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Tristram Stuart: The global food waste scandal | TED

Talk

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food_waste_scandal



Advanced Words Only

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Session 1: Word List

uncover

v. to remove the cover from something; to discover something previously unseen or hidden

synonym: disclose, reveal, unveil

(1) uncover a potential problem, (2) uncover the truth

He continued his investigation and soon uncovered another

crime.

stale

adj. no longer fresh, new, or interesting; dull or uninteresting

synonym: old, uninteresting, dull

(1) a **stale** joke, (2) **stale** smell

The bread was **stale** and not fit for eating.

grocer

 a person who owns a shop that sells foodstuffs and some household supplies

synonym: storekeeper

(1) a green- grocer, (2) an old grocer

The natural foods **grocer** took advantage of the recent vegan craze.

hemorrhage

n. profuse bleeding, often caused by a ruptured vessel

synonym: heavy bleeding

(1) hemorrhage from a breast, (2) hemorrhage control

He had a severe brain **hemorrhage** that left him paralyzed.

loaf

a quantity of bread that is shaped and baked in one piece and usually sliced for serving; (verb) to be lazy or idle

synonym: bread, boule, brioche

(1) crusty **loaf**, (2) **loaf** around during the day

On my way home from work, I picked up a **loaf** of bread from the bakery.

exposition

a comprehensive description and explanation of an idea or theory; a collection of things, such as goods or works of art, etc., for public display

synonym: explanation, description, account

- (1) an international **exposition**, (2) rational **exposition** The **exposition** in the novel provides background information on the characters and setting.
- to decay, or cause something to decay, naturally and gradually

synonym: perish, decay, corrode

(1) begin to **rot**, (2) **rot** with age

Please refrigerate the meat, or it will **rot**.

colossal

adj. extremely large and impressive synonym: gigantic, huge, enormous

(1) colossal statue, (2) a colossal success

The new building is truly **colossal**, towering over the surrounding buildings.

unpack

to open and remove stored items from a container or package; to analyze or examine something in detail, often to clarify or understand it better

synonym: dissect, unwrap, unbox

(1) unpack a crate, (2) unpack a concept

I need to **unpack** my suitcase and put my clothes away.

rot

gargantuan

adj. of immense size, volume, or magnitude; gigantic synonym: enormous, colossal, mammoth

(1) gargantuan size, (2) gargantuan appetite

The construction of the **gargantuan** skyscraper was an engineering marvel.

chop

 to cut something into pieces with a sharp tool, such as a knife

synonym: cut, hack, slice

(1) **chop** wood, (2) **chop** a meet with a knife

The cook **chopped** the vegetables for the soup.

deplete

v. to reduce something, especially supplies of energy, money, etc., by a large amount; to use up resources or materials

synonym: exhaust, consume, use up

(1) **deplete** customer confidence, (2) **deplete** glycogen stores

If we continue to **deplete** the Earth's natural resources, we will cause severe damage to the environment.

emit

v. to give off or send out something such as light, heat, sound, gas, etc.

synonym: give off, radiate, expel

(1) emit a gamma ray, (2) emit air pollution

During the unloading, the container box **emits** a clicking sound.

refrigeration

 the process of cooling or freezing something, especially food, to preserve it

synonym: cooling, freezing, preservation

(1) refrigeration car, (2) refrigeration technology

The supermarket had a large **refrigeration** section with all kinds of fresh produce.

crate

 a large container, typically made of wood or metal, used for transporting or storing goods synonym: box, container, receptacle

(1) crate of apples, (2) beer crate

The shipping **crate** was filled with fragile glassware that must be shipped carefully.

inefficient

adj. lacking the ability or skill and not making the best use of time, money, energy, etc.

synonym: ineffective, counterproductive, inadequate

(1) inefficient use, (2) inefficient management

The system is still so **inefficient** that it is useless.

feces

- n. waste matter eliminated from the bowels; excrementsynonym: poop, stool, excrement
- (1) feces sample, (2) human feces

