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Vocabulary Builder Reference from...

Daniel Goldstein: The battle between your present and future self | TED Talk https://www.ted.com/talks/daniel_goldstein_the_battle _between_your_present_and_future_self



Advanced Words Only

IMPORTANT

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Session 1: Word List

siren

n. a device that emits a loud, piercing sound, typically used as a warning or to get attention; historically, a creature in Greek mythology whose enchanting voice would lure sailors toward danger

synonym: alarm, warning, alert

(1) fire truck siren, (2) police siren

I heard the **siren** of an ambulance and moved my car to the side of the road.

enchant

- v. to cast a spell on; to fascinate or charm someone synonym: charm, captivate, bewitch
- (1) **enchant** the audience, (2) **enchant** the crowd The fairy's spell **enchanted** the prince, making him fall asleep for 100 years.

mast

- n. a long pole aboard a boat or ship that holds up the sails
- (1) mast height, (2) built-up mast

The main cabin is located in front of the **mast**.

unaffected

adj. not influenced or emotionally impacted by external factors or events; calm, composed, and emotionally stable

synonym: untouched, unaffected, unaltered

(1) **unaffected** by weather, (2) emotionally **unaffected**Despite the chaos around her, she remained **unaffected** and focused.

rehearse

v. to practice or repeat something, such as a performance, speech, or action, to prepare for an event or to improve one's skills; to go through the motions of a planned activity before executing it

synonym: practice, recite, drill

- (1) **rehearse** an opera, (2) **rehearse** a speech The actors needed to **rehearse** their lines before the performance.
- v. to make a serious and urgent request or appeal, especially for help or mercy

synonym: beg, implore, supplicate

- (1) **plead** for mercy, (2) **plead** a political cause He **pleaded** with the authorities to release his son, who had been wrongly accused.
- v. to unfasten or loosen a knot, tie, or fastening; to release or free something that has been tied or boundsynonym: untangle, unfasten, undo
- (1) **untie** the ribbon, (2) **untie** shoelaces

I needed to **untie** the knots in my shoelaces before I could put my shoes on.

rehearsal

 a practice session, usually for a performance or presentation, during which people prepare and fine-tune their performance, often with the help of feedback from others; the act of rehearsing

synonym: practice, run-through, drill

(1) dress rehearsal, (2) music rehearsal

The theater company had its final **rehearsal** before opening night.

plead

untie

moron

 n. (offensive and derogatory term) a person who is considered very foolish, stupid, or lacking intelligence or common sense

synonym: idiot, fool, imbecile

(1) social moron, (2) complete moron

The internet troll accused her of being a **moron** for her political views.

merciless

adj. showing no pity or compassion, cruel or without mercy; harsh and unforgiving

synonym: ruthless, cruel, pitiless

(1) merciless criticism, (2) a merciless killer

The **merciless** dictator ruled with an iron fist, showing no mercy to those who opposed him.

hilarity

 extreme amusement or laughter; a state of being very funny or entertaining

synonym: amusement, merriment, glee

(1) full of unexpected **hilarity**, (2) burst of **hilarity**The humorous banter between the characters added a touch of **hilarity** to the otherwise serious movie.

ensue

v. to happen or follow as a result or consequence of something

synonym: follow, occur, result

(1) **ensue** within a few years, (2) predict what will **ensue** A power outage **ensued** after the storm knocked out the electricity.

gratification

 the feeling of being pleased or satisfied as a result of achieving something or having something you want

synonym: satisfaction, pleasure, contentment

(1) instant **gratification**, (2) aesthetic **gratification**The **gratification** of completing a difficult task is a great feeling.

abstain

v. to choose not to do something, especially something that one wants to do

synonym: refrain, desist, forbear

(1) abstain on a vote, (2) abstain from food

She chose to **abstain** from alcohol at the party.

exertion

 the act of using one's energy, effort, or strength to achieve something; a physical or mental effort that produces a result

synonym: exercise, effort, struggle

(1) physical **exertion**, (2) **exertion** of energy

The intense **exertion** required to climb the mountain left him feeling exhausted.

