Englist.me

Vocabulary Builder Reference from...

Andrew Solomon: How the worst moments in our lives make us who we are | TED Talk https://www.ted.com/talks/andrew_solomon_how_the _worst_moments_in_our_lives_make_us_who_we_ar e



Advanced Words Only

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Session 1: Word List

adversity

- n. difficulties or hardships that someone facessynonym: hardship, difficulty, trial
- (1) environmental **adversity**, (2) struggling with **adversity** The team demonstrated great resilience in the face of **adversity** and won the game.

preordain

v. to determine or decree something in advance; to believe or accept that an outcome is predetermined by a higher power or fate

synonym: predestine, predetermine, fate

(1) **preordain** the sequence of events, (2) **preordain** my future

Some people believe that a higher power **preordains** everything that happens in life.

fudge

n. a sweet candy made of sugar, butter, and milk or cream; an act of adjusting, manipulating, or distorting something to make it more favorable or acceptable; (verb) to manipulate or alter something deceptively or dishonestly, especially data or information

synonym: candy, confection, fakery

(1) chocolate fudge, (2) fudge the truth during the interview

The movie was a complete **fudge** and a waste of time.

shorthand

 a system of rapid handwriting or abbreviation that uses symbols, abbreviations, or other devices to represent words or phrases; a short and simple way of expressing or describing something

synonym: stenography, speedwriting, tachygraphy

(1) learn shorthand, (2) write in shorthand

The secretary's **shorthand** was so good that she could type up meeting minutes within minutes.

chant

 a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation

synonym: hymn, mantra, (verb) recite

(1) **chant** melodies, (2) **chant** in the chapel

The soccer game crowd broke into a **chant** of "Go, team, go!"

provocation

 action or speech that intentionally causes someone to become angry, irritated, or frustrated; a reason or motive for something, often negative or undesired

synonym: agitation, incitement, stimulus

provocation tactics, (2) verbal provocation
 The politician's speech was seen as a provocation to the

opposition party.

feces

- n. waste matter eliminated from the bowels; excrementsynonym: poop, stool, excrement
- (1) feces sample, (2) human feces

Proper disposal of **feces** is essential for maintaining public health and sanitation.

incontinence

- n. the involuntary leakage of urine or feces from the body synonym: leakage, urinary incontinence, fecal incontinence
- (1) urinary **incontinence**, (2) fecal **incontinence**The elderly patient is experiencing **incontinence** and requires assistance with toileting.

sphincter

 a circular muscle that regulates the flow of material through a passage or opening, such as the anus or a valve in the digestive system

synonym: valve, muscle ring

(1) urinary **sphincter**, (2) anal **sphincter**

The digestive system's **sphincter** muscle helps regulate the food and waste flow.

cafeteria

n. a restaurant where customers serve themselves from a counter and pay for what they have taken, often found in factories, colleges, hospitals, etc.

synonym: canteen, mess hall, restaurant

(1) cafeteria lunch, (2) office cafeteria

The university's **cafeteria** was busy with students and staff grabbing a quick lunch.

evince

 to demonstrate or show clearly; to make evident or manifest; to display or exhibit a quality, feeling, or characteristic

synonym: show, reveal, demonstrate

(1) **evince** clear reasoning, (2) **evince** strong emotions The company's financial statements **evinced** a decline in profits.

grandchild

- n. a child of someone's son or daughtersynonym: offspring, descendant, progeny
- (1) **grandchild-grandparent** relationship, (2) **grandchild** development

The grandparents take care of their **grandchild** while the parents are at work.

mantra

 a word or phrase, often repeated, that is used as a focus for the mind during meditation

synonym: hymn, chant, phrase

(1) campaign **mantra**, (2) chant the **mantra** of structural reform

She repeated her personal mantra to herself to stay

motivated.

stigmatize

- v. to accuse, condemn, or openly or formally consider somebody or something as not deserving respect
- synonym: brand, mark, denounce
- (1) **stigmatize** the deviant as criminal, (2) **stigmatize** him as a swindler

She was **stigmatized** by society because she had a child out of wedlock.

constrain

- to restrict or limit someone or something's freedom or ability to do something
- synonym: restrict, limit, confine
- (1) **constrain** his freedom, (2) **constrain** information flow The political situation **constrained** the country's economic growth and foreign relations.

