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Vocabulary Builder Reference from...

Joy Lin: If superpowers were real: Super strength |

TED Talk

https://www.ted.com/talks/joy_lin_if_superpowers_were_real_super_strength

All Words

IMPORTANT

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Session 1: Word List

strength

n. the quality or state of being physically, or sometimes mentally, strong

synonym: resilience, power, muscles

(1) **strength** of the economy, (2) muscular **strength**

Health and **strength** are, above all, gold.

handle

v. to deal with a situation, problem, or strong emotion

synonym: control, manage, deal with

(1) **handle** a precious object, (2) **handled** the incident

We all should learn how to **handle** stress.

fragile

adj. delicate or easily broken or damaged

synonym: delicate, brittle, breakable

(1) politically **fragile** nation, (2) **fragile** ecosystem

The vase was made of **fragile** ceramic and easily broke when it was dropped.

expand

v. to increase or to make something greater in size, number, or importance

synonym: extend, grow, boost

(1) **expand** a lineup, (2) **expand** agricultural output

They hope to **expand** their business worldwide.

crush

v. to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller

synonym: destroy, demolish, pulverize

(1) **crush** coffee beans, (2) **crush** a revolt

The car was completely **crushed** in the accident.

broccoli

n. a green vegetable with a bunch of small, tight florets on a thick stem that belongs to the cabbage family

(1) frozen **broccoli**, (2) **broccoli** sprout

He didn't like **broccoli** floret and avoided eating it.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym: intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

surgery

n. medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures

synonym: operation, (medical) procedure

(1) cardiac **surgery**, (2) the professor of **surgery**

He had undergone heart **surgery** years before.

distress

n. a feeling of great worry, sadness, pain, or discomfort

synonym: discomfort, despair, misery

(1) a signal of **distress**, (2) emotional **distress**

She has been in great **distress** since she was heartbroken.

helicopter

n. a type of aircraft that is capable of hovering in place and moving vertically, as well as flying horizontally; often used for emergency medical services, military operations, and transport in areas with limited access

synonym: chopper, copter, whirlybird

(1) **helicopter** ride, (2) police **helicopter**

The company's CEO arrived at the meeting via **helicopter** to avoid traffic congestion

lifeless

adj. without life; dead

synonym: inanimate, inert, motionless

(1) fall **lifeless**, (2) a **lifeless** corpse

The plant had a **lifeless** appearance, indicating that it was not getting enough water.

divide

v. to separate or cause to separate into parts or groups

synonym: separate, disconnect, split

(1) **divide** the cake into two pieces, (2) **divide** money equally

Can you **divide** 123321 by eleven?

lift

v. to raise something to a higher position or level; to pick up something or somebody and move them to a different position

synonym: raise, elevate, move up

(1) **lift** sagging skin, (2) **lift** a ban on alcohol

The drought **lifted** the prices of grain globally.

needle

n. a thin, pointed object typically used for sewing or medical purposes; a metal or plastic instrument used for administering injections or drawing blood

synonym: thorn, spike, pin

(1) **needle** prick, (2) sewing **needle**

The acupuncturist inserted **needles** into specific points on my body to alleviate my pain.

poke

v. to push or prod with a sharp object or the finger

synonym: prod, jab, push

(1) **poke** around the desk, (2) **poke** a fire

They **poked** fun at each other's jokes, laughing and teasing.

exert

v. to put forth effort; to put into action; to bring into play
synonym: exert, apply, use

(1) **exert** control, (2) **exert** influence

He **exerted** himself to lift the heavyweight.

calculated

adj. done with careful thought or planning; deliberate and intentional; based on a process of reasoning or estimation rather than on instinct or chance

synonym: premeditated, willful, deliberate

(1) **calculated** bankruptcy, (2) **calculated** crime

The company made a **calculated** decision to invest in new technology.

spine

n. the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column

synonym: backbone, vertebra, column

(1) the **spine** of a book, (2) a cervical **spine** injury

She has a minor curved **spine** due to desk work for many years.

dam

n. a wall constructed over a river to block the flow of water, mainly used to generate energy

synonym: barricade, barrier, embankment

(1) **dam-building** program, (2) **dam** collapsing

The break in the **dam** threatened the valley.

rip

v. to tear something or be torn violently or suddenly

synonym: tear, cut, slit

(1) **rip** a notebook apart, (2) **rip** a hole in the roof

During transit, the stuff may **rip** off the luggage tag.

