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Vocabulary Builder Reference from...

Daniel Goldstein: The battle between your present and future self | TED Talk https://www.ted.com/talks/daniel_goldstein_the_battle _between_your_present_and_future_self



All Words

IMPORTANT

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Session 1: Word List

hero

 a person who is admired or idealized for courage, outstanding achievements, or noble qualities; a character in literature or history who is central to the plot and who exhibits heroic qualities

synonym: champion, protagonist, savior

(1) local **hero**, (2) unsung **hero**

The soldier who sacrificed his life for his country is considered a national **hero**.

deck

 a flat surface that is usually made of wood or other material and is attached to a building, vehicle, or other structure

synonym: platform, veranda, patio

(1) deck chairs, (2) hands on deck

She sat on the ship's **deck**, watching the sunset over the ocean.

siren

n. a device that emits a loud, piercing sound, typically used as a warning or to get attention; historically, a creature in Greek mythology whose enchanting voice would lure sailors toward danger

synonym: alarm, warning, alert

(1) fire truck siren, (2) police siren

I heard the **siren** of an ambulance and moved my car to the side of the road.

enchant

- v. to cast a spell on; to fascinate or charm someone synonym: charm, captivate, bewitch
- (1) **enchant** the audience, (2) **enchant** the crowd The fairy's spell **enchanted** the prince, making him fall asleep for 100 years.

alternate

adj. occurring or existing one after the other regularly *synonym*: substitute, back up, equivalent

(1) **alternate** choice, (2) every **alternate** year The cleaning lady comes on **alternate** Wednesdays.

wax

- a substance that is solid at room temperature but becomes softer and more pliable when heated, often used in the production of candles, polishes, and cosmetics; (verb) to become large
- (1) wax finish, (2) wax and wane He sealed the letter with a wax seal.

mast

- n. a long pole aboard a boat or ship that holds up the sails
- mast height, (2) built-up mast
 The main cabin is located in front of the mast.

unaffected

adj. not influenced or emotionally impacted by external factors or events; calm, composed, and emotionally stable

synonym: untouched, unaffected, unaltered

(1) **unaffected** by weather, (2) emotionally **unaffected**Despite the chaos around her, she remained **unaffected** and focused.

captain

 the leader of a group of people, especially who is in charge of a ship or aircraft

synonym: boss, director, leader

(1) the **captain** of an opposing team, (2) **captain** of industry The **captain** ordered the troops to fire.

rehearse

v. to practice or repeat something, such as a performance, speech, or action, to prepare for an event or to improve one's skills; to go through the motions of a planned activity before executing it

synonym: practice, recite, drill

(1) **rehearse** an opera, (2) **rehearse** a speech The actors needed to **rehearse** their lines before the performance.

beg

v. to ask for something urgently or earnestly; to appeal to someone to do something

synonym: plead, implore, entreat

(1) **beg** the question, (2) **beg** for help

She **begged** her parents to let her go to the concert.

plead

v. to make a serious and urgent request or appeal, especially for help or mercy

synonym: beg, implore, supplicate

(1) **plead** for mercy, (2) **plead** a political cause

He **pleaded** with the authorities to release his son, who had been wrongly accused.

untie

v. to unfasten or loosen a knot, tie, or fastening; to release or free something that has been tied or bound

synonym: untangle, unfasten, undo

(1) **untie** the ribbon, (2) **untie** shoelaces

I needed to **untie** the knots in my shoelaces before I could put my shoes on.

knot

- n. a tight interlacing of something such as rope or threadsynonym: tangle, entanglement, snarl
- (1) a hard **knot**, (2) a **knot** of people

The boy scout showed us how to tie a **knot** that wouldn't

come undone.

resist

v. to refuse to accept something and attempt to prevent it from happening

synonym: fight, defy, revolt

(1) resist temptation, (2) resist being kissed

I chose to **resist** cancer by trying every possible treatment.

hesitate

- v. to pause decision before saying or doing something synonym: waver, pause, waffle
- (1) **hesitate** for a moment, (2) **hesitate** to ask for help Please do not **hesitate** to call us.

rehearsal

 a practice session, usually for a performance or presentation, during which people prepare and fine-tune their performance, often with the help of feedback from others; the act of rehearsing

synonym: practice, run-through, drill

(1) dress rehearsal, (2) music rehearsal

The theater company had its final **rehearsal** before opening night.

flip

v. to turn over into a different position quickly; to throw or toss with a light motion

synonym: throw, jump

(1) **flip** over the pork chop, (2) **flip** a coin

He **flipped** when he heard that he had been accepted into the university.

idiot

 a foolish or stupid person who lacks common sense or judgment; a derogatory term used to describe someone who is mentally deficient

synonym: dummy, imbecile, bubblehead

(1) idiot driver, (2) what an idiot

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He acted like an **idiot** and spilled his drink all over the floor.

moron

 n. (offensive and derogatory term) a person who is considered very foolish, stupid, or lacking intelligence or common sense

synonym: idiot, fool, imbecile

(1) social moron, (2) complete moron

The internet troll accused her of being a **moron** for her political views.

con

 an argument opposed to a proposal; a swindle in which you cheat at gambling or persuade a person to buy worthless property; (verb) to be against or opposed to something

synonym: oppose, objection, deception

(1) telemarketing **cons**, (2) the pros and **cons**

The **con** artist convinced the older woman to give him her life savings.

merciless

adj. showing no pity or compassion, cruel or without mercy;harsh and unforgiving

synonym: ruthless, cruel, pitiless

(1) merciless criticism, (2) a merciless killer

The **merciless** dictator ruled with an iron fist, showing no mercy to those who opposed him.

hilarity

 extreme amusement or laughter; a state of being very funny or entertaining

synonym: amusement, merriment, glee

(1) full of unexpected hilarity, (2) burst of hilarity

The humorous banter between the characters added a touch of **hilarity** to the otherwise serious movie.

ensue

v. to happen or follow as a result or consequence of something

synonym: follow, occur, result

(1) **ensue** within a few years, (2) predict what will **ensue** A power outage **ensued** after the storm knocked out the electricity.

psychology

- n. the scientific study of mind and behavior
- (1) **psychology** experiment, (2) **psychology** of crowd She had a master's degree in **psychology**.

commitment

 a promise or firm decision to do something or to behave in a certain way

synonym: burden, obligation, promise

(1) a **commitment** to an alliance, (2) meet his **commitments**

His business commitments took him to the United States.

device

 a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic

synonym: gadget, instrument, tool

(1) electronic device, (2) tracking deviceI always carry a backup device in case my phone runs out of battery.

decision

 the act or process of making up someone's mind about something; a choice or judgment reached after considering options

synonym: choice, determination, judgment

(1) decision authority, (2) a selfish decision
She was struggling to make a decision between two job offers.

bind

v. to tie or fasten someone or something tightly with rope, string, etc. so that they cannot move or are held together strongly

synonym: tie, stick to, adhere

(1) **bind** the man's hands, (2) **bind** old letters into a bundle The company's rules **bind** the employee's working hours.

regret

to feel sad, repentant, or disappointed over something you have done or something you have not been able to do synonym: apologize, deplore, lament

(1) **regret** a decision, (2) **regret** being so careless I **regret** to say that you did not gain admission to the university.

invoke

 to call upon or request help or support, especially from a higher power; to mention or use something as a reason or justification for actions or decisions

synonym: evoke, summon, call forth

(1) **invoke** memories, (2) **invoke** the right to remain silent The politician **invoked** the name of the founding fathers in his speech.

metaphor

 a figure of speech in which an expression is used to refer to something that it does not denote to suggest a similarity

synonym: conceit, analogy, symbol

(1) metaphor for death, (2) visual metaphorShe expressed her thought in an artful choice of metaphors.

temptation

n. the desire to do or have something that you know you should not do or have; the act of influencing by exciting hope or desire

synonym: allure, attraction, enticement

(1) withstand **temptation**, (2) many **temptations**Researchers often succumb to the **temptation** of accolades and commit research misconduct.

n. an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oars

synonym: line, sequence, layer

(1) criminal on death **row**, (2) a **row** of cherry trees He was the leader of the demonstrators and spoke out against the war in the front **row**.

immediate

adj. happening or done without delay or occurring shortly after something else

synonym: prompt, quick, instantaneous

(1) take **immediate** effect, (2) the **immediate** past Both forts were subject to **immediate** attacks.

gratification

- the feeling of being pleased or satisfied as a result of n. achieving something or having something you want *synonym*: satisfaction, pleasure, contentment
- (1) instant gratification, (2) aesthetic gratification The gratification of completing a difficult task is a great feeling.

