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Vocabulary Builder Reference from...

Jennifer Senior: For parents, happiness is a very high

bar | TED Talk

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_happiness_is_a_very_high_bar



All Words

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Session 1: Word List

indulge

v. to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat

synonym: pamper, gratify, entertain

(1) indulge in debauchery, (2) indulge children

She indulged in a warm bath after a long day at work.

noble

adj. having or showing excellent personal qualities or high moral principles that people admire

synonym: dignified, aristocratic, benevolent

(1) a **noble** family, (2) **noble** gas

He is a **noble-minded** man

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym: exceptional, extraordinary, wonderful

(1) amazing advances, (2) the most amazing feeling

The golfer recorded an **amazing** distance.

gluten

 a protein found in wheat, barley, and rye that is responsible for the elastic texture of the dough

synonym: wheat protein, wheat starch

(1) **gluten-free** diets, (2) **gluten** intolerance

Many people with celiac disease must avoid **gluten** in their diet.

disease

 a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym: illness, ailment, affliction

(1) disease prevention, (2) disease control

The doctor diagnosed him with a rare **disease** that had no known cure.

proof

 a fact or piece of information that shows something is true or exists

synonym: testimony, evidence, assurance

(1) documentary **proof**, (2) a geometric **proof Proof** is better than argument.

creepy

adj. causing an uneasy feeling of fear or unease synonym: eerie, unsettling, spooky

(1) feel creepy, (2) creepy atmosphere

The old, abandoned house was **creepy** and gave me the chills.

bilingual

a person who speaks two languages fluently; (adjective) involving or relating to two languages or language groups

synonym: biliterate, bicultural

(1) **bilingual** community, (2) **bilingual** education

The company is looking for a **bilingual** customer service representative.

fin

n. a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance

synonym: flipper, appendage, stabilizer

(1) back fin, (2) a fin of a plane

The shark's powerful **fins** allowed it to swim at high speeds.

savvy

n. the condition of being aware of and able to deal with a situation effectively; (adjective) having knowledge and understanding of a particular subject or activity

synonym: know-how, expertise, skill

(1) a **savvy** investor, (2) tech- **savvy**

His business **savvy** was evident in the success of his company.

whiz

v. to move or run quickly and smoothly with a hissing or buzzing sound; to excel or perform skillfully in a particular area; to urinate; (noun) a person who is very clever or skilled at something

synonym: zoom, zip, hurry

(1) whiz kid, (2) whiz through the book

The racing car **whizzed** past the grandstands, leaving a trail of dust behind it.

yoga

 a Hindu spiritual and ascetic discipline including breath control, simple meditation, and the adoption of specific bodily postures, which is widely practiced for health and relaxation

synonym: meditation, exercise, spiritual practice

(1) aerial yoga, (2) yoga teacher

Many people find that regular **yoga** practice can help reduce stress and anxiety.

toddler

- n. a young child who has recently learned to walksynonym: child, infant, youngster
- (1) an active toddler, (2) toddler in nappy

A **toddler** needs constant supervision and firm control.

defuse

v. to reduce or eliminate the tension, anger, or hostility in a situation, especially a potentially explosive one, by calming, soothing, or pacifying those involved

synonym: calm, reduce, deactivate

(1) defuse a crisis, (2) defuse a bomb

The negotiator skillfully **defused** the tense situation with calm

The r

words and gestures.

nuclear

adj. of or relating to or constituting the nucleus of an atom; deriving destructive energy from the release of atomic energy

synonym: atomic

(1) **nuclear** fusion, (2) use of **nuclear** power

Many countries have now agreed to a treaty banning the use of **nuclear** weapons.

bomb

 a weapon that explodes and is used to kill or injure people or to cause damage to something

synonym: missile, explosive, ammunition

(1) atomic **bombs**, (2) disarm the **bomb**

The use of cluster **bombs** is strictly prohibited by international law.

intention

- n. something you want to do and are going to dosynonym: purpose, connotation, will
- (1) **intention** behind his decision, (2) clear **intention** Our CEO's **intentions** are always transparent and straightforward.

anxiety

 a feeling of worry, nervousness, or unease about something that is happening or might happen in the future

synonym: concern, dread, agita

(1) diagnosis of **anxiety** disorder, (2) **anxiety** for knowledge She waited for her daughter with **anxiety**.

giant

adj. enormous; much bigger or more important than similar items usually are

synonym: big, gigantic, huge

(1) giant trees, (2) giant tech company

The **giant** jets gradually dominate the world's airlines.

monument

n. a statue, building, or other structure erected to commemorate a person or event

synonym: memorial, marker, statue

(1) humanity's **monument**, (2) **monument** honoring
The stone **monument** was built to commemorate the war heroes.

panic

 a sudden strong feeling of fear that cannot be controlled and prevents reasonable thought and action

synonym: confusion, hysteria, consternation

(1) a panic reaction, (2) panic buying

The participation of oil-producing countries in the war caused **panic** in the financial markets.

associate

v. to mentally connect someone or something with someone or something else

synonym: tie in, link, consociate

(1) **associate** alcohol with gambling, (2) **associate** with people widely

The majority of consumers associate this brand with quality.

anguish

n. severe physical or emotional pain or suffering; distress or mental agony

synonym: distress, torment, agony

(1) **anguish** and pain, (2) emotional **anguish**She suffered from a deep sense of **anguish** following the loss of her loved one.

confusion

 the state of being mixed up or unclear, or the state of disorder or uncertainty

synonym: disorder, disarray, chaos

(1) administrative **confusion**, (2) in great **confusion**The sudden policy change has caused **confusion** among employees.

millennium

a span of 1000 years, or the 1000th anniversary (plural: millennia)

(1) past **millennium**, (2) **millennium** bottle of wine Our world is in the third **millennium**.

peer

- n. a person who has the same age, status, or abilitysynonym: fellow, associate, counterpart
- (1) peer group, (2) peer reviewAmong young people, peer pressure can be pretty influential.

par

- n. a state of being equal to someone or somethingsynonym: equality, standard, balance
- above par performance, (2) not up to par
 Shares in the company finally fell below their par value.

crisis

 a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken

synonym: concern, problem, emergency

(1) financial **crisis**, (2) **crisis** management The Chinese word for **crisis** comprises two characters, one for danger and the other for opportunity.

scholarship

 a grant or payment made to support a student's education usually awarded based on academic or other achievements

synonym: grant, award, stipend

(1) a **scholarship** association, (2) college **scholarship** She received a full **scholarship** to study abroad.

marital

adj. of or relating to marriagesynonym: wedded, connubial, matrimonial

(1) **marital** fidelity, (2) affect **marital** relations

More and more people are utilizing counselors to help resolve their **marital** problems.

satisfaction

 a pleasant feeling you have when you have fulfilled a desire, need, or expectation or have achieved something synonym: delight, pleasure, content

(1) a sense of **satisfaction**, (2) customer **satisfaction**The mediated settlement brought **satisfaction** to both sides.

imaginative

adj. having or showing new and creative ideas *synonym*: creative, innovative, inventive

(1) capable of **imaginative** creation, (2) **imaginative** as a child

She is a hard worker but not very imaginative.

interact

- v. to communicate or react with somebody synonym: cooperate, combine, collaborate
- (1) **interact** directly with customers, (2) **interact** with one another

He should **interact** more with his colleagues.

spouse

- n. a person's husband, wife, or partner in marriagesynonym: partner, mate, wife
- (1) **spouse** tax deduction, (2) **spouse** visa

The **spouse** of the politician was a constant presence at campaign events.

relative

adj. considered and evaluated through comparison with something else

synonym: comparative, proximate, congeneric

(1) a remote relative, (2) relative factors

Most countries prohibit sexual activity between certain close **relatives**.

acquaintance

- n. a person one knows but who is not a close friendsynonym: friend, associate, contact
- (1) **acquaintance** with a language, (2) business **acquaintance**

I met him at a party, and we quickly became acquaintances.

underlie

v. to be the support, basis, hidden cause of something; to be located under or below

synonym: govern, control, determine

(1) **underlie** the theory of the big bang, (2) **underlie** the current economic deadlock

His bitter experiences **underlie** his moral principles.

specifically

adv. only associated with or meant for one thingsynonym: especially, particularly, notably

(1) designed **specifically** for men, (2) for **specifically** American customers

This ad campaign is aimed **specifically** at young women.

suppose

- v. to think that something is likely to be actual or possible synonym: guess, assume, presume
- (1) **suppose** you're right, (2) **suppose** beforehand What do you **suppose** the culprit's motive was?

verb

- a word or phrase that describes an action, state, or experience
- complex verb, (2) an auxiliary verb
 use a singular verb if the subject is singular.

furious

adj. extremely angry; full of ragesynonym: angry, rageful, livid

(1) furious anger, (2) a furious sea

The coach was **furious** with the players for their lack of effort during the game.

improvisation

- the act of making something up on the spot or creating or performing something without preparation
 synonym: spontaneity, ad-lib, extemporization
- (1) **improvisation** on stage, (2) jazz **improvisation** He created a beautiful piece of music using only **improvisation**.

script

n. a written text of a film, play, broadcast, or speech; something written by hand

synonym: writing, penmanship, article

(1) a hand **script**, (2) the **script** of a play

The archaeologist found a hieratic Egyptian **script** on a stone monument.

jazz

n. a type of music that originated in the African-American community in the United States and that is characterized by improvisation, syncopated rhythms, and a strong emphasis on self-expression

synonym: swing, blues, bebop

(1) jazz club, (2) a school jazz band

He listened to jazz music to relax after a long day at work.

navigate

v. to plan and direct the way that a ship, plane, etc. will travel, often by using a map

synonym: guide, helm, voyage

(1) **navigate** the Pacific, (2) **navigate** through a document Our knowledge helps **navigate** our clients successfully.

rear

adj. at, toward, or near the back part of something; (verb) to look after a child until it is an adult

synonym: back, end, behind

(1) the rear gate, (2) rear children

The player quickly went to the rear side of the defender.

universe

 everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy

synonym: cosmos, macrocosm

(1) theory of the **universe**, (2) expansion of the **universe**The **universe** is about 13.8 billion years old.

norm

n. something that is regarded as usual, typical, or standard synonym: criterion, mean, standard

(1) norm of action, (2) cultural norm

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The systems we have developed has accepted as industry **norms**.

historic

adj. famous or significant in history, or potentially so synonym: memorable, momentous, historical

(1) **historic** accomplishment, (2) achieve the **historic** feat The Chinese people have accomplished several **historic** feats.

primarily

adv. mainly

synonym: largely, mainly, mostly

(1) intended **primarily** for young people, (2) **primarily** affect adults

All peaceful cooperation is based **primarily** on mutual trust.

economy

n. the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel

synonym: finance, trade, business

(1) economy of scale, (2) economy class

The **economy** of the country is struggling due to the recent political instability.

asset

 something or someone that is useful or valuable quality, skill, etc.; valuable property

synonym: aid, resource, equity

(1) frozen **assets**, (2) liquid **assets** of the company A sense of humor is an invaluable **asset** in this job.

progressive

adj. relating to or supporting development or advancement, especially social or political one

synonym: advanced, forward-thinking, modern

(1) **progressive** taxation, (2) **progressive** development The **progressive** approach to education emphasizes

hands-on learning and student-centered classrooms.

era

- n. a period that is distinct from others, typically in historysynonym: epoch, age, period
- (1) dawn of a new **era**, (2) the **era** of the Renaissance Political corruption was common throughout the postwar **era**.

arrangement

- a plan or preparation for the future event; the action or process of placing things in a particular order
 synonym: placement, configuration, account
- (1) **arrangement** of the furniture, (2) **arrangement** committee

