

Englist.me



Vocabulary Builder Reference from...

Noel Bairey Merz: *The single biggest health threat women face* | TED Talk

https://www.ted.com/talks/noel_bairey_merz_the_single_biggest_health_threat_women_face

Advanced Words Only

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

conquer

v. to bring under control by force or authority

synonym: defeat, overpower, subdue

(1) **conquer** fatal disease, (2) **conquer** the world

You must **conquer** your anxiety about driving.

widen

v. to become or make something broader, wider, more extensive

synonym: broaden, enlarge, extend

(1) **widen** in excitement, (2) **widen** a narrowed heart valve

He **widened** his investigation into a medical clinic.

gasp

v. to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise

synonym: breathe, pant, heave

(1) **gasp** for air, (2) **gasp** in shock

The audience **gasped** when the magician made the rabbit disappear from the hat.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

wig *n.* a head covering made of synthetic or real hair worn for a variety of reasons, including as a fashion accessory, to conceal hair loss or baldness, or as part of a costume
synonym: hairpiece, toupee, hair system
(1) curly **wig**, (2) blonde **wig**
She decided to wear a pink **wig** to the costume party.

depict *v.* to illustrate someone or something in a photograph
synonym: illustrate, describe, express
(1) **depict** a scene, (2) **depict** a feeling of isolation
His son had accurately **depicted** the bloom.

portray *v.* to depict or describe someone or something in a painting, film, book, or other artistic work
synonym: depict, describe, illustrate
(1) **portray** feelings in words, (2) accurately **portray** the condition
We often **portray** political problems as religious issues.

impersonate *v.* to pretend to be someone else, often with the intent to deceive or defraud; to imitate the mannerisms or speech of another person as a form of tribute or satire
synonym: imitate, mimic, copy
(1) **impersonate** a government official, (2) **impersonate** a character
The comedian is famous for his ability to **impersonate** famous politicians.

cardiologist *n.* a medical doctor who specializes in the study and treatment of the heart and the circulatory system
synonym: heart doctor, heart specialist, cardiac specialist
(1) **cardiologist** appointment, (2) skilled **cardiologist**
My grandfather is seeing a **cardiologist** to monitor his heart condition.

medicinal

adj. of or relating to the treatment or cure of disease

synonym : curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

hypothesize

v. to form or present a theory or explanation without sufficient evidence; to speculate

synonym : speculate, theorize, conjecture

(1) **hypothesize** as to outcomes, (2) **hypothesize** what could have happened

Scientists **hypothesize** that the new fish species evolved to survive in deep-sea environments.

biomedical

adj. relating to the application of the natural sciences, especially biology, and physiology, to clinical medicine and healthcare

synonym : medical, clinical, health-related

(1) **biomedical** assay, (2) cutting-edge **biomedical**

Biomedical engineering focuses on developing new medical technologies and innovations to improve patient health outcomes.

osteoporosis

n. a medical condition characterized by a loss of bone density or mass, resulting in fragile and porous bones that are at increased risk for fractures

(1) **osteoporosis** treatment, (2) **osteoporosis** prevention

As we age, we become more at risk for **osteoporosis**, a condition that weakens the bones in our bodies.

ischemic

adj. relating to or caused by an inadequate supply of blood to an organ or tissue, leading to reduced oxygen and nutrient levels

synonym : blocked, restricted, reduced blood flow

(1) **ischemic** stroke, (2) **ischemic** optic neuropathy

The patient was diagnosed with **ischemic** heart disease

requiring immediate medical attention.

erode

v. to gradually wear away or break down (rock, soil, or other material) through the action of wind, water, or other natural agents; to gradually weaken or undermine (something) over time

synonym: wear away, deteriorate, corrode

(1) **erode** coast, (2) **erode** trust

The ongoing budget cuts have **eroded** the quality of education in many schools.