retire

to withdraw from one's position or occupation, especially because of age

synonym: relinquish, step down, withdraw

(1) **retire** voluntarily, (2) **retire** after four terms After working for the company for 30 years, she decided to retire from her job.

villa

a large, luxurious country house in ancient Rome or a modern version of such a house

synonym: country house, mansion, manor

(1) a **villa** by the seaside, (2) an imperial **villa** They rented a villa on the Italian coast for their summer vacation.

economical

- adj. providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessary synonym: frugal, thrifty, parsimonious
- (1) **economical** use of her time, (2) an **economical** meal It is more **economical** to wash your plastic bottle and reuse it.

abstain

to choose not to do something, especially something that one wants to do

synonym: refrain, desist, forbear

(1) **abstain** on a vote, (2) **abstain** from food

She chose to **abstain** from alcohol at the party.

distant

adj. far away in space, time, or where you are; far apart in relevance, relationship, or kinship

synonym: far, isolated, remote

(1) a distant memory, (2) distant ancestors

The sun set over the crest of distant hills.

exertion

n. the act of using one's energy, effort, or strength to achieve something; a physical or mental effort that produces a result

synonym: exercise, effort, struggle

(1) physical **exertion**, (2) **exertion** of energy

The intense **exertion** required to climb the mountain left him feeling exhausted.

physically

adv. in a way related to a person's body or appearance rather than their mind

(1) **physically** and mentally, (2) stay **physically** fit Having a **physically** healthy physique is essential for a great life.

achieve

v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

synonym: accomplish, attain, reach

(1) **achieve** success, (2) **achieve** milestones

I will work hard to **achieve** my goals and realize my dreams.

discipline

 the practice of training people to obey rules or a code of behavior, using and punishments if these are broken; a region of activity, knowledge, or influence

synonym: training, restraint, field

(1) break **discipline**, (2) rigid **discipline**He quickly learned the military **discipline**.

stick

v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

synonym: pierce, adhere, stay

(1) stick a key in a lock, (2) fire stick

You **stick** a bill in the change machine, and the coins pop out.

unequal

adj. different in amount, size, degree, or value; not fair synonym: unfair, uneven, imbalanced

(1) unequal distribution, (2) unequal opportunity

The income inequality in the country is becoming increasingly **unequal**.

heroic

 adj. courageous and daring; having or displaying qualities appropriate for legendary figures that is courage and daring

synonym: brave, courageous, daring

(1) a heroic poem, (2) heroic explorers

The **heroic** actions of individuals are now easily spread worldwide by SNS.

lift

v. to raise something to a higher position or level; to pick up something or somebody and move them to a different position

synonym: raise, elevate, move up

(1) lift sagging skin, (2) lift a ban on alcohol

The drought lifted the prices of grain globally.

dough

a mixture of flour, liquid, and other ingredients, typically used to make bread, pastry, or pasta

synonym: flour, mix

(1) work **dough**, (2) **dough** for pastry

She mixed flour, yeast, sugar, and water to make **dough** for the bread.

trounce

v. to defeat decisively or overwhelmingly in a contest or competition; to beat or thrash severely; to thoroughly overpower or defeat someone or something

synonym: beat, thrash, vanquish

- (1) **trounce** an opponent, (2) **trounce** in a debate The home team managed to **trounce** their rivals with a surprising score of 5-0.
- a person who admires and supports a person, group, sport, sports team, etc.; a device for creating a current of air by the movement of a surface or surfaces

synonym: lover, devotee, blade

(1) a film **fan**, (2) engine cooling **fan** I'm a big **fan** of French food.

creditor

fan

- n. a person, company, etc. to whom a debtor owes money
- (1) the **creditor's** claims, (2) bankrupt **creditor** I asked the lawyer to initiate **creditor** negotiations for voluntary liquidation.

junk

n. discarded or unused material or objects, often considered worthless or of little value; also used to describe cheap or poorly made items or food that is high in calories but lacking in nutrition

synonym: trash, debris, waste

(1) **junk** mail, (2) hunk of **junk**

I need to clear out some of the **junk** in my garage.

unplug

v. to disconnect the plug of electrical equipment from the electricity supply

synonym: disconnect, clear, open

(1) **unplug** the power cord, (2) **unplug** a USB stick Please **unplug** the heater before you go to bed.

starve

 to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance *synonym*: famish, hunger

(1) **starve** for a victory, (2) **starve** to death If you don't eat soon, you're going to **starve**.

doctoral

adj. of or relating to doctorate (= the highest degree from a university) or the achievement of a doctorate

synonym: doctorial

(1) doctoral program, (2) doctoral research

She is pursuing a **doctoral** degree in psychology to become a licensed therapist.

perish

 to die or cease to exist; to suffer complete ruin or destruction; to decay or deteriorate

synonym: die, expire, deteriorate

(1) **perish** in a fire, (2) **perish** from hunger

The orchids **perished** without enough sunlight or water.

phase

- n. any stage in a series of events, change, or developmentsynonym: degree, stage, step
- (1) enter on the last **phase**, (2) two- **phase** structure The era of the industrial revolution was a crucial **phase** of history.

execute

v. to kill someone, especially as a legal punishment; to carry out or perform an action, duty, etc.

synonym: direct, conduct, enforce

- execute a bold strategy, (2) execute a double play
 The mafioso who collaborated with the police was executed.
- a supernatural being typically represented in belief systems as an evil or mischievous spirit, often used metaphorically to describe a person or thing that is harmful, dangerous, or wicked

synonym: demon, fiend, satan

(1) devil's advocate, (2) devil horns

There are various ways to ward off the **devil**, including prayer

devil

and holy water.

rid

v. to make someone or something free of unwanted or unpleasant tasks, objects, or person

synonym: do away with, free, clear

(1) get **rid** of the rats, (2) **rid** the body of waste products We must **rid** ourselves of pollution.

illegal

adj. not allowed by law
synonym: banned, prohibited, illicit

(1) **illegal** drugs, (2) child of **illegal** immigrants The customs agents seized the **illegal** shipment.

charity

 an organization that helps people in need, especially by providing food, shelter, or money; a kindly and sympathetic attitude toward people

synonym: philanthropy, benevolence, generosity

(1) charity work, (2) ask charity

She volunteers at a local **charity** every weekend to help those in need.

Nazi

n. a member or supporter of the National Socialist German Workers' Party, which controlled Germany from 1933 to 1945 and carried out a genocidal campaign against Jews and other marginalized groups; someone who subscribes to similar racist or authoritarian beliefs

synonym: fascist, authoritarian, dictator

(1) Nazi regime, (2) neo- Nazi movement

The **Nazi** party was responsible for atrocities committed during World War II.

ultimate

adj. furthest or highest in degree or ordersynonym: highest, maximum, foremost

(1) the **ultimate** goal in life, (2) the **ultimate** luxury Management must take **ultimate** responsibility for the accident.

decide

- v. to make up someone's mind about something; to come to a conclusion or judgment after considering optionssynonym: choose, determine, settle
- (1) **decide** a question, (2) **decide** on a course of action She couldn't **decide** whether to order the pizza or the pasta for dinner.

envelop

- v. to surround and cover completely; to encase synonym: wrap, cover, surround
- (1) **envelop** the whole world, (2) **envelop** her in a bear hug The fog **enveloped** the city, making it difficult to see.

subway

- n. an underground railway system, typically in a citysynonym: underground, metro, tube
- (1) **subway** train, (2) rapid transit **subway**He took the **subway** to work every day to avoid traffic congestion.

pointless

adj. having no purpose or reason; serving no useful function; meaningless or senseless

synonym: meaningless, purposeless, worthless

(1) **pointless** argument, (2) **pointless** task
The meeting was considered **pointless** since nothing was accomplished.

exchange

to give something and receive something else in return, often with the implication that the items being traded are of equal or comparable value; (noun) the act of giving or taking something in return for something else; a place or system where goods or services can be bought, sold, or traded

synonym: trade, swap, interchange

(1) **exchange** rate, (2) **exchange** a few friendly words My sister and I frequently **exchange** books, as we love reading.

nag

v. to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse

synonym: hassle, bother, badger

nag about the minor thing, (2) nag political leaders
 She couldn't stop nagging her husband to take out the trash.

contract

 a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law

synonym: agreement, deal, arrangement

(1) employment **contract**, (2) **contract** law

The company signed a **contract** with the supplier for the delivery of goods.

constant

adj. happening repeatedly or all the time *synonym*: ceaseless, stable, unchanging

