Englist.me

Vocabulary Builder Reference from...

Janine Shepherd: A broken body isn't a broken person | TED Talk https://www.ted.com/talks/janine_shepherd_a_broken_body_isn_t_a_broken_person



Advanced Words Only

IMPORTANT

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Session 1: Word List

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark The phone rang at the most **opportune** time.

olympiad

- n. a period of four years, originally the time between the ancient Olympic Games and now commonly used to refer to the modern Olympic Games, which are held every four years
- (1) the modern olympiad, (2) summer olympiad
 She won a gold medal in the physics olympiad and was praised by her teachers and peers.

bliss

n. extreme happiness or joy

synonym: delight, euphoria, happiness

(1) ignorance is **bliss**, (2) ultimate **bliss**

The first two years of her marriage were sheer bliss.

eucalyptus

 a genus of flowering trees and shrubs native to Australia that are known for their aromatic leaves and medicinal properties

synonym: gum tree, Australian tree

(1) eucalyptus oil, (2) eucalyptus leaves

The scent of **eucalyptus** is often used in aromatherapy to promote relaxation.

airlift

n. the transportation of people or goods by aircraft often used to refer to a major operation to move large numbers of people or supplies to or from an area in need, particularly in times of disaster or conflict

synonym: airdrop, air transport

(1) humanitarian airlift, (2) military airlift

The humanitarian organization organized an **airlift** of supplies to the disaster-stricken area.

rib

 each of a series of curved bones that are connected to the spine and surround the chest; (adjective) subject to laughter or ridicule

synonym: costa

(1) brake a rib, (2) rib cage

The accident caused a cracked rib.

collarbone

 the bone that connects the shoulder blade to the breastbone; also known as the clavicle

synonym: clavicle, shoulder blade, scapula

(1) broken **collarbone**, (2) dislocated **collarbone**The athlete suffered a broken **collarbone** after a hard fall during the game.

exposition

 a comprehensive description and explanation of an idea or theory; a collection of things, such as goods or works of art, etc., for public display

synonym: explanation, description, account

(1) an international exposition, (2) rational exposition
The exposition in the novel provides background information on the characters and setting.

crossroad

 a place where two or more roads or paths cross or intersect; a point of decision or choice, often involving

significant consequences

synonym: intersection, junction, fork

(1) critical crossroad, (2) major crossroad

I'm at a career **crossroads** and unsure which path to take.

paralyze

v. to cause a person or part of the body to become unable to move or feel

synonym: immobilize, disable, numb

(1) paralyze a city, (2) paralyze a person

The venom from the snake bite **paralyzed** his arm.

vertebra

- a bone in the spine, or the spinal column forming the supporting structure of the spine and protecting the spinal cord
- (1) cervical vertebra, (2) vertebra injury

He uses a **vertebra** traction machine for his treatment.

smashing

adj. very successful or impressive; causing something to be broken or destroyed

synonym: great, wonderful, breaking

(1) a **smashing** blow, (2) give **smashing** results

The band's new album was a **smashing** success, reaching the top of the charts.

beanbag

 a small bag filled with dried beans or similar materials, used in games and as a low seat

synonym: sack chair, seat cushion, floor pillow

(1) beanbag toss, (2) portable beanbag cushion

We bought a new **beanbag** chair for our family room.

scar

 a mark that remains on the skin after a wound has healed

synonym: blemish, imperfection, blotch

(1) burn scar, (2) carry a scar

Even after the wound has healed, a **scar** remains.

fused

adj. joined together or combined into one; blended or integrated in a way that creates a new entity

synonym: merged, blended, united

(1) fused glass, (2) fused bones

The **fused** wires in the electrical circuit caused a power outage.

excite

- v. to make someone feel suddenly enthusiastic or eager synonym: thrill, exhilarate, animate
- (1) excite the crowd, (2) excite rebellion

The news of her promotion excited her.

paraplegia

 a form of paralysis that affects all or part of the lower body, typically caused by injury to the spinal cord or nervous system

synonym: spinal cord injury, paralysis

(1) paraplegia treatment, (2) traumatic paraplegia

After his accident, he was left with **paraplegia** and had to use a wheelchair.

