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Vocabulary Builder Reference from...

Pam Warhurst: How we can eat our landscapes | TED Talk

https://www.ted.com/talks/pam_warhurst_how_we_can_eat_our_landscapes

Advanced Words Only

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Session 1: Word List

- veg** *n.* (a short for "vegetables") a meal or diet that is primarily composed of plant-based foods; (verb) to relax, do nothing, or pass the time in a lazy or unproductive manner;
synonym : vegetable, plant-based food, green
(1) **veg** pizza, (2) **veg** out on the couch
I like to keep a variety of fresh **veg** in my fridge to make healthy meals easily.
- sprout** *v.* to grow or develop new parts typically leaves or shoots, from a plant; to emerge, develop, or arise gradually or suddenly
synonym : germinate, grow, bud
(1) **sprout** seeds, (2) **sprout** wings
The flowers in the garden began to **sprout** after the first rain of the season.
- poke** *v.* to push or prod with a sharp object or the finger
synonym : prod, jab, push
(1) **poke** around the desk, (2) **poke** a fire
They **poked** fun at each other's jokes, laughing and teasing.

agitated

adj. characterized by a state of anxiety, nervous excitement, or restlessness; stirred up or disturbed in a physical or emotional way

synonym : nervous, troubled, restless

(1) **agitated** state, (2) **agitated** behavior

The **agitated** dog kept barking at the door, wanting to go outside.

empower

v. to give someone the power or authority to do something

synonym : authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

resilient

adj. able to withstand or recover quickly from difficult conditions

synonym : robust, sturdy, tough

(1) a hard and **resilient** steel, (2) **resilient** population

She is a **resilient** person and has always bounced back from setbacks.

reinvent

v. to change something so drastically that it looks to be completely new

synonym : recreate, remake, revive

(1) **reinvent** local dishes, (2) **reinvent** our life

They have tried to **reinvent** their grocery stores.

daunt

v. to intimidate or discourage someone, often by making them feel afraid or uncertain; to lessen someone's courage, enthusiasm, or spirit

synonym : intimidate, discourage, frighten

(1) **daunt** the enemy, (2) **daunt** his courage

The idea of skydiving can be **daunting** to some people.

meaningless

adj. having no meaning, direction, or purpose

synonym : pointless, absurd, senseless

(1) a **meaningless** endeavor, (2) do a **meaningless** task
This experiment's results are **meaningless** because the other conditions are not identical.

explode

v. to burst or break open violently and noisily; to cause something to burst or break open

synonym: detonate, blast, rupture

(1) **explode** in anger, (2) **explode** in popularity

The old building **exploded** in a fiery inferno.

comprehend

v. to understand the nature or meaning of something fully

synonym: understand, grasp, apprehend

(1) **comprehend** English, (2) **comprehend** instructions

She struggled to **comprehend** complex math problems.

prickle

v. to cause a tingling or stinging sensation, often from a sharp or pointed object; to provoke or irritate someone, causing them to feel uncomfortable or annoyed; (noun) a small, pointed, and often sharp spine or thorn that grows on a plant or animal

synonym: stab, poke, jab

(1) **prickle** cell layer, (2) **prickle** with excitement

The thorns on the cactus can **prickle** your skin if you touch them.

triplicate

v. to make three copies of something, often for record-keeping or distribution; to create a set of three identical copies; (noun) a document or a copy that is made in three identical versions

synonym: copy three times, reproduce thrice

(1) fill out the form in **triplicate**, (2) **triplicate** the order

I need to **triplicate** this important document for safekeeping.

jigsaw

n. a tool with a fine-toothed blade used for cutting intricate curves and patterns in thin material such as wood or metal, typically with the blade being reciprocating; a type of puzzle that consists of irregularly shaped pieces that

must be fitted together to form a complete picture

synonym : fretsaw, puzzle

(1) **jigsaw** puzzle, (2) **jigsaw** woodworking

The **jigsaw** blade needs to be changed before we can continue the project.

edible

adj. fit or safe to be eaten; able to be consumed as food

synonym : esculent, comestible, digestible

(1) non- **edible** ingredients, (2) **edible** vegetables

I made sure to pick only **edible** mushrooms for our dinner.