(1) a **constant** wind, (2) a **constant** temperature **Constant** dropping wears away the stone.

defend

v. to protect someone or something from attack, criticism, danger, etc.

synonym: protect, guard, support

(1) **defend** my country, (2) **defend** against a threat International law allows each nation to **defend** itself when its rights and interests are illegally violated.

mechanism

 a part of a machine, or a set of parts that performs a task; a natural or established process that occurs during a specific situation or reaction

synonym: means, method, system

(1) the **mechanism** for DNA replication, (2) defense **mechanism**

He discovered unique **mechanisms** for photochemical reactions.

weasel

- n. a small carnivorous mammal with a long and slender body, short legs, and a long and narrow head, known for its ability to hunt rodents and small animals; someone who behaves in an untrustworthy, deceitful, or cunning manner
- (1) **weasel** words, (2) **weasel** her way out of doing the dishes

The **weasel's** long and slender body allows it to easily navigate small spaces.

cocktail

 a drink, usually an alcoholic one, made by mixing one or more spirits (= strong alcoholic drinks) and fruit juice; an appetizer served as a first course at a meal

synonym: appetizer, beverage

(1) a light **cocktail**, (2) **cocktail** of chemicals We invited some friends for a **cocktail** party.

afterward

adv. after the time mentionedsynonym: later, thereafter, following

(1) a few years **afterward**, (2) go there **afterward**We will explain the countermeasure concerning this problem **afterward**.

relation

 the way two persons or groups of people feel and act toward one another

synonym: association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no alteration.

topic

- n. a subject that is being discussed or written aboutsynonym: subject, theme, issue
- a serious topic,
 the topic of the book
 the topic of the discussion was the current state of the economy.

classic

 adj. judged or deserving to be regarded as one of the best or most important of its kind over a period of time; of a well-known type

synonym: definitive, traditional, typical

(1) a **classic** experiment, (2) Chinese **classic** literature He displayed the **classic** symptoms of depression.

consume

v. to spend something, especially fuel, energy, or time, in a large amount

synonym: absorb, ingest, use up

(1) **consume** a large of alcohol, (2) **consume** electricity A smaller car will **consume** less fuel.

decline

v. to become gradually smaller, fewer, worse, etc.; to refuse to accept

synonym: descend, drop, deny

(1) **decline** a job offer, (2) **decline** in quality
As people age, their digestive capacity also gradually **declines**.

retirement

- n. the fact or act of stopping working and leaving one's job synonym: resignation, withdrawal, retreat
- (1) retirement from politics, (2) impending retirementThis fund is responsible for disability and retirement benefits.

index

n. a list of items, such as names, subjects, or keywords, that is arranged in a particular order and is usually found at the end of a book or document; a number or symbol that indicates the value or level of something, such as a stock index or a temperature index

synonym: list, directory, indicator

(1) a full-text index, (2) health index

The stock market **index** measures the performance of a group of stocks.

boom

 a sudden increase in economic activity, or a sudden happening that brings good fortune; a deep, loud, and

prolonged sound

synonym: roaring, prosperity, boost

(1) **boom** in sales, (2) a sonic **boom**

The high-technology industry is enjoying a **boom**.

institute

an organization that has a specific purpose, particularly n. one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something

synonym: academy, university, college

(1) **institute** a lawsuit, (2) research **institutes** This region has many **institutes** offering higher education.

predict

- to state beforehand that something will happen in the future, mainly based on knowledge or experience *synonym*: forecast, anticipate, foresee
- (1) **predict** the future, (2) **predict** when she will arrive It's notoriously challenging to **predict** birth rates.

philosophy

- the study of general and fundamental questions, such as n. those about existence, reason, knowledge, values, mind synonym: doctrine, attitude, creed
- (1) **philosophy** of education, (2) western **philosophy** Ethics is a branch of **philosophy**.

inspiring

adj. stimulating and motivating you to want to do something synonym: exhilarating, encouraging, heartening

(1) **inspiring** stories, (2) awe- **inspiring** sight An **inspiring** teacher might spark students' motivation to succeed.

neglect

to not give enough care or attention to something; to leave something undone

synonym: delinquency, carelessness, decay

(1) **neglect** to call, (2) **neglect** ethical issues He **neglected** his health to make the project a success.

imaginary

adj. existing only in someone's mindsynonym: fictional, ideal, fantastical

(1) **imaginary** number, (2) **imaginary** pregnancy

Little children tend to have imaginary friends.

ridiculous

adj. very silly or unreasonable and deserving to be laughed at

synonym: absurd, fatuous, foolish

(1) a **ridiculous** amount of money, (2) a **ridiculous** suggestion

Everyone regarded the theory he advocated as **ridiculous** but was later proven correct.

assist

v. to help someone in doing anything

synonym: help, support, aid

(1) assist a patient, (2) assist his goal

Please assist her with the furniture relocation.

distribute

v. to give something to a large number of individuals, or to spread or furnish something

synonym: broadcast, disperse, hand out

(1) **distribute** wealth evenly, (2) **distribute** video content His estate was **distributed** to his sons.

probable

adj. likely to happen or likely to be true

synonym: likely, possible, potential

(1) **probable** outcome, (2) **probable** cause of a fire It seems **probable** that he has forgotten our scheduled meeting.

outcome

n. the result or effect of an action, event, etc.

synonym: result, consequence, effect

(1) improved student **outcomes**, (2) a desirable **outcome** They awaited news of the **outcome** of the election.

obtain

- v. to get something, especially by making a great effort synonym: accept, acquire, receive
- (1) **obtain** a license, (2) **obtain** a bid Where can I **obtain** the application form?

represent

v. to speak, act, or be present on behalf of another person or group; to form or constitute

synonym: depict, express, describe

(1) **represent** by a diagram, (2) the characters that **represent** numbers

We elected him to **represent** us at the international conference.

wealth

n. a large amount of money, property, or other things that someone or an organization owns

synonym: affluence, assets, fortunate

(1) majority of his **wealth**, (2) material **wealth**

The **wealth** inequality was unavoidable.

struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym: toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job

He could not **struggle** against temptation.

invest

v. to put money, effort, time, etc. into something to make a profit or achieve a result

synonym: fund, sponsor, support

(1) invest in stocks, (2) invest capital

The government should view children as national assets and actively **invest** in them.

determinant

 a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

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synonym: cause, factor, element

(1) environmental **determinant**, (2) a **determinant** of crop yields

One **determinant** of success is having a positive attitude and a strong work ethic.

manipulate

 to influence or control something or someone to your advantage, often in an unfair or dishonest way

synonym: control, exploit, abuse

(1) **manipulate** figures, (2) vulnerable to **manipulate** Please tell me how to **manipulate** this computer.

disappear

v. to cease to exist or be visible

synonym: fade, evaporate, vanish

(1) **disappear** without a trace, (2) **disappear** after a week They watched the train **disappear** into the distance.

slight

adj. very small in degree or amount

synonym: feeble, nuanced, subtle

(1) feel a **slight** concern, (2) **slight** increase

We made **slight** modifications to reflect the views of both sides.

dread

v. to be very afraid of or worried about something that is going to happen or that might happen

synonym: fear, cringe, apprehend

(1) dread failure, (2) dread getting old

We all **dread** to think about what will happen if the company goes bankrupt.

nausea

 a feeling of sickness or discomfort in the stomach that is often accompanied by an urge to vomit; a sensation of loathing or disgust

synonym: queasiness, sickness, vomiting

(1) **nausea** medication, (2) drug-induced **nausea** and vomiting

The rollercoaster ride left me with a feeling of **nausea**.

undertake

v. to do or begin to do something, such as an enterprise or responsibility

synonym: assume, take on, embark

(1) **undertake** an enterprise, (2) **undertake** routine duties Young people in this country should **undertake** military duties.

well-being

- n. the state of being happy and healthy and prosperoussynonym: health, welfare, happiness
- (1) the **well-being** of a nation, (2) a sense of **well-being** We are responsible for the care and **well-being** of all our employees.

motto

a phrase or slogan that expresses a guiding principle or goal

synonym: slogan, catchphrase, phrase

(1) the **motto** for safe traffic, (2) company **motto**The company's **motto** is "Innovation and Service," which is reflected in its products and customer support.

emotion

- a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
 synonym: feeling, sentiment, passion
- (1) control my **emotion**, (2) afraid to show **emotion**Some **emotions** are common across cultures and backgrounds.

graphics

 images, designs, or drawings used in websites, books, magazines, etc.