As a first **arrangement**, we agreed to meet the following Friday.

recognize

v. to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

synonym: acknowledge, identify, admit

(1) **recognize** talent, (2) **recognize** achievement It's important to **recognize** your strengths and weaknesses.

ban

- v. to officially or legally forbid or refuse to allow something synonym: forbid, prohibit, restrict
- (1) **ban** gender-related job discrimination, (2) **ban** any type of cloning

We should **ban** mildly violent video games from a child's development perspective.

labor

n. productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal

synonym: toil, moil, donkeywork

(1) seasonal labor,(2) manual laborIn several countries, child labor is a serious social problem.

confuse

v. to mistake one thing for another; to make somebody hard to understand

synonym: confound, obscure, disorient

(1) **confuse** the listener, (2) **confuse** fantasy with reality Her remarks **confused** the debate.

ethics

 a branch of philosophy that considers what is morally right and wrong conduct; a set of beliefs about what is morally right and wrong

synonym: morals, principles, moralities

(1) political **ethics**, (2) **ethics** of journalism

This scripture provides the code of **ethics** for the religion.

reciprocal

adj. given or felt by each toward the other; mutual; corresponding or interchangeable

synonym: mutual, complementary, supplemental

(1) have a **reciprocal** respect, (2) **reciprocal** actions

Their relationship was based on **reciprocal** love and respect for each other.

shelter

 a structure built to protect from poor weather, danger, or attack; (verb) to protect or shield from harm or adversity, particularly relating to environmental conditions or danger

synonym: refuge, hideout, lair

(1) rainproof **shelter**, (2) anti-air raid **shelter** They need food and **shelter**.

moral

adj. concerned with the principles of what is right and wrong, fairness, honesty, etc.

synonym: honest, ethical, conscientious

(1) moral hazard, (2) moral burden

Ethics deals with moral conduct.

instruction

 detailed direction, order, etc., on how to do or use something

synonym: education, direction, guidance

(1) individual **instruction**, (2) follow his **instructions**They needed further **instruction** to perform their duties efficiently.

economics

 the branch of social science that deals with the production, consumption, and transfer of goods and services

synonym: social science, finance, business

(1) welfare **economics**, (2) **economics** professor His class will cover an introduction to agricultural **economics**.

brilliant

adj. extremely clever, skilled, or impressive synonym: luminous, intelligent, clever

(1) **brilliant** idea, (2) **brilliant** performance

The more **brilliant** you are, the more people around you look at you with envy and jealousy.

ruthless

adj. lacking in pity or compassion; willing to do whatever it takes to achieve their goals, regardless of the consequences for others

synonym: heartless, pitiless, merciless

(1) show **ruthless** behavior, (2) **ruthless** brutality
The dictator was known for his **ruthless** tactics and had no qualms about using violence to maintain power.

sociologist

- a person who studies the institutions and development of human society
- (1) religious **sociologist**, (2) French **sociologist Sociologist** studies the changes in family structure due to modernization.

economical

- adj. providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessarysynonym: frugal, thrifty, parsimonious
- (1) **economical** use of her time, (2) an **economical** meal It is more **economical** to wash your plastic bottle and reuse

it.

worthless

adj. having no value or usefulness; not worth considering *synonym*: valueless, useless, pointless

(1) worthless stock, (2) worthless coin

The product was found to be **worthless** as it failed to meet the customer's expectations.

emotional

adj. relating to people's feelings

synonym: affecting, impactful, impressive

(1) emotional health, (2) emotional distress

Human **emotional** responses vary widely depending on the society to which they belong.

priceless

adj. extremely valuable or important

synonym: invaluable, incalculable, precious

(1) **priceless** work of art, (2) **priceless** opportunity

Investigators discovered **priceless** documents throughout the house.

extracurricular

adj. outside the regular curriculum or program of courses

synonym: non-academic, non-curricular, outside

(1) extracurricular study, (2) extracurricular club

He was heavily involved in **extracurricular** activities and was president of the debate club.

massive

adj. enormous amount; very heavy and solid

synonym: enormous, giant, immense

(1) **massive** amounts, (2) **massive** stars

The recent economic downturn has resulted in **massive** layoffs.

pile

a collection of objects positioned one on top of another;
 a large sum of something, such as money

synonym: accumulation, heap, stack

(1) a sand **pile**, (2) the height of a **pile**

After the party, they had to clean up **piles** of dirty dishes.

casual

adj. relaxed and informal in manner or dress, not planned or expected; not involving commitment or seriousnesssynonym: informal, relaxed, offhand

(1) casual dress, (2) take a casual glance

They had a **casual** conversation over coffee at the local cafe.

moth

- an insect with wings similar to a butterfly that travels at night and is attracted to light
- (1) **moth** larva, (2) **moth** attracted to the light The **moth** is a serious threat to the farm's output.

workforce

all the people who work in a company, industry, country, etc.

synonym: labor pool, manpower

(1) skilled **workforce**, (2) the **workforce** is on strike Many companies outsource and hire consultants to keep their **workforce** flexible.

modern

adj. of or belonging to the present time or recent times synonym: contemporary, stylish, current

(1) **modern** poetry, (2) pre-**modern** agricultural society Their headquarters are in a **modern** skyscraper.

confound

v. to confuse or perplex; to mix up or throw into disorder; to prove to be false or illogical

synonym: confuse, mix up, perplex

(1) **confound** right and wrong, (2) **confound** the problem The unexpected events **confounded** the scientists, who had to rethink their hypothesis.

clue

 an object, a piece of evidence, or some information that helps someone to find the answer to a problem, question, or mystery

synonym: hint, indication, inkling

(1) a **clue** about the crime, (2) a **clue** to the diagnosis

The police couldn't find a **clue** to her whereabouts.

wisdom

n. the quality of being wise, or the ability to use your knowledge and experience to make sensible decisionssynonym: sagacity, discernment, insight

(1) a fountain of **wisdom**, (2) **wisdom** literature

The community greatly respected and sought after the older adult's **wisdom**.

obsess

v. to fill the mind of someone continually so that one can't think of anything else

synonym: torment, beset, engross

(1) **obsess** over her weight, (2) he is **obsessed** with the fear

He's utterly **obsessed** with his promotion.

mandarin

 an influential and high-ranking official, notably in the civil service; the branch of Chinese, which is the official language of China

synonym: Chinese, Beijing dialect

(1) ancient **mandarin** house, (2) **Mandarin** Chinese **Mandarin** dialects typically have relatively few vowels.

absent

adj. not present in a particular place at a particular timesynonym: missing, away, not present

(1) **absent-minded**, (2) **absent** without leave He was **absent** from the meeting and missed all the important updates.

anticipate

 to expect or predict that something will happen; to tell in advance

synonym: forecast, predict, expect

(1) **anticipate** your kind cooperation, (2) **anticipate** a black future

We **anticipate** heavy snowfall tomorrow.

analytical

adj. relating to or using analysis (= the process of breaking down a complex system or concept into smaller, simpler parts to understand it better), or able to analyze

synonym: investigative, logical, cogent

(1) analytical approach, (2) analytical ability

He is **analytical** and can break down complex problems into manageable parts.

collaborate

v. to work with someone else to produce or achieve something

synonym: cooperate, unite, get together

(1) **collaborate** with the police, (2) **collaborate** on a press release

She agreed to **collaborate** with him in creating new artwork.

jar

 a cylindrical container, typically made of glass, metal, or pottery, with a wide mouth and a screwed or sealed lid, used for storing food, liquids, and other materials

synonym: container, vessel, pot

(1) a jar of jam, (2) a water jar

He placed the coins in a jar to save for a trip.

purity

 the state of being undiluted or unmixed with anything else; the state of being free from immorality, especially of a sexual nature

synonym: sinlessness, innocence, cleanliness

(1) the degree of purity, (2) high purity

Higher **purity** requires additional equipment and energy.

steady

adj. firmly fixed, supported, or balanced; not shaking or moving

synonym: stable, solid, secure

(1) **steady** increase, (2) take a **steady** job

The patient's vital signs are **steady**, indicating a stable condition.

invite

v. to ask someone to come or join; to offer an opportunity or possibility for something to happen or take placesynonym: ask, request, summon

(1) invite guests, (2) invite criticism

We want to **invite** you to our annual charity event.

presumption

n. an idea or belief taken to be true without proof or confirmation; an assumption or hypothesis based on incomplete evidence or understanding; a forward or audacious attitude or behavior that assumes too much authority or familiarity

synonym: assumption, arrogance, audacity

- (1) **presumption** against forfeiture, (2) **presumption** of guilt It is a common **presumption** that doctors know best, but patients should always ask questions and be informed about their healthcare decisions.
- people in general, especially those of a particular group or type

synonym: community, family, person

folk art, (2) the folk songs of a particular district
 Some seaweed was used as folk medicine in ancient times.

adj. insane, especially due to a mental illness; very angry synonym: crazy, insane, furious

(1) a **mad** person, (2) gets **mad** easily He was **mad** with joy to see the results.

default

v. to fail to fulfill an obligation or pay a debt when it is due; to fail to meet expectations or perform as required; to choose or accept a predetermined option or condition without making a deliberate selection or choice; (noun) the pre-set or automatic settings that a system or program uses when the user has selected no other options

synonym: fail, neglect, omit

(1) default settings, (2) default on the mortgage

folk

mad

If you don't specify a different option, the computer will **default** to its original settings.

obligation

n. the state of being morally or legally bound to do or pay something

synonym: burden, commitment, debt

(1) a deep **obligation**, (2) pay an **obligation**

You are under no **obligation** to finish the job.

breadwinner

- the member of a family who earns money to support the others
- (1) family **breadwinner**, (2) two-**breadwinner** couple Many women are now their families' primary **breadwinners**.

division

 the act or outcome of splitting into separate parts; a critical organizational unit or sector

synonym: branch, separator, section

(1) cellular division, (2) division chief

Which division of the company do you work in?

slightly

adv. in a small degree or extent; a little

synonym: barely, narrowly, scarcely

(1) increase **slightly**, (2) **slightly** alkaline soils

He moved his body slightly to the left.

conversation

n. an informal talk between two or more people to exchange their views, ideas, information, etc.

synonym: chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation** Your **conversation** reflects your thoughts.

brave

adj. showing courage or fearlessness in the face of danger, difficulty, or adversity

synonym: courageous, valiant, heroic

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(1) brave soldier, (2) brave decision

The **brave** firefighter rescued the family from the burning

building.

legitimate

adj. accordant with or allowed by law; lawful synonym: lawful, honest, fair

(1) a **legitimate** child, (2) **legitimate** question

Public political demonstrations are considered **legitimate**

rights for citizens.

gripe

n. a minor complaint or criticism, typically expressed in a grumbling or persistent manner; sudden, sharp pain or discomfort in the abdomen; (verb) to grumble or complain about something, often in a persistent, nagging manner

synonym: complaint, objection, grumble

(1) minor gripe,(2) gripe about his sore feetOne of the most common gripes employees have is that they

are not paid enough money for their work.

multitasking

- n. the ability to do more than one task at the same time;the state of doing more than one task at the same timesynonym: juggling, multihandling, parallelism
- (1) computer **multitasking**, (2) **multitasking** ability She could finish all her work on time because of her **multitasking** skills.

odds

 the degree or probability that a particular thing will or will not happen

synonym: chances, likelihoods, probabilities

(1) odds in favor, (2) odds of business

What are the **odds** that he will survive?

configuration

n. the arrangement or pattern of something or a group of related things

synonym: arrangement, composition, formatting

(1) **configuration** of the system, (2) engine **configuration**The **configuration** of molecules in steel changes significantly with temperature.

