's face

181. Losing him is great _____ to our team.

n. a state of not having something, such as food or money, that you need for a pleasant life

182. A balanced _____ is more important for health than supplements.

n. the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan

183. The _____ period for elephants is 22 months.

n. the state of being pregnant; the period during which an embryo or fetus develops, usually about 280 days in humans

184. The _____ learning system adjusts the difficulty level of the lessons based on the student's performance.

adj. capable of adjusting to new situations or changing conditions

185. The new regulations _____ a significant change in the industry standards.

v. to be the essential or fundamental elements or parts of something; to establish, appoint, or assign someone to a particular office or position; to make up or compose something

186. He felt a sharp pain in his _____ area.

adj. of or relating to the part of the body that contains the stomach, intestines, and other organs

ANSWERS: 179. womb, 180. Facial, 181. deprivation, 182. diet, 183. gestation, 184. adaptive, 185. constitute, 186. abdominal

187. The school's diversity program aimed to promote _____ and understanding among the students.
- n.* the willingness to accept or tolerate something, especially something that is different or unpleasant
188. I always start my morning with a bowl of _____.
- n.* a type of grain used for food, such as wheat, oats, or corn that is typically ground into flour, cooked into porridge, or used to make breakfast cereals
189. She explained the _____ surrounding the accident.
- n.* the specific conditions or events that surround a particular situation or occurrence
190. The older man _____ from arthritis and finds it difficult to move around.
- v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
191. The issue of divorce _____ large in his mind.
- v.* to appear or take shape as a large, especially in a frightening way
192. There was a chemical _____ of the lime with the groundwater.
- n.* a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others
193. The roof finally _____ after three days and three nights of heavy snowfall.
- v.* to fall down or give way suddenly, often after breaking apart
194. The patient was diagnosed with a rare genetic _____.
- n.* a group of signs and symptoms that occur together and are characteristic of a particular condition or disorder

ANSWERS: 187. tolerance, 188. cereal, 189. circumstances, 190. suffers, 191. loomed, 192. reaction, 193. collapsed, 194. syndrome

195. The prevalence of _____ has increased significantly in recent years.

- n.* the condition of being significantly overweight, typically defined as having a body mass index (BMI) of 30 or greater.

196. He added a pinch of _____ to the stew to flavor it.

- n.* a dried seed, fruit, root, bark, or vegetable substance primarily used to season or flavor food

197. We _____ negotiations after a temporary break.

- v.* to continue or begin anew after a pause or interruption

198. This chemical compound is a thousand-fold more _____.

- adj.* of or relating to or caused by a poison; poisonous

199. If both countries _____ to nuclear deterrence, the consequence could be mutual destruction.

- n.* a place where many people go for rest, sport, or another stated purpose; (verb) to turn to or take a course of action, especially an extreme or undesirable one, to resolve a difficult circumstance

200. This disease has a high _____.

- n.* the quality or state of being subject to death

201. She waited in eager _____ for his arrival.

- n.* the action of expecting that something might happen in the future and perhaps doing something about it now

202. Infants and pregnant women are particularly _____.

- adj.* capable of being hurt or influenced physically or mentally

ANSWERS: 195. obesity, 196. spice, 197. resumed, 198. toxic, 199. resort, 200. mortality, 201. anticipation, 202. vulnerable

203. The findings of the experiment were both _____ and unexpected.

adj. causing a lot of interest or excitement

204. The _____ of people who do not own property is politically impotent.

n. a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together

205. Marine _____ is a major continuous global problem.

n. broken or torn fragments of something

206. The _____ of the crime deserves justice and support to recover from the trauma.

n. a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event

207. The chef's herbs and spices gave the dish a _____ flavor.

adj. clearly and distinctly expressed or noticeable; emphasized

208. _____ dropping wears away the stone.

adj. happening repeatedly or all the time

209. The Arctic _____ is a vast and desolate landscape with few signs of life.

n. a vast, treeless, and typically frozen plain in the Arctic regions, where the subsoil is permanently frozen