Proper disposal of **feces** is essential for maintaining public health and sanitation.

superlative

adj. of the highest degree, quality, or intensity; surpassing all others, used to describe comparisons that are extreme or the highest in a particular category

synonym: excellent, exceptional, supreme

(1) superlative quality, (2) superlative achievement

The restaurant's exotic dishes received **superlative** reviews from food critics.

sneaking

adj. characterized by stealth, secrecy, or furtiveness; done in a surreptitious or underhanded manner

synonym: sneaky, furtive, covert

(1) **sneaking** suspicion, (2) a **sneaking** sense of satisfaction

He had a **sneaking** admiration for his rival's work, even though they were competitors.

iceberg

a large piece of ice floating in the sea, detached from a glacier

synonym: glacier, ice mass, floe

(1) hit an **iceberg**, (2) **iceberg** melting

The ship encountered a series of **icebergs** and had to change its course.

spinach

- n. a leafy green vegetable with a slightly bitter taste and high nutritional value, often used in salads or cooked dishes, and also famously associated with the cartoon character Popeye, who claimed eating spinach made him stronger
- (1) spinach salad, (2) frozen spinach

Fresh **spinach** is a good source of vitamins and minerals.

imperfectly

adv. in a faulty or incomplete way

synonym: amiss, insufficiently, clumsily

(1) **imperfectly** developed, (2) **imperfectly** known disease He created an **imperfectly** shaped torso.

testicle

one of the two oval-shaped organs in men that produce sperm and testosterone; in animals, the equivalent organ responsible for producing sperm and often also regulating testosterone levels

synonym: ballock, gonad, ball

(1) testicle injury, (2) swollen testicles

The athlete was hit in the **testicle** during the game and had to be removed.

gastronomy

the art or science of preparing and serving good food;
 the study of food and its relationship to culture and society

synonym: culinary art, cuisine

(1) gastronomy tour, (2) French gastronomy

The city has many restaurants that showcase the diversity of **gastronomy** worldwide.

halve

v. to divide something into two equal parts; to reduce something by half its original amount or size

synonym: reduce by half, cut in half, split

(1) **halve** the price, (2) **halve** the workload I need to **halve** the recipe to make just enough for two people.

incinerate

- v. to burn something, especially waste material completely synonym: burn
- (1) **incinerate** waste, (2) the power to **incinerate** nations For safety reasons, we must completely **incinerate** contaminated protective clothing.

frown

v. to make an angry or severe expression by bringing your eyebrows together to indicate disapproval, displeasure, or concentration

synonym: scowl, glare, disapprove

(1) people with **frown** faces, (2) a worried **frown** Thinking always made him **frown**.

thrash

v. to beat violently with a stick or whip; to move violently and uncontrollably; to defeat soundly in a competition or contest

synonym: beat, pummel, thrum

(1) **thrash** about with pain, (2) **thrash** out a deal He **thrashed** in the water when he realized he was too far from the shore.

lettuce

 a leafy vegetable that is often used as a base for salads or sandwiches; it has green leaves and a mild flavor

synonym: greens, salad, cress

(1) crisp **lettuce**, (2) wilted **lettuce**

I want a sandwich with extra **lettuce**, please.

domesticate

v. to take control of animals or plants to provide food, power, or company

synonym: tame, naturalize, cultivate

(1) easy to **domesticate**, (2) **domesticate** the plant We **domesticate** cows to gain milk and meat.

deforestation

- n. the act of cutting down or burning trees in a large area synonym: clear-cutting, desertification
- (1) **deforestation** of the tropics, (2) the lowest **deforestation** rate

Large-scale **deforestation** also has a significant impact on marine ecosystems in the area.

anaerobic

- adj. living or occurring in the absence of oxygen; relating to or involving a process that does not require oxygensynonym: oxygen-free, without oxygen, anoxic
- (1) **anaerobic** atmosphere, (2) **anaerobic** exercise **Anaerobic** bacteria thrive in environments without oxygen, such as a sealed landfill.