solitary

- adj. existing, living, or doing without others synonym: lonely, unsociable, singular
- (1) use of **solitary** confinement, (2) a **solitary** traveler He never uttered a **solitary** word.

confinement

n. the act of confining or limiting movement, often by keeping someone in a specific place or within a specific area; a state of being physically or emotionally restricted or limited

synonym: captivity, imprisonment, detention

(1) **confinement** cell, (2) house **confinement**The prisoner spent months in solitary **confinement**.

travail

prolonged, difficult, or exhausting labor or physical work;
 a painful or laborious effort or struggle

synonym: labor, toil, hardship

(1) physical **travail**, (2) laborious **travail**

The artist's **travail** in perfecting the details of the painting paid off in the end.

glamorous

adj. highly attractive and exciting, and different from ordinary things or people

synonym: alluring, bewitching, enchanting

(1) **glamorous** movie stars, (2) cast **glamorous** eyes The south coast is less **glamorous** yet has many clean and appealing hotels.

concession

n. something that is granted or given up, often in a negotiation or argument; a place or stand where goods or services are sold or provided, often in a public setting such as a stadium or amusement park

synonym: agreement, compromise, deal

(1) an oil **concession**, (2) make a **concession**The movie theater offered a special **concession** for seniors on Tuesdays.

confer

v. to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something

synonym: consult, meet, discuss

(1) confer degree, (2) confer honor

The leaders of the two countries met to **confer** on the issue.

crumb

a small particle or fragment of food or other substance,
 often one that has broken off from a larger piece; a very small amount or portion of something

synonym: fragment, particle, bit

(1) crumb of information, (2) bread crumbMy dog found a crumb on the floor and quickly ate it.

privation

 a state of lacking or deprivation, usually regarding necessities or comforts; the absence or deficiency of something essential, such as food, shelter, or clothing

synonym: deprivation, lack, want

(1) economic **privation**, (2) widespread **privation**Living in extreme poverty, they faced constant **privation** and hardship.

surrogate

adj. acting as a substitute or replacement for someone or something else; having a similar function or purposesynonym: substitute, replacement, deputy

(1) **surrogate** pregnancy, (2) **surrogate** decision

The **surrogate** mother gave birth to a healthy baby for the couple who couldn't conceive independently.

prostitute

a person, typically a woman, who engages in sexual activity in exchange for payment

synonym: hooker, harlot, whore

(1) **prostitute** street, (2) a male **prostitute**She turned to **prostitute** to make ends meet.

necrophilia

 a psychological disorder characterized by an abnormal attraction to, fixation on, or sexual interest in corpses or the dead

synonym: necromania

(1) **necrophilia** pathology, (2) criminal **necrophilia** He was committed to a mental institution due to his **necrophilia** tendencies.

morgue

 a place where dead bodies are kept, particularly in preparation for burial or identification by their relatives or authorities

synonym: mortuary, funeral home, charnel house

(1) clinical **morgue**, (2) overcrowded **morgue**The attendant at the **morgue** was responsible for cataloging the bodies and their respective information.

psyche

n. the human soul, mind, or spirit synonym: mind, soul, spirit

(1) deep **psyche**, (2) **psyche** healing

The therapist helped her understand the workings of her **psyche** and how to cope with her anxiety.

hew

v. to chop or cut something, particularly wood, with an ax or other tool; to shape, carve, or form something using a

sharp tool

synonym: cut, chop, carve

(1) **hew** my way through effort, (2) **hew** out a cave He used a chisel to **hew** the wood into the shape of a bird.

pointless

adj. having no purpose or reason; serving no useful function; meaningless or senseless

synonym: meaningless, purposeless, worthless

(1) pointless argument, (2) pointless task

The meeting was considered **pointless** since nothing was accomplished.

torment

unbearable physical pain or extreme mental distress;
 (verb) to cause severe physical or mental suffering to someone, or to be the victim of such suffering

synonym: pain, suffering, agony

(1) **torment** of jealousy, (2) economic **torment**

The torturers inflicted great **torment** upon the prisoners.

purposeful

adj. having a specific aim or purpose; determined synonym: determined, resolved, resolute

(1) **purposeful** series of actions, (2) at a **purposeful** pace She had a **purposeful** look and was determined to complete the task.