pollinator

n. an animal or insect, such as bees, butterflies, birds, etc., that carries pollen from a male part of a flower to a female part of a flower, fertilizing it and allowing it to produce seeds

synonym : fertilizer, pollenizer, pollen carrier

(1) **pollinator** species, (2) beneficial **pollinator**

Bees are important **pollinators** for many crops and plants.

footfall

n. the sound made by someone's footsteps, often used to describe the number or manner of people walking in a particular area

synonym : footstep, tread, step

(1) heavy **footfall**, (2) increasing **footfall**

The sudden **footfall** outside the house startled the sleeping dog.

aquaponics

n. a sustainable farming system that combines aquaculture (= raising fish) and hydroponics (= growing plants in water) in a closed-loop, symbiotic system

synonym : fish farming, hydroponics, aquaculture

(1) **aquaponics** system, (2) sustainable **aquaponics**

She set up an indoor **aquaponics** system to grow her herbs and leafy greens at home.

orchard

n. a piece of land that is planted with fruit trees, such as apples, pears, or cherries

synonym : grove, plantation, fruit garden

(1) local apple **orchard**, (2) **orchard** tree

The farmer owns an **orchard** where he grows apples, pears, and plums.

excite

v. to make someone feel suddenly enthusiastic or eager

synonym : thrill, exhilarate, animate

(1) **excite** the crowd, (2) **excite** rebellion

The news of her promotion **excited** her.

horticulture

n. the art or practice of cultivating and growing ornamental plants, fruits, vegetables, or flowers; the science and study of plant cultivation

synonym : gardening, cultivation, farming

(1) urban **horticulture**, (2) sustainable **horticulture**

She studied applied **horticulture** to learn more about plant cultivation and landscaping.

blackboard

n. a large board made of a smooth, usually dark-colored slate attached to a wall used by teachers in schools for writing on with chalk

synonym : chalkboard, slate

(1) chalk on a **blackboard**, (2) electronic **blackboard**

The teacher asked me to rub out the **blackboard**.

scribble

v. to write or draw carelessly and in a hurry

synonym : scabble, scrawl, jot

(1) **scribble** on paper, (2) **scribble** notes

The words were **scribbled** in pencil.

congregate

v. to come together or gather in a group or assembly; to collect or accumulate in a particular place or area

synonym : assemble, converge, gather

(1) **congregate** at the park, (2) **congregate** in a mosque

The protesters plan to **congregate** in front of the city hall to raise awareness for their cause.

amuse

v. to entertain or divert the mind; to make someone laugh
synonym: entertain, delight, divert

(1) **amuse** a baby with a rattle, (2) **amuse** guests

He **amused** himself by playing video games during his free time.

stylize

v. to show, do, or represent something according to a particular style, especially a conventional one

synonym: conventionalize

(1) **stylize** the behavior, (2) **stylize** the design

She wore a colorful- **stylized** scarf.

pastry

n. a type of baked pastry that typically consists of a filling of meat, vegetables, or other ingredients, enclosed in a pastry shell; (adjective) pale, lacking in color, or dull

synonym: pastry, pie

(1) **pastry** face, (2) Cornish **pastry**

I plan to pick up a chicken **pastry** at that bakery on my way home from work.

motto

n. a phrase or slogan that expresses a guiding principle or goal

synonym: slogan, catchphrase, phrase

(1) the **motto** for safe traffic, (2) company **motto**

The company's **motto** is "Innovation and Service," which is reflected in its products and customer support.

volition

n. the power or ability to make choices or decisions by one's own will or conscious choice; the act of consciously choosing or deciding

synonym: choice, decision, free will

(1) **volition** level, (2) freedom of **volition**

He canceled the meeting of his own **volition** as he thought it was unnecessary.

bureaucracy

n. a system of government in which most of the important decisions are made by state officials rather than by

elected representatives

synonym : administration, government, system

(1) government **bureaucracy**, (2) arbitrary **bureaucracy**

The bumbling **bureaucracy** made it difficult to get the permits we needed.