synonym: drawings, illustrations, pictures

(1) computer **graphics**, (2) **graphics** engine My dream is to become a great **graphics** designer like her.

numerical

adj. relating to, expressed, or denoted by a number *synonym*: quantitative, numeral, mathematical

(1) 3D **numerical** simulation, (2) the **numerical** keypad The **numerical** value of Pi is approximately 3.14.

afford

- to have enough money or time to be able to buy or do something
- (1) **afford** to buy a new car, (2) **afford** a high travel cost He cannot **afford** a holiday.

retiring

adj. withdrawing from a position or activity, or becoming more secluded or reserved

synonym: shy, leaving, quitting

near retiring age, (2) a retiring pension
 retiring CEO passed on the reins to his successor.

graduate

 a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree

synonym: alumna, alum, grad

graduate degree program, (2) honor graduate
 Many employers hire graduate trainees to train as managers.

unfortunate

adj. having bad luck or fortune; unlucky synonym: unlucky, pitiful, wretched

(1) an **unfortunate** orphan, (2) an **unfortunate** situation The **unfortunate** accident caused many injuries and some fatalities.

advert

v. an advertisement; (verb) to make reference to something in speaking or writing

synonym: advertise, mention, attend

(1) a television **advert** for the product, (2) full page **advert** Our company took out a big **advert** next to the highway.

introduction

 a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market

synonym: initiation, preamble, prologue

introduction education, (2) self- introduction
 The introduction to the new class was informative and engaging.

virtual

adj. being actually such in almost every respect; existing in essence or effect though not in actual fact

synonym: practical

(1) a **virtual** image, (2) trading of **virtual** currencies She is the **virtual** president of the company.

software

 a set of computer programs and associated documentation and data for doing particular computational jobs

synonym: program, system, operating system

(1) **software** architect, (2) copyrighted **software**The company specializes in both hardware and **software**.

experiment

 the scientific test conducted to observe what happens and gain new knowledge

synonym: experimentation, investigation

(1) **experiment** design, (2) series of **experiments** His **experiments** showed highly positive results.

adjust

v. to make a minor modification to something to make it more suited for a new set of conditions or to make it function better.

synonym: adapt, alter, acclimate

(1) **adjust** a schedule, (2) **adjust** the rearview mirror You have to **adjust** your content to the age of the audience.

percentage

the number, amount, or rate of something, which is usually the amount per hundred

synonym: rate, ratio, portion

(1) the **percentage** of the gold content, (2) a high

percentage

What is the **percentage** of the consumption tax in the United States?

paycheck

 a check issued to an employee as payment for work or services rendered; the amount of money received in this check

synonym: salary, earnings, income

(1) electronic **paycheck**, (2) monthly **paycheck** I received a bonus on top of my regular **paycheck** this month.

maximum

adj. the largest or greatest amount or value attainable or attained

synonym: peak, top, highest

maximum limit, (2) the maximum speed
 The maximum temperature recorded this summer was

higher than average.

reverse

v. to change something's direction, order, position, decision, etc., to the opposite one; (adjective) directed or moving toward the rear

synonym: overturn, shift, switch

(1) **reverse** the trend, (2) **reverse** the order

The restaurant reversed a ban on smoking.

delight

n. a feeling of great pleasure or happiness

synonym: pleasure, joy, satisfaction

(1) a tremor of delight, (2) with delight

The **delight** on the child's faces when they received the toy was priceless.

anticipate

 to expect or predict that something will happen; to tell in advance

synonym: forecast, predict, expect

(1) anticipate your kind cooperation, (2) anticipate a black

future

We **anticipate** heavy snowfall tomorrow.

emotional

adj. relating to people's feelingssynonym: affecting, impactful, impressive

(1) emotional health, (2) emotional distress

Human **emotional** responses vary widely depending on the society to which they belong.

reaction

a response that reveals a person's feelings or attitude;
 (in chemistry) a process in which one or more substances are changed into others

synonym: response, reply, answer

(1) chemical **reaction**, (2) trigger a **reaction**There was a chemical **reaction** of the lime with the groundwater.

instance

- n. a particular example or single occurrence of somethingsynonym: example, sample, illustration
- (1) for instance, (2) notable instance

These articles cite five **instances** of climate change.

facial

adj. of or relating to a person's facesynonym: forward, front, surface

(1) facial nerve, (2) facial expressions

Facial profiling is a new form of airport security.

slide

v. to move or cause to move smoothly along a surface without interruption

synonym: glide, drift, drop

(1) **slide** a card across the table, (2) **slide** a glance If necessary, you can **slide** the front seats forward.

miserable

adj. very unhappy, uncomfortable, or unpleasant; causing great distress or suffering

synonym: unhappy, wretched, cheerless

(1) **miserable** weather, (2) **miserable** experience She felt **miserable** after her dog passed away.

moderate

adj. being within reasonable limits; not excessive or extreme synonym: average, middle-of-the-road, tempered

(1) **moderate** growth, (2) **moderate** risk

He had a **moderate** understanding of the topic but needed further research.

bias

 a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment

synonym: inclination, partiality, predilection

(1) **bias** against a big company, (2) have a **bias** toward socialism

She researched gender bias in politics.

frown

v. to make an angry or severe expression by bringing your eyebrows together to indicate disapproval, displeasure, or concentration

synonym: scowl, glare, disapprove

(1) people with **frown** faces, (2) a worried **frown** Thinking always made him **frown**.

exposure

 the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret

synonym: vulnerability, disclosure, uncovering

a southern exposure,
 the exposure of a fraud
 a southern exposure,
 the exposure of a fraud
 a southern exposure,
 the exposure of a fraud
 a southern exposure,
 the exposure of a fraud

blacksmith

- a smith who forges and shapes iron with a hammer and anvil
- blacksmith welding, (2) blacksmith shop
 The blacksmith shaped a horseshoe on his anvil.

smartphone

- a mobile phone that functions as a computer and connects to the Internet
- (1) **smartphone** app developer, (2) **smartphone** addict Internet traffic volumes have increased significantly with the advent of **smartphones**.

recognize

v. to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

synonym: acknowledge, identify, admit

(1) **recognize** talent, (2) **recognize** achievement It's important to **recognize** your strengths and weaknesses.

demonstrate

 to display something or give an exhibition to an interested audience

synonym: show, illustrate, display

(1) **demonstrate** a difference, (2) **demonstrate** mastery How can you **demonstrate** that the earth is a sphere?

bald

adj. having no hair on the head; having a smooth, shiny scalp with no hair

synonym: hairless, smooth, bare

(1) bald head, (2) become bald

He is completely **bald**, having lost all his hair due to chemotherapy.

disabuse

v. to free someone from a misconception, mistaken belief, or false impression; to correct someone's understanding or perception of something

synonym: correct, enlighten, debunk

(1) **disabuse** misconception, (2) **disabuse** a belief The coach spoke to his team to **disabuse** them of the idea that their opponents were easy to beat.

behalf

- n. represent; advantage, benefit, the interest of someonesynonym: benefit, advantage, favor
- (1) on behalf of our management, (2) on his own behalf

Session 2: Spelling

em al health adj. relating to people's feelings 1. 2. to be very afraid of or worried about dr d failure ν. something that is going to happen or that might happen a large, luxurious country house in 3. a vi a by the seaside n. ancient Rome or a modern version of such a house 4. en e within a few years to happen or follow as a result or ν. consequence of something the act or process of making up de on authority 5. n. someone's mind about something; a choice or judgment reached after considering options trading of vi____I currencies 6. adj. being actually such in almost every respect; existing in essence or effect though not in actual fact to not give enough care or attention to 7. ne t ethical issues ν. something; to leave something undone we___I her way out of doing the a small carnivorous mammal with a long 8. n. and slender body, short legs, and a long dishes and narrow head, known for its ability to hunt rodents and small animals; someone who behaves in an untrustworthy, deceitful, or cunning manner an organization that has a specific 9. in te a lawsuit n. purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something

ANSWERS: 1. emotional, 2. dread, 3. villa, 4. ensue, 5. decision, 6. virtual, 7. neglect, 8. weasel, 9. institute