misfortune

an unfortunate event or circumstance; bad luck or trouble

synonym: adversity, calamity, tragedy

(1) economic **misfortune**, (2) a string of **misfortunes**The flood was a great **misfortune** to the small town causing extensive damage.

infirmity

 physical or mental weakness; a physical or mental ailment that makes one vulnerable or fragile

synonym: weakness, ailment, disability

(1) physical infirmity, (2) visual infirmity

The **infirmity** of old age made it difficult for her to walk up the stairs.

dissident

 a person who opposes the policies or actions of a government or other authority, often publicly and openly; a rebel or revolutionary

synonym: dissenter, rebel, protester

(1) **dissident** activities, (2) outspoken **dissident**The government's security forces constantly monitored the **dissident** politician.

annihilate

v. to destroy completely; to cause something to cease to exist

synonym: destroy, obliterate, eradicate

(1) **annihilate** the enemy, (2) **annihilate** all doubts

The virus had the potential to **annihilate** entire populations if left unchecked.

barricade

 a barrier, often improvised or temporary, used to block passage or protect against danger or attack

synonym: barrier, obstacle, blockade

(1) **barricade** fencing, (2) police **barricade**The protestors built a **barricade** to prevent police from entering the area.

unconditional

adj. not subject to any conditions; absolute or complete; not limited by any qualifications or restrictions

synonym: absolute, complete, unqualified

(1) **unconditional** forgiveness, (2) **unconditional** support Her love for him was **unconditional**, despite all of his flaws.

panegyric

n. a formal or elaborate speech, piece of writing, or lyrical composition that praises or celebrates someone or something; a eulogy or tribute that highlights the virtues and achievements of a person or institution

synonym: praise, eulogy, tribute

(1) emotional panegyric, (2) glowing panegyric

The writer delivered a heartfelt **panegyric** at the award ceremony, praising the recipient's achievements.

bedraggle

v. to make something or someone wet, dirty, and limp by dragging it through mud or water; to become soaked, dirty, and limp in this way

synonym: drench, soak, wet

(1) **bedraggle** the flowers, (2) **bedraggle** hair I got caught in the rain, and my clothes were completely **bedraggled**.

awaken

- v. to stop sleeping or to cause someone to stop sleeping synonym: rouse, arouse, revive
- (1) **awaken** at daybreak, (2) **awaken** a child The friend's death **awakens** them.

oppress

v. to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people

synonym: antagonize, distress, burden

(1) **oppress** the minority, (2) **oppress** the people with force Historically, many countries have often **oppressed** certain religions to gain the support of the majority of the population.

posit

v. to suggest or accept something as fact or as a basis for argument or consideration

synonym: assert, declare, assume

(1) **posit** the existence of life after death, (2) **posit** the premise

We should **posit** several hypotheses to discuss the matter.

aberrant

adj. departing from what is considered normal or typical;
 deviating from the usual or expected path, behavior, or pattern; abnormal or unusual

synonym: deviant, abnormal, atypical

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aberrant behavior, (2) aberrant cell growth
 Her sudden outburst was an aberrant display of emotion.

reverb

an audio effect that produces a sound that is reflected off surfaces in an enclosed space, creating a sense of space or ambiance; the natural echoing or reverberation of sound in a large or open space

synonym: echo, sound reflection

(1) **reverb** effect, (2) **reverb** chamber

The singer's voice had a natural reverb that sounded beautiful in the acoustically-designed church.

narcissist

a person who is excessively self-absorbed, especially n. regarding their appearance or achievements

synonym: egotist, boaster, braggart

- (1) relationship with a **narcissist**, (2) somatic **narcissist** He thinks she is a high **narcissist** because she always talks about herself and her accomplishments.
- to praise or laud highly; to exalt or elevate someone or ν. something by highlighting their positive qualities or attributes

synonym: praise, admire, acclaim

(1) **extol** the beauty, (2) **extol** the benefits The teacher **extolled** the virtues of hard work and dedication to her students.

empathy

the ability to share another person's feelings or experiences by imagining that person's situation

synonym: compassion, sympathy, tenderness

(1) full of empathy, (2) empathy for patients **Empathy** is also necessary to understand history.

adj. excessively pleased with oneself; self-righteously complacent

synonym: self-satisfied, complacent, self-assured

(1) in a **smug** manner, (2) **smug** attitude She felt **smug** about her performance in the competition.