catheter

 a thin, flexible tube that is inserted into a body cavity, duct, or vessel to drain fluid, inject medication, or perform a medical procedure

synonym: tube, drainage tube, pipe

(1) insert catheter, (2) urinary catheter

After the surgery, the patient was required to wear a **catheter** for several days.

caliper

- a tool used to measure the distance between two points or the thickness of an object
- (1) caliper measurement, (2) dial caliper

The machinist used a digital **caliper** to measure the precise dimensions of the metal.

rethink

v. to consider again a plan, idea, etc., especially to change it

synonym: reexplore, review, reconsider

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(1) **rethink** a marketing plan, (2) **rethink** the role of the manager

We have to **rethink** our company's product lineup for further growth.

clot

 a thick mass or lump of coagulated liquid, especially blood; a group of people or things that form an obstructive, unsympathetic, or resistant force

synonym: clump, coagulation, thrombus

(1) blood clot, (2) clot prevention

The **clot** in the blood vessel required immediate medical attention.

plaster

n. a substance made of lime that becomes hard as it dries and is used for the protective or decorative coating of walls and ceilings and for molding and casting decorative elements

synonym: cement, adhesive, mortar

- (1) daub the ceiling with **plaster**, (2) cracks in the **plaster** Patience is the **plaster** of all sores.
- v. to fall in drops or make it fall in drops; (noun) liquid or moisture that falls in drops

synonym: drop, drizzle, trickle

(1) **drip** liquid, (2) **drip** from the vicious wound Water is **dripping** from the faucet.

brace

drip

 a device, typically one of a pair, for holding something in position or for strengthening an object; (verb) to support or hold steady and make steadfast

synonym: support, clamp, (verb) strengthen

(1) brace for impact, (2) brace my energies

She wore a **brace** on her leg to support her injured ankle.

superficial

 adj. existing or occurring only at or on the surface; appearing to be true or real only until examined more closely

synonym: shallow, facile, cursory

(1) **superficial** wound, (2) **superficial** knowledge
The journalist's **superficial** reporting should have captured the full scope of the issue.

innermost

 adj. situated or occurring at the deepest or most central part or point; relating to one's deepest or most private thoughts, feelings, or experiences

synonym: deepest, inner, intimate

(1) **innermost** secrets, (2) **innermost** longings It took years of therapy before the patient could reveal their **innermost** thoughts and feelings.

soaked

adj. completely wet; saturated or drenched with a liquid synonym: drenched, saturated, wet

(1) **soaked** clothes, (2) **soaked** sponge
The hiker's boots were **soaked** from walking through the stream.

quadriplegia

- paralysis of all four limbs and the torso, usually resulting from injury to the spinal cord in the neck region
- (1) **quadriplegia** patients, (2) **quadriplegia** care After the accident, he had **quadriplegia** and could not move his arms or legs.

embark

- v. to go on board a ship or plane; to set out on an enterprise or subject of study; to start somethingsynonym: enter, undertake, commence
- (1) **embark** on a trip, (2) **embark** on a foolish adventure We **embarked** on a new project.

baggy

adj. loose-fitting or puffed out in shape, typically about clothing

synonym: loose, roomy, oversized

(1) **baggy** sweater, (2) **baggy** sweatpants I prefer **baggy** clothes to tight-fitting ones.

tarmac

n. (also "blacktop") a hard surface made of asphalt, concrete, or other materials, typically used as a runway or surface for vehicles to move on, such as a road, parking lot, or airport runway; (verb) to surface or pave a road or runway with tarmac

synonym: runway, airstrip, path

(1) tarmac repair, (2) tarmac a driveway

The plane pulled onto the **tarmac** and stopped at the gate.

cockpit

 the area in an aircraft or spacecraft from which the pilot controls the aircraft or spacecraft

synonym: flight deck, control room, bridge

(1) navigator's **cockpit**, (2) **cockpit** ship

The pilot sat in the **cockpit** of the airplane.

rudder

n. a flat, vertical blade at the rear of a vessel that can be turned horizontally to steer the vessel by changing its direction of movement; a device used in aircraft to control its yaw (side-to-side movement)

synonym: helm, tiller, steering gear

(1) rudder control, (2) rudder movement

The small boat's **rudder** was damaged in the storm, making it difficult to steer.

airborne

adj. moved or conveyed by or through the air; in the air synonym: flying, aerial, floating