unequal

adj. different in amount, size, degree, or value; not fairsynonym: unfair, uneven, imbalanced

(1) **unequal** distribution, (2) **unequal** opportunity

The income inequality in the country is becoming increasingly **unequal**.

heroic

 adj. courageous and daring; having or displaying qualities appropriate for legendary figures that is courage and daring

synonym: brave, courageous, daring

(1) a **heroic** poem, (2) **heroic** explorers

The **heroic** actions of individuals are now easily spread worldwide by SNS.

trounce

 to defeat decisively or overwhelmingly in a contest or competition; to beat or thrash severely; to thoroughly overpower or defeat someone or something

synonym: beat, thrash, vanquish

(1) **trounce** an opponent, (2) **trounce** in a debate The home team managed to **trounce** their rivals with a surprising score of 5-0.

creditor

- a person, company, etc. to whom a debtor owes money
- (1) the **creditor's** claims, (2) bankrupt **creditor** I asked the lawyer to initiate **creditor** negotiations for voluntary liquidation.

unplug

starve

to disconnect the plug of electrical equipment from the electricity supply

synonym: disconnect, clear, open

- (1) **unplug** the power cord, (2) **unplug** a USB stick Please **unplug** the heater before you go to bed.
- to suffer or die from lack of food; to cause someone or ν. something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance synonym: famish, hunger
- (1) **starve** for a victory, (2) **starve** to death If you don't eat soon, you're going to **starve**.

perish

to die or cease to exist; to suffer complete ruin or destruction; to decay or deteriorate

synonym: die, expire, deteriorate

- (1) **perish** in a fire, (2) **perish** from hunger
- The orchids **perished** without enough sunlight or water.

Nazi

a member or supporter of the National Socialist German n. Workers' Party, which controlled Germany from 1933 to 1945 and carried out a genocidal campaign against Jews and other marginalized groups; someone who subscribes to similar racist or authoritarian beliefs

synonym: fascist, authoritarian, dictator

(1) Nazi regime, (2) neo- Nazi movement The Nazi party was responsible for atrocities committed during World War II.

envelop

- to surround and cover completely; to encase synonym: wrap, cover, surround
- (1) **envelop** the whole world, (2) **envelop** her in a bear hug

The fog **enveloped** the city, making it difficult to see.

pointless

adj. having no purpose or reason; serving no useful function; meaningless or senseless

synonym: meaningless, purposeless, worthless

(1) **pointless** argument, (2) **pointless** task

The meeting was considered **pointless** since nothing was accomplished.

nag

v. to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse

synonym: hassle, bother, badger

(1) **nag** about the minor thing, (2) **nag** political leaders

She couldn't stop **nagging** her husband to take out the trash.

weasel

- n. a small carnivorous mammal with a long and slender body, short legs, and a long and narrow head, known for its ability to hunt rodents and small animals; someone who behaves in an untrustworthy, deceitful, or cunning manner
- (1) **weasel** words, (2) **weasel** her way out of doing the dishes

The **weasel's** long and slender body allows it to easily navigate small spaces.

afterward

adv. after the time mentioned

synonym: later, thereafter, following

(1) a few years **afterward**, (2) go there **afterward**We will explain the countermeasure concerning this problem **afterward**.

determinant

 a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

synonym: cause, factor, element

(1) environmental determinant, (2) a determinant of crop

yields

One **determinant** of success is having a positive attitude and a strong work ethic.

dread

v. to be very afraid of or worried about something that is going to happen or that might happen

synonym: fear, cringe, apprehend

(1) dread failure, (2) dread getting old

We all **dread** to think about what will happen if the company goes bankrupt.

well-being

- n. the state of being happy and healthy and prosperoussynonym: health, welfare, happiness
- (1) the **well-being** of a nation, (2) a sense of **well-being** We are responsible for the care and **well-being** of all our employees.

motto

a phrase or slogan that expresses a guiding principle or goal

synonym: slogan, catchphrase, phrase

(1) the **motto** for safe traffic, (2) company **motto**The company's **motto** is "Innovation and Service," which is reflected in its products and customer support.