tiptoe

n. a way of walking quietly and cautiously, with the weight balanced mainly on the balls of the feet and the heels lifted off the ground; a type of shoe or slipper that has a thin sole and is designed for quiet walking; (verb) to walk quietly and carefully, balancing on the tips of one's toes

or the balls of one's feet

synonym : stealth, sneak

(1) **tiptoe** approach, (2) **tiptoe** around the issue

I walked on **tiptoe** to avoid waking up my sleeping baby.

distribute

v. to give something to a large number of individuals, or to spread or furnish something

synonym : broadcast, disperse, hand out

(1) **distribute** wealth evenly, (2) **distribute** video content

His estate was **distributed** to his sons.

essentially

adv. relating to the essential features or concepts of anything

synonym : fundamentally, basically, virtually

(1) **essentially** correct, (2) become **essentially** same

Essentially, a society is an organism.

resistance

n. the act of defending oneself from an aggressor or refusing to accept something

synonym : opposition, antagonism, defiance

(1) **resistance** movement, (2) **resistance** to insulin

The bill to increase the consumption tax had passed despite much **resistance** from the public.

equivalent

n. having the same value, quality, meaning, purpose, etc.

synonym : equal, counterpart, match

(1) **equivalent** amounts, (2) **equivalent** in meaning

The European Central Bank is Europe's **equivalent** of the Federal Reserve.

gradual

adj. happening slowly over a long period of time or distance; not steep or abrupt

synonym : incremental, gradational, piecemeal

(1) a **gradual** process, (2) a **gradual** change

The country experienced a **gradual** increase in population.

process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym : procedure, method, system

(1) **process** improvement, (2) decision-making **process**

The **process** for applying for a visa can be lengthy and complicated.

cushion

n. a soft, padded object that is used to make a hard surface more comfortable or to protect an object from damage

synonym : pad, pillow, bolster

(1) **cushion** against inflation, (2) rear seat **cushions**

He placed a **cushion** on the floor for his dog to lie on.

superhero

n. a fictional hero who possesses extraordinary powers and abilities and is dedicated to protecting the public

(1) **superhero** movies, (2) **superhero** comics

Superman is a classic **superhero** known for his superhuman strength and flying ability.

costume

n. a set of clothes worn by an actor in a play or film or by a person representing a particular character or occupation

synonym : attire, garb, outfit

(1) **costume** party, (2) **costume** change

She wore a beautiful **costume** for the play.

pave

v. to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use

synonym : surface, coat, cover

(1) **pave** a new path, (2) **pave** a smoother road

They **paved** the courtyard with bricks, giving it a more polished appearance.

magical

adj. produced by or containing supernatural powers

synonym: enchanting, occult, supernatural

(1) **magical** place, (2) **magical** powers

When I was a child, my mother often cast **magical** spells to ease my pain whenever I was injured.

marshmallow

n. a spongy confection made from sugar, corn syrup, and gelatin, often flavored with vanilla and molded into shapes or used as a topping or decoration for desserts

(1) **marshmallow** fluff, (2) **marshmallow** treat

She roasted **marshmallows** over the campfire.

graham

n. a type of flour made from whole wheat that has had the bran and germ removed and is often used to make crackers or cookies; a cracker made with this type of flour

synonym: cracker, biscuit, wafer

(1) **graham** bread, (2) **graham** flour

I enjoyed my camping trip with friends, toasting marshmallows over a glowing **graham** cracker.

cracker

n. a crisp, dry baked food usually made from flour and served as a snack or with soup or cheese; a person who breaks into computer systems or networks without authorization, commonly known as a hacker; a small firework that is designed to make a loud noise when ignited

synonym: biscuit, hacker, banger

(1) cannon **cracker**, (2) computer **cracker**

I love having a cheese and **cracker** platter while watching a movie.

delicious

adj. exceptionally pleasing to taste or smell

synonym: appetizing, mouthwatering, delectable

(1) **delicious** breeze, (2) variety of **delicious** foods

We could grill the meat in a **delicious** way.

superpower

n. a country or nation that has significant global influence or formidable military, economic, or technological strength; a supernatural ability or force capable of extraordinary feats or feats beyond normal human capabilities

synonym: great power, empire, hegemony

(1) **superpower** country, (2) **superpower** leader

The ability to fly like a bird is often considered a **superpower** in comic books and movies.