extol

smug

banish

v. to expel or send away from a place or situation, especially permanently

synonym: exile, deport, expel

(1) banish doubt, (2) banish my wrinkles

The queen **banished** the traitor from the kingdom, never to be seen again.

heroic

 adj. courageous and daring; having or displaying qualities appropriate for legendary figures that is courage and daring

synonym: brave, courageous, daring

(1) a heroic poem, (2) heroic explorers

The **heroic** actions of individuals are now easily spread worldwide by SNS.

technicolor

adj. relating to a vivid, colorful, or vibrant visual effect or display, often used to describe movies or images produced using this process

synonym: vibrant, colorful, vivid

(1) **technicolor** dream, (2) nostalgic **technicolor**The film was known for its vibrant **technicolor** visuals, bringing the story to life.

fiesta

 a festive celebration or party, often involving music, dancing, and abundant food and drink; a public or community celebration held for a special occasion or event

synonym: fete, celebration, festival

(1) fiesta decorations, (2) fiesta music

The neighborhood was alive with music and laughter during the annual **fiesta** celebration.

manifestation

 a visible or tangible form of something, especially a particular sign of a disease or condition

synonym: expression, embodiment, presentation

(1) **manifestation** of a deeper problem, (2) **manifestation** of psychological stress

The **manifestation** of his anxiety was evident in his shaking hands.

loathe

- v. to feel strong hatred or disgust for someone or something; to be unwilling or reluctant to do somethingsynonym: despise, hate, abominate
- (1) loathe violence, (2) loathe broccoliI absolutely loathe spiders and can't stand to be near them.

melancholy

 a feeling of sadness, disappointment, or boredom, often accompanied by a lack of energy or motivation

synonym: sadness, sorrow, gloom

(1) feel **melancholy**, (2) nostalgic **melancholy**His **melancholy** mood was apparent to everyone who knew him.

homophobia

n. a strong fear, aversion, or hostility towards people who are homosexual or towards homosexuality itself; discrimination or prejudice against lesbian, gay, bisexual, transgender, and questioning (LGBTQ) individuals based on their sexual orientation or gender identity

synonym: prejudice, discrimination, bigotry

(1) **homophobia** awareness, (2) **homophobia** in sports The politician's remarks about same-sex marriage revealed his deep-seated **homophobia**.

humility

 the quality or condition of being humble; a low estimate of one's self

synonym: humbleness, modesty, unpretentiousness

(1) develop an attitude of **humility**, (2) lack of **humility** We were filled with **humility** at the sight of the Queen.

endgame

 the final stage or outcome of a long and complex process or sequence of events, especially one that involves a struggle or competition

synonym: outcome, finale, conclusion

endgame strategies, (2) chess endgame
 the athlete's endgame was to win an Olympic gold medal

before retiring from the sport

- a city that, according to the Bible, was destroyed by God because of the wickedness of its inhabitants; also refer as sodomy, anal intercourse between men
- (1) **Sodom** and Gomorrah, (2) the city of **Sodom**The term " **Sodom"** has become synonymous with acts of homosexuality and is used as a derogatory term for gay people.
- to put to death or punish (usually by hanging) without legal authorization or due process, often as an act of mob justice or vigilante action; (noun) a violent punishment, often extrajudicial, in which a mob or group of people seize and kill someone, usually by hanging, as a form of punishment or vengeance

synonym: hang, execute, mob

(1) lynch law, (2) lynch him to death

The mob wanted to **lynch** the suspect before he could be tried in court.

 adj. relating to physical or bodily needs, desires, or appetites, particularly sexual ones

synonym: physical, sensual, sexual

(1) carnal encounter, (2) carnal pleasure

The church considers **carnal** desires to be sinful.

v. to strike or hit someone with a whip or other flexible instrument; to criticize or rebuke someone severely; to bind or tie something tightly with a cord or strap

synonym: whip, beat, strike

(1) lash the oxen, (2) lash a rope

The mother lashed out at her child for misbehaving in public.