explode

v. to burst or break open violently and noisily; to cause something to burst or break open

synonym: detonate, blast, rupture

(1) **explode** in anger, (2) **explode** in popularity

The old building **exploded** in a fiery inferno.

clot

n. a thick mass or lump of coagulated liquid, especially blood; a group of people or things that form an obstructive, unsympathetic, or resistant force

synonym: clump, coagulation, thrombus

(1) blood **clot**, (2) **clot** prevention

The **clot** in the blood vessel required immediate medical attention.

catheter

n. a thin, flexible tube that is inserted into a body cavity, duct, or vessel to drain fluid, inject medication, or perform a medical procedure

synonym: tube, drainage tube, pipe

(1) insert **catheter**, (2) urinary **catheter**

After the surgery, the patient was required to wear a **catheter** for several days.

obese

adj. excessively overweight, particularly to the point of being a serious health risk; having a body mass index (BMI) of 30 or more

synonym: overweight, corpulent, plump

(1) **obese** individuals, (2) **obese** children

The doctor warned him that his **obese** condition put him at risk for numerous health problems.

cellulite

n. a skin condition that causes a dimpled, lumpy appearance, particularly on the thighs, hips, and buttocks; caused by pockets of fat pushing against connective tissue under the skin

(1) **cellulite** treatment, (2) **cellulite** removal

Regular exercise and a healthy diet can help prevent the formation of **cellulite**.

lumpy

adj. having many small bumps, irregularities, or unevenness; forming or consisting of small lumps

synonym: bumpy, uneven, lopsided

(1) **lumpy** mattress, (2) **lumpy** sugar

The batter for the cake was **lumpy** and needed to be smoothed out.

angiography

n. a medical imaging technique that involves the visualization and examination of blood vessels, typically using the injection of a contrast agent and X-ray imaging to highlight and study the circulatory system

synonym: arteriography, vascular imaging

(1) **angiography** procedure, (2) digital **angiography**

After experiencing chest pains, he underwent coronary **angiography** to check for blockages in his heart's arteries.

blush

v. to become red in the face from embarrassment, shame, or modesty

synonym: flush, redden, glow

(1) **blush** bright red, (2) **blush** for my mistake

She **blushed** when the boy complimented her.

obstruction

n. something that blocks the path or progress of something else; an obstacle or barrier that impedes movement, action, or progress

synonym: barrier, obstacle, hindrance

(1) airway **obstruction**, (2) **obstruction** of justice

The tree branch in the middle of the walking path created an **obstruction** for pedestrians.

thallium

n. a chemical element with the symbol Tl and atomic number 81, which is a soft, malleable gray metal that resembles tin but can be poisonous used in photocells and used as a poison in the past

synonym: Tl

(1) **thallium** sulfate, (2) **thallium** test

The patient was diagnosed with **thallium** poisoning after exposure to the toxic substance.

excite

v. to make someone feel suddenly enthusiastic or eager

synonym: thrill, exhilarate, animate

(1) **excite** the crowd, (2) **excite** rebellion

The news of her promotion **excited** her.

pictogram

n. a graphic symbol that conveys its meaning through its pictorial resemblance to a physical object

(1) **pictogram** color, (2) a **pictogram** code

That town installed signs digitally displaying **pictograms** to reduce traffic accidents.

lifesaving

n. the act or process of rescuing someone else's life, especially from drowning

(1) **lifesaving** efforts, (2) **lifesaving** device

The patient needs a **lifesaving** transplant operation.

longevity

n. the property of being long-lived; significant duration of service

synonym: seniority, endurance

(1) **longevity** crisis, (2) **longevity** genes

He is proud of the **longevity** of the business.

unfold

v. to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown

synonym : open, spread out, expose

(1) **unfold** the story, (2) **unfold** the stroller

The mystery **unfolded** as the detectives gathered more clues.

hoe

n. a garden tool with a flat blade attached at right angles to a long handle

(1) garden **hoe**, (2) weeding **hoe**

She purchased a **hoe** and a sickle for a backyard vegetable garden.