physics

n. the science of matter and energy and their interactions

(1) nuclear **physics**, (2) laws of **physics**

He studied the **physics** of radiation.

shifting

adj. constantly changing or moving

synonym: unfirm, shifty, fluctuating

(1) **shifting** balance, (2) continuously **shifting** landscape

Trends in the fashion industry are so **shifting** that it is challenging to keep up with them.

flee

v. to leave by running away, especially out of fear or danger

synonym: exit, escape, run away

(1) **flee** their homes, (2) **flee** abroad

It is a basic instinct to **flee** from a dangerous situation.

immortality

n. the state or quality of being able to live or last forever

synonym: endless life, timelessness, agelessness

(1) the **immortality** of the soul, (2) achieve **immortality**

Many people believe in the concept of **immortality** and an afterlife.

invisible

adj. impossible or nearly impossible to see

synonym: hidden, imperceptible, unseen

(1) an **invisible** asset, (2) **invisible** stars

The phenomenon is **invisible** at optical wavelengths.

Session 2: Spelling

- | | |
|--------------------------------|--|
| 1. l__t a ban on alcohol | <i>v.</i> to raise something to a higher position or level; to pick up something or somebody and move them to a different position |
| 2. di___e money equally | <i>v.</i> to separate or cause to separate into parts or groups |
| 3. de_____us breeze | <i>adj.</i> exceptionally pleasing to taste or smell |
| 4. d_m collapsing | <i>n.</i> a wall constructed over a river to block the flow of water, mainly used to generate energy |
| 5. ma_____l powers | <i>adj.</i> produced by or containing supernatural powers |
| 6. ex___d agricultural output | <i>v.</i> to increase or to make something greater in size, number, or importance |
| 7. su_____ro comics | <i>n.</i> a fictional hero who possesses extraordinary powers and abilities and is dedicated to protecting the public |
| 8. become ess_____ly same | <i>adv.</i> relating to the essential features or concepts of anything |
| 9. ex___d a lineup | <i>v.</i> to increase or to make something greater in size, number, or importance |
| 10. cu_____n against inflation | <i>n.</i> a soft, padded object that is used to make a hard surface more comfortable or to protect an object from damage |
| 11. res_____ce movement | <i>n.</i> the act of defending oneself from an aggressor or refusing to accept something |

ANSWERS: 1. lift, 2. divide, 3. delicious, 4. dam, 5. magical, 6. expand, 7. superhero, 8. essentially, 9. expand, 10. cushion, 11. resistance

12. emotional di____ss *n.* a feeling of great worry, sadness, pain, or discomfort
13. gr___m flour *n.* a type of flour made from whole wheat that has had the bran and germ removed and is often used to make crackers or cookies; a cracker made with this type of flour
14. br____li sprout *n.* a green vegetable with a bunch of small, tight florets on a thick stem that belongs to the cabbage family
15. co____e party *n.* a set of clothes worn by an actor in a play or film or by a person representing a particular character or occupation
16. sup_____er leader *n.* a country or nation that has significant global influence or formidable military, economic, or technological strength; a supernatural ability or force capable of extraordinary feats or feats beyond normal human capabilities
17. permanent br__n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
18. ess_____ly correct *adv.* relating to the essential features or concepts of anything
19. ex__t control *v.* to put forth effort; to put into action; to bring into play
20. ti___e around the issue *n.* a way of walking quietly and cautiously, with the weight balanced mainly on the balls of the feet and the heels lifted off the ground; a type of shoe or slipper that has a thin sole and is designed for quiet walking; (verb) to walk quietly and carefully, balancing on the tips of one's toes or the balls of one's feet

ANSWERS: 12. distress, 13. graham, 14. broccoli, 15. costume, 16. superpower, 17. brain, 18. essentially, 19. exert, 20. tiptoe