accord

- n. an official agreement or treaty between two organizations, countries, etc.; (verb) allow to havesynonym: alliance, pact, agreement
- (1) **accord** with public opinion, (2) binational **accord** The organization finally signed a peace **accord**.

survey

 an investigation of the opinions, behavior, etc. of a particular group of people, made by asking people questions

synonym: study, examination, poll

(1) a comprehensive **survey**, (2) recent **survey**That **survey** shows that people are accepting the tax increase to some extent.

childcare

- n. a service involving care for other people's childrensynonym: babysitting
- (1) **childcare** allowance, (2) allow **childcare** leave Our company offers a full range of **childcare** facilities as part of our benefits package.

relevance

- n. the state or degree of being closely connected or appropriate to the matter at handsynonym: pertinence, applicability, connection
- (1) have no **relevance**, (2) **relevance** category

 The **relevance** of this information to the current situation needs to be investigated.

genuine

adj. real and exactly; not pretended; sincerely felt or expressed

synonym: actual, honest, unpretending

(1) a **genuine** article, (2) show **genuine** regret Is this painting **genuine** or forged?

involve

v. to include or affect someone or something as a necessary part of something else

synonym: implicate, include, engage

(1) involve a lot of paperwork, (2) involve a high degree of

risk

The investigation **involves** several government agencies and is expected to take several months.

conflict

 a strong disagreement, argument, or a violent clash between two opposing groups or individuals

synonym: clash, discord, competition

(1) the **conflict** between good and evil, (2) the longstanding **conflict**

He and I often had **conflicts**, not only in personality but also in ideology.

tradition

 a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society

synonym: custom, practice, ritual

(1) a **tradition** of a culture, (2) against **tradition**It is a **tradition** in many families to have a big Thanksgiving dinner with all their relatives.

forgiveness

n. the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion

synonym: pardon, amnesty, compassion

(1) forgiveness of liabilities,(2) beg for forgivenessHe gained debt forgiveness.

capitulate

v. to surrender, especially under agreed-upon conditions, usually after a prolonged resistance; to acknowledge defeat or give in to an opponent or adversary

synonym: surrender, yield, give up

(1) **capitulate** under pressure, (2) **capitulate** to fear The opposing army finally decided to **capitulate** and surrender to the victorious troops.

cliche

 a phrase or expression that has become overused to the point that it has lost its original impact or meaning; a trite or unoriginal idea or statement synonym: truism, platitude, stereotype

(1) cliche plot, (2) age-old cliche

Using the same **cliche** phrase in every conversation can take time and effort.

invoke

rely

 to call upon or request help or support, especially from a higher power; to mention or use something as a reason or justification for actions or decisions

synonym: evoke, summon, call forth

- (1) **invoke** memories, (2) **invoke** the right to remain silent The politician **invoked** the name of the founding fathers in his speech.
- v. to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.

synonym: depend, count, lean

(1) **rely** on convenience stores, (2) **rely** entirely on him Babies heavily **rely** on others for food.

acknowledge

v. to accept or admit the existence, reality, or truth of something; to accept that someone or something has a particular authority or quality; to express obligation, thanks, or gratitude for someone's help, commitment, etc.;

synonym: accept, agree, declare

(1) **acknowledge** the deed, (2) **acknowledge** his help He never **acknowledged** his fault.

unfortunately

adv. by bad luck; unluckily

synonym: regrettably, unluckily, alas

(1) **unfortunately** caught in a shower, (2) even more **unfortunately**

The treatments were done but, **unfortunately**, were unsuccessful.

statistics

- n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
- (1) statistics for cancer, (2) official statistics

The **statistics** demonstrate that poverty and unemployment are genuine problems.

guinea

 a former British gold coin worth 21 shillings or a unit of currency used in some West African countries; (Guinea) a republic in western Africa on the Atlantic

synonym: coin, money, currency

(1) guinea coins, (2) guinea pig

The cost of the antique vase is three **guineas**.

maternal

adj. relating to or characteristic of a mother; having feelings that are typical of a caring mother towards her child

synonym: motherly, maternalistic, maternal-like

(1) on the maternal side, (2) maternal care

She had a very **maternal** instinct towards her newborn baby.

policy

n. a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

synonym: strategy, plan, guideline

(1) health policy, (2) foreign policy

The company's new **policy** on remote work has made it a more inclusive workplace.

intense

adj. (especially of a feeling) very strong; extremely sharp or severe

synonym: extreme, fierce, harsh

(1) **intense** heat, (2) develop **intense** itching

That statement by the prime minister drew **intense** international criticism.

hippie

 a person who follows a counterculture movement that originated in the United States during the 1960s, characterized by the advocacy of nonviolence, communal living, and a rejection of traditional American values

synonym: bohemian, beatnik, free spirit

(1) hippie lifestyle, (2) hippie music

The fashion of the **hippie** movement included unconventional clothing such as tie-dye shirts and bell-bottom jeans.

helicopter

 a type of aircraft that is capable of hovering in place and moving vertically, as well as flying horizontally; often used for emergency medical services, military operations, and transport in areas with limited access

synonym: chopper, copter, whirlybird

(1) helicopter ride, (2) police helicopter

The company's CEO arrived at the meeting via **helicopter** to avoid traffic congestion

drone

 a low continuous humming noise; someone who takes more time than necessary; a pilot-less aerial vehicle that is operated by remote control

synonym: hum, whirr, idler

(1) drone flight, (2) the speaker's drone

He heard a **drone** of sirens roar from the neighboring town.

paramount

adj. more important than anything else; having superior power and influence or the highest position

synonym: central, major, crucial

(1) the lord **paramount**, (2) **paramount** to all the others This country became a country of **paramount** geostrategic importance to us.

custodian

 a person who is responsible for the care and maintenance of a building, institution, or collection; a guardian or keeper of something valuable or important

synonym: caretaker, keeper, guardian

(1) **custodian** bank, (2) **custodian** of the records The school **custodian** worked tirelessly to keep the building clean and maintained for the students and faculty.

esteem

mantra

great respect and approval for or a good opinion of someone

synonym: respect, admiration, regard

- (1) **esteem** for the other person, (2) boost my self- **esteem** He is our loyal customer who should be held in high **esteem**.
- a word or phrase, often repeated, that is used as a focus for the mind during meditation

synonym: hymn, chant, phrase

(1) campaign **mantra**, (2) chant the **mantra** of structural reform

She repeated her personal **mantra** to herself to stay motivated.

elusive

adj. difficult to find, define, achieve, or remember synonym: mysterious, ambiguous, inapproachable

(1) an elusive criminal, (2) track down an elusive fact The physicist who found the **elusive** particle won the Nobel Prize.

confidence

- the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something *synonym*: self-trust, certainty, belief
- (1) **confidence** as a teacher, (2) boost my **confidence** Skill and **confidence** are an unconquered army.
- a farming implement used for breaking up and turning over the soil, especially before planting; (verb) to turn over and break up the soil in preparation for planting crops

synonym: plough, cultivator, hoe

(1) **plow** equipment, (2) deeply **plow** the soil

plow

The farmer tied the yoke oxen to the **plow**.

curriculum

 a series of subjects comprising a course of study in a school, college, etc.

synonym: program, syllabus, course of study

(1) a curriculum vitae, (2) an academic curriculum

A committee was appointed to manage the reorganization of the **curriculum**.

byproduct

 a secondary or incidental product produced in the manufacture or synthesis of something else

synonym: side effect, spinoff, outgrowth

(1) toxic **byproducts**, (2) **byproduct** of technology

The **byproduct** of the energy production process is a large amount of carbon dioxide emissions.

unfair

adj. not giving equal treatment or opportunities to people involved; marked by injustice, partiality, or deceptionsynonym: wrongful, biased, dishonest

(1) **unfair** employment practices, (2) have an **unfair** advantage

In a democracy, it is necessary to monitor the judiciary to see if it is making **unfair** decisions.

burden

 a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry

synonym: obligation, duty, load

(1) carry a burden, (2) burden of disease

That car has a low environmental **burden**.

excess

 an amount or quantity beyond what is acceptable, expected, or reasonable

synonym: exuberance, glut, surplus

(1) lose **excess** weight, (2) an **excess** of exports The road of **excess** leads to the palace of wisdom.

anxious

adj. worried and nervous

synonym: nervous, uneasy, afraid

(1) **anxious** about his health, (2) an **anxious** look He cast **anxious** glances behind her.

ugly

adj. unattractive in appearance; unpleasant to look at

synonym: unattractive, unsightly, repulsive

(1) an ugly sound, (2) ugly building

The **ugly** truth was that he had been lying to her for months.

shield

 a protective covering or structure, especially in the past, that soldiers held in front of their bodies to protect themselves

synonym: guard, protection, safeguard

(1) a heat **shield**, (2) a **shield** for protecting against a bullet Lead is an effective **shield** against X-rays, gamma rays, and other harmful radiation.

sesame

an annual plant cultivated for its small seeds, which are used for food or oil; a flavoring derived from these seeds
 synonym: tahini, benne, gingelly

(1) sesame oil, (2) sesame paste

Sesame seeds are often used as a topping on bagels and bread.

episode

 a happening or story that is distinctive in a series of related events; an abrupt short period during which someone suffers from the effects of a physical or mental illness

synonym: event, chapter, seizure

end of the first episode, (2) episode of vertigo
 want to put that episode of my life behind me.

nostalgia

 a sentimental longing or wistful affection for a period in the past

synonym: longing, wistfulness, yearning

(1) a warm nostalgia, (2) nostalgia trip

The ice cream truck's sound brought back **nostalgia** for my childhood.

warn

v. to make someone aware of potential danger or difficulty, particularly one that may occur in the future

synonym: alert, caution, admonish

(1) **warn** a reckless driver, (2) **warned** me of the plan I attempted to **warn** him, but he ignored me.

suitable

adj. fit or appropriate; proper; adapted *synonym*: appropriate, fitting, proper

(1) **suitable** amount, (2) date **suitable** to both groups The dress was **suitable** for the formal occasion.

monster

 an imaginary creature that is large and has various human and animal parts; someone or something large and powerful

synonym: giant, freak, behemoth

horde of monsters, (2) monster film
 This car has a monster engine.

skit

 a short, often humorous performative piece or act, typically performed in a comic or satirical tone or style, as part of a variety show or a theatrical or musical performance

synonym: sketch, parody, routine

(1) comedy skit, (2) political skit

The comedy group performed a hilarious **skit** about life in quarantine.

swallow

v. to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations

synonym: consume, gulp, inhale

(1) **swallow** a handful of pills, (2) a **swallow** tail **swallowed** my anger and kept quiet.

stick

v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

synonym: pierce, adhere, stay

(1) stick a key in a lock, (2) fire stick

You **stick** a bill in the change machine, and the coins pop out.

grouch

 a person who is habitually irritable or complaining; a grumpy or ill-tempered person; (verb) to complain or grumble persistently and in a bad-tempered or discontented way

synonym: crank, curmudgeon, grump

(1) persistent **grouch**, (2) foul-mouthed **grouch**The storekeeper was known for being a **grouch** towards his customers.

invention

 the creation of a new device or process resulting from study and experimentation; the act of inventing

synonym: creation, design, innovation

(1) the **invention** of new techniques, (2) common **invention** Necessity is the mother of **invention**.

depress

- v. to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active synonym: sadden, discourage, deflate
- depress their spirits, (2) depress crop prices
 The economic recession depressed the housing market.