underpin

v. to support or strengthen the foundations of something

synonym : support, foundation, base

(1) **underpin** a structure, (2) **underpin** democratization

The research findings **underpin** the theory that human activities cause global warming.

secondly

adv. used to introduce the second point or item in a list or series of statements, considerations, etc.

synonym : in the second place, next, subsequently

(1) **secondly** connected, (2) **secondly**, it is important

Firstly, we will discuss the budget; **secondly**, we will go over the schedule.

relegate

v. to assign or dismiss to a lower or less important status or place; to demote

synonym : demote, assign, transfer

(1) **relegate** a matter to another authority, (2) **relegate** task

The underperforming team was **relegated** to a lower division.

Session 2: Spelling

- | | |
|---------------------------|---|
| 1. arbitrary bur_____cy | <i>n.</i> a system of government in which most of the important decisions are made by state officials rather than by elected representatives |
| 2. a mea_____ss endeavor | <i>adj.</i> having no meaning, direction, or purpose |
| 3. urban hor_____ure | <i>n.</i> the art or practice of cultivating and growing ornamental plants, fruits, vegetables, or flowers; the science and study of plant cultivation |
| 4. da__t his courage | <i>v.</i> to intimidate or discourage someone, often by making them feel afraid or uncertain; to lessen someone's courage, enthusiasm, or spirit |
| 5. con_____te at the park | <i>v.</i> to come together or gather in a group or assembly; to collect or accumulate in a particular place or area |
| 6. com_____nd English | <i>v.</i> to understand the nature or meaning of something fully |
| 7. government bur_____cy | <i>n.</i> a system of government in which most of the important decisions are made by state officials rather than by elected representatives |
| 8. em_____r my life | <i>v.</i> to give someone the power or authority to do something |
| 9. pr_____e cell layer | <i>v.</i> to cause a tingling or stinging sensation, often from a sharp or pointed object; to provoke or irritate someone, causing them to feel uncomfortable or annoyed; (noun) a small, pointed, and often sharp spine or thorn that grows on a plant or animal |

ANSWERS: 1. bureaucracy, 2. meaningless, 3. horticulture, 4. daunt, 5. congregate, 6. comprehend, 7. bureaucracy, 8. empower, 9. prickle

10. vo_____on level *n.* the power or ability to make choices or decisions by one's own will or conscious choice; the act of consciously choosing or deciding
11. am__e guests *v.* to entertain or divert the mind; to make someone laugh
12. the mo__o for safe traffic *n.* a phrase or slogan that expresses a guiding principle or goal
13. re_____nt our life *v.* to change something so drastically that it looks to be completely new
14. chalk on a bla_____rd *n.* a large board made of a smooth, usually dark-colored slate attached to a wall used by teachers in schools for writing on with chalk
15. sc_____le notes *v.* to write or draw carelessly and in a hurry
16. ex___e the crowd *v.* to make someone feel suddenly enthusiastic or eager
17. da__t the enemy *v.* to intimidate or discourage someone, often by making them feel afraid or uncertain; to lessen someone's courage, enthusiasm, or spirit
18. Cornish pa__y *n.* a type of baked pastry that typically consists of a filling of meat, vegetables, or other ingredients, enclosed in a pastry shell; (adjective) pale, lacking in color, or dull
19. aqu_____cs system *n.* a sustainable farming system that combines aquaculture (= raising fish) and hydroponics (= growing plants in water) in a closed-loop, symbiotic system

ANSWERS: 10. volition, 11. amuse, 12. motto, 13. reinvent, 14. blackboard, 15. scribble, 16. excite, 17. daunt, 18. pasty, 19. aquaponics