digestion

n. the process of breaking down food in the body into smaller, more usable components, typically involving enzymes and other bodily processes; the process of assimilating, understanding, or absorbing information or ideas

synonym: absorption, assimilation, metabolism

(1) poor digestion,(2) impaired digestionOvereating can lead to discomfort and slower digestion.

electrify

v. to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something

synonym: wire, amaze, astonish

(1) **electrify** the audience, (2) **electrify** a manufacturing process

The product developed through years of research continues to **electrify** the market.

paltry

adj. lacking in importance, value, or quality; insignificant; meager or inadequate

synonym: insignificant, worthless, meager

(1) paltry sum, (2) paltry excuse

After working long hours for a paltry paycheck, the employee

began to search for a new job.

intern

v. to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

synonym: apprentice, trainee, student

(1) intern civilians, (2) medical intern

The navy **interned** ships of defeated nations.

Session 2: Spelling

1. un___r a potential problem

2. begin to r t

3. ha e the price

4. un___k a crate

5. sp___h salad

6. crusty I f

7. r t with age

8. hem____ge control

9. te____le injury

v. to remove the cover from something; to discover something previously unseen or hidden

v. to decay, or cause something to decay, naturally and gradually

v. to divide something into two equal parts; to reduce something by half its original amount or size

v. to open and remove stored items from a container or package; to analyze or examine something in detail, often to clarify or understand it better

n. a leafy green vegetable with a slightly bitter taste and high nutritional value, often used in salads or cooked dishes, and also famously associated with the cartoon character Popeye, who claimed eating spinach made him stronger

 a quantity of bread that is shaped and baked in one piece and usually sliced for serving; (verb) to be lazy or idle

v. to decay, or cause something to decay, naturally and gradually

n. profuse bleeding, often caused by a ruptured vessel

n. one of the two oval-shaped organs in men that produce sperm and testosterone; in animals, the equivalent organ responsible for producing sperm and often also regulating testosterone levels

ANSWERS: 1. uncover, 2. rot, 3. halve, 4. unpack, 5. spinach, 6. loaf, 7. rot, 8. hemorrhage, 9. testicle

10.	coal statue	adj.	extremely large and impressive
11.	snng suspicion	adj.	characterized by stealth, secrecy, or furtiveness; done in a surreptitious or underhanded manner
12.	frozen sph	n.	a leafy green vegetable with a slightly bitter taste and high nutritional value, often used in salads or cooked dishes, and also famously associated with the cartoon character Popeye, who claimed eating spinach made him stronger
13.	pay excuse	adj.	lacking in importance, value, or quality; insignificant; meager or inadequate
14.	unk a concept	v.	to open and remove stored items from a container or package; to analyze or examine something in detail, often to clarify or understand it better
15.	cp a meet with a knife	v.	to cut something into pieces with a sharp tool, such as a knife
16.	inn civilians	ν.	to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
17.	wilted lee	n.	a leafy vegetable that is often used as a base for salads or sandwiches; it has green leaves and a mild flavor
18.	a snng sense of satisfaction	adj.	characterized by stealth, secrecy, or furtiveness; done in a surreptitious or underhanded manner

а

ANSWERS: 10. colossal, 11. sneaking, 12. spinach, 13. paltry, 14. unpack, 15. chop, 16. intern, 17. lettuce, 18. sneaking

19.	French gasmy	n.	the art or science of preparing and serving good food; the study of food and its relationship to culture and society
20.	garan size	adj.	of immense size, volume, or magnitude; gigantic
21.	supve achievement	adj.	of the highest degree, quality, or intensity; surpassing all others, used to describe comparisons that are extreme or the highest in a particular category
22.	a coal success	adj.	extremely large and impressive
23.	thh about with pain	ν.	to beat violently with a stick or whip; to move violently and uncontrollably; to defeat soundly in a competition or contest
24.	defion of the tropics	n.	the act of cutting down or burning trees in a large area
25.	inent management	adj.	lacking the ability or skill and not making the best use of time, money, energy, etc.
26.	impaired dion	n.	the process of breaking down food in the body into smaller, more usable components, typically involving enzymes and other bodily processes; the process of assimilating, understanding, or absorbing information or ideas
27.	a ste joke	adj.	no longer fresh, new, or interesting; dull or uninteresting