10.	unke an enterprise	v.	to do or begin to do something, such as an enterprise or responsibility
11.	mote risk	adj.	being within reasonable limits; not excessive or extreme
12.	mam limit	adj.	the largest or greatest amount or value attainable or attained
13.	the can of an opposing team	n.	the leader of a group of people, especially who is in charge of a ship or aircraft
14.	break disne	n.	the practice of training people to obey rules or a code of behavior, using and punishments if these are broken; a region of activity, knowledge, or influence
15.	naa medication	n.	a feeling of sickness or discomfort in the stomach that is often accompanied by an urge to vomit; a sensation of loathing or disgust
16.	stle to get the job	ν.	to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
17.	expnt design	n.	the scientific test conducted to observe what happens and gain new knowledge
18.	n_g political leaders	v.	to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse
19.	police sin	n.	a device that emits a loud, piercing sound, typically used as a warning or to get attention; historically, a creature in Greek mythology whose enchanting voice would lure sailors toward danger

ANSWERS: 10. undertake, 11. moderate, 12. maximum, 13. captain, 14. discipline, 15. nausea, 16. struggle, 17. experiment, 18. nag, 19. siren

20. pr le cause of a fire adj. likely to happen or likely to be true 21. the per____ge of the gold content the number, amount, or rate of n. something, which is usually the amount per hundred 22. pl d for mercy to make a serious and urgent request or appeal, especially for help or mercy a person who is admired or idealized for 23. local h o n. courage, outstanding achievements, or noble qualities; a character in literature or history who is central to the plot and who exhibits heroic qualities to be very afraid of or worried about 24. dr d getting old something that is going to happen or that might happen 25. de____e a job offer to become gradually smaller, fewer, ν. worse, etc.; to refuse to accept to surround and cover completely; to 26. en___p her in a bear hug ν. encase 27. bankrupt cr or a person, company, etc. to whom a n. debtor owes money 28. a vi____I image adj. being actually such in almost every respect; existing in essence or effect though not in actual fact a promise or firm decision to do 29. meet his com nts n. something or to behave in a certain way 30. the wel ng of a nation the state of being happy and healthy n. and prosperous 31. pr t when she will arrive to state beforehand that something will ν. happen in the future, mainly based on

ANSWERS: 20. probable, 21. percentage, 22. plead, 23. hero, 24. dread, 25. decline, 26. envelop, 27. creditor, 28. virtual, 29. commitment, 30. well-being, 31. predict

knowledge or experience

32.	bd old letters into a bundle	v.	to tie or fasten someone or something tightly with rope, string, etc. so that they cannot move or are held together strongly
33.	a ridus suggestion	adj.	very silly or unreasonable and deserving to be laughed at
34.	diste video content	v.	to give something to a large number of individuals, or to spread or furnish something
35.	exge a few friendly words	<i>v</i> .	to give something and receive something else in return, often with the implication that the items being traded are of equal or comparable value; (noun) the act of giving or taking something in return for something else; a place or system where goods or services can be bought, sold, or traded
36.	exon of energy	n.	the act of using one's energy, effort, or strength to achieve something; a physical or mental effort that produces a result
37.	predict what will ene	v.	to happen or follow as a result or consequence of something
38.	a tremor of det	n.	a feeling of great pleasure or happiness
39.	emal distress	adj.	relating to people's feelings
40.	enp the whole world	v.	to surround and cover completely; to encase
41.	impending retnt	n.	the fact or act of stopping working and leaving one's job

а

ANSWERS: 32. bind, 33. ridiculous, 34. distribute, 35. exchange, 36. exertion, 37. ensue, 38. delight, 39. emotional, 40. envelop, 41. retirement

doing particular computational jobs 46. electronic pack n. a check issued to an employee as payment for work or services rendere the amount of money received in this check 47. prt the future v. to state beforehand that something w happen in the future, mainly based or knowledge or experience 48. intion education n. a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existenc or introducing something to a wider audience or new market 49. ent the crowd v. to cast a spell on; to fascinate or char someone 50. dress real n. a practice session, usually for a performance or presentation, during which people prepare and fine-tune	42.	rese a speech	ν.	to practice or repeat something, such as a performance, speech, or action, to prepare for an event or to improve one's skills; to go through the motions of a planned activity before executing it
typically in a city 45. sore architect n. a set of computer programs and associated documentation and data for doing particular computational jobs 46. electronic pack n. a check issued to an employee as payment for work or services rendered the amount of money received in this check 47. prt the future v. to state beforehand that something we happen in the future, mainly based or knowledge or experience 48. intion education n. a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market 49. ent the crowd v. to cast a spell on; to fascinate or charsomeone 50. dress real n. a practice session, usually for a performance or presentation, during which people prepare and fine-tune their performance, often with the help feedback from others; the act of	43.	ret temptation	<i>v</i> .	
associated documentation and data for doing particular computational jobs 46. electronic pack n. a check issued to an employee as payment for work or services rendered the amount of money received in this check 47. prt the future v. to state beforehand that something we happen in the future, mainly based or knowledge or experience 48. intion education n. a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market 49. ent the crowd v. to cast a spell on; to fascinate or chark someone 50. dress real n. a practice session, usually for a performance or presentation, during which people prepare and fine-tune their performance, often with the help feedback from others; the act of	44.	suy train	n.	
payment for work or services rendered the amount of money received in this check 47. prt the future v. to state beforehand that something we happen in the future, mainly based or knowledge or experience 48. intion education n. a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market 49. ent the crowd v. to cast a spell on; to fascinate or charsomeone 50. dress real n. a practice session, usually for a performance or presentation, during which people prepare and fine-tune their performance, often with the help feedback from others; the act of	45.	sore architect	n.	associated documentation and data for
happen in the future, mainly based or knowledge or experience 48. intion education n. a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market 49. ent the crowd v. to cast a spell on; to fascinate or charks someone 50. dress real n. a practice session, usually for a performance or presentation, during which people prepare and fine-tune their performance, often with the help feedback from others; the act of	46.	electronic pack	<i>n</i> .	payment for work or services rendered; the amount of money received in this
given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market 49. ent the crowd v. to cast a spell on; to fascinate or char someone 50. dress real n. a practice session, usually for a performance or presentation, during which people prepare and fine-tune their performance, often with the help feedback from others; the act of	47.	prt the future	v.	to state beforehand that something will happen in the future, mainly based on knowledge or experience
someone 50. dress real n. a practice session, usually for a performance or presentation, during which people prepare and fine-tune their performance, often with the help feedback from others; the act of	48.	intion education	n.	given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider
performance or presentation, during which people prepare and fine-tune their performance, often with the help feedback from others; the act of	49.	ent the crowd	<i>v</i> .	to cast a spell on; to fascinate or charm someone
	50.	dress real	n.	performance or presentation, during which people prepare and fine-tune their performance, often with the help of feedback from others; the act of

ANSWERS: 42. rehearse, 43. resist, 44. subway, 45. software, 46. paycheck, 47. predict, 48. introduction, 49. enchant, 50. rehearsal

51.	the ulte luxury	adj.	furthest or highest in degree or order
52.	a few years afrd	adv.	after the time mentioned
53.	f_p over the pork chop	<i>v</i> .	to turn over into a different position quickly; to throw or toss with a light motion
54.	the cror's claims	n.	a person, company, etc. to whom a debtor owes money
55.	phihy of education	n.	the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind
56.	stay phyly fit	adv.	in a way related to a person's body or appearance rather than their mind
57.	bd head	adj.	having no hair on the head; having a smooth, shiny scalp with no hair
58.	dee on a course of action	<i>v</i> .	to make up someone's mind about something; to come to a conclusion or judgment after considering options
59.	instant graion	n.	the feeling of being pleased or satisfied as a result of achieving something or having something you want
60.	defense mesm	n.	a part of a machine, or a set of parts that performs a task; a natural or established process that occurs during a specific situation or reaction
61.	company moo	n.	a phrase or slogan that expresses a guiding principle or goal
62.	ree the trend	<i>v</i> .	to change something's direction, order, position, decision, etc., to the opposite one; (adjective) directed or moving toward the rear

ANSWERS: 51. ultimate, 52. afterward, 53. flip, 54. creditor, 55. philosophy, 56. physically, 57. bald, 58. decide, 59. gratification, 60. mechanism, 61. motto, 62. reverse

of being very funny or entertaining

66. ca____n of industry

n. the leader of a group of people,
especially who is in charge of a ship or
aircraft

67. st le against discrimination

68. monthly pa____ck

69. awe-in___ng sight

70. a me____ss killer

72. in ng stories

71. the me____sm for DNA replication

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

 a check issued to an employee as payment for work or services rendered; the amount of money received in this check

adj. stimulating and motivating you to want to do something

adj. showing no pity or compassion, cruel or without mercy; harsh and unforgiving

 a part of a machine, or a set of parts that performs a task; a natural or established process that occurs during a specific situation or reaction

adj. stimulating and motivating you to want to do something

ANSWERS: 63. heroic, 64. doctoral, 65. hilarity, 66. captain, 67. struggle, 68. paycheck, 69. inspiring, 70. merciless, 71. mechanism, 72. inspiring