distress

- n. a feeling of great worry, sadness, pain, or discomfortsynonym: discomfort, despair, misery
- (1) a signal of distress,(2) emotional distressShe has been in great distress since she was heartbroken.

periodic

adj. happening at regular intervals over a while synonym: regular, frequent, recurring

- (1) the **periodic** blooming of the cherry-blossom,
- (2) **periodic** payments

Astronomers are examining whether the **periodic** signals emanating from this star are artificial.

puppet

 a doll or figure that is manipulated by strings, wires, or hands to represent a person or animal; a person who is controlled or manipulated by someone else

synonym: marionette, dummy, mannequin

(1) puppet theater, (2) corporate puppet

The politician was merely a **puppet** for the wealthy elite.

cubicle

 a small, partitioned area or booth intended for working or studying, often in an office or educational setting

synonym: compartment, booth, workspace

(1) cubicle partition, (2) camping cubicleI worked in an office cubicle surrounded by walls and fluorescent lights.

offend

- v. to cause someone to feel upset, angry, or annoyed synonym: insult, hurt, anger
- (1) **offend** his sensibilities, (2) **offend** a customer His rude comments **offended** many people at the party.

kite

- a toy made of a light frame covered with cloth or plastic and joined to a long string that you fly in the air
- (1) **kite** string, (2) a picture on a **kite**Benjamin Franklin proved that lightning is electricity through experiments with **kites**.

morphine

a powerful narcotic drug used to relieve pain and induce sleep

synonym: narcotic, painkiller, sedative

(1) **morphine** addiction, (2) synthetic **morphine**Long-term use of **morphine** can lead to tolerance, physical dependence, and addiction.

unexpected

adj. not anticipated or regarded as likely to happen *synonym*: surprising, unanticipated, incredible

(1) an **unexpected** visitor, (2) some **unexpected** events
The **unexpected** rainstorm caused the collapse of the corral.

haze

 atmospheric moisture, dust, or smoke that makes it less clear; a state of mental confusion caused by lack of clarity

synonym: fog, mist, brume

(1) a haze of illusion, (2) haze of tears

We couldn't see him through the **haze** of smoke.

whisper

oath

v. to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you

synonym: murmur, rumor, mutter

- (1) answer in a **whisper**, (2) the **whisper** of the leaves He took me aside and **whispered** in my ear.
- n. a solemn promise or affirmation, often made in a formal public setting, to do something or adhere to certain principles or beliefs; a formal declaration of one's commitment to a particular course of action, organization, or duty

synonym: pledge, vow, promise

oath of allegiance, (2) promise an oath
 He took an oath to uphold the law as a police officer.

realistic

adj. having or showing a sensible and practical idea that is possible to achieve

synonym: practical, pragmatic, down-to-earth

(1) a realistic goal, (2) a realistic goal

That story was so **realistic**, and it was scary.

aim

v. to try or plan to get or achieve something

synonym: aspire, direct, target

(1) **aim** at a specific target, (2) **aim** to be a nurse

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We aim for an overseas expansion.

desperate

- adj. feeling or showing a lack of hope and a willingness to do anything because of the problematic situation
- *synonym*: anguish, frantic, hopeless
- (1) her **desperate** screams, (2) **desperate** attempt He was **desperate** when he lost all his money by gambling.

quest

- n. a long or challenging search for somethingsynonym: exploration, inquisition, pursuit
- (1) the **quest** for truth, (2) on a **quest** for happiness That adventurer traveled in **quest** of buried treasure.

assume

- v. to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
- synonym: guess, presume, suppose
- (1) **assume** a lousy attitude to his boss, (2) **assume** an important role

The following example **assumes** that the capacity of each battery is the same.

strike

- v. to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon synonym: hit, impact, influence
- (1) **strike** up a conversation, (2) **strike** a blow We **strike** to achieve more wages and safer working conditions.

dare

- v. to have the courage to do something
- synonym: challenge, risk, attempt
- (1) **dare** not go, (2) **dare** to take risks I wouldn't **dare** to speak to him like that.

virtue

n. high moral standards in behavior or attitudessynonym: integrity, probity, goodness

(1) **virtue** of frugality, (2) acquire a **virtue**She had many good **virtues** and few faults.

accomplishment

 the successful completion of a task or goal; an ability that has been acquired by training

synonym: success, achievement, complete

(1) proud of his accomplishments, (2) the accomplishment of a social goal

Graduating from college was a major **accomplishment** for her.

decency

 behavior that is appropriate or suitable in a given context, especially in terms of social norms and moral standards

synonym: morality, propriety, decorum

- (1) an offense against **decency**, (2) **decency** standards He always tried to act with **decency**, treating others with respect and kindness.
- a set of moral or philosophical principles or values that guide the behavior or actions of an individual, group, or society; the study or inquiry into the nature of morality and moral systems

synonym: moral code, code of conduct, principles

(1) moral **ethic**, (2) professional **ethic**Having a strong work **ethic** is important for success in any field.

ethic

Session 2: Spelling

 camping cu 	_e
--------------------------------	----

- 2. past mil____um
- 3. gu___a pig
- 4. br____nt performance
- 5. an une____ed visitor
- 6. clear in____on
- 7. ma____al care
- 8. date su____le to both groups
- 9. su___e beforehand
- 10. ep____e of vertigo

- a small, partitioned area or booth intended for working or studying, often in an office or educational setting
- n. a span of 1000 years, or the 1000th anniversary (plural: millennia)
- a former British gold coin worth 21 shillings or a unit of currency used in some West African countries; (Guinea) a republic in western Africa on the Atlantic
- adj. extremely clever, skilled, or impressive
- adj. not anticipated or regarded as likely to happen
- n. something you want to do and are going to do
- adj. relating to or characteristic of a mother;having feelings that are typical of a caring mother towards her child
- adj. fit or appropriate; proper; adapted
- v. to think that something is likely to be actual or possible
- n. a happening or story that is distinctive in a series of related events; an abrupt short period during which someone suffers from the effects of a physical or mental illness

ANSWERS: 1. cubicle, 2. millennium, 3. guinea, 4. brilliant, 5. unexpected, 6. intention, 7. maternal, 8. suitable, 9. suppose, 10. episode

11. a school j_z band	n.	a type of music that originated in the African-American community in the United States and that is characterized by improvisation, syncopated rhythms, and a strong emphasis on self-expression
12. expansion of the unse	n.	everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy
13. a ce about the crime	n.	an object, a piece of evidence, or some information that helps someone to find the answer to a problem, question, or mystery
14. a water j_r	n.	a cylindrical container, typically made of glass, metal, or pottery, with a wide mouth and a screwed or sealed lid, used for storing food, liquids, and other materials
15. wned me of the plan	v.	to make someone aware of potential danger or difficulty, particularly one that may occur in the future
16. peic payments	adj.	happening at regular intervals over a while
17. binational acd	n.	an official agreement or treaty between two organizations, countries, etc.; (verb) allow to have
18. the qut for truth	n.	a long or challenging search for something
19. emotional anh	n.	severe physical or emotional pain or suffering; distress or mental agony

ANSWERS: 11. jazz, 12. universe, 13. clue, 14. jar, 15. warn, 16. periodic, 17. accord, 18. quest, 19. anguish

20.	antte a black future	v.	to expect or predict that something will happen; to tell in advance
21.	nate the Pacific	ν.	to plan and direct the way that a ship, plane, etc. will travel, often by using a map
22.	vie of frugality	n.	high moral standards in behavior or attitudes
23.	uy building	adj.	unattractive in appearance; unpleasant to look at
24.	lose exs weight	n.	an amount or quantity beyond what is acceptable, expected, or reasonable
25.	family breer	n.	the member of a family who earns money to support the others
26.	cellular dion	n.	the act or outcome of splitting into separate parts; a critical organizational unit or sector
27.	political ets	n.	a branch of philosophy that considers what is morally right and wrong conduct; a set of beliefs about what is morally right and wrong
28.	high puy	n.	the state of being undiluted or unmixed with anything else; the state of being free from immorality, especially of a sexual nature
29.	develop ine itching	adj.	(especially of a feeling) very strong; extremely sharp or severe
30.	a shd for protecting against a bullet	n.	a protective covering or structure, especially in the past, that soldiers held in front of their bodies to protect themselves

ANSWERS: 20. anticipate, 21. navigate, 22. virtue, 23. ugly, 24. excess, 25. breadwinner, 26. division, 27. ethics, 28. purity, 29. intense, 30. shield

31. religious soc st a person who studies the institutions n. and development of human society 32. the in on of new techniques the creation of a new device or process n. resulting from study and experimentation; the act of inventing 33. the f_k songs of a particular people in general, especially those of a n. district particular group or type 34. am___g advances adj. extremely surprising, especially in a way that you like or admire 35. Ma____in Chinese an influential and high-ranking official, n. notably in the civil service; the branch of Chinese, which is the official language of China a person's husband, wife, or partner in 36. sp e visa n. marriage to require a specific thing or the 37. r y entirely on him ν. assistance and support of someone or something to continue, run properly, or succeed. 38. official sta____cs the discipline that concerns the n. collection, organization, analysis, interpretation, and presentation of data adj. having no value or usefulness; not 39. wo____ss coin worth considering 40. hi___e lifestyle a person who follows a counterculture movement that originated in the United States during the 1960s, characterized by the advocacy of nonviolence, communal living, and a rejection of traditional American values

ANSWERS: 31. sociologist, 32. invention, 33. folk, 34. amazing, 35. mandarin, 36. spouse, 37. rely, 38. statistics, 39. worthless, 40. hippie

41.	a remote reve	adj.	considered and evaluated through comparison with something else
42.	a say investor	n.	the condition of being aware of and able to deal with a situation effectively; (adjective) having knowledge and understanding of a particular subject or activity
43.	russ brutality	adj.	lacking in pity or compassion; willing to do whatever it takes to achieve their goals, regardless of the consequences for others
44.	individual inson	n.	detailed direction, order, etc., on how to do or use something
45.	a_m at a specific target	<i>v</i> .	to try or plan to get or achieve something
46.	on a qut for happiness	n.	a long or challenging search for something
47.	forss of liabilities	n.	the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion
48.	rece category	n.	the state or degree of being closely connected or appropriate to the matter at hand
49.	financial crs	n.	a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
50.	o_s in favor	n.	the degree or probability that a particular thing will or will not happen

ANSWERS: 41. relative, 42. savvy, 43. ruthless, 44. instruction, 45. aim, 46. quest, 47. forgiveness, 48. relevance, 49. crisis, 50. odds

51.	mor film	n.	an imaginary creature that is large and has various human and animal parts; someone or something large and powerful
52.	extlar club	adj.	outside the regular curriculum or program of courses
53.	aste with people widely	ν.	to mentally connect someone or something with someone or something else
54.	mae amounts	adj.	enormous amount; very heavy and solid
55.	ofd a customer	v.	to cause someone to feel upset, angry, or annoyed
56.	welfare eccs	n.	the branch of social science that deals with the production, consumption, and transfer of goods and services
57.	colte with the police	v.	to work with someone else to produce or achieve something
58.	des crop prices	ν.	to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active
59.	a heat shd	n.	a protective covering or structure, especially in the past, that soldiers held in front of their bodies to protect themselves
60.	ackge the deed	<i>v</i> .	to accept or admit the existence, reality, or truth of something; to accept that someone or something has a particular authority or quality; to express obligation, thanks, or gratitude for someone's help, commitment, etc.;

ANSWERS: 51. monster, 52. extracurricular, 53. associate, 54. massive, 55. offend, 56. economics, 57. collaborate, 58. depress, 59. shield, 60. acknowledge

