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Maysoon Zayid: I got 99 problems ... palsy is just one
| TED Talk

https://www.ted.com/talks/maysoon_zayid_i_got_99_problems_palsy_is_just_one

Advanced Words Only

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Session 1: Word List

suffocate

v. to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression

synonym : choke, smother, stifle

(1) **suffocate** to death, (2) **suffocate** fire

People can **suffocate** from a lack of oxygen in confined spaces.

palsy

n. a condition characterized by the loss or impairment of movement or sensation due to damage or disease affecting the nervous system; paralysis or weakness

synonym : paralysis, tremor, twitch

(1) muscle **palsy**, (2) cerebral **palsy**

Some people with Parkinson's disease may experience tremors and **palsy** in their limbs.

uterus

n. a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth

synonym : womb

(1) **uterus** cancer, (2) bleeding from **uterus**

The physician prescribed medication to relieve the contraction of the **uterus**.

oppress

v. to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people

synonym : antagonize, distress, burden

(1) **oppress** the minority, (2) **oppress** the people with force
Historically, many countries have often **oppressed** certain religions to gain the support of the majority of the population.

olympiad

n. a period of four years, originally the time between the ancient Olympic Games and now commonly used to refer to the modern Olympic Games, which are held every four years

(1) the modern **olympiad**, (2) summer **olympiad**

She won a gold medal in the physics **olympiad** and was praised by her teachers and peers.

affliction

n. a condition of physical or mental suffering or distress, often caused by illness, injury, or other adversity; a burden or trouble that causes hardship or grief

synonym : anguish, distress, suffering

(1) mental **affliction**, (2) autoimmune **affliction**

Chronic pain can be a debilitating **affliction** that affects every aspect of one's life.

mantra

n. a word or phrase, often repeated, that is used as a focus for the mind during meditation

synonym : hymn, chant, phrase

(1) campaign **mantra**, (2) chant the **mantra** of structural reform

She repeated her personal **mantra** to herself to stay motivated.

tactic

n. a method or strategy used to achieve a particular goal or objective

synonym : strategy, approach, method

(1) an imprudent **tactic**, (2) alternative **tactic**

The coach implemented a new **tactic** to win the game.

dangle

- v. to hang or swing loosely, especially in a way that suggests instability or lack of support; to tempt or tantalize by holding out the prospect of something desirable but uncertain

synonym : swing, hang, drape

(1) **dangle** a carrot, (2) **dangle** a pendant

The earring on her earlobe would **dangle** as she moved her head.

slogan

- n. a short, catchy phrase or motto that is used by a person, organization, or company to promote a particular product, cause, or idea

synonym : catchphrase, tagline, motto

(1) catchy **slogan**, (2) advertising **slogan**

The company spent months researching and testing different brand **slogans** before finally settling on 'Just Do It' as their new tagline.

starve

- v. to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance

synonym : famish, hunger

(1) **starve** for a victory, (2) **starve** to death

If you don't eat soon, you're going to **starve**.

sunrise

- n. the time in the morning when the sun first appears in the sky

synonym : daybreak, morning, dawn

(1) beautiful **sunrise**, (2) high-technology **sunrise** industries

I got up early to watch the **sunrise** at the summit.

chic

- n. a fashionable, stylish, and sophisticated elegance or gracefulness, particularly in dress or behavior;
(adjective) sophisticated, elegant, and fashionable

synonym : style, fashion, trend

(1) **chic** boutique, (2) casual **chic**

She's always dressed in the latest **chic**, making her the envy

of her friends.

dunk

v. to immerse or submerge briefly in a liquid, often repeatedly to coat or moisten; to slam or force something down into a container of liquid

synonym : dip, plunge, soak

(1) **dunk** in water, (2) **dunk** a basketball

I like to **dunk** my cookies in milk before eating them.

menagerie

n. a collection of wild animals, especially exotic ones, kept for display

synonym : collection, assortment, group

(1) a large **menagerie**, (2) **menagerie** keeper

The circus had a **menagerie** of animals, including elephants, lions, and monkeys.

weep

v. to cry tears because of sadness, rage, or pain

synonym : cry, sob, mourn

(1) **weep** bitter tears, (2) **weep** for joy

I'm easily moved to tears, so I would **weep** in sympathy if I saw that movie.