(1) airborne troop, (2) airborne particles

The amount of **airborne** pollen this year is higher than usual.

fingerprint

 a unique pattern of ridges and valleys on the surface of a finger that can be used to identify a person

synonym: print, mark, impression

(1) **fingerprint** at a crime scene, (2) **fingerprint** identification

The police used a fingerprint scanner to identify the suspect.

outweigh

v. to be heavier, more significant, or more critical than something

synonym: dominate, outrank, overpower

(1) **outweigh** the benefit, (2) **outweigh** our wishes The advantages would undoubtedly **outweigh** the disadvantages.

instruct

v. to teach someone practical skills or knowledge; to formally order or tell someone to do somethingsynonym: train, coach, guide

(1) **instruct** a student, (2) **instruct** a computer

The facility manager **instructed** the security guards to be on high alert.

aerobic

adj. relating to or requiring oxygen; (noun) an exercise or form of physical activity that enhances cardiovascular fitness and endurance, such as running or cycling
 synonym: cardiovascular, aerophilous, heart-healthy

(1) **aerobic** bacteria, (2) **aerobic** respiration

Aerobic exercise is important for maintaining a healthy heart and lungs.

unstoppable

adj. impossible to stop or preventsynonym: unshakable, unyielding, relentless

(1) **unstoppable** force, (2) **unstoppable** momentum The team's winning streak was **unstoppable**.

alight

adj. lighted up by or as by fire or flame; (verb) to come down synonym: burning, lighted up, (verb) land

The witness stated that he set a house alight.

(1) catch alight, (2) alight from a train

Session 2: Spelling

1.	burn sr	n.	a mark that remains on the skin after a wound has healed
2.	an international expon	n.	a comprehensive description and explanation of an idea or theory; a collection of things, such as goods or works of art, etc., for public display
3.	aec bacteria	adj.	relating to or requiring oxygen; (noun) an exercise or form of physical activity that enhances cardiovascular fitness and endurance, such as running or cycling
4.	portable beg cushion	n.	a small bag filled with dried beans or similar materials, used in games and as a low seat
5.	quagia care	n.	paralysis of all four limbs and the torso, usually resulting from injury to the spina cord in the neck region
6.	cervical vera	n.	a bone in the spine, or the spinal column forming the supporting structure of the spine and protecting the spinal cord
7.	an opne remark	adj.	suitable or happening at a time that is suitable or convenient for a particular purpose
8.	bay sweater	adj.	loose-fitting or puffed out in shape, typically about clothing
9.	beg toss	n.	a small bag filled with dried beans or similar materials, used in games and as a low seat

ANSWERS: 1. scar, 2. exposition, 3. aerobic, 4. beanbag, 5. quadriplegia, 6. vertebra, 7. opportune, 8. baggy, 9. beanbag

10.	finnt identification	n.	a unique pattern of ridges and valleys on the surface of a finger that can be used to identify a person
11.	exe the crowd	<i>v</i> .	to make someone feel suddenly enthusiastic or eager
12.	aec respiration	adj.	relating to or requiring oxygen; (noun) an exercise or form of physical activity that enhances cardiovascular fitness and endurance, such as running or cycling
13.	insert caer	n.	a thin, flexible tube that is inserted into a body cavity, duct, or vessel to drain fluid, inject medication, or perform a medical procedure
14.	inst longings	adj.	situated or occurring at the deepest or most central part or point; relating to one's deepest or most private thoughts, feelings, or experiences
15.	aine particles	adj.	moved or conveyed by or through the air; in the air
16.	unsle momentum	adj.	impossible to stop or prevent
17.	c_t prevention	n.	a thick mass or lump of coagulated liquid, especially blood; a group of people or things that form an obstructive, unsympathetic, or resistant force
18.	r_b cage	n.	each of a series of curved bones that are connected to the spine and surround the chest; (adjective) subject to laughter or ridicule

ANSWERS: 10. fingerprint, 11. excite, 12. aerobic, 13. catheter, 14. innermost, 15. airborne, 16. unstoppable, 17. clot, 18. rib