Sodom

lynch

carnal

lash

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adj. willing to receive or to take something offeredsynonym: tolerant, open-minded, receptive

(1) accepting attitude, (2) accepting of diversity

He was an **accepting** person who believed in diversity and inclusiveness.

elusive

adj. difficult to find, define, achieve, or remember synonym: mysterious, ambiguous, inapproachable

(1) an **elusive** criminal, (2) track down an **elusive** fact
The physicist who found the **elusive** particle won the Nobel
Prize.

ache

 to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain

synonym: hurt, throb, smart

(1) **ache** abominably, (2) **ache** all the time

I ache all over after running a marathon yesterday.

mistakenly

adv. in a mistaken or incorrect way; wrongly synonym: incorrectly, erroneously, wrongly

(1) **mistakenly** left his keys, (2) **mistakenly** delete the important file

He **mistakenly** thought the red liquid was juice, but it was paint.

woe

- n. significant problems or troubles; great unhappinesssynonym: anguish, despair, suffering
- (1) economic woe, (2) full of woe

Recurrent financial woes hampered his subsequent career.

bliss

n. extreme happiness or joy

synonym: delight, euphoria, happiness

(1) ignorance is bliss, (2) ultimate bliss

The first two years of her marriage were sheer **bliss**.

seedling

 a young plant that has just germinated and has not yet developed leaves or true roots

synonym: sapling, sprout, shoot

(1) a green seedling, (2) seedling tray

The **seedlings** in the garden needed to be thinned out to have enough space to grow.

bully

 a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful

synonym: tormentor, intimidator, aggressor

(1) **bully** bystander, (2) **bully** the weak

The schoolyard **bully** terrorized the other children and made their lives miserable.

ecstasy

 a state of overwhelming happiness, joy, or pleasure; an emotional or mental state of intense feelings of delight or happiness that is often accompanied by intense physical sensations

synonym: rapture, bliss, euphoria

(1) ecstasy pills, (2) state of ecstasy

She danced with **ecstasy** as her favorite band played their hit song.

heterosexual

adj. attracted to individuals of the opposite sex *synonym*: straight, conventional

(1) **heterosexual** relationship, (2) **heterosexual** marriage He identified as **heterosexual** and had never considered being with someone of the same gender.

exhilarating

adj. making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill

synonym: thrilling, exciting, stimulating

(1) an **exhilarating** drink, (2) **exhilarating** view

Bungee jumping was an **exhilarating** experience that left me shaking with adrenaline.

startle

v. to cause a sudden or unexpected reaction of surprise, alarm, or fear in someone, typically by means of a sudden and loud noise, movement, or event

synonym: frighten, shock, surprise

(1) **startle** for a moment, (2) **startle** the world

The loud bang outside the window caused him to **startle** and spill his coffee.

gasp

v. to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise

synonym: breathe, pant, heave

(1) gasp for air, (2) gasp in shock

The audience **gasped** when the magician made the rabbit disappear from the hat.

indebted

adj. owing money or having financial obligations to another person or organization; feeling grateful or obligated to someone for their help, support, or kindness

synonym: owing, obligated, beholden

(1) **indebted** to creditors, (2) financially **indebted**

He felt **indebted** to his parents for all the sacrifices they had made for him.

propel

ν. to move, drive or push something forward or in a particular direction, often with a lot of force

synonym: drive, push, move

(1) propel growth, (2) propel the ship

An increase in employment helps **propel** economic growth.

confiscate

v. to seize, take or appropriate something by authority, often as a penalty for breaking laws or rules

synonym: seize, take, expropriate

(1) confiscate drugs, (2) confiscate property

The security officer had to **confiscate** the weapon from the suspect.

trounce

v. to defeat decisively or overwhelmingly in a contest or competition; to beat or thrash severely; to thoroughly overpower or defeat someone or something

synonym: beat, thrash, vanquish

(1) **trounce** an opponent, (2) **trounce** in a debate The home team managed to **trounce** their rivals with a surprising score of 5-0.