ANSWERS: 19. gastronomy, 20. gargantuan, 21. superlative, 22. colossal, 23. thrash, 24. deforestation, 25. inefficient, 26. digestion, 27. stale

28.	unr the truth	v.	to remove the cover from something; to discover something previously unseen or hidden
29.	elfy the audience	<i>v</i> .	to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something
30.	a green-grr	n.	a person who owns a shop that sells foodstuffs and some household supplies
31.	icg melting	n.	a large piece of ice floating in the sea, detached from a glacier
32.	easy to domte	<i>v</i> .	to take control of animals or plants to provide food, power, or company
33.	refion car	n.	the process of cooling or freezing something, especially food, to preserve it
34.	people with fr_n faces	v.	to make an angry or severe expression by bringing your eyebrows together to indicate disapproval, displeasure, or concentration
35.	hit an icg	n.	a large piece of ice floating in the sea, detached from a glacier
36.	dee glycogen stores	v.	to reduce something, especially supplies of energy, money, etc., by a large amount; to use up resources or materials
37.	gasmy tour	n.	the art or science of preparing and serving good food; the study of food and its relationship to culture and society

ANSWERS: 28. uncover, 29. electrify, 30. grocer, 31. iceberg, 32. domesticate, 33. refrigeration, 34. frown, 35. iceberg, 36. deplete, 37. gastronomy

38.	dee customer confidence	<i>v</i> .	to reduce something, especially supplies of energy, money, etc., by a large amount; to use up resources or materials
39.	cp wood	<i>v</i> .	to cut something into pieces with a sharp tool, such as a knife
40.	imply developed	adv.	in a faulty or incomplete way
41.	hemge from a breast	n.	profuse bleeding, often caused by a ruptured vessel
42.	anic exercise	adj.	living or occurring in the absence of oxygen; relating to or involving a process that does not require oxygen
43.	an old grr	n.	a person who owns a shop that sells foodstuffs and some household supplies
44.	swollen teles	n.	one of the two oval-shaped organs in men that produce sperm and testosterone; in animals, the equivalent organ responsible for producing sperm and often also regulating testosterone levels
45.	cre of apples	n.	a large container, typically made of wood or metal, used for transporting or storing goods
46.	a worried frn	<i>v</i> .	to make an angry or severe expression by bringing your eyebrows together to indicate disapproval, displeasure, or concentration
47.	poor dion	n.	the process of breaking down food in the body into smaller, more usable components, typically involving enzymes and other bodily processes; the process of assimilating, understanding, or absorbing information or ideas

ANSWERS: 38. deplete, 39. chop, 40. imperfectly, 41. hemorrhage, 42. anaerobic, 43. grocer, 44. testicle, 45. crate, 46. frown, 47. digestion

48.	If around during the day	n.	a quantity of bread that is shaped and baked in one piece and usually sliced for serving; (verb) to be lazy or idle
49.	medical inn	ν.	to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
50.	anic atmosphere	adj.	living or occurring in the absence of oxygen; relating to or involving a process that does not require oxygen
51.	imply known disease	adv.	in a faulty or incomplete way
52.	inent use	adj.	lacking the ability or skill and not making the best use of time, money, energy, etc.
53.	the power to incte nations	<i>v</i> .	to burn something, especially waste material completely
54.	domte the plant	v.	to take control of animals or plants to provide food, power, or company
55.	the lowest defion rate	n.	the act of cutting down or burning trees in a large area
56.	an international expon	n.	a comprehensive description and explanation of an idea or theory; a collection of things, such as goods or works of art, etc., for public display
57.	supve quality	adj.	of the highest degree, quality, or intensity; surpassing all others, used to describe comparisons that are extreme or the highest in a particular category