19.	dislocated colne	n.	the bone that connects the shoulder blade to the breastbone; also known as the clavicle
20.	fud bones	adj.	joined together or combined into one; blended or integrated in a way that creates a new entity
21.	daub the ceiling with plr	n.	a substance made of lime that becomes hard as it dries and is used for the protective or decorative coating of walls and ceilings and for molding and casting decorative elements
22.	humanitarian ait	n.	the transportation of people or goods by aircraft often used to refer to a major operation to move large numbers of people or supplies to or from an area in need, particularly in times of disaster or conflict
23.	exe rebellion	v.	to make someone feel suddenly enthusiastic or eager
24.	blood ct	n.	a thick mass or lump of coagulated liquid, especially blood; a group of people or things that form an obstructive, unsympathetic, or resistant force
25.	military ait	n.	the transportation of people or goods by aircraft often used to refer to a major operation to move large numbers of people or supplies to or from an area in need, particularly in times of disaster or conflict
ΛNI	SWERS: 10 collarbone 20 fused 21	nlas	tor 22 cirlift 22 evoite 24 elet 25

ANSWERS: 19. collarbone, 20. fused, 21. plaster, 22. airlift, 23. excite, 24. clot, 25. airlift

26.	navigator's cot	n.	the area in an aircraft or spacecraft from which the pilot controls the aircraft or spacecraft
27.	emk on a foolish adventure	<i>v</i> .	to go on board a ship or plane; to set out on an enterprise or subject of study; to start something
28.	urinary caer	n.	a thin, flexible tube that is inserted into a body cavity, duct, or vessel to drain fluid, inject medication, or perform a medical procedure
29.	bre for impact	n.	a device, typically one of a pair, for holding something in position or for strengthening an object; (verb) to support or hold steady and make steadfast
30.	supal wound	adj.	existing or occurring only at or on the surface; appearing to be true or real only until examined more closely
31.	rek the role of the manager	<i>v</i> .	to consider again a plan, idea, etc., especially to change it
32.	the modern olad	n.	a period of four years, originally the time between the ancient Olympic Games and now commonly used to refer to the modern Olympic Games, which are held every four years
33.	eucus leaves	n.	a genus of flowering trees and shrubs native to Australia that are known for their aromatic leaves and medicinal properties
34.	summer olad	n.	a period of four years, originally the time between the ancient Olympic Games and now commonly used to refer to the modern Olympic Games, which are held every four years

ANSWERS: 26. cockpit, 27. embark, 28. catheter, 29. brace, 30. superficial, 31. rethink, 32. olympiad, 33. eucalyptus, 34. olympiad

35.	rek a marketing plan	<i>v</i> .	to consider again a plan, idea, etc., especially to change it
36.	sod sponge	adj.	completely wet; saturated or drenched with a liquid
37.	dial car	n.	a tool used to measure the distance between two points or the thickness of an object
38.	ignorance is bl_s	n.	extreme happiness or joy
39.	tac a driveway	n.	(also "blacktop") a hard surface made of asphalt, concrete, or other materials, typically used as a runway or surface for vehicles to move on, such as a road, parking lot, or airport runway; (verb) to surface or pave a road or runway with tarmac
40.	a smng blow	adj.	very successful or impressive; causing something to be broken or destroyed
41.	inct a student	v.	to teach someone practical skills or knowledge; to formally order or tell someone to do something
42.	rational expon	n.	a comprehensive description and explanation of an idea or theory; a collection of things, such as goods or works of art, etc., for public display
43.	paria treatment	n.	a form of paralysis that affects all or part of the lower body, typically caused by injury to the spinal cord or nervous system
44.	fud glass	adj.	joined together or combined into one; blended or integrated in a way that creates a new entity

ANSWERS: 35. rethink, 36. soaked, 37. caliper, 38. bliss, 39. tarmac, 40. smashing, 41. instruct, 42. exposition, 43. paraplegia, 44. fused