210. Some _____ are common across cultures and backgrounds.

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

ANSWERS: 203. exciting, 204. mass, 205. debris, 206. victim, 207. pronounced, 208. Constant, 209. tundra, 210. emotions

211. He was determined to _____ everything.

- v.* to cause or allow liquid to run or flow over the edge of its container by accident

212. One of the main _____ of the new product is its increased efficiency.

- n.* a condition or circumstance that puts one in a favorable or superior position; a beneficial feature or asset that someone or something has

213. The car accident was a traumatic _____ for everyone involved.

- n.* a painful, difficult, or dangerous experience or trial; a severe test of endurance or patience

214. Well-stretched muscles are less _____ to injury.

- adj.* easily influenced, harmed, or affected by something

215. He _____ the game so he could win the prize.

- v.* to prepare or set up something in a certain way, typically in a carefully planned or fraudulent manner; to equip with sails or masts

216. She has a thick southern _____.

- n.* a distinctive way of pronouncing the words of a language that shows which area, country, or social group a person comes from; particular importance or significance

217. Ghosts in folk _____ are almost always malicious.

- n.* a story made up in someone's imagination, especially one full of action and adventure

218. The toned-down, _____ colors in the living room gave it a cozy and relaxed feeling.

- adj.* having a subdued or softened sound, color, or tone; restrained or understated in expression or style

ANSWERS: 211. spill, 212. advantages, 213. ordeal, 214. susceptible, 215. rigged, 216. accent, 217. tales, 218. muted

219. A smaller car will _____ less fuel.

v. to spend something, especially fuel, energy, or time, in a large amount

220. These birds can only _____ in temperate climates.

v. to live or exist despite a dangerous event or period

221. She played a _____ piece on the piano.

adj. having a pleasant or harmonious sound, especially in relation to music

222. The conference room was in _____ as everyone tried to speak at once.

n. a state of complete confusion or disorder, often characterized by a lack of predictability or control

223. The brain is an incredibly complex organ that controls the body's _____.

n. the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

224. The organization finally signed a peace _____.

n. an official agreement or treaty between two organizations, countries, etc.;
(verb) allow to have

225. The physician prescribed medication to relieve the contraction of the _____.

n. a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth

226. The lack of funds has resulted in a _____ for our university system.

n. a sudden event that causes extreme ruin and misfortune

ANSWERS: 219. consume, 220. survive, 221. melodic, 222. chaos, 223. function, 224. accord, 225. uterus, 226. catastrophe

227. We _____ our impeded progress on lack of money.

- v.* to think or say that someone or something did something wrong or is responsible for something bad

228. The first _____ of pregnancy is the most crucial for the development of the fetus.

- n.* approximately three months, especially one of the three three-month periods into which human pregnancy is traditionally divided; one of three divisions of an academic year

229. We must _____ a new system to streamline our workflow and increase efficiency.

- v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

230. Education is the _____ of civilization.

- n.* the act or process of sending something from one person or place to another; the process of broadcasting over the airwaves, as in radio or television

231. In junior high school, we had to dissect a frog in _____ class.

- n.* the scientific study of life and the natural processes of living things

232. The doctor advised the patient to eat a balanced diet to avoid _____.

- n.* the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients

233. The vegetation here is almost wholly _____.

- adj.* connecting with or describing someone's birth country or place of birth, or someone born in a specific country or place

ANSWERS: 227. blamed, 228. trimester, 229. develop, 230. transmission, 231. biology, 232. malnutrition, 233. native

234. By incorrect assumption, statistics can be notoriously _____.

adj. not able to be trusted or depended on

235. I need to contact a _____ firm to help me invest my money.

n. the business of buying and selling goods or services on behalf of others, often for a commission or fee; the activity of acting as an intermediary or agent in negotiations or deals between two parties

ANSWERS: 234. unreliable, 235. brokerage