mammography

n. the process of using X-rays to examine the breast for the early detection of breast cancer

synonym : breast imaging, mammogram, breast X-ray

(1) diagnostic **mammography**, (2) digital **mammography**

Women should get regular **mammography** screenings as a preventative measure for breast cancer.

famine

n. a severe shortage of food, often caused by drought, war, or economic reasons

synonym : hunger, starvation, drought

(1) **famine** relief, (2) coal **famine**

The severe **famine** caused by the drought has left many people without food.

implore

v. to beg earnestly or desperately; to plead urgently for assistance or mercy

synonym : beg, beseech, plead

(1) **implore** forgiveness, (2) **implore** assistance

I **implore** you to reconsider your decision before it's too late.

Session 2: Spelling

1. cutting-edge bio_____al *adj.* relating to the application of the natural sciences, especially biology, and physiology, to clinical medicine and healthcare
2. imp_____te a government official *v.* to pretend to be someone else, often with the intent to deceive or defraud; to imitate the mannerisms or speech of another person as a form of tribute or satire
3. un___d the story *v.* to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown
4. a pi_____am code *n.* a graphic symbol that conveys its meaning through its pictorial resemblance to a physical object
5. c__t prevention *n.* a thick mass or lump of coagulated liquid, especially blood; a group of people or things that form an obstructive, unsympathetic, or resistant force
6. un___d the stroller *v.* to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown
7. digital ang_____hy *n.* a medical imaging technique that involves the visualization and examination of blood vessels, typically using the injection of a contrast agent and X-ray imaging to highlight and study the circulatory system

ANSWERS: 1. biomedical, 2. impersonate, 3. unfold, 4. pictogram, 5. clot, 6. unfold, 7. angiography

8. g__p in shock *v.* to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise
9. g__p for air *v.* to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise
10. is____ic stroke *adj.* relating to or caused by an inadequate supply of blood to an organ or tissue, leading to reduced oxygen and nutrient levels
11. de__t a feeling of isolation *v.* to illustrate someone or something in a photograph
12. traditional me_____al *adj.* of or relating to the treatment or cure of disease
13. digital mam_____hy *n.* the process of using X-rays to examine the breast for the early detection of breast cancer
14. bio_____al assay *adj.* relating to the application of the natural sciences, especially biology, and physiology, to clinical medicine and healthcare
15. de__t a scene *v.* to illustrate someone or something in a photograph
16. skilled car_____ist *n.* a medical doctor who specializes in the study and treatment of the heart and the circulatory system
17. th____um sulfate *n.* a chemical element with the symbol Tl and atomic number 81, which is a soft, malleable gray metal that resembles tin but can be poisonous used in photocells and used as a poison in the past

ANSWERS: 8. gasp, 9. gasp, 10. ischemic, 11. depict, 12. medicinal, 13. mammography, 14. biomedical, 15. depict, 16. cardiologist, 17. thallium

18. hyp_____ze as to outcomes *v.* to form or present a theory or explanation without sufficient evidence; to speculate
19. pi_____am color *n.* a graphic symbol that conveys its meaning through its pictorial resemblance to a physical object
20. bl__h for my mistake *v.* to become red in the face from embarrassment, shame, or modesty
21. er__e coast *v.* to gradually wear away or break down (rock, soil, or other material) through the action of wind, water, or other natural agents; to gradually weaken or undermine (something) over time
22. lo_____ty genes *n.* the property of being long-lived; significant duration of service
23. ex___e rebellion *v.* to make someone feel suddenly enthusiastic or eager
24. im_____e forgiveness *v.* to beg earnestly or desperately; to plead urgently for assistance or mercy
25. ob__e children *adj.* excessively overweight, particularly to the point of being a serious health risk; having a body mass index (BMI) of 30 or more
26. wi__n a narrowed heart valve *v.* to become or make something broader, wider, more extensive
27. ex___e the crowd *v.* to make someone feel suddenly enthusiastic or eager
28. bl__h bright red *v.* to become red in the face from embarrassment, shame, or modesty