retiring

adj. withdrawing from a position or activity, or becoming more secluded or reserved

synonym: shy, leaving, quitting

near retiring age, (2) a retiring pension
 retiring CEO passed on the reins to his successor.

paycheck

 a check issued to an employee as payment for work or services rendered; the amount of money received in this check

synonym: salary, earnings, income

(1) electronic paycheck,(2) monthly paycheckI received a bonus on top of my regular paycheck this

month.

frown

 to make an angry or severe expression by bringing your eyebrows together to indicate disapproval, displeasure, or concentration

synonym: scowl, glare, disapprove

(1) people with **frown** faces, (2) a worried **frown** Thinking always made him **frown**.

blacksmith

- a smith who forges and shapes iron with a hammer and anvil
- (1) **blacksmith** welding, (2) **blacksmith** shop The **blacksmith** shaped a horseshoe on his anvil.

smartphone

- a mobile phone that functions as a computer and connects to the Internet
- (1) **smartphone** app developer, (2) **smartphone** addict Internet traffic volumes have increased significantly with the advent of **smartphones**.

disabuse

v. to free someone from a misconception, mistaken belief, or false impression; to correct someone's understanding or perception of something

synonym: correct, enlighten, debunk

(1) **disabuse** misconception, (2) **disabuse** a belief
The coach spoke to his team to **disabuse** them of the idea that their opponents were easy to beat.

Session 2: Spelling

- 1. en__e within a few years
- 2. emotionally una____ed
- 3. un__g a USB stick
- 4. sma ne app developer
- 5. pl d for mercy
- 6. dr__d getting old
- 7. tr e in a debate
- 8. po ss argument
- 9. social mo n

- v. to happen or follow as a result or consequence of something
- adj. not influenced or emotionally impacted by external factors or events; calm, composed, and emotionally stable
- v. to disconnect the plug of electrical equipment from the electricity supply
- a mobile phone that functions as a computer and connects to the Internet
- v. to make a serious and urgent request or appeal, especially for help or mercy
- v. to be very afraid of or worried about something that is going to happen or that might happen
- v. to defeat decisively or overwhelmingly in a contest or competition; to beat or thrash severely; to thoroughly overpower or defeat someone or something
- adj. having no purpose or reason; serving no useful function; meaningless or senseless
- n. (offensive and derogatory term) a person who is considered very foolish, stupid, or lacking intelligence or common sense

ANSWERS: 1. ensue, 2. unaffected, 3. unplug, 4. smartphone, 5. plead, 6. dread, 7. trounce, 8. pointless, 9. moron

10.	a few years afrd	adv.	after the time mentioned
11.	mt height	n.	a long pole aboard a boat or ship that holds up the sails
12.	blath welding	n.	a smith who forges and shapes iron with a hammer and anvil
13.	unI opportunity	adj.	different in amount, size, degree, or value; not fair
14.	aesthetic graion	n.	the feeling of being pleased or satisfied as a result of achieving something or having something you want
15.	burst of hity	n.	extreme amusement or laughter; a state of being very funny or entertaining
16.	a worried frn	ν.	to make an angry or severe expression by bringing your eyebrows together to indicate disapproval, displeasure, or concentration
17.	ung the power cord	<i>v</i> .	to disconnect the plug of electrical equipment from the electricity supply
18.	the welng of a nation	n.	the state of being happy and healthy and prosperous
19.	weI her way out of doing the dishes	n.	a small carnivorous mammal with a long and slender body, short legs, and a long and narrow head, known for its ability to hunt rodents and small animals; someone who behaves in an untrustworthy, deceitful, or cunning manner
20.	smane addict	n.	a mobile phone that functions as a computer and connects to the Internet

ANSWERS: 10. afterward, 11. mast, 12. blacksmith, 13. unequal, 14. gratification, 15. hilarity, 16. frown, 17. unplug, 18. well-being, 19. weasel, 20. smartphone