73.	tre in a debate	<i>v</i> .	to defeat decisively or overwhelmingly in a contest or competition; to beat or thrash severely; to thoroughly overpower or defeat someone or something
74.	a high perge	n.	the number, amount, or rate of something, which is usually the amount per hundred
75.	obn a bid	<i>v</i> .	to get something, especially by making a great effort
76.	withstand temon	n.	the desire to do or have something that you know you should not do or have; the act of influencing by exciting hope or desire
77.	ilI drugs	adj.	not allowed by law
78.	full of unexpected hity	n.	extreme amusement or laughter; a state of being very funny or entertaining
79.	blath shop	n.	a smith who forges and shapes iron with a hammer and anvil
80.	mante figures	v.	to influence or control something or someone to your advantage, often in an unfair or dishonest way
81.	ded my country	v.	to protect someone or something from attack, criticism, danger, etc.
82.	a selfish deon	n.	the act or process of making up someone's mind about something; a choice or judgment reached after considering options
83.	rese an opera	v.	to practice or repeat something, such as a performance, speech, or action, to prepare for an event or to improve one's skills; to go through the motions of a planned activity before executing it

ANSWERS: 73. trounce, 74. percentage, 75. obtain, 76. temptation, 77. illegal, 78. hilarity, 79. blacksmith, 80. manipulate, 81. defend, 82. decision, 83. rehearse

ANSWERS: 84. advert, 85. alternate, 86. execute, 87. recognize, 88. institute, 89. index, 90. relation, 91. recognize

previously known or encountered

ANSWERS: 92. contract, 93. plead, 94. retirement, 95. outcome, 96. bind, 97. retiring, 98. fan, 99. unplug, 100. cocktail, 101. illegal

102. ree voluntarily	ν.	to withdraw from one's position or occupation, especially because of age
103. ung a USB stick	v.	to disconnect the plug of electrical equipment from the electricity supply
104. smane app developer	n.	a mobile phone that functions as a computer and connects to the Internet
105. honor grte	n.	a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree
106. abn on a vote	v.	to choose not to do something, especially something that one wants to do
107. music real	n.	a practice session, usually for a performance or presentation, during which people prepare and fine-tune their performance, often with the help of feedback from others; the act of rehearsing
108. w_x finish	n.	a substance that is solid at room temperature but becomes softer and more pliable when heated, often used in the production of candles, polishes, and cosmetics; (verb) to become large
109. phyly and mentally	adv.	in a way related to a person's body or appearance rather than their mind
110. grte degree program	n.	a person who has a first degree from university or college; (verb) to complete the first course of university or college

ANSWERS: 102. retire, 103. unplug, 104. smartphone, 105. graduate, 106. abstain, 107. rehearsal, 108. wax, 109. physically, 110. graduate

and get a degree

111. unke routine duties	<i>v</i> .	to do or begin to do something, such as an enterprise or responsibility
112. Chinese clc literature	adj.	judged or deserving to be regarded as one of the best or most important of its kind over a period of time; of a well-known type
113. hete to ask for help	<i>v</i> .	to pause decision before saying or doing something
114. self-intion	n.	a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market
115. work doh	n.	a mixture of flour, liquid, and other ingredients, typically used to make bread, pastry, or pasta
116. imry number	adj.	existing only in someone's mind
117. rapid transit suy	n.	an underground railway system, typically in a city
118. complete mon	n.	(offensive and derogatory term) a person who is considered very foolish, stupid, or lacking intelligence or common sense
119. afraid to show emn	n.	a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
120. d_k chairs	n.	a flat surface that is usually made of wood or other material and is attached to a building, vehicle, or other structure

ANSWERS: 111. undertake, 112. classic, 113. hesitate, 114. introduction, 115. dough, 116. imaginary, 117. subway, 118. moron, 119. emotion, 120. deck

121. a film f n a person who admires and supports a n. person, group, sport, sports team, etc.; a device for creating a current of air by the movement of a surface or surfaces 122. st___e for a victory to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance a particular example or single 123. notable in___ce n. occurrence of something a set of computer programs and 124. copyrighted so re n. associated documentation and data for doing particular computational jobs 125. sl__t increase adj. very small in degree or amount to make a minor modification to 126. ad t the rearview mirror ν. something to make it more suited for a new set of conditions or to make it function better. 127. pe___h from hunger to die or cease to exist; to suffer complete ruin or destruction; to decay or deteriorate 128. psy____gy of crowd the scientific study of mind and behavior 129. chemical re on a response that reveals a person's n. feelings or attitude; (in chemistry) a process in which one or more substances are changed into others 130. po____ss argument adj. having no purpose or reason; serving no useful function; meaningless or senseless

ANSWERS: 121. fan, 122. starve, 123. instance, 124. software, 125. slight, 126. adjust, 127. perish, 128. psychology, 129. reaction, 130. pointless

131. af d a high travel cost to have enough money or time to be ν. able to buy or do something 132. a di____t memory adj. far away in space, time, or where you are; far apart in relevance, relationship, or kinship 133. vulnerable to man____te to influence or control something or ν. someone to your advantage, often in an unfair or dishonest way 134. de e a question to make up someone's mind about something; to come to a conclusion or judgment after considering options the study of general and fundamental 135. western phi____hy questions, such as those about existence, reason, knowledge, values, mind 136. every al____te year adj. occurring or existing one after the other regularly 137. get r d of the rats to make someone or something free of ν. unwanted or unpleasant tasks, objects, or person 138. ex___e a bold strategy to kill someone, especially as a legal ν. punishment; to carry out or perform an action, duty, etc. 139. the ma____m speed adj. the largest or greatest amount or value attainable or attained 140. ant____te your kind cooperation to expect or predict that something will happen; to tell in advance 141. go there af rd adv. after the time mentioned

ANSWERS: 131. afford, 132. distant, 133. manipulate, 134. decide, 135. philosophy, 136. alternate, 137. rid, 138. execute, 139. maximum, 140. anticipate, 141. afterward

- 142. a sense of wel____ng
- 143. the to__c of the book
- 144. j k mail
- 145. ab____n from food
- 146. a k t of people
- 147. n g about the minor thing
- 148. unsung h__o
- 149. a det____nt of crop yields
- 150. do h for pastry

- *n*. the state of being happy and healthy and prosperous
- a subject that is being discussed or written about
- n. discarded or unused material or objects, often considered worthless or of little value; also used to describe cheap or poorly made items or food that is high in calories but lacking in nutrition
- v. to choose not to do something, especially something that one wants to do
- a tight interlacing of something such as rope or thread
- v. to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse
- n. a person who is admired or idealized for courage, outstanding achievements, or noble qualities; a character in literature or history who is central to the plot and who exhibits heroic qualities
- a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
- a mixture of flour, liquid, and other ingredients, typically used to make bread, pastry, or pasta

ANSWERS: 142. well-being, 143. topic, 144. junk, 145. abstain, 146. knot, 147. nag, 148. hero, 149. determinant, 150. dough

151. emotionally una ed adj. not influenced or emotionally impacted by external factors or events; calm, composed, and emotionally stable 152. as___t his goal to help someone in doing anything ν. a flat surface that is usually made of 153. hands on d k n. wood or other material and is attached to a building, vehicle, or other structure 154. feel a sl t concern adj. very small in degree or amount 155. un__e the ribbon to unfasten or loosen a knot, tie, or fastening; to release or free something that has been tied or bound 156. ob___n a license to get something, especially by making ν. a great effort 157. psy gy experiment the scientific study of mind and behavior n. 158. re e after four terms to withdraw from one's position or ν. occupation, especially because of age a subject that is being discussed or 159. a serious to c n. written about 160. social mo n (offensive and derogatory term) a n. person who is considered very foolish, stupid, or lacking intelligence or common sense

161. di t ancestors

162. he____te for a moment

ANSWERS: 151. unaffected, 152. assist, 153. deck, 154. slight, 155. untie, 156. obtain, 157. psychology, 158. retire, 159. topic, 160. moron, 161. distant, 162. hesitate

ν.