Session 2: Spelling

1. the city of Som	
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2. write in sh____nd

- 3. ec___y pills
- 4. be le the flowers
- 5. be le hair
- 6. verbal pro____on

- n. a city that, according to the Bible, was destroyed by God because of the wickedness of its inhabitants; also refer as sodomy, anal intercourse between men
- a system of rapid handwriting or abbreviation that uses symbols, abbreviations, or other devices to represent words or phrases; a short and simple way of expressing or describing something
- n. a state of overwhelming happiness, joy, or pleasure; an emotional or mental state of intense feelings of delight or happiness that is often accompanied by intense physical sensations
- v. to make something or someone wet, dirty, and limp by dragging it through mud or water; to become soaked, dirty, and limp in this way
- v. to make something or someone wet, dirty, and limp by dragging it through mud or water; to become soaked, dirty, and limp in this way
- action or speech that intentionally causes someone to become angry, irritated, or frustrated; a reason or motive for something, often negative or undesired

ANSWERS: 1. Sodom, 2. shorthand, 3. ecstasy, 4. bedraggle, 5. bedraggle, 6. provocation

7.	reb chamber	n.	an audio effect that produces a sound that is reflected off surfaces in an enclosed space, creating a sense of space or ambiance; the natural echoing or reverberation of sound in a large or open space
8.	prI the ship	v.	to move, drive or push something forward or in a particular direction, often with a lot of force
9.	ae all the time	v.	to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain
10.	poss task	adj.	having no purpose or reason; serving no useful function; meaningless or senseless
11.	emy for patients	n.	the ability to share another person's feelings or experiences by imagining that person's situation
12.	full of w_e	n.	significant problems or troubles; great unhappiness
13.	ops the people with force	ν.	to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
14.	economic w_e	n.	significant problems or troubles; great unhappiness
15.	purul series of actions	adj.	having a specific aim or purpose; determined
16.	dint activities	n.	a person who opposes the policies or actions of a government or other authority, often publicly and openly; a rebel or revolutionary

ANSWERS: 7. reverb, 8. propel, 9. ache, 10. pointless, 11. empathy, 12. woe, 13. oppress, 14. woe, 15. purposeful, 16. dissident

ANSWERS: 17. ecstasy, 18. chant, 19. seedling, 20. preordain, 21. purposeful, 22. humility, 23. constrain, 24. chant, 25. oppress

other people

ANSWERS: 26. barricade, 27. heterosexual, 28. empathy, 29. Sodom, 30. necrophilia, 31. extol, 32. adversity, 33. glamorous, 34. provocation

35.	prote street	n.	a person, typically a woman, who engages in sexual activity in exchange for payment
36.	campaign maa	n.	a word or phrase, often repeated, that is used as a focus for the mind during meditation
37.	financially ined	adj.	owing money or having financial obligations to another person or organization; feeling grateful or obligated to someone for their help, support, or kindness
38.	human fes	n.	waste matter eliminated from the bowels; excrement
39.	acng of diversity	adj.	willing to receive or to take something offered
40.	h_w out a cave	v.	to chop or cut something, particularly wood, with an ax or other tool; to shape, carve, or form something using a sharp tool
41.	annte the enemy	<i>v</i> .	to destroy completely; to cause something to cease to exist
42.	somatic narst	n.	a person who is excessively self-absorbed, especially regarding their appearance or achievements
43.	outspoken dint	n.	a person who opposes the policies or actions of a government or other authority, often publicly and openly; a rebel or revolutionary
44.	grald-grandparent relationship	n.	a child of someone's son or daughter
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ΑN	SWERS: 35. prostitute, 36. mantra, 37.	inde	ebted, 38. feces, 39. accepting, 40.

ANSWERS: 35. prostitute, 36. mantra, 37. indebted, 38. feces, 39. accepting, 40 hew, 41. annihilate, 42. narcissist, 43. dissident, 44. grandchild

ANSWERS: 45. lash, 46. melancholy, 47. crumb, 48. ache, 49. mistakenly, 50. humility, 51. lynch, 52. prostitute, 53. aberrant

ANSWERS: 54. endgame, 55. confinement, 56. confiscate, 57. fiesta, 58. concession, 59. psyche, 60. solitary, 61. smug, 62. banish