45.	inst secrets	adj.	situated or occurring at the deepest or most central part or point; relating to one's deepest or most private thoughts, feelings, or experiences
46.	brake a r_b	n.	each of a series of curved bones that are connected to the spine and surround the chest; (adjective) subject to laughter or ridicule
47.	bre my energies	n.	a device, typically one of a pair, for holding something in position or for strengthening an object; (verb) to support or hold steady and make steadfast
48.	broken colne	n.	the bone that connects the shoulder blade to the breastbone; also known as the clavicle
49.	ough the benefit	<i>v</i> .	to be heavier, more significant, or more critical than something
50.	ultimate bl_s	n.	extreme happiness or joy
51.	quagia patients	n.	paralysis of all four limbs and the torso, usually resulting from injury to the spinal cord in the neck region
52.	dp from the vicious wound	ν.	to fall in drops or make it fall in drops; (noun) liquid or moisture that falls in drops
53.	traumatic paria	n.	a form of paralysis that affects all or part of the lower body, typically caused by injury to the spinal cord or nervous system

ANSWERS: 45. innermost, 46. rib, 47. brace, 48. collarbone, 49. outweigh, 50. bliss, 51. quadriplegia, 52. drip, 53. paraplegia

54.	emk on a trip	ν.	to go on board a ship or plane; to set out on an enterprise or subject of study; to start something
55.	vera injury	n.	a bone in the spine, or the spinal column forming the supporting structure of the spine and protecting the spinal cord
56.	bay sweatpants	adj.	loose-fitting or puffed out in shape, typically about clothing
57.	catch alt	adj.	lighted up by or as by fire or flame; (verb) to come down
58.	unsle force	adj.	impossible to stop or prevent
59.	eucus oil	n.	a genus of flowering trees and shrubs native to Australia that are known for their aromatic leaves and medicinal properties
60.	alt from a train	adj.	lighted up by or as by fire or flame; (verb) to come down
61.	finnt at a crime scene	n.	a unique pattern of ridges and valleys on the surface of a finger that can be used to identify a person
62.	paze a person	<i>v</i> .	to cause a person or part of the body to become unable to move or feel
63.	car measurement	n.	a tool used to measure the distance between two points or the thickness of an object
64.	opne occasion	adj.	suitable or happening at a time that is suitable or convenient for a particular purpose

ANSWERS: 54. embark, 55. vertebra, 56. baggy, 57. alight, 58. unstoppable, 59. eucalyptus, 60. alight, 61. fingerprint, 62. paralyze, 63. caliper, 64. opportune

65. ru	r control	n.	vessel that can be turned horizontally to steer the vessel by changing its direction of movement; a device used in aircraft to control its yaw (side-to-side movement)
66. giv	ve smng results	adj.	very successful or impressive; causing something to be broken or destroyed
67. cc	ot ship	n.	the area in an aircraft or spacecraft from which the pilot controls the aircraft or spacecraft
68. ru	r movement	n.	a flat, vertical blade at the rear of a vessel that can be turned horizontally to steer the vessel by changing its direction of movement; a device used in aircraft to control its yaw (side-to-side movement)
69. sc	od clothes	adj.	completely wet; saturated or drenched with a liquid
70. ou	ugh our wishes	v.	to be heavier, more significant, or more critical than something
71. cr	acks in the plr	n.	a substance made of lime that becomes hard as it dries and is used for the protective or decorative coating of walls and ceilings and for molding and casting decorative elements
72. in	ct a computer	<i>v</i> .	to teach someone practical skills or knowledge; to formally order or tell someone to do something
73. ca	arry a sr	n.	a mark that remains on the skin after a wound has healed

ANSWERS: 65. rudder, 66. smashing, 67. cockpit, 68. rudder, 69. soaked, 70. outweigh, 71. plaster, 72. instruct, 73. scar

74. dp liquid	v.	(noun) liquid or moisture that falls in drops
75. supal knowledge	adj.	existing or occurring only at or on the surface; appearing to be true or real only until examined more closely
76. aine troop	adj.	moved or conveyed by or through the air; in the air
77. paze a city	<i>v</i> .	to cause a person or part of the body to become unable to move or feel
78. tac repair	n.	(also "blacktop") a hard surface made of asphalt, concrete, or other materials, typically used as a runway or surface for vehicles to move on, such as a road, parking lot, or airport runway; (verb) to surface or pave a road or runway with tarmac
79. critical crad	n.	a place where two or more roads or paths cross or intersect; a point of decision or choice, often involving significant consequences
80. major crad	n.	a place where two or more roads or paths cross or intersect; a point of decision or choice, often involving significant consequences

ANSWERS: 74. drip, 75. superficial, 76. airborne, 77. paralyze, 78. tarmac, 79. crossroad, 80. crossroad