rooftop

n. the upper surface or cover of a building's roof, often used for recreational or other purposes

synonym : roof, terrace, deck

(1) **rooftop** live, (2) **rooftop** deck

They held the dinner party on the **rooftop** terrace, enjoying the beautiful view of the city.

almighty

adj. having supreme or ultimate power or authority; complete and total; omnipotent

synonym : omnipotent, all-powerful, supreme

(1) **almighty** power, (2) **almighty** dollar

The **almighty** ruler of the kingdom held ultimate power over his subjects.

hysterical

adj. marked by or in a state of excessive or uncontrollable emotion

synonym : agitated, frantic, crazy

(1) **hysterical** laughter, (2) get **hysterical** easily

The frustration that had accumulated for a long time made her **hysterical**.

stunt

n. a feat or action that is often dangerous or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a physical or mental sense

synonym : feat, accomplishment, (verb) hinder

(1) skydiving **stunt**, (2) **stunt** brain growth

The daredevil attempted a dangerous **stunt** by jumping off a tall building with a parachute.

imitate

v. to copy the speech, behavior, appearance, etc. of someone or something

synonym : mimic, emulate, replicate

(1) **imitate** painting styles, (2) **imitate** animal sounds

He **imitated** the modus operandi of the famous phantom thief.

sordid

adj. involving immoral or unethical actions; dirty or unpleasant; morally corrupt or depraved

synonym : dirty, seedy, sleazy

(1) **sordid** business, (2) **sordid** past

The tabloid newspaper exposed the **sordid** details of the politician's scandalous affair.

able-bodied

adj. having a healthy and strong body capable of physical activities; not suffering from physical disabilities that limit movement or strength

synonym : capable, fit, healthy

(1) **able-bodied** worker, (2) **able-bodied** athlete

The job posting required an **able-bodied** person for heavy

lifting.

wacky

adj. funny in a slightly odd, peculiar, irregular way

synonym : absurd, eccentric, ludicrous

(1) **wacky** value, (2) **wacky** plan for selling more books

His friend was a pretty wild and **wacky** character.

glorify

v. to praise or honor something or someone, often in an exaggerated or overly positive way; to elevate or exalt something or someone to a higher status or position

synonym : exalt, celebrate, honor

(1) **glorify** god, (2) **glorify** violence

Religious leaders often **glorify** their messengers to encourage people to follow their teachings.

fluffy

adj. soft and light, often with a texture that resembles feathers or fur

synonym : soft, feathery, puffy

(1) **fluffy** clouds, (2) **fluffy** blanket

The kitten had **fluffy** fur that was soft to the touch.

turnpike

n. a high-speed, limited-access highway, often with toll booths; a barrier across a road with a rotating spindle used to control access

synonym : toll road, expressway, freeway

(1) **turnpike** interchange, (2) **turnpike** exit

The toll booth on the **turnpike** caused a traffic backup.

Arabic

n. the Semitic language of the Arab people, widely spoken throughout the Middle East and North Africa; of or relating to Arab peoples, culture, or language

(1) **Arabic** cuisine, (2) **Arabic** language

I'm studying **Arabic** calligraphy as part of my art class.

censor

n. a person or institution responsible for examining books, movies, and other forms of media to determine if they are harmful or offensive and should be banned or

altered; an official in charge of banning or suppressing information

synonym : suppressor, scrutineer, examiner

(1) **cancel** a book, (2) **cancel** a TV program

The newspaper editor decided to **cancel** the controversial headline to avoid backlash.

uncover

v. to remove the cover from something; to discover something previously unseen or hidden

synonym : disclose, reveal, unveil

(1) **uncover** a potential problem, (2) **uncover** the truth

He continued his investigation and soon **uncovered** another crime.

rumor

n. a piece of unverified information of uncertain origin that is spread by word of mouth

synonym : gossip, whisper, talk

(1) a false **rumor**, (2) **rumor** mill

There was a baseless **rumor** that the company was going bankrupt.

synonymous

adj. having the same or a similar meaning as another word or phrase

synonym : equivalent, interchangeable, similar

(1) **synonymous** terms, (2) non- **synonymous** mutation

The phrase "big shot" and "important person" are **synonymous**.