61.	a schip association	n.	a grant or payment made to support a student's education usually awarded based on academic or other achievements
62.	cuan bank	n.	a person who is responsible for the care and maintenance of a building, institution, or collection; a guardian or keeper of something valuable or important
63.	a j_r of jam	n.	a cylindrical container, typically made of glass, metal, or pottery, with a wide mouth and a screwed or sealed lid, used for storing food, liquids, and other materials
64.	fus anger	adj.	extremely angry; full of rage
65.	bre decision	adj.	showing courage or fearlessness in the face of danger, difficulty, or adversity
66.	an ecoal meal	adj.	providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessary
67.	the coct between good and evil	n.	a strong disagreement, argument, or a violent clash between two opposing groups or individuals
68.	manual lar	n.	productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal

ANSWERS: 61. scholarship, 62. custodian, 63. jar, 64. furious, 65. brave, 66. economical, 67. conflict, 68. labor

a small, partitioned area or booth 69. cu e partition n. intended for working or studying, often in an office or educational setting a Hindu spiritual and ascetic discipline 70. y a teacher n. including breath control, simple meditation, and the adoption of specific bodily postures, which is widely practiced for health and relaxation a period that is distinct from others, 71. dawn of a new e_a typically in history something you want to do and are going 72. in on behind his decision n. to do a period that is distinct from others, 73. the e a of the Renaissance n. typically in history adj. at, toward, or near the back part of 74. the r rgate something; (verb) to look after a child until it is an adult a doll or figure that is manipulated by 75. pu___t theater n. strings, wires, or hands to represent a person or animal; a person who is controlled or manipulated by someone else adj. having no value or usefulness; not 76. wo____ss stock worth considering to include or affect someone or 77. in___e a lot of paperwork something as a necessary part of something else a toy made of a light frame covered with 78. a picture on a k__e

ANSWERS: 69. cubicle, 70. yoga, 71. era, 72. intention, 73. era, 74. rear, 75. puppet, 76. worthless, 77. involve, 78. kite

n.

cloth or plastic and joined to a long

string that you fly in the air

79.	see oil	n.	an annual plant cultivated for its small seeds, which are used for food or oil; a flavoring derived from these seeds
80.	inct with one another	ν.	to communicate or react with somebody
81.	a sense of sation	n.	a pleasant feeling you have when you have fulfilled a desire, need, or expectation or have achieved something
82.	use of nur power	adj.	of or relating to or constituting the nucleus of an atom; deriving destructive energy from the release of atomic energy
83.	det on the mortgage	<i>v</i> .	to fail to fulfill an obligation or pay a debt when it is due; to fail to meet expectations or perform as required; to choose or accept a predetermined option or condition without making a deliberate selection or choice; (noun) the pre-set or automatic settings that a system or program uses when the user has selected no other options
84.	the longstanding coct	n.	a strong disagreement, argument, or a violent clash between two opposing groups or individuals
85.	have a recal respect	adj.	given or felt by each toward the other; mutual; corresponding or interchangeable
86.	extlar study	adj.	outside the regular curriculum or program of courses

ANSWERS: 79. sesame, 80. interact, 81. satisfaction, 82. nuclear, 83. default, 84. conflict, 85. reciprocal, 86. extracurricular

87.	prss opportunity	adj.	extremely valuable or important
88.	preon of guilt	n.	an idea or belief taken to be true without proof or confirmation; an assumption or hypothesis based on incomplete evidence or understanding; a forward or audacious attitude or behavior that assumes too much authority or familiarity
89.	gets m_d easily	adj.	insane, especially due to a mental illness; very angry
90.	any for knowledge	n.	a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
91.	nate through a document	<i>v</i> .	to plan and direct the way that a ship, plane, etc. will travel, often by using a map
92.	tor in nappy	n.	a young child who has recently learned to walk
93.	health poy	n.	a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
94.	a f_n of a plane	n.	a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
95.	a sww tail	ν.	to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations

ANSWERS: 87. priceless, 88. presumption, 89. mad, 90. anxiety, 91. navigate, 92. toddler, 93. policy, 94. fin, 95. swallow

96. acd with public opinion	n.	an official agreement or treaty between two organizations, countries, etc.; (verb) allow to have
97. preon against forfei	iture <i>n</i> .	an idea or belief taken to be true without proof or confirmation; an assumption or hypothesis based on incomplete evidence or understanding; a forward or audacious attitude or behavior that assumes too much authority or familiarity
98. det settings	v.	to fail to fulfill an obligation or pay a debt when it is due; to fail to meet expectations or perform as required; to choose or accept a predetermined option or condition without making a deliberate selection or choice; (noun) the pre-set or automatic settings that a system or program uses when the user has selected no other options
99. ackge his help	ν.	to accept or admit the existence, reality, or truth of something; to accept that someone or something has a particular authority or quality; to express obligation, thanks, or gratitude for someone's help, commitment, etc.;
100. bial community	n.	a person who speaks two languages fluently; (adjective) involving or relating to two languages or language groups
101. anti-air raid shr	n.	a structure built to protect from poor weather, danger, or attack; (verb) to protect or shield from harm or adversity, particularly relating to environmental conditions or danger

ANSWERS: 96. accord, 97. presumption, 98. default, 99. acknowledge, 100. bilingual, 101. shelter

102. horde of mors	n.	an imaginary creature that is large and has various human and animal parts; someone or something large and powerful
103. the woce is on strike	n.	all the people who work in a company, industry, country, etc.
104. pac buying	n.	a sudden strong feeling of fear that cannot be controlled and prevents reasonable thought and action
105. ry on convenience stores	ν.	to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
106. take a sty job	adj.	firmly fixed, supported, or balanced; not shaking or moving
107. increase slly	adv.	in a small degree or extent; a little
108. designed spelly for men	adv.	only associated with or meant for one thing
109. moral etc	n.	a set of moral or philosophical principles or values that guide the behavior or actions of an individual, group, or society; the study or inquiry into the nature of morality and moral systems
110. the degree of puy	n.	the state of being undiluted or unmixed with anything else; the state of being free from immorality, especially of a sexual nature
111. a noe family	adj.	having or showing excellent personal qualities or high moral principles that people admire
ANOMEDO: 400	404	mania 405 nahi 400 ataa da 407

ANSWERS: 102. monster, 103. workforce, 104. panic, 105. rely, 106. steady, 107. slightly, 108. specifically, 109. ethic, 110. purity, 111. noble

112. allow chre leave	n.	people's children
113. jazz impion	n.	the act of making something up on the spot or creating or performing something without preparation
114. a deep oblon	n.	the state of being morally or legally bound to do or pay something
115. proud of his accents	n.	the successful completion of a task or goal; an ability that has been acquired by training
116. reve factors	adj.	considered and evaluated through comparison with something else
117. noia trip	n.	a sentimental longing or wistful affection for a period in the past
118. affect maI relations	adj.	of or relating to marriage
119. pr review	n.	a person who has the same age, status, or ability
120. against tron	n.	a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
121. obs over her weight	<i>v</i> .	to fill the mind of someone continually so that one can't think of anything else
122. hie music	n.	a person who follows a counterculture movement that originated in the United States during the 1960s, characterized by the advocacy of nonviolence, communal living, and a rejection of traditional American values

ANSWERS: 112. childcare, 113. improvisation, 114. obligation, 115. accomplishment, 116. relative, 117. nostalgia, 118. marital, 119. peer, 120. tradition, 121. obsess, 122. hippie

123. an___h and pain severe physical or emotional pain or n. suffering; distress or mental agony a low continuous humming noise; 124. the speaker's dr__e n. someone who takes more time than necessary; a pilot-less aerial vehicle that is operated by remote control adj. unattractive in appearance; unpleasant 125. an u y sound to look at 126. ab t-minded adj. not present in a particular place at a particular time 127. ma____I fidelity adj. of or relating to marriage 128. a pa__c reaction a sudden strong feeling of fear that n. cannot be controlled and prevents reasonable thought and action 129. hel er ride a type of aircraft that is capable of n. hovering in place and moving vertically, as well as flying horizontally; often used for emergency medical services, military operations, and transport in areas with limited access 130. gl n intolerance a protein found in wheat, barley, and n. rye that is responsible for the elastic texture of the dough to think or accept something to be true 131. as___e an important role without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance

ANSWERS: 123. anguish, 124. drone, 125. ugly, 126. absent, 127. marital, 128. panic, 129. helicopter, 130. gluten, 131. assume, 132. wisdom

n.

132. a fountain of wi m

the quality of being wise, or the ability to

use your knowledge and experience to

make sensible decisions

- 133. a geometric pr__f
- 134. ab___t without leave
- 135. no__e gas
- 136. n m of action
- 137. take a ca___I glance
- 138. frozen as ts
- 139. the sc___t of a play
- 140. f k art
- 141. st___y increase
- 142. mo____ne addiction
- 143. mo___n poetry
- 144. rainproof sh r

- a fact or piece of information that shows something is true or exists
- adj. not present in a particular place at a particular time
- adj. having or showing excellent personal qualities or high moral principles that people admire
- n. something that is regarded as usual, typical, or standard
- adj. relaxed and informal in manner or dress, not planned or expected; not involving commitment or seriousness
- n. something or someone that is useful or valuable quality, skill, etc.; valuable property
- n. a written text of a film, play, broadcast, or speech; something written by hand
- n. people in general, especially those of a particular group or type
- adj. firmly fixed, supported, or balanced; not shaking or moving
- a powerful narcotic drug used to relieve pain and induce sleep
- adj. of or belonging to the present time or recent times
- a structure built to protect from poor weather, danger, or attack; (verb) to protect or shield from harm or adversity, particularly relating to environmental conditions or danger

ANSWERS: 133. proof, 134. absent, 135. noble, 136. norm, 137. casual, 138. asset, 139. script, 140. folk, 141. steady, 142. morphine, 143. modern, 144. shelter

145.	diagnosis of any disorder	n.	a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
146.	capable of imave creation	adj.	having or showing new and creative ideas
147.	boost my conce	n.	the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
148.	caI dress	adj.	relaxed and informal in manner or dress, not planned or expected; not involving commitment or seriousness
149.	the peic blooming of the cherry-blossom	adj.	happening at regular intervals over a while
150.	ine memories	v.	to call upon or request help or support, especially from a higher power; to mention or use something as a reason or justification for actions or decisions
151.	ecoal use of her time	adj.	providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessary
152.	prove development	adj.	relating to or supporting development or advancement, especially social or political one
153.	see paste	n.	an annual plant cultivated for its small seeds, which are used for food or oil; a flavoring derived from these seeds
154.	follow his insons	n.	detailed direction, order, etc., on how to do or use something
155.	unie the current economic deadlock	<i>v</i> .	to be the support, basis, hidden cause of something; to be located under or below

ANSWERS: 145. anxiety, 146. imaginative, 147. confidence, 148. casual, 149. periodic, 150. invoke, 151. economical, 152. progressive, 153. sesame, 154. instruction, 155. underlie

156. git trees	adj.	enormous; much bigger or more important than similar items usually are
157. not up to p_r	n.	a state of being equal to someone or something
158. some uneed events	adj.	not anticipated or regarded as likely to happen
159. ine children	v.	to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat
160. engine conion	n.	the arrangement or pattern of something or a group of related things
161. promise an oh	n.	a solemn promise or affirmation, often made in a formal public setting, to do something or adhere to certain principles or beliefs; a formal declaration of one's commitment to a particular course of action, organization, or duty
162. de to take risks	ν.	to have the courage to do something
163. cuan of the records	n.	a person who is responsible for the care and maintenance of a building, institution, or collection; a guardian or keeper of something valuable or important
164. the most amg feeling	adj.	extremely surprising, especially in a way that you like or admire
165. inct directly with customers	ν.	to communicate or react with somebody