21. p__e around the desk *v.* to push or prod with a sharp object or the finger
22. cal_____ed crime *adj.* done with careful thought or planning; deliberate and intentional; based on a process of reasoning or estimation rather than on instinct or chance
23. achieve imm_____ty *n.* the state or quality of being able to live or last forever
24. co_____e change *n.* a set of clothes worn by an actor in a play or film or by a person representing a particular character or occupation
25. l__t sagging skin *v.* to raise something to a higher position or level; to pick up something or somebody and move them to a different position
26. a li_____ss corpse *adj.* without life; dead
27. ma_____l place *adj.* produced by or containing supernatural powers
28. computer cr_____r *n.* a crisp, dry baked food usually made from flour and served as a snack or with soup or cheese; a person who breaks into computer systems or networks without authorization, commonly known as a hacker; a small firework that is designed to make a loud noise when ignited
29. equ_____nt amounts *n.* having the same value, quality, meaning, purpose, etc.
30. ha___e a precious object *v.* to deal with a situation, problem, or strong emotion

ANSWERS: 21. poke, 22. calculated, 23. immortality, 24. costume, 25. lift, 26. lifeless, 27. magical, 28. cracker, 29. equivalent, 30. handle

31. the sp__e of a book *n.* the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column
32. politically fr____e nation *adj.* delicate or easily broken or damaged
33. laws of ph____s *n.* the science of matter and energy and their interactions
34. a gr____l change *adj.* happening slowly over a long period of time or distance; not steep or abrupt
35. variety of de____us foods *adj.* exceptionally pleasing to taste or smell
36. fr____e ecosystem *adj.* delicate or easily broken or damaged
37. pr____s improvement *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
38. in____le stars *adj.* impossible or nearly impossible to see
39. ex__t influence *v.* to put forth effort; to put into action; to bring into play
40. a signal of di____ss *n.* a feeling of great worry, sadness, pain, or discomfort
41. police hel____er *n.* a type of aircraft that is capable of hovering in place and moving vertically, as well as flying horizontally; often used for emergency medical services, military operations, and transport in areas with limited access

ANSWERS: 31. spine, 32. fragile, 33. physics, 34. gradual, 35. delicious, 36. fragile, 37. process, 38. invisible, 39. exert, 40. distress, 41. helicopter

42. frozen br____li *n.* a green vegetable with a bunch of small, tight florets on a thick stem that belongs to the cabbage family
43. the imm_____ty of the soul *n.* the state or quality of being able to live or last forever
44. cr__h a revolt *v.* to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller
45. p__e a new path *v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
46. cardiac su_____y *n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
47. gr___m bread *n.* a type of flour made from whole wheat that has had the bran and germ removed and is often used to make crackers or cookies; a cracker made with this type of flour
48. res_____ce to insulin *n.* the act of defending oneself from an aggressor or refusing to accept something
49. p__e a fire *v.* to push or prod with a sharp object or the finger
50. su_____ro movies *n.* a fictional hero who possesses extraordinary powers and abilities and is dedicated to protecting the public

ANSWERS: 42. broccoli, 43. immortality, 44. crush, 45. pave, 46. surgery, 47. graham, 48. resistance, 49. poke, 50. superhero

51. cannon cr_____r *n.* a crisp, dry baked food usually made from flour and served as a snack or with soup or cheese; a person who breaks into computer systems or networks without authorization, commonly known as a hacker; a small firework that is designed to make a loud noise when ignited
52. cr__h coffee beans *v.* to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller
53. dis_____te wealth evenly *v.* to give something to a large number of individuals, or to spread or furnish something
54. mar_____ow fluff *n.* a spongy confection made from sugar, corn syrup, and gelatin, often flavored with vanilla and molded into shapes or used as a topping or decoration for desserts
55. sh_____ng balance *adj.* constantly changing or moving
56. r_p a hole in the roof *v.* to tear something or be torn violently or suddenly
57. dis_____te video content *v.* to give something to a large number of individuals, or to spread or furnish something
58. d_m-building program *n.* a wall constructed over a river to block the flow of water, mainly used to generate energy
59. p__e a smoother road *v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use

ANSWERS: 51. cracker, 52. crush, 53. distribute, 54. marshmallow, 55. shifting, 56. rip, 57. distribute, 58. dam, 59. pave

60. a gr_____l process *adj.* happening slowly over a long period of time or distance; not steep or abrupt
61. f__e their homes *v.* to leave by running away, especially out of fear or danger
62. the professor of su_____y *n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
63. cal_____ed bankruptcy *adj.* done with careful thought or planning; deliberate and intentional; based on a process of reasoning or estimation rather than on instinct or chance
64. fall li_____ss *adj.* without life; dead
65. sup_____er country *n.* a country or nation that has significant global influence or formidable military, economic, or technological strength; a supernatural ability or force capable of extraordinary feats or feats beyond normal human capabilities
66. basic br__n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
67. ha___ed the incident *v.* to deal with a situation, problem, or strong emotion
68. rear seat cu_____ns *n.* a soft, padded object that is used to make a hard surface more comfortable or to protect an object from damage