conquer

v. to bring under control by force or authority

synonym : defeat, overpower, subdue

(1) **conquer** fatal disease, (2) **conquer** the world

You must **conquer** your anxiety about driving.

stigma

n. a mark of shame or disgrace associated with a particular circumstance, quality, or person

synonym : mark, blemish, disgrace

(1) social **stigma**, (2) **stigma** against obesity

The mental health **stigma** often prevents people from seeking treatment.

countdown

n. a counting sequence leading up to an event, often marked by a series of signals or cues, also used as a term to describe the final stages leading up to a major event or deadline

synonym: timer

(1) **countdown** clock, (2) wedding **countdown**

The **countdown** to launch began as the astronauts prepared for their mission.

promenade

n. a stroll or walk, often taken in a public place or park; a public place for walking or strolling, often filled with shops or vendors; a dance movement in which the partners move around the floor in a circle or similar pattern

synonym: stroll, walkway, boulevard

(1) evening **promenade**, (2) **promenade** in the park

The boardwalk by the beach was a beautiful **promenade** for tourists and locals alike.

livid

adj. discolored or bruised, especially angrily or furiously; having a flushed or bluish-gray appearance

synonym: furious, enraged, black-and-blue

(1) **livid** face, (2) **livid** glare

She was **livid** with anger when she found out her coworker had stolen credit for her project.

tweak

v. to pinch or squeeze something sharply; to adjust something finely

synonym: nip, pinch, fine-tune

(1) **tweak** his cheek, (2) **tweak** the economy

He didn't **tweak** the plan, even though he had time.

retarded

adj. (considered derogatory) delayed or impeded in intellectual or emotional development; slow to learn

synonym : delayed, impeded, slow

(1) **retarded** growth, (2) **retarded** child

The project was delayed due to some technical problems, and it was considered **retarded**.

creditor

n. a person, company, etc. to whom a debtor owes money

(1) the **creditor's** claims, (2) bankrupt **creditor**

I asked the lawyer to initiate **creditor** negotiations for voluntary liquidation.

screenwriter

n. a writer who writes or creates scripts, screenplays, or stories for movies, television shows, or other visual media

synonym : scriptwriter, playwright

(1) aspiring **screenwriter**, (2) experienced **screenwriter**

The movie's success was largely attributed to the **screenwriter's** cleverly written script.

clap

v. to hit your hands together and make a short and loud noise, mainly to show your approval or praise

synonym : applaud, spat, acclaim

(1) **clap** my hands, (2) **clap** a book shut

We **clapped** along with the singer's song.

underrepresented

adj. not adequately or proportionately represented, often in terms of a particular group, population, or perspective being excluded or marginalized

synonym : belittled, marginalized, disadvantaged

(1) feel **underrepresented**, (2) **underrepresented** data

Underrepresented communities need more support and resources to achieve equity.

crooked

adj. not straight or aligned; bent or curved to one side; not honest or fair; characterized by deception, fraud, or wrongdoing; irregular, uneven, or jagged in shape or

form

synonym : bent, curved, twisted

(1) **crooked** smile, (2) **crooked** line

The table leg was **crooked**, causing all the cups to slide to one side.

flank

n. the side of an animal, especially the side between the last rib and the hip; the side of military or naval formation; (verb) to be located on either side of something

synonym : side, edge, rim

(1) **flank** pain, (2) attack the left **flank**

The **flank** of the mountain was difficult to climb.

diva

n. a distinguished female singer or performer, often with a reputation for being difficult or demanding; a woman who is admired for her talent, beauty, or grace but who is also seen as arrogant or temperamental

synonym : prima donna, star, songstress

(1) screen **diva**, (2) talented **diva**

The singer is known for her **diva-like** behavior backstage.

idol

n. an image or representation of a god or goddess, or a person or thing that is greatly admired, loved, or revered

synonym : icon, hero, legend

(1) **idol** worship, (2) **idol** singer

He was an **idol** to his fans, who looked up to him as a role model.

sliver

n. a small, thin, narrow piece or fragment of something, often characterized by its length or its sharpness or thinness; a small portion or amount of something, often used in a metaphorical sense to describe a trace or a hint of something

synonym : splinter, shard, fragment

(1) **sliver** of wood, (2) **sliver** of metal

I had to be careful not to step on a **sliver** of glass on the

floor.

sting

v. to cause a sharp, painful sensation or injury with a poison, venom, or other substance or by a physical action such as a bite or prick

synonym: bite, prick, poke

(1) **sting** me on the arm, (2) **sting** his face

Bees **sting** as a defense mechanism when they feel threatened.

dedicate

v. to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use

synonym: consecrate, devote, commit

(1) **dedicate** a few hours, (2) **dedicate** a chapter to the subject

He **dedicated** his life to helping others.