21.	poss task	adj.	having no purpose or reason; serving no useful function; meaningless or senseless
22.	n_g political leaders	v.	to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse
23.	exon of energy	n.	the act of using one's energy, effort, or strength to achieve something; a physical or mental effort that produces a result
24.	electronic pack	n.	a check issued to an employee as payment for work or services rendered; the amount of money received in this check
25.	unaed by weather	adj.	not influenced or emotionally impacted by external factors or events; calm, composed, and emotionally stable
26.	rese a speech	v.	to practice or repeat something, such as a performance, speech, or action, to prepare for an event or to improve one's skills; to go through the motions of a planned activity before executing it
27.	ent the crowd	v.	to cast a spell on; to fascinate or charm someone
28.	enp her in a bear hug	v.	to surround and cover completely; to encase
29.	dise misconception	v.	to free someone from a misconception, mistaken belief, or false impression; to correct someone's understanding or perception of something

ANSWERS: 21. pointless, 22. nag, 23. exertion, 24. paycheck, 25. unaffected, 26. rehearse, 27. enchant, 28. envelop, 29. disabuse

30.	Ni regime	n.	a member or supporter of the National Socialist German Workers' Party, which controlled Germany from 1933 to 1945 and carried out a genocidal campaign against Jews and other marginalized groups; someone who subscribes to similar racist or authoritarian beliefs
31.	instant graion	n.	the feeling of being pleased or satisfied as a result of achieving something or having something you want
32.	company moo	n.	a phrase or slogan that expresses a guiding principle or goal
33.	blath shop	n.	a smith who forges and shapes iron with a hammer and anvil
34.	ent the audience	<i>v</i> .	to cast a spell on; to fascinate or charm someone
35.	drd failure	<i>v</i> .	to be very afraid of or worried about something that is going to happen or that might happen
36.	dress real	n.	a practice session, usually for a performance or presentation, during which people prepare and fine-tune their performance, often with the help of feedback from others; the act of rehearsing
37.	complete mon	n.	(offensive and derogatory term) a person who is considered very foolish, stupid, or lacking intelligence or common sense
38.	unI distribution	adj.	different in amount, size, degree, or value; not fair

ANSWERS: 30. Nazi, 31. gratification, 32. motto, 33. blacksmith, 34. enchant, 35. dread, 36. rehearsal, 37. moron, 38. unequal

39.	dise a belief	v.	to free someone from a misconception, mistaken belief, or false impression; to correct someone's understanding or perception of something
40.	near reng age	adj.	withdrawing from a position or activity, or becoming more secluded or reserved
41.	environmental detnt	n.	a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
42.	peh from hunger	ν.	to die or cease to exist; to suffer complete ruin or destruction; to decay or deteriorate
43.	physical exon	n.	the act of using one's energy, effort, or strength to achieve something; a physical or mental effort that produces a result
44.	police sin	n.	a device that emits a loud, piercing sound, typically used as a warning or to get attention; historically, a creature in Greek mythology whose enchanting voice would lure sailors toward danger
45.	a reng pension	adj.	withdrawing from a position or activity, or becoming more secluded or reserved
46.	the cror's claims	n.	a person, company, etc. to whom a debtor owes money
47.	n_g about the minor thing	ν.	to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse

ANSWERS: 39. disabuse, 40. retiring, 41. determinant, 42. perish, 43. exertion, 44. siren, 45. retiring, 46. creditor, 47. nag

48.	fire truck sin	n.	a device that emits a loud, piercing sound, typically used as a warning or to get attention; historically, a creature in Greek mythology whose enchanting voice would lure sailors toward danger
49.	monthly pack	n.	a check issued to an employee as payment for work or services rendered; the amount of money received in this check
50.	abn on a vote	v.	to choose not to do something, especially something that one wants to do
51.	music real	n.	a practice session, usually for a performance or presentation, during which people prepare and fine-tune their performance, often with the help of feedback from others; the act of rehearsing
52.	a mess killer	adj.	showing no pity or compassion, cruel or without mercy; harsh and unforgiving
53.	predict what will ene	<i>v</i> .	to happen or follow as a result or consequence of something
54.	rese an opera	v.	to practice or repeat something, such as a performance, speech, or action, to prepare for an event or to improve one's skills; to go through the motions of a planned activity before executing it
55.	une shoelaces	ν.	to unfasten or loosen a knot, tie, or fastening; to release or free something that has been tied or bound