20. se____ly, it is important *adv.* used to introduce the second point or item in a list or series of statements, considerations, etc.
21. freedom of vo_____on *n.* the power or ability to make choices or decisions by one's own will or conscious choice; the act of consciously choosing or deciding
22. un_____in democratization *v.* to support or strengthen the foundations of something
23. ex_____e in anger *v.* to burst or break open violently and noisily; to cause something to burst or break open
24. heavy fo_____ll *n.* the sound made by someone's footsteps, often used to describe the number or manner of people walking in a particular area
25. non-ed____e ingredients *adj.* fit or safe to be eaten; able to be consumed as food
26. un_____in a structure *v.* to support or strengthen the foundations of something
27. p__e around the desk *v.* to push or prod with a sharp object or the finger
28. p__e a fire *v.* to push or prod with a sharp object or the finger
29. pol_____or species *n.* an animal or insect, such as bees, butterflies, birds, etc., that carries pollen from a male part of a flower to a female part of a flower, fertilizing it and allowing it to produce seeds

ANSWERS: 20. secondly, 21. volition, 22. underpin, 23. explode, 24. footfall, 25. edible, 26. underpin, 27. poke, 28. poke, 29. pollinator

30. ji___w woodworking *n.* a tool with a fine-toothed blade used for cutting intricate curves and patterns in thin material such as wood or metal, typically with the blade being reciprocating; a type of puzzle that consists of irregularly shaped pieces that must be fitted together to form a complete picture
31. ji___w puzzle *n.* a tool with a fine-toothed blade used for cutting intricate curves and patterns in thin material such as wood or metal, typically with the blade being reciprocating; a type of puzzle that consists of irregularly shaped pieces that must be fitted together to form a complete picture
32. local apple or____d *n.* a piece of land that is planted with fruit trees, such as apples, pears, or cherries
33. tri_____te the order *v.* to make three copies of something, often for record-keeping or distribution; to create a set of three identical copies; (noun) a document or a copy that is made in three identical versions
34. a hard and re_____nt steel *adj.* able to withstand or recover quickly from difficult conditions
35. re_____te task *v.* to assign or dismiss to a lower or less important status or place; to demote
36. company mo__o *n.* a phrase or slogan that expresses a guiding principle or goal
37. con_____te in a mosque *v.* to come together or gather in a group or assembly; to collect or accumulate in a particular place or area

ANSWERS: 30. jigsaw, 31. jigsaw, 32. orchard, 33. triplicate, 34. resilient, 35. relegate, 36. motto, 37. congregate

38. sp___t wings *v.* to grow or develop new parts typically leaves or shoots, from a plant; to emerge, develop, or arise gradually or suddenly
39. or_____d tree *n.* a piece of land that is planted with fruit trees, such as apples, pears, or cherries
40. sc_____le on paper *v.* to write or draw carelessly and in a hurry
41. ex_____e in popularity *v.* to burst or break open violently and noisily; to cause something to burst or break open
42. ex___e rebellion *v.* to make someone feel suddenly enthusiastic or eager
43. electronic bla_____rd *n.* a large board made of a smooth, usually dark-colored slate attached to a wall used by teachers in schools for writing on with chalk
44. am___e a baby with a rattle *v.* to entertain or divert the mind; to make someone laugh
45. increasing fo_____ll *n.* the sound made by someone's footsteps, often used to describe the number or manner of people walking in a particular area
46. v_g pizza *n.* (a short for "vegetables") a meal or diet that is primarily composed of plant-based foods; (verb) to relax, do nothing, or pass the time in a lazy or unproductive manner;
47. v_g out on the couch *n.* (a short for "vegetables") a meal or diet that is primarily composed of plant-based foods; (verb) to relax, do nothing, or pass the time in a lazy or unproductive manner;

ANSWERS: 38. sprout, 39. orchard, 40. scribble, 41. explode, 42. excite, 43. blackboard, 44. amuse, 45. footfall, 46. veg, 47. veg