Session 2: Spelling

1. fl___y clouds *adj.* soft and light, often with a texture that resembles feathers or fur
2. al____ty power *adj.* having supreme or ultimate power or authority; complete and total; omnipotent
3. pr_____de in the park *n.* a stroll or walk, often taken in a public place or park; a public place for walking or strolling, often filled with shops or vendors; a dance movement in which the partners move around the floor in a circle or similar pattern
4. beautiful su_____e *n.* the time in the morning when the sun first appears in the sky
5. st__g me on the arm *v.* to cause a sharp, painful sensation or injury with a poison, venom, or other substance or by a physical action such as a bite or prick
6. su_____te fire *v.* to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression
7. tu_____ke exit *n.* a high-speed, limited-access highway, often with toll booths; a barrier across a road with a rotating spindle used to control access
8. tw__k the economy *v.* to pinch or squeeze something sharply; to adjust something finely

ANSWERS: 1. fluffy, 2. almighty, 3. promenade, 4. sunrise, 5. sting, 6. suffocate, 7. turnpike, 8. tweak

9. w__p bitter tears *v.* to cry tears because of sadness, rage, or pain
10. und_____ted data *adj.* not adequately or proportionately represented, often in terms of a particular group, population, or perspective being excluded or marginalized
11. de_____te a few hours *v.* to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
12. a false ru__r *n.* a piece of unverified information of uncertain origin that is spread by word of mouth
13. st___e for a victory *v.* to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance
14. sl___r of wood *n.* a small, thin, narrow piece or fragment of something, often characterized by its length or its sharpness or thinness; a small portion or amount of something, often used in a metaphorical sense to describe a trace or a hint of something
15. d__k a basketball *v.* to immerse or submerge briefly in a liquid, often repeatedly to coat or moisten; to slam or force something down into a container of liquid
16. co_____r the world *v.* to bring under control by force or authority

ANSWERS: 9. weep, 10. underrepresented, 11. dedicate, 12. rumor, 13. starve, 14. sliver, 15. dunk, 16. conquer

17. evening pr_____de *n.* a stroll or walk, often taken in a public place or park; a public place for walking or strolling, often filled with shops or vendors; a dance movement in which the partners move around the floor in a circle or similar pattern
18. co_____r fatal disease *v.* to bring under control by force or authority
19. co_____wn clock *n.* a counting sequence leading up to an event, often marked by a series of signals or cues, also used as a term to describe the final stages leading up to a major event or deadline
20. casual c__c *n.* a fashionable, stylish, and sophisticated elegance or gracefulness, particularly in dress or behavior; (adjective) sophisticated, elegant, and fashionable
21. an imprudent ta___c *n.* a method or strategy used to achieve a particular goal or objective
22. wedding co_____wn *n.* a counting sequence leading up to an event, often marked by a series of signals or cues, also used as a term to describe the final stages leading up to a major event or deadline
23. su_____te to death *v.* to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression
24. the cr_____or's claims *n.* a person, company, etc. to whom a debtor owes money

ANSWERS: 17. promenade, 18. conquer, 19. countdown, 20. chic, 21. tactic, 22. countdown, 23. suffocate, 24. creditor

25. st___a against obesity *n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person
26. catchy sl___n *n.* a short, catchy phrase or motto that is used by a person, organization, or company to promote a particular product, cause, or idea
27. tw__k his cheek *v.* to pinch or squeeze something sharply; to adjust something finely
28. un_____r the truth *v.* to remove the cover from something; to discover something previously unseen or hidden
29. Ar___c cuisine *n.* the Semitic language of the Arab people, widely spoken throughout the Middle East and North Africa; of or relating to Arab peoples, culture, or language
30. ut___s cancer *n.* a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth
31. so___d past *adj.* involving immoral or unethical actions; dirty or unpleasant; morally corrupt or depraved
32. st___e to death *v.* to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance
33. so___d business *adj.* involving immoral or unethical actions; dirty or unpleasant; morally corrupt or depraved