Session 3: Fill in the Blanks

1.	The machinist used a digital to measure the precise dimensions of the metal.
n.	a tool used to measure the distance between two points or the thickness of an object
2.	Water is from the faucet.
v.	to fall in drops or make it fall in drops; (noun) liquid or moisture that falls in drops
3.	The athlete suffered a broken after a hard fall during the game.
n.	the bone that connects the shoulder blade to the breastbone; also known as the clavicle
4.	The in the novel provides background information on the characters and setting.
n.	a comprehensive description and explanation of an idea or theory; a collection of things, such as goods or works of art, etc., for public display
5.	After the surgery, the patient was required to wear a for several days.
n.	a thin, flexible tube that is inserted into a body cavity, duct, or vessel to drain fluid, inject medication, or perform a medical procedure
6.	The humanitarian organization organized an of supplies to the disaster-stricken area.
n.	the transportation of people or goods by aircraft often used to refer to a major operation to move large numbers of people or supplies to or from an area in need, particularly in times of disaster or conflict
AN	SWERS: 1. caliper, 2. dripping, 3. collarbone, 4. exposition, 5. catheter, 6. airlift

7. The witness stated that he set a house
adj. lighted up by or as by fire or flame; (verb) to come down
8 exercise is important for maintaining a healthy heart and lungs.
adj. relating to or requiring oxygen; (noun) an exercise or form of physical activity that enhances cardiovascular fitness and endurance, such as running or cycling
9. After the accident, he had and could not move his arms or legs
n. paralysis of all four limbs and the torso, usually resulting from injury to the spinal cord in the neck region
10. Even after the wound has healed, a remains.
n. a mark that remains on the skin after a wound has healed
11. I prefer clothes to tight-fitting ones.
adj. loose-fitting or puffed out in shape, typically about clothing
12. The amount of pollen this year is higher than usual.
adj. moved or conveyed by or through the air; in the air
13. Patience is the of all sores.
n. a substance made of lime that becomes hard as it dries and is used for the protective or decorative coating of walls and ceilings and for molding and casting decorative elements
14. The news of her promotion her.
v. to make someone feel suddenly enthusiastic or eager
ANSWERS: 7. alight, 8. Aerobic, 9. quadriplegia, 10. scar, 11. baggy, 12. airborne, 13. plaster, 14. excited

15.	The hiker's boots were from walking through the stream.
adj	completely wet; saturated or drenched with a liquid
16.	After his accident, he was left with and had to use a wheelchair.
n.	a form of paralysis that affects all or part of the lower body, typically caused by injury to the spinal cord or nervous system
17.	The facility manager the security guards to be on high alert.
v.	to teach someone practical skills or knowledge; to formally order or tell someone to do something
18.	We have to our company's product lineup for further growth.
<i>v</i> .	to consider again a plan, idea, etc., especially to change it
19.	The team's winning streak was
adj	impossible to stop or prevent
20.	We bought a new chair for our family room.
n.	a small bag filled with dried beans or similar materials, used in games and as a low seat
	It took years of therapy before the patient could reveal their thoughts and feelings.
adj	situated or occurring at the deepest or most central part or point; relating to one's deepest or most private thoughts, feelings, or experiences
22.	We on a new project.
v.	to go on board a ship or plane; to set out on an enterprise or subject of study; to start something
	SWERS: 15. soaked, 16. paraplegia, 17. instructed, 18. rethink, 19. unstoppable, beanbag, 21. innermost, 22. embarked

ANSWERS: 23. cockpit, 24. opportune, 25. vertebra, 26. superficial, 27. tarmac, 28. paralyzed, 29. fingerprint

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- n. each of a series of curved bones that are connected to the spine and surround the chest; (adjective) subject to laughter or ridicule
- 39. I'm at a career _____ and unsure which path to take.
 - *n.* a place where two or more roads or paths cross or intersect; a point of decision or choice, often involving significant consequences
- 40. She won a gold medal in the physics _____ and was praised by her teachers and peers.
 - n. a period of four years, originally the time between the ancient Olympic Games and now commonly used to refer to the modern Olympic Games, which are held every four years

ANSWERS: 38. rib, 39. crossroads, 40. olympiad