48. sustainable hor_____ure *n.* the art or practice of cultivating and growing ornamental plants, fruits, vegetables, or flowers; the science and study of plant cultivation
49. do a mea_____ss task *adj.* having no meaning, direction, or purpose
50. re_____nt local dishes *v.* to change something so drastically that it looks to be completely new
51. pa__y face *n.* a type of baked pastry that typically consists of a filling of meat, vegetables, or other ingredients, enclosed in a pastry shell; (adjective) pale, lacking in color, or dull
52. pr_____e with excitement *v.* to cause a tingling or stinging sensation, often from a sharp or pointed object; to provoke or irritate someone, causing them to feel uncomfortable or annoyed; (noun) a small, pointed, and often sharp spine or thorn that grows on a plant or animal
53. sp____t seeds *v.* to grow or develop new parts typically leaves or shoots, from a plant; to emerge, develop, or arise gradually or suddenly
54. re_____te a matter to another authority *v.* to assign or dismiss to a lower or less important status or place; to demote
55. re_____nt population *adj.* able to withstand or recover quickly from difficult conditions
56. se_____ly connected *adv.* used to introduce the second point or item in a list or series of statements, considerations, etc.

ANSWERS: 48. horticulture, 49. meaningless, 50. reinvent, 51. pasty, 52. prickle, 53. sprout, 54. relegate, 55. resilient, 56. secondly

57. ag____ed behavior *adj.* characterized by a state of anxiety, nervous excitement, or restlessness; stirred up or disturbed in a physical or emotional way
58. beneficial pol_____or *n.* an animal or insect, such as bees, butterflies, birds, etc., that carries pollen from a male part of a flower to a female part of a flower, fertilizing it and allowing it to produce seeds
59. em_____r the secretary to do the same *v.* to give someone the power or authority to do something
60. com_____nd instructions *v.* to understand the nature or meaning of something fully
61. st_____e the behavior *v.* to show, do, or represent something according to a particular style, especially a conventional one
62. fill out the form in tri_____te *v.* to make three copies of something, often for record-keeping or distribution; to create a set of three identical copies; (noun) a document or a copy that is made in three identical versions
63. sustainable aqu_____cs *n.* a sustainable farming system that combines aquaculture (= raising fish) and hydroponics (= growing plants in water) in a closed-loop, symbiotic system
64. st_____e the design *v.* to show, do, or represent something according to a particular style, especially a conventional one

ANSWERS: 57. agitated, 58. pollinator, 59. empower, 60. comprehend, 61. stylize, 62. triplicate, 63. aquaponics, 64. stylize

65. ed___e vegetables

adj. fit or safe to be eaten; able to be consumed as food

66. ag____ed state

adj. characterized by a state of anxiety, nervous excitement, or restlessness; stirred up or disturbed in a physical or emotional way

ANSWERS: 65. edible, 66. agitated

Session 3: Fill in the Blanks

1. The company's _____ is "Innovation and Service," which is reflected in its products and customer support.
n. a phrase or slogan that expresses a guiding principle or goal
2. The sudden _____ outside the house startled the sleeping dog.
n. the sound made by someone's footsteps, often used to describe the number or manner of people walking in a particular area
3. Bees are important _____ for many crops and plants.
n. an animal or insect, such as bees, butterflies, birds, etc., that carries pollen from a male part of a flower to a female part of a flower, fertilizing it and allowing it to produce seeds
4. The _____ dog kept barking at the door, wanting to go outside.
adj. characterized by a state of anxiety, nervous excitement, or restlessness; stirred up or disturbed in a physical or emotional way
5. He _____ himself by playing video games during his free time.
v. to entertain or divert the mind; to make someone laugh
6. I made sure to pick only _____ mushrooms for our dinner.
adj. fit or safe to be eaten; able to be consumed as food
7. The news of her promotion _____ her.
v. to make someone feel suddenly enthusiastic or eager
8. He canceled the meeting of his own _____ as he thought it was unnecessary.
n. the power or ability to make choices or decisions by one's own will or conscious choice; the act of consciously choosing or deciding

ANSWERS: 1. motto, 2. footfall, 3. pollinators, 4. agitated, 5. amused, 6. edible, 7. excited, 8. volition