ANSWERS: 25. stigma, 26. slogan, 27. tweak, 28. uncover, 29. Arabic, 30. uterus, 31. sordid, 32. starve, 33. sordid

43. ro____p deck *n.* the upper surface or cover of a building's roof, often used for recreational or other purposes
44. skydiving st__t *n.* a feat or action that is often dangerous or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a physical or mental sense
45. non-syn_____us mutation *adj.* having the same or a similar meaning as another word or phrase
46. ce___r a book *n.* a person or institution responsible for examining books, movies, and other forms of media to determine if they are harmful or offensive and should be banned or altered; an official in charge of banning or suppressing information
47. alternative ta___c *n.* a method or strategy used to achieve a particular goal or objective
48. hys_____al laughter *adj.* marked by or in a state of excessive or uncontrollable emotion
49. social st___a *n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person
50. ru__r mill *n.* a piece of unverified information of uncertain origin that is spread by word of mouth
51. advertising sl___n *n.* a short, catchy phrase or motto that is used by a person, organization, or company to promote a particular product, cause, or idea

ANSWERS: 43. rooftop, 44. stunt, 45. synonymous, 46. censor, 47. tactic, 48. hysterical, 49. stigma, 50. rumor, 51. slogan

52. fl__k pain *n.* the side of an animal, especially the side between the last rib and the hip; the side of military or naval formation; (verb) to be located on either side of something
53. i__l worship *n.* an image or representation of a god or goddess, or a person or thing that is greatly admired, loved, or revered
54. summer ol____ad *n.* a period of four years, originally the time between the ancient Olympic Games and now commonly used to refer to the modern Olympic Games, which are held every four years
55. wa__y plan for selling more books *adj.* funny in a slightly odd, peculiar, irregular way
56. ro____p live *n.* the upper surface or cover of a building's roof, often used for recreational or other purposes
57. un____r a potential problem *v.* to remove the cover from something; to discover something previously unseen or hidden
58. a large me____ie *n.* a collection of wild animals, especially exotic ones, kept for display
59. d__k in water *v.* to immerse or submerge briefly in a liquid, often repeatedly to coat or moisten; to slam or force something down into a container of liquid
60. op____s the people with force *v.* to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people

ANSWERS: 52. flank, 53. idol, 54. olympiad, 55. wacky, 56. rooftop, 57. uncover, 58. menagerie, 59. dunk, 60. oppress

61. ce___r a TV program *n.* a person or institution responsible for examining books, movies, and other forms of media to determine if they are harmful or offensive and should be banned or altered; an official in charge of banning or suppressing information
62. im_____e animal sounds *v.* to copy the speech, behavior, appearance, etc. of someone or something
63. experienced scr_____ter *n.* a writer who writes or creates scripts, screenplays, or stories for movies, television shows, or other visual media
64. abl_____ed athlete *adj.* having a healthy and strong body capable of physical activities; not suffering from physical disabilities that limit movement or strength
65. me_____ie keeper *n.* a collection of wild animals, especially exotic ones, kept for display
66. w__p for joy *v.* to cry tears because of sadness, rage, or pain
67. wa__y value *adj.* funny in a slightly odd, peculiar, irregular way
68. li__d face *adj.* discolored or bruised, especially angrily or furiously; having a flushed or bluish-gray appearance
69. c__c boutique *n.* a fashionable, stylish, and sophisticated elegance or gracefulness, particularly in dress or behavior; (adjective) sophisticated, elegant, and fashionable

ANSWERS: 61. censor, 62. imitate, 63. screenwriter, 64. able-bodied, 65. menagerie, 66. weep, 67. wacky, 68. livid, 69. chic