ANSWERS: 156. giant, 157. par, 158. unexpected, 159. indulge, 160. configuration, 161. oath, 162. dare, 163. custodian, 164. amazing, 165. interact

166. computer muling	n.	the ability to do more than one task at the same time; the state of doing more than one task at the same time
167. legte question	adj.	accordant with or allowed by law; lawful
168. arrnt of the furniture	n.	a plan or preparation for the future event; the action or process of placing things in a particular order
169. an ans look	adj.	worried and nervous
170. des their spirits	ν.	to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active
171. ine in debauchery	v.	to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat
172. wz kid	ν.	to move or run quickly and smoothly with a hissing or buzzing sound; to excel or perform skillfully in a particular area; to urinate; (noun) a person who is very clever or skilled at something
173. above p_r performance	n.	a state of being equal to someone or something
174. dion chief	n.	the act or outcome of splitting into separate parts; a critical organizational unit or sector
175. jz club	n.	a type of music that originated in the African-American community in the United States and that is characterized by improvisation, syncopated rhythms, and a strong emphasis on self-expression

ANSWERS: 166. multitasking, 167. legitimate, 168. arrangement, 169. anxious, 170. depress, 171. indulge, 172. whiz, 173. par, 174. division, 175. jazz

176. hi ic accomplishment adj. famous or significant in history, or potentially so a word or phrase, often repeated, that is 177. campaign ma a n. used as a focus for the mind during meditation to officially or legally forbid or refuse to 178. b n any type of cloning ν. allow something 179. w z through the book to move or run quickly and smoothly ν. with a hissing or buzzing sound; to excel or perform skillfully in a particular area; to urinate; (noun) a person who is very clever or skilled at something adj. more important than anything else; 180. pa____nt to all the others having superior power and influence or the highest position 181. ant____te your kind cooperation to expect or predict that something will happen; to tell in advance adj. enormous; much bigger or more 182. gi_t tech company important than similar items usually are a farming implement used for breaking 183. deeply p w the soil n. up and turning over the soil, especially before planting; (verb) to turn over and break up the soil in preparation for planting crops a powerful narcotic drug used to relieve 184. synthetic mo____ne n. pain and induce sleep 185. o h of allegiance a solemn promise or affirmation, often made in a formal public setting, to do something or adhere to certain principles or beliefs; a formal declaration of one's commitment to a particular course of action, organization, or duty

ANSWERS: 176. historic, 177. mantra, 178. ban, 179. whiz, 180. paramount, 181. anticipate, 182. giant, 183. plow, 184. morphine, 185. oath

186. re	ecal actions	adj.	given or felt by each toward the other; mutual; corresponding or interchangeable
187. a	a comprehensive suy	n.	an investigation of the opinions, behavior, etc. of a particular group of people, made by asking people questions
188. a	a fus sea	adj.	extremely angry; full of rage
189. e	end of the first epe	n.	a happening or story that is distinctive in a series of related events; an abrupt short period during which someone suffers from the effects of a physical or mental illness
190. h	ner dete screams	adj.	feeling or showing a lack of hope and a willingness to do anything because of the problematic situation
191. u	unfely caught in a shower	adv.	by bad luck; unluckily
	chant the maa of structural eform	n.	a word or phrase, often repeated, that is used as a focus for the mind during meditation
193. f	eel cry	adj.	causing an uneasy feeling of fear or unease
194. a	an offense against dey	n.	behavior that is appropriate or suitable in a given context, especially in terms of social norms and moral standards
195. a	a he of illusion	n.	atmospheric moisture, dust, or smoke that makes it less clear; a state of mental confusion caused by lack of clarity

ANSWERS: 186. reciprocal, 187. survey, 188. furious, 189. episode, 190. desperate, 191. unfortunately, 192. mantra, 193. creepy, 194. decency, 195. haze

n.	a person one knows but who is not a close friend
n.	a person who studies the institutions and development of human society
n.	the successful completion of a task or goal; an ability that has been acquired by training
v.	to call upon or request help or support, especially from a higher power; to mention or use something as a reason or justification for actions or decisions
n.	a short, often humorous performative piece or act, typically performed in a comic or satirical tone or style, as part of a variety show or a theatrical or musical performance
adj.	(especially of a feeling) very strong; extremely sharp or severe
n.	an amount or quantity beyond what is acceptable, expected, or reasonable
adj.	fit or appropriate; proper; adapted
adj.	famous or significant in history, or potentially so
adj.	real and exactly; not pretended; sincerely felt or expressed
n.	a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
	n. n. v. n. adj. adj. adj.

ANSWERS: 196. acquaintance, 197. sociologist, 198. accomplishment, 199. invoke, 200. skit, 201. intense, 202. excess, 203. suitable, 204. historic, 205. genuine, 206. crisis

207. esm for the other person	n.	great respect and approval for or a good opinion of someone
208. impion on stage	n.	the act of making something up on the spot or creating or performing something without preparation
209. humanity's mont	n.	a statue, building, or other structure erected to commemorate a person or event
210. pr group	n.	a person who has the same age, status, or ability
211. an ele criminal	adj.	difficult to find, define, achieve, or remember
212. pre-mon agricultural society	adj.	of or belonging to the present time or recent times
213. ets of journalism	n.	a branch of philosophy that considers what is morally right and wrong conduct; a set of beliefs about what is morally right and wrong
214. muling ability	n.	the ability to do more than one task at the same time; the state of doing more than one task at the same time
215. documentary prf	n.	a fact or piece of information that shows something is true or exists
216. political st	n.	a short, often humorous performative piece or act, typically performed in a comic or satirical tone or style, as part of a variety show or a theatrical or musical performance
217. rr children	adj.	at, toward, or near the back part of something; (verb) to look after a child until it is an adult

ANSWERS: 207. esteem, 208. improvisation, 209. monument, 210. peer, 211. elusive, 212. modern, 213. ethics, 214. multitasking, 215. proof, 216. skit, 217. rear

- 218. a sand p__e
- 219. bu___n of disease
- 220. wi___m literature
- 221. in___e criticism
- 222. fire st k
- 223. pr____ly affect adults
- 224. ec___y of scale

225. recent su y

- a collection of objects positioned one on top of another; a large sum of something, such as money
- a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry
- the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions
- v. to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
- v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

adv. mainly

- n. the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel
- an investigation of the opinions, behavior, etc. of a particular group of people, made by asking people questions

ANSWERS: 218. pile, 219. burden, 220. wisdom, 221. invite, 222. stick, 223. primarily, 224. economy, 225. survey

226. reze achievement	ν.	to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
227. emal distress	adj.	relating to people's feelings
228. corporate put	n.	a doll or figure that is manipulated by strings, wires, or hands to represent a person or animal; a person who is controlled or manipulated by someone else
229. die control	n.	a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
230. milum bottle of wine	n.	a span of 1000 years, or the 1000th anniversary (plural: millennia)
231. mae stars	adj.	enormous amount; very heavy and solid
232. foreign poy	n.	a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
233. dee a bomb	v.	to reduce or eliminate the tension, anger, or hostility in a situation, especially a potentially explosive one, by calming, soothing, or pacifying those involved

ANSWERS: 226. recognize, 227. emotional, 228. puppet, 229. disease, 230. millennium, 231. massive, 232. policy, 233. defuse

234. acquire a vie	n.	high moral standards in behavior or attitudes
235. skilled woce	n.	all the people who work in a company, industry, country, etc.
236. anaal approach	adj.	relating to or using analysis (= the process of breaking down a complex system or concept into smaller, simpler parts to understand it better), or able to analyze
237. aste alcohol with gambling	ν.	to mentally connect someone or something with someone or something else
238. track down an ele fact	adj.	difficult to find, define, achieve, or remember
239. toxic bycts	n.	a secondary or incidental product produced in the manufacture or synthesis of something else
240. a friendly conion	n.	an informal talk between two or more people to exchange their views, ideas, information, etc.
241. a tron of a culture	n.	a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
242. have no rece	n.	the state or degree of being closely connected or appropriate to the matter at hand
243. gre about his sore feet	n.	a minor complaint or criticism, typically expressed in a grumbling or persistent manner; sudden, sharp pain or discomfort in the abdomen; (verb) to grumble or complain about something, often in a persistent, nagging manner

ANSWERS: 234. virtue, 235. workforce, 236. analytical, 237. associate, 238. elusive, 239. byproduct, 240. conversation, 241. tradition, 242. relevance, 243. gripe

244. he of tears	n.	atmospheric moisture, dust, or smoke that makes it less clear; a state of mental confusion caused by lack of clarity
245. common inon	n.	the creation of a new device or process resulting from study and experimentation; the act of inventing
246. eccs professor	n.	the branch of social science that deals with the production, consumption, and transfer of goods and services
247. cry atmosphere	adj.	causing an uneasy feeling of fear or unease
248. foul-mouthed grh	n.	a person who is habitually irritable or complaining; a grumpy or ill-tempered person; (verb) to complain or grumble persistently and in a bad-tempered or discontented way
249. byct of technology	n.	a secondary or incidental product produced in the manufacture or synthesis of something else
250. boost my self-esm	n.	great respect and approval for or a good opinion of someone
251. have an unr advantage	adj.	not giving equal treatment or opportunities to people involved; marked by injustice, partiality, or deception
252. bial education	n.	a person who speaks two languages fluently; (adjective) involving or relating to two languages or language groups

ANSWERS: 244. haze, 245. invention, 246. economics, 247. creepy, 248. grouch, 249. byproduct, 250. esteem, 251. unfair, 252. bilingual

253. theory of the unse	n.	everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy
254. aerial ya	n.	a Hindu spiritual and ascetic discipline including breath control, simple meditation, and the adoption of specific bodily postures, which is widely practiced for health and relaxation
255. seasonal lar	n.	productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal
256. police heler	n.	a type of aircraft that is capable of hovering in place and moving vertically, as well as flying horizontally; often used for emergency medical services, military operations, and transport in areas with limited access
257. carry a bun	n.	a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry
258. a gee article	adj.	real and exactly; not pretended; sincerely felt or expressed
259. liquid asts of the company	n.	something or someone that is useful or valuable quality, skill, etc.; valuable property

ANSWERS: 253. universe, 254. yoga, 255. labor, 256. helicopter, 257. burden, 258. genuine, 259. asset

260. age-old cle	;		a phrase or expression that has become overused to the point that it has lost its original impact or meaning; a trite or unoriginal idea or statement
261. cond right and	wrong		to confuse or perplex; to mix up or throw into disorder; to prove to be false or illogical
262. the height of a pe	e :		a collection of objects positioned one on top of another; a large sum of something, such as money
263. die prevention	i		a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
264. persistent grh	;		a person who is habitually irritable or complaining; a grumpy or ill-tempered person; (verb) to complain or grumble persistently and in a bad-tempered or discontented way
265. chre allowand	ce		a service involving care for other people's children
266. intended prly people	for young	adv.	mainly
267. college schi	ip .		a grant or payment made to support a student's education usually awarded based on academic or other achievements
268. nur fusion	•		of or relating to or constituting the nucleus of an atom; deriving destructive energy from the release of atomic energy

ANSWERS: 260. cliche, 261. confound, 262. pile, 263. disease, 264. grouch, 265. childcare, 266. primarily, 267. scholarship, 268. nuclear