9. She wore a colorful-_____ scarf.
- v. to show, do, or represent something according to a particular style, especially a conventional one
10. The idea of skydiving can be _____ to some people.
- v. to intimidate or discourage someone, often by making them feel afraid or uncertain; to lessen someone's courage, enthusiasm, or spirit
11. She struggled to _____ complex math problems.
- v. to understand the nature or meaning of something fully
12. The company _____ employees to buy low-price items without approval to achieve efficient purchasing.
- v. to give someone the power or authority to do something
13. She studied applied _____ to learn more about plant cultivation and landscaping.
- n. the art or practice of cultivating and growing ornamental plants, fruits, vegetables, or flowers; the science and study of plant cultivation
14. The protesters plan to _____ in front of the city hall to raise awareness for their cause.
- v. to come together or gather in a group or assembly; to collect or accumulate in a particular place or area
15. The thorns on the cactus can _____ your skin if you touch them.
- v. to cause a tingling or stinging sensation, often from a sharp or pointed object; to provoke or irritate someone, causing them to feel uncomfortable or annoyed; (noun) a small, pointed, and often sharp spine or thorn that grows on a plant or animal

ANSWERS: 9. stylized, 10. daunting, 11. comprehend, 12. empowered, 13. horticulture, 14. congregate, 15. prickle

16. I plan to pick up a chicken _____ at that bakery on my way home from work.
n. a type of baked pastry that typically consists of a filling of meat, vegetables, or other ingredients, enclosed in a pastry shell; (adjective) pale, lacking in color, or dull
17. This experiment's results are _____ because the other conditions are not identical.
adj. having no meaning, direction, or purpose
18. The _____ blade needs to be changed before we can continue the project.
n. a tool with a fine-toothed blade used for cutting intricate curves and patterns in thin material such as wood or metal, typically with the blade being reciprocating; a type of puzzle that consists of irregularly shaped pieces that must be fitted together to form a complete picture
19. I like to keep a variety of fresh ____ in my fridge to make healthy meals easily.
n. (a short for "vegetables") a meal or diet that is primarily composed of plant-based foods; (verb) to relax, do nothing, or pass the time in a lazy or unproductive manner;
20. The teacher asked me to rub out the _____.
n. a large board made of a smooth, usually dark-colored slate attached to a wall used by teachers in schools for writing on with chalk
21. She is a _____ person and has always bounced back from setbacks.
adj. able to withstand or recover quickly from difficult conditions
22. The underperforming team was _____ to a lower division.
v. to assign or dismiss to a lower or less important status or place; to demote

ANSWERS: 16. pasty, 17. meaningless, 18. jigsaw, 19. veg, 20. blackboard, 21. resilient, 22. relegated

23. They have tried to _____ their grocery stores.
v. to change something so drastically that it looks to be completely new
24. She set up an indoor _____ system to grow her herbs and leafy greens at home.
n. a sustainable farming system that combines aquaculture (= raising fish) and hydroponics (= growing plants in water) in a closed-loop, symbiotic system
25. They _____ fun at each other's jokes, laughing and teasing.
v. to push or prod with a sharp object or the finger
26. The bumbling _____ made it difficult to get the permits we needed.
n. a system of government in which most of the important decisions are made by state officials rather than by elected representatives
27. The farmer owns an _____ where he grows apples, pears, and plums.
n. a piece of land that is planted with fruit trees, such as apples, pears, or cherries
28. Firstly, we will discuss the budget; _____ we will go over the schedule.
adv. used to introduce the second point or item in a list or series of statements, considerations, etc.
29. The research findings _____ the theory that human activities cause global warming.
v. to support or strengthen the foundations of something
30. The words were _____ in pencil.
v. to write or draw carelessly and in a hurry

ANSWERS: 23. reinvent, 24. aquaponics, 25. poked, 26. bureaucracy, 27. orchard, 28. secondly, 29. underpin, 30. scribbled

31. I need to _____ this important document for safekeeping.

- v. to make three copies of something, often for record-keeping or distribution; to create a set of three identical copies; (noun) a document or a copy that is made in three identical versions

32. The flowers in the garden began to _____ after the first rain of the season.

- v. to grow or develop new parts typically leaves or shoots, from a plant; to emerge, develop, or arise gradually or suddenly

33. The old building _____ in a fiery inferno.

- v. to burst or break open violently and noisily; to cause something to burst or break open

ANSWERS: 31. triplicate, 32. sprout, 33. exploded