70. cr_____d smile *adj.* not straight or aligned; bent or curved to one side; not honest or fair; characterized by deception, fraud, or wrongdoing; irregular, uneven, or jagged in shape or form
71. tu_____ke interchange *n.* a high-speed, limited-access highway, often with toll booths; a barrier across a road with a rotating spindle used to control access
72. op_____s the minority *v.* to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
73. re_____ed child *adj.* (considered derogatory) delayed or impeded in intellectual or emotional development; slow to learn
74. Ar____c language *n.* the Semitic language of the Arab people, widely spoken throughout the Middle East and North Africa; of or relating to Arab peoples, culture, or language
75. aspiring scr_____ter *n.* a writer who writes or creates scripts, screenplays, or stories for movies, television shows, or other visual media
76. syn_____us terms *adj.* having the same or a similar meaning as another word or phrase
77. chant the ma____a of structural reform *n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation
78. abl_____ed worker *adj.* having a healthy and strong body capable of physical activities; not suffering from physical disabilities that limit movement or strength

ANSWERS: 70. crooked, 71. turnpike, 72. oppress, 73. retarded, 74. Arabic, 75. screenwriter, 76. synonymous, 77. mantra, 78. able-bodied

79. screen d__a *n.* a distinguished female singer or performer, often with a reputation for being difficult or demanding; a woman who is admired for her talent, beauty, or grace but who is also seen as arrogant or temperamental
80. campaign ma___a *n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation
81. sl___r of metal *n.* a small, thin, narrow piece or fragment of something, often characterized by its length or its sharpness or thinness; a small portion or amount of something, often used in a metaphorical sense to describe a trace or a hint of something
82. high-technology su_____e industries *n.* the time in the morning when the sun first appears in the sky
83. mental aff_____on *n.* a condition of physical or mental suffering or distress, often caused by illness, injury, or other adversity; a burden or trouble that causes hardship or grief
84. feel und_____ted *adj.* not adequately or proportionately represented, often in terms of a particular group, population, or perspective being excluded or marginalized
85. da___e a pendant *v.* to hang or swing loosely, especially in a way that suggests instability or lack of support; to tempt or tantalize by holding out the prospect of something desirable but uncertain

ANSWERS: 79. diva, 80. mantra, 81. sliver, 82. sunrise, 83. affliction, 84. underrepresented, 85. dangle

86. li__d glare *adj.* discolored or bruised, especially angrily or furiously; having a flushed or bluish-gray appearance
87. cr_____d line *adj.* not straight or aligned; bent or curved to one side; not honest or fair; characterized by deception, fraud, or wrongdoing; irregular, uneven, or jagged in shape or form
88. de_____te a chapter to the subject *v.* to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
89. i__l singer *n.* an image or representation of a god or goddess, or a person or thing that is greatly admired, loved, or revered
90. the modern ol_____ad *n.* a period of four years, originally the time between the ancient Olympic Games and now commonly used to refer to the modern Olympic Games, which are held every four years
91. st__t brain growth *n.* a feat or action that is often dangerous or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a physical or mental sense
92. c__p my hands *v.* to hit your hands together and make a short and loud noise, mainly to show your approval or praise

ANSWERS: 86. livid, 87. crooked, 88. dedicate, 89. idol, 90. olympiad, 91. stunt, 92. clap

93. da___e a carrot v. to hang or swing loosely, especially in a way that suggests instability or lack of support; to tempt or tantalize by holding out the prospect of something desirable but uncertain
94. gl_____y god v. to praise or honor something or someone, often in an exaggerated or overly positive way; to elevate or exalt something or someone to a higher status or position
95. bankrupt cr_____or n. a person, company, etc. to whom a debtor owes money
96. bleeding from ut____s n. a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth
97. muscle pa__y n. a condition characterized by the loss or impairment of movement or sensation due to damage or disease affecting the nervous system; paralysis or weakness
98. autoimmune aff_____on n. a condition of physical or mental suffering or distress, often caused by illness, injury, or other adversity; a burden or trouble that causes hardship or grief
99. im_____e painting styles v. to copy the speech, behavior, appearance, etc. of someone or something
100. attack the left fl__k n. the side of an animal, especially the side between the last rib and the hip; the side of military or naval formation; (verb) to be located on either side of something

ANSWERS: 93. dangle, 94. glorify, 95. creditor, 96. uterus, 97. palsy, 98. affliction, 99. imitate, 100. flank

ANSWERS:

Session 3: Fill in the Blanks

1. They held the dinner party on the _____ terrace, enjoying the beautiful view of the city.
n. the upper surface or cover of a building's roof, often used for recreational or other purposes
2. There was a baseless _____ that the company was going bankrupt.
n. a piece of unverified information of uncertain origin that is spread by word of mouth
3. The newspaper editor decided to _____ the controversial headline to avoid backlash.
n. a person or institution responsible for examining books, movies, and other forms of media to determine if they are harmful or offensive and should be banned or altered; an official in charge of banning or suppressing information
4. The company spent months researching and testing different brand _____ before finally settling on 'Just Do It' as their new tagline.
n. a short, catchy phrase or motto that is used by a person, organization, or company to promote a particular product, cause, or idea
5. He was an _____ to his fans, who looked up to him as a role model.
n. an image or representation of a god or goddess, or a person or thing that is greatly admired, loved, or revered
6. The project was delayed due to some technical problems, and it was considered _____.
adj. (considered derogatory) delayed or impeded in intellectual or emotional development; slow to learn

ANSWERS: 1. rooftop, 2. rumor, 3. censor, 4. slogans, 5. idol, 6. retarded

7. The singer is known for her _____ behavior backstage.
- n.* a distinguished female singer or performer, often with a reputation for being difficult or demanding; a woman who is admired for her talent, beauty, or grace but who is also seen as arrogant or temperamental
8. I like to ____ my cookies in milk before eating them.
- v.* to immerse or submerge briefly in a liquid, often repeatedly to coat or moisten; to slam or force something down into a container of liquid
9. The _____ to launch began as the astronauts prepared for their mission.
- n.* a counting sequence leading up to an event, often marked by a series of signals or cues, also used as a term to describe the final stages leading up to a major event or deadline
10. The boardwalk by the beach was a beautiful _____ for tourists and locals alike.
- n.* a stroll or walk, often taken in a public place or park; a public place for walking or strolling, often filled with shops or vendors; a dance movement in which the partners move around the floor in a circle or similar pattern
11. The toll booth on the _____ caused a traffic backup.
- n.* a high-speed, limited-access highway, often with toll booths; a barrier across a road with a rotating spindle used to control access
12. If you don't eat soon, you're going to _____.
- v.* to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance
13. Chronic pain can be a debilitating _____ that affects every aspect of one's life.
- n.* a condition of physical or mental suffering or distress, often caused by illness, injury, or other adversity; a burden or trouble that causes hardship or grief

ANSWERS: 7. diva-like, 8. dunk, 9. countdown, 10. promenade, 11. turnpike, 12. starve, 13. affliction

14. Religious leaders often _____ their messengers to encourage people to follow their teachings.
- v. to praise or honor something or someone, often in an exaggerated or overly positive way; to elevate or exalt something or someone to a higher status or position
15. The mental health _____ often prevents people from seeking treatment.
- n. a mark of shame or disgrace associated with a particular circumstance, quality, or person
16. He continued his investigation and soon _____ another crime.
- v. to remove the cover from something; to discover something previously unseen or hidden
17. The _____ of the mountain was difficult to climb.
- n. the side of an animal, especially the side between the last rib and the hip; the side of military or naval formation; (verb) to be located on either side of something
18. We _____ along with the singer's song.
- v. to hit your hands together and make a short and loud noise, mainly to show your approval or praise
19. He _____ the modus operandi of the famous phantom thief.
- v. to copy the speech, behavior, appearance, etc. of someone or something
20. He didn't _____ the plan, even though he had time.
- v. to pinch or squeeze something sharply; to adjust something finely
21. People can _____ from a lack of oxygen in confined spaces.
- v. to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression

ANSWERS: 14. glorify, 15. stigma, 16. uncovered, 17. flank, 18. clapped, 19. imitated, 20. tweak, 21. suffocate

22. Some people with Parkinson's disease may experience tremors and _____ in their limbs.
- n.* a condition characterized by the loss or impairment of movement or sensation due to damage or disease affecting the nervous system; paralysis or weakness
23. The circus had a _____ of animals, including elephants, lions, and monkeys.
- n.* a collection of wild animals, especially exotic ones, kept for display
24. The physician prescribed medication to relieve the contraction of the _____.
- n.* a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth
25. The tabloid newspaper exposed the _____ details of the politician's scandalous affair.
- adj.* involving immoral or unethical actions; dirty or unpleasant; morally corrupt or depraved
26. She's always dressed in the latest _____ making her the envy of her friends.
- n.* a fashionable, stylish, and sophisticated elegance or gracefulness, particularly in dress or behavior; (adjective) sophisticated, elegant, and fashionable
27. _____ communities need more support and resources to achieve equity.
- adj.* not adequately or proportionately represented, often in terms of a particular group, population, or perspective being excluded or marginalized
28. The coach implemented a new _____ to win the game.
- n.* a method or strategy used to achieve a particular goal or objective