Vocab	-Builder Ref from "Andrew Solomon: How the worst mo	ment	s in our lives make us who we are TED Talk" (80 words)
63.	ene strategies	n.	the final stage or outcome of a long and complex process or sequence of events, especially one that involves a struggle or competition
64.	an exhing drink	adj.	making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill
65.	abnt behavior	adj.	departing from what is considered normal or typical; deviating from the usual or expected path, behavior, or pattern; abnormal or unusual
66.	exI the beauty	v.	to praise or laud highly; to exalt or elevate someone or something by highlighting their positive qualities or attributes
67.	house connt	n.	the act of confining or limiting movement, often by keeping someone in a specific place or within a specific area; a state of being physically or emotionally restricted or limited
68.	economic tot	n.	unbearable physical pain or extreme mental distress; (verb) to cause severe physical or mental suffering to someone, or to be the victim of such suffering
69.	eve strong emotions	<i>v</i> .	to demonstrate or show clearly; to make evident or manifest; to display or exhibit a quality, feeling, or characteristic
70.	economic misne	n.	an unfortunate event or circumstance; bad luck or trouble
	SWERS: 63. endgame, 64. exhilarating torment, 69. evince, 70. misfortune	, 65.	aberrant, 66. extol, 67. confinement,

ANSWERS: 71. elusive, 72. heterosexual, 73. surrogate, 74. panegyric, 75. infirmity, 76. cafeteria, 77. technicolor, 78. heroic, 79. reverb

ANSWERS: 87. heroic, 88. technicolor, 89. travail, 90. stigmatize, 91. posit, 92. stigmatize, 93. preordain, 94. fudge

barricade, 101. incontinence, 102. manifestation

103. fia decorations	n.	a festive celebration or party, often involving music, dancing, and abundant food and drink; a public or community celebration held for a special occasion or event
104. cal pleasure	adj.	relating to physical or bodily needs, desires, or appetites, particularly sexual ones
105. awn a child	<i>v</i> .	to stop sleeping or to cause someone to stop sleeping
106. cast glus eyes	adj.	highly attractive and exciting, and different from ordinary things or people
107. necia pathology	n.	a psychological disorder characterized by an abnormal attraction to, fixation on, or sexual interest in corpses or the dead
108. loe violence	v.	to feel strong hatred or disgust for someone or something; to be unwilling or reluctant to do something
109. ste for a moment	<i>v</i> .	to cause a sudden or unexpected reaction of surprise, alarm, or fear in someone, typically by means of a sudden and loud noise, movement, or event
110. chant the maa of structural reform	n.	a word or phrase, often repeated, that is used as a focus for the mind during meditation
111. grald development	n.	a child of someone's son or daughter
112. tre an opponent	<i>v</i> .	to defeat decisively or overwhelmingly in a contest or competition; to beat or thrash severely; to thoroughly overpower or defeat someone or

ANSWERS: 103. fiesta, 104. carnal, 105. awaken, 106. glamorous, 107. necrophilia, 108. loathe, 109. startle, 110. mantra, 111. grandchild, 112. trounce

something

ANSWERS: 113. banish, 114. morgue, 115. confiscate, 116. lash, 117. loathe, 118. accepting, 119. psyche, 120. trounce, 121. homophobia

identity

on their sexual orientation or gender

n. a place where dead bodies are kept, particularly in preparation for burial or identification by their relatives or authorities

 a visible or tangible form of something, especially a particular sign of a disease or condition

 a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful

ANSWERS: 122. unconditional, 123. narcissist, 124. awaken, 125. propel, 126. misfortune, 127. sphincter, 128. adversity, 129. morgue, 130. manifestation, 131. bully

130. man_____ion of psychological

stress

131. bu y bystander

- 132. mis____ly delete the important file
- 133. physical in____ty
- 134. ultimate bl s
- 135. su____te decision
- 136. po_t the premise
- 137. in a s__g manner
- 138. chocolate fu__e

- 139. g_p in shock
- 140. bu__y the weak

- adv. in a mistaken or incorrect way; wrongly
- physical or mental weakness; a physical or mental ailment that makes one vulnerable or fragile
- n. extreme happiness or joy
- adj. acting as a substitute or replacement for someone or something else; having a similar function or purpose
- to suggest or accept something as fact or as a basis for argument or consideration
- adj. excessively pleased with oneself; self-righteously complacent
- n. a sweet candy made of sugar, butter, and milk or cream; an act of adjusting, manipulating, or distorting something to make it more favorable or acceptable; (verb) to manipulate or alter something deceptively or dishonestly, especially data or information
- to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise
- a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful

ANSWERS: 132. mistakenly, 133. infirmity, 134. bliss, 135. surrogate, 136. posit, 137. smug, 138. fudge, 139. gasp, 140. bully

ANSWERS: 141. confer, 142. exhilarating, 143. sphincter, 144. solitary, 145. crumb, 146. confer, 147. homophobia, 148. incontinence, 149. pointless