ANSWERS: 60. gradual, 61. flee, 62. surgery, 63. calculated, 64. lifeless, 65. superpower, 66. brain, 67. handle, 68. cushion

69. nuclear ph____s *n.* the science of matter and energy and their interactions
70. hel_____er ride *n.* a type of aircraft that is capable of hovering in place and moving vertically, as well as flying horizontally; often used for emergency medical services, military operations, and transport in areas with limited access
71. ti___e approach *n.* a way of walking quietly and cautiously, with the weight balanced mainly on the balls of the feet and the heels lifted off the ground; a type of shoe or slipper that has a thin sole and is designed for quiet walking; (verb) to walk quietly and carefully, balancing on the tips of one's toes or the balls of one's feet
72. di___e the cake into two pieces *v.* to separate or cause to separate into parts or groups
73. mar_____ow treat *n.* a spongy confection made from sugar, corn syrup, and gelatin, often flavored with vanilla and molded into shapes or used as a topping or decoration for desserts
74. sewing ne___e *n.* a thin, pointed object typically used for sewing or medical purposes; a metal or plastic instrument used for administering injections or drawing blood
75. f__e abroad *v.* to leave by running away, especially out of fear or danger

ANSWERS: 69. physics, 70. helicopter, 71. tiptoe, 72. divide, 73. marshmallow, 74. needle, 75. flee

76. ne___e prick *n.* a thin, pointed object typically used for sewing or medical purposes; a metal or plastic instrument used for administering injections or drawing blood
77. an in_____le asset *adj.* impossible or nearly impossible to see
78. st_____th of the economy *n.* the quality or state of being physically, or sometimes mentally, strong
79. decision-making pr_____s *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
80. continuously sh_____ng landscape *adj.* constantly changing or moving
81. muscular st_____th *n.* the quality or state of being physically, or sometimes mentally, strong
82. equ_____nt in meaning *n.* having the same value, quality, meaning, purpose, etc.
83. r_p a notebook apart *v.* to tear something or be torn violently or suddenly
84. a cervical sp___e injury *n.* the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column

ANSWERS: 76. needle, 77. invisible, 78. strength, 79. process, 80. shifting, 81. strength, 82. equivalent, 83. rip, 84. spine

Session 3: Fill in the Blanks

1. She has been in great _____ since she was heartbroken.
n. a feeling of great worry, sadness, pain, or discomfort

2. I love having a cheese and _____ platter while watching a movie.
n. a crisp, dry baked food usually made from flour and served as a snack or with soup or cheese; a person who breaks into computer systems or networks without authorization, commonly known as a hacker; a small firework that is designed to make a loud noise when ignited

3. The bill to increase the consumption tax had passed despite much _____ from the public.
n. the act of defending oneself from an aggressor or refusing to accept something

4. The plant had a _____ appearance, indicating that it was not getting enough water.
adj. without life; dead

5. Can you _____ 123321 by eleven?
v. to separate or cause to separate into parts or groups

6. The phenomenon is _____ at optical wavelengths.
adj. impossible or nearly impossible to see

7. I enjoyed my camping trip with friends, toasting marshmallows over a glowing _____ cracker.
n. a type of flour made from whole wheat that has had the bran and germ removed and is often used to make crackers or cookies; a cracker made with this type of flour

ANSWERS: 1. distress, 2. cracker, 3. resistance, 4. lifeless, 5. divide, 6. invisible, 7. graham

8. His estate was _____ to his sons.
v. to give something to a large number of individuals, or to spread or furnish something
9. He studied the _____ of radiation.
n. the science of matter and energy and their interactions
10. The country experienced a _____ increase in population.
adj. happening slowly over a long period of time or distance; not steep or abrupt
11. He didn't like _____ floret and avoided eating it.
n. a green vegetable with a bunch of small, tight florets on a thick stem that belongs to the cabbage family
12. The company made a _____ decision to invest in new technology.
adj. done with careful thought or planning; deliberate and intentional; based on a process of reasoning or estimation rather than on instinct or chance
13. During transit, the stuff may ___ off the luggage tag.
v. to tear something or be torn violently or suddenly
14. We all should learn how to _____ stress.
v. to deal with a situation, problem, or strong emotion
15. The vase was made of _____ ceramic and easily broke when it was dropped.
adj. delicate or easily broken or damaged
16. Many people believe in the concept of _____ and an afterlife.
n. the state or quality of being able to live or last forever