ANSWERS: 48. loaf, 49. intern, 50. anaerobic, 51. imperfectly, 52. inefficient, 53. incinerate, 54. domesticate, 55. deforestation, 56. exposition, 57. superlative

58.	human fes	n.	waste matter eliminated from the bowels; excrement
59.	garan appetite	adj.	of immense size, volume, or magnitude; gigantic
60.	refion technology	n.	the process of cooling or freezing something, especially food, to preserve it
61.	crisp lee	n.	a leafy vegetable that is often used as a base for salads or sandwiches; it has green leaves and a mild flavor
62.	pay sum	adj.	lacking in importance, value, or quality; insignificant; meager or inadequate
63.	et a gamma ray	<i>v</i> .	to give off or send out something such as light, heat, sound, gas, etc.
64.	ste smell	adj.	no longer fresh, new, or interesting; dull or uninteresting
65.	hae the workload	ν.	to divide something into two equal parts; to reduce something by half its original amount or size
66.	fes sample	n.	waste matter eliminated from the bowels; excrement
67.	et air pollution	<i>v</i> .	to give off or send out something such as light, heat, sound, gas, etc.
68.	rational expon	n.	a comprehensive description and explanation of an idea or theory; a collection of things, such as goods or works of art, etc., for public display
69.	incte waste	<i>v</i> .	to burn something, especially waste material completely

ANSWERS: 58. feces, 59. gargantuan, 60. refrigeration, 61. lettuce, 62. paltry, 63. emit, 64. stale, 65. halve, 66. feces, 67. emit, 68. exposition, 69. incinerate

- 70. el____fy a manufacturing process
- v. to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something

71. beer cr_e

 a large container, typically made of wood or metal, used for transporting or storing goods

72. th__h out a deal

v. to beat violently with a stick or whip; to move violently and uncontrollably; to defeat soundly in a competition or contest

ANSWERS: 70. electrify, 71. crate, 72. thrash

Session 3: Fill in the Blanks

1.	He had a admiration for his rival's work, even though they were competitors.
ad	 characterized by stealth, secrecy, or furtiveness; done in a surreptitious or underhanded manner
2.	The ship encountered a series of and had to change its course.
n.	a large piece of ice floating in the sea, detached from a glacier
3.	He created an shaped torso.
ad	v. in a faulty or incomplete way
4.	He in the water when he realized he was too far from the shore.
<i>v</i> .	to beat violently with a stick or whip; to move violently and uncontrollably; to defeat soundly in a competition or contest
5.	The navy ships of defeated nations.
v.	to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
6.	We cows to gain milk and meat.
v.	to take control of animals or plants to provide food, power, or company
7.	Large-scale also has a significant impact on marine ecosystems in the area.
n.	the act of cutting down or burning trees in a large area
Λ N I	ICN/EDC: 4. anaphina 2. inchange 2. inchange the 4 throughout E. intermed C.
	SWERS: 1. sneaking, 2. icebergs, 3. imperfectly, 4. thrashed, 5. interned, 6. mesticate, 7. deforestation