ANSWERS: 22. palsy, 23. menagerie, 24. uterus, 25. sordid, 26. chic, 27. Underrepresented, 28. tactic

29. I got up early to watch the _____ at the summit.
n. the time in the morning when the sun first appears in the sky
30. The _____ ruler of the kingdom held ultimate power over his subjects.
adj. having supreme or ultimate power or authority; complete and total; omnipotent
31. I had to be careful not to step on a _____ of glass on the floor.
n. a small, thin, narrow piece or fragment of something, often characterized by its length or its sharpness or thinness; a small portion or amount of something, often used in a metaphorical sense to describe a trace or a hint of something
32. I'm studying _____ calligraphy as part of my art class.
n. the Semitic language of the Arab people, widely spoken throughout the Middle East and North Africa; of or relating to Arab peoples, culture, or language
33. Historically, many countries have often _____ certain religions to gain the support of the majority of the population.
v. to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
34. She was _____ with anger when she found out her coworker had stolen credit for her project.
adj. discolored or bruised, especially angrily or furiously; having a flushed or bluish-gray appearance
35. I asked the lawyer to initiate _____ negotiations for voluntary liquidation.
n. a person, company, etc. to whom a debtor owes money
36. The movie's success was largely attributed to the _____ cleverly written script.
n. a writer who writes or creates scripts, screenplays, or stories for movies, television shows, or other visual media

ANSWERS: 29. sunrise, 30. almighty, 31. sliver, 32. Arabic, 33. oppressed, 34. livid, 35. creditor, 36. screenwriter's

37. I'm easily moved to tears, so I would _____ in sympathy if I saw that movie.
- v.* to cry tears because of sadness, rage, or pain
38. The daredevil attempted a dangerous _____ by jumping off a tall building with a parachute.
- n.* a feat or action that is often dangerous or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a physical or mental sense
39. She won a gold medal in the physics _____ and was praised by her teachers and peers.
- n.* a period of four years, originally the time between the ancient Olympic Games and now commonly used to refer to the modern Olympic Games, which are held every four years
40. You must _____ your anxiety about driving.
- v.* to bring under control by force or authority
41. The table leg was _____ causing all the cups to slide to one side.
- adj.* not straight or aligned; bent or curved to one side; not honest or fair; characterized by deception, fraud, or wrongdoing; irregular, uneven, or jagged in shape or form
42. She repeated her personal _____ to herself to stay motivated.
- n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation
43. Bees _____ as a defense mechanism when they feel threatened.
- v.* to cause a sharp, painful sensation or injury with a poison, venom, or other substance or by a physical action such as a bite or prick

ANSWERS: 37. weep, 38. stunt, 39. olympiad, 40. conquer, 41. crooked, 42. mantra, 43. sting

44. The frustration that had accumulated for a long time made her _____.

adj. marked by or in a state of excessive or uncontrollable emotion

45. He _____ his life to helping others.

v. to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use

46. His friend was a pretty wild and _____ character.

adj. funny in a slightly odd, peculiar, irregular way

47. The earring on her earlobe would _____ as she moved her head.

v. to hang or swing loosely, especially in a way that suggests instability or lack of support; to tempt or tantalize by holding out the prospect of something desirable but uncertain

48. The phrase "big shot" and "important person" are _____.

adj. having the same or a similar meaning as another word or phrase

49. The job posting required an _____ person for heavy lifting.

adj. having a healthy and strong body capable of physical activities; not suffering from physical disabilities that limit movement or strength

50. The kitten had _____ fur that was soft to the touch.

adj. soft and light, often with a texture that resembles feathers or fur

ANSWERS: 44. hysterical, 45. dedicated, 46. wacky, 47. dangle, 48. synonymous, 49. able-bodied, 50. fluffy