269. a_m to be a nurse	ν.	to try or plan to get or achieve something
270. back f_n	n.	a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
271. two-breer couple	n.	the member of a family who earns money to support the others
272. the lord pant	adj.	more important than anything else; having superior power and influence or the highest position
273. an active tor	n.	a young child who has recently learned to walk
274. spe tax deduction	n.	a person's husband, wife, or partner in marriage
275. conce as a teacher	n.	the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
276. a reic goal	adj.	having or showing a sensible and practical idea that is possible to achieve
277. atomic bbs	n.	a weapon that explodes and is used to kill or injure people or to cause damage to something
278. gln-free diets	n.	a protein found in wheat, barley, and rye that is responsible for the elastic texture of the dough
279. ste a blow	ν.	to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
280. pw equipment	n.	a farming implement used for breaking up and turning over the soil, especially before planting; (verb) to turn over and break up the soil in preparation for planting crops

ANSWERS: 269. aim, 270. fin, 271. breadwinner, 272. paramount, 273. toddler, 274. spouse, 275. confidence, 276. realistic, 277. bomb, 278. gluten, 279. strike, 280. plow

281. cl e plot a phrase or expression that has n. become overused to the point that it has lost its original impact or meaning; a trite or unoriginal idea or statement 282. cap____te under pressure to surrender, especially under ν. agreed-upon conditions, usually after a prolonged resistance; to acknowledge defeat or give in to an opponent or adversary 283. complex v b a word or phrase that describes an n. action, state, or experience 284. he is ob___sed with the fear to fill the mind of someone continually so that one can't think of anything else to make someone aware of potential 285. w n a reckless driver ν. danger or difficulty, particularly one that may occur in the future something that is regarded as usual, 286. cultural n__m n. typical, or standard 287. co e fantasy with reality to mistake one thing for another; to ν. make somebody hard to understand 288. dr__e flight a low continuous humming noise; n. someone who takes more time than necessary; a pilot-less aerial vehicle that is operated by remote control 289. for spe_____lly American adv. only associated with or meant for one customers thing 290. of d his sensibilities to cause someone to feel upset, angry, ν. or annoyed to think or accept something to be true 291. as e a lousy attitude to his boss ν. without having proof of it; to take or begin to have power; to begin to exhibit

ANSWERS: 281. cliche, 282. capitulate, 283. verb, 284. obsess, 285. warn, 286. norm, 287. confuse, 288. drone, 289. specifically, 290. offend, 291. assume

a specific quality or appearance

292. arrnt committee	n.	a plan or preparation for the future event; the action or process of placing things in a particular order
293. ans about his health	adj.	worried and nervous
294. ste up a conversation	v.	to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
295. prss work of art	adj.	extremely valuable or important
296. a m_d person	adj.	insane, especially due to a mental illness; very angry
297. sue you're right	v.	to think that something is likely to be actual or possible
298. bre soldier	adj.	showing courage or fearlessness in the face of danger, difficulty, or adversity
299. de not go	<i>v</i> .	to have the courage to do something
300. capte to fear	ν.	to surrender, especially under agreed-upon conditions, usually after a prolonged resistance; to acknowledge defeat or give in to an opponent or adversary
301. colte on a press release	v.	to work with someone else to produce or achieve something
302. a curum vitae	n.	a series of subjects comprising a course of study in a school, college, etc.
303. customer sation	n.	a pleasant feeling you have when you have fulfilled a desire, need, or expectation or have achieved something

ANSWERS: 292. arrangement, 293. anxious, 294. strike, 295. priceless, 296. mad, 297. suppose, 298. brave, 299. dare, 300. capitulate, 301. collaborate, 302. curriculum, 303. satisfaction

304. the whr of the leaves	v.	to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you
305. minor gre	n.	a minor complaint or criticism, typically expressed in a grumbling or persistent manner; sudden, sharp pain or discomfort in the abdomen; (verb) to grumble or complain about something, often in a persistent, nagging manner
306. reze talent	ν.	to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
307. cond the problem	v.	to confuse or perplex; to mix up or throw into disorder; to prove to be false or illogical
308. dey standards	n.	behavior that is appropriate or suitable in a given context, especially in terms of social norms and moral standards
309. coe the listener	ν.	to mistake one thing for another; to make somebody hard to understand
310. administrative coon	n.	the state of being mixed up or unclear, or the state of disorder or uncertainty
311. prove taxation	adj.	relating to or supporting development or advancement, especially social or political one
312. show russ behavior	adj.	lacking in pity or compassion; willing to do whatever it takes to achieve their goals, regardless of the consequences for others

ANSWERS: 304. whisper, 305. gripe, 306. recognize, 307. confound, 308. decency, 309. confuse, 310. confusion, 311. progressive, 312. ruthless

313. an auxiliary vb	n.	a word or phrase that describes an action, state, or experience
314. in great coon	n.	the state of being mixed up or unclear, or the state of disorder or uncertainty
315. unr employment practices	adj.	not giving equal treatment or opportunities to people involved; marked by injustice, partiality, or deception
316. unie the theory of the big bang	v.	to be the support, basis, hidden cause of something; to be located under or below
317. a signal of diss	n.	a feeling of great worry, sadness, pain, or discomfort
318. ine guests	v.	to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
319. professional etc	n.	a set of moral or philosophical principles or values that guide the behavior or actions of an individual, group, or society; the study or inquiry into the nature of morality and moral systems
320. anaal ability	adj.	relating to or using analysis (= the process of breaking down a complex system or concept into smaller, simpler parts to understand it better), or able to analyze
321. imave as a child	adj.	having or showing new and creative ideas
322. disarm the bb	n.	a weapon that explodes and is used to kill or injure people or to cause damage to something

ANSWERS: 313. verb, 314. confusion, 315. unfair, 316. underlie, 317. distress, 318. invite, 319. ethic, 320. analytical, 321. imaginative, 322. bomb

323. emotional diss	n.	a feeling of great worry, sadness, pain, or discomfort
324. os of business	n.	the degree or probability that a particular thing will or will not happen
325. dee a crisis	ν.	to reduce or eliminate the tension, anger, or hostility in a situation, especially a potentially explosive one, by calming, soothing, or pacifying those involved
326. beg for forss	n.	the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion
327. a warm noia	n.	a sentimental longing or wistful affection for a period in the past
328. even more unfely	adv.	by bad luck; unluckily
329. answer in a whr	<i>v</i> .	to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you
330. tech-say	n.	the condition of being aware of and able to deal with a situation effectively; (adjective) having knowledge and understanding of a particular subject or activity
331. ke string	n.	a toy made of a light frame covered with cloth or plastic and joined to a long string that you fly in the air
332. ancient main house	n.	an influential and high-ranking official, notably in the civil service; the branch of Chinese, which is the official language of China

ANSWERS: 323. distress, 324. odds, 325. defuse, 326. forgiveness, 327. nostalgia, 328. unfortunately, 329. whisper, 330. savvy, 331. kite, 332. mandarin

333. dete attempt	adj.	feeling or showing a lack of hope and a willingness to do anything because of the problematic situation
334. mol hazard	adj.	concerned with the principles of what is right and wrong, fairness, honesty, etc.
335. pay an oblon	n.	the state of being morally or legally bound to do or pay something
336. on the maal side	adj.	relating to or characteristic of a mother; having feelings that are typical of a caring mother towards her child
337. ine a high degree of risk	v.	to include or affect someone or something as a necessary part of something else
338. mh larva	n.	an insect with wings similar to a butterfly that travels at night and is attracted to light
339. b_n gender-related job discrimination	v.	to officially or legally forbid or refuse to allow something
340. a legte child	adj.	accordant with or allowed by law; lawful
341. ecy class	n.	the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel
342. slly alkaline soils	adv.	in a small degree or extent; a little
343. mont honoring	n.	a statue, building, or other structure erected to commemorate a person or event

ANSWERS: 333. desperate, 334. moral, 335. obligation, 336. maternal, 337. involve, 338. moth, 339. ban, 340. legitimate, 341. economy, 342. slightly, 343. monument

344. acqnce with a language	n.	a person one knows but who is not a close friend
345. gua coins	n.	a former British gold coin worth 21 shillings or a unit of currency used in some West African countries; (Guinea) a republic in western Africa on the Atlantic
346. emal health	adj.	relating to people's feelings
347. sww a handful of pills	ν.	to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations
348. stk a key in a lock	v.	to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
349. a hand sct	n.	a written text of a film, play, broadcast, or speech; something written by hand
350. a ce to the diagnosis	n.	an object, a piece of evidence, or some information that helps someone to find the answer to a problem, question, or mystery
351. conion in English	n.	an informal talk between two or more people to exchange their views, ideas, information, etc.
352. an academic curum	n.	a series of subjects comprising a course of study in a school, college, etc.

ANSWERS: 344. acquaintance, 345. guinea, 346. emotional, 347. swallow, 348. stick, 349. script, 350. clue, 351. conversation, 352. curriculum

- 353. sta____cs for cancer

 354. m__h attracted to the light

 355. mo__l burden

 356. br____nt idea

 357. con____ion of the system
- n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
- an insect with wings similar to a butterfly that travels at night and is attracted to light
- adj. concerned with the principles of what is right and wrong, fairness, honesty, etc.
- adj. extremely clever, skilled, or impressive
- n. the arrangement or pattern of something or a group of related things

ANSWERS: 353. statistics, 354. moth, 355. moral, 356. brilliant, 357. configuration

Session 3: Fill in the Blanks

1. n.	It is a common that doctors know best, but patients should always ask questions and be informed about their healthcare decisions. an idea or belief taken to be true without proof or confirmation; an assumption or hypothesis based on incomplete evidence or understanding; a forward or audacious attitude or behavior that assumes too much authority or familiarity
2	The player quickly went to the side of the defender.
	at, toward, or near the back part of something; (verb) to look after a child until it is an adult
3.	She repeated her personal to herself to stay motivated.
n.	a word or phrase, often repeated, that is used as a focus for the mind during meditation
4.	He was heavily involved in activities and was president of the debate club.
adj	outside the regular curriculum or program of courses
5.	Babies heavily on others for food.
<i>v</i> .	to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
6.	She had a very instinct towards her newborn baby.
adj	relating to or characteristic of a mother; having feelings that are typical of a caring mother towards her child
7.	The company's CEO arrived at the meeting via to avoid traffic congestion
n.	a type of aircraft that is capable of hovering in place and moving vertically, as well as flying horizontally; often used for emergency medical services, military operations, and transport in areas with limited access

ANSWERS: 1. presumption, 2. rear, 3. mantra, 4. extracurricular, 5. rely, 6. maternal,

7. helicopter

ANSWERS: 8. desperate, 9. realistic, 10. millennium, 11. labor, 12. economics, 13. haze, 14. conflicts, 15. emotional

ANSWERS: 16. virtues, 17. fins, 18. confusion, 19. worthless, 20. strike, 21. savvy, 22. noble-minded, 23. distress

a feeling of great worry, sadness, pain, or discomfort

24.	Shares in the company finally fell below their value.
n.	a state of being equal to someone or something
25.	We for an overseas expansion.
<i>v</i> .	to try or plan to get or achieve something
26.	Your reflects your thoughts.
n.	an informal talk between two or more people to exchange their views, ideas, information, etc.
27.	dialects typically have relatively few vowels.
n.	an influential and high-ranking official, notably in the civil service; the branch of Chinese, which is the official language of China
28.	The school worked tirelessly to keep the building clean and maintained for the students and faculty.
n.	a person who is responsible for the care and maintenance of a building, institution, or collection; a guardian or keeper of something valuable or important
29.	That statement by the prime minister drew international criticism.
adj	(especially of a feeling) very strong; extremely sharp or severe
30.	The negotiator skillfully the tense situation with calm words and gestures.
<i>v</i> .	to reduce or eliminate the tension, anger, or hostility in a situation, especially a potentially explosive one, by calming, soothing, or pacifying those involved
31.	Our knowledge helps our clients successfully.
<i>v</i> .	to plan and direct the way that a ship, plane, etc. will travel, often by using a map
	SWERS: 24. par, 25. aim, 26. conversation, 27. Mandarin, 28. custodian, 29. ense, 30. defused, 31. navigate