ANSWERS: 18. hypothesize, 19. pictogram, 20. blush, 21. erode, 22. longevity, 23. excite, 24. implore, 25. obese, 26. widen, 27. excite, 28. blush

29. me_____al chemistry *adj.* of or relating to the treatment or cure of disease
30. lif_____ng efforts *n.* the act or process of rescuing someone else's life, especially from drowning
31. blonde w_g *n.* a head covering made of synthetic or real hair worn for a variety of reasons, including as a fashion accessory, to conceal hair loss or baldness, or as part of a costume
32. insert ca_____er *n.* a thin, flexible tube that is inserted into a body cavity, duct, or vessel to drain fluid, inject medication, or perform a medical procedure
33. po_____y feelings in words *v.* to depict or describe someone or something in a painting, film, book, or other artistic work
34. lo_____ty crisis *n.* the property of being long-lived; significant duration of service
35. ce_____te treatment *n.* a skin condition that causes a dimpled, lumpy appearance, particularly on the thighs, hips, and buttocks; caused by pockets of fat pushing against connective tissue under the skin
36. lif_____ng device *n.* the act or process of rescuing someone else's life, especially from drowning
37. wi__n in excitement *v.* to become or make something broader, wider, more extensive
38. car_____ist appointment *n.* a medical doctor who specializes in the study and treatment of the heart and the circulatory system

ANSWERS: 29. medicinal, 30. lifesaving, 31. wig, 32. catheter, 33. portray, 34. longevity, 35. cellulite, 36. lifesaving, 37. widen, 38. cardiologist

39. blood c__t *n.* a thick mass or lump of coagulated liquid, especially blood; a group of people or things that form an obstructive, unsympathetic, or resistant force
40. garden h_e *n.* a garden tool with a flat blade attached at right angles to a long handle
41. accurately po____y the condition *v.* to depict or describe someone or something in a painting, film, book, or other artistic work
42. ex____e in anger *v.* to burst or break open violently and noisily; to cause something to burst or break open
43. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
44. lu__y mattress *adj.* having many small bumps, irregularities, or unevenness; forming or consisting of small lumps
45. ob__e individuals *adj.* excessively overweight, particularly to the point of being a serious health risk; having a body mass index (BMI) of 30 or more
46. is____ic optic neuropathy *adj.* relating to or caused by an inadequate supply of blood to an organ or tissue, leading to reduced oxygen and nutrient levels
47. ost_____sis prevention *n.* a medical condition characterized by a loss of bone density or mass, resulting in fragile and porous bones that are at increased risk for fractures

ANSWERS: 39. clot, 40. hoe, 41. portray, 42. explode, 43. opportune, 44. lumpy, 45. obese, 46. ischemic, 47. osteoporosis

48. ex_____e in popularity *v.* to burst or break open violently and noisily; to cause something to burst or break open
49. im_____e assistance *v.* to beg earnestly or desperately; to plead urgently for assistance or mercy
50. hyp_____ze what could have happened *v.* to form or present a theory or explanation without sufficient evidence; to speculate
51. urinary ca_____er *n.* a thin, flexible tube that is inserted into a body cavity, duct, or vessel to drain fluid, inject medication, or perform a medical procedure
52. airway obs_____on *n.* something that blocks the path or progress of something else; an obstacle or barrier that impedes movement, action, or progress
53. op_____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
54. imp_____te a character *v.* to pretend to be someone else, often with the intent to deceive or defraud; to imitate the mannerisms or speech of another person as a form of tribute or satire
55. lu__y sugar *adj.* having many small bumps, irregularities, or unevenness; forming or consisting of small lumps
56. er__e trust *v.* to gradually wear away or break down (rock, soil, or other material) through the action of wind, water, or other natural agents; to gradually weaken or undermine (something) over time