8.	Fresh is a good source of vitamins and minerals.
n.	a leafy green vegetable with a slightly bitter taste and high nutritional value, often used in salads or cooked dishes, and also famously associated with the cartoon character Popeye, who claimed eating spinach made him stronger
9.	He had a severe brain that left him paralyzed.
n.	profuse bleeding, often caused by a ruptured vessel
10.	The shipping was filled with fragile glassware that must be shipped carefully.
n.	a large container, typically made of wood or metal, used for transporting or storing goods
11.	The bread was and not fit for eating.
adj	no longer fresh, new, or interesting; dull or uninteresting
12.	The supermarket had a large section with all kinds of fresh produce.
n.	the process of cooling or freezing something, especially food, to preserve it
13.	The athlete was hit in the during the game and had to be removed.
n.	one of the two oval-shaped organs in men that produce sperm and testosterone; in animals, the equivalent organ responsible for producing sperm and often also regulating testosterone levels
14.	On my way home from work, I picked up a of bread from the bakery.
n.	a quantity of bread that is shaped and baked in one piece and usually sliced for serving; (verb) to be lazy or idle
15.	During the unloading, the container box a clicking sound.
<i>v</i> .	to give off or send out something such as light, heat, sound, gas, etc.
	SWERS: 8. spinach, 9. hemorrhage, 10. crate, 11. stale, 12. refrigeration, 13. ticle, 14. loaf, 15. emits

16. Thinking always made him
v. to make an angry or severe expression by bringing your eyebrows together to indicate disapproval, displeasure, or concentration
17. After working long hours for a paycheck, the employee began to search for a new job.
adj. lacking in importance, value, or quality; insignificant; meager or inadequate
18. The natural foods took advantage of the recent vegan craze.
n. a person who owns a shop that sells foodstuffs and some household supplies
19. I need to my suitcase and put my clothes away.
v. to open and remove stored items from a container or package; to analyze or examine something in detail, often to clarify or understand it better
20. The system is still so that it is useless.
adj. lacking the ability or skill and not making the best use of time, money, energy, etc.
21. I want a sandwich with extra please.
n. a leafy vegetable that is often used as a base for salads or sandwiches; it has green leaves and a mild flavor
22. He continued his investigation and soon another crime.
ν . to remove the cover from something; to discover something previously unseen or hidden
23. If we continue to the Earth's natural resources, we will cause severe damage to the environment.
v. to reduce something, especially supplies of energy, money, etc., by a large amount; to use up resources or materials
ANSWERS: 16. frown, 17. paltry, 18. grocer, 19. unpack, 20. inefficient, 21. lettuce, 22. uncovered, 23. deplete

24. I need to the recipe to make just enough for two people.
ν . to divide something into two equal parts; to reduce something by half its original amount or size
25. The construction of the skyscraper was an engineering marvel.
adj. of immense size, volume, or magnitude; gigantic
26 bacteria thrive in environments without oxygen, such as a sealed landfill.
adj. living or occurring in the absence of oxygen; relating to or involving a process that does not require oxygen
27. The new building is truly towering over the surrounding buildings. adj. extremely large and impressive
28. The cook the vegetables for the soup.
v. to cut something into pieces with a sharp tool, such as a knife
29. The product developed through years of research continues to the market.
ν. to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something
30. The restaurant's exotic dishes received reviews from food critics.
adj. of the highest degree, quality, or intensity; surpassing all others, used to describe comparisons that are extreme or the highest in a particular category
31. For safety reasons, we must completely contaminated protective clothing.
v. to burn something, especially waste material completely
ANSWERS: 24. halve, 25. gargantuan, 26. Anaerobic, 27. colossal, 28. chopped, 29 electrify, 30. superlative, 31. incinerate

32.	Please refrigerate the meat, or it will
<i>v</i> .	to decay, or cause something to decay, naturally and gradually
33.	The city has many restaurants that showcase the diversity of worldwide.
n.	the art or science of preparing and serving good food; the study of food and its relationship to culture and society
34.	The in the novel provides background information on the characters and setting.
n.	a comprehensive description and explanation of an idea or theory; a collection of things, such as goods or works of art, etc., for public display
35.	Proper disposal of is essential for maintaining public health and sanitation.
n.	waste matter eliminated from the bowels; excrement
36.	Overeating can lead to discomfort and slower
n.	the process of breaking down food in the body into smaller, more usable components, typically involving enzymes and other bodily processes; the process of assimilating, understanding, or absorbing information or ideas

ANSWERS: 32. rot, 33. gastronomy, 34. exposition, 35. feces, 36. digestion