adj. far away in space, time, or where you

to pause decision before saying or

or kinship

doing something

are; far apart in relevance, relationship,

a strong feeling in favor of or against 163. b s against a big company n. one group of people, an idea, or thing, often not based on fair judgment 164. ad___t a schedule to make a minor modification to ν. something to make it more suited for a new set of conditions or to make it function better. 165. tr___ e an opponent to defeat decisively or overwhelmingly in a contest or competition; to beat or thrash severely; to thoroughly overpower or defeat someone or something a particular example or single 166. for in ce n. occurrence of something 167. un e shoelaces to unfasten or loosen a knot, tie, or fastening; to release or free something that has been tied or bound 168. gr cs engine images, designs, or drawings used in n. websites, books, magazines, etc. 169. po____ss task adj. having no purpose or reason; serving no useful function; meaningless or senseless 170. b g the question to ask for something urgently or earnestly; to appeal to someone to do something 171. mi____le weather adj. very unhappy, uncomfortable, or unpleasant; causing great distress or suffering

ANSWERS: 163. bias, 164. adjust, 165. trounce, 166. instance, 167. untie, 168. graphics, 169. pointless, 170. beg, 171. miserable, 172. stick

172. fire st k

to put something, usually a sharp

object, into something; to restrict

piece of wood or other material

yourself to doing or using one certain thing and not change; (noun) a thin

173. af d to buy a new car to have enough money or time to be ν. able to buy or do something a list of items, such as names, subjects, 174. health in x n. or keywords, that is arranged in a particular order and is usually found at the end of a book or document; a number or symbol that indicates the value or level of something, such as a stock index or a temperature index 175. re____nt by a diagram to speak, act, or be present on behalf of another person or group; to form or constitute to free someone from a misconception, 176. di se misconception ν. mistaken belief, or false impression; to correct someone's understanding or perception of something an organization that helps people in 177. ask ch y n. need, especially by providing food, shelter, or money; a kindly and sympathetic attitude toward people 178. di____ar after a week to cease to exist or be visible ν . 179. a r w of cherry trees an arrangement of objects or people n. side by side in a line; (verb) to propel a boat through the water using oars the desire to do or have something that 180. many tem____ons you know you should not do or have; the act of influencing by exciting hope or desire the scientific test conducted to observe 181. series of exp nts n. what happens and gain new knowledge

ANSWERS: 173. afford, 174. index, 175. represent, 176. disabuse, 177. charity, 178. disappear, 179. row, 180. temptation, 181. experiment

182. electronic de e a piece of equipment, tool, or n. technology that serves a particular purpose or function, often mechanical or electronic 183. r d the body of waste products to make someone or something free of ν. unwanted or unpleasant tasks, objects, or person to make an angry or severe expression 184. a worried fr_n by bringing your eyebrows together to indicate disapproval, displeasure, or concentration to ask for something urgently or 185. b g for help earnestly; to appeal to someone to do something 186. una____ed by weather adj. not influenced or emotionally impacted by external factors or events; calm, composed, and emotionally stable 187. the pros and c ns an argument opposed to a proposal; a n. swindle in which you cheat at gambling or persuade a person to buy worthless property; (verb) to be against or opposed to something 188. a co nt temperature adj. happening repeatedly or all the time 189. drug-induced na a and vomiting a feeling of sickness or discomfort in the n. stomach that is often accompanied by an urge to vomit; a sensation of loathing or disgust a large amount of money, property, or 190. material we___h other things that someone or an organization owns

ANSWERS: 182. device, 183. rid, 184. frown, 185. beg, 186. unaffected, 187. con, 188. constant, 189. nausea, 190. wealth

191. environmental detnt	n.	a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
192. physical exon	n.	the act of using one's energy, effort, or strength to achieve something; a physical or mental effort that produces a result
193. imry pregnancy	adj.	existing only in someone's mind
194. unI opportunity	adj.	different in amount, size, degree, or value; not fair
195. 3D nual simulation	adj.	relating to, expressed, or denoted by a number
196. demte mastery	<i>v</i> .	to display something or give an exhibition to an interested audience
197. stk a key in a lock	ν.	to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
198. a comnt to an alliance	n.	a promise or firm decision to do something or to behave in a certain way
199. lt sagging skin	<i>v</i> .	to raise something to a higher position or level; to pick up something or somebody and move them to a different position
200. the exre of a fraud	n.	the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret

ANSWERS: 191. determinant, 192. exertion, 193. imaginary, 194. unequal, 195. numerical, 196. demonstrate, 197. stick, 198. commitment, 199. lift, 200. exposure

201. on be___f of our management

202. aesthetic gra____ion

203. with de____t

204. st___e to death

205. on his own be___f

206. in___e the right to remain silent

207. the nu al keypad

208. re t a decision

209. de l's advocate

210. ex____ge rate

- n. represent; advantage, benefit, the interest of someone
- the feeling of being pleased or satisfied as a result of achieving something or having something you want
- n. a feeling of great pleasure or happiness
- v. to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance
- n. represent; advantage, benefit, the interest of someone
- v. to call upon or request help or support, especially from a higher power; to mention or use something as a reason or justification for actions or decisions
- adj. relating to, expressed, or denoted by a number
- v. to feel sad, repentant, or disappointed over something you have done or something you have not been able to do
- n. a supernatural being typically represented in belief systems as an evil or mischievous spirit, often used metaphorically to describe a person or thing that is harmful, dangerous, or wicked
- v. to give something and receive something else in return, often with the implication that the items being traded are of equal or comparable value; (noun) the act of giving or taking something in return for something else; a place or system where goods or services can be bought, sold, or traded

ANSWERS: 201. behalf, 202. gratification, 203. delight, 204. starve, 205. behalf, 206.

any stage in a series of events, change, 211. enter on the last phe n. or development 212. me____ss criticism adj. showing no pity or compassion, cruel or without mercy; harsh and unforgiving 213. re____e the order to change something's direction, order, ν. position, decision, etc., to the opposite one; (adjective) directed or moving toward the rear 214. in t capital to put money, effort, time, etc. into something to make a profit or achieve a result to move or cause to move smoothly 215. sl e a card across the table ν. along a surface without interruption 216. fa___I nerve adj. of or relating to a person's face 217. pr le outcome adj. likely to happen or likely to be true 218. en t the audience to cast a spell on; to fascinate or charm ν. someone 219. me____or for death a figure of speech in which an n. expression is used to refer to something that it does not denote to suggest a similarity 220. mi le experience adj. very unhappy, uncomfortable, or unpleasant; causing great distress or suffering adj. having no hair on the head; having a 221. become b d smooth, shiny scalp with no hair 222. di se a belief to free someone from a misconception, mistaken belief, or false impression; to

ANSWERS: 211. phase, 212. merciless, 213. reverse, 214. invest, 215. slide, 216. facial, 217. probable, 218. enchant, 219. metaphor, 220. miserable, 221. bald, 222. disabuse

correct someone's understanding or

perception of something

223. eco____al use of her time

224. fire truck si__n

225. neo-N__i movement

226. dis____te wealth evenly

227. fa l expressions

228. hunk of j k

229. de____e in quality

230. an eco____al meal

- adj. providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessary
- a device that emits a loud, piercing sound, typically used as a warning or to get attention; historically, a creature in Greek mythology whose enchanting voice would lure sailors toward danger
- n. a member or supporter of the National Socialist German Workers' Party, which controlled Germany from 1933 to 1945 and carried out a genocidal campaign against Jews and other marginalized groups; someone who subscribes to similar racist or authoritarian beliefs

v. to give something to a large number of individuals, or to spread or furnish something

adj. of or relating to a person's face

- n. discarded or unused material or objects, often considered worthless or of little value; also used to describe cheap or poorly made items or food that is high in calories but lacking in nutrition
- v. to become gradually smaller, fewer, worse, etc.; to refuse to accept
- adj. providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessary

ANSWERS: 223. economical, 224. siren, 225. Nazi, 226. distribute, 227. facial, 228. junk, 229. decline, 230. economical

- 231. a co____nt wind
- 232. he___c explorers
- 233. m t height
- 234. the mo o for safe traffic
- 235. de___d against a threat
- 236. I_t a ban on alcohol
- 237. a hard k t
- 238. a desirable ou e
- 239. we I words

240. b m in sales

- adj. happening repeatedly or all the time
- adj. courageous and daring; having or displaying qualities appropriate for legendary figures that is courage and daring
- n. a long pole aboard a boat or ship that holds up the sails
- a phrase or slogan that expresses a guiding principle or goal
- v. to protect someone or something from attack, criticism, danger, etc.
- v. to raise something to a higher position or level; to pick up something or somebody and move them to a different position
- a tight interlacing of something such as rope or thread
- *n.* the result or effect of an action, event, etc.
- n. a small carnivorous mammal with a long and slender body, short legs, and a long and narrow head, known for its ability to hunt rodents and small animals; someone who behaves in an untrustworthy, deceitful, or cunning manner
- a sudden increase in economic activity, or a sudden happening that brings good fortune; a deep, loud, and prolonged sound