ANSWERS: 48. explode, 49. implore, 50. hypothesize, 51. catheter, 52. obstruction, 53. opportune, 54. impersonate, 55. lumpy, 56. erode

57. co____r fatal disease *v.* to bring under control by force or authority
58. co____r the world *v.* to bring under control by force or authority
59. ost_____sis treatment *n.* a medical condition characterized by a loss of bone density or mass, resulting in fragile and porous bones that are at increased risk for fractures
60. weeding h_e *n.* a garden tool with a flat blade attached at right angles to a long handle
61. coal fa___e *n.* a severe shortage of food, often caused by drought, war, or economic reasons
62. ce_____te removal *n.* a skin condition that causes a dimpled, lumpy appearance, particularly on the thighs, hips, and buttocks; caused by pockets of fat pushing against connective tissue under the skin
63. diagnostic mam_____hy *n.* the process of using X-rays to examine the breast for the early detection of breast cancer
64. curly w_g *n.* a head covering made of synthetic or real hair worn for a variety of reasons, including as a fashion accessory, to conceal hair loss or baldness, or as part of a costume
65. th_____um test *n.* a chemical element with the symbol Tl and atomic number 81, which is a soft, malleable gray metal that resembles tin but can be poisonous used in photocells and used as a poison in the past

ANSWERS: 57. conquer, 58. conquer, 59. osteoporosis, 60. hoe, 61. famine, 62. cellulite, 63. mammography, 64. wig, 65. thallium

66. fa___e relief *n.* a severe shortage of food, often caused by drought, war, or economic reasons
67. obs_____on of justice *n.* something that blocks the path or progress of something else; an obstacle or barrier that impedes movement, action, or progress
68. ang_____hy procedure *n.* a medical imaging technique that involves the visualization and examination of blood vessels, typically using the injection of a contrast agent and X-ray imaging to highlight and study the circulatory system

ANSWERS: 66. famine, 67. obstruction, 68. angiography

Session 3: Fill in the Blanks

1. We often _____ political problems as religious issues.
 - v. to depict or describe someone or something in a painting, film, book, or other artistic work

2. She _____ when the boy complimented her.
 - v. to become red in the face from embarrassment, shame, or modesty

3. That town installed signs digitally displaying _____ to reduce traffic accidents.
 - n. a graphic symbol that conveys its meaning through its pictorial resemblance to a physical object

4. The mystery _____ as the detectives gathered more clues.
 - v. to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown

5. The severe _____ caused by the drought has left many people without food.
 - n. a severe shortage of food, often caused by drought, war, or economic reasons

6. Regular exercise and a healthy diet can help prevent the formation of _____.
 - n. a skin condition that causes a dimpled, lumpy appearance, particularly on the thighs, hips, and buttocks; caused by pockets of fat pushing against connective tissue under the skin

7. He _____ his investigation into a medical clinic.
 - v. to become or make something broader, wider, more extensive

ANSWERS: 1. portray, 2. blushed, 3. pictograms, 4. unfolded, 5. famine, 6. cellulite, 7. widened

8. The phone rang at the most _____ time.

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

9. The batter for the cake was _____ and needed to be smoothed out.

adj. having many small bumps, irregularities, or unevenness; forming or consisting of small lumps

10. Scientists _____ that the new fish species evolved to survive in deep-sea environments.

v. to form or present a theory or explanation without sufficient evidence; to speculate

11. The tree branch in the middle of the walking path created an _____ for pedestrians.

n. something that blocks the path or progress of something else; an obstacle or barrier that impedes movement, action, or progress

12. The patient needs a _____ transplant operation.

n. the act or process of rescuing someone else's life, especially from drowning

13. His son had accurately _____ the bloom.

v. to illustrate someone or something in a photograph

14. The audience _____ when the magician made the rabbit disappear from the hat.

v. to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise

15. The ongoing budget cuts have _____ the quality of education in many schools.

v. to gradually wear away or break down (rock, soil, or other material) through the action of wind, water, or other natural agents; to gradually weaken or undermine (something) over time