ANSWERS: 32. modern, 33. economy, 34. imaginative, 35. decency, 36. oath, 37. unexpected, 38. periodic, 39. marital

40.	She agreed to with him in creating new artwork.
ν.	to work with someone else to produce or achieve something
41.	Her remarks the debate.
ν.	to mistake one thing for another; to make somebody hard to understand
42.	Our company offers a full range of facilities as part of our benefits package.
n.	a service involving care for other people's children
43.	You are under no to finish the job.
n.	the state of being morally or legally bound to do or pay something
44.	The approach to education emphasizes hands-on learning and student-centered classrooms.
adj	relating to or supporting development or advancement, especially social or political one
45.	We heavy snowfall tomorrow.
ν.	to expect or predict that something will happen; to tell in advance
46.	I attempted to him, but he ignored me.
v.	to make someone aware of potential danger or difficulty, particularly one that may occur in the future
47.	The is about 13.8 billion years old.
n.	everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy
	SWERS: 40. collaborate, 41. confused, 42. childcare, 43. obligation, 44. gressive, 45. anticipate, 46. warn, 47. universe

ANSWERS: 48. genuine, 49. default, 50. nostalgia, 51. improvisation, 52. giant, 53. panic, 54. massive, 55. legitimate

56. Many companies outsource and hire consultants to keep their flexible.
n. all the people who work in a company, industry, country, etc.
57. He was with joy to see the results.
adj. insane, especially due to a mental illness; very angry
58. The treatments were done but, were unsuccessful.
adv. by bad luck; unluckily
59. The Chinese word for comprises two characters, one for danger and the other for opportunity.
 a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
60. I want to put that of my life behind me.
a happening or story that is distinctive in a series of related events; an abrupt short period during which someone suffers from the effects of a physical or mental illness
61. This ad campaign is aimed at young women.
adv. only associated with or meant for one thing
62. The politician the name of the founding fathers in his speech.
v. to call upon or request help or support, especially from a higher power; to mention or use something as a reason or justification for actions or decisions
63. The is a serious threat to the farm's output.
an insect with wings similar to a butterfly that travels at night and is attracted to light
ANSWERS: 56. workforce, 57. mad, 58. unfortunately, 59. crisis, 60. episode, 61. specifically, 62. invoked, 63. moth

64 . ∃	That car has a low environmental
n.	a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry
65. \$	Some seaweed was used as medicine in ancient times.
n.	people in general, especially those of a particular group or type
66. E	Ethics deals with conduct.
adj.	concerned with the principles of what is right and wrong, fairness, honesty, etc
	All peaceful cooperation is based on mutual trust. mainly
68. 7	The Chinese people have accomplished several feats.
adj.	famous or significant in history, or potentially so
69. \	We want to you to our annual charity event.
v.	to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
7 0. 7	The dress was for the formal occasion.
adj.	fit or appropriate; proper; adapted
	Many countries have now agreed to a treaty banning the use ofweapons.
adj.	of or relating to or constituting the nucleus of an atom; deriving destructive energy from the release of atomic energy
72. H	His rude comments many people at the party.
<i>v</i> .	to cause someone to feel upset, angry, or annoyed
	WERS: 64. burden, 65. folk, 66. moral, 67. primarily, 68. historic, 69. invite, 70. able, 71. nuclear, 72. offended

73. Most co	ountries prohibit sexual activity between certain close
adj. consi	dered and evaluated through comparison with something else
74. A	needs constant supervision and firm control.
n. a you	ing child who has recently learned to walk
75. The go	lfer recorded an distance.
adj. extrei	mely surprising, especially in a way that you like or admire
	shion of the movement included unconventional clothing such as shirts and bell-bottom jeans.
State	son who follows a counterculture movement that originated in the United s during the 1960s, characterized by the advocacy of nonviolence, nunal living, and a rejection of traditional American values
77. Higher	requires additional equipment and energy.
	ate of being undiluted or unmixed with anything else; the state of being rom immorality, especially of a sexual nature
78. He's ut	terly with his promotion.
v. to fill	the mind of someone continually so that one can't think of anything else
	of the politician was a constant presence at campaign events.
	ach was with the players for their lack of effort during the game. mely angry; full of rage
81. The un	expected events the scientists, who had to rethink their esis.
v. to cor illogic	nfuse or perplex; to mix up or throw into disorder; to prove to be false or cal
	S: 73. relatives, 74. toddler, 75. amazing, 76. hippie, 77. purity, 78. 79. spouse, 80. furious, 81. confounded

ANSWERS: 82. breadwinners, 83. bombs, 84. configuration, 85. piles, 86. interact, 87. paramount, 88. wisdom, 89. Sociologist

ANSWERS: 90. priceless, 91. cubicle, 92. dare, 93. relevance, 94. acknowledged, 95. capitulate, 96. multitasking

ANSWERS: 97. anxiety, 98. unfair, 99. ethic, 100. script, 101. curriculum, 102. anxious, 103. ethics, 104. acquaintances

a person one knows but who is not a close friend

n.

112.	. Graduating from college was a major	for her.
n.	the successful completion of a task or goal; a training	an ability that has been acquired by
113.	. That shows that people are accepting	the tax increase to some extent.
n.	an investigation of the opinions, behavior, etc made by asking people questions	c. of a particular group of people,
114.	. The investigation several governmentake several months.	ent agencies and is expected to
<i>v</i> .	to include or affect someone or something as else	s a necessary part of something
115.	. The police couldn't find a to her whereal	bouts.
n.	an object, a piece of evidence, or some informathe answer to a problem, question, or myster	•
116.	. Political corruption was common throughout t	he postwar
n.	a period that is distinct from others, typically	in history
117.	. Our CEO's are always transpare	ent and straightforward.
n.	something you want to do and are going to d	0
118.	. The following example that the capa	city of each battery is the same.
<i>v</i> .	to think or accept something to be true without begin to have power; to begin to exhibit a spe	.
119.	. He is and can break down comp parts.	lex problems into manageable
adj.	relating to or using analysis (= the process of or concept into smaller, simpler parts to unde	
	SWERS: 112. accomplishment, 113. survey, 11 . intentions, 118. assumes, 119. analytical	14. involves, 115. clue, 116. era,

120.	The cost of the antique vase is three
n.	a former British gold coin worth 21 shillings or a unit of currency used in some West African countries; (Guinea) a republic in western Africa on the Atlantic
121.	Their relationship was based on love and respect for each other.
adj.	given or felt by each toward the other; mutual; corresponding or interchangeable
122.	is better than argument.
n.	a fact or piece of information that shows something is true or exists
123.	The majority of consumers this brand with quality.
v.	to mentally connect someone or something with someone or something else
124.	Use a singular if the subject is singular.
n.	a word or phrase that describes an action, state, or experience
125.	The old, abandoned house was and gave me the chills.
adj.	causing an uneasy feeling of fear or unease
126.	They need food and
n.	a structure built to protect from poor weather, danger, or attack; (verb) to protect or shield from harm or adversity, particularly relating to environmental conditions or danger
127.	He gained debt
n.	the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion
	WERS: 120. guineas, 121. reciprocal, 122. Proof, 123. associate, 124. verb, 125 py, 126. shelter, 127. forgiveness

ANSWERS: 128. arrangement, 129. shield, 130. cliche, 131. slightly, 132. brave, 133. skit, 134. indulged, 135. ruthless

136.	The storekeeper was known for being a towards his customers.
n.	a person who is habitually irritable or complaining; a grumpy or ill-tempered person; (verb) to complain or grumble persistently and in a bad-tempered or discontented way
137.	He took me aside and in my ear.
v.	to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you
138.	The of the energy production process is a large amount of carbon dioxide emissions.
n.	a secondary or incidental product produced in the manufacture or synthesis of something else
139.	This car has a engine.
n.	an imaginary creature that is large and has various human and animal parts; someone or something large and powerful
140.	His bitter experiences his moral principles.
v.	to be the support, basis, hidden cause of something; to be located under or below
141.	seeds are often used as a topping on bagels and bread.
n.	an annual plant cultivated for its small seeds, which are used for food or oil; a flavoring derived from these seeds
142.	The truth was that he had been lying to her for months.
adj.	unattractive in appearance; unpleasant to look at
143.	The systems we have developed has accepted as industry
n.	something that is regarded as usual, typical, or standard
	WERS: 136. grouch, 137. whispered, 138. byproduct, 139. monster, 140. erlie, 141. Sesame, 142. ugly, 143. norms

144.	The road of leads to the palace of wisdom.
n.	an amount or quantity beyond what is acceptable, expected, or reasonable
145.	The organization finally signed a peace
n.	an official agreement or treaty between two organizations, countries, etc.; (verb) allow to have
146.	She received a full to study abroad.
n.	a grant or payment made to support a student's education usually awarded based on academic or other achievements
147.	She suffered from a deep sense of following the loss of her loved one
n.	severe physical or emotional pain or suffering; distress or mental agony
148.	A sense of humor is an invaluable in this job.
n.	something or someone that is useful or valuable quality, skill, etc.; valuable property
149.	We should mildly violent video games from a child's development perspective.
<i>v</i> .	to officially or legally forbid or refuse to allow something
150.	He is our loyal customer who should be held in high
n.	great respect and approval for or a good opinion of someone
151.	The physicist who found the particle won the Nobel Prize.
adj.	difficult to find, define, achieve, or remember
152.	Long-term use of can lead to tolerance, physical dependence, and addiction.
n.	a powerful narcotic drug used to relieve pain and induce sleep
ANS	WERS: 144. excess, 145. accord, 146. scholarship, 147. anguish, 148. asset,
149.	ban, 150. esteem, 151. elusive, 152. morphine

Vocab-Builder Ref from "Jennifer Senior: For parents, happiness is a very high bar | TED Talk" (179 words)

ANSWERS: 160. monument, 161. economical, 162. tradition, 163. disease, 164. peer, 165. swallowed, 166. invention, 167. confidence

168.	Many people with celiac disease must avoid in their diet.
n.	a protein found in wheat, barley, and rye that is responsible for the elastic texture of the dough
169.	They needed further to perform their duties efficiently.
n.	detailed direction, order, etc., on how to do or use something
170.	He listened to music to relax after a long day at work.
n.	a type of music that originated in the African-American community in the United States and that is characterized by improvisation, syncopated rhythms, and a strong emphasis on self-expression
171.	What are the that he will survive?
n.	the degree or probability that a particular thing will or will not happen
172.	The farmer tied the yoke oxen to the
n.	a farming implement used for breaking up and turning over the soil, especially before planting; (verb) to turn over and break up the soil in preparation for planting crops
173.	The patient's vital signs are indicating a stable condition.
adj.	firmly fixed, supported, or balanced; not shaking or moving
174.	Which of the company do you work in?
n.	the act or outcome of splitting into separate parts; a critical organizational unit or sector
175.	It's important to your strengths and weaknesses.
v.	to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
	WERS: 168. gluten, 169. instruction, 170. jazz, 171. odds, 172. plow, 173. dy, 174. division, 175. recognize

Vocab-Builder Ref from "Jennifer Senior: For parents, happiness is a very high bar | TED Talk" (179 words)

ANSWERS: 176. statistics, 177. stick, 178. casual, 179. satisfaction