ANSWERS: 8. distributed, 9. physics, 10. gradual, 11. broccoli, 12. calculated, 13. rip, 14. handle, 15. fragile, 16. immortality

17. They _____ fun at each other's jokes, laughing and teasing.

v. to push or prod with a sharp object or the finger

18. We could grill the meat in a _____ way.

adj. exceptionally pleasing to taste or smell

19. The car was completely _____ in the accident.

v. to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller

20. When I was a child, my mother often cast _____ spells to ease my pain whenever I was injured.

adj. produced by or containing supernatural powers

21. She has a minor curved _____ due to desk work for many years.

n. the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column

22. Superman is a classic _____ known for his superhuman strength and flying ability.

n. a fictional hero who possesses extraordinary powers and abilities and is dedicated to protecting the public

23. The ability to fly like a bird is often considered a _____ in comic books and movies.

n. a country or nation that has significant global influence or formidable military, economic, or technological strength; a supernatural ability or force capable of extraordinary feats or feats beyond normal human capabilities

24. The European Central Bank is Europe's _____ of the Federal Reserve.

n. having the same value, quality, meaning, purpose, etc.

ANSWERS: 17. poked, 18. delicious, 19. crushed, 20. magical, 21. spine, 22. superhero, 23. superpower, 24. equivalent

25. X-rays revealed a small tumor in his _____.
- n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
26. They _____ the courtyard with bricks, giving it a more polished appearance.
- v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
27. The acupuncturist inserted _____ into specific points on my body to alleviate my pain.
- n.* a thin, pointed object typically used for sewing or medical purposes; a metal or plastic instrument used for administering injections or drawing blood
28. She roasted _____ over the campfire.
- n.* a spongy confection made from sugar, corn syrup, and gelatin, often flavored with vanilla and molded into shapes or used as a topping or decoration for desserts
29. Trends in the fashion industry are so _____ that it is challenging to keep up with them.
- adj.* constantly changing or moving
30. _____ a society is an organism.
- adv.* relating to the essential features or concepts of anything
31. He placed a _____ on the floor for his dog to lie on.
- n.* a soft, padded object that is used to make a hard surface more comfortable or to protect an object from damage
32. The break in the ____ threatened the valley.
- n.* a wall constructed over a river to block the flow of water, mainly used to generate energy

ANSWERS: 25. brain, 26. paved, 27. needles, 28. marshmallows, 29. shifting, 30. Essentially, 31. cushion, 32. dam

33. The company's CEO arrived at the meeting via _____ to avoid traffic congestion

- n.* a type of aircraft that is capable of hovering in place and moving vertically, as well as flying horizontally; often used for emergency medical services, military operations, and transport in areas with limited access

34. I walked on _____ to avoid waking up my sleeping baby.

- n.* a way of walking quietly and cautiously, with the weight balanced mainly on the balls of the feet and the heels lifted off the ground; a type of shoe or slipper that has a thin sole and is designed for quiet walking; (verb) to walk quietly and carefully, balancing on the tips of one's toes or the balls of one's feet

35. He had undergone heart _____ years before.

- n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures

36. The drought _____ the prices of grain globally.

- v.* to raise something to a higher position or level; to pick up something or somebody and move them to a different position

37. The _____ for applying for a visa can be lengthy and complicated.

- n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

38. It is a basic instinct to _____ from a dangerous situation.

- v.* to leave by running away, especially out of fear or danger

ANSWERS: 33. helicopter, 34. tiptoe, 35. surgery, 36. lifted, 37. process, 38. flee

39. They hope to _____ their business worldwide.

v. to increase or to make something greater in size, number, or importance

40. She wore a beautiful _____ for the play.

n. a set of clothes worn by an actor in a play or film or by a person representing a particular character or occupation

41. He _____ himself to lift the heavyweight.

v. to put forth effort; to put into action; to bring into play

42. Health and _____ are, above all, gold.

n. the quality or state of being physically, or sometimes mentally, strong

ANSWERS: 39. expand, 40. costume, 41. exerted, 42. strength