ANSWERS: 150. constrain, 151. startle, 152. indebted, 153. cafeteria, 154. gasp, 155. carnal, 156. annihilate, 157. elusive, 158. feces

Vocab-Builder Ref from	"Andrew Solomon: How the worst moments in our lives make us who we are	TED 7	Гаlk"	(80 words)

159. unc____nal support

adj. not subject to any conditions; absolute or complete; not limited by any qualifications or restrictions

160. se____ng tray

 a young plant that has just germinated and has not yet developed leaves or true roots

ANSWERS: 159. unconditional, 160. seedling

Session 3: Fill in the Blanks

unconditional, 7. ecstasy

1.	He felt to his parents for all the sacrifices they had made for him.
adj	owing money or having financial obligations to another person or organization feeling grateful or obligated to someone for their help, support, or kindness
2.	The digestive system's muscle helps regulate the food and waste flow.
n.	a circular muscle that regulates the flow of material through a passage or opening, such as the anus or a valve in the digestive system
3.	The politician's speech was seen as a to the opposition party.
n.	action or speech that intentionally causes someone to become angry, irritated or frustrated; a reason or motive for something, often negative or undesired
4.	Proper disposal of is essential for maintaining public health and sanitation.
n.	waste matter eliminated from the bowels; excrement
5.	The schoolyard terrorized the other children and made their lives miserable.
n.	a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful
6.	Her love for him was despite all of his flaws.
adj	not subject to any conditions; absolute or complete; not limited by any qualifications or restrictions
7.	She danced with as her favorite band played their hit song.
n.	a state of overwhelming happiness, joy, or pleasure; an emotional or mental state of intense feelings of delight or happiness that is often accompanied by intense physical sensations
AN	SWERS: 1. indebted, 2. sphincter, 3. provocation, 4. feces, 5. bully, 6.

Living in extreme poverty, they faced constant and hardship.
a state of lacking or deprivation, usually regarding necessities or comforts; the absence or deficiency of something essential, such as food, shelter, or clothing
She turned to to make ends meet.
a person, typically a woman, who engages in sexual activity in exchange for payment
The team demonstrated great resilience in the face of and won the game.
difficulties or hardships that someone faces
The company's financial statements a decline in profits.
to demonstrate or show clearly; to make evident or manifest; to display or exhibit a quality, feeling, or characteristic
The attendant at the was responsible for cataloging the bodies and their respective information.
a place where dead bodies are kept, particularly in preparation for burial or identification by their relatives or authorities
She felt about her performance in the competition.
excessively pleased with oneself; self-righteously complacent
The writer delivered a heartfelt at the award ceremony, praising the recipient's achievements.
a formal or elaborate speech, piece of writing, or lyrical composition that praises or celebrates someone or something; a eulogy or tribute that highlights the virtues and achievements of a person or institution
SWERS: 8. privation, 9. prostitute, 10. adversity, 11. evinced, 12. morgue, 13. ug, 14. panegyric

ANSWERS: 69. fiesta, 70. bedraggled, 71. carnal, 72. travail, 73. mantra, 74. ache, 75. gasped

Vocab-	ocab-Builder Ref from "Andrew Solomon: How the worst moments in our lives make us	s who we are TED Talk" (80 words)
76.	76. The film was known for its vibrant visuals, b	ringing the story to life.
adj	adj. relating to a vivid, colorful, or vibrant visual effect or disp describe movies or images produced using this process	lay, often used to
77.	77. The movie theater offered a special for senic	ors on Tuesdays.
n.	n. something that is granted or given up, often in a negotiar place or stand where goods or services are sold or provisetting such as a stadium or amusement park	•
78.	78. The flood was a great to the small town caus	ing extensive damage.
n.	n. an unfortunate event or circumstance; bad luck or troubl	е
79.	79. The actions of individuals are now easily spread v	vorldwide by SNS.
adj	adj. courageous and daring; having or displaying qualities ap figures that is courage and daring	propriate for legendary
80.	80. The leaders of the two countries met to on the iss	ue.
<i>v</i> .	v. to have a meeting or discussion to come to a decision of exchange ideas; to bestow something	agreement or
AN	ANSWERS: 76. technicolor, 77. concession, 78. misfortune, 7	9. heroic, 80. confer