ANSWERS: 48. siren, 49. paycheck, 50. abstain, 51. rehearsal, 52. merciless, 53. ensue, 54. rehearse, 55. untie

to suffer or die from lack of food; to 56. st e for a victory ν. cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance 57. he___c explorers adj. courageous and daring; having or displaying qualities appropriate for legendary figures that is courage and daring 58. the mo o for safe traffic a phrase or slogan that expresses a n. guiding principle or goal 59. pl d a political cause to make a serious and urgent request or ν. appeal, especially for help or mercy the state of being happy and healthy 60. a sense of wel ng n. and prosperous to suffer or die from lack of food; to 61. st___e to death cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance 62. a det nt of crop yields a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result adj. showing no pity or compassion, cruel or 63. me____ss criticism without mercy; harsh and unforgiving 64. we I words a small carnivorous mammal with a long and slender body, short legs, and a long and narrow head, known for its ability to hunt rodents and small animals: someone who behaves in an untrustworthy, deceitful, or cunning

ANSWERS: 56. starve, 57. heroic, 58. motto, 59. plead, 60. well-being, 61. starve, 62. determinant, 63. merciless, 64. weasel

manner

ANSWERS: 65. trounce, 66. perish, 67. Nazi, 68. creditor, 69. afterward, 70. untie, 71. hilarity, 72. heroic, 73. envelop

74. ab___n from food

v. to choose not to do something, especially something that one wants to do

75. built-up m__t

n. a long pole aboard a boat or ship that holds up the sails

76. people with fr_n faces

v. to make an angry or severe expression by bringing your eyebrows together to indicate disapproval, displeasure, or concentration

ANSWERS: 74. abstain, 75. mast, 76. frown

Session 3: Fill in the Blanks

1.	She couldn't stop her husband to take out the trash.
<i>v</i> .	to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse
2.	A power outage after the storm knocked out the electricity.
v.	to happen or follow as a result or consequence of something
3.	Despite the chaos around her, she remained and focused.
adj	not influenced or emotionally impacted by external factors or events; calm, composed, and emotionally stable
4.	I needed to the knots in my shoelaces before I could put my shoes on.
<i>v</i> .	to unfasten or loosen a knot, tie, or fastening; to release or free something that has been tied or bound
5.	One of success is having a positive attitude and a strong work ethic.
n.	a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
6.	The orchids without enough sunlight or water.
<i>v</i> .	to die or cease to exist; to suffer complete ruin or destruction; to decay or deteriorate
7.	The income inequality in the country is becoming increasingly
adj	i. different in amount, size, degree, or value; not fair
	SWERS: 1. nagging, 2. ensued, 3. unaffected, 4. untie, 5. determinant, 6. ished, 7. unequal

14. creditor, 15. merciless

Vocab-Builder Ref from "Daniel Goldstein: The battle between your present and future self | TED Talk" (38 words)

ANSWERS: 24. gratification, 25. pointless, 26. smartphones, 27. paycheck, 28. pleaded, 29. blacksmith, 30. trounce, 31. rehearse

32. We will explain the countermeasure concerning this problem adv. after the time mentioned
33. The long and slender body allows it to easily navigate small spaces. n. a small carnivorous mammal with a long and slender body, short legs, and a long and narrow head, known for its ability to hunt rodents and small animals; someone who behaves in an untrustworthy, deceitful, or cunning manner
 34. If you don't eat soon, you're going to ν. to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance
 35. Thinking always made him ν. to make an angry or severe expression by bringing your eyebrows together to indicate disapproval, displeasure, or concentration
36. The fairy's spell the prince, making him fall asleep for 100 years. v. to cast a spell on; to fascinate or charm someone 37. The fog the city, making it difficult to see.
 v. to surround and cover completely; to encase 38. The actions of individuals are now easily spread worldwide by SNS. adj. courageous and daring; having or displaying qualities appropriate for legendary figures that is courage and daring
ANSWERS: 32. afterward, 33. weasel's, 34. starve, 35. frown, 36. enchanted, 37. enveloped, 38. heroic