ANSWERS: 8. opportune, 9. lumpy, 10. hypothesize, 11. obstruction, 12. lifesaving, 13. depicted, 14. gasped, 15. eroded

16. The patient was diagnosed with _____ poisoning after exposure to the toxic substance.
- n.* a chemical element with the symbol Tl and atomic number 81, which is a soft, malleable gray metal that resembles tin but can be poisonous used in photocells and used as a poison in the past
17. You must _____ your anxiety about driving.
- v.* to bring under control by force or authority
18. The patient was diagnosed with _____ heart disease requiring immediate medical attention.
- adj.* relating to or caused by an inadequate supply of blood to an organ or tissue, leading to reduced oxygen and nutrient levels
19. After experiencing chest pains, he underwent coronary _____ to check for blockages in his heart's arteries.
- n.* a medical imaging technique that involves the visualization and examination of blood vessels, typically using the injection of a contrast agent and X-ray imaging to highlight and study the circulatory system
20. The old building _____ in a fiery inferno.
- v.* to burst or break open violently and noisily; to cause something to burst or break open
21. She purchased a ____ and a sickle for a backyard vegetable garden.
- n.* a garden tool with a flat blade attached at right angles to a long handle
22. The comedian is famous for his ability to _____ famous politicians.
- v.* to pretend to be someone else, often with the intent to deceive or defraud; to imitate the mannerisms or speech of another person as a form of tribute or satire

ANSWERS: 16. thallium, 17. conquer, 18. ischemic, 19. angiography, 20. exploded, 21. hoe, 22. impersonate

23. I _____ you to reconsider your decision before it's too late.
v. to beg earnestly or desperately; to plead urgently for assistance or mercy
24. She decided to wear a pink ____ to the costume party.
n. a head covering made of synthetic or real hair worn for a variety of reasons, including as a fashion accessory, to conceal hair loss or baldness, or as part of a costume
25. My grandfather is seeing a _____ to monitor his heart condition.
n. a medical doctor who specializes in the study and treatment of the heart and the circulatory system
26. _____ engineering focuses on developing new medical technologies and innovations to improve patient health outcomes.
adj. relating to the application of the natural sciences, especially biology, and physiology, to clinical medicine and healthcare
27. The doctor warned him that his _____ condition put him at risk for numerous health problems.
adj. excessively overweight, particularly to the point of being a serious health risk; having a body mass index (BMI) of 30 or more
28. He is proud of the _____ of the business.
n. the property of being long-lived; significant duration of service
29. As we age, we become more at risk for _____ a condition that weakens the bones in our bodies.
n. a medical condition characterized by a loss of bone density or mass, resulting in fragile and porous bones that are at increased risk for fractures

ANSWERS: 23. implore, 24. wig, 25. cardiologist, 26. Biomedical, 27. obese, 28. longevity, 29. osteoporosis,

30. The _____ in the blood vessel required immediate medical attention.
- n.* a thick mass or lump of coagulated liquid, especially blood; a group of people or things that form an obstructive, unsympathetic, or resistant force
31. The _____ properties of this herb have been known to help with various ailments.
- adj.* of or relating to the treatment or cure of disease
32. Women should get regular _____ screenings as a preventative measure for breast cancer.
- n.* the process of using X-rays to examine the breast for the early detection of breast cancer
33. The news of her promotion _____ her.
- v.* to make someone feel suddenly enthusiastic or eager
34. After the surgery, the patient was required to wear a _____ for several days.
- n.* a thin, flexible tube that is inserted into a body cavity, duct, or vessel to drain fluid, inject medication, or perform a medical procedure

ANSWERS: 30. clot, 31. medicinal, 32. mammography, 33. excited, 34. catheter