ANSWERS: 231. constant, 232. heroic, 233. mast, 234. motto, 235. defend, 236. lift, 237. knot, 238. outcome, 239. weasel, 240. boom

241. control my emn	n.	a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
242. diar without a trace	<i>v</i> .	to cease to exist or be visible
243. mote growth	adj.	being within reasonable limits; not excessive or extreme
244. ret being kissed	v.	to refuse to accept something and attempt to prevent it from happening
245. smane addict	n.	a mobile phone that functions as a computer and connects to the Internet
246. telemarketing c_ns	n.	an argument opposed to a proposal; a swindle in which you cheat at gambling or persuade a person to buy worthless property; (verb) to be against or opposed to something
247. sle a glance	v.	to move or cause to move smoothly along a surface without interruption
248. the characters that rent numbers	v.	to speak, act, or be present on behalf of another person or group; to form or constitute
249. coct law	n.	a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law
250. criminal on death r_w	n.	an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oars
251. take imte effect	adj.	happening or done without delay or occurring shortly after something else

ANSWERS: 241. emotion, 242. disappear, 243. moderate, 244. resist, 245. smartphone, 246. con, 247. slide, 248. represent, 249. contract, 250. row, 251. immediate

252. trigger a reon	n.	a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others
253. near reng age	adj.	withdrawing from a position or activity, or becoming more secluded or reserved
254. computer grcs	n.	images, designs, or drawings used in websites, books, magazines, etc.
255. an unfte situation	adj.	having bad luck or fortune; unlucky
256. w_x and wane	n.	a substance that is solid at room temperature but becomes softer and more pliable when heated, often used in the production of candles, polishes, and cosmetics; (verb) to become large
257. ace milestones	<i>v</i> .	to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
258. unI distribution	adj.	different in amount, size, degree, or value; not fair
259. coil of chemicals	n.	a drink, usually an alcoholic one, made by mixing one or more spirits (= strong alcoholic drinks) and fruit juice; an appetizer served as a first course at a meal
260. peh in a fire	ν.	to die or cease to exist; to suffer complete ruin or destruction; to decay or deteriorate
261. an imperial via	n.	a large, luxurious country house in ancient Rome or a modern version of such a house

ANSWERS: 252. reaction, 253. retiring, 254. graphics, 255. unfortunate, 256. wax, 257. achieve, 258. unequal, 259. cocktail, 260. perish, 261. villa

262. blath welding	n.	a smith who forges and shapes iron with a hammer and anvil
263. idt driver	n.	a foolish or stupid person who lacks common sense or judgment; a derogatory term used to describe someone who is mentally deficient
264. chy work	n.	an organization that helps people in need, especially by providing food, shelter, or money; a kindly and sympathetic attitude toward people
265. coe a large of alcohol	ν.	to spend something, especially fuel, energy, or time, in a large amount
266. ret being so careless	v.	to feel sad, repentant, or disappointed over something you have done or something you have not been able to do
267. built-up mt	n.	a long pole aboard a boat or ship that holds up the sails
268. have a b_s toward socialism	n.	a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment
269. doal research	adj.	of or relating to doctorate (= the highest degree from a university) or the achievement of a doctorate
270. majority of his weh	n.	a large amount of money, property, or other things that someone or an organization owns
271. net to call	ν.	to not give enough care or attention to something; to leave something undone
272. antte a black future	ν.	to expect or predict that something will happen: to tell in advance

ANSWERS: 262. blacksmith, 263. idiot, 264. charity, 265. consume, 266. regret, 267. mast, 268. bias, 269. doctoral, 270. wealth, 271. neglect, 272. anticipate

to successfully complete a task or goal, 273. ac___e success ν. often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do 274. people with fr n faces to make an angry or severe expression ν. by bringing your eyebrows together to indicate disapproval, displeasure, or concentration 275. re____on of inclusion the way two persons or groups of people feel and act toward one another any stage in a series of events, change, 276. two-ph e structure n. or development a member or supporter of the National 277. N i regime n. Socialist German Workers' Party, which controlled Germany from 1933 to 1945 and carried out a genocidal campaign against Jews and other marginalized groups; someone who subscribes to similar racist or authoritarian beliefs the state of being in a particular 278. a southern ex re situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret 279. a rid____us amount of money adj. very silly or unreasonable and deserving to be laughed at 280. rigid dis____ne the practice of training people to obey rules or a code of behavior, using and punishments if these are broken; a region of activity, knowledge, or influence

ANSWERS: 273. achieve, 274. frown, 275. relation, 276. phase, 277. Nazi, 278. exposure, 279. ridiculous, 280. discipline

281. in___e memories

282. a cl___c experiment

283. co___e electricity

284. the ul____te goal in life

285. de__I horns

286. the im____te past

287. dem____te a difference

288. a sonic b__m

289. as___t a patient

290. a television ad___t for the product

- v. to call upon or request help or support, especially from a higher power; to mention or use something as a reason or justification for actions or decisions
- adj. judged or deserving to be regarded as one of the best or most important of its kind over a period of time; of a well-known type
- v. to spend something, especially fuel, energy, or time, in a large amount
- adj. furthest or highest in degree or order
- n. a supernatural being typically represented in belief systems as an evil or mischievous spirit, often used metaphorically to describe a person or thing that is harmful, dangerous, or wicked
- adj. happening or done without delay or occurring shortly after something else
- v. to display something or give an exhibition to an interested audience
- a sudden increase in economic activity, or a sudden happening that brings good fortune; a deep, loud, and prolonged sound
- ν . to help someone in doing anything
- v. an advertisement; (verb) to make reference to something in speaking or writing

ANSWERS: 281. invoke, 282. classic, 283. consume, 284. ultimate, 285. devil, 286. immediate, 287. demonstrate, 288. boom, 289. assist, 290. advert

- 291. f_p a coin
- 292. what an id__t
- 293. in___t in stocks
- 294. visual me____or
- 295. an unf____te orphan
- 296. tracking de___e

- v. to turn over into a different position quickly; to throw or toss with a light motion
- a foolish or stupid person who lacks common sense or judgment; a derogatory term used to describe someone who is mentally deficient
- v. to put money, effort, time, etc. into something to make a profit or achieve a result
- a figure of speech in which an expression is used to refer to something that it does not denote to suggest a similarity
- adj. having bad luck or fortune; unlucky
- a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic

ANSWERS: 291. flip, 292. idiot, 293. invest, 294. metaphor, 295. unfortunate, 296. device

Session 3: Fill in the Blanks

1.	Researchers often succumb to the of accolades and commit research misconduct.
n.	the desire to do or have something that you know you should not do or have; the act of influencing by exciting hope or desire
2.	The value of Pi is approximately 3.14.
adj	relating to, expressed, or denoted by a number
3.	The CEO passed on the reins to his successor.
adj	withdrawing from a position or activity, or becoming more secluded or reserved
4.	We must ourselves of pollution.
v.	to make someone or something free of unwanted or unpleasant tasks, objects, or person
5.	He displayed the symptoms of depression.
adj	judged or deserving to be regarded as one of the best or most important of its kind over a period of time; of a well-known type
6.	The income inequality in the country is becoming increasingly
adj	different in amount, size, degree, or value; not fair
7.	We elected him to us at the international conference.
ν.	to speak, act, or be present on behalf of another person or group; to form or constitute
8.	Where can I the application form?
ν.	to get something, especially by making a great effort
	SWERS: 1. temptation, 2. numerical, 3. retiring, 4. rid, 5. classic, 6. unequal, 7. resent, 8. obtain

ANSWERS: 17. immediate, 18. unplug, 19. graduate, 20. cocktail, 21. struggle, 22. inspiring, 23. nausea, 24. Nazi

distributed, 31. bald, 32. resist, 33. wealth

72. charity, 73. psychology, 74. index

ANSWERS: 116. creditor, 117. afterward, 118. declines, 119. smartphones, 120. unfortunate, 121. institutes, 122. siren, 123. experiments

ANSWERS: 140. maximum, 141. demonstrate, 142. mechanisms, 143. deck, 144. retirement, 145. rehearse, 146. perished, 147. captain

Voca	ab-Builder Ref from "Daniel Goldstein: The battle between your present and future self TED Talk" (148 words)
148.	There was a chemical of the lime with the groundwater.
	a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others

ANSWERS: 148. reaction